Art students reach accord
Gallery agrees to host student exhibit

By Stephen P. Scholz
News Editor

According to an article by Alison Mitchell in the New York Times, President Clinton in his effort to rally public support for student loans, told a cheering Southern Illinois University crowd that in the changing global economy "unless we better educate our people, too many of them will be left behind."

Congress is arguing that a federal bureaucracy is not needed to provide student loans and that the volume of the loans will not and should not be affected by shifting student loans back to the private sector. But Clinton is attacking this system of "private lending" as being "more cumbersome" and "cost the students more money, which will lead to fewer people taking advantage of the loan program."

He also added that the banks would make more money because "it's very important for these young artists to be able to publicly display their works," said Gevas. "I knew from the beginning that we would be able to find a solution that would be acceptable to everyone and accommodate everybody's needs."

Malin said that once students and faculty made it known they wanted the exhibit in the gallery, everyone agreed that the proper time and space could be made. Art students are pleased with the fact that verbalizing their concerns eventually led to the accord.

"In the end it worked, and the administration gave us the space we deserve," said sophomore Craig Matthews, treasurer of the student art club and a graphic design major. "It's very important for art students to be able to get the experience of showing off our work in a professional setting."

Art Professor Jack de Graffenried said, "I think the agreement is a healthy way to go which benefits the students, faculty, gallery and ultimately the university."
News Briefs
Compiled by Stephen P. Schatz and Erin E. Harrison

Workshop by SMARTNET 2000

SMARTNET 2000 held a workshop on Oct. 18, entitled "Journey to Africa." It was presented by Marcia Whitney, environmental educator with the Jane Goodall Institute. The program recounted many of her adventures in Rwanda, Uganda, Tanzania and Burundi during nine months of last year.

University instructor participates in recent discussion

Dr. Busu George took part in a Science education Round Table discussion at Quinnipiac College. The other panelists were Ms. Barbara Kmetz, president of CT Science Supervisors Association, Ms. Kathleen Morians, Pfizer Inc., and Dr. Dennis Ophein, professor of biology at Quinnipiac College. The audience consisted of various personnel from CT Industry, college and university faculty and the general public.

Who's Who selection process to take place

Each year the SHU community is in the process of identifying outstanding students to submit for consideration in the "Who's Who among American College and University Students" selection process. Any member from the classes of 1996 and 1997 may apply for consideration. To be a candidate for this honor, a student must submit an application form, a resume and one letter of recommendation from a SHU faculty or staff member by Nov. 3.

The minimum qualifications that must be met for consideration as a candidate are: at least 2.75 cumulative GPA, at least 60 credit hours, and active involvement is student life outside of the classroom.

Any outstanding juniors or seniors interested should contact the Career Services office at 371-7975.

Ghosts: creating fear on college campuses

Continued from page 1

can thrive on those emotions. They can tap into the anxieties that people have."

Still, Crowe says most ghosts just want to be noticed. "If people pay attention to them and let them co-exist, they're usually fine," he says. "The problems sometimes start when people try to deny that ghosts exist."

For many students across the nation, the question about whether ghosts exist has been answered by their campus experiences. For example:

• For years, students at Mansfield University in Mansfield, Pa., have maintained that North Hall is haunted by Sarah, a student according to campus legend, is the ghost of a student who committed suicide by leaping over a railing through an open window in the building. She allegedly killed herself because of love gone wrong.

The building, which was built, in 1874, has been vacant for many years, giving Sarah plenty of room to roam. Mansfield students say they sometimes see Sarah in the windows of the building's top floor, supposedly looking for her former lover.

But Sarah's days of soliloquy may be numbered. This fall, the university began extensive renovations on North Hall and has plans to turn the old building into a state-of-the-art library and academic center. "If the ghost liked the peace she enjoyed in her abandoned building, she will soon be bustling with students," said one source.

• Students at Stonehill College in North Easton, Mass., have reported seeing the ghost of Freddie Ames running the campus.

Ames, the original owner of the property, died in a plane crash in the 1930s. According to legend, Ames instructed his servant to light the runway on his property, died in a plane crash while he was away flying, but the servant forgot. When Ames came in for a landing, the only light he saw was a lamp on the third floor of his mansion. Mistaking that for the runway, the pilot crashed to his death. Now whenever there is a blue mist hanging over the pond in front of the building, it is believed that Ames is looking for his forgetful servant.

• Several students living in North Spencer residence hall at the University of North Carolina at Greensboro say they've had the opportunity to meet Annabelle—whether they wanted to or not.

Legend has it that Annabelle is the ghost of a student who committed suicide in one of the building's bell towers. And while they don't know what she's looking for, students say they sometimes hear her walking the halls of the dorm.

• Fisher Hall at Miami University in Oxford, Ohio, has a long history of hauntings. Throughout the years, ghost sightings have been reported seeing moving objects and hearing mysterious noises.

When the building became a freshman dormitory in the 1950s, Fisher resident Ronald Tammen disappeared from campus. His belongings were placed in their normal fashion in his room; his car was found locked and parked in the student lot, and his life was seemingly in perfect order, according to authorities. A massive nationwide search turned up nothing, and Tammen was never found.

A few months later, students in the dorm often heard a voice singing in the woods directly behind the building. A few days later, students saw a long-haired, tall figure walking toward the building while singing.

• A 1949 dormitory fire at Kenyon College in Gambier, Ohio, resulted in the death of nine men. The fire took place in the middle of the night, and the students were trapped after failing to wake up in time to escape. Since that time, students in the dorm rebuilt on the site have reported seeing legless torsos floating through the air. Also, students are occasionally woken up in the middle of the night by a shadowy figure who shakes them, yelling "Wake me up! Wake me up!"
Students weary of shuttle

By Joel Felicio
Contributing Writer

If you use the Sacred Heart shuttle this semester, chances are you are dissatisfied with the service. Students claim they are late for classes and forced to spend their time waiting around for the "Pioneer Wagon.

Marc Hayes, a senior from Brooklyn, NY, said, "Being a student here for three years I expected the shuttle service to get better but it is still unsatisfactory."

