Sex ed policy committee comes under fire

By Jason A. Dalrymple
Editor-in-Chief

During a Presidential forum last Tuesday, Nov. 8, President Anthony J. Cemera addressed allegations that the committee to form the University's sexual education policy was unnecessary.

One student claimed that Cemera's comments during the forum reflected that a policy was already in mind and that the committee was pointless, according to attendees of the meeting.

The student's concerns rested on the issue of birth control and abortion counseling and their availability to students on campus according to Cemera and senior class president Maria Poupolo. The Student was unavailable for comment.

Dean of Students Kevin Kelly also faced the same questions raised during the forum. "Some students have come to me asking why we have the committee if the policy has already been decided," said Kelly.

However, according to Kelly, there is no "hidden policy, as there were," in either his or Cemera's minds.

"The committee is necessary to have open discussions and dialogue about topics pertinent to the policy," added Kelly. "We need to lay out the cards everyone holds and find the common denominators."

Cemera also expressed that the focus of the committee was not to develop programs, but to work on a statement regarding sexual education.

"We have the committee there to write a statement consistent with the University's mission statement," he said. "There are many procedures in education that can help others make moral decisions." This was Pottle's concern.

"She brought her views from an educational standpoint and was looking for teachings about safe sex and abortion," said Poupolo.

However, Cemera disagrees. "The sale of condoms in bathrooms and the availability of abortion counseling in the Counseling Center just don't fit," said Cemera.

"The committee needs to use the mission statement as a mirror to ask 'Are we doing this the way we should be doing it?"'

SHU to co-host 1995 Games

By Erin Harrison
Staff Writer

Sacred Heart University will host a portion of the 1995 Special Olympics Games from June 28 - July 11. The Games will be held from July 1 through July 9, 1995, at various Connecticut locations.

This will be the ninth Special Olympics World Summer Games for athletes with mental retardation.

The Games will also mark the largest sports event in the history of the state of Connecticut in addition to being the largest worldwide sporting event to be held in 1995.

The University will be one of several institutions throughout the state that will serve as hosts. Sacred Heart will provide housing, hospitality and communications for athletes and coaches.

Gov't pitches reform of student loans

By Marvo Buscaglia
College Press Service

Although receiving financial aid is necessary for many college students, no one says they have to like it. Whether they're searching for a lender, waiting for that loan check to clear or filling out their tenth verification form, the jungle of red tape associated with grants and loans is often too much to bear.

Slowly, however, the federal government has been trying to simplify the process. Congress has passed the William D. Ford Federal Direct Loan Program, which will introduce Individual Education Accounts, or IEAs.

"One of his goals was to allow students to make different choices with their loans so they wouldn't be burdened down with repayment as soon as they graduated from college." Congress has passed the William D. Ford Federal Direct Loan Program, which will introduce Individual Education Accounts, or IEAs. "One of his goals was to allow students to make different choices with their loans so they wouldn't be burdened down with repayment as soon as they graduated from college."

Similar to a home mortgage, the new plan gives student borrowers a variety of repayment options designed to fit their individual financial situation. These options include:

- Standard Repayment Plan: Borrowers can still choose the standard fixed payment over 10 years.
- Contingent Repayment Plan: A borrower's monthly payment is based on his or her annual income and loan amount. Since the repayment is a fixed percentage, repayments rise when income goes up and decline when income decreases.
- Extended Repayment Plan: A borrower can extend his or her repayments over 12-30 years depending on the loan amount.

Road to Wellville

Where is your next meal coming from?...page 17

Seniors finish season on the up and up...page 12
S.H.U. sets enrollment records

Anxiety workshop

Student Loans: making changes

Controversy: Comments misunderstood
Special Olympics: SHU gets involved

Continued from page 1

gymnastics, tennis, aquatics and
golf.
"The mission of Special
Olympics is to provide year-round
training and athletic competition
in a variety of well-coached,
Olympic-type sports for indi­
viduals with mental retardation," states the Special Olympics mis­sion.

"It provides them with con­
tinuing opportunities to develop
fitness, demonstrate courage, ex­
perience joy and participate in the
sharing of gifts, skills and friend­
ship with their families, other
Special Olympics athletes and the
community."

A Games Management Team
Coordinator will be named in the
near future along with more de­
dtails of the events. The University
will have more involvement in the
1996 Games cooperatively with
Fairfield University.

Order your college ring NOW.

JOSTENS

DATE: DEC. 5, 6, 7; MON-WED
TIME: MON-TUE: 11-3:00, 5-7
WED: 11-3, 7-30-9
PLACE: OUTSIDE FACULTY LOUNGE

Gold Sale

$40.00 of 10k Gold
$80.00 of 14k Gold
$150.00 of 24k Gold

Free Drawing

Sign up for a chance to win a
10k gold ring (2 winners)

H.S. Trade In

Trade in your 10k Jostens H.S.
ring and buy your SHU 14k gold
ring at the 10k gold price

Installment Plans

Purchase your ring for $39.00
per month. No interest or fi­
nance charge

Free pizza and soda
every Wednesday
evening!!!

Be a part of the SHU
tradition!!!
Catholic question a rhetorical one

Many students must wonder what the point of having a sexual education policy would be on a Catholic campus. Why have a token policy that serves no purpose but to spew Biblical edicts at mindless receptacles? But that's not what it is. A sexual education policy is needed to prevent scenarios like the popping of the AIDS program last Spring.

The policy is needed so that future generations can go confidently into one of those many gray areas of information and feel comfortable and secure in what they say or do to educate. True, condoms, birth control, and abortion are not part of this discussion. Which they shouldn't be anyway.

Sacred Heart IS a Catholic institution with a Catholic mission statement, a Catholic name, a predominantly Catholic population, and a Catholic Archdiocese determining its ability to function.

We all knew before we came that the University was Catholic. Now that we realize how Catholic, though, we suddenly find this new moral imperative to keep of with the Jones's of the nineties.

Wrong. Church and state have always been kept separate by law. At Sacred Heart, the church is law. Therefore, the laws must be consistent and thusly Catholic.

Addicted users equals blatant abusers

By Jason A. Dalrymple
Editor-in-Chief

A new rave has swept its way throughout the entire campus. There has not been a rave like this since the last time there was an off-campus event (most of us don't remember that; we were either too young to have been there or too old to even remember it by now). To most, the new rave is called the Internet, but that is a complete fallacy. The actual interest is what's known as the IRC, or Internet relay chat. This is not simply a semantic difference, nor just word choice, they're just two different things.

The IRC is a system by which I would imagine it has no spread to about one-third of the students on campus. Not to say that this is a great portion, but it is more than would be expected for such new-fangled, high-technohabble stuff that old farts like me (remember last week?) care to think about. But then again, it has swept over mostly the young (or younger. I'm not trying to say that these people are...oh, nevermind. You know what I mean).

And it is the young only who have the stamina to use it.

Not that it is the most taxing or physically stimulating activity, for to use it, one must only use their fingers and a bit of imagination (and no, this is not usually reserved for the privacy of one's own home, so get your minds out of the gutter). Really, I'm not kidding. If one has the power to run on a terminal and type a few numbers and letters, one is probably "in." And once you're in, you're in for a pretty decent ride.

The world is now at your fingertips. This guy from Australia, this woman from Sweden, another from California, India, Canada. (I hope you're getting the picture by now) and a plethora of other areas. Most of us probably would need extra time to find on a map. So here we all sit, in front of amber screens, visions of these fabulous people from all parts of the globe. What a magical place to be. And once you're in, you're in for a pretty decent ride.

The world is now at your fingertips. This guy from Australia, this woman from Sweden, another from California, India, Canada. (I hope you're getting the picture by now) and a plethora of other areas. Most of us probably would need extra time to find on a map. So here we all sit, in front of amber screens, visions of these fabulous people from all parts of the globe. What a magical place to be. And once you're in, you're in for a pretty decent ride.

The policy is needed so that future generations can go confidently into one of those many gray areas of information and feel comfortable and secure in what they say or do to educate. True, condoms, birth control, and abortion are not part of this discussion. Which they shouldn't be anyway.

Sacred Heart IS a Catholic institution with a Catholic mission statement, a Catholic name, a predominantly Catholic population, and a Catholic Archdiocese determining its ability to function.

We all knew before we came that the University was Catholic. Now that we realize how Catholic, though, we suddenly find this new moral imperative to keep of with the Jones's of the nineties.

Wrong. Church and state have always been kept separate by law. At Sacred Heart, the church is law. Therefore, the laws must be consistent and thusly Catholic.

Addicted users equals blatant abusers

By Jason A. Dalrymple
Editor-in-Chief

A new rave has swept its way throughout the entire campus. There has not been a rave like this since the last time there was an off-campus event (most of us don't remember that; we were either too young to have been there or too old to even remember it by now). To most, the new rave is called the Internet, but that is a complete fallacy. The actual interest is what's known as the IRC, or Internet relay chat. This is not simply a semantic difference, nor just word choice, they're just two different things.

