New Sorority Installed at Sacred Heart

Sara Hanna
Staff Reporter

On Sunday, April 7, the Alpha Delta Pi chapter of Alpha Delta Pi at Sacred Heart University was officially installed as its 209th chapter of Alpha Delta Pi.

The sorority was recognized during a banquet on Sunday at the Marriott in Trumbull, where more than 240 guests attended the program and advisors from all over the country came to speak.

"It was so nice being together with all of the girls celebrating our sorority being installed and officially becoming a chapter," said junior Chelsea Ilg.

The day was celebrated with members of their Grand Council, various international officers, campus representatives and their sisters and families. First Selectman of Fairfield, Michael Tetreau even wrote a letter to the new sisters of Alpha Delta Pi informing them that April 7 is now officially "Alpha Delta Pi Day."

"The Installation was something like I never experienced before," said junior Standards and Ethics Vice President, Samantha Guleserian. "It was a time were we get to share with them this great experience in that you are essentially building the sorority," said leadership consultant Eryn Shannon. "We have our international values as Alpha Delta Pi sisters, but starting a new chapter is an all-consuming and exciting experience, as our women decide on the traditions and standards they will uphold here at Sacred Heart."

Although Alpha Delta Pi has only been together for a short amount of time, the sisters have already created a close-knit bond between each other.

"I was not expecting for ADPi and my newly loved sisters to work so hard and fast to introduce ADPi to SHU. The installation was a sign of permanence and a dedication of our hard work," said sophomore Meghan Amaya.

Alpha Delta Pi was established in 1851 as the first secret society for college women. They are committed to sisterhood, values and ethics, high academic standards and social responsibility.

"Being a member of a colony is a unique experience in that you are essentially building the sorority," said leadership consultant Eryn Shannon. "We have our international values as Alpha Delta Pi sisters, but starting a new chapter is an all-consuming and exciting experience, as our women decide on the traditions and standards they will uphold here at Sacred Heart."

During the banquet, the ceremony was conducted to install the new chapter officers. Kaitylynn Tussey, Maggie Glander, Kelly Re, Andrea Coronis, Samantha Guleserian, Chelsea Ilg, and Courtney Budenholzer and then present the new chapter president, Dana Maltese, with the charter.

"Now that I am installed I feel a sense of accomplishment," said junior and New Member Educator, Kelly Re. "All of us sisters made it through our alpha time period and even better, our chapter has finally begun! It is a whole new beginning of something even greater."

The Greek community at Sacred Heart is home to almost 550 students that include seven sororities and four fraternities. Each Greek organization is based on the principles of leadership, scholarship, service and sisterhood/brotherhood.

See SORORITY on page 2...

SHU Students on new Pope

Keiran McGirl
Staff Reporter

On March 13, Pope Francis was elected to lead the Catholic Church. The decision was monumental as he is the first non-European pope to be selected in over 1,300 years.

Pope Francis has shown, right from the beginning of his pontiff, that he wishes to earn his title, beginning with the selection of his name, Francis, which evokes the image of beloved Saint Francis of Assisi into one's mind.

Pope Francis I has shown an incredible approachability since he has been pope. He has exhibited a very common touch that makes him seem much more sensitive than his predecessor Benedict XVI. The Catholic Church has been marred by many claims of sexual abuse, which have defined the legacies of the last two selected Popes.

Pope Benedict XVI and John Paul II really seemed to take a mentality of sexual abuse as a problem caused by the media while Pope Francis thus far, has taken a "we need to fix the problem from the inside out approach."

In reference to sexual abuse claims, Pope Francis has task the Cardinals of the church with studying ways to reform and find a solution to the devastation that is sexual abuse in the church.

Pope Francis' personality also seems to contrast greatly with the last two elected Popes. Pope John Paul II and Pope Benedict XVI treated everything that they attempted with a type of Clerical Privilege where as Pope Francis prefers to take a human and friendly approach.

"Pope Francis just seems like the kind of guy I can sit down and just have a chat with," said sophomore Caile Hanlon. "When he was announced as Pope I could just tell that he was more normal than former Popes by the way he raised his hands and spoke to greet the citizens of the world."

When Pope Francis walked out onto the Balcony at St. Peters Square, standing over all of the media and millions of people who had gathered in Vatican City, he greeted the world in a simple way.

He said, "Buona Sera," which translates to Good Evening. There was an immediate connection with the crowd as these words left Pope Francis' mouth.

"During his speech he thanked, joked, and prayed with the people of the World and from the moment his speech had concluded I knew we had a peoples Pope," said Sophomore John Wilmsuck.

See POPE on page 2...
HARTFORD, Conn. (AP) — As parents, Jeremy Richman and Jennifer Hensel were plunged into grief when their only child, 6-year-old Avielle, was killed in the massacre at Sandy Hook Elementary School. As scientists, they wanted answers about what could lead a person to commit such violence. The couple believes it's unlikely there ever will be a full answer explaining why a man gunned down 26 people inside the school with a military-style rifle on Dec. 14, killed 20 first-graders and six educators, and identified why he lived with his mother, according to authorities.

"I think the best way to help from a tragedy that has launched advocacy on many fronts, including school safety and mental illness. The Dec. 14 massacre was carried out by 20-year-old Adam Lanza, who killed 20 first-graders and six educators inside the school with a military-style semi-automatic rifle before committing suicide. The isolated, socially awkward Lanza played first-person shooter video games in a weapon-filled house where he lived with his mother, according to search warrants released last month, but authorities have not described a possible motive or released details of any medical condition that might shed light on his actions.

