SHU considers move to Division I

Study to examine future of athletic program

By Stephen P. Scholz
Associate Editor

Sacred Heart's athletic teams might be able to win against Division II competitors. But how intimidating a force will they prove to be against the likes of St. John's, Syracuse, UConn or other Division I opponents? The University will conduct a study to determine whether its intercollegiate athletic program should compete at the Division I level, announced Dr. Anthony J. Cernera, president of the University, at a news conference Monday.

"Athletics has always played an important part in the role of our University," said Cernera. Since the University's founding in 1963, its athletic teams have competed in the NCAA Division II bracket. With 29 varsity sports, the Pioneers' program is among the largest in the nation in Division II.

"The primary reason for the self-study is to assess whether competition at the Division I level will assist the University in fulfilling its mission as one of the leading Catholic universities in New England," said Cernera.

Sacred Heart's enrollment ranks third among New England Catholic universities, behind Boston College and Providence College. Fairfield University and Holy Cross College are fourth and fifth, respectively. All except Sacred Heart compete in Division I athletics.

Since 1990, the University has increased its offerings from eight varsity sports to 29. There are currently 14 teams for men and nine for women. The proposed 10-story new academic building, East Hall, will go up, according to University President Dr. Anthony J. Cernera.

The University will conduct a study to determine whether its intercollegiate athletic program should compete at the NCAA Division I level. Also taking part in the Monday news conference were President Anthony J. Cernera (center) and Director of Athletics Don Cook.
Slide shows focus on alumni vacation trips

Sacred Heart University’s Alumni Association is sponsoring three 1996 vacation trips planned in conjunction with Collette Tours. An informative slide presentation on Alaska/Yukon and England/Scotland/Wales is scheduled for Thursday, March 28 on campus; the tour of Ireland will be presented on Monday, April 22. Both will take place on campus in the Schine Auditorium, beginning at 6:30 p.m. Collette tour experts will be available to discuss the tours and answer questions.

For more information about the tours or slide presentations, contact Ginny Alford in Alumni Relations at (203) 371-7861.

Writing competition deals with eugenics

The American Life League is sponsoring a competition for papers on eugenics, contrasting the visions of humanity shown in the writings of two influential thinkers of our time: Edward O. Wilson and Pope John Paul II.

The competition, open to all college and university students, requires submission of a 3,000 to 10,000 word paper based on at least one book by Wilson (On Human Life is recommended) and at least one encyclical by Pope Paul II (The Gospel of Life is suggested).

Submissions are due by April 10, 1996, and should be mailed to John Cavanaugh-O’Keefe, American Life League, P.O. Box 1350, Stafford, VA 22555.

Cavanaugh-O’Keefe can be telephoned at (301) 774-3748 or e-mailed at 75462.430@compuserve.com.

Bus trip to Pennsylvania slated for April

The Continuing Education Council will sponsor an overnight bus trip to Lancaster County and Reading Pennsylvania on April 20-21. The tour will include a family-style Amish luncheon, a visit to an Amish house and farm, and visits to local markets. Sunday features a full day of shopping at the Vanity Fair and Reading outlet centers. Complete cost per person is $50 dollars with two people sharing a room. Reservations can be made by calling Monica Roberts at 7377.

Irish influence on American Catholicism

The only Connecticut showing of “Famine and Faith: the Irish Influence on American Catholicism,” will be presented at Sacred Heart University on Sunday, March 24 from 2-4 p.m. in the Mahogany Room.

The presentation will include 25 photographs by Luke Dodd, curator of the Famine Museum in Stokoeest, Ross County, Ireland, as well as a lecture and one-act play.

Susan Dougherty of the Wild Geese Club will be the featured speaker and Diane Crehan, a liturgical storyteller from Ridgefield, will present an original one-act play on the Irish famine experience.

The program is being organized by the Institute for Religious Education and Pastoral Studies (REAPS). Refreshments will be served.

For registration and more information call (203) 371-7867.

Student Urges Internet Users
To Criticize Teen’s Mom

By Colleen DeBaise
College Press Service

COLLEGE PARK, Md.—A University of Maryland junior used his student Internet account to accuse a woman of mistreating her daughter, prompting an investigation by Montgomery County police.

William A. White, 18, a psychology major, posted a message to various Internet newsgroups detailing how the teen-age girl was being mistreated by her mother. Then he urged recipients to call the girl’s mother “at home and tell her you are disgusted and you demand that she stop,” according to reports.

White’s message said the teen-age girl was confined to her home, except to go to school or work, was forbidden to use the telephone and was fed nothing but peanut butter and jelly sandwiches.

However, the UM student did not verify the supposed abuse and told reporters he didn’t know the family but had heard about the mistreatment through the girl’s friends.

“You should be able to write what you want on the Internet, whether it’s true or not,” White told the Washington Post. “It worked very well. It worked very quickly.”

Indeed, the girl’s father told the Post that the family had received at least a half dozen telephone calls, some of them threatening. He also said some aspects of White’s message were true but highly exaggerated.

Montgomery County police are investigating the incident. Regarding White’s Internet posting, experts say criminal law on harassment or civil law on libel and invasion of privacy could be used to prosecute the student.

White, who says he belongs to the Ugandan Anarchist Party, originally posted the message to news groups devoted to child welfare, psychology, radical left-wing politics and civil liberties. He now has posted another message telling people not to call the family, according to Gary Stephenson, a university spokesperson.

Like many institutions, the university has “no-clear-cut guidelines” as to how to deal with such questionable use of the Internet, Stephenson said.

“The laws have not kept pace with the technology,” he said.

The university does, however, require students to read and sign an “acceptable computer-use” policy. “Ninety-nine percent of users are responsible,” he said. “But you’re going to have one or two people who abuse the privilege.”

Brawl: opinions clash over new hall

Continued from page 1

"Legally we have a right to build a dorm in that area"

posing the construction of a 10-story residence hall, according to Fabrizi. The area Sacred Heart proposes to build on is considered single family homes. The proposed amendment would change the standard to two and a half stories.

