

FEATURED NEWS



ANTHONY DELVECCHIO

The Aftermath of Hurricanes Harvey and Irma
Gas prices soar, and the economy feels the pressure



SACRED HEART ATHLETICS

Introducing Kevin Duke
New Quarterback, Kevin Duke, prepares to lead the Pioneers through another fall season



SACRED HEART UNIVERSITY FLICKR

FRESHMAN CLASS ATTENDS THE ANNUAL NEW STUDENT CONVOCATION.

Freshman Class Breaks Enrollment Records

BY VICTORIA MESCALL
Co-News Editor

US World News Report recently released its list of the Most Innovative Schools in the North, and Sacred Heart University was listed as #4.

Sacred Heart sits behind three universities: Southern New Hampshire University in Manchester, NH, Champlain College in Burlington, VT, and Gallaudet University in Washington, DC.

"Especially for a private Catholic institution, I feel as if we have the resources and support here that makes us rooted in our values but open to change," said senior Rachel Zacharczyk.

This semester the university welcomed a grand total of 1,420 first-year students to campus, breaking the record for the largest freshman class ever to enroll at Sacred Heart.

The class of 2021 was selected from nearly 10,000 applicants and is the most academically-gifted and talented freshman class to date. The average GPA of the class is a 3.5 and their combined scores and size break the record of the last four record-holding freshman classes.

The class of 2021 is coming to Connecticut from 10 different countries and 24 states ranging from coast to coast. According to the Sacred Heart Magazine, the class also includes five sets of twins and a set of triplets.

"Coming from Hawaii to Connecticut has been an extreme culture shock," said freshman Marcus Eugenio-Mendoza. "Everything from the way we interact with each other, to the clothes we wear and the type of environment we live in is different. The reason why I chose SHU over all the other colleges I was accepted

to was, because SHU would expose me to a new type of culture and allow me to meet people of various backgrounds. Most kids from Hawaii go to west coast schools in Washington, Oregon, or California. Immersing myself in a place not many people from Hawaii would consider would allow me to see things differently."

The land area and the construction on campus is expanding wildly. As more national organizations recognize and praise the university, so do prospective families.

"Being a Student Ambassador has been one of the greatest experiences I have had at Sacred Heart," said junior Nikki Bettenelli. "It is so special to be a part of an organization that welcomes the future Pioneers of Sacred Heart University. This past year we accepted our largest class ever and I'm proud to say that I participated in that recruitment along with over 100 Student Ambassadors. I know current students and prospective students alike are excited by all of the new changes and growth occurring here at the university. I know how special it feels to give tours and see all the faces light up while walking past our new JP's Diner, or any other new addition to our campus. It's priceless."

Sacred Heart was also recognized by the Princeton Review as one of the nation's best institutions for undergraduate education when it was included in the annually-published Best 382 Colleges guidebook. The Princeton Review also gave Sacred Heart accolades when it placed Sacred Heart as the 18th "Best College Theater in the Nation" and on the list as one of the "Most Engaged in Community Service," which only featured 20 other schools.

New Assistant Provost for Teaching and Learning

BY MICHAEL BARRY
Staff Reporter

Dr. Steven Michels, a professor in the College of Arts and Sciences since 2002, has been appointed Assistant Provost for Teaching and Learning.

In this newly created position, Michels will be coordinating the assessment of programs within all of Sacred Heart's colleges to ensure the educational effectiveness of the University.

He will also serve as Sacred Heart's accreditation liaison officer for the New England Association of Schools and Colleges (NEASC) and its other bodies.

"The creation of the new position and the appointment of Dr. Michels demonstrates our continued commitment to enhance teaching and learning at Sacred Heart University," said Dr. Rупendra Paliwal, provost and Vice President of Academic Affairs.

While at Sacred Heart, Dr. Michels has taught a variety of courses related to political science, and for the past two years has been working out of the provost's office as the Director of University Assessment. He has also directed the Thomas More Honors Program.

"One of the first things I learned about Dr. Michels was his dedication to innovating the way his students learn," said Jeff Rankel, a graduate student and former student of Dr. Michels. "I think his new position is one where he will excel in discovering new and effective ways to educate future students for years to come."

In addition to his new responsibilities, Michels will continue

his work with the Committee for Undergraduate Research, which organizes Sacred Heart's Academic Festival every year. He is also the Executive Editor for the "Sacred Heart University Scholar," an e-journal of student research. It will release its first volume next month.

"It's a great time to be at the University. While the growth is historic and exciting, there's a lot to do," Dr. Michels said. "I'm enjoying working with faculty and staff across the Colleges to serve our students."

When he is not teaching, Michels enjoys watching sports and reading books.

"I'm a big fan of the Chicago Cubs. I made it into Game 5 of the World Series last season," he said. "I spent \$800 for my ticket, but I would've spent twice that."

"I enjoy reading, mainly on political science—and a lot on teaching," he said. He also enjoys playing guitar and writing songs.

Dr. Michels holds three degrees in political science: a bachelor's degree from Eastern Michigan University, a master's degree from the University of Georgia and a doctorate from Loyola University.

Michels also taught at Southern Connecticut State University, Loyola University Chicago, and Concordia University prior to coming to Sacred Heart.

"Dr. Michels, who himself is a recognized excellent teacher, will leverage existing expertise within Sacred Heart and current research on effective teaching to create a community of teachers to impact, inspire, and engage students," said Dr. Paliwal.

TWEETS OF THE WEEK

@erinnmarry
"You know it was sorority recruitment when you see girls with left over glitter and mascara running down their face while chugging a coffee."

@stephdesantis
"Every time I finally get used to my school password Sacred Heart makes me change it again."

ohitstaylor
"What kind of person wakes up one day and decides that they want to write a textbook? Like how does one realize that their dream is textbooks."

UPCOMING EVENTS

- 9-20 Senior Pub Night Hawaiian Theme (21+) Red's
- 9-26 SHU Band hosts "Be the Match" University Commons
- 9-29 Homecoming Weekend begins Campus-wide
- 9-30 Football vs. CCSU Campus Field

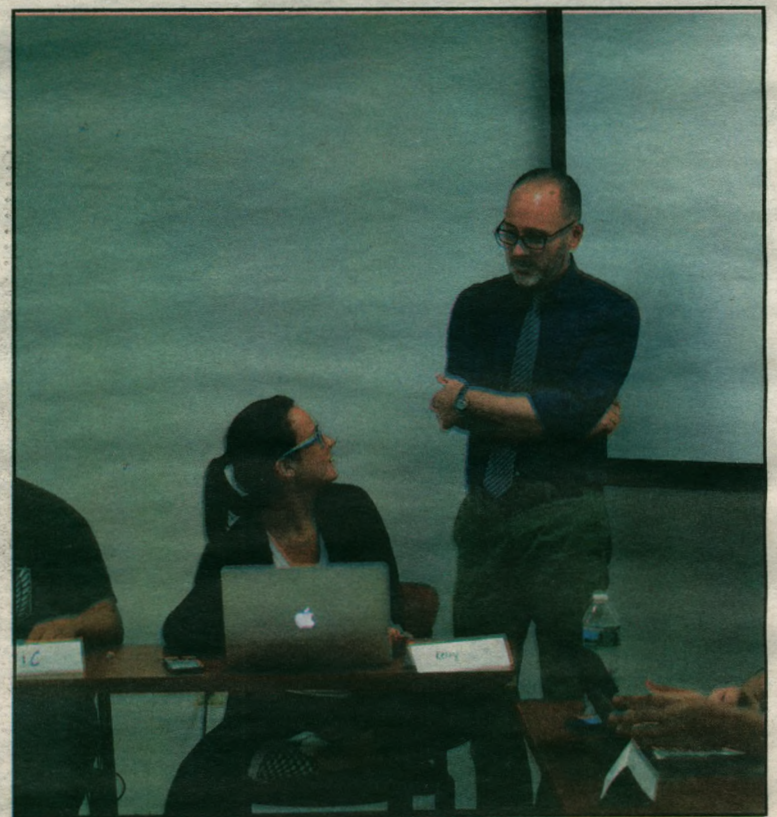
FAKE NEWS Or Not?

Nun with a Chainsaw Helps Clear Hurricane Debris

Sister Margaret Ann, the principal of Archbishop Coleman F. Carroll High school in downtown Miami, noticed there were unused chainsaws in a closet in her school, but she felt they were needed elsewhere. She went out into the city and began chopping up trees that were blocking roadways and houses. "The road was blocked, we couldn't get through," Sister Margaret Ann told CNN. "And I saw somebody spin in the mud and almost go into a wall, going off the road. So, there was a need, I had the means — so I wanted to help out."



Source: NPR.org



DIANA LENTO/SPECTRUM

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News

Are You Autism Aware? Promotes Acceptance With "Puzzle-a-thon"

BY GRAHAM O'DWYER
Staff Reporter

On Sept. 12, the Are You Autism Aware? Club gathered on the 63's patio for a "Puzzle-a-thon" to raise awareness and promote acceptance for those affected by autism.

According to autismspeaks.org, "autism refers to a broad range of conditions characterized by challenges with social skills, repetitive behaviors, speech and nonverbal communication, as well as unique strengths and differences."

It is estimated that one in 68 children in the United States is affected by the disorder.

During the event, club members along with other Sacred Heart students created large puzzle pieces with unique designs to demonstrate the diverse community that supports the club's mission. The puzzle pieces are meant to signify the complexity of the disorder and how every person affected by autism is different.

By the end of the event, the 70-piece puzzle was completed.

David Bordonaro, a junior and member of the club, has learned a lot about autism by being involved.

"This club has shown me how autism is a much larger issue than people realize. It impacts families on so many levels," he said. "Our events help people learn about the diverse symptoms and the effects autism has on people. This makes them more aware

and sensitive to the issue as a whole."

