Agape Latte: Sean Kaschak

BY ANAYA VANCE
Staff Writer

9-18 Comedian Derrick Knox/nyder
University Commons, 9 p.m.

9-19 Colloquium: Sexual Abuse in the Church: A Conversation in the Wake of Recent Revelations
University Commons, 2 p.m.

9-20 Let’s Make Chocolate!
West Campus Maker Space, 6 p.m.

9-21 Freshman Retreat
Cathedral Washington, 5 p.m.

9-21 All Ages NigPf
Red’s Pub, 5 p.m.

9-22 IFC Around the World
UC Auditorium, Time TBD

9-24 An Evening with Aly Railes
Edgerton Center, 7 p.m.

9-27 Student Government
Freshman Elections
Hawley Lounge, 8 a.m.

9-29 Fall Fast
63’s Patio, 1 p.m.

TWEETS OF THE WEEK

@GavinThurlow
"Love seeing fresh frosh caption photos like ‘love my roommate’ because you already know they’ll hate Becky in 3 weeks for being messy."

@MeghanMascitis
"Me at the end of summer: I’m so excited for Fall!"

@rconky
"Me now, hobbling frigid over to my room swaddled in a towel with one functioning nostril: Oh, right. This."

"Every person who writes articles about how awful fratmen are and the terrible things they do are the same people who didn’t get a bid from the fraternity they wanted... be gone good."

"Tweets of the Week" are taken from a public forum on Twitter. Tweets are opinions of the individual and do not represent the opinions of Sacred Heart University or The Spectrum Newspaper. If you want to see your Tweet in the newspaper, use the hashtag #ShuSpectrum and you may be featured!
Happy Birthday Seton Hall

BY MAYTE FIGUEROA-CAMILO
Staff Writer

This year, Sacred Heart commemorates the 25th anniversary of Seton Hall. The first-year residential hall is a tribute to the late Elizabeth Ann Seton, whose work influenced the start of parochial systems in America. According to SetonShrine.org, Seton was known for her devotion to the Catholic faith and her desire to spread the Catholic teachings to those around her. The building was originally known as South Hall, but was later renamed after Seton. "She was very instrumental in education, especially in Catholic education. She was one of the main people to kind of help push Catholic education throughout the United States," said Assistant Director of Residential Life, Gregory Madrid.

"It is the second most populated country in the world, only behind China. India is the world's largest democracy with a population of around 1.3 billion people. India's Supreme Court on Thursday, Sept. 6, struck down a colonial-era law that made gay sex punishable by up to 10 years in prison, a landmark victory for gay rights. One judge said the decision would "pave the way for a better future." "This move allows him to avoid a second criminal trial," said the former Trump campaign chairman cut a deal with prosecutors "to make sure that his family was able to remain safe and live a good life." Manafort agreed to cooperate with the special counsel's Russia probe and pleaded guilty to two federal crimes as part of Friday's plea deal. The move allows him to avoid a second criminal trial. Manafort said he intends to plead guilty to charges including conspiracy against the United States and conspiracy to obstruct justice relating to his work for a pro-Russia political party in Ukraine. Neither of the cases against Manafort relates to Russian interference in the 2016 presidential election, the central issue in the special counsel's investigation. Instead, they focus on financial crimes and Manafort's Ukrainian political consulting work, including failing to register as a foreign agent. Manafort was instrumental to President Donald Trump's securing the GOP nomination in 2016, and served on his campaign until August of that year. Press secretary Sarah Sanders said in a statement, "This has absolutely nothing to do with the President or his victorious 2016 Presidential campaign. It is totally unrelated."

Meteorologist Ryan Maue of weathermodels.com calculates that Hurricane Florence is forecast to dump about 18 trillion gallons of rain in seven days over the Carolinas, Virginia, Georgia, Tennessee, Kentucky and Maryland. The anticipated rainfall amount is 2.4 trillion cubic feet (68 billion cubic meters). It's enough to cover Manhattan with nearly 3,800 feet (1.1 kilometers) of water, more than twice as high as the island's tallest building. Federal officials have urged anyone who ignored orders to evacuate from Hurricane Florence to hunker down and stay put until the storm passes. 12,000 people are in shelters in North Carolina, 4,000 in South Carolina, and 400 in Virginia. Nearly 2,100 flights have been canceled and it is estimated that there will be a range between $10 billion to $60 billion costs in economic damages.

