WWPT reaches higher sound

Format and location are just some of the changes made by campus radio

By Stephen P. Scholz

Sacred Heart University's campus radio station, WWPT, is undergoing changes this semester that students don't want to miss.

"I think that the most noticeable change is in our location," says George Lombardi, faculty advisor to the station. "We used to work out of a basement. Now the station is across from the Dining Hall in an area where students can't miss it."

Before the end of the month WWPT will be transmitting a low power, on campus only, radio wave which can run continuously for 24 hours. WWPT currently broadcasts on 90.3. The new frequency is likely to be 91.5 pending further testing.

"With the new change," says Lombardi, "the station will be fully

See WWPT, page 3

Dining Hall to speed up

By Tara Deenihan

Among the many expansions being made at Sacred Heart, one of the most obvious is the change taking place at the Dining Hall. Along with the addition of a new dining area and the renovation of The Pub, formerly known as Chubby's, expansions have also been made within the existing facilities to better accommodate a growing student body.

"We're refining and cultivating a

See FLJK, page 2

University gives back to city

A weekend stay in the East Side of Bridgeport planned for a group of university representatives starts tomorrow afternoon.

Called "Operation Bridgeport," the program places Sacred Heart faculty and administrators face to face with city officials, social service agency personnel, and inner city community leaders.

"What is most important to me about Operation Bridgeport," said Dr. Anthony Cemera, president of the University, "is that it gives expression to a fundamental aspect of the University's mission — to understand and be responsive to the needs of the Bridgeport community.""

See Bridgeport, page 3

Inside...

UFO series begins in Features today...

What to expect at a theatre near you this fall...

Football opens with a tremendous victory...

Page 16
Law forum to be held in NYC

The Law School Admission Council is sponsoring a Law Forum at New York Vista Hotel in New York City tomorrow. Sacred Heart Career Services will provide a van to this event for all interested students. Seniors planning on applying to Law School are strongly encouraged to attend. Interested students from other classes are also encouraged to join us.

Students can register for van by calling the Career Services Office at 371-7975. There is no admission fee for this forum.

Womens studies reception

On Tuesday Sept. 26, at 2 p.m. in the Faculty Lounge at Sacred Heart University, the Women's Studies program will hold a reception to inform the community about its upcoming events.

According to the program brochure, "Women's Studies is an academic, interdisciplinary program oriented toward the study of women and gender roles."

Dr. Claire Marrone, director of the program, says the reception will be a meeting for faculty and students who are interested in learning more about Women's Studies at the University.

Students interested in minorin in Women's Studies will also be able to learn about new Women's Studies courses being offered at Sacred Heart.

Students and faculty are welcome to attend the reception.

Habitat for Humanity schedules work days

The SHU Campus Chapter of Habitat For Humanity has work days scheduled for the fall semester on Saturday Sept. 23, Oct. 28, and Nov. 18.

We will meet in front of the Academic Building by the entrance near the gym and Public Safety Offices. We leave by 8 a.m. and should return by 4 p.m. All faculty, staff, students and spouses are welcome to attend.

If you would like to join us on one of these days, or need further information, you may call Dr. John Rowey at 7741, Phyllis Machled at 7622 or James Westgat at 7519.

On Tuesday and Wednesday morning, Sept. 26 and 27, the Habitat For Humanity Campus Chapter will be sponsoring a newspaper drive.

FLIK: Hopes to keep pace with growing student body

Continued from page 1

"The service is pretty good," says Jason Califrese, a senior Media Studies major from Troutman, CT. "But the flies always attack my food."

 Possibly the largest change in the food service this year is its physical expansion, including the new Pask and The Marche, coming soon.

Among services currently offered in the regular Dining Hall are a pizza station, hot meal counter, a grill and sandwich station, a deli, a salad bar, and a variety bar with rotating features including pasta and taco bars.

However, with all these changes, the FLIK expansion isn't done yet.

"None of the tickets, however, are up for grabs," said Frank Fink, in the same article. Tickets are given to Catholic youth groups, schoolchildren and other organizations. This is a once in a lifetime opportunity for Sacred Heart students to see the Pope.

Interested students should contact Colin McNamara in the Campus Ministry office or call 7480.

Pope: Central Park Mass needs volunteers

Continued from page 1

"Everything is larger than life—the whole affair," said Hans Krauenbrit, the craftsman who has built a 64-square-foot altar in honor of the event, in a recent article in the New York Times.

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Interested students should contact Colin McNamara in the Campus Ministry office or call 7480.
CLA's add exciting new dimension to learning

By Scott J. Tryon
Contributing Writer

Attention freshmen! Are you having trouble with difficult concepts in class? Can't handle the workload? Not passing exams? Instead of ignoring the problem, do something that helps. Talk to a CLA (Classroom Learning Assistant) member. They are there to assist you in raising grades and making classroom material more comprehensible.

In entering its third year, the CLA program has jumped from twenty-five members in its first year to sixty members. Since 1993, Director of University Learning Services, Jackie Rinaldi has been working hard to get her program off the ground and work properly. "I am delighted to see this increase in students wanting not only to gain experience in teaching, but also in assisting others to succeed," says Rinaldi.

A CLA sits in a class in which they have knowledge and experience and assists the professor during lectures. The CLA member may raise questions during class to encourage students who don't understand the material to ask for help. They can meet with their learning assistant three hours a week to go over any problems.

To qualify as a Classroom Learning Assistant, one must be in their junior or senior year and have a GPA of 3.3 or higher. You must also be nominated by a professor in a core course of your major. To become a CLA member, you must complete an initial twelve hour training course involving watching videos, writing exercises, and role playing. After this is completed an additional 18 hours is recommended.

Since membership is increasing, an obstacle has arisen for Rinaldi. "It has been difficult to schedule training times. Therefore we will probably resort to different types of training soon."

Making this program possible is partly done with the help of Financial Aid. Those who qualify for this are given a $600 tuition remission.

