Wellness Week coming to a close

By Jennifer R. Madonia
News Co-Editor

This week is wellness week at Sacred Heart University. The purpose of the week is to concentrate on the six holistic areas of a person's development. It is an opportunity to challenge the spiritual, physical, intellectual, vocational, emotional, and social dimensions of the individual. Special events will be held throughout the week. According to Cathy Swenson, graduate assistant in the Student Activities Office, "It is important for students to have an awareness of their health and environment and know that it begins with the individual."

This week seek the purpose and meaning of human existence through spiritual development. Lenten festivities have begun. Cathedral mass Sunday at 11 a.m. in the theatre. Take the opportunity to learn basic values, religious customs, and traditions through spiritual growth.

Increase your physical ability, strength, and flexibility. Aerobic workouts will be held Monday and Wednesday evening at 7 p.m. in the Parkridge Community Room. Car an early start on Tuesday and Thursday morning at 6:30 a.m. and meet in the Parkridge Community Room to go jogging. Learn about nutritional requirements and voice your opinion on Thursday at 11 a.m. in the food survey sponsored by Sodexo.

Another facet of holistic awareness is the intellect. It is important to become involved in creative activities that stimulate the thought process. Share knowledge your knowledge and experience with other people. Students have the opportunity to focus on education inside as well as outside the classroom, as they utilize the learning resources.

See Health, page 2

Car stolen from faculty lot

By Michael Champagne
Associate Editor

Last semester's rash of auto thefts on campus, had it's end until this past Tuesday, when a vehicle was stolen from the faculty/staff parking lot in front of the University. In its place was an older-model blue Toyota Corolla, which had been stolen earlier from Bridgeport.

According to reports from the SHU Department of Public Safety and junior Donna Sammicanaro, a 1987 Toyota Corolla was stolen between 6 - 10 p.m. and recovered by Bridgeport police partly stripped at 10:55 p.m. on Pearl Harbor St.

Sammicanaro, of Pound Ridge, NY, who is the owner of the vehicle, indicated that damage estimates are about $2000.

In the previous string of auto thefts eight vehicles had been stolen over a five day period in late September.

At the time, no leads had been reported except that the problem might be related to a series of auto thefts in the general area, including the Trumbull Shopping Park. Most of the vehicles stolen from the campus had been recovered off campus.

Sammicanaro commented that she had parked in the faculty/staff lot.

See Theft, page 2

College Bowl team beats University of Hartford

By Kathy Bothos and Kelly Phillips

This weekend Sacred Heart's College Bowl Team competed in the ACUY College Bowl Regional Tournament at Framingham State University in Framingham, Massachusetts and scored a victory against the University of Hartford.

The winners of the Campus tournament on November 21st went on to compete in the Regional College Bowl Tournament. The Campus tournament winners were Craig Wright, team captain, Tracy Ferre, Randy Santossio, Paul Perili, and Tom Fitzsimmons. Fitzsimmons was unable to attend the College Bowl Regional Tournament. The College Bowl Regional Tournament is an event where all universities in the region compete against each other by answering questions consisting of general knowledge. Jen Lee, coach of Sacred Heart's College Bowl Team stated, "The College Bowl is called the varsity sport of the mind. It consists of trivia questions that cover history, geography, sports, science, literature, and politics. Questions asked would be either general or really specific."

Sixteen teams participated which were split into two leagues. Sacred Heart belonged in the "Smarts" league.

See Smarts, page 3

Inside...

Abusive relationships on campus, page 6
Former Grammy winner to perform at theatre, page 8
Women's basketball team advances to semis, page 12
News Briefs
Compiled by Kathy Bothos

The Three Penny Opera
The musical that made “Mac the Knife” famous. “This timely piece of art is a vehicle to draw attention to the exact same issues that plague our lives today - the homeless, the crime, the betrayal of humanity.” And for your information, a percent of the proceeds from each performance will be contributed to a homeless shelter or meal program. Evening performances include: March 5 at 8:00 p.m. Matinees: March 7 at 2:00 a.m. For more information, call Barbara Oneyick at 386-9741.

Domestic Violence Seminar
On Thursday March 4, Polis the Fi
Oranachron Lambda Society, the new Political Science Fraternity, will sponsor a lecture on “Domest­ic Violence” with speaker Anneliss Koiv, a Battered Women’s Advocate. This event will take place in Hawley Lounge from 11:00-12:30 p.m. Learn how to get out of a violent relationship, how to help someone who is in a violent relationship and how to spot signs of a violent relationship and much more.

“Home made music .. around the world”
The SMART Center and Project SMARTNET of Sacred Heart University proudly present: “Home Made Music from Around the World” by Dr. Craig Woodson, assisted by Sacred Heart University Chamber Orchestra Professor Leland Roberts. Dr. Woodson is a professional artist/educator with a Ph.D. in music from the University of California. With a degree of specialization in ethnomusicology and music education, and with extensive experience in public school music - both in the United States and in Africa, Dr. Woodson brings a fresh unique approach to the musical experience. As a multicultural percussionist he performs music from Africa, Cuba, and the Middle East in addition to jazz, rock and classical music. With a U.S. patent on musical instrument technology, Dr. Woodson has now designed over one hundred easy-to-make instruments for use in elementary and secondary school multi-cultural music instruction. Dr. Woodson will display his talent on Friday, March 12, 1993 at 7:30 p.m. in the University Theatre. Free Admission.

