Pioneer weekend aims for excellence

Annual event brings pride

By Joel Felicio
Contributing Writer

If students are looking for a chance to get involved and build their school spirit, Pioneer Weekend is just what the doctor ordered.

The annual fun-filled weekend, sponsored by the Programming Board, returns to campus on the 15, 16, and 17 of September. "People have worked hard to make this year's Pioneer Weekend possible," says Geane Peloso, program assistant at Student Activities, "and we hope students get involved in the activities."

The events start Friday night at 8 p.m. in the South lot with a bonfire and pep rally for fall sports teams' announcements. Also the alternative band called "Day of Reckoning" will perform in the South lot at 9 p.m.

"There are always so many events and activities during Pioneer Weekend," says Matt Stavinski, a junior Psychology major from Meriden, CT. "I wouldn't miss it this year for my life."

The marching band struts its stuff during last year's Pioneer Weekend. This years event also features the kickoff football game.

Cordova to teach seminar

Special To The Spectrum

Ricardo Cordova is the university's current Fulbright Scholar in Residence. Professor Cordova joins us from San Salvador, El Salvador where he is Executive Director of the Guillermo Ungo Foundation.

"Ricardo brings to the University a rich teaching, consulting and research background," said Dr. Katherine Kidd, director of Global Studies. Cordova has more than 30 publications in books and journals in Europe, Latin America and the U.S. added Kidd.

Professor Cordova's research and consulting has been supported by grants from the Ford Foundation, the Tinker Foundation, US Agency for International Development, the United Nations University and others. Cordova has taught in El Salvador and at the University of Pittsburgh and Florida International University in the U.S. He is presently the President of the Central American Sociological Association.

Kidd noted that Cordova's primary areas of interest are political culture and political parties in the top 10% of colleges in the country as far as cutting edge technology, "says Ed Malin, acting vice president and provost of the University, "This technology offers every student, commuter or resident, the opportunity for computer literacy and computer communication skills which are crucial in today's job market."

The newly upgraded computer systems provide students and faculty access to software such as Windows For Workgroups, Microsoft Office and Netscape, a worldwide Web browser.

An array of new IBM compatible machines, 750 laptops and a network that allows everyone to stay connected, are major components of a Computing Technology Plan driving Sacred Heart University down the information highway. "Sacred Heart is among the top 10% of colleges in the country as far as cutting edge technology," says Ed Malin, acting vice president and provost of the University, "This technology offers every student, commuter or resident, the opportunity for computer literacy and computer communication skills which are crucial in today's job market."

The newly upgraded computer systems provide students and faculty access to software such as Windows For Workgroups, Microsoft Office and Netscape, a worldwide Web browser.

"The availability of information on the Web," says Malin, "can only help increase the overall quality of students' work."

In addition, the Proquest CD-ROM system in the Ryan-Matura library has been added to the campus wide Network. The move is linked to a mandate by Dr. Anthony J. Cernera, president of the University, that ties the Student Mobile Computing Program and the library together, stating the need for students to have access to library services via the network. "Students don't have to go to the library and wait in line for the Proquest terminals anymore," says Paul Sebben, manager of networking telecommunications. "It can be tapped into by all of the laptops and computer labs. The theme for the future is information."

CWIS, a Campus Wide Info Service, will also be implemented onto the Network in the near future.
Abbott's work to appear on CPTV

Becky Abbott's award-winning documentary, SCHOOLING THAT WORKS, will be broadcast on CPTV on Friday Sept 15 at 10 p.m. Screening of this documentary on campus at a later date is to be announced.

The Faculty of Communications Studies has announced that Abbott has recently received another Graustein Fund grant to produce a second documentary on the subject of Connecticut's schools.

Cordova: Fulbright Scholar to teach seminar

Juan Pablo Ordonez, founder and executive director of Project Dignity for Human Rights in Columbia, will lecture at Sacred Heart University on Tuesday, Sept. 19 in the University's Faculty Lounge.

Mr. Ordonez is a lawyer who has taught at the Judicial Police Academy in Bogota, Columbia. He headed a Judicial Police Investigative Unit in Columbia before beginning his human rights work.

The lecture, "Human Rights in Columbia: The Disposables," begins at 5:30 p.m. and is free and open to the public. For more information about Mr. Ordonez and the lecture, call the Global Studies Office at Sacred Heart University, 365-7680.

Conference on ethics to take place

The 1995 Conference on Ethics will be held on Sept. 18, 8 a.m. to 12 noon. Dr. Edmund Pelligrino will speak on the subject, "When I close my eyes to sleep: the impact of assisted suicide in the United States." Special rate of $10 for all university personnel. Call REAPS at 7843.

Upscale halls provide more

BY COLLEGE PRESS SERVICE

Due to a larger-than-anticipated freshman class, about 200 students at New York University, began the school year in style last August at an off-campus hotel.

"They were living in the lap of luxury," says Virgil Renzulli, NYU's director of public affairs. "They had their own kitchens, big televisions, a health club and maid service. They didn't want to leave."