The IRC is a system by which I would imagine it has no spread to about one-third of the students on campus. Not to say that this is a great portion, but it is more than would be expected for such new-fangled, high-technohabble stuff that old farts like me (remember last week?) care to think about. But then again, it has swept over mostly the young (or younger. I'm not trying to say that these people are...oh, nevermind. You know what I mean).

And it is the young only who have the stamina to use it.

Not that it is the most taxing or physically stimulating activity, for to use it, one must only use their fingers and a bit of imagination (and no, this is not usually reserved for the privacy of one's own home, so get your minds out of the gutter). Really, I'm not kidding. If one has the power to run on a terminal and type a few numbers and letters, one is probably "in." And once you're in, you're in for a pretty decent ride.

The world is now at your fingertips. This guy from Australia, this woman from Sweden, another from California, India, Canada. (I hope you're getting the picture by now) and a plethora of other areas. Most of us probably would need extra time to find on a map. So here we all sit, in front of amber screens, visions of these fabulous people from all parts of the globe. What a magical place to be. And once you're in, you're in for a pretty decent ride.

The world is now at your fingertips. This guy from Australia, this woman from Sweden, another from California, India, Canada. (I hope you're getting the picture by now) and a plethora of other areas. Most of us probably would need extra time to find on a map. So here we all sit, in front of amber screens, visions of these fabulous people from all parts of the globe. What a magical place to be. And once you're in, you're in for a pretty decent ride.

The world is now at your fingertips. This guy from Australia, this woman from Sweden, another from California, India, Canada. (I hope you're getting the picture by now) and a plethora of other areas. Most of us probably would need extra time to find on a map. So here we all sit, in front of amber screens, visions of these fabulous people from all parts of the globe. What a magical place to be. And once you're in, you're in for a pretty decent ride.

The world is now at your fingertips. This guy from Australia, this woman from Sweden, another from California, India, Canada. (I hope you're getting the picture by now) and a plethora of other areas. Most of us probably would need extra time to find on a map. So here we all sit, in front of amber screens, visions of these fabulous people from all parts of the globe. What a magical place to be. And once you're in, you're in for a pretty decent ride.

The world is now at your fingertips. This guy from Australia, this woman from Sweden, another from California, India, Canada. (I hope you're getting the picture by now) and a plethora of other areas. Most of us probably would need extra time to find on a map. So here we all sit, in front of amber screens, visions of these fabulous people from all parts of the globe. What a magical place to be. And once you're in, you're in for a pretty decent ride.

The world is now at your fingertips. This guy from Australia, this woman from Sweden, another from California, India, Canada. (I hope you're getting the picture by now) and a plethora of other areas. Most of us probably would need extra time to find on a map. So here we all sit, in front of amber screens, visions of these fabulous people from all parts of the globe. What a magical place to be. And once you're in, you're in for a pretty decent ride.

The world is now at your fingertips. This guy from Australia, this woman from Sweden, another from California, India, Canada. (I hope you're getting the picture by now) and a plethora of other areas. Most of us probably would need extra time to find on a map. So here we all sit, in front of amber screens, visions of these fabulous people from all parts of the globe. What a magical place to be. And once you're in, you're in for a pretty decent ride.

The world is now at your fingertips. This guy from Australia, this woman from Sweden, another from California, India, Canada. (I hope you're getting the picture by now) and a plethora of other areas. Most of us probably would need extra time to find on a map. So here we all sit, in front of amber screens, visions of these fabulous people from all parts of the globe. What a magical place to be. And once you're in, you're in for a pretty decent ride.

The world is now at your fingertips. This guy from Australia, this woman from Sweden, another from California, India, Canada. (I hope you're getting the picture by now) and a plethora of other areas. Most of us probably would need extra time to find on a map. So here we all sit, in front of amber screens, visions of these fabulous people from all parts of the globe. What a magical place to be. And once you're in, you're in for a pretty decent ride.

The world is now at your fingertips. This guy from Australia, this woman from Sweden, another from California, India, Canada. (I hope you're getting the picture by now) and a plethora of other areas. Most of us probably would need extra time to find on a map. So here we all sit, in front of amber screens, visions of these fabulous people from all parts of the globe. What a magical place to be. And once you're in, you're in for a pretty decent ride.

The world is now at your fingertips. This guy from Australia, this woman from Sweden, another from California, India, Canada. (I hope you're getting the picture by now) and a plethora of other areas. Most of us probably would need extra time to find on a map. So here we all sit, in front of amber screens, visions of these fabulous people from all parts of the globe. What a magical place to be. And once you're in, you're in for a pretty decent ride.

The world is now at your fingertips. This guy from Australia, this woman from Sweden, another from California, India, Canada. (I hope you're getting the picture by now) and a plethora of other areas. Most of us probably would need extra time to find on a map. So here we all sit, in front of amber screens, visions of these fabulous people from all parts of the globe. What a magical place to be. And once you're in, you're in for a pretty decent ride.

The world is now at your fingertips. This guy from Australia, this woman from Sweden, another from California, India, Canada. (I hope you're getting the picture by now) and a plethora of other areas. Most of us probably would need extra time to find on a map. So here we all sit, in front of amber screens, visions of these fabulous people from all parts of the globe. What a magical place to be. And once you're in, you're in for a pretty decent ride.
NEWS FROM TULSA

By Chris Nicholson
Contributing Editor

I was once driving home from a friend of my sister's, and as we
turned through a curve in Interstate 95 we could see the din-
cordial silhouette of downtown New Haven against a pale orange
morning sky. He said, "You know, I love this sight. No matter
where I go in the world, when I see the sky-
line of New Haven in the distance, I know that it's
home." And wherever I go, when I can see the buildings of Bridge-
down the distance, I know that I'm home.

To the Editor:

Inconsistencies show in treatment of clubs

To the Editor:

Greek Life is a part of Sacred Heart that is said to be finally
getting the respect they have been fighting for. Everyone recognizes the sororities and fra-
ternities on campus and they are continually being praised for their activities. But this only seems to be the case on the surface.

As I walk around the campus and observe the pledging activi-
ties run by the sororities and fra-
terminities I see the people who are
determined to be accepted walking
around in costumes, carrying objects, singing songs. To some, this is fun, to others it is
hazing. Where does one draw the line?

One club can force their pledges to make spectacles of themselves and they will not be re-
primanded. But another group will be asked to remove the same and all hell breaks loose. There is discrimi-

ation. Denise Sarphin and Al Precourt have the ability to change

memories. Some clubs fight for respect while others fight for nothing. I believe that the inconsistencies are

precipitated by the inconsistencies in the way the school treats the

The Spectrum will not publish Nov. 24
due (thankfully) to Thanksgiving.
Changing views

Holocaust education sheds light on human nature

By Joy Graves
Contributing Writer

Recently I had the opportunity of taking a semester course on the Holocaust. It went in with the same attitude as many of my peers did - "The Germans weren't at fault...they were just victims of Hitler," which in part was due to the way history has been taught throughout the years and the fact that we have become a society that doesn't like to place blame on ourselves.

But in the course of the semester, my attitude changed drastically and now I look at the Holocaust in a different light.

We started with a basic back ground of the study of sociology itself...what it is, what sociologist do, what we can learn.

Then we moved into the way the Jewish community has been oppressed and persecuted through history.

All of this led into the final quarter and an intense look at the Holocaust.

I heard many ideas that had been presented before, but there was one that I hadn't heard and at first, didn't want to believe. It is that, when it comes to being a bystander, a majority of people will just stand by. I believed that the blame to rest on Hitler and the SS and that the German people were not to blame because of the times.

But I soon realized that even though they were in the middle of a great depression, and even though Hitler was appealing to the German people and masses of them were following the sadistic ideas of both Hitler and the SS, there were a few brave souls that dared to go against the majority and do what they could to make a dent in Hitler's final solution to his perceived Jewish problem.

It was those few that we read about and discussed that made me realize that everyone was to blame. The United States, the Germans, the French, the world was to blame.

We, in the United States, were too occupied with our own problems to do something, even though we knew that Hitler was systematically murdering millions of people and a plea for help had been made over and over for intervention.

And it made me wonder what would have happened in the United States if the government had decided to annihilate the Japanese-Americans that they had interned.

I wondered why we weren't doing more about the "ethnic cleansing" in Bosnia.

I, like many other millions of Americans, oversimplified the Holocaust. But I realize now that we should not and cannot oversimplify something as horrific as what occurred during those years.

The Holocaust blame was to be placed on people like us...common, everyday people.

And that hit me - and my classmates - in the heart, because it made us wonder what we would do in the same situation.

The Holocaust blame was to be placed on people like us...common, everyday people.

And that hit me - and my classmates - in the heart, because it made us wonder what we would do in the same situation.

We would like to think that we would help to the best of our ability...but it had been shown and proved that statistics were working against us.

I now believe more than ever that one person can make a difference. The few people that helped the Jewish during the Holocaust are proof of that.

