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In Loving Memory of
Kaitlyn Doorhy

BY AMANDA SIALIANO & ALANA MILLER
Editor-in-Chief, Managing Editor

During the first week of September, the Sacred Heart community learned that two Sacred Heart students were sexually assaulted on two separate occasions, according to reports from the area media.

According to the Connecticut Post, on Sept. 1, a male attacked a female student after breaking into her home leaving her unconscious. There is a warrant out for the arrest of Edibaldo "Eddie" Duran. As of press time, the warrant is still out for the arrest. If anyone knows the whereabouts of Duran contact Fairfield Police Department at 203-254-4808 or Public Safety.

Furthermore, the Connecticut Post reported that on Sept. 5, a Bridgeport cab driver for the Yellow Cab Company sexually assaulted a passenger in his cab who was a female student, while driving her to a off-campus location. Yves Pierre was charged with third-degree sexual assault and unlawful restraint. Connecticut Post reported on Sept. 8, that Pierre was released after posting $50,000 bond.

In response to these reports, Sacred Heart's Department of Public Safety has taken the recent incidents very seriously and has issued multiple safety tips on how students can educate and protect themselves if they are in a threatening situation.

"The Department of Public Safety is dedicated to the safety of the University Community," said Executive Director of Public Safety Paul Healy. "In regards to the recent assaults, the University has launched the SHU Safe App which allows students access to campus safety or the police for assistance, in case of an emergency or to report any suspicious activity with photos."

The app can be downloaded for free on any smartphone device.

Public Safety also provides information on outside resources such as The Center for Family Justice located at 753 Fairfield Ave, Bridgeport phone number 203-334-6154 and the Rape Crisis Services Hotline Connecticut: 1(888) 999-5545.

The Wellness Center on campus also offers counseling for victims of crimes and their family members.

Female students are also encouraged to participate in the "RAD (Rape Aggression Defense) Program" each semester. These classes are held through the months of October and November and are free for all women to attend.

Public Safety sends emails campuswide for up to date information on campus security. For a complete list of programs, tips, and campus resources visit the Offices & Services page on the Sacred Heart website.

"We encourage all to take advantage of these safety resources," said Healy.

The third feature is Safety Check: This feature allows users to contact someone in his or her safety contacts that the user will be out late and give an estimated time of arrival. If the user is not there by that time and has not deactivated the check, then an emergency respondent will immediately send a dispatch to the location.

Students expressed concern over the app's necessity and usefulness.

"I think it's cool, but I also feel like most of the crimes happen off campus too," said Senior Justine Sibthorp. "Those that live in houses or those that are walking home from somewhere. There is a 911 button but when we are in distress who's going to think to open that app and press it?"

Many others felt as though it is just as easy to call 911 as it is to open the app itself and hit the emergency button.

"I mean it doesn't seem like a big deal because we can still call 911 anytime and anywhere we want," said sophomore Ari Reid.

Other students saw features on the app that they were surprised by.

"Not going to lie, safety check is pretty cool with the time limit," said sophomore Adaya Williams. "It says if you feel unsafe, plug in an amount of time that it would take you to get to your destination. If you don't make it and deactivate the timer, it sends for help to your location."

When setting up the app, users enter their basic information and medical history so it can be retrieved in an emergency and then sent help immediately.

iPhone users can visit the iTunes store and Android users can visit the Android Market to download the free application.

Copy Editor Mark Podesta contributed to this article.

New Mobile App: SHU Safe
Emergency communication at the click of a button

What is your emergency?

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What is your emergency?
Calling all movie buffs, Sacred Heart University Film and Television Master’s (FTMA) program will be hosting its very first film festival in Stamford, Conn. from Sept. 25-28. This four-day event is free and open to the public.

The FTMA film festival will be showcasing graduate students’ work, as well as presenting screenings and discussions with well known, respected filmmakers and scholars.

“The FTMA Film Festival is a weekend to reflect on all of our work this year and celebrate the reason we attended film school - our passion for filmmaking,” said Tiffany Lynch, FTMA graduate student.

Sacred Heart professor and Alfred Hitchcock historian, Sid Gottlieb, will be introducing a screening of Alfred Hitchcock’s film, “Rope,” followed by a discussion on Saturday, Sept. 27.

“I am especially looking forward to the screenings of the film projects made by the students,” said Gottlieb. “The FTMA program is geared toward getting the students to make visually interesting and memorable projects, and I have no doubt that that’s what we’ll be seeing at the screening.”

The four-day festival has different events scheduled for each day. Thursday will be the kick off, starting with a master class for the students, featuring Connecticut native Anthony Tambakis, the screenwriter of “Warrior.” Later, the Opening Night Awards Gala will be held at the Avon Theater, located in downtown Stamford, Conn. Here the students will be presented with awards such as Best Film, Best Director, and Best Producer. There will also be an arrangement honoring Tambakis.

On Friday morning, film festival sponsor Lorca, a coffee shop in Stamford, will be offering student specials for the day. In the afternoon, there will be a screening of the film “Lucky” followed by a discussion with screenwriter and producer Emily Watchel. In the evening, there will be a screening of “Boardwalk Empire,” with director Allen Coulter.

Saturday morning is the screening of Hitchcock’s movie, “Rope” presented by Gottlieb. That evening there will be a student filmmaker screening at The Palace Theater, featuring the student films accepted into the festival.

