Fire blazes at Milford beach house

By Cheryl Casey
News Editor

A fire broke out at one of the university beach houses in Milford early Sunday morning. At approximately 3:30 a.m., one of the residents went upstairs to go to sleep and walked into a cloud of smoke. According to a student source, one resident was sleeping on the first floor and the others were downstairs at the time the blaze broke out.

The Milford Fire Department was immediately called. "The residents of the house had attempted to put out the fire with water and a portable fire extinguisher. The fire was pretty much out on our arrival," said Captain Robin Tummims.

"The men in that house kept it pretty well-contained," added Dan Connolly, director of housing operations.

Four fire trucks, two ambulances and three police officers responded to the call, evacuating the house.

"After they searched the house, the fire chief asked if the smoke detectors were off. Apparently, there were no batteries in the smoke detectors," said the residents. No fire extinguisher was present in the house either.

"I was under the impression that there were fire extinguishers and working smoke detectors in the house. That was part of the agreement in taking the house," Connolly said.

"The smoke detectors were completely the landlord's responsibility," Connolly went on. "Unfortunately for us, they aren't the tamper-resistant models like in the residence halls." He said the bad part about this was nothing could be proven concerning whether there were batteries there to begin with.

News 12 reported the incident as an electrical fire.

Dean addresses news class

By Julie Nevero
Contributing Writer

Recently, the new Dean of Students addressed a News Writing and Reporting class, talking about his experiences thus far and his plans for the future.

Larry Wielk joined the University three months ago, replacing former Dean Kevin Kelly. Since then he has been busy figuring out "what makes Sacred Heart tick."

"During the first couple of months here, he encountered difficulty in Residential Life, said Wielk. With 75 to 80 students living in motels waiting for their Avalon Gates apartments to be finished, he had little time to focus on what he wanted to do. Wielk added, "Now that we've moved all of the remaining students into Avalon, I can finally start looking toward the future."

Wielk spoke about a five-year Student Development Plan. The plan would aim to extend academics outside of the classroom. "It would tie a learning component into the majority of the programs we offer through Student Life," said Wielk.

Church loses great leader

Last week our church and our society lost a great leader and a wonderful man. Cardinal Joseph Bernardin, who died last Thursday morning at his home in Chicago, helped the Catholic Church of the United States exercise visionary moral leadership through the National Conference of Catholic Bishops (NCCB).

Of special importance was his work as chairman of the NCCB Committee that prepared the pastoral letter, "The Challenge of Peace: God's Promise and Our Response," which clarified church teaching on war and especially on the use of nuclear weapons.

Sacred Heart University honored Cardinal Bernardin by flying the flag on campus at half mast last Friday. On Monday, Nov. 18, our faith community thanked God for the gift of Cardinal Bernardin to our church with mass in the chapel.

\[D:\text{Anthony Cernera}\]

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Student Government update... insert

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Credit fraud

Three SHU students arrested

By Ayoma Perera
Staff Writer

Three Sacred Heart University students were apprehended by police Nov. 14 at the Trumbull Shopping Mall for allegedly operating a scam that gained them free compact discs and electronic equipment.

In an article by P.T. Nonnenmacher Jr. of the Connecticut Post, Trumbull Police revealed one suspect, Adam Giles, 20, was an employee at For Your Entertainment (FYE), which sells CDs, videos, CD players and other electronic devices. Giles, a first-year student at Sacred Heart, was subject to an internal investigation by employee theft," said police sources.

"According to Trumbull Police, the full extent of the credit card scam may have punched in numbers from copies of previous receipts. Instead of legitimately swiping the credit card through the electronic card reader, Giles may have punched in numbers from copies of previous receipts. The numbers, which were being entered into a cloud of smoke. According to a student source, one resident was sleeping on the first floor and the others were downstairs at the time the blaze broke out.

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By Michele Herrmann
Co-editor-in-Chief

The most common infectious diseases are sexually transmitted, according to a report from the U.S. Center for Disease Control.

Chlamydia, which sometimes has no symptoms, was the highest reported disease in 1995, with 477,638 cases. Gonorrhea followed in second (392,848) and the U.S. Center for Disease Control indicates the need for more aggressive screening and treatment of this sexually transmitted disease, according to the American Social Health Association (ASHA), a STD group.

The high account of reports of chlamydia is surprising, said Peggy Clarke, ASHA president. "It would be very unethical to do that."

"Because chlamydia is usually without symptoms, many people are infected without knowing it," Clarke explained. "Estimates of new chlamydia infections in the U.S. each year are as high as 4 million, making it the fastest spreading STD."

ASHA states that Chlamydia is symptomless in 75 percent of cases among women and 25 percent among men. Although the disease is treatable, curable and not life-threatening, the consequences are severe if it remains undetected.

Chlamydia is a bacteria that inflames the genital area. Symptoms can range from no apparent signs to a urethral or vaginal discharge, redness of genitilia, and abdominal pain. Over time, the disease can possibly cause sterility in women.

College students are the most common recipients of STDs. "College campuses are very much affected because [students] get out of high school and have a lot of freedom. Young people think nothing is going to happen to them so they don't use condoms all the time," said Colleen Ryan, an HIV and AIDS educator at the South West Community Center in Bridgeport.

To prevent infection, Ryan advised the most fool-proof method is abstinence. "The next best thing is monogamy, and the last thing is using condoms. If used incorrectly, they are not 100 percent [effective]," Ryan said. Lates condoms should be used. With animal skin, the virus can pass right through."

Director of Health Services Sheila Wheeler said that because of current problems with space, along with importance of privacy and confidentiality, students who have questions or possibly been infected are referred to outside health facilities.

Ryan said, "There are many places [students] can go in Bridgeport to get tested for free, but people don't know about them so much.

Treatment includes antibiotics to be taken for two weeks. Those going through treatment should avoid overexertion, delay sexual activity and allow about three weeks to recover." Ryan advised that anyone who is interested in information about STDs, call the National STD Hotline at 1(800) 227-9022.

By Kristya Mulry
Staff Writer

Hunger Week at SHU

By Kristya Mulry
Staff Writer

Hunger Awareness Week, Nov. 15-22, is aimed at raising awareness that hunger is a problem within the community surrounding the city. The week before Thanksgiving is annually designated as Hunger Awareness Week. It helps to raise people's consciousness to the problem of hunger in the community and in the world. It might get people to think differently about the holidays and Thanksgiving, said Campus Minister Tricia Leonard-Palay.

Sponsored by Campus Ministry, Habitat for Humanity and Community Connections, the week was scheduled to begin with a Nov. 15 sleep-out demonstration. The event was canceled due to lack of time for organization, said Leonard-Palay.

An additional event is "Brown Bag Sunday." Grocery bags filled with canned food items for the St. Charles Pantry in Bridgeport will be collected at the 9 p.m. liturgy on Nov. 24.

Flik will donate $3 to Oxfam America and the Merton House Soup Kitchen for every person signed up to take part in the Nov. 20 Fast for World Hunger.

Sacred Heart first participated in Hunger Awareness Week last year. For the fast, 350 students signed up to give money over $800 for the Merton Center. Organizers hope to raise at least that much and possibly more this year.