The statement released by the university’s spokesperson. The release also states that “while the Diocese of Bridgeport has minimal influence in the decision of Sacred Heart University, Bishop Edward M. Egan has spoken with the University President, Dr. Anthony J. Cernera, expressing the concerns of the university’s neighbors.”

Ultimately the Diocese has a voice in regard to the university’s decision making.

Sacred Heart was founded in 1963 by Bishop Walter Curtis. It has been Sacred Heart’s tradition that the Bishop of Bridgeport is the chairman of the Board of Trustees.

Fabrizi, a nine-year resident of Doreen Drive which is situated behind Park Avenue feels that a 10-story structure will disrupt the neighborhood. “It’s always considered Sacred Heart a fine institution, but the way they have been treating their neighbors has been without tact,” said Fabrizi.

“The University should be ashamed of themselves,” Fabrizi chastised. “They have been ramrodding things through which is just not acceptable.”

Athletics: division shift contemplated

Continued from page 1

and 15 for women which meets Division I requirements of seven sports for both men and women.

Cernea has asked James Barquiner, vice president for enrollment planning and student affairs, to head the athletic feasibility study.

Barquiner will be joined in the study by Director of Athletics Don Cook, whose qualifications include 21 years as an athletic director at two Division I institutions, the University of Hartford and Fairfield University.

Cook explained that among other things the study will have to address certain issues such as scheduling, financial aid and an affiliation with a Division I conference. He also answered concerns over the staffing of coaches if a move to Division I was to occur.

“I know I have good coaches, they have a lot of integrity. We would just have to be a little more polished with how we approach our teams,” said Cook.

“We’ve enjoyed much success over the years in Division II. With the same high level of commitment, I can foresee continued excellence in Division III, or when, the University decides to change divisions,” added Cook.

University officials were unable to estimate the overall cost of making the athletic program to Division I.

WRITE FOR SPECTRUM NEWS
CALL ERIN OR BETHANY X 7966
Debate team speaks out

By Shaena Doherty  
Staff Writer

The way up toward Rhode Island was full of plans for cases. The major focus was on the oncoming primaries as debate partners Jennifer Ciano and George Oldroyd mapped out their strategies. The first debate of the semester for Sacred Heart University was held at Rhode Island College in Providence. Attending were debaters Ciano, Oldroyd, Rafael Roldan and Shaena Doherty. Other attending colleges were Brown University, New York University, Bates, Wesleyan, Fairfield University and Bentley College, as well as debaters from the hosting team.

There were five rounds of debate with two speech rounds with the theme from the film Monty Python and the Holy Grail. In speech rounds, the debaters received a line from the movie and had to speak for three to five minutes. Oldroyd placed in speech rounds.

The actual debates included such topics as: the primaries, the kangaroo court for suspected communists in 1952 and the rights of convicted felons to vote after being released from prison. Quotes from the film had to be linked to the debaters' cases.

Roldan and Doherty, both novices, went to Rhode Island College as judges.

As Ciano, a senior paralegal studies major from Billerica, Mass., stated, "I think this is one of the best tournaments we've had this year."

Ciano is the president of the debate team which meets every Tuesday from 3 to 5 p.m. in North 205. All interested students are welcomed to attend. No experience is necessary.

Break: Our relief is finally here

Perhaps this scene awaits vacationing students this spring break.

Continued from page 1

Scarry, a business major from Mahwah, N.J., will be traveling to Florida along with the women's lacrosse team.

Scarry anticipates "playing some lacrosse and experiencing Disney World" during her stay in sunny Florida.

The traditional Mecca for collegiate spring-breakers, Florida hosts thousands of students during the month of March.

Plainfield resident Eric Gauthier, a junior economics major, and senior Tim Fitzgerald, a criminal justice major from Catskill, N.Y., will both be joining the masses of crazed vacationers in Daytona.

"We'll be going out to the dance clubs and bars at night and hanging out on the beach during the day," predicted the two Daytona-bound students.

"I'm driving to Georgia to visit friends and family," noted Jodi Andrews, a senior psychology major and Brooklyn, Conn. resident. "I'm happy to be getting away from the stress of mid-terms," she continued, adding that, "this vacation will be greatly appreciated."

Unfortunately, spring break is not all fun and games. Andy Bramante, adjunct professor with the chemistry department, stated his spring break plans simply: "I'm working."

Public Safety Dispatcher Scott Lupo also has "nothing exciting" slated for the upcoming vacation.

"I have to do my taxes on March 15—the 'Ides of March,'" Lupo revealed. "There's a message in there—go figure."

In addition to the ULC's tutoring, it has the CLA program. This enables a student who has already taken a class to retake it and be available for private tutoring sessions. The CLA's are paid six dollars an hour, however they gain much more than money. Diana Vumbaco, currently a CLA for philosophy said, "It [the CLA program] continues to teach me philosophy even though I am no longer taking the class for credit." Vumbaco, like so many other CLA's, feels satisfaction when knowledge is passed on to other students. "It is a great teaching experience," she added.

Rose Marie Kinik, coordinator of the math and science lab, started working at the ULC in 1990. "The ULC provides every opportunity for students to pass their class," she said. "Working there makes me appreciate the difficulties that my students have in class. I can take the information that I learn from the tutees and apply it in my instruction."

A learning center within the ULC: Helping students

Continued from page 1

"Every education major, elementary or secondary ed., should come down for a tour and pronunciation."

In the ATL, low vision students are no longer limited when knowledge is passed on to other students. "It is a great learning experience," she added.

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A learning center within the ULC is the Adaptive Technology Lab (ATL). Jonathan Matte, coordinator of the ATL, stated, "I have gained a lot of appreciation for the technology that is out there and how accessible it is." He went on to say that "physically or learning disabled students are no longer limited."

In the ATL, low vision students can work with a screen enlarger with every program to enable them to get their work done. Windows Visual Keyboard (WVIK) is a multi-language program designed to help those who cannot utilize the full movement of their hands, but can move or click a mouse. A large keyboard is added to the screen so that the student can actually type with the mouse. The ATL lab system assists international students in practicing their English grammar and pronunciation.

"Every education major, elementary or secondary ed., should come down for a tour with me to get a feel for the options available for physical and learning disabled students," Matte concluded.

