South Hall opens to over 280 students

By Chris Nicholson
Editor-In-Chief

Last December, ground was broken in Sacred Heart's closed South parking lot for the construction of a brand new set of residence halls on the Fairfield campus. Now, after eight months of construction, South Hall is officially open for business.

On Sept. 5, approximately 283 freshmen moved into the halls, which were completed only the week before the new students were due on campus. Final touches are still being put on the rooms, such as phone lines and some last-minute furniture, but for many students, the inconveniences far outweighed the excitement of being in a new building.

South Hall resident and freshman Amy Andersen, whose phone will not be installed until the end of this week, said, "It's not a big inconvenience to me. I'm kind of homesick, so I'd like to talk to my friends, but I can use the pay phones."

South Hall Resident Assistant Kerri Mahoney said that despite some predicted problems, "People have been very cooperative. You expect them to complain a lot with problems, but they've been very calm."

Ceremony to mark gift to library
Board of Trustees member donates $1 million

Special to the Spectrum

Early in his career as an apparel manufacturing executive, Robert J. Matura spent considerable time traveling. In his absence, his wife, Bernadette, immersed herself in books at the local library. Through the years, the Maturas developed a lifelong passion for libraries and learning.

Thus, it was only natural that this former CEO of The William Carter Co. and Warnaco Inc. accepted a post on the Sacred Heart University Board of Trustees in 1983—an association that enhanced his love of learning and led to his stepping forward for a two-year term as Chancellor pro-temp in 1987.

The hall, a projected $7.2 million project constructed by P. Francini & Co., contains six stories of single-room residencies, bath rooms (rooms with bath tubs in them, not lavatories), and community rooms for studying and social interaction.

According to South Hall Resident Hall Director Bill Villaneau, 11 resident assistants and two program assistants have been hired for the new dorms.

"It's better than I expected," said Andersen, "because it's brand new. The furniture is good, and there's no cracks in the wall."

This is how Melody St. Clair, the first editor of the Spectrum newspaper, sometimes feels.

Ten years ago, as a senior English major, St. Clair (then Melody Vetro) was asked if she'd be interested in taking over the editorship of the Sacred Heart University newspaper, then named the "Obelisk," an student-run newspaper that came out every other week. After working on the "Obelisk" for her first three years at Sacred Heart and being an all-around involved student, St. Clair agreed to take the new position.

Now, ten years later (today's issue is ten years to the day of Volume 1, Issue 1), the Spectrum is celebrating one decade of publishing, in which time it has won more than a half dozen regional and national college newspaper awards.

According to current Editor-In-Chief Chris Nicholson, the Spectrum will celebrate with a "birthday party" in November.

Nicholson said details about that party will be released as soon as they are made.

In 1983, St. Clair used a staff of 20 writers, photographers, art department students, and part-time newspaper company workers. Today, the Spectrum has a staff of 50 students and 2 full-time editors.

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**NEWS BRIEFS**

Compiled by Chris Nicholson

**Volunteers needed to help keep a promise**

On Tuesday, Sept. 14 between 10 a.m. and 2 p.m. on the Dining Hall patio, the University will officially kick off its 30,000 Hours of Community Service pledge, “Keeping the Promise.” During the coming year, in which Sacred Heart University celebrates its 30th Anniversary, students, faculty, staff and alumni will commit themselves to 30,000 hours of community service. Over 20 social service agencies and University President Anthony J. C Cerna, Ph.D., will be on hand to inaugurate this year of giving. No matter what your interests and schedule, there is a need for your special gifts and talent.

To volunteer and obtain your pledge card and 30,000 Hours service pin stop by the Service Fair for information or to sign up with one of the agencies. Help the University keep its promise through-out the coming year.

**Marching band looking for marchers**

Get ready for the debut of the Pioneer marching band at Saturday’s football home opener. The band, assembled by Duane Melzer, is almost 30 and was chosen. Besides a was chosen.

**Activites: director position split in two**

Continued from page 1

student issue. Think that’s a better delivery of my services by split- ing the responsibilities.”

Tom Kelly, originally offered the Coordinator slot and who de- clined the invitation, maintains that his position was eliminated as a result of friction between himself and other department heads.

“On June 8, I was informed that the Director of Student Ac- tivities position was eliminated,” Tom pointed out. “I had the option of being laid off or accepting a temporary position at a consid- erable pay cut.”

The Spectrum has learned that that pay-cut would have reduced Tom’s salary by $6,225 annually, and would have left him as status as an employee contingent upon his ability or inability to meet job expectations.

Tom admitted that he was told in no uncertain terms that the re- structuring was a result of his poor performance as Director of Student Activities and not as a result of any financial situation at the Uni- versity.

