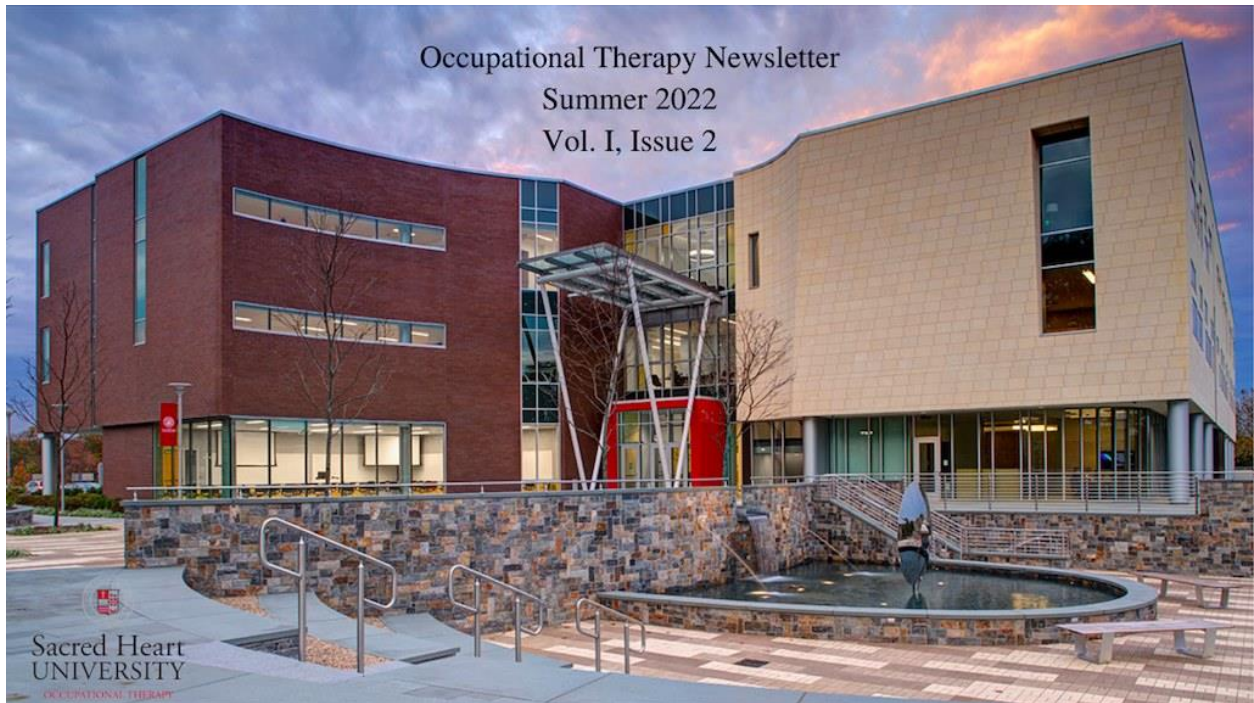


Occupational Therapy Newsletter
Summer 2022
Vol. I, Issue 2



Letter from the Department Chair and Program Director



1 - Dr. Sharon McCloskey (Ed.D., MBA, OT/L, DipCOT, CTP)

Here we are, more than half-way through summer - the summer semester that is! We had a full spring semester and jumped right into the summer content without any break. I am extremely grateful for everyone's commitment, engagement, and stamina, keeping up with the pace of our program. Thank you to our students, faculty, and staff for your adaptability and fortitude. Summer is now in full swing!

