Students to serve and learn in El Salvador

By Erin E. Harrison
Assistant News Editor

Service and learning are the main goals of this mission. Sacred Heart University students are going to El Salvador on a first time abroad service learning project. The trip will take place over the university's spring break, March 7-17.

Students will provide service by helping build houses and latrines for the families who suffered losses as a result of the recent Salvadoran civil war. "A major concern we have is for sanitary facilities and clean water," said Phyllis Machledt, Coordinator for Service/Learning Projects for the university. Faculty and students will live at a parish church, Our Lady of Guadalupe in Tierra Blanca, Ilsuan in El Salvador.

Participating students were accepted into the program must have completed or be currently enrolled in either Spanish, history or social work courses and must be proficient in Spanish, carpentry or masonry. In addition to working in El Salvador, students will also serve in Hacienda, California. The university has supported the elementary and secondary schools within the Hacienda community in the past.

Those selected for the trip must undergo training by rendering services for Habitat for Humanity, a service organization with projects in Bridgeport, on February 3 and 17. "I conceptually think that it's very important not to ignore what is going on in our own backyard," Machledt stated. In addition, students must attend two orientations prior to the trip to El Salvador.

The following students are participating in the project: Greg Botelho, Matthew Browning, Edith Castro, Eddie Cisneros, Patricio Fancy, Shelley Lyford, Brooks Parmelee, Demetree Young and Heather Young.

"This project is a great chance for the students to get an intensive cultural experience," said Dr. Katherine Kidd, director of global studies.

Students must pay $550 as a non refundable deposit and are required to raise an additional $150 with Sacred Heart covering the balance of the cost of the trip. Those interested in making a financial contribution to students may contact Dr. Katherine Kidd at 365-7680.

See e-mail, page 3
Ride safely with lacrosse team

Drinking and driving is a major concern on college campuses.
Sacred Heart University has been lucky thus far, but many other schools have not been as fortunate. Last year Fairfield University lost a student to drunk driving.

This semester the Sacred Heart men's lacrosse team is working on a safe ride program to prevent drunk driving accidents in volving Sacred Heart students.

The University of Rhode Island runs a similar program which is uniquely entitled "Tipsy Taxi Service." The lacrosse team has contacted URI asking them to send information regarding their program.

The team already sponsored a petition signed by students saying they favor the program. Players have also discussed the program with members of the SHU administration.

Every Friday and Saturday night of the spring 1996 semester, three lacrosse players will transport students home from two local watering holes: the Sports Page Cafe and the Silver Star Cafe. Two players will drive a school-owned van, while one stays at Public Safety as a dispatcher.

Hawley Lounge gets face lift

Every year the Sacred Heart University Office of Student Life receives a gift. The office's capital expense budget of $10,000 is matched by the University and that money is put to use on campus. This year the money is refurbishing the widely used Hawley Lounge.

Renovations will divide the room and equip it with couches, chairs, carpeting and a recreation area with two pool tables, two ping-pong tables and a piano. The recreation area has been newly tiled. President of the Student Government, Shannon Pons, commented on the capital expense budget and the renovations.

"It's a great thing that the University does when they match our budget and it's being used well," he said. "Hawley Lounge needed a face lift."

Other renovations include new entrance doors and new blinds over the windows. A date for re-opening Hawley Lounge will be announced soon.

"The Odd Couple" set to perform

The Center of Performing Arts has scheduled a performance of "The Odd Couple" this month.

Kevin Miller, co-star and also director of the show, will share the spotlight with co-star Bob Fallon in what is being called "an absolute wonderful production, well worth seeing."

"The Odd Couple" will run during the weekends of Feb. 9 and 16 with show times at 8 p.m. for the Friday and Saturday shows and a matinee time of 3 p.m. on Sundays. Tickets are $15 for adults and $12.50 for seniors and children.

Call the box office for further information and to reserve the best seats available before they are sold out!

Students have beef with new Marketplace

The major problems are high prices and long lines according to students. Chip Kennedy, director of FLIK dining service, claims our prices are the same or lower than local stores."

Kennedy stated that the Marketplace might appear expensive to students because items have already included in the price. He also stated that students who use dining dollars receive an 11% discount on their purchases.

"Right now we are asking them to send information regarding their purchases. As they use more, the Marketplace is waiting for more electricity before it can add another register."

Who's Who nominated

Students named this year from Sacred Heart University are:

- MaryAnn Macatol
- Jonathan McCarthy
- Krista Lalla
- Claudine Lapierre
- Karlene Douglas
- Carrie Flanagan
- DeNitto
- Shelley Donovan

Outstanding students have been honored in the annual directory since it was first published in 1934.

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Fire: false alarms a problem

Kelley, who plans to catch the responsible party, said, "we will press criminal charges when the person or persons are caught."

Time will tell whether or not the person responsible for pulling the false alarms is caught. For now, the residents of West Hall can only hope, as they go to bed, that they do not hear another false alarm.

The 1996 edition of the publication will include the names of 25 students from Sacred Heart University who have been selected as "national outstanding campus leaders."

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Who's Who Among Students entry for Tony Roma: Tony Roma is hungry, and he's going to stay that way. Peering into the new SHU Marketplace, Roma's hungry eyes notice a line of about 20 other students waiting to satisfy their appetites.

"The lines are long at certain times but the real problem is that the prices are too high," says Roma, a junior accounting major.

Roma isn't the only student with a beef. Since the Marketplace opened its doors less than a month ago a growing number of students have been voicing their grievances about the new eatery.

"The lines are long. There's not enough registers to the students who use dining dollars since it was first published in 1934.

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The Council of Clubs and Organizations, which has recently come under fire from students who are dissatisfied with the service CCO has been providing, has formally responded.

"To me it's a waste of time," said Raymond Turner, vice president of the Jefferson Hill Hall Council, and most of my peers in sions: a special events committee, rate entity from the other clubs," remarked Kristen Lalla, Director of RHA.

"In the past the CCO has not played a definitive role," admitted Precourt, "but we're trying to change that.

"CCO is the liaison group between Student Government and organizations," Precourt continued.