ULC offering workshops
Do students in your introductory level class do less well on the first exam than you (or they) would like? Do you find that some are surprised by the difficulty of the exam and are generally unprepared for it? The University Learning Center may be useful in helping such students develop more effective strategies for mastering course material. For more information, contact Jackie Rinaldi at 371-7223.

Health: there were free haircuts too!
Continued from page 1
available to them.
Concentrate on career growth and develop vocational plans. Advanced “mock” interviews will be sponsored by the Career Service Office on Thursday at 3 p.m. Seize the opportunity to become aware of potential careers when you attend the “Choose a Major Workshop” at 9 a.m. on Sunday.
Emotional wellness means being in tune with personal feelings, having enthusiasm about life, and nurturing interpersonal relationships. Become socially integrated within the college community.
Sacred Heart will be hosting Karaoke Night on Tuesday, co­median Dave Chapelle on Wednesday night, and “Barber and Seville” on Thursday night. Attend the “Three Penny Opera” performance in the Theatre on Friday or Saturday night or go free Moonlight Bowling on Saturday night at the Fairfield Nutmeg Bowl. There will be a Health Fair on Wednesday. According to Swenson, “It is an opportunity to bring the whole health industry together to help promote self­awareness.” There will be demonstrations including The Conviner, which she added, “allows you to feel the actual impact of a simulated car crash.”
There will be information booths on wellness issues including fire safety tips, drug dependency information, CPR demonstration, and skin analysis. There will also be eye and ear screenings, massages, and free haircuts, according to Swenson. There will be free give-aways, such as fruit baskets and a grand prize Nordic Ski Machine. Swenson said, “It’s open to the public so that we can get something back to the community as well as get them in­volved.”

Theft: better security requested in petition
Continued from page 1
because of the fact that she had a night class and there was nothing better in that lot. She felt that since lighting was better, security would also be better.
“They (Dept. of Public Safety) know there’s a problem with lighting and a shortage of security, but they’re not doing anything about it,” Sannicandro added. “If there had been someone at the booth (at the entrance to the faculty lot),” she continued, “this would have never happened.”
In an attempt to prevent further incidents, Sannicandro has begun collecting signatures on a petition for increased security patrols. “My goal is to get something done because I don’t want to see anyone get hurt,” she said.
“Many crimes are committed by people on drugs whose value for human life is pretty low. What if the University were waiting for, someone to get mugged or raped? They should make a move now. I don’t want to see anyone get hurt.”

Business Majors: Jobs Available!
Work at your own pace, on commission, selling ads for the Spectrum. Leads and full-advertising kits provided. Earn enough to pay for your books by selling just a couple ads per week. Call John Bow­man Now at 371-7966.

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59 MERCEDES...$290
86 VW....$59
87 MERCEDES...$100
65 MUSTANG....$50
CHOOSE FROM THOUSANDS STARTING: $50! FREE INFORMATION-24 HOUR HOTLINE: 801-379-2929

Classified Ads
Drivers Wanted College Students
Drive an Ice Cream Truck in Your Home Town in Con­necticut or Surrounding Area this Summer. Sell Good Humor and Other Ice Creams. Earn $550-$550 Per Week, Apply Now Not in May. Male or Female. Blue Sky Bar Ice Cream (366-2641) Mon.-Sat. between 9-3.

$200 - $500 Weekly

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Work at your own pace, on commission, selling ads for the Spectrum. Leads and full-advertising kits provided. Earn enough to pay for your books by selling just a couple ads per week. Call John Bowman Now at 371-7966.

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Drivers Wanted
College Students
**Homophobia lecture dispels myths**

By Jason Dalrymple

"... nothing to fear but fear itself."

Thursday, for a crowd of approximately 35 women and five men, Pat Griffith, professor of social justice at the University of Massachusetts, conducted a workshop, in the faculty lounge, on homophobia. The purpose of the workshop, said, was to introduce awareness of homophobia both in America and on campus and show how homophobia affects "not just gay, lesbians, and bisexuals, but everyone."

In her opening remarks, Griffith introduced some guidelines for the workshop, including confidentiality, the non-use of generalities, and the important "assumption that every group is mixed," meaning that in every group, there are gays, lesbians and bisexuals.

The workshop consisted of a series of questions that participants were asked to discuss with them and they did, after which, group members shared what was said in the discussions. Among the topics for discussion were the first awareness of homosexuality in one's life and the early messages received in regards to homosexuality.

At one point in the discussion, a participant raised the issue of the biological connection between the brain and homosexuality and whether a homosexual lifestyle was a choice. Professor Griffith answered the inquiries by saying, "If we associate homosexuality with murder, sexual battery and grand theft."

If it was so easily influenced, there would be no gays, lesbians or bisexuals."

The event closed with a story about a homosexual person attempting life as a heterosexual on a college campus. The story was a moving experience for the entire crowd, as Professor Griffith captured the loneliness, despair, and desperation of the situation. In fact, one student, at the conclusion of the story, broke into tears and said proudly, "I am [gay] and you just described exactly how I feel going to Sacred Heart."

The overall message, according to Professor Griffith, was that "sexual orientation is deeply rooted. As we fear being called gay, lesbian, or bisexual, we continue to fail into our traditional gender roles."

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**OFF CAMPUS NEWS BRIEFS**

**Use Your Amex, Feed the Hungry**

American Express student members who use their charge cards between March and April will be helping to feed the homeless, officials with the financial and travel company said.