To make people aware of the challenges that the poor face, Habitat for Humanity built a makeshift shanty on the lawn across from the Faculty Lounge. "I hope that we and raised people aware that there is hunger in our own community. Each person can do their own part to help that," said Julie Torpey, a first-year biology major from East Hartford, CT, who is helping to coordinate the week.
Catholics may see shift in leadership
Bishop vacancies could cement shift to conservatism

By Cheryl Casey
News Editor

Within the next few years, the retirement or death of cardinals will create vacancies in four of the most influential and important archdioceses—New York, Chicago, Washington and Philadelphia.

The openings will give the Vatican a sweeping opportunity to reshape the profile of Catholicism's top American leadership, according to a recent New York Times article by Peter Steinfeld and Gustavo Nebihr.

Steinfeld and Nebihr write, "The Roman Catholic Church in the United States is on the verge of a major shift in its leadership that would cement years of appointments of conservative bishops by Pope John Paul II." Among them are the bishops who have led the charge against same-sex marriage and abortion, and who have advocated for a more conservative stance on issues such as contraception.

Despite the apparent shift, bishops have set aside the conservative demands that the church hierarchy closely oversees Catholic campuses and faculties, adds Steinfeld. The implementation of the norms are to be left in the hands of the Catholic educators.

"The new conservatism among bishops may not produce a dramatically different kind of leadership," says Steinfeld and Nebihr, "but rather less leadership altogether."

According to one priest questioned in the article, too many bishops lacked a vision or strategy that would give the clergy and lay people a clear sense of a diocese's direction.

"It depends on how you define leadership, and who's defining it," said McLeorn. "Some people make unity for uniformity and uniformity for unity for their concern."

At The National Conference of Catholic Bishops, several bishops and other church leaders agreed "there is a growing reluctance on the part of the college network of campuses, schools, hospitals, colleges and universities."

Many seem to agree that the church's leadership will become more conservative, but what will this mean in practice? Are bishops likely to become more or less outspoken on politically charged issues?

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FRAUD: three suspended

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used to pay for the items, were those of credit cards issued in the store, the man was later identified as SHU resident Chris­opher Cattell, 18.

Later that evening, Sean Leary, the third Sacred Heart resi­dent involved in the swindle, was also able to "purchase" items at this same register.

Security officers and police had been under surveillance af­ter being tipped off by another FYE employee. As Leary left the store and met up with Cattell, they were apprehended and taken into custody with $500 worth of merchandise.

Ard: class hears experiences and plans

Continued from page 1

their concerns to Wielk's attention after the talk, one of them being the possibility of gang members selling drugs on campus.

"I am not aware of any specific concerns," he said. "It certainly wouldn't surprise me that various gangs in Bridgeport would look to infiltrate any cam­pus, any college community, because something we would want to be on the lookout for," he added.

The question was raised about the possibil­ity of the University becoming a dry campus. "I think that there's an educational aspect to allowing for Catholics practicing the faith, the student source.

"Smoke damage also oc­curred to all the other rooms, but it was minor damage, no injuries," revealed one church official.

Residential Life sent batteries and other church leaders agreed "there is a growing reluctance on the part of the college network of campuses, schools, hospitals, colleges and universities."

The actual community of the emissaries will be working at will be in the San Hilario area, on the bay going into the Pacific.

"There are three projects the community of San Hilario would like worked on," explained Kidd. "Students can work on any of these projects," she added.

The first will be refurbish­ing and extending the salt works. Since El Salvador has the largest salt works in Central America, the cooperatives want to expand the plants but house all the salt after the water from the bay is evaporated.

The second project concerns the building of a community area to enhance the commune itself. The community has design­ated an area in which to build a community center with pillars and tiled roofs where they can have adult education classes, hold mass and have parties," explained Kidd.

The third and final project addresses the educational growth of the San Hilario people and includes adding two new classroom­rooms to the school.

San Hilario is a low income level group of people and consists of resettled refugees and former MSL combatants or guer­rillas who want to make a living for themselves.

"These people have no run­ning water, no electricity and only a small medical clinic where workers come in on certain days," explained Kidd.

"We are talking about the rural poor of El Salvador, which is one of the three poorest coun­tries in the Western Hemisphere," she added.

Sr. Elena Jaramillo will be the liaison between the delega­tion and the community.

Students interested in apply­ing should contact Dr. Maria Torreira, professor of modern lan­guages, in S220 or students who have already had the opportunity of visiting El Salvador.

"Will it halt or accelerate the growing tendency of many Catholics to ignore church teachings when making up their minds on sexual and moral issues?" question Steinfeld and Nebihr.

In another article, Steinfeld reports that the National Conference of Catholic Bishops has approved broad norms "intended to insure that Catholic institutions of higher learning retain their religious identity."

"Despite the apparent shift, bishops have set aside the conser­vative demands that the church hierarchy closely oversees Catholic campuses and faculties," adds Steinfeld. The implementation of the norms are to be left in the hands of the Catholic educators.

The trip will cost between $355 and $575, including the price of the airfare and passport.

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Catholics and non-Catholics alike, report Steinfeld and Nebihr, have a stake in the change in the church's leadership because of the importance of the one's church network of campuses, schools, hospitals, colleges and universities.

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Commentary

Don’t cut away our future

The state of Connecticut is currently thinking of cutting down on state expenses. One of the programs that could be in jeopardy is the Connecticut Independent College Student Grant program. If this program is cut, it could affect the university community drastically. Currently, 567 SHU students rely on this program to help finance their education.

Funding for education should not be cut just because government officials want to save money. If Governor Rowland cuts this program, many Connecticut residents may have to leave school because they can’t afford it or put themselves and their families deeper into debt by trying to make up for the lost money.

Our education cannot be put into jeopardy. If the Connecticut Independent College Student Grant program is cut, students from Connecticut will be denied the educational opportunities they deserve. Our futures are too important to be left in the hands of the government.

A terrific idea

Winter is just around the corner. With the coming of bad weather, school closings are always a distinct possibility.

Although the University broadcasts closings and delay information on local radio stations, in the past as many as three public safety officers have been forced to answer calls asking if school is open.

This winter the department has started a hot-line for closing and delay information. By dialing 365-SNOW the caller will receive a recorded message informing them whether or not the University is open or delayed. 365-SNOW is a terrific idea. We applaud the department for the foresight in installing this system. We encourage the university community to use it.

EDITORIALS

By ROB SAWICKI

Hispanic vote strongly heard

In this past election, a record number of Hispanic voters went to the polls to cast their ballots. And I truly made a difference.

In the Presidential contest, Hispanic voters in Arizona helped President Clinton become the first Democratic Presidential candidate since Harry S. Truman in 1948 to win that state. Hispanics also helped the President win in Florida, a key battleground state that was considered a must-win for Gore.

The Hispanic vote had the greatest impact on the race for California’s 46th Congressional District in ultra-conservative Orange County. Democratic challenger Loretta Sanchez defeated conservative Republican Incumbent Robert Dornan by the narrowest of margins. Dornan lost a lot of attention to himself in the last year. He made a very unsuccessful bid for the White House (in the Republican primary he perpetually finished behind “Other” when the votes were counted). He is also well-known for making accusations about the President, First Lady, White House staffers and other Democrats on the floor of the House of Representatives. One of his attacks about Clinton got him suspended from the floor of the House by Speaker Newt Gingrich. We all know that you have to go pretty far to get removed from the House of Representatives by Newt Gingrich for making derogatory remarks about Clinton.