Last semester the organization was branched into three divisions: a special events committee, a bulletin board committee, and a tracking committee, noted Precourt.

Among Turner's primary gripes with CCO is that little seems to be accomplished during the meetings. "Nothing ever happens," he maintained.

"If people have things to say, they should say it at CCO meetings," said Director of Student Activities Denise Sutphin. The meetings have an open forum which affords students the opportunity to voice their concerns.

Though he does see involvement, DeClement feels that more could be accomplished if more people spoke out at meetings. "I don't think CCO can improve if people don't give it a chance," DeClement stressed.

"Criticism alone will not make CCO better," he added.

"CCO seems to be more of a hindrance than a help," said Lalla. The Resident Hall Association is working on a proposal that would enable the RHA and the Hall Councils to be represented by one person, not the CCO.

"I don't think that they think CCO is relevant to them," said Rayniss of RHA and Hall Council's discontent with their ties to CCO.

"If there's work for everyone to do, there is work for everyone," said "I hope we get a lot of rushes along," at SHU during Rush Week. Members of each fraternity and sorority has a pledge is degrading so I'm still unclear on what CCO's point is.

The Greek Council, with members from all the fraternities and sororities as they wish and are interested should see Tricia in the Dance so come join in the fun.

"There has also been a significant decline in the speed at which the computers run," the anonymous source said. "Processing data now takes two to three times longer than it did in the past," the source concluded.

"Security aspects will cause computers to fail," explained Paul Sebben, manager of network service to be slower," explained Paul Sebben, manager of network service. The increasing number of users on the university's system is also accounts for the decrease in processing time, Sebben added. The university is moving toward new hardware that will allow for a greater volume of users, he explained.

Sebben is working—largely single-handedly—on trying out the kinks in the computer system.

"There is a high level of frustration among the faculty," revealed the anonymous university member, identifying the upgrade as more of a step backward than forward.

"I don't think CCO can improve if people don't give it a chance," DeClement stressed. "Criticism alone will not make CCO better," he added.

"In the past the CCO has not played a definitive role," admitted Precourt, "but we're trying to change that.

"CCO is the liaison group between Student Government and organizations," Precourt continued.

The goal of these small-group, democratic, highly participatory discussions is to enable participants to develop community-based discussions that foster understanding and build relationships across racial, municipal and religious boundaries.

The "study circles" are mediated by students who have been trained specifically for the task. "I think the focus should be on trying to learn from each other," said Tricia Leonard Paisley who heads the program through Campus Ministry.

The program seeks to "facilitate a discussion of the issue," said "I hope we get a lot of rushes along," at SHU during Rush Week.

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"If we feel like we're a separate entity from the others," explained Lalla.

"CCO is not really a club, it's more like a voice," agreed Turner. "We're helping clubs maintain their recognition," he continued.

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The right way to learn?

Students with 8 a.m. classes in the North Wing of campus might want to bundle up extra-heavy next week to avoid catching colds.

This past Monday morning wasn’t the first time that students were awakened with bitter, sub-freezing temperatures due to heating complications. For all the money that we pay the school in tuition, the very least we should expect in return are classrooms which don’t promote the contraction of pneumonia.

Some teachers were forced to cancel their classes because of the unbearable conditions. There were no administrators in sight to offer an answer or apology for the incident since apparently most of them don’t get in until after 9 a.m. anyway.

S.G. spreads their disease

By Jonathan McCarthy
Editor-In-Chief

For the past 13 years, the Spectrum, as a vehicle for journalistic integrity, has strived to provide the university community with a quality newspaper. During that span we have many times risen far and beyond expectations and at the same time we have dropped the ball. When I came on as Editor-In-Chief it was explained to me that as our University continues to grow, the readership of the Spectrum will increase. Therefore it is important that we raise our standards.

Last year the Spectrum was a one man show that at times was plain shameful. This year every issue requires demands and expects full contribution from the staff. I honestly believe that every issue is a group project. Some weeks we are on fire while still others we are a little wet. It is always a work in progress.

However as we try to maintain journalistic integrity, we are faced with a self-defeating Student Government constitution. This constitution states that as a organization we must be part of CCO (Council of Clubs and Organizations), which makes us a part of Student Government.

The problem then becomes how can the Spectrum maintain a journalistic integrity while covering Student Government if we are a part of it? How do we maintain an impartial position? Not to mention the ineffectiveness that CCO has shown time and time again this year.

For the past year I have stated time and time again that Shannon Pons has been and continues to do a great job with what he has to work with. Unfortunately not everyone he has to work with is having the same success.

The CCO, when run correctly, is a board that represents every club in order to assure that they have an opportunity to know what is going on throughout the campus community. This year, while following the pattern established by the last three years, they have accomplished nothing. Until now.

The CCO, along with Student Government, has shown time and time again that this newspaper has made a solid contribution to the university community in many ways for a long time. Whether it is through content, internships, job experience, public relations, advertising, the past 13 years at least 20 times a year there has been a positive contribution. No organization can claim that, especially Student Government. Nonetheless that contribution was almost cancelled this week because we won’t attend a meeting that achieves no good for any party.

Congratulations S.G., if in your ineffectiveness is not offensive enough, you have found a way to spread your plague of apathy to organizations that are still trying to make a difference here at Sacred Heart.

During the next few weeks Mr. Pons and I will sit down to discuss our succession from the Student Government umbrella, but until then I was told to write what I had to write. So I did.

EDITORIAL POLICY: The editorial page(s) is an open forum; submissions are not judged by the opinions expressed or by any criteria not related to the quality of the writing or timeliness of the topics. The opinions expressed on the editorial page(s), whether in signed columns or letters to the editor, are solely those of the authors. Unsigned editorials appearing in the far left column of the first editorial page represent the majority opinion of the Spectrum Editorial Board. Op- ed columns and letters to the editor are welcome and encouraged. All submissions are subject to editing for spelling, punctuation, grammar and clarity. Letters to the editor should not exceed 400 words and will be considered on a space-available basis. The Spectrum does not assume copyright for any published material; all rights are retained by the author. All submissions are reviewed by the Editorial Board and final decisions are made by the Editor-in-Chief.

