

## SPECTRUM

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## Registration process causes difficulties for many

By Bruce Carlson  
Co-News Editor

Many students are having difficulties with the registration process due to existing and unknown financial balances in Student Accounts.

The problems begin when students receive incorrect billing amounts or when they do not receive a bill at all.

"I never got a bill even though my meal plan was charged to my account on Sept. 1," explained Erin Dymek, a senior biology major from Housatonic, Mass. "I don't understand why they don't want the money in September or October, but come November, they want it all," she added.

Dymek is not alone with her reasoning. Other students feel they should receive a bill showing a clear and accurate balance on time.

"Students should not be burdened with billing problems when Student Accounts is responsible for keeping us in tune with our current financial whereabouts," said Nicole Bishop, a junior media studies major from Kings Park, N.Y.

The Credit and Collection Manager of Student Accounts, Keith L. Tucker, responded by saying, "even if a bill was incorrect, students are still responsible to make a payment."

Another problem occurring

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Photo by Kerrie Darress

Debbie Paduano, Jeremy Stewart and Amanda Bertorelli wait patiently in line to clear their bills.

## Students and faculty 'strut their stuff' on the runway

By Gina Norelli  
Editor-In-Chief

As the first snowfall blanketed the ground Friday night, the International Club's Third Annual Fashion Show "City Elements" was catching attention indoors. The audience in the Mahogany Room "oohed" and "ahhed" and had a fun evening, while \$700 was raised to benefit

Habitat For Humanity, a volunteer organization that helps low income families build houses.

Sixty-five students, faculty and staff came down the runway, modeling clothing on loan from stores such as Old Navy, Eddie Bauer, Macy's and J. Riggins.

Everything from casual clothing and swimwear to wedding gowns and tuxedos was modeled. Even the Sacred Heart Bookstore

clothing was included in the show.

Patrick Callahan, president of the International Club, said he was very pleased with the fashion show and that the event is always a success. "It was great to have all these student leaders be shown." Callahan said this was the first year that the International Club has donated a portion of their proceeds to charity.

"It was fun and exciting,"

said Susan Pelletier, Campus Ministry secretary, who modeled bookstore clothing with her children Daniel, 9, and Sarah Britany, 10. "My children enjoyed interacting with the students, who were great role models for them."

Callahan agreed that modeling SHU bookstore clothing was a success and that it shows people how the bookstore has a lot of interesting clothes. "It was also a

way for students to see professors, staff and faculty in the show, since they were the ones to model the bookstore clothes."

Shaena Doherty, a junior from Hernando, Fla., who modeled in the show, said, "It was my first time in the fashion show. Although it was nerve-racking, I'd do it again. I met a lot of

See Fashion, page 2

## L.I.F.E. sponsors Diversity Week

By Elizabeth Hyer  
Staff Writer

Throughout the week, L.I.F.E. (Lifestyle Issues For Everyone) has sponsored various programs in honor of Diversity Week. Their main goal has been to make the Sacred Heart community aware of the many differences that each of us possess.

L.I.F.E. is a chapter of the nationwide Student Action Team. They emphasize diversity in our community as well as other aspects of life that effect our community.

Diversity Week started on Monday and ends today with a diversity dinner in the dining hall. Some of the events included a screening of "Higher Learning", a candle light vigil and the diversity line.

According to L.I.F.E. secretary Peggy Schimmel, a sophomore from East Northport, N.Y., "The theme of Wednesday's vigil was to light a flame to celebrate our diversity and then extinguish the flame as a symbol of extin-

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Photo by Wendi Plescia

Students participate in a Diversity Week activity in West Hall.

## Panel urges peace

By Brad Wilson  
Associate Editor

A military training facility in Fort Benning, Ga. was the central topic probed in a panel discussion concerning the possibilities of global peace and justice. It was held Tuesday evening in the old gymnasium.

School of the Americas (SOA), an institution which trains officer core from Latin America was the recent site of a protest in which 600 demonstrators were arrested, including a group of Yale and Fairfield University students. It's funded by the U.S. Department of Defense and has been blamed for molding some of the most vicious terrorists in Latin America.

"I was shocked to find out that the U.S. spends money on the SOA when the country has so many more important issues," said Ashley Aimetti, a senior from Waterford.

The discussion, "Peace, Disarmament, Human Rights and a Just World Order," was arranged

in conjunction with Sacred Heart's Campus Ministry and Sister Margaret Palliser's course; Religion, War and Peace.

"It was a wonderful opportunity to engage in serious discussion attempting to find an alternative to war," said Sister Margaret, director of Campus Ministry.

Four distinguished panelists expressed their discontent of the SOA and attempted to find ways for the U.S. to better appropriate its budget. They were Tom Cornell, editor of *The Catholic Worker*; Eileen Gannon, program director for Global Education Associates; Joyce McClure, adjunct professor of Religious Studies at SHU and Clayton Ramey, peace and justice program coordinator for Fellowship of Reconciliation.

According to Ramey in an article for *Fellowship*, the U.S. military budget is \$263.9 billion for the 1997 fiscal year.

"If we could cut military spending by 50%, we could improve employment rates, health care, housing and education," said Ramey. "The U.S. spends \$20

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Inside...

Shuttle service not up to par...see page 3

Tragic suicide occurs near campus...see page 4

What is the meaning of the Advent season? See page 8

Barbie dolls are still a favorite...see page 11

# News Briefs

## 2nd Annual Alumni Association Scholarship

On Dec. 15, application forms for the Second Annual Alumni Association Scholarship will be made available to Sacred Heart University students. The \$1,000.00 scholarship is made possible through a special fund created by the Alumni Executive Council of the Alumni Association. The scholarship is awarded on the basis of academic performance, University and community leadership and service, and financial need.

The scholarship applications will be available in the Alumni Relations Office, Campus Ministry, Financial Aid Office, and Student Life Office. The application form must be completed and turned in by the deadline date of Feb. 27. For additional information call Carol Way at 365-4801.

## Women in Academia seminar to begin Tuesday

A Women's Studies professional development seminar on *Women in Academia* will be held Dec. 25 at 4 p.m. in the Park Avenue House.

Dean Walker and Dean Paolini will be talking about their journeys through higher education. They will be using the book, *Composing a Life*, by Mary Catherine Bateson as a back drop.

Those interested must RSVP with Nina Clark at 365-7528.

## Graduate Open House being held for students

Sacred Heart University will be holding a Graduate Open House for students to learn about the different degree programs available at SHU.

Counselors will be present to discuss Master's degree programs in business administration, physical therapy, teaching, chemistry, computer and information services, nursing and religious studies.

The event will be Dec. 3 at 4:30 p.m. and 7:30 p.m. For reservations call 371-7880.