More Letters to the Editor...

PUBLIC SAFETY officer shows worse side of the coin

To the Editor,

Good day. How are you? That's nice.

I am writing in response to the article pertaining to the crime rates of Sacred Heart. Their director and the officers are doing an admirable job in servicing our community and deserve two thumbs up.

The article states that "Public Safety provides a desk until dawn escort service." Depending on the driver they do. For the most part in my calling for escorts I have been taken care of. I say for the most part because I was treated rudely by a certain Public Safety officer I will let remain unknown.

A few weeks ago around 2 a.m. on a Saturday night (And I didn't have an ounce of booze in me) I was walking from Jefferson Hill towards South and West Halls and saw both Public Safety vehicles parked side by side. I walked up and asked them for an escort. The officer of question replied "You don't want an escort. You want a taxi." I rebutted, repeating my need for an escort back to Parkridge. He then again said "You don't want a escort you want a (expletive) taxi." I told him I didn't need this and being a generous fellow, I returned with an expletive of my own. I proceeded to walk away from the one that was a jerk only to be escorted by another officer, one that was more friendly and more professional. I take my hat off to him.

In regards to the officer in question, part of Public Safety, like this paper states, is to provide escorts. If this grumpy son-of-a-bitch doesn't want to take that long haul to Parkridge and just sit in his car, maybe he should work in some toll-booth on some desolate highway. Thank you for your time.

Mark C. Manchester

STOP STALLING SEX ED.

To the Editor:

I would like to comment on our sex ed policy. Even though this is a Catholic institution and the Catholic religion is against birth control and abortion, I believe Sacred Heart holds the responsibility of informing and educating students about birth control, sex, and abortion. Education on such topics leads to a lack of ignorance, which in turn leads to more responsible actions on student's behalves.

Students are going to be having sex whether the University makes rules against it or not. I believe that administrators must recognize this fact and stop stalling on passing sex education policies. Isn't it better that students make decisions on facts that they learned rather than myths they believe?

Maureen Collins

SECURITY PREOCCUPATION BORDERS ON INVASION

To the Editor:

This school is so preoccupied with security, I've visited 15 or so college campuses in the past few years and Sacred Heart, out of all of them, has the most elaborate security. South and West halls are harder to get into than Fort Knox. When I walk around campus, I feel like I am in a war zone.

Why do we need 20 million cameras mounted on South and West halls? How many crimes being committed have been caught on camera? If someone from off campus wants to get into the dorms they can. I've seen a few delivery men wandering the halls. Where is Public Safety then? I don't see them flying around the nearest corner on their Schwinn trying to apprehend these trespassers.

Jonathan Forsythe

Letters to the Editor must be submitted the Monday prior to publication.

All letters must be signed and be accompanied by a phone number.

The Bell Curve
Calvin and Hobbes

WHAT A BEAUTIFUL SUMMER DAY... AND I'VE GOT TO SPEND IT IN AN OFFICE, BRO.-

IT SEEMS LIKE I'M ALWAYS RUSHING OFF AND NEVER TAKING THE TIME TO ENJOY DAYS LIKE THIS.

I'D SURE LIKE TO HAVE A QUIET DAY AROUND THE HOUSE... NO TRAFFIC... NO SCHEDULE... NO PHONE CALLS... BUT THAT WOULD BE GREAT. I COULD SPEND SOME TIME WITH CALVIN, READ A BOOK, GO ON A BIKE RIDE...

MAYBE I SHOULD TAKE THE DAY OFF. THE WORLD WOULDN'T END IF I DIDN'T GO INTO THE OFFICE TODAY. DAYS LIKE THIS DON'T COME OFTEN AND LIFE IS SHORT.

WHEN WILL ANIMALS LEARN THAT HUMANS ARE THEIR SUPERIORS?

YOU GON'T WANT TO HEAR FROM ME, BUT I WORRY ABOUT YOU, THE FIRST WET WINTER.

HELP! I REALLY OWE YOU!

"Remember we agreed to get one pel typewriter, I find, and I hope you won't think I'm too big"

"Oh, Gargantua, come here Gargantua... let's go buy!"

ANSWERS

10 Long fishes
15 Michigan's neighbor
16 "— for All Seasons"
17 Got up
18 Dr. Sagan
19 Descant
20 Disavowal
22 Dasher or Blitzen
24 Boxing losses
25 Nurse
26 Guided
27 Surrounds with troops
31 Ship letters
32 Helicopter part
33 Peruses
34 Woman's secret?
38 Soon
39 Montana city
40 Satire
41 Recipe meas.
42 Entire range
43 Sweet stuff
44 Lad
45 Line of bold cliffs
47 Eight-sided, figure
51 Monthly expense
52 Thought logically
54 Made points
58 Unlit
59 Member of royalty
61 Act
62 It. family
63 Snare
64 Lariat
66 Past planes
67 Made a mistake

DOWN
1 Food fish
2 Entice
3 Heavy element
4 Put into place
5 Gym shoe
6 Fabled bird
7 Wearies
8 Isolation
9 Isolation
10 Bed of roses?
11 Turk, title
12 Saree-wearer
13 Mortimer —
21 Ship i%ary
23 Loch — monster
25 Watery portion of blood
27 Nasty child
28 Long periods of time
29 Road sign
30 Inaugurate
34 Fragrant oil of roses
35 Simple green plant
36 Stir into action
37 "Jane —"
38 Knives on rifles
40 Buyer
42 Kind of dancer
43 Heartthrob
44 Barry container
45 "— Miserable"
47 Depart
48 Hall
49 Small part
50 Autographs
52 Mahatma Gandhi
53 Lenin's speech
55 Kitchen end
57 Look or one
58 Some records: altar.
Red Hot and Country sizzles
AIDS benefit album crosses musical boundaries

By Todd Woodard and Melissa Bruno

Continuing the series of charity performances by country artists that have made significant contributions to Farm Aid and Midwest Flood Relief, Red Hot and Country lends its voice to AIDS education and relief.

The Red Hot Organization has produced a series of AIDS awareness and fund-raising projects, Red Hot and Country being the fourth in the series. This is not a surprise, considering that as early as 1931, country performers like Jimmie Rodgers used their music to benefit social causes.

Kathy Mattea, a well-known country singer, organized the album in conjunction with the organization. She performs two songs along with other artists.

There are a total of 17 songs on the album, performed by a variety of 33 artists. The music is as diverse as the singers and covers many themes with a sincerity that lives up to the country music tradition.

Some typical, twangy downhome country tunes are "Tobacco Road Blues" by Brooks & Dunn with Johnny Cash, "Matchbox" by Carl Perkins, Duane Eddy and The Mavericks and "Close Up The Honky Tonks" by Rodney Foster. Some of the more contemporary tracks are easier on the ear of an audience who doesn't like old country. Performers such as Suzy Bogguss, Alison Krauss, Kathy Mattea and Crosby, Stills and Nash remake songs of the compilation. Another remake, James Taylor's "Fire and Rain," was done by Sammy Kershaw. The song is good in itself, but this version leaves something to be desired, namely feeling. It's too cold and hollow.

The best songs on the CD, in our opinion, are "Up Above My Head/Blind Bartimus" by Marty Stuart with Jerry and Tammy Sullivan and "When I Reach The Place I'm Going" by Patty Loveless.

The first song is a country gospel tune sung a cappella. The harmony these performers created is moving, to say the least. Patty Loveless' song is slowed down, made sorrowful, with lyrics that speak to the listener with meaning and emotion.

This CD is filled with good music from good performers. Even for those not used to country music, it's worth a listen.

If you are a country music fan, this compilation is a must have and the net proceeds from the album go to existing AIDS organizations around the world, so it's worth the money.

These artists have put together an album filled with hope for AIDS and HIV sufferers everywhere, and in the words of Patty Loveless, "Every light begins with darkness."

The Mavericks and "Close Up The Honky Tonks" by Rodney Foster.

The first song is a country gospel tune sung a cappella. The harmony these performers created is moving, to say the least. Patty Loveless' song is slowed down, made sorrowful, with lyrics that speak to the listener with meaning and emotion.

This CD is filled with good music from good performers. Even for those not used to country music, it's worth a listen.

If you are a country music fan, this compilation is a must have and the net proceeds from the album go to existing AIDS organizations around the world, so it's worth the money.

These artists have put together an album filled with hope for AIDS and HIV sufferers everywhere, and in the words of Patty Loveless, "Every light begins with darkness."

The Road To Wellville: construction needed

By Katherine Bump

The Road to Wellville is a handbook for hygiene and nutrition fanatics. Written and directed by Alan Parker from T. Coraghessan Boyle's novel, it tells the story of a time in the history of Battle Creek, Mich., when the town witnessed a insane wave of aids to cure, to enhance nutrition and irrigation.

Battle Creek was to corn flakes as Boston was to beans, and the most famous of all local reformers was the marvelous Dr. John Harvey Kellogg.

