Editors chosen

By Shaena Doherty
Staff Writer

As the year comes to an end, so do the editorships of the Spectrum newspaper and the Prologue yearbook. Along with the good-byes come the welcoming of new editors for the 1996-97 academic year to both student-run publications.

The committee consisted of Al Preoust, assistant director of student activities and the Prologue advisor; Denise Suphin, director of student activities; Don Harrison, manager of news bureau; Jonathan McCarthy, editor-in-chief of the Spectrum; Laura Geier, editor of the Prologue and Eric Rutberg, Wellness Center counselor and advisor.

Candidates for the editor-in-chief position for the Spectrum and editor for the Prologue were interviewed by the committee which included questions about criteria and plans.

See Editors, page 2

Faculty Senate suffering

By Bethany Treffs
News Editor

The Faculty Senate is somewhat of a torn entity on the Sacred Heart campus. Despite its past accomplishments, particularly in the area of academic affairs, the Faculty Senate is experiencing a decline in the involvement of both faculty and students.

"It is plagued with an apparent interest within the faculty in serving on the Senate or in being involved with what the Senate does," stated Dr. David Curtis, president of the Faculty Senate, "and I think that apathy has to be laid directly at the doorstep of the way we’re structured. It’s simply not empowering in terms of the faculty.”

The Faculty Senate, an advisory body, consists of 16 members, including three faculty members from each faculty area and three members from the faculty at large. Meetings are open to members of the SHU community, who are held on Sunday, May 19, beginning at 1 p.m. on the Campus Field. Curtis will be the keynote speaker and will receive a Doctor of Laws degree, honoris causa.

To save the Senate from extinction, Pinto affirmed, "I’m very pleased this semester at Parkridge, where we have a resident assistant chair and a resident assistant secretary, and the student has control over the Senate’s procedures. It can be frustrating to spend time on recommending policy changes when there is no guarantee that it will be accepted, noted Domenick Pinto, associate professor of computer science and information technology, and former chair of the Academic Affairs Committee, a branch of the Senate.

"The frustration that occurs in the Senate is a function of the Senate’s role as advisory," stated Curtis.

But the Faculty Senate is not limited to Sacred Heart faculty.

See Senate, page 2

Carson to address SHU

Local CEO selected 1996 commencement speaker

Mr. David E. A. Carson

This year’s commencement at Sacred Heart University will have a distinctive local flavor as three Bridgeport-area citizens, including David E. A. Carson, president and CEO of People's Bank, receive an honorary degree.

Commencement, the 30th in University history, will be held on Sunday, May 19, beginning at 1 p.m. on the Campus Field. Carson will be the keynote speaker and will receive a Doctor of Laws degree, honoris causa.

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Also to be honored during the graduation exercises will be Carmen A. Tortora Sr., founder of the Carleton Chronic and Congenital Hospital in Fairfield and founder of the Warren Institute in Bridgeport, who will receive a Doctor of Humane Letters, honoris causa.

Joining Tortora as a recipient of a Doctor of Humane Letters will be Maryann Furlong, director of the Thomas Merton House of Hospitality in Bridgeport.

As the leader of New England’s largest savings bank with nearly $7 billion in assets, Carson is considered among the most important and influential business leaders in Fairfield County. In addition to running People’s Bank, Carson is active in many civic and charitable causes. He is a trustee and former chairman of the board of Connecticut Public Broadcasting and past chairman of the Connecticut Business and Industry Association, a business

See Carson, page 2

Give ‘em the boot!

By L.J. Patten
Contributing Writer

Parking had become unbearable this semester at Parkridge. Once every space was taken, the fire lanes would fill up. Students were parking their cars wherever they would fit. Many students complained. Something had to be done.

In early March, members from the Resident Hall Association, the Student Senate, and the Student Government Executive Board came up with a way to put an end to the poor parking scene. Their solution was the "boot." The "boot" is a device which is placed on the wheel of an automobile, which does not allow it to move. Students whose cars are "booted" have one hour to pay a fine of $25. If they do not have it removed, the car gets towed at the owner’s expense.

Although it may seem like a rough penalty for illegal parking, the situation has improved a lot since the policy went into effect on March 25. Already more than a dozen cars have been "booted," but the situation is getting better.

"Before the school started enforcing the parking policy I was going to park," said Rob Costaro, a senior business major from Smithtown, N.Y. "Since they started using the boot, space have opened up. Not only have parking spaces opened up, but the fire lanes have also become open."

"The situation has improved...page 12

Lax wins, softball struggles, tennis improves...page 12

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Does college pay for itself? ...page 3

Hip-Hop takes new form on SHU stage...page 6

How to break off addictive relationships... page 8
Weather's great: procrastinate!

By Bethany Treffs
News Editor

The temperamental New England climate brings its old tricks again, dumping snow on us one week and then showering us with bright sunshine the next. These abrupt weather changes not only demolish our roads, they wreak havoc with our minds and bodies.

"I don't want to do any work," lamented a sophomore, "because I'm outside with brilliant sunshine and fabulously warm weather," said a psychology major from Dalton, Mass. Although she manages to complete her work "despite the glorious weather," she admits that procrastination is always at hand. Not only has the bizarre weather caused our minds to meet between the winter blues and the spring lurrs, it has taken a toll on our bodies as well.