"For us it's trying to get the students to see a little bit more, like who was Seton, and how the names of the buildings actually have a significance to Sacred Heart and a significance to college education," said Madrid. Seton Hall is one of the largest and oldest residence halls on campus, housing over 700 first-year students. Residence Hall Director Emily Grobmyer gave some insight into what life in Seton Hall is like. "Seton has a great atmosphere. Historically there has been a really strong community here that coheses floors. It's really common for residents to have friends on a variety of floors and throughout the building and spending time with those friends just hanging out or studying together," said Grobmyer. Former students who lived in Seton Hall had both positive and negative memories of the building. "I have a lot of memories at Seton hall and most of them are good memories," said sophomore Alex Caruso. "Going to a new school is hard enough, but living in a new place makes it even harder. Luckily Seton Hall quickly felt like home." Not all memories of Seton Hall were as positive as Caruso's. "I studied in Italy my first semester of college, and had a living area, personal bathroom and a small Italian kitchen with my roommate. I had two windows that overlooked a small piazza and the cozy sun would slowly wake me up in the morning. When we came to SHU, my roommate and I were cramped in basically what looked like a janitor's closet or a single room meant for a RA," said Juanie Kay Kanakry. Kanakry continued to share her thoughts on Seton Hall. ""The walls were hospital blue painted bricks. We lofted our beds and our heads would scratch the top of the 6th floor ceiling in the morning. Only one of us could stand on the floor at one time because we were that cramped in there. So overall, Seton was the worst place I have ever lived."

Seton Hall's particular design and traditional style has been a drawback to some students. "I did feel that Ronc (Roncalli Hall) was nicer in terms of having an open area on every floor," said sophomore Lauren Tanner. Other students, like sophomores Tia White and Noelle Fredrick, had a different experience living in Seton. "I don't have any complaints about Seton, I enjoyed living there," said White. "I did not have a terrible experience—I thought it was fun," said Fredrick. Seton Hall has been through many changes, trying to become modernized throughout the years, as Madrid explained. "It's one of our core places for our freshmen, and it's also one of the places where students end their career during Senior week. It's a starting and ending place for a lot of our students," added Madrid.
Before I launch into an explanation of how it’s eco-friendly and responsible to limit our use of plastic straws, I do need to start by saying this. I agree with Angelina — the new lids are inconvenient. Straws are much more enjoyable to drink iced coffee and iced tea out of, and the lids are certainly a bit awkward.

But moving forward, let me also say that I believe global responsibility trumps comfort. And while we aren’t necessarily saving the world by changing our lids, we are making at least some sort of difference. What it comes down to, in my opinion, is environmental concerns. I’ll admit, I’m not usually the first person to advocate for going green and protecting the environment (mainly because I find myself more focused on other worldly and political issues). However, I still feel the need to side with Starbucks’ new initiative.

Here are some fast facts about straw use and damage that I found on www.strawlessocean.org... The Earth’s population uses over 500 million plastic straws a day. Most of these straws are too lightweight to make it through the recycling process (which is why the new plastic lids are more environmentally responsible than the straws are), get lost along the way, and end up in the ocean. It is also estimated that 71% of seabirds and 30% of turtles have been found with plastics in their stomachs — which gives them a 50% mortality rate.

Bottom line: it can’t hurt to make a tiny change to our lifestyles in the hopes of helping marine life. And if eliminating a teeny tiny aspect of our morning beverages has the potential to help? Then it can’t hurt to at least try this.

I spent this past spring break working on environmental conservation projects in the rainforest of Limón, Costa Rica. I have experienced firsthand the delicacy of wildlife and the tragedy of endangerment. And even though these concepts do not exist right in front of us and aren’t exactly prominent in our minds, it doesn’t mean they aren’t real.

We may not be able to see the harm that straws inflict upon our environment, but it exists nonetheless. And here we are, with an opportunity to do something about it. Is Outtakes saving the world? No. Not even close. But is it helping, maybe just a little? Yes.

If you are really still upset about the lack of straws in Outtakes, there is a solution. It might take a bit of planning, but it’s still a solution that will end with you having a straw in your iced macchiato. BYOBS: Bring your own reusable straw. They’re just a few bucks on websites like Amazon, they make a difference, and you can still enjoy your morning beverage the way you always have.

Reusable straws are not something I have yet tried, but I think they’re worth considering if you’re a die-hard straw advocate; it’s a valid point. I understand that my suggestion might arouse complaints such as “but you have to carry it with you” or “but you have to wash it,” but alas, I still have a comeback.

While these are valid complaints, I restate my point. Global responsibility trumps comfort. If giving up the piece of plastic that stands between us and our drinks is what it takes to save the seabirds and turtles, then so be it. Heck, take away all my plastic. Actually, wait, maybe don’t... Let’s just start with straws. Yeah, that sounds good.

Why take away something that has been used in society for so many years? Straws have become a part of so many people’s everyday lives, and a change to that is kind of weird. Actually, scratch that: it is very weird. Some may say, “Why tilt your head to sip with a lid when you can just sip on the straw?” or “Why worry about the plastic being used for the straw when you still using plastic to create the new look to the lid?”