Senior and club president Julianna Fetherman is deeply devoted to raising awareness for autism, as the cause is very personal to her.

"My brother is autistic. I live it. I know the good, the bad and the ugly," she said. "I just hope people can find it in their hearts to accept others who may be different than them because they didn't choose to be that way."

Fetherman says that the Puzzle-a-thon is the first of other great events that the club plans to hold throughout the year.

"Our biggest event of the semester will be a walk hosted at the football field in early November," she said. "Next semester we will host a colloquium to further educate people on the cause, as well as a charity kickball tournament and a golf outing."

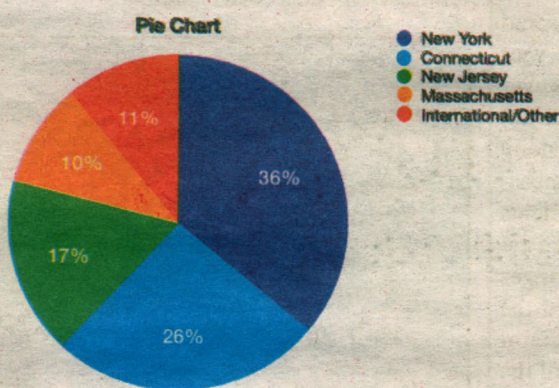
The club members hope that their message of acceptance and anti-bullying will have an impact on the Sacred Heart community.

"Our club affects the Sacred Heart community by bringing people together from all walks of life to appreciate something beautiful rather than discriminating the people who suffer from autism," said Bordonaro. "The new ideas we bring to campus bring attention to the fact that we are all human and walk on the same green earth. Let's live together without social division."

Where Do SHU Students Come From?

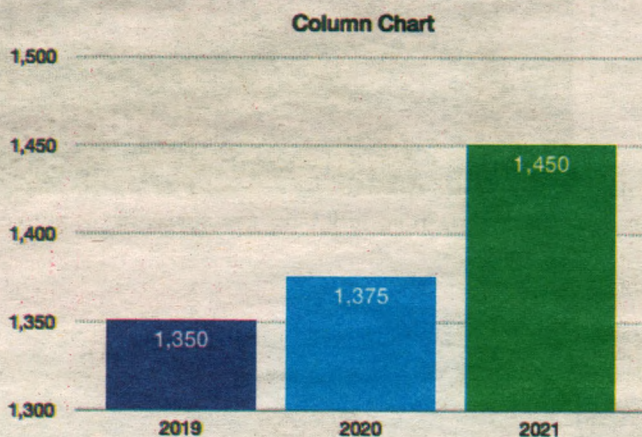
Enrollment Percentage By Location

LOCATION OF HOMETOWN	PERCENTAGE
New York	36
Connecticut	26
New Jersey	17
Massachusetts	10
International/Other	11



Yearly Freshmen Enrollment

CLASS YEAR	FRESHMAN ENROLLMENT
2019	1,350
2020	1,375
2021	1,450



Rolling With the Punches: Agape Latte

BY MIKE CAMILLERI
Staff Reporter

On Thursday, September 14, Campus Ministry held its second Agape Latte with guest speaker and Director of Campus Experience, Rob Gilmore.

There are many aspects of life that a college student is trying to figure out all in the span of four years.

It can be difficult at times and that is why events such as Agape Latte are held, so students can discuss and relate to someone who has been through it before.

"You guys are in a time of your life where you don't know what to believe. You are in a transition phase," said Gilmore.

Gilmore, an alumni of Sacred Heart, knows what the life of a college student is like, which resonated with the students who attended the event.

Agape Latte is one of the many events offered during Campus Ministry's "Espresso Your Faith Week."

Agape Latte and "Espresso Your Faith Week" began at Boston College, but have been adopted here at Sacred Heart with Campus Ministry's own personal twist to it.

The Agape Event event is meant to be the 'anchor' of "Espresso Your Faith" Week. The topic of conversation at Agape Latte is one about life and faith and how the two impact each other.

"It's an event that is open to anyone and everyone, regardless of what their faith might look like," said Devon McCormick, one of the campus ministers.

Although Sacred Heart is a Catholic University, Campus Ministry encourages those of any denomination to get involved and show how faith impacts their lives on a daily basis.

The first Agape Latte of the year, held in the Linda McMahon Commons, had a large crowd of students, faculty, and staff

listening to Gilmore's talk about "Rolling with the Punches."

Senior Elizabeth Zaffina said she came out to Agape Latte because of Gilmore. "I'm a big fan of Rob and I wanted to come and see him speak at the event," said Zaffina.

The event started with live music and a table with cookies and coffee.

"What college student doesn't need caffeine? Students are constantly looking for a place they can be themselves with people who they relate to. Both of these events provide both of those things for them," said McCormick when asked why "Espresso Your Faith Week" and Agape Latte resonate with college students so much.

Campus Ministry and the Peer Ministry Team, a group of student leaders within Campus Ministry, have been hard to organizing Espresso Your Faith Week and making sure all the events run smoothly.

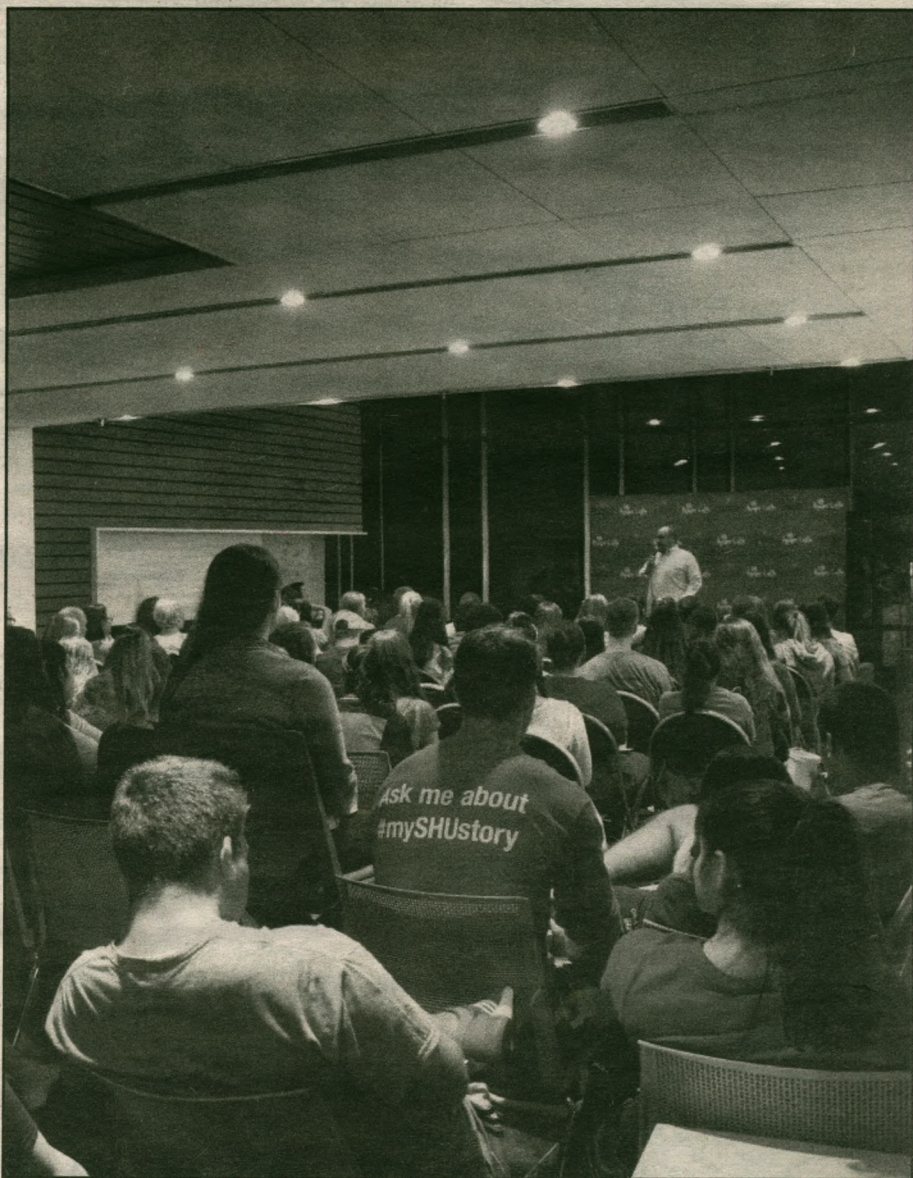
"I was part of campus ministry in high school and wanted to continue to create friendships and help others out in regards to their faith," said sophomore Anthony Smith, a member of the Peer Ministry Team.

McCormick also hoped "Espresso Your Faith Week" could reflect Campus Ministry as an office.

"All it takes to be a part of Campus Ministry is just showing up. We want to be an office that welcomes anyone and everyone, so Espresso Your Faith Week is a great way for us to do that," said McCormick.

Campus Ministry has a handful of goals they would like to accomplish.

"At Campus Ministry we are trying to help students find out more about themselves by digging deep into their faith, no matter what that might be. We would like to help our community and engage them more into spirituality," said Campus Ministry graduate assistant, Justin Lee.



ROB GILMORE, DIRECTOR OF CAMPUS EXPERIENCE, WAS THE GUEST SPEAKER AT CAMPUS MINISTRY'S AGAPE LATTE EVENT.

GRAHAM O'DWYER/SPECTRUM

Perspectives

A Look at Horoscopes

She Said

KELSEY...



For this week's topic, I welcome the skeptics to read why I stand by horoscopes as a guide to life. Unlike my friend Anthony over there, I believe that horoscopes can give an individual insight into their inner selves.

There are so many parts to the horoscope star charts that most people do not know. Just like all of us who are made up of so many things that make us who we are, people are also born under their sun, moon, and ascendant signs.

