Campus deliberates ’96 election

By Erin E. Harrison
Co-Editor-in-Chief

According to the latest information from The Wall Street Journal and Gallup Polls, former Senator Bob Dole, the Republican Presidential candidate, has been trailing steadily behind President Clinton at an average of 16 percentage points. With Election Day just five days away, some of Sacred Heart’s administrators, faculty and students shared their political views.

“The real issues aren’t being talked about,” said Dr. John Kikoski, associate professor of political science. “I am very concerned about Social Security and Medicare, as well as the environment. I think these are the mackerel issues with interest to students and they’re not even on the string.”

Dr. Katherine Kidd, director of global studies, commented, “I am very concerned with how anti-international and anti-U.N. the Dole campaign is. They are suggesting that interacting with foreign government and foreign business is bad.”

Kidd also noted, “There is a lack of people willing to show who they stand for. Politics is not perfect. Every human institution is flawed and we have to

See Views, page 2

Ghost stories float around campuses

By Janet Singleton
College Press Service

A glow of red floating in the hall. A mysterious face illuminating a window. The tap of fingernails on a car window. Almost every campus has its ghost story, and most are full of enough chilling details to send tingles up the spine. Here is a sample.

At Huntington College in Montgomery, Ala., the “Red Lady” is said to roam the corridors of Pratt Hall. According to campus lore, the “Red Lady” was so obsessed with the color red that she decorated her room in a red carpet, curtains and bedspread and wore red clothes.

“They say she couldn’t keep a roommate because she was so weird,” explained a dormitory employee, who asked not to be named. “I can think of several incidents which occurred last year where little or nothing was done.”

Wielk described his position on sanctions as tough but fair. “If something warrants swift action, we will do it,” he said.

This would be a welcome relief according to one student leader who wishes to remain anonymous. “I can think of several incidents which occurred last year where little or nothing was done.”

He referred to a student who had stolen the mail van, another who had caused extensive damage to a residential hall, a student-provoked nexus in a residential hall, and finally a non-resident peeping Tom incident which caused several days of anxiety in the halls.

“I know that at least three out of the four people involved in those incidents are still in school,” the student leader said.

Two out of four are still in school, but it could not be determined whether the two who left departed voluntarily or were

See Sanctions, page 3

Student judicial system Tough, fair, or is it a joke?

By Arthur T. Gerckens
Contributing Writer

Numerous interviewed students believe the student judicial system at Sacred Heart is a joke. But if an incident should find its way to the desk of Dean of Students Larry Wielk, the joke may be on them.

Wielk described his position on sanctions as tough but fair. “If something warrants

Sacred Heart to welcome parents

By Ayona Perera
Staff Writer

Student Activities will be hosting the sixth annual Parents’ Weekend from Nov. 1-3. Registration will be from 5-9 p.m. in the Art Gallery with the weekend package fee of $25, including admission to all events on the schedule.

“An exciting agenda of activities has been planned for this weekend,” said Denise Surphim, director of Student Activities.

From Hollywood Illusions on Friday night to a Broadway Cabaret Student Show and Parent Gala on Saturday night, this weekend promises to be a fun-filled and exhausting one.

“Each year Student Activities hosts the Parents’ Weekend as a means to bring the parents on campus so that they can get a feel for a day in the life of a student,” explained Surphim. “This is also a way

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Shakespeare’s Romeo & Juliet opens this weekend... page 12

A Voter’s Guide to Election 1996... page 5

Runners give solid performance at conference... page 16
**Kitchen addition to improve Flik service**

By Julie Nevero  
Contributing Writer

Half of the dining area was closed by Flik in order to build the addition to the kitchen, a move that has not been well received by the students. The addition will double the size of the kitchen and will include two walk-in coolers and freezers. It will also provide more space for storage and prep work.

Another component to the addition is office space. The kitchen will expand three to four feet into the Dining Hall to allow for more office space while the present offices will be used for storage.

Chip Kennedy, director of Food Services, stated several reasons for the addition.

"The kitchen was too small when Flik first got here because it was constructed for a commuter school, but with the increasing resident population, students, faculty and staff, the kitchen will need to expand in order to accommodate everyone," he said.

The project is scheduled to be finished after Thanksgiving break, and students say the addition will most likely prove to be beneficial.

Currently, though, many find the inconvenience a hassle.

Everyday, students face long lines, crowds, and a lack of seating.

"We knew the kitchen was too small." Flik tried to tackle the space issue last year with the Mahogany Room. This additional area was constructed to provide a comfortable eating atmosphere for students, but with the room being closed once a week for school functions, students have no choice but to turn to the Dining Hall.

Kennedy admitted that most don't approve of the use of the Mahogany Room for such functions, but pointed out that "with both dining facilities open, there is more than enough seating for students."

"The caf is extremely crowded," said Laura Lane, a sophomore psychology major from Albany, N.Y. "It doesn't make for easy eating, especially during crunch time and due to this, people are prone to accidents."

Lori Marcanoitou, a junior art major from Trinidad and Tobago, added, "It used to be so easy to just run in before a class and grab a quick snack or beverage, but now, you have to wait in a huge line just to get something to drink. It's annoying." It's an annoyance that Kennedy apologized for the inconvenience of limited space but said that the wall in the Dining Hall was absolutely necessary for construction purposes. It will be taken down as soon as the construction is complete.

**Health Services tells how to avoid flu**

By Michele Herrmann  
Co-Editor-in-Chief

As the fall semester moves rapidly toward the holidays, the flu season also finds its way into the busy class schedule.

Starting in November and lasting until April, the flu can hit students just when they don't need it— at midterms, finals or over Christmas break.

It can also interfere with a student's social life—parties, homecoming, concerts and sporting events.

The flu is a viral infection that can cause fever, chills, cough and soreness and aching in the back, arms and legs.

Although most people are ill only for a few days, if you are in the high risk category, the flu could lead to more serious illnesses.

People at high risk are urged to make use to the vaccine when the flu season begins, and should be vaccinated every year.

The high risk group includes those with HIV, other immunosuppressant diseases, heart trouble, high blood pressure or other chronic illnesses.

These living in residence halls or who are around large groups of people, such as in classroom, are also encouraged to get vaccinated.

Most people have no side effects from recent influenza vaccines, but it is possible to feel soreness for a day or two at the injection site, or for a person to get a low-grade fever or achiness for one-two days. In rare cases, a person may have an allergic or more serious reaction to the flu shot.

The vaccine is offered for minimal fee at many health maintenance organizations. Health Services is providing flu vaccines to people for $10 per shot and will provide information to recipients so they may submit claims for reimbursement to their insurance companies.

People who have had a previous allergic reaction to the flu vaccine should not receive the shot. If a person is feeling ill or has a fever receiving the vaccine should be delayed until the person is feeling better.

For more information about influenza or receiving the vaccine, please contact Health Services at extension 7838. Call for an appointment. Vaccines are being offered through November.

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**Sacred Heart to hold ISO 9000 class**

Sacred Heart is offering a course on the quality management standard ISO 9000 in a 10-week certificate program. The course will be held in two 5-week sessions on Mondays from 7 to 9 p.m.

Certified quality auditor Richard Wallinon will be the instructor. Those who successfully complete the course will earn CEU units.

For additional information, contact Director of LifeLong Learning Dorothy Sayers at phone number 371-7834, fax at 365-7500, or e-mail at sayers@sacredheart.edu.

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**Retreat for women to take place**

A healing retreat for women entitled "The Light of Christ" will be held Dec. 6-8, 1996 at the Retreat for women to take place. The course will be held in two 5-week sessions on Mondays from 7 to 9 p.m.

Certified quality auditor Richard Wallinon will be the instructor. Those who successfully complete the course will earn CEU units.

For additional information, contact Director of LifeLong Learning Dorothy Sayers at phone number 371-7834, fax at 365-7500, or e-mail at sayers@sacredheart.edu.

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**Fun and fear this time of year**

By Michele Herrmann  
Co-Editor-in-Chief

This night of fright is also one of fun for Sacred Heart students.