Of course, it is not even a real Starbucks. I do not believe that they should have to follow all of the guidelines that are implemented at a real Starbucks establishment. Just because all of the Starbucks cafes do it, does it really mean we need to too?

Think about it this way. Some people walk into Outtakes just looking for a straw. (At least I know my friends and I do, it’s a secret little hack to not having to buy them at the grocery store.) The concept of the lid itself is what is throwing people off, or at least that’s what it’s doing to me. There are so many other things in this world that we need to worry about other than whether avid Starbucks customers are drinking from a lid or a straw.

How about the possibility of the lid not being properly put on the cup, and then the coffee or beverage spilling all over you? How about that? You ever think of it like that? The new lid takes away from the classic look of Starbucks. Every company brands itself with a variety of iconic aspect. Starbucks branded itself with this green straw and clear plastic cup with their green logo right smack in the middle, and everyone knows the company by this cup design. Now the company is trying to rebrand itself as more eco-friendly.

I got a Passion Fruit Lemonade from Outtakes the other day, and I couldn’t help but notice the very annoying lid. I hated the appearance of it. (Maybe I just hated it because it’s not what I’m use to or because I’m an advertising and public relations major, and bad branding is a topic that irks me... but whatever.)

I also hated the fact the ice in my drink was hitting my lip. This sounds silly, and it might just sound like me complaining to you at this point, but it’s the truth. Who would want the taste of water interfering with the taste of the drink they ordered? Certainly not me, that’s for sure! Yeah, yeah, yeah, I get that the company itself is trying to save the ecosystem, but how about their unhappy customers? Aren’t their first priorities supposed to be catering to their loyal customers? I promise, I’m not the only one that’s complaining about this topic. No offense to them as a company or anything, but taking away the use of straws really won’t do too much. They’re still using plastic cups and plastic lids. What about that? Will they ever change that? I know as I walk down the hallways of the main academic building or Martire, I see people throwing their Starbucks cups right into the trash opposed to the recycling bin, which just so happens to be located right next to the trash. How about focusing on educating the people about the topic first, before they go and change something that they know some of their customers are not too pleased with.

If you couldn’t tell already, the new Starbucks lids are certainly a big NO from me.
Who's ready for the return of warm and comforting fall-flavored foods and drinks? Junior Nicole Mucciarone is more than ready for the return of these seasonal flavors.

“I love getting pumpkin-spice-flavored iced coffees in the fall,” said Mucciarone. “The moment I saw pumpkin spice on the menu at Dunkin’ Donuts, I bought one. I will continue ordering it until they take it off the menu for winter.”

With the fall season approaching, some students are more excited than others to sip on their pumpkin spice lattes and eat apple cider donuts. Other students, however, find these flavors unenjoyable. As the leaves begin to change colors and the air becomes crisp, flavors like pumpkin, apple, and cinnamon become the staple flavors for the fall season.

For junior Nina Catanazzo, these fall flavors bring a feeling of warmth as the weather starts to cool down. “I love fall-flavored food and drinks because fall is my favorite season, and my birthday month is in the fall,” said Catanazzo. “Another thing I love is that my mom always makes fall treats like pumpkin spice bread and apple cinnamon cookies.”

However, not all students are big fans of fall-flavored foods and drinks. For sophomore Meagan DeMarchis, fall flavors are something she is not very familiar with. “I don’t have a favorite fall treat; I’ve never really tried any fall foods or drinks,” said DeMarchis.

Although some people enjoy fall flavors, the spiced flavors of fall treats may not be for everyone. Junior David Esposito said, “I honestly don’t drink any fall drinks. I don’t like the different spices on the coffee.”

While the distinct flavor of pumpkin may not be for everyone, there are other flavors associated with the fall. With it being apple-picking season, apples are also a key ingredient in fall desserts and drinks. “Although that's the case, I love the apple cider donuts. I can eat those all year around,” said Esposito.

“I think fall flavors are so enjoyable to some people because of the different flavors that are associated with it,” said DeMarchis. “When I think of fall foods, I think of fresh fruit with cinnamon.”

If you are looking for a muffin or a coffee at this time of year at your local coffee shop, you are likely to find spiced pumpkin or apple flavors. Dunkin’ Donuts recently released their fall flavors, which include pumpkin spice, apple crisp, and maple pecan.

“A lot of popular restaurants and food chains release exclusive products in fall flavors like pumpkin, cinnamon, apple, and more,” said Catanazzo.

Students like Catanazzo and Mucciarone are eager to get a taste of these fall flavors for the short time that they are sold. However, there are other students who choose to steer away from these warm seasonal flavors.