Sunday, the last day of the festival, will be the 30-year anniversary screening of “Amadeus.” Sunday will also include a special question and answer session with producer and film legend, Michael Hauman.

Renaming of the Administration Building

As the end of summer brings a new school year, changes are being made to the Sacred Heart campus. The green building with the bright red awning, formerly known as the Administration Building, has received a new name.

Now known as Melady Hall, the building has been named in honor of former university president Thomas Patrick Melady.

“Tom had a remarkable career as the President; he fully lived the mission of the institution,” said Dr. John J. Petillo, President of Sacred Heart. Describing Melady as a wonderful “gentleman, scholar, ambassador, and president,” Petillo said that naming the building in honor of Melady was “an easy decision.”

Melady served as President of the university for 10 years from 1976 to 1986, and helped oversee the change from a small college into an acclaimed university.

Aside from helping direct change to the university, Melady also served the United States as an ambassador and advisor. Under President Richard Nixon, Melady served as Ambassador to Burundi and Uganda, and served as Senior Advisor to the U.S. delegation to the United Nations General Assembly. Several years later under President George H.W. Bush, he was appointed U.S. Ambassador to the Holy See (Vatican City), a position he held throughout President Clinton’s term. His final years saw him as a senior diplomat, where he served The Institute of World Politics in Washington, D.C.

Students across campus see the change in the name as a positive thing.

“The name Administration Building was pretty generic,” said senior Craig Dix. “As someone who doesn’t make frequent stops in the building, I think changing the name will make the building more recognizable.”

After four years, senior Sean Bell thinks that the new name will help make it a more recognizable place on campus.

“Even though the building is kind of off to the side, I think the new name will help make it easier to identify. To me, after four years, it will always be the Administration Building, but for the freshmen and incoming students, it will have a concrete identity,” said Bell.

With the red awning now reading Melady Hall, Petillo believes that naming it after the former President gives the building an identity and a brand.

“Tom’s personal life as President and afterwards was completely faithful to the mission, values, and ethics of the school, making it an easy decision to name the building after him,” said Petillo.

THE ADMINISTRATION BUILDING IS NOW RENAMED MELADY HALL
Homesick? Stressed?

Are you involved?

BY MEGAN FLOYD
Staff Reporter

Leaving for college, whether you are a freshman or a senior, usually comes with a mixture of joy and anxiety. With the positives of going back to school, homesickness and stress can derail this joy at anytime. Freshman Division I fencer Danny Marchelitis, quickly learned how to handle this, “When I feel homesick I think back at the memories I created at home and realize that the past is the past and it is time to start a new chapter in my life. I lean on my new friends and my team to make me feel better.”

Anyone can be prone to feel homesick at some point, and it is a significant barrier to a new college student’s success. 95% of first year students report some feeling of homesickness when placed in a new environment, 20% reported moderate or severe levels, while 7% experienced severe depressive and anxious symptoms.

“If I need help in my classes I will seek help from my friends,” says junior Mia Volpe, “If I get homesick I will call or text my parents or siblings. There is always someone there to talk to and make me feel better.”

Stress can also make it difficult for a student to truly enjoy all the new experiences college can bring. Senior Tommy Gerrity suggests, “taking a long bubble bath with a glass of wine and candles,” after a stressful day. While financial worries, families, social concerns, and stress can add to the overall stress, it is important to remember that 95% of students feel less stress then ever before.

Sacred Heart tries to help students who feel overwhelmed by offering free and confidential counseling services. At the Wellness Center here on campus students can make an appointment and go with a group, or alone to meet with someone and get support from a trained counselor.

Another way for students to make sure they do not let the homesickness get to them is by checking their emails. That might not make sense for new students here, but Sacred Heart is constantly sending out emails that include activities and events held on or around campus.

Sacred Heart offers many opportunities for students to have fun on a night with friends on campus. The Student Events Team have movie showings in the Schine Auditorium, students can get involved on campus and participate in a multitude of clubs, and even attend any of the free classes that the Pitt Center offers in the gym.

All of the things Sacred Heart University has to offer might be intimidating, but if you’re feeling homesick you might be feeling lonely too so getting out to an activity/event on campus might be just what you need.

“I always try to keep myself busy. Joining a club, playing a sport, and going with friends always lifts my spirits when I’m feeling homesick. To help myself not feel stressed in homesick. To help myself not feel stressed in college can bring. Senior Tommy Gerrity suggests, “going to the gym every day and being able to push myself just a little bit harder is how I cope with all the stress of college.”

According to Stresslessworkshops.com, statistics show that 85% of students feel stressed on a daily basis due to academics, financial worries, families, social concerns, being independent, physical concerns, etc. With all these worries it’s no wonder college students feel more stress then ever before.

Are you involved?

Sam says...

I’m a junior this year and I honestly haven’t done much time in my life here at SHU to try and get involved on campus. Right now my involvement is almost non-existent. Besides going to class, working for Spectrum and going to the gym, I’m pretty much never here. Some people probably think that’s a bad thing and I can see your side completely, but with classes and work I didn’t want to add any more on my already stressed out plate. Possibly. I think I just didn’t find a club that I was passionate enough about. But, I still enjoy going. I just didn’t know how to ask people about who people with who are involved in all sorts of things. Whether it’s a fraternity, Habitat or D1 sports I’ve just never known people in other ways.

Nicolette says...