"My allergies have been terrible lately," said Martini, "and I've been feeling very much like Sneauxy from the Seven Dwarfs." Warner also complained that her allergies have been in an up-and-down roar as a result of the weather. Masi has been plagued by colds. But overall, feeling "under the weather" is not enough to dampen the spirit-energizing power of a temperate climate. While the gloominess of the winter months fading away, many SHU students have become personality pins.

"I'm much happier," stated Martini. "Just can't handle lack of sunlight." Masi observed that many students are a bit more "chippier" as a result of the sunshine.

Carson: sharing wisdom with '96 grads

By Bethany Treffs

Prior to that, she was assistant director at the homeless shelter for women, and a personnel manager at Elizabeth Street Group Home for Men. In 1995, she established the first resident homes in Bridgeport. Then in 1995, he established the Carson Hospital. Under his direction, the hospital expanded from an original 36 beds to its current 229. Tortora remains president and administrator of Carson, making him the longest-serving administrator in Connecticut.

"I can't promise that students will go to the meetings," said Ashley, who believes that many students are unaware of the Senate, "but I will make sure that they're aware of the Faculty Senate." Ashley intends to personally attend Faculty Senate meetings and promote the campaign objective of improving communication among students, faculty and administration.

"It would be ideal if the Senate could work together," Ashley asserted.

Editors: Final decisions rendered as students take on new roles

Compiled by Erin E. Harrison

Michelle Herrmann and Erin Harrison were the applicants for the editorship of Prologue and the final decision is that the two will share the editorship.

Herrmann is a junior English major from Fairfield and Features Editor of the Spectrum for the past two years. In the interview, Herrmann revealed she would like to continue in the same section of school news while adding coverage of small events as well as large.

She believes she has much to give as editor and is relying on the return of this year's more involved editors and writers. She believes since she knows each member well, it will help her accomplish her overall goal in making the Spectrum run as smoothly as possible.

As Herrmann states, "It's a very stressful job since the editor puts in 40 hours a week to the paper." She added, "I've come a long way and wanted to move up in the ranks of the Spectrum. It's quite a goal."

Erin Harrison, a junior political science major, also from Fairfield, has a staff writer with her freshman year in 1993 and gained the position of assistant news editor this past semester.

Harrison also has many plans for the Spectrum. "I'd like to restructure and create better communication between the editorial board and staff writers," she stated. She would like to add a guest column to the paper in an effort to promote involvement of the university community by including administrators, faculty and staff.

Harrison plans to involve a greater number of students in the publication by sending out letters to prospective freshmen to solicit their participation. "I feel I bring leadership and the qualities of a veteran to the position," Harrison commented. "I think each editor should bring their own mark to the paper and I look forward to working with each staff member."

Nicole Schmidt was the sole applicant for editor of the Prologue yearbook as a sophomore English major.

Schmidt believes that the core classes within her major will help her in her editorship. In her freshman year, Schmidt was an assistant editor and co-editor of the athletics section. Schmidt plans to try to involve more people in th Prologue and will keep the students involved by ensuring everyone knows their specific direction. "I want to continue my role from this year. It's a lot of hard work, but I enjoy doing it." 

"I will miss working on the Prologue, but it was an experience I will never forget," Geier commented.

Precourt and Surfphin were responsible for the formation of the Prologue as far as which students were included. The new committee was directly looking for the answer, is difficult to form. "It's hard to say," stated Precourt. "We looked for good leadership skills, organization skills, the ability to work with deadlines and skills in layout." Precourt is currently in his second year of advising the Prologue.

Surfphin hopes the new editors will leave a mark on their work and "make it their own." Surfphin makes work their own different because of their personal nature.

Precourt stated, "You don't need experience to just be involved in any organization. There is no time like the present to get involved."
Does College Pay? New Census Report Says It Does

By Colleen DeBaize
College Press Service

WORCESTER, Mass.—First as a waitress, then as the manager of an appliance repair store, Kristen Ross took some time off from college so she could earn some extra cash.

"In both cases, I learned very quickly that there is no money without education," she said.

At the repair store, she made roughly $14,400 a year. "After a few months on that salary, I couldn't wait to get back to school and finish my mechanical engineering degree," recalls Ross, now a graduate engineering student at Worcester Polytechnic Institute. "They make about $14,400 a year."

Still, many young Americans investing in what is increasingly a costly college degree are dubious about its value in an economy that often seems over-due for a substitute for education. "I live in a rural area where jobs are not plentiful," she said. "I found myself unemployed and not able to compete for an adequate job because I did not have a degree."

Most students realize a degree will improve their marketability, but in the face of a pile of student loan debt and a tough economy, sometimes they 'hit low points and say, 'Gee, I wonder what I'm doing,'" said Rebecca Hoffman, a doctoral student in higher education at the University of Miami.

Hoffman has spent three years working at UM's Career Planning and Placement office, where she counsels students on resume-building, interviewing skills and professional development. While most students realize "there's no substitute" for education, some are frustrated in the way the job market has changed.

For instance, "a student getting a Ph.D in English who [eventually wants] a faculty position needs to consider other possibilities" such as working in corporate sector until that particular job market improves, she said. "Then go back and teach."

The study found a significant link between the degree's discipline area and its economic reward. As might be expected, degrees in the disciplines of law and medicine/dentistry had the highest average monthly earnings of $4,333 and $5,049, respectively.