As rooms opened up on campus, however, the NYU students were transferred to residence halls, giving up their fresh towels and clean sheets for the laundry piles and the temperamental showers of dorm life.

Still, although NYU students' luxurious living situation was temporary, many of today's college students experience similar creature comforts all year long. On many campuses, upscale residence halls, complete with more privacy, nicer furniture and better food, have ushered in a new standard for student living.

"Finding the right housing for students today is like anything else on the real estate market," says Tim Maris, spokesperson for Marist College in Poughkeepsie, NY. "Students are interested in the quality of living, and they're interested in location."

To appeal to those students, Marist officials planned a series of residence halls with private bathrooms, shared living areas and complete wiring for voice, data and cable and had them built on the Hudson River shore.

Like Marist, many colleges are trying to redefine the concept of residence halls by creating new, apartment-like facilities. A recent report on new campus residence halls by American School and University magazine.

Okano brings Japanese minor

BY MICHIO UKAI CONTRIBUTING WRITER

On Aug. 18th, Kumiko Okano Kuzuhara, the new Japanese professor, arrived on Sacred Heart University campus to develop a Japanese minor.

Okano, who prefers to be called by her maiden name, majored in linguistics, and curriculum and instructional development at Northern Arizona University, and taught as a Japanese instructor for five years.

Okano said she likes everything about Sacred Heart University including the climate, the location, the friendly atmosphere and the school's emphasis on developing Japanese language courses.

According to Okano, three types of students take Japanese language: one who thinks there are some advantages in business or in the future to learn Japanese, another who likes and is simply interested in Japan, and finally the student who wants to take the second language but who has no idea which language he/she should take. In her experience, the students who want to learn Japanese progress very fast.

Ms. Okano plans to found an Association of Connecticut Teachers of Japanese (ACTJ), and dreams of a Japanese major at SHU connected to humanities, history and international business majors.

"I have too many things I want to do," she added with a smile.

Japanese professor Kumiko Okano Kuzuhara (above) came to Sacred Heart in order to develop a new Japanese minor.
Halls: more rivacy and more amenities

Continued from page 2

shows that schools are spending $25,991 per student for new residence space, up from $19,765 in 1990.

The report states that there has been a 200-foot increase in square-footage per student-up to 272 feet since 1989, as an influx of amenities.

Of the 26 new residence halls opening this fall, 93 percent will have air conditioning; 86 percent will have laundry facilities; 64 percent will be carpeted; 63 percent will include kitchens; 63 percent will have wiring for computer access to all areas of campus; 43 percent will be guarded by electronic security systems; 14 percent will include dining halls; and 7 percent will house fitness rooms.

We will have to look at campus housing in an entirely different way

Like the rest of the region, Georgia Tech and Georgia State University stand to benefit from the Olympics in Atlanta in 1996. After a monthlong stint as the housing for Olympic athletes, the newly constructed residence halls will be used by students.

Terry Sichta, Georgia Tech's director of housing, says the buildings will offer students all the amenities of apartment living, including private bathrooms, new furniture, a common suite and a kitchen-complete with a dishwasher, refrigerator and stove.

"This is the standard for which college students will soon settle," says Sichta. "We will have to look at campus housing in an entirely different way. It will be more like housing for young adults, less like housing for students."

The Spectrum needs you!!

Anyone interested in writing, photography or business - come by a pick up an application today!!

For more information call 37-7963 or 396-6100

"A great place to gain experience while giving back to Sacred Heart."
Red and White shows off Heart

Last Sunday was the first Red and White Day at Sacred Heart and one can only hope that it quickly becomes a tradition. For the first time there was an event on campus that brought faculty, staff and their families to campus to interact with the residents who now call this campus home. This is a great idea for the University. It helps break down that students/teacher barrier.

There is always a perception that the teacher's role in a student's life ends when classes are over, however there is nothing more casual than a barbecue that allows teachers to relax while taking in a big dose of their students. It also invites the teachers to become part of the Sacred Heart community.

There are a good number of professors who have never even been in a resident hall. This day helped show the faculty and staff that school doesn't have to end with the scheduled time and it showed the students that the staff has a desire to get to know them as people rather than as numbers.

Only good can come from days such as this. Let's hope there are more in the future.

Can we get some service please??

Something has to be done about the lunch service. The Dining Hall is way too crowded between noon and 2 p.m.

Last week we got out of class at 1:30 p.m. We proceeded down to the Dining Hall to grab a quick bite to eat before our next class. To our horror it was packed with starving students.

We don't have 30 minutes to stand in line for lunch. Flik, please come up with some kind of a solution fast. We suggest ready made sandwiches and bags of chips as an immediate solution, but that isn't really a solution.

It seems that once again we have outgrown our modest Dining Hall. Too many students must wait to get their food at the same time. Eventually someone must have the foresight to make the proper permanent changes.

We can't continue to modify the Dining Hall year after year.