According to Jackie Rinaldi, the program has been moving right along. "It is still going, the exams are coming and are understanding the material a lot better. Helping not only students get through courses easier, but also giving the CLA members a feeling of accomplishment is Rinaldi's goal.

G.E. scholarship opens door for minority students

By Erin E. Harrison
Staff Writer

The GE Scholar Program, which began in 1994, is continuing to prosper for the new academic year.

General Electric, a major corporation with headquarters based in Fairfield, gave Sacred Heart University an overall grant of $250,000 to be used over a three year period that began in 1994.

The GE Scholar Program consists of students from a wide variety of ethnic backgrounds, many of whom are commuter students. The acronym AHANA gives a general description of the students involved in the program. AHANA stands for African-American Hispanic Asian Native-American.

Each scholar is awarded $2,000 per year and each participant in turn, contributes to the community. Contributions include time spent at the nearby Jewish Home for the Elderly and at the International Game Fest.

Initially, the Development Office at Sacred Heart University approached GE with a presentation of the idea. "GE was very interested in making a contribution to the area around the University and the students who attend Sacred Heart," says Eileen Bertsch, Assistant Vice President for Academic Affairs.

All honors students were contacted about the program and over fifty applications were received in the spring of 1994. Applicants must have a minimum GPA of 3.2 and should be active leaders within the community.

The students were selected by a committee which consisted of Michael Bozzone, dean of freshmen, Jackie Rinaldi, director of the University Learning Center, Frances Collazo of the Office of Advisement and Retention, and Bertsch. The program divided the students into groups of approximately six students, each with a mentor. The four mentors are: Dr. Marian Calabrese for freshmen, Dr. Gerald Reid for sophomores, Jonathan Mattei for juniors, and Dr. Nicole Caum for seniors.

Two students from the first year of the program have since graduated and gone on to further their education at graduate schools.

"I am very proud of the students," added Bertsch. The mentors are completely committed to them and it is a nice partnership between Sacred Heart University and the local business community.

A special dinner will be held in October for the GE Scholar Program participants.

WWPT: Radio station hopes to be force on campus after new move

Continued from page 1

Operable for as long as students can stay.

The new WWPT will also allow students the opportunity to broadcast sports events like games for fun and as a career opportunity," added Lombardi. Anyone interested in joining the WWPT staff should contact Kristen Laffa at 371-7898 or 365-4127.

Karaoke at The Pub

By Brendan D. Casey
Contributing Writer

A night of student singing is coming up fast. That's right. Student singing. There's going to be karaoke at The Pub on tomorrow night from 9 p.m. to mid-night. You know what karaoke is. It's when you get up on stage and belt out your favorite song, without any inhibi­tions, in front of all your friends and fellow students. "Everyone who sings gets a free tape of themselves," says Denise Sutphin, coordinator of student activities.

It's as much fun to watch as it is to sing," says Sutphin. So don't avoid this fantastic time just because you have a small case of stage fright.

The company that produces the night's activity is called The Party People. But it's not up to The Party People to make sure you go. That's your job. So come on over to The Pub between 9 p.m. and midnight for some laughs and a really good time.

Did we mention that the admission is free? Bring your student ID to get in, and your driver's license to purchase some cool, tasty drafts. But remember, if you drink, drink responsibly.

Bridgeport: University trying to help out

Continued from page 1

New connections are being made that will allow WWPT to be played in the Dinning Hall, the Pub and other locations.

"I really encourage students to get involved," says Lalla. "This is our radio station. Students can do whatever they want with it, which includes talk shows, self-help, sports, comedy, and, of course, music. The response that I am getting right now is positive. It's going to be a great year." Anyone interested in joining the WWPT staff should contact Kristen Laffa at 371-7898 or 365-4127.

Your Ad Here

For information on how to advertise call Dan Katzbek at 371-7963 or stop by the office.

 mattresses. It's a good choice for people who like sports can cover the events. It's going to be a great year." Anyone interested in joining the WWPT staff should contact Kristen Laffa at 371-7898 or 365-4127.

Continued from page 1

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Telecommutation breakdown

For whatever the reason, things such as telephone and cable have become necessities for today's student. Unfortunately the only necessity at Sacred Heart is the laptop. That is great and everything but until last Friday when the dishes were removed in late July.

The biggest problem however is the lack of phone lines available to this campus. On any given night a residents phone could be busy for over four hours just because all the incoming lines are tied up. At this point making an outgoing call is also impossible.

This presents a devastatingly dangerous situation for Sacred Heart. This is also the third year in a row that the University has faced it. Let us just hope that when the University next grows that it will provide service not just beds to its incoming students.

EDITORIAL POLICY: The editorial page(s) is an open forum; submissions are not judged by the opinions expressed or by any criteria other than the opinions expressed. All submissions are subject to editing for spelling, punctuation, grammar and clarity. Letters to the editor should not exceed 400 words and will be considered on a space-available basis. The Spectrum does not assume copyright for any published material; all rights are retained by the author. All submissions are reviewed by the Editorial Board and final decisions are made by the Editor-in-Chief.

The Spectrum is a student-run newspaper of Sacred Heart University, published every Thursday during the academic year. The Spectrum office is located in the Academic Building. The phone number is (203) 371-7963. All mail to the Spectrum should be sent to Sacred Heart University, c/o the Spectrum, 5151 Park Avenue, Fairfield, CT 06432-1000. The Spectrum believes all advertising to be correct but cannot guarantee its accuracy. The advertising deadline is seven (7) days prior to publication. For information call (203) 371-7966. Fax number is (203) 371-7928.
THE CAMPUS VOICE

By Kent Bauer

What would you like to hear students opinions on?

Jay McMaster
Senior
International Business

"Should graduating on time really matter or should college be a five year thing?"

Peggy Chirigos
Junior
Biology

"Do you think athletes should get priority registration?"

Dave Galligani
Junior
Business

"What kind of events would you like to see in the pub?"