According to the Student Handbook, "The Pioneer Wagon runs on a pre-determined schedule, much like public transportation—please check posted schedules for exact departure times."

Ana Antonio, a sophomore from Brooklyn, NY, said, "There is a schedule posted but the drivers do not follow it."

An employee of the shuttle said, "Some drivers of the shuttle have used it for personal reasons, like going shopping."

Johanna Livingston, program assistant of the Student Union, stated, "I can guarantee that none of the drivers of the shuttle are using it for personal shopping. But if we do find out that someone goes off the route they will be talked to and some form of disciplinary action will take place."

The schedule points out that, "the shuttle will pick up students from the front of campus on a continual loop service. The shuttle will average a return of 20.25 minutes on a loop cycle."

Livingston stated, "The loop usually takes 30 minutes to run in good weather. Shift changes, traffic or bad weather will cause the loop to take around 40 minutes."

"Something must be done about the shuttle," said Acererah Borro, a sophomore. "Park Ridge is two minutes away but because of the route it travels, it takes 30 minutes to get there."

Many students feel there should be two buses, instead of one, to be more effective. "If there were two buses running we would need to hire extra workers and there is not enough money in the budget for that to happen," stated Livingston.

Currently a committee is being formed by Livingston to study the shuttle service. "Students can join and voice their concern," added Livingston.

Travers Geter, a sophomore from Bridgeport, lives at Taft and depends on the shuttle for class. "I have missed more than one class and have been late for others because of the shuttle," said Geter.

Jim Frimpiter, a sophomore driver of the shuttle, said, "people are always complaining." Overall, nine out of ten students expressed disappointment in the service.

Anyone interested in joining the committee should contact Johanna Livingston at 7675.

Limited parking space?

By Michelle Coveluzzi
Contributing Writer

With the growth of the University in the past few years, space for parking has taken its toll. No longer is parking available at the rear of the Academic Building or outside the South Wing where West and South Halls now stand.

Students living on Jefferson Hill pay a semester fee of $30 to park their cars in the South Lot—which has approximately 100 parking spaces—because there is not ample parking outside their housing.

The front parking lot, located to the left of the school's entrance, has a 100 parking spaces designated for university staff parking. This includes the 45 cafeteria workers. With the front and south lots off-limits, commuters are left to park in the North Lot and the small area located to the right of the Park Avenue entrance.

Jack Fernandez, acting director of Public Safety, feels there is still adequate parking available.

The Registrar's Office has quoted a figure of 896 commuter students, which includes both part-time and full-time students. According to Fernandez, approximately 1,000 parking spaces are available to commuters in both lots combined. "The space is definitely there," Fernandez concluded.

Mike Rembish, director of Commuter Life, receives a lot of "complaints regarding the physical condition of the North Lot." Most of the complaints cite pot holes and uneven paving. He is currently working on rectifying this situation.

The location of the North Lot, itself, is a problem for some students. "We don't receive any complaints that there are no places to park," Fernandez said, "just that there are no close places to park."

Aside from the library which is located on the north side of the university everything else is on the south side.

Commuter student, Anna Mastroioli said, "I use my car as a locker. It is very inconvenient to walk back and forth to my car throughout the day." Because the majority of her classes are in the South Wing, Mastroioli adds, "it can be a real hassle, especially during inclement weather."

The alternative is parking in a closer lot, the consequence, a $50 parking ticket.

Off-Campus News

Supreme Court rejects Citadel case

WASHINGTON—The Supreme Court refused this month to hear an appeal by Shannon Faulkner, who had sought to be the first woman cadet to be admitted to The Citadel.

Faulkner's attorneys had hoped the Supreme Court would take up the highly publicized case, which pitted the South Carolina resident against the all-male, state-funded military college.

The high court said that Faulkner's lawsuit is irrelevant because she no longer attends the school.

In August, Faulkner became the first female to be admitted to the school's Corps of Cadets program in its 152-year history. She was admitted to the cadet training program under court order but dropped out of the program after less than a week, citing health reasons.

Faulkner first sued The Citadel in 1993 for sex discrimination after school officials accepted her application, then rejected her when they discovered she was a woman.

Nobel Prize-winners on Net

CHAPEL HILL, N.C.—If you're having a tough time sorting out the latest Nobel Prize winners, steer your browser to the Nobel web site for the latest lowdown.

"It's a way to keep people up to date with everything that's happening," says Jane Rauckhorst, spokesperson for Sun Systems, the company that provides the server. "There are so many questions about who's winning what that it makes sense to have one definite point for all the information."

The Nobel site on the Internet not only provides information on the latest winners, but it also takes a look at past victors, the nomination and selection process, Nobel publications and the history of the prize itself. The site will also be used to explain the latest discoveries in the medical and natural sciences fields.

In case you're wondering, the Nobel prize is named after Alfred Nobel, a German engineer who helped invent dynamite and made a fortune from the explosive.

The Nobel site can be accessed at http://www.sunsite.unc.edu/nobel/.

Loans: on the downside for students

Continued from page 1

At Sacred Heart, the process of applying for the loan is the same, the interest rate is the same and the process of applying is the same, the interest rate and also the fees and the costs related to the loan are going to be the same.

"I would like to see some of the students preserving programs such as the Student Loan program and the Pell Grant program," added Savino, "I want to see them direct their efforts toward these, especially those students involved. They should explain the relationship to the federal government regarding these programs to preserve student aid."

There are many ways in which this could be accomplished explained Savino. "Via the Internet and the World Wide Web students can express their concerns." Federal cuts on loans would be opposed by Ameri

savings since "invest-
If you’re concerned prove it

Many of you have been complaining about the shuttle service that has been provided for us. Your complaints have served a purpose: people in charge of the shuttle are listening. The problem is that now no one is taking it.

Last Wednesday many of you were given the opportunity to voice your opinions about the system, but you chose not to. It is one thing to keep complaining on deaf ears, but when ears are listening you have to take advantage. Don’t complain about problems if you don’t intend to do anything about changing them.