Avielle, a girl who loved horses, Harry Potter and the color red, had moved to Connecticut with her family about two years before the shooting. Her father kept a blog called "Avielle's Adventures," telling friends about a trip to a Thanksgiving Day parade, her 6th birthday at a horse stable, a road trip to Iowa.

Jeremy Richman is a researcher at the pharmaceutical company Boehringer Ingelheim. Hensel, his wife, is a medical writer with her own company. The foundation, which was established with the goal of reducing violence.

"I hope that we as a chapter can become a predominant sorority at Sacred Heart, one that is positive, friendly, and something that people can look up to. I know that we can be a driving force here at SHU," said Sophomore Ashley Blatus.

"The fact that people were angered by the fact that the Pope washed the feet of women and non-catholics should be involved in such a religious ritual as the washing of the feet. However, it was a breath of fresh air for those who wish for a more accessible and inclusive church.

"The church is going in a great direction," said Sophomore Madeline Adams. "And with Pope Francis' actions to keep the Vatican more worldly, and connected with churches around the world, it seems as if the church will continue to go in this wonderful direction."

The Avielle Foundation says it connected with churches around the world, "The fact that people were angered by the fact that the Pope washed the feet of women just shows why so many are leaving the church of today," said Sophomore Ashley Blatus. "Why is it that we can live in a world where a woman can be Secretary of State or even run for President but cannot participate in religious rituals?"

The Avielle Foundation, funded through donations and grants, aims to raise $5 million this year and begin reviewing its first grant applications later this year.

"The People's Pope showed the world just how his papacy would be run as he visited a jail during Holy Week to symbolically wash the feet of a dozen people who represented the apostles. Among them were two women and two Muslims.

This event irritated those who hold the traditionalist belief because they do not believe women or non-catholics should be involved in such a religious ritual as the washing of the feet. However, it was a breath of fresh air for those who wish for a more accessible and inclusive church.

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"I think the best way to help from a tragedy such as this is by action where your strengths lie," Hensel said. "This is our motivation now. We will never stop being parents to Avielle."
Participants in the Encounter with Christ pose for a group picture.

Meghan Amaya
Staff Reporter

"Encounter was such an amazing experience for me, and for everyone else that went. We were all able to come together for a weekend and just step out of our hectic day-to-day lives, which was such a huge gift. In that time, we were able to learn about our relationships with ourselves and with Christ," said freshman Lauren Doolin.

Most of the Sacred Heart students on the retreat got out of their comfort zones and learned to open themselves to new relationships with God and with new friends. "I think the candidates got a lot out of the retreat once they were ready to open their hearts and minds to the whole weekend. A phrase we used a lot on the EWC is "Let go and let God,"" said sophomore Alyssa Piccarillo.

"I didn’t know what to expect when I signed up, but I knew it was something I wanted and needed to experience. I learned that I could make a difference in people’s lives just by lending a helping hand or by the smallest of gestures. Encounter gave me a weekend of reflection and relaxation, and now I feel rejuvenated for the rest of the semester," said sophomore Joe Wetherall.

The Encounter with Christ retreat was an awakening for most people. "This weekend was special to me because I was the coordinator for the retreat," said senior Sara Gertruy. "I have heard from the candidates say that ‘this weekend changed my life’ and this is the first time I have felt comfortable with myself. This weekend exceeded my expectations. I give all the credit to the amazing student team we had this year, as well as the ‘spiritual team,’ faculty and staff who joined us this weekend. Everyone is experiencing the end of retreat ‘high,’ which is what we call the happiness after the retreat."

"The retreat was a one of a kind experience. I am definitely not the same person that I was two weeks ago. I can’t tell why it is so special, because people need to find out for themselves! If I told people it would not be a secret," said sophomore Alysia Piccarillo.

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The Encounter with Christ retreat has left many memories for students to remember and a positive outlook in life.

"The EWC retreat was an awesome experience. The community here at SHU is amazing and welcoming. A special part of the retreat, were the stories that many of the leaders shared with us; they were remarkable and inspirational. It was by far the best retreat that I have ever been on," freshman John Hallak.

"I was asked the other day if my glasses were real or should I say "devolved" throughout the years. When I started college three years ago, hipster was still its own thing. Now it seems like the ONLY thing. It has become an umbrella term for young people who listen to "Radiohead" or even "Mumford and Sons" and shop at Urban Outfitters. In other words, it describes almost every youthful person under the age of twenty-five. Our society makes it so easy to be "hipster." The amount of faux thick-rimmed glasses out there is actually frightening. I was asked the other day if my glasses were real. Are you kidding me? I am halfway to blindness over here and you ask me if I’m wearing a phony pair of plastic readers? Jeez. I can’t see, therefore I wear glasses. Yes, they are thick rimmed but they are very much real. Continuing on, all of these people faking blindness can easily walk into a store and buy a $55 dollar pair of high-waisted shorts. Well, I can’t really afford it, but that’s beside the point."