Deidre Elfer
Junior
Elementary Ed.

"If you could change one thing about SHU, what would it be?"

 REPLACEMENT OF EXHIBITS IS CAUSE FOR ALARM

Dear Editor:

It has been brought to our attention that the show which is usually held in April is to be replaced this year by an outside art exhibit. For the past four years, students in the art program had work printed in the Society of Illustrators. Our son won second place in the Strathmore Paper National Art Contest. These are a few examples of the commendable work of your art students and should be ample reason for Sacred Heart to continue the yearly art show of student works. As parents of a Sacred Heart University has given the students in the art department and to take this opportunity away from these students is despicable. As tuition paying parents of this opportunity, we demand answer to these students is despicable. As tuition paying parents of this opportunity, we demand answer to

Sincerely,
Louis N. De Cilio
Gail De Cilio
FEATURES

Getting and understanding what's read

By Michele Herrmann
Features Editor

Studying is the one essential element of college. No matter how much time a student spends on studying, the knowledge he or she receives helps to determine the final grade.

Other than technology in the classrooms, service learning projects, professors' lectures and lengthy papers, textbooks remain the basic form of education. Courses require students to buy them. Assignments require students to read chapters. As the old cliche goes, "Reading is fundamental."

As the old cliche goes, "Reading is fundamental." Despite what words are on those pages, it's not as easy as it sounds. Reading comprehension, the understanding of written material, can be difficult to grasp. But there is help, and help is available.

There are programs offered in the public that promise to improve studying skills. Howard Stephen Berg, listed with the title of World's Fastest Reader in Guinness Book of World Records, developed one program titled "Super Reading Secrets." According to Berg, "Super Reading Secrets," is a complete accelerated learning system that teaches an individual to quickly enter information into their mind and then use techniques to process it more efficiently.

Berg offers some tricks that use some psychology. Here is one of his secrets: He says that, commonly, readers slow down when they encounter familiar information. They also do this when the text contains information that is confusing or challenging. Instead of slowing down when you encounter something familiar, says Berg, increase your reading speed until you spot something new that needs to be learned. Programs like these may assist with learning improvement, but aren't necessarily guaranteed methods. "Speed reading can enhance reading ability. But increasing speed alone does not make a person a better, critical reader," said Jackie Rinaldi, director of the University Learning Center. Rinaldi agrees these programs can be helpful, but urges users "need to remember the process of reading, for comprehension requires in-depth reflection upon material that's read," she said.

The University Learning Center sponsors workshops in studying, listening and memory skills. For more information about the Learning Center and its services, contact the ULC at 371-7820. For more information about Howard Stephen Berg's "Super Reading Secrets," call 1 (800) 240-7271.

Junior Jim Tyson takes time outside to read

Photo by Kent Bauer

College students treated with Prozac speak of experiences

By James Hibbard
The Daily Texan University of Texas-Austin

"Sally" was not happy. So she dropped out of school. "Being smart was never my problem," she said. Sally still was not happy. So she began taking drugs. Still not happy, Sally sought solace from gang members. "I was into very unhealthy relationships."

For five years, Sally's family desperately sought to retrieve her. "The anxious, self-destructive person who slept all day and disappeared as night was a stranger. But kindness didn't work. Neither did reasoning nor punishment.

By the time Sally was 18, her family decided hospitalization was the key and a year of intense therapy followed. Did therapy change Sally? No. "I had trouble just getting out of bed and brushing my teeth," she said.

The psychiatrists who came and went never said depression was the problem. Rather, it was Sally's family that first suggested her troubles may be rooted in something deeper than rebellion and attitude.

They strongly urged her to talk to a psychiatrist about trying a new drug called Prozac. Reluctantly, she agreed.

"After about a month of taking Prozac, I started feeling really normal," Sally said.

"I stopped having confrontations with my family, and I felt more in control of my moods."

Fast forward a year and a half to February 1995. The days of eating disorders, drugs and gangs are far behind her.

Sally is back in school, a linguistics major, and her semester earned straight A's. "Even in Japanese," she said proudly. Her family relationships have never been better. And what about romantic involvements? The wedding is in July.

Not all Prozac stories are as dramatic or successful as Sally's, but now that Prozac is the second most commonly prescribed drug in the nation, there is little doubt it has helped many suffering from depression.

Doubt, though, does exist whether Prozac is safe or properly prescribed. And there's doubt: Not only does Prozac's popularity show no sign of slowing, but the drug is being prescribed for an ever-wider range of afflictions and bad habits.

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Despite the variety of uses, the primary reason for prescribing an anti-depressant is still depression. Prozac was the first anti-depressant to solely target the neurotransmitter serotonin, a focus that's considered responsible for Prozac's success.

Unlike most neurotransmitters, seratonin is located throughout the brain, which may explain why Prozac effects more than just depression.

But it's not the uses of Prozac that concern skeptics, it's the unknowns—namely, the long-term effects.

For the time being, Sally is satisfied just living the "normal" life that for so long eluded her; going to school, working a part-time job and most important, being happy.

Write for features

Call 371-7963 for details
Women & Smoking: Risks to health largely increase

By Michele Herrmann
Features Editor

The timing is either in between classes or during a break. Someone slips through the exit door and goes outside to stand in between classes or during a break. A couple of puffs. The timing is either in between classes or during a break.

Although Surgeon General's warnings and published research keep reminding the public about the dangers of smoking, a lot of people still continue the habit. One group is women; they are now at serious risk for health problems.

The study also found that in men, male smokers increased six times from 1960 to 1980, whereas the female group is women; they are now at serious risk for health problems.

Researchers of the New York Times reported a study which finds that death rates among female smokers increased six times from the 1960s to the 1980s. Thun, a researcher at the American Cancer Society said such deaths increased from 26 per 100,000 women to 155 per 100,000. For men, rates doubled in women.

With elderly people. "Maybe it's a habit, and I can't help it," she added. A sophomore from Trumbull, CT has no worries about her habit. "A lot of things are bad for you, You and I should but who gives a shit."

