2-2009

Research and Practice in K-12 Online Learning: A Review of Open Access Literature

Cathy S. Cavanaugh  
University of Florida

Michael K. Barbour  
Sacred Heart University

Tom Clark

Follow this and additional works at: https://digitalcommons.sacredheart.edu/ced_fac

Part of the Educational Assessment, Evaluation, and Research Commons, and the Educational Methods Commons

Recommended Citation


This Peer-Reviewed Article is brought to you for free and open access by the Isabelle Farrington College Of Education at DigitalCommons@SHU. It has been accepted for inclusion in Education Faculty Publications by an authorized administrator of DigitalCommons@SHU. For more information, please contact ferribyp@sacredheart.edu, lysobeyb@sacredheart.edu.
Research and Practice in K-12 Online Learning: A Review of Open Access Literature

Cathy S. Cavanaugh
University of Florida, USA

Michael K. Barbour
Wayne State University, USA

Tom Clark
TA Consulting, Illinois, USA

Abstract

The literature related to online learning programs for K-12 students dates to the mid-1990s and builds upon a century of research and practice from K-12 distance education. While K-12 online learning programs have evolved and grown over the past decade, the amount of published research on virtual schooling practice and policy is limited. The current literature includes practitioner reports and experimental and quasi-experimental studies, both published and unpublished. This paper reviews open access literature in K-12 online learning and reports on a structured content analysis of the documents. Themes in the literature include steady growth and a focus on the benefits, challenges, and broad effectiveness of K-12 online learning. In addition, newly developed standards for K-12 online learning are emerging in descriptions of effective practices.

Introduction

In North America and other industrialized countries, distance education for elementary and secondary students is seen as a solution to several educational problems, including crowded schools, a shortage of secondary courses for remedial or accelerated students, a lack of access to qualified teachers in a local school, and the challenge to accommodate students who need to learn at a pace or in a place different from a school classroom (Cavanaugh & Clark, 2007). In less industrialized nations, K-12 online education is seen as a social and economic development strategy (Moore & Kearsley, 2005). Thus, it is clear why K-12 distance education programs are developing rapidly around the world and why growth in K-12 online course enrollments has outstripped that of other educational formats in recent years (Setzer & Lewis, 2005). A
fundamental challenge in this relatively new educational field for program developers, managers, and instructors is locating guidance from successful practice and from research and literature.

Online learning is a form of distance education whose central defining characteristic is the separation of teacher and learner (Keegan, 1996). Watson, Winograd, and Kalmon (2004) defined online learning as “education in which instruction and content are delivered primarily via the Internet” (p. 95). Many K-12 online learning programs in North American are referred to as virtual schools. Clark (2001) defined a virtual school as "an educational organization that offers K-12 courses through Internet- or Web-based methods” (p. 1). The literature related to online learning programs for K-12 students began to grow in the mid-1990s, building upon a century of research and practice from K-12 distance education (Clark, 2003; Edelson & Pitman, 2001). Although K-12 online learning programs have evolved and grown over the past decade, there is a limited amount of published research on virtual schooling practice (Barbour & Reeves, 2009). The current literature includes practitioner reports and experimental and quasi-experimental studies, both published and unpublished.

The authors reviewed the existing open access literature in K-12 online learning and report on a structured content analysis of selected documents. Previous reviews of the research on K-12 online learning have used both qualitative and quantitative methods (Cavanaugh, 2001; Cavanaugh, 2004; Rice, 2006; Smith, Blomeyer & Clark, 2005). These reviews were limited to dozens of studies and reports, compared to recent reviews of the literature on adult online learning, which included hundreds of studies (e.g., Machtmes & Asher, 2000; Allen, et al., 2002; Bernard, et al., 2003; Shachar & Neumann, 2003; Ungerleider & Burns, 2003). As an example of the growth in the published literature in K-12 online learning, of 226 publications that were reviewed for this paper and published since 1997, 29 were published during the first three years of that period and 69 were published since 2006.

The findings of the previous reviews were limited to generalizations about broad effectiveness because insufficient data were available to substantiate analysis of factors that contributed to effectiveness. However, the picture is changing as data from the first ten years of virtual schooling have become available. This paper moves beyond the blanket endorsements of the effectiveness of virtual schooling to examine the themes that are prevalent in the open access documents published online from 1997 to July 2008. Examining these themes revealed the emphases in virtual schooling research as well as the needs for future study.