The Spectrum is a student-run newspaper of Sacred Heart University, published every Thursday during the academic year. The Spectrum office is located in the Academic Building. The phone number is (203) 371-7963. All mail to the Spectrum should be sent to Sacred Heart University c/o the Spectrum, 3151 Park Avenue, Fairfield, CT 06432-1000. The Spectrum believes all advertising to be correct but cannot guarantee its accuracy. The advertising deadline is seven (7) days prior to publication. For information call (203) 371-7966. Fax number is (203) 371-7828.
Mighty January brought us the mighty Blizzard of '96.

Frankly, I thought meteorologists were hasty in declaring that the overgrown fluffy was the worst we would get all year. What if it was? What names will they use next?


The biggest laugh of the first half of the storm—and the most annoying part of the second half—was listening to news people talk about how they drove to work that day even though the roads were impassable and how one of them almost got into an accident and how they did all this to bring you the news and how you don't even appreciate all the sacrifices they make for you... when they start to cry and throw cake and then a half hour later they want you to take them to the movies.

Their point—and they make this clear—is that they were the only people stupid enough to drive that morning and they will avenge themselves by making you watch snow updates ALL DAY LONG. (I use the term "snow" as loosely as my 13-year-old brother wears his pants.)

Therefore, we spent the day viewing this: Anchor Bob: "...and that's today's weather. Now, for another look at today's weather, here's meteorologist Dr. Wayne Stawn, Wayne.

Wayne: "Well, let me tell you that we meteorologists here at Channel 32 don't abuse the term "blizzard." (Sure they don't.)" To be a blizzard, a storm has to meet these three criteria: One, the visibility is less than four tenths of an inch. Two, the wind is blowing at over 40,000 miles an hour. Three, new people are the only people in the world who showed up for work. "So believe me, it's a blizzard out there, as evidenced by this live camera clip from Main Street. As you can see, the screen is all white. Thus, we're having a blizzard. "Back to you Bob.

Anchor Bob: "Thank you, Wayne. Now for a special report from our roving reporter, Rhonda."

Roving Reporter Rhonda: "I'm down here at the beach in Clinton, Bob..."

Anchor Bob: "Clinton is land-locked, Rhonda."

Roving Rhonda: "...Oh... I'm down here at the beach in Milford, Bob. That would have been first thing in the morning, Bob. "Not much has happened. About an hour ago some tide came in. The water rose to where I'm standing now. Then it went back out again."

"Live for Channel 32, this is Roving Reporter Rhonda."

Anchor Bob: "Before you go Rhonda, where did you get those great boots?"

Roving Rhonda: "It's funny you ask, Bob."

Anchor Bob: "My notes say I have to."

Roving Rhonda: "I bought these when they were still in style—about the same time you bought your hairdo. I never wore them and I almost threw them out last year. But it's a good thing I didn't have them.

Anchor Bob: "No. "Wait a moment...this just hit! We now cut to Volunteer Reporter Vinny, live in New Haven."

Volunteer Vinny: "I was down here in downtown New Haven looking for people to interview about how winter storms affect their work habits, but I couldn't seem to find anyone to ask. Then, seemingly out of nowhere, I noticed that a blizzard had hit the whole downtown area. It basically looks like a lot of snow. "In fact, there's so much snow that I think this just may be the Blizzard of '96."

Anchor Bob: "Why do you say that, Vinny?"

Volunteer Vinny: "Because the snowflakes look like little '96's."

Anchor Bob: "Good job, Vinny."

"We need to break for commercials, but before we do, let's look at tomorrow's news that we did not get to cover today because of the Blizzard of '96. The federal government shuts down again, the stock market crashes, and a 13-year-old boy in North Branford is lost in a snow storm but survives for a remarkable 16 days by building a four-person tent out of his pants."

Letters to the Editor...

PROFESSORS' SALARY SHOULDN'T AFFECT TEACHING

Last semester, I was in a class called "Statistics for Behavioral Sciences" (Psych. 151). It is a necessary class for all psychology majors and not one of the easiest.

As the semester progressed, I became more and more disappointed with the quality of my professor and his general attitude toward teaching.

I don't feel it is necessary to mention his name, but I will say he is a part-time professor, since this is where the problem began.

First, he neglected to give us his home phone number and he didn't have any office hours (or an office for that matter). This made it almost impossible to receive extra help. Even though it wasn't required that professors give out their home phone numbers, it does help to make them more reachable. I have had plenty of part-time professors who cared and made themselves available, so this was a major problem.

When I asked him for help, he said he'd go over it next class, which he did, but only briefly. A tutor was found, with the help of the psychology department, but only toward the end of the semester.

I am certainly not a mathematician, but I was able to receive A's last year in both Math 050 and 060—so it isn't beyond my ability to learn. Yet this professor made me start to doubt my ability since he left me to sink or swim on my own. I felt he took no responsibility in making sure we understood what he was trying to teach, and quickly skimmed concepts that were confusing and complex, often times making them more confusing.

The biggest disappointment came when he said that his part-time wages justified that fact that he wasn't reachable outside of class, and didn't have to provide extra help. He said, "If you know what I earned, you'd see why."

This infuriated me since my tuition certainly didn't coincide with this theory. My parents still had to ask. Then, seemingly out of nowhere, I noticed that a blizzard had hit the whole downtown area. It basically looks like a lot of snow. "In fact, there's so much snow that I think this just may be the Blizzard of '96."

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We Need You!!

The are many positions available at the Spectrum for the spring '96 semester.

Positions:
- photo editor
- staff writer
- business manager
- photographer

Please call x7963 if you are interested or just stop by the office and fill out an application.

* denotes paid positions
Vancza educates by doing

By Jennifer Hudson
Staff Writer

Senior Valerie Vancza is certainly a student who is always on the go, almost always busy. A commuter student from Easton and a graduate of Joel Barlow High School in Redding, Vancza has always displayed strong qualities of leadership to the SHU community.

