**Pioneers Back-to-Back Champions**

Sacred Heart football defeats Bryant taking home the NEC trophy

**BY SHAWN SAILER**  
Staff Reporter

For the second consecutive year, the Sacred Heart Pioneer football team hoisted the NEC Championship trophy, defeating Bryant by a score of 14-7 on Senior Day at Campus Field this past Saturday, Nov. 15.

The win clinched a share of the Northeast Conference (NEC) title for the Pioneers. By winning the conference they advance to the Football Champion Subdivision (FCS) playoffs for the second year in a row.

"We answered the bell when it counted. They are a bunch of grinders," said Mark Nofri, Sacred Heart football's head coach.

Despite both teams moving the ball well, neither team could get on the scoreboard in the early going. Bryant had a chance to take the lead on a field goal attempt as time expired in the first half, but Rentz blocked the attempt, his second field goal block of the game.

Sacred Heart got on the board first with 13:55 left in the second quarter. Jimior quarterback RJ Noel found senior fullback Pat Casey for 14-yard score to take a 7-0 lead.

Bryant answered back two drives later when Ricardo Mccray ran in from five yards out to tie the game at 7. Noel and Dube had great chemistry today as they have all year.

Sacred Heart will find out their first FCS playoff opponent on Nov. 29. Noel and Dube have great chemistry today as they have all year for the Pioneers.

"Once again they (Nofri and Dube) stepped up and answered the bell and that is what great players are made of," said Noel. "I have great players in those kids."

Senior running back Sean Bell ran for a game high 71 yards. Bell got the bulk of the work on the ground for the Pioneers, carrying the ball 16 times, compared to eight carriers from Keshaudas Spence. According to Nofri, Spence was "banged up," which was the reason he was limited.

"He picked up some big first downs," said Nofri of Bell. "It's a great 1-2 punch to have those two guys back there."

Defensively for the Pioneers, senior safety Gordon Hill had a team high 13 tackles. Senior cornerback Preston Sanford and Regan each had an interception.

"We all say we want to make the play and help the offense out," said Regan. "We embrace the challenge. Football is fun for us."

Sacred Heart will find out their first FCS playoff opponent on Sunday, Nov. 23 at 11 a.m. during the FCS Selection show which will air on ESPNU. The Pioneers first FCS playoff game will take place on Nov 29.

"We found a way to win and that is all that matters. It's a tribute to the twenty-six seniors I have and the leadership they have," said Nofri.

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**NY FED CHALLENGE**  
Five SHU students competed against other universities about economic forecasting.

**THANKSGIVING**  
SHU students share what they're most excited about during Thanksgiving break

**TEEN PRESSURE**  
Are drugs, sexting and partying now happening at a younger age?

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**CONCERT AGAINST BULLYING**

4th annual concert held by the 4 Heart Harmony choir

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Natalie reviews the popular Broadway play

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**THE SPECTRUM FRILPE LIGABATO**

"SHEDDING LIGHT ON CAMPUS NEWS SINCE 1983"
Students Compete in New York College Fed Challenge

BY FRANK MCCONNELL
Staff Reporter


The Fed Challenge is a competition between universities across the country about economic forecasting. Each team, from their respective university, is tasked with creating a 15 minute presentation that features current economic and financial conditions, recommending a monetary policy response, and identifying issues that might present positive or negative risks to the economy.

Led by faculty advisor Gerald McCloghry, an economics professor in the Department of Business, the team had a distinct set of goals entering the challenge. "The goal for this year was to gain a higher score than last year," said McCloghry. "To have the team work together in answering questions, and adding value to an answer without dancing around any of the questions."

For the team, training for the challenge began well before the competition date. "Preparation began in the summer when Professor McCloghry assigned us specific vectors to analyze. Mine was the consumer sector where I had to learn about the consumer’s sector impact on the current economy," said students questions and articles, and they would respond with their answers. "Once the school year started, we met face to face once a week, which eventually turned to three times a week in the weeks leading up to the competition. The final week of preparation, we met every day," said Gharios. "Our goal was to represent the school, Professor McCloghry, and ourselves in a professional manner," said Gharios.

The challenge allowed the students to reflect on what they’ve learned in the classroom. "I would say the Fed Challenge was an excellent opportunity to apply the knowledge learned in the classroom to real world solutions," said Arnold, the team leader. "It was also an incredible opportunity to apply the knowledge learned in the classroom to real world solutions," said Arnold, the team leader.