**Literature Review**

To date, the amount of research evidence in refereed journal publications and papers from refereed conferences in the field of virtual schooling is limited (DiPietro, Ferdig, Black, & Preston, 2008). Much of the published literature is based upon the personal experiences of those involved in the practice of virtual schooling; as well, much of the research is available only in unpublished masters’ theses and doctoral dissertations. In many ways, this is indicative of the foundational descriptive work that often precedes experimentation in any scientific field. In other
words, it is important to know how students in virtual schools engage in their learning in this environment prior to conducting any rigorous examination of virtual schooling.

Expanding upon his definition of a virtual school, Clark (2001) indicated that there were different types of virtual schools, which he categorized in seven ways (see Table 1).

Table 1

*Clark’s Seven Categories of Virtual Schools*

<table>
<thead>
<tr>
<th>Type</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>State-sanctioned, state-level</td>
<td>Virtual schools operating on a state-wide level, such as the Florida Virtual School</td>
</tr>
<tr>
<td>College and university-based</td>
<td>Independent university high schools or university-sponsored delivery of courses to K-12 students, such as the University of California College Prep Online (UCCP).</td>
</tr>
<tr>
<td>Consortium and regionally-based</td>
<td>Virtual schools operated by a group of schools or school districts, such as the Virtual High School (VHS)</td>
</tr>
<tr>
<td>Local education agency-based</td>
<td>Virtual schools operated by a single school or school district, such as the Gwinnett County Online Campus.</td>
</tr>
<tr>
<td>Virtual charter schools</td>
<td>Virtual schools created under the charter school legislation in many states, such as Connections Academy, also commonly known as cyberschools.</td>
</tr>
<tr>
<td>Private virtual schools</td>
<td>Virtual schools that are operated in the same manner as a brick and mortar private school, such as the Christa McAuliffe Academy.</td>
</tr>
<tr>
<td>For-profit providers of curricula, content, tools and infrastructure</td>
<td>Companies that act as vendors for the delivery of courses or the use of course materials, such as APEX Learning.</td>
</tr>
</tbody>
</table>

Watson, Winograd, and Kalmon (2004) offered a slightly different classification consisting of five types of virtual school, which were summarized by Rice (2006) in Table 2.

Table 2

*Watson, Winograd, and Kalmon’s Five Categories of Virtual Schools (p. 427)*

<table>
<thead>
<tr>
<th>Type</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Statewide supplemental programs</td>
<td>Students take individual courses but are enrolled in a physical school or cyber school within the state. These programs are authorized by the state and overseen by state education governing agencies.</td>
</tr>
<tr>
<td>District-level</td>
<td>Are typically operated by autonomous districts and are typically...</td>
</tr>
</tbody>
</table>
supplemental programs not tracked by state agencies.

| Single-district cyber schools | Provide an alternative to the traditional face-to-face school environment and are offered by individual districts for students within that district. |
| Multi-district cyber schools | Are operated within individual school districts but enroll students from other school districts within the state. This represents the largest growth sector in K-12 online learning. |
| Cyber charters | Are chartered within a single district but can draw students from across the state. |

Barker, Wendel, and Richmond (1999) provided a similar but more exclusive definition of a virtual school as “one that offers the mandated provincial instructional program to students through web-based means (i.e., computer-mediated and online via the Internet)” (p. 2). In the full description, Barker et al. stated that a virtual school was one where students were enrolled full-time in the virtual environment. According to this definition, most statewide virtual schools (such as the Florida Virtual School (FLVS)) and the longstanding Virtual High School Global Consortium (VHS) only provided virtual schooling opportunities, but were not virtual schools. Within the literature, Clark’s definition has been generally accepted.

It should be understood that there is a great deal of variety in the different types of virtual schools that currently operate in North America, and virtual schooling is primarily a North American phenomenon (Cavanaugh, Ferdig, Johnson, Lowes, Smith, & Blomeyer, 2006). Powell and Patrick (2006) found that while many other countries operate some form of Web-based or online curricular support program for students and teachers (e.g., a SchoolNet such as the one found at [http://www.schoolnet.org.uk/](http://www.schoolnet.org.uk/)), and some even offer Web-based or online distance education programs, of the 30 countries surveyed, only Canada and the United States operate entities that can be classified as virtual schools. In fact, Australian Glenn Russell is one of the few scholars outside of North America who has written about virtual schooling (e.g., Russell, 2001, 2006b).