From the ancient Greek belief system that was eventually adopted by the Babylonians, the zodiac calendar has been in existence for centuries and is still read and believed by many today.

Horoscope enthusiasts believe that the sun sign indicates personality or personal views. Many look to the moon sign to better understand their emotional nature. Meanwhile, the ascendant sign is supposed to give insight on how others perceive you as an individual.

I was born under the sun sign Cancer. According to the astrological calendar, people under the Cancer sign have the characteristics of being moody, manipulative and impulsive as their negative weaknesses. On the other hand, Cancers are also very intuitive, sympathetic, extremely loyal, imaginative and passionate.

Now, I wouldn't go crazy thinking that my horoscope dictates who I am, but it's good to know that I'm more prone to these behaviors by nature than others.

Love is also a huge topic on the subject of horoscopes. So many look for horoscopes to predict what oppor-

tunities can be awaiting them for that week, month or year. Some signs are more compatible than others. Although, I wouldn't advise it should be taken too seriously. Since I'm a Cancer, the stars would say that I'm most compatible in love to individuals born under the signs Taurus, Scorpio, Pisces, and Capricorn.

Horoscopes can also be a great pick me up for starting off the day. Some individuals may feel if their horoscope says their going to have a good day today that they will have a better outlook about a particular situation they may be going through at that moment. Others may say that it is a confidence and power booster.

People interested in financial, business or related work may look to see if their financial statue will be successful or not in the future.

Many horoscopes might say for the day your optimism will make you stronger your love interests will increase, or it's your time to change something new out with the old in with the new. Whether the horoscope is good or bad, at the end of the day it's something that can inspire people to do better.

It's always good to read about your horoscopes and find some love and inspiration in your life among the stars.



He Said

ANTHONY...

Yes, we're partly made up of elements from the stars; and yes, constellations are cool to look at, but I don't know how I feel about the never-ending horoscope hype.

First, I'll give Zodiac culture the credit I feel it deserves. I do come across people who seem to think like their respective sign's stereotypes. (Part of me feels this is a placebo effect of consuming a lot of horoscope content, but I digress.)

And even if there isn't any substance to all of it, horoscopes give people perspective that they might've otherwise lacked. Whether the source is Gandhi or Gary the star expert from your local newspaper, wisdom helps us remember we're all works in progress; so that's a positive thing.

Now, on the other hand, I also think it's a bit ridiculous to go around assuming the time of year one's birthday lands on decides what kind of person one is. I mean, I'm an Aquarius...so what?

When looking at a given horoscope, it's usually so vague or broad that it can apply to half the world's population.

For example, according to the New York Daily News, part of my horoscope for today reads, "When some event or interaction shifts the flow of your personal story, that's the moment to pay attention." Really? That's the kind of statement that's a) common sense, and b) relevant to all people.

Again, a 'pay attention' kind of statement like that could serve as a valuable reminder if I were to come across it at a crossroads kind of moment. However, I don't think it's powerful enough to treat it as if it's molded for my sign. An Aquarius

can use that word of advice just as much as a Scorpio, a Libra, or an anything.

Now, to backtrack and provide another point of credit towards the horoscopes, I will say there are few things—at least to me—cooler than the stars.

I'm from New York City so seeing a star clearly isn't something I'm used to. When I'm in certain parts of Connecticut, looking at the sky on a starry night is my version of seeing the Milky Way. It's usually incredible and I can never get enough. I mean Galileo has nothing on my appreciation for a sky full of stars.

Despite that, the horoscope culture is still overrated to me. I do low-key identify myself as an Aquarius in select social situations if I have to, and with no problem, but I've still never completely bought into the hype. It'll take a crazy prophecy from the morning paper (or maybe Spectrum) for me to be swayed on the matter.

I may be critical of them, but at the end of the day, I do understand the appeal of horoscopes. They're usually either complimentary or riddled with generally good advice, and it's hard not to respect that. Whether fans see them as a pick-me-up, a guiding light, or something in between, I guess my final stance on horoscopes is one of general indifference.

P.S. The horoscope of mine I cited earlier did have another line I found to be a good reminder. It reads, "You need some adventure; lately your life has been all about the small details."

I can get down with that. Adventure? Why not?

WE ASKED SHU:

If Linda's had a delivery service, would you use it?



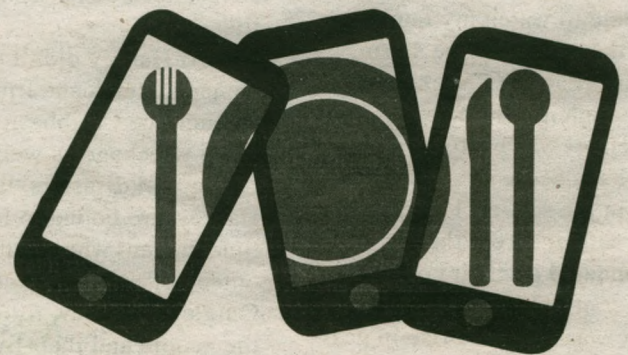
Of Course!



Probably not



I don't have a meal plan



Results taken from a poll on Twitter.com/shuspectrum

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Perspectives

Sacred Heart Students React to DACA

BY LYDIA WIGHT
Staff Reporter

It seems like the only thing that Americans can agree on is that they can't agree on anything. In that spirit, President Donald Trump's decision about Deferred Action for Childhood Arrivals (DACA) reflects this division.

DACA, enacted in 2012, granted stay to about 800,000 undocumented child immigrants.

These children, referred to as "Dreamers", went on to live productive lives. A large number are now students in college.

Many DACA recipients now have their own children—who are citizens automatically due to their birth in America. Concerns are raised about what would happen if the DACA recipients were deported. Families could be separated by this decision.

"These kids who fell under the DACA decision are law abiding, contributing members of our society in America," said senior Brooke Lopez. "A lot of them are college students like me. I try to put myself in their shoes. I can't imagine the stress that they're under. Some of

them are parents, and I would hate to see them taken away from their children."

There were certain requirements for eligibility in the DACA program: Dreamers had to come to the U.S. before the age of 16, they had to have continuously lived in the U.S. since June 15th, 2007, they had to have completed or been enrolled in a high school, they had to pass a criminal background check, they had to prove that they were not a threat to public safety and they had to pay a fee of \$495.

"Basically, I'm for legal immigration and I am completely opposed to illegal immigration," said junior Greg Ferris. "I feel bad for the Dreamers who came here with their parents."

Ferris expresses particular compassion for children of such a young age.

"Anyone who comes to America under the age of 5 should automatically be considered a citizen, because they had no choice," said Ferris. "I don't think the DACA should be completely repealed but it should be revised. They should be granted an easier path to citizenship. There has to be some give and take with immigration; we need a

middle ground."

The Department of Homeland Security (DHS) "Memorandum on Rescission of Deferred Action for Childhood Arrivals (DACA)" rescinded DACA as of Sep. 5, 2017.

Some recipients will be allowed to renew their protection from deportation and their work permits before Mar. 5, 2018.

It also allows current recipients to continue their protection from deportation and work permits until their deferred action and Employment Authorization Documents (EADs) expire.

"It's entirely inhumane that children brought to the States as children could now face deportation," said graduate student Kristen Dalia.

"For most of them it's the only country they've ever known. I just think we need to be more compassionate as humans. The only thing this current administration is doing is increasing racial tensions."

According to a survey by AOL, the majority of Americans believe that DACA recipients should be granted citizenship if they meet certain requirements.

How to Avoid the "Freshman 15"



Hurricanes Harvey and Irma: The Aftermath

BY RYAN CONKLIN
Staff Reporter

Hurricane Harvey, a storm no one thought would bring the sheer chaos that it did, has officially dissipated and left Texas and Louisiana in devastation. The deadly hurricane caused the deaths of nearly 70 people and somewhere between \$70 to \$200 billion dollars in damages.

Although the category 4 hurricane has physically left the southern regions of the United States in shambles, Harvey has had effects all over the country. Due to the hurricane, tornados have formed in other states such as Alabama and Tennessee, leaving tens of thousands of people without electricity.

The hurricane has also taken an emotional toll on some of the students here at Sacred Heart.

"As someone who has close family in Houston, it was very unfortunate to watch my family go through the effects of the storm," said junior Maddy O'Shaughnessy. "Even though my little cousin's first day of school was postponed nearly two weeks because of severe flood damage in the school, I'm glad that they are safe and kept the rest of the family updated on their condition."

Another effect Harvey had on the economy was seen in a rise in gas prices. Junior Derek Chapman finds it unfortunate to see such a spike at the pump, but finds it to be a lesser evil of the bigger issues at hand.

"I think it's unfortunate for those not affected to have gas prices increased as it may be more difficult now for them to get by with the additional expenses," said Chapman.



HURRICANES HARVEY AND IRMA CAUSED A DRASTIC RISE IN GAS PRICES.

"However, at the same time it can be additional money to help those who are in need after the hurricanes devastated so many homes and families."

As if Harvey didn't do enough damage, Hurricane Irma swept through the Caribbean and Florida to leave wreckage as well.

"Natural disasters, like Hurricane Harvey, are bound to happen anytime and anywhere with an unknown outcome," said sophomore Chris Quigley. "Harvey, for example, hit the people and their living situations very hard and although we cannot change when and where a hurricane strikes, we can continue to help and pray for those who have lost things in which were held near and dear to their heart."

As expected, the storm has even had effects on national sports. Several NFL games had to be rescheduled

along with stadium changes for the games, while the New York Yankees and Tampa Bay Rays series had to be moved to Citi Field in New York City.

"It's honestly devastating to see the damage the storm has caused," said junior Caroline King.

Some students are concerned about the natural disasters that affect remote parts of the country. Some students are even tagging along for relief effort and countless other students are donating to the cause, which is the reconstruction of the decimated areas.