Announcement...

If you are considering a degree in:

- Medicine
- Dental Medicine
- Optometry
- Pharmaceutical Sciences
- Veterinary Medicine

Please contact Dr. Philip J. Krebs at 365-7630 to arrange for a Pre-Health Professions advisory meeting. It is important that you identify yourself as Pre-Health Professional to receive proper guidance and information on internships, volunteer work, test preparation and much more.

Join by March 15, and receive a special student membership

- Nautilus circuit
- Aerobic circuit
- Free weights
- Basketball courts
- Olympic-size pool
- Racquetball/ Squash
- Yoga/ Aerobic Classes
- Steam room/ Sauna

Join the JCC Fitness Center for the Spring Semester

- 3 months at $100.00 (general) and $150.00 (health club)*
- 6 months at $190.00 (general) and $302.00 (health club)*

*plus one-time application fee

For more information please call 372-6567, X131

IT'S JUST DOWN THE BLOCK...

The Spectrum staff wishes you all a safe and happy spring break!
Editorial Page

Mailroom Fails Students

Students may not be aware of this, but they are acquiring a very special skill here at SHU. It isn’t offered in any course book and isn’t taught in any classroom. Yet somehow, SHU students are harnessing the unique ability to become invisible.

Students who have long questioned their opacity will delight in the knowledge that they, like disappearing ink and Klingon war ships, are able to cloak themselves from sight, making the trivialities of everyday life all the more bearable.

And nowhere does this ability serve students better than in the mail room. Indeed the last thing on the mind of a student eager to pick up a long-awaited care package from home is drawing the attention of the mail room staff. Well, thanks to these ever-developing invisibility skills, students no longer need fret about receiving timely service.

Those students who have not yet mastered the skill of becoming invisible should not despair, for alternative skills often develop along the way to transparency. Students have probably maximized their capacity to jump, flaw their arms, exhale audibly and shout—skills that are, oddly enough, primarily exhibited in the mail room.

Editorial Page

Unfriendly financial aid

By Shaena Doherty

One thing Sacred Heart University students become quite familiar with is the plethora of mail received from the University. In fact, I was still getting mail addressed to myself when I had already arrived in Conn. In this mail the administration specified that parents can feel free to call the specified office at any time. One such letter written by Mark French of the Financial Aid Office, was sent to my mother.

The letter was so skillfully written that my mother was tricked into believing French was sincere. Consequently, my mother called French with a financial aid concern and he refused to speak with her. Since the secretary could not answer my mother’s concern, French told the employee what to say to my mother. Although my mother asked to please speak with French to make the situation run more smoothly, he refused.

It took more time for him to relay the messages back and forth through his secretary than it would have taken if he picked up the phone himself and spoke with my mother.

It is the university’s job not to deceive parents into believing they care. Rather, it is the university’s job to care by personally addressing issues when possible. I completely understand that French cannot be available 24/7, but if he is available as was the case with my mother, he should speak with the concerned parent. Relaying messages when he is readily available just does not cut it.

My mother also called another office on campus and talked to a person who did not give my mother’s message to the person my mother wished to speak with. Calling from Florida is expensive, and if my mother has to continually call because people are not receiving her messages, that is absurd.

I urge SHU to break the norm of other colleges and be responsible. People need to stop comparing Sacred Heart to other schools and say, “at least Sacred Heart isn’t as bad as that college.” SHU needs to refuse to measure their success on the inability of another.

Just because SHU is growing and growing it shouldn’t be so quick to forget about the small college atmosphere that allowed it to attract more students and expand. Perhaps before considering major plans, like the move to Division I of the athletic program, it should address some of the major problems which exist now.

I know that I cannot personally change people into taking their calls and taking sufficient messages, so this is my plea for change, not complaining or bashing of departments. See, I can be nice.

Lack of focus

OVERHEATED MACARROON BLOWS UP AND TONS OF BARE

AWW, COME ON, NO, I HEARD IT WAS GOOD.

EDITORIAL POLICY: The editorial page(s) is an open forum; submissions are not judged by the opinions expressed or by any criteria not related to the quality of the writing or timeliness of the topics. The opinions expressed on the editorial page(s), whether in signed columns or letters to the editor, are solely those of the authors. Unsigned editorials appearing in the far left column of the first editorial page represent the majority opinion of the Spectrum Editorial Board. Guest editorials and letters to the editor are welcome and encouraged. All submissions are subject to editing for spelling, punctuation, grammar and clarity. Letters to the editor should not exceed 400 words and will be considered on a space-available basis. The Spectrum does not assume copyright for any published material; all rights are retained by the author. All submissions are reviewed by the Editorial Board and final decisions are made by the Editor-in-Chief.

The Spectrum is a student-run newspaper of Sacred Heart University, published every Thursday during the academic year. The Spectrum office is located in the Academic Building. The phone number is (203) 731-7963. All mail to the Spectrum should be sent to Sacred Heart University c/o the Spectrum, 5151 Park Avenue, Fairfield, CT 06432-1000. The Spectrum believes all advertising to be correct but cannot guarantee its accuracy. The advertising deadline is seven (7) days prior to publication. For information call (203) 731-7966. Fax number is (203) 731-7828.

March 7, 1996

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I know that I cannot personally change people into taking their calls and taking sufficient messages, so this is my plea for change, not complaining or bashing of departments. See, I can be nice.
Our great United States of America (motto: "Let Freedom Ring" — Official National Motto) ... are away from home and experiencing differences around them. Moving from a small town where I do not have to lock my car at night to Tallahassee, where every night I have to make sure it is locked is awful. I hate thinking that I have to make these judgements but society pressures me to do so. It's not the way we think as it is so much that has been told to us. Granted, we can see by the surroundings of Sacred Heart that many people are being exposed for the first time. If someone can't except you because you are gay, then they may not be able to accept that they are straight or bisexual for that matter. They may not be able to accept that they are male or female. Being gay is not something to fear. Most individuals come out in college because they are away from home and experience more. Being different is better than being dull. The SHU campus has a close knit about itself. Everyone is friendly on the outside, but once you get to know some of them you see the truth, fakes. We're a small school and shouldn't treat our brothers and sisters like the way they have been treated. If our school's society can make a change to keep a very open mind about the world then all of us will be achieving. Our generation will make examples for the ones to follow.