By ERIN HARRISON

Wanted—Your Perspective

Write about your take on life & drop off to Erin at the Spectrum office.

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Actively making choices in life

It's better to have tried & failed than to have never tried at all

Excuses. We all make them and we all accept them. It's so easy to blame something on a second party whether the excuse is true or not. I find, in my 21 years of existence on this earth, that we are all given situations and choices. Some believe in Fate, while others believe in making choices. I'm sure which category I fall under, or maybe I'm a mix between the two.

I do believe that people meet for a reason and that we are here for our individual purposes, but throughout all of this, we are faced with choices.

I'm not referring to choices such as which outfit you decide to wear on a certain day, but rather the choices we make which affect our lives—past, present, and more importantly, future.

Some try and fail in life, and some never try at all. Choices can be difficult to make, while others can be so easy.

I am bothered by the people who sit back and do nothing. They are merely spectators in life.

At times it is appropriate to be the on-looker, but we should jump in, feet first, and at least try to experience all that we can. Too many people walk away for something good to happen to them.

We are the ones who should make it happen.

Ultimately, we have control over our lives. Life can be full of stress and can be overwhelming, but to take the easy road in life is to miss out on a lot.

Part of actively making choices is taking risks. Personally, I find myself making decisions—something I think too much.

And at that point I end up missing the boat altogether.

To simplify my point, actively make choices and don't be a spectator in life.

Wanted—Your Perspective

Write about your take on life & drop off to Erin at the Spectrum office.

Editorial Board
Welcome to Anchorman Chris, the random news forum, where you, the reader, can ask questions of Chris, the leading current-events genius of our time.

Q: Anchorman Chris, why is your name “Anchorman Chris”?
A: Because I’m a news anchorman.
Q: Oh. We heard that when you were a kid you got hit in the head with an anchor.
A: Well, that’s true too. But you’re supposed to be asking questions about the news.
Q: Okay, why does Ross Perot spend all that money on campaigning when he has as much chance of winning an election as an electric hands dryer has of drying your hands before it shuts off?
A: You’re not supposed to ask questions yet. First I read a news story, then you ask.
Q: Oh, sorry.

According to a October Associated Press article, a man in Bismarck, N.D., rode a cab and then discovered he did not have the $7.60 he needed to pay the fare. So, like the honest consumer he is, he asked the cab driver to wait, and then proceeded to get some money by breaking into his ex-girlfriend’s apartment.

Q: Chris, if that had happened to your cat, would you have looked for it for just a week? I then would have celebrated for a week.
A: No.
Q: Does anything else wacko happen in Portuguese-speaking countries?
A: Oh, yeah.

According to the September 20 issue of New York’s Daily News, police in Brazil were investigating the suspicious death of an unusual candidate in a mayoral election: a goat. Both the goat’s owner and local authorities targeted the investigation toward the city’s other mayoral candidates.

Q: Are you sure about this?
A: I swear it’s true.
Q: Why would they kill a goat? It couldn’t have posed that big a threat in the election.
A: The goat was leading in the polls. And not only that, but the weekend before the assassination, Brasilia citizens drove a motorcade of 50 vehicles through the town in support of the goat’s candidacy.
Q: Peacefully?
A: The motorcade was shot at.
In a story mentioned in The Los Angeles Times, the (New York) Daily News and the Internet, fire authorities in California were surveying forest fire damage when, in the middle of the crispewed woodlands, they discovered the body of a dead male dressed in full scuba gear. Antipodes revealed the man did not die of burns or smoke inhalation, but from “massive internal injuries.”

Q: Should I ask?
A: Probably not.
Q: Why was the man wandering in the middle of a forest fire dressed in scuba gear?
A: He wasn’t. It turns out that he had been scuba diving in the Pacific Ocean when fire helicopters loaded their buckets with sea water and accidentally scooped up the diver too. He was then, along with thousands of gallons of water, dropped onto the fire.
Q: Ouch?
A: Yes.

SERVICE-LEARNING AN INVALUABLE EXPERIENCE

To the editor,

As a student here at Sacred Heart University, complaining and criticizing is an everyday thing for me. I am sure it is for many students, but for a moment I would like to look at something positive.

I would like to praise the service-learning program here at Sacred Heart.

For those of you who are not familiar with the program, you are probably missing out. Service-learning gives Sacred Heart students the chance to give back to their community. Many students have already been or are currently involved with service learning.

Such services that students perform are helping at the John Winthrop school, the food pantry, a mental health clinic and many other places in our local community.

Students who have participated in the service-learning program have found it very rewarding. The woman behind it all is Phyllis Machledt. Ms. Machledt is the director of service-learning at Sacred Heart.

I am greatly encouraging everyone to get involved in service-learning. I know from personal experience that it is very rewarding. When I first got involved I was very skeptical about the value of this, but I did not think that I, as one person, would make any difference at all. But when I got involved with the kids at John Winthrop I knew I could make a difference.

I have gone once each week for six weeks now. I work with first and second grade kids and I learn something from them every week. It is very rewarding and satisfying to know that you have influence and made a difference in someone’s life. No matter how insignificant it may seem to you, it means the world to them.

Sincerely,
Jessica Wager

RESPONSES SLOW

To the editor,

Over the past three months, residents have noticed that our problem areas are not quickly responded to. The broken washers and dryers, TV’s in the lounges, and in my situation, a leaky ceiling on the top of the floor of the hall.

Water began leaking through the seams in the ceiling as well as from the windows. I quickly made contact with the appropriate Residential Life officials, but the problem was not addressed for hours. For days, I nagged anyone affiliated with the residence halls, and finally after about two weeks, contractors supposedly fixed the roof.

When a big storm hit in October, our room leaked as usual but then became worse. Again and again we put the back burner. I made phone calls that night and also sent e-mail early the next morning, only to be read 10 days later!

About two weeks later, the roof is supposed to be fixed for the second time to be fixed for the second time.

What has to happen before a situation receives immediate attention? We pay a lot of money to attend this school, and we should not have to deal with problems that could have been simply avoided.

Somewhere has to be a system to deal with the response system in this school. When a request for assistance is made, it should be promptly responded to.

Sincerely,
Kristy Newman.

MILFORD RESIDENTS LACK PROPER ATTENTION

As I was glancing through the latest edition of the Spectrum I came across an editorial about concerns at Avalon Gates. These concerns are about the safety of the residents getting back and forth to Avalon Gates.

Another concern was the fact that they pay the same amount of tuition as the on-campus residents and don’t have Public Safety patrolling the area.

Why don’t we get realistic folks? Those at Avalon are basically on the proverbial pedestal. They have the best of the best in terms of housing and security. We should focus on real problems—problems of which the residents at Milford beach are having to deal with too.

When the other residents and I were called by the second time.

We have been suffering through traffic, storms and no rides and we are 15-20 minutes off school.

We have to depend on Milford’s finest who have a whole town to worry about, while those at Avalon have 24 hour on the premises security.

I think made my point abundantly clear that we at Milford beach would appreciate a little attention paid to us as well. And to those at Avalon— suck it up!