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The Conversationally Impaired (also known as Dialog Deficient): I once survived an entire 15-month relationship with a woman in this category. A Conversationally Impaired person usually appears to be a normal human who can readily communicate with anyone. However, when on a date with a member of the opposite sex he or she is even subtly interested in, he or she experiences what trained psychiatrists refer to as "Date-Induced Tongue Stoppage" (DITTS). If this happens to both sides on a first date, then the two-hour steak and potato dinner is liable to seem slightly longer than the rather short first date trial. However, if this phenomenon afflicts only one person on the date, that's when the real disaster occurs.

"So, Sheila," he may say, "how was your day?"

"Oh," says Sheila, who can readily communicate with any trained psychiatrist, "I'm reading this great book by Dave Barry. Do you like it?"

"No." (Pause)

"I, and most of my friends, have heard this several times." (Pause)

Still, the philosophy confuses me: You have regretful relationships, so your answer to that problem is not to allow yourself to grow close to someone with whom you might have a good relationship. It's kind of like having a car that breaks down often, but instead of getting a new car, you decide not to drive anymore. I am not suggesting that dating should be simple, but you'd think it would be easier as we turn older and become more experienced. I don't think that's in the law.

Write to Chris Nicholson at: c/o Spectrum, 5151 Park Ave., Fairfield, CT 06472

Dear Editor:

I would like to begin by saying that I honestly do not believe the Administration was aware of what doors they were opening by enacting an Internet literacy program.

When I read the article by Jon McCarthy likening the new computers that the University has required as "$2,800 Playboys," I was shaken by the gross understatement. As a veteran Internet surfer, I can say that these machines are more than "$2,800 Playboys." Even calling them "$2,800 Huxleys" doesn't do justice to what is available on the Net.

In the text forum, there are the alt.sex groups, which range from the silly and playful (alt.sex.spanking), to the severe (alt.sex.bondage), to the outright repulsive (alt.sex.dildos, a news group myself and others have been trying for some time to pressure into "death" or "Forums dropping"). In these text oriented groups, one can read and discuss the sexual fetishes and other sexual fetishes, and even get into "flame wars." A "flame war" is a series of messages posted directed at a person or groups of people with the full intent of harassing the person via the written word.

The child pornographers are the worst bunch on the Net because they feel that they are protected by the First Amendment, and make a point of bringing pedophiles to any news group devoted to children or parenting and then try to overrun the group via flame wars. They have only become more obscenous as the government and law enforcement has attempted to crack down on them.

Beyond that, there are the alt.personals.bondage and was supposed to be "taboo" under the University's standards of conduct. For instance, would the Administration be truly pleased to learn that a student answered a personal as in alt.personals.bondage and was shot in the leg by the person he/she went to meet? Or suppose the FBI raided a residence hall because a student was frequently uploading pictures of graphic child pornography to the binary groups?

While the university's liability would be limited and probably a non-issue in these cases, the fact remains that the situations I have outlined are real and plausible.

Ritch Flynn
E-Mail at hongkong@prodigy.com

Dear Editor:

I hope it hasn't been presumptuous of me to expect to have a friend.

Alphonso Hayes
Hiawatha Temporary Correctional Facility

Dear Editor:

My name is Alphonso Hayes, and I am currently incarcerated at the "Hiawatha Temporary Correctional Facility." I was very grateful if I could perhaps establish a correspondence with anyone wishing to do so. Please understand that just because I am in prison does not necessarily mean that I am a criminal. We all can make mistakes, but nothing can change a particular situation. I hope it hasn't been presumptuous of me to expect to have a friend.

Alphonso Hayes
Hiawatha Temporary Correctional Facility

Kinchels, Michigan 49786-001
Trisha Leonard-Paisley: New Campus Lay Minister

By Michele Herrmann
Features Editor

Campus Ministry has a new and unique minister. She is a layperson. Trisha Leonard-Paisley will work with students involved in P.E.A.C.E., Merton House and activities at a shelter for runaways; and began a community supper program at H.O.P.E. Soup Kitchen in New Rochelle, New York.

Trisha was born and raised in New York, the oldest of four children. For the last 10 years, she lived in Massachusetts. A serious student, she attended Boston College and Weston School of Theology, where she received her undergraduate and master’s degrees. But the science of theology always fascinated her. "I've always liked subjects that asked questions, and theology seemed to ask the best questions... who am I, the important questions."

Her interest in that subject and in service began when a professor took her and a group of students to a soup kitchen in Boston. "I got really hooked. I kept coming back," she said. After that, she joined the PULSE program which is similar to Sacred Heart's service learning program. According to Trisha, a passion for social problems grew inside her. "It lead me to start pursuing it more, and taking theology courses."

Her turning point in life, working at H.O.P.E. Soup Kitchen in New Rochelle, New York, "I got really excited about it," she said. "And she is glad that she was offered the position. "This is an opportunity to help students the way I was helped by Campus Ministry," said Trisha. "I hope I can be of service to the students here."