“I’m proud of the work I did at SHU and I would not have changed any of the things that I did just to save my job,” Tom affirmed. “I’m disturbed about the events surrounding my ouster and the refusal to meet fairly or give me due process,” he con- tinued, referring to his attempts to appeal the University’s position and its alleged repeated delays in responding to his appeals.

Kevin Kelly said that he (Tom Kelly) was offered an op- portunity to continue with us, which he declined.”

He further indicated that the position offered to Tom Kelly could have been a springboard towards a spot within the student union when those situations become available.

But Tom countered. “I have more respect for myself and for what I had done at Sacred Heart than to accept an offer of a lesser position.

I was terminated without a good-bye, a thank you, or a word of good luck from anyone until the president (Sacred Heart Univer- sity President Anthony J. C Cerna) finally did so on August 31. That a ten-year employee can be re- leased on a three week notice is pretty poor notice for a Catholic institution, “Tom Kelly charged. He continued by saying, “I have asked the Human Resources Department to form an ad hoc committee of faculty and staff to objectively review this decision and I have stated I would abide by their decision.

“I still have a great affection for SHU, and the students, faculty and staff are a wonderful group of people to work for. I did the best I could every day when I went to work. I don’t think this decision was fair or warranted in light of my contributions to SHU,” he concluded.

Kevin Kelly declined further comment, citing that the issue is one of employee relations.

**Ceremony: celebration part of SHU’s 30th anniversary**

Continued from page 1

has ever received, is given in memory of Robert Joseph and Mary Frances Comerford Matura and John Aloysius and Mabel Black Ryan, the parents of Robert and Bernardino Matura.

On Saturday, Sept. 11 at 10:30 a.m. the University will hold a special academic convocation for the naming of the Li- brary, which will be called the Ryan-Matura Library in honor of Robert J. and Bernardino Matura’s parents.

The ceremony, which will be held on the Library lawn, is the first in a series of Thirtieth Anniversary events to be cele- brated by the University. In keeping with the educational spirit of the Matura’s gift, Louis Dupre, Ph.D., the Riggs Profes- sor of Religious Studies at Yale University, will deliver the aca- demic lecture.

During the ceremony the new name will be unveiled as well a plaque commemorating the event.

“The dedication and commis- sioning of the Maturas to the growth and development of Sa­ cred Heart University is imme­ surable,” said President Anthony J. C Cerna, Ph.D. “Mr. Matura has played a decisive role through his unique service as Chancellor of the University during an important transitional period and as Chairman of the Executive Committee of the Board of Trustees since 1989.

**Move: Father off to Colorado**

Continued from page 1

her “involvement with the stu- dents as well as fulfilling their needs and helping them grow.”

Another new face in the chapel will be the arrival of Father Huminski, who will be the chap- lain of the University. A 1976 S.H.U. graduate, Father Huminski is a Trumbull native and was chaplain of the St. Teresa parish there. Father Huminski recently began his master’s degree in theology at the University of St. Thomas Aquinas College in Sparkill, New York most recently. Sister Margaret looks forward to her involvement with the stu- dents as well as fulfilling their needs and helping them grow.”

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Please join us!

Open House '93

Saturday, September 18
10:00 a.m. - 2:00 p.m.

Come and meet prospective students and families as they discover Sacred Heart University!

also:

• The Admissions Office invites all clubs and organizations to participate in the Activity Fair from 10:00 a.m. - 12:00 noon.

• Grand prize is $200 for the most creative table display!

• Return the form below to the Activities office or contact Denise Sutphin at 371-7969.

Hope to see you there!!

☐ Yes, we will participate in the Open House!

Organization: ___________________________

Contact person: _________________________

Phone Number: _________________________

Please return to Denise Sutphin in Activities by September 13th.
A brand new university

Now as we drive onto campus, we hardly know where we are. We remember that once we could park here, but now we cannot; once before we saw a nurse in this office, and now that office is somewhere else; we used to drive into a small, old parking lot with construction horses falling on the pavement to mark where we should not drive. Now it's a completely different place.

Wow... The things that happen over summer. And let us just write about the physical changes, for there are enough of them to make your head spin. The small, run-down parking lot in the front of the university has changed dramatically. The amount of spaces appears to be more than doubled. There are freshmen sleeping in the South parking lot. Where we conveniently parked our cars less than one year ago, stands a six-story monument to the dedication to growth that has oozed out of Dr. Anthony Cernera's administration.

The Nurses' Office, Counseling Center, etc., have moved to the Park Avenue House to join together as Sacred Heart's first Wellness Center. Many people fight change. It's human nature. But let's stop complaining for just a few minutes, take a look around us and see some of what's really going on. Not all of it is that bad.