Delta Phi Kappa sorority and Student Events Team are co-sponsoring a Halloween costume ball in the Pub at 9 p.m. Come in costume to have a chance at winning gift certificate prizes and be prepared to dance, as a DJ will be present. Admission is free.

Residents in West Hall can come down to the Great Room for a party tonight from 8 to 12 p.m.

Several activities this past weekend stressed Halloween traditions.

On Sunday, 15 students attended a horror movie marathon of "Halloween," "Friday the 13th" and A Nightmare on Elm Street in the Faculty Lounge.

Children who live in the local area went to Taft Hall and were welcomed to a haunted house and trick-or-treating. Taft Hall Council worked with the Madison Avenue Merchants Association to coordinate these events. About 50 children came and almost all the apartments and house residents participated, according to Residence Hall Director Chris- tina Szpila.

For Taft resident and senior Cathy Quirk, the best part of the day was "seeing the kids in costume and coming for the candy."

"A lot of the apartments ran out because there were so many kids. It was fun," she said.
Academic Center insufficient

More classroom space sought

By Tom Guerrera
 Contributing Writer

In the past, there were 39 classrooms, but the campus lost this space because of offices and the new bookstore.

"There have been no complaints from students about the use of Notre Dame except for the minor inconveniences," said one university official.

"It is really inconvenient," said Franklin Buckley, a senior media studies major from Bethel, Conn. "It shows the dedication of the students to the school instead of the school's dedication to the students.

There will be 15 to 20 new state-of-the-art classrooms as soon as East Hall is completed.

The University offered a day afternoon and Thursday morning convictions in order to accommodate 27 more classes.

"We have adjusted the schedule to accommodate students," said Bohn. "We have also added 15 minutes between classes rather than the usual 10 minutes.

"The problem is not completely solved, but we are making an attempt," Bohn added.

Sanctions: Wielk promises swift action

Continued from page 1.

sanctioned out of the University.

Prior to Wielk's arrival at the beginning of the fall semester, incidents were forwarded from Public Safety and the Residential Life staff. A great deal of incident reports, regardless of their severity.

"This year we're trying something different from the past," said Wielk. He stated they are trying to resolve incidents at the level they occur.

For instance, incidents involving residents are handled by Cathy Kayvias, director of Residential Life.

If a non-resident student is involved, Mike Rembish, director of Commuter Life, handles the case.

Wielk noted incidents arriving at his desk are usually of a more serious nature. "We've had driving at his desk are usually of a more serious nature. "We've had

"I don't do anything that bad, but I wouldn't think twice about the consequences because the judicial system is a joke," said one female resident.

A male resident added, "The most you get is community service, which means you have to decorate bulletin boards.

Another male resident gave a typical response when questioned about the judicial system with the added, "We have a judicial system?"

Wielk described a two-fold purpose in resolution of the judicial system.

"First, the sanction must be punitive. Second, there must be an educational component to the sanction," he explained.

One source, speaking on condition of anonymity, described being frustrated by the leniency of some of the sanctions handed out.

The source referred to a student who has repeatedly brought alcohol into the residence halls.

The sanction levied was a warning. Next, the student brought a keg of beer into his room along with drug paraphernalia. He was given what is sarcastically termed "bulletin board duty."

Contrary to what many believe, the bucket does not stop at Wielk. The Dean's decisions may be appealed one final step to James Barquinero, vice president for Enrollment Planning and Student Affairs.

In interviews conducted with faculty, staff, and students, there is a philosophy within the University which contends Sacred Heart is only concerned about growing and will "look the other way" when it comes to dealing with discipline problems.

When shown the policies concerning the student judicial system in the Student Handbook, one student said, "The rules look impressive on paper, but actions speak louder than words."

Mr. Barquinero could not be reached for comment.

Mental illness has warning signs, too.

Withdrawal from social activities. Excessive anger.

Mental illness can be treated. In fact, 2 out of 5 people who get help get better. For a free booklet about mental illness, call the National Mental Health Association:

1-800-969-NMHA.

Learn to see the warning signs.

Please recycle this newspaper

The kind of purchasing power that a credit card affords a student is tough to ignore.

"It is once every two or three weeks," said Jen Clcone, a junior psychology major from Bridgewater, Mass. "It's easy because you just give the card and you don't have to worry about it until the bill comes in," she added.

Banks are determined to put credit where it will be used and devoted each month, reported David Morrow in a New York Times article in February.

Banks are being recruited for the once-shy gold card accounts, and Morrow turned to David Robertson, president of The Nilson Report, a bank-card newsletter in Oxnard, Calif., for an explanation.

"Lenders are becoming more sophisticated in how they issue gold cards," said Robertson in an article.

"It used to be that income was everything. The lenders have discovered that a consumer's good payment history is what gets his money there on time, regardless of how much cash he's bringing in," he added.

The power of gold

Credit cards provide easy money

"Whenever I think of a gold card, I think still that it's a wealthy person's card," Clcone said.

Through November of 1995, consumers received a record 1.2 billion solicitations for gold credit cards, according to Behavioral Analysis Inc., marketing consultants in Tarrytown, N.Y.

Robertson estimated that by the end of this year, 20 million Americans will open gold card accounts, nearly twice the number who accepted accounts three years ago.

"They sent me one, but I didn't just take it," said one student. "One Visa card was enough. I don't trust myself with gold anything."

Today's recruits are finding fewer benefits on the average gold card compared to five to eight years ago, wrote Morrow.

"With more of these cards being issued, lenders have had little choice but to slice some of the perks," Morrow quoted Rob

ert McKinley, president of RAM Research, a credit card tracking service in Frederick, Md.

While the cutbacks are annoying, are they enough to stop the demand for gold cards? Probably not, Morrow wrote. Gold cards will still give consumers what they want: easy money.

GUITARS

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331-9040
October 31, 1996

**Ghosts: things that go bump in the night**

Continued from page 1

**Weekend: keeping Mom and Dad busy at SHU**

Continued from page 1

For parents to get a better feel for the Sacred Heart Community itself," she added.

Parents' Weekend is being sponsored by the Classes of '97 and '98. "We get as many volunteers to set up and decorate for Parents' Weekend," said senior psychology and elementary education major Deirdre Ellen. More volunteers are needed, so anyone interested is asked to sign up in Student Activities.

President Dr. Anthony J. Cerna will be hosting a continental breakfast for parents on Saturday at 9:30 a.m. as he talks about life at Sacred Heart University. The breakfast will be followed by sample classes. Parents will be given a taste of some of the classes their sons or daughters attend.

Afterwards, parents are encouraged to cheer for the Pioneer football team as they take on Stonehill College at Campus Field at 1:00 p.m. Following the game, they are invited to Bingo Mania, complete with prizes, and to participate in a basketball tourney.

"This year we opted not to give a parent dinner dance," said Sunphil. "Parents are instead encouraged to use the Restaurant Guide that will be given with the registration packet," she explained.

Claudia Soldiviero, a junior English and education major from Lincroft, N.J., was impressed with the past two Parents' Weekends. "My parents had a blast. It was so well organized with lots of events for my parents," said Soldiviero.

"This is the third year my parents are coming for Parents' Weekend and they are very excited about it. It is a great opportunity to spend quality time with them," she added.

Saturday night will come to a close with a "Give My Regards to Broadway" Parent Gala in the Dining Hall. The band "Success" will be playing for the second time at Parents' Weekend. There will be desserts, flavored coffees and an open bar for parents to enjoy.

"This band played a variety of songs from the 60's to the 90's last year at Parents' Weekend and the music was enjoyed very much," explained Sunphil. "Since Parents' Weekend is for the parents, the band will be playing music geared more toward what the parents would enjoy," she added.

The weekend will come to a close on Sunday. A mass will be held in the theater at 10:00 a.m., celebrated red on the entire university community by Rev. Thomas Michael McClernon, campus minister. A Parent/Family Brunch in the Dining Hall follows at 11:00 a.m.

"This coming weekend is sure to be an enjoyable one and I hope everyone comes to the events," encouraged Sunphil.

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**Attention**

Classes of '97 & '98

Now is your chance to apply for...