Andrew Pernice
Lim gains international experience

By Michele Herrmann
Co-Editor-in-Chief

Instead of talking about herself, Grace Lim describes what she does. And the outline is quite lengthy but modest.

Lim is the Assistant Director of International Admissions and Advising. Each October, she goes to Asia to recruit possible students in places such as Tokyo, Japan, Manila, Philippines, and Seoul, Korea.

As an advisor, Lim aids in the adjustment process an International Sacred Heart student experiences.

"I advise International students on various things like social, academics and immigration procedures they go through while they're here," she says. Lim also manages programs sponsored by the International Center and is the advisor to the International Club, a student organization.

Ironically, Lim's first occupation here was to be a graduate assistant. "The reason I came to Sacred Heart was to finish my certificate in a master's program," she says. "Still a grad student, Lim just has to complete one final course for her MAT."

Between each question, Grace directs the conversation back to her job. She talks about the upcoming International Peer Mentoring, developed for new students. Plans for a friendship program which will match up an International on-campus resident with a local family.

"The International Center is important on campus in that it just doesn't serve the International community. It serves the entire community." Lim stresses, "The International Center is important on campus in that it just doesn't serve the International community. It serves the entire community."

Mentoring, developed for new students, plans for a friendship program which will match up an International on-campus resident with a local family.

Along with job performance, Lim says she's received a lot of personal growth.

"I've learned a lot through anyone who has walked through the International Center door," she says. "Surprisingly, she has never studied abroad. Lim received her Bachelor's of Arts in history from the University of Connecticut.

Grace directs the conversation to art museums and lectures. She talks about the upcoming International Peer Mentoring, developed for new students. Plans for a friendship program which will match up an International on-campus resident with a local family.

She cherishes friendships with students, even with those who have moved on. "I miss them so much," she says.

Grace Lim, assistant director of International Admissions and Advising

Ready or not, winter is coming soon

By Gina Norelli
Features Editor

Say goodbye to mild weather for now, because you know, the brutally cold New England winter is on its way. Ready or not, it's going to get very cold very soon.

Snow will be falling and ice will be forming. People will wear layers of clothing to keep warm and wrap themselves in warm blankets by night and sip hot beverages by day. It will become harder and harder to get out of bed to face the coldness, and many will be fighting sicknesses that this weather brings—such as colds and the flu.

It will seem like 9 p.m. when it's really 6 p.m. since it gets dark so early and it will be all too easy to hibernate through the winter by taking frequent naps.

For me, although I like the winter, what I find bothersome about it is having to spend so much time indoors just trying to stay warm. I begin to miss walking outdoors, playing tennis and enjoying the long hours of daylight.

Scraping ice off the car isn't too much fun either. Call it "cabin fever," but on those really cold days, I start longing for spring.

Whether we look forward to this winter or dread it, one thing is certain—it will eventually pass.

By Ben Catanzaro

Ben Catanzaro, a senior from Beacon Falls, Conn., said, "If it's bitterly cold, I don't like it, but if it's just cold on average, it doesn't bother me."

Some students happily await the winter. "There's nothing that I don't like about the winter," said Adam Lagnese, a sophomore from Long Island, N.Y. "I like playing hockey, snowball fights and going sledding," he added.

Ayoma Perera, a senior from Bridgeport said, "I like it. It reminds me of Christmas."

Yet she expresses another view. "What I don't like about it is hazardous driving conditions because of snow."

"As a foreign student here who is used to living in a tropical country, the cold, drab weather here really depresses me," she said. "For one thing, I'm not used to the snow. I don't think I have adapted to the way people are supposed to dress."

"Even though I've been here for four years, it doesn't come naturally," Perera added.

Whether we look forward to this winter or dread it, one thing is certain—it will eventually pass.
Self-hypnosis can improve grades

By College Press Service

MINNEAPOLIS—Forget the Cliffs Notes and all-night cram sessions. According to University of Minnesota professor emeritus David Wark, college students who learn self-hypnosis techniques show marked improvement in their grade-point average and learning ability. “It’s a practical technique to quickly bring the mind to a state of focused tension and the body to a state of efficient, relaxed calmness,” said Wark.

Wark has analyzed students who have enrolled in a 10-week Efficient Learning Skills Course, which uses self-hypnosis. “During the course, students learn to induce an alert trance, deepen the trance and give themselves a suggestion for study improvement, open their eyes and begin studying while hypnotized,” Wark said.

One of Wark’s students improved her astronomy grades by imagining herself orbiting around planets, focusing on minute details and storing data for retrieval on exams. Just don’t get lost in space!

The best and the worst college foods

By College Press Service

WASHINGTON—Duke University stands head of the class in a recent study that ranks the best and worst meals served at college cafeterias. In a recent survey of 38 universities and colleges, the Physicians’ Committee for Responsible Medicine (PCRM) checked the availability of healthful, low-fat and vegetarian foods in campus cafeterias.

Duke scored top grades for serving up such hot, low-fat entrees as spicy lentils and vegetables, African vegetable stew and couscous with veggies. Other schools that earned top marks were: University of Pennsylvania, Philadelphia; University of Notre Dame, South Bend, Ind.; Columbia University, New York; and Brown University, Providence, R.I.

The dining service on “academic probation,” said researchers, was the U.S. Military Academy at West Point. Typical rations included artery-clogging entrees such as friend chicken tenders, ham steak or hot dogs.

Also rounding out the bottom of the list were the U.S. Naval Academy in Annapolis, Md.; U.S. Air Force Academy in Colorado Springs, Colo.; Johns Hopkins University in Baltimore; and Williams College in Williamstown, Mass.

“Students required to participate in a meal plan shouldn’t be sentenced to unhealthy eating,” said PCRM’s Director of Preventative Medicine Andrew Nicholson. “Developing healthy eating habits in college is a lesson that will last a lifetime,” he said.

Schools were ranked based upon daily availability of varied, low-fat cholesterol-free and vegetarian foods.

Spotlight of the Month: C. Raynis
Student of the Month: Ted Miller
Educational Program of the Month: Sex and Sexuality (Cara Broussard and Jen Platt)
Executive Board Member of the Month: Jen Colman, RHA President
R.A. of the Month: Jennifer Bouchard
Advisors of the Month: Katrina Coakley, Chris Spizila and Jennifer Bayly

Coming in the next issue (Dec. 5)...
Cramming night owls arise throughout campus as finals begin.

CAMPUS HAPPENINGS

Thanksgiving Interfaith Service
The Campus Ministry annual Thanksgiving Interfaith Service will be held today in the Mahogany Room at 9:30 a.m. All are invited to attend this special event which presents baskets of food etc. to charity.

Confessions heard in the Sacristy
Confessions will be heard today from 11:30 a.m. to 12 p.m. in the Sacristy of the Chapel.

Feeling sick? The doctor is in.
If you are feeling a little under the weather, remember the doctor is available each Monday and Friday from 3 to 5 p.m. in Health Services located temporarily on the first floor of South Hall. Please call to schedule an appointment X7838.