You call me hipster and I accept it because what other stereotype have you really given me to work with? I’m not like follow the "way of the hipster." If I decide to be God forbid--wear Old Navy, I don’t think the Hipster Illuminati will come and get me. Everyone in this searching society is technically a hipster. I used to deny it too, but recently I’ve just learned to embrace it. You think I’m young, hip and good-looking? Hey thanks!

The term hipster suggests the emulation of the age of hippies. Well, at this point, we are too fixated on our technological devices and listening to music that no one else is or even cares about peace and believing the world. I guess the only thing we have to do is deal with it until the next trend comes along. It’s funny to think of how "hipster" has evolved (or should I say "devolved") throughout the years. When I started college three years ago, hipster was still its own thing. Now it seems like the ONLY thing. It has become an umbrella term for young people who listen to "Radiohead" or even "Mumford and Sons" and shop at Urban Outfitters. In other words, it describes almost every youthful person under the age of twenty-five.

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Senior Week prices raise concern
Students reflect on the last week before the real world

Michala Fitzpatrick
Staff Reporter

Will students be rocking through the decades during senior week 2013? Starting on May 15, various graduating seniors will be attending events named after classic old time music hits. Their only wish is that the cost was not so high.

"I believe that is very expensive and it's a shame that some people can't go because of the price, it would be nice to celebrate graduation with the entire graduating class," said senior Marissa Munch.

Not surprisingly, Munch is not the only senior who thinks that the price of senior week is too high.

"I think it's very expensive," said senior Alyssa Ciancioti.

The price of the events to participate in senior week is not the only cost that some students have to pay for.

"I think that is expensive, especially the extra cost to live on campus and bring a guest to commencement ball. If you do both you're adding another 300 bucks. Also it's sort of outrageous that our parents have to pay to attend the family dinner," said senior Alyssa Ciancioti.

Despite the expensive cost, which is $350 for all the events, an additional $150 for living in the dorms, and another additional $150 to bring a date to the commencement ball, there is still a lot of excitement about senior week.

"I have been looking forward to all of the senior events since I heard about the tradition freshman year. It is the last hurrah of our undergraduate careers," said senior Kelly Taylor.

Many students thought that their senior week experience would not be the same without purchasing the housing portion of the package, which allows seniors to live in the freshmen dorms for the duration of senior week.

"I'm most excited about living back in the dorms again because it's going to remind us of good times freshman year," said Munch.

Senior Kara Pelak has been a commuter student at the university for the past four years and felt that she could not pass up the opportunity to live on campus.

"Without living in the dorms, I don't believe you will be able to truly experience senior week," said Pelak.

However, not all students are taking the opportunity to live in the freshman dorms again.

"I purchased the package minus the housing, but it's because I am paying to bring someone to the commencement ball," said Ciancioti.

Many seniors expressed that they were attending all of the events that senior week has to offer.

"If I feel like if your going to do senior week, you might as well do it all so you can spend as much time as possible with all your friends before you part ways after graduation," said Pelak.

The price seemed to be the only thing seniors would change about senior week.

"I feel like if your going to do senior week, you might as well do it all so you can spend as much time as possible with all your friends before you part ways after graduation," said Pelak.

The price seemed to be the only thing seniors would change about senior week.

"The events that take place are exclusive and many include all expenses and transportation. I think senior week is a tradition at this school and the experience most definitely out weights the cost," said Taylor.

Senior Week Schedule

Wednesday May 15
- Welcome Seniors! Edgerton Center for Performing Arts from 3 p.m. - 5 p.m.
- These are the "Good Times" at The Stonebridge Milford CT 8 p.m.

Thursday May 16
- Presidential Brunch at Linda E. McMahon Commons at 11 a.m.
- Senior Service Opportunity Event, Time Location TBA
- "Livin' on a Prayer" at Mohegan Sun Uncasville CT 7 p.m.

Friday May 17
- "This is How We Do It" Student Commencement Ball at Sacred Heart University 7 p.m.

Saturday May 18
- "I Got A Feeling" Family Dinner Dance at Sacred Heart University 7 p.m.

Back to Running

Shin splints? Knee pain? Now that spring is here, many of us seasonal runners are dusting off our sneakers and hitting the road again. Here are some tips to avoid overuse injuries like shin splints and knee pain when getting back into running:

- Gradually increase your running frequency and duration over a period of several weeks. Start off doing walking/jogging intervals. Jog for one minute then walk for two. Gradually increase the jogging time and decrease the walking time.
- Cross train! Don't run every day, initially. Mix in other forms of exercise such as biking, swimming, or yoga.
- Don't just do cardio—It's important to strengthen muscles in your legs and trunk as well.

Focus on strengthening your hips—research shows that having strong hips helps prevent overuse injuries in the lower extremity.