Who's Who in American Colleges & Universities

Applications Available in the Student Life Office

Qualifications:

- minimum 2.75 GPA
- must be Junior/Senior status
- campus & community involvement
- graduate students = 18 credits, 3.5 GPA

Deadline: Friday, Nov. 8

Application, Resume and Letter of Recommendation required
College Press Service's Election Survey asked each presidential candidate's campaign to respond to questions on topics impacting college students.

Republican Presidential Candidate Bob Dole:

Q. What is the Dole/Kemp plan for providing financial aid to students?

I know how important the federal government can be in ensuring access to higher education, and I want to see the government protect and expand opportunities for all Americans to pursue one. I support increased funding for student loans. In 1995, the Republican Balanced Budget Act would have increased total funding for student loans from $25 to $36 billion—an increase of 44 percent. The number of loans available would have risen from 6.6 million in 1995 to 7.1 million in 1996. Bill Clinton vetoed that Republican bill. As President, I will urge our Republican Congress to pass this legislation again. And I will sign it.

Q. How big a role should the federal government play in education and providing aid?

In my opinion, federal efforts to improve education have been a waste of time and money. Studies underscore how government-run loan programs hurt, not help, students.

Q. What do you tell college students about your economic plan to prepare you for your career?

Students have specific concerns about their lives today, but the ones I have spoken with are pretty forward-looking. I think the greatest concern for today's college students is the future. Will the country be prosperous and growing so I can get a good job? Considering the wave of crime destroying America's cities, will I be safe? Is the environment safe for future generations?

These are the real issues for this election. I don't want to be President because I am not looking my mirror. I want to be President because these are questions that I've spent my career trying to make sure people can answer them with a resounding "Yes."

I spent 35 years in the Congress grappling with these important questions. I am not the President simply because it is impossible for many people to look around them and say, "Yes, the future looks better than the past."

The six key points of the Dole/Kemp plan for economic growth are:

- Pass a balanced budget amendment to the U.S. Constitution;
- Balance the budget by the year 2002;
- Cut taxes 15 percent across the board and replace the current tax code;
- End the IRS as we know it;
- Reform education and job training; and
- Cut government regulation and reform our civil courts.

This is why the fundamental root of my economic plan is a Balanced Budget Amendment to the Constitution. I have been a career-long deficit hawk, and nothing is going to make that change.

Democratic Presidential Candidate Bill Clinton's Campaign for re-election:

Q. What is the Clinton/Gore plan for providing financial aid to students?

Investing in education means investing in our children's—and our nation's—future. As we enter a new century, we must give all of young people greater opportunity to go to college—higher education is the path to high-wage jobs and a brighter future in our new global economy.

Q. How did your own college experience prepare you for your career?

President Clinton's studies at Georgetown University worked to heighten his awareness and his knowledge of public and world affairs and the great strength of classical literature and history.

Q. What is the Clinton/Gore plan for higher education?

Under President Clinton, America is maintaining leadership in the fight for freedom and peace. His decisive leadership has helped to replace ethnic cleansing, terror and war with peace in Bosnia. The Middle East.

President Clinton has stood up for those who take risks for peace in the Middle East. Under President Clinton, America is maintaining leadership in the fight for freedom and peace. His decisive leadership has helped to replace ethnic cleansing, terror and war with peace in Bosnia. The Middle East.

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Most important, we must renew education at all levels to keep building the highly skilled workforce of the 21st century. We should make sure every child can read independently by the third grade, connect every classroom to the Internet, and give tax cuts to make the first two years of college as universal as high school, and dedications for all college and training.

The President is working to give all Americans the opportunity to build better lives. He is making our communities safer by adding police to our streets and by signing the Brady Bill and Assault Weapons Ban to take guns out of the hands of violent criminals.

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EDITORIALS

Take advantage of opportunity

Sacred Heart is an institution which provides for its students. As much as the University is in constant motion, with its change and growth, we must recognize the few offices of Sacred Heart which remain dedicated to the true heart of this institution—its students.

The Wellness Center and Career Development Office are two of the many sectors of Sacred Heart which strive to meet student needs and sometimes go beyond our expectations.

Do not write the Wellness Center off as just a muscle pull. My nal pain, which her doctor diagnosed as just a muscle pull. My father, but he just said they didn't know anything.

As November 9th approaches, the constant reminder of the importance of voting remains visible and loud.

Candidate Bob Dole supports increased funding for student loans. He also wants to make it easier for low- and middle-income families to pay for college by allowing them to deduct the interest paid on student loans for five years. Dole believes the Department of Education and the AmeriCorps program should be eliminated.

President Bill Clinton responds by saying these programs should continue. He argues that developments in student aid, such as the Hope Scholarship Program and Direct Student Loan Program, have saved $1.9 billion for 10 million students.

We feel that Clinton's approach to education provides accessible methods to earn a college degree.

Your academic future is in your hands, and the hands of the next president. Vote.

Our education is in our hands.

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Your academic future is in your hands, and the hands of the next president. Vote.

Taking for granted life's gifts

The Power of God's grace comes to us in time of need.

About two weeks ago, there was an emergency in my family that made me aware of just how often we take for granted those we love and just how close God becomes when we call on him in times of need.

My sisters, parents, nieces and nephews are a part of my life, but it was a tap on my cell phone, just a few minutes ago, that brought me to my knees. My grandmother was in the hospital, and I began to cry. I was afraid. I was afraid for my grandmother. I was afraid for my family. I was afraid for my future. I was afraid for my life.

But as I sat there in the hospital, I thought of all the things that my mother has done for me over the years and how I'd be empty without her. I thought of when she baked me a bear cake for my birthday, or when she would give me a baby shower for her second child who is due in November.

The week before, my mother had been complaining of intestinal pain, which her doctor dismissed as just a muscle pull. My mother, who is a registered nurse, was surprised that it was nothing more.

The American people are not outraged by Whitewater, Travelgate, Filegate, or any other possible scandal that Republicans are trying to bring out. They're outraged by the fact that Dole is trying to use them to distract attention away from the issues that voters care about.

Dole claims he is trailing because of a lack of outrage in America. The truth is that outrage in America is exactly the reason he is trailing.

The legendary politician has been hitting voters with the word "LIE" for years. But now, he's gone one step further. He's calling voters "Losers".

"I'm not going to take it any longer. I'm going to take it away from you," Dole told a crowd in Texas. "When are the American people going to tell the liberal media that they're going to make up their own minds, asks Dole.

The American people have made up their own minds. They've decided that they don't want negativity. Dole shouldn't blame the media for his standing in the polls. They didn't make him run a negative campaign devoid of ideas.

What former Senator Dole doesn't seem to understand is that there is outrage in America. He's just choosing to ignore it.

Every time an interview shows him trailing by fifteen points, that's America's outrage.

The American people are not outraged by Whitewater, Travelgate, Filegate, or any other possible scandal that Republicans are trying to bring out. They're outraged by the fact that Dole is trying to use them to distract attention away from the issues that voters care about.

Dole claims he is trailing because of a lack of outrage in America. The truth is that outrage in America is exactly the reason he is trailing.

Editorial page is an open forum. All submissions are subject to editing for spelling, punctuation, grammar and clarity. The Spectrum does not assume copyright for any published material. All submissions are reviewed by the Editorial Board.

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Boy oh boy, this was going to be a great column.

The Yankees were hosting the Texas Rangers in Game B of the Division Series. The ticket cost me $70, and the ticket broker (named so because after you buy a ticket from him, you are “brokered”) said the seats were in the upper deck behind home plate. I suppose the seats were technically, in the upper deck behind home plate. Then again, so was the blimp. My 14-year-old brother said, “Gee, I’ve never really seen the ozone layer before.”

Being optimistic, I’ll say this: Out of 3,700,000 people that attend a sold-out Yankee game, only a special select few get to sit in the upper deck behind home plate. Then again, so because after you buy a ticket from him, you are “brokered.”

Ticket cost me $70, and the ticket broker (named 57,000 people that attend a sold-out Yankee game, only a special select few get to sit in the upper deck behind home plate. Then again, so because after you buy a ticket from him, you are “brokered.”

Then Cecil homered. And Bernie singled. And Cecil singled. And Derek singled. And Tim walked. And Charlie bunted. And Yankees won.