"It was very eye opening," said Gharios. "We had the opportunity to speak with employees of the Fed and received constructive feedback to help us better understand our material as well as learn about a board room presentation setting, something that I have never experienced before."

Gharios. "During the year we met weekly, discussing the state of the economy and fed policy to then develop a script and presentation to members of the fed, and for our judges." Over the summer, McCloghry would send the
Fifty Shades of Gravy

BY ALLY D'AMICO
Staff Reporter

Next week, students of Sacred Heart University will be leaving campus to start their Thanksgiving weekend. Of all the different traditions that come with the holiday, the one thing that never seems to stray from the menu is the love of food.

"My Thanksgiving is spent at my aunt’s house. Everyone brings food for dinner, including my mom’s pumpkin pie, which is my favorite," said senior Nick Gaulin. "My brother and I watch football all day until we eat. I’m really excited to be with my family and watch football with my brother. Thanksgiving is definitely one of my favorite holidays because of the family aspect."

Senior Andrew Holmes also looks forward to the food. "I’m looking forward to spending a lot of time with all my family and making an apple pie with my mom.”

“I love my turkey and mashed potatoes, it’s the perfect combination,” said Holmes.

Junior Joe Faicco agrees with Holmes, “The turkey is second best to the company of my family.”

But for vegetarians, it seems it’s harder to enjoy the meaty feast.

"Every year, I help prepare the food and cook my own tofurkey since I’m a vegetarian," said freshman Bailey Partridge. "I love my turkey and mashed potatoes, it’s the perfect combination."

"My favorite part of Thanksgiving is sitting around the table with my family, talking and eating," said freshman Caitlin Stanton. "Every year my Dad brings out a letter my brother wrote when he was five to Tom the Turkey apologizing for eating him. It’s how we start every Thanksgiving and it just puts us all in a happy festive mood.”

To help bring these types of memories to families in need, the campus wide Turkey Drive has donated over 3,000 turkeys to families so they can have lunch together as a family, eating it. "I feel that I am at a point in my life where I should be exploring and discovering what I really want to accomplish in my blurry future. I love French culture. Perhaps, I should spend some time in Paris after I graduate, exploring the music, food and other things the country has to offer. I would love the chance to head out west, to San Francisco, to uncover that scene out there."

Here comes the bride all dressed in blah blah... Nowadays everyone seems to be rushing into marriage and my Facebook feed is cluttered with the babies of the people I went to high school with. Now I’m not saying that I don’t ever want to get married and have a child, but I think that people need to actually realize when the appropriate time is. Growing up in our “cookie cutter” society, I’ve noticed that we are supposed to grow up, get a good job, find that special someone, get married and have kids. That really angers me. A person should have the opportunity to live their life without having the stress and responsibility of a family until they are ready. We have all seen those couples that have children and have thought to ourselves, “wow they are too young.”

We see this every day, be it in person or on television. We can’t be naive about this topic—there are “adults” out there that are not responsible enough to wed and have children. Are people getting married just to get married?

Can I see myself getting married eventually? Yes. Can I see myself having a child or children? Yes. Do I see myself falling in love at some point? That is left for fate to decide, but I don’t see it happening anytime soon.

If any of you avid readers of Spectrum like cats, flannels, cuddling on long winter nights and eating Chipotle while listening to the romantic Skrillex, my Instagram name is Bam_Sutler.
Drugs, Sexting, and Partying, Oh My

BY ALLY D’AMICO
Staff Reporter

Drinking, sex, drugs, and partying are now happening at a younger and younger age. The pressure put on teens to experiment with these things is getting greater as well.

“I have a younger brother and everything is completely different than when I was his age,” said junior Stephanie Puleo. “When I was growing up partying was always seen as a college thing to do. Now more often not, high school students are partying and drinking just as much.”

Drinking and drugs at a younger age could be worsened because they are also given technology sooner.

“My brother was given a phone before me, a TV in his room, and a laptop,” said Puleo. “It has become more acceptable for younger children to be given things that weren’t acceptable to do ten years ago.”

“I definitely think that plays a roll in why things are happening so much younger. They have so many more resources and information when given phones and computers,” said Puleo.

