New Dean of the College of Arts & Sciences

BY GABRIELLE WASHINGTON
Staff Reporter

Robin Cautin, PhD., has been named the new dean of Sacred Heart University's College of Arts and Sciences.

"I'm delighted to join the Sacred Heart Community, which is so warm and vibrant," said Cautin.

She received her bachelor's degree from the University of Delaware and both her master's degree and her doctorate from Case Western Reserve University in Cleveland, Ohio. Cautin also attended Columbia University for post-doctorate work in clinical psychology.

As to why Cautin decided to come to Sacred Heart, she said, "I've been struck by the dedication and talent of the College of Arts and Sciences faculty and the level of engagement of SHU students. I feel very fortunate to be here."

She said she will begin new initiatives shortly.

"In spring 2015 I will be leading a strategic planning initiative for the College of Arts and Sciences, the goal of which is to affirm the mission of the college and to define strategic priorities, as well as specific objectives and strategies going forward," said Cautin.

According to a press release from Sacred Heart, in her position as the new dean, Cautin will oversee the new curriculum launching in Fall 2015. In preparation for its inauguration, faculty have been diligently at work planning for its implementation. "We've established a committee structure to facilitate this work, which is well underway," said Cautin.

One area of focus is to make sure that there will be an appropriate number of sections for the various required courses offered by the College of Arts and Sciences.

Lambda Alpha Omega Comes to Sacred Heart

BY FRANK MCCONNELL
Staff Reporter

In September, Sacred Heart University welcomed a new criminal justice based fraternity, Lambda Alpha Omega.

It is a chapter of Lambda Alpha Epsilon, which is a nationally recognized fraternity with 208 chapters. Lambda Alpha Epsilon is a member of the American Criminal Justice Association.

The basis of forming the fraternity came from a previously existing criminal justice club.

"There was a criminal justice club, and eventually that turned into a fraternity, which was the next step in becoming a professional organization," said Professor Anthony Papa, faculty advisor to the fraternity.

Public Safety Officer Ed Crespo brought the idea to the attention of the criminal justice department.

There are three goals the fraternity is trying to accomplish.

"The first goal that we have is to create professional networks," said Papa. "This isn't just a fraternity with students, it also has professionals in the organization."

"The second goal is to create exciting activities on campus, whether it be through trips, demonstrations, and speakers," said Papa.

Community service, the third goal, is a major part of the identity of the new fraternity.

"As a fraternity, we are very involved with community service," said junior Jenna DeMeo, a criminal justice major, and member of the fraternity.

She is looking forward to working on her plans for the College of Arts and Sciences, in addition to seeing how the other university colleges are expanding as well.

"I'm particularly excited about the potential synergies among the various colleges of the university, with implications for both our undergraduate and graduate curricula," said Cautin. "I hope to explore these possibilities with my faculty and with my counterparts at the other SHU Colleges."

News Editor Emily Archacki contributed to this article.
New Director of Physician's Assistant Program

BY GABRIELLA NUTILE
Staff Reporter

Sacred Heart University recently announced that they will be offering a physician assistant (PA) program anticipated to begin in the fall of 2016. With that announcement, the university has named Teresa Thetford as the department chair and founding program director. She will be working closely with the Dean of the College of Health Professions on the growth, qualification, and execution of the new program.

"I am very excited and honored to have been chosen to be the founding program director of the Sacred Heart University Master of PA Studies," said Thetford. "The Sacred Heart administration is very supportive. I feel fortunate to have been asked to develop and implement the PA program at Sacred Heart."

As a certified physician's assistant for 18 years, Thetford has had a lot of background with the PA field. She has worked in the medical fields of family medicine, urgent care, and cardiology.

"I've been a full time PA educator since 2002, having taught at a PA Program in Southern California and at the Yale PA program," said Thetford. "Most recently, I was the founding PA program director at Marshall B. Ketchum University in Orange County, CA, and started a new PA program there."

Thetford completed her PA education at the University of Southern California (USC) in Los Angeles and earned her master's degree in education and leadership, as well as her doctorate of health science with a concentration in leadership and organizational behavior, at A.T. Still University, located in Arizona.

Sacred Heart's PA program, according to Thetford, will be very challenging. The program will be 27 months long (7 semesters), which includes 12 months of didactic education, and 15 months of supervised clinical rotation experiences providing over 2,000 hours of direct patient care clinical experiences. During the clinical rotation phase, the PA students will also complete a master's capstone project.

Sacred Heart's PA program will be located at the Stamford Hospital.

The PA students will share inter-professional learning experiences with other healthcare professions students from Sacred Heart's College of Health Professions. Their classes will be held at Sacred Heart's main campus.

Graduates of the PA program will earn a master's of physician assistant studies (MPAS) degree. Sophomore Natalie Kendall is a Health Science major with a pre-PA track, as of right now, and was happy to hear the school's news.

"Originally, I wanted to be a doctor and go to medical school, or I was going to become a nurse and go to nursing school; but then I found that being a physician assistant was the perfect medium between the two," said Kendall. "I've always been really interested in healthcare and medical work."