The program, Million Meals, will last from March 15 to April 30. Every time college students use their American Express charge cards to purchase anything, the company will donate a meal to Share Our Strength, a Washington, D.C.-based hunger relief organization.

American Express hopes to be able to donate enough money to pay for 1 million meals, said Andy Sibert, senior manager for the American Express student card division.

**Students Leave School After Murder**

Three students dropped out of the University of West Florida after a junior was abducted from a campus parking lot on Jan. 12 while walking to her car after a night course. Her body was found in a wooded area on campus the next day. She had been beaten, raped and strangled, officials said.

A suspect, Eric Scott Branch, was charged with murder, sexual battery and grand theft.

**New SAT Exam Planned**

The Scholastic Aptitude Test may have a new name when a redesigned form of the test is introduced in spring 1994. Critics say that the word "aptitude" misleads high school students and their parents into believing the test is analyzing something innate or immutable when they take the college entrance examination, said Robert Seaver, spokesman for The College Board. Additionally, an academic study recommended a new name because the redesigned test won't include the antonyms section and will have a longer reading section that requires students to come up with conclusions. In the math section, the students will have to generate their own answers instead of picking an answer.

Suggestions for the new name include the Scholastic Achievement Test, the Student Attainment Test and the Student Assessments for Transition. Seaver said no decision has been made yet on whether to rename the SAT.

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**Smarts: SHU beats opponent by five points**

**Continued from page 1**

to the league of universities such as M.I.T., Darmouth, Brandies, Boston University, University of Hartford and W.P.I. Lee emphasized, "We thought it was unfair to play against all these Ivy League institutions. These students competing were the creme of the crop from these universities. We knew we had a slight disadvantage going in from the beginning. We wanted to have the feeling of winning a game and basically that 's what our goal was."

Preparation for the College Bowl Regional Tournament entailed practice at least once a week for approximately over a month and as the College Bowl Regional Tournament neared, practice was more than once a week. Tracy Festa, a member of Sacred Heart's College Bowl Team, stated, "It's not anything you can study for, you have to be equipped with that kind of knowledge." At the Regional Tournament, everyone was an expert on a certain subject, everyone supported each other.

Sacred Heart beat the University of Hartford leading by five points. Jessica Freeman commented, "We knew to beat Dartmouth was an unreasonable goal, but we did beat the University of Hartford, the college that I feel was on the same academic level as us in our division. I was proud to be there. SHU students gave their best effort at all times."

According to the College Bowl Team members, their coach desired a lot of the credit. Festa explains, "Jen got our victory. It was exciting when we won. It was a really close game. When we were up there we knew we had a disadvantage but we rooted for other CT teams such as UCONN and Fairfield. We followed them and watched them play, we rooted for them because they did the same for us. It was alot of fun." The College Bowl was a great opportunity for Sacred Heart to become a more recognized institution. Randy Santossio, another member of Sacred Heart's College Bowl team commented, "It was a good experience. We loved it. It gave us the opportunity to meet a lot of people from other universities on what was supposed to have been an equal level, but what ended up being exactly like that. It was good to interact with other college students like that in friendly competition."

According to Tracy Festa, "This was an opportunity to go and test our knowledge. A lot of teams took it seriously, but we went up with the attitude that we were going to have a lot of fun at it, meet alot of new people and give it our best try. We might of not been the smartest team there, but we were definitely the most spirited."

One goal of the College Bowl Team hoped to be reached is establishing competition at the university. Santossio exclaimed, "What I would like to see is competition at the university level and more people willing to participate at the university."

Sacred Heart's College Bowl Team did an excellent job and hopefully in the future Sacred Heart's name will be carried on to be the same.

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**Women's Studies Lecture**

March 11, 1993

7:30 Faculty Lounge

The Oxen without horns: Images of Class and Sex in Turn of the Century America

Professor Ardis Cameron, University of Maine

In Celebration of Women's History Month

All Welcome!
Homophobia

This week we have printed two items on homophobia. What exactly is homophobia, and does it deserve the attacks it receives?

Webster's Ninth New Collegiate Dictionary defines homophobia as an "irrational fear of homosexuality or homosexuals."

Some do say it is not cool to be gay. A "phobia" is a fear, and rarely in our society do we attack fears: especially in today's "human potential" world, people tell us it is okay to be afraid.

Everyone is afraid of something. People are afraid of failure, afraid of change, afraid of love—some people are even afraid of success. We are also taught to deal with these fears, to work with or around them, so they won't disrupt our lives.

What kind of fear is homophobia? It is a fear of people who may be different. There is no difference in the way a homosexual reads a book or drives a car, and there is no difference in the way a homosexual feels emotions, like the same fear of failure, change, love and success that everyone else feels.

The only difference is found in a bedroom and in the direction one sends his or her love, and to judge people based on these reasons is unfair discrimination.

We say it is not cool to discriminate.

Homosexuals are our friends, our neighbors and the people we love. We have enough fear for the world already, we don't have enough room for fear of each other.

The RETURN of the WRITER'S BLOCK

By Michael Champagne

Associate Editor

You have forgotten the non-nonsense number of the poor. Not these few creatures here, oh no. The real destitute ... will come by the thousands.

The quote above is a line from Bertold Brecht's The Threepenny Opera. And yet in Connecticut alone it could apply to the situation in which many thousands of people find themselves today.