As a department, we have had many successes and reasons for celebration since the springtime. A major recent highlight was the 20th Year Program Celebration held on June 12, 2022. Despite some logistical changes because of weather, we had a very fun in-door barbecue with alumni, faculty, staff, students, families, and friends. Everyone was very delighted to welcome back Dr. Jody Bortone, Dr. Lenore Solomon, and Dr. Pat Walker. A special thank you to all who assisted in the planning, especially Rebeca Giorgio and Ivy Sailer who worked very hard on the organization of the event in collaboration with University Advancement. We are continuing our **#20for20** campaign – please feel free to donate \$20 for the 20th year for the purposes of developing student scholarship monies. The link to the donate page is on the OT Department page: <https://www.sacredheart.edu/academics/colleges--schools/college-of-health-professions/departments/occupational-therapy/>

We hope you have wonderful summer, and that you find time for a little rest and relaxation before we move into the Fall. We are excited and looking forward to welcoming our new cohort of incoming OT students late August 2022. Stay well and enjoy your daily occupations this summer.



2 - Photographs from the 20th Year Program Celebration



3 - Photographs from the 20th Year Program Celebration



4 - Photographs from the 20th Year Program Celebration



5 - Photographs from the 20th Year Program Celebration



6 - Photographs from the 20th Year Program Celebration



7 - Photographs from the 20th Year Program Celebration



8 - Photographs from the 20th Year Program Celebration



9 - Photographs from the 20th Year Program Celebration



10 - Photographs from the 20th Year Program Celebration



11 - Photographs from the 20th Year Program Celebration

Click through the following slideshow to view images from the 20th Year Program Celebration!

Spotlight



12 - Anastasiya Akay (MS, OTR/L)

Alumna Anastasiya Akay Advocates for Orphans in Ukraine

The COVID-19 pandemic was a time of unforeseen change. Anastasiya Akay (MS, OTR/L) encountered changes that were common to many occupational therapists, such as the switch from in-person services to telehealth. However, she also experienced a change in passion, which drove her to advocate for the health and well-being of the orphan population in Ukraine.

Anastasiya was initially drawn to occupational therapy because it is a client-centered and hands-on profession. In 2018, she graduated from the Sacred Heart MSOT program and began working in pediatrics. She worked in a variety of settings such as home care and private services, and currently works in a public school system and private clinic. When the pandemic began, Anastasiya went from interacting mainly with the children to interacting with their parents via telehealth. One of the facets of care that stood out to Anastasiya was the influence of socioeconomic status (SES) on the provision of services: “We had to discuss the child’s Individualized Education Program (IEP) goals and how we could make those goals work with the resources we had in the community, ultimately understanding that not having access to resources really impacts a child’s life trajectory.” Anastasiya stressed that much of Eastern Europe struggles with drastically lower SES than that compared to the United States – and she wants to help.

Anastasiya has a personal connection to her advocacy endeavors. She was born in western Ukraine and lived there until she was about seven years old, when her family decided to immigrate to Connecticut. The Ukrainian community is currently suffering from the war, but their struggles began long before the conflict with Russia escalated. The orphanage system and postnatal care for mothers are issues that Anastasiya highlighted as prominent in her home country. Ukraine has the highest orphan population in Europe and adoptions have been postponed due to the war. Currently, most orphanages do not meet the children’s basic needs which impacts their lifelong engagement in education, health, social relationships, etc. There are approximately 100,000 orphans and 750 orphanages in the entire country, with about four caretakers assigned to 25 children on average. These numbers are so high mainly due to social factors such as drug abuse, no access to appropriate health care, lack of health care for people with disabilities, etc. There are now 100,000 Ukrainian refugees and 4.1 million displaced persons which will undoubtedly exacerbate the conditions of the orphanages. Although efforts are being made in the United States to support Ukraine, Anastasiya explained that we must continue to care even after the war ends. “Once the dust settles, we need to do something. Any sort of international assistance will be necessary to ensure the children are being taken care of,” she said.

It became evident to Anastasiya that a degree in occupational therapy could not give her the footing she needed to tackle the social issues in Ukraine. “Occupational therapy plays a role in understanding how resources impact care, but to actually solve the problem I needed to go beyond the expertise of occupational therapy,” she said. Ultimately, she decided to pursue a Master’s in Public Health at Harvard University. She will earn a degree in Health and Social Behavior which looks at health disparities, characterizes the problem, and determines effective interventions. Her long-term goal is to become involved with, or establish, an international organization to support the orphan population in Ukraine.