The study reveals. A person with a professional degree is affirmed in the job market is like for their chosen field.

Pam Neil, a 38-year-old student at the University of Minnesota’s Crookston campus, said she went back to school after a lay-off to study information networking management.

"I live in a rural area where jobs are not plentiful," she said. "I found myself unemployed and not able to compete for an adequate job because I did not have a degree."

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Kerri Duchon, a master’s student in fisheries at North Carolina State University, said she is pursuing her Ph.D in the same subject, not for money but for enjoyment.

A post-doctoral position would probably start at $25,000, she said.

But she added: "Do statistics really matter if you can’t stand what you’re doing?"
FLIK losing steam

FLIK has dropped the ball in providing decent dining services to students as the year ends. Walk into the Dining Hall and the scene you see is the same everyday. For the past couple of nights in a row FLIK has been unable to provide trays to the plethora of students waiting in line.

Also, the workers for FLIK have not lived up to working expectations. The belt which students put their trays on is constantly backed up and the food often falls on the floor and sticks to it leaving a disgusting mess. FLIK needs to take responsibility for cleaning up after a mess they create by not having functioning belts.

FLIK also drops the ball on not cleaning up the mess all throughout the day. Food lately has not been cooked thoroughly and it is making many a student sick. The food which is cooked can often be found with bugs. The food which is good is not covered on the meal plan, only dining dollars. Since the food is so expensive, however, not much food can be bought with the 50 dollars we are given per semester.

Regardless if it is the end of the year or not, students still need to eat for the remaining weeks and should be able to eat in a clean, decent environment, not a dirty one.

A boot at SHU

The University recently implemented a new policy on parking procedures called the "boot." The plan went into effect on March 25. Why March 25 and not at the beginning of the semester? Perhaps this unexplainable rationale best reflects the ignorance and stupidity of the entire plan.

Well, maybe there wouldn't be a parking problem in the first place if the University provided adequate parking. Let us repeat that. THERE ISN'T ENOUGH PARKING HERE! Parkridge has experienced these problems perhaps the most out of any other University parking facility.

Maybe if this timeframe considered that Parkridge is a predominantly upperclassmen housing facility, then they also would have realized that these residents are allowed to have cars on campus.

But instead of acknowledging the real problem at hand, the University has decided instead to avoid it by giving students the "boot."

"The boot" is an orange, metal clamp-like device which attaches to the rear tire of a vehicle and renders it immobile. The students then have to pay a fine of $25 to have Public Safety come out and remove the contraption.

Granted that a car was found parked in the spot allocated for the president with a sign that reads "RESERVED FOR PRESIDENT," which is just plain wrong. But for students to have to pay a fine each time that they are late for a class and cannot find a spot to place their vehicles is just plain stupid.

And here is an interesting thought, the University plans to build a new 10-story residence hall by the fall of 1997 and the $18 million William H. Pitt Health and Recreation Center. This is nice, but how about spending some money on cement. It can't cost nearly as much. With all of the press conferences and publicity, no one seems to want to address the question of parking for these facilities.

The fact that public safety is cracking down on this now, at the end of the semester, is unfair to many.

Some students actually have parking stickers which allow them to park in designated areas. The frustration that students have about where to park is accepted with much empathy, but it is completely unfair to park your car in a spot that just isn’t yours. Some students receive tickets for parking in other places because others park in spots designated for other vehicles.

Is "the boot" really a solution or just an over-priced excuse for avoiding the truth?
Dear Editor,

Well, as the semester draws to an end and we look toward finals, housing and class schedules for next year, I along with many others I know here at SHU am faced with a difficult decision. Will I be able to return to SHU in the fall? After exploring what the cost of staying here would be and what it would be if I should transfer somewhere else I have decided that it will be in my best interest to move on to another institution next year. It was a difficult choice but I know many of my friends cannot afford to return to SHU and frankly I do not feel that the amount of tuition is worth it. I think the $19,000 and change it will cost to attend SHU next year is a bit ridiculous. Think about it. Our academic building is a former high school in desperate need of renovation andexpansion. There is inadequate classroom space not to mention faculty. What ever happened to the 14-1 student teacher ratio advertised when I came here for a tour? I think the smallest class I have been in was 25 students and the largest 42 students. Even the summer classes that I attended here were the same size.

For the numbers enrolled in classes here the sizes of the classrooms are way too small. Then, what do you do when you have a research paper to do for class and you need resources? Our library will not be of much use unless you are looking for information on past events. Last year I did a paper in which I focused on women in the military. There were five sources listed that I could have used but SHU did not own these books. I had to resort to my town library where I was able to locate four of the five sources. Luckily I do not live too far away and it is convenient for me to go home to the library but what about the students here who live out of state?

How about those notebook computers? They were supposed to be used in class so they were mandatory for fall year students. I do not know of any professor besides Dr. Caavin that requires students to bring them to class. Needless to say the software loaded in them does not function all the time and when you bring it to be repaired you are looking at anywhere between one week to one month of being without it.