Wednesday’s 5 o’clock meetings will discuss the shuttle situation. If you have problems with the shuttle please attend. Without your input the system won’t change and, even worse, people running it won’t know that it isn’t working.

Computers could prove to be futile

The mandate for the laptop computer at Sacred Heart is a stroke of genius. But it seems as if the genius who was the author of this idea has failed to see it through. What computers offer a tremendous insight into what most definitely is the wave of the future, but that wave has fizzled because some of the faculty and staff are not using this high-tech teaching aid.

Only a few professors use the Sacred Heart Home Page for their classroom needs and the other teachers are conducting business as usual. The downside of this is that students begin to think they spent $2,800 for nothing.

A quick look at one of the residence hall’s community printers will show a disheartening truth. For every school-orientated work comes four pictures and a set of rules to a drinking game of choice. The first year students harbor creativity in them and the computer offers a great way to unleash it. Now all we have to do is try.

EDITORIAL POLICY: The editorial page(s) is an open forum; submissions are not judged by the opinions expressed or by any criteria not related to the quality of the writing or timeliness of the topics. The opinions expressed on the editorial page(s), whether in signed columns or letters to the editor, are solely those of the authors. Unsigned editorials appearing in the far left column of the first editorial page represent the majority opinion of the Spectrum Editorial Board. Guest columnists and letters to the editor are welcome and encouraged. All submissions are subject to editing for spelling, punctuation, grammar and clarity. Letters to the editor should not exceed 400 words and will be considered on a space-available basis. The Spectrum does not assume copyright for any published material; all rights are retained by the author. All submissions are reviewed by the Editorial Board and final decisions are made by the Editor-in-Chief.

The Spectrum is a student-run newspaper of Sacred Heart University, published every Thursday during the academic year. The Spectrum office is located in the Academic Building. The phone number is (203) 371-7963. All mail to the Spectrum should be sent to Sacred Heart University c/o the Spectrum, 5151 Park Avenue, Fairfield, CT 06432-1000. The Spectrum believes all advertising to be correct but cannot guarantee its accuracy. The advertising deadline is seven (7) days prior to publication. For information call (203) 371-7966. Fax number is (203) 371-7828.
By Chris Nicholson
Contributing Editor

While lunching with a friend last week, she said to me, "I don't think I'll throw a Halloween party this year. Maybe I'll have people over for Christmas. But Christmas parties are tough too. Everyone has to schedule around their shopping and family visits and work nights and..." And she decided nothing. She is right, tough. Holiday parties can be difficult to organize. So my idea is this: throw one party at which you celebrate every falling fall holiday. We'll all arrive dressed in costumes, we'll eat turkey and stuffing; we'll exchange gifts, and then at midnight we'll all yell kiss and kiss. It'll be a blast.

And think of the time it will save. We'll be a bunch of regular banksters.

"But," I can hear you ask, "what about Valentine's Day?"

We can live without it.

While we're on the subject of parties (and oh what a coincidence that we are), let me tell you about the party I attended last weekend.

Sunday was my grandfather's 80th birthday, and for the occasion my mother and aunt decided to support our family tree and re-plant it directly in our house. That's right, the party was at our house. Our nice, new, clean house. And Mom invited the whole family. All six million of them.

Each family member knew my name, but I knew I had practically met only seven of them.

Six million friends and relatives. Add to the six people, three cats, one dog, one hamster, eight guppies and one snake that already inhabit our home make for a house that is slightly crowded. It was like China, except we had more hors d'oeuvres (pronounced hurse o'variess). Kids were falling out windows, the corners of the house were bulging open and the whole structure was making an eerie EEEEEEDAAARCH noise like an overfilled balloon in the hands of a precociously aggressive baby.

Oh, balloons...you had to bring up balloons. Before the party began, Mom asked me to pick up balloons. My friend J.P. was with me and I said, "J.P., we need balloons. We'll take the station wagon." And he said, "No, we can take my car." And I said, "I think we should take the station wagon." And he said, "We'll be fine in my car." So we took his car. We stopped to pick up balloons, and I came out to the car with the balloons in my hand, and he said, "Oh, you went full balloons?"

So there we were, trying to cram 15 very defiant helium balloons into the back seat of a 1971 Pontiac Ventura. Do you know how small the back seat of a 1971 Pontiac Ventura is? It couldn't seat a Twinkie even if you squeezed the cream out.

Then we drove home, limbs flailing out the windows, trying to hold back the invasion from the back seat and praying that a balloon wouldn't pop next to our heads and blow our eardrums clear to Cleveland.

Anyway, back to the house splitting at the seams (it was parties like this that led to the coming of the phrase "broken home"). In the center of this commotion was my grandfather's birthday party. My grandfather, in a hard wood chair, looking like well...like a grandfather at his 60th birthday party.

He sat, stationary except for an occasional walk to the bathroom, while people—old friends, new relatives—approached and wished him, "Happy Birthday, Bob, and many more." This was a strange thing, because Bob isn't his name. (We must protect the innocent. His real name is Grandpa.)

Then he would reply, in the warm and sincere way that only an 80 year-old grandfather can, "WHAT?"

Then they would yell back, "HAPPY BIRTHDAY, BOB, AND MANY, MANY MORE!"

Then Grandpa would say, "Thank you." He thanked everyone, and seemed genuinely touched while doing so.

It's peculiar how, when you are growing up, your grandparents can make you feel as if you are the only kid in the universe. Then on a day like that you watch a hundred other people love you too, and you feel jealous, even 20 years later.

The party was a success, and we didn't even need to yell and kiss at midnight.

After Grandpa left happy, I persuaded Mom to never invite that many people to our home again. Well, maybe not never; but at least not until next Sunday. That's when I'm inviting them all again. Well, maybe not never; but that's when I'm inviting them all again. Well, maybe not never; but that's when I'm inviting them all again.

Letters to the Editor...

Bookstore is a bargain!

In response to last week's article, I would like to eliminate the apparent misconception about the bookstore.

Follett College Stores, a division of Follett Corporation, operates the Sacred Heart University Bookstore. Follett owns approximately 500 bookstores across the United States including such large universities as Florida State, Arizona State, Rutgers, and such large community colleges as Fairfield, Hartford, New Haven and Quinnipiac College. Follett prides itself for delivering the lowest customer service at each of these campuses it serves.