John Harvey Kellogg. Yes, we all have heard of this inventor of the corn flake, but this remarkable man also invented peanut butter and, to the surprise of many, numerous primitive devices to cleanse the body inside and out.

While it is certainly considered healthy today to watch your diet, and avoid alcohol, caffeine and tobacco, The Road to Wellville uses those notions to elaborate and invent some incomparable and foolish reforms.

Kellogg, a buck-toothed ring leader, played by Anthony Hopkins, compacts his philosophies of the digestive system into quaint one-liners: "The tongue is the billboard of the bowels." "We are but life guards on the shores of the alimentary canal." "An erosion is a Maggie on your grave."

Hopkins (Silence of the Lambs) is a trip you must take. If you have friends who smoke, help them quit during the American Cancer Society's A Habit on Nov. 21. If not, save your money and time and stay home. I wish I had.
In the beginning, there were only the "B" sports: basketball and baseball. Then five years ago Sacred Heart University decided to change that. Five years ago...the dawn of an era.

Gary Reho, a native of Trumbull, Connecticut, was hired to develop and guide the newly conceived program.

"People said I was crazy for leaving a sound program for one that is just starting," Reho said after arriving at Sacred Heart. He had been at Worcester Academy for six years where, with Reho at the helm, the football team compiled a 41-11 record.

"I met with Dave Bike (then athletic director) and Henry Krell (then dean of students) and Dr. Anthony Cenera (university president)," Reho added at the time, "and found that it's a place where people do things the right way, and where a good football program could be built in a few years."

It didn't take long for Reho to realize his goal of building a winning program. The first season ended with the Pioneer record standing at a tall 5-4. The season was highlighted by a mid-schedule five game winning streak, and by a five-minute feature on the team broadcast on national television during halftime of a Florida State/Miami game.

But the glory wouldn't last for long.
Blasts From The Past

Reho's comments on the seniors

Marc Scacciaferro—"A great hitter, he's grown up quite a bit since freshman year. I am looking forward to working with him on a coaching level."

Bill Johnston—"I knew Billy since he was a sophomore in high school. I recruited him at Worcester, and then I left to coach here. I was lucky enough to get him to follow me here."

Jim Gibbons—"A quality guy, has never been in any sort of trouble. He has progressed physically and mentally from his first season. Hopefully he'll be back as a coach."

Dante Laurendi—"A transfer student from St. John's, an entertaining character who is a lot of fun."

Mark Zuccarella—"A hard working player who stuck with us. It was sometimes hard finding him a spot to play, but when we did find him a spot, he came through for us."

Ron Stopkoski—"Came in as one of the top players in the state. A steady performer for four years, and he leaves the program as the leading rusher."

Rob Stopkoski—"A good athlete. Started his entire career at either corner or linebacker. A student leader who did a great job representing the team in the Athletic Council."

Russ Greenberg—"He has grown a great deal since freshman year. I am wishing him great success in his career as a commodities broker."
Players

(Clockwise from above) Russ Greenberg (50), Jim Gibbons, Bill Johnston, Dante Laurendi, Marc Scacciaferro, Ron Stopkoski, Mark Zuccarella, Rob Stopkoski.
Continued from page F1

As the young team would soon find out, one winning season does not necessarily mean a winning tradition. The following season, the team never even left the starting blocks, and they dropped all nine games.

"The first season we had an easier schedule," Reho explained. "The following year we beefed up the schedule. The players had thought we were pretty good, but the effort in the off-season just wasn't there."

The second season was also marred by the dismissal of several players. "They knew what to expect," Reho said. "Certain things you can't put up with while running a program."

The end of the dismal second season let the team know that Reho was serious, and that the game was serious too.

Senior Co-Captain Marc Scacciaferro, one of the eight original players graduating the team this year, said of the second season: "After sophomore year, we as a team decided that we weren't going to put up with anyone who wasn't dedicated to the program. The players that were left developed a strong family-like bond."

In the third season the Pioneers breathed life back into the program, as they set out to prove that they could be competitive with the tough schedule set before them. Although they finished the season with only three wins, they were frighteningly competitive with most of the teams they played.

At the end of the third year, the squad went into off-season training with Strength and Conditioning Coach Matty Melisi.

"Matty did an outstanding job with the players," Reho remembered. "He provided them with one of the best training programs in the country. It was up to the players to put in the effort."

The effort paid off. The Pioneers finished their fourth season last week with a respectable 4-5 record. Two of those losses were by four points or less.

After the team won their last game of the season 20-6 against Pace University, Reho said, "I'm proud of the guys that did stay and stick it out through the good and bad times, and I'm pleased they went out winners."

So now what will happen to those guys who stuck with it?

Scacciaferro, Co-Captain Jim Gibbons and Dante Laurendi may help coach the Pioneers next season. Co-Captain Bill Johnston will seek a masters degree in criminal justice. Russ Greenberg will move back to Chicago where he has already accepted a job as a commodities broker. Mark Zuccarello, Reho Stopkoski and Ron Stopkoski plan on finishing their degrees.

And what will happen to the football program?

"The fifth year," Reho said, "is the most important in building a program. Next year will be a big year for us."

The first year they were successful, but they still had no identity.

Johnston believes, "The differences between this year and the first year are that we have a nicer field, the attitudes of all the players are better, and it feels more like a college football program."
"Black and White" exhibit to open
Moods, styles, subjects show great range

Special to the Spectrum

"From The Figure: In Black and White," a two month exhibit featuring the works of 18 artists primarily from Connecticut and New York, will open at Sacred Heart University's Gallery of Contemporary Art on Sun., Nov. 20. The public is invited to attend the opening reception from 1 to 4 p.m.

The artists represented in the exhibition, which runs through Thurs., Jan. 26, work in a variety of media including charcoal, pencil, oil, acrylic, welded steel, conte crayon, photography, pastel and ink. A catalog depicting each piece, resumes of the artists, and an essay by exhibit curator Deborah Frizzell will be available.

"Their styles range from the documentary photographic representation to the abstract," Frizzell writes. "In mood, they range from the whimsical to the poignant, the nostalgic to the ironic."

"I have always enjoyed works in black and white for their versatility. Occasionally powerful and redolent of the human condition," writes Reginald Cuddy's collagraphic image in an impersonating another artist. Artspaces in New Haven, will display a fluid pencil drawing that captures one artist's results were sometimes surprising and always interesting." says Cuddy. "My goal was to express to the viewer's space, Frizzell noted."

"Manias Frida" by Jane Sutherland, formerly of England, has exhibited his creative work throughout Europe and the United States while Steele and the others have been featured in exhibits throughout the region. Suzan Sutain, a New Haven artist who has exhibited in various galleries including the Pump House Gallery in Hartford and Artspacs in New Haven, will display a "Circus" motif, a "witty, artistic balancing act."

"For a past era, but redolent of the human condition," Frizzell said that Barbara Rothenberg's "Profile" "abstracts a portrait and a mood in the raw vocabulary of form. Rothenberg has exhibited his creative work in a variety of images that are known: abstract, geometrical and three-dimensional. "The results were sometimes surprising and always interesting."

Don't Miss our
Traditional
Thanksgiving
Dinner

Celebrate
Thanksgiving
with your Friends

Turkey, Stuffing, Bread Bar,
Cranberry Sauce, Mashed Potatoes
Pumpkin Pie, and much more!

Spring registration is almost here... DO YOU HAVE AN OUTSTANDING BALANCE ON YOUR FALL TUITION? If you do, you must contact Keith Tucker in Student Accounts, N 101, at 371-7947

Failure to resolve balances will prevent your SPRING REGISTRATION
In the early 1960's a man of pure genius gave birth to a new universe and gave breath to an industry on its last gasp. The industry was comic books. The man was Jack Kirby.

The late Jack Kirby is considered both father and king of the modern comic book, for it was his genius and stunningly vivid imagination which created so many unforgettable characters. These were not simple or average characters. These were the characters that millions of kids grew up with, and millions of adults can still identify with.

Kirby's creations included The X-Men (Cyclops, Iceman, Professor Xavier, The Beast, and Magneto), Iron Man, Thor, The Hulk, The Fantastic Four, Mr. Miracle, and an endless cast of other characters.

Kirby created a universe of heroes and villains which shaped the comic industry and brought about the Golden Age of super heroes.

The heroes were moral, fine, upstanding individuals. They fought for justice, thwarting the bad guys and turning them over to the police. There was hardly any death, and if there was, it was a tragedy mourned by the hero.

Recently, however, the hero has been shunned from his or her role as a protector of life and defender of justice. The violence in comic books has become noticeably different, as the hero grows darker and darker. There is one explanation for the rise of the dark hero, and it is this explanation which threatens to destroy Kirby's dream by drastically altering the heroes Kirby created. Greed has slowly begun taking over the comic industry and brought about the 'anti-hero.'

The answer is simple - violence, death and blood sell. At some point Kirby's dream of entertainment became a rat race to get the comic readers to fork over money to the hoarding companies, like Marvel Comics.