Others think that having access to these things at a young age is beneficial.

“I think giving phones and iPads at a younger age is making kids grow up to be more technologically advanced, which I think is good,” said junior Steven Masetti.

According to the Centers of Disease Control and Prevention, the average age Americans lose their virginities is 17 for both men and women, which is the lowest average for a country in the world.

“I hear of teens having sex at 14 years old and just think it’s crazy,” said junior Lindsey Balukonis. “So many other problems are going to come from that because they really aren’t old enough to even realize what they are doing.”

“Over recent years sexting, or sending sexually explicit messages online or on the phone, has become a problem as well.”

A poll conducted by The National Campaign to Prevent Teen and Unplanned Pregnancy found that back in 2008, 21% of teen girls and 18% of teen boys have sent or posted nude or semi-nude images of themselves.

In 2014, a Drexel University study found that 54% of respondents reported to having sexted as minors.

Some of this can be contributed to things teens see in the media and on TV.

“Big television shows that teens watch like Jersey Shore and The Real World, give an inaccurate portrayal of what is actually acceptable,” said Puleo. “They see this and then want to act like the people in the show.”

No matter the influence it’s hard to deny that everything is happening at a younger age.

“With all the new technology, social media and pressure put on teens I only think it’s going to get worse and worse,” said Balukonis.

According to www.noshavenovember.org: “No-Shave November is a unique way to raise cancer awareness. The goal of No-Shave November is to grow awareness by embracing our hair, which many cancer patients lose, and letting it grow wild and free. Donate the money you usually spend on shaving and grooming for a month to educate about cancer prevention, save lives, and aid those fighting the battle.”
On August 11, 2011, Skrillex announced the creation of his own personal record label titled, “Owsla.” The word Owsla comes from the book “Water ship Down” written by Richard Adams (Skrillex’s favorite book) and stands for an “elite rabbit army.” Skrillex has explained in past interviews that his crew relates to this pack of rabbits in several ways. For the first release, Porter Robinson’s first EP release “Spitfire” reached the number one spot on the iTunes Dance chart. After such a profound reaction of listeners and views, Owsla exploded. Skrillex began to sign artists such as Zedd, Kill the Noise, Dillon Francis and even Skrillex himself. Having such popular and influential artists on the label only made the upcoming artists look and sound even better. Skrillex is not looking for the same sound in his artists. Creativity and dedication to music is the exact motive that Skrillex is looking for.

During the fall of my sophomore year, Skrillex created his fan website titled, “The Nest.” The website is based on a same sound in his artists. Creativity and dedication to music is the exact motive that Skrillex is looking for.

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Features

Siblings at Sacred Heart

BY ALEXANDRIA MARINI
Staff Reporter

For some Sacred Heart University students, having a sibling around campus is a comforting feeling. It makes it a little easier to be away from home, make decisions, and improve their relationships with each other.

“I like having a familiar face around and knowing my brother’s always there for me,” said senior Maggie Borchardt. “It makes my day when I run into him in the hallway and get to catch up with him.”

Before Borchardt’s younger brother, freshman Ryan Borchardt, attended Sacred Heart, she would get homesick. Now that her brother is around, she feels more comfortable knowing she can go to him whenever she’s having a bad day or missing home and Ryan feels the same way.

“With my sister being at Sacred Heart, I feel a lot safer and more comfortable being here because if there is ever a situation where I’m in trouble and need her, I can call her and she won’t hesitate to help me,” said Ryan Borchardt.

Having a sibling on campus also comes with benefits. Borchardt takes full advantage of her brother being a freshman on campus.

“When I’m hungry and on campus, I always call him up to buy me food because he’s a freshman with a meal plan, and I’m a senior without one,” said Maggie Borchardt.

For senior Nicole Capria, having her sister, junior Kelly Capria, around campus makes move-in day much easier on their parents.

“Our parents don’t have to choose one over the other for move-in day,” said Capria. “We also get to enjoy having family dinners together when our parents come to visit us.”

Capria and her sister do several activities together on and off campus, such as going to the gym, eating lunch together, and are also a part of the same sorority. They see each other almost every day between classes, security meetings, and events they both attend on campus.