Being a resident assistant this year in both South and West hall has been a great experience and I will be sad to leave all of the wonderful friends and co-workers I encountered this year. I understand that the university is in an expansion phase; however, it seems like the only thing they are concentrating on are the first year student figures and not the returning students. What is the point of having a first year class of 600 or 700 students if 50-75% of them do not return the following year? It appears to me that SHU administration is getting blinded by the $5 signs and losing sight of what their original reason for having an institution of learning... students. Basically, the administration needs to look at improving the quality of service here in the future. Yeah, it will be nice to offer plush off-campus housing but what happens when the students there that do not own vehicles do not make it to class due to the unreliable shuttle service? What will happen then?

This letter is just to let administrators know that maybe they should meet with student panels when making decisions in the future. After all, they are the ones to serve the students. Why not find out not only what students want, but above all what they really need?

Megan Conners

Assistant News Editor

Megan Conners
Hip hop meets folk rock at concert

Fugees bring hip hop back to natural roots

Danielle Nolan
A&L Editor

It is hard to believe that in three short days the Fugees and the Violent Femmes will be here at Sacred Heart University. Not only have they risen to major status as hip hop artists with their new album The Score, but for those true fans out there who knew them way back when with their first album Blunted On Reality, you will remember songs like "Nappy Heads.

This New Jersey-based group consists of one girl, Lauryn "L" Hill, and two guys Wyclef "Clef' Jean and Prakazrel "Pras" Michel who also happen to be cousins. According to the Fugees biography, Pras and Lauryn went to the same high school and they formed a group together.

Pras' cousin Wyclef joined and six years later they were in the studio making an album. The biography states that, "The name "Fugees" is short for refugee, a symbol for the refuge that we each seek in our minds."

The Score is definitely a step above the last album. With songs like "Fu-Gee-La," the first hit off the album, "Killing Me Softly," which proves Lauren's incredible voice and then some, "Ready or Not," with it's smooth rhythm and catchy lyrics, along with the reggae remake of "No Woman, No Cry," which shows off their Haitian background, the album makes the Fugees talent known.

They are back in business and flying to the top of the charts. In fact, they are rumored to be a member of this summer's Lollapalooza tour.

"At a Fugees show you could expect the next level. You might see me on the accordion, you might see me on the keyboards, you might see L grab a guitar. Pras grab a bass-it's just gonna be real," said Wyclef in the groups' biography.

Oh, and about those nasty rumors of Lauren being shot, do not worry they were just that—rumors. She will be here in full force Sunday night, a show I would not miss.

Are the Violent Femmes musical prophets are just three really wierd guys?

By Stephen P. Scholz
Associate Editor

I can still remember hearing the Violent Femmes for the first time. It was four years ago and I was a senior in high school at the time.

Driving home after school in my blue '78 Ford Fairmont, I felt a sudden urge to explore that unknown region of radio: the left of the dial. I turned the knob, tuned in the song and listened to the lyrics of a chorus I'll never forget. "Let me go on...like I blister in the sun...let me go on...big hands I know you're the one." I've since heard the song "Blister in the Sun" about four million times. Seriously! I even know all 20 or so words. The funny thing is that I don't have a clue what the words mean or what the song is all about.

But maybe that's all part of the incomprehensible genius of the folk/rock/drug induced trio from Milwaukee who call themselves the Violent Femmes. Or maybe they're just as clueless as all their listeners and devout fans.

"Well, we don't really think it's our job to portray a consistent viewpoint," said Brian Ritchie, Violent Femmes guitarist and spiritual cynic, in a recent press release. "People are not consistent. Why should we be? We're not interested in selling people a message. We think it's better just to be ourselves, and if people are confused, that's fine. We're confused, too.

One aspect which has helped retain Femmes confoundment throughout the years is frontman Gordon Gano's willfully obscure lyricism. For example, most of the songs on the trio's self-titled, debut album are about sex, drugs, rock and roll and religion.

But Gano's lyrics artfully conceal these themes behind a wall of disconnected imagery. And when Gano's out of sync lyrics meet the band's tight, pop simplicity the result is pure, sugar coated fun for hours and hours of listening satisfaction.

Following their debut album in 1980, which gained instant recognition on the college radio scene as a cult classic, the Femmes continued their quest for musical absurdity on Hollow Ground, The Blind Leading the Naked, 3, and Why Do Birds Sing? They also released a greatest hits album in 1993 entitled Add It Up.

So, what should SHU students expect when the most unpredictable of bands takes the stage this weekend? Just ask drummer Guy Hoffman.

"There's something about our stage presence that allows people to feel uninhibited," said Hoffman. "As long as fans are willing to keep their ears open to new Femmes music, the band will be willing to go out on the limb it requires."
The Crucible bewitches audience

Theresa Hickey
Assistant A & A, Editor

Although the sun shone brightly outside, this past weekend, the Sacred Heart auditorium was filled with darkness. The Produce Gang, composed of current and former faculty and student actors, presented Arthur Miller’s The Crucible. A play about so much more than the Salem Witch Trials, The Crucible questions the very fabric of human nature.

The atmosphere created on stage by the quality actors Justin Venech, Jessica Bahamonde and Michael May granted wayward glances and small gestures as much weight as the dialogue Miller wrote for them. An especially powerful image was the silent dialogue between Tituba, played by Johane Metellus, and Abigail Williams, played by Jessica Bahamonde, in the first scene.

Metellus gave Bahamonde hateful looks as she lied for Bahamonde’s character. The look Bahamonde returned warned Metellus character not to test her. The scene told the audience something suspicious was happening before any dialogue proved it to be true. This scene, along with many others, showed the excellent skill of the actors onstage.