Not all colleges and universities offer a PA program, but the institutions that have a program in place do not make it easy. PA programs are nationally competitive. According to Thetford, in 2013, over 19,000 applicants applied to a PA program throughout the United States for approximately 6,800 available seats.

"As far as the up-and-coming PA program goes, I think that it is a very exciting step that the University is taking," said senior Connor Frizzell, an exercise science major who is looking to become a physician assistant in the future. "Until now, students that were on a pre-physician assistant track had no opportunity to continue their education at the graduate level at our University."

Thetford has many goals in mind for this new PA program at Sacred Heart and is excited to get started on them.

“One of the primary goals of Sacred Heart's MPAS program is to provide quality health care for the rural and urban medically underserved and vulnerable populations,” said Thetford. “Our PA program will prepare graduates to practice as a generalist PA in primary care as well as other areas of medicine such as emergency medicine, orthopedics, and internal medicine.

“The PA program will provide a variety of healthcare settings to meet workforce needs by teaching the skills to promote safety, health, and wellness in their patients and communities; and to be professional and compassionate providers of patient-centered healthcare,” said Thetford.

Meet the Student Investment Club

BY GABRIELLE WASHINGTON
Staff Reporter

WHO STARTED IT?:
John F Welch College of Business, Finance Professors John Gerlach and Bridget Lyons.

“Professor Lyons and I came up with the idea, and got the approval necessary from the administration,” said Gerlach.

HOW DID IT ORIGINATE?:
The club began with $25,000 dollars in funds. The team is growing and even has a few alumni, who are investment professionals, working with the students.

“We enlisted the help of alumni who are professionals in the field. One will be joining us each meeting and rotating, so students will benefit from their input as well as networking,” said Gerlach.

MISSION:
The goal of the club is to help students gain real life experience away from the classroom and engage students in activities they will be doing upon graduation.

“We think this club will be a great experience for our students and that it would help them a lot,” said Gerlach. “Real experience is what companies are looking for as opposed to what you just learn in the classroom.”

4th Annual Campus-Wide Turkey Drive

For the fourth consecutive year, Sacred Heart University’s Student Government asked for donations from the community that are used to purchase food and turkeys for families in the local area that wouldn't be able to have a Thanksgiving otherwise. This year, their goal was to raise $9,000 and purchase 500 turkeys. They successfully reached their goal, with their main source of income coming from their online donation website. On Tuesday Nov. 25, members of Student Government, Volunteer Programs and Service Learning along with members from the Athletic Department delivered the food and turkeys to the Bridgeport Rescue Mission and the Alpha Community House.
Perspectives

Tis the Season

SAM says...

NICOLE says...

Baking, Christmas music, big comfy sweaters, time off of school and a lot of family time, that's pretty much all I think about now when I think of Christmas. As I've gotten older I've pretty much consistently asked for clothes for Christmas, you don't really need much when you're a 21 year old girl in college.

This year however, my list is a little different. I've realized this is basically my last year as a real, full time student. Next year will be my last year of college, I'll have an internship and I will have to find a job that coming summer in order to start paying off my lovely student loans. So, I've decided to tell my parents I'm going to Europe. That didn't go over too smoothly, there were a lot of questions to follow that statement about how I would fund this trip and who I would go with...with that I realized I'm going to need all the help I can get. So instead of asking for anything specific for Christmas this year, I am asking for anything that will help me get to Europe. Whether it's money, luggage or plane tickets. I'm hoping this year that Santa just helps me get one step closer to my goal destination for the summer.

It's the Most Wonderful Time of the Year

BY ALY D'AMICO
Staff Reporter

It's that time of year again. It's time to decorate the tree, hang the stockings, find the perfect presents for others, and spend time with friends and family. Christmas is almost here.

Christmas brings excitement for many, as it is a chance to enjoy time with family and create traditions.

"I'm excited to go home for the holidays and spend time with my family and boyfriend," said junior Lindsey Balukonis. "One of the traditions we've done since I was younger is that we drive around and look at all the Christmas lights.'

Everyone has different traditions around Christmas time.

"Every year on Christmas Eve my family always makes the seven fishes," said junior Alyssa Bonacum. "It's an old Italian tradition."

"I'm excited to go to the city and go to the Bryant Park Winter Village to ice skate, shop, and eat there," said junior Leah Capobianco.

Years ago presents were the best part of the holiday, but as people get older the ideal presents have changed.

"Now that I'm older the present I look forward to the most is just getting money," said junior Mike Mazilli. "But, I'm most excited to go home and see my family and dog and not have any homework to do."

Others have different presents in mind.

"My gift is something different this year, so I'm pretty excited," said Capobianco. "Its two vacations, one to Mexico and another to California for Coachella."

Some use the opportunity of getting presents to ask for things they have needed, but didn't want to purchase themselves.
That's so last year  
A student opinion on how history holds importance

BY PATRICK MOREAU  
Contributing Writer

Whenever the subject of history is brought up, it is often met with groans, grunts, and cries of despair. It's no surprise really. People today view songs that came out six months ago as old. Anything not hip or new isn't worth the time of day. Why should they pay attention to some boring old event that happened a long time ago, and doesn't have anything to do with the newest celebrity couple or which team won the game last night?