"Since I began at Sacred Heart, I’ve been involved in various activities," she says. She was an Orientation Leader for incoming SHU students, a junior mentor for a Freshman Seminar class, a Commuter Assistant and a classroom learning assistant for English and history.

"I’ve also been Treasurer for the Commuter Council and the SHU chapter of Delta Epsilon Sigma. I was also co-founder and vice-president of the English Club," says Vancza. She is currently student teaching at Chalk Hill Middle School in Monroe for a sixth grade English class.

"I like passing knowledge on to other people," she says.

Vancza has received many honors. She was inducted into the Delta Epsilon Sigma National Catholic Catholic College, an academic based group, in 1994. She was a recipient of the Rynga English Scholarship and a nominee for the President Youth Services Award.

Vancza also received the Campus Life Award for Outstanding Junior.

"It was such as honor," she says enthusiastically. "I was very surprised with the recognition, and it really motivated me to become even more involved at Sacred Heart."

When she completes her studies, Vancza will have a Bachelor’s Degree in English along with a minor in education.

What are her plans for the future?

"I definitely plan to continue my education in the fields of English and education. I see myself teaching, although I am not sure at which grade level," Vancza replies.

"I hope that I’ll be successful and content in whatever I am doing, and I just hope that God will be good to me."

When this busy student isn’t involved in any SHU activities, what hobbies or pastimes does she enjoy?

Theatre is one; she has been involved with drama since she was 11 years old. "As an actor or director, I am expressing myself, said this arts lover.

"I love anything involving dramatics. I also enjoy watercolor, painting, tennis and writing poetry."

Last summer Vancza worked with middle school children at Jonathan Winthrop Elementary School in Bridgeport for service learning.

She choreographed a dance, had students act out stories they read, and directed a show as part of a summer program.

"The reason for working with children is that I want to highlight their talents and their are so many ways they can do it," she said.

Vancza firmly believes in involvement on campus and in the community.

"Involvement helps you to grow as a person. You realize your strengths and weaknesses. You become more of a well-rounded and whole person," she says.

"Whether off campus or on, take advantage of what SHU has to offer."

No matter what the activity, Valerie Vancza is certainly one student who displays motivation and a lot of drive.

Workshops provide job search edge

By Michele Herrmann
Features Editor

College requires you to take on academic demands and encourages you to meet different types of people. You choose to come to social activities and join organizations. You may have to do an internship as a requirement for your major.

As you balance obligations and amusements during your college years, you gain a valuable asset.

You developed interpersonal skills and work experience to include in your resume.

The Office of Graduate School and Career Planning and the Office of Internship and Cooperative Education, both located in Career Services, encourages juniors and seniors to take part in workshops on resume writing, interviewing techniques and job search skills.

Students can pursue an internship, employment or co-op education, a paid experience outside school, with company representatives recruiting potential employees on campus.

Students interested in participating are first required to create a rough draft of their resume. They then should bring the draft to a resume workshop.

A group of 10 students will meet with a career counselor to discuss ideas about developing resumes. Students will examine what they have done, what they can say about themselves and focus on the job they are interested in.

Completed resumes are to be handed in to begin credential files.

If a student feels that their resume is not ready, he or she can meet with career counselor Eric Rutterberg.

The next step is to attend a "Prep for Success" Seminar.

Students will learn how to "dress for success," interviewing etiquette and how to respond to certain questions so they can come off as prepared.

Students must attend these two workshops to participate in on campus recruiting.

On Friday, Mar. 22 and on Friday, Apr. 19, representatives from companies such as United Parcel Service, Cablevision (Channel 12) and Corporate Sports Promotion will meet with selected students for interviewing in the Ryan Matura Library.

Students interested in attending a workshop should contact or stop by Career Services located in the Wellness Center.

For more information, please contact Internship & Cooperative Education Office at 371-7975.
My place at Bloodroot

By Michele Herrmann
Features Editor

A course called "Journal Writing" has students take trips to various places and write about what they see. This is from Bloodroot.

A vegetarian restaurant owned by a feminist collective. I know very little about feminism. Often my "definition" is associated with an image of an aggressive, "I'm not going to take it anymore!" attitude. Sometimes I think again, and I see a softer view. It's of a woman who just wants to make her place in the world. She faces constant barriers, and no matter how hard she pushes against them, they still win.

As I stood outside, looking at this brown building, I wondered about what I would find inside. On the outside, the Bloodroot seems harmless: a plain, barn-like house, pebbled driveway, row of delicate pastel flowers near the door. Was the atmosphere and scenery as simple and earthy as the little flower patches and beaded driveway?

The inside appearance reminded me of a vintage, wooden New England restaurant; oval chandeliers dimly lit, authentic mahogany tables and chairs with flower embroidery on the seats, and the people ate, they spoke about politics and people. I noticed the kitchen first and it had to stop in my right to get a closer look. It looked like an open pantry with wooden borders framing the open space. Her eyes focused on the food and her arms moved back and forth kneading the dough perfectly. Her concentration broke, by accidents, because of me. "Can I help you?" came out of her mouth, and I knew by looking at her face that she was angry. I said nothing and left her alone.

Posted on a wall, a chalkboard menu listed vegetable soups, salads, breads and fine cheeses.

"Are you ordering anything?" The food is really good," Dr. Corrigan asked me. His facial expression was one of worry. Was I eating...or maybe was I falling? I declined. I don't like vegetables that much, and I'm very nervous.

On his right side, a woman sat at a mahogany table to take orders. She was a casual spin and jeans. A port-wine stain touched her cheek and her black hair was cut like an army soldier's. Dr. Corrigan ordered a Portuguese kale and potato soup. "Large?" the lady asked in a low voice. Then, she said plainly, "We'll call you when it's ready.

Another benefit of owning a greyhound is that they are clean animals. They have short hair that is smooth and shiny. A WAGS brochure describes a greyhound's disposition as "happy, inquisitive, gentle, ever hungry and eager for all the love and attention it can command."

So, if you or anyone you know is considering getting a dog, think about greyhounds.