Although having a sibling on campus can be comforting at times, it also comes with responsibilities. As the older sisters, Capria and Borchardt personify the need they feel in order to look after their younger siblings. Capria likes to check in with her sister to make sure she is okay, while Maggie Borchardt takes on a motherly role in her brother’s life.

“Because my mom has always taken care of Ryan, I’ve always been like that too and now that he’s here, he kind of takes advantage of it. He will ask me to do his laundry or bring him snacks from my house,” said Maggie Borchardt.

Even though having a younger sibling at school comes with responsibility, it also reinforces relationships. Senior Bethany Barbar attends the university with both of her younger brothers. According to Barbar, she and her brothers will grab lunch on campus together whether it’s planned or not.

“Being at the same school as David (senior) and Joe (junior) has really brought us together,” said Barbar. “I am friends with their friends, and they are friends with mine. I hang out with my brothers often and now that we are all older, we can go out with each other too.”

According to Maggie Borchardt, her relationship with her brother has changed completely since he’s been at Sacred Heart. Now that they are in a different environment from their home, she feels that they both see each other in a new light.

“Ryan never got to see the things that contributed to the person I am today. Now that he’s here, he sees how much I’ve grown since being in college, and now I see him in a new light because I hear from other people all of the things he contributes to around campus,” said Maggie Borchardt.

Having a sibling on campus can form stronger family bonds. Even though it might come with a little responsibility, it allows each of them to spend quality time together while also having room to grow as individuals.

“College is a chance for us to develop into the individuals we have longed to be,” said Barbar. “Having your siblings alongside you makes the difficult situations a little bit easier to deal with.”

The Fifth Annual Turkey Drive Sets High Goals

BY MELANIE HOLEC
Asst. Features Editor

Sacred Heart University’s Student Government has been working hard this year to make the 2014 Turkey Drive the most successful one yet.

Student Government has been organizing the Sacred Heart Turkey Drive for five years. The event is held on campus every year to raise money to purchase Thanksgiving turkeys for those in need in the Bridgeport community.

“The turkeys are donated to different nonprofit organizations in the community such as St. Charles, Alpha Community House, Thomas Merton House and Bridgeport Rescue Mission,” said Eleanor Danna, Class of 2015 Community Service Chair and Turkey Drive Chair.

Over the last four years, Sacred Heart has donated over 3,050 turkeys to the community.

“It’s important to give back to the community in which we live, especially during the holiday season,” said Lily DiPaola, Student Events Team (SET) Vice President. “We are very fortunate to be at Sacred Heart University, so it’s only right that we help in any way and try to make a difference for people who aren’t as fortunate.”

In addition to turkeys, other food items are distributed to those in need because of the drive.

“Student Government also works with the Office of Volunteer Programs and Service Learning to donate canned goods to the community so recipients can enjoy a balanced and hearty holiday meal,” said Danna.

This year, the Turkey Drive will take place on Tuesday, Nov. 25. Members of the Student Government will congregate at St. Charles Church and distribute turkeys and canned goods to the community.

Student government has been working to raise awareness for the event and increase donations from students and faculty.

“To promote the event we have a variety of different events and activities happening on and off campus,” said Danna. “So far we have teamed up with SET to have a Turkey Drive Bingo. We also collaborate with Moe’s Southwest Grill for a fundraiser where 15% of a customer’s bill goes directly to the Turkey Drive when our global advertisement is shown.”

The group is also asking local businesses from areas surrounding campus to support their fundraising efforts.

The Turkey Drive is a joint effort for many members of the Student Government.

“This year I am the chair of the Turkey Drive. As the chair I am responsible for working directly with our advisor, Amanda Rowe, and managing the Turkey Drive committee,” said Danna. “The Turkey Drive committee is comprised of the community service chairs of the Student Government class boards and one Student Government e-board member.”

The Turkey Drive committee is responsible for organizing and planning all fundraising efforts for the drive. For the drive to be successful, they need the help of other students as well.

“It’s not just our committee doing the work,” said Danna. “The success of this event wouldn’t be possible without the help of Student Government and SHU students.”

This year, the group hopes to raise enough money to be able to donate over 500 turkeys to people in the Bridgeport community.