If you are a believer, then believe. Accept the things you cannot change and use the knowledge to make a difference. Keith, your coming out of the closet is setting an example for those who have trouble accepting themselves for their sexual differences. You may not know it but you probably helped a freshman, sophomore, junior, senior or even someone outside of campus realize that they are not alone. God Bless.

Lisa-Louise Arnold

Celebrate Women's History Month

March 7, 1996

Ride Home Safely with Men's Lacrosse

Beginning Friday, March 1, the Men's Lacrosse team will be offering students a safe ride home from the Sports Page and the Silver Star, in order to prevent them from drinking and driving. The service will run on Friday and Saturdays from 11 p.m. until 3 a.m. and the phone number is 371-7954.

Be Safe and Drink Responsibly
Horizons features art and poetry

SHU's interdisciplinary magazine provides a link to talent

Theresa Hickey
Assistant A&L Editor

After numerous delays, Sacred Heart University's biannual literary magazine finally arrived for the reading pleasure of the masses here at the University. Fiftynine pages of student talent are represented in the eighteenth volume of Horizons. The volume contains student artwork alongside student poetry and prose. Editors Mattio Valentino and Suit Wong worked with advisor Dr. Robin McAlister to put together a volume which represents the talent here at the University.

Most of the literature in Horizons is accompanied by a form of artwork. These drawings, which are original depictions of the artist's imagination, seem to somehow connect with the literature it shares space with.

For example, within the first few pages, the reader is engaged by a scenic drawing, by artist Aida Remele, that is dominated by a barren tree within a desolate landscape. Directly next to this depiction is a poem by Mark Capone. The solemn scene of the drawing parallels the one imagined by the reader of the poem.

The structure of the poem also resembles the shape of the tree in the picture. The editors' decision to pair these to forms of imagination was a successful one. Some works were so full of their own imagery that their microcosm occupied their pages alone. For instance, the portraits on the first and last pages of Horizons. The first is the drawing "The Crow," drawn by Anthony DeCillo. The use of light and dark pulls the onlooker into the dual role this character held in the movie "The Crow."

The last artwork in the literary magazine is a painting by Bob Abrie, a senior whose work is also on display here at the University. This portrait is haunting. The explicit details of the man's face tell us of the struggle, he and his people have endured. The painting holds more expression than words could express.

Artwork is not the only creative medium that depicts an image in its own. Mattio Valentino's poem, "The Druid-Grove," needs no printed image. The explicit description made by the poet leads the reader into the world he has created. Once the reader is in the grove he or she is asked to join the legend with the four travelers who are left in the original questing party.

The literature and artwork of Horizons covers many genre and represents the multi-faceted talent here at Sacred Heart University.

Along with the fantastic world of "The Druid-Grove" and "The Crow," there is the realistic imagery of Valerie Vancza in her poem "Try." This inspirational poem is a plea for the down-hearted to not give up and "Try."

The prose in Horizons also entered many realms of human nature. The piece by Karen Evans taught a moral about prejudging those around us and a lesson on friendship. The supernatural was explored in Esther Williams-Montumbo's short story "Watch." In Esther's story the recovering heart surgery patient sees herself almost die from the corner of the room. The imagery in this work was brought alive by the author's attention to the terms used by hospital staffs.

There is also the futuristic sci-fi piece which depicts a frightening possibility for the evolution of the human race. "Enlistment," by Ernesto Carrizco Osorio, effectively warns his reader what humans of the future may have to resort to as a form of entertainment because of human desensitization.

Although only a small portion of the work in Horizons has been discussed, the whole volume is proof that talent accompanied by hard work exists here at Sacred Heart. The bringing together of the artistic ability was a strong and appreciated one. If anyone has not picked up a Horizons and seen what their peers have accomplished, a copy can be found in front of McAlister's office in the Communication Studies Department. The department is located in the south wing at the top of the main stairwell. Please feel free to grab one and enjoy the work of your peers.

Mr. Holland's Opus a tear jerker

Mike Nimons
Contributing Writer

Mr. Holland's Opus, starring Richard Dreyfuss, is the story of Glen Holland, a music composer turned high school music teacher.

The movie begins in 1965, Mr. Holland's first year as a teacher. It goes through thirty years of his life, encompassing his teaching, family life and the composition of his symphony.

Mr. Holland's main desire is to compose music, however, teaching becomes necessary because his wife is pregnant and he now needs to support a family, something his music is not doing.

When he starts his job, he hates it. The students are not at all interested in the music he is teaching. He becomes extremely frustrated and only wants to teach the children to love music, just as he does.

Mr. Holland begins to find various ways to reach his students and soon realizes just how much he loves teaching.

Mr. Holland’s greatest challenge is his son who is deaf. Mr. Holland feels that there is no way for him to share his greatest love, that of music, with his son.

What he does not realize is that just like he needed to find ways to reach his students, he cannot just shut his son out, he needs to reach him as well.

Mr. Holland's Opus tells a very touching story. It shows us that while we may have one goal which we are striving for, life may cause us to follow a different path than the one we planned.

Mr. Holland's Opus to anyone, especially those involved with music or teaching.

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Mr. Holland's Opus tells a very touching story. It shows us that while we may have one goal which we are striving for, life may cause us to follow a different path than the one we planned.

Mr. Holland begins the movie concerned only with composing his opus. He wants so bad to become famous and leave his mark on the world with his symphony.

He is forced into teaching and soon develops a love of teaching as strong as his love of music. As he grows older, Mr. Holland begins to feel that he did not complete his dream and that his life was a failure.

However, what he does realize, is that the impact he has on his students' lives has allowed his dream to live on.

This movie is one which a most everyone can in some way relate to. By the end, I looked around and saw nothing but tears wiping the tears from their eyes.

