President Petillo’s Email To Students Opens Up A New Debate

WEDNESDAY, FEBRUARY 1, 2017

“SHEDDING LIGHT ON CAMPUS NEWS SINCE 1983”

IN THIS ISSUE

3
HE SAID / SHE SAID
Welcoming Kelley, the new She Said writer, with this week’s mac and cheese debate

CELEBRITIES SPEAK OUT
Should celebrities be able to use their popularity as a political platform?

TELL US YOUR STORY
Di Athlete Christian Turner features his story of being adopted from Moldova

SAG AWARDS SHOW
Ascreen Actors Guild showed on Jan. 29 showcasing best performances and works

NO “SPLIT” REVIEWS

WOMEN’S ICE HOCKEY
Women’s team to host NEHC Tournament, looking to finish season strong

TWEETS of the Week

@leegit_
“Sacred Heart! We got the guy who made 2013’s hit song ‘Turn Down For What’ for the Spring Concert! Tickets will be grossly overpriced!”

@anj_sitok
“Having a Ban second semester senior year is worse than if you told me I could never eat a hot dog ever again”

@shwelan_417
“Where is this place called ‘Shambles’ and why is my life there?”

“Tweets of the Week” are taken from a public forum on Twitter. Tweets are opinions of the individual and do not represent the opinions of Sacred Heart University or The Spectrum Newspaper. If you want to see your Tweet in the newspaper, use the hashtag #SHUSpectrum and you may be featured!

AIRPORT SERVICE WORKERS FROM UNITED SERVICE WORKERS WEST UNION PROTEST PRESIDENT DONALD TRUMP’S EXECUTIVE ORDER RESTRICTING TRAVEL FROM SEVEN PRIMARILY MUSLIM COUNTRIES OUTSIDE THE TOM BRADLEY INTERNATIONAL TERMINAL AT LOS ANGELES INTERNATIONAL AIRPORT MONDAY, JAN. 30, 2017.

BY NATALIE CIOFFARI
Editor-in-Chief

President Donald Trump signed an executive order Friday that made major changes to the United States immigration system, sparking confusion at airports, protests and denunciations from leaders around the world.

Trump’s executive order temporarily suspends all immigration for citizens of seven majority Muslim countries for 90 days. They are: Iraq, Iran, Sudan, Libya, Somalia and Yemen. The order also calls for Homeland Security and State department officials, along with the director of national intelligence, to review what information the government needs to fully vet would-be visitors and come up with a list of countries that don’t provide it.

The order also says the government will give countries 60 days to start providing the information or citizens from those countries will be banned from traveling to the United States.

On Monday, President John J. Petillo addressed the Sacred Heart University community in an email regarding President Trump’s executive order, stating, “This order goes against everything that Sacred Heart University stands for. We are Catholic in tradition and spirit. We uphold the God-given freedom and dignity of every human person.”

Sacred Heart students had a wide variety of reactions to this sudden email.

“I was happy to see how supportive President Petillo was of the different people affected by the new executive order. I think it’s important that the university stands by those who are in times of need as it upholds the traditional Catholic values that SHU was founded on,” said senior Mary Ann Victoria.

President Petillo went on to say that “since our founding in 1963, we have welcomed men and women of all religious traditions, beliefs and ethnicities, who share our concerns for truth, scholarship, the dignity of the human person, freedom and the betterment of society.”

He also advised those students of those outlined nations in Trump’s order to not leave the country at this time.

“I know there are a lot of international students that go to Sacred Heart that are probably confused and scared right now. Sacred Heart is as much of their home as it is mine. So it’s not fair that they have to be afraid and I think it’s great that Petillo sent out this message to help embrace diversity and reject Trump’s order,” said junior Sam Bartol.

The email also specified the different offices and groups that students could reach out to for support or safety. “The staff at the Offices of Global Affairs, Graduate, International and Veteran Student Affairs, International Admissions and Immigration and Support Services are available to help. They will continue to follow the ramifications of the order and will brief students as the situation evolves. The staff of Campus Ministry is also available to all students,” wrote Petillo.

Students agreed that Sacred Heart should be a home for everyone. “I feel like you should always feel welcomed in a place of learning especially if you’re from far away or foreign to the US. I’m sure a lot of people associated with this religion or with those countries are feeling fear and worry and it’s important that they know that we don’t agree and want to help them,” said senior Mikaela McGuire.

However, there were also mixed reviews regarding President Petillo’s email.

“Honestly my opinion is split on the email itself,” said senior Allison Gibbons. “The only strong opinion I have after reading that is I think it’s pretty ironic how our school is so assured in their stance on our rights saying ‘we uphold the God-given freedom and dignity of every human person.’ Yet the second Trump initiates action against planned parent hood, abortions, birth control, etc. those god-given freedoms are omitted. I just feel as though it would be in the best interest of our school not to so boldly take political stances in defenses of students when they cannot uphold the same support for varying social matters.”

To see the full email, “A Message to the SHU Community: Immigration Policies,” you can visit the Sacred Heart University website, sacredheart.edu.

The Associated Press contributed to this article.
Students Reflect on Donald Trump’s Inauguration

**BY JENNA BILLINGS**
Public Relations Manager

True to form, Donald Trump caused a stir in Washington D.C. when he was sworn in as the 45th President of the United States on Jan. 20.

Over 900,000 attended, including his former opponent, Secretary Hillary Clinton and her family, the five Bad Boys of Brexi, who led the crusade for the United Kingdom to leave the European Union and other prolific political families and notables.

