Reflections (2009 Issue)

College of Health Professions

Sacred Heart University

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This has been a busy year for the College of Education and Health Professions. The upcoming academic year will be particularly exciting as we launch our newest graduate program, the Master’s of Science in Exercise Science and Nutrition. This graduate program will admit students from a variety of backgrounds including exercise science, athletic training, and psychology.

We achieved candidacy status and continue to make progress toward our goal of NCATE accreditation for the teacher and leadership preparation programs in the Isabelle Farrington School of Education. Our award winning faculty and students continue to make significant contributions to our surrounding communities through research, service projects, and professional activities. Our alumni are making gains in their careers and in the case of two nursing alumni, even saving lives!

All of these accomplishments speak to our commitment to excellence and the value placed on the professional preparation our students receive in our college. As our economy continues to challenges us, I remain convinced that education is one of the best investments you can make today. In order to assure your return on investment, we will continue our commitment to providing quality entry level and post-professional education.

I’m proud again this year to highlight the accomplishments of our faculty, students and alumni. Working together we increase the profile of our university and therefore the value of a Sacred Heart University degree. If you are an alumnus of the college, please take advantage of the services and programs we offer. You are a valuable member part of the Sacred Heart University family and we look forward to hearing from you. If you are considering applying to the college in the near future, please feel free to contact our admissions office to arrange a visit or come to one of our open houses. You are always welcome.

Sincerely,

Patricia W. Walker, Dean
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3rd annual "Successful Aging " fair

“Book Ends” reading clinic participant

Sophomore nursing students volunteer at Blood Pressure Screening event.

Cover picture: Athletic Training fall trip to Sleeping Giant State Park in Hamden, Connecticut
Health Professions unite to organize the most successful blood drive ever at SHU!

Collaborative efforts between the Nursing, Graduate Occupational Therapy, Athletic Training and Exercise Science Programs and the American Red Cross netted the largest number of units of blood ever collected at SHU.

The blood drives were held at the Edgerton Center for the Performing Arts on Tuesday and Wednesday, February 3rd and 4th. The Student Nursing Association sponsored the drive on February 3rd at which eighty donors presented, fifteen were deferred and sixty-two productive units of blood were collected. Graduate Occupational Therapy teamed up with the Athletic Training and the Exercise Science programs to sponsor the second day on Wednesday, February 4th. Eighty-four donors presented on Wednesday of which sixteen were deferred and a total of sixty-seven productive units were collected.

The combined total was one hundred and twenty-nine productive units, which most certainly would have been even greater had it not have been for the snow storm on Tuesday.
Benjamin Wicki, Exercise Science
Subject: Is Pulmonary function associated with VO2 max in Adults?

Jaclyn Cotreau, Athletic Training
Subject: Cervical Cord Neurapraxia with Transient Paraplegia in a 17 year old Multi-Sport High School Athlete.
SHU Senior Earns McCaughey Scholarship to Attend National Athletic Trainer’s Conference

Thomas C. Streko, Jr., a Sacred Heart University senior from Cranford, New Jersey is the recipient of the Patrick McCaughey award, given for the first time this year. The award will allow Streko, an athletic training student, to attend the national symposium of the National Athletic Trainer’s Association to be held June 17-20 in San Antonio, Texas.

The annual award is funded in memory of a SHU alumnus who majored in athletic training. A member of the Class of 1997, Patrick McCaughey was assigned to the SHU football team during his senior year and enjoyed a remarkable turn-around in his academic and personal life, growing into a dedicated student and a highly successful clinician. Patrick became an athletic trainer at a high school in Milford after completing a master’s degree at the University of New Haven. He was 31 at the time of his death, and the McCaughey award was established to celebrate his memory and to encourage other students to excel.

Streko’s application essay noted his own growth as a student and a future athletic trainer.

SHU Sophomore Chosen as Connecticut’s Student Delegate to the Eastern Athletic Trainer’s Association

Chris Giacchino, a sophomore in the Athletic Training Program has been chosen for a prestigious honor as Connecticut’s Student Delegate to the Eastern Athletic Trainer’s Association. He was chosen from a competitive pool of students from Connecticut athletic training programs.

Chris will have an opportunity to serve in a leadership capacity in the Delegation and will provide valuable input for the student programming portion of the Eastern Athletic Training Association Annual meeting and symposium and other matters impacting Athletic Training students and the profession of Athletic Training.
Students from various CEHP programs joined the delegation to Maryville, Tennessee where they built a handicapped accessible house. Within four days of arriving the group had added a roof, complete with shingles, and installed all of the windows and doors to the exterior walls that had just been erected prior to their arrival.