Sacred Heart truly is a new university.

Behind the scenes

Now that the 1993-94 school year has begun, there are many people who have likely noticed many of the changes that have taken place over the summer, such as the new front parking lot, the new residence hall, and the new sports field on the hill.

However, there is one thing that happened over the summer that few people actually observed. During two or three Sundays this summer, the senior class sponsored flea markets, held in the North lot. When all was said and done at each one, the lot became a vast plain of asphalt and waste. Yet within an hour or so, the parking lot and trash cans were free of litter.

For the cleanliness, we owe our thanks to the faculty and student delegation, who came to the University's aid on July 5, 1993. What follows can excerpt from his talk, "The University and the 'Broken Heart Experience' will be printed in its entirety in the next issue of the Sacred Heart University Review.

It is extremely important in the course of our university studies that we encounter the poor. It requires, I'm convinced, an experience like El Salvador. Maybe an experience in Bridgeport. In fact, you don't have to come here. You just have to have your heart broken. It seems to me that the study of la realidad nacional, on top of that base of the heartbreaking experience, is fundamental for a valid university degree. If you haven't had that experience, don't get the degree.

By Dean Brackley, S.J. Guest Writer

Dean Brackley, S.J., a resident of the University of Central America, talked informally to the faculty and student delegation from Sacred Heart University on the UCA campus in San Salvador on July 5, 1993. What follows is an excerpt from his talk. "The University and the 'Broken Heart Experience' will be printed in its entirety in the next issue of the Sacred Heart University Review.

The Broken Heart Experience

By Dean Brackley, S.J.

Guest Writer

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That's what I mean when I say that I think we need the Salvadoran experience and these people more than they need us. What we want to avoid are superficial commitments to a liberal agenda. Only if my heart's been broken, does the thing last, and do I have an anchor for my reflections. So you come here to El Salvador, and you're apprehensive.

You have an Irish Catholic guilt attack as soon as you go into these harrises. But you find that these people accept you. They don't say, 'You fascist pig! You imperialist!' They accept you in all simplicity. They tell you these unbelievable horror stories. You cry. They break your heart. You feel your world crumbling around you. But you're glad you came.

What these people are doing is they are exporting their hope. El Salvador now exports more hope than coffee. And that's why we are here. And what are we finding? We find that we keep asking ourselves why are these people smiling. But now we begin to understand, and we begin somehow to share their hope. I think, ultimately, their hope is their faith, and that they know that somehow the power of love is going to win out here.

I think the university has as its agenda, ruining your lives. And having this experience of the poor is your agenda. I mean to say that we would hope that you would be Christian revolutionaries for the rest of your lives. And that doesn't come unless your heart has been broken. That doesn't come from reading statistics about homeless people in the United States.

What we are all becoming aware of, and here as well as in the States, is that the necessary reorganization — using the language of Paul VI — the "radical transformation" — has to take place from the ground up. From Bridgeport up, from the South Bronx down to the suburbs up. And it's got to be grassroots work.

EDITORIAL POLICY: The opinions expressed on the editorial page(s), whether in signed columns or letters to the editor, are solely those of the authors. Unsigned editorials appearing in the far left column of the first editorial page represent the majority opinion of the Spectrum Editorial Board. Guest columns and letters to the editor are welcomed and encouraged. All are subject to editing for spelling, punctuation, grammar and clarity. Letters to the editor should not exceed 350 words and will be considered on a space basis. All submissions are reviewed by the Editorial Board and final decisions are made by the Editor-in-Chief.

The Spectrum is a student-run newspaper of Sacred Heart University, published every Thursday during the academic year. The Spectrum office is located in the Academic Building, room 219. The phone number is (203) 371-7063. All mail to the Spectrum should be sent to Sacred Heart University c/o The Spectrum, 5151 Park Avenue, Fairfield, CT 06825-3210. The Spectrum believes all advertising to be correct but cannot guarantee its accuracy. The advertising deadline is three (3) days prior to publication (Monday). For information call (203) 371-7966.
Get involved, and remember you are never alone

By Diana S. Cutaia
Guest Writer

The following is a speech given to all new students on Sunday, September 5, 1993.

As the song suggests, we all have our own story and God brings us together today to share that story. You see, life's gifts are not found at the end of the road; they are acquired in the journey itself. College is another very important mile in that journey. It is here that you will accept your limits, pursue your dreams, and hopefully find yourself.

At Sacred Heart, we pride ourselves on being a community working together to make that journey a smooth one. As the University grows and expands, each new class is the foundation of a new new dream. For example, this year, we have a new Director of Campus Ministry, Sr. Margaret Palliser, and a new chaplain, Fr. Greg Huminski, both eager to make your next four years a little easier.