"Today’s ceremony has very special meaning," said Trump in his inaugural address. "We are not merely transferring power from one administration to other...we are transferring power from Washington and giving it back to you, the people.

As many expected, the inauguration ceremony was met with opposition. Some peaceful, which included 60 Democratic lawmakers skipping the event in protest, and some hard to ignore. The Women's March on Washington, which took place in the days following the inauguration, saw over 470,000 women protesting Trump’s policy stances on Planned Parenthood funding, women’s healthcare and abortion rights.

Social media was abuzz with reactions about the Inauguration, many posts including tributes to the Obamas for all they had done in eight years in D.C. Other users posted about having high hopes for the Trump administration, some showing their support at the National Mall that day.

One Sacred Heart University Trump supporter, senior Jim Kent, made the trip to D.C. from Connecticut to watch him sworn in.

"This is something every American should witness in their lifetime," said Kent. "Seeing the peaceful transition of power from the old to new president is extremely incredible.

Another student who attended the ceremony, senior Gwen Melti, felt at home among Trump supporters after a long time of political correctness.

"It’s going to be one of those things I’ll be able to tell my grandkids about," said Melti. "Trump was obviously a controversial candidate, and it wasn’t easy being one of his supporters throughout the election, especially being on the East Coast. For the six or seven hours I was at the Capital building, I was surrounded by people who shared my values and were happy to be there. It was really refreshing and I felt hopeful for the first time in a while.

Since being sworn in, Trump has already put several policies in process, the most recent and controversial being the Muslim ban. He has also signed off on an executive order that requires that for every new federal regulation implemented, two must be revoked.

"I believe that the tone of the Inauguration made it clear that Trump is going to be an active president," said Kent. "He has already signed a number of executive orders in the short time he has been in office, and so far has stuck to what he promised during his campaign.

One thing is clear: this swearing in ceremony saw more controversy arguably than any other in history.

"We will face challenges, we will confront hardships," said Trump. "But we will get the job done.

**Women March For Women’s Rights**

**BY VICTORIA MESCALL**
Circulation Manager & Staff Reporter

On Jan. 21, a total of more than one million men, women, and children over all who marched in Washington D.C. and all across the nation with sister protests in support of women’s rights.

"I think it’s important to stand up for what you believe in and by attending a march I was able to do that," said sophomore Courtney Macdonald. "I marched for equal rights and it was amazing to see how many people came out to do the same." Protests flooded the streets of Connecticut’s capital with an estimated turnout of 10,000 people for the march on Saturday.

The Washington D.C. rally alone attracted close to 500,000 people according to city officials. The march turned out to be one of the biggest demonstrations in the city’s history and no arrests were reported.

"The Women’s March was a peaceful protest for men, women and children across the world to raise their voices in support of Women’s Rights and in support of protecting fundamental human rights," said sophomore Nicole Bettinelli. "The hope was to let our new administration know that the rights of all people matter and that certain policies may effect many peoples’ lives.

One of the trademarks of the march was the protest art-work associated with it's message. Marchers wielded signs of all shapes, kinds, and sorts, which sported slogans from love, to outrage, to humor. Due to the historic size and message of the protest, curators from art galleries and libraries across the country are collecting remnants of the protest artwork. Displays of posters, buttons, and pink knitted hats will adorn collections on political history in the coming years. However, the Women’s March did draw some conflicting opinions. In one instance, a knitting shop in Tennessee published a statement asking that if patrons were purchasing yarn to knit hats for the march, that they take their business elsewhere. This press release drew large backlash online.

"If even one person felt supported or became educated from the Women’s March then I would call it a success," said junior Thomas Ketcham.

"The Associated Press contributed to this article."
Macaroni and cheese? It's not soup or alone, sometimes sticks together and is ever use anything but a fork to eat your fork out and eat. Scoop up to put into their mouths. When I sat down to eat, the mac and cheese was melted and so cheesy I just got myself one of the specialty made macaroni and cheese choices on the menu. When I sat down to eat, the mac and cheese was melted and so cheesy I just wanted to stuff it all in my mouth. However, I needed a utensil. I then thought to myself, how would I be able to eat this just with a spoon alone? All the vegetables and other ingredients would fall back onto the plate or bowl if you were to use a spoon. Plus, the cheese would get super messy. Spoons are round and smooth. Spoons have no points or edges to hold the food besides to scoop it up, which would be pretty hard considering it's already difficult to break up the cheese by itself with a knife. Although, you may not have an opinion about what utensil you use for certain types of foods, mac and cheese is an all time childhood favorite that keeps you going even until you are well into adult. Whether you want to eat with a fork or a spoon make sure to enjoy your delicious macaroni and cheese anywhere and anytime.

As you stir the two foods together, the macaroni and cheese choices on the menu. When I sat down to eat, the mac and cheese was melted and so cheesy I just got myself one of the specialty made macaroni and cheese choices on the menu. When I sat down to eat, the mac and cheese was melted and so cheesy I just wanted to stuff it all in my mouth. However, I needed a utensil. I then thought to myself, how would I be able to eat this just with a spoon alone? All the vegetables and other ingredients would fall back onto the plate or bowl if you were to use a spoon. Plus, the cheese would get super messy. Spoons are round and smooth. Spoons have no points or edges to hold the food besides to scoop it up, which would be pretty hard considering it's already difficult to break up the cheese by itself with a knife. Although, you may not have an opinion about what utensil you use for certain types of foods, mac and cheese is an all time childhood favorite that keeps you going even until you are well into adult. Whether you want to eat with a fork or a spoon make sure to enjoy your delicious macaroni and cheese anywhere and anytime.