Junior Taylor Typrwicz thinks that any time of the year is a good time for nice iced coffee. However, she does not enjoy the fall flavors in her coffee.

Many students, in the process of addressing why the parking issues exist, may bring up another question: is the university doing anything to fix the issue?

Sacred Heart, as of recently, is becoming recognized for its constant expansion and addition of new on-campus facilities. The university is constantly renovating old buildings, developing new projects, and purchasing new property. Some students have argued that there has been one element of campus additions that has been left out through all the renovations: parking.

“A simple solution to the issue of parking on campus would be to build more parking garages. Having adequate amounts of parking would relieve a lot of stress for commuters,” said Costanza.

Brito also commented, breaking the argument down to what she believes to be its core: “As students paying tuition, we should always come first.”

BY ERICA CONDON
Staff Reporter

Fall Flavors: Getting Into the Mood

Where’s the Parking?

BY HANNAH JONES
Staff Reporter

Have you ever circled around campus for an hour looking for a parking spot before you gave up and headed off-campus? Been illegally parked and gotten a ticket when there was no parking available? If so, you are not alone. One of Sacred Heart University’s main issues, according to multiple student sources, is the lack of parking on campus and the stress it can add to finding a spot before class. This in turn has the potential to make students late for class and take away from their academic experience.

Some students have particular opinions about the potential for parking to get in the way of academics. “When you mention parking to the students of Sacred Heart, the students’ immediate reaction is always a negative one,” said junior Cooper Clark.

“Parking on campus is overall a very stressful task. There are simply not enough spots for students to park.” Junior Krista Costanza also mentioned the stress that parking can add to the already-hectic life of a college student.

Costanza said, “It is a constant war zone about who is going to take a spot or not. It is a major factor within my everyday stress. It stresses me out more than my classes.”

“You could be circling around for an hour and still not find parking,” said Clark. The aforementioned students are commuters, and it is among the commuter population at Sacred Heart that a majority of complaints about parking can be heard. Commuter students — regardless of whether their drive to campus is five minutes or an hour — are faced with the issue of securing a spot and getting to class on time. Clark and Costanza both stated that they leave 45 minutes before their classes start. Certain students have voiced their concerns by reaching out to Public Safety and administration.

Sophomore Denise Brito, an on-campus resident who has been assigned to off-campus parking, she said, “It takes me 30-40 minutes to get my car. The school needs to improve and take us into consideration. The lack of attention is unacceptable.” Sacred Heart’s Public Safety officers frequently ticket cars that are illegally parked — meaning they are in violation of Sacred Heart’s parking rules. When students leave their cars in non-designated parking spots in on-campus lots (such as parking along the Martire Building driveway) because of the inability to find a spot before class, the parking is still not allowed and warrants action from Public Safety. “The school has a very strict Public Safety department which does not accept a claim to appeal a parking ticket,” said Clark.

Costanza also had concerns about Public Safety’s policies. She stated, “Why should the students be punished for the lack of parking spaces on campus? I think that it is more important to go to class than to be ticketed. I understand that this is their job, but there is no reason to punish students for something that is out of their control.” Public Safety, after being asked both in-person and via email, declined to comment on the issue.
Features

Tell Us Your Story:
Clay Sweitzer

BY GUS PFISTERER
Staff Writer

"If I had to pick one word to sum up my experience with Thuzio, it would be unbelievable," said Sacred Heart University senior Clay Sweitzer.

Thuzio is a sports media and events company that produces weekly sports interviews. They are presented in a question and answer format for a member only audience of anywhere from 100 to 800 people per event.

"Our events have open bar, open food, and guests can interact with the talent being presented. Instead of going to a baseball game or a steak dinner, you're going into more of an intimate experience," said Sweitzer.

Entrepreneur Mark Gerson, former New York Giants running back Tiki Barber, and current CEO Jared Augustine founded the company in 2012.

Since then, it has grown into one of the biggest sports media companies for client entertainment in the industry. Thuzio currently has branches in cities such as Philadelphia, Chicago, and Los Angeles, with their headquarters located in New York City.

Since starting his internship in the summer heading into his senior year, Sweitzer held different roles within the company.

"My role in event operations was to plan, coordinate and execute all events as well as manage and train two staffers at each event to perform guest check in. I produced different paperwork for the events, one being frequently asked questions sheet and also run of show," said Sweitzer.

In addition to working in event operations, Sweitzer was vital to the talent procurement team.

"Working in talent procurement, I essentially dealt with everything from pitching the talent, to getting the contract signed, to having the celebrity present at the event. We obviously are looking for athletes or celebrities to be tailored for our market. I had to research potential speakers to see if they fit the content for Thuzio members, as well as the market as a whole. Then, I would pitch talent suggestions in our executive meetings," said Sweitzer.