Alternate Spring Break 2009 — Faculty and students travel to areas in need as part of the SHU alternative spring break program.

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Camisha Harrison and Victoria Tomasky have just finished rehearsing a Readers’ Theatre selection entitled “I Hate My Hat,” in preparation for the last night at SHU’s “Book Ends.” The last clinical practicum session of each semester is a celebration and demonstration of learning in which the children showcase their literacy skills by reading poetry and selected passages from favorite texts, singing rhyming songs, and performing short plays for the families of the clinic’s participants. A modified version of the renowned “poetry slam,” everyone at “Book Ends” is a winner.

“Book Ends,” the reading clinic at SHU has just completed its 4th cycle of tutoring since it opened its doors in January of 2008. Since its inception, it has played host to nearly 60 children whose parents enroll them in weekly tutoring sessions to advance their reading achievement. Each semester there is a wait list of students to be serviced, and its popularity has spread throughout the area by word-of-mouth alone. Karen C. Waters, Clinical Assistant Professor, is the director of “Book Ends.”
School of Education Receives full 5-year State Program Approval

The Connecticut State Board of Education has granted full program approval to Sacred Heart University’s Isabelle Farrington School of Education for its programs preparing teachers and school administrators. The certification is for the period September 30, 2008, through September 30, 2013.

The five-year approval follows a lengthy process that included a self-analysis, individual program reports and an extensive on-site evaluation conducted over three-and-a-half days in April. The University, which is the largest private educator of teachers and school administrators in Connecticut, met all the standards outlined by the State Department of Education. The state has adopted the national standards used by NCATE, the National Council for Accreditation of Teacher Education, meaning that Sacred Heart is in the process of achieving national accreditation.

These standards include the knowledge, skills and disposition of candidates for degrees and certification; the School of Education’s assessment procedures; available field experiences and clinical practices; training for diversity in the classroom and elsewhere; faculty qualifications; and program governance. The state report cited the University for special commendation in its training of candidates in the use of technology and technology in the classroom, as well as the installation and use of e-star, a computer application that helps manage program assessment data.

Tamika McGrath-Kruzshak, Dr. Sondra Melzer and Beverly Birch worked to prepare the exhibit room for the State Department of Education site visit.
Discovering ROBOTS

Project DISCOVER is made possible through an Inter-district Cooperative Grant from the CT State Department of Education, Bureau of Choice Programs. Its primary goal is to build positive meaningful relations among urban and suburban students as they acquire an understanding and awareness of the variety of the ethnic, economic, and cultural traditions that they represent.

Approximately 150 fifth and sixth grade students from Hall School in Bridgeport, Community School in Prospect, and Laurel Ledge School in Beacon Falls visited Sacred Heart University during two days in February to participate in hands-on math and robotics activities under the supervision of teacher consultants, Dr. Antoinette Bruciati & Dr. María Lizano-DiMare, educational technology faculty from the Isabelle Farrington School of Education. Students also toured the campus and participated in a workshop in the SHU Gallery of Contemporary Art.

Dr. Antoinette Bruciati works with students from the visiting schools.

Dr. Malin discusses Assessment at New England Educational Assessment Network

The mission of the New England Educational Assessment Network (NEEAN) is to promote quality assessment of student learning and development, and thus to enhance the effectiveness of institutions of higher education.

Ed Malin delivered a paper entitled, “Evolution of Assessment System and Conceptual Framework” at the NEEAN Fall Forum 2008 Assessment Conference which took place at Worcester State College on November 7, 2008. Included was a presentation of programmatic changes that resulted from the process of developing the assessment system in the Isabelle Farrington School of Education. He reported, “Our assessment system provides us with a functioning process for collecting data on all Candidates that is based on our Conceptual Framework and is aligned with regional and national standards. We have successfully collected unit level gateway data for one year and have collected data through our e-Star system relating to Competency Assessment Reports in all certification courses since January 2007 (spring, late spring, and summer semesters). It is premature to place great weight on the analysis of these data. However, the process of developing this system has appropriately directed the Unit’s attention to need for quantifying our knowledge of outcomes for all of our candidates.”
The American Occupational Therapy Association annual conference was held in Houston, TX this past April. Several Sacred Heart University students, alumni and faculty who attended the conference were able to enjoy each others company at an alumni evening organized by Michele Peloso, alumni and community relations coordinator.