As you stir the two foods together, the macaroni and cheese choices on the menu. When I sat down to eat, the mac and cheese was melted and so cheesy I just got myself one of the specialty made macaroni and cheese choices on the menu. When I sat down to eat, the mac and cheese was melted and so cheesy I just wanted to stuff it all in my mouth. However, I needed a utensil. I then thought to myself, how would I be able to eat this just with a spoon alone? All the vegetables and other ingredients would fall back onto the plate or bowl if you were to use a spoon. Plus, the cheese would get super messy. Spoons are round and smooth. Spoons have no points or edges to hold the food besides to scoop it up, which would be pretty hard considering it's already difficult to break up the cheese by itself with a knife. Although, you may not have an opinion about what utensil you use for certain types of foods, mac and cheese is an all time childhood favorite that keeps you going even until you are well into adult. Whether you want to eat with a fork or a spoon make sure to enjoy your delicious macaroni and cheese anywhere and anytime.
I love snowboarding professionals from all over the world. Two major winter sports that will be featured are events that showcase skiing and snowboarding professionals from all over the world. Skiing and snowboarding are two winter sports Sacred Heart students are looking forward to enjoying over the next couple of months as the winter weather is still upon us. Certain students at Sacred Heart seem to have a preference as to what sport they like better, skiing or snowboarding.

"I like to ski because it's a fun workout," said senior Sean Timony. "When you're carving across the slopes with some nice speed for most of the day, your legs really start to burn. It hurts, but it is awesome knowing I'm working out and having fun. My favorite part about skiing is to be the adrenaline rush I get when I'm racing or going really fast. The only time I come close to that feeling is when I skydive." On the other side, some students from Sacred Heart who prefer snowboarding also believe that these winter sports can be something that can let you take a break from all your troubles.

"Snowboarding is great because it lets you get away from the real world for a bit," said senior Tom Peticia. "My favorite part about snowboarding is just being on the mountain, looking at the views and having a good time." Although some individuals may prefer a specific sport and style, both sports have been known to produce different qualities that make them thrilling and fun.

"I've been skiing since I was two and I started snowboarding when I was seven," said senior Peter DeNatale. "I like both sports for different reasons. I love skiing because it allows me to go faster and have more control. It's enjoyable in all situations. With snowboarding, it gives me a flying sensation when snowboarding in powder, and it's fun more doing tricks." Some students agree that they would rather go out of state instead of remaining local to snowboard or ski because it is a nice getaway.

"Personally, I snowboard in Vermont because my family owns a condo out there, so it's more convenient. However, some of the best snowboarding I have done is out west in Colorado and Utah," said Peticia. Other winter sports being featured in the X Games besides skiing and snowboarding include categories in freestyling and snowboarding events.

Some Sacred Heart students even admit that they too play winter sports competitively. "My parents put me in racing programs so I could get comfortable with skiing and before they knew it I was out on the slopes almost everyday. Eventually, I got into the more advanced programs and I started qualifying for bigger races and I just enjoyed the competitive nature of it," said Timony. Overall it seems that most people believe that it doesn't matter what winter sport you participate in as long as your having a good time and enjoying the many perks that come with them.

"I don't think there is a big difference between skiing and snowboarding. Obviously they're two different sports, but the reasons why people are doing them are essentially the same, to go out and have a good time on the mountain," said Peticia.

---

**Presidential Cabinet and Administration Picks**

**BY JESSICA CHALOUX**
Managing Editor

Following Donald Trump's inauguration on January 20, his nominees for his Cabinet and administration have been awaiting approval from the senate. Trump had compiled his list of picks before taking office and the process of hearings have been continuing to take place.

Trump's nominee Linda McMahon, former CEO of World Wrestling Entertainment, who currently serves on the Board of Trustees at Sacred Heart, for administer for the Small Business Bureau in December.

"As an athlete I know how much hard work and effort it takes to be successful," said junior Isabel Rodriguez. "I think Linda McMahon is a great choice for the Small Business Bureau. She has a solid history of charitable enterprise. It doesn't surprise me at all that Linda was on that short list and rose to the top of the list as the nominee."

Sacred Heart students have been keeping up with many of the nominees and their qualifications for holding these important positions.

"I believe that Linda McMahon being elected to the Small Business Bureau by the Trump Administration is one of their better choices. She has a solid history of charitable work, politically educating America's youth and a partnership with the Special Olympics," said junior Isabel Rodriguez. Although McMahon is seen as a positive choice, there are some worries behind her nomination.

"As with all of those elected by Trump's Administration I am severely worried about the influence of her fortune. With a personal net worth of at least half a billion it has been a long time since she has been a small business struggling to succeed. The distance between her and the working poor, lower, and middle class is that worries me the most," said Rodriguez.

Another position that has connection to the Sacred Heart community is Elaine Chao who has been elected as Transportation Secretary. She was featured in McMahon's "Women Can Have It All" lecture series in the spring of 2016.

Students attended the lecture and raised opinion of her nomination and correlation with the university.

"I do hope that whatever her endeavors are, they are beneficial to our nation. I know she has a report of doing outstanding work in her field so I only expect the best to come from her expertise. I think it's insightful to experience and learn from professionals with such influence in our government because that's how's how we become future leaders in our community," said junior Christian Carter.