"Our whole staff feel Trisha's experience, gifts and love of young people would be tremendous assets to Campus Ministry," said Sister Margaret Pallister, director of Campus Ministry. According to Sr. Margaret, Trisha will develop programs and work with service activities. Trisha feels grateful for her new position, and for having the chance to become part of the Sacred Heart community.

"I love it here. I feel really welcome," said Trisha.

College does pay, according to Pennsylvania survey

By Marco Buscaglia
College Press Services

Hard work in college will pay off later in life, or at least that's what your parents and academic advisors tell you, right? Well, a new study out of the Pennsylvania and University Research Center supports their claim. The income gap between college and high school graduates is growing, according to the Pennsylvania study, and in today's competitive job market, the more education you have, the better.

A study says the income gap between and high school grads is growing.

The study, which is based on census examination of 500,000 Pennsylvania residents, says the employees with college degrees saw their income rise five percent during the 1980s, while those with advanced degrees enjoyed a 20 percent rise in annual salaries.

High school graduates, on the other hand, had their earnings decline by 13 percent while high school dropouts found their incomes dropped by 11 percent.

"The odds of achieving or retaining middle-class status without one or both spouses earning a bachelor's degree are declining," says the PICURC study, which was funded by a group of 80 private colleges and universities.

"Education is usually the determining factor in terms of income level."

The study also indicates that:

- Fifty-five percent of all children 18 or younger have parents without a college degree, while 15 percent have parents who have not completed high school.
- Students from families with incomes less than $15,000 dropped out of high school four times as often as those students who came from families earning $60,000.
- Children of college graduates are more likely to earn college degrees that children of high school graduates, although 60 percent of students from each group attend at least some college.
- Women with college degrees usually marry men with college degrees while high school dropouts usually marry other high school dropouts.
- The Pennsylvania study confirms data from a report released last year by the U.S. Census Bureau, which estimated salaries over a typical 43.5 year career.

According to that study, a person without a high school diploma earns $609,000 over his or her lifetime while a high school graduate makes $821,000. A person with some college experience makes $993,000 while a community college graduate earns $1,063,000.

"There is no doubt that the higher the degree you have, the more money you will most likely make," says Greg Howard, a statistician at the Census Bureau. "With the economy as it is, and the job market becoming more competitive, the trend is almost sure to continue."
Coffee's the buzz at Stanford U.

By Wendi Williams
College Press Services

When Stanford University students buy coffee these days, they ask for it not only by flavor but by name—the names of their dorms and the buildings around campus. As students, as well as faculty and staff, can go into the school's store and buy 11 flavors of gourmet Cardinal Coffee. There's everything from Florence Moore French Vanilla to Escondido Sumatra. The most popular flavor is Lacinuta Mocha Java.

The university first ordered its specially roasted beans last December after it noticed that students were going off campus to get their caffeine buzz. So when the campus store conducted a survey about what students wanted in their beans, the response was overwhelming.

"They wanted better coffee, a whole bean program. They cared about freshness and flavor," said Jane Williams, marketing manager for Stanford University's Central Stores.

"We found that coffee is no longer a casual beverage. Students are passionate about their java," Williams said.

Since the Cardinal flavors premiered before the winter break, the store's been selling 745 pounds a month.

Because the school is a nonprofit group, it's only available to those attending or working for the university-crushing news to the hundreds of alumni who have called Williams begging for a bag of beans bearing the name of their freshman halls or dorms where they first fell in love.

When a Stanford professor, now in his 80s, came in and asked what's a cup of coffee without something to dip into it? Stanford students have asked persistently for biscotti, said Williams, who says she's looking into it. She's also considering Cardinal mugs, warmers, even party mix.

Williams said she expects that the store soon would order additional flavors, all named for campus buildings.

Assignments change from paper to computer

By Marco Bescaglia and John Ellis IV
College Press Service

Wellesley College freshman Wendy Wong remembers writing term papers in high school. "I kind of had a pattern," she said. "I would try to follow a format that I thought was effective."

That format usually included a thesis statement, footnotes and a conclusion. Now at Wellesley, it would try to follow a format that she kind of had a pattern, "she said. "I thought was effective."

For her presentation on love and sex addiction in her social work class, Maye plugged in her terminal to a TV screen and faded out text and graphics in and out while making her presentation.

"I even played a CD in the CD-ROM drive for background music. It helped set the mood," said Maye. Last year, University of Pennsylvania senior Nathan Gasser created a virtual tour of the campus as part of a class assignment. Viewers could click on each campus building and get a quick tour or what was inside, and some historical landmarks and important buildings in the city.

In some classes, computers have replaced the traditional textbook. A new program at Chicago-Kent College of Law provides 32 first-year law students with color notebook computers with all the trappings, replacing textbooks for three of the student's four classes. On each computer is material on legal writing, articles on criminal law, case histories, professor's notes and more.

Chicago-Kent hopes to eliminate all first-year law texts by 1998. But as students and professors rely more upon new technologies to communicate their ideas, could nifty computer visuals sometimes overshadow content?