## Business leaders to speak at Sacred Heart

A group of business leaders will be discussing the topic of turning new ideas into products at the fourth Business Leaders Breakfast Forums at Sacred Heart.

John Lenhard, Kenneth Kelly and Gad Selig will be the three speakers. The event is \$25 per person. For more information, call 371-7861.

-Compiled by Brian Corasaniti and Wendi Plescia

# Education passes with flying colors

By Vanessa Filonow  
Contributing Writer

SHU's education program attempts to continue its success of having the highest percentage of A's overall from last semester.

"There is a difference between the education grades and grades in other academic areas," said Doug Bohn, assistant vice president for academic affairs and University registrar. "Spring of 1997 undergraduate grades revealed that education had 50% of students with A's or A-'s, business 38%, finance 33%, social sciences 29% and English/media studies 25%."

The success of the program depends on its structure and application of the students.

"Mostly juniors and seniors apply to the program so they are more mature and concentrate on their work," said Dr. Brian Perkins, assistant professor in the education department. "The education program deals with lots of application in a real setting."

"It's not all about memorizing. Students must apply what they learn and since they must

have a minimum 2.75 G.P.A. to be in the program, higher grades are expected," said Perkins.

The type of learning that takes place in the education program is different from many majors because it involves active participation.

"Unlike most majors, we don't have exams every week," said Eric Wood, a senior education major from Bronx, N.Y. "The grades are based on creativity because you have to show what you've learned. You take the theories and methods and apply them."

Education students do not view their classes as being easier than any others. The same amount of effort and work is put into them.

"Education isn't an easy program," said Angela Koning, a senior from Waterford. "Grades are based on dedication and creativity. You have to earn your A."

Grade inflation has changed the value of the letter grades students are receiving at the present time. A letter grade of C is no longer average.

The undergraduate grades overall for the spring of 1997 that

were based on 13,278 grades, reveal that the highest percentage distributed were A's at 16%, said Bohn. There were only 8% of C+'s and 10% of C's issued.

All of the A's issued by the education program do not indicate that its students are average. The instructors believe that the students who get A's deserve them.

"I give people what they earn," said Perkins. "The majority of the students may get A's, but that has something to do with the 2.75 G.P.A. requirement. They almost have a B average coming in, so it is expected they'll get a B or better."

"Our classes are just as rigorous as any in the northeast, if not more. If the students get A's, so be it. I'm not concerned with what the bell curve states," added Perkins.

The students believe they work hard for their grades and are rewarded appropriately.

"The lower core courses are generally easy to get A's in, but you get the grade you work for in the higher courses and sometimes it isn't an A," said Becky Siwicki, a senior from Stamford.

## Fashion: "City Elements" modeled at SHU



Photo by Kerrie Darress

Students strike a pose on the catwalk in last week's fashion show, modeling their "City Elements."

### Continued from page 1

people and it was fun."

In addition to fundraising, the fashion show also benefitted international students, explained Christina Carvalho, a 1996 graduate of Sacred Heart who began the show three years ago and helped organize "City Elements."

"It helps international students get adjusted and meet new friends. It's also an opportunity for the school to come together," said Carvalho.

In between segments of the Fashion Show, the Sacred Heart Dance Team performed on the

runway for the crowd.

Kaori Noguchi, a junior from Yokohama, Japan, said, "I enjoyed the fashion show very much. I especially liked the swimwear."

Grace Lim, assistant director of Student Life for International Programs, said, "A lot of hours and a lot of hard work went into the show. It looked beautiful. We made our goal, but the best part was that all of the students had a good time."

The next big event for the International Club is the International Festival planned for April.

*Happy Thanksgiving  
from the Spectrum Staff!*

*There will be no Spectrum issue next week.*

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# Students fuming over shuttle

By Brian Corasaniti  
Assistant News Editor

Several complaints about the shuttle service at Sacred Heart have been lodged this year. Students are concerned about the reliability and quality of the service.

"Overall, it is very poorly run, but it could get better with more staff," said Andrew Erhartic, a first-year student from Massapequa, N.Y.

Erhartic added that, "I was at the Stop and Shop for two and a half hours waiting for the shuttle before I eventually got a ride from someone else. The shuttle came by after an hour, but it just passed by me."

Students have brought complaints like that to the attention of the Student Union, which runs the shuttle service.

"More times than not, it is miscommunication and them not

understanding the schedule," said Kim Timpany, operations assistant at the Student Union.

"I have received a lot of calls from students waiting for the shuttle. The shuttle ends at 11 p.m., but the last run goes out at 10 p.m.," added Timpany.

"There are some times that they are late taking us to the mall... sometimes they cannot locate the drivers and that puts a hindrance on our plans," said Emily Houlihan, a sophomore from Manhattan.

"We are always open to suggestions and people should be directing them to us, not Public Safety. Otherwise, we are under the assumption that they are running smoothly," said Timpany.

Complaints about the efficiency of the Service Route, which brings students to the Trumbull Mall and the Stop and Shop grocery store, are common.

Michael Moylan, operations assistant at the Student Union,

says that the Service Route gets cancelled or combined with the Avalon Gates Route when drivers are unavailable so that students who live off campus will be able to make it to the campus for classes.

"The most important thing is to get students to and from their residences and classes," he said.

Criticisms about some of the shuttle drivers themselves have also been reported to the Student Union.

"There have been some students that have complained about some drivers," said Moylan.

"The only thing we are able to do is monitor the drivers if they are not doing their job. Every driver understands that they are there for the students," added Timpany.

Anyone with concerns or suggestions about the shuttle service are encouraged to go to the Student Union Office in Hawley Lounge.



Contributed photo

Students depend on the shuttle service as they prepare to head home after a long day on campus.

# SHU chapter improves local conditions

By Justin M. Venech  
Contributing Writer

In the spring of 1995, Sacred Heart University became the first Campus Chapter of Habitat for Humanity in Fairfield County. Its basic goal was to "provide active assistance toward the improvement of living conditions in our community of Bridgeport."

More than two years later, the Sacred Heart University Campus Chapter is continuing to make Bridgeport a better place. "The involvement by campus organizations and individuals is growing, we have, in addition to our own Habitat volunteers, members of community connections, graduate students, staff, faculty, as well as many other campus organizations who have all vol-

unteered hours so far this year," said Phyllis Machledt, director of the service learning program.

The people who have volunteered time seem to find Habitat to be a great experience for many reasons. "It's amazing to see exactly how much you can do, even if you know nothing about carpentry," said University alumni Tim Dunn, class of 1992.

"Habitat is a great opportunity to work with the people you are helping. They work beside you fulfilling their five hundred 'sweat hours' and you really learn a lot about them and from them," said Anne Marie D'Amore, a sophomore from Port Jefferson, N.Y. "It's a shame that we pay for the Fairfield name, when it would be better for Bridgeport if we acknowledged our location."