If you have persistent pain or symptoms give us a call to schedule an appointment.
(203)396-8181
**Editorials**

**A letter from your waitress**

_Amy Nunes_  
Asst. Perspectives Editor

A Letter from your waitress,  
_Okay. First things first: this isn’t going to be a whiny account of how poorly I get tipped. Yes a huge judge of character is how you talk to and tip your waitress. A person who is nice to you, but not nice to your waitress, is most likely not a nice person. Period. I promise. So I get it, if I spill a whole tray of waters on you, you have the right to deduct a few Washingtons, but in retrospect I am serving you out of the goodness of my heart. And that was my first day so yeah. (And no, Mr. French man, I don’t view tips as pathetic handouts, I get paid $2.73 an hour, so I actually...)_

_Anyways, as I am a well-educated member of society, I ask that you keep your preconceived notions about restaurant workers to yourself. You are the ignorant one if you think we are all degenerate members of society who can’t find better work. I’m just working my way through college, thank you. Sure there are some people like that in the industry, but that comes with anything. Waitressing is a fast-paced, fast money business. The amount of work I put in doesn’t always directly correlate to how much money I make. We are all just trying to make it in this expensive world so don’t treat me like your lesser. Look me in the eyes, please! Also, don’t be afraid to, lets say, have a conversation with me. I am a girl that craves human interaction like the rest of the planet, so don’t bark your order at me the second I walk up to your table. Let me at least get out my corny cliches about the menu first! When then goes wrong, yes I will always nine times out of ten blame the kitchen, (they actually tell you to do so.) With that said, please don’t yell at me for the lack of peas on your plate. I put the order in and at that point things are officially out of my hands. I know there are people out there that just go out to dinner in the search for a free meal. They complain about the food touching, being too hot la la la. I know the customer is always right but to be fair, if you can’t afford the service, don’t request it. In conclusion, when going out to eat, all I ask is that you respect my need to fund my clothing addiction, pay my gas bills and rent and I will take care of the rest. Thanks,  
Your waitress._

**Woes of a film student: The box office decline**

_Kat Lindsay_  
Asst. A&E Editor

Going to the movie theater and watching a good film is something that I really enjoy. Even since the young age of five when I went to see “Pocahontas” in theaters, I was enchanted by the whole experience. The best part about attending, for me, is really sitting down and enjoying a really well crafted film and story fit cohesively together. Most people really don’t know how much work and time goes into making a film, but if you do, it’s something to really sit down and enjoy. Recently, however, I had a horrible movie going experience and it has brought into question for myself, if movies today are really going downhill. Let me break down the night for you. Well, my friend and I went to go see the film, “Spring Breakers.” I didn’t know much going in, only that there were some mixed reviews about it. So we arrive at Bowtie theaters for six-dollar Tuesday (also, side note: anyone who doesn’t know about six dollar Tuesday, greatest invention. Hands down.) We go to sit down, and the trailers start to come on, and before the movie even starts, I am put off just by how horrible these movies are that are being previewed. Movies such as “Iron Man 3”, “GI Joe: Retaliation”, or “Scary Movie V”… are we starting to see a trend here? There is no more creativity in Hollywood anymore. Screenwriters are looking to previous movies made that cashed out, and now they’re just writing sequels and prequels and whatever else they can think up. Really guys? We couldn’t come up with anything else so we just make an unnecessary amount of sequels? I may be a little harsh in this statement because there are some great movies that have made it through the woodwork, especially in this last Oscars round up.

What really gets me, though, is I recently looked under the top ten box office hits, and found that only two movies really stood out to me as something interesting. I would spend my money to go see, and no, that did not include “Olympus Has Fallen” or Tyler Perry’s “Temptation”. Back to “Spring Breakers” though. Once the trailers were over, and the lights dimmed completely, the film began, and the first scene I could pick up that script, and think to themselves, “Let’s make this into a movie! People will love it!” YEAH RIGHT. The movie lacked any form of a well-written script. With repetition in both lines and shots I was struggling to follow along with any story line. The main character in the film, left half and hour into the film, so the audience was stuck following three other loser girls who weren’t even likeable. All in all it was just a horrible movie that made me doubt the movie industry today. It was THAT bad.

I’ve come to the conclusion that films in Hollywood aren’t racking up the positive ratings that they used to. Whatever happened to the beautifully crafted screenplay with decent actors, and an artfully constructed scene? Or in Layman’s terms, an honest, respectable movie. The last time I can honestly tell you I saw a good movie was On Demand on Encore, and I watched “Paper Moon”. A true 1970’s black and white classic that everyone should add to their list of ‘to see’ films.

It’s not just Hollywood’s fault though. As a consumer of media, we keep falling for it. Parody movie, after parody movie… until you end up with Robert De Niro opposite Ben Stiller in “Little Fockers”. Robert De Niro should be known today for his rolls in “Raging Bull”, “Taxi Driver”, and “Goodfellas”, not “Meet the Parents”, and all the sequels to follow… Look back at all the movies on my top ten list of all time favorites, I could confidently state that none include movies prior to say 2000. All I’m really trying to say is: stop going to stupid movies, and enjoy the good ones while you can, because it’s slim pickings as of late.

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**Correction:** In the April 10 issue Spectrum published an article titled “Sacred Heart’s 24th annual Discovery Gala” by staff reporter Christopher Ballis. Spectrum has learned that the quote attributed by the reporter to one of the sources in the article, Marianne Cecille, was not spoken by her. Spectrum is taking all available steps to address the situation and reconfirms its commitment to accuracy in reporting.
Crowds packed the Pitt Center bleachers on a Thursday night ready to bid on athletes at the 2013 Student Athlete Auction. This year, the Student Athlete Advisory Committee, Sacred Heart Athletics, the Associate Director of Student-Athlete Academic Support Services Lucy Cox, the Assistant Director of Athletic Support Services, Randy Brochu, and Chartwells successfully put up the 5th annual Student Athlete Auction.

“We raised about $4,500, which is the largest amount in the history of this event,” said Lucy Cox, Senior Associate Athletic Director.