First and foremost, Follett is a business and, as in all business, does want to make a profit. But, Follett also gives back to the universities. Here at Sacred Heart, Follett continually donates to various scholarship and alumni funds, bookstore expansions, and gives student discounts during the many holiday promotions each year. The bookstore also offers student employment.

As a service to Sacred Heart students, Follett offers buyback on textbooks throughout the entire year (not all bookstore companies do this). In this program, the bookstore can give wholesale values everyday and at special times (usually during undergrad final exam week) can offer half of the price on certain titles. These titles are ones which have been reordered by the faculty members and are in good condition, until the quota is met. The resale value less buyback value does help to cover operation overhead.

The bookstore also has used book distributors to order from if a particular title has not been used before at Sacred Heart. Used books provide a 25% savings to the student off of the new price. Contrary to popular belief, the bookstore does not set the prices of the books, the publishers do.

As a manager for Follett, I would like every student's experience in the bookstore to be a positive one. Kathleen Frederick, bookstore manager, and I are available to answer any additional questions you may have about Follett.

We were students once also and can appreciate your concern regarding the bookstore.

From Oct. 24-31 the bookstore will be offering a 20% discount for Halloween. This sale includes all items in the store except textbooks and computer software. All are welcome. Please stop by.

SHU Bookstore manager
Juniors and Seniors: Time to make career decisions

By Kristen Lalla
Contributing Writer

In an article published in the New York Times Magazine, entitled "Working Knowledge," the authors Hal Rubenbaum and Jim Mullen state that while working in the real world, "take off your school ring." Well, if you are a freshman or sophomore, you probably haven't even begun to think about that ring yet, let alone putting thought into a career.

A career? Yes, a career. If you are a junior or senior, it's probably something that you have been putting serious thought into lately. If you haven't, now is the time to start.

Career Services, newly formed and now located in the Wellness Center at Sacred Heart University, has quite a few ideas for students looking to put their hard-earned degree to work after graduation.

Mitch Holmes, assistant dean of students, feels that if students would only utilize the services offered to them by Career Services, they would find that there are many jobs out there.

"We are seeing an approximately 8000 jobs," he said.

"We have a commitment to SHU students stating that we can and will assist them in their job searches," Holmes said.

"We are in a sense part of the 'bookends' at Sacred Heart. Admissions is the other. They help students transition in, and Career Services helps them transition out," he added.

"Sacred Heart is a very good base for local businesses and firms looking to hire eager and well-educated young adults," said Mary Anne Matthews, director of Career Services and graduate school placement.

"We have a very good reputation with these firms because when we send them just one, talented, competent SHU student, they immediately want more," she added.

Senior Strategies

If you are a senior, Matthews suggests that you should be doing the following:

* Preparing resumes.
* Considering an internship.
* Attending the Mock Interview that will be held in November.
* Attending the Job Recruitment Fair in December.

Matthews advises students to set up an appointment with a career counselor. They can help determine what would be the best career path to choose.

Head starts for Juniors

If you are a junior, Matthews says attend career service events and join the Student/Alumni Mentor Program.

"This is a very important program which helps students to gain knowledge and contacts concerning their career," she added.

A student's GPA is crucial.

"Students don't realize how much employers take their GPA's into consideration," Matthews said. "If you stay focused, it will pay off."

Matthew also suggested students should start thinking about working after graduation or grad school.

Once this is determined by the student, he or she can move towards quickly planning the future without the pressures of senior year.

Any student looking for further information regarding careers can contact Career Services in the Park Avenue House at 365-7975.

S.A.D. brings people down during those winter days

By Michelle Covelluzzi
Contributing Writer

"The eyes are the windows of the soul," William Shakespeare once wrote. It is no wonder then that the dark clouds and gray skies can make some of us gloomy and depressed.

Seasonal Affect Disorder (SAD), in an article by Celeste McCall printed in The Washington Times, is defined as "depression and mood swings brought on by the decrease of daylight, approaching cold weather, and the plain old winter blahs."

In her article, McCall quotes Dr. Dan A. Oren, member of the Clinical Psychobiology Branch of National Institute of Health, as saying, "It seems there's something about the heat and the day length." Oren goes on to suggest that because the body craves light, light itself might be the best treatment for this kind of depression.

Enter the SunBox. According to Times article, Neal Owens, a SAD sufferer himself, invented the SunBox. This is a form of light therapy which comes from a large box that shines light into the user's eyes—creating a simulation of sunlight.

While the SunBox cannot be purchased at SHU's bookstore, that is not to say the problem doesn't exist here on campus. Pete Stelzer, a student, says, "It's terrible. Once winter comes, I just hibernate and do nothing." Another SHU student, Laurie Fredrico, claims, "Just thinking about winter makes me depressed."

"When the seasons change," notes Sr. Anne-Louise Nadeau, personal counselor and director of counseling in the Wellness Center, "we do have an influx of students with mood swings and depressions coming in for help."

Although only short-term, with 8 to 10 hours of cognitive behavioral work or psychotherapy, the counselors at the Wellness Center work with the students' thoughts and mood swings alter their depressed ways of thinking," explains Jocelyn Novella, Wellness Center counselor.

Whether it's the SunBox, short-term therapy or planning weekend getaways, there are ways to beat this depression.

McCall suggests taking daily walks, joining a gym, reading, and concentrating on positive thinking to help with depression and mood swings.

Just remember, the sun may not come out tomorrow but it will come out again.

Illustration from College Press Services
Be prepared for the flu season

Notice to the SPECTRUM

Along with the fall semester's midterms, another time-consuming occurrence finds its way into a busy schedule. Starting in November and lasting until April is the flu season, and it can hit when it's not needed.

The flu, also known as influenza, is a viral infection of the bronchial tubes and lungs which can infect a large number of students, faculty and staff. Influenza spreads rapidly and is usually passed on from person-to-person through droplets in the air from coughs and sneezes, or by direct contact such as shaking the unwashed hand of someone with the virus.