"I feel terrible for all of the families that lost their homes and their belongings and I hope as a country we can help them start to rebuild and be a support system for those going through these tough times," said King.

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meet THE STAFF

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I'd Rather Eat a Snack Than Be a Snack

KENDALL GREGORY
CO-SPORTS EDITOR

There are very few things in this world that can beat a good snack.

In fact, the only thing that comes close is the nap that follows after I've snacked too hard. But the more I think about it, not even that is better than the act of snacking.

Let me put this into perspective for you: I am that girl who thinks about food 95 percent of the time I'm awake. My first concern at all times is when and where I'm going to eat next.

Growing up, I never used to snack much. I stuck to the basics and only ate three meals a day. My mom always told me that if I snacked after school, then I wouldn't eat my dinner.

Everyone knows what happens when you don't eat your dinner . . . yep, you get no dessert. So for most of my young life, I strayed away from all the temptations to snack after school.

I remember the first time I managed to sneak in a snack before dinner. I think I was in seventh grade, and for some reason my babysitter had put me in a timeout. She sat me in a living room chair and told me not to move for 15 minutes while she tried to get my sister to take a bath.

My mom had made brownies the night before and there were still a few in the

kitchen, so I decided to get up as quietly as possible, do a quick dash to the kitchen, steal a brownie, shove it in my mouth, and run back to that chair.

That was the first time I successfully snacked and since then my life hasn't been the same.

My style of snacking has definitely developed over the years. It has gone from occasionally grabbing a small bag of pretzels to a full on, scheduled daily activity. However, the food isn't the only factor that makes snack time what it is—it's all about the set-up.

On an ideal day, I'll come back from a day of classes and unwind by enjoying a snack before starting homework or working on projects for my clubs.

My personal favorite combination includes a bag of Cheez-Its, a can of Diet Coke, and whatever show I'm currently watching on Netflix.

Unfortunately, all good things in life come with some negatives. My mom has seen how my snacking has evolved and always tries to reprimand me for it and change my ways.

She tells me to balance out my snacking habits by at least throwing some fruits and veggies into the mix, and asks things like



"Kendall, have you been snacking a lot lately?"

The biggest advice I can give to a fellow snacker is to never, ever let anyone tell you how to snack. Don't let them tell you should cut back. Live your life the way you want to! If that means chilling out while munching on some chips, then so be it. If I've learned anything, it's to not let people interfere with the things that make you happy.

Snacking has become a way of life for me and there is definitely no turning back now.



A Look at the Numbers: The Cleveland "Win-dians" Magical Streak Ending

WILLIAM CALLAHAN
COPY EDITOR

Cue the old saying, "when you're hot, you're hot."

It had to end sometime, right? After a win streak of 22 games, The Cleveland Indians were finally defeated last Friday by the Kansas City Royals 4-3. It was their first loss in four weeks.

So what does it all mean? Now that the streak has finally come to an end, I think it deserves a proper breakdown of how Cleveland got there.

For starters, the Indians' 22-game win streak now stands as the second longest in MLB history. It shattered the American League record of 20 consecutive wins established by the Oakland Athletics in 2002.

Cleveland outscored its opponents 142-37 over those 22 games, scoring an average of six and a half runs and giving up under two runs each game. The average run differential was 4.77 over the streak. In other words, most of their wins were fairly convincing.

You can't win games if you don't score, and Cleveland definitely did some of that during their streak. Six players totaled at least ten runs batted in during the streak, led by their all-star shortstop Francisco

Lindor at 20. Their collective 41 home runs is the most a team has hit during any winning streak in MLB history. Third baseman Jose Ramirez led that category with eight as he hit .432 and had an on-base percentage of .462.

Then again, you can't win games if you don't pitch. The team's starting rotation earned a run average of 1.77, led by Cy Young candidate Corey Kluber.

Kluber went 5-0 during the stretch with a 1.28 ERA, striking out 44 batters in 39 innings. Of the 22 games played, Cleveland's pitching shut out the opponent seven times.

That isn't even the best part of it all. The Indians played 198 innings in those 22 games, and were behind in score in only eight of those innings. During that time period, 85 pitches were thrown when the Indians were trailing.

So yes, the Indians were either winning or tied in 190 of those innings. Truly remarkable.

Now that the winning streak has come to a close, the focus shifts to the upcoming playoffs set to begin in just a few weeks. The Indians will surely be a part of the party, having won their division for the

second year in a row. When the streak started on August 24, the Indians led over the second-place Minnesota Twins by four and a half games. By Sunday's end, they held a 14-and-a-half-game lead as division champions.

The streak has surely propelled Cleveland as the front runner to compete in the World Series. The team's attempt last year was foiled by the Chicago Cubs, who took the trophy and left the Indians empty-handed.

The streak certainly gives Cleveland the confidence to get back to the World Series, but to win it this time.

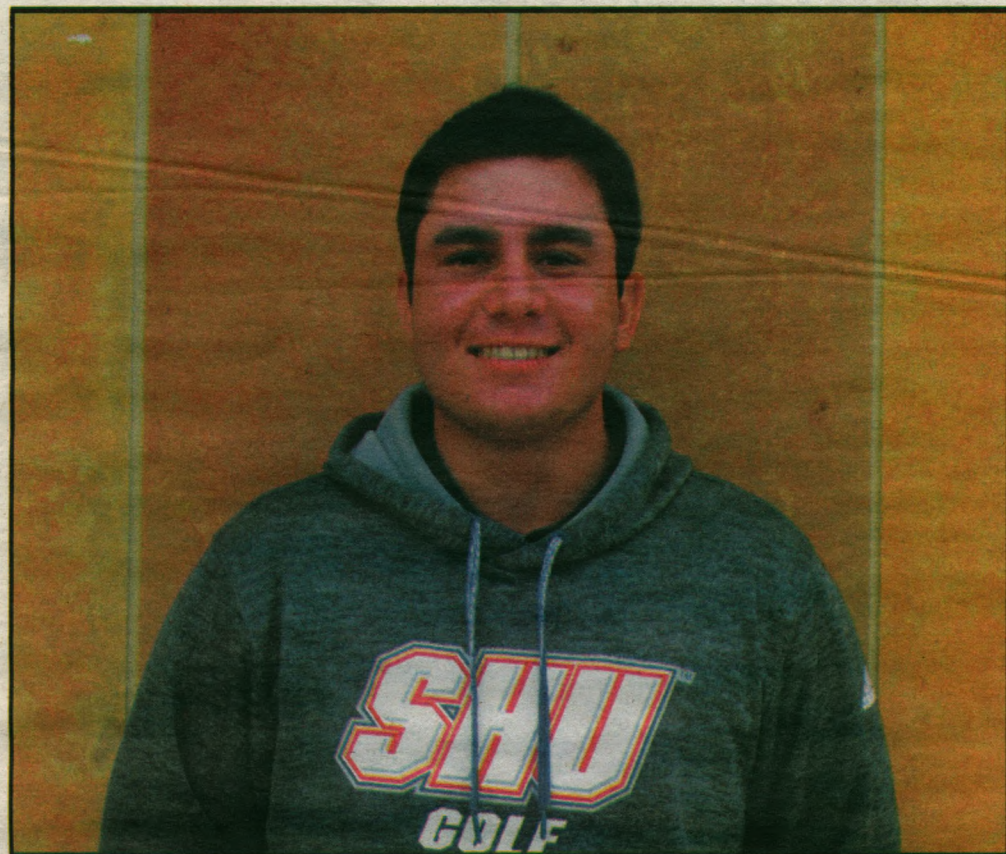
Buckle up Cleveland. the ride isn't over but it's just getting started.

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The editorial page is an open forum. Editorials are the opinions of the individual editors and do not represent the opinions of the whole editorial board. Letters to the editor are encouraged and are due by Sunday at noon for consideration for each Wednesday's issue. All submissions are subject to editing for spelling, punctuation, and length.

Letters to the editor should not exceed 400 words and should be e-mailed to spectrum@sacredheart.edu. The Spectrum does not assume copyright for any published material. We are not responsible for the opinions of the writers voiced in this forum.

Features



JUNIOR HECTOR GUTIERREZ WAS ORIGINALLY BORN AND RAISED IN VERACRUZ, MEXICO, BUT ALSO CONSIDERS THE UNITED STATES HIS HOME.

Tell Us Your Story: Hector Gutierrez

BY STEPHANIE DESANTIS
Staff Writer

For junior Hector Gutierrez, moving to a different country was no issue when his favorite sport was involved.

Although he is currently a student at Sacred Heart University, Gutierrez was originally born and raised in Veracruz, Mexico. Here he lived on a golf course, but he did not actually begin playing the sport until he was 12 years old.

When Gutierrez turned 15 years old, he spent a year at a golf academy in South Carolina. Because it was a boarding school, this was his first taste of dorm life.

For Gutierrez, moving to a different country with new surroundings had its challenges. However, he claims that doing so was the best decision he ever made.

"The United States is such a diverse country that anyone can find a piece of home in," said Gutierrez.

From then on, Gutierrez spent the next three years in South Carolina at the golf academy. Not only did he get to pursue his love of golf there, but he also made many lasting, influential friendships.

One of those friends was from West Hartford, which prompted Gutierrez to look at schools in the northeast.

"I hadn't thought about

seeking schools in the north because of the weather, but he told me about SHU and how good of a reputation they had in the northeast," said Gutierrez.

During his search for a school, Gutierrez met with the men's golf coach at Sacred Heart. After a recruiting trip to Connecticut where he met his current teammates and coaches, he was confident that Sacred Heart was the place where he wanted to spend the next four years of his life.

Aside from currently being a member of the Division I golf team, Gutierrez is also a double major in English and Global Studies.