Students can get involved in the Turkey Drive by talking with Student Government at their table in the hallway by Outtakes, joining the Turkey Drive event on the Student Government Facebook page, and by donating online at www.SacredHeart.edu/TurkeyDrive. The last day to donate is Nov. 21.
It is High Time We Talk About Weed

BY KESHAUDAS SPENCE
Staff Reporter

Whether you refer to it as Mary Jane, Bob Marley or its proper name Cannabis Sativa, weed has been in the news often and its presence on campus is the subject of constant debate.

"Personally, I don’t smoke, but I do know a lot of people who do. I mean some of my friends smoke, but it’s not like I look at them any differently," said junior Johanna Lopez. "I feel like a lot more people smoke on campus than I even realize. It’s so much more common here than it was in high school, yet I don’t feel like it’s some type of epidemic. Some people do and some people don’t, and I don’t really think that’s a problem."

On college campuses in particular, the use of the drug has affected the overall collegiate culture, including at Sacred Heart. Janice Kessler, the alcohol and drug specialist in the Sacred Heart Health and Wellness Center, has firsthand knowledge of the presence of weed on campus. Based on surveys in the spring, she has assessed whether weed usage is a problem.

"The number one drug used at Sacred Heart is alcohol, marijuana use comes in second," said Kessler. "The Care Survey" used to gather data on the student population at Sacred Heart used 12 years of information to make an assessment.

"One of the key insights we learned from the survey was that the average students’ perception of weed usage doesn’t actually match up to how many students are really using it," said Kessler. "72.4% of the Sacred Heart’s student population believes that the average student uses some form of drugs at least once a week, when in reality only 19% of students smoke marijuana regularly, down from the 37% the year before."

Sophomore football player, David Bernment, has his own beliefs about smoking weed.

"I know plenty of people who smoke. Other than being high at the time, I don’t think it does anything to them. I don’t believe that you can be addicted to weed or that it makes you a bad student. Some people perform better after they use it, so how can it be that bad?"

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"I know plenty of people who smoke. Other than being high at the time, I don’t think it does anything to them. I don’t believe that you can be addicted to weed or that it makes you a bad student. Some people perform better after they use it, so how can it be that bad?" said Berment.

"It’s important to note that just because weed is legal doesn’t mean that it’s healthy," said Kessler.

While there are no recorded cases of someone dying from an overdose of marijuana, the health issues developed from its use can lead to death.

"It’s not so much a problem about prevalence on the campus. The real problem is not knowing the effects of it as well as we do with alcohol," said Kessler.

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Arts & Entertainment

Concert Against Bullying

BY KRISTEN SULLIVAN
Staff Reporter

The 4 Heart Harmony choir held their third annual “Concert Against Bullying” on Nov. 13 in the Chapel of the Holy Spirit. The concert was directed by Dr. John Michniewicz and accompanied by Galen Tate.

The 4 Heart Harmony is a smaller chamber choir that sings a multitude of different genres with upbeat rhythms and harmonies. Members are experienced singers that must audition to be accepted. Michniewicz had the idea to do the bullying awareness concert based on the unfortunate reality that bullying does take place in our society.

“My sense was to do a concert that would highlight the problems, as well as use music to give an inspirational message,” said Michniewicz.

“Let it Be” “Bring Me to Life,” and “There’s Music in You,” were some of the songs that the 4 Heart Harmony sang, featuring several soloists.

In between each piece, the choir members gave short testimonials about their experiences regarding bullying, and how they were able to overcome the effects it had on them.

“To be in the concert is a privilege because hearing out everyone’s stories is heartwarming and shocking all at once. It gives awareness that bullying is not okay whatsoever,” said sophomore choir member Joe Calaca. “My favorite part is listening to the stories. I’m the type of person that wants to help all that I can, and hearing someone who needs help just gives me the feels.”

Michniewicz looked for a variety of pieces that fit and illustrated the theme and provided an uplifting message. Members of the choir were also able to audition for solos and pick a piece that they found meaningful.

“I originally thought bullying was mostly a problem that touches on school aged children. However, from our students’ testimonies, I have come to find that it’s an issue that affects college students as well,” said Michniewicz. “I’ve done some reading and it’s an issue that can even extend into the professional workplace.”

The concert raises awareness by speaking about the issue through music and student’s testimonials highlighting the devastating effects that bullying can have. One thing Michniewicz has found from the student’s testimonials is that students that appear confident, outgoing, and well-adjusted are among those that have felt the effects of bullying.

These are the individuals that you would never expect to have a history with bullying.