Marvel is the biggest company in the industry and continues to destroy Kirby's dream by drastically altering the heroes Kirby created. Greed has slowly begun to ruin the comic industry. This greed forces the industry to do whatever it takes to make more money.

The violent hero is a twisted child of this money lust. It would seem that the nineties have become the time of the dark hero. You may be asking yourself - 'What in God's name is this kid talking about?' Well here's the scoop.

In the past four years the major players in the industry (Marvel and DC) have tried a multitude of gimmicks and have created darker, grittier heroes to take in the money. The 'art' of comic books has become an art of money making.

In the past four years several major heroes have undergone changes and have gone the way of the 'anti-hero.'

Batman had his back broken and was taken out of the picture. Replacing him was another man, but he was not the same. This man took the mantle of the bat and began to kill the villains, the Bat-Rang became a razor sharp weapon that could slice a villain's hand off.

This new Batman also wore armor and more often than not beat the snot out of a bad guy until he died. Thank God the old Bruce Wayne came back and replaced this stand in.

Captain America was driven to the point where he wielded an Uzi and began to mow down the criminals.

The Punisher is now a lunatic rocker and killed a few thousand people, on the way to his own death.

All these drastic changes serve to undermine Jack Kirby's dream and combined with at least a $1.50 cover price, put money in the pockets of these corrupters.

It is important to keep in mind that not all creators are out to make a buck and there are still companies who believe in comics as an art.

Frank Miller, Walt Simonson, John Byrne, and Mike Mignola are some of the comic greats who have sought to preserve Kirby's dream.

The first of these companies to protect their creations from the misuse and abuse of their creations was Image Comics. These may not be the best comics, the art may be sloppy or the stories junkie, but the creators have complete control of their characters. This control was new to the industry and now many creators have formed individual companies to protect their creations.

Frank Miller, John Byrne, and various other creators created the Legends imprint from Dark Horse Comics. Mr Jack Kirby had this ability, to protect his characters, Marvel would be just as well to do the same and their comics would be a good read.

If you are an avid fan or even remotely interested in comics, there is a newly forming Comic Book Club, which meets every Monday in the Dining Hall.
Taking classes into the "Next Generation"

By Marco Buscaglia
College Press Service

Fifty-two students at Evergreen State College are going where few have gone before. The college is offering a Star Trek course, and despite notions of "Vulcan 101" and "Klingon: Friend or Foe?" the class is hardly the stuff of science-fiction fluff, say its instructors.

"We're not teaching Star Trek. We're teaching various disciplines and using Star Trek as the basis for example and analysis," says Carrie Margolin, one of the course's three instructors. "We use segments from both television series and the films to make the academic connections."

The Ev­ergreen cata­logue defends the use of Star Trek as basis for the course by stating that "the show 'has metaphors for the study of a variety of important contempo­rary subjects, including anthropo­logy, artificial intelligence, space travel, psychology and so­cial development.'"

"What comes out in the cur­riculum depends on who wants to teach what," says Margolin. "We try to find common topics and then the instructors will come up with a plan to create a course of study."

"Where No One Has Gone On, we started talking about a way to tie it into a class." The class is broken down into modules of Cognitive Psychology, Screenwriting and Animation Culture. Students in the class spend one day a week viewing scenes or episodes that will later be used as a reference point for material discussed in class. And while the material may seem diverse, students in the class say the use of the science fiction classic helps them tie it all together.

"I was impressed with how they integrate the different areas into their teaching," says student Barry Buck. "Star Trek is the cata­lyst for the retention of some very difficult concepts. It helps, the material we discuss seem very real, not like just something out of a textbook."

Buck says he's an avid Star Trek fan, and that he knew he had to take the class as soon as he saw it offered.

"Being a fan of the series and the movies, I thought it would be interesting to look a little further into some of the material," Buck says. "I'm sure you could take almost any film or television series and use it as a reference point for certain topics, but the fact that Star Trek is science fiction brings the material to a different level."

And while the concepts are diverse, Star Trek is the unifying theme that ties them all together.

For example, the class has thoroughly studied the concept of time, says Margolin. After discussing "A Brief Before," the Star Trek class, was born when faculty member Ar­gentina Daley visited Margolin's office two years ago and noticed her Star Trek poster.

"We both realized we had this mutual appreciation of Star Trek," says Margolin. "From that point we decided to use the series as a basis for a course of study."

"Where No One Has Gone On we started talking about a way to tie it into a class."

"The episode dealt with the linear structure of time, which was very consistent to the scientific thinking of that era," says Margolin. "Then we jumped ahead 27 years to a episode of the 'Star Trek: The Next Generation' which showed time as more of a continuum, which is clearly an­other way of thinking today."

Still, the thought of a Star Trek class isn’t exactly taken that seriously outside the college.

"I do have to explain myself a lot when people hear I'm taking this," says Buck. "But once I explain how it works to them, they don't give me any problems. At first, they think that we just sit there and watch television, but it's a tough class. There's a lot of material."

Don't miss this event!!
Body Decoration: Students show off works of art

By Ayoma Perera
Staff Writer

They walk with the utmost confidence and composure. Some expose their “special little extras” while others hide them because their clothes demand they do so.

Many individuals from all walks of life take that extra step to add something to their bodies. A recent beauty poll taken by Cosmopolitan declared that multiple earings get “lots of points” as opposed to the eyebrow, lip and tongue piercing. These were “ostentatious beyond belief” with 75% of males and females repulsed by all three.

The idea of multiple piercings was considered to be the most common and least threatening place to ornament oneself.

Natalie Ranaisher, a third year medical major at Kings College in London, has seven earings down one ear and just two down the other. She also has her nose and belly button pierced.

“I’ve always enjoyed the thought of looking outrageous,” said Ranaisher. “Piercing in different places of my body gives me a feeling of individuality.”

Kyle Anderson, a resident of Miller Place, NY, who is currently not attending school, adorns a ring at the septum of his nose. “It needs a lot of care and attention,” said Anderson.

He also boasts three tattoos on his body, a detailed sun on his shoulder blade, a train on his arm and a New York Yankees sign on the front of his ankle.

“I look at tattoos as being a form of art,” said Anderson. According to Michael May, the helpful and courteous manager of The Beauty Mark in Waterbury, 25-30% of his customers are college students who invest in a tattoo to “just do something different.” They do not do body piercing as it is illegal in CT.

What are the most popular tattoos? “Ladies prefer roses or women, it is more expensive,” said May.

Elizabeth Rahbin, a second year psychology major from Stockbridge, MA finds tattoos as a way of self-expression.

She decided to get a tattoo even before it became a fad and adorns a colored bluebird on her ankle and a flying heart on her shoulder. “I bought a tattoo of a heart with wings, a heart so that I could fly and that’s the meaning.”

What are the most popular tattoo shops? “The Beauty Mark in Waterbury is one of the most popular tattoo shops in the area,” said May.

The average price of a woman is about fifty dollars and for men about one hundred.

“But because men prefer larger, more detailed tattoo than the other gender, it is more expensive,” said May.

Tattoos are permanent, said Steeh, “and I know in time I would like it less than I did before.”

Nicole Klammer, a sophomore biology major from Babylon, NY, said, “I had my belly button pierced and I consider it to be a part of me now.”

Ready to admit that it did hurt, Klammer said that she is glad she had it done. According to Klammer, the piercing was a long procedure with the needle being slipped under the belly-button and through the top of the skin. “The ring is actually hooked into the bottom of the needle and clamped onto the top of the skin,” confirmed Klammer.

Thinking about getting a tattoo or having a body part pierced? Just remember tattoos are permanent and body piercing is painful. Be different—take a risk.

Active student is all smiles to S.H.U. community

By Michele Herrmann
Features Co-Editor

She always has a smile on her face as she walks by. Her daily schedule filled with activities keeps her on the go. But if a friend stands nearby, she stops to say hello and talk for a few minutes. A close friend describes her as “tall, blonde and bubbly.” Her cheerful mood, adorable looks, intelligence and happy outlook makes any stranger a friend and turns any friend into an admirer.

Annette Bosley, a sophomore from Beacon Falls, CT, stands at 5’11” with straight blonde hair. Her light blue eyes, rosy cheeks and cute smile on her face reflect her as friendly and caring.

Like a yellow smiley face, happiness appears as part of her personality.

“It started on the first day of high school freshman year,” remembered Annette. “I was nervous so I just kept smiling as I walked on to the school bus. People were asking me, ‘why are you smiling?’ I just kept on smiling because everybody laughed.”

Annette describes Beacon Falls, 20 minutes away, as a very peaceful, quiet town with a community that “watches out for each other.” She takes care of her vegetable garden, walks in the park or hikes in the woods with her mother, grandmother and her dog, Heidi.

Each day she took the school bus, a trip which lasted about half an hour. She could not join too many activities because of the long commute to and from school. She participated only in the Marching Band playing the flute and tenor saxophone.

Annette says she decided to go to Sacred Heart when she heard about the Marching Band.