The Connecticut Autism Spectrum Resource Center held its major fundraiser, the annual walk/run on May 3, 2009 in Wallingford, Connecticut. Professor Heather Miller-Kuhaneck volunteered at the event along with several of her occupational therapy students.
The Nightingale Galas are four simultaneously held events throughout the State of Connecticut to celebrate nursing attended by health care executives and the public. This year, in addition to celebrating the many contributions nurses make on a daily basis and distributing thousands of scholarship dollars to nursing students, the galas highlighted the need for increasing the ranks of nursing educators.

Two members of the Sacred Heart University nursing community were presented with Nightingale awards at this year’s Gala held on April 30th.

Molly Kenneson, senior nursing student (top left) was unanimously selected by the faculty of Sacred Heart University to receive the Nightingale Award for Excellence in Nursing. She has been an outgoing bright student with a passion to provide excellent, safe, compassionate patient care since she began in our program. She is an excellent team player who is sought out by her peers. Patients have frequently spoken of her kindness and compassion in the clinical environment. Molly was awarded with a Nightingale scholarship for going above and beyond in her studies and clinical practice.

Professor Kim Foito (bottom left) was nominated by the faculty of the SHU Nursing Department for the Nightingale Award. She is a dedicated nurse educator, clinician and professional leader. Recognized as an expert in fundamentals and pediatric nursing by her peers and her students, she continuously strives to create a challenging, but nurturing learning environment that prepares students to provide compassionate, skilled care to all patients. As a leader, she has served as the president of the Mu Delta Chapter of Sigma Theta Tau, and has instituted successful initiatives. Professor Foito is an outstanding example of the nurse who, by virtue of commitment to the best practices of the profession, continues to perpetuate the legacy of Florence Nightingale.

Promoting and protecting the health of populations and preventing the spread of disease is the primary goal of Public Health. Community/Public Health Nursing internships in various public health clinical venues assure that Sacred Heart University Nursing graduates have a sound foundation in meeting the health needs of populations at large.

Dr. Linda Strong’s senior baccalaureate nursing students have been noted by the Bridgeport Public Health Department’s supervisor of communicable disease clinics as “professional students with a true desire to learn. They truly put their hearts and souls into their work and it is exemplified in the projects they do for our facility.”

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Nursing Alumnae Save a Life

Lori Broadbent and Patty Sheehan were en-route to a magnet conference in Salt Lake City when their expertise and quick thinking saved the life of a fellow passenger.

When a male passenger at the front of the plane became faint and a flight attendant asked for medical help, Broadbent and Sheehan along with a nurse from Long Island were on their feet in an instant. The impromptu triage unit found that the man had no pulse and was not breathing. While their colleague from New York opened his airway and began chest compressions, Broadbent inserted an IV and Sheehan monitored his vital signs and responses.

Although the passenger began breathing on his own, the trio advised he needed a more complete evaluation and the plane was diverted to St. Louis and a waiting medical team at the airport.

“What was most impressive to me,” asserted Broadbent, “is that the three of us could work so well together without a moment’s notice. Each did just what was necessary to assess the medical emergency and help the patient. Although Patty and I have worked in the same hospital for many years, we had not worked together before, and neither of us had met the nurse from Long Island, yet, we went right into gear and did what was needed.”

Graduate Nursing Program Takes Part in National Nurse Practitioner Week

“Your Partner in Health – The Nurse Practitioner” was the theme for the 2008 National Nurse Practitioner (NP) Week, November 9th – 15th. Under the leadership of Dr. Susan DeNisco, two Family Nurse Practitioner students, Theresa Soltis and Diana Ricetelli, partnered with the Connecticut Advanced Practice Registered Nurse Society (CTAPRNS) to celebrate the vital roles that NPs play in bringing high-quality, cost-effective and personalized healthcare to consumers across Connecticut.