The first auction took place five years ago in hopes of raising seatbelt awareness after Lisa Moray of the women’s basketball team passed away in a car accident while not wearing a seatbelt. Since then, each year a Pioneer that has passed away has been honored. Garrett Larson of the men’s hockey team was honored this year.

“It was fun and a different experience. I had a good time with my teammates and am glad I could help raise money for the cause,” said senior Alyssa Selmiquist.

There was a $5 auction charge that included a bid paddle, which is how much of the money is fundraised, in addition to the 56 athletes that were auctioned off. The money that was raised is used to dedicate seats, in Pioneer Park, in their name.

“The Athlete auction was a success! I was hoping to go for more money and to be bought by one of the many beautiful girls at SHU, but my teammate Warner Cooley III spent $450 on me to have a great dinner together,” said sophomore Joseph Erdoes.

It is more common for athletes to be bought by fellow teammates or friends than a courageous audience member.

However, in 2008 at the first auction a love story was started. A student who had a crush on a female athlete bid and won a date with her for $120. Five years have passed and the two are still dating. The athletes who participated got a couple nerve-racking moments of spotlight in front of their peers. The audience kept the night flowing by raising their paddles competitively for each Pioneer athlete.

“It was a lot of fun and I was glad to be apart of it,” said senior Dave Haverty, a student athletic trainer.

The highest bid of the night was $140 and all of the athletes and their dates will meet for dinner in the Pitt Center on April 25 and receive free admission to the Board Racking event in honor of Lisa Moray later that evening.

Features

5th annual Student Athlete Auction

Student athletes get auctioned off to raise money for passing Pioneers

Katelyn Racanelli
Staff Reporter

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Sacred Heart’s percussion ensemble

performs in annual Day of Percussion

Katherine Anderson
Staff Reporter

Sacred Heart University’s percussion ensemble performed in the 2013 Annual Day of Percussion, held by the Percussive Arts Society. The event took place on campus on March 30. This was the second time the university was invited to this event by Connecticut Chapter president, Jim Royle.

Other universities that participated in this event were Western Connecticut State University, University of Connecticut percussion ensemble, and Jim Royle’s Drum Studios ensemble.

Andrew Kolar, the assistant director of bands and the university’s percussion professor attended this event.

“This was very beneficial for the students who play,” said Kolar. “They get to see other programs perform and meet new people in different industries.”

Michael Gaudioso, a freshman, was a student who participated in the event. Gaudioso, who originally played the drums, has learned different industries.”

“Art is a big part of my life and even when I’m not painting, I’m constantly thinking of new ideas,” said Lewis. “It’s what I do and teach, it influences the way I look at the world, and I try to make a sense of the world through my paintings.”

Lewis had dedicated up to 150 hours to his winning painting that was showcased at the exhibition. It took him about two and a half to three months to complete. Lewis said he had entered this composition before and actually won first place about six years ago but hasn’t done it since.

“I thought I have a chance, but you never know what can happen when there’s over 400 people competing,” said Lewis, prior to going into this year’s competition.

Lewis work is a 62”x 32” called “Orpheus.” He said it depicts one factory of many from an era of booming industry in the Connecticut valleys. What’s left from that era are the ruins from these factories since most of them no longer exist.

“When I composed the image with the foreground figure, the way she looks back at the factory was, in a way, as if she was looking at something that will never return,” said Lewis. “It made me think of the Greek myth of Orpheus and Eurydice.”

In the myth, Orpheus travels to the underworld to retrieve his wife Eurydice. Hades ruler of the underworld tells Orpheus he can have his wife back if he returns to the upper world without looking back at his wife Eurydice is following him. If they both make it to the upper world without turning around, they can return to life together. Orpheus takes one step into the upper world and turns around, forgetting that Eurydice must also be in the upper world for him to save her. He catches a last glimpse of her before she vanishes.

“This story became the inspiration for the title of the painting,” said Lewis.

Out of the 400 competitors, Lewis placed first and was awarded the grand prize of $800. The John Slade Ely House also decided to buy the painting to showcase. That purchase, said Lewis, made him “extremely happy.”
SUMMER SESSIONS 2013

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Sacred Heart hosts New England Film Festival

Ashley Momplaisir  
Staff Reporter

Sacred Heart University hosted the New England film festival on April 13. It consisted of a compilation of five feature films as well as award winning short films throughout the day. The film festival is not the typical event hosted on campus; it is an eminent contribution to the ever-growing media and communication programs at the school.

Students who attended the festival took advantage of the opportunities offered at such an event. "I thought it was great for the media communications program at Sacred Heart to host an event that allowed aspiring filmmakers to meet accomplished writers, directors, and producers," said alumni and grad student Maile Hetherington.

One of the accomplished filmmakers is Sacred Heart professor, Damon Maulucci. His attendance to the festival included the viewing of his very own first feature film, "Detonator" which he wrote and directed with Kier Politz. The film is about "An ex-punk band front man who fights to hold on to his family, and a day job when a toxic friend resurfaces with the promise of money," said Maulucci.

Some students took the time to appreciate and support the work of their professor. "I went to the festival to see Damon Maulucci’s film, 'Detonator.' It was an extremely thoughtful film about punk music and drama," said Hetherington.