Through the many hours of

volunteer work, the Sacred Heart community earned the reputation of being "hard workers" by the Habitat for Humanity of Greater Bridgeport. "We have dedicated 24 houses so far and will be dedicating two or three in the next two months," said Machledt.

"As a university we are committed to the improvement of Bridgeport in many ways through our many different service learning and volunteer opportunities," Machledt added.

"It's a great sense of empowerment to see the immediate results of your work," said Debra Ventunelli, a sophomore from Lindenhurst, N.Y.

If you are interested in working or want more information about Habitat for Humanity, please call 365-7519 or 371-7741.

# Accounts: Billing process upsets students

Continued from page 1

with Student Accounts is the student loan checks. Upon arrival, students are to be notified from someone in the office that their check has arrived and a signature of the student is required, explained Tucker.

When Joanne Puglia, the former manager of student financial relations left the University, the position of contacting students

was left unattended to. According to Tucker, "we are trying to fill her position."

The check is not sent to Financial Assistance because of federal regulations, explained Mark E. French, associate director of Student Financial Assistance.

This semester, 274 students were required to get authorization from Financial Assistance before being able to register. This number was less than last years, ac-

cording to French.

About 1,400 students were required to get authorization from Student Accounts before registration, according to Michelle Kansky, bursar in Student Accounts. These included anything from tuition and computer fees to telephone and parking fees.

Tucker added, "we are trying our best to get it improved and we are in constant communication with the computer center."

# Public Safety Releases

## Public Safety incidents from Nov. 10 to Nov. 16

**Nov. 10: 12:17 p.m.-** Administration Bldg. fire alarm caused by cooking.

**9:45 p.m.-** Parkridge student was treated for a burn; further medical treatment and/or transportation declined.

**10:53 p.m.-** Public Safety Officer escorted an intoxicated non-student off campus.

**Nov. 11: 3:21 a.m.-** South Hall resident reported five males were wandering the halls of the bldg. Public Safety responded and stopped them, all non-students. Fairfield Police responded; non-students were given a trespass warning and escorted off campus.

**12:02 p.m.-** Minor motor vehicle accident reported in the loading area behind the kitchen.

**4:55 p.m.-** Minor motor vehicle accident reported on the Campus Center road; bicyclist hit a motor vehicle, damaging the vehicle's mirror.

**Nov. 12: 12:38 a.m.-** Public Safety assisted the Res. Life staff at South Hall with residents having a disagreement.

**1:02 a.m.-** Officer found a discharged fire extinguisher, first floor laundry room, South Hall.

**7:28 p.m.-** West Hall fire alarm, fourth floor, caused by cooking.

**8:34 p.m.-** Student in the South Wing fainted; student felt better and declined further assistance.

**Nov. 13: 12:41 a.m.-** South Hall student reported being harassed by another South Hall resident.

**12:50 a.m.-** South Hall resident reported two males driving a golf cart, which the caller believed to be stolen from the golf course. The males (later identified as South Hall residents), were observed driving up to Jefferson Hill and then fleeing. Fairfield Police and Public Safety Officers chased the males into the woods. At 1:39 a.m., two South Hall residents were arrested for larceny of the golf cart, which was stolen from the golf course.

**7:52 a.m.-** Public Safety Officer reported being injured while in pursuit of above students.

**1:34 p.m.-** Laptop computer parts reported being stolen from Academic Bldg.

**2:04 a.m.-** West Hall fire alarm, fourth floor; smoke detector activated.

**7:24 p.m.-** Received report of an activated intrusion alarm at the bookstore. Fairfield Police and Public Safety responded; no problem found.

**Nov. 14: 1:44 a.m.-** Officer reported several fire extinguishers were missing from South Hall kitchens and laundry rooms.

**2:47 a.m.-** Jefferson Hill resident reported people dressed in black with hoods running around the building; they were students being recruited by a fraternity.

**9:27 a.m.-** South Hall fire alarm caused by student hitting a detector.

**9:33 a.m.-** West Hall student reported being assaulted by his roommate; victim requested Fairfield Police be called to press charges. Upon the arrival of the police, the victim declined to press criminal charges.

**11:33 a.m.-** Minor motor vehicle accident reported in the Parkridge parking lot.

**12:41 p.m.-** West Hall fire alarm caused by cooking in kitchenette.

**11:57 p.m.-** South Hall resident reported receiving harassing phone calls.

**Nov. 15: 2:09 a.m.-** Jefferson Hill resident reported being harassed.

**2:30 a.m.-** Officer observed vandalism in the Academic Bldg.

**3:27 a.m.-** Officer observed an alcohol violation in West Hall.

**5:09 a.m.-** Officer observed vandalism in the Academic Bldg.

**Nov. 16: 2:19 a.m.-** Academic Bldg., North wing, fire alarm received; Fairfield Fire Dept. responded; no problem found.

**2:38 a.m.-** Taft apartment fire alarm pull station was activated; the alarm was not sounding. Bridgeport Fire Dept. responded to investigate.

**3:24 p.m.-** A light fixture outside the Pitt Center was accidentally broken by students playing sports.

**9:23 p.m.-** Resident student reported receiving harassing telephone calls.

Write for News!!!

Call Bruce or Wendi at 7966 or 7963

## Talk ain't cheap

By Wendi Plescia  
Co-News Editor

A programming problem has been blamed for the reason students' phone bills were not cut off after exceeding a \$100 limit. Some students expressed their concerns to Sacred Heart's telecommunications after receiving their bills.

"I couldn't believe that I owed \$440 for my phone bill. I was planning on my phone shutting off after \$100. If I knew that the system wasn't working, then I wouldn't have made so many phone calls," stated Tara Bowler, a first-year student from Agawam, Mass.

"We e-mailed the students a month and a half ago to inform them of the problem," stated Mary Gray, the telecommunications coordinator.

"Students should take note of who they are calling and use their own discretion."

Students were concerned that they wouldn't be allowed to register for the next semester because they couldn't afford to pay their phone bills.

"We are not taking the privileges away from them, like registration or receiving their grades at the end of the semester," said Gray.

"I am glad that telecommunications has given us the time to pay off our phone bill and is allowing us to register on time," stated Lisa Milin, a first-year student from Melville, N.Y.

The program is now up and running and they will be cutting the students phone bills off at the \$100 limit. If a student's bill is currently beyond the limit, the phones are cut off for calling long distance.

## Tragedy found in the woods



Photo by Brian Corasaniti

Last Thursday, Bridgeport resident Maclaw Wawiernia, 62, committed suicide by setting himself on fire in Veterans Memorial Park, located between SHU and Parkridge. Some Sacred Heart students stopped to see the aftermath of the upsetting scene.

