College Parties, Hookups, and Happiness: What College Students Really Think

2 p.m.

"Trust Me: Through the Eyes of a Survivor" with author Victoria Caputo '17, McMahon Presentation Room, 5:30 p.m.

2-22

White Ribbon Campaign U.C. Commons 1 p.m. - 3:30 p.m.

2-23

FAKE NEWS Or Not?

Fergie's Rendition of the National Anthem Describes Students as "Overly Sensual," With a Strong Focus on Stu-...
Open to Love: Agape Latte with Sabina Petillo

BY EMILY HELLDORFER
Staff Reporter

On Feb. 15, Campus Ministry hosted their most recent installment of Agape Latte, “Open to Love,” in the dining area of Linda’s.

The event featured guest speaker Dr. Sabina Petillo, wife of Sacred Heart University President Dr. John Petillo. Taking place twice a semester, Agape Latte is a coffeehouse speaker series for students to hear personal stories of the intersection of faith and everyday life.

“It’s a great opportunity for students to come out and hear somebody that they’ve seen on campus, hear more about their story, and how their faith has impacted their life,” said Campus Minister Devon McCormick. The series originated at Boston University about 10 years ago, and was brought to Sacred Heart last year. Along with Campus Ministry, the event was also hosted by the Agape Latte leadership board.

According to McCormick, Agape Latte serves a unique purpose to the University. “Every college campus is looking for a way to reach the community as a whole. I think Agape Latte serves to unite all the little pockets of the university,” she said.

The event began with free coffee, tea and baked goods. There was also a half-hour of live music before a moment of silence for the victims of the recent school shooting in Parkland, Fla.

After a quick round of trivia with prizes, Petillo was introduced and a brief history of her career as a medical physician was given. She attended medical school in Rome, where she was able to connect with her Catholic faith.

“I am excited and humbled to be invited to be a part of a program that invites someone from the community to share their spiritual experience or journey in a casual and welcoming setting,” she said.

Agape Latte speakers are chosen by the students. “We look at who the student body is impacted by, who they look up to, and who they want to hear from,” said McCormick.

“Mrs. Petillo is so genuine and I think the student body as a whole wants to know more about her,” she said.

Petillo spoke about her experience of being diagnosed with breast cancer in 2008, and how it allowed her faith to grow deeper.

“I found Mrs. Petillo’s story powerful, and a good reminder to be thankful for the people in your life,” said senior Annie Fang.

Mrs. Petillo made a point to highlight the importance of faith and a good support system during hard times.

“I told myself I’m not just going to wallow, I’m going to stand up and hold God’s hand to get through this,” she said.

“I know I’m not alone. Aspects of my journey made me look up to and embrace love.”

Students found Mrs. Petillo’s speech to be inspirational and a true testament to her strength as a person.

“This gave me a better idea about the kind of person Mrs. Petillo is,” said senior Shannon Guerri. “Before this, I had no idea of what she had gone through.”

Overall, her discussion gave students an opportunity to reflect on their own lives, and the importance of kindness.

“There is one point that is important to remember, and that point is never to forget,” said Petillo. “Never forget the gift of life and the kindness of others.”

Engineering Club Hosts Drone Race Fundraiser

BY SEAN KELLY
Staff Reporter

Sacred Heart University students from Professor Tolga’s engineering explorations course put together a fundraiser to support Notre Dame High School’s STEM (Science, Technology, Engineering and Mathematics) club.

The Engineering Club Drone Race Fundraiser took place Tuesday, Feb. 13, at 12:30 in the Art & Design Gallery Atrium located on campus. Students paid two dollars per race. All the money raised went to Notre Dame High School’s STEM club.

“I’m excited about all of this,” said freshman Stephen Bader. “I am very enthusiastic about this club and especially this event for such a great cause. The STEM clubs represent our efforts to explore what path engineering has for us. To be able to do a fundraiser for clubs willing to pursue that as well is a rewarding experience.”

Providing equipment and boosting efforts within Notre Dame’s STEM club is essential for this fundraiser, according to Sacred Heart Professor Kaya Tolga.

“The ND STEM club has no funding yet, even though students in the club are extremely motivated and trying so hard to come up with projects with no resources,” said Tolga. “Providing them some equipment will boost their efforts.”

According to Tolga, this is more than just a fundraiser, as it also a growing relationship that will bond both the Sacred Heart and Notre Dame STEM clubs.