Another position that students voiced their opinions about is the nomination of Betsy DeVos for Education Secretary.

"I think it's time to try something new. I like the idea of school choice, which is something that DeVos is pushing for. I think it will ultimately help kids in more urban areas reach the education they deserve," said senior Gwen Milet.

---

**Celebrity Showdown: Trumping Platforms**

**BY ANTHONY MATTARIELLO**
Perspectives Editor

President Donald Trump has recently been the recipient of a barrage of confabulations against him. Various news anchors and radio hosts have bashed Trump for his decisions he makes. Some of the most outspoken people in the media have been entertainers. From Twitter rants to speeches, some celebrities are using their popularity and their platforms to speak out against Trump.

Many of these opinions have been from A-list entertainers. Meryl Streep voiced her opinions during her speech at the Golden Globes. Streep had received an award for her lifetime of work, and during the acceptance she decided to speak out against Trump.

"It was that moment when the person asking to sit in the most respected seat in our government and our country's safety," said junior Jenna Rothermel. "With many celebrities using their popularity to broadcast their opinions against Trump, a new debate has arose. Should these people, who are paid to entertain us, be allowed to express to us their own political beliefs? Some students believe that celebrities have a right to speak about their opinions, but believe they shouldn't and should have to face consequences if they do. "Should they use award speeches to push a political propaganda? No, but they have that right. They just can't complain about being out of a job afterwards. Producers, directors, and public sponsors should be allowed to discontinue using that celebrity for conflicting interests," said senior Alyssa Pite.

"Others students feel that all famous people have this one rule," said senior Keith Zelisko. "If you are a celebrity, you should not be able to say whatever you want. I believe that this is wrong. Many of these celebrities are from different walks of life - the hypocrisy and casual violence of certain individuals and institutions, we will, as per Chief Jim Harper, punch some people in the face when they seek to destroy what we have envisioned for ourselves and the marginalized," said Harbour.

With many celebrities using their popularity to broadcast their opinions against Trump, a new debate has arose. Should these people, who are paid to entertain us, be allowed to express to us their own political beliefs? Some students believe that celebrities have a right to speak about their opinions, but believe they shouldn't and should have to face consequences if they do. "They are use award speeches to push a political propaganda? No, but they have that right. They just can't complain about being out of a job afterwards. Producers, directors, and public sponsors should be allowed to discontinue using that celebrity for conflicting interests," said senior Alyssa Pite.

"Others students feel that all famous people have this one rule," said senior Keith Zelisko. "If you are a celebrity, you should not be able to say whatever you want. I believe that this is wrong. Many of these celebrities are from different walks of life - the hypocrisy and casual violence of certain individuals and institutions, we will, as per Chief Jim Harper, punch some people in the face when they seek to destroy what we have envisioned for ourselves and the marginalized," said Harbour.
Welcoming the New Members of the Spectrum Editorial Board

Heather Keller, junior
Asst. Sports and Asst. Arts & Entertainment Editor

Kelly Gilbert, junior
Asst. Public Relations Manager

Christina Dimauro, junior
Asst. Features Editor

Kelsey Hor, junior
Asst. Perspectives Editor

How SHU feels about DJ SNAKE as the spring concert

48% YAY

52% NAY

Based on the 62 people that voted
The Biology Club at Sacred Heart University provides an opportunity for students who are interested in biological sciences to get acquainted with faculty, staff and fellow students. The club also focuses on bringing awareness to current biological issues.

"The club sponsors and co-sponsors various events on campus including colloquia and speaker series that focus on topics pertaining to the biological sciences," said Mark Beekey, associate professor and faculty advisor for the club.

As stated in the name, this restaurant sells different kinds of noodles, pho and ramen. It also features steamed buns, which are Asian American inspired fluffy buns, and different kinds of appetizers such as edamame, fried rice, and dumplings.

Tucked next to the popular ice cream bar, Milkcraft, in Fairfield is a restaurant called Mecha Noodle Bar. As stated in the name, this restaurant sells different kinds of noodles, pho and ramen. It also features steamed buns, which are Asian American inspired fluffy buns, and different kinds of appetizers such as edamame, fried rice, and dumplings.

"I have also found that becoming part of the Biology Club has allowed me to make friends with some students I had never met before," said senior Keara Bohannon, club president. "It's amazing to know such a large group of people who have taken the same classes that I have and had similar research or medical experiences."

The club is also associated with Beta Beta Beta (Tri Beta), the National Biological Hon.

Pho is a rice noodle, while ramen is a regular noodle. To be honest, that is really the only difference I could make out between the two.

Since I knew nothing about the Asian cuisine, I stuck with my waiter's recommendation of the original chicken ramen. On the menu, there is a section to add whatever you want to the ramen, but I stuck to the basics. The only thing I took out was the egg because I was not feeling that adventurous. Side note: you can always take out whatever you want in the pho and the ramen.

The broth itself was pretty salty, which I wasn't a fan of, but the constant filling up of my water took that away. They gave you plenty of noodles to mix in with everything else. The portion they give you can fill you up. However, if you are still hungry, for two extra dollars you can get a whole other helping of noodles.

Everything had its own section in the soup; the chicken, bamboo, seaweed, black garlic, and the noodles. I had to wait about five minutes for the broth to cool down. After it cooled down, I devoured into the most wonderful ramen I've ever had. The broth itself was pretty salty, which I wasn't a fan of, but the constant filling up of my water took that away. They gave you plenty of noodles to mix in with everything else. The portion they give you can fill you up. However, if you are still hungry, for two extra dollars you can get a whole other helping of noodles.