## Panel: SOA molds terrorists

Continued from page 1

million on the SOA, which is a small portion of the overall military budget. But, the issue is why do taxpayers aid in the training of terrorists and dictators?"

Jim Stackpole, a part-time student from West Haven, feels that although the SOA has produced war criminals, it is a justifiable institution. "The purpose of the school is not to train these men to murder, but to teach them to defend their country," said Stackpole, who took part in the U.S. invasion of Grenada in 1983.

A bill proposed by Congress-

man Joseph Kennedy seeking the termination of the SOA has been denied twice.

"Now we have a majority voting to keep the SOA because they know little about the crimes involving its graduates," said Gannon.

McClure indicates that lack of media coverage may be partly to blame for the bill not being passed. "It's surprising that the media hasn't made much of an attempt to cover this issue," said McClure. "We as a country are gambling the security of the world with the SOA."

## Life: Making students aware

Continued from page 1

guishing our hate."

Along with their programming, L.I.F.E. has been giving out diversity ribbons. They have also been asking students to sign their names to their figures which will be hung up around the Dining Hall as a sign of the uniqueness among all of us.

"Diversity Week is a really good idea," said Dana Westing, a junior from Nashua, N.H. "It helps to open people's eyes to their surroundings."

According to Schimmel, the theme of tonight's diversity din-

ner is to inform people of the differences among us. L.I.F.E. will do this by posting statistics and information about our differences throughout the dining hall for students and staff to read and reflect on.

"The diversity dinner should be informative," said Michelle Papagni, a junior from Worcester, Mass. "It will be interesting to see what information they post and how people respond."

"If anyone is interested in joining L.I.F.E., meetings are held on Sundays at 8 p.m. Any additional information can be found in the Student Activities Office.

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## EDITORIALS

### Billing problems upset registration

This week, students have been registering for next semester's classes. Besides the fact that the variety of classes to choose from has dwindled as the Administration skimps on the budget, there is another problem—the stress-provoking trial of getting one's account cleared with Student Accounts and Financial Assistance before obtaining permission to register.

When is this University going to get its act together and make that process easier for parents and students? When will the departments that need to communicate, start communicating? With all of the technological advancements that have made billing processes easy and accurate in the business world, why this problem here?

We believe that when a student goes to get their card signed, they should not have to hear that their student loan check wasn't approved yet, or that a bill they know nothing about wasn't paid.

If it is necessary to get a bill paid before registration, then bills should be sent well in advance, and with accuracy. Often times, bills are incorrect. Sometimes they are vague. Sometimes they are never sent. Yet when students wait in line at Student Accounts, they are hit with high bills, and just days to come up with the money before registration. When will billing improve? We're still waiting...

### Shuttles cause circulation of complaints

Several complaints have been circulating around the SHU campus regarding the shuttle service.

The shuttle has three routes. All are supposed to run on a timely, regular schedule. "Supposed to" are the operative words.

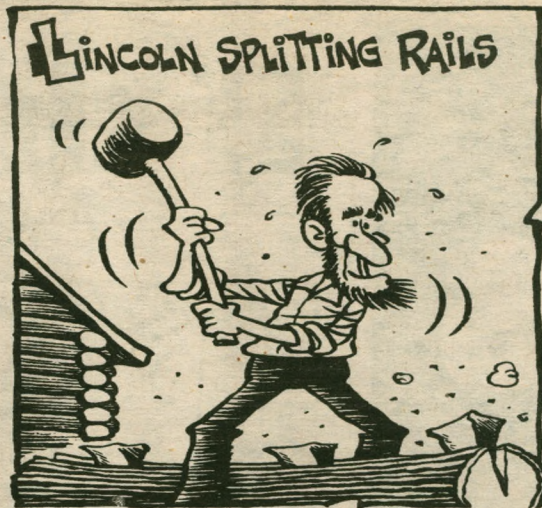
Between drivers calling in sick at the eleventh hour, mechanical problems and route changes, it is a miracle that the vans even leave the circle outside Public Safety.

Wheel alignment problems, breakdowns and other dysfunctions have plagued the vehicles.

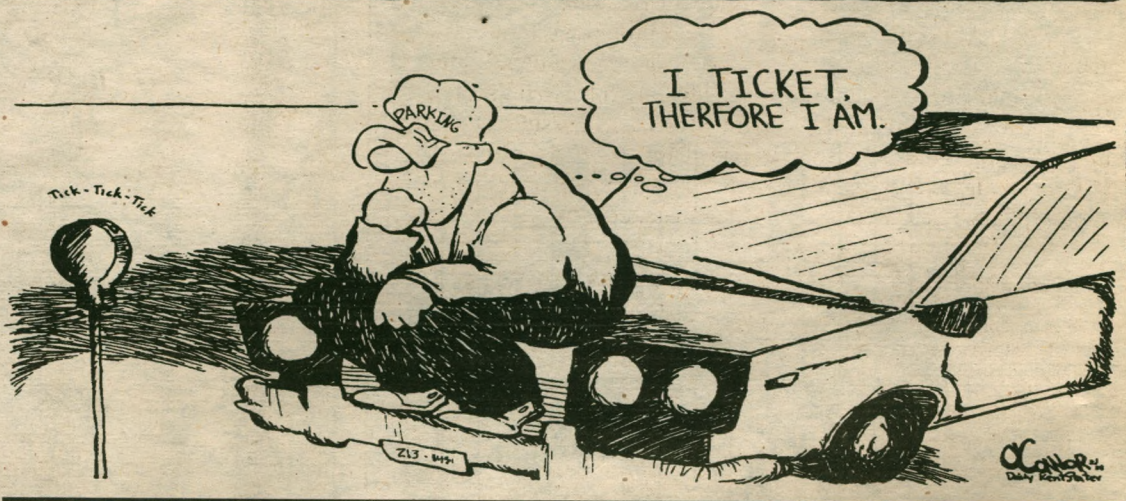
Some vans have doors that swing into the front passenger seat door. The doors also knock the side-view mirrors parallel to the vans. Some handles are falling off the doors.

Stop discrepancies have also been a problem. Passengers for Parkridge must travel the full loop as drivers travel five miles before finally making the stop at Parkridge, located less than a mile away from the school. If we wanted a trip to the moon we'd be riding the Space Shuttle and studying at Space Camp.

We believe changes and improvements need to be made for the safety and time management conscious students.