Until she completes her degree, she is focusing her efforts on spreading awareness in the United States and fundraising for nonprofit organizations. Social networking has allowed her to connect with organizations such as Abundance International, which is a nonprofit based in Nevada. It establishes orphanages in Ukraine staffed by health care professionals. The staff are professionally trained to use therapy equipment and provide interventions that meet the children’s basic needs of nutrition, housing,

and education. “Early intervention and stable bonds are so vital to healthy developmental outcomes. This organization has done incredible work to accomplish this,” she said. More information on Abundance International can be found on their website: <https://abundanceinternational.org/>. Another organization, Mission To Ukraine, provides pregnancy and special needs care within Ukraine. More information can be found on their website: <https://www.missiontoukraine.org/>. Anastasiya recently donated to Abundance International by organizing a cookie fundraiser, made possible by her very own cookie business. She also hopes to travel to Poland this summer and volunteer her services in Ukrainian refugee centers.

Aside from her interest in advocacy, Anastasiya enjoys running her bakery, reading, traveling, and working with children. She is grateful for her experience at Sacred Heart, as well as her career in occupational therapy. When asked for advice she would give to OT students, Anastasiya said, “The most important thing is to find something you’re really passionate about. If your heart isn’t fully into it, you will move on. Find something to grow with.”

The program is incredibly proud of Anastasiya’s ambition and looks forward to supporting her advocacy efforts.

If you’d like to contact Alumna Anastasiya Akay, her email address is: anastasiyabaltsevych@gmail.com¹

¹<mailto:anastasiyabaltsevych@gmail.com>

Faculty Focus



13 - Dr. Amanda Wheeler (PhD, OTR/L)

Amanda Wheeler is Welcomed to the Department of Occupational Therapy

Amanda Wheeler (PhD, OTR/L) is the newest faculty member within the Department of Occupational Therapy. Amanda is an assistant professor as well as the coordinator of the summer trimester for the first-year students, which focuses on adult and geriatric populations.

Amanda was inspired to become an OT during her freshman year of college at Quinnipiac University, after receiving OT services herself. Amanda explained that she had always wanted to work in healthcare but didn't necessarily know which career to pursue. "When I started receiving OT, I realized that my therapist really understood my needs and really cared about what was important to me. It was a different relationship than the ones I had with other health care professionals," she said.

After graduating from Quinnipiac University, Amanda began working at Memorial Sloan Kettering. She eventually climbed up the administrative ladder and earned the title of Compliance and Education Manager. Amanda has found much enjoyment not only in working with the oncology population but also in the opportunities she had mentoring and educating fellow occupational therapists.

It was during her time as a treating clinician at MSK that a mentor inspired her to partake in research, which ultimately led to her pursuit of a PhD. Soon after beginning her PhD program, Amanda realized she wanted to make the shift into academia as she felt it aligned with her interests in both teaching and in research. Amanda earned her PhD in the Philosophy of Occupational Therapy from Nova Southeastern University and completed her dissertation on delirium education for family caregivers.

While teaching, Amanda will continue her clinical work in both acute and home care settings. Aside from her professional pursuits, Amanda enjoys running and spending time with her husband and children. She hopes to eventually run a half marathon! We are delighted to welcome Amanda to our team and look forward to working with her.