Barbour and Reeves (2009) have classified virtual schooling literature as outlining the benefits of virtual schooling or describing the difficulties or challenges of virtual schooling. They argued that the benefits could be divided into five main areas: expanding educational access, providing high quality learning opportunities, improving student outcomes and skills, allowing for educational choice, and achieving administrative efficiency (see Table 3).

### Table 3

*Benefits of Virtual Schooling (Barbour and Reeves, 2009, p. 409)*

<table>
<thead>
<tr>
<th>Benefit</th>
<th>Selected References</th>
</tr>
</thead>
<tbody>
<tr>
<td>Higher levels of motivation</td>
<td>Kellogg and Politoski (2002)</td>
</tr>
<tr>
<td>Expanding educational access</td>
<td>Berge &amp; Clark (2005); Cavanaugh (2001);</td>
</tr>
</tbody>
</table>
However, whether these benefits are realized through virtual schooling remains in doubt in the minds of some critics, and the research to support these conjectures is limited.

Along with the benefits, there were a number of challenges associated with virtual schooling. Barbour and Reeves described these challenges as the high start-up costs associated with virtual schools, access issues surrounding the digital divide, the approval or accreditation of virtual schools, and student readiness and retention issues (see Table 4).

Table 4

Challenges of Virtual Schooling (Barbour and Reeves, 2009, p. 111)

<table>
<thead>
<tr>
<th>Challenge</th>
<th>Selected References</th>
</tr>
</thead>
<tbody>
<tr>
<td>High start-up costs associated with virtual schools</td>
<td>Cavalluzzo (2004); Morris (2002)</td>
</tr>
<tr>
<td>Access issues surrounding the digital divide</td>
<td>Hernandez (2005)</td>
</tr>
<tr>
<td>Approval or accreditation of virtual schools</td>
<td>Berge &amp; Clark (2005)</td>
</tr>
<tr>
<td>Student readiness issues and retention issues</td>
<td>Ballas &amp; Belyk (2000); Barker &amp; Wendel (2001); Berge and Clark (2005); Bigbie &amp; McCarroll (2000); Cavanaugh, Gillan, Bosnick, Hess, &amp; Scott (2005); Clark, Lewis, Oyer, &amp; Schreiber (2002); Espinoza, Dove, Zucker, &amp; Kozma (1999); Haughey &amp; Muirhead (1999); Kozma, Zucker, &amp; Espinoza (1998); McLeod, Hughes, Brown, Choi, &amp; Maeda (2005); Zucker &amp; Kozma (2003)</td>
</tr>
</tbody>
</table>
The literature that reports research on virtual schooling tends to fall into one of two categories: research into the effectiveness of virtual schooling (see Barbour & Mulcahy, 2006, 2008; Cavanaugh, 2001; Cavanaugh et al., 2005) and student readiness and retention issues (those studies listed in Table 4 under the heading “Student readiness issues and retention issues”). Over the past decade, several studies have shown that the only students who were typically successful in online learning environments were those who had independent orientations towards learning, who were highly motivated by intrinsic sources, and who had strong time management, literacy, and technology skills (Cavanaugh, 2007). These characteristics are consistent with traits that are typically associated with adult learners. The problem with this focus is that adults learn differently from children and adolescents (Bright, 1989; Cavanaugh et al., 2004; Knowles, 1970; Moore, 1973; Vygotsky, 1962, 1978). This supposition has led to the call for more research into the factors that account for K-12 student success in online learning.

**Methodology**

Qualitative metasynthesis involves synthesizing literature to provide an overall perspective on a given topic or issue (Thorne, Jensen, Kearney, Noblit, & Sandelowski, 2004). The authors used a type of metasynthesis called template analysis, which entailed designing a template for the coding of the literature (Au, 2007). For our metasynthesis, the literature about K-12 virtual education was collected from systematic searches of refereed conference proceedings, refereed journals, dissertation indexes, and reports in the education press. A significant portion of the research and reporting on K-12 distance education had been conducted by public and private research centers (e.g., the North Central Regional Educational Laboratory or the Appalachian Technology in Education Consortium), which required the authors to search the World-Wide Web using the Google® search engine and Google® Scholar. Search terms included but were not limited to the following: *virtual school*, *cyberschool*, *K-12 online learning and distance education*, *web-based learning*, and *e-learning*. Our analysis was based on both the general literature on virtual schooling and the research on virtual schooling.