Justin Venech, who portrayed the hero, John Proctor, also played a truly convincing role. The final scene, where John begins to confess but then realizes it is the wrong thing to do, kept the audience spellbound as Venech truly struggled with the decision.

Reverend Hale, played by Michael May, also beckoned to the audience with his role reversal mid-way through the play. His line: “The world has gone mad…” summed up the universal theme for the audience.

Other characters also displayed many elements of acting. Jim Abert’s character, Reverend Samuel Parris, tended to whine quite a bit and grew increasingly more annoying. Sometimes it was questionable whether Abert was over-acting, commented one student viewer of The Crucible.

The absence of light in the background portended the doom which Salem had set upon itself, and again, drew the viewer in closer to the attitudes and actions of the people onstage.

The costumes reflected the time period correctly. The actors were reminiscent of elementary portrayals of the Thanksgivings in Salem.

The program, collected and written by Director Richard McKinnon, was informative and helpful for viewers who know nothing about the witch trials, or the play itself.

Overall, Sacred Heart’s performance of Arthur Miller’s The Crucible, was an excellent one, as advertised. The actors collaborated well together.

The individual actors, as well as the completed show, held onto Miller’s essence while adding their own personal touch.

Joan Osborne delivers Godlike performance

Mike Nimons
Contributing Writer

If God was one of us, I think he would have been at the Webster Theater in Hartford, CT on Friday, April 19 to see Joan Osborne in concert. The Webster is a cabaret theater which has a bar against the back wall, a few tables in front of the bar and the (standing room only) floor in front of the stage. I would say there were about 300 to 400 people at this very small, very small theater. Although it does not look like a great place from the outside, the Webster provides an excellent atmosphere in which to see a concert.

At about 8 p.m., the doors opened. We had been waiting in line for about an hour and we were very anxious to get inside. Once we got into the theater, we managed to get ourselves into the center of the second row, about 8 feet away from the stage.

The first band to take the stage were the Screamin Cheetah Wheelies. They came on at 8:30 p.m. and played four songs. They were not that bad, but you could not understand the lyrics because the music itself was drowning out the lead singer (that may have actually been a good thing).

After the crew set up the stage for the second band, From Good Humps, it was 9:30 p.m. They were decent, much better than the Screamin Cheetah Wheelies. They were a rock band with a country and blues flavor to them. At about 10 p.m., From Good Homes left the stage and the crew began to set up for Joan and her band.

After about 45 minutes of preparation, the candles which were scattered around the stage were lit and the lights were turned off. Joan and her band danced their way onto the stage to the sound of “That’s The Way (I Like It)” by K. C. & The Sunshine Band. Joan took the mic, wearing a red and black dress and of course, her signature nose ring.

A spotlight highlighted her from behind as she leaned off, acapella, with an expanded beginning of “Pensacola” (the fourth song on her album, Relish). The band then joined in and performed that song; which they followed with “Right Hand Man” (the second single from Relish).

By this time, Joan had stepped very much into the show. Most people were dancing and singing along with Joan.

The band went on to play different songs from Relish, including “St. Teresa,” “Help Me,” “Crazy Baby,” “Ladder” and Bob Dylan’s “Man In The Long Black Coat” (on some of these, Joan played guitar, in addition to singing). They also performed three new songs, one of which was one of the best songs of the night.

Joan then thanked the audience and she and the band left the stage, but everyone knew that they were not finished. After about three minutes of crowd hysteria, they reappeared on the stage, following the bass guitar player who was throwing water at the crowd (yes, I got hit). They each took their instruments and began to play “One Of Us” (the first single from Relish).

However, after a few seconds, Joan stopped everything she was doing and said to the crowd, “No, no, no, no. You didn’t think we were going to play that now, did you?” They then played “Let’s Just Get Naked,” which also appears on her album.

After this, Joan went on to sing “One Of Us,” the song many people came to see her perform. She ended the show with her song, “Sirens, Acquaintances,” which appears on the soundtrack from the movie, Mr. Wrong.

Weeks after it all, Joan had performed twelve of the twelve songs which appear on Relish (she left out “Lumina”). She sang them with a great deal of energy and emotion. Seeing her in such a small theater, added to the ambiance of the show. This was the best concert I have ever seen. Joan Osborne is an excellent performer to see live and Friday night, she put on a tremendous show.

Write for A & L

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Joan Osborne delivers Godlike performance
Break addictive relationships

By Gina Norelli
Assistant Features Editor

A guy hangs up the phone after talking with his girlfriend and is crying uncontrollably. He has just learned that she cheated on him again. He asks for some time to think about if he wants to still be with her, but she offers him an ultimatum: If he isn't with her as her boyfriend, then she is gone from his life. She rings his phone every 10 minutes to check up on him and worries that she is losing control. She dreads that maybe he has come to his senses and has had enough of her terrible treatment.

He wonders why he allows himself to be under her control and why she is making all the "rules." He comes to the conclusion that she cheats on him and manipulates him because he doesn't love her enough. Thoughts cloud his mind of the beginning of the relationship, when everything seemed "perfect." He is convinced that if he tries hard enough, it can be that way again.