She is happy with her choice. “I enjoy Sacred Heart tremendously. It’s neat to see it expanding so fast. I love all the people I’ve met.”

She can be more involved in a campus life. “I finally have the opportunity to in college because in high school I didn’t.”

Annette is a member of Campus Ministry and the Honors Club and co-hosts a radio show on WWPT.

She volunteers time for community service as a student coordinator for Habitat for Humanity and a girl scout troop leader.

She also helps high school students at Huntington in Bridgeport as a tutor.

With a double major in English and Spanish along with a minor in Media Studies, Annette is thinking about becoming a teacher. “I figured that tutoring would be a good way to decide.”

Though she is a busy person, Annette makes time out for friends. Mary Kay Welch, who co-hosts a radio show with her, said, “Whenever I’m depressed I go to Annette and tell her about my problems. She helps me feel better.”

With a lovely personality and an active life, is there anything that Annette would not be happy about? “I’m too much of a perfectionist,” she said.
Oh, no how will I eat?
Ways students satisfy their hunger

By Denise Mathews
Co-Features Editor

Whether you’re hours or minutes away from home, there is one thing many students have in common. “When it gets to be dinner time, I really start to miss my mother’s cooking,” said senior Eileen Bresnan, an English major from Sherman, CT. “Her steak and potatoes are beyond compare.”

Everyone is used to those home cooked meals that are a rarity for students far away from home.

School meal plan

With the start of college comes many responsibilities. Fending for oneself when it comes to meals is a challenging task students face.

“Tie in the cafe sometimes,” said senior psychology major Jen Fallon from Milford, CT. “My roommates and I go grocery shopping once a week, so I only use the cafe as a back-up when I’m not in the mood to cook.”

Senior criminal justice major Gail Mazzucco from Oxford, CT, enjoys preparing their own food. “I don’t mind grocery shopping. My roommates and I usually go together,” said senior social work major Lisa Capobianco from Waterbury, CT. “I like to cook and usually make enough food for my roommates to eat.”

Cook their own meals

Many resident students and commuters who do not live with their parents opt to cook their own meals. It seems so simple. But is it?

“Cooking is more than just using a stove,” said commuter junior psychology major Deanna Young from Dalton, MA. “I have to go grocery shopping once a week and make sure I buy enough food for breakfast, lunch and dinner forward to going home over Thanksgiving break for the real thing.”

The dining service also offers dining dollars for all students. Dining Dollars allow you to put a smaller amount of money on your meal card than required for the meal plan.

This plan is ideal for those who eat at home or cook in the residence halls. In addition to an allowance from Sherman, CT. “Her steak and potatoes are beyond compare.”

Everyone is used to those home cooked meals that are a rarity for students far away from home.

School meal plan

With the start of college comes many responsibilities. Fending for oneself when it comes to meals is a challenging task students face.

“Tie in the cafe sometimes,” said senior psychology major Jen Fallon from Milford, CT. “My roommates and I go grocery shopping once a week, so I only use the cafe as a back-up when I’m not in the mood to cook.”

Senior criminal justice major Gail Mazzucco from Oxford, CT, enjoys preparing their own food. “I don’t mind grocery shopping. My roommates and I usually go together,” said senior social work major Lisa Capobianco from Waterbury, CT. “I like to cook and usually make enough food for my roommates to eat.”

Cook their own meals

Many resident students and commuters who do not live with their parents opt to cook their own meals. It seems so simple. But is it?

“Cooking is more than just using a stove,” said commuter junior psychology major Deanna Young from Dalton, MA. “I have to go grocery shopping once a week and make sure I buy enough food for breakfast, lunch and dinner.
Soccer players remembered for heart

By Jen Hilinski
Staff Writer

The regular season for the men's soccer team has come to an end. Now it is time for the team to reflect on the season, and remember the seniors. The players, both the midfield as well as the forward position, Paul Dopilka, Martin Pineda and Fernando Fernandes were all highly talented and played with a passion.

Gomes and Lloyd Scott. Both were very talented and had many skills that they brought on to the field. While both had the ability to become scores they were most effective when playing out of the back. Unfortunately during this season Gomes was plagued with injuries and was unable to play in several games where his presence was sorely missed.

The other three seniors were all purpose players who played in both the midfield as well as the forward position. Paul Dopilka, Martin Pineda and Fernando Fernandes were all highly talented and played with a passion.

Dopilka played in the defense at times because of the injuries of this year. Dopilka had been around the SHU program a long time. He first met McGuigan in a summer league that he played in during high school. His work ethic and attitude have helped him to develop into a great college soccer player.

Martin Pineda who could always be found laughing and joking around with his teammates was a wonderful presence to have on the team, on and off the field. On the field he was highly skilled and used Mostly as a midfielder but was very effective when he was called upon to be a striker, as he showed in his last game of the season against Franklin Pierce.

Last but definitely not least is Fernando Fernandes. Fernandes was a player that overcame adversity in order to raise the level of play of both his team and himself. Plagued by injuries this season including one that almost ended his soccer career in his first year at SHU, Fernandes proved to play as hard as he could. “On the field, Fernandes had a love and a passion for the game that you could just feel,” remarked McGuigan in a recent interview.

Next year’s crew will only have one senior as they embark on another season with a very young nucleus returning in the fall. “It’s wide open and I’m looking for people to step up and take over,” McGuigan replied about next year’s team.

Women's hoops out to prove that polls are wrong

By Megan Keefe
Contributing Writer

It's that time of year again. College gyms across the country are filled with sounds of whistles blowing, sneakers squeaking, coaches yelling, athletes shouting and basketballs bouncing on the hardwood floor. So move over, fall sports, basketball season has arrived.

On Sunday Nov. 20th, the Lady hoosiers opened their season against Assumption College in Worcester, Mass. For some, this may seem like an early start, but for the players and coaches, preseason has lasted an eternity.

“We've been working out with Matty Melski for two months and practicing for almost four weeks,” said junior Kim McCullion, a psychology major from Nashua, N.H. “We’re ready to play.”

Last year's "rebuilding" team finished 12-15 overall and 7-7 in the conference, this year warrants their last opportunity to turn the scoreboard when we leave the gym,” said senior Patty Dillon, an English major from Dunmum, N.Y. “We'll be a different team, we're stepping up to the plate.”

Premature polls don't mean anything. We will just have to go out and show the opposing coaches that we are good, and point to the scoreboard when we leave the gym,” said senior Patty Dillon, an English major from Dunmum, N.Y. “We're stepping up to the plate.”

“Experience, depth, attitude and quickness,” added Swanson. “That's what we have gained. Last year we had a lot of talent, but lacked the experience. This year we have experience and depth, so we should be able to run teams off of the court.”

The returning point guards for SHU are Patty Dillon (5.6 ppg, 8.3 rpg), junior forward Kim McCullion (6.1 ppg, 8.3 rpg), senior Denise Schatz from Reho Park, N.Y. (5.6 ppg), and junior guards Megan Keefe from New Hartford, CT. (9.4 ppg, 58 assists) and Lynn Doody from Delmar, N.Y. (15.4 ppg, 44 assists). With the exit of senior forward Ed Swan the shot blocking will be a bit high. But the remaining returners include guards Leanne Lomba from Enfield Falls, CT, Hollie Quinn from Pawtucket, R.I. and Kristen McCarty from North Scituate, R.I.

The newcomers include freshman Andrea McElwee from Waterford, CT., freshman forward Maureen Delaney from Portland, ME., freshman guard Jessie Brown from Bayside Junction, VT., freshmen guard Charles Clark from Calais, ME., and freshman guard Barbie York from West Warwick, R.I. and sophomore center Sharon Lawrence from Sheltan, CT., a transfer from Kennedy St.

The seniors realize this year warrants their last opportunity for success in college basketball, and they refuse to assume that that would be going to move over, fall sports, basketball season has arrived.

"This is my last year and I want to win. We have every thing it takes to be a very good team and I think we will prove a lot of people wrong," said Theresa Defilippo.

Soccer players remembered for heart

By Ben Hilinski
Stajf Writer

The regular season for the men's soccer team has come to an end. Now it is time for the team to reflect on the season, and remember the seniors. The players, both the midfield as well as the forward position, Paul Dopilka, Martin Pineda and Fernando Fernandes were all highly talented and played with a passion.

Gomes and Lloyd Scott. Both were very talented and had many skills that they brought on to the field. While both had the ability to become scores they were most effective when playing out of the back. Unfortunately during this season Gomes was plagued with injuries and was unable to play in several games where his presence was sorely missed.

The other three seniors were all purpose players who played in both the midfield as well as the forward position. Paul Dopilka, Martin Pineda and Fernando Fernandes were all highly talented and played with a passion.

Dopilka played in the defense at times because of the injuries of this year. Dopilka had been around the SHU program a long time. He first met McGuigan in a summer league that he played in during high school. His work ethic and attitude have helped him to develop into a great college soccer player.