Throughout the country, there are several agencies. Three are in Connecticut that you can call for more information:

WAGS: (203) 655-7317,
LAST RACE GREYHOUNDS (203) 792-1279, and PLAINFIELD PETS (203) 564-5640 or (203) 564-3391. 

You could adopt your next best friend

By Gina Norelli
Assistant Features Editor

When you hear the word "Greyhound," what is the first thing that comes to mind? A bus company? How about a lovable pet? The first thing one might notice is that greyhounds are beautiful and aristocratic. The food is really good," Dr. Corrigan asked me. His facial expression was one of worry. Was I eating...or maybe was I falling? I declined. I don't like vegetables that much, and I'm very nervous.

Music by Tracy Chapman

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Greyhounds, according to the adoption agency We Adopt Greyhounds, (WAGS) in Cheshire, CT, are amazing animals.

An ancient breed of dog and one of the purest, they were first bred to hunt by sight and outrun their prey. They are now the fastest breed of dog, and are bred and raised for one purpose only—to race and bring in money.

When greyhounds no longer qualifications for racing, they are killed if an adoption agency doesn't take them in. And because of these standards, very few greyhounds "are useful" for more than a year.

Some greyhounds will voluntarily curl their lips into a smile, and paw at you when they want to play.

One young blond woman asked me if I knew is considering getting a dog, and are you aware that you can prevent one of these deaths by adopting a greyhound.

My sister adopted a beautiful greyhound named Vinny a few years ago. She went from being "death row" to living just inches from a private beach in Fairfield.

A dog that used to be cold, tired and confined to a crate, now sleeps on his own couch with tidy ears and cozy pillows at his side. Every time my sister walks him, people can't help but comment on what a beautiful and unusual dog he is.

Greyhounds, according to the adoption agency We Adopt Greyhounds, (WAGS) in Cheshire, CT, are amazing animals.

Vinny as a Christmas reindog stands next to a full-grown miniature dachshund (left). A Photos by Gina Norelli

Gentlemen: If you respect women's self determination, please restrict your browsing to other sections of the book store. Thank you.

I sat down in a faded green chair. A girl from my class sat across from me.

"Do you notice that these women are trying to look like men?" she asked.
The constant metamorphosis of the music industry can leave minds reeling. Individuals who know the latest style of musical expression spend numerous hours observing the melodic world around them. These music lovers are both men and women. The lyrics of the songs affect both men and women. Until recently, as pointed out by Jon Pareles, the New York Times, the female vocal was not as listened to as the male. The "Angry Young Woman," as Pareles notes, has become the latest rage on the music scene. With stars such as Alanis Morissette, Tracey Bonham, and Poe the voice, as well as, the hard female feelings are being expressed.

Sugar and spice is not what girls are made of, at least not within the lyrics of these women's songs. The long overdue acceptance that women get angry too is making a name for itself, as well as, making a statement. Who is Pareles' angry woman? He describes her as, "a lover and a fighter." He goes on to write, in his January twenty-eighth article "The Angry Young Woman: The Labels Take Notice," that they are dealing with the unjust males in their lives and they are doing so with a powerful voice.

The outrageously popular Morissette hit "You Oughta Know" is a prime example of how these young women are coming to terms with the failure of relationships. No longer are women singing only about the loss of men but they are expressing how they save their self-esteem. The weeping over cheating heart is replaced with a declaration against the unfair man. Women can stand on their own, these women are telling how they did it.

The popularity of the "Angry Young Woman" is exhibited by both the male and female music lovers. The woman who could be "male-bashing" is winning the males' ears. Many male collections, here on campus, include compact discs by Tori Amos, Alanis Morissette, and Joan Osborne. Either the "inadequate" male, as Pareles describes the tainted male lovers, are finding out how the woman feels or, sadly they do not know what the words mean.

Pareles does not mention the success of non-angry female artists. Since Natalie Merchant broke off from the 10,000 Maniacs her solo album has done excellently. Carnival has the first release from her solo album Tigerlily has done extremely well on the charts. Merchant, in various interviews, has said that leaving the band was not the result of an argument. Pareles believes that the change is just a phase and that the music industries are just using a few female successes and copycats to make money. Hopefully the female surge will continue.

Monkeys? What about the human race?
Futuristic thriller shows Pitt at his best

By Patrick McCaughey
Contributing Writer

12 Monkeys. A sequel to King Kong. No, a movie without any monkeys at all. 12 Monkeys is a new movie starring Bruce Willis, Madeleine Stowe, and Brad Pitt. Willis is a time traveller trying to save a futuristic Earth from a virus that has forced remaining humanity underground.

For all you Brad Pitt fans, bad news, he is a nut. He is in a mental hospital babbling and flipping people off for no reason throughout the movie. Pitt, who has been nominated for Best Supporting actor brings the schizophrenic to a new level. He very accurately leads the audience to believe his character would pull off numerous crazy activities.

The audience has to be empathetic to Bruce Willis' character. The portrayal of future life is terrible. If he does not go back in time he will stay in underground confinement for life. Everyone in the past thinks he is crazy and after a few time travels he begins to agree with them.

At times, the movie can be confusing. It jumps back and forth in time. The future is not explained very well. The only known facts are that five billion people are dead and humans live underground. The movie never reveals how far in the future the story takes place.

Brad Pitt seemed to really let his true personality show. Pitt's acting was excellent, but the amount of screen time he had was limited. After a starring role in the great movie Seven, this role may have been a step in the wrong direction.

Willis was perfect for the leading role. He seems to have found his niche in action films (everyone remembers the Die Hard series). He has definitely made the transition from television (Moonlighting) to movies gracefully and with success. While most of his other movies were not as successful, 12 Monkeys falls into the category of Willis' Die Hard success.

Other students at Sacred Heart University had split reactions to the film. Lenny Gonzalez, a junior Psychology major from Manchester NH, said, "It wasn't as good as I thought it was going to be." The movie does have an unexpected twist at the end and the ad campaign does a good job hiding it. The same campaign is misleading however by making the audience, and the millions of female Brad Pitt fans, believe his role is bigger than it is. Most students and revered critics, however, gave a more positive review to the movie Twelve Monkeys.
Days brings drama into our lives

By Lauren McKinley
Contributing Writer

Sitting in my room, I hear a friend frantically exclaim, “Jennifer’s gonna walk in!” as she runs to her room. Was some girl going to walk into her room and spoil a surprise? No. She was reacting to the daytime soap opera watched more often on campus than any other. Days of our Lives.