Compiled by Gina Norelli
Van Halen returns with greatest hits
New album combines best of Roth and Hagar

By Mike Nimmons
Staff Writer

For over two decades, one of the most successful rock and roll bands has been Van Halen. Dating back to 1978, the group has released 11 albums, the most recent being 1995’s Balance. Now in 1996, they have released their 12th album, a greatest hits collection, entitled Van Halen Best Of; Volume I. This album has 17 tracks: 14 greatest hits as well as three new songs.

Some of the songs featured on this album include, “Dance the Night Away,” from Van Halen II, “Jump” and “Panama,” from 1984, as well as “Why Can’t This Be Love,” from the album, “5150.” It also includes: “Right Now,” from For Unlawful Carnal Knowledge and “Can’t Stop Loving You,” from the album Balance. Over the course of 18 years, Van Halen has been together as a band. They have had the same basic core of band members. Eddie Van Halen, Alex Van Halen and Michael Anthony were members throughout. From 1978-1984, David Lee Roth was the lead singer. Then from 1986-1995, Sammy Hagar was leading the vocals.

Now in 1996, another breakup hit the band. Sammy Hagar decided to leave the band for reasons which were not discussed in detail. Hagar has the lead on “Humman Being,” one of the three new songs which appears on the greatest hits album.

After this breakup, Van Halen made its first public appearance on the 1996 MTV Video Music Awards. David Lee Roth was again (apparently) the lead singer. It was there that they announced that they were back together in order to record some of the new tracks for their greatest hits album.

These “new tracks” turned out to be the other two new songs, “Can’t Get This Stuff No More” and “Me Wise Magic,” featuring Roth, once again, as the lead singer. (“Me Wise Magic” is currently making its way up the pop charts.) Since this appearance on MTV, the group has again split. They are currently without a lead singer.

Since this is only Volume I of their greatest hits, there are a number of their more popular songs which are absent from this album. Songs such as “Hot for Teacher” which appeared on “1984,” “Love Walks In” from “5150” and “Top of the World,” from the album For Unlawful Carnal Knowledge, are considered to be some of Van Halen’s bigger hits; yet they are not on this album.

Again, since this is only Volume I, it is assumed and hoped by Van Halen fans that this will not be their last album (there will be a Volume II, hopefully). Since they have no lead singer, it appears that there will not be any new material coming from the band any time soon.

Personally, I like this album. It contains all of the hits which make me a fan of Van Halen.

Hopefully, the band can resolve its differences with one (or both—that would be something) of their lead singers.

Spring Show announced

By Marykay Welch
Contributing Writer

The Faculty of Communication Studies has announced that they will sponsor “The Skin of Our Teeth” by Thornton Wilder on April 18-20, 1997 in the theater.

Originally, they planned to present Shakespeare’s “A Twining of the Shrew.”

The show was changed due to the number of parts that were available,” said Professor Rick McKinnon, who will be directing the show. “Taming of the Shrew” had only two female parts and nine male parts. “The Skin of Our Teeth” has about 15 parts and nine male parts. “The Shrew” had only two female parts and nine male parts. “The Skin of Our Teeth” among popular playwright now, according to McKinnon. Although his best-known play is “Our Town,” he has written many others. “The Skin of Our Teeth” premiered at the Shubert Theater in New Haven. It opened on Broadway Nov. 18, 1942 and starred actress Tallulah Bankhead. The play was later performed in London, Australia and New Zealand.

The Broadway cast included 40 people, but McKinnon hopes to cast about 30. He hopes to fill the roles with mostly students but faculty and staff can also be involved.

As well as the show, several acting classes are available in the spring semester. Members of the CA 375 Drama Workshop will work on “The Skin of Our Teeth,” among other projects.

Acting II and Theater History are also offered.

'Ransom': a roller coaster ride not to be missed

By Alicia Y. McKinney
Contributing Writer

“Ransom” delivered big both at the box office and as a first-rate thriller. In its first weekend of release, the film grossed $35 million. Audiences lined up to take a seat for a wild ride.

It is a tension-packed thriller that will shake your head and rattle your brain,” wrote Rolling Stone critic Peter Travers.

The story is an intense game of bluff and one-upmanship between airline executive Tom Mullen (Mel Gibson) and the mastermind of his son’s kidnapping, Jimmy Shaker (Gary Sinise).

Gibson, returning to the screen following his recent Oscar winning director and best actor in “Braveheart,” gives a powerful performance as a flawed individual eager to pay his son’s ransom out of guilt for momentarily losing track of his him at an outdoor science fair. He also sees the payoff as a way to avoid the ghost of past wrongdoings.

“Ransom” is a survival story,” said director Ron Howard in a recent Parade magazine cover story. He said “Ransom” is “a trial where human beings find themselves thoroughly compromised.”

Howard, whose previous directional hits include “Cocoon” and “Apollo 13,” keeps the film moving and turning like a roller coaster ride.

“Howard gives an edge to ‘Ransom’ unlike anything else he’s done before,” writes Keith Simanton in Reviews.

In the New York Times, Janet Maslin calls it, “a spellbinding crime tale that delivers surprises right down to the wist.”

Sinise, best known for his role in “Forest Gump,” offers a sadistic portrayal of a wayward New York cop and mastermind of the kidnapping.

“I’ll gut this kid like a fist,” said Sinise after getting the money.

Rene Russo is fine as Gibson’s wife, but never really breathes life into her character as a mother whose son was just stolen.

Cinematographer Piotr Sobocinski maintains the audience in a state of motion as the camera moves through space in aerial and action sequences. This graphically violent and bloody film intensifies the all too real tension of the story.

This graphically violent and bloody film intensifies the all too common worry parents have about the abduction of children and presents a dangerous precedent for dealing with criminal minds.
More 'clueless' than the movie

By Julie Nevero
Contributing Writer

The movie starred Alicia Silverstone as Cher Horowitz, a Beverly Hills teen without a mom who playsmatchmaker at her high school.

Cher and her friends Dionne (Stacey Dash), Tai (Brittany Murphy) and her fashion clone Amber (Elisa Donovan) all dealt with problems that teens face today including love, sex, school and, of course, clothes.

The television show stars Rachel Blanchard, a dead-ringer for Silverstone, as Cher.

The roles of Dionne and Amber remain the same as well as Dionne's boyfriend, Murray (Donald Faison).

The movie set records at the box office. The film, based on the Jane Austen novel "Emma," was such a great success, director Amy Heckerling gave the okay for a TV spin-off.

In the film, Cher and her ex-stepbrother Josh (Paul Rudd) end up together at the end of the movie.

The television version, however, the two are not together nor are they even attracted to each other.

The two teachers that Cher plays matchmaker with, Ms. Geist and Mr. Hall, played by Twink Caplan and Wallace Stone, as in the movie and the television series, act as a cute comic duo.

Blanchard said in an interview for Seventeen magazine that she knew nothing about "Clueless.'"

"I was clueless about 'Clueless,'" said Blanchard. She did not see the movie and, to be honest, it is quite apparent in the show.

She lacks the spunk and the attitude of Silverstone in the film.

The inner dialogue that went on in Cher's head in the film was snappy and comical. In the television series, it is merely annoying.

Cher's father, Mel, was played by Dan Hedaya in the film. He was far better than the actor of the same role in the show.

Mel appears corny and dumb. "Clueless" joined ABC this fall as part of the "TGIF" line-up. It runs on the same night as "Family Matters," "Boy Meets World," "Step by Step" and "Sabrina, The Teenage Witch."