Because history is one of the most important subjects one can learn about. You all probably started out learning about history in kindergarten just like I did. "I 492, Columbus sailed the ocean blue...", and other little stories about..." and ditties that were more along the lines of Aesop's Fables than the textbooks that we used in high school.

I didn't grow up with videogames, cable TV, or the internet. So when I wasn't outside, I read books. All different genres and subjects. Maybe that is what made it easier for me to learn about history. I look at the pages of a textbook and don't see dates and treaties; I see stories. Except that they actually happened. It's one thing to watch a movie about an evil villain who is trying to take over the world. It's another to read about leaders and countries who actually tried to.

But that isn't why history is important. When we learn about history, we are recalling a chronicle of groups of people. What they did and how they did it. How they thought and what they believed. How their culture developed, how it interacted with others, and how they handled problems.

History teaches us that there are reasons for why different peoples seem to be fighting with each other for hundreds of years. It shows why some groups hold policy that may seem odd or even oppressive to us, but makes perfect sense in their culture. It teaches us what approaches have worked to solve problems in the past, and which ones have failed.

By understanding these kinds of topics, people can make better decisions regarding the world that we live in. We can't just assert that other people need to change, or that how they think is wrong. The simple fact is that we are all humans, but we are not all the same. We all have different thoughts, beliefs, priorities, goals, and processes. This causes conflict more often than not. Our history reminds us to treat those who are different with respect so that these differences can be taken into account, not tossed aside to work together to achieve lasting mutual respect and harmony.

Living On Campus vs. Off Campus Housing

BY MEGAN FLOYD  
Staff Reporter

This semester Sacred Heart broke ground for the new residence hall located on the corner of Jefferson Street and Park Avenue, also known as north lot.

With the influx of students increasing each year and more upperclassmen scrambling for housing, the question people on campus are asking seems to be, will this new building benefit the students?

"I've lived in a number of the buildings; and my biggest issue is not enough housing for upperclassmen. As a result, the shuttles for Park Ave are always full and it's always feels like a fight to get on one," said sophomore Alyssa Durant. "I wish upperclassmen housing could be closer to campus or maybe Sacred Heart could lease houses from people surrounding the school and use them as housing for upperclassmen."

During the summer, upperclassmen were surprised with the news that their original plans to live in Oakwood were changed without their consent. Because of the large freshman class, upperclassmen were being moved to the Marriott in Trumbull to make more room for the inflow of new students.

"I live off campus this year because my roommate and I were kicked out-cause my roommate and I were kicked out-cause our dorm mates and the surrounding campus," said sophomore Alyssa Durant. "I wish upperclassmen housing could be closer to campus or maybe Sacred Heart could lease houses from people surrounding the school and use them as housing for upperclassmen."

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According to www.noshavenovember.org: "No-Shave November is a unique way to raise cancer awareness. The goal of No-Shave November is to grow awareness by embracing our hair, which many cancer patients lose, and letting it grow wild and free. Donate the money you usually spend on shaving and grooming for a month to educate about cancer prevention, save lives, and aid those fighting the battle."
What is friends with benefits, (known as “FWB”) ? No I am not talking about the movie with Mila Kunis and Justin Timberlake. I am talking about the action between two friends who have a sexual relationship but no emotions are involved. Many college students come into college with the idea of finding the one they are going to be with for the rest of their lives and others come in with the mentality of staying single for four years. Whether you do or you don't have plans for your personal relationships, many of us find ourselves in a situation where we are hooking up with strangers or even worse our friend.

Now the question is what does this mean? Are you exclusive or not? Is it casual with no strings attached? In most cases “FWB” is casual, but many make up their own rules to abide by. It gets quite sticky when two people think differently about the situation. One may think they are exclusive and the other may think it is casual and they can hook up with other people.

So your first step is to set up clear boundaries. You don't want to jeopardize your friendship that you have built prior to that one drunken night that started this whole situation. Second, don't get attached. Even if you think you have feelings for the other person, do not show them. When they ask you don't admit it. Fourth, when it ends just let it happen. If something was meant to be it will happen again. You are friends first and “FWB” second. Let's be realistic, no matter what way you go about hooking up with your friend or best friend someone in the end will always get hurt no matter what. Honestly you are in college. Do you really want to be tied down for four years? Not enjoying what is supposed to be the time of your life because you are a relationship? Go out, have fun, and make memories.