“I’m always amazed at who has had these kinds of experiences, and for people being bullied, I think there is great power in the realization that they are not alone, that others have faced the issue, and have been able to overcome it. My sense is that those that are bullied often feel like they are all alone, like they have been singled out for this sort of terrible treatment. However, it’s just not the case,” said Michniewicz.

“This concert is an inspiration to those who have been bullied or are still being bullied.

The amount of feeling that the choir puts into each song is overpowering,” said junior choir member Aidan Shine.

Over 100 students auditioned, which was a combination of new and old cast members. All together, there are 26 cast and crew members on stage and about 30 off stage.

“The concert raises awareness by speaking about the issue through music and student’s testimonials highlighting the devastating effects that bullying can have. One thing Michniewicz has found from the student’s testimonials is that students that appear confident, outgoing, and well-adjusted are among those that have felt the effects of bullying.

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Come and Celebrate Tradition with “I Remember Mama”

BY MARINA DESANTIS
Staff Reporter

With the Thanksgiving holiday coming up it’s easy for people to think about their own family stories and traditions. Sacred Heart’s Theatre Art Program’s main stage fall play, “I Remember Mama,” relates directly to these ideas.

This play is based on the novel, “Mama’s Bank Account,” written by Kathryn Forbes. The book went on to be a hit play, television show, movie, and radio show. The story is about a Norwegian family living in San Francisco at the turn of the 20th century.

“It’s a classic American story of immigration, and assimilation into American society,” said Jerry Goehring, director of the play.

The oldest daughter, Katrin, recalls her memories about her mother and what she did to keep the family together in good times and bad. Money was a struggle, as it was for many people during that time. The family lived off of their father’s income, but Mama would do the finances every week.

Throughout the show, Katrin takes you through her memories of their struggles with family conflict, loyalty, crisis and financial problems. Most of all, she remembers Mama.

“Mama is the one who is the rock, or foundation, of this family. I believe it hits home to many people as we all have these memories and stories of our family we talk about it,” said Cody Knox, senior cast member. “It also hits home the importance of family, especially with Thanksgiving coming up.”

Goehring’s decision was simple to choose this play around this time of year.

“It’s about family, our memories, and our heritage. This was from several generations ago. So as people go home for Thanksgiving they should think about all those family traditions they have. What about your family, where did they come from, and what did they bring here? We’re all immigrants in some form,” said Goehring.

Over 100 students auditioned, which was a combination of new and old cast members. All together, there are 26 cast and crew members on stage and about 30 off stage.

“This is a main stage play. There’s four weeks of rehearsal, building the set, period costumes set back in 1910. It’s a big production,” said Goehring.

The cast members have worked really hard on this production and are excited for students and members of the community to see the play.

“My character is Mr. Hyde, a saucy British man who lives with the family and reads stories to the children. I loved working on this show. We have an amazingly talented cast here, and I know we are going to put on a killer performance for everyone to see,” said Nick Patino, sophomore cast member.

If you want to help a family in need this holiday season, you can receive discount tickets in exchange for non-perishable food items. Donations will be accepted at the box office Monday-Friday, 12-4 p.m. and up to two hours prior to any performance.

“I Remember Mama” is showing in the Edgerton from Nov. 20-22 at 8 p.m. and Nov. 23 at 3 p.m.

“It has been an amazing experience working on this show. I am blessed to have a fantastic cast and crew to work with. We have become closer over the past seven weeks, one could even say we are a family,” said Knox. “All of our hard work and dedication is showing and we encourage everyone to see ‘I Remember Mama’.”
Warning: Spoilers to follow

For months, my boyfriend Michael has raved about this popular Broadway musical called “The Book of Mormon.” This musical is a complete religious satire. But, the best part about this musical is that along with Matt Lopez from “Avenue Q,” Trey Parker and Matt Stone constructed the part where we meet all the Mormons ringing people’s doorbells. Elder Price and Elder Cunningham are the main characters that the show really follows. The duo is kind of like dumb and dumber, only Elder Price is not dumb.

For instance, Elder Cunningham is in his 20’s and worships Star Wars. The Mormons are all looking forward to their next mission abroad. It really wasn’t a surprise that Elder Price and Elder Cunningham are paired together. Their destination is Uganda, where general “Butt—F—ing Naked.”