Gutierrez has always had a passion for reading and writing. Growing up, he was able to learn English through reading and writing about topics significant to him.

In his initial months at Sacred Heart, he was positive he wanted to add a major in English.

"I took a writing course my freshmen year and I realized it was a craft I enjoyed, and so I decided to pursue it," said Gutierrez.

Along with his English major, Gutierrez has always been interested in global affairs. Throughout his life he has had the opportunity

to meet people from different nations and experience various cultures.

Gutierrez calls both the United States and Mexico home. For him, staying up to date on world news is very important.

"In both majors, having such inspiring teachers has made me glad I made the decision to pursue English and Global Studies," said Gutierrez.

Gutierrez has learned many values over the course of his life through academics and experience, but especially from golf.

"Golf is a sport very similar to life. You learn values that help you develop a character based on integrity and honor, but also on passion and happiness," said Gutierrez.

Gutierrez continues to improve both as a golf player and an individual as he goes through his four years at Sacred Heart.

"I like how college makes golf a team sport because it brings such a diverse group of people together. It has also brought me some of my best friends," said Gutierrez.

Gutierrez's experience here at Sacred Heart has been nothing but positive, and he looks forward to what the future holds.

Pumpkin Spice is Taking Over

BY DIANA LENTO
Staff Writer

Pumpkin Spice is an annual delicacy that many look forward to.

Pumpkin spice is a common sign of the approaching fall season, which inspires people to enter in the "PSL" (Pumpkin Spice Latte) mindset.

"I am a fan of pumpkin spice. I actually just tried it for the first time last year. I was pleasantly surprised because I really liked it," said senior Caroline Welch.

Some students claimed they would enjoy pumpkin spice during the other seasons of the year as well.

"If it was sold off-season I would still drink it. I wish that it was sold all year long," said Welch.

Because of the success that pumpkin spice has had in the past, food and product manufacturers have taken advantage of the fall trend.

"Pillsbury just came out with pumpkin spice cinnamon buns and I can't wait to try them out," said

Welch.

Pumpkin spice has also expanded into the ice cream industry. Companies such as Halo Top and Ben and Jerry's have released pumpkin spice flavors.

Likewise, breakfast has also been taken over by the trend. Grocery stores are now selling pumpkin spice-flavored cereals, coffee creamers, and of course, coffee.

Pumpkin spice-flavored candy also comes with the fall trend. M&M's has pumpkin spice-flavored candies, Werther's has pumpkin spice caramels, and Nestle has even released pumpkin spice Kit Kats.

Companies that produce baked goods are also participating in the trend, as they are releasing baked goods featuring the pumpkin spice flavor.

"In terms of baked goods, I've had pumpkin spice-flavored muffins and brownies. I loved it in

muffins," said senior Ryan Borchard.

However, while the trend is becoming more popular, some students have expressed their dislike for the pumpkin spice franchise.

"I don't like the smell or taste of pumpkin spice. I also don't like that if I tell someone I don't like pumpkin spice, it's the end of the world," said senior Olivia DeFabritiis.

Recently, Dunkin' Donuts released a pumpkin spice-flavored cream cheese to celebrate the fall season, which some people felt may have been a step in wrong direction.

"The pumpkin cream cheese made me sick as soon as I took one bite. But Dunkin's pumpkin spice coffee is actually really good," said senior Mark Boyle.

Look for all the pumpkin spice-flavored products in your local grocery store and see for yourself how far pumpkin spice will go.



STUDENTS HAVE BEEN ENJOYING A VARIETY OF PUMPKIN FLAVORED PRODUCTS SUCH AS CEREAL AND PASTRIES.

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Features

Alumni Spotlight: Susan Magnano

BY CHRISTINA DIMAURO
Features Editor

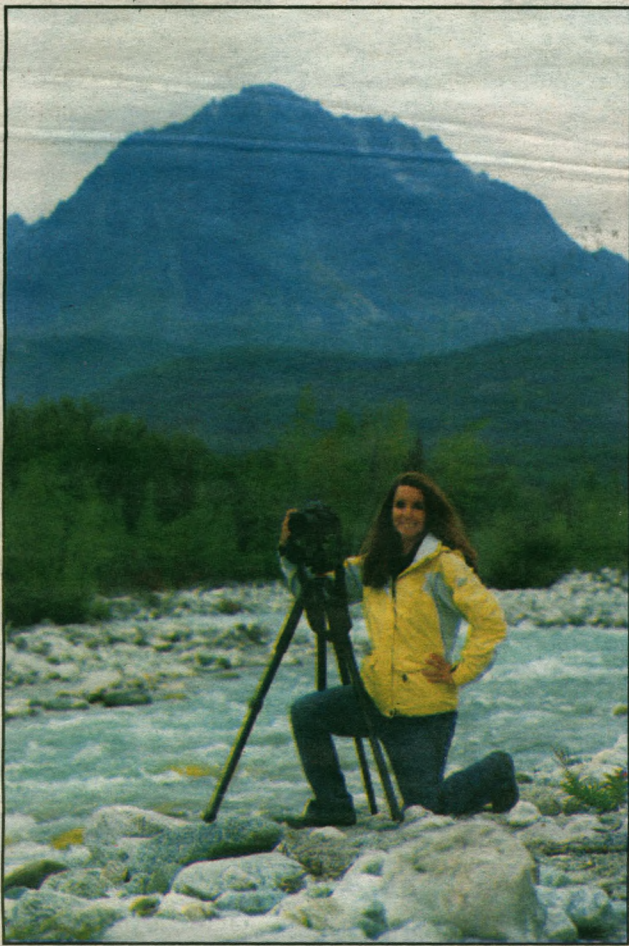


PHOTO COURTESY OF SUSAN MAGNANO

SACRED HEART ALUMNA, SUSAN MAGNANO, STARTED PHOTOUR ADVENTURES, HER PHOTOGRAPHY ADVENTURE WORKSHOP.

Sacred Heart University alumna Susan Magnano recently had the opportunity to work alongside another Sacred Heart alumna, Chris Nicholson, for a photography workshop.

The partnership brought her career full circle after previous work in television production and event photography.

Magnano's love for photography started before college

when she interned at her local newspaper, the Rockland Journal News, during high school.

"I love the idea of capturing a moment and sharing my experience with others," said Magnano.

Magnano graduated from Sacred Heart in 2003 with a degree in Media Studies.

During her time at Sacred Heart she interned at MTV, FoxNews, CT Post and local photo studios.

"I learned two important lessons from my internships. Working with professionals in the field of your studies is priceless. You learn quickly through hands-on experience and develop confidence," said Magnano. "Networking is also very valuable. I met tons of great people who mentored me and who I stayed in contact with once the internship was over."

These opportunities and connections led Magnano to begin working as a Production Assistant for the Food Network after graduation.

"After a couple of years I decided TV production was fun, but it wasn't creative enough for me. So I turned my attention back to photography," said Magnano.

She then started her own photography event business, Magnanimous Pictures.

"I capture events, weddings, and portraits and I love it! This career has allowed me access to incredible events, places and truly special moments," said Magnano.

As a freelancer, Magnano was not prepared for the ups and downs of working for herself.

"Network as much as you can and make as many connections as you can while you're in college," said Magnano, "and once you get your first job stay in touch with the people that you meet."

Magnano often found herself contacting previous employers and asking if they needed any work done.

"I think that's such an important thing that people don't do anymore. They don't follow up with the people they make connections with," said Magnano.

Magnano also has a passion for travel. Photour Adventures, her latest endeavor, is her photography adventure workshop.

"I take students to beautiful locations and teach them how to utilize their gear, create their vision, see natural light and to ultimately capture epic images," said Magnano.

Photour Adventures has given her the opportunity to

travel to places like Hawaii, New York, Iceland and Italy.

"Teaching travel destination workshops gives my students the opportunity to go to places, see something and bring it back to share with friends and family back home," said Magnano.

Magnano worked with Chris Nicholson, author of "Photographing National Parks," for a photography adventure in October.

"Chris and I graduated years apart and did not know each other, but thanks to the magic of SHU and social media we have connected," said Magnano.

Magnano and Nicholson met at Sacred Heart for a meeting and their partnership began.

"We are putting together a five-day landscape workshop where we will be chasing the best light through Acadia, Maine," said Magnano.

This workshop is welcome to students who have a love for photography and the outdoors.

"We will be capturing its colorful foliage, breathtaking views, iconic coastline, pristine lakes and beautiful mountain landscape," said Magnano.

For more information about Photour Adventures, visit www.PhotourAdventures.com. Sacred Heart students will receive a special discount.

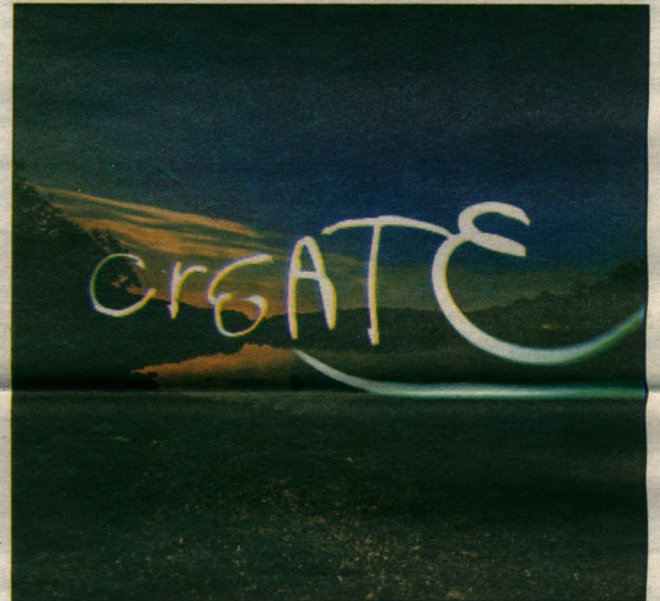


PHOTO COURTESY OF SUSAN MAGNANO

Blast from the Past: Features, September 23, 1993

BY KATHY BOTHOS
Features Co-Editor 1993

Currently, Sacred Heart University tuition for full-time undergraduates is \$10,250. Resident students pay more, \$15,350.