“Additionally, not only will they receive random pieces of equipment, but they will also work with us together during the semester to decide what they would need for their club,” said Tolga. “High school students and college freshman engineering students will work together to raise the money.”

The impact this fundraiser will have on both engineering students in both clubs will grow exponentially over the years as other clubs are asking for the same collaboration.

“This project impacts Notre Dame High School as the recipient of the equipment for their STEM club. It also impacts our engineering students as they work on a real engineering project (drones) with a service learning project associated with it,” said Tolga. “In the long term, this project will impact other high schools as we are already receiving more collaboration requests.”

The fundraiser as a whole was a fun event filled with competition and good sports, where prizes were given and drones were flown.

“I thought it was really cool,” said Senior Derik Beckett. “What took me to see this event, other than the drones, was the engineering aspect of it all. It was awesome to see how drones are more than just a piece of machinery. They really are a form of technology that we have come to rely on.”

“I’m glad I took the time out of my day to explore something not only educational, but meaningful to where humanity is going in terms of technology,” said Beckett.

The event will happen more than once according to Bader: “Our goal is to raise $5,000. We want to be able to build off of what we have here and have two more fundraisers to really drive our goal,” said Bader. “There will be two more big fundraising events on March 20 and April 17.”
Perspectives
Summer Vs. Winter Olympics

ALEXA..

Right now, we are in the midst of watching some of the world's greatest athletes battle it out for a few weeks on national television.

I've always been a big fan of the Winter Olympics, because it just seems more exciting than the ones that occur in the summer.

Not to offend anyone who likes the Summer Olympics more than the Winter Olympics (@Anthony) but I really and truly believe that the Winter Olympics are just better overall.

First of all, can we have a pure moment of silence for the knees and limbs of the mogul skiers? For the people who believe in miracles, the fact that these people can stand straight up after going over those snow hills like that is one example of a miracle in this life.

Also, I can't be the only person a little tired of watching Michael Phelps win every single swim race known to man during the summer games.

At least there's a little more diversity in the Winter Olympics, like the insane luge and those jumps and twirls like it's just a normal day at the free-skate.

Even in all my padding and equipment back in the day, I could barely skate in circles, so I greatly appreciate these athletes' skills on ice.

Speaking of ice, if curling doesn't make you want to viciously sweep a can of tuna across your floor as fast as you can then what are you here for?

Not that this has anything to do with the games themselves, but I am also a little biased because I, as a person, cannot stand the summer or the heat.

So by the transitive property, I automatically dislike most things that come along with the summer.

I can also remember one occasion during the last Winter Olympic games that took place in 2014 in Sochi. I was so inspired by the halfpipe and freestyle snowboarding competitions that I convinced myself to give snowboarding a try myself.

In short, it was a catastrophe and embarrassing event, since I could barely stand up and fell right off of every ski lift at the resort. I was so inspired by the halfpipe and freestyle snowboarding competitions that I convinced myself to give snowboarding a try myself.

So, in case you haven't been watching any NBC—or sports-related broadcasts in general—the Winter Olympics are underway.

I can legitimately say I've been in tune with the Olympics since the 2000 summer edition in Sydney.

I was very young, but I remember watching some of the basketball and swimming competitions in my friend's living room.

Ever since my early days, the Olympics have held a special place in my heart. However, in that same breath, I must say that I've always viewed the winter games to be the "little brother" to the summer ones.

That's definitely an unpopular opinion in the eyes of people who love winter sports (obviously), but I think I have a strong case for feeling that way.

Reason number one why the Summer Olympics are at least slightly better than the Winter ones: no one's getting dunked on in Pyeongchang. Basketball may not be an Olympic-specific sport, but it's my favorite sport to watch, and the summer games had it.

At the 2000 Olympics down under, 6'6" American basketball legend Vince Carter jumped over 7'2" Frederic Weis of France to make one of the most awesome dunks in Olympiad history. In basketball, getting "dunked on" is one of the most embarrassing things that can happen to a player during the course of a game, and Carter pulled off perhaps the greatest one of all time on a world stage. Tell me how that could happen in alpine skiing...

Reason number two why the summer games are better: it has track and field, table tennis and water polo, aka the necessary components of an electric cornucopia of sport.

To me, you don't have the Olympics without track. It's the kind of sport that people don't pay much attention to throughout a regular year, but for one month every four years, it's the most important sport on the planet—all because of the Olympics.