I spoke with the Executive Director of the Connecticut Coalition to End Homelessness, Jane McNichol, as well as Peter Powell, the President of the same organization, within for Connecticut, as well as programs to assist them.

Ms. McNichol indicated that there are approximately 45 publicly funded shelters and programs in Connecticut, most of which receive 25-50 percent of their funding from the Connecticut Department of Human Resources.

Additional funds are from federal sources, such as the Federal Emergency Management Agency (F.E.M.A.) which people may recognize as having been instrumental in funding renovations and repairs to homes damaged by the severe flooding in December of last year.

"Usually, it's not a significant amount which we receive from F.E.M.A."

"Perhaps only about $12,000 of a $300,000 budget for Gillespie House (in Westport)," he disclosed when asked for specifics.

That's a mere four percent of the projected budget for one shelter among 45, which, in a one year period from Oct. 1991 - Sept. 1992, were at least a temporary home to some 15,299 different people.

"Depressing?" You bet it can be.

But most people utilized state services of Food Stamps, Aid to Families with Dependent Children, state supplements to assist the aged, blind and/or disabled, and Medicaid in one month than are even hinted at by the numbers put up for an entire year in homeless shelters.

In January of 1993 those four state programs were tapped to the tune of XXXXXXXXXX, to assist approximately 300,000 individuals within Connecticut.

How familiar are any of us with the problems of being even temporarily homeless? Eighteen University of Portland (in Oregon) students were exposed to the realities of homelessness when they recently spent 48 hours on the streets mixing with prostitutes, drug addicts and people who had no place to sleep for the night.

The students who signed up for the "Urban Plunge" program were not allowed to carry money or credit cards, were required to eat in soup kitchens, and spent the night in sleeping bags on the floor of a local church.

Reverend Phil Sopke, the organizer of Urban Plunge, said, "They see for themselves the poverty, the agony and their awareness is heightened. They also see how many people have committed themselves in helping others, and they gain insights into what they'd like to do themselves."

Students at Sacred Heart University also arrange a once a year "Take to the Streets" program.

Crew, buses become shelters to protect against the cold of night, but the program only puts Fairfield U. students as far from home as the sidewalks of their campus.

Sacred Heart has no such program and it's unlikely that more than a very few SHU students have any concept what-so-ever of what the homeless must endure in the course of daily survival.

But little more can be asked of the homeless themselves to remedy the situation because as Brecht wrote, "people have a fearful capacity of turning their feelings on and off; they can become cahous at will...It's that callousness which makes fighting the homeless situation such a daunting task."

Little stories can be told of one or so just to treat the homeless people as people. 'That in and of itself, can go along way to some­ one who's down on his or her back."

For more information or to offer assistance,
VICE PRESIDENT SHOULD BE ABOVE THE AVERAGE

Dear Mr. Editor,

In response to last week's letter to the editor pertaining to the incident that involved Vice-President of Enrollment Planning and Student Affairs Jim Banquero and work-study employee Joe Wells, I was embarrassed as a student to read this. It is not fair to make quips out of a person who does not respect the student population, and that assumption is very imprudent. The article was very disrespectful to our vice president and really had no meaning.

In the two years that I have been a student here at the "Heart," I have seen Mr. Banquero bring this university to a level where many institutions are trying to achieve in these perplexing economic times.

The policy of wearing a tie is intended to distinguish minors from persons who are of legal drinking age. By all means, it is important to do your job properly, but you must use discretion in some cases. Furthermore, you must do this not out of a friendly gesture, but out of respect.

Antoine Scott
President Class of 1995

POLITICAL CORRECTNESS AT ITS FRESHMAN LEVEL

To the Editor,

I am writing about the issue of being called a first year student. I am a sophomore and proud to be called one. One should not change the name of a whole class, is, I feel, unfair and uncalled for. I believe, along with many other students, that if a person wants to change a title of one class, they should change the title of all classes.

I am also confused about the "first year student" title. One question I have is if a student transfers as a sophomore. For four years we've been a participant. For four years we've been there. Many feel that this change just creates more unnecessary work that could be spent on something of greater importance. To change the name of our class is like taking all the stops in Fairfield and change them to "Please use another route to our destination."

To change every sign is ridiculous. To change the name of our church shouldn't be criticized. To change the name of our church shouldn't be criticized.

To the Editor,

I am well aware of certain scientific hypotheses which at the present time have attempted to explain the occurrence of this phenomenon known as homosexuality. But these are only hypotheses and demand further study. In the meantime, let us not be too hasty. In his article, Fr. Thome asks why anyone would wish to change the title of our school, or change the name of our school. In closing I would like to say this. This is not a very big problem, it is in fact kind of dumb.

I feel it's about time our student government is set up to make decisions for the students that most other students would have made.

Jumper cables.

Fr. Thome also says that "the beatitudes turn our little anticlimactic world....upside down." First of all, the Beatitudes (Matthew 5: 3-12) do not in any way—either implicitly or explicitly—encourage homosexuality. Secondly, I would like to point out that our world is by no means anti-semitic—especially as regards morals, and much of this because we have not been subjected to uninhibited sexuality and rampant promiscuity.

On the other hand, Fr. Thome has, in his argument, made some serious implications that would violate the true "sexual orientation is a gift from God" of his argument. To imply that homosexuality is a gift beneficent, which is contrary to God's command, is serious implication, and only in a way based on Divine Revelation.