I had 57,000 new friends. Strangers were slapping hands, laying arms around one another’s shoulders, dancing and kicking legs and singing “New York, New York.” The City, once again, was a nice place to be. I thought: Wow, if it’s this great now, imagine what it’ll be like during the World Series. And I thought: What a great column that could make, writing about strangers being friends, about sport uniting people, about the woman a few rows in front of us whose boyfriend paid so she could be at Yankee Stadium during a playoff game and how she sat and watched the game on a pocket television set. Yeah, that column could’ve been good.

But alas, there was this ticket problem. For the first round of the playoffs, we bought from a broker in West Haven, Conn., $70 per seat. For the second round, he called and offered $80 per seat (elsewhere, low price was $65). Because, he explained, “You bought from us last round.” So, we figured, here’s someone who practices good customer service, someone who appreciates the benefits of building a loyal base for business; he’ll offer us a great deal for the World Series, too.

As the Director of Public Safety, it is my obligation and responsibility to not only provide for the safety and security of all persons on our campus to the best of the Department’s ability, but to educate members of our community of the potential for crime, to seek their assistance in reducing the vulnerability of crime on campus and to report to the community that information, at a very minimum, which is required by law.

The annual brochure recently published and distributed to all students, faculty and staff does that.

I informed Ms. Anderson that it is common practice for colleges and universities to deal administratively with minor alcohol or marijuana possession violations rather than involve the legal system. For these and other minor crimes, the sanctions available to the University can often be greater, and more appropriate, than a sanction provided by a local court. I also mentioned the statistics presented for alcohol, drug and weapon violations are only those that resulted in arrests, as required by law.

Below these statistics in the pamphlet it states, “University officials may use discretion in matters relating to liquor law violations, and often refer such cases to the campus disciplinary system. Such cases would not be regarded as arrests.”

Also stated in this pamphlet is that “some victims may not report incidents of crime to either the Department of Public Safety or the local police department, but may confide in various confidential sources.” If we aren’t made aware of on campus crimes, we can’t include them in our annual report.

Regarding the comments of Boston University President John Silber, as cited in Ms. Anderson’s article, as a Boston University alum, I am familiar with his comments and opinions on a variety of issues. While I can’t speak for other institutions, I do know that Sacred Heart does not “circumvent the role of the court system, carrying criminal acts in their own judicial system to avoid publicity.” We and other colleges and universities deal with minor infractions via our in-house disciplinary system, as noted above, not to avoid publicity, but to appropriately utilize our available educational, counseling and disciplinary resources.

Public Safety can only report those incidents we are made aware of. Because I am making a concerted effort to request from all members of our community that all on campus crimes be immediately reported to Public Safety (which may not presently be the case), I expect some of next year’s crime statistics will inevitably be higher. If this occurs, these higher figures, however, will be due to increased awareness and reporting, not necessarily a higher crime rate.

William Varon, Editor
Tonight, ghouls, monsters, skeletons and witches across the country will travel through neighborhoods to model their costumes and stock up on candy. Not to mention that the famous "It's the Great Pumpkin, Charlie Brown" cartoon airs on TV as part of tradition.

From Halloween parties and haunted houses to pumpkin picking and apple cider, there are many things that have come to symbolize Halloween. But do you wonder how it originated or where some of its bizarre superstitions began?

Recently stumbled across a 1935 book entitled "Halloween" by Robert Haven Schauffler. After dusting off the pages, I discovered some interesting things about Halloween.

In this case, it is important to know what other people look for in a significant other (that's important).

**Dating Do's**

- Do listen attentively and repeat things your date says.
- Do compliment your date.
- Do smile.
- Do fool around and ask someone, it is important to know what other people look for in a significant other.

- Most importantly, remember how to patch the occasional gaps that occur in conversations, but do not go out and talk to the person, there are other ways to find out if they would make a good date.

**Dr. Judy Kuriansky's "Dating Do's"**

- Do feel confident.
- Do look your best.
- Do smile.
- Do address your date by name frequently.
- Do compliment your date.
- Do listen attentively and repeat things your date says.
- Do be honest if you want to see him/her again or not.
Study finds Americans mostly getting flabbier

By College Press Service

ATLANTA—Feeling flabby?

You're not alone.

A new study shows that Americans are getting fatter—so much so that overweight people now outnumber the slimmer, trimmer ones in the United States for the first time ever.

Reasons for the flab phenomenon are not clear although small reductions in physical activity might be to blame, according to Katherine Flegal of the National Center for Health Statistics, who presented the findings at the North American Association for the Study of Obesity meeting.

Some of life's little conveniences—such as the television remote-control—keep Americans firmly planted on the couch and a rising crime rate keeps people indoors, she said.

For the first time ever, a new study shows that overweight people now outnumber slimmer Americans.

Roughly 60 percent of men and 50 percent of women have above-normal body weights, according to the National Health and Nutrition Examination Survey, conducted on 30,000 people between 1991 and 1994.

Ten years ago, only 51 percent of men and 41 percent of women were that heavy.

Interestingly, though more Americans are tipping the scales, the survey found that cholesterol levels are falling and blood pressure is holding steady or dropping slightly.

Experts advise, however, that staying thin can help people avoid certain weight-related ills.

Health problems such as diabetes began to emerge as once slim Americans.

How 'bout that candy?

By William Volk

Contributing Writer

With Election Day just days away, many candidates are pushing their campaign dollars to run negative ads that plague the airwaves and newspapers.

But Democratic Bridgeport City Councilman Bill Finch knows this is the time to send the message of hope to the residents of Connecticut's Fourth Congressional District.

"We believe that we can disagree without resorting to name calling, but with civil political discourse," said Finch. Finch looks at these ads as a detour to draw away from the issues facing Bridgeport and its neighboring communities.

Born and raised in Trumbull, Finch is very familiar with the community and how the people are hard workers who believe in supporting their neighborhood, along with their children. They know such support can lead to a prosperous future.

Finch's B.S. in Agricultural Economics from the University of Connecticut was the building block for his political career that started with earning a seat on the Bridgeport City Council for three terms.

Finch chaired the Connecticut Public Interest Group at UCONN, where he cleaned up the asbestos problem and lobbied for student employment. His work with Mayor Ganion of Bridgeport has helped the economy and reduced the crime in that city.

Today Finch continues to make the public schools and city offices free of toxins from hazardous fumes. His efforts also provide job opportunities to students and full-time workers, which has given him a positive reputation within the district.

By doing more for the community, Finch is set for the U.S. House of Representatives in this upcoming election against Christopher Shays.

"Mr. Shays has changed. That is why I am running for Congress in our district," said Finch. "A leader of independent thinking can make difficult decisions in times of need, and not break his oath to the constituents of his district, or bend out on self interest."

According to Finch, Mr. Shays has voted for a $10 billion cut on student loans and other educational programs to finance corporate America.

This was under Newt Gingrich's Contract With America in January of 1995. Shays voted to drill oil from a wildlife camp in Alaska, ignoring all federal laws preserving the Clean Water Act and other environmental laws.

As a family man with two sons, Finch wants to keep the environment in good shape. He continues to support benefits for education and raises money to combat substance abuse at the Guenster Rehabilitation Center in Bridgeport.

His work on the Board of the Connecticut Zoological Society, the South End Community Center of Bridgeport and Institute for the Advancement and Integration for Persons with Disabilities shows that he is worth his weight in gold.

What makes Finch so unique is that he believes in downsizing government and being tough on crime.

His reason for being a Democrat is based on how the party was, and still is—behind the working class.

The people of Connecticut's Fourth Congressional District realize that Finch is entirely different from the presidential candidates.