### Real Stories of Parking with Harry Nat



## The Writer of Seville

**MIKE DUTTON** is lost in Spain and nowhere to be found...  
 Look for his column in the next issue.  
 Surely, he still wants you to write to him!  
 Mike Dutton, Calle Porvenir, 15, 41013 Sevilla, SPAIN  
 E-mail: [dutton@sevillanonline.com](mailto:dutton@sevillanonline.com)

## Always remember to leave room in your schedule for toys

Fun is not a prominent word in a student's vocabulary, but it should be. Either our school work is too demanding or sometimes we get wrapped up in finishing our homework, even helping out one of our friends, can delay us from having a good time. For whatever the reason, we tend to lack quality playtime. Time is just not on our side.

As children we felt young and carefree. Childhood was a time when having little to worry about was breathtaking. So now we need to borrow from our childhood, break some of our



BY WAYNE KOSMINOFF

boring habits. For a start, I suggest opting for a few well chosen toys. Soon, when winter roles around, break out your skis or snowboard or take a Sunday drive in your car. Turn on the radio and blast the music of your favorite tune. If a car does not spark your interest, play a computer game, or watch a new movie you just bought with your friends.

I'm not advocating not finishing your homework and dropping out of school, but why waste a chance to experience a good time? Take a few hours out of a busy schedule and chill out. Let your hair down. Get away from your everyday lifestyle. Play with your favorite toys.

One of my favorite toys is my computer. Take my computer for example. I can punch in any numbers or letter I desire. Or if I want to go places I've never been before, I sit in a comfortable chair and launch myself in to cyberspace for hours.

One of my friend's toys here at school is his car stereo system. Upgrading it is a hobby, at this point it's more like an obsession. His philosophy is, "I want to have enough base to be able to move my car, without using any gas."

So what is the big deal about having toys? Do we really need them? Is there a psychology or

### PERSPECTIVE

philosophy behind them? Of course there is. People need toys. It's what keeps them young at heart. Toys give people the chance to express themselves. They can do things that they were never able to do as a child; play with really neat stuff.

A toy allows people to open up their minds and enjoy everything that is around them. Playing with them permits us to try new things. While you're doing that, pretend you're on an adven-

ture. They are the perfect escape from the reality of our everyday lives.

But like I said earlier, we are adults now. It's important and necessary for us to have fun; just like children. Since we have so much responsibility and so little time, what will it hurt to take a few minutes and have fun?

Take those ten or fifteen minutes out of a busy schedule that we never seem to have time for, and get a grip. Before you get ready to go head to class, or even after you fix those pesky items you broke in the dorm, use some toys and wisp away some of your anxieties.

If you pride yourself on being articulate or very creative play with a "Rubik's Cube" or whatever toys you may have buried in your closet beneath all your clothes. The important thing is, we can find time to play with toys. The question is, are you going to make the time?

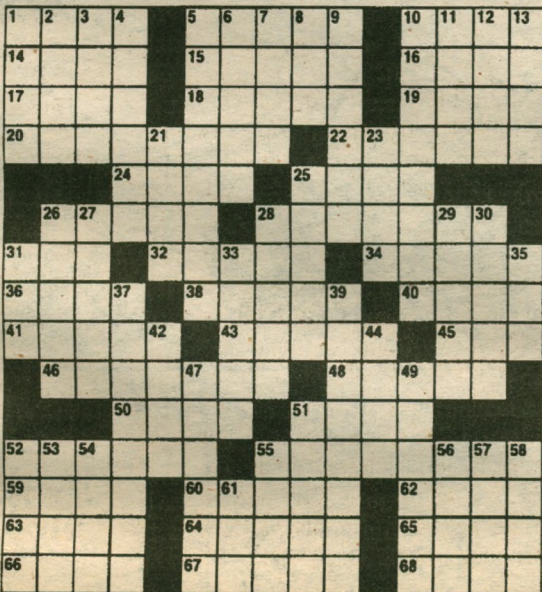
### EDITORIAL POLICY:

The editorial pages are an open forum. Letters to the editor are encouraged. All submissions are subject to editing for spelling, punctuation, grammar and clarity. The Spectrum does not assume copyright for any published material. All submissions are reviewed by the Editorial Board.

The Spectrum is a student-run newspaper of Sacred Heart University, published every Thursday during the academic year. All mail should be sent to Spectrum, Sacred Heart University 5151 Park Avenue, Fairfield, CT 06432-1000. The advertising deadline is 7 days prior to publication. Office phone numbers are (203) 371-7966 or 7963. Fax number is (203) 371-7828.

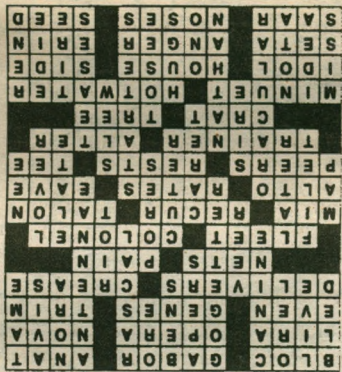
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  - Theatrical presentation
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  - Singing voice
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  - Atlas item
  - Insertion mark
  - Wedding announcement word
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**ANSWERS**



# If the SHU Fits

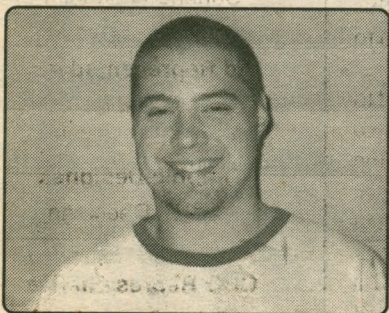
by Jeremy Staub



# The SHU Voices

Compiled by Kerrie Darress

*What does Thanksgiving mean to you?*



**Joe Hague**  
sophomore  
Oakland, ME  
"Thanksgiving means a break from SHU for a little R&R."



**Trishia Boone**  
first-year student  
Bradford, ME  
"Spending time with my family."



**Chris Laflamme**  
junior  
Putnam, CT  
"Food, family and fun."



**Nicole Haggerty**  
sophomore  
Corum, N.Y.  
"Time for a vacation."

# Letters to the editor

## SHU COMMUNITY NEEDS TO ACKNOWLEDGE AND FIGHT OUR ALCOHOL PROBLEM

### To the Editor:

Last week, SHU students participated in an "Alcohol Awareness Week." The alcohol problem at SHU is nearly out of control and is the greatest challenge currently facing our students.

A bit extreme? If we honestly consider our lives and those of our friends, the answer is no. One of the most painful experiences is to know and care about a friend whose social life revolves primarily around alcohol.

The beliefs that alcohol is the first prerequisite to having fun, and that the success or failure of

SHU events can be determined by the number of participants, are tragic.

Many claim SHU activities are not successful. Why is a film screening, book discussion, game of bingo, or play—each of which may only draw thirty students or less—considered unsuccessful, when a concert may draw 500 students, the majority of whom are intoxicated?