Celebrating its 30th year on television, Days of our Lives proves to be a popular choice among soap viewers, especially college students. The series has won the viewer-selected “Soap Opera Award” in the Favorite Show category ten times in the past eleven years and was voted “Best Soap” in the July 1995 issue of Seventeen.

The show is set in the fictitious midwestern town of Salem, USA. The show’s core families are the Brady’s and the Horton’s. Unlike the plots of other soaps, these two families are not rivals or enemies. Linked by marriage, they consider themselves to be one big, extended family.

The writers brilliantly create multi-layered storylines for the show’s characters, which include elements of adventure, mystery, comedy, drama and, above all, romance. The current storyline keeping viewers glued to their televisions sets the mystery surrounding the town of Arendal.

Days of our Lives often go above and beyond the lines of soap writing, such as when Carly was buried alive or when the Devil possessed Marlena, one of the show’s most beloved characters.

Over the past five years, several actors left very popular roles, which simply could not be written off the show. Recasting is a long, tiring process, but the casting staff has done an exceptional job hiring actors in place of old favorites.

When Matthew Ashford (Jack), Peter Reckell (Bo) and Patrick Muldoon (Austin) left their roles, viewers were upset by their departures, but most adjusted to the new actors and, in some cases, liked them better than the originals.

Sophomore Nursing students Kelly Lague and Melissa Allen are avid fans of the show. Lague has been hooked on Days since last year, when a friend convinced her to watch it. “Of all the soaps, it has the best actors and the best plots. I have to watch it everyday because the drama is so intense,” she said.

Allen, who has been a fan of the show for five years, agrees with Lague. She said, “I watch Days because it’s a very entertaining soap and the actors do a terrific job portraying their characters. A few of the plots have been ridiculous, but mostly they have a lot of interesting content. It’s an addictive soap and a good daily escape.”

Days of our Lives has maintained a large fan following for the past three decades. Each day the audience grows as the show captivates new viewers. It presents typical soap plots, such as, annemia, siblings fighting over a lover, murder and returning from the dead. At the same time, the show also deals with serious issues, including AIDS, rape, drug abuse, teen pregnancy and cancer.

This is one soap opera which does not get boring. Watch it once and you might become addicted. Let’s hope that it continues to entertain audiences for the next thirty years.

The Stamford Center for the Arts presents “Feel the Spirit, An Evening of Gospel Music.” The show stars The Blind Boys of Alabama featuring Clarence Fountain, The Soul Stirrers, and special guest Inez Andrews. The show promises to be one of the most uplifting and powerful experiences, delivering the good news to diverse audiences across North America. The show will be Feb. 9 at 8 p.m. Tickets are $25 and $18. For more information, call the Box Office at (203) 325-4466.

Talent show gives locals a chance to shine

On Friday, Feb. 16 at 7 p.m., The Stamford Center for the Arts presents a Talent Show featuring youths from all the communities of Stamford. The show will be produced by Rodney M. Fuller and Wolff Perry and presented in the Apollo Theatre-style with a panel of judges and prizes. The tickets are $3 for 18 years old and under and senior citizen 65 and older. A donation of $5 will be accepted. Call the Box Office at (203) 325-4466 for more information.

A & L Briefs
Compiled by Danielle Nolan

Concert brings gospel spirit

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Sacred Heart University
Black History Month

February 1-29, 1996

Thursday, February 1
11:00am in the Dining Hall
"Reflections from Famous African-Americans"
Discussion and viewpoints from known African-Americans.
Contact: Student Life at 7915

Thursday, February 1
9:00pm in the Pub
African-American Poetry in the Pub
Works of prominent African, Caribbean, and African-Americans
Contact: Student Life at 7915

Saturday, February 3
3:00pm in the Schine
SHU Celebrates Black History Month
Art show featuring works themed to Black History Month.
Contact: Garrick Campbell at 7911

Wednesday, February 8
4:00pm in the West Hall Great Room
"Can't We All Just Get Along?"
Discussion group focusing on race relations.
Contact: Campus Ministry at 7840

Wednesday, February 15
2:15pm in the Faculty Lounge
Jacqueline Woodson
An accomplished African-American writer who will be speaking on her experiences.
Contact: Multicultural Affairs at 7911

Wednesday, February 22
5:30pm in the Faculty Lounge
"The Art of Black Dance & Musical Performances"
Talk by Dr. Russell at 7659

Thursday, February 21
4:00pm in the Theater
"National African American Read-In"
Discussion and viewpoints from known African-Americans.
Contact: Student Life at 7675

Wednesday, February 28
11:00am in the Theater
Jacqueline Woodson
An accomplished African-American writer who will be speaking on her experiences.
Contact: Multicultural Affairs at 7911

Cultural food will be served.

For more information please contact Student Activities at 7675.

Weekly Events

Wednesday, February 5, 12, 19, 26
10:30am in the Theater
"Black History Dinner"
American Black Dance Music and Dance demonstrations to be performed.
Contact: Multicultural Affairs at 7911

Wednesday, February 12
12:30pm in the Schine
"National Mental Health Association" lunch
A group meeting with a mental health professional
Contact: Multicultural Affairs at 7911

Saturday, February 16
3:00pm in the Schine
SHU Celebrates Black History Month
Art show featuring works themed to Black History Month.
Contact: Garrick Campbell at 7911

For a free booklet about mental illness and its warning signs, write to or call:
National Mental Health Association
P.O. Box 17389,
Washington, D.C. 20041
1-800-969-NMHA.
Learn to see the warning signs.

QUICKSILVER

earn more

Mental illness
has warning signs, too.
Withdrawal from social activities. Excessive anger.
These could be the first warning signs of a mental illness. Unfortunately, most of us don't recognize the signs.
Which is tragic. Because mental illness can be treated. In fact, 2 out of 3 people who get help, get better.
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TEST YOUR KNOWLEDGE.