Students are welcome to attend. Clubs and Organizations: please send notices to the SPECTRUM seven days prior to publication.

As time goes by...time flies...time wasted...time well spent. Read about it in next week’s issue!

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Could there be aliens above us

UFO’s are becoming more common worldwide, are they for real or is the
some meaning behind it all

By Gina Norelli
Assistant Features Editor

There is a lot of overhead activity in the skies above Sacred Heart University. Glance up at any given moment and you'll see several seagulls and planes plotted across the sky.

What would happen if an Unidentified Flying Object (UFO) was amidst all of this activity? What if one landed on the football field in the middle of a game?

These questions aren’t so far fetched, considering the number of reported cases of UFO sightings throughout history.

Yet at the mere mention of UFO’s, people often become skeptical and disbelieving. To acknowledge the existence of UFO’s would mean that we’d have to reevaluate everything—philosophically, scientifically and religiously. It’s too eerie to consider that we aren’t alone in this universe.

The universe is so vast and infinite that the chances are high that there is life elsewhere. Consider the possibility Karl Sagan, a Cornell University Professor of Astronomy, offered.

"Given the number of stars in the universe, billions and billions, the odds are very high that not just life, not just merely intelligent life, but highly advanced civilizations must exist," he said.

There are two main theories of UFO origin: that they are traveling here from the future and human beings will evolve into them or that they are from different universes and visit the earth out of curiosity.

Interestingly, reports of UFO sightings occurred since ancient and biblical times. In pre-Japanese culture, some statues displayed resemblances of aliens and some biblical tapestries depicted UFO’s in the skies. Could these be the same UFO’s that people are presently observing, thus proving the theory of time travel?

Metrodorus, a third century philosopher, believed in life elsewhere. "To consider the earth the only populated world in infinite space is as absurd as to assert that in an entire field sown with millet, only one grain will grow," he said.

Metrodorus’s term “infinite space” is quite interesting because until the 1920s astronomers thought that our Milky Way Galaxy was the entire universe. In the third century, Metrodorus confirmed the vastness of space!

There are people who say that one must be crazy to “see” a UFO. The government seems to support this claim. But highly respectable people such as governors, pilots, and police officers say that they have seen them.

A Japanese pilot saw UFO’s while flying his plane in 1968. He reported his sightings and was subsequently grounded for making such claims.

Jimmy Carter, in 1969, saw a spotted bright object in the sky that he described as “self-luminous, about the size of the moon, and sometimes stationary, sometimes moving forward and backward.” He believed it to be a UFO and suggested years later that NASA investigate it. It refused.

Perhaps the 1947 incident in Roswell, New Mexico was the most bone-chilling UFO sighting. A flying saucer with aliens crashed there, leaving the spaceship and dead occupants out in the open. This was a case in which the government delayed to suppress the evidence; several photos were taken at this crash sight.

Reverend George Roe, professor of astronomy and physics at SHU, feels that we are not alone in this universe. "There is a possibility that life could exist elsewhere, but it’s very low that they exist in human form," he said.

So what do you believe? See in an upcoming article in the SPECTRUM featuring an actual alien autopsy.

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DRUNK DRIVING DOESN'T JUST KILL DRUNK DRIVERS.

Andrea Harris, killed Aug. 26, 2001 at 6:00pm on El Camino Real, Atascadero, California.

Next time your friend insists on driving drunk, do whatever it takes to stop him. Because if he kills innocent people, how will you live with yourself?

FRIENDS DON'T LET FRIENDS DRIVE DRUNK.
dysfunctional. He was raised in an average home. He has a strong belief that he was raised without organized religion. He needs a religion, but about philosophy, and the difficulty in finding a philosophy that he needs a religion. It is against God, he needs a religion. He prays to God, but also a representation of how we, as students at Sacred Heart, will grow and become well-rounded individuals by the time we graduate. The statue’s focus is to “enhance the space around the building,” says Gallery director Sophia Gevas. The arches are the same green color as the pointy tops of the residence halls. They start low, then square and gradually become high and rounded. Any artist who builds a statue or sculpture for Sacred Heart is automatically offered a chance to present a show of their other works. It is against God, he needs a religion. The hope for the sculpture was that it could be a place where students could sit, hang out, or meet at. Not only was it meant to be a place to hang, but also a representation of how we, as students at Sacred Heart, will grow and become well-rounded individuals by the time we graduate.

Coupland’s previous works include “Generation X,” “Shampoo Planet,” and “Freaks and Geeks.” He has been recognized for his ability to philosophize over popular culture. While philosophizing he is able to explore the reader’s emotions and search for a way to relieve his anxiety. He prays to God, unsure of who or what that God is. Eventually he confides in the reader that he needs God, he needs a religion. It is against human nature to not believe in a preconceived set of values, whatever they may be. Along with Scout’s thoughts, the novel takes the reader through Scout’s life, flashing back to various significant events. The story opens with Scout driving her daughter across country.

Scout is attempting to tell her story of her life and explain why she is as she is. The reader reminisces with Scout about his childhood friends and adventures with his brothers and sisters. The reader lives with Scout for a year in a cheap hotel observing his array of white-trash neighbors. Finally, Scout spends a rainy night in a tent in the middle of the woods when his revelation occurs. He realizes that he needs a God.

Anyone familiar with Coupland’s previous works (Generation X and Shampoo Planet) recognizes Coupland’s ability to philosophize over popular culture. While philosophizing he is able to simultaneously raise personal questions of morals and beliefs. In Life After God Coupland replaces the question “Is there a God?” with a modern alternative “Should there be a God?” Coupland’s style of writing is choppy, yet curious. He explores the twenty-sixth generation with great attention to detail. Every page contains a short story from Scout’s life.

Some pages contained only one sentence, such as the enigmatic phrase “For Michael Stipe” printed on page 163 for no apparent reason. This story mesmerized me for four straight hours on a rainy afternoon. The novel is not about religion, but about philosophy, and the difficulty in finding a philosophy of your own without religious guidelines.