As for table tennis, it almost goes without saying, but you also need it for a successful Olympics. Some of those rallies are so crazy that they should be given a straightjacket. And water polo? I don't think I need to explain why it's one of the best niche sports and vital for the Summer Olympics.

To interrupt my campaign of showering love all over the Summer Olympics, I will give some credit to the winter games. I've always loved snowboarding and skiing events, and having a grand stage for them to be on display is pretty cool. (Figure skating can also be must-see TV on occasion.)

I will also give credit to the Winter Olympics for filling in a portion of the four-year Summer Olympic drought. To me, the four-year wait makes it kind of special, but it's also too long to go without Olympic action.

With the winter games having its own feel and breaking up the four-year break, it's a good reminder of the importance of the Olympics and how it kind of brings the world together a bit better than usual. I mean, even the two Korea fields a joint women's hockey team. Who knows what that could lead to?

The Super Bowl comes along every year, and it always feels special. I feel like the Olympics would definitely not have the same feel if they came around every year; they would also be pretty disruptive to domestic sports leagues. I suppose then, in conclusion, I'm glad the Olympics are rare. And although I can appreciate the Winter Olympics, its summer counterpart simply cannot be replaced.

HE SAID

ANTHONY..

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Celebrity Baby Names: What's the Verdict?

BY GINA D'AMICO
Staff Reporter

How would you feel if your parents gave you a name like Blue Ivy, Willow, Future, Moroccan or Apple? "I wouldn't have an issue with that," said freshman Nicholas Cardello. "It's different, and I like different. I believe the only difference in myself being named one of those names and a celebrity naming their child that, is their social status. Blue Ivy can walk around school and no one will question her name because her parents are Jay-Z and Beyoncé. Besides that, I think having a unique name is a brilliant idea. Standing out and being different is very important in this generation."

Although individuals like Cardello may argue that having an uncommon name is interesting, senior Matthew Lucas says he would not like having a unique name growing up due to his personality. "As a shy kid, I liked being named Matthew because I was often in classes with several other Matthe ws," said Lucas. "It kept me under the radar and I would have resented a unique 'celebrity name' because I was often in class and no one would walk around school and no one would question her name because her parents are Jay-Z and Beyoncé. Besides that, I think having a unique name is a brilliant idea. Standing out and being different is very important in this generation."

"It's ok, you don't have to love me. It's enough that you put up with me. It'd be easy for you to leave me. But you still decide to hang around me. And I guess that's sort of love."

BY MICHAEL NICHOLAS
Staff Reporter

How young should be too young to run for political office, and how old should be too old? Recently in Kansas, 17-year-old Aaron Coleman announced he was running for Kansas in the last year to become chief executive of the state, according to a New York Times article. "There should be an age limit and I think you should be 42 as a minimum age to be in elected office because that's the time you've had plenty of years of work experience and you have been around for a couple elections," said sophomore Joseph McCormack. McCormack also added that with a reason for an upper limit. "I think the oldest you should be elected is 65 because that's when you start to get old and your health could start to decline," said McCormack. "And with a job like that it adds a lot of stress, which can affect your health even more."

Of course, the minimum age for some public positions is already much lower than 42, such as 25 for being a Representative. "I believe that 25 is a good age to be the youngest," said junior Christian Houghton. "My reasoning is because that the age of 25 a human's mind is fully developed." Christian went on to provide a nuanced look at the upper limit. "For the question regarding how old is too old, technically it does not matter as long as the individual is mentally and physically healthy to hold that position," said Houghton. "But from the eyes of the voter, if the individual running for office is running for a position against a younger candidate, most of the time they will vote for the younger candidate. It is still a toss-up question because one can play devil's advocate by stating that the older candidate is wiser."

Others interviewed brought up that there is a hierarchical lower limit already with higher minimums for higher positions, starting with 25 for Representative. Professor and former senior producer for NBC News, Joseph Alicastro, feels that age provides a candidate necessary life experience. "I think that our founding fathers were wise to choose the age of 35 as a requirement to be President of the United States," said Alicastro. "It seems that gives the prospective candidate enough time to gain the experience necessary to govern in a very complicated world."