He promises himself that he will do whatever it takes to not upset her again when in reality he has done nothing wrong. His self-esteem has dropped so low that he cannot imagine anyone else ever liking him, so he stays with her despite how he is treated.

All of the warning signs are present that this is an addictive relationship, which has nothing to do with love. "Addictive relationships wear down the other person's self-esteem," says Sister Anne Nadeau, director of counseling.

"There's nothing else left but a lot of guilt. For a relationship to be addictive, there has to be one person who is a 'sponge.' It's something in both people," she adds.

These relationships are very much like drug and alcohol addictions, except that the object of addiction is a person rather than a drug.

Without the person that is the object of addiction—the addict goes through withdrawal. They may consider suicide or harming others that they perceive to be threats to the relationship.

"The biggest red flag is when someone says they will kill themselves," says Sister Anne. "That's the ultimate control." In many cases, the person that is the manipulator will put on an act and pretend that he or she has changed and is truly sorry for what was done. But give time, the same thing will happen again. It's a dangerous cycle that needs to be broken. This can only be done if you get out.

"See it for what it is and leave it to be true to yourself," says Sister Anne. "You can't see it for what it is until you distance yourself from it, and listen when a friend talks to you. Most of the time professional counseling is needed so they don't fall into it the next time," says Sister Anne.

She also offers some spiritual advice. "If we see ourselves as God sees us and ask him to see our own goodness... if only we could see that, we wouldn't get ourselves into these traps."

Characteristics of an addictive relationship

(According to Sister Anne Nadeau, director of counseling)

**The people in them:**
- Experience their emotions going up and down like a yo-yo
- Feel consumed
- Fear letting go
- Fear risk
- Fear change
- Fear the unknown
- Cannot define ego boundaries
- Experience little individual growth
- Play psychological games
- Give to get
- Attempt to change other
- Need other person to feel complete themselves
- Seek solutions outside themselves
- Demand and expect unconditional love
- Refuse true commitment after the relationship is established
- Fear abandonment when routinely separated
- Recreate old negative feelings
- Desire, yet fear closeness
- Attempt to take care of others feelings
- Play a lot of powerful control games

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**JOB OPPORTUNITIES**

* PART-TIME PACKAGE HANDLER.
* PAYS $8/HOUR! MUST BE 18 YEAR OLD.
* MONDAY THROUGH FRIDAY WORK WEEK.
* SHIFT HOURS (CHOOSE FROM):
  - 4:30 AM - 8:30 AM
  - 5:30 PM - 9:30 PM
  - 11:00 PM - 3:00 AM
  (BASIC SHIFT HOURS)
* SHIFTS RUN MIN. 3 HRS. TO 5 HRS. PER DAY
* TUITION REIMBURSEMENT!
* SELECTED SHIFTS
* PAID HOLIDAYS, SICK DAYS, BENEFITS!
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**Club Happenings**

Compiled by Michele Herrmann

**Campus Ministry**

Campus Ministry is having a carnival sale next week in the Dining Hall from Monday, Apr. 29 to Friday, May 3. Prices are $1 for pick-up and $1.50 for delivery, on Monday, May 6.

**Business Club**

The Business Club is meeting on May 1st for elections at 4:30 p.m. in N202. All students are welcome to attend.

**Prologue**

The Prologue is taking pictures of any clubs that have not had theirs taken yet and would like to have it in next year's yearbook today from 6 to 8:30 p.m. in the Mahogany Room.

**Commuter Council**

Commuter Council is sponsoring a Pub night of Karaoke tonight at 9 in the Pub. Bring friends to sing along to a favorite tune.

**Student Events Team**

Great Adventure tickets are on sale in the Dining Hall from 5 to 7 p.m. The cost is $20. For information, please contact the Student Activities Office at 371-7969. All those going on the trip must be at the library parking lot by 8 a.m.

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**Voting with classes**

By Colleen DeBaise
College Press Service

TALLAHASSEE—Linda Reale was struck by how many of her classmates weren't voting when she helped campaign for a Florida Senate candidate last year. Her campaign lasted for over five months. She candidate voted in the registration forms when they obtained or renewed a driver's license or voted in the state government office. Since going into effect a year ago, the law has lowered the voter registration forms by about a million people. Though successful, the "motor voter" law still fails to reach the college-age voters, Reale, who interned for the Florida Student Association, said.

"Most students obtain their driver's license at 16, two years before the voting age, then may wait six years before renewing it. "By then, they're not students anymore," she said. As part of its Register Once campaign, the group provides numbers that illustrates the meager voter turnout on college campuses. For instance, in the 1992 presidential elections, only about half of college-age students were even allowed to vote, and only 43 percent of that number actually voted. By contrast, in the 45- to 65-year-old age group, about three-quarters were registered to vote, and 70 percent of that number actually cast ballots in the election. Although the numbers might indicate such, college students are not slackers who could care less about who's running the nation, Sharon Pacheco, the group's executive director said.

The low voter turnout more likely stems from the fact that students leave the nurturing environment of their parents' house and move directly into the controlled world of the university. "College doesn't really depict an arena of self-responsibility," she said. "[You're told] what classes to take. "Instruction is always given. There is nothing about citizenry ... think about that. There is no classroom instruction [about how] you are a citizen and you have responsibility."