This may have been Damon Maulucci’s first feature film, but it certainly will not be his last. "It’s what I’ve wanted to do since I was 12 years old," said Maulucci. As an undergraduate student, Maulucci attended the University of Massachusetts. While attending the university he realized that the school did not offer the program he wanted so he took matters into his own hands by creating his own curriculum. "It was like making an independent film. It’s own business," said Maulucci.

Previous work created by Maulucci has made it into the Boston film festival and the LA Short films festival. Continuing outside work has helped Maulucci become a better professor. "If I wasn’t making something, I wouldn’t be as good of a teacher," said Maulucci.

The new programs being added to the university are a contribution to the evolution of the school. "This is a new film school where we don’t discriminate about the size of the screen. We want to tell cinematic stories for the new cinema. We still think we can create a new experience," said Maulucci.

Expanding the program is exciting for students as well. "I’m super excited for the steps Sacred Heart is taking to advance the media programs by adding a new studio and editing lab, plus the MACCOMM and FTMA programs," said Hetherington.

It is important for the school to build in all aspects by starting partnerships in film such as hosting the New England film festival. It is necessary to "keep building this community," said Maulucci.

The additions being made to the school is helping the students produce good work as well as becoming a more serious film school overall. "It’s going to really help put us on the map to bring more students and attention to our university to push us to keep making great work," said Hetherington.

Spring fashion hits SHU

Name: John Kelly  
Year: Senior

Kelly dons a Ralph Lauren blazer on top of a Ralph Lauren purple label button down, accessories with a pair of black jeans. The shoes are also Ralph Lauren, and his shoes are Sperry Top-Siders. "I would suggest that you make sure everything fits your body type. Know what brands fit you best. Also pay attention to the little things like: watches, pocket squares, belts or socks. These are the details that will make your outfit that much better," says Kelly.

Name: Olivia Marshall  
Year: Sophomore

Marshall wears an airy short sleeve from Forever 21. Her jeans are from American Eagle. As for spring-time shoes, she has on Steve Madden ballet flats. She accessories with various rings from different places. "I kinda (sic) just buy what’s comfortable and looks good!” says Marshall.

Name: Ryan Kilpatrick  
Year: Junior

Kilpatrick is wearing a Vineyard Vines whale oxford button down. His khaki shorts are Izod. As for the shoes, he has on Sperry Top-Siders, and accessorizes with classic Ray-Ban sunglasses. The hat is a New-Era Chicago Blackhaws snapback. "I don’t always like to dress nice, but when I do, it’s in the spring," says Kilpatrick.

Name: Elena Tringa  
Year: Senior

Tringa sports a Theory button down from Bloomingdales and a flower patterned skirt from H&M. Her boots are Walter Steiger designer. As for accessories, she has on an Eve Yves Saint Laurent necklace, and has a Zadig and Voltaire bag. "Wear what makes you feel good about yourself. The better you look, the better you feel," said Tringa.
Do video games affect college students?

Tyler Kemp
Staff Reporter

Over the past few years, more video games have been purchased and played by college students than ever before. It is said that it causes a disruption in the leisure time of today's youth, holding them back from homework and other obligations. In a study done by Pew Research Center, where 27 institutions of higher education across the U.S. participated, students were anonymously surveyed about their gaming habits. Researchers found that 85 percent of college students reported playing video and online games regularly.

"I play from the time I'm out of class, until the time I go to bed," said junior Ryan Santos. "It's better than being out on the streets and getting into trouble you know?"

In December 2008, former FCC Commissioner Deborah Taylor Tate stated that "World of Warcraft" was one of the top reasons for college dropouts in the U.S. With lengthy campaign modes offered in the "Gears of War," "Halo" and "Call of Duty" series, it calls for a large amount of time in order to complete the game. "Call of Duty" is a multiplayer game that incorporates high resolution graphics to simulate wartime scenarios. It enables players to learn real life terminology and equipment that are used in the service today.

Many successful film directors have taken their films to the video game platform. Among the many are Peter Jackson with "King Kong," the Wachowski brothers with "The Matrix" trilogy, and even George Lucas, who developed the video game "Star Wars: The Force Unleashed."

With college students having so much free time in between classes, it seems as though video games are a good way to pass the time. In a study conducted by alumni, Marisa Hivner from University of Miami, 2 out of every 5 students who avidly play video games show a decrease in their collegiate grades. Students may report being able to study while watching TV, whereas playing a video game may require more focused

Call of Duty 3 is one of the most played video games ever. Attention.

"I love video games; I play for about 5 to 6 hours a day," said Michael Piscitelli of Narragansett, R.I. "Skyrim," "Call of Duty" and especially "FIFA 13" are great ways to hang out with my friends either in person or via "Xbox Live."

Keith Bakker, the founder and head of Europe's first and only clinic to treat gaming addicts, has found that 90 percent of college gaming addicts are actually not addicted at all. The effects of video game playing could be greater than other types of media because of the interactive demands of playing.

"I'm not addicted, I just really like playing! It's a good way for me to stay in touch with my friends who go to school in Tennessee and Florida," said Nick Suraci.

But besides just affecting grades, video game playing has been associated with increases in aggressive behavior and decreases in pro-social behavior (Anderson, 2004; Gentile & Anderson, 2003).

With most games nowadays being rated M for mature, violence is almost the only theme present. With an array of shootouts, stabdings and explosions being displayed throughout the game, there's a good chance it will get adolescents to think about doing the same thing.