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Jumper cables.
Sexually abusive relationships... an abused student speaks out

By Jason Dalrymple
Staff Writer

According to the February 11, 1992 edition of The Fairfield Mirror, a total of five alleged sexual assaults, three within one week, have been reported on the Fairfield University campus since December 8 of last year. A resident assistant at Jefferson Hill told of two reported incidents here on campus, including a stalking last semester. The RA added that "there are probably more incidents than are reported."

Does this mean that unwanted sexual encounters are on the rise? Not likely. In a study done in the late 1980's by Sarah Fernstermaker, of 481 female students at an average-sized university in the west, approximately 26 percent reported unwanted kissing (13.6%) to forced intercourse (6%). So there is obviously a problem with sexually abusive behavior on campuses across the country.

One important indicator of an abusive relationship, physical or sexual, is a general decline in the person's outlook or view of life. Try. But what are some of the ways to recognize if you or a friend is involved in a sexually abusive relationship?

According to Sister Anne, one important indicator of an abusive relationship, physical or sexual, is a general decline in the person's outlook or view of life. Also a part of that deteriorated outlook would be a marked lack of care for appearance. "Sexual and physical abuse have much to do with power, control, and self-esteem," says Sister Anne.

In fact, in the study done by Fernstermaker, "In nearly all cases (92%) a single male assailant was involved, and that the incident usually occurred in the dorm room (25%)." This, she later adds, is indicative of the "male dominance that pervades social and academic life on the campus," and forces us to wonder how the problem can be approached and absorbed.

This statement also raises the question of why people stay in sexually and physically abusive relationships. According to a SHU student who is a survivor of incest and other abusive relationships, she incestuous part of her life became a distinct part of her identity. "I saw what others thought was normal as dysfunctional and boring. I unconsciously looked for [abusive] relationships because of my dysfunctional relationship with my parent."

However, within a short period of time after, the student became aware of her homosexuality. "I soon found-out that [my sex] was just as abusive and manipulative as [the opposite sex]," which left the student confused and unable to relate to either men or women. In other words, people remain in an abusive relationship because they can not identify with any other type of relationship. People who have been the victims of abuse are less likely to be able to trust another person in an intimate way. "I was uncomfortable with 'nice guys.' I couldn't trust them," the student said.

How can we begin to break down our obsessions of power and control in relationships? Start with communication. Try to discover what the limits of your relationship are and respect the limits of your partner. And most importantly, be honest. Between good communication, honesty, and respect of each others' boundaries, perhaps we can break down more than just our physically, verbally, and sexually reprehensible behaviors.

The Student Life Department is proud to announce our very first...

Siblings Weekend
April 2-4, 1993

Invite your brother(s) and sister(s) to the SHU Campus for a fun filled weekend! Enjoy the many wonderful activities we have scheduled:

Friday, April 2
3-7pm = Check-in/Registration
4:30pm = Dinner in the Dining Hall (DH)
7pm = Blanket Movie "Aladdin" shown in the Hawley Lounge
9pm = Ice Cream Social (Hawley)
9:30pm = Second Showing: "Aladdin"

Saturday, April 3
10am-4pm = "Airball" game in the Gym
11am-2pm = Brunch in the DH
1pm = Baseball (2) vs. UM-Lowell
1pm = Rugby Club Tourney
4-6pm = Dinner in the DH
4-7pm = Caricaturist in the DH
7pm = "Siblings Game" (like newlywed game) - Chubbys
8:30pm = "Some Assembly Required" - Theatre

Sunday, April 4
11am-2pm = Brunch - DH
11am = Mass - Theatre
Afternoon = Departure

All special events are free to all full-time, undergraduate students with ID. Cost to Sibling is $15 which covers admission to all events PLUS 4 meals in the Dining Hall (Friday/Saturday Dinner and Saturday/Sunday Brunch). If you want a personal invitation sent to your brother/sister,stop into the Student Life Office between now and spring break - we'll send it out today!

Deadline to pay $15 (thus, registering) your brother/sister is March 31 to the Student Life Office!
By Madelyn Dunlap  
Staff Writer  

We all had dreams of doing great things when we were children. For many of us those dreams carried on into adulthood.

Senior Suzanne Fisher started riding horses when she was six years old. Her mother, Ann Fisher, has been in the business of coaching and showing horses for 35 years and now runs a business out of their home, Tashua Farm in Trumbull.

"I begged my mom to ride for two years. I wanted to get on a horse. She was afraid I would get too involved and hooked because she knew that it could be an expensive sport. She finally gave in."

Senior equestrian team member Rita Miller commented, "Sue is a really great person and a terrific coach."

Fisher is involved in the presidential internship program.

This semester she will be taking a survey of 100 freshmen at Sacred Heart and of 200 prospective students and comparing them. She will present her findings at the end of the semester.

"I really am getting a lot out of it," Fisher said. "It is extremely challenging, but it has allowed me to grow, and I am getting great experience in my major."

Fisher has been very involved as member of P.E.A.C.E., the vice president of Student Ambassadors, a Student Government representative and is the Vice President of the class of 1993. Yet, she still has time to dream of the future.

Next year, Fisher hopes to become a graduate assistant on campus and an assistant coach to the Equestrian Team. Her hopes for the future, after attaining a graduate degree in international business, is to open an equine advertising agency.

Jim Barquinero, vice president of enrollment planning and student affairs, and Bill Jenkins, director of freshman admissions, had the idea of starting an Equestrian Team and went to Fisher.