14 - St. Vincent's nursing students and SHU OT students pictured in adult acute care patient simulations

Dr. Sheelagh Schlegel (DrHSc, MPH, OTR/L, CHES, CAPS) Facilitates Patient Simulations

Dr. Schlegel has spearheaded patient simulations this past trimester in collaboration with St. Vincent's College of Nursing. These acute-care simulations were Prioritization/Delegation/Rapid Response simulations which addressed team members' responsibilities on an acute care observation unit. The patient actors or manikins presented with various conditions such as cardiac, emesis with dehydration, and alcohol withdrawal. The OT students who volunteered to participate in the simulations completed occupational profiles, performed manual muscle testing, and assessed cognition and range of motion on the patient actors or manikins. The students then reported their findings to the nursing students. Within the simulation, Dr. Schlegel played the role of an OT fieldwork educator guiding the OT students, since many of them had no prior experience in adult acute care. Many of the St. Vincent's nursing students shared during the debriefing process that they had experience working with OT as rehabilitation technicians, certified nursing assistants, or home health aides but were happy to learn more about the role of OT in acute care. The simulations were an excellent opportunity for the OT students to collaborate with their nursing colleagues, as well as to practice occupation-based assessments and interventions in an acute setting.



15 - Dr. Lola Halperin (Ed.D., OTR/L)

Dr. Lola Halperin (Ed.D., OTR/L) Presents at the ConnOTA and AOTA Conferences and Participates in the Dean's Speaker Series

We are pleased to highlight faculty member Dr. Halperin for her presentations at the 2022 ConnOTA and AOTA Conferences. At both conferences, Dr. Halperin's presentation centered on mobilizing mindfulness to combat adversity, with a specific focus on how occupational therapy practitioners can help themselves and others during challenging times.

Recently, Dr. Halperin also presented to the SHU community, specifically to students interested in healthcare. She was a part of the Dean's Speaker Series through the CHP. Her presentation was, *Unconditional Positive Regard, Limit Setting, Radical Acceptance versus Change and All That Jazz: Serving Clients with Challenging Personalities*.

Dr. Sharon McCloskey (Ed.D., MBA, OT/L, DipCOT, CTP) presents "*Understanding the Impact of Trauma and ACE's on Learning and Participation in Schools*"

During the spring semester Dr. McCloskey was invited to present on the topic of Trauma/ACE's and Trauma-Informed Care related to learning and school participation for children. She presented a series of workshops to early childhood educators and teachers in the Stamford Public Schools; at a professional development workshop for the Connecticut Speech-Language and Hearing Association (CSHA); and at the American Occupational Therapy Association (AOTA-Aspire) Conference in San Antonio, Texas.

Pilot Social Simulation Training Program for Occupational Therapy Students

On March 25th Dr. McCloskey delivered a full day social simulation event to OT student volunteers on "*ACE's and Trauma-Informed Care; What I Need to Know as a Healthcare Professional*". The educational simulation experience included didactic learning in the morning, with skills training; and the use of trained patient actors in the afternoon. Students had an opportunity to engage in trauma-informed interviewing with clients. Thank you to Dr. Sheelagh Schlegel and Jason Blando for all the support. The

debrief sessions with students were excellent. It was a very successful learning experience for the students.

Dr. Sharon McCloskey and Dr. Christina Gunther Receive ACT Grant Award

Congratulations to Dr. McCloskey and Dr. Gunther for receiving the ACT Grant Award for a project entitled "Diversity and Inclusion in OT Education Through a Professional Learning Community."

Dr. Heather Kuhneck Releases 2nd Edition of "Making Play Just Right"

Congratulations to Dr. Kuhneck on the release of the 2nd edition of her book! Drs Lola Halperin and Sharon McCloskey were delighted to contribute a book chapter titled *Play to Promote Mental Health in Children and Youth*.

Dr. Joan Sauvigne-Kirsch (Ed.D., OTR/L) Invited to Present at the World Federation of OT's Congress in Paris, France

In August, Dr. Sauvigne-Kirsch will present a speech at the World Federation of OT's (WFOT) Congress in Paris, France. The title of her speech is, "Overcoming Barriers and Creating Leadership Pathways in School Based Practice, Lessons Learned." Dr. Sauvigne-Kirsch has talked extensively in the United States about the topic of OTs as school leaders. The largest barrier in the US relates to state level credentialing. She has initiated conversations with school leaders in other countries to gain an understanding of their professional pathways. Up to this point, Dr. Sauvigne-Kirsch has connected with professionals from Canada, Ireland, Germany and Argentina. She noticed that all professionals have different experiences and looks forward to interacting with more people in the upcoming months.