The problem with flu is that the strain of the virus changes from year to year. So if a person had the flu last year, that does not mean he or she has developed an immunity which prevents from catching the flu this year.

The Sacred Heart University Student Health Center is offering a vaccine to significantly reduce chances of catching the flu. The vaccine is made from strains of the virus currently causing illness, and begins to provide protective effects in one to two weeks after being administered.

People at high risk are urged From November to April is the flu season, and it can grab you when you don't need to be sick.

What should you do if you have the flu?
* Get a lot of rest.
* For fever, take Tylenol.
* Drink water and fluids until stomach settles down.
* If you have other infections, such as throat, ear and sinus, see a physician.

Macatol prepares for med school but stays involved at SHU

By Michele Herrmann
Features Editor

Her black hair, long and beautiful, is tied back in a bun. She often wears a pair of eyeglasses with brown frames which complement her tan face and brown eyes.

Mary Ann Macatol has been at this University for three years but she's not a junior. She's a senior because she is graduating early.

She looks studious but her appearance is friendly, enthusiastic, and eager.

On a school day, the strap of a book bag filled with books and papers, drapes against her shoulder as she walks around campus. During the night, she remains awake studying sciences in her room. Mary Ann received advanced placement credits in high school, and took 18 credit courses each semester of last year.

"I was ahead (in credits) when I came in and my goal was to get into medical school so I thought that it would be possible to graduate in three years," she said.

This year Mary Ann is focusing more on studies and finding a school she would like to attend, "Sometimes it's overwhelming but in the end it's worthwhile. It is hard because I do many extracurricular activities," she said.

Mary Ann goes home to Waterbury each weekend to go to a day long course on reviewing for the Medical College Admission Test.

This past summer, she attended the Yale Basic Science Review at Yale University. She, along with a group of students from across the country, participated in a rigorous and intense program from July to August.

The purpose of the Basic Science Review is to build a foundation of biology, chemistry, organic chemistry and physics. Mary Ann heard many lectures and had to prepare for unexpected quizzes.

"We had to memorize amino acids, Kreb's Cycle, physics formulas, and structures of enzymes," she said.

The program required an incredible amount of studying. Students had to read and memorize unciles in the Wall Street Journal and Scientific American for comprehension and to keep with current events in the medical field.

At SHU, Mary Ann continues her involvement in the sciences. She fulfilled the Pre-Med Club, and is currently its president. She tutors students in math, chemistry and biology at the University Learning Center, and serves as an organic lab assistant.

Besides academics, Mary Ann is in the Cum Laude Society, Campus Ministry, and an undergraduate representative on the Search Committee for Academic Vice-President/Provost.

Before focusing strongly on medical school, her commitment to other student activities such as P.E.A.C.E., Marching and Pep Band, and the International Club was phenomenal. "I would like to be able to help and meet a diversity of people with different needs and talents," said Mary Ann.

Find Macatol, page 8
Local Museum and Planetarium: Quite a place to visit...

Student and her sister discover stars, paintings, and hands-on science exhibits on a rainy Saturday afternoon

By Gina Norelli
Assistant Features Editor

Last Saturday, my sister and I were looking for something interesting to do to keep us out of the pouring rain. We suggested we visit the Discovery Museum on Park Avenue since I had always been curious as to what was inside. My sister agreed and picked me up. What we “discovered” there was far from disappointing.

We arrived just in time for a show in the planetarium about the planets and stars in the museum’s “sky” was filled with thousands of ornate, with its marbles steps and a starry night sky. The man began to explain in the planetarium about the brightest ones first. Soon, the room was far from disappointing.

We arrived just in time for a show in the planetarium about the planets and stars in the museum’s “sky” was filled with thousands of ornate, with its marbles steps and a starry night sky. The man began to explain in the planetarium about the brightest ones first. Soon, the room was far from disappointing.

A drawing of the Challenger, dedicated to the crew members of the 1986 Challenger explosion, located in the Challenger Learning Center in the Discovery Museum.

We continued past the physical science displays of how gear mechanisms are put together— which was beyond our comprehension and interest. There was then a huge screen overlooking dense woods.

To make it even more interesting, there was a two person flight simulator that flew over planet Mars and gave a shadow in an array of colors, very much like an aura, as you moved forward to simulate motion. The man began to explain interesting facts about the stars and planets.

When this show ended and our eyes adjusted to daylight, we decided to walk around the rest of the museum. Most of the exhibits were “hands-on” and geared towards children.

I tried to build an arch with wooden blocks at one of the stations, but my efforts failed. The blocks quickly toppled over, so we moved on to the next exhibit.

Students were “hands-on” and geared to younger children. Appar- ently she didn’t understand how to work the controls, so I acqui red more points. We then walked through an “echoless” tunnel that made your voice sound faint even if you shouted. It was very similar to how it sounds inside an airplane.

We continued past the physical science displays of how gear mechanisms are put together—which was beyond our comprehension and interest. There was then a huge screen overlooking dense woods.

There seemed to be several loud and wiggling children all around; we overheard that there was a birthday party going on. Hey, I never went to birthday parties at places like this, I thought, but anyway, we sat down and waited for the show to begin.

A very articulate and intelligent man began the show as the planetarium soon became dark, simulating the sun fading below the horizon.

Stars came out slowly, the brightest ones first. Soon, the “sky” was filled with thousands of glowing stars and I was very impressed at how it really resembled a starry night sky.

The man began to explain interesting facts about the stars and planets.

When this show ended and our eyes adjusted to daylight, we decided to walk around the rest of the museum. Most of the exhibits were “hands-on” and geared towards children.

I tried to build an arch with wooden blocks at one of the stations, but my efforts failed. The blocks quickly toppled over, so we moved on to the next exhibit.

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New album marks Greta's return

This is Greta hits music stands and marks a new hope for Greta success

Danielle Nolan
Assistant A&L Editor

For the past two summers, I have worked at Great Woods, a concert theatre in Massachusetts. While working, I have overheard many concerts and have also attended many concerts. One of the bands which performed in July was White Zombie.