Being involved on Spectrum is the main involvement I’ll have for the next two years here which may be nothing compared to some peoples involvement on campus, but I’m excited about it. As I’ve said, class and work take up most of my time and the rest of it I usually spend out with friends or traveling back and forth to be with my family. Now, being on the paper I can devote some of my time to something that I enjoy for myself and something that will give me experience for my future.

Obviously everyone’s different, some people make friends easier than others, some people might do well in groups, and some might love being in so many groups that they hardly have time to sleep. Whatever the case is, one thing I will say is that if you’re a freshman you should at least try to get involved in something. I believe everyone has trouble meeting friends as a freshman and you’re all so new to all of this, (this being campus life without mom, dad and your high school buddies who you’ve known since pre-school), and that’s one really good reason to get involved when you first get here. You can meet people with the same interests and take advantage of being a part of a school community. If you like whatever it is you decide to join, great, you have a group of people with the same interests that you can spend the next four years with. If you don’t like whatever you joined, then go ahead and withdraw/quit, at least you tried right?

SHU has a lot of things that you can get involved in which is a great thing about our campus; although we’re small we have a lot to offer. If you go to our school website there is a tab “Campus Life”, from that tab, all the information you’d need about getting involved is at your finger tips. Maybe you thought the way it was set up was confusing, but I can guarantee you’ll find things you didn’t even know existed.

Ultimately the choice is yours, as long as you make the best out of your time here at SHU and take advantage of the many great people who are a part of this community, then you’re on the right track.
SWIPES GET WIPED

BY ALLY D'AMICO
Staff Reporter

Both cafeterias on campus, 63's and the food court in Linda E. McMahon Commons, have taken a hit because of new changes. Student athletes who are on scholarship are now given unlimited meal plans, and although that’s good news for these athletes, the rest of Sacred Heart's students seem to be suffering the consequences.

In previous years students were allowed to use their meal swipes in 63's to swipe in friends who didn’t have a meal plan. Now that staff is unaware of which students have the free unlimited meal plans and which students do not, they have been instructed not to let anyone swipe multiple people in.

“I think it’s really inconvenient,” said junior Lindsey Balukonis. “I live off campus and don’t have a meal plan. Now that staff is unaware of which students have the free unlimited meal plans and which students do not, they have been instructed not to let anyone swipe multiple people in.

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“A We are not taking away the option of taking your food to go, you just have to get your food on a plate and go around to the “to-go station” and transfer the food yourself,” said Stephan Bongiovanni, the Production Manager and Chef in Linda E. McMahon Commons.

This new system is expected to save time, money and be environmentally friendly for the campus of Sacred Heart University.

“I think it’s stupid. It’s the only to-go eatery on campus and now you can’t even do that,” said junior Carlo Fiore. “Half of the people don’t even know where it is or that you can put it in containers anymore.”

Some students do not believe that it’s efficient for them because they don’t have time to sit and eat.

“It’s a good idea, just not executed well. For you to have to wait in line to get it and then package it yourself, it’s just not faster at all,” said senior Julia Romano.

For others, this hasn’t been a problem.

“I don’t have a problem with the new system,” said sophomore Alissa Olivetti. “The majority of the time I eat there anyway.”

Staff has said they have seen improvement.

“I think it’s been working,” said Bongiovanni.

“Whenever I walk around I see people only using plates and the more money we save, the more money we can kick back to you guys.”

Freshman are not given a choice of their meal plans and that sometimes results in them having an excess amount leftover at the end of the year. The changes in swipe sharing at 63’s are still causing controversy.

“I would always help out my friends if they didn’t have any swipes left on their meal plans,” said Junior Brian Gibson. “Now that all my friends and I live off campus, there is no place on campus to get food unless we spend our own money.”

Students react to...

Parking on Campus

Sean Cronan, Freshman

“I feel like different times of the day are easier than others. If you have an 8:00 a.m. you can beat everyone else, but if you come at like 11 a.m... then you’re in trouble.”

Sean Vilar, Senior

“They expect you to pay for parking yet they don’t have cameras to protect your car on your property. When something was stolen from my car I went to Public Safety and they’re response was just that they didn’t have any cameras that viewed where my car was.”

Madison Tavarozzi, Junior

“SHU sells more decals than what they have parking spots for. I’ve gotten tickets for parking overnight in the wrong lots, but I had to do that because parking in the lot I had a decal for was always full.”

Mason Powers, Senior

“Parking is going to become even more restricted with all of the new ex­ pressions and it hasn’t even been discussed yet. There’s going to need to be changes that haven’t been made yet.”

Kayla Wisnieski, Junior

“I honestly haven’t had any problems parking on campus this year, maybe because I commute now so the overnight parking isn’t something I deal with. When the construction starts I can imagine it’ll get a lot worse though.”
"WHAT DID YOU DO THIS SUMMER?"

