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Remembering COVID-19 Community Archive

11-13-2020

Coronavirus Update 11-13-20

The Coronavirus Planning Team

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Coronavirus Update 11-13-20

Coronavirus Planning Contact Us <coronavirusplanningcontactus@sacredheart.edu>
Fri 11/13/2020 4:45 PM

Dear members of the Sacred Heart University community,

We have a lot of information to share today, so please stick with us.

Active Cases

Since we reported to you on Wednesday, we have 24 new positive cases of COVID-19—13 on campus and 11 off campus. Our contact tracing protocol continues to be in place. We have had 16 additional students recover and leave isolation. Today's [dashboard](#) shows us with 220 active cases up eight from Wednesday and a seven-day moving average of 23.1 down from 25.4 on Wednesday. Our alert status remains at red.

Next Week's Testing Schedule

We will be providing PCR testing at the following times next week in the Edgerton Plaza. Please note that results from this kind of test generally take 2-4 days. We ask that you refrain from eating, drinking or smoking for 30 minutes before your appointment. Please make an appointment using the appropriate link.

- Tuesday, November 17, from 9 a.m. to 1 p.m.
 - For students [by appointment](#)
- Wednesday, November 18, from 10 a.m. to 1 p.m.
 - students [by appointment](#)
 - employees may walk up
- Thursday, November 19, from 9 a.m. to 1 p.m.
 - students [by appointment](#)

Rollovers for Meal Plans

Many of you have asked about relief in the area of dining dollars and meal swipes because of COVID-related occurrences that may have impacted your ability to get meals on campus. We will roll over \$400 unused dining dollars from fall 2020 to spring 2021—up from the \$300 we previously communicated. We have also made some adjustments to the meal plans that provide additional meal swipes—36 to the Big Red Plan and 26 to the Pioneer plan. The cost of the meal plans has returned to normal pricing as we expect to be on campus for the usual number of weeks in the spring.

Updated Exit Guidance for College Students from the Department of Health

The Connecticut Department of Public Health has issued additional guidance for students leaving from college to return home for the holidays. There is concern both locally and nationally that students are at risk of bringing the COVID-19 infection home with them, especially if there is an outbreak at their school. You will find that much of this falls under the Pioneer Promise, which we hope you will follow even while you are away from campus. Here is what you need to consider as you prepare to head home:

- **It is very important to quarantine away from your family for 14 days before mingling or socializing at home.** The quarantine could be here before leaving or at home once you get there
- You should be tested before leaving college or immediately upon arriving home, and then again at day seven or so of your quarantine if at all possible. You should complete the 14-day quarantine even if the tests are negative
- If you have family members at high risk of complications from the COVID-19 infection (over age 60 or with chronic medical conditions), you should consider completing your quarantine somewhere other than with those high-risk family members
- It is important that you do not attend large social gatherings or reunions
- You should check travel restrictions for your destination before you go
- You should always wear a mask in public settings and on public transportation. If you are infected with COVID-19, have symptoms or are within a mandatory quarantine period due to close contact with a known case, you should avoid public transportation if at all possible.
- You should get your flu shot before you travel
- You should stay at least six feet apart from anyone who is not in your household
- You should wash your hands often or use hand sanitizer
- You should avoid touching your mask, eyes, nose and mouth
- You should stock up on masks and hand sanitizer for your trip home

Stay safe and have a good weekend,
The Coronavirus Planning Team

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[SHU Coronavirus Website](#) | [SHU Covid-19 Dashboard](#) | [If You Become Ill](#) | [Testing, Tracking, Treating & Tracing](#)

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