One of the best parts of this place is the atmosphere. The place itself is very quaint and small, but the atmosphere is very welcoming. You have a choice to sit at the bar, a long, shared tables with benches, or booths that have the small material as the benches. If you do not like to be on top of customers and other people, I suggest ordering out or going during off-peak hours.

I went on a Friday night, so it was pretty packed, but I was seated in less than 20 minutes, which was impressive. Even though there was a large amount of people, my waiter was prompt with getting to my seat with water and they gave you plenty of noodles to mix in with everything else.

The food, I suggest skipping the alcohol and going right for the food, I suggest skipping the alcohol and going right for the good stuff, the noodles.

"I decided to get involved with the biology club because I wanted to be able to get frequent updates about the opportunities available to me," said Bohannon.

The biology club also sponsors science-related trips and organized academic nights to help inform students about the resources available to them.

"It gives students the chance to interact with the Sacred Heart community through programs and it promotes the awareness of career opportunities and graduate programs in biology that students can pursue after graduation," said Beekey. "In addition, the biology club also seeks to make a difference in the local community through volunteering and community service."

Members are encouraged to work with other like-minded students and faculty.

"Ultimately, I hope that our members find that they can use this club as a way of finding new opportunities and meeting new people in their major," said Bohannon.

If any students are interested in getting involved with the Biology Club they are encouraged to email Beekey at beekeym@shu.sacredheart.edu. 
Tell Us Your Story: Christian Turner

BY GABRIELLA NUTILE
Co-Copy Editor & Features Editor

Many children at the age of three have simple worries such as trying to dress or feed themselves without their parent’s assistance. But, for three-year-old Christian Turner, his worry was much different and greater—he was trying to find a home.

Turner is originally from the small European country of Moldova and was put up for adoption after he was born. He spent the first three years of his life in an orphanage, which he recalls as being a very close-knit kind of atmosphere.

“The orphanage I was at in Moldova wasn’t a very dark, moody one. Everyone there had their part and did what they had to do, while also helping each other out every day that we were in there. It made the orphanage very family-oriented when none of us really had an actual family,” said Turner.

However, Turner said he did not have the best nutrition at the orphanage due to the limited food and resources.

“They would put out a basket of bread for all of the kids to eat, and I remember trying to take a bite out of as many pieces of bread as possible to claim it as mine so I wouldn’t lose it and have more food. I remember I was also below the third percentile for my height and weight, so when I ended up coming to America I had to take a bunch of vitamins and boost my immune system because I was pretty weak and more susceptible to diseases,” said Turner.

A married couple from Norwalk, Conn. ultimately adopted Turner at the age of three-and-a-half. He currently still lives with them, but he brought up that he struggled internally while growing up on trying to find out who he really was as a person.

“When I was adopted, I tried the personality of my new adopted parents because I didn’t know my own personality or the personality of my birth parents, so I wanted to be just like them. Then I grew up finding myself not having the same personality or mannerisms as my adopted parents, so I struggled with trying to be like them but also blossom as my own individual.”

Turner may be living in the United States now, but he still feels a deep connection to his homeland.

“I’m very patriotic for my country Moldova because I realized not many people know about it and if there is anyway to advocate for it, I will. I want people to start recognizing Moldova more and be on the map more, and not just be some little side-note country that I feel like it is right now.”

Although Turner faced some struggles that may have been different from the average child, he has also learned a lot from this unique experience.

“Being adopted, I think, taught me and forced me to be very open to new things, which I think is a huge bonus. I feel as though many people don’t listen enough and can be very single-minded, and I believe that you have to have an open mind in order to be a happy person.”

Presently, Turner is a sophomore at Sacred Heart University and is a member of the Division I Men’s Track & Field team, which he said provided him with some friendships that he thinks will last a lifetime.

“I’m thankful to be on the team and have formed the strong friendships I have through this sport,” said Turner.

But for what Turner is most grateful for? Well, that would be his birth mother’s decision to keep him and put him up for adoption rather than the fatal alternative.

“I’m sure it would have been much easier for my birth mom to have aborted me rather than go through the stress that she put on her body with the pregnancy and also on herself by choosing to put me up for adoption. But, because she chose life for me, I have experienced some amazing opportunities and met some incredible people, such as my adopted parents. For that, I’m very appreciative of my birth mother giving me the gift of life,” said Turner.

Email us at SpectrumAdvertising@sacredheart.edu or call us at 203.371.7963
The 23rd Annual Screen Actors Guild Awards

BY JORDAN NORKUS
Arts & Entertainment Editor

On Sunday, Jan. 29 the 23rd Annual Screen Actors Guild Awards (SAG Awards) took place at the Shrine Auditorium in Los Angeles.

Presented by the Screen Actors Guild-American Federation of Television and Radio Artists (SAG-AFTRA), 13 awards are given for actors' performances in film and television.

Two awards were presented on the red carpet for "Outstanding Performance by a Stunt Ensemble." "Game of Thrones" won for the Television Series category and "Hacksaw Ridge" won for the Motion Picture category.

Ashon Kutcher started off the night with a welcome introduction.

"Good evening fellow SAG-AFTRA members, and everyone at home, and everyone in airports that belong in my America," said Kutcher. "You are a part of the fabric of who we are. And we love you and we welcome you."

Kutcher's speech was the first of many to refer to President Trump's recent immigration ban.