On the morning of Sept. 30, I woke up to the best news of all—I had been accepted to study abroad in Rome, Italy. This was something I had worked so hard to make money for over the summer, and traded nights out for study sessions last semester. Now, it is getting closer to the end of the semester, and I'm becoming extremely excited, yet so very anxious. As the semester went by, I constantly got asked the question, "what are you excited for Italy?" Now, naturally my answer would be yes—but the more and more people asked me, the more nervous I got. I keep thinking about the fact that I will not be returning to Sacred Heart in the spring. As each day progresses, I go back and forth from extreme excitement to extreme anxiety. No more mom and dad doing your laundry, no more roommates to share crop tops and stories with, and no more sorority sisters to take you out to lunch just because you are both bored. Everything that was so accessible at my fingertips will now be thousands of miles away. How could I possibly do it? Yes, the anxiety is still there, but the excitement definitely overpowers it. I cannot wait for the endless pizza, gelato, and exploring that will take place when I am there. I cannot wait to make new friends and take tons of pictures with my shiny, new, expensive camera. This is an opportunity of a lifetime for a college student and I was so blindsided by other people's comments and by anxiety. Saying goodbye to my friends and family will be difficult, but once I step on that plane, I am going to have the best time of my life. Ciao.
How's Life at the Marriott Hotel?

BY ALEXANDRIA MARINI
Features Editor

This year, Sacred Heart University is housing some incoming freshmen in the Marriott Hotel in Trumbull, Conn. The hotel is about a 10-15 minute drive away from the main campus, without traffic. Because this year’s incoming freshmen class was so large, there were not enough dormitories to house the students who chose to live on campus. For some of the students, this on-campus living solution has had benefits and some detriments. The distance from the hotel to the campus is a great convenience for me,” said junior Annette Mundhenk. “The Marriott is always filled with traffic, so it makes it harder to get to places on time.

For her part, living at the hotel was not what she had in mind when she chose to live on campus. Driving from the hotel to campus can be expensive with gas. Although the shuttle runs to and from campus, it can become time consuming to wait for the shuttle to arrive.

Another issue for some of the students is their lack of access to a kitchen. The students are supplied with a microwave and miniature refrigerator, but there is no area for them to cook a real meal. “It’s hard to eat a real meal because everything is either pre-packaged or you have to order out, which can be expensive,” said Mundhenk. “People use hotel rooms for vacations or limited visits. You’re not supposed to live there because it doesn’t have all the amenities you need on a daily basis.”

In Christian Witness and Scholars Commons, the students live in apartment-style suites with kitchens and common areas for everyone to hang out. Even in the freshman dorms there is a kitchen area on each floor for the residents to use. At the Marriott Hotel, the students are limited to their own rooms with no common area.

“During the commute back and forth, it's a little inconvenient with the shuttles running every hour, the living experience has been pleasurable for her.

The main complaint people have with Tartt’s novel is the length. “I really like living at the Marriott,” said Nisbett. “It is definitely a different experience from spending the last two full years on campus and having easy access to everything, but overall, it is a great and new experience.”

Aside from the negatives, some students have realized that living in the Marriott Hotel has its perks. Students are allowed to use all of the amenities, such as the pool, gym, and the restaurant. They are also offered continental breakfast in the mornings.

“The restaurant has a menu specifically for Sacred Heart students, which is accommodating,” said Nisbett. “Another issue for some of the students is their lack of access to a kitchen. The students are supplied with a microwave and miniature refrigerator, but there is no area for them to cook a real meal. ‘It’s hard to eat a real meal because everything is either pre-packaged or you have to order out, which can be expensive,’ said Mundhenk. ‘People use hotel rooms for vacations or limited visits. You’re not supposed to live there because it doesn’t have all the amenities you need on a daily basis.’

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“Since it’s not a dorm, you don’t usually see many students hanging out anywhere,” said Mundhenk. “It’s also hard to see my friends who don’t live here because it’s further away from Sacred Heart’s main area.”

Junior Chantelle Nisbett is one student who enjoys living at the Marriott. While the commute back and forth from the hotel to campus can be difficult for some people. The distance makes it hard for students to connect with their friends who don’t live in the hotel. But for students like Nisbett, there is a positive outcome to hotel living.

“In a way, I feel disconnected from the university because all of my friends in different class grades are on campus,” said Nisbett. “But the environment helps me focus on my school work more, as the campus activities are not held there. I have also made new friends since living at the Marriott.”

With the conclusion of the novel, the hardships and difficulties Theo faced come together beautifully.
Digging Through the Directory: Dr. Frances Grodzinsky

BY MELANIE HOLEC
Ass. Features Editor

Dr. Grodzinsky is a Professor in the Computer Science and Information Technology department.

Q: Where did you grow up?

A: As a child, I grew up in New York City. I moved to the suburbs near Philadelphia after spending my whole life in the city. It was awesome growing up in Manhattan.

Q: Did you always want to be a professor?

A: I think I always wanted to teach. I love to teach. You know when you're a little kid, you don't think about 'oh, well, I'm going to be a professor.' But I think as you go through school and you decide to go to graduate school, then you start thinking about where this is going to take you. I loved being on campus, I loved learning, I was the perpetual student. So I thought, what better place to be, than a university. You have to love to learn to be a teacher. Especially in computer science, where things are changing every five minutes, so you are constantly a student.

Q: What is the biggest challenge you have faced getting to this point in your career?