Dr. Mary-Ellen Johnson Celebrates 20 Years of Service

Congratulations to Dr. Mary-Ellen Johnson for achieving the milestone of serving as a faculty member for 20 years!

Warm Congratulations to Dr. Kim Downs

Congratulations to Dr. Kim Downs, one of our adjunct faculty members, on being awarded her doctoral degree in occupational therapy. Well done! We are proud of your accomplishment.

Department News



Newest Member of the Department of Occupational Therapy Family

Congratulations to Dr. Jaimee Hegge and her husband Patrick Hegge on the arrival of their son, Quinn Henry Hegge!

SHU's COTAD Chapter Raises Almost \$1,000 Toward Multiple Sclerosis Research

On May 7, 2022, SHU's Coalition of Occupational Therapy Advocates for Diversity (COTAD) Chapter was set to participate in Walk MS, which was cancelled due to inclement weather. The executive board of COTAD organized a team of 19 OT students and faculty and encouraged them to raise money over the span of several weeks. The team raised \$937 toward multiple sclerosis research, significantly overcoming their original goal of \$650. Top fundraisers were Sheelagh (faculty member) raising \$236, and PY1 Kaylee raising \$185. The SHU COTAD executive board consistently advocates for diversity, equity, inclusivity. Their participation in this fundraiser is only one example of what they have accomplished in the past several months. For example, they also hosted a collaborative event with the SHU ASL Club and encouraged student participation in the Quinnipiac student-led conference on inclusivity and diversity in the OT profession.

First-Year Students Complete Service-Learning Projects

Throughout the spring trimester, first-year students complete service-learning projects with a variety of populations. The students developed and implemented therapeutic activities such as stress management, mindfulness, chair yoga, and more. The following list provides a description of the service-learning opportunities, most of which were mentored by Dr. Halperin. She completed the SHU Service-Learning Faculty Cohort fellowship this past trimester. The Connections Group (a parent group) was mentored by Dr. Sharon McCloskey. Although some service-learning opportunities were virtual, most were in-person.

- Bridge House – A clubhouse for adults living with mental illness in Bridgeport, CT: <https://www.bridgehousect.org/> Therapeutic activities were implemented to address health and wellness, such as gentle stretching, chair yoga, education on healthy nutrition, etc.
- Bridgeport Recovery Community Center, Connecticut Community for Addiction Recovery (CCAR) – Therapeutic activities addressed various substance use recovery-related topics such as health and wellness, conflict resolution, expressive arts, etc.
- Monday Night Social Parent Support Group – A virtual support group for the parents of young adults attending the Monday Night Social. Monday Night Social is an enrichment program facilitated by SHU OT and SLP students and faculty. The projects involved creating virtual educational materials for the parents.
- American Veterans Archaeological Recovery (AVAR) – A charity serving military veterans with physical and emotional injuries through a means of archaeology: <http://americanveteransarchaeology.org/rehabilitation-archaeology/> The project involved creating a virtual seminar on chronic pain management for the AVAR members.
- Thomas Merton Center – A house of hospitality in Bridgeport: <https://www.themertoncenter.org/> The projects involved creating virtual educational materials on wellness for the center guests.