Soltis and Ricetelli helped plan and execute a successful week focusing on building awareness and educating the public about the value and benefits of having an NP as their healthcare provider. As part of their graduate capstone project, the students attended board meetings and planned and implemented several programs. In addition, they arranged for current CTAPRNS President, Lynn Rapsilber and Past President Dr. Susan DeNisco to be interviewed on national television. The two executive board members had a four minute live interview on WFSB, Channel 3’s “Better CT” show, November 10, where they campaigned to influence the perceptions of the general public about the advantages of choosing an NP as their health care provider. Journalist, Kara Sundlun emphasized that by spreading the message NPs can make a difference in the healthcare of Connecticut residents.
Master of Science in Exercise Science and Nutrition

The Department of Physical Therapy and Human Movement Science is proud to announce its newest graduate program, the Master’s of Science in Exercise Science and Nutrition beginning Fall 2009. The program will require 37 academic credits over two years, attending full-time, or three years, part-time.

Candidates for the MS in Exercise Science & Nutrition will have an accredited bachelor’s degree in a related major such as Physiology, Public Health, Psychology or Nutrition and must demonstrate undergraduate success in anatomy, physics, statistics and associated disciplines.

Graduates of the program will be equipped for professional careers in hospital settings working in cardiac and pulmonary rehabilitation and long term rehabilitation of cancer and immune disease patients, as well as, fitness and sports performance settings such as health clubs, fitness facilities, athletic teams, community sports and recreation programs. The program was designed with both a Clinical and Performance track to meet the demands of a diverse professional field.

The United States Department of Labor Occupational Outlook reports that employment in fitness careers will climb by 27 percent between 2006—2016.

Clinical Assistant Professor Wendy Bjerke, director of the SHU Wellness Program, explains that the Exercise Science & Nutrition program and faculty are affiliated with numerous professionals in the fields of cardiac and pulmonary rehabilitation, corporate fitness, sports performance training and public health: “Our coursework includes applied work within those fields specific to their chosen track. And our facilities include a new human performance lab, a motion analysis lab, and a state-of-the-art health and fitness center.”

Students measure oxygen utilization through open-circuit indirect calorimetry, under the supervision of Dr. Beau Greer (2nd from left). They will use the data to determine the subject’s VO2 (maximal oxygen uptake) and ventilatory threshold.
SHU Physical Therapy Awarded $25,000 Grant from the Breast Cancer Alliance

Michael Emery and Pam Levangie have been awarded a 2009 Breast Cancer Alliance Education and Outreach grant in the amount of $25,000. The Breast Cancer Alliance of Greenwich, Connecticut announced the award on January 1, 2009.

The grant will support a training program for Health Professionals in Complex Decongestive Therapy (CDT) to treat patients with secondary lymphedema associated with breast cancer. The training is a 14 day post-professional certification course in CDT, and will be offered at Sacred Heart University during the summer of 2009. The grant support will allow the University to offer scholarships for physical therapists in the community to help offset the extraordinary cost associated with this training.

The Physical Therapy program, along with Karin Douglas, a benefactor of the program, have long recognized the need for additional training for physical therapists who care for the affected patients. The grant will support some of the costs of the training program. The Margaret Palliser Endowment for Physical Therapy, created by Karin Douglas in 2001 to support breast cancer and lymphedema care and education, will also support this extraordinary training event. Dr. Emery comments that, “the funding and the ongoing support of the Palliser Endowment have allowed us to bring this extraordinary post-professional training program to Sacred Heart University, and in turn, provide an exceptional educational opportunity for physical therapists in our community and the patients that they serve.”

SHU Physical Therapy Student Awarded Minority Scholarship for Academic Excellence.

Yanira Figueroa, a doctorate of physical therapy student, has been chosen to receive the American Physical Therapy Association’s (APTA) Minority Scholarship Award for Academic Excellence.

Yanira was the Student Physical Therapy Association (SPTA) president for the 2008/2009 academic year. She was the St. Charles/SHU Health and Wellness Center’s graduate assistant last year and lead much of our student service activities there while being a very high achieving student.

The Minority Scholarship Award for Academic Excellence is awarded yearly to minority physical therapist students who are enrolled in their final academic year of an accredited or developing professional physical therapist education program. The nominee must show evidence of contributions in the areas of minority affairs and services and high scholastic achievement. They must also possess potential for superior achievements in the profession of physical therapy as well as professional excellence as a physical therapist.

Yanira was nominated by the faculty of the physical therapy department in the fall of 2008 and will be awarded the scholarship at the national APTA meeting in Baltimore, MD this June.
FACULTY FOCUS

ISABELLE FARRINGTON SCHOOL OF EDUCATION

Dr. Sondra Melzer, Assistant Professor and Mr. Michael Giarratano, Assistant Professor received the 2009 Deans’ Service award at the Colleges’ end of year celebration on May 7, 2009.

