Sacred Heart University
Class of 2019

Wherever you go from here, go with all of your Heart
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Letter From The Editors

To the Class of 2019,

Thank you all for an incredible four years!

As we look back on our journey here at Sacred Heart, we will be reminded of incredible memories that we will cherish for the rest of our lives. Senior year is an unforgettable time in which we begin to experience our lasts as undergraduate students. We had our last President’s Gala, Last Spring Concert, last Senior Pub Night, and last ever undergraduate classes. How lucky we are to have shared four years of memories that makes saying goodbye to our time as Pioneers so difficult.

We thank you for your sharing in every moment of these last four years by your side. Our class is made up of Athletes, Greek Life brothers and sisters, roommates, classmates, best friends,
shoulders to cry on, personal hype men and women, and Pioneers for a lifetime. Our experience as Sacred Heart students will be forever characterized by our shared Senior Pub Nights, President’s Galas, Fall Fests, Spring Fests, and Senior Week. Each made special because of those we were surrounded by.

Let’s toast to the last four years! Thank you for everything Class of 2019. We will never forget you and the times we have shared together as Pioneers. Good Luck in all your future endeavors!

We hope to see you all at future Homecoming Weekends. Always remember: Once a Pioneer, Always a Pioneer! And, Always Lead with your Sacred Heart.

Love,

-Nicole, Kalliopi, Julia, Natalie- and the rest of the Class of 2019 Student Government Board!
Hello and welcome to Dr. Petillo, Members of the Board of Trustees, Members of Faculty and staff, family, friends but most importantly hello to the Class of 2019! My name is Nicole Cardarelli and it has been my honor to serve as your Student Government Senior Class President this past year.

We all never thought this day would come, our parents crossed days off their calendar as we watched the countdown in Red’s. Now that Graduation is here, I am both happy and sad to see it go because it means leaving behind professors, staff members and friends who have shaped me, and my fellow students lives for the better. It feels like we only arrived here a very short time ago, yet it’s been 4 years. To think 4 years ago, we were stepping on to campus ready for the “best years of our life”. As the years have gone by, we have all changed for the better, we joined more clubs and organizations. We worked hard to make the university a better place. As we have made personal growth, so has the university. Four years ago, we had Late Night Linda’s, the Martire building had just opened and that students before us had never tasted an Einstein bagel. To think that Bergoglio Hall was just a bunch of parking spaces and we didn’t have JP’s Diner.

Sacred Heart gave us the tools to be successful. We were taught Strength, through opening those Linda’s doors. We were taught Patience through registering for classes, then Speed as we ran to the Registrar when there were any problems. We learned creativity and determination when it came to parking, we gained knowledge in all the academic buildings. We made new friends by joining Greek Life, Student Government, Athletics, Studying Abroad or by joining many of the different clubs and organizations that Sacred Heart has to offer.

I’d ask each of you to take a moment to think back to all of your time at Sacred Heart and ask yourself, how and why did I get here? Think about all of the times you waited until the last minute to do an important assignment, think back to that heart wrenching moment when you submitted an assignment at 11:58pm. Now take in all of your surroundings. If you look around, you can see your support system; the pillars that have helped you stand. They have been with us through the good, bad and the ugly. We thank you for your continuous support and unconditional love on our final journey. Now, look around to your fellow peers. You can see the people who have helped you grow, been a shoulder to cry on, someone you have celebrated with and people you see a lifelong friendship with. I encourage you to remember all of these good times and keep those memories near and dear to your heart.
Nicole Cardarelli

I’d also ask you to remember those who can’t be here with us today. Those who touched our lives only briefly. Remember them by paying silent tribute to the contributions that they made.

Now, here we stand, our reign is over, and it is up to the next class to step into our shoes and start their countdown to graduation. As we embark on our own journey, whether you are going to grad school, starting a new job, or taking a gap year, I wish you all the luck and hope that you never forget your days at Sacred Heart. One of my favorite quotes is “in life you make the small decisions with your head and the big decisions with you heart”. Remember to always to go with your “sacred” heart. To my graduating class, we have all shared so many fond memories. I hope we end this chapter of our lives with happiness and ready to start our new adventure. Let’s cherish the memories and always remember you are a pioneer forever.

As I follow in the footsteps of all the class presidents before me, I would now like to ask the Class of 2019 to stand for the traditional turning of the tassel.

Step 1- Raise your right hand
Step 2- Grab your tassel
Step 3- Move your tassel from right to left
Step 4- Release your tassel

Congratulations to the Class of 2019! We made it! And a very special Mother’s Day to all the moms! I wish you all health and happiness. We are now officially alumni!

Dedicated to my amazing Dad, Bill Cardarelli. Thank you for everything!
Our Senior Storybook

MAY 8
Stonebridge

May 10
Commencement Ball

May 11
Family Dinner Dance

May 12
Commencement Ceremony
COMMENCEMENT BALL

MAY 10, 2019
COMMENCEMENT BALL
FAMILY DINNER DANCE
53rd SHU Commencement

May 12, 2019
53rd SHU Commencement
Grad Caps Off to SHU

- I'll be back
- SHU SLP 2021
- Keep it rollin'
- The best is yet to come
- Rad
- What she teaches she conveys RN
- Peace Out
- How lost I am
- But I pulled through
- You can barely see me
- I see through people
- I'm not your superpower
- 3 down 2 to go
- Can't you see the tears?
In Memoriam: Matthew Galligan

Being a fighter is more than just telling yourself to stay positive, it’s about knowing that

*No one fights alone.*

*Rest Easy Matty G*

*Woke up an optimist, sun was shining, I’m positive*” - Kanye West
In Memoriam: Jarrod Marotto

“No matter where life takes me, find me with a smile” - Mac Miller

Rest Easy Jarrod; 7/17/19

“If love alone could have saved you, you never would have died.”

“Success isn’t measured by how much money you make, it’s by how many people you have touched in life”
In Memoriam: Matthew Abati

Rest
Easy
Matt

SHU
Football
#59
Special Thanks

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