Covid 19 was a shock to us all. No one knew what to expect. It was a new way of living for everyone. During the pandemic, I did not leave my house once. Groceries got delivered to my house, and if you left you had to wear a mask anywhere that you went. In the back of my mind, I wasn't scared of getting the virus because I knew I had been quarantining and that there was no possible way of me contracting Covid 19. I'm sitting at my kitchen table eating dinner, sweet potatoes to be exact. I take the first bite and instantly freak out. I couldn't taste it! This was one of the most common symptoms of the virus, losing your taste and smell. Luckily, my mom had bought at home covid tests, so I instantly took one. I checked to see the results 5 minutes later, positive. From that moment, I knew I was going to spend the next 2 weeks locked in my room. The days were so long, and I was so bored. In order for me to eat, my mom had to place my food outside of my room, and I would open my door and grab it quickly. My days consisted of showers, eating, facetiming my friends, and sleeping. But wait, it gets worse. It's my birthday. My 16th birthday, spent in my room, alone, with covid. Happy birthday to me. Overall, the only symptom that I had was losing my taste. I was lucky because I wasn't as sick as other people I knew who also had the virus. To this day, some foods still don't taste the same as they did before I had the virus. I guess it affected my taste buds long term. After quarantine was over, life was still different. Masks were still worn everywhere you went, and people were honestly scared of others. Of course, everyone tried to avoid getting the virus, so that resulted in a 6-foot distance from each person. These new life changes stayed with us for a while until covid calmed down a bit. Today, you still must wear masks at the doctor's office and some other places that still require them. I don't think life will ever go back to normal, this is the new normal.