Monday Night Social - From Then to Now

Monday Night Social (MNS) is an interprofessional program at Sacred Heart University that promotes sensory motor, communication, and social skills for young adult clients with a variety of disabilities. The program is collaboratively planned and implemented by faculty members, Dr. Lola Halperin and Dr. Ellen Martino and students from the Occupational Therapy (OT) department and Professor Natasha Moran and students from the Speech Language & Pathology (SLP) department. If placed in MNS for their Level I Fieldwork, OT students create sensory motor-oriented activities for the clients under the supervision of OT faculty. The SLP students take the lead on developing communication-based activities under the supervision of SLP faculty. The program also includes a meal – clients participate in planning the menu and have the opportunity to practice social skills and daily living skills during the meal. The MNS program, founded in 2014 by Dr. Halperin, has successfully grown from a few participants to 15-20 participants. The COVID-19 pandemic resulted in the groups taking place virtually for two semesters; however, clients, faculty, and students were happy to return in-person for the fall 2021 semester. The OT Department looks forward to ongoing collaboration with the SLP department and the continued growth of MNS.

In addition, Dr. Sharon McCloskey, from the OT department, created a support group for the MNS parents during the spring semester of 2020. The parent group is named *The Connections Group* and continues to meet weekly or bi-weekly all year round. Any parents of adult children with developmental disabilities are welcome to join this group; it is a safe and comfortable space for sharing, laughing, and learning from one another. Recently, one of the MNS participants, George Manesiotis, established his own successful cookie business called "Big G's Cookies!" with the support of his Mom, Corinna (an active member of The Connections Group).



16 - Monday Night Social participant, George Manesiotis, shared cookies from his company "Big G's Cookies" with first-year students

Summer Fitness Group Returns

Last summer, occupational therapy faculty member, Dr. Ellen Martino and OT graduate students planned and presented an outdoor fitness group for Monday Night Social (MNS) clients. The fitness group will resume this summer providing an opportunity for MNS clients to reconnect and enjoy improving overall health and wellness. The summer program also provides a Level I fieldwork experience for OT students. Fitness sessions include stretching, aerobic activities, cooperative games, and fun ways to learn about healthy nutrition. Group activities emphasize flexibility, safe body mechanics, balance, and motor planning. Clients participate in a variety of obstacle courses combined with nutrition games helping them to make healthy food choices and understand balanced meals.

Stroke Survivor and Sacred Heart OT Client Writes Her Own Book

In November 2016, Marti Kosh suffered a stroke. Her memory, motor skills, and ability to produce speech were severely impaired. After her discharge from the hospital, she started participating in the speech therapy program, the PT program, and the OT driving simulator at SHU. Click here to read more about Marti Kosh's book.²

The OT Driving Simulation Clinic at SHU is operated by Dr. Sheelagh Schlegel. Many OT students complete their fieldworks within this clinic. The driving simulator features three television panels and a variety of real-life driving scenarios like making a turn, stopping at stop lights, etc. The car is essentially a real car that has been cut in half. Although the car itself does not move, the controls do, such as the turn signal control, the steering wheel, the brake and gas pedals, and the gear shifter. The car also has

²<https://www.sacredheart.edu/news-room/news-listing/client-of-shus-stroke-rehab-clinic-writes-her-story/>

adaptations for clients with impairments, such as a hand-operated brake for clients with lower-extremity weakness and/or impairment.



17 - Photograph of Marti Kosh pictured with Professor Marta Korytkowska

Pinning Ceremony 2022

Congratulations to the PY2 students on the Pinning event which was held the evening before Commencement during the month of May 2022. Students and their families were welcomed by Dean Iverson, Professor McCloskey, Department Chair, faculty, and staff. The ceremony is a special occasion where occupational therapy graduates are welcomed to the profession of OT through the symbolic action of ‘pinning’. The pinning ceremony is a health care tradition that signifies a student’s transition from classroom to clinic. It was a solemn and beautiful reception. Congratulations on both Pinning and Commencement.