Isn't the fact that our residence halls have been the sites of an increasing number of alcohol-related emergency medical incidents, and that excess alcohol con-

sumption on and off campus has reached an all-time high evidence of a serious problem? Perhaps we're concerned that if we openly and honestly attack our problems, we'll "scare away" prospective students. It is only by being true to our Catholic heritage and mission statement, however, that SHU can capitalize on its great potential and raise itself and its students to their highest level.

Acknowledging the seriousness of our community's alcohol problem and actively working to address it should be our first step in continuing our successful de-

velopment as a truly Catholic university. How long do we really believe our school can continue along the path we are traveling before a tragic accident occurs?

While some faculty, staff and administrators may be well aware of how serious our alcohol problem has become, and speak in favor of making decisions in accordance with those of a Catholic university, unless students join them in their campaigns, their messages will continue to fall of deaf ears.

**David Collum**  
sophomore

## VICTIM OF ART VANDALISM SPEAKS OUT

### To the Editor:

Here are some questions for the person or persons who vandalized my sculpture on campus:

Did you think about how the sculpture was made or how long it took to make it?

Did you dislike the way it looked?

Did you wonder why anyone would spend time doing that?

Do you know that Eidolon means an image of an ideal?

How would you make an image of an ideal?

Do you think it was art?

Do you care about art?

Do you know anything about art?

Would you be happier if there was no art?

Did it matter what it was that you were damaging?

Was it just that my sculpture was convenient?

Were you thinking about what you were doing?

Are you thinking about what kind of person you are?

Are you proud of what you did?

Are you sorry?

Does it matter at all?

**Niki Ketchman**

## STUDENT JOINS THE 'RARE BREED' OF NON-DRINKERS, AND STILL HAS FUN

### To the editor,

Although Alcohol Awareness Week is now over, it is important that we remember that alcohol can kill. For those who witnessed the mock accident on Monday, don't forget it! As a lieutenant and emergency medical technician in the Georgetown Connecticut Volunteer Fire Department, I can tell you that I have seen and treated my share of serious accidents, some fatal, many as a result of alcohol.

In only four years of being in the fire dept., my outlook on drinking, and drinking and driving has become very serious. As

a result I have decided to pursue a life of refraining completely from alcohol. This has been difficult, but rewarding. I don't drink at all.

Of course my social life is difficult because it is difficult for me to fit in, but there are others like me. We non-drinkers are a rare breed, but I am proud of the lifestyle I have chosen.

I have found that it is far more beneficial to refrain than to drink. I can go out, have a good time, and meet people without drinking. I can be myself!

**Ryan Alcott**  
senior

## FORMER EDITOR ADDRESSES THE YEARLY BATTLE BETWEEN SPECTRUM AND CCO

### To the Editor,

As someone who has worked on the Spectrum and has some understanding of the functions of Student Government, I have some concerns I would like to address regarding the article "Student Government meeting discusses a range of topics for students."

I do agree with Matt Fortney's suggestion of forming a Communication Advisory Board (CAB) for the Spectrum, the Prologue and WHRT.

However, I worry about the purpose it will serve, especially after Mr. Fortney suggests that it will "keep a tighter reign on the Spectrum."

I know quite well of the long standing problems the Spectrum has had with the Council of Clubs and Organizations (CCO). In order to receive funding from Student Government, each club and organization must send a representative to attend CCO

meetings. If a club or organization fails to do so, it will receive a warning.

If a club or organization still does not comply with this rule, Student Government considers it as inactive and ineligible for funding.

The reason for this unsolved problem I think has to do with the fact that the Spectrum's purpose does not fit with what a general University club or organization is.

Often, a club or organization is formed because it provides a common interest to encourage students who share this interest to come together. Perhaps the Spectrum fell into this category years ago, but today it does not.

The newspaper does encourage students to join its staff, as any club would, and become writers, photographers, and ad representatives. These newcomers may later become editors.

However, the Spectrum has transformed into a student-run organization whose main purpose is to produce a newspaper every Thursday.

Students who hold editorial positions are taking independent studies with Public Relations employees or journalists who are adjuncts at the University.

Not only does the Spectrum editorial board do these jobs because they are interested in it, but because they are considering a career in journalism. This is the way for them to get experience and to decide whether or not they want to go into journalism after graduation.

This letter is not to criticize the Spectrum's belonging Student Government. Unless you have worked on a student newspaper, you would not realize the weekly responsibilities a staff member carries out.

If you have to write a story every week, assign people to

write stories and have the articles handed in *on time*, proofread them, request/find photographs, and place all of these on a computer layout program a day before the paper has to be at the printer, would you really have time to go to an outside meeting? That is why the Spectrum's CCO representatives are students who are not on the paper or are members who hold positions that have few responsibilities.

The CAB would suit the Spectrum, the Prologue and WHRT more because all three serve the University as a media form. CAB should be established, but its policy should be carefully thought out, since these three clubs have their own purpose. Is CAB really to promote communications or to see actually what an organization does with its time and money?

**Michele Herrmann**  
Class of 1997

## STUDENT RESPONDS TO NOV. 6 LETTER ON EDUCATING SPORTS TEAMS ABOUT HAZING

### To the Editor:

I'm writing in response to the letter to the editor titled "Education on the Dangers of Hazing Needs to be Carried Over to Sports Teams." As I read this, all I could do was get upset. Initiation is a tradition to welcome and have some fun with new players. Yes, it may be a pain if you're the one being initiated, but in the end, you have a good time.

I don't understand why the things sports teams do for initiation are wrong, yet things done for Greek Life initiation are fine.

The article had plenty to say about sports teams "getting away" with making members do various things and "everyone laughs it off." What it fails to mention is that the things sports teams do are very similar to what Greek Life does. Sports teams make members carry equipment while Greek Life makes members carry notebooks or lunch boxes. Sports teams make their members wear items such as bibs, while Greek Life makes their members wear items such as crowns or hip-packs. Sports teams have initia-

tion at 3 a.m., while Greek Life takes their members away for a whole weekend of initiation.

Also, believe it or not, sports team members have a choice of whether or not they are going to participate. The letter talked about how a "certain sports team" was knocking on a resident's door while the person was on the other side telling them to leave, but that's only part of the story.

The sports team knocked until they got a response. All the teammate needed to do was tell them that they weren't going. The

way the person chose to do this was by yelling and telling them to go away.

When the sports team tried to talk and convince the person to come along with the rest of the team, that's when they were thrown off the floor. Sports team members have a choice. If they don't participate, they are still a part of the team. If pledgers don't do what they are told, can they still be a part of Greek Life?

**Diane Lieber**  
sophomore

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& Publisher**  
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# FEATURES

## Standing tall takes more than just height

By Carmela Chisholm  
Co-Features Editor

As she walks down the hallway, it's easy to notice the stares and double takes of those walking around her. But it's not because she dresses funny or because her hair is some strange color, it's because she's only four feet tall.