Q1. How many of the people who died of lung cancer last year were smokers?
A. 35%
B. 40%
C. 45%
D. 50%

QUITTING. IT COULD BE THE TEST OF YOUR LIFE.
Women's ice hockey suffers first home defeat

By Michelle Covelluzzi
Sports Writer

Last Friday night, the Sacred Heart women's ice hockey team hosted its first home game against Trinity College. With support from fellow students, family, friends and the University's marching band, the Lady Pioneers may have lost the game, but they didn't lose the game. With support from their coaches, the Lady Pioneers marched on.

Though the 10-2 score doesn't show it, the ice hockey team played well with its freshly learned skills, enthusiasm and, most of all, heart.

But the women also played with a handicap. Following her doctor's orders, sophomore goalie Stephanie Marchand from Newton, Mass., sat out of the game. "That changed things a bit," said Coach Dave Laliberty.

Indeed it did. After just one day of practice, freshman Tara Bryden from West Nyack, N.Y., stepped into Marchand's position. "It was hard on us," admitted Bryden. "I had to move out of the first line," she said, "and that's where they scored most of their goals."

Heather Morgan registered a hat trick for the Bantams. Christy Palmer and sophomore forward Debra Peterson from Bridgewater scored the goals for the Lady Pioneers. "We know just weren't ready for that one," said Palmer, a freshman defender from Auburn, N.H. "Our first line was messed up. But for me, that was my worst game. I didn't play well at all."

Palmer has been playing ice hockey for 14 years. Asked if her experience has added more pressure on her and on her team's debut, she heavily sighed. "Yeah, definitely. I'm used to skating with people who have starred and played before."

Here, Palmer is the only one who had done both prior to arriving on campus.

Palmer knows it's going to be a challenge, but she just wants her team and herself "to keep trying." The Lady Pioneers, now 1-2, return to the ice Friday night against the University of Connecticut at Milford Ice Pavilion. Faceoff is at 7:30.

Bresnahan proves worth

By Megan Keefe
Sports Writer

Jessica Bresnahan, a freshman guard on the women's basketball team, has yet to decide on the season, coach threw me in and didn't expect to play much at all. But when Bresnahan arrived at SHU, she never imagined that she would become an integral part of the team's success. In fact, she didn't expect to play much at all. "I figured that because I was a freshman, I wouldn't get a lot of playing time, but the first game of the season, coach threw me in and I instantly felt comfortable out on the court," she explained.

Another Bresnahan teammate, sophomore guard and leading scorer Chrissie Perkins, said that she loves when the rookie is on the court. "She plays with such confidence for a freshman," she said.

Bresnahan's statistics in 18 games this season reflect her importance to this year's squad. A solid, heads up player, she is averaging 6.2 ppg, has 36 steals, second on the team, shooting 80 percent from the foul line and fourth on the team in assists.

Head Coach Ed Swanson is impressed with Bresnahan's performance. He feels that she is an aggressive but classy player who knows her role on the team. "When she subs in, she helps us because her style of play fits in with the philosophy we have," he said. "That is, she plays great defense, can bring up the ball if we need her to and she can run. She adds a spark to this team, not as a verbal spark, but as a player who gets the job done physically."

With a 13-5 record, the women's basketball team is enjoying the finest season in its history, and Bresnahan is proud to be a part of it. She is happy that she followed McCullion to Sacred Heart. "Kim was a major factor in her decision to come to SHU," said Bresnahan.

Baseball team sets up for spring trip

By Matt Fortney
Contributing Writer

The Sacred Heart Pioneer baseball team will be making its annual trip to Georgia from March 8 to 16 this spring. The varsity team will spend nine days in Savannah, Georgia practicing and playing against top I teams.

"Georgia was the least expensive choice that met the most criteria," according to Coach Giaquinto. "We stay in one hotel all night in New York is the same as in Orlando. The consequences are the same. Shaq has an image he wants to uphold. Is there any better way to maintain that image then to live your life according to it? Do you bet that tonight's going to be right, that Shaq, not what Madison Avenue tells you is right. Show the world that you are responsible and be a good father. Take a look at Magic Johnson. He acknowledged his mistakes and earned the respect of everyone. By admitting that he had made a mistake, he has helped the fight against AIDS along."

What kind of message is Hardaway giving to the youth of America? He is saying it's okay to run away from problems. If you make a mistake, go to a place where you can hide from it. Don't bother facing up to your mistakes. We have become a society that refuses to face up to its mistakes.

If Shaq cares about his public image, he should own up to his responsibilities. He and other athletes must learn that just because they can shoot a basketball or throw a football, they still have to live their lives just like everyone else. Playing in the NBA doesn't give one the right to drive drunk. Hitting a quarterback doesn't make it okay to punch someone's fights out in a bar.

Shaq is human. We must be understanding when he makes human mistakes, but he must also realize that he is a human being just like us.

**Zig on Sports**

By Keith Zinger

The Orlando media has recently been warned by Anfernee Hardaway that if they don't leave Shaquille O'Neal alone, the Magic will lose him to a bigger market. It seems that Shaq's long-time girlfriend is expecting, and the big man doesn't want to talk about it with members of the media. The press wants to know how Shaquille will handle the affair. Will he marry her or at least take care of the child? Hardaway feels that O'Neal is being forced to make a decision to leave Orlando and move on to L.A., or New York, where moral values are less tight. Sure Shaq could go play for the Knicks or the Lakers next year, but that still won't change his situation. Neither L.A. nor anyone else can judge Shaq if he fathers a child out of wedlock. What can I judge him for in the way he handles the situation. The man will be a father in Boston, Detroit or New York at this time next year. It doesn't matter where he plays. He will have a child to contend with in any city.

Everyone is to be held accountable for his actions. It doesn't matter if that person works on a school newspaper or plays in the NBA. Shaq, you have to show the world you can handle adversity and do the right thing. Like it or not, you are a role model and thousands of young adults take notice of what you do. Face the press like a man and take responsibility. Shaq has played the media and advertisers for millions of dollars. He is the one who has created the media frenzy surrounding him. It is time for him to realize that he can't accept all of the admiration without a little criticism.