Tuition includes a College Fee of \$240 comprising of a \$35 Registration Fee, \$10 Library Fee, \$45 Student Government Fee, and Student Activity Fee.

Many SHU students have been asking these particular questions over and over; again; "Where does our tuition money go?" or "Who sets the tuition price?" Well, the answers to these questions have finally arrived.

Sacred Heart has a Budget Development Committee consisting of faculty members, staff, and two student representatives, whose job is to report to the students, who discuss matters pertaining to tuition cost.

In the Budget Committee meeting, the members of this committee discuss where all the income is going to come from and what tuition rate is recommended. These meetings are closed to the university community.

After this budget development process, the budget development process, the budget is represented to the Board of

Trustees. John Young, the Director of Finance, stated,

"Obviously, the Board of Trustees make the final determination of what the budget will be, where we stand and what the tuition will be."

"Obviously, the Board of Trustees make the final determination of what the budget will be, where we stand and what the tuition will be." Student Government and Activities Fees etc. are discussed in this Budget Development meeting, but the money from these disciplines are entered into a separate Student Government Account which is controlled by the student body.

Now, to answer the critical question of "Where does SHU tuition money go?" For the resident students, the tuition as mentioned earlier included room and board.

According to Young, "The room rate is used as rent and for maintenance, while the board rate acts as a conduit and pays for Seilers Food Service and yet, another expense covered is security," Young

stated.

These main items include expenses for instruction, academic support, Financial Student Aid, operations of plant, employee benefits, a lot of the changes that have been taking place around campus and part is use for natural reserve, quasiesndowment of the university.

Young did not go into detail about how much of our tuition goes into each of these areas, but he did mention that full-time undergraduate students represent

48% of the total income of the university.

Many students may think that Sacred Heart has become an expensive private institution to attend.

On the contrary, in comparison to other private universities in the area such as Fairfield University, Quinnipiac College, Albertus Mangus, and the University of Bridgeport, Sacred Heart is one of the least expensive private universities to attend.

Tuition Rates of Connecticut Private Universities 1993

University	Tuition Rates	Room and Board
Fairfield University	\$14,250.00	\$5,900.00
Albertus Magnus	\$11,400.00	\$4,720.00
U. of Bridgeport	\$12,020.00	\$6,010.00
Teikyo Post	\$10,006.00	\$5,200.00
U. of New Haven	\$10,250.00	\$3,000.00
Quinnipiac College	\$11,250.00	\$5,790.00
Sacred Heart University	\$10,250.00	\$5,100.00

Arts & Entertainment

A Recap of the 69th Primetime Emmy Awards

BY JORDAN NORKUS
A&E Editor

The Academy of Television Arts & Sciences presented the 69th Primetime Emmy Awards on Sunday, Sept. 17 at the Microsoft Theater in Los Angeles.

Comedian Stephen Colbert was the host of the ceremony and welcomed audience members and viewers at home with a musical number that featured some of the nominated television series before his opening monologue.

"This is TV's highest honor: us celebrating us. Tonight, we binge ourselves," said Colbert.

During the monologue, former White House press secretary Sean Spicer made a surprise appearance.

"This will be the largest audience to witness an Emmys period, both in person and around the world," said Spicer.

The Associated Press reported that Spicer's comment was a reference to his Inauguration Day claims about how big the audience was for President Donald Trump's oath of office.

There were a lot of negative reactions surrounding Spicer and the joke he made. However, the AP also reported that Alec Baldwin gave him sympathy.

"I think the average person is very grateful for him to have a sense of humor and participate," said Baldwin. "And Spicer obviously was compelled to do certain things that we might not have respected, we might not have admired, we might have been super critical of in order to do his job, but I've done some jobs that are things you shouldn't admire or respect me for, either."

Hulu's American television series based on Margaret Atwood's 1985 novel, "The Handmaid's Tale," received 13 nominations and won five—including

"Outstanding Drama Series," Reed Morano for "Outstanding Directing for a Drama Series," Elisabeth Moss for "Outstanding Actress in a Drama Series," Ann Dowd for "Outstanding Supporting Actress in a Drama Series," and Bruce Miller for "Outstanding Writing for a Drama Series."

HBO's American drama miniseries, "Big Little Lies," also won five awards: "Outstanding Limited Series," Jean-Marc Vallée for "Outstanding Directing for a Limited Movie or Special," Nicole Kidman for "Outstanding Actress in a Limited Series or Movie," Alexander Skarsgård for "Outstanding Supporting Actor in a Limited Series or Movie," and Laura Dern for "Outstanding Supporting Actress in a Limited Series or Movie."

Julia Louis-Dreyfus won "Outstanding Actress in a Comedy Series" for her performance in HBO's "Veep" for the sixth year in a row, which broke the record of most Emmys won by a lead actor for the same role. "Veep" also won the Emmy for "Outstanding Comedy Series."

Louis-Dreyfus wasn't the only actor to make Emmy history.

Donald Glover, otherwise known as Childish Gambino, became the first African-American to win "Outstanding Directing for a Comedy Series" for his direction of FX's comedy series "Atlanta." Glover also won "Outstanding Actor in a Comedy Series" for his performance in "Atlanta." He shared how he felt about making history backstage in the press room.

"I'm glad I was able to make history, but that's not what I was trying to do," said Glover. "I was just trying to make the best product. I believe the people deserve quality and when they taste it, they

see their own value, and they don't ask for less. So I just want to make a really good show."

NBC's "Saturday Night Live" won four awards: "Outstanding Variety Sketch Series," Baldwin and Kate McKinnon took home "Outstanding Supporting Actor in a Comedy Series" and "Outstanding Supporting Actress in a Comedy Series" for their portrayals of Trump and Hillary Clinton, and Don Roy King for directing.

Introduced by Viola Davis, the "In Memoriam" presentation was accompanied by Chris Jackson—who performed Stevie Wonder's soul single, "As."

"Outstanding Actor in a Drama Series" was presented to Sterling K. Brown for his performance as Randall Pearson in "This is Us" and "Outstanding Supporting Actor in a Drama Series" was presented to John Lithgow for his performance as Winston Churchill in "The Crown."

When "The Handmaid's Tale" won "Outstanding Drama Series," producer and writer Bruce Miller accepted the award and concluded the event with instructions for audience members and viewers at home.

"Go home, get to work," said Miller. "We have a lot of things to fight for."

The Associated Press contributed to this article.



PHOTO BY MOVIEWEB.COM

PENNYWISE THE CLOWN TERRORIZES CHILDREN IN DERRY, MAINE IN THE NEW "IT" MOVIE.

Stephen King's "It" Hits Theaters

BY ANTHONY DEL VECCHIO
Staff Reporter

Halloween may be a little more than a month away, but the scares have come early with the latest film adaptation of Stephen King's "It."

Directed by Andy Muschietti, "It" follows the story of a group of seven children who are connected by a series of strange occurrences—including a trail of murders. Pennywise the Clown, played by Swedish actor Bill Skarsgård, comes back to terrorize Derry, Maine every 27 years and appears to the children in the form of their deepest fears.

"I liked it. I literally fell out of my seat at one point," said junior Kendall Clark. "They were able to use some cool, different special effects to exploit the children's fears."

The Associated Press reported that "It" earned \$218.7 million to date and is now the highest grossing September release ever.

After King's horror novel published in 1986, ABC adapted "It" as an American-Canadian drama miniseries. Episode one aired on Nov. 18, 1990 and the second episode aired two days later. Many "It" fans refer to the two-episode miniseries as the "original film."

"What made the original scary has to do with the ability of the creative team to craft an atmosphere of menace," said adjunct instructor of Communication and Media Studies Julian Cornell. "You can't, especially in 1990 when it aired, have graphic special effects and gore on TV, so in order for Horror TV to work, it has to emphasize tone and emphasize the psychological elements of the story."

According to Rotten Tomatoes, "It" currently stands with an 85% approval rating by critics and an 88% approval rating with fans.

"I have the feeling that it will turn out to be a very important horror film in the history of genre. I don't know if it will break any new ground, though, unlike 'Get Out,' but it will probably go down as one of the better Stephen King adaptations," said Cornell. "I'm only skeptical on how they would be able to bestow enough depth and dimension to the characters because there are so many of them and because the book and mini-series take such pains to develop them."

Some students who have seen the film had a hard time following the plot and weren't as impressed with the scare factor, claiming it was actually funnier than they expected.

"At first, the plot was hard to get into but then it was alright after that," said junior Dante Centeno. "The movie had great jump scares and that was the only actual scary thing about it."

After "It" released in theaters on Friday, Sept. 8, red balloons started appearing tied to sewer grates across the country.

The AP reported that a girl and her friends from Lititz, PA. took credit for the balloon prank, trying to scare their other friends.

The second chapter of the "It" duology is currently in the pre-production phase.

"The next one probably won't be anything special," said Clark. "It won't be good because what's being done is the movie industry would rather make a franchise with sequels that would make more money than just sit down and actually make a good movie."

The Associated Press contributed to this article.

Arts & Entertainment

Disney Says “Goodbye” to Netflix

BY ARIANA COLASUONNO
Staff Reporter

Within the last couple months, Disney has announced that it will be taking all of its content off of Netflix to start its own streaming service. The new service will include original Disney movies, TV series and shorts, and all Pixar, “Star Wars” and Marvel films.

The Associated Press reported that Disney is also launching an ESPN sports streaming service early next year.

