Internship Experience at A Plus Dental Care

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Abstract

By the end of my internship, I was able to:
- Take three types of x-rays: digital, panoramic, and cone beam. These were taken with no complications after weeks of practice, but at first I was having a hard time aligning the head of the x-ray machine to the digital sensor inside the patient's mouth; on the other hand, I did not encounter too much trouble in panoramic and cone beam x-rays.
- Take impressions and make study models. These were done with no complications after weeks of practice, but at first I was having a hard time properly putting the impression tray with the impression material into the patient's mouth and I had a hard time making study models without air bubbles.
- Make acrylic provisional crowns. These were done with no complications after weeks of practice, but at first I was having a hard time trimming the acrylic crown to fit the shape of the gum line.
- Learn how to perform multiple dental procedures that were mentioned in the goal section of the presentation by assisting the working doctors and by independent readings throughout the internship period.

Introduction

I worked at A Plus Dental Care as a dental assistant.
- This dental practice, located in 2660 Main Street Bridgeport, Connecticut, helps to provide dental care to patients from Bridgeport, surrounding areas, and even patients that travel from Massachusetts, New York, New Jersey, and Pennsylvania.
- The goals of the internship were to gain experience in: taking x-rays, taking an alginate impression, making study models, making acrylic provisional crowns, and learning the basics for root planning and scaling, preparing cavities and performing fillings, endodontic treatments, post and cores, tooth extractions, dental implants, dental partials, dental totals, crown and bridge preparations and cementations.
- These goals were accomplished by working as a dental assistant in the time period of my internship, which was from June 1- August 18, 2016.
- The internship supervisor evaluated all the work that was done by expecting the same quality of work as if a dental assistant was performing those same tasks.
- The goals of my internship were to gain experience in: taking x-rays, taking an alginate impression, making study models, making acrylic provisional crowns, and learning the basics for root planning and scaling, preparing cavities and performing fillings, endodontic treatments, post and cores, tooth extractions, dental implants, dental partials, dental totals, crown and bridge preparations and cementations.
- These goals were accomplished by working with the dentist as a dental assistant from 11 am to 6 pm every Monday, Wednesday, and Thursday in the time period of my internship, which was from June 1- August 18, 2016.
- The internship supervisor evaluated all the work that was done by expecting the same quality of work as if a dental assistant was performing those same tasks.

Goals

- The goals of the internship were to gain experience in:
  - Taking x-rays
  - Taking an alginate impression and making study models
  - Making acrylic provisional crowns
  - Learning the basics for root planning and scaling, preparing cavities and performing fillings, endodontic treatments, post and cores, tooth extractions, dental implants, dental partials, dental totals, crown and bridge preparations and cementations.

Results

- The overall experience lead me to better understand multiple treatments that pertain to dentistry and cemented my desire to pursue a career in this field.
- I was able to successfully accomplish the set goals with practice and the guidance from the dentists.
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Discussion

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Conclusion

- The internship supervisor evaluated all the work that was done by expecting the same quality of work as if a dental assistant was performing those same tasks.
- The goals of my internship were to gain experience in: taking x-rays, taking an alginate impression, making study models, making acrylic provisional crowns, and learning the basics for root planning and scaling, preparing cavities and performing fillings, endodontic treatments, post and cores, tooth extractions, dental implants, dental partials, dental totals, crown and bridge preparations and cementations.
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