A systematic review of the literature in K-12 online learning provides a history of this new field of inquiry as well as a context for decision-making. Content analysis of the documents, such as metasynthesis, reveals the values and needs that dominate a field in its early stages (Marshall & Rossman, 1999). Content analysis is also used to study distance education at the level of the course, across programs, and within the literature. Recent studies have analyzed the content of titles, authors, and abstracts of distance education articles (e.g., Ritzhaupt, et al, 2007; Rourke & Szabo, 2002).

This metasynthesis commenced with a description of the literature base and its purposes. Template construction afforded both a classification of the literature and its meanings and messages. The categories for the template were drawn from current emphases within the field. The broad themes were the models of virtual schooling (seven categories), the roles of professionals in virtual schools (seven categories), benefits and challenges of virtual schooling (ten categories), adopted standards for virtual school courses (six categories), and adopted
standards for virtual school teaching (thirteen categories). Documents were coded according to whether they address each category. This coding matrix was consistent with the broad to narrow classification used in template analysis. The categories revealed patterns of an emerging and maturing field of educational study. An inductive process was applied to the categories to draw inferences about the body of literature and about practice in the field (Merriam, 1998).

From an initial sample of over 500 literature sources, 226 documents met the inclusion criteria of relating directly to K-12 online learning and being openly Internet-accessible. The documents included refereed journal articles and conference papers, books and chapters, evaluation reports, dissertations, and online publications. The decision to use only open access documents was made for two reasons. The initial search of literature revealed that individuals outside of the academy authored the majority of documents; thus, the authors may not have regular or free access to subscription-based publications. Also, because the authors were interested in presenting this paper to the practitioner community, we wanted to ensure that this audience was able to access the documents on which our metasynthesis was based. An additional consideration in reviewing the literature of a rapidly-changing field like K-12 online learning was to account for effective practices that emerged from practitioners and evaluators before they were studied and published by the researcher community. Although the literature describing K-12 distance education reached back to the 1930s, the first uses of online learning and virtual schooling only began to appear in 1997. The pace of research and other documentation of K-12 online learning rose steadily from 1997 through 2008 across all document types. Each document was reviewed by two of the three coders. The individual coder used an MS Excel spreadsheet to indicate the presence or absence of a particular theme in the document. After the three coders completed their coding, the spreadsheets were compiled. There was 85% inter-coder agreement. The emergent categories and inferences from this body of work follow.

**Results**

The results of our metasynthesis were organized according to the five thematic areas that we identified in the methodology. The first theme of analysis that we considered was the type of virtual school. We utilized an inclusive combination of Clark's (2001) and Watson et al.'s (2004) categories to account for all identified and accepted categories of virtual schools.

**Table 5**

*Percentage of Literature about Different Types of Virtual Schools*

<table>
<thead>
<tr>
<th>Type of Virtual School</th>
<th>Percent of Literature</th>
</tr>
</thead>
<tbody>
<tr>
<td>Statewide</td>
<td>53</td>
</tr>
<tr>
<td>University</td>
<td>15</td>
</tr>
<tr>
<td>Consortium, multi-district</td>
<td>38</td>
</tr>
<tr>
<td>Single-district, LEA</td>
<td>32</td>
</tr>
<tr>
<td>Charter</td>
<td>26</td>
</tr>
</tbody>
</table>
The literature reflected a great deal of variety in the types of virtual schools that operated in North America; there was likewise a sizeable quantity of literature about each category of virtual schools. A smaller percentage of literature focused upon university, private, and for-profit provider virtual schools, which we attributed to the fact that these categories of virtual schools make up a smaller percentage of the virtual school community. The higher percentage of statewide and consortium/multi-district virtual schools was likely related to the fact that these two forms of virtual schooling were among the first to appear in North America and have a history established over the past decade.