One of the best parts of this show was when Elder Price and Elder Cunningham meet the African people. They greet them with a song called “Haas Diga Ebowai,” and naturally both sing along.

You want to know what the song means? “F— you, God.” Good job boys.

It was not even close to intermission yet and Michael and I had not stopped laughing.

We later meet another group of Mormons that have been there for several months. Their song “Turn It Off” mocks how bad their life is. But no. Mormons do not feel bad feelings, or gay feelings. The head of that pact, the gay Mormon, is simply hysterical with his singing, and tap dancing.

Cunningham is still so excited, and weird, with Price being in Uganda with him. Cunningham is also failing for one of the village’s daughters, Nabulungi.

Do you really think Elder Cunningham calls her by her actual name?

Nope.

Some names include Nelly Furtado, Nala, and my favorite, Nutella.

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And the Promised Land is Salt Lake City.

But, the General comes back and has told the African villagers that in the next week he will be circumcising the women, because their sexual parts are powerful, and he wants to destroy them.

Really, South Park...really? Where do you even come up with this twisted stuff?

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Now Cunningham has the stage, literally. He starts to white lie about everything in the “book of Mormon” because he has never actually read it. The Africans actually start to listen to him, because he starts to base off the book off of Star Wars.

I was happy that Cunningham got his glory, because Price was being such a jerk to him. And Price gets what he deserves. He has a horrible hell dream, with the General as the devil.

There was no shock that Price wanted to go back to Cunningham, especially when he finds out that the Africans want to be baptized.

When Cunningham finally gets to baptize Nabulungi, the song “Baptize Me” has the whole audience laughing. The creators of South Park are trying to say that it is going to be their “first time.”

I believe another awesome part is when the mission president comes down to see the progress the boys have been doing. Yet, none of the other Mormons or Price know that Cunningham made up all the information he gave to the Africans. So when the Africans want to perform a play about Joseph Smith, the mission president is in for a big surprise.

Although the mission president is angry, the people of Uganda now finally have something to believe in, “The Book of Arnold Cunningham.”

Overall, this musical was absolutely hilarious. You can totally tell that the creators of South Park created this, especially from their ruthless and tasteless language, and of course the classic mockery of one’s people. I would recommend this to anyone, but just be prepared for some Rated R material.

Five out of five stars.

**Artist’s Corner**

Paintings done by Alexa Duffy

For instance, Elder Cunningham is in his 20’s and worships Star Wars.

The Mormons are all looking forward to their next mission abroad. It really wasn’t a surprise that Elder Price and Elder Cunningham are paired together. Their destination is Uganda, where general “Butt—F—ing Naked.”

One of the best parts of this show was when Elder Price and Elder Cunningham meet the African people. They greet them with a song called “Haas Diga Ebowai,” and naturally both sing along.

You want to know what the song means? “F— you, God.” Good job boys.

It was not even close to intermission yet and Michael and I had not stopped laughing.

We later meet another group of Mormons that have been there for several months. Their song “Turn It Off” mocks how bad their life is. But no. Mormons do not feel bad feelings, or gay feelings. The head of that pact, the gay Mormon, is simply hysterical with his singing, and tap dancing.

Cunningham is still so excited, and weird, with Price being in Uganda with him. Cunningham is also failing for one of the village’s daughters, Nabulungi.

Do you really think Elder Cunningham calls her by her actual name?

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Sports

Bell Honored for On and Off Field Accomplishments

BY MATT MATERASSO
Assistant Sports Editor

Sacred Heart University football player Sean Bell was awarded the CoSida Academic All Distrist First Team honor. Bell is the first Sacred Heart player in five years to get this honor.

CoSida stands for College Sports Information Directors of America. It is an organization that formed in 1952. The organization recognizes male and female athletes in the National Collegiate Athletic Association (NCAA) covering all Division I, II, and III teams.

The CoSida award recognizes players who not only perform well on the field, but in the classroom as well.

"Winning the award felt pretty good," said Bell.

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Opening Weekend Success

Men's and Women's Basketball Both Start Off Season's With Victories

BY KATIE SHEPARD
Copy Editor

On Friday Nov. 14, the Sacred Heart men's basketball team opened their season with a 71-53 win against the Hartford Hawks in the Connecticut 6 Classic hosted by Quinnipiac University.