Without ever knowing it, I probably also heard Greta, a band who has toured with White Zombie and other well-known bands such as Rage Against The Machine, Candlebox, and Motorhead.

This is Greta is the second album for the L.A.-based band. They joined Mercury Records in 1992 and first released No Bitter, an album which gained great critical success but was not very popular with commercial radio.

The band consists of four members. Paul Plagens sings. Josh Gordon plays bass, Kyle Bar looks guitar, and Scott Cambie plays the drums.

The members came together through classified ads and a 7th grade gym class. "Look, we're defi-
nitely a strange mix," says Gordon.

The band's music is a mix between Nirvana and Green Day. They have a "whatever goes" attitude which is expressed through their lyrics.

In "Cal Cool" this attitude is conveyed in the line, "You're so whatever to me," and in the song "Some People," the name says it all.

This is Greta! consists of 11 songs which are all different but are actually very much the same. Their music is the kind of music in which all the songs sound the alike. They remind me of Green Day because (sorry all you Dookie fans) I cannot remember which song is which. The album was mediocre, in my eyes, because it really is not my style.

The first two songs, "About You" and "Some People," were my favorites. They were light and fun. "Cal Cool!" was very relaxed and funny. "Silver Blue," the fourth song, is the band's favorite.

Plagens wrote "Stained" while in rehab. The song shows the band's serious side, along with "Nothing at all" which Plagens wrote about his friend who died of a heroin O.D.

The band has been through some pretty rough times since 1992 when they signed with Mercury Records. They experienced the death of a best friend and the death of a roadie—both from drug overdoses, let alone Plagens' own drug relapse.

"It's amazing to believe I'm alive and that excitement has spilled over into the band," says Plagens. The band seems to be back on track now. "Life is strange, but good and getting better," says Plagens.

Hopefully, the band will follow in the footsteps of their headliners Rage, White Zombie and Candlebox.

Every year, your heart pumps 2,625,000 pints of blood.

Surely, you can spare a few.

Give a Valentine's gift that truly comes from the heart.

Give blood again. It will be felt for a lifetime.
Ten years and still laughing

1995 marks Calvin and Hobbes' tenth year

Drooling would be on the shelf. By 1994 Calvin's ninth book, Homicidal Psych Jungle Cat would be released and placed in the shelf next to four treasury collections. 1995 marks Calvin and Hobbes' tenth year of mirth and mayhem in the comic strip business. It is really quite hard to dodge Calvin's and Hobbes' phe-nomenon. I mean, let's face it, if you have not heard of these two fellows yet your life is probably more sheltered than a gold bar in Fort Knox. Show me a person who has not read at least one Calvin and Hobbes strip and I will show you what is wrong with American society. Okay—okay, somewhere there must be those misguided few who have not heard of Calvin and Hobbes. So here's the scoop:

Calvin is just your everyday unordinary kid with the imagination of Stephen King and the wit and cynicism of Any Rooney. Accompanying him is his stuffed tiger who comes to life and is called Hobbes. With Calvin and Hobbes, Bill Watterson has not only gained a massive faithful readership but also the utmost respect from fellow strip writer/artists.

In his foreword to Calvin's first book Garry Trudeau states: "Watterson is the reporter who's gotten it right; childhood as it actually is, with its constantly shifting frames of reference.

In another foreword Pat Oliphant states: "Watterson the alchemist has conjured a work of subtly, character, and depth far out of proportion to his tender years." I praise for the Calvin and Hobbes strip comes from all sides. In 1995 Calvin and Hobbes has embedded itself into American culture. Just released is the Calvin and Hobbes 10th Anniversary book, which I cannot wait to pick up.

Rainy day? been dumped? in a slump? feeling gay? happy? (Pretty sad how on this ultra-sensitive campus I feel the need to qualify that, huh?) Well then maybe you have the cure for you: Calvin and Hobbes.

Ten years and still laughing

A&L BRIEFS

Compiled by Jason Mazaik

Creature Double Feature grips Cabaret Theatre

The Downtown Cabaret Theatre Children's Company is presenting the "Creature Double Feature" Oct. 7 through Nov. 5. 'Two of your favorite horror stories, "The Mummy" and "The Werewolf" come to life on a stage in this howlingly funny double feature. Tickets are $9 and are available along with further information at the box office: 576-1636.

Downtown Cabaret Theatre returns with Anything Goes

The Downtown Cabaret Theatre will re-open with the final show of the 1994/95 season. It is the Cole Porter "Magic that He Weaves So Well." The elegant, witty and sophisticated score for Anything Goes is one of the most glorious in American musical theatre. Shows began Friday, Sept. 15th and runs through Nov. 25th. For more shows and ticket prices contact the box office at 576-1636.

Eric Bogosian's Wake Up and Smell the Coffee slated for one show at the Palace

Eric Bogosian is scheduled to perform his new one-man show, Wake Up and Smell the Coffee, for one performance only, at Stamford's Palace Theater on Friday, Nov. 3 at 8 p.m. Directed by Jo Bonney, Bogosian's 90 minute rant howls at the state-of-mind of America, 1995. In this new solo outing, he raises his inner demons, skewers them, cooks them over hot coals and devours them. Tickets are priced at $25 and $15 and can be purchased through the box office at (203) 325-4466.

Stamford Symphony Orchestra plays host to Roger Nierenberg in November

The Stamford Symphony Orchestra, under the direction of Roger Nierenberg will perform a dazzling array of scores, ranging from Dvorak's Symphony no. 8 in G major to Elgar's Enigma Variations. The performances are slated for Nov. 11 & 12 at the Palace Theater. For times and ticket information contact the box office at (203) 325-1407.

What's Hot

Modern Rock Top Ten!

1.) Kiss From a Rose performed by Seal
2.) As I Lay Me Down performed by Sofie
3.) Run Around performed by Blues Travler
4.) Pulp Fiction
5.) Only Wanna Be With You performed by HOOTIE!

Adult Contemporary Top Five :

1.) I Can Love You Like That performed by All For One
2.) I Can Love You Like That performed by Hootie!
3.) Out Break
4.) I Can Love You Like That performed by Dave Matthews Band
5.) In the End performed by Aerosmith

Top Five Video Rentals!