According to Thuzio.com, the company has four main event types. The Legends event is a classic question and answer for members to get to know a sports legend. The Marquee events are hosted by Thuzio on location at major sporting events and are more of a party scene. Ignite events are an opportunity for member-to-member networking and business generation. Lastly, Partner events provide access for Thuzio members to select exclusive events produced by Thuzio partners.

As you can imagine, working in a sports media and events company would include getting the opportunity to work with some familiar faces.

"Specifically, I ran events with former New York Mets player Keith Hernandez, New York Giants current safety Landon Collins, two-time Super Bowl champion and former Giant football player Phil Simms, as well as Mike Francesa, one of the most iconic New York sportscasters," said Sweitzer.

"I loved being around all these influential people and stars of the game, especially Phil Simms. I am a huge Giants fan so being able to meet him and hear his story really stuck out to me," said Sweitzer.

Thuzio is showing no signs of slowing down. The company plans to expand into Boston, Atlanta, Charlotte, Houston, Austin, Dallas, San Francisco, and Washington DC by next summer.

When asked about his favorite part of the internship, Sweitzer said, "Being involved with so many influential colleagues was probably the best part of my time there. Being able to learn from the executives, and take on a greater role to be a part of this team was the most valuable impact of this internship. I felt like I was making an impact with this company."

Silverman’s Farm Fall Festivities

BY BRIANNA MILANO
Staff Writer

Silverman’s Farm is a local farm in Easton, Connecticut. It is located about one and a half miles off the Merritt Parkway, making it a short ten-minute drive from campus. The farm offers many different fall activities for families of all ages, including apple picking, tractor rides, a petting zoo, and face painting.

It also includes a country market full of fresh fruits, fresh apple cider, food vendors, and picture perfect scenery. This makes the farm a great attraction for many different fall fans in the area.

"Silverman’s Farm encompasses everything you love about the fall season," says senior Brooke Marconi.

The Easton farm offers a petting zoo that has a wide range of farm animals all around including goats, sheep, llamas, alpacas, donkeys, and many more. Visitors have the opportunity to feed them as well.

"The animals were so cute and they had a decent amount of them for a farm in a small town in Connecticut," says senior Kirsten Link.

During the month of September, Silverman’s Farm is open for peach and apple picking. The farm has over 20 different varieties of apples to choose from, so there is definitely something for everyone.

"It is a great afternoon that is not too pricey for friends and family to enjoy in a short amount of time", says junior Erin Perotta. The country market is not far from the apple picking orchards, so many step on the way out to grab some homemade goodies.

There are many Octoberfest related decorations to purchase. Some of these decorations include a variety of squashes, gourds, cornstalls, and mums. They also offer delicious homemade apple cider donuts, which happens to be a crowd favorite for many.

Hayley Loreith, a senior, states, "Go to Silverman’s Farm for the best apple cider donuts around!"

October is typically the end of the fruit picking season, which leads to the farm’s scenic tractor trailer rides through the orchards.

November calls for some market apples and freshly made cider. Decorations are still available as they start to prepare for the incoming demand of their delicious pies for Thanksgiving. If one wanted, Silverman’s Farm offers the chance to call pies in ahead of time and all you need to do is pick it up whenever it is ready.

"Silverman’s Farm has a great petting zoo for all different ages to enjoy," says senior Brooke Marconi. A big hit for many people that attend the petting zoo is the opportunity to feed the animals because of the great interaction between the visitors and animals.

Silverman’s Farm has an Instagram and Facebook page for their visitors to follow along with. They often post information about events and different activities that they host at the farm.

On their website, there is a lot of useful information and a whole section explaining all of their seasonal activities. Some of these activities include the Down Home Frolic, which a band of fiddles, banjo, and more. As well as this event, they have their scenic tractor rides on various weekends after apple picking season ends.

"The tractor ride was so cool because the view was so amazing, I would one hundred percent go back and do it again this fall," says sophomore Rachel Lojacano. Tractor rides are offered from 9:30 A.M. to 4:30 P.M.
After earning her Bachelor's degree of Fine Arts at Millikin University in Illinois and her Master's degree of Fine Arts at the Savannah College of Art and Design in Georgia, Chercy Lott, an Art and Design professor at Sacred Heart University, was prepared to start a career in the education industry.

"I come from a family of educators and always knew that after several years working in the field, I would want to return to education to give back by helping to educate, invigorate, and help inspire the next generation of students," said Lott.

Lott not only shares these passions at Sacred Heart, she also teaches online courses at the Savannah College of Art and Design as an advertising professor.