The lesson Shaquille must learn here is that no matter what he does the public is going to find out. It doesn't matter where. Party all night in New York or New Orleans, the press is there. The consequences are the same. Shaq has an image he wants to uphold. Is there any better way to maintain that image then to live your life according to it? Do you buy that tonight's going to be right, that Shaq, not what Madison Avenue tells you is right. Show the world that you are responsible and be a good father.

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Shaq is human. We must be understanding when he makes human mistakes, but he must also realize that he is a human being just like us.
Pioneers fall to NHC and UMass-Lowell

By Joe Collett
Sports Editor

There were two more notches chalked up in the loss column for the men's basketball team this weekend. The Pioneers failed to come up with victories against UMass-Lowell and New Hampshire College.

Senior center and captain Kevin Vulin felt that he and the rest of his teammates played well in the beginning of the New Hampshire game. "We really had it together for the first 10 minutes, but after that we seemed to fall apart," said Vulin.

The score at one point was 33-33. The Pioneers seemed to be on a roll and then New Hampshire incorporated a full court press that SHU just couldn't handle, which led to a score at halftime of 46-35 in favor of New Hampshire.

The stats show a different game than the 85-67 loss that the Pioneers suffered to NHC. Sacred Heart was shooting 56 percent from the field, while NHC was only shooting 45 percent. Rebounding was another area that the Pioneers dominated. The Pioneers slapped down 34 rebounds, while NHC only walked away with 29.

There was also one category that the Pioneers dominated that definitely didn't help their cause to win, and that was the turnovers. SHU had 26 turnovers on the day.

Junior guard Joe Doyle knew how the turnovers affected the outcome of the game. "Turning the ball over as many times as we did was really a major factor in our loss," stated Doyle.

The Pioneers also failed to come up with a win against UMass-Lowell losing 88-80. Lowell was tied for seventh in the league. "We shouldn't have lost that game. We didn't play like we should have," said Vulin.

Vulin threw up his usual numbers and increased his stat sheet. His now 20.6 points per game and 11 rebounds per game helped give him player of the week honors for the previous week.

Vulin's level of play has been welcomed and praised by his teammates. "Vulin is one of the best players in the conference right now. He is a major factor in all of our victories," said Doyle.

The Pioneers have a 6-6 conference record. At this point, making the tournament should be the main concern. As long as they are one of the top seven teams in the league, the NECC tournament will come calling.

Conference record drops to 6-6 after pair of losses

Icemen suffer defeat to Skidmore

By Kevin Carroll
Assistant Sports Editor

After coming off a strong 7-0 victory last week against Scranton, the Pioneers men's hockey team headed to Saratoga Springs, NY in hopes to improve their winning percentage. Unfortunately, they ran into a strong Skidmore team, who had not lost at home in 24 games. The Pioneers dropped this one 9-4.

The Pioneers had to face this strong opponent without their scoring leader Aaron Foust (10 goals and 4 assists) due to a torn ligament in his thumb. Foust will be out for the rest of the season.

Both teams started off strong as they plated to a 1-1 tie heading toward the end of the first period. Sacred Heart let its guard down however, and Skidmore's Cory Herrington slid one past Pioneer goalie Bill Sawyer with eight ticks left on the clock.

SHU didn't appear to let that bother them. They came back strong in the opening minute of the second, when Mike Silvestro took a Chris Baker pass and knocked it by Skidmore net minder Mark Berube on a SHU power play knotting the two teams at 2-2.

"We started out playing hard," said Captain Jon Yackmack. "We just couldn't seem to keep it going."

The tie wouldn't last for long. Not a minute later Skidmore opened up its offense and scored five goals in less than a eight minute span. This put the Pioneers in a hole fairly early in the game and they would not be able to scuffle themselves out.

SHU was able to get one more by the end of the period when Silvestro put in his second power play goal of the night, but by the end of the second they would let one more slip through and found themselves on the bad end of a 9-4 game. Next on the agenda for the men is a trip up to West Point.

Lady Pioneers' overall record stands at 13-5

By Megan Keefe
Sports Writer

When the women's basketball team meets UMass-Lowell again on Feb. 18, the Lady River Hawks can expect a battle because SHU plans to seek revenge for last Saturday's 78-73 overtime loss in Lowell, Mass.

Despite the defeat, the Lady Pioneers remain in the NECC race with recent victories over New Haven and New Hampshire College. SHU's record stands at 13-5 overall and 9-3 in the conference.

"It's going to be pay back time when we play them again," said sophomore guard Chrissie Perkins (Waterford), the team's leading scorer with 15.4 ppg. "We can definitely beat them, but we have to keep our heads up for the whole game and not let the referees affect the way we play," she added.

Senior forward Kim McCallion (Nashua, N.H.), SHU's leading rebounder this season, said the game belonged to Sacred Heart, but a lack of execution at the foul line and a technical foul on the lady Pioneers in the final minutes of regulation changed the momentum and allowed the River Hawks to remain in the contest. "It was ours all the way," said McCallion. "We beat them in every category, but we ended up beating ourselves because we failed to keep our cool and hit free throws when it counted the most."

McCallion added that even though the Lady Pioneers fell short on Saturday, she would prefer to see the team come up short and learn from its mistakes now rather than lose in the upcoming conference tournament.

Sophomore forward Maureen Delaney (Portland, ME) led SHU with 25 points and 12 rebounds against UMass-Lowell while Perkins added 13 points and four steals and McCallion chipped in with 11 points and four assists. In Sunday's 72-49 romp over New Hampshire, Perkins scored 20 points and junior Beth Huber (Southington) had 18.

With seven games remaining in the regular season, the Lady Pioneers rank third behind Lowell and Bridgeport, which hold league records of 10-1 and 10-2, respectively.

SHU meets cross-town rival UB, the defending league champion, for the first time this season on Saturday in Bridgeport. Tip-off is at 5 p.m.