He feels that if he is elected it will be a victory for the people.
Iling degrees of nicotine. Arouses; Studies show that the lust how harmful tobacco is in users of snuff have induced thou- matter, tobacco use has become 10 - SHU Spectrum sompanies themselves for delib- takers? Mmy blame the tobacetf here an increase in use by teen- itood to be so harmful, why is my form. So if tobacco is uUder- rately advertising to young These studies also show that can," said Mary Kay Ash, of themselves need to learn how and most important critics—our people. People who grew up in a good family background. to Breathnach, depends on a to Breathnach asked. "If they unconditionally loved, accepted and approved of use, then we probably do too," she added. "People who are unsure of themselves need to learn how to handle nicotine." "If you think you can, you can," said Mary Kay Ash. "I'm not a tobacco entrepreneur." How can a person gain self- confidence? "Finding one thing that you are good at. That would be a great start," said Director of Counseling Services Sr. Anne Nadeau."What will people do when they are unsure of themselves? "It would depend on the passage of time because it might cause the anxious mind," said Yuki Kuhwara, a graduate student from Saitama, Japan. "When I might keep having the bad condition, I would do something I like or I can concentrate on how to divert myself," Kuhwara added. Nadeau believes that self- confidence is an attitude that we need to make appropriate deci- sions. "One feels good about her- self and feels capable of doing things," said Nadeau. Kuhwara added, "When I succeed at something or I achieve something very diffi- cult, I have self-confidence." Then I can be positive in many respects. Having self-confi- dence encourages me to do something new and makes me feel relieved. Nadeau said that too much self-confidence is also a prob- lem. "If someone feels better than others, the person begins to look down on people." Breathnach summed it all up: "It (self-confidence) is an aromatic blending of ingravitat- ing essences—attitude, experi- ence, knowledge, wisdom, optimis- m, and faith." The seven pillars of confidence
(accompany Walter Anderson, an inspired teacher of self-esteem, as stated in a Self article by Lauren Picker)

1. Accept responsibility for your own happiness and recognize that you are a product of the choices you make.
2. Make anxiety your ally. It arms you with the very weapons you need to defeat it: energy, heightened awareness and sharpened senses.
3. Compete to improve yourself. Competition can give confidence a lift if the goal isn’t to beat someone else. Otherwise your self-esteem will be as fragile as an eggshell.
4. Recognize that mistakes are opportunities. A humiliating gaffe can be a learning experience and a confidence enhancer. Take responsibility, gain insight, and keep this perspective.
5. Be brave. "You gain strength, courage and confidence by every experience in which you really stop to look fear in the face. You must do the thing you cannot do," said Eleanor Roosevelt.
6. Be ambitious. Do not let barriers or setbacks limit your ambitions. Pursue your dreams.
7. Take risks but realize its price: losses. Even if the risk doesn’t turn out the way you hoped it would, you will gain from it.

Improve your confidence

By Tomoko Suzuki
Contributing Writer

While many people are un- sure of themselves, mental health experts emphasize that everyone can boost self-confidence to make life more comfortable.

"Self-confidence and having an optimistic attitude are available to all of us," said author Sarah Breathnach in her book, "Simple Abundance." Do we love, accept, and approve of ourselves uncondi- tionally? We believe that we are worthy of the love of others and the best that life has to offer? Breathnach asked.

Self-confidence, according to Breathnach, depends on a person’s family background. People who grew up in a good family environment like who they are and what they do.

"The quality of our self-es- tine is very deeply connected to the relationship with our first and most important critics—our parents," said Breathnach.

"If they unconditionally loved, accepted and approved of us, then we probably do too," she added. "People who are unsure of themselves need to learn how to handle nicotine."

"If you think you can, you can," said Mary Kay Ash. "I'm not a tobacco entrepreneur."

How can a person gain self- confidence? "Finding one thing that you are good at. That would be a great start," said Director of Counseling Services Sr. Anne Nadeau.

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Nadeau said that too much self-confidence is also a problem.

"If someone feels better than others, the person begins to look down on people."

Breathnach summed it all up: "It (self-confidence) is an aromatic blending of ingravitating essences—attitude, experience, knowledge, wisdom, optimism, and faith."

Smoke this!

By Christopher Ginolfi
Contributing Writer

At Sacred Heart University, and most other colleges for that matter, tobacco use has become more popular than ever. Cigare- rettes, snuff, and chew are used at an alarming rate by young people across the country.

Recent studies have shown just how harmful tobacco is in any form. If a person is under- stood to be so harmful, why is there an increase in use by teen- agers? Many blame the tobacco companies themselves for delib- erately advertising to young people.

Scientists believe that mak- ers of snuff have induced thou- sands of children to use their tobacco since 1970, according to Philip J. Hills in the New York Times. Studies show that the manipulation of acidity in snuff was the main method of controll- ing levels of nicotine.

These studies also show that one pinch of snuff tobacco is equal to about two and a half cigarettes in nicotine.

Studies published in "To- bacco Control," a medical jour- nal of the British Medical Asso- ciation, claimed that the amount of nicotine in snuff had been de- liberately graduated in milder and sweeter flavors such as cherry and wintergreen to hook younger users who would eventually move to flavors with more nicotine.

Cigarettes are the number one tobacco product used by Americans today. An estimated three thousand teens start smoking every day.

President Clinton is against under age smoking, and the Insti- tute on Medicine and the FDA, have come up with several solu- tions to counteract smoking by young people.

The FDA suggests an in- crease of the federal tax on ciga- rettes to two dollars a pack. Along with this, it wants to force the elimination of cigarette vending machines and eliminate adver- tisements and promotions target- ing young people.

Smoke this!

By Dawson Anderson
Contributing Writer

Recently, Nutmeggers from around the state have been flock- ing to a small, rural town of only 16,800 to obtain a glimpse of Mohegan history and a new world of gambling opportunity.

Sunday, Oct. 12 marked the grand opening of the Mohegan Sun Casino and Resort in Montville.

Ten miles away from the Foxwoods Casino, owned by the Pequot Indians, the 630,000 square foot facility offers Con- necticut 8,000 new jobs.

Unlike the conservative Foxwoods Casino, the $280 mil- lion Sun Casino is sleek, concep- tual and modern. According to the New York Times, the facility will contain 180 gambling tables, including blackjack and poker, 3,000 slot machines, an entertain- ment center, shops, six restau- rants and a 20,000 square foot supervised play area for children.

The contemporary design of the casino reveals a natural theme. Four doors representing the four seasons and an array of earth beams and rock outcroppings give gamblers a naturalistic feel as they approach the complex.

Those stepping inside will be dazzled by the 45 foot high skylit ceilings, pools, earth col- ors and fabrics, flaming urns and fireplaces—all thematic of the Mohegans or Wolf People.

Because of the new facility's proximity to Foxwoods, Con- necticut residents believe there will be an air of competition be- tween the two casinos.

"There will be competition between the two casinos," said Len Wolman, a partner with the Sun International Hotels Ltd. "But there is synergism for casinos just as there is for retail shops."

Recently, Connecticut has become famous for its casino prof- its.

"Last year, ledyard took in more money in their slot machine than all the United States com- bined," said Glenn Beck, a radio disc jockey from KC101.

According to Brigitte Greenberg of the Naugatuck Daily News, the Mohegan Sun is expected to bring in $57 million this year alone.

The Mohegan Sun held a charity night recently for the Con- necticut chapter of the Cystic Fi- bronosis Foundation as a prelude to the casino's grand-opening. Over 30,000 guests attended the pre- view including Governor John G. Rowland.

"We've had a lot of tough economic times, loss of defense jobs, both at Electric Boat and United Technologies, and insur- ance jobs throughout the Hart- ford area, so this is a chance to kind of get back on track," Rowland said as quoted in the Naugatuck Daily News.

Students agree that the open- ing of the Mohegan Sun will be profitable for Connecticut. "It's hard enough to find a job in Con- necticut," said senior Scott Carroll from Naugatuck, Conn. "The Sun will offer people work and it will give people something else to do on a Saturday night."
More letters to the editor...

NEW THOUGHTS NEED TO BE ENCOURAGED

To the editor:
The system that our college is currently operating on does little to encourage students or teachers.
I recently got an A on an exam, and the only thing it meant to me was that I didn’t have to worry as much about the next exam. Students attend class and scoff at teachers as they yawn or high light and begin highlighting the book.
They begin to wonder how long did this professor spend on this lesson plan... 5 seconds... of course the professor just smirks and thinks about as long as he wants to spend the time. College students are lectured about theories that brilliant people have made years ago. These are learned in much the same fashion that the teachers have learned them, out of a book.