"She is an awesome teacher. I get excited to go into her class every morning," said Sacred Heart senior Julia Leonard.

A course that she loves to teach at Savannah College of Art and Design is typography. "I am passionate about the subject and how voice and tone are imperative to any form of communication. I love it when students become typographic aficionados themselves and become passionate about typography because of the class," said Lott.

At Sacred Heart University, Lott teaches the course titled Digital Production Basics. This class is designed to offer skill development and specialized knowledge in digital media software. Photoshop for digital imaging; Illustrator, a vector-based software to create digital graphics; and InDesign, professional page-layout software for print and digital publishing. This course starts out with the very basics and concludes with a working knowledge in Vector, Pixel, and layout software for digital publishing.

"I successfully utilize a variety of practices and strategies in my classroom that lead to a successful learning experience," said Lott.

Lott is not only a highly rated professor, she has also received various awards and is part of many organizations. She is part of the Directors Club at the Savannah College of Art and Design, the AIGA design organization, and the American Advertising Federation. In terms of awards, she has won the Silver Award in both of the American Advertising Awards, Logo Design and Self-Promotion.

It is very clear that becoming an educator has always been one of Lott's goals. Not only has she achieved this, she also earned recognition for her outstanding performance in this role.

"Professor Lott makes learning interesting, especially with Photoshop. The assignments are fun and we get to learn so much at the same time," said Leonard.

Through her outstanding morals about art and design as well as life, she has reached many students and impacted them greatly.
**New Season of “Shameless”**

**BY ASHLEY ENGLE**  
Staff Reporter

If you like shows about family matters, dealing with real world issues, and overall living “shamelessly” then Showtime’s “Shameless” is the show for you.

“Shameless” first aired in 2011, and since then it has made a home for itself on more than 4 million televisions across the nation by portraying a relatable family that could be anybody’s neighbors.

“Shameless” follows the Gallagher family, focusing on the six kids: Fiona, Phillip, Ian, Debbie, Carl, and Liam, who struggle to deal with their father Frank’s alcoholism.

Due to this, his oldest daughter Fiona takes on all the responsibilities of the bills and taking care of her siblings, as her dad is incapable of maintaining that parental role.

Though the family appears to be dysfunctional, it is in this dysfunction that the characters are able to thrive and grow the most.

“Whole the family dynamic and how different each sibling is from one another is what really makes the show thrive. I enjoy the wackiness of every character,” said junior Justin Weigel.

The show’s overall plot has worked well with viewers, considering the show will be reaching it’s 100th episode this season. It is currently on its ninth season, which premiered Sep. 9 on Showtime. It will run for a total of 14 episodes as opposed to the usual 12.

According to Entertainment Weekly, this season of “Shameless” is going to be “super-sized and split in half.” The first seven episodes are being broadcast this fall, and after a short break the rest will be aired in early 2019, starting on Jan. 20.

With the new season and the awaited drama occurring on set, there is drama off set that is creating buzz everywhere.

Fiona’s character, played by Emmy Rossum, is leaving the show after this current season. Fans have already taken the time to express their opinions about Fiona no longer being apart of the show.

“I am disappointed that Fiona is leaving the show. Her character really makes the show what it is. Plus, she is the oldest sibling who plays the parenting role on both parts of the spectrum. It definitely will be different without her in the mix for sure,” said senior Allie Draghi.

Despite her disappointment, Draghi expressed how this show has shown her the importance of family.

“This show is important to me because at the end of the day, regardless of all the dysfunctional stuff they go through, family is the most important thing to them. It isn’t your typical family but the message behind it is quite beautiful.”

The season nine premiere racked up over 1.3 million viewers, down from the 1.8 million viewers it had for the season eight premiere last year.

Be sure to check out “Shameless” on Showtime, every Sunday at 9:00 pm EST.
Miller opened up in many interviews about how real his struggle with drugs was. In one interview with Billboard in Aug. 2015, he discussed his own fear of dying. Miller said, "I was too worried about the legacy that I would leave behind — how I would be remembered if I died. That’s my whole thing. Like, you never know, man, so I’ve got to make sure I make all this music so when I die there’s albums and albums."

Not only does his death bring sadness to fans worldwide, but it also leads to an interesting conversation on drug use and abuse, especially among younger generations.

Junior Kevin Gillotti has been listening to Mac Miller for years. "When I started listening to Mac Miller, it influenced me by helping me find who I truly am. His attitude of not really caring what others thought of him made me realize that people’s opinions shouldn’t affect how I want to live my life either," said Gillotti.

"I still can’t believe someone with so much talent has left us so young." The sadness was similarly echoed by senior Laura James. "It was definitely a sad moment realizing that we had lost another young artist this year. It was like Avicii, who died earlier this year, and it really seemed to make the community fall silent."