But, you see, it all begins with you. Remember you will get what you give. Don't limit yourself; try new things, meet new people, and, most of all, and I can not stress this enough, get involved.

One more thing: the road is not always smooth; if you need help along the way, remember you are never alone.

Meeting for all interested in joining the Spectrum staff:

Thursday, Sept. 9, 10 a.m.
in the Spectrum office (S219)

Think of the six women closest to you.

Now guess which one will be raped this year.

One out of six college women will be sexually assaulted this year. But you can change the odds of it happening. Simply by trying to avoid situations that leave you or your friends vulnerable.

For starters, follow security measures. Don't prop residence hall doors open. Walk with a friend after dark. And be aware that date rape is a major problem on college campuses. With many of these rapes involving drinking.

Then share these facts with six of your friends. And maybe none of them will become another statistic.

If you're adept with a crayon or a pen, you're welcome to attend our staff meeting on Tuesdays in the newspaper office, S219.

And don't let this talky guy frighten you -- he doesn't work here.
Sacred Heart delegation visits El Salvador

For the second straight year, a delegation from Sacred Heart University visited the war-torn country of El Salvador. This year's delegation included two students, as well as faculty and administrators. The text on this page represents some of the thinking of faculty member Gerald Reid, and the two students, Gloria Irizarry and Angel Donohue.

Images of the children

By Gerald Reid

As I prepared for the trip to El Salvador my daughter Emily, age 6, questioned me about the children I would meet in that country. Because of this I was especially attentive to the lives of children and the stories people told us about growing up during the period of the recent civil war. What follows are some of the images with which I returned home.

- "Isaac," who joined the revolution as a teenager, was captured and "disappeared" in 1985, interrogated for 15 days, charged with "subversive association," and sentenced to 15 years in prison.
- four boys laughing and playing basketball in a city park near the University of El Salvador.
- a naked, malnourished little girl with a distended belly and the telltale signs of kwashiorkor.
- a young girl, trained as an assassin, now a grown woman with children of her own.
- three smiling, dark-eyed school girls, dressed in blue and white uniforms, who preceded me on a hill top in Santa Ana.
- children (too many of them!) at Hacienda California from families too poor to buy the books and shoes needed to send them to school.
- the fifteen year old girl, dressed in a pink gown and attended by a dozen friends, celebrating her quinceanera in the dirt streets of Tierra Blanca.
- three boys (orphans?) chased from begging in traffic on Boulevard Los Heroes by an angry and threatening National Guardsman carrying an automatic rifle.
- the bright-eyed, eager youngsters at the nursery school in Calle Real gathered around Gloria.
- a young girl, cradled in her mother's arms, as she listens to her tell us the story of the death of her sister from measles and lack of medical attention on Guazapa volcano during the civil war.
- A turning point in my life

By Gloria Irizarry

My arrival in El Salvador was the turning point in my life. I had a very different idea of what I was actually going to find there. I was expecting poverty and suffering because in these past years Salvadorans had lived the most terrible years of their lives.

Our first visit was to a community called Hacienda California in the District of Usulutan. This land is occupied by ex-combatants of the FMLN. These people have practically nothing but the essential things they need to live day by day. They felt proud that we were there, and they gave us anything they had to make us feel at home.

Also in this community is an elementary school called La California, which La Hispanidad adopted during last year's trip to El Salvador. The reason La Hispanidad adopted the school was to provide the students with the materials they need for their education and to make the school environment a better one. The people of the school were enthusiastic and proud to show us what they have done with the little help we have given them this past year.

The humble, poor people of El Salvador have a great desire to make their lives better and to live in happiness and peace. They have been searching for this for a long time.

Were they pretending because we were there, in hopes of gaining our trust only to underhand us for our money? Or was I witnessing genuine happiness? I soon came to the realization that the Salvadorans were, for the most part, satisfied. But how could this be? I found the answer in the communities where we were able to interview the families.

To see people who have so little, share that "so little," with others, touched my heart and filled me with joy. The hospitality of the Salvadorans was unbelievable. Each meal that was served to us was as carefully organized as the first, and our company never seemed to wear out. I felt as comfortable talking to a Salvadoran that I had just met as I do talking to a close friend.

The unity and support the Salvadorans displayed for one another was enormous. Upon attending a Sunday service, at a modest church, I noticed everyone had joined hands, but it was as though it meant more. At that time, I quickly recalled how the people interacted with each other and realized that the union of hands wasn't just a practice done on Sunday, but all through the week. There was something from within that they all had, something that I never experienced in the States, something that is difficult to communicate unless you've actually seen it. This made me realize how precious life really is.