"The technology really drives the students," said Tom Kushman, associate professor of sociology at Wellesley. "The computer is such a radical tool because it allows students to use technology for creative functions. They can develop a lot of skills based on their knowledge and effort, and continually open up possibilities they may have never even imagined."
Live on the lawn, with a pinch of Salt

Jason Maatzik A&L Editor

It was seven O’clock in the PM when the music and dropping temperatures settled in on the Hartford Meadows. By nine-fifteen two bands would have played and Live could begin there assault on the night. As I stepped onto the sodded and re-sodded lawn of the Meadows I could feel the energy roll around me and pull pull me in. Something big was about to hap-

pen. By the end of the night the fire extinguishers would be empty, the temperature would be a nippy fifty-six degrees and the crowd would be exhausted.

Veruca Salt was the first act and they were fantastic. I apologized to all of their well-versed fans out there for I know nothing about the group. However after hearing them Sunday night I intend to. The sound was intense and electrifying. The lyrics and vocals were sweet and supreme.

For those of you who know less I can tell you that Veruca Salt hail from Chicago along with the Smashing Pumpkins. The two bands could often be found performing together.

P.J. Harvey was the next act. I was very anxious to hear her; for prior to the concert I had seen and been told many positive tid-bits about this performer. Following her forty-five minute act, however, I had only one word: freak! The music did nothing for me. If I was dying and I needed something to spark any human interest in me and her music was the only thing to save me I would die five minutes faster. The lyrics and her voice were bland and non-descriptive. For example one of the songs went like this: “big fish little fish swimming in the water, give me back my daughter”. I guess if you repeat that between ten and twenty time you get a P.J. Harvey song.

Needless to say, following Miss Harvey. Live had some ground to pick. The crowd was covered in a little less than a minute when the band opened with “The Damn at Otter Creek”. The bass was mixed and the first few cord shook my ribs. After sleeping the P.J. Harvey lighting crashed and rocked the crowd.

Following “The Damn at Otter Creek” Live slide-right into “Selling the Drama”. For the next two hours Live span through a plethora of songs including the entire Throwing Copper album, an array of songs from their first album and some new songs.

Following “Wizardress” was a brief interlude occupied by a track by the Ancient Romans who set up altars to pagan gods around their villas.

Today, according to The Encyclopedia on Bad Taste, the lawn ornament industry has evolved to plastic and wooden molds of birds, frogs, gnomes, and cherubs, among other tasteless items.

The flamingo design was introduced first in the 1950’s when Florida was becoming a popular vacation and retirement location. Until 1957, the flamingo was a flat wood cutout. Then, a young art student began working at Union Products, a plastics company that had already been experimenting with 3-dimensional plastic lawn ornaments such as a cat and a fake fire hydrant.

The student, Don Featherstone, designed the first 3-dimensional plastic lawn flamingo. Since 1957, the original casting die has been altered only minimally. Featherstone is now the vice-president of Union Products and could not be prouder of his brain child. People magazine quotes him as saying that his flamingos have “beautified America.”

For many years, the flamingos nested in the American subculture. It was not until the 1980’s when the boom in the plastic flamingo industry occurred.

Retro was becoming hip. John Waters produced a film named Pink Flamingos starring the late drag queen Divine. The television show “Miami Vice” showed live flamingos during the credits. The crowning moment of the mainstreaming of plastic flamingos occurred when People Magazine said the flamingos were “elementary icons of bad taste.”

Lawn ornamentation of all kinds is basking in its glory days. Once seen as a symbol of low-class landscaping, bad taste is now popular with all classes of society (although I doubt the pink flamingos will appear on the front yard of the White House).

Some people are ashamed of their pink plastic critters, opting to place them in the backyard or even in the house as retro-flip living room decor.

At my home, a herd of flamingos roam throughout the yard—sometimes in the front, back, and sometimes roosting in the hedges. Flamingos also reside in our kitchen and bathrooms.

According to Union Products, 250,000 flamingos are sold each year. Five pairs belong to my mom. Union Products also notes that while a state-by-state record of sales is not kept, it has been observed that New Jersey buys many of these tacky status symbols. So, who would have thought that someone actually sat down and invented a plastic pink flamingo? The symbol of bad taste in the United States is often taken for granted as these proud birds balance on their metal legs.

The next time a flamingo is spotted, whether in your estranged neighbor’s yard or in your own, reflect on its roots and think about how bland life would be without a pink flamingo.
Year of the riot girl

Morissette’s “Pill” brings back feminism

By Danielle Nolan
Asst. A&L Editor

When I returned to Sacred Heart last week, I was approached by my new editor and asked to write a story on a topic of my choice which dealt with arts and entertainment. Immediately, the first thought that entered my mind was that of Alanis Morissette, undoubtedly my new favorite singer.

Her first single, and smash hit, was, my favorite, the provocative and angry song “You Oughta Know” in which she confronts an ex-lover who shunned her for an “older version” of herself. Upon hearing the song for the first time, I thought of the many broken-hearted ex-girlfriends, including myself, who could relate so vividly to the lyrics.