The Spectrum staff shares their favorite summer memories

EDITOR IN CHIEF
AMANDA SIALIANO
I INTERNE D AT NEWS 12 WESTCHESTER AND WENT TO ELECTRIC ZOO FESTIVAL

ASSISTANT NEWS EDITOR
MELANIE VOLLONO
I WORKED AT A PHARMACY AND SPENT MY DAYS WITH GERIATRICS

EDITOR IN CHIEF
AMANDA SIALIANO
I INTERNE D AT NEWS 12 WESTCHESTER AND WENT TO ELECTRIC ZOO FESTIVAL

MANAGING EDITOR
ALANA MILLER
I WAS IN CAPTIVA, FLORIDA AND MANATEES SWAM NEXT TO ME

SPORTS EDITOR
NICK MCGONNEEY
I WENT TO UNIVERSAL IN FLORIDA

CIRCULATION MANAGER
CHRISTIAN COLON
I INTERNE D AT A SPANISH NEWS STATION AND GOT TO CREATE NEWS BRIEFS THAT WERE ACTUALLY READ ON THE AIR BY THE NEWS ANCHOR

COPY EDITOR
MARK PODESTA
I WENT ON A CRUISE TO THE GRAND CAYMEN WITH ELEVEN OF MY CLOSE FRIENDS AND STARTING WRITING A COLLECTION OF SHORT STORIES

ASSISTANT SPORTS EDITOR
MATT MATERASSO
I BOUGHT A 1966 FORD FALCON AS A PROJECT CAR. A DREAM OF MINE

GRAPHIC DESIGN EDITOR
ABBY FALLAICE
I INTERNE D FOR BURT S BEES

COPY EDITOR
KATIE SHEPARD
I WENT TO HAWAII FOR TEN DAYS

A & E EDITOR
MARISA PAPA
I WENT TO BOSTON FOR THE 4TH OF JULY AND WATCHING THE FIREWORKS OVER THE WATER WITH MY BEST FRIEND FROM HIGHT SCHOOL

PHOTO EDITOR
MEGAN LACKMAN
I WAS FRONT ROW IN THE PIT OF THE TIM MCGRAW CONCERT

ASSISTANT A & E EDITOR
NATALIE CIOFFARI
I WORKED AS A POOL- SIDE WAITRESS AT A COUNTRY CLUB

PHOTO EDITOR
FELIPE LOBATO
I INTERNE D FOR THE NEW YORK COSMOS AND WENT TO PORTUGAL TO VISIT MY FAMILY FOR TWO WEEKS

PERSPECTIVES EDITOR
SAM BUTLER
MARKETING INTERNSHIP WITH HARTFORD AREA HABITAT FOR HUMANITY

ASSISTANT PHOTO EDITOR
ALYSSA ANDERSON
I WORKED AT BISHOPS ORCHARDS IN GUILFORD CONN. AND WENT TO THE BEACH

ASSISTANT PERSPECTIVES EDITOR
NICO LE CANNIZZARO
I TRAVELED TO EUROPE FOR THE FIRST TIME

NEWS EDITOR
EMILY ARCHACKI
I WENT TO "THE TONIGHT SHOW WITH JIMMY FALLON."

FEATURES EDITOR
NATASHA KLINOFF
I COACHED ICE HOCKEY

ADVERTISING MANAGER
RYAN COGHL I
I SPENT MY SUMMER WORKING MY INTERNSHIP AND GOING TO THE BEACH WITH MY FRIENDS

ADVERTISING MANAGER
ADRIANA ARMINIO
I TRAVELED TO ITALY THIS SUMMER TO VISIT MY FAMILY THAT LIVES IN NAPLES
Features

Food Review: The Cheesecake Factory

BY NATASHA KLINOFF
Features Editor

Upon arriving at the Trumbull Mall I was greeted by a large sign that announced the opening of The Cheesecake Factory. Pulling into the parking lot I was happy to see several open spaces. But during holiday time, the parking lot is likely to get crowded because the restaurant shares parking with the rest of the mall.

As I walked into the entrance of the Cheesecake Factory I was immediately dazzled and surprised by the high ceilings, the beautiful lighting, and the unexpected seating capacity. I was seated very quickly and given a menu. The bread came out the kitchen shortly after I was seated. In each basket, the customer is given the option of white or whole wheat. The bread was warm and soft, a perfect beginning to a delicious meal.

The menu had a very large variety of food to choose from. Having many friends that do not eat meat, I was happy to see that they had multiple vegetarian options.

The prices varied, but for the most part, a dinner was around $17. Although a lot of the menu is a bit more expensive, they do have some options that are not as pricey.

I ordered the Macaroni and Cheese Burger for $12. The burger contained fried macaroni and cheese balls, tomato, pickles, onion, and mayo. All of the burgers are accompanied with fries. The meal portion was generous. My burger was so massive I had to cut it in half to eat it. The fries were golden, salty, and crunchy. They complimented my burger so beautifully.

I had never tried a macaroni and cheese burger before, and it is everything I thought it would be. The macaroni was exceptionally creamy and went with the juicy burger perfectly. Although my burger was excellent, it was too much for me to handle in one sitting. I took home everything that I could not finish.

Before I asked for my check, I realized that I had not looked at the cheesecake menu yet. When the waitress brought me the dessert menu I was overwhelmed with the different types of cheesecake they had to offer. They offered a Reese’s Peanut Butter Chocolate Cake Cheesecake, Godiva Chocolate Cheesecake, Fresh Banana Cream Cheesecake, and many others.

The Ultimate Red Velvet Cake Cheesecake caught my eye right away. This cheesecake had layers of red velvet cake and original cheesecake. It was then covered in the Cheesecake Factory’s special cream cheese frosting and shredded white chocolate. The Ultimate Red Velvet Cheesecake is $7. The cake was a perfect way to end my meal. It was sweet, creamy, and had thick pieces of red velvet cake. The little crunch of the shredded white chocolate was a wonderful addition to delightful cheesecake.