A: I've had a kind of eclectic career. I started out in French. Well, first of all in high school, I started in mathematics. Then when I got to college I decided that I loved reading and I really love French, my parents had me go to France to live there for a couple of summers with family, so I just loved it. So French literature became my subject and my Ph.D. eventually was in French literature. Remember, there was no computer science then, I graduated in 1967.

So then by the time I got out of graduate school there weren't a lot of jobs in French around and I had gotten married, and had a baby, and we moved to New Haven. I have two kids, and when they were a little older I started teaching part time in the French department at the University of New Haven. But what I really loved to teach was literature and philosophy. One of my passions was the philosophy of it and all that, and all I was teaching was French 1, 2, 3, 4. So, computers were just coming in, and my husband said, 'there's this great new field coming up, it's computing, why don't you take a couple courses, see if you like it,' and the rest is history. I got another degree and I wrote a book, and anyway here I am. Since I love to learn new things, it was a natural progression.

[computer science] was right up my alley.

Q: What would you say are your biggest successes?

A: One of my biggest successes is in computer ethics. I tell my students that this brought the left side and the right side of my brain together, the more technical stuff with computer science and then all the ethical issues. And once again, in 1991 when this was just starting, I was in on the ground floor on this, and from that point to this point my research has been in computer ethics. So all the questions on privacy and intellectual property and computer crime and hacking and social networking, autonomous agents, I write a lot on that, I write on trust and deception in robots and stuff on cyberstalking and whistleblowing. I just did a paper on the Edward Snowden case.

So this has been my greatest source of legacy to Sacred Heart. I think that I've gotten it so that everyone's in technology must take a computer ethics course. I mean, I see it as my mission to sensitise the next developers of software and hardware to be sensitive to the issues that impact us all as computer users, like when you get your password stolen or your bank account hacked and stuff like that. Because with developing hardware and software there's a really strong responsibility there, and we can't keep putting out fires, we can't just keep inventing new technology and hope that it works; there's really a reciprocity between society and technology, so we have to look out for the people that we're creating this stuff for.

Q: What is your favorite thing about your job?

A: Well, I really love my interaction with my students, they're great. I'm the undergraduate coordinator for all the CS majors, so I get to know them, I can put them in internships and the greatest thing is, ten years out I'm still getting emails from kids saying, 'Oh my god, remember what we talked about ethics, this happened at work and I knew what to do!' That's so neat. I like seeing my students grow, I like pushing them so that they realize they can do, because sometimes they're a little uncertain and they need somebody to say, 'You really can do this, go ahead and try!' I really invested in my research too, I love to write.

Q: What is your most memorable teaching experience?

A: I've been teaching a long time, I've been here 39 years. I would say that the most memorable teaching experience in any class is when the lights go on in the students. Where you get them so engaged that they are walking out of your classroom fighting about whatever we're talking about, you know, whether we should make our websites handicapped-accessible or whether we should put more filters on our software or whether Sacred Heart should look at our email, or whether Snowden did something right or wrong.

Another really memorable thing, I do a lot of project courses, and I'm the senior project advisor, and when those kids get up there with their senior projects, and they've written a piece of software, and they've taken it from requirements to the end and it works and they've tested it, and they can talk about the documentation and what they've learned that's new, that's the quintessential moment for them and for all of us as faculty.

Q: Do you have a publication you are particularly proud of?

A: There are two I would say, these are kind of my bookends. One is called Revisiting the Virtues: The Practitioner Within and I wrote for a computer ethics and philosophy conference early on in the 1990s. And I was telling the philosophers in this group, who were very big on Kant, that my students really liked Aristotle and the Virtues, and this was basically character ethics, teaching them to be good people and therefore good practitioners, and that's the equipment of software. And at that particular moment in time, nobody in this field, the philosophers were not looking at Aristotle and the Virtues as a philosophical underpinning for some of the computer science questions. So that was the first one.

The last one that I love just did for a journal called "Philosophy and Technology," it's on deception and trust in autonomous agents. It talks about how we develop autonomous agents worthy of trust. It grew out of a presentation we did that was called, Would you buy a used car from this robot?

Q: Why do you think people choose to study your discipline?

A: I think they're in love with technology, that's the first thing. They like to figure out how things work. And they like to sort of create for the technology that they like. So I think that's one reason. Some kids go in for the wrong reasons they love computers, they love fixing computers, they hate math, they hate logic, that's not the major for them. Then you have to really love analysis, you have to really love solving problems. It's kind of exciting, you have to really love solving problems. You have to really love solving puzzles. So I think those are the kinds of kids that we typically get.

Quick Hits:

Hobbies? I practice yoga, I play guitar. I'm a great cook, I love to cook.

Favorite Movie? I like everything the Coen brothers do, they're pretty awesome.

Favorite Food? I love seafood.

Favorite Band? I'm a real child of the 60s. Beatles, Stones, and I'm a real folkie. So from bluegrass all the way up through Joan Baez, Pete Seeger, Dylan, all those guys. And then I love people like Mumford and Sons, they were the first that I think is coming out of kind of interesting. I'm pretty eclectic, I think.

