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1-29-2021

Coronavirus Update 1-29-21

The Coronavirus Planning Team

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Coronavirus Update 1-29-21

Coronavirus Planning Contact Us <coronavirusplanningcontactus@sacredheart.edu>
Fri 1/29/2021 3:58 PM

Dear members of the Sacred Heart University community,

It's the first weekend of the spring semester for students and—despite the restrictions of the cautionary quarantine—there are things to do.

- Experts on *One Tree Hill* and *All-American* should hop online for virtual trivia from 7-9 tonight
- Tomorrow, you can pick up a grab & go stuff-a-bear kit (check your email to sign up)
- Our men's basketball team plays Mount St. Mary's away this weekend both Saturday and Sunday at 2, but you can still [watch them live](#). The women play Central Connecticut at 1 on Saturday. Pioneer ice hockey and bowling also compete this weekend. You can also use the link above to check out upcoming SHU sports events

There are also activities planned for Monday.

- At 10:30 a.m. on Monday, find out how to get involved at SHU. Check your email for a Zoom link
- From 6-8 p.m., pick up grab & go fleece blankets
- Virtual trivia night will feature questions about *Good Luck Charles* and *Stranger Things*

Don't forget about the skating rink, the Campus Field track and the Bobby Valentine Recreation Center (by appointment only). Have fun and be safe!

Safety Protocol in Residence Halls

There seems to be some confusion about our COVID rules regarding residence halls. They are essentially the same as last fall. You do not need to wear masks or maintain a distance of six feet when you are with members of your pod (roommates, suitemates, housemates). You may visit friends within your hall, but you need to be masked and socially distant when you are with them. There are also limits to the total number of people who can be in rooms and suites at a time. Please be sure you know the rules for your living situation as there will be consequences if they are not followed. Visiting between residence halls or entertaining visitors from outside the University is strictly prohibited and will be enforced.

If You Are Sick, Stay Home!

We cannot say this enough. Please check in through the Campus Clear app, and if you have **any of the symptoms**, stay home. If you don't feel well for any reason, stay home. Even if you are

convinced that your symptoms are unrelated to COVID, stay home. There is nothing heroic about coming to work or to class and spreading COVID, flu or even a cold to others. If you feel up to it, you can attend classes from your room or home and you can work from home, but please don't come to campus while ill. And, if you observe classmates, teachers or co-workers who are not well, please ask them to go home.

Do We Need to Double Mask?

There has been a lot of coverage recently [suggesting that we double up on masking](#) for greater protection. You may want to consider wearing both a layered cloth mask and surgical mask or a KN95 mask with a surgical mask. The [CDC has not yet weighed in](#) on this.

Employee Testing

Employees will be tested randomly throughout the semester. That said, if you absolutely need a test in between your random test, you may use PhysicianOne when they are on campus. You must make an appointment; walk-ins will not be accepted. Please use this option judiciously and only when necessary as their time is needed for the testing protocol we have in place for everyone's protection.

Active Cases

Today's [dashboard](#), which was updated yesterday, shows 11 active cases. We will go back to updating the dashboard Monday-Friday next week.

Have a great weekend,
The Coronavirus Planning Team

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[SHU Coronavirus Website](#) | [SHU Covid-19 Dashboard](#) | [If You Become Ill](#) | [Testing, Tracking, Treating & Tracing](#)

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