It set me back to see the support that everyone had for each other. Maybe this is a result of the devastating war. One of the Salvadorans said that during the war, "if you couldn't eat, your neighbor wouldn't eat." This quote remained in my mind, and with it the impression that I have of the Salvadorans. The people in the communities seemed to be one, and if the communities continue to work together, there is a bright future for El Salvador. But until then, her people must struggle to survive from day to day.

As one of the trip's delegations members pointed out; not one of them stops to check the time; time is trivial here.

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An experience I will not soon forget

By Angel Donohue

Tucked in between Guatemala and Honduras, there lies a small country about the size of Massachusetts, along the western coast of Central America. Her name, El Salvador. It is here that myself and others from Sacred Heart University shared an experience that we will not soon forget.

The seven hour plane ride only acted as a buffer for the vast differences in culture and standard of living. I could honestly say that nothing could have prepared me for the radical changes that I was forced to make so that I could adjust to the Salvadoran way of life. I had to change immediately for the ten days that followed. I could write about the cultural differences forever, but I prefer to emphasize what is important: the people.

Although they were poor, the Salvadorans seemed quite content.
ador over the summer

Photo by Ralph Corrigan

Members of the artesania at Calle Real painting a mural on the side of their building.
Photo by Ralph Corrigan

Dr. Katherine Kidd, director of the Studies Abroad program, puts her shoulder to the wheel to draw water from a hand dug well in Tierra Blanca in the province of Usulután.
Photo by Rebecca Abbott
Sacred Heart blessed with a new Campus Ministry director

By Kelly Phillips Features Co-Editor

How can I be friends with people without letting them own me? How can I deal with my anger and grief? Who is God to me? What are the gaps? What is the meaning of life?

WHO AM I?

College years are times to explore such personal, global, and spiritual issues. Sacred Heart University offers terrific academic support, but in such an unbalanced world, we need more than just the scholastic aid. Students need a place to go, where they can bounce off some of their personal problems, where they can find support, advocacy, and meaning.

Finally, there is such a place right here within the Sacred Heart community. For over a year, the position of director of Campus Ministry has been vacant. Because President Cernera sensed something wonderful for the students, he waited and searched to find the perfect Campus Ministry Council to fulfill the many needs of the students. When Sister Margaret Palliser first put her foot in the door last year, an hour early for an appointment with Dr. Cernera, she had the opportunity to wander about the university halls. After listening to and observing the SHU students, Sr. Margaret found something in that one hour that she hadn't found in any other school — a feeling of togetherness; a sense that the students genuinely cared about one another. The instant attraction was there and Sr. Margaret felt that Sacred Heart was a place at which she could really be happy. Since that day, she's found nothing to change her mind.

Now, Sr. Margaret, enthusiastic about her new position as the Campus Ministry Director, is taking her love of music and theater, her interest in spirituality, administration skills, and her upbeat caring attitude, to try to fulfill the many needs of the university community. A member of the Order of Dominican Sisters of Sparkill, New York, Sr. Margaret is a native of St. Louis, Missouri, and was a seven year resident of Italy. She hold a Bachelor's Degree in the Natural Sciences, a Master's Degree in Music, and three degrees in Theology. Throughout most of her life, Sr. Margaret has been heavily involved in music, teaching for many years at the high school level, moving on to several colleges on a part time basis, and working in the communications field for a while. Having worked with both young people and adults, she feels that her position now as Campus Ministry Director at Sacred Heart is perfect.

What exactly is Campus Ministry? Campus Ministry is an interfaith environment that will be serving as a resource for the entire university, which includes foremost the students, but also the faculty, staff, and families of students. There are hopes and ideas already for discussion/prayer groups, outreach information, weekly rap sessions, individual and group support meetings, and retreats — where people can go away over night to deal with issues, and discover themselves. "I have lots of ideas that I'll be testing out. But I want to know what you want and need. What's missing? What are the gaps? What isn't being addressed?" Sr. Margaret states with urgency and care. Constantly being redefined, the Campus Ministry is generally a focus and a guide for spiritual needs, which can include social inter-personal needs: students with family, relationships, and communication problems, as well as many other difficult situations.

What priority, Campus Ministry comes from the President's office. It is an office where students can go and talk about some of the issues that are of concern to them. It can be explicitly religious with Sunday masses, worship services, answers to questions about faith and sacred meetings, and searching, understanding, and finding meaning. Whatever the concern, they can find friendship and support.

For those students in crisis dealing with death or having been diagnosed with a cancerous illness, Campus Ministry can be an important place for them to ventilate their feelings and to hand find the support they really need either through individual or group sessions.

Sr. Margaret's only concern about her position is that it's a big job. She realizes they'll make some mistakes along the way, but she hopes that the university community can be patient and will help them make as few errors as possible.