Favorite Book? That's a hard one, I read all the time. I like the novels of Balzac. In the more modern, I love mysteries, I love thrillers, I love reading anything.

Phase One of the Chemistry Department Renovations

BY NATASHA KLINOFF
Features Editor

Sacred Heart University recently began renovations. The first of two phases was completed this summer, and students and faculty are excited about the extensive improvements that have been done as well as the investment in new lab equipment.

With the expansion of the school, different departments have been able to grow and improve rooms and tools.

According to the Sacred Heart website, some of the new purchases include a new gas chromatograph/mass spectrometer, an organic compound analysis instrument; a thermogravimetric analyzer, and many beneficial pieces of equipment.

"I teach the organic chemistry lab, we just got a brand new lab, they actually don't know how good they've got it because they weren't in there taking in the old lab before. I know the research students really appreciate the updated research labs," said Jeffery Glans.

The new students were not at the university to see what the chemistry labs were like prior to the renovations. Alumni and upperclassmen are thrilled with the new steps to improve the Chemistry department.

"When I took Chem classes at SHU, we did have usable tools and decent working space, but we didn't have the likes of knowing how to improve," said Alumni Cara Curran. "I loved the different science courses during my undergrad. Chemistry was one of my favorites."

The improvements that have been done this year are only phase one of the overall plan. The younger students are excited to see what else the department will have when they are upperclassmen.

Freshman Britney Smith is anticipating the future of the department. "I am only in my first Chem class, and I don't know what the labs were like before. But, I do know the school plans on making more improvements and that is great. I am excited to continue my education and learn new skills knowing how the labs and equipment will continue to get better," said Smith.

The renovations in the Chemistry Department are introducing students to new equipment that will only improve the overall quality of education at Sacred Heart. Students wait for phase two with anticipations.
## Arts & Entertainment

### Join the Rebellion

**Natalie’s Review of “Mockingjay” Part I**

**BY NATALIE CIOFFARI**
Asst. Arts & Entertainment Editor

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### Warning: Spoilers to follow

Jennifer Lawrence and Josh Hutcherson reprise their roles as Katniss and Peeta in the third “Hunger Games” film, “Mockingjay-Part 1.” This film first opened on Nov. 21, and is based off Suzanne Collins’ novel “Mockingjay,” from the best-selling series, “The Hunger Games.” The directors split the book off into a two-part movie. Part 2 will be released Nov. 20, 2015.

Although it did not make as much money as the previous two movies, the opening of “Mockingjay” made $123 million dollars.

A lot of the movie has dark, suspenseful scenes. Color is nonexistent, and the entire theme of each scene is mostly danger.

In the closing of the second film, “Catching Fire,” Katniss is rescued from the games, and is en route to District 13. In the opening of “Mockingjay,” Katniss has arrived at her destination, a place once thought to be destroyed by the Capitol.

However, District 12, Katniss’ hometown, was destroyed. The camera follows Katniss when she first sees District 12, after the war. The district is filled with large piles of skeletons, black smoke, and ruins.

“It was emotional to see Katniss go back to her homeland,” said sophomore Laura Vero. “I could sense and feel the horror that she had.”

One simple conversation between the president of District 13 and Katniss takes place, leading Katniss to become the symbol and hope of the rebellion.

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**JENNIFER LAWRENCE PORTRAYS KATNISS EVERDEEN FROM THE HUNGER GAMES: MOCKINGJAY-PART 1**

Throughout “Mockingjay,” Katniss’ mission is to go out and document certain places that the Capitol has destroyed so that people can see how cruel they are. Throughout this, the cameras were shaky and moved around a lot. The film was trying to capture the effect of having a camera crew follow her around, however I didn’t enjoy the documentary like feeling.

President Snow, the leader of the Capitol, has ordered that if anyone were to be seen representing the Mockingjay, they were to be killed.

He is also holding captive a very special person to Katniss, Peeta.

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**PHOTO COURTESY OF AP**

Katniss is thrilled that Peeta is safe, but Peeta is not exactly thrilled to see her.

Yet again, they run into a problem. President Snow reveals that he knew about the rescue team the entire time. Luckily, the rescue team survived, and so did Peeta. Katniss is thrilled that Peeta is safe, but Peeta is not exactly thrilled to see her.

“Seeing Peeta become weaker and weaker every time he came on the screen was a very intense experience, and definitely leaves its mark,” said freshman Michael Tracy.

President Snow is trying to capture the effect of having a camera crew follow her around, however I didn’t enjoy the documentary like feeling.

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**THE SPECTRUM NATALIE CIOFFARI**

Kim Kardashian’s Nudes Take Over the Internet

**BY MARINNA DESANTIS**
Staff Reporter

Kim Kardashian is known for her promiscuity in the past, but her recent nude photos have the public in shock.

The pictures were taken at a photo shoot with famed photographer Jean-Paul Goude during Paris Fashion Week. The intention of the shoot was to recreate the iconic “Champagne Incident” photo.