I found myself empathizing with Scout, sharing his concerns of love and death. His life is not exciting, yet he plods through, searching. Whenever I feel lost, I take out this book and wonder what Scout would do in my situation. Usually Scout has a cynical thought but says nothing and searches on.

With Scout, it may not be possible to climb the highest mountains andraft the most ferocious rapids, but at least you will be able to keep your sanity and laugh at the world while you walk down the street.
Fall season brings with it many changes

From the silver screen to popmusic change is apparent, not all for the best

By Jonathan McCarthy
Editor-In-Chief

As the Fall season rapidly approaches, the media industry will undergo tremendous changes. From the silver screen to the written word there is a metamorphosis of sorts. The summer characteristically provides certain items from specific genres. For example, Hollywood brings out high action movies (“Batman Forever”), comedies (“Clueless”) and the occasional summer love story (“A Walk In The Clouds”). For the music industry it is the attack of the one hit wonders, catchy guitar hook and all (Better Than Ezra).

However, as the seasons change so do the mood of the audience. To combat this change the medium’s at large have a whole new outlook on life. Movies with deep subject matter quickly become the norm in the summer. Martin Scorsese’s “Casino” is a prime example of this. The movie scheduled to be released later this Fall stars an alcoholic Nicholas Cage and Elizabeth Shue. The movie also features Robert DeNiro and Sharon Stone. Other gritty fall premiers include Paul Verhoeven’s NC-17 peep show “Showgirls” starring Elizabeth Berkley and Rob Reiner’s “The American President” starring Michael Douglas and Annette Bening. The most intriguing movie just might be “Strange Days.” Kathryn Bigelow’s directing debut tells a story of a crazed drug dealer who gives out free hits of devastating virtual reality.

...the most intriguing movie just might be Strange Days

The Fall music scene will showcase the return of 3 bands that helped make the music industry the alternative madhouse it has become. First this Fall will reluctantly welcome the return of Green Day. Their new album entitled “Insomniac” features the same exact songs that allowed “Dookie” to sell over 8 million copies. More anticipated returns come from the likes of the Smashing Pumpkins and the Red Hot Chili Peppers. The Pumpkins are expected to release 2 new albums, “Melon Cholic” and “Infinite Sadness.” The new works represent the first releases with new material since the 1993 “Siamese Dream.” For the Peppers “One Hot Minute” is their first release since “Blood Sugar Sex Magik” but more importantly it is their first work with new guitarist David Navarro who garnered fame as the lead guitarist for Jane’s Addiction.

The printed word offers something for everyone. For film lovers there is “Past Imperfect.” This new critic of modern film features Frances FitzGerald review of “Apocalypse Now.” This Fall also brings the return of Michael Crichton. The author of “Rising Sun,” “Congo,” and “Jurassic Park,” is set to release “The Lost World.” Unfortunately early reviews of the novel foretell it may be the first time Crichton has repeated himself.

Strange Days director Kathryn Bigelow...
The return of punk

New Klover release brings back old spirit

By Pete Trenchard
A&L Writer

Punk rock is dead and long gone. Punk went out as fast as it came. Those of you who believe these statements have not walked into a music store lately, or even turned on the radio. Punk is as strong now as it was in the 1980s, maybe even more so now. It is still a popular form of rock loved by people of a wide variety of ages and social background.

Punk rock has certainly grown, and now to add to its rich history is the debut album of Klover, *Feel Lucky Punk*. The group consists of Mike Stone, Chris Doherty, Brian Betzger and Darren Hill. Doherty and Betzger toured with Gang Green, the Boston punk outfit, while Hill and Betzger early as a founding member of The Red Rockers. Klover was formed late in 1994 when the trio met up with vocalist Mike Stone. A friendship that old and new punk fans alike will love.

Klover seems to have used music easily, but attitude and healthy rebellion are still at the core of contemporary punk music, and Klover shows it in their music.

Klover’s talent at playing and writing music easily ranks them up with some of the best punk bands around today. Songs like “Our Way,” “Sandbag,” and “Beginning To End” are powerfully written and deal with issues that plague society and the youth of today. Combining forceful beats with dynamic lyrics is a skill Klover shows it in their music.

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Positively Porter

The Positively Porter, the first performance in the 1994-95 Theatre season, was held on March 25th. For more shows and ticket prices contact the box office at 325-4466.

Theater opens

Michiyo Ukai
Contribution Writer

The Performing Arts season at Sacred Heart University commenced last week. "Positively Porter," the first performance in the 1994-95 Theatre season, presented Cole Porter, a famous songwriter in the 1930’s and 1940’s last weekend on Friday and Saturday at 8 p.m., on Sunday at 3 p.m. This was a musical revue performed by SHU students and professional actors.

This show was not to be missed," said Fred Salier, executive director of the center. “We have made positively great changes.” The SHU theater holds 830 people and possesses professional sound and light facilities. Maureen Hamill, the resident musical director said, “all students should have come to this exciting work of art. Cole Porter’s music jumps generations and touches everyone.

The Positively Porter marked the first show of the season at the theater, which runs from September to March. Other showstoppers for the stage include; The Odd Couple, a world premier musical, in November; The Odd Calm, Neil Simon’s comic classic, in February; and Two Stop Truck Stop, Maureen Hamill’s country music, in March.

The Center for the Performing Arts also offers a Special Events program of Peter Pan; an Eastern European dance group, “The Tamburitzans”; and a presentation by the English Department of Arthur Miller’s The Crucible.