The first two awards of the night were presented to Julia Louis-Dreyfus and William H. Macy for their comedic performances in "Veep" and "Shameless." Then for the third year in a row, the cast of "Orange is the New Black" took home the award for "Outstanding Performance by an Ensemble in a Comedy Series."

Mahershala Ali won for his performance as Juan in "Moonlight." In his speech, Ali shared that his mother is an ordained minister and he is a Muslim; but their religious differences are not that important.

"We put things to the side and I'm able to see her, she's able to see me," said Ali. "We love each other, the love has grown, and that stuff in minutiae." Dolly Parton presented the 53rd Annual SAG Life Achievement Award to Lily Tomlin. The award is given for "outstanding achievement in fostering the finest ideals of the acting profession."

After Sarah Paulson won an award for her performance as Marcia Clark in "The People v. O. J. Simpson: American Crime Story," she asked the people to give to the American Civil Liberties Union.

More awards were presented to Bryan Cranston for his performance as Lyndon B. Johnson in "All the Way" and to John Lithgow and Claire Foy for their performances as Winston Churchill and Queen Elizabeth II in "The Crown."

In between award presentations, an "In Memoriam" video montage was played, showing people who have passed in 2016 including Gene Wilder, Carrie Fisher and Debbie Reynolds.

The cast of "Stranger Things" took home the award for "Outstanding Performance by an Ensemble in a Drama Series." During their speech, David Harbour talked about cultivating a more empathetic and understanding society, putting some audience members on their feet in applause.

"This award from you, who take your craft seriously and earnestly believe, like me, that great acting can change the world is a call to arms from our fellow craftsmen and women to go deeper and, through our art, to battle against fear, self-centeredness and exclusivity of our predominantly narcissistic culture," said Harbour. "We are united in that we are all human beings, and we are all together on this horrible, painful, joyous, exciting and mysterious ride that is being alive."

Both Viola Davis and Denzel Washington won awards for their supporting and leading performances as Rose and Troy Maxson in "Fences" and Emma Stone won for her leading performance as Mia in "La La Land."

For the final award of the night, the cast of "Hidden Figures" took home "Outstanding Performance by a Cast in a Motion Picture," beating "Captain Fantastic," "Fences," "Manchester by the Sea" and "Moonlight."

During the cast's acceptance speech, Taraji P. Henson concluded the event with what "Hidden Figures" is about and how the message can be applied today.

"This story is about what happens when we put our differences aside, and we come together as a human race," said Henson. "We win, love wins. Every time."

Dancing Through A Winter Wonderland

BY MELISSA O'ROURKE
Asst. Photo Editor

The University Commons (UC) at Sacred Heart University was transformed on Friday, Jan. 27, for the annual Snowflake Ball. Students gathered in semi-formal attire to dance, socialize, and eat at one of the first events of the spring semester.

Blue and white balloon towers stood at the entrance of the University Commons lobby, where students could check into the event. The lobby also had a buffet with snacks catered by Chartwells. It had tater tots, mac and cheese bites, waffle fries, fried ravioli, and cotton candy and snow cones for dessert.

The UC auditorium had a DJ booth and all of the chairs were cleared off to create a dance floor. In one corner there was a photo booth where students could take pictures with their friends. One wall had a curtain of blinking lights, while the rest had snowflakes.

Student government kept fashion in mind while planning the event. They wanted to give students the chance to get dressed up.

"That night people really impressed us with their outfits," said junior class president Hayley Lopetoto. "My favorite part of everyone's outfits was definitely their shoes, everything else was no pretz." Most girls wore short, knee-length dresses with statement necklaces. The dresses were mainly darker colors such as maroon. Some girls decided on brighter colors. Guys either wore suits, or a shirt and tie. Everyone was dressed to impress.

"I wore a maroon, maroon one-shoulder long sleeve flowy dress that matched the wintery themes of the Snowflake Ball. I also wore a long golden necklace with a pearl on it and black high heels to dress it up. Many of the gals wore flowy dresses, some were sparkly, some were plain," said junior Amy Ricotta.
The Sacred Heart University Band started the new year announcing their partnership with a drum corps known as the Connecticut Hurricanes (CT Hurricanes). Beginning in February, members of the Hurricanes will come to Sacred Heart and give workshops and training sessions to those involved in the band program. There will also be clinics where the students will get a glimpse of the daily life of a Hurricane.

The film opens with three girls, Casey, Claire and Marcia, leaving a birthday party. They are all kidnapped by Dennis, Patricia, Hedwig and Barry. The rest of the film follows the girls as they try to escape before they are sacrificed to the Beast. Over the course of the plot, we learn more about Crumb and his personalities through his interactions with other characters and his sessions with Buckley’s character, Dr. Fletcher.

The only negative criticism I have is that the beginning of his films. When “Split” concludes, it is revealed that the film is actually a sequel to his 2000 film “Unbreakable,” starring Bruce Willis and Samuel L. Jackson. Willis is seen sitting in a seat for portraying his character, Davis Dunn, and a reference is made to the action-thriller film.

I love horror and suspense films more than anyone and have been continuously let down by what’s been coming out recently. I was pleased that “Split” wasn’t one of those movies.

If you liked Shyamalan’s other movies like “The Sixth Sense,” “Signs” and “The Visit,” this one is for you.
Pabst Balances Teaching and the Dan Patrick Show

BY HEATHER KELLER
Asst. Sports Editor & Asst. Arts & Entertainment Editor

Paul Pabst is known by the sports entertainment world most notably as the dual executive producer and On-Air personality “Paulie” on The Dan Patrick Show. However, Sacred Heart University students have the opportunity to also know him as a professor.