Elaina Papachristos is a normal sophomore social work major, who enjoys most of the other things that a typical college student does. The only thing that is different about her is the fact that she has a disorder known as achondroplasia. This is a genetic disorder that is caused by two recessive genes. It affects the growth of cartilage and the formation of endochondral bones, which results in dwarfism.

However, despite her disorder, Elaina never lets any obstacle get in her way. She has even exceeded her doctor's predictions.

"I reached my goal for height," she commented with a laugh, "They said I was only going to be three-six!"

So to what does she credit her endurance and strength?

Her parents brought her up with a sense of humor to help her deal with it. They taught her that everyone is different and that nothing can stop her from achieving her goals.

Coming to college is not an easy experience for most people. It's a time of freedom and diffi-

cult transition. But when there are other circumstances that complicate that transition, it becomes even more difficult.

"I came to Sacred Heart mainly because I liked the campus. I also wanted to come here because it was a challenge," she continued. "All my friends in high school were people who I grew up with and who accepted me. Now I had to meet all new people. And I have met a lot of great people. My roommates especially, made me feel very comfortable."

"The friends that I have here now were very uncomfortable at first, as most people are. They're afraid to say the wrong thing or make a joke that offends me. But after a week they realized that nothing they said offended me. Now every other sentence is a joke. Sometimes my friends even play practical jokes on me. They'll take things that I use all the time and put them up out of my reach."

Many people may wonder about the difficulties of achondroplasia and how a person can deal with such a challenging situation. Elaina copes by not only being very open about her condition, but by taking things with a sense of humor and a grain of salt.

"I guess I have a lot of advantages with this. When I was younger it was always easier for me to play hide and seek and to find better hiding places. I'm one of the only people that can lie on the couch and be comfortable and I never



Photo By Carmela Chisholm

Sophomore Elaina Papachristos poses for a picture in the quad

have to worry about taking a bath and having my legs sticking out."

"People stare of course, but I just blow it off. A lot of the time, my friends get offended by the staring and they want to start something. I don't let it bother me, the people who are really rude are just being ignorant."

While Elaina is very optimistic about most things, there are still some things that make life difficult. Mainly it seems to be the stereotypical attitudes of other people.

"People think that you can't do something, without giving you a chance. They stereotype you and assume that, you're too short to do that. But because I have this, when I am successful at doing something, I get a lot more credit than someone else would."

"The only thing I really don't like is when people feel sorry for me. I know a lot of people that have achondroplasia and have a great deal of medical problems along with it. You've got to be thankful for what you have."

With all the prejudice and diversity in the world, Elaina believes it is a great challenge for people to accept others as they are.

What is it that Elaina feels is important for people to know about being unique?

"Never assume that someone cannot do something or that they're not normal, just because of the way they look."

## Vacation's almost here

By Wayne Kosminoff  
Co-Features Editor

Perhaps over the last three months, 80 days, 1,920 hours or 115,200 minutes of studying, students are ripping out large strands of hair trying to contain their emotional stress level. Do students desperately need a vacation?

Often we find ourselves burying our heads in books, cramming for a few extra hours, just to receive a better grade. When do we get a break? Is there such a thing as "relaxing" in a college atmosphere?

But fear not. Thanksgiving break is on its way.

"Between working and going to school full time, there is a lot of pressure," said Andrea Maguire, a senior psychology/education major from Stamford. "The break will definitely allow me delicate time to myself, so I don't get lost in school or work."

Layla Showah, a senior sociology major from Trumbull,

states, "Yes, I definitely need a break! As a senior, the work load gets so heavy. I may still be doing work over the break, but the work load won't be as heavy."

"We need a break," said Luis Valdivia, a first-year computer science major from Manhattan, N.Y. "This is so we can recuperate and relax so we don't crack."

Just because students are freaking out and losing their minds, doesn't mean the SHU staff isn't entitled to the same.

"I'm going home to Pennsylvania to hang out with my family," said Katrina Coakley, assistant director of Residential Life and Housing Services. "Basically, I just want to chill-out and relax."

Showah believes that when people do things for a long period of time they become repetitive and they no longer have meaning. "You can perform better when you can get away from it all. It's a way of revamping our-

**"I'm going home to Pennsylvania to hang out with my family."**

## What's the meaning of 'Advent'

By David N. Collum  
Contributing Writer

What does advent mean to you? For many Christians, advent may simply represent the title used by the Church as the reference to the four weeks prior to Christmas.

According to most churches, Advent is one of the most important seasons of the Church's calendar. It is a period of great richness and significance in each of our lives — especially as students at SHU.

"The role of Advent in a Parish church is to spend time preparing for the celebration of Christ's incarnate birth in community," said Fr. Thomas Michael McLernon, SHU campus minister.

While this is no small task, Fr. Michael explains that "for SHU, however, this task is much greater due to the dispersion that occurs within our community." Because we are present at SHU for three weeks of Advent, we are presented with a unique challenge.

"Our task as a Catholic uni-

versity is to prepare the members of our community. We want them to return home and bring something with them in order for them to contribute of their own celebration in conjunction with their families and home parish. This requires more preparation than normal," said McLernon.

Our real task at SHU, then, is to in effect prepare and send out our students. This year's catechistic and liturgical focus for the community during advent is to draw from Micah 6:8:

***This is what God asks of you,  
only this...  
To act justly  
To love tenderly, and  
To walk humbly with your  
God.***

While at first, this appears quite simple. Fr. Michael points out the fact that we have to ask ourselves, "What does this passage mean? What does God want?"

"Tender love in the sense of this passage is not the same as romantic love or other worldly love, but it refers to the way God loves Israel and, in English is

probably best described as our willingness to be vulnerable," explains Fr. Michael. Sometimes our interpretation of scripture becomes affected by the unavoidable imperfection of translation.

"In English, 'love tenderly' doesn't have the same impact. For example, the Latin American Biblical interpretation in Spanish does — which translates best into English as so that you may know how to love," notes McLernon.

"Humble is probably one of the most misused words in the English language, particularly when speaking within a religious context," said Fr. Michael.

Of course, knowing who we are is the greatest challenges each of us faces throughout our lifetime.

One example of how Jesus Christ and the Church walks with us and guides us throughout our pilgrimages. "To know who we are, being that we are all mixtures of both sin and grace — is a very dynamic challenge," acknowledges Fr. Michael.



# Lookout SHU, here comes the flu season

By J. Maxwell Cook  
Contributing writer

Everyone has heard of the flu and almost everyone has experienced the miserable consequences of catching it. There is no way to stop the flu virus from invading our schools, offices, and homes. However, there are many things you can do to alleviate the symptoms and to avoid infection completely.