Morissette’s latest single, “Hand In My Pocket,” is a mellow song which gives hope in saying “everything’s gonna be fine, fine, fine.” She’s broke, lost, and restless, familiar to all of us college students.

Ottawa, Canada native Alanis Nadine Morissette has had her odeon TV hit “You Can’t Do That On Television.”

Morissette sprung onto the music scene here in the U.S. just this past summer. After hearing “You Oughta Know” only a handful of times, I, along with many others, purchased Morissette’s latest album. After listening to the entire CD, I discovered I enjoyed almost every song.

The album opens with a song perfectly titled “All I Really Want.” In this song, Morissette describes her wish for peacefulness and calmness in her life. She plays the role of an overbearing parent in the song “Perfect” and a revengful ex-business acolyte in “Right Through You.” The side ends with the controversial “Forgiven” in which Morissette sings about her Roman Catholic religion.

The reverse side begins with “You Learn,” a song about living and learning from the curves life throws you. Next is “Head Over Feet” which describes a healthy relationship in which Morissette’s boyfriend actually asks how [her] day was.

The album precedes with “Mary Jane” and then “Ironic,” one of my personal favorites. “Ironic” describes how, in life, nothing ever seems to go right. Rounding out the album are “Not the Doctor” and “Wake Up” in both of which Morissette explains she will not be taken for granted by her male companion.

Just when you think you have heard all 12 tracks, a 13th begins. A different, and perhaps better, version of “You Oughta Know” is played and then about a minute later an unplugged “Your House” begins. An a cappella story, “Your House” describes Morissette’s venture to an old boyfriend’s home while he is out. In the May 13, 1995 issue of Billboard Magazine, Morissette says the song was recorded live at her producer’s studio. All the vocals are one take and we threw out anything that felt too inhibited.” In the song, she puts on his clothes, plays his CDs, and cries after finding a letter from his new girlfriend. Seeming distraught she says, “Would you forgive me love if I cried in your shower?” Alanis Morissette may not be for everybody, yet, she certainly is for me. Her songs do not necessarily rhyme or even make sense, they flow and tell a story. The songs describe true feelings about life, love, and relationships. Her music may be mean and loud at times but it is the truth and it, very obviously, comes from her heart.

"Proudly displaying all the scars and fissures in her voice, she..."
Women's soccer gives key defensive performance despite loss

Joe Collett
Assistant Sports Editor

The Women’s Soccer Team has gotten off to kind of a slow start for the 1995 season. The Lady Pioneers are holding a 1-4 record with their recent overtime loss of 4-2 to the women of Quinnipiac.

As the game went, Quinnipiac scored first. Then Jen Fallon came right back to tie it up making it a 1-1 game. Quinnipiac came back and scored again giving them a 2-1 advantage. Then late in the game, Jen Fallon came up big with a goal assisted by Dena Young. This made the score an even 2-2. Now it’s over-time.

Men’s soccer plagued with injuries

Joe Collett
Assistant Sports Editor

The Men’s Soccer Team kicked off its 1995 campaign with a 2-2 record. An improvement on last year’s record of 7-11-1 is greatly desired by this team. Not making the playoffs last year was a major contributor to the desire for success.

This year has seen its share of injuries which has not allowed the team to play its greatest talent on the field. Head Coach Joe McGuigan feels the effect of losing key players.

“We haven’t been healthy and this has been a giant hindrance. We just don’t have our best players on the field,” said McGuigan.

Even though some players are missing from the lineup, other players are stepping up. Markel Thompson is leading the team with four points. Steve Mooney and Richard Raupp are tied for second with two points each, and Tim Chase and Tom Garfield are also tied at third on the team with 1 point.

The Pioneers are 0-0 in the NECC, and most of the league are in the second half of the season.

“These next two games will really decide what our season will be like,” said McGuigan. “So if these next two games go well and we stay healthy for our league games in the second half of the season, one of the toughest times to stay healthy, then good things will happen.”

Field hockey is ready for action

Melissa Libby
Contributing Writer

The 1995 field hockey squad has its best group of talent that the team has ever seen. Strong performances are still given up by the team’s core of juniors and seniors who were there at the start.

The sophomores, after a year of college level play, are also contributing to the success of the team.

This year we are also going to see a crop of freshman players who are intensely competitive and are going to become powerful contributors to the team’s success.

The team started off with a 2-0 record in the pre-season with victories over Connecticut College and William Patterson.

The team looks to a positive and successful year.

18 bowl games certified

The NCAA Special Events Committee has agreed to recommend that the NCAA Council certify 18 bowl games for 1995-96 as meeting requirements for post season competition. The committee meeting in Pasadena, California, also certified the Haka Bowl in Auckland, New Zealand for the 1996-97 season.