All in all, Sr. Margaret, who will be working alongside our new Chaplain Father Greg Haminski, Rabbi Jerome Wallin, and former secretary of the English Department Roseanne Burganti, hopes to create a community in which students will discover who they are throughout the area of service in themselves and others.

The main goal for the Campus Ministry Council is to be present to the University community, particularly to the students. "We need to know them. And they need to know we're here. And that we're relevant to each other. "Sr. Margaret hopes that the rest of the university, the Campus Ministry is in the process of relocating. Right now, it is in the second office to the right on the level floor of Hawley Lounge, but will soon be moving between Security and Cheebly's Lounge.

Everyone is welcome and invited to stop in and chat with Sr. Margaret about anything.

So far, it's a beginning. All in all, Sr. Margaret is especially pleased that we have a place right here within the Sacred Heart blessed with a Campus Ministry director.
There's nothing to fear but phobias themselves

By Kelly Phillips
Features Co-Editor

United States President Franklin D. Roosevelt was once quoted as saying, "You have nothing to fear but fear itself." But what if the fear itself seems bigger than life? What if the fear becomes a constant treat to your daily living? What happens when that one fear turns into a multi-feared nightmare?

To live without some type of fear or anxiety is virtually impossible in a society in which we live today. Fear is actually a normal, natural feeling that is sometimes needed for our survival in this world. It keeps us on guard during times when personal safety may be threatened. It keeps the adrenaline flowing, challenging us with panic attacks, sudden sensations throughout our bodies, driving, socializing, or even shutting us down, forcing us to a multi-feared nightmare?

While there are many forms of fears, but when the fears are not faced, it can come into one into such an intense state of panic, immobilizing one to the point where working, taking care of their study needs in a classroom, or an campus could be impossible. According to David Barlow, Ph.D., director of the Phobia and Anxiety Disorders Clinic at the State University of NY at Albany, many people who are suffering from phobias, even leaving the house can become impossible.

Everyone had fears, but they can all be conquered. There are so many people who are suffering from phobias, but there are also many who are receiving the help they need. This is the common problem that can become disabling to a person's life if the fear is not faced; it often leads to depression and low self-esteem, and many times the phobic turns to alcohol or drug abuse, dealing with all the bad feelings.

The avoidance behavior of different maintenance activities cause different reactions in phobics and what they are:

- Acrophobia: the fear of heights
- Agoraphobia: the fear of flying
- Arachnophobia: the fear of spiders
- Astraphobia: the fear of thunder
- Claustrophobia: the fear of closed spaces
- Geophobia: the fear of earth
- Gephyrophobia: the fear of bridges
- Hydrophobia: the fear of water
- Mikrophobia: the fear of seeds
- Ophiophobia: the fear of crowds
- Phobias: the fear of speaking out loud
- Thanatophobia: the fear of death
- Xenophobia: the fear of strangers

It often leads to depression and low self-esteem, and many times the phobic turns to alcohol or drug abuse, dealing with all the bad feelings.

In this summer work-study program, forty students applied and were selected based upon academic criteria and financial need that could be met by the end of the summer. The university became committed to the idea that if they were to hire employees to do work around the residence life programs, they should provide students with a 50% discount on the course and they earned the other half of the tuition by their work on campus.

In this summer work-study program, the students improved, practicing everyday can gradually become a habit.

According to Julie Savino, Director of Financial Aid, "This summer work-study program next year has increased to approximately four-hundred students. "Work-study this year was included in the financial aid package because we based it on financial need. Students need to realize that if work-study appears on their financial aid award that money only goes toward paying tuition if they turn in their checks over, otherwise that money goes to support their personal expenses during their semester in school."
Late Night, I mean, Late Show, I mean the earlier show with Dave is still a top 10 hit

By J. Broad
Guest Writer

"Same Dave, better time, new station!" the CBS ad campaign promised of Late Show with David Letterman, the wisecracking talk-show host's latest (or earliest) foray into the late-night talk-show arena. To borrow a phrase from the Clinton campaign: "That statement is accurate but it's not true."

After a much-publicized defection from NBC earlier this year, Letterman brought his self-described late-night lunacy to a new 11:35 time slot on CBS in the August 30 debut. Although the Dave remains the same, the show itself has undergone something between a metamorphosis and a mutation.

The first major change is the venue. His old NBC show, Late Night with David Letterman, was taped in one of the NBC studios in Rockefeller Center. His new show, Late Show with David Letterman, holds court in the newly renovated Ed Sullivan theater on Broadway.

"My name is Dave, and I checked this now with the CBS attorneys, and legally I can continue to call myself Dave."