The group hopes to have voter registration forms available at state universities in time for the Spring 1997 class registration. After that, they plan to make forms available at private colleges, community colleges and technical schools. Most students don't realize how much they are affected by political issues, Reale said. Even when that issue is their own school's tuition, which is determined by state lawmakers.

"It is essential for students to start [thinking] that they are citizens in addition to being students," said Reale.

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**Wiseguy knows when to be serious at job**

By Michele Herrmann
Features Editor

Is Dave a serious librarian at work? Well, no, he's not serious, but, yes, he works hard on the job.

It's difficult to see him at his desk when he fills out request forms of types on his computer. If he notices someone waiting at the counter, he will stop, rise up, walk over and offer to help.

Notice what's behind his desk: a drawing of Odie, cut out of Calvin and Hobbes comic strips, a 3D image and photos of his wife, Dawn Marie, and Ryan Daniel, his nine month old son.

"I'm the least librarian." says Dave. "I'm never really serious about anything," says David Walsh, 31, with a hearty laugh.

However, as an interlibrary loan assistant, "Dave" does take pride in his job. "I like being able to find things, getting students what they need, I know [that] with [each one of them], their request is important to them." When students need to get articles or books not located in the University's library, they will fill out an interlibrary request form. Dave sends these orders out to libraries which own the needed information.

The amount of requests Dave receives can be hard to keep up with.

"I do the best I can. I request it from a library, and after that point, I have no control over it. Some places will say yes to it, maybe they won't ship it out for another week and then another week goes by before it gets here," says Dave.

"And I do feel bad for the students. I try to explain to them that it may take longer than two weeks. We say two weeks, but it may take longer.

Dave also sometimes acts as a supervisor to workstudy students and repairs machines.

Don't be surprised if Dave appears in a classroom. He's a student here, too, a junior majoring in media studies. He is currently taking two classes. "To work full-time, it's hard to take classes and try to spend time with the family," he says.

Despite being busy with school and work, Dave seems to be constantly upbeat and humorous.

Even when he talks about a day which affected his life, "March 25, 1989, a day that will never leave me," he begins softly. On this day, he was out hiking with his dog, Bear.

While climbing up a ravine, Dave slipped and started sliding down. "At the end of this ravine was a cliff, and I fell into a crevice and snapped my femur."

"And at the end of this crevice and snapped my femur." Dave also sometimes acts as a supervisor to workstudy students and repairs machines.

"Dave is considered to be a good co-worker. "Dave's a lot of fun to work with," said Sandra Wencart, a reference librarian.

"He lightens things up around here. Dave's really practical minded. He doesn't like just doing things the same way because they've always been done like that. If the way something is done doesn't make sense, he will make sense, he will find a different way." Perhaps his cheerfulness and hardworking manner make Dave a good librarian.

"He's the least librarian."
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“A MAN CAN HAVE NO GREATER LOVE THAN TO LAY DOWN HIS LIFE FOR HIS FRIENDS.”

(John 15:13)
Madigan's a hit at SHU

By Michelle Covelluzzi
Sports Writer

Since his days of playing T-ball at five years old, Gregg Madigan wanted to be a baseball player. "Gregg's the best player and most consistent on the team," says Sacred Heart baseball coach Nick Giaquinto. "He's the season he established both positions," Coach Giaquinto says.

As a sophomore, Madigan tied the NCAA Division II single-game record when he walked four home runs against Norfolk State on March 13, 1994. That was the season he established career highs with a .349 average, eight homers and 41 runs batted in.- He ranked among the national leaders in the latter category.

Along with a position change, Madigan's productivity suffered some setbacks. His average fell to .234 and he managed just one homer. "It dropped dramatically," says Coach Giaquinto. "As a team, and individually, Gregg didn't do too well.'"

The 6-foot-1, 205 pounder, chalks this information up to making a new position. I was just thinking defense, defense — and it took a little off my offense," he also notes that the team's chemistry was also off last year. But things have managed to turn his way again this season, and Madigan is feeling confident. "I feel my performance this year is up to par," he says. "I'm pretty satisfied."

Although Coach Giaquinto believes his strongest positions may be at first base or in right field, Madigan is more comfortable behind the plate. "I like catching. You have total control of the game," he says.

After graduating in December, Madigan intends to pursue a career in professional baseball. If that doesn't work out, he may try other options in Europe. Right now, Madigan is concentrating on his final season with Sacred Heart. His goal is to make it to the Eastern Collegiate Athletic Conference playoffs. The Pioneers' record of 15-12 has given them "slim chances for the playoffs," says Coach Giaquinto. Madigan is more optimistic. "We'll definitely make it," he states.

The team's next game is tomorrow at Bentley College in Massachusetts. The game begins at 3 p.m.

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Lax: Chioldo leads the way for Pioneers

Track team off to Penn

By J. Bradley Wilson

In addition to the varsity successes this season, the men's JV lacrosse team made a five-goal headway in their first year of competition.

The JV record is now 4-1 with victories over Eastern Connecticut, Kent Prep, Western Connecticut and Fairfield U. club. Their next match is post-season high school, Bridgewater Academy, a team that will see its players attend Division I powerhouses as Syracuse, Hobart and the University of Massachusetts.

"It's great to see the future players of our program doing well," said Head Coach Bob Randell.

They have been led offensively by the scoring abilities of Mike Scianama, Tim Wolfe, Kevin Anderson and Ray Gogarty.