The Cheesecake Factory has an extensive menu with over 200 options. The staff is friendly and accommodating making the cheesecake experience even more enjoyable. The location is perfect for Sacred Heart students. It is a shuttle ride away. Although a majority of the menu is pricey, it is a perfect place to treat family, friends, or a significant other to an off campus dining experience.

The Cheesecake Factory is located in the Trumbull Mall at 5065 Main Street, next to the Lord & Taylor.

Students Take on the Dingle Ocean Aquarium

BY MARINNA DESANTIS
Staff Reporter

This past summer, sophomore Keara Bohannon and senior Nicole Barney were given the opportunity to study abroad and intern at the Dingle Oceanworld Aquarium.

Bohannon and Barney’s friendship and love of science brought them to Dingle, Ireland for two months during the summer study abroad session.

“I already went to Dingle for the pre-fall program, and knew I probably wouldn’t get another opportunity again due to being a science major,” said Bohannon.

The first few weeks they had the normal study abroad student experience. Bohannon and Barney traveled the country and took one class, coastal ecology.

“We got to kiss the blarney stone, that was really fun,” said Barney.

They traveled to Kinsale and Blarney, which Bohannon calls “an amazing experience.”

They both agreed that the most exciting time was when they began their internship and research projects at the Aquarium.

Their daily duties included tank maintenance, feeding and cleaning the animals, and constantly testing the water.

Bohannon’s project involved research on the water quality of Dingle Harbor. Barney studied the effect that krill oil has on feet and beak discoloration.

Along with their daily duties, they were able to see the first Gentoo penguin ever born in Ireland at the Dingle Aquarium. After years of laying nests and setting eggs, the first successful birth didn’t occur until this past summer.

As a pre-veterinary medicine student, Barney had the opportunity to work with the penguin first hand. “I became a penguin keeper and took care of him by myself for two days. It included feeding, and all the cleaning because they’re very messy,” said Barney.

Another great part of the trip for Bohannon was getting to know the people she worked with at the aquarium and the locals in Dingle. She really loved and appreciated the culture change. “It was a great way of life, I loved it,” said Bohannon.

Barney agreed with Bohannon, saying that the community was one of her favorite parts of the program.

“The locals and the way they accept you, they treat you like an old friend even if they don’t know you,” said Barney.

Both students agree that their time abroad has been one of the best experiences of their life.

“The best part of the program was being able to work with other people who are experienced in the biological sciences, who are there to advise you but also give you the independence you need,” said Bohannon.

Barney and Bohannon agree that they will never forget the work they have done in Dingle.

“If you’re not thinking about studying abroad you should do. I didn’t consider studying abroad and after doing it, it’s not something you’ll ever regret,” said Barney. “It completely changed my view and I highly recommend it. It’s good to get out of your comfort zone and the things you’re familiar with to experience something new.”

The Sacred Heart Spectrum
September 17, 2014
Father David Buckles is the newest addition to the Sacred Heart community and is excited to start his journey as the director of campus ministry.

Before coming to Sacred Heart, he was a pastor for the Church of the Blessed Sacraments at Purdue University in Lafayette, Ind.

"I had worked in campus ministry at Purdue University for three years and it was just exciting to be around students and their enthusiasm and energy," said Fr. Buckles.

But Fr. Buckles didn't always want to be a pastor.

"I'm one of those few people who enjoy going to the dentist and looks forward to it," said Fr. Buckles.

Fr. Buckles realized he had a passion for priesthood early on.

"I thought that maybe I should check out priesthood, and I know I made the right decision," said Fr. Buckles.

Fr. Buckles' goal as the new director of campus ministry is getting to know the student body.

"The students are what the whole university is about, and that is very clear in the way that I see the faculty and staff address things," said Fr. Buckles.

While recent tragedies have occurred in the first few weeks of being back to school, Fr. Buckles managed to stay positive.

"Every year, a fourth of the university changes. Some graduate and some come back," said Fr. Buckles.

Father David Buckles is the newest addition to the Sacred Heart community and is excited to start his journey as the director of campus ministry.

BY ALEXANDRIA MARINI
Staff Reporter

September 17, 2014
The Sacred Heart Spectrum

Features

The Controversial Yik Yak App

Students have mixed opinions about new social media on campus

BY KESHAUDAS SPENCE
Staff Reporter

Yik Yak is a new app created in Dec. of 2013 by two college students with the goal of maintaining a virtual bulletin board. The app allows people to post anonymously in an open chat room setting. The posts are grouped by location. Yik Yak has become popular among college campuses and has found its way to Sacred Heart.

Despite its popularity on some campuses, Yik Yak has become the subject of controversy. "It is the most dangerous form of social media I've ever seen," said psychiatrist Dr. Keith Ablow in a Fox News interview.

Yik Yak has been traveling from campus to campus for the past nine months and it has finally reached Sacred Heart University. This app is similar to a huge chat room where one can say anything.

What makes this app appealing and dangerous is that the posts are anonymous. Students can post about drugs, alcohol, classmates, and faculty and no one will know who wrote what.

Many Sacred Heart students feel that it is acceptable for people to post how they feel, but Yik Yak often goes too far.

"Yes, we are all entitled to say and write whatever we are feeling, simply because it makes us feel better to get certain things off our chests, but when specific names are being mentioned followed by derogatory comments, that can truly affect one's mindset and outlook on life and themselves, that is when you have crossed the line," said freshman Andrew Roach.

In a report by WSFB on Sept. 10, Sacred Heart students shared their opinions of the new app.