Alicastro spoke with students who said that an upper limit was necessary due to health and the impact of stressful positions of power at that age. Among those interviewed, there was a fair consensus that keeping some lower limit was necessary due to lack of experience. However, opinions varied greatly as to the number, ranging from 25 to 42. There was also some agreement around diminished ability due to health and stress when too old, with some giving the caveat that an older candidate is technically always more experienced.

Do you want to see your poetry in print? Send your work to Giovanna Gatto: gattog@mail.sacredheart.edu with the piece, the title, and your class year.
The NHL's Youth Movement

Graham O'Dwyer

Asst. Photo Editor

Whether you're a hard-core fan or just a casual fan of the National Hockey League (NHL), there are a handful of players that everyone knows.

Superstars such as Sidney Crosby, Alex Ovechkin and Henrik Lundqvist are just some of those first names that come to mind. They may all play on different teams and have rivalries between them, but one thing is shared between the three: they have all been in the league long enough to be considered veterans.

As we all know, athletes aren't totally superhuman and they begin to gradually decline in performance as they age. A change in the NHL style of play is happening right now, and it isn't the veterans who are making that happen.

Over the past five seasons, there has been a big youth movement within the NHL. Players such as Connor McDavid, Auston Matthews and Matthew Barzal are helping to lead the youth movement in the league.

Now you may ask: how are some of these young phenoms changing the game? Let's take a look at some of the numbers.

Connor McDavid was drafted first overall by the Edmonton Oilers back in 2015. In his first season he put up 48 points in all 82 games, averaging just over a point per game.

Matthews is currently leading the Toronto Maple Leafs this season to the third-best record in the East. Even though he missed about ten games to injury, he is still leading his team in points and plus/minus rating.

Matthew Barzal leads the rookie scoring race, and it's not even close. Barzal currently leads all rookies in assists with 46, the next highest being 28. He also leads all rookies in scoring with 62 total points, with the next highest being 49. The kid can flat-out play and has shown that he can not only score goals, but can also dish out plenty of beautiful assists.

Similar to McDavid and Matthews, Barzal is part of the youth movement that is changing the way the game of hockey is played.

The NHL for years had been the tough guys league, where size, grit and hitting were emphasized. With the recent youth movement in the league, those aspects of the game are still there, but they are not as important as they used to be.

The young guys have brought tremendous speed and skill to the game, which hasn't been seen like this before. The NHL is different a game to watch compared to 20 or even just ten years ago.

The change in gameplay has brought a new wave of excitement to fans of the league and even those who just began getting into the sport.

If you've become a fan of how the game is being played now, give the young guys a thank you, as they are the future of a changing league.

The Game of Sports Broadcasting

Anthony Del Vecchio

Asst. Photo Editor

Watching sports is a pastime enjoyed by millions almost every day. When you turn on your television to any major sporting event, you instantly get what some would call "the best seat in the house."

So much goes into the conception and production of a live sports broadcast, which takes all the hard work and dedication of an entire cast of professionals. The jobs are unique in the world of sport.

A TV announcer is often the only face we see on the screen, or so it seems. But behind the scenes, there are hundreds of people working tirelessly to bring us the show.

The job of an announcer is to fill the shoes of his predecessor and to bring something new to the broadcasting world. They must be able to bring life to the game and make it more interesting to the audience.

There are usually two announcers for each Wednesday’s issue. All submissions are subject to editing for spelling, punctuation, and length.

Letters to the editor should not exceed 400 words and should be e-mailed to spectrum@sacredheart.edu. The Spectrum does not assume copyright for any published material. We are not responsible for the opinions of the writers voiced in this forum.
In April 2017, junior, Julia Caiazzo, became president of the Love Your Melon club at Sacred Heart University.

Love Your Melon, is a non-profit company that makes and sells hats and then donates half of their profits to finding a cure for pediatric cancer.

One of her first jobs as president was to run the E-board of an event they were holding for the very first time at Sacred Heart: a swab drive for, “Be The Match.”

“Joining Love Your Melon was one of the best decisions I have ever made, and it certainly has changed my life,” said Caiazzo.

Be The Match is a non-profit that connects people who are an exact match for a bone marrow transplant, giving a healthy person the opportunity to save someone else’s life.

On the day of the Love Your Melon and Be The Match event, Caiazzo decided to get swabbed so that she could have the opportunity to save someone’s life.

After months of thinking she would never hear back, she got a call in Oct. 2017 that she was a potential match for a bone marrow recipient. For the rest of the month, she was filling out health forms and attending doctor’s appointments.