The photo shows Kardashian in a glittery black dress balancing a champagne glass on her butt, while holding the champagne bottle that’s shooting over her head into the glass.

Kardashian gave into the jokes that have been surrounding her career since the beginning. “And they say I didn’t have a talent...try balancing a champagne glass on your a— LOL #BreakTheInternet #PaperMagazine,” said Kardashian in a tweet.

“I can’t believe she would release these pictures knowing she has a baby. She’s going to grow up and in just a few years be able to search her mom’s name and see that,” said sophomore Alissa Olivetti.

Kardashian and Goude apparently hit it off, and decided to have a full on nude photo shoot. The rest of the photos came just a few days after the cover photo. Some think that the images are clearly photoshopped because her body is in an unnatural size.

“The picture being photoshopped so unrealistically is the main reason why adolescent girls have so many eating disorders in today’s world. It’s really sad what images like this do to young girls’ minds,” said junior Alyssa Benacum.

While the Internet and social media have been appalled by the photo shoot, other Sacred Heart University students don’t think the photos are that big of a deal.

“I think that society is overreacting about the Kim K pictures. She has done much worse in the past so they shouldn’t be surprised. There are many other celebs who have been photographed nude, for example Jennifer Aniston, and society had nothing negative to say about it,” said senior Kaitlyn Dariozzo.

Kardashian released these pictures on her own, but there has been a huge outbreak of celebrity’s naked pictures being released. While they haven’t found the source that’s been releasing the photos, there’s been tons of controversy surrounding this.

“Although some of the nude pictures out in the media today weren’t meant for public eye, more and more of these pictures have become more accepted in a society where these actions would normally be frowned upon,” said junior Stephanie Puleo.

An anonymous hacker posted hundreds of naked pictures stolen from celebrity’s iCloud accounts. Victims included Jennifer Lawrence, Kate Upton, and Kirsten Dunst. Many of the pictures were taken in the privacy of their own homes and were never meant to see the public eye.

The entertainment world thrives off of sexuality in magazines, music videos, television, and movies.

“Sexuality is becoming way too popular and way too accepted. Our future generations are seeing nude pictures so much earlier than they were before. This will definitely affect the future of society and the entertainment world,” said junior Steven Masetti.
The Sacred Heart Spectrum
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Sports

Pioneers Fall to Fordham Again in Playoffs

BY MATT MATERASSO
Assistant Sports Editor

On Saturday, November 29, the Sacred Heart University football team fell to the Fordham Rams in the FCS Playoff first-round game for the second year in a row by a score of 44-22.

Fordham advances to face top-seeded University of New Hampshire on December 6.

The Pioneers earned their second appearance to the FCS Championship Playoffs with a 14-7 win over Bryant in the regular season finale on Campus Field.

In that game, senior quarterback Mike Nebrich threw for 423 yards dominating the Sacred Heart defense with 4 touchdowns and 2 interceptions. On the receiving end, Wetzel accumulated 8 receptions totaling 166 receiving yards with 2 touchdowns.

On the rushing end, Pioneer running back Sean Bell carried 112 rushing yards in the game in only 15 carries.

Senior Gordon Hill had a great overall game, 13 tackles, an interception, and two tackles for a loss. In addition Hill returned a Fordham kick 56 yards which led to the Spence touchdown run.

Fordham's defense held Sacred Heart without a first down in their last five possessions. Fordham accumulated a total of 511 yards of total offense opposed to the Pioneers 314.

Noel went 19-for-40 passing for 206 yards, two touchdowns, and two interceptions. Dube had seven receptions for 89-yards and a pair of scores.

"I think the kids did a great job all season finding ways to win, unfortunately it wasn't our time this year," said head coach Mark Nofri.

Sacred Heart finished the 2014 season with a 9-3 record and its second consecutive in the Northeast Conference Championship.

Dube Setting Standards

Sacred Heart Receiver sets School All Time Receiving Touchdown Record

BY SHAWN SAILER
Staff Reporter

Sacred Heart football's Tyler Dube has emerged as one of the elite wide receivers in college football.

On Nov 15 against the Bryant Bulldogs, Dube set the Sacred Heart record for the most touchdown receptions in a single season with 14. He passed DeViren Johnson, who had 13 touchdowns in 2001. The record setter gave Sacred Heart a 14-7 lead late in the game. The Pioneers would go on to win the game by that score and clinch the Northeast Conference.

"It is one of the greatest accomplishments in my life," said Dube about breaking the record. "It really shows how much work I have put in. At the same time (quarterback) Rj (Noel), the offensive line and the other receivers need credit as well. I feel that this record is more than just an individual accomplishment. It should mean something to the offense as a whole."

Dube said he was very happy to make the game winning catch, but in was even more important that the team won.

Dube is also second in the Football Championship Subdivision (FCS) in receiving touchdowns behind Sacramento State's Deandre Carter, who has 16.

Noel is very thankful that he has Dube as a receiver.

"He is always offering to help others and he puts others before himself. It is always great to be around and hangout with him," said Noel.