Professor Giarratano was honored for his role as the first chair of the Academic Coordinating Committee.

Dr. Melzer was honored for her contribution as the Interim director of education, Stamford branch.

HUMAN MOVEMENT & SPORTS SCIENCE DEPARTMENT

Tim Speicher, Clinical Associate Professor, Director of HMSS, currently pursuing a doctoral degree from University of Connecticut has been selected as one of the outstanding student members of the National Athletic Training Association’s Research & Education Foundation to receive a 2009 scholarship award. Tim’s award will be recognized at the 60th Annual Meeting & Clinical Symposia in San Antonia, TX in June, 2009.

NURSING DEPARTMENT

Dr. Anne Barker was chosen as a recipient for the Book of the Year Award by The American Journal of Nursing. The award recognizes the best nursing and healthcare publications of 2008. The award was announced on January 13, 2009.

The book is titled, Advanced Practice Nursing: Essential Knowledge for the Profession Edited by Anne M. Barker, Sudbury, MA, Jones and Bartlett Publishers

Dr. Audrey Beauvais, successfully defended her doctoral dissertation “Emotional Intelligence and Student Performance” on March 19, 2009. She was conferred the doctoral degree from Case-Western University in May.

Dr. Kathleen Fries presented a poster entitled “Curbing Nursing Student Attrition: A Pilot Study in Remediation” at the AACN conference in San Antonio, TX last December. Dr. Fries was one of approximately 75 presenters at the annual conference attended by over 500 RN educators. Dr. Fries’ study addresses a national problem in attrition within RN Baccalaureate programs. By developing an intervention process including an on-line tutorial program, reflective self-assessment, and action plan development, Dr. Fries achieved an 82% success rate in student remediation.

OCCUPATIONAL THERAPY DEPARTMENT

Lenore Frost, Clinical Assistant Professor, presented an institute at the American Occupational Therapy Association Annual Conference and Expo that was held in Houston, TX in April 2009. The one day institute was on Safe Patient Handling and Movement and was co-presented with Amy Darragh, PHD., OTR/L, a former College of Education and Health Professions, Occupational Therapy professor, now at Ohio State University. Professor Frost also presented the same topic at the ninth annual Safe Patient Handling and Movement Conference in Orlando FL in March 2009.
**Clinical Assistant Professor, Lenore Frost, became Dr. Lenore Frost** when she successfully defended her doctoral dissertation “Patient Handling Methods Educators Teach in Occupational Therapy Curriculum” on June 1, 2009. The degree will be conferred by Walden University in August, 2009.

**Heather Miller Kuhaneck, Clinical Assistant Professor,** will be advising the newly formed Pi Theta Epsilon honor society which initiated its first group of members this spring. Pi Theta Epsilon is a national Occupational Therapy honor society whose mission is to “support the development of occupational sciences and the practice of authentic occupational therapy by promoting research and other scholarly activities by its members,” as quoted from the Pi Theta Epsilon website. “In this way, the organization serves not only the profession, but helps to insure quality healthcare services for the general public.”

On SHU campus, student members have been engaging in service projects and scholarly activities throughout the year. An initiation ceremony was held on May 5, 2009 and the initial task of the fledgling organization was to vote for officers and determine the first year’s service priorities. The advisor to this newly formed group is Heather Miller Kuhaneck, who was herself a Pi Theta Epsilon member as an Occupational Therapy student.

**PHYSICAL THERAPY DEPARTMENT**

**Dr. Pamela Levangie** has earned national honors as a Catherine Worthingham Fellow of the American Physical Therapy Association (APTA).

The APTA has recognized Dr. Levangie, Professor and Associate chair of the department for her sustained national leadership, influence and achievement in the field of physical therapy. The association’s highest accolade will be formally presented to Dr. Levangie at the APTA national conference in Baltimore, MD in June.

Fewer than 100 of the association’s 65,000 members serve as Worthingham fellows. The fellows of the association meet annually to provide comment to the APTA’s board of directors on a variety of issues within the field.

Dr. Levangie was nominated for this prestigious honor last fall by the faculty of her department. Dr. Michael Emery, Professor and Chairman of the department called Professor Levangie “most deserving of this national recognition, and she continues to be a most valued colleague and member of our department.”

**Clinical Faculty Achieve Specialist Recognition**

Combined Sections Meeting (CSM) is a unique conference that focuses on programming designed by all 18 of the American Physical Therapy Association’s (APTA) specialty sections.