Comedian Louis C.K. increases popularity in Sacred Heart community

Michele Capocci
Staff Reporter

With over 25 years of stand-up performances, a half-dozen cable specials, a HBO sitcom and a FX show, it is safe to say Louis C.K. has mastered the art of making people laugh.

"He's one of the four or five current best stand up comics, and he's a talented filmmaker," said Media and Communications Professor Mark Edwards.

"He's a rare case of an artist who has been able to master all things his own way - his total creative control of his FX series is an example."

According to Entertainment Weekly, when FX announced its show "Louie" was taking a longer than usual break between its third and fourth season, both the star and creator of the show C.K. did not want to disappear from television just yet.

The FX holdup happened to be a sense of inspiration for C.K. To start working on something to keep both fans and himself entertained.

On April 13, C.K. made his way back onto television with his most recent HBO special "Oh My God." This hour long special taped over two nights in Phoenix back in February is a well-manufactured comedy set.

"Oh My God" touches upon death, humans being at the top of the food chain, and why he is pleased to be divorced and getting older.

"He especially tries to get older people laughing, not feeling so bad about where they're headed. He makes it feel like you're laughing with him and not just at him," said junior Michael Eisenbush.

In an "Oh, My God!" review done by Channel Guide, it said: "So much of his appeal is how he gives voice to the middle-aged man who is lost and obsessed with faded youth and fast-approaching mortality. But he still knows how to give voice to those awful thoughts we all have in our head, and make us feel just a little better that we're not the only ones having them."

And although Eisenbush was not able to turn into the special he said, "Louis C.K. Is a funny guy. I don't watch comedy often but from what I've seen of his work he always talks about real life situations that I feel everyone could relate."

With most of his comedy touches base on the issues of real life, C.K. has a great way of creating a lasting impression and connection with people. Freshman Jen Furino knows the feeling first hand.

"It's actually really funny you asked me about him. I went on vacation a few years ago with a friend, we stayed with her family and they were watching a comedian one night. I laughed at him the entire time and I don't usually enjoy comedy," said Furino. "It wasn't until I watched Louis C.K. in class that I realized I think he'd been that comedian I was looking for all along. He's great. I don't know much about him but he for sure knows how to make people laugh as we all did that night."

While "Louie" is on hold, C.K. Continues with his live stand-up tour, short television specials and is working hard to both write and produce the fourth season of the show. The comedian's goal is to have the fourth season to air sometime in September 2014.

AP Photo
The men and women's track and field teams competed in the Rader University Invitational this past Saturday in Laurencetown, N.J. Both teams placed second winning six events for the day.

Junior Brianna Custodiovanni led the women's team in the 1500 meter winning with a time of 4:39.85. Senior Alyssa Selmaquist was close behind, finishing third with a time of 4:45.94. The 4x400 meter relay team of sophomore Emily Elch, freshman Holly Maggio, freshman Alexa Duffy, and junior Kelly Ann deArista placed second in the race with a time of 3:58.09. For the 200-meter dash, junior Kellyan Racanelli finished first with a time of 27.67 seconds. Junior Lindsay Aputhe and freshman Adnasa Nwedidi took the first and second place spots in the shot put event for the Pioneers.

The men's track and field team also finished second overall. For the second week in a row, senior Matthew Wagner won the javelin throw event with a throw of 177’7”. With another season-best, sophomore Scott Sheehan won the javelin throw with a toss of 172’5”. The men's team took second in the 400-meter relay with the team of freshmen Daniel Row, senior Matthew Lyhne, junior Patrick Peterson, and sophomore Warner Cole III finishing at 41:93.43. The next meet for the Pioneers is the Holy Cross Heptathlon & Decathlon in Worcester, Mass. today. Results were not available as of press time.

Spurs/Lakers
Pete Mormino
Contributing Writer

The playoff bracket for the National Basketball Association has been set. 16 teams will compete in grueling best-of-seven game series to advance onto the next rounds. In last year’s Finals, the Miami Heat were crowned Champions after defeating the Dallas Mavericks in six games. The playoff bracket for the National Basketball Association has been set. 16 teams will compete in grueling best-of-seven game series to advance onto the next rounds. In last year’s Finals, the Miami Heat were crowned Champions after defeating the Dallas Mavericks in six games.
Football season already underway

Nicholas McAneney
Staff Reporter

After a disappointing end to the 2012 season, the Sacred Heart Pioneer football team once again took the field after spring break on their quest to erase the memories of the past season.

Spring practice brings in a fresh start, and an open mind about the new season, something head coach Mark Nofri is very excited about.

"I like the attitude of the kids," said Nofri. "I like that they're buying into what we're trying to accomplish. Their attitude has been phenomenal."

A 2-9 record was not what the Pioneers had in mind for the 2012 season, and the coaches are trying to make sure that this does not happen again.

"We're going to learn from our mistakes," said Nofri. "We are not going to go through those disappointments again."

After spring break ended, the team got back on the field, and has been working ever since. They practice on the field three days a week and lift in the weight room for another two days.

"It's been tough," said starting sophomore fullback Pat Casey. "We all work each other hard and want to try and get the better of the defense, and vice versa."

The most intriguing position battle that is happening in spring ball is the fight to see who will be under center for the Pioneers when training camp opens up in August.