The game will be played January 1, 1997, and is the first international bowl game to be certified. The 1995-96 certified bowls include the Budweiser Alamo Bowl, Carquest Bowl, CompassUSA Bowl, Florida Citrus Bowl, Cotton Bowl Classic, Federal Express Orange Bowl, Fiesta Bowl, Toyota Gator Bowl, Plymouth Holiday Bowl, Jeep Eagle Aloha Bowl, Las Vegas Bowl, Nokia Sugar Bowl, Outback Bowl, Peach Bowl, Poinlan/Weed-Eater Independence Bowl, Rose Bowl, St. Jude Liberty Bowl, Sun Bowl and Weiser Lock Copper Bowl.

NCAA member institutions cannot participate in football postseason competitions that are not certified. The certification process ensures that bowls meet specific standards in terms of officiating, insurance, distribution of funds and other aspects of the event.

The Special Events Committee also mandated the use of the NCAA tiebreaker format for all certified bowl games this season. The NCAA Football Rules Committee had given its approval in February to the use of the tiebreaker in bowl games.

The tiebreaker gives both teams a chance to score after regulation has expired. In an overtime period, each team gets an offensive possession beginning on the opponent’s 25-yard line.

A team’s possession ends when it scores, turns the ball over, or fails to convert a fourth down play. This untimed procedure is repeated until the score is no longer tied at the end of an overtime period.

In another significant action, the committee reaffirmed the requirement that teams must have six victories against Division I-AA opponents in order to qualify for bowl competition. The committee devoted considerable discussion to the concept of counting one win against a Division I-AA team that awarded an average of 60 football grants-in-aid over a rolling three year period but agreed that current requirement should be retained.
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September 14, 1995

**Dumbo and Jumbo**

**SHU's big men up front plan to lead the way to a successful football season**

**Kevin Carroll**

Sports Editor

The SHU Pioneer football team kicks off its 95' season this Saturday against Western New England in a home opener. The Pioneers, who went 4-5 last season, are looking to improve on that mark this season. A big part of the success of the team this year will fall on the offensive line which is anchored by team co-captain offensive tackle Tony (Jumbo) Leo and offensive guard Mike (Dumbo) Dombrosky.

For the past few seasons Leo and Dombrosky have been the mainstay of the Pioneer front line and through that experience they have proven their leadership on and off the field.

"As far as leadership goes, both Dumbo and Jumbo prove themselves as leaders by doing their best game in and game out," said defensive back Chris Carroll.

Leo, a fourth year student at SHU hails from Everett, MA. and came to this University with hopes of becoming a young Pioneer team grow. Tony currently holds a 3.16 GPA and is majoring in political science and minoring in education with hopes to someday be either a big time football coach or find a job somewhere in the sales area.

Now in his fourth season, Leo has yet to miss a game, playing in some 31 straight, and he looks to keep that streak going this season. Leo is looking for SHU to come out strong and surprise a lot of people.

"We have an experienced line right now and a lot of teams are not going to know what hit them this year," states Leo.

For the success of the Pioneer offense it will be key that both Leo and Dombrosky stay healthy, as the center pieces of the line. "I can't see anyone else filling Jumbo's spot right now," said Dombrosky. "He's been there the whole time I have and the line always seems to flow better with him out there."

Dombrosky, a third year student from Brockton, MA. is a criminal justice major who also came to SHU to help build a young football team. Starting his third year at right guard, Dombrosky, like Leo, is a true competitor, giving all he's got on every play. This season he feels the team is the closest they have ever been.

"We all worked real hard in the off season," said Dombrosky. "As a team we all feel that this is the season to get it done and get it done together."

Both Leo and Dombrosky feel that the closeness of this team will play a key role in the team's success. Both feel that there isn't anyone on the team playing just for themselves and both guarantee a Pioneer victory this Saturday at campus field.

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**Pioneer cross country team is off and running**

**Kevin Carroll**

Sports Editor

The Sacred Heart men's and women's cross country teams competed in the Quinnipiac College Cross Country Invitational last Saturday at Quinnipiac College in Hamden, CT. Both teams placed fourth in their events.

For the women Carrie Demirgian, a first year student from Brockton, CT. led the way finishing third out of 56 in a 3.1 mile course in a time of 19:57. Rounding out the SHU top five female runners were second-year student Stephanie Smith finishing 24th with a time of 21:42, first year student Theresa Flood who came in 30th at 22:26, third year student Christine Perone at 46, with a time of 25:36 and second-year student Colleen Demirgian crossed 50th at 30:21.

The young but improved men's squad was led by second-year student Brian Young of Brookfield, CT. Young finished 18th out of a field of 61 with a time of 29:56 in the men's five mile run.

Fellow SHU runners followed Young in a pack that was right behind him as he crossed the finish line. First-year student Gregg Doucette came in 23rd with a time of 30:14 followed by fellow first year student Rick Jaekko who placed in 25th with a time of 30:21 and Tom McCabe who crossed at 30:33 finishing 30th.

The cross country team will next travel to Bryant College, RI on Saturday. Starting time is scheduled for 11:00am.