What’s Hot

Moder Rock Top Ten

1. “Tomorrow” performed by Silverchair
2. “Comedown” performed by Bush
3. “J.A.R.” performed by Green Day
4. “In The Blood” performed by Better Than Ezra
5. “Till I Hear It From You” performed by Gin Blossoms
6. “Name” performed by Goo Goo Dolls
7. “Lump” performed by The Presidents Of America
8. “You Oughta Know” performed by Alanis Morissette
9. “Warped” performed by Red Hot Chili Peppers
10. “Galaxie” performed by Blind Melon

Adult Contemporary Top Five
1. “Kiss From A Rose” performed by Seal
2. “I Can Love You Like That” performed by All-4-One
3. “As I Lay Me Down” performed by Sophie B. Hawkins
4. “Colors Of The Wind” performed by Vanessa Williams
5. “Run-Around” performed by Blues Traveler

Top Five Video Rentals
1. Outbreak
2. Just Cause
3. Boys On The Side
4. Nobody’s Fool
5. The Brady Bunch Movie

Compiled by Billboard Magazine
Pioneer footballs Ihlefeld is all around team player

Kevin Carroll
Sports Editor

After seeing limited time in the Pioneer back field last season behind four-year starter Ron Stopykowski, Brian Ihlefeld has arrived as a young and elusive runner this season as well as a big play maker for the SHU gridders.

The 5-11, '95 pound junior full back from Essex Junction, VT played his high school ball at Rice Memorial. He developed into one of the teams top backs last year. In the limited time he saw last season, he was a running and receiving threat from the back field as a key third down player. "Last season gave me a chance to get familiar with the new offense," stated Ihlefeld. "Even though I wasn't a starter, I was still satisfied with my performance. After all, everyone has to wait for their chance."

Last season, Ihlefeld rushed for 230 yards, on 64 attempts. He had 7 catches for 105 yards out of the backfield. In last season's contest against Assumption, Ihlefeld rushed for 82 yards and scored his lone touchdown of the season, in the 43-20 victory. "Brian has always been a hard worker and this season he has been doing an excellent job," said teammate Jay (Flash) McMaster.

Ihlefeld showed that he means business last Saturday in SHU's triumph over Western New England College, when he rushed for 220 yards and scored 2 touchdowns. He also broke two records for victory this season in the 43-20 victory. "Ihlefeld showed that he means business last Saturday in SHU's triumph over Western New England College, when he rushed for 220 yards and scored 2 touchdowns. He also broke two records for victory this season in the 43-20 victory, with a game breaking 90 yard touchdown run in the second quarter." "Before the game I was serious like any one else, after all it was the opening game," said Ihlefeld. "After you get in though, it all goes away."

Ihlefeld has taken charge and heads on straight and set to get too over confident going into games to come."

Off the field, Ihlefeld has been doing a bang up job as well, keeping up with his studies as an economics major and holding a 3.3 GPA while working in the financial studies department. Upon graduation, Ihlefeld hopes to get a job coaching or pursue sales of some sort.

By Jonathon McCarthy
Editor-in-Chief

The men's and women's crew team look back to the water last week in the hopes of starting right where they finished.

"Last year we had moments of excellence, we are looking for consistency this year and we know we have the talent," said men's captain Ed Page.

Last season's rowers triumphed at the indoor championship where the men posted the best team time and the best individual time, posted by Tom Wilson (Asst. Capt.). "After the whole team performed so well at the indoors we could not help but feel a little disappointed at the end of the season," commented Page. Although the team, won nine medals at the Norwalk Invitational last year, two coming from a women's race victory, the team seems to believe that they could do better. "We are ready this year and we've started off great," said varsity rower Martha Burke. The freshmen crew seems to have a desire to win and the team as a whole sees nothing in its way. "The returning rowers are almost right back where we left off and the new rowers are doing so well that I can't stop from being excited for the upcoming season," said Page. The varsity crews have their first competition this Sunday in Mystic, CT, where they will compete in the Great Pawcatuck Paddle or Row Race. "We are not the new guys this year, people know who we are and they want to beat us. We can be ready physically but must be ready mentally," concluded Page.

Pioneer full back Brian Ihlefeld (2) looks for someone to hit as the kicker Monoco (17) kicks an extra point during SHU's victory last Saturday. Monaco hit six out of six extra points on the day as the gridders pounded on Western New England.

Photo by Laura Grier
For the time being, Brian feels that his studies come first, but he enjoys playing the game of football and is excited about the season. "This season the offense has really seemed to come together," Ihlefeld stated. "Everyone is doing their job and that's making the offense flow as one."

Alumni softball game to take place at SHU

Megan Keefe
Staff Writer

This Sunday on the campus field, the women's softball team will take on some of SHU's best ex-players in the third annual alumni game at 11:00 a.m.

Sacred Heart's assistant athletic director and head softball coach Bippy Luckie, a four time All-American shortstop, heads a stellar cast of "old timers," which also includes Lady Pioneer assistant coaches Pam London and Renee Melchionia.

Other alumni slated to participate in the contest are Diane Zalewski and Sue Troili, who, along with Luckie and London, played in the NCAA finals during the mid 80's. Alumni of more recent note include Becky Van Ort, Maria Cavaliere, Michelle Palmer, Lisa DiPulvico and Elaine Agosti.

This season's varsity squad plans on taking revenge on last year's loss. So wake up early on Sunday and come up to the field. No matter who you cheer for, you're sure to see a lot of great action.
SPORTS BRIEFS

In-line clinic to come to SHU

On Saturday September 23rd., Stephen Baum brings his "In-Line Skating Clinic and Tour" to Sacred Heart for a 1:25 hour informative beginner in-line skating clinic.

The event will take place at 1:00 p.m. on the campus parking lot.

Registration takes place at Student Activities in the Hawley Lounge prior to the event. Skate rentals will be available at the event for a charge of $7.50. Please inform the person at student activities if you are renting skates and let them know your skate size.

Skates and protective gear will be delivered to the school that day at 10:30 a.m. and you should be ready to roll at least 10 minutes prior to the start of the event.

For more information stop by Student Activities in the Hawley Lounge.

Trips to away football games

Student Activities will be sponsoring trips to 4 of the 5 Pioneer football away games. Each trip will cost 3 dollars for students and ten dollars for non-students.