Yik Yak creators responded to this report, stating that the app is a "location-based service that can monitor traffic coming from locations, but given the principle of anonymity, [they] do not track and trace every post. However, [they] understand that a small segment of users may misuse the app, so we have put specific algorithms in place to prevent this from happening."

Freshman Micky Haller feels that there is a clear line between being cruel and funny.

"Saying what you feel is completely acceptable, but when the comments and posts are about one's height, weight, religion, and completely negative and harsh, someone needs to step in and call it quits," said Haller.

Other students think that the negative comments shouldn't be taken so seriously.

"I think Yik Yak is an amusing app that is solely used to pass time. People shouldn't take it seriously especially when it is anonymous, it's just a fun and entertaining app," said sophomore Zach Ramirez.

Junior Elias Gharios feels that although the app may be receiving some negative attention, it can be beneficial in some ways.

"Though I don't agree with majority of what is put on the site. It is however an opinion and should not be taken down. It is also a good gage to see how students are adjusting and liking school," said Gharios.

It is a choice to download the app. Recently, some students have been working to ban the controversial app, saying that it is a recipe for bullying and disrespect among classmates and faculty.

A Facebook page titled, "Ban Yik Yak App" is being supported by many Sacred Heart students who have strong opinions against it.

Currently, members of Student Government are working with The Factory on campus to ban the app.

"Student government is going to talk to IT to attempt to figure out a way to ban this app. What we are trying to accomplish by banning this app is to hopefully decrease the amount of anonymous bullying and gross amounts of profanity on this app," said Vice President of Senate Chelsey Corbo.

"We want to keep this campus as safe and as possible not only in the physical aspects of students, but also focus in on their online security as well."

Freshman Jake Davis believes a possible solution may be the approval of posts before they are submitted and published.

"Yik Yak needs to have its comments protested and must go through approval in order for it to be posted," said Davis.

"If negative posts are still being shown and they are directly pointed at a particular individual, things are only going to get uglier and Yik Yak will no longer be one of the top apps traveling throughout college campuses."

By Keshaudas Spence

The controversial Yik Yak app...
Saying Goodbye to the King & Queen of Comedy

BY NATALIE CIOFFARI
Asst. Arts & Entertainment Editor

Within nearly a month of each other, the sudden deaths of Robin Williams and Joan Rivers will hold a special place in the comedy, entertainment, and fashion world.

"They were both unique comedians ahead of their time and will be missed by many," said senior Declan Lynch.

With a Julliard education under his belt, Chicago-raised and comedic stand up star Robin Williams got his first real break in television. He was first featured as the alien Mork in the 1970s hit show "Happy Days." This show later span off into Williams having his own show called "Mork & Mindy."

"I remember his first big break on 'Happy Days'," said Prof. Andrew Miller, Chair of Media Studies and Communications Department. "He had such a hyperkinetic alien Mork in the 1970s hit show "Happy Days." This show later spun off into Williams having his own show called "Mork & Mindy."

Shake, Shake, Shake, at her dad's music store, Merle's Record Rack. "I was so pumped when they contacted me back about coming to play for us," said Papa. Bronze Radio Return's first album came out in 2009, entitled "Old Time Speaker.

Bronze Radio Return is quickly gaining a following, and some well deserved recognition. Bronze Radio Return's song has recently been featured in the St. Vincent's trailer starring Melissa McCarthy and Bill Murray.

Bronze Radio Return is the first to kick start the season. Two more Connecticut bands are scheduled to perform live," says senior Michael Kenny.

Saying Goodbye to the King & Queen of Comedy

BY KRISTEN SULLIVAN
Staff Reporter

Performing in commercials, featured at Firefly Music Festival, and in "Rolling Stone Magazine," Bronze Radio Return will be performing at the Edgerton Center for the Performing Arts on Sept. 27 at 8 p.m.

This concert will be a part of the Edgerton's new concert series, entitled Connecticut's Own.

Members of Bronze Radio Return all met and attended The Hartt School in Hartford, Conn.

"I was thinking of bands to come play here. I heard them on a Spotify playlist and thought their sound was really cool," said Ali Roach, Asst. Director of the Performing Arts.

Marisa Papa, a senior and the Spectrum's Arts & Entertainment editor, was familiar with Bronze Radio Return because they recorded the music video for "Shake, Shake, Shake," at her dad's music store, Merle's Record Rack.

"I was so pumped when they contacted me back about coming to play for us," said Papa. Bronze Radio Return's first album came out in 2009, entitled "Old Time Speaker.

"I figured if both Marisa and I think Bronze Radio Return are cool, it's a good idea—they have a very wide demographic," said Roach.

Bronze Radio Return is the first to kick start the new series. Two more Connecticut bands are scheduled to come next semester.

Students are getting excited for the concert. "I heard their song 'Lo-Fi' on Pandora earlier this year and was immediately hooked," said senior Declan Lynch.

Roach is excited to share this band with the Sacred Heart community after seeing them perform live at Gathering of the Vibes over the summer.

"It's kind of happy, American indie poppy rock music. I can't find anyone who hears them and thinks this is not good," said Roach.

Communication's Coordinator, Bill Haug, and Graduate Asst. Trevor Kelly will be the opening act for Bronze Radio Return. Their vibe will fit in nicely as an opening act because of their similarity in their styles of music. Both Haug and Kelly, and Bronze Radio Return, play uplifting, positive sets.