At CSM 2009 which was held in Las Vegas, NV on February 9, 2009 Janine Hatch and Vic Vaughan, clinical faculty members in the physical therapy program at SHU, received specialist certifications by the APTA. The national meeting was attended by over 8,500 physical therapists from across the United States. Janine Hatch was recognized as a Geriatric Clinical Specialist (GCS) in Physical Therapy and Vic Vaughan was recognized as an Orthopedic Clinical Specialist (OCS) in Physical Therapy.

In addition to teaching activities in the SHU Physical Therapy program, Janine and Vic each practice Physical Therapy in their specialty areas at the SHU Sports Medicine and Rehabilitation Centers.

*Victor Vaughan, Janine Hatch,*
Dean’s Leadership Society

The Dean’s Circle: $1,000 and above

Bridgeport Hospital
Mr. and Mrs. Earl Young/Fidelity Charitable Gift Fund

Chair’s Circle: $500 to $999

Ms. Marie Hilliard

Faculty Circle: $250 to $499

Mr. & Mrs. Donald Fries
Ms. Linda Strong
Dr. Dori Sullivan
Time Warner

Benefactors: $1 to $249

Mrs. Marie C. Alfiere, ’04
Mr. Derek C. Allison, ’04
Dr. Anne Barker
Mrs. Karen G. Barthel, ’96
Mrs. Audrey G. Beauvais, ’95
Mr. David Bosco
Dr. Stephen Brown
Ms. Sherri Burdette, ’97
Dr. Susan Burger
Ms. Frances Callazo-Curtis
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Ms. Tracie Cavanaugh, ’01
Ms. Valencia Chicoine, ’97
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Mrs. Andrea Iacomacci, ’05
Ms. Eileen M. Jesson, ’95
Mr. Kevin Joyce, ’00
Ms. Carol A. Just, ’01
Ms. Mary Ellen Kosturko
Ms. Carol Kravitz
Ms. Kristen Lalla, ’97
Ms. Sabrena Lary, ’04
Mr. John Lichosik, ’93
Ms. Lori Linsley, ’07
Ms. Kimberly Macomber
Mr. Vincent Mancini, ’02
Ms. Theresa G. Martin, ’02
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Ms. Maura Mitchell
Ms. Rebeka Mitchell, ’08
Mr. Chad Morin, ’00
Mr. Michael O’Sullivan
Rosemarie E. Palmieri, ’92
Mr. & Mrs. Marc Pearlin
Primary Healthcare and Education
Mrs. Patricia A. Risley, ’91
Ms. Christina Roberti
Ms. Mary Rush
Mrs. Patricia A. Shatney, ’97
Ms. Katie Singer, ’06
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Ms. Sara Sparrow
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Ms. Nancy Telford
Ms. Marianne Treantifilos
Mr. Scott Tryon
Ms. Amy Wernicki, ’01
Mr. Greg White
Ms. Jillian Withington, ’01
Ms. Courtney Zeiner, ’04
The College of Education and Health Professions at Sacred Heart University offers the following undergraduate and graduate programs:

- BS in Exercise Science
- BS in Athletic Training
- BS in Nursing
- Master of Arts in Teaching
- Elementary & Secondary Teacher Certification
- MS in Nursing with concentrations in Patient Care Services, Administration, Clinical Nurse Leader, Family Nurse Practitioner, Nursing Educator Certificate
- MS in Occupational Therapy
- MS in Geriatric Health & Wellness
- MS in Exercise Science & Nutrition
- 6th Year Degrees: Administration, Teaching, Literacy
- MS in Occupational Therapy
- MS in Geriatric Health & Wellness
- MS in Exercise Science & Nutrition
- Administration
- Teaching
- Literacy

Individuals who hold a bachelor’s degree from a regionally accredited college or university may apply to the graduate programs offered by the College. Admission requirements vary by program. Please contact the Office of Graduate Admissions for more details: (203) 365-7619 or www.gradstudies@sacredheart.edu

To apply to the full-time undergraduate programs, please call the Office of Undergraduate Admissions at (203) 371-7880 or www.enroll@sacredheart.edu.

About Sacred Heart University

Sacred Heart University was founded in 1963 as a coeducational, independent, comprehensive institution in the Catholic intellectual tradition. With an enrollment of 5,800 undergraduate and graduate students, it is the second largest Catholic University in New England.