At any point during that process, it could have been determined that she was not an exact match.

However, on Giving Tuesday, which was on Nov. 28, Caiazzo received a call that a patient’s doctor had chosen her to be the best match to save someone’s life.

When she first told her family and friends that she was considering a bone marrow transplant, they were worried.

They had heard that it was a painful process, and were not sure that it was safe.

However, after contacting Be The Match and talking to them more in depth about the process, Caiazzo felt completely comfortable with her decision.

“About eight-percent of potential matches will be asked to donate after the additional testing stage. However, I was in that eight-percent. I saved a life, and I am beyond grateful to have had this opportunity,” said Caiazzo.

She donated her bone marrow through Peripheral Blood Stem Cell Donation, which is a five-day process.

For the first four days, she received injections. On the fifth, she was hooked up to a machine that first took her blood and stem cells, and then put blood back into her arm.

While most of the information about the patient is kept confidential, it was revealed that Caiazzo was able to help a 57-year old woman who lives in America.

“When I first opened the letter confirming my donation process, it revealed the age and gender of my recipient. Tears came to my eyes and I thought instantly of my mother,” said Caiazzo.

“I knew that if my family was in this situation, I would want someone to do this for her.”

In one year, a bone marrow donor is given the opportunity to meet the patient whose life they saved.

Until then, the patient and donor are able to send anonymous notes to one another.

“People who join the registry have a very real possibility of becoming a match and saving a life. Some people wait all their lives on the registry,” said Caiazzo. “Matches are rare, but they are so special. You can all be that extra chance someone gets to push towards a cure, and my story is proof that you all can be that chance. What are you waiting for?”

In one year, a bone marrow donor is given the opportunity to meet the patient whose life they saved.

“I have to pay him back for all the gas we used though,” said Torrens.

The two found out about the competition through a sports media club meeting.

They thought it was a good idea to work together on the project, and that it would be a great opportunity not only for some professional experience, but also for some fun.

“We have known each other for awhile now, we were in the same CM 102 class, and we studied overseas in Dingle together, so I knew what he was capable of with my work,” said Baron. “After the meeting, I reached out to him right away, and we both agreed we should enter together.”

They completed the whole shooting of the video over one weekend on a trip to Hofstra University. They used each others strengths to make the best video possible.

“If I miss something, he picks up on it and vice-versa, we didn’t fight it at all on it. At the end of the day, the video was great, we were not going to let anything affect that,” said Baron.

Sacred Heart has also been supportive of Baron and Torrens throughout this process.

“We had an interview with PR of Sacred Heart to spread the film through the area on multiple news formats, we even got special equipment that is usually reserved for graduate programs,” said Torrens.

The two decided to do their video on Torrens’ grandfather, John Cammarata, who played college baseball back in the day, at Hofstra University.

The video tells the story of how Cammarata won the 1956 batting title in the MET conference which was awarded by professional baseball team, The Brooklyn Dodgers.

The story is special, not only because of Cammarata’s difficult feat, but also because 1956 was the last year the Dodgers played in Brooklyn, thus making Cammarata the last recipient of the award, which was one he had idolized since he was a child.

“My grandpa once told me, ’your story book moment isn’t always making it to the big leagues, you can have many big moments before them,’” said Torrens.

Students can vote for Ian and Eric’s video on next.nesn.com.
Food Review: Candlewood Market

BY KAYLIN HUEY
Staff Reporter

Candlewood Market Coffee & Tea Emporium offers a variety of coffee and tea as well as other drinks and snacks.

Candlewood Market Coffee & Tea Emporium, a business which has been brewing and selling coffee to companies for years in Brookfield, Conn., opened their first store in Fairfield, Conn., on Dec. 22, 2017.

The store is conveniently located behind Local Kitchen & Bar, which is also near the train station, and offers open parking available for their customers.

It is a family owned business, and offers a classic coffee shop feel, with a hint of flair.

With the opening of their new store in Fairfield, they are now able to serve customers freshly brewed coffee, tea, and snacks, but with the added uniqueness of a Nitro Bar, with cold brew coffee offered on tap.

When I looked on their website and saw they offered a Nitro Bar, I was very intrigued to try it. When visiting the market, I found that they also offer kombucha, Nitro Cold brewed coffees, and teas on tap.

The Nitro Bar offers a bar-like feel, with stool seating around the bar, and eight brews available on tap. Their Nitro Cold brews are sold by the cup or growler.