"Clueless" does not contain much of the film's subject matter.

For example, in the movie, Cher was not interested in high school boys because, "They're like dogs. You have to clean them and feed them. They're like, these nervous creatures that jump and slobber all over you."

In the television version, she has a new love interest every show.

The themes in the show are ones that kids can relate to. One episode dealt with a ban on backpacks in the school.

Many schools are doing this today because of the issue of violence.

The students in the show were only allowed to wear hip-packs.

In a movie-like response, Amber thought the least she could do was make all of her packs match her outfits.

Despite the nagging differences, the show is quite popular among the younger crowd of viewers and still contains the keen fashion sense and slang of the movie.

Critics call the show "funny and entertaining." The show is funny, but to true "Clueless" fans, it is just not the same.

"Clueless" airs on Fridays at 9 p.m. on ABC.

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Athletes of the week

Sarah Hanna

Hanna, a sophomore from Bayville, N.Y., of the women's ice hockey team, recorded a hat trick and one assist in the team's 5-0 win over M.I.T on Sunday. She also had the Pioneers first goal of the season in its 4-1 triumph over Union last Friday. The win avenged a 6-5 loss from the year before.

Angela Perkins

Perkins, a sophomore from Londonderry, N.H., of the women's basketball team, scored 18 points and grabbed seven rebounds in the Pioneers 62-60 victory over in-state rival Quinnipiac College in Hamden.

Martial Arts team ready to kick off new season

By Wayne Kosminoff

Fifteen members from the martial arts team begin their season in the Collegiate Martial Arts-North East Tournament Saturday at Villanova University.

They will be competing against schools such as Villanova, Rutgers, Boston College and Princeton.

"The tournament is considered a prestigious event. Whoever wins, gains respect as the best in the North East region."

Two teams, A and B divisions, will be participating.

Individuals will be placed in either division, depending upon skill level. The make-up of those divisions is unclear until the day of the event.

"We hope to gain experience and respect from the rest of the universities in the area," said Coach Oscar Allain, a second degree black belt from Miami, Fla.

"This also has the potential to bring us closer together as a team, aside from when we practice, more so as a family."

"Traditionally, most teams only have two black belts, so I feel we have a slight advantage," he added.

Team advisor Robert Novotny, a black belt from Bridgeport, believes the Martial Arts Team has the potential to do quite well in this tournament.

"Although our team is relatively new, we have members with a great deal of success and experience in martial arts competition," said Novotny. Two members, Kevin Lam and Joe Mura, are former champions who did exceptionally well in last year's competition.

"We expect to come back and be victorious as we were in our last tournament at Saint John's," said Lam, a sophomore pre-med major from Philadelphia.

Another team member, Sal Alba, a black belt from Staten Island, N.Y. will be making his debut.

"I'm very nervous because this is my first tournament, but I feel very confident because of the training I received these last two years," he said.

Another tournament is scheduled for December 8 at Tufts University.

If anyone is interested in joining the martial arts club or team, contact Allain at 365-7614 at the International Center.

Sports in brief

Women's Volleyball closes out 1996 season at 14-25

The womens volleyball team completed their 1996 season last weekend as Sacred Heart went 1-2 at the New England Collegiate Conference Championships at the University of New Haven.

The Lady Pioneers, who finished at 14-25, defeated Franklin Pierce College 17-15, 16-14, and 15-13 before being ousted by eventual NECC champions, University of New Haven, 15-6, 15-7 and 15-13.

Men's Hockey falls to 2-1 Lose to crosstown rival Fairfield

The Pioneer men's ice hockey team's season-opening two game winning streak came to a halt last Sunday night as Sacred Heart dropped a 7-2 decision to Fairfield University at the Wonderland of Ice in Bridgeport in an ECAC South Conference game.

Scoring the Pioneer goals were seniors Mike Silvestro (Northford, Conn.) and Aaron Fouot (Kittanning, Penn.). Silvestro's goal was assisted by senior Jon Yackmack (Kittanning, Penn.) and sophomore Tony Cabana (Tampa, Fla.) while Fouot's goal was assisted by Yackmack as well.

In their first three games, junior Jason Scanlan (Stamford, Conn.) currently leads the Pioneers in scoring with four goals and two assists.

The Pioneers next home game will be against Villanova Saturday at 7:30 p.m. at the Milford Ice Pavilion.

1996 Men's V-ball national Dig averages

Player, School G D Avg.
1. Rob Pinkas, Sacred Heart 85 280 .329
2. Pete Carlow, Sacred Heart 87 264 .303
3. Morgan Chapman, UCSC 87 261 .300
4. Eric Peterson, Concordia 116 345 .297
5. Russell Brooke, USC 89 244 .274
6. Jason Telles, Sacred Heart 94 253 .269

Volleyball kicked off on Nov. 18 as the league of choice.

There are 12 teams in competition. The following is a rundown of the championship games:

Monday 11/11

Flashers over Brian's Team

Flashers over Call Us Underpaid

Tuesday 11/12

CHAMPIONSHIP GAME

Flashers over Packers

Congratulations to the Flashers for taking the title. Be sure to look for their Floor Hockey Champion shirts.

Help Wanted

Package handler-United Parcel Service will be accepting applications for part-time package handlers. Pays $5.50/hour, with medical benefits, and TUTTON REIMBURSEMENT. Up to $1500 per semester. On the 4am-8am shift $100 per week. Must be 18 years old and able to handle over 70lbs. Monday through Friday work time. Interested individuals should attend our shift tours every Monday as follows: 4am-8am shift tour time=8pm; 8am shift tour time=8pm. Please call 1-888-UPS-0560 for employment information.

nocil Brynn Rd. Stratford, CT. M/F equal opportunity employer.

Extra income for '96. Earn $500-$1000 weekly staffing new role, stores. For details, Rush $1.00 with SASE to: Group 6547 N Academy Blvd. Dept N Colorado Springs, CO. 80918.

* I'M SHOPPING DAYS LEFT! Now is the time to guarantee the lowest rates and best hotels for spring break. Leisure Tours has packages to South Padre, Cancun, Jamaica and Florida. 800-336-4205.

Wanted!!! Individuals, Student Organizations and small groups to promote SPRING BREAK TRIPS. Earn MONEY and FREE TRIPS. Call the nation's leader, inter-campus programs, http://www.icpr.com or 1-800-327-6013.

Wanted!!! P/T babysitter/nanny for adorable 1 yr. old twins in Westport. Permanent or temporary will be considered. Experience with children & own transportation required. Call Claudia 226-1321.