“I don’t think the switch is necessary at all. Almost all the classic Disney movies are on Netflix as of now,” said junior Mary Guardino. “I love Disney movies. Whenever I want to watch one I just go onto my Netflix account and search whatever I want.”

For some, this change means having to learn how to get used to navigating a whole other platform.

“I wouldn’t like Disney to take their programs off Netflix, because I have an account for it and know how to work it,” said freshman Shannon Burke.

Along with having to learn how to navigate an-

other streaming platform, viewers will also have to buy another subscription.

“I think it can benefit Disney, but people might not want to buy a new membership in order to watch it,” said freshman Stephanie DeBaecke.

The AP also reported that a price hasn’t been announced yet, but the service is expected in late 2019 after Disney’s current deal with Netflix expires.

“It will probably be successful because parents will most likely make accounts for their kids for a strictly Disney streaming service rather than Netflix,” said Burke. “I would only use it if it was free.”

With the announcement of this big change, many people were very uncertain of what this would mean for Netflix.

“I—one hundred percent—think it’s going to affect Netflix because right when you log into Netflix there is a kids’ section with all different Disney movies,” said Guardino. “Also, I believe it will affect its viewers, because I think that parents with younger children will use the Disney websites for movies. Because there aren’t inappropriate choices on

Disney’s streaming service, parents will be able to give their kids more freedom.”

Fortunately for Marvel-loving Netflix viewers, the Netflix original Marvel shows will still be on Netflix and will not be a part of the change. These shows include “Iron Fist,” “Jessica Jones,” “Daredevil” and “Luke Cage.”

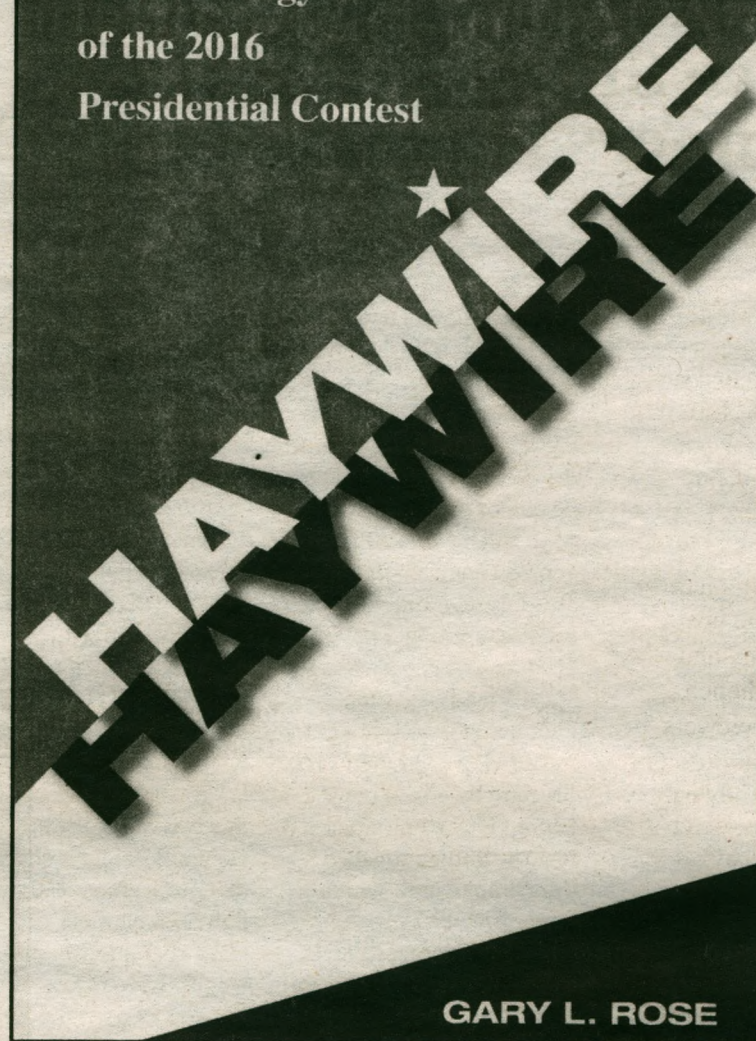
Disney’s new streaming service will be intended for all ages, however, many college students could not foresee themselves making use of the service.

“I don’t think I will use the service, because I’m older now and don’t really want Disney movies. I only really watched them, because I would see them on Netflix,” said Guardino. “I just recently watched the ‘Jungle Book’ because it caught my eye on Netflix, but I wouldn’t buy the streaming service just to watch them.”

As part of Disney’s current deal with Netflix, all 2018 new releases including “Black Panther,” “Ant-Man,” “Thor Ragnarok,” and “Spider-Man: Homecoming,” will be available on Netflix throughout 2018 and most of 2019.

The Associated Press contributed to this article.

A Chronology
of the 2016
Presidential Contest



GARY L. ROSE

PHOTO COURTESY OF AMAZON

COVER OF PROFESSOR GARY ROSE’S NEW BOOK “HAYWIRE”

“HAYWIRE: A Chronology of the 2016 Presidential Contest” Dr. Gary L. Rose’s Latest Book

BY MEGHAN RICE
Staff Reporter

The 2016 Presidential Election is still a popular topic right now—especially for Professor and Chair of Government, Politics and Global Studies, Dr. Gary L. Rose, who just published his 12th book: “HAYWIRE: A Chronology of the 2016 Presidential Contest.”

“I wrote this book, along with my other books, because I want to expand the knowledge of my readers regarding American politics,” said Rose. “I firmly subscribe to the old adage that ‘knowledge is power.’ So, I wrote this book to help empower people.”

The process of writing the book was no easy task, especially when it turned out to be around 800 pages.

“The most difficult challenge was to make sure that the many journalistic reports that I used as sources were balanced and objective. In this age of hyper-partisanship, one has to be careful regarding media reports,” said Rose. “Many news sources have

succumbed to partisan influence.”

However, Rose’s passion for American politics made writing his book a pleasurable experience.

“I particularly enjoyed covering the nominating contests within both parties, due to the emergence of Donald Trump within the Republican Party and Bernie Sanders within the Democratic Party,” said Rose. “Nobody saw any of this coming. The primaries and the caucus contest were so fascinating.”

Rose also had the assistance of Sacred Heart students Bridget Hughes and Josh Murphy to research for the book. According to the Sacred Heart website, Hughes and Murphy provided him with news articles, fed him valuable sources and updated him on polls and latest news.

Hughes helped Rose research as part of her work study job over the summer.

“I think the research side of this is really fun,” said Hughes. “It was certainly a fun year to follow such an unprecedented and unpredictable election.”

The most exciting part of the process for Hughes was the day after the election.

“I was super sleep deprived, because I did stay up to watch the results, but we came in the next morning and started going over all of this data explaining how on earth this incredibly unpredictable result happened,” said Hughes.

Rose doesn’t have any writing projects at this point in time, but he is currently doing book signings and guest lectures on the election. He wants to inform and educate his readers on the topic he cares so much about.

“I want my audience to realize that despite all of the polls and the predictions of ‘experts,’ that presidential politics is still a roller coaster affair, very unpredictable, and can yield stunning results,” said Rose. “Perhaps that’s the beauty of American presidential elections.”

“HAYWIRE: A Chronology of the 2016 Presidential Contest,” is available for purchase on Amazon.



PHOTO COURTESY OF DONTFEEDTHEGAMERS OFFICIAL WEBSITE

DISNEY HAS ANNOUNCED THAT THEY WILL BE LAUNCHING THEIR OWN STREAMING SERVICE AND TAKING ALL OF THEIR CONTENT OFF OF NETFLIX.

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Sports

Five SHU Cross Country Runners Honored by NEC

BY JOHN FLANIGAN
Staff Writer

The Sacred Heart University cross country team has started the season with numerous athletes being recognized by Sacred Heart Athletics and the Northeast Conference (NEC) for their performances. In the season opener at Stony Brook University on Sept. 2, senior captain Kate Svenson took home the NEC Female Athlete of the Week honor.

"I worked really hard over the summer, and it's starting to pay off," Svenson said. "Having your teammates by your side to push you helps even more."

According to the Sacred Heart Athletic Communications press release, Svenson accomplished her first career individual win with a time of 13:50:35 over four meters at Stony Brook. Svenson's time was 6.4 seconds faster than any other competitor in her race, setting the record for the fastest time in Sacred Heart program history.

Freshmen Bonnie Wilder and Moetiz Shilleh also were honored with NEC Female and Male Rookie of the Week for their showings at the same meet.

In her collegiate debut, Wilder finished with a 4K time of 15:09:19, placing in sixteenth overall at the meet. Wilder's 4K time

was the second fastest showing by a freshman in program history.

"I wasn't really expecting it (Female Athlete of the Week). It feels good to be one of the fastest women to run the course for Sacred Heart," Wilder said. "It's a little bit nerve-racking because now I have to keep up to those standards, but it's really exciting that I am better than I thought."

Shilleh posted the fastest 6K time by a freshman in Sacred Heart's program history. Shilleh finished thirteenth overall with a time of 19:00:74.

"To set the record feels great, I really want to set a good standard for myself. I came here for a reason and I want to accomplish a lot of things," Shilleh said. "Being named Male Rookie of the Week was something I never thought would happen. I really appreciate it and am very happy that the NEC awarded it to me."

The team's impressive start continued onto the second meet on Sept. 9 at the University of Massachusetts. Seniors Tara Connelly and Trevor Guerrero took home NEC Female and Male Athlete of the Week for their performances.

Guerrera finished the UMass Invite in sixth place out of 78 runners, with a

time of 19:25. He was 24 places higher and more than 30 seconds faster than he was at last year's Invite.

"Finishing the race I was pretty excited," Guerrero said. "Being named NEC Male Athlete of the Week is always cool. It feels nice knowing that a good race is being recognized."