"They knew I was very involved with horses and coaching. Because it is my love and my interest, I was very willing to work at helping to form the team," Fisher said.

Bob Caachion, the founder of the Intercollegiate Horse Association and a Fairfield resident, has become a great help to the team.

Fisher said, "He has been very helpful and has taken us under his wing."

The team began early. The plan was to start it next year, but because of the interest and the great support from administration, there are now 13 members of the co-ed varsity team, and they have already began riding. The first horse show will be on Saturday, March 27, at the University of Connecticut.

Fisher has been able to accomplish some dreams from her childhood and is now on another path to achieve much more. "I tend to always search for the positive, and I think you should always believe in yourself. It gets you through the roughest times and to where you want to be."

Women's self-defense class to be offered by Public Safety Director  

By Sarah Gauthier  
Features Editor  

Next Thursday, March 11, Alison Flaum, director of public safety, is teaching a self-defense class from 5-7 p.m. in the theatre. The class is open to all women here at SHU.

According to Flaum, "The purpose of the program is to provide women with some viable options in the event that they are approached in a threatening manner."

The course is a culmination of many techniques Flaum has learned as a certified self defense instructor.

"The course is not marshall arts nor does it have a mystical aura; it tells you where people are vulnerable and how to protect yourself," Flaum explained.

The two-hour course will focus on two main aspects of attack and defense that a criminal is looking for and the techniques for defense.

"I am looking into offering the 14-hour course here at SHU, but I need to raise money to pay for protective gear for myself."

In the longer course, Flaum will be the "pseudo" attacker.

"If I don't have protective equipment, I won't be able to teach the course again," Flaum laughed. The reason the course is open only to women, according to Flaum, is that, "A lot of women are socialized in a manner that we are taught to defend ourselves in a way that is passive not assertive."

Flaum wears heels when she teaches the course because she wants to illustrate how simple the techniques are. "I want people to wear everyday clothes. You aren't going to be in sweats and sneakers if you are attacked. I want people to wear flat shoes to get familiar with the techniques, though."

Top Ten (or so) Lists  

Send Top Ten (or so) Lists to the Spectrum office, S219.

Top Ten Uses for Fluff  
Compiled by  
Submitted by The Broad Family

1) Buffer zone to keep page 4 away from page 6.
2) Contains 92.3% of the recommended daily allowance of partially hydrogenated vegetable oil.
3) Sticky Sahara: the sandbox quicksand game.
4) Comforts Peanut Butter now that Jelly has left him.
5) The Rabid Dog No Trespassing System.
6) Styling gel for that geriatric 90210 look.
7) The Sweet Santa Impersonator Kit.
8) Provides employment for all those marshmallows who get their degree and then still can't find a job.
9) Insulation for hot chocolate.
10) Edible pre-shave cream.
By Daniela Ragusa and Julie Fredino

The official 1993 Grammy Awards were presented last week in Los Angeles. Garry Shandling hosted the blunder-filled ceremo­nies with his usual panache and finess. The telecast was jinxed from beginning to end, plagued with faulty lighting, inadequate sound, bad jump cuts, and an out of sync teleprompter. Many of the evenings presenters had trouble with their lines. Usually technical difficulties and other kinks are worked out beforehand, however it became apparent that one rehearsal was not enough. To the long list of awards we would like to add: "Best Save by a Presenter," to Gloria Estefan for her quick-witted recovery to James Brown’s premature announcement.

The evening’s big winner was Eric Clapton, who walked away with six awards, including record, song and album of the year. Arrested Development’s cultural southern hip hop folk ethnic funk brand of Life Music won them best rap performance as well as best new artist. K. Lang beat out the likes of Mariah Carey and Annie Lennox to take home best pop performance female.

The live performances of the evening ranged from good to bad to worse. Red Hot Chili Peppers gave us a funkified version of “Give It Away” with some help from George Clinton. En Vogue disappointingly lip-synced their way through “My Lovin’ (You’re Never Gonna Get It).” And as for Billy Ray Cyrus, was that dancing or severe muscle spasms?!

Although they did take more air time, the Academy failed to realize many talented artists who deserve some great material in ’92. So we take this opportunity to give you a taste of what we found to be entertaining. In no particular order, here they are:

Matthew Sweet, in his sophomore effort, Girlfriend, borrows his technique of screeching guitar feedback from Neil Young. Combined with pleasing vocals, he scores high on songs ranging from his ode to a Little Earthquakes, Tori Amos’ second album, can be compared to Sinead O’Connor’s deep, painfully, open and honest glimpses into the soul. But Tori defines her own style with touches of humor and acoustic piano. Beautifully sung poignant commentaries from a 90’s woman’s point of view.

Although they did take more risks than they ever have in the U.S., the Academy failed to recognize many talented artists who released some great material in ’92. So we take this opportunity to give you a taste of what we found to be entertaining. In no particular order, here they are:

Matthew Sweet, in his sophomore effort, Girlfriend, borrows his technique of screeching guitar feedback from Neil Young. Combined with pleasing vocals, he scores high on songs ranging from his ode to a lot of fires. He’s not a firefighter—he’s a teacher. But to the kids he’s reached, he’s a hero.

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K. D. Lang

The Scottish sextet, De l Amitri has released only one

1992 was a pretty good year in music. Except of course for Billy Ray Cyrus.