Any questions can be answered by referencing another book. All this seems absurd. Lecture-based teaching has been proven to not be as effective as other forms of learning. We all seem to agree upon the fact that it would be better to come to a better understanding between deciding rather than just learn about decisions.

Most of us want to come to a better understanding between teachers and students such as open forum classrooms, but for an unknown reason this is not being done.
Why?
Well it could be due to custom. It could be done due to economics. It could be due to a lot of things.
Regardless of what the cause is, it is still up to all of us to change it and not diffuse the blame. Seamly only if we can change the educational system to teach things like compassion, honesty, equity and morally pragmatic principles, then questions of how to fight crime and how to save the environment will handle themselves. Unlike us, the next generation will be taught how to care, not just how to conform.
I have the utmost respect for true educators. They have the hardest and most important job around. I have the utmost respect for our generation, but it is only upon self-reflection, upon our basic principles and the changing of these principles that we can grow.

Let’s just point to old thoughts. Let us work together to build new ones.

Aaron Landry

THE POWER IS IN YOUR HANDS

Dear Editor,
Politics is a very sensitive issue in the United States. Too much emphasis is being placed on slamming the presidential candidates.

More emphasis should be placed on seeing who is best qualified for the job, and who can best perform the tasks of the presidency.

People shouldn’t feel indifferent about the 1996 Presidential election because they have the right to vote, and should exercise this right. Why keep complaining about the problems of this country when one has the power to elect someone to change it? This is the first time I have actually paying attention to the debates, and showing an interest in politics because this will be my first time voting. As a member of the Class of 2000, it is important to elect someone that will lead the country successfully into the next century.

When I get out of college in four years, I am hoping the economy will be strong enough so I can have a good paying job in my intended field of study. Whomever is president should pave the path into the next century to provide these conditions for me and others like myself. Many people turn off the television to avoid the annoying comments made by political correspondents or they just don’t want to listen to them. Those are the people that complain on the couch when they could be doing something in the process.

There are always going to be people who are discontented with the outcome in the end, but this is why people have to get focused and pay attention to the issues. People have the power to vote for what they think is best, and if they have the attitude of passive indifference, an unqualified person may end up running the country. Mainly, people need to realize the power they have in their hands, and not to brush it off like it is something unimportant.

Kathy Yurko

SPECIAL THANKS

We would just like to give a beyond massive THANKS to all those who turned out at last Wednesday’s Open Mike/ PUB Night sponsored by the Class of 1997. You guys are seriously THE BEST. Thanks for listening.

Christopher Twarowski & Matthew Boeckler

NEW VOTER SPEAKS OUT

Dear Editor,
I recently read “The Voters Look Away” an essay by Meg Greenfield (Newweek, Oct. 21) in which she talked about this year’s presidential election. Being a newly registered voter, I was interested by what she had to say.

She wrote, “The preliminary results seem to be a consensus that Americans are not really interested in the presidential election that they are not paying much attention to it.”
People are not interested in the election, nor any part of government for that matter. I don’t blame them either.

From what I do hear, which isn’t much, people, especially my age, do not want to vote. They feel that it is choosing the lesser of two evils. I think that they might be feeling this way because of the way the candidates campaign. Instead of pumping themselves up, they try to smear the other in the dirt.

I don’t know how the older generation looks at this fact, but my generation, the new voters of this country, don’t want to see that. We are more concerned about truth, readiness and hope for the future.

I guess all of these “facts” about Clinton’s and Dole’s pasts relate to their credibility, but why should they throw insults back and forth in a debate on national television in which airs on ten or twelve different channels? They look like children deciding who’s going to be the cowboy and who’s going to be the indyan.

I think as long as the campaigns keep going as mud slinging events, the interest and the number of people who vote will keep declining. We want someone who will lead this country fairly, not someone who knows all the dirt about the other guy and is going to make sure the American public knows it too.

Carmen L. Grace

'STAAK ON SPORTS' MISSED THE WHOLE ISSUE

To the editor:
I am responding to the column written by Bob Staak in the Oct. 24 edition of the Spectrum.
Staak stated that athletes should receive more money in financial aid over academics because they are the money makers of the college. I feel that his point was ignorant in that he failed to consider all sides of the issue.
Yes, sports do bring in money but they are not the sole financiers of the University. My purpose is not to start a debate over which is more "important," but to demonstrate that other aspects of this school are just as significant to this University as athletics and should be rewarded just the same.
Staak said that "athletes deserve aid over the student whom merely goes to class, does a few extracurricular activities, parties and then returns to the residence halls." A vast majority of non-athletic students are involved in countless number of clubs and organizations such as Student Government, Class Council or Greek Life. The responsibility of being a member or an officer of an organization such as Student Government requires countless hours of hard, unrecognized and greatly unappreciated work.
They do not receive any rewards, monetary or otherwise. While I realize that athletes have the stress of both school work and sports, it is unfair to downplay the responsibilities of non-athletes. Clubs and organizations also attract students to Sacred Heart, which is what brings money to the University.
According to Bob’s article, “students are supposed to get good grades. Why reward someone for doing his or her job?” Well, Bob, athletes are supposed to play sports—that is their job and one of their main reasons for coming here. The article also brings up the point that students try to earn 4.0 GPAs in order to demand a higher salary in the workplace. Therefore, giving these students more financial aid is "counterproductive." The same can be said of athletes.
The athletes also have an opportunity to be successful in professional sports, and is it their duty to perform on the field now. Therefore, giving them more financial aid can be considered counterproductive as it goes both ways.

Another point Bob raised was that he feels the athletes on campus are not here for the social life.
How then would one explain the fact that athletes here are told to show recruits a "good time"? The recruits are taken to parties on the weekends to show them what the social life is like. They are not told to take them to a class and show them what the academics are like. The parties they go to are football, baseball, rugby or lacrosse parties, which show the part that athletics play in the social life of the University.
I, as well as many others, can probably name at least 50 athletes seen at parties almost every weekend. So, I really don’t believe there is "not a chance" that athletes are not here for the social life.

It is true that the University is striving to increase enrollment and in doing so, has turned to sports for help to an extent. It has also created academic programs that are up-and-coming and will increase student involvement. These include occupational therapy, physical therapy and sports medicine/athletic training.
Personally, I know many 300 people who are both academically strong and play sports and can attest to the fact that both are difficult to excel in. Both also bring money into the school and attract incoming students each year. So, let’s reward all students who work hard in their niche, be it academics or athletics, and earn the financial aid they deserve.

Kate Mackey
Classic love story becomes modern

Shakespeare's 'Romeo and Juliet' returns with a twist

By Danielle Nolan
A&E Editor

"William Shakespeare's Romeo and Juliet" is celebrating its 400th anniversary this year with a new and fresh interpretation of William Shakespeare's beloved play.

This year's version, directed by Australian Baz Luhrmann and due out tomorrow, is set in modern times. Instead of swords there are guns, instead of horses there are cars and instead of Verona, there is fictitious Verona Beach, a setting close to the photo.

Twenty-one-year-old Leonardo DiCaprio and 17-year-old Claire Danes play the two tragic lovers. DiCaprio and Danes are the movie. They were made for the roles of Romeo and Juliet because their chemistry is intense and invigorating.

The eye contact, the way they move with each other and the way they touch each other is romantic and intriguing. They fill their parts with passion and grace as they push their characters to the limit of emotions.

Despite the modernization of "William Shakespeare's Romeo and Juliet," the Shakespearean language is near perfection. The famous phrases and Shakespearean words are exact. 

"[DiCaprio and Danes] speak the verse so naturally that the meaning registers," said Peter Travers in Rolling Stone.

Since the language is the same, and it is not as obvious as other films, "William Shakespeare's Romeo and Juliet"

Danes described her admirable character, Juliet. "Juliet is a remarkable part because she is so determined and mature, but at the same time, she has an innocence to her, a youth and a freshness... She makes her own decisions and takes fate into her own hands which, for a woman, was unheard of in Shakespeare's time," she said in the press release.

At a press conference at Planet Hollywood in New York City last Thursday, Danes said it was extremely difficult for her to face her fears while she was filming. "William Shakespeare's Romeo and Juliet." The climactic scenes, especially the scene where Romeo dies and Juliet kills herself, were almost too hard to do because she felt too close to the character and she felt as if her very own lover had died.