Celebrities were just as shocked. Several took to social media to express their thoughts after finding out the news.

"In today’s world, we hear so much about drug abuse, and it’s all too common. It’s very sad," said Gillotti.

"I had known Drake Bell was coming to Toad’s Place. Even if I had heard about it, I probably wouldn’t go anyway," said Molster, "The last time I heard a song from him was when ‘Drake & Josh’ was still on air and back then I still couldn’t name any of his music."

The reaction from the student body on Drake’s upcoming performance is certainly varied. But many students — including junior Laura Green — recognize the fact that Bell’s and Peck’s visits to Connecticut are coincidentally close to each other.

Green states, "I think it’s pretty cool that their show is off the air and that the two of them are both able to make it to Connecticut."
Young Golf Team Off to Great Start

BY KENNETH EKERT
Staff Reporter

Senior captain Hector Gutierrez from Mexico, came into the 2018-2019 golf season with high expectations even though the team has dwindled down in numbers. The men’s golf team usually has a roster of 10 to 12 members, yet this year there are seven.

In previous years, five golfers were selected at a time to travel to tournaments while the others stayed behind to practice. This resulted in the team switching golfers on and off each weekend.

“It is great, we have a less number of kids than we usually have had,” said Gutierrez. “It keeps each member of the team wanting to play during the weekend and we will not lose any of our majors.”

From Sept. 2-3, the team finished ninth out of 18 teams with a score of 3-over-par (585). From Sept. 8-9, the team finished first out of 18 teams with a score of 219 (3-over-par). The team has set goals and we are going to work hard to achieve them.

McGreevy is in his eighth season with the team, and the players look up to him. McGreevy wants to shape his golfers and help navigate them through their college careers and beyond.

From Sept. 8-9, the team finished first in the Ryan T. Lee Collegiate in Simsbury, Conn. They scored 9-over-par (585). Freshman Nathan Kim from Los Angeles, scored a 10-over-par (226) at Verona and then a 4-over-par (148) at Simsbury.

“Gutierrez is in his eighth season with the team, and the players look up to him,” said head coach Matthew McGreevy. “The team has set goals and we are going to work hard to achieve them.”

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From Sept. 2-3, the team finished ninth out of 18 teams with a score of 3-over-par (585). From Sept. 8-9, the team finished first out of 18 teams with a score of 219 (3-over-par).

“It was great to get off to a fantastic start this season, but this does not beat the outcome I had last year,” said Talwar. “I hope this momentum from the start of this season continues and hopefully helps me get back to the regional tournament and beyond.”

College Sports

Club Football Loses Opening Season Game on their “Drive for Two”

BY JOHN KAYWOOD
Senior Staff Writer

The defending national champion Sacred Heart University football team was defeated by Mansfield University 26-10 on Saturday, Sept. 8th in an exhibition game. The reigning champions realized that there is a target on their back and each team they face will try to beat them. The team has lost a few crucial pieces as they headed into this season. “This is not the same team that won the National Championship,” said head coach Gregory Jones. “This year’s National Champions could be anyone in the country, and it is not us per se.”

Being the team to beat is not new for this program, as they’ve lost just three games since being established in 2015. “I like having the target on my back, and having to defend to be the best,” said senior captain Mark Barranger. “If you are as good as us, you will show it. If not, we will beat you.”

Mansfield was able to capitalize on some mistakes by the Sacred Heart offense along with some untimely penalties. A unique aspect of Mansfield is that they are members of the Sprinter League. This means all players must weigh under 172 pounds 48 hours before game time. It was because of this that Jones had the Mounties in mind when he was scheduling the non-conference match.

“I try to choose the non-conference games with a point to be made on how to make our team better,” said Jones. “I thanked each guy on the bus for all the heart that they gave for 60 minutes.”

Mansfield had great depth at every position, a luxury that the Pioneers did not have on the day. “(Mansfield) had 95 plus guys and we had guys scrambling for air five minutes left in the game,” said Jones.

Jones and the veteran leadership of the Pioneers will be relied on by the freshman class, in order to get them into the established culture. “It is a little tricky at times to get the new guys up to speed on how we do things,” said senior Yanni Papadopoulos. “Coach (Jones) gets players into the mindset that we work extremely hard for this.”

Jones is an alum of Sacred Heart University, and played on the Division I football team. “We have grown this tradition that just works from the first kick off to the last whistle,” said Jones. “Once we step on the field if we are full speed.”