As of fall 2007, only eight US states had neither multi-district full-time nor multi-district supplemental virtual school programs (Watson & Ryan, 2007). Since then, Wyoming has announced plans to implement a state virtual school, and several other states have expanded their virtual school. The lines between public and private virtual schools has blurred as public online schools choose to become franchises for private course vendors. Virtual schooling has also been growing in Canada as more rural districts in Western Canada and more districts throughout the populous province of Ontario become involved in consortium like the Ontario Learning Consortium (see http://oelc.ca/) (O'Haire, Froese-Germain, & Lane-De Baie, 2003). The literature has not yet addressed the relative efficacy of teacher-developed, school-developed, and vendor-developed courses.

The second theme we analyzed was the professional role addressed in the document’s findings and/or recommendations: instructors, support staff (tutors, technical support, guidance, media specialists, etc.), administrative/management, or course designer/developer. These categories originated in the virtual school professional preparation and development spectrum and continued developed for Professional Development for Virtual Schooling and Online Learning (available at http://www.nacol.org/docs/NACOL_PDForfVSandOlnLrng.pdf).

### Table 6

**Percentage of Literature about Various Levels of Impact**

<table>
<thead>
<tr>
<th>Level of impact</th>
<th>Percent of Literature</th>
</tr>
</thead>
<tbody>
<tr>
<td>Teacher</td>
<td>83</td>
</tr>
<tr>
<td>Designer</td>
<td>33</td>
</tr>
<tr>
<td>Site facilitator</td>
<td>34</td>
</tr>
<tr>
<td>Administrator</td>
<td>54</td>
</tr>
<tr>
<td>Guidance counselor</td>
<td>15</td>
</tr>
<tr>
<td>Technology coordinator</td>
<td>20</td>
</tr>
</tbody>
</table>
As noted earlier, the literature about virtual schooling largely focused upon descriptive work that often precedes experimentation in most new fields. The high percentage of literature related to the roles of teachers and administrators supports this belief, as much of this literature concentrated on the practice of virtual schooling and its implementation within the K-12 context. Indeed, the success of any school hinges on the educators who are in direct contact with students and on the administrators who support them (Darling-Hammond, 2000). Other support personnel including media specialists and site facilitators are pivotal to the success of schools (Lance, 2005; Kleiman, 2007) but have a less central role (Cavanaugh & Cavanaugh, 2007). Therefore the roles of teachers and administrators received the majority of the scrutiny, while the impact of other professionals was just beginning to be explored.

The third thematic area pertained to the benefits and challenges that had been identified by Barbour and Reeves (2009) in their review of the literature.

**Table 7**

*Percentage of Literature about Various Benefits and Challenges*

<table>
<thead>
<tr>
<th>Benefit or Challenge</th>
<th>Percent of Literature</th>
</tr>
</thead>
<tbody>
<tr>
<td>Motivation</td>
<td>35</td>
</tr>
<tr>
<td>Expanding educational access</td>
<td>60</td>
</tr>
<tr>
<td>High quality learning opportunity</td>
<td>45</td>
</tr>
<tr>
<td>Improving student outcomes and skills</td>
<td>38</td>
</tr>
<tr>
<td>Educational choice</td>
<td>33</td>
</tr>
<tr>
<td>Administrative efficiency</td>
<td>22</td>
</tr>
<tr>
<td>Start-up costs</td>
<td>37</td>
</tr>
<tr>
<td>Access issues</td>
<td>41</td>
</tr>
<tr>
<td>Approval/accreditation</td>
<td>22</td>
</tr>
<tr>
<td>Student readiness/retention</td>
<td>27</td>
</tr>
</tbody>
</table>

Based upon this analysis, much of the literature about the benefits of virtual schooling was focused upon the promise of virtual schooling and its initial rationale for implementation (i.e., the ability to expand access to educational opportunities to students in a variety of jurisdictions or the opportunity to provide high quality learning through virtual schooling). On the other hand, the literature related to the challenges of virtual schooling was focused upon largely administrative issues (i.e., the high start-up costs associated with virtual schools, access issues surrounding the digital divide).

The promise of virtual schooling as the focus of the benefits-related literature was noteworthy because the literature about the advantages of online learning generally was mixed. For example, there was no agreement in the education community or the public that online learning provides
high quality learning experiences at any level. Reeves (2003) concluded that there is almost no evidence to support the claim that instructors who adopt new and emerging technologies also adopt new pedagogy. Further, Herrington, Reeves, and Oliver (2005) concluded that commercial course management systems restrict most instructors to the delivery of information rather than to the provision of engaging, authentic learning experiences. So although virtual schools may facilitate better instruction than the traditional classroom, there is no guarantee that this will occur.