Student Activities



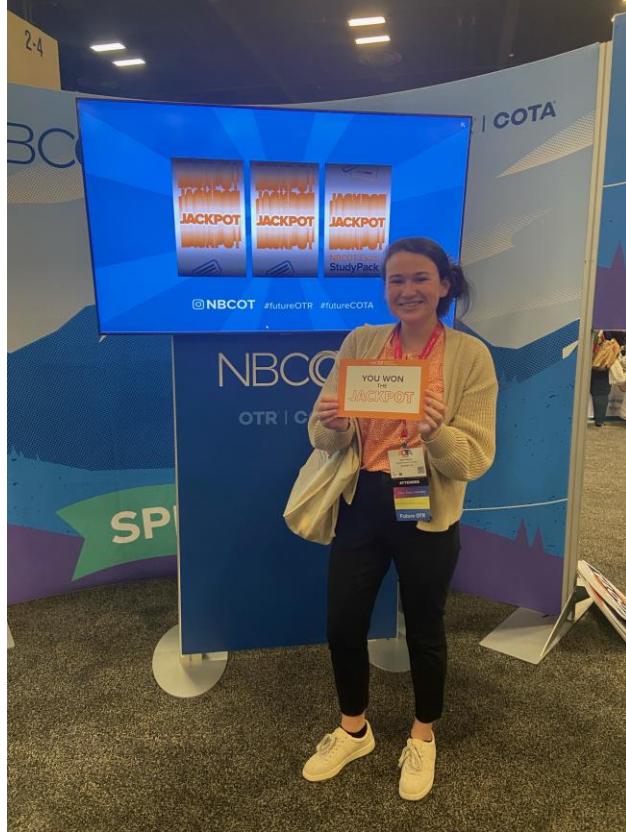
18 - Students and faculty at the keynote presentation



19 - Student and faculty meet-up



20 - Students at the AOTA sign



21 - Student Sarah Masiello wins free NBCOT exam voucher



22 - Students testing sensory motor equipment at the exposition



23 - Students using Parafin at the exposition



24 - Henry B. Gonzalez Convention Center in San Antonio, Texas

31 First-Year Students and 4 Faculty Attend AOTA Conference in San Antonio, Texas

AOTA Inspire took place from March 30 - April 3 in San Antonio, Texas. This year, the department had a historic number of students attend the conference in-person. Four faculty members (Dr. Heather Miller-Kuhaneck, Dr. Lola Halperin, Dr. Sheelagh Schlegel, and Dr. Sharon McCloskey) and 31 first-year students made the trip to experience AOTA Inspire.

The AOTA Annual Conference is the largest gathering of OT professionals in the world. It is a valuable opportunity to expand knowledge on practice, professional issues, trends, and more.

(<https://inspire.aota.org/>) The SHU OT students took full advantage of the opportunities at the conference by attending sessions, exploring the expositions, and connecting with professionals. Many of the students won giveaways as well, such as free NBCOT exam study packets, free NBCOT exam vouchers -- and one student won a professional laminator!

Highlights from the conference include the keynote presented by Dr. Bertice Berry, the Slagle Lecture presented by Dr. Kristie Patten, and the SHU students/faculty meet-up which took place on April 1.



25 - 2022 Pi Theta Epsilon Induction

Gamma Nu Chapter of Pi Theta Epsilon Inducts 24 New Members

On February 20, twenty-four PY1s were inducted into the Gamma Nu Chapter of Pi Theta Epsilon (PTE), a national honor society for OT students and alumni. Sacred Heart OT students are invited to apply based on superior academic excellence within their first trimester of the program. The purpose of PTE includes recognizing and encouraging scholastic excellence, contributing to the advancement of the field of OT through scholarly activities, and providing a vehicle for students to exchange information and collaborate on scholarly activities. Congratulations to the newest members of PTE! Additionally, congratulations to the newly elected executive board of Pi Theta Epsilon, listed below.

President – Brianna Zelman

Vice President – Maggie Cullen

Secretary – Monica Naropanth

Treasurer – Ada Fusco

The faculty advisor of Pi Theta Epsilon is Jaimee Hegge.