1.) Pulp Fiction
2.) Outbreak
3.) Pulp Fiction
4.) I Can Love You Like That performed by All For One
5.) Don Juan DeMarco

Compiled by Billboard Magazine

The Art Gallery:
Good actor with a bad name
Bronx Tale star on the right track

Ian Spelling
College Press Service

Chazz Palminteri. With a name like that, he's got to be good. And he is. Palminteri first earned acclaim as the writer and star of "A Bronx Tale," the 1993 film that marked Robert De Niro's directing debut. Since that auspicious debut, Palminteri has earned an Oscar nomination for his work in Woody Allen's "Bullets Over Broadway," shared the screen with Anjelica Huston in "The Perez Family," and costarred in the sleeper hit "The Usual Suspects." Now Palminteri is back on screen, acting in "Jade," his biggest film yet. The sexy William Friedkin thriller focuses on a trio of college friends: Matt Gavin, a lawyer; psychologist Trina Gavin (Linda Fiorentino), Matt's wife; and David Corelli (David Caruso), a San Francisco assistant district attorney. When an extremely wealthy man is murdered and Trina is implicated in the crime, the trio finds themselves caught up in a deadly, sensual web from which there may be no escape.

"I enjoyed playing a very tight attorney," says Palminteri. "I made a conscious effort to look for those kind of roles now. He's the type of guy who embraces the darkness, which was something I really wanted to do. He says one thing, but means another. He does favors for people, but really means another. He does it. He says one thing, I'm a writer; I understand that. I can't be in the 1950s. It's me, Nick Nolte, Michael Madsen and Chris Penn," says Palminteri. "We're keeping the mob out of town and running the town. We're good cops, but we have law and order on our terms. A lot of the story is true. It's one out next year."

At the moment, Palminteri is busy promoting "Jade" while tak-
CALVIN AND HOBBES

I'M HOME!

THE CROSSWORD

ACROSS
1. Smelting residue
2. Factory
3. □ □...and...
4. Easy gait
5. "Nom de vole
6. Natural word
7. In a hall
8. Rainbows
9. Outcomes
10. Capacious
11. To pieces
12. Land and
13. Stair
14. Acrylic test
15. Dry
16. Banded sequins
17. I'm going with love
18. Kind of piano
19. Scheduled
20. After and
21. Great of nations
22. Reeling
23. Battle
24. Snail
25. Director indicator
26. So steep
27. In Simon
28. Duck
29. Quantity of paper
30. Bible
31. Williams
32. Going for
33. Cess..."with"

DOWN
1. Concrete piece
2. Norse god
3. As neat as...
4. French cop
5. Publishes
6. Massive
7. Battle
8. Plunge
9. Newly
10. West
11. Of fleecy boasts
12. Recorded
13. Priest's vestment
14. Standard
15. To China—next
16. pancakes
17. Large
18. Rifle
19. Sake
20. As real as...
21. French cap
22. Published
23. Magazine
24. Tanker
25. Vowel sound
26. -incognita
27. Perfect place
28. Vacuum
29. Meet..."with"
30. Spanish lady
31. Finish off
32. Break
33. Scleroderma
34. Acyclic feat
35. Fellow, British style
36. Edible spread
37.插
38. Dish
39. Acrobatic feat
40. Doily
41. Beside
42. Retained
43. Optional
44. Kind of piano
45. On a large scale
46. Acrylic test
47. Road
48. "—incognita
49. Fellow, British style
50. --incognita
51. Edible spread
52. Spanish lady
53. Reduce the worth of
54. Regular
55. Look at books
56. Edible spread
57. Smell
58. Direction indicator
59. Ins layer
60. Edible spread
61. Spanish lady
62. Duck
63. Quantity of paper
64. Warhol or Williams
65. Gung ho
66. Ceases

67. Place in Oklahoma
68. Top piece
69. Belay
70. Journals
71. Edible spread
72. Edible spread
73. Nonsense
74. Rare
75. Rare
76. Rare
77. Rare
78. Rare
79. Rare
80. Rare
81. Rare
82. Rare
83. Rare
84. Rare
85. Rare
86. Rare
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91. Rare
92. Rare
93. Rare
94. Rare
95. Rare
96. Rare
97. Rare
98. Rare
99. Rare
100. Rare

ANSWERS
Attention

Classes of ’96 & ’97

Now is your chance to apply for

Who’s Who in American Colleges & Universities

Applications Available in the Student Life Office

Qualifications:
- minimum 2.75 GPA
- must be Junior/Senior status
- campus & community involvement
- graduate students = 18 credits, 3.5 GPA

Deadline: Friday, Nov. 3

Application, Resume and Letter of Recommendation required

Come Join the Student Life Team!

Applications for Resident Assistant Positions available at information meetings

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Applications are due to the Office of Residential Life by 4pm, Tuesday, November 21, 1995
Jen Fallon shines on field

By Megan Køefé
Staff writer

"She's the best."

The words of senior Tara Fiedler when asked to describe Jen Fallon in a few words.

To say she's the best probably characterizes the senior soccer and lacrosse star perfectly.

After the kick-off the ruggers did. A couple of minutes later, Pete Malanga took a penalty kick by himself and raced three quarters of the field until he was tackled, the ball was deflected, the final was X-Men 52, Seton Hall 7.

In the other game, the X-Men shut out Seton Hall, 2-0, with the excitement of Seaside Park to play Seton Hall. This got both teams competitive juices flowing.

The game started off slowly for both teams due to the field being muddy and foofed from three days of rain, but once the guys in black got their traction, it was all X-Men rugby.

The Scoring started with George Flagg doing what he does best, running over everybody in his way, and that he did, all the way into the tri zone. After a Paul "Chavez" eng康熙 kick, the good guys were up 7-0, with the excitement just starting.

After the kick-off the nuggets were back at it. After a beautiful rack by the pack, Diego Arias took a pass from Eric "Bird" Bacik and raced untouched for 40 yards for a try. After another kick by "Chavez", the X-Men were up 14-0 with at least 20 minutes remaining before half time.