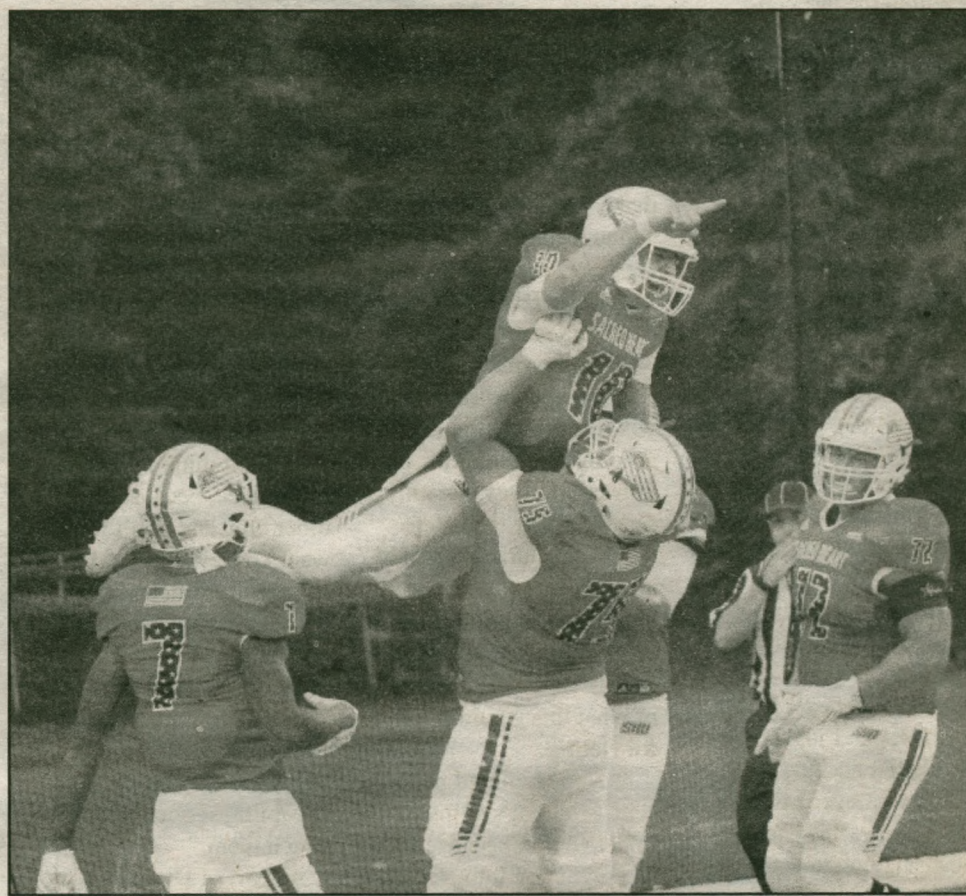
Tara Connelly, a two-time All-NEC honoree, finished her 5K eighth overall with a time of 18:16.

"To start off the season this way was exciting," Connelly said. "It showed that our team is ready to fight to regain our title as NEC champions. For now, we just have to keep working and let our training and dedication be shown in our races and workouts."

The team's next meet is Sept. 23 at Stanley Quarter Park in New Britain, Conn. for the 15th Annual Central Connecticut State University Ted Owen Invitational.

"They have all worked hard to become the runners they are, so I'm happy to see them get some recognition for their commitment and dedication," said Christian Morrison, the head coach for men's and women's cross country. "We look forward to seeing what our full squad can do over the rest of the season."

New Football Quarterback Kevin Duke Starts Season with Success



SENIOR KEVIN DUKE IS PLAYING HIS 16TH SEASON OF FOOTBALL AS A STARTING QUATERBACK.

BY OLIVIA MITTLEMAN
Staff Writer

The Sacred Heart University 2017-18 football season marks senior quarterback Kevin Duke's 16th season playing football. Unlike previous seasons, Duke says this is the one he has waited for his entire life.

Duke has spent three years learning the Pioneer offense as a backup quarterback. This season he has earned the starting quarterback position.

"It's all been a build up to this point in time," said Duke.

With anticipation of the season finally arriving, Duke has been thriving on the field in the first few games.

"I'm just happy for him that he's had so much success in the first two games considering how much time and work he's put in during the off-season," said head coach Mark Nofri. "I saw a tweet that he sent out the morning of the first game saying he's waited his whole life since he was a little kid for this opportunity to be a starting quarterback at a Division I school."

After defeating non-conference opponents Stetson University and Lafayette College, and suffering a loss to Stony Brook University, the team is currently 2-1. Duke has averaged 163 yards per game with a 67.6% completion rate. On

the stat sheet he has recorded 489 total yards with two rushing touchdowns.

According to Sacred Heart Athletic Communications, in the home opener against Stetson, Duke led the team with 236 yards of total offense and four touchdowns. The Stetson victory marked the team's fifth consecutive season opening win.

Senior captain and starting wide receiver, Andrew O'Neill is proud of the way Duke is playing and wants to help Duke succeed in any way he can.

"My goal is to just make sure that I'm always doing my job and making Kevin's life a little bit easier," said O'Neill.

In last week's game against Lafayette, Duke found O'Neill for a touchdown to tie the game 10-10 with 15 seconds left in the first half. According to Sacred Heart Athletic Communications, the Duke-O'Neill combo was the turning point in the game.

Duke completed 19 of 25 passes and rushed for 73 yards, including a touchdown. Senior captain CJ Parvelus and senior Alec Finelli made stops on the defense with 7 tackles each. Sacred Heart came back with a 38-24 victory.

"We always say go 1-0 this week, and so far

through two weeks we've accomplished our goal," said O'Neill.

Nofri wasn't sure what to anticipate when it came to the first two games.

"You never know what to expect when you haven't played since last November, but I knew we were returning some great senior leadership," said Nofri.

Duke was named one of the five team captains for the season.

"You're the model figure for not just the team, but for the school," said Duke. "I'm always the first one out there giving high-fives, trying to be a ra-ra guy. I'm trying to keep that role, while having a bigger responsibility on the offense."

The balance a student-athlete has to handle is undeniable, but Nofri has no doubts in Duke's ability to be able to excel.

"He's kinda your prototypical student-athlete in terms of how he represents himself on and off the field," said Nofri.

Though Duke has the team's support behind him and two wins attached to his name, he says he is not finished yet.

"The goal is to win all the time. It's about giving 100% effort every play and really leaving no doubt," said Duke.



THE WOMENS CROSS COUNTRY TEAM HAD AN IMPRESSIVE START TO THEIR SEASON CAUSING THEM TO BE NOTICED BY THE NORTHEAST CONFERENCE.

SACRED HEART ATHLETICS

Sports

Sacred Heart Announces Hire of Men's and Women's Tennis Coach

BY JOSEPH SIEGEL
Staff Writer

Sacred Heart University announced the hiring of William Boe-Wiegaard to serve as the men's and women's tennis head coach. Boe-Wiegaard comes to Sacred Heart following a 13-year professional career on the Association of Tennis Professionals (ATP) and International Tennis Federation (ITF) tours, according to a press release by Sacred Heart Athletic Communications.

The Pioneers have won a conference best seven Brenda Weare Commissioner's Cups. The Pioneers have captured back-to-back triple crowns, claimed the Commissioner's Cup, the Northeast Conference (NEC) Institutional Academic Award and NEC Building Communities Award the past two seasons. This made Sacred Heart the first school in conference history to achieve that honor.

Preparing to reach their goal of bringing an NCAA championship to Sacred Heart, both teams had their first practice on Sep. 5.

"We want to become good competitors," Boe-Wiegaard said. "We can't stress it enough, we want all our players to become very good problem solvers."

Boe-Wiegaard wants all of his players to fulfill their potential. He believes that being good competitors will get them to their goal.

Bobby Valentine, the Executive Director of Athletics, helped Boe-Wiegaard with the recruiting process prior to the season.

"I look forward to working with Bobby Valentine for years to come to recruit the best athletes for our program," said Boe-Wiegaard.

Boe-Wiegaard is looking forward to watching all of his players this season, but has his eyes set on the potential of freshmen Laura Crivei and Luca Casalduc.

Crivei, a native of Canada, is showcasing her talents for the women's team.

"My teammates are already my best friends and help motivate me in practice and in tournaments," said Crivei. "Coach is such a positive person on and off the court and he motivates me to give it my all in practice and in matches."



RYAN SANUDO/SPECTRUM

WILLIAM BOE-WIEGAARD, SACRED HEART'S NEW MEN'S AND WOMEN'S TENNIS HEAD COACH, WORKS HANDS ON WITH THE PLAYERS.

Crivei hopes to improve her game and fitness level in order to get to the finals of the NEC conference championships.

Boe-Wiegaard believes that Crivei has the potential to be one of the best players on the women's team.

"She is very talented and is gifted with physical abilities," said Boe-Wiegaard. "She is very tall compared to the other women we have on the team. My staff and I have significant optimism she can be one of our best players."

Casalduc, from Puerto Rico, is another player to watch for this upcoming season.

"Put aside his talents, Luca is a player that wants to be pushed to the edge. He wants all his teammates and coaches to make him the best player he can be on and off the field," Boe-Wiegaard said. "He will go through the wall for the team and he has stuck out to me sureiy through the first two weeks."

Boe-Wiegaard is striving to get all of his players on the same page both on and off the field.

"Our biggest goal is for everyone to be as professional as they can," Boe-Wiegaard said. "As a team we're striving for each player to better themselves on and off the court."



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Sports



SACRED HEART ATHLETICS

THE SACRED HEART WOMEN'S GOLF TEAM FINISHED IN A FOUR-WAY TIE FOR SIXTH PLACE AT THE NAVY FALL INVITATIONAL ON SUNDAY AT THE NAVAL ACADEMY GOLF COURSE