I really enjoyed the movie. It thought it was very good and highly recommend Mr. Holland's Opus to anyone, especially those involved with music or teaching.
"The Trial of Job" set to perform

Danielle Nolan
A&D Editor

"The Trial of Job," a faith-building musical for people of all faiths, will be performed Friday, March 7, at 8 p.m. at the Salem Lutheran Church, 3160 Park Ave., right across the street from SHU. The musical is based on the story of Job from the Old Testament. According to the musical's news release, "The Trial of Job" addresses the question of faith amidst suffering and death. The cast, chorus and musicians are all volunteers, area residents, who want to make a contribution to this charitable program. All proceeds raised by the musical will be used to help home health aide care services for terminally ill hospice patients in the area who cannot afford to pay. Proceeds will also go towards hospice education for nurses.

The Hospice at Home program gives people who have been diagnosed with a terminal illness, and their families, professional care and support as they experience their final days. The program offers services that allow the patient to remain at home. The Hospice at Home is a volunteer-based program.

Sharon Alberson, director of the musical, is a Harvard Divinity School graduate, a summa cum laude graduate of Kent State University of Music, an attorney, a vocal soloist, a Blossom Festival Music Scholar, a pianist, an Ethics teacher and a composer/playwright.

Her inspiration came from two people in her life; her mentor and Ethics Professor at Harvard Divinity School, James Luther Adams, and her mother. Alberson's mother passed away after receiving hospice care. "Hospice care has made a difference in Sharon's life like so many others it touches. We are so fortunate that Sharon has chosen to thank Hospice in this way."

Not only does "The Trial of Job" offer faith, it also offers a bit of comic relief. Tickets are $10 for adults and $5 for children 10 years of age or younger.

To purchase tickets, call the box office at the Community Affairs Office of the Visiting Nurse Service at 366-3821 ext. 334.

Refreshments quench listeners' thirst

The Refreshments are a new band out of Tempe, Arizona. Their major label debut, Fizzy, Fuzzy, Big & Buzzy, is now out on Mercury Records. In their press release, they are described as "Camper Van Beethoven and the Lemonheads beat up They Might Be Giants behind a 7-11." The band was formed in May '93 in the basement of drummer Denny Denham's mother's house. After several shows in Arizona, the band went to Seattle and Los Angeles. After their debut, Wheelie, went big in Tempe, they were signed by Mercury in the summer of '95.

The main songwriter is vocalist and rhythm guitarist Roger Clyne. His lyrics are sometimes silly but, work well with the music. The music is well written and full of feeling.

I was surprised at how good the album was. I expected it to be another band trying to sound like Nirvana or Pearl Jam. The music is different (for a change). Songs like "GIRL" and "Tinker Punch" are about love and breaking up, not really a new topic but, still good songs. The song "Nada" is a song that "ain't [got] no moral" but, is just a good song.

WhileWheelie only sold about 3,500 copies, Fizzy, Fuzzy, Big & Buzzy should be a big seller. Once radio stations begin playing their songs, they could go big time.

From their music, they seem like a fun bunch of guys who have fun playing. During their first couple of shows, they were selling things as, orange safety vests, shower caps, water wings and old people's sunglasses. Hopefully they will be playing around here sometime soon.

Women's History Month 1996

Schedule of Events

Monday, March 25
Art Department/Museum of Chill: American Women Artists, 2 p.m.
Co-sponsored by the Culture Office

Wednesday, March 27
Women's History Month Luncheon, 12 p.m.
Sponsored by the Culture Office

Sunday, March 29
"The Winds of Change" and "The Wind," films, 2 p.m.
Sponsored by the Culture Office

March 15
Annie Haven's lecture on "American Music in the 20th Century," 7 p.m.
Sponsored by the Culture Office

Women's History Month

For more information, call 366-7675.

Housing Selection Information

Housing selection information packets will be out soon. Your $200 housing deposit is due on April 15. You must have a zero balance before placing your deposit. It is okay to have a small balance; you must bring your account to zero before placing your housing deposit.

Although we will not have East Hall for the 1997 Fall Semester, we areBG searching for an additional 100 beds in six groups, approximately 50 students will live in each group. There will be a few extra students in each group. There will be a few extra students in each group. If this does not work out, you will be assigned to East Hall.

There will continue to be new students living in crowded conditions. This will include a higher selection priority number and a $200 per semester rebate which is given at the end of each semester.

Have a safe and relaxing Spring Break!
By Gina Norelli
Assistant Features Editor

The 4'8 Kathy Augustyn bounces out of bed each morning without the help of an alarm. "My body wakes up naturally," she says matter-of-factly to anyone who finds this unusual. She tiptoes around the room quietly so she doesn't wake me, as she prepares to conquer the day.

The first thing I noticed about my roommate Kathy, who has coined the nickname "Big K," is that her life is full of happiness and enthusiasm.

"God helps me every day to accomplish things. He is my spiritual guidance," she says. She even keeps a card with the saying "Put God in the center—and everything will come together" in her book bag.

Something one might notice about Kathy is that she is very organized. "Everything has its own place and it should go back to that place I took it out from," she says.

Because of her tidiness, she dislikes animals and was terrified when she met my dogs, since she was never raised with pets. "If they're not in my way I don't like that kind of behavior," says Kathy.

Kathy, a very intelligent person, takes school seriously. She devotes many hours of her day to studying and has the discipline and dedication that will earn her great success in life.

One thing the Augustyn family is used to having is delicious home-cooked meals. Kathy's father owns a restaurant in Stratford and keeps the kitchen well-stocked. Kathy is more laid back and reserved. She is am more outgoing and speaks her mind more. I don't like that kind of behavior," says Kathy.

Kathy's life is her boyfriend of three months, Chris. "We are very compatible. We hold the same values and interests and trust each other," she says.

Students invest real cash in stock market

By Kelley Gary
College Press Services

"It has certain responsibilities," said Ruifrok.

One of the investments get going, most become self-perpetuating and self-financed, said Dr. Edward Lawrence, a University of Missouri-St. Louis professor of banking and finance.

In a 1994 paper on student investment funds, Lawrence concluded "the student investment fund joins top-rank athletic programs as one of the few university programs that can be fully self-supporting.

"Professors say students generally take their investments very seriously—shying away from high-risk stocks and bonds. Paul Conway, an associate professor of finance at Notre Dame University, said his students tend to play it safe.