In addition to playing at smaller venues like Gathering of the Vibes in Bridgeport, Conn., Bronze Radio Return has also performed at large music festivals such as Lollapalooza, in Chicago, Ill.

Bronze Radio Return's song has recently been featured in the St. Vincent's trailer starring Melissa McCarthy and Bill Murray.

Bronze Radio Return is quickly gaining a following, and some well deserved recognition.

"They have an honest sound to them that I think is rare nowadays in Rock music—I can't wait to see them perform live," says senior Michael Kenny.

Tickets are available at the box office, only $5 for Sacred Heart University students with a student ID.
Ed Asner: The ‘American Legend’

On Sunday, Sept. 15, students, faculty and beloved fans rushed to the Edgerton Center for the Performing Arts theater to see the iconic Ed Asner.

Asner, who is 84 years old, is a part of the ‘American Legends’ series at Sacred Heart University. Open to the public and to the Sacred Heart University community, Asner brought in around 300 people to the Edgerton theater.

Through this ‘American Legends’ program, Director of the Performing Arts, Jerry Goehring, interviews past and present stars. He asks them about their life and accomplishments so far.

Asner has been the president of the Screen Actor’s Guild and has been featured in many movies and TV series throughout his life. Some famous roles of his are Capt. Thomas Davies in the ABC miniseries “Roots,” Santa Claus in “Elf” and Lou Grant on “The Mary Tyler Moore Show.”

His role as Lou Grant helped him win an Emmy in the categories of both comedy and drama.

For the younger audiences, Asner melted their hearts when he starred as the voice of Carl Fredricksen in Pixar’s critically acclaimed animated film “Up.”

“I knew he was the voice of that old man from the movie ‘Up,’” and that’s about all I knew,” said junior Nicole Swift.

Anser informed the audience of his upbringing before the introduction to his stage and film life.

Asner explained further on how radio had more of an influence on him than television or film. Radio provided a more masking element to the medium, since you merely hear the actor’s voice instead of visualizing them as well.

He had a voice-acting career where he created numerous characters including many beloved roles from the DC Comics animated series.

Asner shared his transition and difficulties that he underwent in developing and crafting his comedic timing for the iconic character of Lou Grant.

“He definitely mastered his comedic timing. I remember in the lecture he mentioned how he was not funny before auditioning for “The Mary Tyler Moore Show,” said senior Joe Heenan.

The lecture was both insightful and entertaining. His words resonated in the minds of people that aspire to walk in his footsteps.

“I really thoroughly enjoyed watching all shows and movies he has done. I’ve been watching him since I was little girl on ‘TV Land’ and ‘Nick@Nite,’” said audience member Jessica Strum.

After his lecture ended, Anser joined members of the Theatre Arts Program backstage for a private meet and greet. During this mini-session, Asner answered questions from aspiring actors and actresses about show business and performing.

His work will live both on screen and off. He will continue to be known for his animated works, time spent on and off Broadway, and in the TV and movie world.

Asner’s lecture was filled with both laughter and life lessons.

“Always be bold,” said Asner.
Ray Rice Controversy Continues...

BY ASSOCIATED PRESS

OWINGS MILLS, Md. (AP) - A three-day break wasn't enough to separate the Baltimore Ravens from the Ray Rice saga, and coach John Harbaugh expects the suspended running back and domestic violence to remain topics the team and the NFL will be addressing for the foreseeable future.

"We're probably not going to get away from it and probably rightly so," Harbaugh said Monday. "Not just us, the league. Hopefully it impacts society in a good way going forward.

Still, the Ravens tried to steer the conversation toward football.

Before Harbaugh addressed the media on Monday, team spokesman Kevin Byrne told reporters: "We're trying to move on, at least publicly, now that there's an independent investigation on the Ray Rice situation. He said the coach and players would "not to talk publicly about that anymore."

It's just not that easy.

Harbaugh never mentioned the words "Ray Rice" while responding to a question of whether the hiatus after Thursday's game came at the perfect time. Rather, he spoke about the importance of dealing with domestic violence beyond just the scope of the NFL.

"It's a bigger issue than sports. It's a societal issue," Harbaugh said. "It's a problem that is all across society, not just in our country. Historically, sports has been a catalyst for positive change, especially in this country. That's a good thing. If good can come out of that some way, and our organization and players can be part of that somehow, I would really embrace that."

The Ravens have been in damage-control mode since releasing Rice after a video surfaced on Sept. 8 showing him striking his then-fiancee in an elevator last February. After the Ravens cut ties with Rice, the NFL extended his suspension from two games to indefinite.

Just because the Ravens had some time off, that doesn't mean they escaped hearing about Rice and the backlash from that explicit video.

"I'm sure they watch TV," Harbaugh said, "It was pretty much a topic of conversation all through the weekend and it's going to continue to be."

And while the case continues, so do the football games.

And the last time they took the field, the Ravens (1-1) breezed to a lopsided victory against Pittsburgh.

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And the last time they took the field, the Ravens (1-1) breezed to a lopsided victory over the Steelers.

"We don't get caught up in the swirl as much as you think," Harbaugh said. "The media is always here, and I thought our guys did a great job of handling the situation that came up."

Next on the schedule: A trip to Cleveland to face the surprising Browns (1-1).

Bernard Pierce will start at running back for a third straight week for the Ravens and Justin Forsett will play a reserve role. The duo combined for 152 yards on 30 carries against Pittsburgh.