I was very surprised by the taste. The brew was smooth, thick, and creamy; very different from regular iced coffee. I like my coffee sweet, but at Candlewood, the employees recommend not adding sugar.

I’m not completely sold on the Nitro brew, and will probably be sticking to my regular iced coffee. However, I would recommend trying one of Candlewood’s Nitro Cold brews or kombucha, for a little spin on your classic “cup of Joe.”

The market was spacious, consisting of many seating options, perfect for relaxing or working over a cup of freshly brewed coffee and a bakery item. Offering comfortable seating, soft music, and dimmed lights, which creates an enjoyable and laid-back environment for customers.

The décor is very clean and simple, with white walls lined in black-and-white photos of children laughing. The interior decor adds to Candlewood’s atmosphere.

Even though the store offers a relaxed atmosphere, Candlewood is a great place for students and those in career professions the space to work and read. Candlewood, is also very family-oriented. At the end of the market, one wall is painted with chalk board paint, allowing for a space where children can remain occupied while their parents relax with their favorite brew of coffee in-hand.

After ordering a Nitro Cold brewed coffee, I ordered a bagel with cream cheese, which was delicious, as well as my favorite coffee accessories.

The store has a variety of bakery items and pastries available. Candlewood offers many healthy breakfast and lunch options, including egg sandwiches, pastries, soups, salads, and sandwiches. The market also has on-the-go snacks for their customers. The prices are reasonable, especially considering that most products are homemade or organic from local companies.

Candlewood also provides a huge variety of cold drinks, teas, kombucha tea, and sodas. They also sell their own Candlewood Market brand coffee grounds and pods.

The market also offers kid-friendly snacks like Dippin’ Dots. Candlewood sells many specialty goods and foods, as well as small gifts. An array of espresso, lattes, regular coffees, chai lattes, frozen drinks, smoothies, and hot chocolate, are offered. Prices ranging from $2-$5, with a choice of three sizes, compact (small), sedan (medium), and limo (large).

Overall, I enjoyed my experience at Candlewood Market. I loved the atmosphere, helpful and knowledgeable employees, and unique snacks: I would recommend this to my friends, or anyone that is looking for a regular cup of coffee or want to try something new with their Nitro Bar.

Candlewood Market is open between the hours of 6 a.m.-9 a.m., Monday through Friday, with similar hours Saturday and Sunday.

Try it yourself and get your morning fix or afternoon pick-me-up.

You can also check out their website for their full menu and list of prices: https://www.candlewoodmarket.com.

New Snapchat Update Causes Controversy

BY LEAH ZINSKY
Staff Reporter

Earlier in the month, the popular social media app, Snapchat, released a new update that changed the face of the app as a whole.

Snapchat began its rise to popularity in 2011, and it is still being used daily by millions. However, when a recent new update was automatically installed on users phones, people had many opinions about the new look.

When Snapchat first launched, users loved everything about it. The app was a place for people to instantly connect with friends through photos or videos.

“The new update made the app more complicated and not as enjoyable as it usually is,” said junior Ariana Cavalaro.

The previous version of Snapchat had various characteristics that made it simple and fun to use.

Users can choose how long the sent snap can be viewed by viewers. ‘How long,’ ranges between 1-10 seconds, or infinite. Once the desired time is up, or the user closes out of the conversation, the message or photo expires.

Snapchat also allows users to add facial filters, such as turning yourself into a dog, or including geotags, which share a person’s location onto his or her photos.

On the main screen when the application opened, users were able to go right to the camera and take photos to send and share.

Swipe left, and the user would have a list of friends that he or she has sent a Snapchat to before, including when the Snapchat was last opened.

However, the new update has changed some of these features, specifically by making a person’s “story,” photo, or video on display, harder to viewers to find.

The new update was such a drastic change from its original format, that many users have since threatened to delete the app, and have even posted on other social media platforms, such as Twitter, wondering how to get the original version back on their phones.

According to Snapchat, the update was invented as “something new” to make Snapchat feel even more personal, by introducing the new, “Friends” page.

The new “Friends” page to the left of the camera displays a user’s friends based on the way he or she would play with them, as well as the user’s friends based on when it’s most fun to talk with them.

Snapchat also added the ability for users to directly chat with their friends, or anyone that you have a friend in common with.