The games and departure times go as follows:

Sept. 23 to UMass-Lowell, at 10:00 a.m., game starts at 1:30 p.m.
Oct. 6 to Bentley, at 3:00 p.m., game starts at 7:00 p.m.
Oct. 21 to Stonehill, at 10:00 a.m., game starts at 1:00 p.m.
Oct. 28 to Salve Regina, at 3:30 p.m., game starts at 6:30 p.m.

For more information on the trips please stop by Student Activities.

Cross-country heads to Connecticut Intercollegiate X-Country Championship

Justin Mokerecki
Contributing Writer

On Friday, Sept. 29th, the men's and women's cross-country teams will travel to Stanley Quarter Park in New Britain to participate in the Connecticut Intercollegiate X-Country championships.

Both teams are hoping to improve upon last year's stats at the competition. The men placed 9th overall last year, while the women brought home a 5th place finish.

Sacred Heart's list of opponents expected at the meet include Division I powerhouse Yale and the University of Connecticut. Other schools expected to compete include the University of Hartford, Southern Connecticut State University, Central Connecticut State University, Eastern Connecticut State University, Wesleyan, the University of New Haven and Fairfield University.

"This meet provides us with a good opportunity to see how we stack up against the other Connecticut schools," said coach Christian Morrison. "There will be schools from all three divisions at the meet."

Asked how he thought the SHU runners would fare against the competition, Morrison said, "I think it's realistic for both our teams to finish in the upper half of the field, despite their youth and inexperience."

This year's women's team features a talented cast of runners. Newcomers to the team include junior Christine Petroho, sophomores Jodie Eaton and Collen Demirgian, and freshmen Carrie Demirgian, Theresa Flood and Shelly Roberry. Combine them with returners Shannon Heald and Stephanie Smith, both second-year students, and it can easily be said that the future looks extremely bright for the women's cross-country program.

The roster for the men's team this season is arguably the strongest in the fifteen year history of the program here at Sacred Heart.

A talented freshmen recruiting class which includes runners Gregg Doucette, Rick Janosko, Tom McCabe, and Chris Pawl team up with returners Neil McClure, Justin Mokerecki, Brian Young and team captain Dan Weinstein to provide Sacred Heart with what should be the team's most promising season ever.

The competition takes place at Quarter Park in New Britain CT. Starting time is scheduled for 3:00 p.m.

Men's soccer off on four game win streak at 6-2

Kevin Carroll
Sports Editor

The men's soccer team is on a tear after winning 4 in a row. Their latest victory came last Monday as the Pioneers defeated Assumption 3-0, boosting their record to 6-2.

"The team has been working really hard to get to this record," stated sophomore captain Rory Ales. "The last four games are a result of the team's desire to win and the gelling of the starting lineup."

The team's only losses were a result of previous injuries and lack of playing to their full potential. Now the team has meshed together and has reeled off some convincing victories, one coming in a hard-fought win against NECC opponent Albany.

"The team is excited about the current winning streak, but our best soccer is yet to come," added Ales.

The Pioneer's next game is Saturday against NECC opponent Le Moyne in Syracuse, NY.

Home run derby to hit University

Contest to be held up at the soft ball field

Michelle Covelluzzi
Contributing Writer

For all the Babes, Hanks, and Mbo's of the University, your chance to strut your stuff is Sept. 28 at 6 p.m.

The campus softball field sets the stage for the annual Home Run Derby. This year's contest in which each contestant is pitched 10 softballs and given the opportunity to hit one or as many balls as possible out of the park. The fence at the field stands at approximately 300 ft. Prizes will be awarded to first and second place winners.

The Home Run Derby is an intramural event sponsored by Student Activities, which has focused and committed itself to making this year's event a sure home run.

The Intramural Sports Program is designed to provide a healthy and competitive outlet for members of the Sacred Heart community," says Dennis Leszko, program assistant of Student Activities. "Each month a one-day tournament will be scheduled for all students to take part in."

Sign-up at the Student Activities office anytime from now up until minutes before the first pitch. This event is open to all students. Ladies, this means you too!

Make sure to eat your hotdogs and join in the fun," encourages Leszko. "We'll see you at the ball park!"

The Spectrum sports writing staff needs you!

IF YOU ARE INTERESTED IN COVERING ANY OF THE FALL WINTER OR SPRING SEASONS STOP BY THE SPECTRUM OFFICE AND ASK FOR KEVIN OR JOE.

THANK YOU
**Sports Schedule**

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**KEVIN AND JOE’S PICKS FOR SHU FOOTBALL PLAYERS OF THE GAME**

**Offense**
Brian Ihlefeld

Ihlefeld rushed for 220 yards on 22 attempts and scored 2 touchdowns, including a SHU record 90 yard touchdown run.

**Defense**
J.J. Chella

Chella had one interception and one fumble recovery on the day along with seven tackles.

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**Football:** Crushing win over WNEC

Continued from page 16

The score 28-3 at the half.

Ihlefeld turned on speed he never knew he had for a 90 yd. touchdown run with 9:02 left in the 4th qtr. Chris Kelly came back again to hit his favorite target Ray Sizensky for a 59 yd. touchdown in the 3rd qtr. Chris Kelly came back with seven tackles.

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Joe Collett
Assistant Sports Editor

The Women’s field hockey team has increased the win column to 4-1 with their recent victories over Manhattanville, Albany and Keene St. All three wins were the product of hard work and determination of the Lady Pioneers. The win over Manhattanville was a slaughtered fest for the Pioneer Women. Tallying up 9 goals to 0 was the final score. The other two wins came with much more teamwork and effort.

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Zig straight out of leftfield

By Keith Zingler

New England is slowly slipping in the awaiting arms of Fall. A glorious summer has ended for Boston’s “Boys of Summer.” They, along with Red Sox fans everywhere, are waiting to see how long that glory will last.