DiCaprio and Danes are poised and talented beyond their years. The two bring an innocence and a vigor to Shakespeare's work, yet they are also mature and serious. Danes is the epitome of a strong-willed, loving, young woman while DiCaprio is wonderful as the boy who would kill for his only true love.

Yes, the film is based on the story of the two young lovers, but the rivalry between the two families, the Montagues and the Capulets, is strong and it takes a front burner in the film.

"The story is hard-core because there's all this boy gang stuff, and the violence of the warring families is largely what the movie is about," said Danes. The film begins with an ultra-violent scene between the families at a gas station.

"It's a good thing that Shakespeare gets his name in the title, or you might mistake the opening scenes for Quentin Tarantino's Romeo and Juliet. No dialogue, just gunsshots, as two gang families—the Montagues and the Capulets (each has its own name in lights on the roof of a high-rise)—go to war," said Travers.

At the press conference, Danes explained that the focus of the film was to be modern and clear, yet not trendy. The actors and producers wanted their work to be profound and depth but, they did not want to bore us.

In order to spice things up a bit, this steamy and violent account of "William Shakespeare's Romeo and Juliet" was filmed in Mexico City. In the press release, Craig Pearce, Luhrmann's writing partner, said Mexico City was chosen because they wanted Verona Beach to be a hot, sexy, violent Catholic country, just as Verona was to Shakespeare and to Elizabethan audiences.

As Danes explained, Mexico was the best location choice because it had a certain magical and spiritual quality. She also said, in Mexico City especially, religion seemed to permeate every aspect of society, just as it does in Shakespeare's Verona.

When asked whether or not she thought Shakespeare would be proud of the latest depiction of his play, Danes said, "I don't think we butchered his work." She said she thought Shakespeare would have enjoyed the new version because he was "not conventional in any way.

Luhrmann said, "He was a rambunctious, sexy, violent, entertaining storyteller. We're trying to make this movie rambunctious, sexy, violent and entertaining the way Shakespeare might have if he was a filmmaker."

The film is certainly not what you would expect. It will surprise you. It is vividly romantic, but at the same time, it is vividly violent.

Your emotions will run from love to hate in the blink of an eye. Do not miss it.

If you do not see it, you will never understand.
Looking for a fun activity for Parents' Weekend? The SHU Players will perform their second annual cabaret show on Nov. 2 in the Theater at 7:30 p.m.

The cabaret is cast entirely of SHU students. This year's opening number is "Another Opening, Another Show" and it requires that the cast members sing as well as dance.

"We put more dancing in the cabaret because it is fun and a great way to open the show," said Jen Downey, a sophomore English major from Wilmington, Mass. and secretary of the SHU Players.

The opening number because it is an endless cycle of boredom, everything. This forces her to leave the island with Tempest truly insane.

Tempest's past. Nothing he can do with Tempest, who has given everything.

March 4, 1836. His effort to escape Tempest who has become obsessed with her. His only concern is to win her affection back and to bring her back to him. The chase ends, ironically, where it began, at the island. It ends with a terror which drives Tempest truly insane.

Louisa May Alcott was an intense believer in woman's rights. This belief is shown in this novel through her strong portrayal of the woman.

"A Long and Fatal Love Chase" was lost for almost a century before being found and published one hundred years later. It is now influencing a new generation of readers.

"The Angry energy of Poe's Hello is reminiscent of Alanis Morissette's Jagged Little Pill. Morissette's album explores many types of relationships, whereas Poe's center around the woman and her feelings within, about those relationships. Poe's songs describe romantic relationships as well as the sexual needs of a, or even the, woman. The songs on Hello are jam packed with images that describe the complex woman Poe is, her desires for the male, and how male behavior taunts her, "And I hate myself just enough to want him."

The title suggests that the real problem, however, may not be the male's personality but with Poe's obsession with the male's penis, or the sexual desire she feels is not fulfilled. Other songs discuss ambiguous feelings about women's sexual desires and needs. The song "Fingertips" tells about the need for human touch. This song adds to Poe's multi-faceted character because she sings about the physical need not the desire for a specific individual's touch. This is seen clearly in the repeated line, "Whoever, whoever you are."

There is a thread of the woman throughout the album. Not only does the listener hear about sexual desires Poe also explores the result of relationships on the woman in, "That Day."

The primary voice has failed and sees her failure as the fault of her mother. The voice and the music are both seen as angry because there is no sympathy for the mother's failure caused by her father, even in the last words of the song.

Later on in the album, Poe explores the consequences of a break in a relationship in the song, "Fly Away."

There is a strong sense of extreme pain in images such as, "That the sky should break, and the earth should shake."

The sound of the album is powerful and at times very dramatic, which fits the forceful lyrics and messages of the album. The best example of this in the released song, "Angry Johnny" in which Poe's snide tone is complemented by the background music.

Although the album is compared to Morissette's, it definitely is not a copycat sound. It has a flare of its own. Poe is not afraid of exploring her fears about femininity and sexuality.
Sports in brief

Men's soccer continues to struggle

The men's soccer team continued to struggle as the Pioneers dropped two games this past week to fall to 5-9-1 overall and 1-7 in New England Colle­giate Conference play.

Sacred Heart dropped a 2-1 decision to the University of Bridgeport Wednesday and was handed a 3-0 defeat by New Hampshire College, ranked fifth in the nation in Division II. Senior Steve Mooney (Bridgeport) continues to lead Sacred Heart in scoring, averaging a point per contest with 5 goals and 4 assists for 14 points on the season.

Lady Pioneers beat AIC, Bridgeport

The Sacred Heart women's soccer team posted a 2-1 week as the Lady Pioneers notched victories over AIC (2-1 OT) and Bridgeport (3-2). SHU's only loss of the week was a hard-fought 1-0 defeat to New Hampshire College, ranked 23rd in Division II.

Freshman Amy McCauley (Islip, N.Y.) had a strong week, scoring two goals including the game-winning goal in Sacred Heart's 2-1 overtime win. McCauley continues to lead SHU in scoring with 7 goals and one assist for 15 points. The young Sacred Heart team with seven freshmen starting, has played well of late, posting a 3-1-1 record in their last five games.

Ouellette named All-Tournament team

Junior outside hitter Tracy Ouellette (Swanson, Mass.) recorded 14 kills in Sacred Heart's opening round 15-13, 16-14, 15-10 win over Franklin Pierce as SHU reached the semifinals of the Bryant Halloween Volleyball Classic this past weekend in North Smithfield, R.I.

Ouellette's effort garnered her all-tournament honors as the Lady Pioneers went 1-2 at the matches, losing in the semi to host Bryant, 15-10, 15-3, 15-5. Sacred Heart's record is 10-18 for the season.

Athletes of the week

Scott Kohler

Kohler, a senior defensive end on the Pioneer football team from Quincy, Mass., registered 10 tackles in the squad's 24-6 loss to Bentley College last Saturday. With the 10 tackles, he surpassed Bill Johnston as Sacred Heart's all-time leading tackler with 228 (102 solo). He also holds the school record for tackles in a single game with 19. That record came against this Saturday's opponent, Stonehill.

Tracy Ouellette

Ouellette, a junior outside hitter on the women's volleyball squad, was named to the Bryant College Halloween Classic's all-tournament team. She had 14 kills in the Lady Pioneers' opening round triumph over Franklin Pierce as Sacred Heart won 15-13, 16-14, 15-10. The team was defeated in the semi-finals to Bryant 15-10, 15-3, 15-5 and now have a record of 10-18 this season.

Trainers win accolades

By Jim Heffernan Contributing Writer

Playing a sport takes dedication, physical training, many hard hours of practice and finally, game time. All the hours add up but not as much as it does for the athletic trainers.

Julie Glode, assistant athletic trainer, puts in 60 hours a week. She is the first one in the training room and the last one to leave.

"Trainers have to be there at all times, just in case something should happen," said Chris Jones, a junior student trainer from Ledyard, Conn.

Most students probably have seen Glode before, whether it be in the training room at work, in the cafeteria eating lunch, or in the weight room working out.