The fourth theme corresponded with NACOL’s *National Standards for Quality Online Courses* (available at [http://www.nacol.org/nationalstandards/NACOL%20Standards%20Quality%20Online%20Courses%202007.pdf](http://www.nacol.org/nationalstandards/NACOL%20Standards%20Quality%20Online%20Courses%202007.pdf)). Rather than using the individual standards as variables, we chose to code the standard areas. For example, the standard area of content included the following specific standards: clear and measurable objectives; alignment with content standards; alignment with required assessments; sufficient rigor, breadth, depth; integrated ICT skills; clear, complete overview and syllabus; requirements consistent with goals; information about communication with instructor; copyright issues addressed; clear expectations regarding academic integrity, netiquette; clear privacy policies; instructor resources included; and assignment and assessment keys included. We coded whether the document addresses the following online course standard areas: content, design, assessment, technology, management, and/or 21st century skills. While it may be revealing to explore the presence of each individual standard in the literature, the body of literature appeared too limited for such examination at this time.

**Table 8**

*Percentage of Literature about Online Course Standard Areas*

<table>
<thead>
<tr>
<th>Online Course Standard Area</th>
<th>Percent of Literature</th>
</tr>
</thead>
<tbody>
<tr>
<td>Content</td>
<td>53</td>
</tr>
<tr>
<td>Design</td>
<td>43</td>
</tr>
<tr>
<td>Assessment</td>
<td>52</td>
</tr>
<tr>
<td>Technology</td>
<td>78</td>
</tr>
<tr>
<td>Management</td>
<td>33</td>
</tr>
<tr>
<td>21st century skills</td>
<td>18</td>
</tr>
</tbody>
</table>

Unlike the majority of themes we analyzed, this theme had a considerable percentage of literature distributed across each of the categories. The amount of literature concentrated on the technology standard area was clearly dominant, understandably so for an educational enterprise mediated entirely by technology. Apart from technology, approximately one half of the literature touched upon the standard areas related to course content and design. The lower percentage for the 21st century skills standard area may be related to the fact that the *Partnership for 21st Century Skills*
(see http://www.21stcenturyskills.org/) only began in 2004, which reflected approximately the final four years of the twelve year time frame considered in our analysis.

Across virtual schools, course-level decisions are not made in uniform ways or in ways that resemble such decision-making in physical schools. A continuum of course development responsibility is evident in virtual schooling. At one end, teachers and/or designers make all content and design decisions at the school level. At the other end, vendors make all content and design decisions, and the role of the schools is to purchase and distribute courses to students. Schools select their level of involvement in course development based on personnel, funding, time, and other factors (Cavalluzzo, 2004).

The final thematic area corresponded with NACOL’s National Standards for Quality Online Teaching (available at http://www.nacol.org/nationalstandards/NACOL%20Standards%20Quality%20Online%20Teaching.pdf). As with the previous theme, we coded for the broad standard topic and not the individual standards within each area.

Table 9

<table>
<thead>
<tr>
<th>Online Teaching Standard</th>
<th>Percent of Literature</th>
</tr>
</thead>
<tbody>
<tr>
<td>Teaching A-Credentials</td>
<td>37</td>
</tr>
<tr>
<td>Teaching B-Tech Skills</td>
<td>20</td>
</tr>
<tr>
<td>Teaching C-Strategies-active</td>
<td>43</td>
</tr>
<tr>
<td>Teaching D-Leadership, feedback</td>
<td>49</td>
</tr>
<tr>
<td>Teaching E-Legal, ethical, safety</td>
<td>8</td>
</tr>
<tr>
<td>Teaching F-Experiential OLL</td>
<td>5</td>
</tr>
<tr>
<td>Teaching G-Special Needs</td>
<td>36</td>
</tr>
<tr>
<td>Teaching H-OL Assessment</td>
<td>27</td>
</tr>
<tr>
<td>Teaching I-Goals &amp; Standards</td>
<td>42</td>
</tr>
<tr>
<td>Teaching J-Data in Instruction</td>
<td>14</td>
</tr>
<tr>
<td>Teaching K-Frequent assessment</td>
<td>7</td>
</tr>
<tr>
<td>Teaching L-Collaborate w/colleagues</td>
<td>17</td>
</tr>
<tr>
<td>Teaching M-Media &amp; materials for education</td>
<td>30</td>
</tr>
</tbody>
</table>