“IT’s hard to use. I keep accidentally chatting with people that I don’t even talk to, I feel like now Snapchat caters to more ads and endorsements than it does talking with your friends,” said junior Gina Costagliola.

The screen where users were able to view who snapped them is now combined with the same screen that users can view the people on their friends’ stories, which is making it hard to decipher between stories viewed.

The “Discovery” page, which used to have stories displayed in chronological order, has now changed to stories for each application, like Twitter, Instagram, or other popular companies, and for each of their stories they may or may not have chosen to view.

When users want to view a friends story, they have to look hard in order to find it, and it may not even be visible if the user hasn’t sent a Snapchat to that person lately.

The update has caused a major uproar, resulting in a petition to remove the update, which has been signed by 571,264 users and counting. The petition hopes to reach 1,000,000 users.

According to Snapchat, separating social from media has allowed users to build the best way to communicate with friends and the best way to watch great content - while addressing many of the problems that plague the Internet today.

“I think the update took away the whole social aspect of the app and replaced it with advertising of pop culture and product promotion,” said junior Jacqueline Fernous.
**Review of “Black Panther”**

**BY STEPHANIE DOHENY**  
Staff Reporter

"We will work to be an example of how we, as brothers and sisters on this earth, should treat each other," said Chadwick Boseman as T'Challa in Marvel Studio's latest film, “Black Panther.”

The film was released to U.S. theaters on Friday, Feb. 16 and is based on the Marvel comic of the same name.

Directed by Ryan Coogler, “Black Panther” tells the story of T'Challa (the Black Panther), who is now King of Wakanda, a fictional East African nation. The film picks up as King T'Challa returns to take his rightful place as King and has to face off with a powerful enemy, Erik Killmonger—putting the fate of Wakanda and the rest of the world in danger.

"I think everyone in the cast is going to change the way in which people think about the media and movies," said junior Laura James.

The Associated Press (AP) reported that “Black Panther” had a record-setting $192 million debut in U.S. and Canada theaters and blew past expectations to become the fifth-highest-grossing debut ever, not adjusting for inflation; following only “Star Wars: The Force Awakens,” “Star Wars: The Last Jedi,” “Jurassic World,” and “The Avengers.”

The film stars Boseman as T'Challa, Michael B. Jordan as Killmonger, Lupita Nyong'o as Nakia, Martin Freeman as Everett K. Ross, and Daniel Kaluuya as W'Kabi.

"I personally am not a big fan of all the cast members, but I do very much love Lupita Nyong'o, who plays Nakia in the movie," said senior Faith Quay. "She is a brilliant young woman who is well educated and received her masters at Yale. I view her as a role model who has read 'Black Panther' can now see that the movie is staying true to the characters, which I think is another amazing and influential cultural impact."
The Sacred Heart Spectrum

Arts & Entertainment

OPK Enlightenment Showcase Raises $1,500 for Camp High Rock

BY JULIA LEONARD
Staff Reporter

On Friday, Feb. 16, Omega Phi Kappa (OPK) presented the Enlightenment Showcase. The showcase featured a variety of performances from not only organizations around campus but also from Fairfield. All the proceeds go to Camp High Rock, where the fraternity volunteers their time.

"Where the fraternity volunteers their time." All of the proceeds from the Showcase went to Camp Hi-Rock in the Berkshires region of Western Mass. Camp High Rock is a YMCA summer camp for boys and girls. Last semester, OPK spent a weekend doing over 600 hours of community service at the camp.

Prior showcases revolved more around OPK and the stepping and strolling. The Revival Showcase was OPK's first showcase that also featured talents from members outside of the fraternity.

The Omega Phi Kappa Showcase featured performances from not only organizations around campus but also from Fairfield. All the proceeds go to Camp High Rock, where the fraternity volunteers their time.

"Last year was the first time we ever put something on like this," said Simmons. "We showcased ourselves, brought stepping and strolling, and encompassed other talents, on and off campus," said President of OPK, senior Frankie Scarano.

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Sports

Ready for Some Football?

BY DOMINIC CAPORALE
Staff Reporter

A total of 25 recruits committed to Sacred Heart to play Division I football next fall. National Signing Day took place on Wednesday, Feb. 7, and the Pioneers signed a total of 17 commits. They also had signed 8 commits in the fall semester.

The Pioneers focused on three positions in this recruiting class which were defensive backs, defensive linemen, and receivers. They look to work on those positions and fill them in when the current senior class graduates in the spring.