"Both those guys played well, ran hard and protected the football," Harbaugh said. "The offensive line has played really well in front of them, too."

"The key to our success this coming fall will be to stay healthy, and continue to get better each week. We have a great bunch of kids who work hard on and off the field," said Nofiti. "The team raised the bar last season, and they all know that this year that there are a lot of teams hunting SHU football. I know our players are up for that challenge and we look at one game at a time. If we play our brand of football, and play hard and smart, we should be able to compete for a NEC championship this year as well."

The season is off to a great start and the Pioneers are expecting another successful season.

"For the rest of the season, we are just going to take it one week at a time and focus on going 1 and 0 for that week. Our main focus will be on the team we play each week," said Noel.

The Pioneers hosted Assumption last Saturday and won 44-14. Noel accounted for 318 total yards on offense. Senior running back Sean Bell rushed for 79 yards and scored two touchdowns.

"It's a bigger issue than sports. It's a societal issue," Harbaugh said. "It's a problem that is all across society, not just in our country. Historically, sports has been a catalyst for positive change, especially in this country. That's a good thing. If good can come out of that some way, and our organization and players can be part of that somehow, I would really embrace that."

"We don't get caught up in the swirl as much as you think," Harbaugh said. "The football.
Spence breaks SHU all-time rushing record

BY MATT MATERASSO
Asst. Sports Editor

Keshaudos Spence is now Sacred Heart University’s all-time leading rusher. On Aug. 30, the record was officially broken as Spence rushed for 139 yards in the home opener against Marist College and in doing so passed former record holder Ed Pricolo (2002-2005), who had 3,052 yards. Spence now has 3,104 career yards two games into the 2014 season.

So far this season, Spence has had 52 carries with a gain of 233 yards, averaging 4.2 yards per carry.

"So far the first two games went well," Spence said. "Could always do better, though."

There’s a lot of the season left for the Sacred Heart University football team and it’s a challenging task to have another successful season as the team tries to defend the NEC championship they won last year.

As far as the record goes, “It hasn’t really settled in yet,” Spence said. Now he and team need to focus on the bigger picture: defending the NEC title.

“Spence is a very good football player,” head coach Mark Nofri said. “He came to Sacred Heart with a great work ethic and attitude. He has improved each year since his freshman year and has developed into one of the best running-backs in the NEC.”

His teammates say that Spence has a tremendous amount of energy. Whether during practice, lifting in the weight room, or on the field during game days, Spence always makes his presence known to everyone. He is looked upon by all his teammates as a leader. Being named captain this past spring is a testament to that.

A teammate of Spence’s for four years, senior Connor Candito, said that they “weren’t close at first,” but after the first season, they “became close friends and were in fact roommates during their sophomore year.”

Jokingly, Candito said that Spence has “no off button” when it comes to dealing with the amount of energy that Spence exerts. Inside the locker room though, Candito mentioned that Spence is “mellow and relaxed during his preparation for game-day.”

The mind set of the football team is very simple and straightforward: “Focus and play hard on every play, every quarter, and every game,” Nofri said. The team goal though: “Win an NEC championship again this year.”

What does the future hold for Spence after Sacred Heart?

“The NFL Draft,” Spence said with an energetic and hopeful smile.
Men’s and Women’s Soccer Recap

The new leadership positions and the addition of newcomers give each team a new feel. After losing two seniors and gaining six freshmen on the women’s soccer team, the upperclassmen were asked to take on a big leadership role.

Coach Kim Banner discussed that the women’s team did very well during the pre-season, and said that there was a lot of hard work and very positive leadership as well. The women’s team is 3-4-1 so far this season.

“The record doesn’t show their actual progression,” said Banner.

Banner also spoke about how the maturity of the team was focus kept in shape and very big leadership. The women’s team plays Hartford this Sun. at 12 p.m.

The men’s team has promise this year because of the sixty percent of team being freshman at the start of the season.

“Our goal is to make the playoffs,” said head coach Joe Barroso. “I am very satisfied. For it being such a young team, there is a lot of talent but they need experience.”

Being a fresh new team there has to be a very important leadership roll among the upperclassmen that are still playing on the team.

“So far we have a young but a very talented team and a good freshman class coming in. Our first two games were against two top twenty-five teams in the nation and we stuck with them,” said senior Midfielder Giancarlo Maurello.

Sacred Heart was defeated by Delaware and UMBC, who are two top twenty-five teams in the nation.

“During preseason a lot of the players came in very fit so it was a plus to focus more on tactical aspect of the game and putting more pieces together to have a good season,” said Maurello.

Senior defender Joshua Mathews said, “As our season stands, it is not the best. It could be better at the moment but there is always time to improve and that’s what we are looking forward to do.”

I LOVE MY TEAM­MATES. I’VE MADE A LOT OF FRIENDS AND WE HAVE FUN ON AND OFF THE FIELD.

I LOVE PLAYING WITH GIRLS THAT HAVE A PASSION FOR THE SPORT THEY LOVE.

PLIERS of the WEEK

DANIELLE GALLAGHER

HOMETOWN Clayton, Delaware
MAJOR Biology
SPORT Field Hockey, Forward/Midfield
STATS/AWARDS Tied for first on team with three goals and second

TAMARIC WILSON

HOMETOWN Alexandria, Virginia
MAJOR Communications and Media Studies
SPORT Football, Safety
STATS/AWARDS NEC Defensive Player of the Week for performance against Lafayette