Martin Pineda who could always be found laughing and joking around with his teammates was a wonderful presence to have on the team, on and off the field. On the field he was highly skilled and used Mostly as a midfielder but was very effective when he was called upon to be a striker, as he showed in his last game of the season against Franklin Pierce.

Last but definitely not least is Fernando Fernandes. Fernandes was a player that overcame adversity in order to raise the level of play of both his team and himself. Plagued by injuries this season including one that almost ended his soccer career in his first year at SHU, Fernandes proved to play as hard as he could. “On the field, Fernandes had a love and a passion for the game that you could just feel,” remarked McGuigan in a recent interview.

Next year’s crew will only have one senior as they embark on another season with a very young nucleus returning in the fall. “It’s wide open and I’m looking for people to step up and take over,” McGuigan replied about next year’s team.

Women's hoops out to prove that polls are wrong

By Megan Keefe
Contributing Writer

It's that time of year again. College gyms across the county are filled with sounds of whistles blowing, sneakers squeaking, coaches yelling, athletes shouting and basketballs bouncing on the hardwood floor. So move over, fall sports, basketball season has arrived.

On Sunday Nov. 20th, the Lady hoosiers opened their season against Assumption College in Worcester, Mass. For some, this may seem like an early start, but for the players and coaches, preseason has lasted an eternity.

“We've been working out with Matty Melski for two months and practicing for almost four weeks,” said junior Kim McCullion, a psychology major from Nashua, N.H. “We’re ready to play.”

Last year's "rebuilding" team finished 12-15 overall and 7-7 in the conference, this year warrants their last opportunity to turn the scoreboard when we leave the gym,” said senior Patty Dillon, an English major from Dunmum, N.Y. “We'll be a different team, we're stepping up to the plate.”

Premature polls don't mean anything. We will just have to go out and show the opposing coaches that we are good, and point to the scoreboard when we leave the gym,” said senior Patty Dillon, an English major from Dunmum, N.Y. “We're stepping up to the plate.”

“Experience, depth, attitude and quickness,” added Swanson. “That's what we have gained. Last year we had a lot of talent, but lacked the experience. This year we have experience and depth, so we should be able to run teams off of the court.”

The returning point guards for SHU are Patty Dillon (5.6 ppg, 8.3 rpg), junior forward Kim McCullion (6.1 ppg, 8.3 rpg), senior Denise Schatz from Reho Park, N.Y. (5.3 ppg, 7.3 rpg), junior center Denise Schatz from Reho Park, N.Y. (5.6 ppg), and junior guards Megan Keefe from New Hartford, CT. (9.4 ppg, 58 assists) and Lynn Doody from Delmar, N.Y. (15.4 ppg, 44 assists). With the exit of senior forward Ed Swan the shot blocking will be a bit high. But the remaining returners include guards Leanne Lomba from Enfield Falls, CT, Hollie Quinn from Pawtucket, R.I. and Kristen McCarty from North Scituate, R.I.

The newcomers include freshman Andrea McElwee from Waterford, CT., freshman forward Maureen Delaney from Portland, ME., freshman guard Jessie Brown from Bayside Junction, VT., freshmen guard Charles Clark from Calais, ME., and freshman guard Barbie York from West Warwick, R.I. and sophomore center Sharon Lawrence from Sheltan, CT., a transfer from Kennedy St.

The seniors realize this year warrants their last opportunity for success in college basketball, and they refuse to assume that that would be going to
Solinsky is more than just a basketball player

Women's basketball captain keeps sports in perspective

By Jean Lauro
Contributing Writer

The women's basketball captain does it all. Not only does the young athlete from Indiana play basketball, she also excels in softball and manages to maintain excellent grades in school.

Sarah Solinsky, a 22-year-old senior, majoring in finance, is a captain of the Quinnipiac College's women's basketball team. She is also the president of the Criminal Justice Club.

"Basketball has always been a part of my life. It's part of me," she says. "I love both sports for different reasons," she adds. "Basketball is not a sport that I can choose, whereas softball is something I shared with my dad, and there are no interruptions," she says.

Sarah's efforts in softball have helped her grades in school. "Not only has sports been a help to me, but it has also helped Sarah get ahead," says Mike Kmiec, entering his fourth season of basketball with the SHU Pioneers, consistently excelled academically.

From Lynn, Massachusetts, Kmiec is one of twelve Americans selected to play against Greek national team last night in the Savages game with the Irish National Team. Kmiec more than just a jock.

"It's really great how it worked out," says Mike Kmiec. "I saw sports as an option to go to Greece, and then I decided to go." Kmiec was a part of the team's 1995 NCAA bid.

"Keeping in shape is important to Mike, and he lifts weights for fitness," says Ike's mother, Berenice. "I'm more concerned about other things in life than how I dress," he said. "I feel comfortable in sweat pants." Kmiec

The Pioneers faced a scrimmage Nov. 18, against Quinnipiac College at the New Haven Coliseum. "It was a wonderful experience," he said. "Touring the arena, seeing the old pictures, and meeting up with Villanova at the Milford Ice Pavilion. Last year, Sacred Heart lost to Villanova, who is placed 4th in the ECAC.

"Basketball has always been a part of my life. It's part of me," Sarah says.

"I see me play college ball," recalls Mike Kmiec. "I saw sports as an option to finance school," explains Solinsky.

Solinsky's efforts in softball have led to aid for graduate school. "It's really great how it worked out," she says.

Equestrian team finishes up strong

By Clare Caruso
Staff Writer

Once again the Sacred Heart equestrian team did a wonderful job this weekend. Sunday marked the end of the fall semester at a show hosted by Hofstra University. The competition took place on the C.W. Post Campus.

Megan Conners was the outstanding rider for the day. She placed first in her beginner walk/trot class. For the second weekend in a row, Chrisy Larcipica placed second in her flat class. Nicole Klammer placed sixth in her fences class, but made great improvement in her flat class by placing second.

Helen Hanning, Shelly Lyford and Amy Spaulding all placed third in their flat classes. Lyford placed out of the beginner walk/trot/canter class and will be moved up to the advanced division. Alexandra Heebner also brought home ribbons by placing fourth in her novice class.

The riders will continue to practice for the rest of the semester, however, the competitions will not resume until next semester. The team has made outstanding improvements in their showing techniques. There is a great chance that many riders will be making the trip to regionals at the end of the year.

Icemen: looking for win

continued from page 20

They seem to be passing the puck a lot more, but what they really need to do is take more shots on goal.

Last night, SHU played at Westover and the next Saturday, they meet up with Villanova at the Milford Ice Pavilion. Last year, Sacred Heart lost to Villanova, who is placed 4th in the ECAC.

"It was my dad's birthday and it was also the first time he got to see me play college ball," recalls Mike Kmiec. "I felt comfortable because I knew something well." Keeping in shape is important to Mike, and he lifts weights for fitness. He also holds the office of Vice President of the Student Athletic Council while serving as President of the Criminal Justice Club.

The men's Basketball Coach, Dave Bike considers Mike a great team leader. "His personality and work ethics have rubbed off on the team," Bike said. "He's a great workout partner and Mike has had a direct effect on the other players."

"Mike is definitely a leader," says teammate Mike Hvizdo. "That describes him best," he added. "He gives 100% to everything he does," said another teammate, Joe Doyle.

Summer before last found Mike playing basketball in Greece. He was one of twelve Americans selected to play against Greek professional teams. He smiled as he spoke. "It was a wonderful experience," he said. "Touring Greece was a also fun."

"I saw sports as an option to go to Greece, and then I decided to go," says Mike Kmiec. "I was probably the biggest highlight of the season. He said, "They played with more intensity and emotion than any game, including Fairfield." Hopefully, the Pioneers will bring that fire on the ice again.

There is a bus going to the game Saturday night. Sign up in Activities today! $1.00 to reserve a seat.

Catch Zig and Mac

Flashdays at

on 90.3 WWPT South. On Tuesday, 11/22, SHU plays Trinity. Last year, Coach Downey commented that Trinity was probably the biggest highlight of the season. He said, "They played with more intensity and emotion than any game, including Fairfield." Hopefully, the Pioneers will bring that fire on the ice again.

There is a bus going to the game Saturday night. Sign up in Activities today! $1.00 to reserve a seat.

Kmiec more than just a jock

By Flora Goodloe
Staff Writer

- Whoever said sports and academics didn't mix?

Mike Kmiec, entering his fourth season of basketball with the SHU Pioneers, consistently excelled academically.

From Lynn, Massachusetts, Mike maintains a GPA above 3.6 while breaking records shooting for the Pioneers. Mike hopes to lead the Pioneers to a 1995 NCAA bid.

Quiet-spoken yet, outgoing, the laid back and relaxed, 5 foot, 9 inch senior guard is a jogging suit and there are no interruptions.

"My biggest highlight was playing All American Softball," Mike says. "Basketball has always been a part of my life. It's part of me," he adds Solinsky with a smile.