Although the team is focused on those three main positions, they also did collect some other athletes to fill out the roster in other positions.

They also recruited kickers, linebackers, running backs and a tight end. The Pioneers are looking to have these student-athletes step up and help the team get to the top of the Northeast Conference (NEC) rankings.

"I really like how hard my assistant coaches work. We just want the hard nosed kids that want to play, and I think we found them. I think these kids will make a perfect fit for Sacred Heart and who we are," said head coach Mark Nofri. The Pioneers are heading into their spring season, where they will work to get back to the top of the NEC.

Back in 2013 and 2014, Nofri led the Pioneers to back-to-back NEC championships and hopes to be on that track next season. Nofri believes that this group can accomplish that task.

"To be how we were in 2013-2014, we need to focus on a couple of things," said Nofri. "First, we need to learn how to fight through adversity as a team. Next, we need to stay healthy. The teams I had then luckily stayed healthy. But what most people don’t know is that we took lumps for a couple of years, then we came back and won them back to back."

The spring season starts March 16, and the Pioneers are ready to take the field and see what they have.

"I’m really looking to see who of the younger guys step up and fill the roles. I’m looking to see who can step up as leaders, and who can help carry this team. That’s what I’m excited for," said Nofri. Last season the Pioneers had a record of 4-7. They are determined improve that record this coming season.

"We just have to stay as healthy as much as possible, with no injuries," said Nofri.

As soon as the spring season is over, the summer workouts for the fall season begin just weeks later. At that point, all recruits from the class of 2022 will join the rest of the team. I think for us to have great success again, we need more guys to stay over the whole course of the summer, to workout with our athletic trainers, teammates and all our coaching staff," said Nofri.

"The summer is a big part where the team works on what they need to, and implement new plays and strategies."

Figure Skating Finishes 5th at MIT

BY CHRISTOPHER WALSH
Staff Reporter

The Sacred Heart University figure skating team is off to a hot start on their 2017-2018 season after recently placing 5th at their competition at the Massachusetts Institute of Technology. The Sacred Heart figure skating team placed 5th at their competition at the Massachusetts Institute of Technology.

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Men's Volleyball Looks Ahead

BY JOHN KAYWOOD
Staff Reporter

After dropping the opening four matches of the 2017-2018 season, the Sacred Heart University men's volleyball team won back-to-back games in commanding fashion. The Pioneers only dropped two sets in their two victories against Lasell College and Belmont Abbey respectively. The team finishes out the rest of February on the road. While there has been some great momentum created in those matches, the Pioneers are still preparing for the challenging road games ahead.

"Those wins are good, they are good confidence boosters, but realistically though we lost our first conference game and the mood in practice is we have to get to work," said senior Josh Ayzenberg.

Ayzenberg had a season high 22 digs on Feb. 2, against Belmont Abbey, but is clear that the numbers don't matter.

"Day in and day out, not sitting and resting on my laurels but just everyday trying to get better," said Ayzenberg. "The last game is over, last season is over and you just have to look toward the future."

"We are a talented team, we have a ton of depth which is unlike past seasons," said head coach Gregory Walker. "We have to grind in the practice gym everyday. Not one day out of the week, but every day."

The team has even restructured some of its gym routine and Walker has seen progression in his club each week of the season.

The Pioneers posted 16.5 blocks in their victory over Belmont Abbey. Great communication and translating good habits from practice contributed to the successful blocking.

Moving forward, the Pioneers will play the second half of a four-game road trip. They had played two games in Pennsylvania against Penn State and St. Francis University on Feb. 16 and 17. Both games resulted in a loss.

They now will travel to New Jersey to play both New Jersey Institute Technology (NJIT) and Princeton on Feb. 23 and 24. Princeton is ranked in the NC Men's Volleyball RPI Top 25.

Walker would like to see greater hitting in the coming matchups, similar to the season-high .305 hitting percentage they posted against Lasell.

"The game of volleyball is nicknamed the 'Game of Errors,'" said Walker. "If you can make less but put more stress on the opponent defensively by placement, then we would find more success."

Management and nutrition before, between and after the upcoming road schedule will play a major key in their success.
The Sacred Heart Spectrum

Sports

Sacred Heart University Equestrian Team Competed at the Zone 1 Western Regional Championship on Feb. 18 with Devon Conley Winning Open Horsemanship.