The most frequently referenced teaching standards in the literature related to the core behaviors of online student-teacher interaction: use of active learning strategies and feedback to students. These standards were followed in frequency by the three that are related to policy and compliance: goals and standards, addressing the needs of all learners, and teaching credentials. The next group of three standards addressed materials and technology, followed by two standards that addressed professional behavior: collaboration with colleagues and use of data to drive
instruction. Providing frequent meaningful feedback to students and preparing active learning experiences were accepted as critical elements in both distance and face-to-face teaching (Jonassen, et al., 2008; Moore, 2007), so it was no surprise that they figure prominently in the literature about virtual schools.

Conclusions and Implications

To date, the literature on virtual schooling has concentrated upon first defining and then describing the benefits and the challenges of K-12 online learning. The research in the field in the earlier years (i.e., 1990s) focused on the effectiveness of virtual schooling by comparing it to traditional schooling and issues surrounding student readiness for and retention in virtual schooling. In recent years (i.e., post-2000), the growing body of literature shifted to a refined description of practice and outcomes in virtual schools. Our analysis of the open access literature indicated that a majority of that literature focused on statewide and consortium/multi-district virtual schools, the roles of teachers and administrators, the promise of virtual schooling and its initial rationale for implementation, administrative challenges, the technology utilized, and interaction with students.

However, the amount of empirical research was still limited. Based on the limited research included in our metasynthesis and in our review of the literature for the preparation of this manuscript, we have identified areas for future research. The first area is to establish best practices for online teaching strategies. Dipietro et al. (2008) was one of the few studies that examined effective asynchronous teaching strategies in virtual schooling (Cavanaugh, 2007; Clark, 2007). Some of the literature provided personal accounts of strategies that teachers at the FLVS and the VHS find useful (Elbaum, McIntyre, & Smith, 2002; Johnston, 2004; Johnston & Mitchell, 2000; Pape, Adams & Ribeiro, 2005; Zucker & Kozma, 2003), but there has not been systematic research into the best practices of virtual school teaching strategies, particularly asynchronous teaching strategies (Hill, Wiley, Nelson & Han, 2004; Rice, 2006).

The second area is to improve upon the identification of characteristics that are necessary for adolescents to be successful in online learning environments and to provide remediation for students who are lacking these characteristics. The range of students enrolling in online learning opportunities is expanding (Barbour & Mulcahy, 2007; Cavanaugh, 2007). Yet the ability of virtual schools to support a broad range of student abilities appears to be limited. After describing the promising results associated with the use of the Educational Success Prediction Instrument (ESPRI), Roblyer (2005) stated that the next step in this line of inquiry is to create materials to assist in the remediation of those students whose ESPRI results indicated potential for problems. Rice (2006) also suggested that researchers need to continue the research into and development of prediction tools, such as the ESPRI.

The third area concerns how virtual school and brick-and-mortar school personnel can encourage more interaction between in-school and online classmates. Interaction was one of the key components to create a learning community for virtual school students (Barbour, 2007). Research
into the field of learning communities in online learning environments has been growing over the past decade (e.g., Alavi & Dufner, 2004; Berg, 1999; Carabajal, LaPointe, & Gunawardena, 2003; Dirkx & Smith, 2004; Fung, 2004; Hill, 2002; Hill, Raven, & Han, 2007; Kollock, 1998; McAlpine, 2000; Rovai, 2001; Stacey, 1999). However, like the literature on distance education and online learning in general, the research into online learning communities is almost exclusively focused upon adult populations (including all of the references cited above). There is a shortage of research exploring the development of K-12 online learning communities.

Finally, the fourth area is to examine the quality of student learning experiences in virtual school environments, especially those of lower performing students. As stated earlier, the range of students enrolling in online learning opportunities is expanding. Scherer (2006) indicated that as the range of students with new and different needs expands, research is required to ensure that online learning is a realistic and accessible opportunity. Research studies investigating the online learning experience for lower performing students will assist personnel to design appropriate supports as this particular population of students continues to grow within virtual schools.
References


---

1 Some have contested the belief that children and adults learn differently (see Bransford, Brown, & Cocking, 2003).