Nov. 12 concluded the first floor hockey season. The following is a rundown of the championship games:

Monday 11/25

6 Pack vs. Roughhouse

Mustangs vs. Staff Team

11:00 a.m., Absolute Side-Out vs. Vinny's Crew

12:00 a.m., Thunda from Down Uda vs. Hand Confusion

Monday 12/2

11:00 a.m., Thunda from Down Uda vs Staff Team

Dirty Dzen vs. Amy's Army

11:30 p.m., 6 Pack vs. Vinny's Crew

12:00 a.m., Mustangs vs. Extreme

Tuesday 12/3

10:30 p.m., Monkeys vs. Dirty Dzen

11:00 p.m., Thunda from Down Uda vs. Extreme

11:30 p.m., Monkeys vs. Hand Confusion

12:00 a.m., Roughhouse vs. Amy's Army

The games will last 20 minutes and the winner will be determined at the end of the time period. Watch for the Championship game to be broadcast on Channel 6.
Mel Allen memorialized as eternal voice of Yankees
Nearly 1,000 fans pay tribute at the event sponsored by Sacred Heart

By Brad Wilson
Sports Editor

"Hello there everybody, this is Mel Allen." This was how the late, great broadcaster began each Yankee baseball game and this was how Rabbi Joseph H. Ehrenkranz opened the memorial tribute for the eternal voice of the Yankees.

Rabbi Joe is the associate director of the Center for Christian-Jewish Understanding at Sacred Heart University, the sponsor of the Nov. 4 service. He and Allen, who was also Jewish, were close friends. The Rabbi felt nothing would be more appropriate than to remember the Hall of Fame announcer at what Allen called "the Yankee Stadium of all churches," St. Patrick's Cathedral in New York City.

It may seem peculiar to pay tribute to a man of Jewish faith in a house of Catholic worship, but Rabbi Joe and Cardinal John O'Connor believed it was fitting to memorialize Allen at the world-renowned cathedral.

"I can't think of a more appropriate expression of what we're trying to do than to have Jews and Christians joined together in a great Cathedral to honor a great Jewish American," said Sacred Heart President Anthony J. Cernera.

Cernera was one of several speakers on hand to commemorate Allen. Yankee Vice President Arthur Richman was another. "He had a golden voice and a golden heart," said Richman, Hall of Fame basketball announcer Marty Glickman said, "He was a Hall of Fame announcer from the moment he came on the air."

Curt Gowdy, a Hall of Fame baseball announcer who became Allen's broadcast partner in 1949, said, "I couldn't have had a greater mentor. He loved the Yankees and they broke his heart when they released him in 1964."

"Yes, it's hard to imagine and still nobody knows why it happened, but he was released by the Yankees more than 30 years ago."

That is why those of us in this generation never had the privilege to hear him broadcast a game, but we will always remember his sweet southern accent from "This Week in Baseball," a baseball highlight show that he did from 1977 until his death in June.

His tribute was a monumental event that was attended by nearly 1,000 fans. The audience included Yankee Hall of Famers Yogi Berra and Phil Rizzuto, renowned boxing announcer Don Dunphy, and representatives from the University of Alabama, where Allen went to school.

From the late 1930s, through the 40s and 50s into the 60s, an era when the Yankees were the predominant force on the baseball diamond, Mel Allen's voice illuminated the eyes of listeners over their radios on warm summer, baseball nights.

It was a special time when sons and fathers sat together to hear Mel Allen broadcast a stretch of games that Gowdy recalled as "Joe DiMaggio's 56-game hitting streak, Don Larsen's World Series perfect game, the emergence of Mickey Mantle and Roger Maris' 61-home run season and 20 World Series."

You can even say it was God's will. "We can visualize Mel looking down from the heavens at the 1996 Yankees and uttering his famous phrase, "How about that?"

Ice Hockey: Women defeat Union, MIT in opening games

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on Saturday as well. It did complete 9 of 14 passes, but only finished with 48 total yards on the day.

The Pioneer defense was unable to stop the balanced attack of the Setters. Pace amassed 236 rushing yards on 51 attempts and completed 18 of 23 passes for 258 yards.

"We played tough in the first quarter stopping them on their first two drives, but after a couple turnovers gave Pace the ball deep in our territory we found ourselves down 12-0. From then on our defense faltered and we gave up long drives resulting in more scores," said senior strong safety Jason McMaster.

Bill Smith and Brian Griffoul led the Setters with two touchdowns each. One of Griffoul's scores was a 23 yard touchdown pass from quarterback Kevin Conner. Conner completed 14 of 19 passes for 216 yards.

Defensively, the Pioneers were led by freshman Mark Ramanov, who had 11 tackles. Freshman Jason Martin had eight tackles and one sack. Junior Adam Fuller had five tackles and fell just short of setting the record for total tackles in a season as he finished with 103, two shy of Tom Brown's 1991 record of 105.

"The lines are stronger this year and with three lines, everyone gets a good rest between shifts," Laliberty said.

Sports Schedule

Friday, November 22
Men's Basketball vs. Assumption at New Haven, 1 p.m.

Saturday, November 23
Men's Ice hockey vs. Villanova, 7:30 p.m.
Men's Basketball vs. Teikyo Post at New Haven, 6 p.m.

Women's Basketball at LeMoyne Tournament, TBA

Sunday, November 24
Men's Ice hockey at Quinnipiac, 7:30 p.m.
Women's Ice hockey at R.P.I., TBA
Women's Basketball at LeMoyne Tournament, TBA
The men's volleyball team has endured an intense preseason, led by journeymen J.C. Tetreault and Pete Carlow, based on weight training and conditioning.

"My players are stronger, faster, more agile and in better condition than in previous years," said Coach Scott Carter.

Carter stressed that his team is focusing on a back-to-the-basics approach this season, dealing with classic conditioning. This form of conditioning involves the players training not only their bodies, but their minds as well to make the correct initial response.

"I'm conditioning my players to give a certain response at any time, as well as being at the right place at the right time, simply because it is what they are trained to do," said Carter.

Last season's record of 22-14 wasn't indicative of the team's accomplishments. Based on disciplinary reasons, the team was forced to forfeit two games and the strength of schedule was more challenging than in previous years.

This year, the team faces an even more difficult season, with five of the top volleyball teams in the nation on the schedule. Springfield, the Division III national champions last year; Southampton, the Division II champ, along with such Division I schools as Yale, Syracuse, Cornell and Fairfield.

Why such an intense schedule? "We want to know where we stand and what we need to do to get where we want to be," said Carter.

Statistically, Sacred Heart was the best defensive team in the nation last year, with three players ranked nationally in digging percentage. Rob Pinkas, Carlow and Jason Telleis were first, second and sixth in the nation.

All of last year's starters are returning this year. Junior Kevin O'Malley, last year's Co-Conference Player of the Year, is studying abroad this semester in Ireland, but will return to claim his position of middle hitter.

Telles, who led the team in hitting percentage last year as a freshman, will play the right side, and juniors Tetreault and Carlow will play an important part in the team's primary passing system.

Women's Ice hockey skates past Union, MIT in opening games

By Lauren Wiggins

The season is just two games old and already the women's ice hockey team has matched last year's record of two wins.

Friday night the Pioneers avenged last year's 6-5 loss to Union with a 4-1 victory. Sacred Heart scrambled around in the first period, but settled down for the rest of the game.

Union went ahead 1-0 at 8:41 in the first period and headed to the locker room still leading. Things picked up in the second period and now it was Union scrambling for the puck.

The second and third periods were spent in Union's defensive zone as it was unable to clear it out.

At 5:30 in the second period, right wing Sarah Hanna ripped a shot off a pass from Christy Palmier to tie the score at 1-1. It was all Sacred Heart again in the third as more pressure was put on Union. Palmer scored two goals and defensememan Christine Raab tallied on an unassisted shot from the point.