Regarding his teaching career, Pabst says that he has always had the idea in the back of his mind. “When I went to Southern Illinois University I knew I always wanted to teach some day. I had some really impactful professors. I wanted to be one of those guys, the professor that helps students achieve what they want to do in sports media,” said Pabst.

With a background at ESPN and on The Dan Patrick show, Pabst provides real world experience and lessons to his students that go beyond the classroom walls. “About five years ago I emailed Andrew Miller, a professor in the Communications and Media Studies Department, that I wanted to teach a class,” said Pabst.

Following that correspondence, Pabst now teaches both an undergraduate and graduate level Sports Journalism course at the university. “I taught one undergraduate course and then Miller, Brian Thorose, an adjunct instructor in the Communications and Media Studies Department and I came up with the idea for a Sports Communication and Media graduate program,” said Pabst.

According to Sacred Heart’s website, there are two academic tracks within the Masters of Arts in Sports Communication. They include Sports Broadcasting and Athletic Communications and Promotions. “We came up with the idea because there was an obvious demand for young people to work in sports media and Sacred Heart has the perfect physical position to have a Sports Media program,” said Pabst.

The Dan Patrick Show studio is located in Milford, Conn. ESPN and NBC Sports Network each have headquarters in Bristol and Stamford, Conn. respectively, all within an hour drive of the Sacred Heart campus. Pabst started at ESPN in 2000, and in 2002 Dan Patrick asked him to produce his radio show. After four years, they took the show from ESPN to Patrick’s home in Milford, Conn. and then finally to a studio, also in Milford.

Direct TV partnered with the show in 2008, and The Dan Patrick show transitioned from the radio to a simulcast television show. As of today the show airs on 305 radio stations, NBC Sports Network and Audience on Direct TV.

“Dan Patrick is the pilot and I’m the air traffic controller. If I do my job well, he’s the star, and he does great work,” said Pabst. “That’s my single goal when I walk into work in the morning, do what I can to make sure the show is entertaining and to give Dan what he needs to provide that for the audience.”

The dynamic of both being an executive producer and a professor has evolved into a learning experience for not only his students, but for Pabst as well. “You realize how old you are when you teach at Sacred Heart, but it helps keep you younger as a producer because you realize what the next generation wants and how they consume things,” said Pabst.

Pabst brings knowledge and opportunities to the Sacred Heart student body, as demonstrated with the tour of The Dan Patrick “man cave” that he provides throughout the year to his undergraduate and graduate classes, as well as incoming freshmen interested in sports media as a career.

“The best part about my job here is being a part of helping graduate students get internships and jobs,” said Pabst. “When we can get those students into ESPN, NBCSN, Sports Illustrated, or any media outlet, that in turn accelerates their career.”

Super Bowl 51 Preview: Patriots and Falcons Square off in Big Game

BY SHAWN SAILER
Co-Sports Editor

The Atlanta Falcons finished with an 11-5 regular season record, including winning their last five contests. They won the NFC South Division and, as with the Patriots, had a powerhouse all season.”

“The Falcons had the best offense in the NFL, in terms of points scored during the regular season. Atlanta averaged 34.44 points per game. The Patriots came in third in points scored per game, with 28.39.”

“The Falcons offensive threat has been seen no stranger to the Super Bowl,” said senior Kyle Unger. “I think that alone will prove to be difficult for a Patriots’ defense that hasn’t seen this type of offensive powerhouse all season.”

The Falcons also had the top defense in terms of points allowed, as opponents only scored an average of 15.72 points per game. The Patriots have been to eight prior Super Bowls in their history, winning four of them. During the Tom Brady era, they are 4-2 in the Super Bowl. Their last appearance came in 2015, when they defeated the Seattle Seahawks 28-24.

The Patriots have been to eight prior Super Bowls in their history, winning four of them. During the Tom Brady era, they are 4-2 in the Super Bowl. Their last appearance came in 2015, when they defeated the Seattle Seahawks 28-24. This will only be the second Super Bowl appearance for the Falcons. In 1999, they lost to future Hall of Famer John Elway and the Denver Broncos, 34-19.

Experience doesn’t always prevail, but it is definitely a factor in the time leading up to the game and the game itself. The preparation for the two weeks after the championship games is where experience is needed more than the game, in large part. “In some cases, it (preparation) might seem like a two-week break might be a problem for a team who has been on a roll like these two teams have been, but I think both of these teams showed that they could handle the break when they came out firing on all cylinders after their bye week in the first round of the playoffs,” said Gonnello. “I think it actually helps the Patriots because they will have an extra week to prepare for a potent Falcons offense.”

The difference in preparation for the Super Bowl versus a regular season game is due to the two weeks off, versus the normal one, and all of the media obligations that have to be done. Once the game kicks off, it is just a regular football game.

If the Falcons are going to win this game, it is going to have to be high-scoring. It could be easy for a team (Patriots) that is no stranger to the Super Bowl,” said senior Kyle Unger.

The Patriots opened up as three point favorites, in large part due to the difference in experience, despite the Falcons high-powered offense. “I think that it is always hard to bet against the Patriots, but I believe that the Falcons pose the biggest offensive threat they have seen all season because of the amount of weapons the Falcons have at their disposal,” said senior, Geno Gonnello. “I think that alone will prove to be difficult for a Patriots’ defense that hasn’t seen this type of offensive powerhouse all season.”