Once inside the training room, there is no mistake of who is in command. Glode instructs, supervises and watches the student athletes as well as the trainers. She passes vast amounts of knowledge into the student trainers everyday. It is in the training room where Glode goes above and beyond the call of duty. To be a trainer, it takes many years of hard work.

Glode earned a Bachelor of Arts in psychology from Eastern Connecticut State and a Masters of Science in education from Old Dominion University.

She then worked as a graduate assistant at Hampton University and later went to St. Bonaventure as the Assistant Athletic Trainer for women's basketball.

At Sacred Heart, Glode works with the football and hockey teams, as well as overseeing the women's ice hockey team. Her other duties include supervising the graduate assistants, teaching student trainers in the training room and advising the Student Athlete Mentor Program.

Last year Glode helped organize an eating disorder seminar which was mandatory for all SHU female athletes.

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"I love my job," Glode said. "I have a very supportive supervisor and 30 student trainers. Without them I could not do my job."

"Having a student Athletic Training Program makes my job enjoyable," added Glode. "Not only am I doing my job, I am teaching while I do it."

"Julie is a great resource to have in the training room," said Lisa Grassi, a junior student trainer from Wildwood Crest, N.J. "She has a great amount of experience to share with the student athletic trainers."

"Having a Student Training Program tests my knowledge," Glode said. "Because instead of just doing my job using the skills I have, I need to pass them on to the student trainers."

"Trainers are a great thing to have," said Matt Iaricci, a junior baseball and hockey player. "If you have an injury they are right there for you."

When the sports teams get all the credit for winning, keep in mind the people behind the scenes who make things happen. Junior football player Joe Corselli said, "Sports at Sacred Heart would not survive without our trainers."

Quote of the week

"The downside could never be lower than the upside was up. This is a dreamland for me."

Joe Torre, Yankee Manager

--Washington Post

Sports Schedule

Saturday, Nov. 2
Football vs. Stonehill, 1:30 p.m.
Women's volleyball at Franklin Pierce College, 2 p.m.

Sunday, Nov. 3
Women's volleyball at New Hampshire College, 1 p.m.

Saturday, Nov. 9
Football vs. Merrimack, 1:30 p.m.
Men's soccer at Southern Conn., 7 p.m.
Women's volleyball vs. Stonehill, TBA
Women's volleyball at A.I.C, 7 p.m.

Monday, Nov. 11
Women's volleyball vs. Stonehill, TBA

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Heart and desire help Yankees prevail

By Bob Staak

This past weekend, the world was witness to one of the truly great moments in all of sports. The Yankees won the World Series. This statement, in itself, doesn’t seem too monumental. But the real story lies in the human interest side of the series, both before and after it was won.

The real story of this series lies with Joe Torre. Torre, the first New York City native to manage his team to victory in the World Series, gave all baseball a reason to forget the strikes, labor negotiations and bad blood that affected the games.

In 1996, the Yankees became the first team to win three consecutive World Series since the Chicago Cubs did so in 1906-1907. The World Series was finally won by the Bronx Bombers. The series started on Oct. 26, 1996, in Chicago. The Yankees beat the Atlanta Braves 3-0.

The Yankees went on to win four straight games to claim the World Series in six games. The series ended with the Yankees winning Game 6 by a score of 6-1 on Oct. 31, 1996, in Chicago.

The most memorable moment of the series was the victory celebration. The Yankees celebrated the victory with a parade through the streets of New York City. The parade was watched by millions of people around the world.

The Yankees' success continued in 1997, as they won another World Series. The team went on to win four consecutive World Series from 1996 to 2000. This was the longest winning streak in MLB history.

In conclusion, the 1996 World Series was a memorable event in baseball history. The Yankees' success in the series was a testament to their skill and dedication. The victory celebration was a moment that will be remembered by fans for generations to come.
Cross country off to regional competition

Runners give solid performance at Conference Championships

By Stephanie Smith
Staff Writer

The women's cross country team earned the third place trophy at the Collegiate Track Conference Cross Country Championships at Allentown College in Center Valley, Penn. Fifteen teams competed in the women's race.

The men's cross country team finished ninth among 14 teams.

The women now stand at 67-20-1 and the men are 42-46.

Sophomore Carrie Demirgian led the way for the Lady Pioneers, finishing fourth among 100 runners with a time of 20:10 for the challenging 5000-meter course.

The next finisher was sophomore Theresa Flood, whose time of 20:56 earned a tenth place finish.

The scoring was completed by freshmen Tara Sullivan (21:36) and Michelle Wesołowski (21:45) in 19th and 22nd places, respectively, sophomore Lisa de Burgos (22:45) in 40th place and freshmen Heather Heath (23:40) and Liz Lento (24:12) with respective places of 58th and 64th.

In the men's race, freshman Mike Hernandez was the first Pioneer to cross the finish line. He finished in 35th place of 113 runners, completing the 8,000-meter course in 29:03.

Hernandez was followed by freshman Dan Gallardo in 42nd place with a time of 29:23 and junior Brian Young (29:46) in 54th place.

Freshman John Walsh (30:03) was the next Pioneer finisher, in 60th place. Sophomore Rick Janocko followed closely in 62nd place with a time of 30:07.

Sophomore Tom McCabe (30:26), finishing in 67th place, and freshman Ed Mahoney (30:32) in 70th place, rounded out the scoring for the men.

"We had a solid overall team effort and are certainly at a higher level than we were last year at this time," said Coach Christian Morrison.

The cross country teams have a week off before traveling to Slippery Rock, Penn. to compete in the NCAA Regional Championship.

"We look forward to great performances from all of our runners in the Regional Championships," said Morrison.

Gridders fall to 3-4 with loss to Falcons

By Brad Wilson
Sports Editor

The Pioneer football team fell below the .500 mark when it lost to Bentley College, 24-6 last Saturday at Waltham, Mass.

Sacred Heart (3-4) found itself trailing early as Bentley jumped to a 10-0 lead by the end of the first quarter. The Falcons received scores from Bryan Sneed, who hit a 20-yard field goal and Ed Mazzachelli, who ran for his first of two touchdowns.

The Pioneer offense was staggered. Sacred Heart accumulated a total of only 187 yards and just 57 yards in the second half.

"We put together some good drives in the first half, but we didn't execute in the second," said Reho.

Senior Brian Ihlefeld, the team's leading rusher, had 65 yards on 18 attempts and is now 55 yards from the school's career rushing record (2,183) held by Ron Stopkoski.

With the Pioneer offense unable to find its groove the defense was forced to spend nearly 36 minutes on the field. In addition to the 24 points, Sacred Heart gave up 371 total yards and 20 first downs. "Our defense spent a lot of time on the field and we were unable to stop Bentley's long offensive drives," said Reho.

Sophomore Scott Kohler had a solid performance for the Pioneer defensive unit as he registered 10 tackles to surpass Bill Johnston as Sacred Heart's all-time leading tackler with 228 (102 solo).

This Saturday (Nov. 2) the Pioneers will square off against Stonehill at Campus Field. The Chieftains beat the Pioneers last year in North Easton, Mass, 19-7 and lead the series between the two teams, 4-1.

"Stonehill is a good team, but we've been working real hard in practice and our guys are excited to play during the big weekend," said Reho.

Women beat Westfield but fall to Bloomsburg

By Lauren Wiggins
Staff Writer

The Sacred Heart field hockey team went 1-1 during the week's competition. It notched a 1-0 victory over Westfield on Oct. 24, but were upended by a powerful Bloomsburg team last Saturday by a score of 5-0.

In the first half of the Westfield game freshman Lauren Wiggins put the ball in the net. A few minutes later, she put another one in, but it was ruled a corner before it crossed the line.

The ball was put in a few more times after that, but each time the referees ruled the scores back.

The team played well, but only came away with the 1-0 victory in a contest in which its dominated at all facets of the game.

The Lady Pioneers (10-7) knew Bloomsburg would be their toughest opponent this season.

Bloomsburg's barrage of powerful drives and shot after shot proved too much for Sacred Heart.

"I knew we would have to play above and beyond our best game to keep up with them," said Coach Robin Schwartz.