Conway said, "I have a problem getting them to take risks. They don't want to be the ones who took a bath or had a bad year."

Yet whether students make money or take a bath, it doesn't effect the school's cash-flow. Funds used in student-run investments are separate from the university's own accounts and generally very little money—if any—is withdrawn from the student-run accounts, said Conway.

"It's a sacred fund. They don't want to take anything from it," he added.

Student-run investment classes or clubs have been around since the 1950s. Each institution runs their program a little differently and receive funding from different sources: private individuals, university endowments, corporate donors or foundations.

Some classes are available through open enrollment, and others are separate from the class that does research and presents cases for their investment choices.

This is the case with the student-run investment clubs at Wartburg College and the Portfolio Management class, taught by Professor Paul Magnell.

The students' portfolio, started by a corporate donation of stock in 1968, is valued at $296,000. All the students "follow four stocks, read the Wall Street Journal and record articles that apply," said Magnell.

To decide what stocks to buy and which to sell, Magnell's class takes a vote. "I try not to influence them," he said.

Notre Dame's Investment Club has more of a corporate board structure.

The club elects 11 students to an executive committee and has five or six research groups, run by different chairpersons, that do analysis.

Finally, the chairperson's cases to the student executive committee to make the final decision.

"The worse thing that can happen is that you can't people to agree with you. Sometimes people get rejected," said Conway.

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Kathy Augustyn, right with her twin sister Yolanda, left.

Contributed Photo
Living with a roommate from hell

By Kristen Lalla
Contributing Writer

Think about it: When you agree to live on campus at college, you are agreeing to live with a complete stranger.

What are the chances that the two of you will strike a bond so strong that you can’t be apart for any given length of time?

Probably slim to none.

It is possible that you and your roommate will live together in near perfect harmony.

But in most cases, conflict can and does arise early on in the year.

According to an article by Dan Zervin in Rolling Stone, there are four types of roommates.

1) The Woodstock Wanna-Be: You know you’re dealing with this roommate when you enter the room and are knocked down by the strong scent of Night Queen incense. Love-beaded curtains around the mattress lying on the floor, and a tie-dyed tapestry hangs from the ceiling. You are greeted by a somewhat disillusioned smile, belonging to the most laid-back person in the world.

According to Zervin, there is a “hidden payoff: gets kicked out second semester” and decides to follow Phish with high school buddies.

2) The Grunge Guy/Girl: Zervin writes “these hygiene-challenged roommates mark off their territory with a trail of soiled underwear, used birth-control devices and unwashed phlegm-balls, making their ideal companions for anthropology majors.”

3) The Classic Hitter: This type of roommate is typical of any college character ever featured in the movies. Zervin states “these students enjoy donning vomit stained togas, drinking to the point of alcohol poisoning, and singing ‘Lose Louise’ out the window by your bed until they pass out, or until you push them out.

4) The Alternative Act: Opposite of the Classic Hitter, these students enjoy picking any pieceable part of the body, which may or may not already be tattooed.

Although this is a humorous look at life in the residence halls, some students still have a hard time accepting a person who is the opposite of themselves.

At Sacred Heart University, the Resident Life Office looks to on-campus living as an important aspect of the full college experience. “A big part of the education process at SHU is learning to live with you roommate’s quirks.”

Hey, at least you’ll probably leave Sacred Heart with not only a degree, but a lot of great stories, too.

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CLUB HAPPENINGS
Compiled by Michele Herrmann

Greek Council
Greek Council is sponsoring two upcoming events. The first is a dance on Tuesday, Mar. 19 at 8 p.m. in the Pub. A DJ will provide the music and students may possibly have to pay an entrance fee.

Next, a volleyball tournament is scheduled for Sunday, Apr. 14 in the gym. Anyone interested in playing is welcome to participate. Each team will have eight to ten players, and the cost is a $1 per player. Students interested in playing should contact Student Activities at 371-7969.

Proceeds from both events will go towards Greek Weekend.

Caribbean Club
The Caribbean Club is holding a bake sale tomorrow from 10 a.m. to 4 p.m. outside the Faculty Lounge.

Class of 1996
The Senior Class is hosting a Pub night with Karaoke on Wednesday, Mar. 20 at 9 p.m. Bring your friends to sing along to a favorite song.

Campus Ministry
Campus Ministry is offering the sacrament of Reconciliation to students, faculty and staff who would like to receive it. Confessions go by appointment. To schedule a time, call the Campus Ministry Office at 371-7840.

Campus Ministry is also inviting the SHU community to a Lenten concert featuring the university’s chamber orchestra and singers on Monday, Mar. 25 at 8 p.m. Refreshments will be served after the concert in the Campus Ministry office.

La Hispanidad
La Hispanidad is meeting today at 10 a.m. in S211. All students are welcome to attend.

English Club
The English Club is meeting Tuesdays at 7:45 p.m. in S208. All students are welcome to attend.

Math Club
The Math Club is meeting Thursdays at 9:25 a.m. in room 216 in the Administration Building.

All math majors are welcome to attend.

Clubs and Organizations, the Spectrum can publish notices about upcoming meetings and events. Drop off notices five days before publication. Attn: Michele Herrmann

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International student gives of himself

By Laurie Freddino
Contributing Writer

Visit the International Center, located in Hawley Lounge, and you will find Derek Bbanga, a hard-working senior from Nairobi, Kenya. Derek, the co-president of the International Club, is a handsome, soft-spoken and intelligent man. He puts in 20 hours a week at his work study in the International Center.

Grace Lim, assistant director of international admissions and advising, said, "I have learned to have more faith in what students are capable of by observing Derek's dedication and work in the International Center."

Derek, the co-president of the International Club, is a member of the Rugby Club, on the Who's Who among students in American Universities and Colleges list, and the Senior Scholars Program. He also acts as a facilitator in study groups of race relations in Fairfield County, and he participates in Global Connections.

Global Connections, coordinated by Phyllis Machledt, is a program that allows international students to visit neighboring high schools and teach about their native countries. Derek has visited Bassick High School of Bridgeport, Stratford High School of Stratford, and Fairfield High School of Fairfield, teaching international studies on Africa to 9th-12th graders.