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**Zig straight out of left field**

By Keith Zingler

Finally someone has come forward for us to direct our anger at. We have a poster child for the nineties' athlete. Deion Sanders embodies everything that is wrong with sports today. He has the loyalty of a third world dictator, the money of one also, and the skills to become one of the greatest comebacks of all-time.

Sanders follows the heart of Nike Corp. not his own. He may already feel that he left his heart in San Francisco, but there is no need for him to worry. He found his wallet in Dallas. Nothing is killing the world of sports more than the maverick athlete. Deion has become a hired gun - a man who has no sense of the war, only the amount of money it will make. He is an outcast in the eyes of warriors. A Benedict Arnold to the 49ers and a Hessian soldier in the eyes of the Cowboys.

The world of football is changing. Gone are the days of warriors going to battle every Sunday. They are a dying breed. Welcome to the world of corporate football. The first team to embrace the corporate monster is the Nike/Pepsi Cowboys. Along with "Niketime" Sanders, the Cowboys are threatening to destroy the game of football. Think about it. What is next?

Reebok obviously will want in on the action. Enter the Reebok Raiders, the Coke Giants (sorry LT), the Starkist Dolphins and the Maxipad Jets (that one I can't apologize for). Where do we stop?

Cowboys owner Jerry Jones started small a couple of years ago. First he decided that Tom Landry wasn't important enough to allow to retire gracefully. Then he decided that Landry's successor, Jimmy Johnson, wasn't important enough to be given the opportunity to become the only coach to win three consecutive Super Bowls. An historic moment wasn't allowed the opportunity to flourish.

Men like Sanders and Jones lack of vision will only hurt them and the game in the long run. Imagine a great player like Mickey Mantle not having a place to hang is number. This will most likely happen to Sanders. The man has played for three teams in the last three years. He could have become a franchise player with the 49ers. A noble warrior ready to lead his team to victory. A member of an elite family. Instead he is an outsider with the Cowboys. A player brought in to stroke an owner's ego.

The Cowboys are a great team without Sanders. They could have been a great team for years to come. Now with Sanders's new contract in place, current Cowboys' stars will be forced to accept pay cuts for next season or find new homes. Once again welcome to the world of corporate football.

It is fitting that the Cowboys are America's team. They represent truly what America has become. We are a culture based on corporate greed and hostility. Cal Ripken is what we were and envision ourselves to be, Deion Sanders is what we deny.

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**Would you like to be a Spectrum Sports Writer?**

Contact Kevin Carroll (374-2645) to find out how.
Gridders unified and ready

Joe Collet
Assistant Sports Editor

If you were going to describe this year's football team, only one word will do, unified. These players say they feel a sense of closeness that really hasn't been felt before.

Senior co-captain Anthony Leo feels a definite sense of unity throughout the team. "The whole team is getting along, we all joke around with each other, and we're basically having a good time playing football," said Leo.

Any team needs unity to win, but talent and experience are also necessary factors in a championship season. The Pioneers have found this recipe for success by depending on the talents and abilities of the upper-classmen.

Head Coach Gary Reho stresses these points of experience and unity. "We want the upper-classmen to take control of this team and lead us as a complete football team. It takes 22 players plus special teams to win a game. There are no superstars, only a team," said Reho.

The gridders show depth on both sides of the ball. The offense

See Gridders page 10

Tennis head coach Mike Guastelle:

When it comes to tennis and life, the ball is in his court

By Gina Norelli
Assistant Features Editor

As he instructs the women's tennis team on a strategy for playing doubles, he decides to add a bit of humor to get the point across. "It's only a line! That's all it is," says Guastelle. Sacred Heart University tennis has been on the uprise ever since Coach Mike Guastelle took over both the men's and women's teams two years ago.

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Who is this talented and dedicated coach whose love of tennis and coaching make a perfect match?

"I thought I wanted to work in professional sports," Guastelle said. "Then I started coaching in graduate school. I like working at the college level. The best part is working with the players and the day-to-day interactions."

Coach Guastelle, who grew up in New Milford, NJ, the oldest of two sons, has been playing tennis since he was twelve years old, and also played soccer and basketball in high school.

Of the many professional tennis players, Coach Guastelle's favorite is Pete Sampras, the recent winner of the U.S. Open.

"He's very good at what he does, but is not overly flashy," said Guastelle. "He does his job and does it well and is quietly effective."

Along with coaching, Mike is also the Coordinator of Athletic Communications at SHU, which means he works with publicity, sports information, statistics, press releases and marketing.

"Someday I'd like to be an athletic director for a division two or three school and still be able to coach," said Guastelle. "I'd also consider possibly teaching."

During pre-season women's tennis, there were several unexpected injuries that occurred. Coach Guastelle believes this was due to the lack of proper conditioning during the summer.

"We never went through pre-season before. There were a lot of nagging injuries," he said.

One member of the women's tennis team said that Coach Guastelle is an excellent coach. "He really brings out the best in his players and keeps the spirit of the game alive," she said.