Homebelly Groove for previously unreleased “Big Fat Funky Booty.”

Juliana Hatfield’s first solo album Hey Babe clearly shows she can stand on her own. This former Blake Baby will amaze you. She may be cute and tiny, but just listen to “I See You” and “Forever Baby” and you will know what power really means.

Ivan Neal has put out a lot of fires. He’s not a firefighter—he’s a teacher. But to the kids he’s reached, he’s a hero.

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Bluegrass finale brings The Seldom Scene to SHU theatre

By Koleen Kaffan
A & E Editor

Wrapping up an exciting three part Bluegrass series at SHU on Friday, March 19, is The Seldom Scene. This five-man band has received praise from publications such as the New York Times, the Boston Globe and Billboard magazine.

Considered one of the best bands in this musical genre, The Seldom Scene have performed with some of the greatest musicians in the industry including members of Bluegrass Unlimited, Bluegrass Band and others. They have collaborated with Webber previously on tourists of the same name.

The characters fall in and out of love with each other but their reasons for doing so are unclear. Additionally, the show’s slow pace made the performance seem endless.

Another problem with Aspects is that the entire show is in sung-through form (no spoken dialogue). The “sung-through” musical has been popularized over the years by such hits as Evita and Les Miserables. Although each of the characters possess extremely fine voices, the show’s numerous serious scenes would have had increased dramatic effect had they been spoken.

Despite its shortcomings, Aspects contains some of Webber’s most romantic music with lyrics provided by Charles Hart and Don Black, who have collaborated with Webber previously on The Phantom Of The Opera and Song And Dance, respectively.

The rich and romantic score includes such memorable songs as, “Other Pleasures,” “Seeing Is Believing,” and the show’s haunting theme “Love Changes Everything.”

This touring production of Aspects is directed by Robin Phillips, who structured the show so it would resemble one of either the London or Broadway productions directed by Tony Award winner Trevor Nunn (Les Miserables). However, Phillips also failed to breathe life into this show.

Aspects of Love was a disappointment. As an admirer of Webber’s work and musical theatre, I remained optimistic that the show wouldn’t be as awful as the critics claimed. Sadly, I agreed with them.

Unfortunately, Aspects… lives up to criticisms
The SHU bowling team, who just won a shot at the national championships—(left to right) Front row: Rob Voytek, Joe Tomko, Mike Morrissey, Dave Campbell, Vinny Yesenosky, Matt Rayner; Back row: Coach Rob Cottle, Mark Taylor, Chris Pepice, Greg Hopper, Chad Autore, Chris Mauro, Ray Schell. For story, see page 12.

SPORTS SHORTS
Compiled by Lori Bogue and Amy Madison

Charges dropped against players
The assault charges against four men’s basketball players were dropped Monday. Darrin Robinson, Theo Gadson, Craig Philip, and Lionel Coleman were charged of third-degree assault following a fighting incident on Feb. 21. Freshman Tim Baker decided to drop the charges after the four players were suspended from last Saturday’s game against New Hampshire College.

Ouch
You can feel safe now that the training room is offering free sports-related injury assessments. The services will be provided by certified athletic trainers from 10 a.m. to 2 p.m. in the training room. If you can’t hobble to the room then just call X7672 for an appointment.

Sunshine and softball/baseball
In about a week, both the softball team and the baseball team will embark on their trips southward. The softball team competes in Florida against the top-ranked division two schools in the Nation, while the baseball team travels to Georgia and faces the same caliber of competition.

Women: NCAA wants to assure gender equality in sports

Continued from page 12
This “gender equality” issue has been closely scrutinized lately. According to Sports Illustrated, while more than half the college students in the country are women, they make up only 1/3 of college athletics at Division I schools, and not much more in other schools. Additionally, women’s athletic programs get only one in five dollars from athletic departments.

In July, an NCAA task force stated that gender equality means that if a certain amount of money is spent on a men’s team, the women’s team- or equivalent sport- should receive the same funding.

Hurd ruled there is no requirement that the funding be equal, but the opportunity and benefits must be the same.

Faith Seidenton, one of the attorneys who represented the Colgate plaintiffs, said that the issue is tricky. “While it may appear on the surface that schools aren’t complying, that may not be the case,” she said.

NCAA removes itself from investigation

(CPS) The NCAA removed itself from part of an investigation into questionable loans at the University of Virginia, citing a conflict of interest because its executive director was Virginia’s athletic director when student athletes allegedly received illegal funds.

The NCAA announced that it has hired James Park Jr., a Lexington, Ky., attorney and former Kentucky Court of Appeals Judge to investigate any connection Dick Schultz may have had two loans made students from 1981-87, the time that Schultz was employed at the university.

Officials said that hiring an outside investigator was unprecedented in the organization’s history. Park will deal only with any connections to Schultz. The rest of the probe is being conducted by NCAA investigators.

“This stories are going around are a bit confusing,” said Louise Dudley, a spokesperson at Virginia. “The regular enforcement staff will deal with the part of the investigation that doesn’t involve Dick Schultz.”

A 550-page report from internal investigators, released in April, said that from 1982 to 1990, 30 athletes received 45 loans totaling $14,949 from the Virginia Student Aid Foundation, the school’s athletic fund-raising division.

The NCAA prohibits athletes receiving loans that are not available to all students.