Derek feels that an education is something that goes beyond the books. "I came to SHU to get a quality education that was unavailable to me in Kenya," he said. "An American education is highly valued in my family." His biggest obstacle was raising the money to come to SHU.

Joe Wilcox, a senior from Fairfield and Derek's roommate, said, "Derek is a talented man. I wish he would give himself a break more often."

While many American students take their opportunity for an education for granted, Derek Bbanga is making the most of his.

He is majoring in political science and is working on finding a job after graduation in May.

When Derek was asked why he likes rugby, he answered, "It reminds me of home."

Grace Lim said, "Derek is gifted in making students feel comfortable."

Finding own way to deal with stress

By Michele Herrmann
Features Editor

Have a lot of work to do? Or, does this week continue to be hectic one full of exams and papers? When college students have much to accomplish within a seemingly short amount of time, stress levels can shoot up and shake up their well-being.

"The biggest thing with stress comes from feeling we don't have enough time to do everything or if we feel that something in our life is unmanageable," said Counselor Jocelyn Novella of the Wellness Center.

"We feel like we can't handle it." Even daily routines full of long work hours or demanding courses can overwhelm people.

Sophomore Jeremy Stewart from Trumbull, Conn., has a job after school and goes to work afterwards. "I wake up early, go to classes and Wednesdays I work at the Trumbull Mall on Thursdays and Fridays, and works in the University's mail room on Mondays and Wednesdays."

People deal with stress in different ways.

"Some people seem to struggle against the clock. "People, who generate stress for themselves by focusing in on all the things (they) need to do, make themselves anxious so that they can't get anything accomplished," said Novella.

Then, she added, there's those who don't get stressed out about anything. "They end up not getting things accomplished also," said Novella.

For these two types, finding a middle ground is the answer. "Have enough concern about things done to motivate (yourself) but no so much that you incapacitate yourself." Stress is a part of life, according to Wayne Oates, Ph.D. who wrote the CareNotes pamphlet, "Exhaust the Burden of Stress."

Oates noted that people need a certain level of stimulation to complete daily tasks and accomplish goals. "But when stress is excessive or extended," Oates wrote, "it becomes distress."

Stress causes for students do not only come from academics. Family problems, leaving home, holidays and a new job are some of the trials that burden young people.

Crystal Morawitz, a sophomore from Homer, Alaska, may possibly transfer to the University of Montana State next semester. "So it's really stressful to try to do homework and get applications," she said.

Joshua Cole, also a sophomore, from New York, has four midterms next week.

"Is he worried? Nope. But, when he feels stressed, he goes to the weight room. Other students have their own approach to dealing with stress.

First-year student and business major Sandra Parcell likes to take a walk with her dog, Buddy "just to take in the scenery" when she feels tense.

"Just don't let it control you," she advised.

Morawitz suggested that students should just take one thing at a time.

"If it gets really bad, take time out, read a book, watch TV... something that's not related," she said.

Oates wrote that stress is a test that "makes us think, thought makes us wise, and wisdom makes stress manageable."

Novella said, "(By) going through every day focused on your stress, you're not taking the time to appreciate things. It's important to live with less stress because life is meant to be enjoyed."
Lady Pioneers begin defense of NECC

Continued from page 12

motivate me more for this year." "I feel ready," says senior tri-captain and third baseman Megan Keefe, a native of Hartford. "This is my last year, and I'm going to go all out." Keefe notes a minor concern with the added freshmen to the roster, one of which, will be starting catcher. "We've worked a lot with them, and I think they'll do well," states Keefe. "It's always hard starting new, unexperienced players, but we have a strong nucleus returning. That'll help things." Vicki White, a junior from Ansonia, returns as the squad's premier pitcher. White earned first team All-NECC recognition last spring on the strength of a 2.8-8 record — including a perfect game against New Hampshire College — and a .483 earned run average. She shut out New Haven, 2-0, in the one-game playoff that brought Sacred Heart to ninth conference title in 12 seasons.

A pair of junior outfielders, Jen Stark (Pompton Lakes, N.J.) and Heidi Ding (Anuasia), have other important returners. Stark was the team's best hitter down the stretch, finishing with a .423 average. Ding blasted 300 and stole a team-high 11 bases. Both were named to the All-NECC teams.

Senior second baseman Tracey McKeil (Smithtown, N.Y.) came off a .349 season.

Another member of that nucleus, junior-tri-captain and first baseman Cheryl Simmons from Vernon Center, N.Y., reflects on the "loss of a couple key players." Third-team All-America catcher Lisa DiPululio and All-NECC first baseman Julie Barton have graduated. "We had a good chemistry," says Simitck. "We're trying to build back that chemistry..."

"They have big shoes to fill," Simmons says of the seven freshmen added to the squad, "but they're working really hard and improving with each practice. We're looking at the upperclassmen to pick up the rest." Solinsky feels it's "fortunate that the first three games are against Vassar, Union and Hobart. It will give us (freshmen) a chance to get their feet wet," she says. "We'll all right."

Solinsky, who is coming off an elbow injury, believes she's "not quite in the groove" that she was last year. But one thing's for sure — she, along with the rest of the Lady Pioneers, intend on "getting back to the regionals..."

"If everything's working, we can beat anybody," confides Keefe. "I just want to win, and we definitely have the capability to win." When the Lady Pioneers win their first four games, they will reach yet another milestone. It will be the 200th win of Coach Ling's career. "Somebody says that things will happen in Florida."

The women's softball team plays two games on Friday, the first game of 10 in Florida is against Assumption on Monday. They will return home on the 18th. The Lady Pioneers' first doubleheader at Panther Park is Thursday, March 28, at 2:30 p.m., against Quinnipiac.

Laxmen ready for '96 season

Continued from page 12

now we're concentrating on defeating our first opponent, Virginia Wesleyan," says Randall. "The team's success can certainly be attributed to its depth. "In 1993 we had only 20 player, but by last season, we were 43 on the roster," said Steele. "The turf field and new weight room have helped to improve our recruiting," he added. "Those players entering the program this year were impressed by the dedication and cohesive- ness of the returning freshmen. Randall believes these elements are essential to structuring a championship team.