"I saw sports as an option to go to Greece, and then I decided to go," says Mike Kmiec. "I was probably the biggest highlight of the season. He said, "They played with more intensity and emotion than any game, including Fairfield." Hopefully, the Pioneers will bring that fire on the ice again.

There is a bus going to the game Saturday night. Sign up in Activities today! $1.00 to reserve a seat.

Solinsky more than just a basketball player

Women's basketball captain keeps sports in perspective

By Jean Lauro
Contributing Writer

"Basketball has always been a part of my life. It's part of me" she says. Sarah, who has been playing basketball and softball since her grammar school days, says she can't choose a favorite between the two sports.

"I love both sports for different reasons," Solinsky says. "Basketball has always been a part of my life. It's part of me," she continues. "Softball was something I shared with my dad, so it's special to me." This past season Solinsky hit 8 home runs and batted a hefty .455.

Solinsky's most memorable game moment took place almost two years ago during a regional competition, when she smashed a three run homer.

"It was my dad's birthday and it was also the first time he got to see me play college ball," recalls Solinsky proudly. "I saw sports as an option to finance school," explains Solinsky.

Solinsky's efforts in softball have led to aid for graduate school. "I see me play college ball," recalls Mike Kmiec. "I saw sports as an option to finance school," explains Solinsky.

Solinsky's efforts in softball have led to aid for graduate school. "I see me play college ball," recalls Solinsky.

"It was my dad's birthday and it was also the first time he got to see me play college ball," recalls Solinsky proudly. "I saw sports as an option to finance school," explains Solinsky.

Solinsky's efforts in softball have led to aid for graduate school. "I see me play college ball," recalls Solinsky.

"I saw sports as an option to finance school," explains Solinsky.
Kelly airs out season ending victory

By Keith Zingler
Sports Editor

Four years ago eight teenagers boarded a bus for a 14 hour drive, only to begin their college careers with a loss. Last Saturday eight men boarded a bus to end their college careers with a win.

Saturday the Pioneers defeated Pace University 20-6 and went on to win their last game of the season. Quarterback Chris Kelly (18) hands the ball off to James Markwica (5) last Saturday afternoon at Pace University. The Pioneers won their last game of the season 20-6.

Both players are known for getting the job done and for not making excuses when things go wrong. The eight seniors left the field as winners Saturday, something we knew they were all along.

I'm standing in the endzone Saturday, “I was joking around on Zig and Mac's radio show about scoring a touchdown and the next thing I know I'm standing in the endzone Saturday,” said Scacciaferro. “It was a moment I will never forget for the rest of my life.”

While the day might have been for the seniors it belonged to Kelly. He not only broke the school passing record, he also was the team's leading rusher with 69 yards on 14 carries. Kelly also hit 260 yards passing for 260 yards. Ray Greenburg also added another sack to his record setting collection.

Scacciaferro scored his first career touchdown in the first quarter, with a 1 yard run. "I was talking to myself thinking about what coaches were saying and decided to make a break. It was a moment I will never forget for the rest of my life."

Quarterback Chris Kelly (18) hands the ball off to James Markwica (5) last Saturday afternoon at Pace University. The Pioneers won their last game of the season 20-6.

Scacciaferro and Rob Stopkoski. Greenburg also added another sack to his record setting collection. Scacciaferro scored his first career touchdown in the first quarter, with a 1 yard run. “I was joking around on Zig and Mac’s radio show about scoring a touchdown and the next thing I know I’m standing in the endzone Saturday,” said Scacciaferro. “It was a moment I will never forget for the rest of my life.”

While the day might have been for the seniors it belonged to Kelly. He not only broke the school passing record, he also was the team’s leading rusher with 69 yards on 14 carries. Kelly also hit 260 yards passing for 260 yards. Ray Greenburg also added another sack to his record setting collection.

Scacciaferro scored his first career touchdown in the first quarter, with a 1 yard run. “I was joking around on Zig and Mac’s radio show about scoring a touchdown and the next thing I know I’m standing in the endzone Saturday,” said Scacciaferro. “It was a moment I will never forget for the rest of my life.”

While the day might have been for the seniors it belonged to Kelly. He not only broke the school passing record, he also was the team’s leading rusher with 69 yards on 14 carries. Kelly also hit 260 yards passing for 260 yards.

The defense once again played spectacularly, allowing only 211 total yards. Led by senior Bill Johnston and Russ Prawny Greenburg they kept Pace in check for the whole game. Mark MacPherson recorded his third interception of the season, tying him for the team lead along with Marc Zuccarella, played along side each other for the last time Saturday. The Pioneers will greatly miss these two seniors, who quietly contributed week in and week out.

The defense once again played spectacularly, allowing only 211 total yards. Led by senior Bill Johnston and Russ Prawny Greenburg they kept Pace in check for the whole game. Mark MacPherson recorded his third interception of the season, tying him for the team lead along with Marc Zuccarella, played along side each other for the last time Saturday. The Pioneers will greatly miss these two seniors, who quietly contributed week in and week out.

Scacciaferro and Rob Stopkoski. Greenburg also added another sack to his record setting collection. Scacciaferro scored his first career touchdown in the first quarter, with a 1 yard run. “I was joking around on Zig and Mac’s radio show about scoring a touchdown and the next thing I know I’m standing in the endzone Saturday,” said Scacciaferro. “It was a moment I will never forget for the rest of my life.”

While the day might have been for the seniors it belonged to Kelly. He not only broke the school passing record, he also was the team’s leading rusher with 69 yards on 14 carries. Kelly also hit 260 yards passing for 260 yards. Ray Greenburg also added another sack to his record setting collection.

Scacciaferro scored his first career touchdown in the first quarter, with a 1 yard run. “I was joking around on Zig and Mac’s radio show about scoring a touchdown and the next thing I know I’m standing in the endzone Saturday,” said Scacciaferro. “It was a moment I will never forget for the rest of my life.”

While the day might have been for the seniors it belonged to Kelly. He not only broke the school passing record, he also was the team’s leading rusher with 69 yards on 14 carries.

Both players are known for getting the job done and for not making excuses when things go wrong. The eight seniors left the field as winners Saturday, something we knew they were all along.

“I’m proud of all the guys that stuck with the program. They have been through the good times as well as the bad times,” commented coach Gary Reho. “I’m glad they went out as winners.”

Hockey starts off 0-3

By Kerri Anne Mahoney
Staff Writer

While the day might have been for the seniors it belonged to Kelly. He not only broke the school passing record, he also was the team’s leading rusher with 69 yards on 14 carries.

Both players are known for getting the job done and for not making excuses when things go wrong. The eight seniors left the field as winners Saturday, something we knew they were all along.

“I’m proud of all the guys that stuck with the program. They have been through the good times as well as the bad times,” commented coach Gary Reho. “I’m glad they went out as winners.”

Iceman Doug Sylvester (16) moves the puck in last Saturday's 5-0 loss to Skidmore College. Trailing him are Eric Gibson (14) and Skidmore's Cory Herrington.

By Jon McCarthy
Sports Editor

On Saturday Nov. 12, both the men's and ladies crew traveled to Glen Island Park to compete in the Iona College Regatta. This regatta, which marks the end of the major winter season for most schools, featured most of the top crews in the area.

The men's eight man boat, which featured Rob Pinkas, Stephen Doyle, Ed Page, Brent Butler, Tom Wilson, Justin Rivera, Brian Doyle, Jon McCarthy and coxswain Mario Donini, raced in the novice four competition. The Pioneer's will greatly miss these two warriors, who quietly contributed week in and week out.

Quarterback Chris Kelly (18) hands the ball off to James Markwica (5) last Saturday afternoon at Pace University. The Pioneers won their last game of the season 20-6.

Both players are known for getting the job done and for not making excuses when things go wrong. The eight seniors left the field as winners Saturday, something we knew they were all along.

“I’m proud of all the guys that stuck with the program. They have been through the good times as well as the bad times,” commented coach Gary Reho. “I’m glad they went out as winners.”

Crew winter season comes to end Sunday

By Jon McCarthy
Associate Editor

The winter season comes to an official end this Sunday in Westport when the Sacred Heart crew takes on Norwalk and Fairfield. The winter season for most schools enters the division.

Both boats were very excited as was coach Jen Crawford who believes that the program has made remarkable strides in the past two months.

The winter season come to an official end this Sunday in Westport when the Sacred Heart crew takes on Norwalk and Fairfield. The winter season for most schools enters the division.

Both boats were very excited as was coach Jen Crawford who believes that the program has made remarkable strides in the past two months.

The winter season come to an official end this Sunday in Westport when the Sacred Heart crew takes on Norwalk and Fairfield. The winter season for most schools enters the division.

Both boats were very excited as was coach Jen Crawford who believes that the program has made remarkable strides in the past two months.

The winter season come to an official end this Sunday in Westport when the Sacred Heart crew takes on Norwalk and Fairfield. The winter season for most schools enters the division.

Both boats were very excited as was coach Jen Crawford who believes that the program has made remarkable strides in the past two months.