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* * * * *

PREVENT BLINDNESS & ITS NEW ENGLAND AFFILIATES
Lady hoopsters keep on rolling, win NECC playoff opener at home

By Antoine A. Scott
Sports Writer

On Saturday, the Lady Pioneers (16-11, 8-7 NECC) beat New Hampshire College to secure a first-ever home playoff game at the SHU Box. The heroes belong to Freshman Kim McCullion, who hit the game winning shot with 23 seconds to go in the game. The Lady Pioneers hoped the excitement would extend to the opening round of the NECC tournament, and that is exactly what they got. The Lady Pioneers pushed their way over Le Moyne College, who was in the game until the last minute. At times, Le Moyne seemed to be in control, but the play of Alethia Osbourne and Karen Bell put a rest to any kind of take-charge attitude Le Moyne had planned, winning the game 68-59 in the half-packed SHU Box. "Alethia Osbourne really killed us. We couldn't stop her; we only hoped she would have an off-game. Unfortunately, that was not the case," said Le Moyne Head Coach Tom Cooney.

Senior Center Alethia Osbourne, delivered a promise she made by scoring 20 points, grabbing 11 rebounds and blocking four shots. "As a senior, you don't want any game that is not the championship game to be your last. I like playing with my teammates, and I said to myself, 'I am going to try my best to keep playing with them.'" said an exhausted Osbourne. In addition to Osbourne's great play, Bell just plainly took charge and fired away by scoring a game high 22 points and grabbing a game-high 13 rebounds with two blocks.

"Our season has been filled with ups and downs. There have been some games we as a team felt we could have won. In this game, we fed off the crowd. Although, I said before the game, 'what is bigger, scoring more points or the size of the crowd?"' said SHU Head Coach Ed Swanson.

The team answered appropriately by winning and getting psyched by the fans. The crowd of 550 was very instrumental, especially with SHU's taunting of Le Moyne player Celia Brennan. Sophomore Michael Markovic, who was in the jubilant crowd, said, "Plan on following the team wherever they go. I was so glad when McCullion hit that shot at the buzzer because we got a chance to host a playoff game here instead of going away."

The dynamic duo of Bell and Osbourne electrified the crowd with their performances. With six block shots between them, the crowd had a lot to cheer about. "I have to credit our seniors. They really stepped up and made their presence known. Although Alethia had a couple of bad outings, she proved that she is a big game player," said Assistant Coach Trish Elser.

The next step for the Lady Pioneers will be against UMass-Lowell, who advanced after beating Southern Connecticut University on Tuesday. In some ways, the Lady Pioneers wanted this game against UMass-Lowell because in the two earlier losses, they felt they could have won if they played up to their potential. In the last meeting at UMass-Lowell, they only lost by one point, but they were horrible on the foul line, shooting well below their season average. "We can beat this team. All they have to do is play up to their capabilities," said Elser.

Accompany the Lady Pioneers, will be at least two busloads of roaring Pioneer faithfuls. For more information, get in touch with the Activities office at 371-5969.

Season ends for men's basketball, college career over for Robinson

By Amy Madison
Assistant Sports Editor

The Pioneers just can't seem to win at Le Moyne. What's more, they can't even come close. On Tuesday night, the SHU men's'jagers were defeated by Le Moyne 101-83, thus ending somewhat of an erratic season for the Pioneers. "Even though Sacred Heart didn't come ready to play," said Head Coach Dave Bike. "We didn't have our best team out there."

Last Saturday, the Pioneers surprised many people, especially New Hampshire College, with a strong effort by the second string team in a 72-60 loss to the Penmen. The Pioneers were a little thin in that game, without the likes of Darrin Robinson, Theo Gadodden, Craig Philip, Johnny Burkette, and Lionel Coleman. Instead, Mike Kmiec, Brian Johnson, David Charles, Adam Brown, and Kevin Vulin were the ones who had to face the number one team in New England, and they did a pretty good job.

New Hampshire did not play up to par, either, which helped the Heart. "They took us lightly. They didn't come ready to play," said Jerome Johnson, the only starter who played for the SHU. The Penmen shot only 38 percent from the field in the first half.

Kmiec was on fire for the Pioneers. He had a team-high 12 points (tied with Vulin) and three assists, including a flashy behind-the-back dish that resulted in a SHU basket. His bank shot with 14:17 left in the game tied the score at 36.

The Pioneers played very strong in the first half, trailing 29-28 at halftime. This energy lasted only about six minutes into the second half before New Hampshire began to dominate like a first-place team should.

"It was tough," said Head Coach Dave Bike. "We didn't have our best team out there."

New Hampshire was expected to win the game easily, and even Bike had to smile when his student manager, Henry Rondon, stepped up to the foul line to shoot two technical free throws. Freshman reserve Kevin Casey came into the game to score five points on two jump shots. Brown finished with eight points, and Brian Johnson had seven points and five rebounds. Vulin also grabbed five rebounds for the Heart, who finished the 1992-93 season with a 14-13 record.

Women breaking further into sports

(CPS) In a decision that could have ramifications in college sports throughout the country, a federal judge has ruled that Colgate University must provide female students with an equal opportunity to play hockey at the varsity level because the school has a men's hockey team. In his 33 page decision in early February, Judge David N. Hurd ruled that the New York University must provide the women's hockey team from club to varsity status in order to comply with federal anti-discrimination regulations.

The ruling further clarifies title nine of the federal education amendments of 1972, which states that any school receiving federal aid must provide equal athletic opportunities for members of both sexes.