Along with Corrigan's art, the exhibition will be several works by area sculptors Mary Bailey and Bullis-Wiese. Another feature of the exhibition will be several works by area sculptors Mary Bailey and Bullis-Wiese.

"Conversation" clay figures, by Tom Scippa of Fairfield, is being displayed at the Bernard Center for the Arts at the University of Bridgeport until Oct. 9. The Bernard Center is the fine arts. Information about the world from most people no longer receive the fact that, in the late 20th century, "Filling the Void" refers to the organizer, Gus Moran, the theme of our continuing spent the summer painting. "This to the south of France where they together."

Elm Street artists traveled together."

"The electronic media present us with much of what we learn about the world today," Moran said. "But the media cannot express the subtleties, the ideas, the inspiration that can be found in art. This show is our modest effort to help 'fill the void.'"

Along with Corrigan's art, the exhibition will showcase the paintings of Bob Brown, Christie Gallagher, Elizabeth Helling, Jack Lards, Judy Lambertson, Gus Moran, Alfonzo Thompson, Patricia Todesco and Elizabeth Bullis-Wiese. Another feature of the exhibition will be several works by area sculptors Mary Bailey and Tom Scippa.

Pat Todesco, another group member, echoes that sentiment. "It's wonderful seeing our work altogether in one space. We are having a powerful visual dialogue," she added.

The Bernhard Center Gallery is a fine space," said Scippa. "Being here in Bridgeport," he added, "reminds me of the many days spent at Seaside Park as a kid." Scippa currently teaches at the Sculpture Center and the New School, both in New York City, and at the Clay Place in Norwalk.

"Filling the Void" will be on exhibit from Sept. 12 to Oct. 9 at the Bernhard Center Gallery. Viewing hours are from 11 a.m. to 4 p.m., Tuesday through Saturday.

A reception to celebrate the opening of the exhibition, featuring a performance by New Haven fiddler Lynn Mullin, is scheduled for Sept. 12 from 2 to 5 p.m. Refreshments will be served, and the public is invited to attend.

The Bernhard Center for the Arts is at the corner of University Avenue and the campus of the University of Bridgeport.

Sacred Heart graduate to show paintings at UB

"Conversation" clay figures, by Tom Scippa of Fairfield, is being displayed at the bernard Center for the Arts at the University of Bridgeport until Oct. 9.

Special to the Spectrum

"Filling the Void" is the title of an exhibition of paintings and sculpture scheduled for this fall in the gallery of the Bernard Center for the Arts at the University of Bridgeport.

The exhibition will feature the works of twelve area artists, all members or associates of Bridgeport's Elm Street Artists' Collective, including one Sacred Heart graduate. Judith Corrigan, a graduate of Sacred Heart's Fine Arts program and a long-time member of the Elm Street Artists' Collective, said, "We began meeting for figure drawing every Thursday a few years ago. We found we had so much in common that we're still together."

Two years ago, several of the Elm Street artists traveled together to the south of France where they spent the summer painting. "This exhibit," said Corrigan, "will be a grand show of our continuing group effort."

According to the exhibition's organizer, Gus Moran, the theme "Filling the Void" refers to the fact that, in the late 20th century, most people no longer receive information about the world from the fine arts.

The electronic media present us with much of what we learn about the world today," Moran said. "But the media cannot express the subtleties, the ideas, the inspiration that can be found in art. This show is our modest effort to help 'fill the void.'"
Three graduate assistant trainers named

(PR) David Berry, Stephanie Carroll and Jon Russillo have been appointed graduate assistant athletic trainers at Sacred Heart University.

Berry, a 1993 graduate of UMass-Lowell, has been assigned to the men's soccer and ice hockey programs. The 22-year-old resident of Malden, Mass., served as a student athletic trainer with nine varsity programs at UMass-Lowell.

Football: Stopkoski returns as tailback

Continued from page 12

Carroll, who earned a B.S. in physical education from Plymouth State this spring, will work with the Lady Pioneers' field hockey, basketball and lacrosse teams. At Plymouth, the resident of Brentwood, N.H., was the president of the Student Athletic Training Club and served as head trainer for three varsity sports.

Russillo, who received a B.S. in sports, fitness and leisure from Salem State (Mass.) in May, will handle the women's soccer, men's basketball and men's lacrosse programs. The Windsor Locks, Conn., resident assisted with six varsity teams as a student athletic trainer at Salem.

The graduate assistants join holdovers Joe Galullo, who will work with Sacred Heart's football and baseball squads, and Sue Pastor, who has been assigned to the men's and women's volleyball and softball teams.