I've played on many teams, but the commitment and unity of this one supersedes any other," said freshman midfielder Brandon Bennett.

"A key to any successful organization is to have a good culture," said Randall. "Our loyalty has to be reciprocal and it must initiate from the top," he added.

The team's unity does not go unrecognized by others when they eat together in the Dining Hall. Senior co-captain, Shannon Pons, said, "Once, when we all walked into the cafeteria, I heard a student say, 'Look out, here comes the Storm Troopers..." He added, "I kind of like the sound of that." Not only is the team dedi- cated to their success on the field, but they're also devoted to the safety of fellow students as well.

On March 1, they began the Safe Ride Program to prevent drunk driving among students. Home from local bars, team members will transport students in a school van on Friday and Satur- day nights.

Home games this year are against Quinnipiac College on March 20, Queens College on April 20, Merrick College on April 24, and Southampton on April 27. A copy of their schedule is posted outside the university gymnasium.

Lax team heads to Florida

Continued from page 11

and this will improve us as a team." "When it's not taking part in the program, SHU will practice three days a week and travel to the fields provided by Eckerd College. "It's basically a chance for us to prac- tice," said senior Deanna Young. "If we were spending spring break in Fairfield we'd probably either be in the gym or running through a foot of snow on the turf. At least practicing will be realistic in Florida." Sacred Heart is tentatively scheduled to play in the Boca Raton Classic in Florida and will compete in a one day round robin against teams such as Yale and Cornell. The experi- ence gained competing against teams of this level should prove invaluable to the Lady Pioneers.
Lady Pioneers set to defend title

By Michelle Corelluzzi
Sports Writer

The Sacred Heart softball team will begin its season in Florida next week facing five of the top 20 nationally pre-season ranked teams.

"All of the tools are there," says Coach Elizabeth 'Bippy' Luckie. "We've prepared them, now they have to do the rest — play hard and win."

This is something Coach Luckie knows well. Last year, she brought the Lady Pioneers, with a record of 34-10, to a first-place finish in the NEC and to third-place in the NCAA East Regionals. Her efforts and accomplishments did not go unnoticed; Coach Luckie was named NECC Coach of the Year for the fourth time in her seven-year career at Sacred Heart.

"Our first goal is to exceed what we did a year ago, but for..." said Krepil.

See Defend page 11

A season of record heights

By Megan Keefe
Sports Writer

Despite an early exit from the New England Collegiate Conference Tournament, the Sacred Heart University women’s basketball team reached several new heights during the 1995-96 season.

SHU’s 20 wins established a school record for most victories in a season, four more than the previous high of 16 set in 1992-93. In addition, the Lady Pioneers tied UMass-Lowell in the NECC with a 16-4 record — another high.

Junior guard and tri-captain Beth Huber proved an artful floor leader by placing fourth in the NECC with a 16-4 record — another high.

Sophomore guard Chris Lukowski who is expected to fill the void left in Olczewski’s position.

Also returning is junior co-captain, Matt Krepl, who missed last season, but garnered second-team All-American honors the year before.

"It was tough not being a part of last year’s team, but I’m thrilled to be running with the dawgs of last year’s team, but so thrilled.

Chris Lukowski is one of the Lady Pioneers’ top returnees, having averaged 15.9 points a game in 1995-96. She ranked eighth among conference scorers and sixth for assists (80) and steals (53).

Sophomore Maureen Swanson was the team’s leading scorer with 17.1 points a game in 1995-96. She ranked eighth among conference scorers and sixth for assists (80) and steals (53).

She ranked eighth among conference scorers and sixth for field goal percentage.

In her final season, senior forward and tri-captain Kim McCullon led in two categories: rebounds (60) and steals (53). She led the team in scoring with 17.6 points a game in 1995-96. She ranked third in the conference for three-point percentage and three-pointers made a game (2.4).

As a team, the Lady Pioneers combined to make 173 three-pointers — the most ever — and finished with a 33.5 percent accuracy which placed them first in the conference with 63.3 a game.

On the other end of the floor, SHU led the NEC in two defensive categories in 1996, scoring defense (60.5 ppg.) and field goal percent- age (.354).

Head Coach Ed Swanson won the respect of his peers and was voted NEC Coach of the Year after leading the Pioneers to their best-ever finish. In six seasons, Swanson’s won-lost record has climbed to 78-86.

As a team, the Lady Pioneers combined to make 171 three-pointers — the most ever — and finished with a 33.5 percent accuracy which placed them first in the conference with 63.3 a game.

Men's lacrosse team hopes to continue climb to top

By Brad Wilson
Contributing Writer

The SHU men’s lacrosse team is entering their sixth year of competition with high expectations.

After two disappointing seasons as a club team in 1991 and 1992, they entered the Division II United States Intercollegiate Lacrosse Association and progressed to a number seven ranking in the 1996 NCAA national polls.

When Rob Randall became head coach in 1993, the team began its climb to the top.

"It was tough coming off a national championship season at Nazareth College in 1992, to building what was basically a new program," said Randall. "The support of the entire community has been a significant factor in the development of SHU lacrosse."

Women's lax to fly south

By Megan Keefe
Sports Writer

Tomorrow morning, the Sacred Heart women's lacrosse team flies to St. Petersburg, Fla. for eight days of practice and competition against teams from across the nation. For the first time in the program’s fourth-year history, the team heads south in order to prepare for its upcoming spring season.

The Lady Pioneers, who are staying at the Holiday Inn South, will spend each day at Eckerd College and participate in the American Lacrosse program. The program, which is run by nationally successful college and high school coaches and current or former U.S. players, offers college players the opportunity to concentrate on skills and techniques by combining drills with practice matches and official games.

For the past six months, the Lady Pioneers have trained hard and worked to raise the required money needed for the flight and accommodations by selling T-shirts, hats and raffle-tickets. In addition, the team held a clinic for high school players last weekend which helped raise a considerable amount.

Senior Jen Fallon, a first-team All-American last season, feels the trip will help bring the team together. "It can only help us," she said. "We’ll have the chance to work on our individual skills..."