The Pioneers will be in action next on Saturday, Sept. 22, against MHC Green Wave at Campus Field. Afterwards, the team will take on rival Eastern Connecticut State University on Oct. 6 at Campus Field. They then take on the likes of Johnson and Wales on Oct. 13, and Clarkson University on Oct. 20.

“It is a one-game season, week to week,” said Jones. “Just keep preaching the culture and push forward each game at a time.”
Sacred Heart Women's Field Hockey Back in the Northeast Conference

BY CAROLINE BOLLETINO
Staff Reporter

The Sacred Heart University field hockey team will be returning to the Northeast Conference (NEC) in the 2019-2020 academic year.

According to Athletic Communications, Sacred Heart is a full member of the NEC, and an associate member of the Atlantic Hockey Association (AHA) and Metro Atlantic Athletic Conference (MAAC).

"I'm excited to be back in the NEC," said head coach Sydney Van Der Merwe. "It's awesome and I'm over the moon."

Since Van Der Merwe became head coach prior to the 2016 campaign, the team has only competed in the MAAC.

"Now we're coming back to the family," said Van Der Merwe. "It is a whole new chapter in the book."

The NEC is similar to the MAAC, with the removal of Monmouth and the addition of Wagner College and Merrimack College. They will be competing against teams that they currently play against such as LIU Brooklyn, Rider, Fairfield and Bryant.

Members of the team describe the NEC as a competitive conference that will bring new challenges along with new teams.

"I'm excited to join the rest of our Division I sports in the NEC," said junior defender Marless Koellner.

Junior midfielder Kelsy Hopkins feels that the NEC's motto is displayed whenever the team takes the field for a practice or game.

"The NEC Conference emphasizes carrying both pride and will to succeed on and off the field," said Hopkins. "That is something I think Sacred Heart field hockey demonstrates."

The team can also help Sacred Heart gain points for the Commissioner's Cup. According to the NEC website, the Commissioner's Cup is awarded on the overall excellence of a Department of Athletics. The team hopes to see their work on and off the field pay off in this case scenario.

"I think they're focused on the season," said Van Der Merwe. "Obviously they're excited to be back in the NEC, because like I said before, it's part of the family, but they're focused."

Currently, the team is 6-3 overall, with wins over Lock Haven, Lehigh, Towson, Saint Francis, Dartmouth, and Villanova.

"We're definitely looking to make the MAAC Tournament this year," said sophomore midfielder Bridget LaRiccia. "But it is great to see us getting closer to being an all NEC school."

The team looks to add more wins to their record as they continue to prepare themselves for conference play, which begins on Sept. 28, against Fairfield University.

"We need to keep doing what we are doing," said Van Der Merwe. "We have to take small steps going forward."

Van Der Merwe is also constructing the team for the future, as he has been recruiting and is actively looking to acquire several additions.

"We have some really good recruits coming next year that I'm really excited about," said Van Der Merwe. "We're also looking ahead to 2020."

Women's Fencing Team in the Midst of Recruiting new Fencers

BY LOUIS FREY
Staff Reporter

The Sacred Heart University women's fencing team is looking to add more fencers to their roster. As of now, the team does not have a full squad, and head coach Yuri Molchan is looking for fencers who possess passion, commitment, and fight.

For Molchan, the recruitment process involves watching videos of fencers on YouTube. He'll then conduct background research on specific fencers who stand out to him and will then attend their competitions in person to see their skills in real bouts.

"We need extra people to keep the team going, which is the first reason we're recruiting," said Molchan. "The second reason is for results, to make the team better."

The team came in second in the New England Intercollegiate Fencing Conference (NEIFC) Championships last season behind Massachusetts Institute of Technology (MIT). MIT won 93 out of the 112 bouts, while Sacred Heart won 76.

The sabre squad placed third in the squad competition in a three-way tiebreaker to MIT and Wellesley College. They will be competing against teams that they currently play against such as LIU Brooklyn, Rider, Fairfield and Bryant.

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"We have some really good recruits coming next year that I'm really excited about," said Van Der Merwe. "We're also looking ahead to 2020."

The team's season begins next month on Oct. 28, at the Big One Invitational at Smith College in Northampton, Mass.
**Sports**

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SHU goals:
- Colleen McAninley - 2 (3)
- Marlena Koellner (1)

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Siena wins in OT

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Tessa Buckey- 1 try 5 points
Isabelle Cuddy- 1 try 5 points
Allie Rinaldi- 1 try 5 points
Kaylee Hale- 1 for 2 on conversions

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**SACRED HEART WOMEN'S GOLF RISING SENIOR, CHELSEA SEDLAR WAS THE SUBJECT IN TWO NEW HAMPSHIRE NEWSPAPERS, COVERING HER PROGRESS THROUGH THE 2018 NHWGA AMATEUR CHAMPIONSHIP.**