Volleyball: Powerhitter Chirigos joins SHU ball

Continued from page 12

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X-Country: Runners looking at challenging season

Continued from page 12

The team will replace blocker Elaine Agosti (graduate) and Cavaliere (graduate) with several newcomers this season, and the returners have shown a lot of enthusiasm and pride in what they were doing out on the field.

Reho believes the team is looking better this year but there is still much work that he feels needs to be accomplished.

"We have a young group of men," Reho said. "We will work hard and form them into a college team."

On Saturday September 11th, at 1 p.m. the Pioneers take on Iona College in their first home game of the season.

Recycle This Paper

April 29, 1993

SHU Spectrum - 11
Sacred Heart women's soccer players in action against the University of Bridgeport last season. After a decent soccer season in 1992, the soccer team is looking forward to another good performance. They opened their season last week against Dominican with a 3-1 victory. The new astroturf field held up well in the rainy Sunday game.

Photo by Jean Paul Velotti

By Maddy Dunlap
Sports Editor

When Dominican arrived to face the Pioneers this past weekend, they found a wet field and a team that had only practiced on Sacred Heart's newly laid turf twice. Little did Dominican know of this and yet were defeated 3-1 for the second year.

"It naturally felt good to win the first game of the season," Coach Joe Barroso said. "What made us stand out is that we practiced three times a day."

A comer kick from sophomore Jennifer Fallon brought the Pioneers into the lead 1-0 in the first half. Though the rain was coming down hard, they kept the lead with a strong defense and impressive saves from the goalie, Jenn Schultz.

Time outs were called in the second half due to Dominican injuries on the field. Barroso felt this broke the momentum that the Pioneers had attained, while SHU found themselves tied 1-1.

Not only does the Pioneer football team get to start out fresh for a whole new season, they also get a new astroturf football field. Here, the 50-yard line poses for a smiling photo for the Spectrulum.

Women's soccer wins opener 3 - 1

By Maddy Dunlap
Sports Editor

"We had full control of the game up until that point," Barroso said. "Of course there are injuries and time outs, it's the nature of the game but it broke us down."

Though the rain had stopped, the turf was still very wet but even so, the Pioneers pulled ahead to defeat Dominican 3-1 with a successful goal from Liz Chernis and a long shot score from freshman, Meredith Carr.

"There are a few more things we have to smooth out," team member Diana Young said. "On the turf the game goes faster but when it's wet the game is much quicker. We have to get a feel for the turf."

On Tuesday the 7th, the Pioneers play at Stonehill.

"Tough opponent," Barroso said. "Stonehill is the best team on the Northeast. We were no where close last year but this season we hope it is a little more competitive and that we stay in the game."

"Hopefully we can maintain them," Fallon said. "Stonehill beat us by 7 goals last year but they are not 7 goals better than us.

Volleyball sports four new players

By Maddy Dunlap
Sports Editor

The woman's volleyball team is facing a challenging yet prosperous season, with a first year coach and four newcomers.

In the ninth game of last season, SHU ended their season with a 1-1 tie against the University of Bridgeport. The new astroturf field held up well in the rainy Sunday game.

Photo by Jean Paul Velotti

By Mark Capone
Sports Writer

The SHU football team began their third season in the NCAA Division II level this fall with their annual pre-season football camp. Over 110 players, including approximately 50 returning players reported to camp.

Five new coaches were appointed by Head Coach Gary Reho; the offensive coordinator and brings with him seven years experience as a starting defensive tackle for the University of New Hampshire.

Verdi will be coaching the offensive line where he holds strong experience as a former offensive tackle for Connecticut. These coaches will help to

See X-Country, page 11

Four new coaches are bringing experience to the football team. Head Coach Gary Reho, with previous experience in the offensive line, will be coaching the Pioneer receivers. Ruggles will be overseeing the Pioneers' defensive line and brings him three years experience as a starting defensive tackle for the University of New Hampshire.

See Football, page 11

Not only does the Pioneer football team get to start out fresh for a whole new season, they also get a fresh new astroturf football field. Here, the 50-yard line poses for a smiling photo for the Spectrulum.

See X-Country, page 11

By Maddy Dunlap
Sports Editor

The men's Cross Country season is going into it's second year while the women's goes into it's third, both with a new coach, Lisa Pleban who is eager to work with the program.

"In years past the program just flopped around," Pleban said. "I hope to work with it and see individuals come to perform at their own level, while creating a strong team."

Returning to the men's team are juniors, Karen Dearing and Brian Johnson.

Pleban is looking at a successful season with these returning runners.

New to the men's team are freshmen, Matthew Farnham, Robert Gerovac, Peter Greenhalgh and Sam Pellasiero.

"These freshman will be great assets," Pleban said. "They will make a very strong base for the team."

To the women's team there are two returning members: senior, Betty Sanchez and sopho...