Freshman goalie Anna Alveari got the team's first win, recording a total of 14 saves. MIT was next on the road.

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Women's Basketball opens with victory

By Julie Nevero

The Pioneer women's basketball team opened its 1996-97 season with a 62-60 win Saturday over Quinnipiac College in Hamden. The Lady Pioneers led 35-30 at half time.

"It took us awhile to get into the game," said Bresnahan, "but once the first-game jitters were out, we played like we knew we could."

Leading the Lady Pioneers was sophomore forward Angela Perkins with 18 points and seven rebounds.

"The first game is always tough," said Perkins. "We came back from halftime with our heads up and we got the win."

Other major contributors were junior Christy Perkins (13 points, 4 rebounds), senior guard Beth Huber (10 points), and Bresnahan (8 points, 5 rebounds).

Gridders falter in finale

By Brad Wilson

The Pioneer football team closed out its season last Saturday with a 35-0 loss to the Pace University Setters in Pleasantville, N.Y. The gridders ended with a record of 4-6 for the '96 season.

Sacred Heart generated little offense as it accumulated only 99 total yards including just 13 yards on 20 attempts rushing in the first half.

Senior Brian Blufeld did manage to break the 1,000 yard rushing barrier for the second consecutive season. He had 41 yards on 14 carries leaving him with 1,026 yards for the season.

Sacred Heart's passing game has been non-existent for much of the season and it was minimized.

Continued on Page 11
Welcome to the first edition of Student Government’s The Student Voice. Although the Student Government has been releasing newsletters, we are working with the Spectrum to increase our circulation.

Beginning in January, our communication with the students will become increasingly effective as we are able to let students know what we are doing to serve them and so students can tell us how to serve them better.

As the first semester draws to a close, I would personally like to commend all of the members of the Student Government as a whole for their hard work and dedication.

Because most of my contact is with the Executive Board, I can tell you that in my four years as a Student Government representative, I have never seen a more effective team.

They have gone above and beyond to serve you to the best of their abilities, and I hope their hard work does not go unnoticed. Some of their work is represented on this page, but a substantial amount goes on behind the scenes that you may never know about.

If you see our student leaders, thank them, because in accordance with our motto, “For the Students, by the Students,” they frequently take initiative to take a common student complaint and be pro-active about changing it or voicing the concern to others.

The first semester has been exciting as we have been tackling numerous projects. We managed to register 105 students to vote this year, a 65% increase over last year.

We developed a link with the administration to foster our communication with the Cabinet and the majority of bands, lectures and events you see on campus.

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Class Update

Class of 2000 works toward unity

The latest editions to the Student Government Team were the officers of the Class of 2000. Led by Melanie Kubica, the class is bursting at the seams with ideas and energy. They hope to focus their ideas into unifying the class. They have approached student concerns with vigor and integrity, and you can tell that this is one class that wants to go places.

Look forward to seeing the Class of 2000 long sleeved T-shirts as their first fundraiser. Also, as the winter months draw near, the class is organizing an innovative fundraiser that will make you ask yourself why you did not think of it yourself. Keep your eyes and ears open because the Class of 2000 is on the move. If you would like to see them in action or you have a concern, attend one of their class meetings at 10 p.m. on Wednesdays in the West Hall Great Room.

Class of 1999 making waves

The Class of 1999 is taking steps to inform you of what is going on with their class and with Student Government through their monthly newsletter, "Another Brief from the Class of 1999," and their frequent class meetings.

They recently worked with Vinny Mangiacapra and Denise Richardson to bring in representatives from Digital, the original laptop distributor that served their class. They also held a 70's dance in September and everyone who went reported having a great time.

The Class of 1999 is planning a volunteer activity in the beginning of December and they are currently discussing their goals for next semester.

Class of 1998 rocks the house

The Class of 1998 has been working arduously to make the Christmas semi-formal, Jingle Bell Rock, a success. The semi-formal will take place in three ballrooms on the second floor of Sante's Manor. "It's going to be really different than last year. We are going to have a sit down dinner, and we'll be allowed to walk through the front doors," commented Dana Scinto.

Determined to sell out the semi-formal, the Class of 1998 had a meeting with their class and made a display of their new space. Their hopes were fulfilled as they sold out in three days with some students waiting over two hours for their tickets.

The semi-formal has required more than just ticket sales. Aside from reserving the space, the class has made the arrangements for the food, decorations and is working with the Prologue to offer pictures at the semi-formal for a small cost.

Beside the semi-formal, the class has also run its first candy-bag sale. They patented the candy bags as their fundraiser, so they will be available to you every season for delivery to a teacher, a friend or someone you secretly admire.

Student Senate Develops Your Voice

Over the past three months, the Student Senate has been fighting to let your voice be heard. They have worked with the Ryan-Matura Library to extend hours. Although they have been discussing the possibility of computer or telephone registration, they are still working with the administration to develop the program. They have also worked with Health Services to try to increase the number of hours that the doctor is on campus.

One of their most significant focuses has been campus safety. They have been trying to increase campus technology to include safety phones along walkways and in parking lots. They have also been trying to have someone at the front entrance 24 hours a day.

Bill O'Connell, director of public safety, has been working with them, but it seems that the money is not available to make the necessary changes on campus.

They have also worked with the Physical Plant to try to improve the communication between maintenance and residential students. The Senate recently rewrote the parking policy following a community meeting at Jefferson Hill and expects it to be viewed by administrators before Thanksgiving.

They also look forward to updates from the Technological Committee, which recently placed a voting member on the University's Technological Advancement Committee.

Through their student representation on this committee and on the Faculty Senate, the Senate hopes to work with faculty as well as staff and administrators to smooth over some of the existing bumps in a student's career at Sacred Heart University.

What is the CCO?

CCO stands for the Council of Clubs and Organizations. It serves as a network for all clubs and organizations on campus. They work with the Finance Board and the Student Events Team closely to make sure each club has opportunity to recruit members by co-sponsoring events and has access to a portion of the student activities fee.

One representative from each organization meets bi-weekly to share upcoming events and fundraisers so they can go back to their respective groups and let others know about what is coming up.

They are also responsible for installing new clubs, running activities fairs and doing informative sessions on subjects including recruitment, motivation and advertising for existing clubs.

Greek Council sets trends

The Greek Council is designed to build a cohesive unit between existing fraternities and sororities and to recognize new Greek organizations. The Greek organizations in and of themselves are designed to tie students together as brothers and sisters toward a common interest. All of the organizations are service oriented, committing themselves to a cause or a mission outside of Sacred Heart. Because the Greek Council is so new, they are not limited or stifled by traditions. Although the Greek Council will continue to sponsor rush activities and Greek Weekend, they recently sponsored a new activity, the Greek Olympics. The event was limited to the members of the Greek organizations on campus. It was designed to build unity between the fraternities and sororities.

Those who attended left the events tired, muddy, but overall very happy. It is safe to say that the Greek Council not only met its goal but continues to set a precedent for Greek Councils in future years.

Finance Board Reminder

Budget Requests were due Tuesday, Nov. 19 to Mike Vigante in the Student Bank. Any late requests will be second priority.

Please have the president, treasurer and advisor sign the Budget Request Form. The Student Bank is located on the first floor of Hawley Lounge and is open weekdays from 1-4 p.m.