The difference in preparation for the Super Bowl versus a regular season game is due to the two weeks off, versus the normal one, and all of the media obligations that have to be done. Once the game kicks off, it is just a regular football game.

If the Falcons are going to win this game, it is going to have to be high-scoring. It could come down to who has the football last. My prediction: Patriots 38 Falcons 34.
Women’s Ice Hockey Striving for Strong Finish
Hard Work and Focus Will Help Pioneers Obtain Goal

BY VICTORIA SAPORITO
Contributing Writer

The Sacred Heart University Pioneers women’s ice hockey team kicked off their season in October claiming a 6-0 victory over Rhode Island and now stand with a record of 17-8-1.

The Pioneers currently have 83 goals to go along with 105 assists, while averaging 3.46 goals and 36.5 shots per game under Head Coach Thomas O’Malley.

O’Malley entered his thirteenth season with Sacred Heart this year, furthering his long-term career as a college coach. Prior to Sacred Heart, he was the head coach for Wayne State University for four seasons, and also coached at Boston College for 1.5 seasons.

He led Sacred Heart to the final round of the ECAC Championship for three consecutive seasons between 2004-06, and the Pioneers gave their head coach his hundredth win with a 4-0 victory over SUNY Canton.

With their top-notch coaching duo, the team is more than confident in their potential to make it to a title this year.

“At this point in the season, with only five guaranteed games left, what we are trying to improve on as a team is getting better at understanding the various game situations in order to excel in the playoffs,” said Assistant Coach Katherine Pauletti.

Pauletti played for Concordia University and served as captain for both hockey and lacrosse teams. She was also named to the NCHA All-Academic Team, and was selected to the All-Conference Team three times.

“At this being my first season at Sacred Heart, I really didn’t know what to expect coming in,” said Pauletti. “Talking to Coach O’Malley about this team prior to arriving in Connecticut, I knew that I would be working with a really good bunch of girls.”

Being a new member of the team, Pauletti has been committed to pushing down her talent and knowledge involved in the ice hockey.

“As a coach, I am always looking to improve upon learning the intricacies of the game. I try to expand on my learning experience each day to work and learn and I’m lucky to work with such a great group.”

With this being the midpoint of its season and they are looking to finish strong.

“The Pioneers have accumulated an 8-15 record so far, going 3-7 in conference play. The team has more to offer.

The Pioneers are currently in the midst of a four game losing streak, dropping their last two contests at home to LIU Brooklyn 60-57 and at Mount St. Mary’s 67-53.

“Although the team has played hard, we have not finished games well, but that the girls put in work as per centis in the classroom as well,” said Pauletti. “Since the start of the season in September, the team has definitely exceeded all of my expectations. They come to the rink each day to work and learn and I’m lucky to work with such a great group.”

A new member of the team, Pauletti has been committed to pushing down her talent and knowledge involved in the ice hockey.

Women’s Ice Hockey Dominates Lebanon Valley with a 6-2 Win

BY WILLIAM CALLAHAN
Contributing Writer

The Sacred Heart University Pioneers men’s basketball team has reached the midpoint of its season and they are looking to finish strong.

The Pioneers have accumulated an 8-15 record so far, going 3-7 in conference play.

“We have done some positive things both offensively and defensively,” said Coach Anthony Latina. “We’re getting contributions from everyone on the team.”

The Pioneers are currently in the midst of a four game losing streak, dropping their last two contests at home to LIU Brooklyn 60-57 and at Mount St. Mary’s 67-53.

“Although the team has played hard, we have not finished games well, and as a result we have lost a lot of close games,” said Latina. “Going forward, in order to turn things around, we are going to need to be more consistent throughout a 40 minute game. We are not that far away and we will continue to work to find that consistency,” he said.

While the Pioneers have struggled at home this season in only winning two games on their turf, they have played strong on the road going 5-6. Some of their big wins have come against rival schools, such as Fordham University, Central Connecticut State and Bryant University.

The Pioneers’ 112-110 triple overtime victory against Bryant was arguably their best win of the season.

Sophomore guard Quincy McKnight poured in 44 points to lead the Pioneers to victory. He shot 16 of 26 from the field and added six assists to go along with his nine rebounds.

While the Pioneers have had some good wins on the road this season, they have also experienced some close losses. The Pioneers have lost seven games by 10 points or less this season.

Despite the close losses, Latina feels strongly that his team has more to offer. “While we have done some positive things, we are not satisfied at all with where we are at this point,” said Latina. “We believe we have much more in the tank and can play better overall as a team.”

The Pioneers this season has been led by McKnight, junior Joseph Lopez, and redshirt senior Mariel Buovac.

They are the leading scorers on the team with McKnight averaging 19.0 points per game, Lopez averaging almost 13 points, and Buovac averaging 9.3 points per game.

Lopez has also been a force on the boards averaging 8.6 rebounds a game. McKnight has been doing his part as point guard, averaging almost five assists a game.

The Pioneers’ focus for the rest of the season is finishing strong and earning the best possible seed in the conference tournament at the end of the season.

“You can expect our team to give maximum effort every time we play and do everything within our control to finish the season strong like we have done our last two seasons,” said Latina. “Our guys always play hard and with confidence, and if we continue to do that, then we will have a successful stretch.”

The NEC Tournament begins on March 1.
SACRED HEART MENS BASKETBALL FIGHTS HARD TO ENSURE A SUCCESSFUL SECOND HALF OF THE SEASON