The guys in black didn't wait that long to score, and score they did. A couple of minutes later, Pete Malanga took a penalty kick by himself and raced three quarters of the field until he was tackled, the ball was deflected, the final was X-Men 52, Seton Hall 7.

The frustration of being shut out was evident in Seton Hall, and the game went from technique to cheap shots. What was the best way to stop this? It was to score again and again. This is exactly what the X-Men did. A couple of minutes later, Diego Arias took a scissors kick by "Bird" and danced his way 30 yards for his second tri of the game.

After another "Chavez" kick, the game was 47-0. But the fun wasn't over yet. A couple of minutes later, Pete Malanga, who took off on a magnificent 50 yard dash, and put the ball into the goal, making "T-Bone" Baker and Geoff "the dirty one" Gamache chase the ball and dance his way 20 yards, placing an easy goal into the net. But the fun wasn't over yet. A couple of minutes later, Pete Malanga, who took off on a magnificent 50 yard dash, and put the ball into the goal, making "T-Bone" Baker and Geoff "the dirty one" Gamache chase the ball and dance his way 20 yards, placing an easy goal into the net.

"Chavez" chased down a Greg Dunn kick and brought it in to Scott Glibowski for the point-after. The final score was 19-0.

Men's soccer stands even

By Stephen Sorko
Contributing Writer

The men's soccer team lost 4-1 against Keene St. this past weekend, but after yet another kick by "Chavez", the guys in black were up 33-0. At this point in the match, the frustration of being shut out was evident in Seton Hall, and the game went from technique to cheap shots. What was the best way to stop this? It was to score again and again. This is exactly what the X-Men did. A couple of minutes later, Diego Arias took a scissors kick by "Bird" and danced his way 30 yards for his second tri of the game.

After another "Chavez" kick, the game was 47-0. But the fun wasn't over yet. A couple of minutes later, Pete Malanga, who took off on a magnificent 50 yard dash, and put the ball into the goal, making "T-Bone" Baker and Geoff "the dirty one" Gamache chase the ball and dance his way 20 yards, placing an easy goal into the net.

"Chavez" chased down a Greg Dunn kick and brought it in to Scott Glibowski for the point-after. The final score was 19-0.

With the score 2-0 late in the second half, Sacred Heart finally delivered a goal in the first half. With a goal off a rebound on a Tony Kohler who had 19 tackles on the year, the Pioneers ready to snap losing streak and win final four games.

Continued from page 16

points on the board on a Tony Kohler pass to "Chavez", who scored in the corner of the tri zone. After many close chances to score, the good guys went into half time leading 19-0.

After the half it was all SHU, as they scored quickly and often. Starting this out was Pete Malanga, who took off on a magnificent 50 yard dash, and put the ball into the goal, making "T-Bone" Baker and Geoff "the dirty one" Gamache chase the ball and dance his way 20 yards, placing an easy goal into the net.

"Chavez" chased down a Greg Dunn kick and brought it in to Scott Glibowski for the point-after. The final score was 19-0.

Defensively, the Pioneers gave quite a performance. Coach Reho supports his squad for their selfless efforts. "These guys did a good job on defense. There were some fumbles that gave us poor field position which resulted in touchdowns for Stony Brook. But on the whole, I'm pleased with the performance," said Reho.

The defense was led again by the steady performance of defensive end Scott Kohler who had 10 tackles on the day. The secondary was led by Mark MacPherson who chalked up 10 more tackles for his six sacks on the year.

The Pioneers have not thrown their season away though. It is very possible that the gridders could win their last four games and still be the most successful Pioneer football team in history with a final record of 6-4.

But we must also keep in check that the final four games include Salve Regina, Curry, Pace, and St. Johns.

Salve Regina is a new program, but is an incredibly strong team for only being around a few years.

Pace, who the Pioneers have beaten for the past two years, have turned their program around and are on their way to a championship season.

And finally, the Gridders have never beaten St. Johns. But Reho knows his squad has the talent to beat these teams. It's their desire that's in question.
Women's tennis successfully ends season with final record of 5-7

On August 27, 1995 the women's tennis team arrived on campus for pre-season practice—a bit uncertain as to what they would soon encounter. Assistant Features Editor

By Gina Norelli


The practice sessions took a lot out of the then off-shaft team—muscles ached and pulled that players didn't even know that they had, and for the first time, the team was required to run before practice. Fortunately, Anthony Boono, a student athletic trainer, from Bricktown, NJ, was there each day to help treat and prevent any injuries. "I always emphasized the importance of stretching out prior to practice. That way, you are less likely to get hurt," said Buono.

The team, separate at first, became a tightly linked unit, each member contributing to the strength of the team. The team only lost three players during the season due to personal reasons. "As I sat there and watched the women practice, I saw the team transform into something great. There was a big difference from how the team looked in the beginning to how they looked in the end. I was very impressed with Mike's ability to improve the team," said Buono.

Coach Guastelle got very serious about players being on time and frowned upon tardiness or absence of any sort. "In the last couple of years, we were just getting out feet wet," said Buono. "In the last couple of years, we were just getting out feet wet.""I had no idea that my match was the deciding point in our first victory," said DalaZu. "If I had known, it would have added a lot more pressure upon myself to win." Six players competed in a tournament at Albany, NY during the weekend of October 14-15 and finished in sixth place. The rain pushed the players to indoor courts. Megan Gula, a freshman student from Uncasville, CT, described how the team fared at the tournament. "The team played hard at Albany and also had a lot of fun. It was a great chance for us to get more experience in competition." So how will the team stay strong during off-season? Coach Guastelle plans to have the team practice outdoors at least once a week at the Weston Racquet Club and do aerobics on designated off nights. They will keep practicing outdoors biweekly until it gets too cold.

"As far as we're concerned, we're very happy," said Coach Guastelle. "It's a great chance for us to get more experience in competition."
Field hockey team one goal away from going to national tournament competition

One Lady Pioneer wards off a defender in their loss to Bloomsburg this past Monday with the final score 1-0.