"There is a battle between three kids right now: RJ. Noel, Evan Pittman, and Shane Scambray," said Nofri. "Those are the three quarterbacks who are looking to be the starter come August."

Other battles include two open spots along the defensive and offensive lines.

"You want that competition," said starting sophomore running back Keshaudas Spence. "You like to see guys fighting as hard as they can not only to make themselves better, but the team as a whole better. Competition brings out the best in you."

More competition will likely come from the incoming freshman that will come to training camp in August. Thirty-four players have signed commitment letters to come play for the Pioneers next season, and Coach Nofri likes the players they received.

"We feel really good about this freshman class, but it's hard to tell until they get here and actually start practicing," said Nofri. "We think there are some kids that can come in and either make an impact as true freshman, which is hard to do, or push the guys in front of them."

The 2013 schedule for the Pioneers was released two weeks ago, and the Pioneers will open their season with two games on the road at Marist and at Lafayette. Their home opener is on homecoming weekend against Division II Chowan. They go back on the road for their first ever game against the Bucknell Bison. They return home for two conference games against Wagner and Central Connecticut, and go on a two game road trip to Bryant and St Francis. The season finishes up with two home games against Monmouth and Duquesne, and the season finale is a road game against Robert Morris.

"The NEC is a tough league to play in. The conference has gotten better each year, but I do like the makeup of the schedule," said Nofri. "It looks good, but teams rebuild. I like the way it lays out, but we have to come out fast and get a win under our belt, then the positive energy will snowball."

Players like Spence are not anticipating next season's schedule just yet.

"I'm not looking that far ahead. I'm concerned with the team and myself getting better and building chemistry," said Spence. "We take it one day at time, and when the time comes, I know we are going to be ready for the season."
Giaquinto gets 500th win

Vinny Ebaneu
Staff Reporter

When Sacred Heart University head baseball coach Nick Giaquinto walked off the field on Saturday, Mar. 30, he did so with 500 career wins under his belt.

That day's 9-7 victory over LIU Brooklyn symbolized the trust and team unity Giaquinto has built into his system during his tenure as Pioneers skipper.

Although 500 wins is a career-defining accomplishment, Giaquinto's focus on that afternoon was between the white lines.

"I just started thinking about it after the fact," said Giaquinto.

Giaquinto is celebrating 25 years in the dugout this season and realizes his journey to 500 has been tough in the Northeast.

"It is sticking it out," said Giaquinto. "There is always a test and a challenge for me and my coaches just trying to develop players."

Giaquinto provides an environment where players can learn, grow and buy into a system where every member of the team is important.

"Through coach I've learned about the mental game, mostly, and that staying positive and upbeat throughout is beneficial to everyone," said senior shortstop John Murphy, who drove in a run in win 500.

Murphy also understands and appreciates the journey his coach took to get here.

"He's been through the ups and downs at the college and pro levels," said Murphy. "He teaches you to stay on track and don't stray from the goals."

While winning 500 games is no easy task, Giaquinto has done it by instilling morals and goals into his teams over the years. This year, they have set their sights on winning another conference championship and earning a third straight automatic bid into the NCAA Tournament.

"Our process goal, our day-to-day goal, is to show up and get better each day," said Giaquinto.

The journey to 500 has meant a great deal to Giaquinto but he is focused on the short and long-term goals of the team this season that still have to be met.

The players also have a sense that the reachable and attainable goals are within grasp.

"Our expectations have been nothing short of a conference championship again," said Murphy. "We had some question marks for the starters, but we had options, which was very important. We work towards the goal of getting better and improving every day."

This season, like many others under Giaquinto, has provided many daily challenges, but the unity of the team helps them to get better and proves their coach is an effective leader in the dugout.

Giaquinto knows guys want to play and be in the lineup everyday, but sees they all trust in his methods and will do anything they can to help the team reach their goals.

Over the course of this season and his career, Giaquinto knows it hasn’t been an easy road, but is able to bring a unique presence to the dugout.

During the season, and even the offseason, Giaquinto notices the daily routine of his players as "a tough balance for an 18-22 year old kid."

As for the rest of the season, there is much to be accomplished.

"If we can stay on track," said Murphy. "I see us in the running for a conference championship."

Giaquinto, who has instilled trust and leadership into his players, also looks forward to going after another conference championship.

Tragedy on the 26th Mile

Erin Marley
Editor-in-Chief

The 117th Boston Marathon was held on Monday, April 15. Mid-afternoon, several hours after the winners had completed the race, two explosions occurred near the finish line nearly simultaneously. The blasts quickly turned the celebrations into bloody chaos. Dozens of people were thrown to the ground from the force of the blast. The number of casualties had not yet been confirmed at the time of printing but is estimated to be over 100. There have been confirmed deaths; however, the exact number was not official. One of the fatalities is presumed to be a child.

During President Obama's statement, he mentioned that the reasoning behind these attacks are unknown, but that those responsible "will feel the full weight of justice." The Spectrum editorial board is waiting an official statement from authorities and will provide adequate and responsible reporting of the tragedy in the next issue on April 24. The editorial staff plans to respect the severity of this situation and will not report hearsay or unofficial reports.

In the meantime, our hearts go out to all those who were affected in this tragedy. We welcome any Letters to the Editor, should anyone wish to comment. As Sacred Heart University is once again so close to a tragic event, it is important to remember that we are a community that supports one another in times of need.