Nofri says that Dube is a great leader because he leads by example with how hard he plays. He is vocal when things need to tighten up.

"Players respect him because how he carries himself, and how hard he works both on and off the field," said Nofri.

In the classroom, Dube is studying Sports Management. After college Dube is intending on getting a job in the business world.

"I am planning to get a job doing corporate finance or financial analysis," said Dube.

Dube is pleased with the work that he has put in and making ability.

"People have to respect him, and put more than 1 person on him, otherwise he will beat you," said Nofri.

Nofri is very happy with the person that Dube has become on and off the field.

"Being a good player is one thing, but he is a tremendous young man with high values and high character," said Nofri.

"I am most proud of the way I have worked over the last 4 years," said Noel.

"I am most proud of the way I have worked over the last 4 years. I feel that my hard work has led to a lot of my success on and off the field," said Dube.
NEW YORK — An arbitrator Friday threw out Ray Rice's indefinite suspension by the NFL for punching his then-fiancee and now wife in a hotel elevator, freeing him to play again.

The NFL said Rice, a free agent, is "eligible to play upon signing a new contract." Whether any team will consider signing him is another matter.

Former U.S. District Judge Barbara S. Jones said Commissioner Roger Goodell's decision in September to change Rice's original suspension from two games to indefinite was "arbitrary" and an "abuse of discretion." Jones was deciding whether the NFL overstepped its authority in modifying Rice's two-game suspension after video of the Baltimore Ravens running back punching Janay became public.

Rice was released by the Ravens when the video went public. Rice and the union contended he was essentially sentenced twice, and Jones agreed, saying Rice "did not list to or mislead the NFL."

She noted in her decision that after Goodell increased the punishment for a first offense under the personal conduct policy from two to six games, "the commissioner called Rice to assure him that the new policy would not affect him — that it was forward-looking and his penalty would not be increased."

The punishment changed, though, after the video was released.

In her decision, Jones also wrote:

"Because Rice did not mislead the commissioner and because there were no new facts on which the commissioner could base his increased suspension, I find that the imposition of the indefinite suspension was arbitrary. I therefore vacate the second penalty imposed on Rice."

"The provisions of the first discipline — those regarding making continued use of counseling and other professional services, having no further involvement with law enforcement, and not committing any additional violations of league policies — still stand."

"We respect Judge Jones's decision to reinstate Ray Rice from his indefinite suspension for violating the league’s personal conduct policy in an incident of domestic violence," spokesman Greg Aiello said in an email to The Associated Press.

"Ray Rice is a free agent and has been eligible to be signed by an NFL team since he was released by the Ravens. Based on Judge Jones' decision, he will be eligible to play upon signing a new contract."

But Rice has not played all season, and was coming off a weak 2013 season. And there is the immeasurable public relations issues that could accompany any team signing him — this season or in the future.

Rice said Friday in a statement released by the players' union:

"I would like to thank Judge Barbara Jones, the NFL Players Association, my attorneys, agents, advisers, family, friends and fans — but most importantly, my wife Janay. I made an inexcusable mistake and accept full responsibility for my actions. I am thankful that there was a proper appeals process in place to address this issue. I will continue working hard to improve myself and be the best husband, father and friend, while giving back to my community and helping others to learn from my mistakes."

Goodell and the Ravens testified at the hearing, as did NFL security chief Jeffrey Miller and Ravens general manager Ozzie Newsome. During his appearance, Goodell told Jones: "I do accept that I have to be consistent with consistent circumstances, and ... I think that's about fairness, and fairness would be, you should be as consistent as possible in your discipline."

The NFL Players Association claimed a "victory for a disciplinary process that is fair and transparent" in a statement. The union called again for collective bargaining to produce a new personal conduct policy.

To which NFL spokesman Brian McCarthy added: "Judge Jones' ruling underscores the urgency of our work to develop and implement a clear, fair and comprehensive new personal conduct policy. We expect this policy to be completed and announced in the weeks ahead. Our focus is on consistently enforcing an improved policy going forward."

The National Organization for Women again called for Goodell's resignation and an independent investigation into the NFL's response to domestic violence incidents.

"Instead of listening to the multiple domestic violence experts that have approached Goodell throughout his tenure," NOW President Terry O'Neill said in a statement, "he continues to diminish, evade, and deny the realities of the problem. Instead of working to keep Janay Rice safe, he removed economic security from her and her abuser — a known cause of increasing the risk of domestic homicide."

One fan in Baltimore supported Rice, but not Goodell.

"I don't condone what he's done, but the commissioner was way out of line," said Andrew Offord. "Double jeopardy? You can't do that. Public opinion and backlash made the NFL change its mind on the punishment and that was wrong.

"I think for a team in a desperate situation — not this year, but maybe next year if someone gets injured — Rice might get another shot. But I don't know if the commissioner deserves another shot."

AP Pro Football Writer Rob Meadalli and AP Writer Juliet Linderman contributed to this report.
Sports

Fall Sports 2014

Photos courtesy of Athletic Communications, The Spectrum, Megan LaDeman and Liz Mastropolo.