Sox fans don’t brash the way Yankees fans do. A ten game lead isn’t enough for Boston fans to erase the demons of their team’s horrid past. While Yankee fans continue to talk up their even 500 baseball team, Sox fans continue to brace themselves for the October swoon.

Lichten up Sox fans. If I had told you in April that this year’s team was going to the play-offs you would have laughed at me. If I had suggested that this was the second best team in the American League you would have蓝图ed me the school idiot. Now, I am telling you that what you see before you is one of the best Sox teams in recent memory.

Would you please stop mumbling about how I just jumped the Red Sox. "How can you jinx a team that isn’t even supposed to be in this situation?" Stand up and cheer as loud as you can, for the first time in five years the Bosox will be playing important games in October. Forget about that damned curse. Do you really think the Babe wants a team that incurably planning to tear down the house that he built to win? The Yankees have done enough to curse themselves this year. They signed Darryl Strawberry (with Doc Gooden on the way), made “Donny Baseball” an outcast, and replaced Jim Abbott (probably the most inspirational player of our time) with Jack “You guys are Number 1.” McDowell. Don’t even try to bring up “The Curse of Wade Boggs.” I could see you making a case for “The Curse of Jeff Bagwell” but not Boggs.

Face it Sox fans, you have a talented group of overachievers playing at Fenway Park. This team has more heart and soul than George Steinbrenner has money. Let’s see where they can go. They haven’t fallen down yet, so stop looking for them to do it now. Mo Vaughn doesn’t care about the past, he’s making his mark now. Jose Canseco already has won a championship and is hungry for another one. Roger Clemens is pitching like… well Roger Clemens and Tim Wakefield tover’s manhandled under the pressure.

Let’s take a look at some positive things in Boston. First, we have Terry Kennedy managing the team (if a Kennedy managing a team from Boston isn’t a good sign, I don’t know what is). Second, the last time the Sox won was during a war-shortened season. This year the baseball season was shortened due to a labor war. Third, copies of the contract that sent Babe Ruth to the Yankees are showing up all over Boston (where they are being burned at a record rate). Fourth and finally, it seems that every player Boston’s General Manager Dan Duquette signs is having a career year.

At Sox fans have long known, the only time a player produces up to his potential is when he leaves Boston, not the other way around. This year players are producing while in a Sox uniform.

I can’t tell you that this year is going to be different. Cleveland looks tough and Atlanta could be unbeatable, but this is baseball. This is the most unpredictable sport around. Who would have predicted that the Sox would ever be in the play-offs? What about the Colorado Rockies, California Angels and the Seattle Mariners? None of these teams were picked to go to the play-offs.

Football is a sport where skill overcomes luck 99%. The game lead isn’t enough for Boston fans to erase the demons of their team’s horrid past. While Yankee fans continue to bemoan the loss of their championship team, Boston fans are enjoying the ride, and fans of the other 20 teams are going to be wishing they were in your shoes come October.

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Innocent Bystander

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Univ. Bpt. 7:00
LeMoyne 3:30pm
Mercy 7:00pm
Pioneers 42, Golden Bears 3

Pioneer full back Brian Ihlefeld (2) weaves his way down field past Western New England players as receivers James Mardwika (5) and Ray Sizensky (81) help out down field.

Photo by Laura Grier

Joe Collett
Assistant Sports Editor

This past Saturday’s game against Western New England was the perfect starting point for the 1995 season. Head Coach Gary Reho and the rest of his squad are in excellent position to turn what would normally be a decent season, into a championship season.

The Pioneers spanked WNEC 42-3. The gridders have proven to everyone that they are finally unified. It’s easy to see that by looking at the score, but hearing it from players’ mouths is the true validation. “We’ve shown each other that we can play as a team. Nobody was concerned with their own personal stats, we just wanted to win, plain and simple,” said junior full-back Brian Ihlefeld.

The game itself went like clockwork for the Pioneers. The first touchdown came with 6:19 left in 1st qtr. with a smoothly executed fake-punt which resulted in a touchdown pass from Aucoin to Ventola. Monaco kicked the extra point making it 7-0.

The Pioneers came back against not too much later with another touchdown. With 14:53 left in the 2nd qtr. quarterback Chris Kelly launched a 35 yd. touchdown pass to Mclaughlin. Monaco kicked another extra point, now making the score 14-0.

The only points that WNEC was able to fight for was a 27yd. field goal from their kicker, Nizzardo.

With 6:22 left in the 2nd, Ihlefeld ran the ball in for a 4 yd. touchdowm.

Pioneers break even
See football, page 15

Lady Pioneers break even at 3-3

Megan Keefe
Staff writer

On a rainy Sunday morning, when most people would rather stay in bed, the women’s soccer team played their first league game at home against the State University of Albany.

Despite the torrential down pour, loyal soccer fans hiding under umbrellas cheered the team on.

From the stars, the SHU booters controlled the game offensively. The ball remained on Albany’s side for almost the entire first half.

“It was frustrating because we had so many shots on goal but we couldn’t score to save our lives,” said junior midfielder Jen Stark.

The low point came less than 14 minutes into the game when Jen Eliea scored on a corner kick to put Albany in the early lead, 1-0.

The goal did not slow down SHU’s attack.

According to senior midfielder Deanna Young, the team was still confident despite the early lack of offense.

“I think we’re really starting to come together, and that was obvious today because we never gave up,” added Young.

The second half opened up and SHU continued to dominate on the opposite end. Senior midfielder Liz Chemis tied the game 1-1 at 31:42, proving the Lady Pioneers refused to look back.

Jen Stark kicked in the eventual game winner at 23:17 to ice the contest which eventually ended 2-1.

“It was a conference win, but I don’t know how good they are in relation to the other teams in our league,” explained senior forward Jen Fallon. “But it’s a start.”

With the win, SHU improved its overall record to 3-3, 1-0 in the NECC.

Look for the Lady Pioneers today at 3:30 as they face off against cross town rival the University of Bridgeport down at seaside Park.