Alumni Spotlight



26 - Qarib Ahmed and Patrycja Pedzinska win alumni awards, pictured with Dr. Jaimee Hegge

Qarib Ahmed and Patrycja Pedzinska Receive Alumni Awards

Qarib Ahmed (MS, OTR/L) is Awarded the Alumni Distinguished Practice Award

On Saturday, April 2, the College of Health Professions (CHP) hosted their Inaugural Alumni Lecture and Awards Ceremony, where Qarib Ahmed was awarded the Alumni Distinguished Practice Award. Qarib graduated from the Sacred Heart MSOT program in 2013 and is currently an adjunct instructor within the OT Department. He was recognized by the CHP for the development of his private practice as well as his innovative teaching style.

Qarib utilizes a holistic approach in treatment and has a specialty in manual therapy. He uses hands-on techniques to provide therapy to a variety of clients such as those with Parkinson's Disease, those recovering from strokes, etc. Myofascial release is another unique aspect of his private practice, which involves reducing acute and/or chronic pain by easing myofascial restrictions throughout the body.

When asked for any advice he would give to OT students, Qarib emphasized the importance of keeping an open mind while exploring different areas of practice. He explained that many students enter the program with an idea of what setting they would like to enter in, but most change their minds as they gain experience during classes and clinicals. Qarib also encourages all students to explore hands-on therapy, as he believes in the powerful connection between the body and the mind. In short: take the time to find your passion and pursue it.

Patrycja Pedzinska (MS, OTR/L, CHT) is Awarded the Alumni Adjunct Excellence in Teaching Award

On Saturday, April 2, the College of Health Professions hosted their Inaugural Alumni Lecture and Awards Ceremony. Patrycja graduated from the Sacred Heart MSOT program in 2012 and is currently an adjunct instructor within the OT Department. She was awarded the Alumni Adjunct Excellence in Teaching

Award for her contributions to the first-year anatomy classes as well as the splinting labs. Her expertise in hand therapy is especially instrumental to the students' learning. The OT Department is proud of her accomplishments and looks forward to her continual professional growth.



27 - Caitlin Ackerman (OTR/L)

Caitlin Ackerman (OTR/L)

For Vol I., Issue 2 of the newsletter, our alumni spotlight is Caitlin Ackerman, OTR/L.

Ackerman graduated from the MSOT program in 2017. She came from a small town which made her appreciate the small and cohesive design of the program. The design of the program resulted in strong relationships between professors and students. Students were not just a number – they were known on a personal level. Ackerman explains that these connections have lasted long after her graduation from the program. Her favorite aspect of the program was the opportunity to work in a variety of fieldwork settings and with a variety of populations.

Since graduating from the program, Ackermann has worked in inpatient and acute care, birth-to-three, school-based pediatrics, and outpatient pediatrics. She explains that she was prepared for a diverse range of settings based on the various fieldwork opportunities and hands-on learning approaches provided by the program. Ackerman currently works in school-based pediatrics and outpatient pediatrics.

One of Ackerman's greatest successes is supporting her patients and seeing their growth through occupational therapy. She also has played a key role in developing an occupational therapy department within the Speech Pathology Group & Rehab Associates in Shelton, CT. The practice previously focused on speech and language services, but now offers services with OT, PT, and ABA. Ackerman holds the position as the lead OT clinician and OT supervisor of the practice.

For prospective and current students, Ackerman recommends engaging in the hands-on opportunities that the SHU MSOT program offers as frequently as possible. Those experiences allowed Ackerman to establish connections and learn how to be a better OT.

The program is proud of Alumna Caitlin Ackerman's post-graduation experience and wishes her the best in her future endeavors.

If you'd like to contact Alumna Caitlin Ackerman, her email address is: caitlin.ackerman@spg-ct.com

Connect With Us

Social Media Sites

Sacred Heart MSOT Website³

Instagram⁴

Twitter⁵

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⁵https://twitter.com/sacredheart_ot