The defense has been anchored by DeGaetano, Doug Steele, Brian Micena, Brad Wilson, one goal and one assist; T.J. Howard as assistant two Sacred Heart goals.

SHU midfielders were able to find the net as well. Krepil, Mazzeo, and Brian Lessick each had two goals for the lancers, while Colapinto had one goal and two assists, and Brad Wilson, one goal and one assist. T.J. Howard assisted two Sacred Heart goals.

SHU's defense has been able to maintain a level of consistency, throughout the season as well as against Marinist and Queens. They have been anchored by DeGaetano.

Track team off to Penn

By Megan Keefe
Sports Writer

On Friday and Saturday, the men's and women's track and field team will participate in the Penn Relays at the University of Pennsylvania.

The world's oldest, largest and most prestigious relay carnival consists of world-class competitors, college and high school teams. Track and field isn't a big sport, but this event attracts about 500,000 persons.

"This is a great opportunity for our athletes and a very good exposure for our program," said Morrison.

Last weekend, the team participated in the Holy Cross College-Eighth Crusade Invitational in Worcester, Mass. Demirgian (Broad Brook, CT), who Morrison calls "probably the second-best distance runner in New England," led the way for SHU placing fourth in the 3000-meter run. She was the first Division II runner to finish in a field dominated by Division I athletes.

Also placing for Sacred Heart is a member of the Collegiate Track Conference, which is made up of 25 Division I, II and III schools, because the New England Collegiate Conference (NECC) does not yet include track and field.

Zig On

By Keith Zingler

Sports Writer

We should know soon whether the drive to save the Whaler was successful or not. The Hartford Whalers NHL franchise demanded that the fans of the team cough up 11,000 season ticket subscriptions or start following the New Jersey Devils.

The Whalers were bought two years ago by Peter Karmanos. He made his money in the computer business and realized his dream of owning an NHL team.

When he bought the Whalers they had been one of the worst teams in the NHL for the past four years. Since he acquired the club they still have maintained their reputation as one of the worst franchises in the league.

The demise of the Whalers and their fan base started with the trade of captain Ron Francis and Ulf Samuelson.

The team has been in a tail-spin ever since and they missed the playoffs for the last two years in a row. The team has tattered and every time they failed to deliver the fans were not happy.

"This is a great opportunity to see the future players of our program doing well," said Head Coach Bob Randell.

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SHU's defense has been able to maintain a level of consistency, throughout the season as well as against Marinist and Queens. They have been anchored by DeGaetano.
Sacred Heart University Pioneers

Softball still struggling

By Megan Keefe
Sports Writer

With five wins and a loss last week, the Sacred Heart softball team saw its record reach 3-0 for the first time this season. But three straight losses since the team reached the 1-5 mark dropped the Lady Pioneers to 15-18 and with it, ended any chance of being considered for the Regional Tournament in May.

The week started off on the right note for SHU on Thursday, which easily handled Bentley College and won a pair, 10-0 and 11-1, both in five innings.

Tennis improving

By Megan Keefe
Sports Writer

In its second full season of competition, the Sacred Heart men's tennis team has improved on last year's mark of 0-12 and currently stands at 4-8.

Two of the wins came last week when the Pioneers defeated Western Connecticut and Adelphi, the home finale. Freshman Tony Cabana (Tampa, FL) extended his singles winning streak to three matches with an easy 6-2, 6-4 win over Adelphi's Tim Thom. Over the weekend, the team placed fifth overall in the New England Collegiate Conference Tournament at Stony Brook, NY.

heading for New England Championships

By J. Bradley Wilson
Sports Writer

Marist entered the contest undefeated in their conference, but SHU was up to their challenge as they defeated them 8-7.

"Defeating a Division I team is a huge victory for the program," said Head Coach Rob Randall. "Especially after the New York Tech loss four days earlier."

The Pioneers were led by Chuck Chiodo who scored his four goals in the first half to give the laxmen a 4-2 advantage into the break.

Marist responded in the third quarter with four goals of their own and SHU found themselves trailing 6-5 heading into the final quarter.

David Root scored a goal 5:05 into the fourth on an assist by Brian Staunton to tie the game at six a piece. Root finished with one goal and two assists.

"Brian made a great pass off the fast break and my shot was able to score five-hole" said Root. Matt Krepil netted his goal with 6:06 remaining to give SHU a one goal edge, but Marist bounced back with a score of their own. Krepil was also consistent in face-offs winning nine of 11.

With the game knotted up at 7-7, Pioneer midfielder Jason Colapinto fired the game winning shot, which found the top left corner of the net with time ticking away.

Mike Marzoe had one goal in the victory, while Chris Lukowski had two assists and T.J. Howard, one.

Game balls for extraordinary play were given to Chiodo, Krepil, Colapinto, and freshman defenseman Mike Babinski, who could as easily been awarded one himself saving 19 shots for the Pioneers.

Coming off their triumph over Marist the laxmen hosted their first game since Mar. 20. On Saturday afternoon they squared-off against Queens College. Queens was able to keep the game close in the first half, behind only 7-5 at the intermission. However, SHU improved their level of play in the second and cruised to a 17-11 victory.

"While 17-11 is a significant win, we should have played better against a team that was less talented than us," said Randall.

Chiodo continued to pace the Pioneers with five goals and three assists. The attackman

See Lax, page 11