The Pioneers open the season with a win for the third time in four seasons and look to thrive on the win going into the home opener on Thursday night, Nov. 20 at 7 p.m.

Sacred Heart shot nearly 60 percent from the field and dominated the boards, outrebounding the Hawks by 15. Sophomore De'Von Barnett led the way offensively with 18 points and also pulled down seven rebounds. Barnett was awarded the first NEC player of the week award Monday for his efforts.

"Winning this award just means that I have to keep competing at this level consistently to help my team get closer and closer to a championship," said Barnett.

Senior Evan Kelley and junior Jordan Allen joined Barnett in double figures with 13 points apiece while senior Phil Gaetano added seven assists to lead the team.

"It felt great to start off the season with a win since we know how hard they are to come by," said Gaetano. "And at the same time it was a small confirmation that hard work pays off, although we know there's a ton more work to be done."

The Sacred Heart defense stepped up holding Hartford to 39.2% from the field and caused 19 turnovers. Defense was a focal point for head coach Anthony Latina this off-season and into the preseason and it certainly is translating so far.

"Our defense is looking strong so far," said Barnett. "I think that will help to keep our success moving forward."

The Pioneers will be in action tomorrow night for their home opener against UMass Lowell at 7 p.m.

On Sunday afternoon, Nov. 16, the Sacred Heart women's basketball team rallied to beat Iona College 82-80 in their first game of the 2014-15 season. It was the first time since 2011 that the Pioneers won their opening game.

In a back and forth contest for majority of the second half, the Pioneers got the 18 points difference from several players that propelled them to victory. Four players scored 14 points including redshirt junior Hannah Kimmel, sophomores Alyasha Williams and Shelby Hickey, and junior Kelcey Castro.

"It was great to have such balanced scoring offensively," said Williams. "That is what we work on every day and to see it come together against a good team in the opening game was awesome."

Iona, the MAAC regular season champions a year ago, were led by senior guard Damika Martinez who scored 37 points. However, it was Sacred Heart's bench that proved to be the difference as the Pioneers scored 30 points compared to Iona's 14.

"Everyone really stepped up, especially towards the end of defense and that is something we really have worked on this preseason," said Kimmel. "We had timely scoring and really came together to get the win."

The Pioneers hosted the University of Bridgeport last night; results were not available at press time. Sacred Heart hits the road to face Maine Sunday afternoon, Nov. 23, before the Thanksgiving break.
GAIN THE PROFESSIONAL ADVANTAGE

Make the most of this winter break! The NYU School of Professional Studies is offering college juniors and seniors, as well as recent college graduates, the opportunity to gain valuable career development skills and a view into professional practice.

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In addition to rigorous work in the classroom during the day, several evenings will be devoted specifically to your career development.

Career focused activities include attending networking events, benefiting from employer site visits, and improving your interviewing and resume-writing skills. You will learn to brand yourself personally and professionally, while gaining valuable industry-based knowledge.

Application Deadline: December 15, 2014

For more info and/or to apply: sps.nyu.edu/professionaladvantageacademy03

Program Contact
Phone: (212) 998-7188

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- An Introduction to the Economics and Finance of Energy
- Fundamentals in Sports Business
- Integrated Marketing and Public Relations Strategies

PLAYERS of the WEEK

KIM MCNALLY
HOMETOWN Canton, Massachusetts
YEAR Freshman
MAJOR Exercise Science
SPORT Soccer, Defense
STATS/AWARDS Named to NEC Second Team and NEC All Rookie Team

"I WILL CONTINUE TO WORK HARD WITH MY TEAMMATES AND I'M LOOKING FORWARD TO HAVING AN EVEN MORE SUCCESSFUL SEASON NEXT YEAR."

ZACH LUCZYK
HOMETOWN Charlton, Massachusetts
YEAR Junior
MAJOR Criminal Justice
SPORT Hockey, Forward
STATS/AWARDS Leads team with five goals and eleven points

"EVERY GUY COMES TO WORK. EVERY LIFT, EVERY PRACTICE, AND EVERY GAME TO MAKE THE GUY NEXT TO THEM BETTER."
SEAN BELL (34) CELEBRATES WITH PAT CASEY (47), SCORER OF THE PIONEERS FIRST TOUCHDOWN

PHOTO COURTESY OF LIZ MASTRACOLA