The infectious virus usually arrives about the same time that people begin hoarding together inside away from the cold. Although the season changes slightly every year, its peak time usually runs from the end of October until the end of January.

According to Fairfield physician David F. Garrel, M.D., when trying to avoid the flu "there is really no great answer unless you want to be a hermit." Garrel says it is very difficult to avoid the flu because we are confined, where the virus can propagate rapidly. The most effective way to avoid the flu is by staying away from people who have it.

Unfortunately, it is impossible for many of us to elude the virus. The flu spreads through mainstream society, disabling employees and students. One way to stay healthy around people who are contagious is by getting a vaccine. The influenza vaccination shots are readily available and can keep your body immune to the virus for a season. Garrel suggests that you should get the flu vaccine if you are over sixty five or if you have chronic conditions such as asthma, diabetes, heart disease, or other life threatening illnesses.

Heidi Kuhn, the staff herbalist at Sweet Water in Fairfield, recommends taking supplements

to avoid the flu. Kuhn says the best herb you can take to avoid getting colds and the flu is called "Astragalus."

Astragalus is a Chinese herb from the pea family. The root of the Astragalus acts as a deep immune tonic herb which if taken over a period of time builds up the immune system. Kuhn recommends taking the herb a month before the weather starts becoming cold and the virus begins taking form. Astragalus should be used for a period between three and nine months.

The flu is caused by a virus called influenza type A. The virus spreads from person to person by direct contact or by air borne germs. Once infected, it takes approximately forty-eight hours before the virus replicates enough to cause an immune response.

**"By taking these medicines, you are driving the virus deeper into your body's system," says Kuhn, and therefore, you will have the virus for a longer period of time."**

The symptoms come on rapidly and are characterized by a high fever, chills, and full body aches. Soon after, the virus affects the throat, lungs, and the mucous membranes. A cough sometimes accompanies the symptoms and can become severe.

If you are unable to avoid

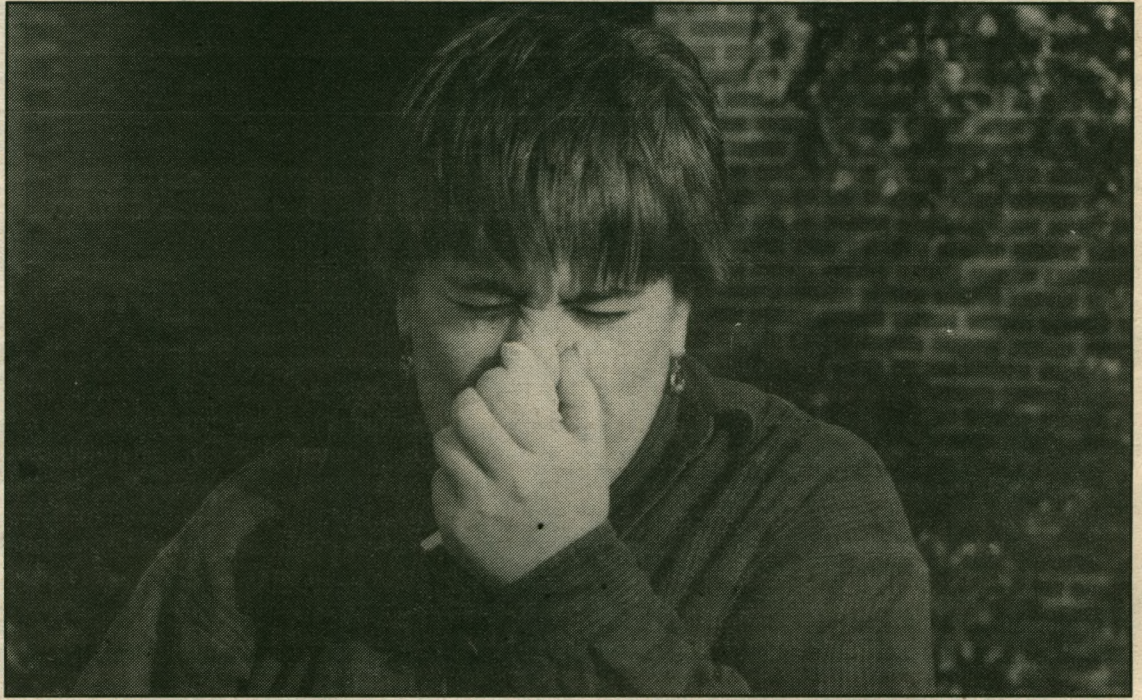


Photo by Wayne Kosminoff

**Achoooooo! It seems that here at SHU, it's the season to be sneezin'. Here, junior Amanda Limbert suffers through a powerful flu.**

the flu this season, there are medications that can be effective if taken within twenty-four to forty-eight hours of infection. One drug is called ramanpitine, an anti-viral medicine that can make the flu symptoms more tolerable. Garrel says, "ramanpitine can calm the effects and shorten the duration of the illness, but it will not cure it."

Kuhn suggests another herb called "Echinacea" to those who have been exposed to the virus and want relief from its symptoms. According to Kuhn, Echinacea initiates immune response and increases the production of white blood cells in the body.

According to Kuhn, Echinacea should be taken at the first signs of infection and taken in large dosages. Kuhn also recommends consuming the herb in the liquid extract form and taking up to thirty

drops a day. If the Echinacea does not completely ward off the flu, Kuhn says that it will decrease the duration and severity of the symptoms.

A local pharmacist recommends various over-the-counter medicines to help flu victims to relieve their symptoms. For aches and pains, Tylenol or Advil are popular choices. The nasal congestion can be reduced with Sudafed or Afrin, and a cough can be reduced with Robitussin DM.

While millions of people use these over-the-counter remedies, Kuhn believes that the drugs are actually repressing the body's natural defenses against the virus. Kuhn explains that when your body is reacting to an infection it will naturally ache and a fever will naturally come on.

Kuhn believes that medicines sold in drugstores for the flu repress the body's natural

way of fighting the virus.

"By taking these medicines, you are driving the virus deeper into your body's system," says Kuhn, and therefore, you will have the virus for a longer period of time."

In the very old, very young, or individuals with lung disease, the flu can be fatal. On average, 20,000 people die every year from the virus. If infected, frequent hand washing and staying away from others can reduce the spread of the virus.

While it is not easy to go through winter without getting the flu, it is possible. If herbs or medicines don't do the trick, there's always chicken soup. Although it hasn't been proven in labs, the salt reduces swelling in the throat, the warmth increases circulation, and the broth can nourish and hydrate you back to health.

For more information about the flu contact the Health Center.

## Are credit cards financially always the answer?

By Patricia Clarke  
Contributing Writer

One student's relationship with credit cards began with a Stern's department store customer card. A couple of years and seven credit cards later, she is now wary of the appeal of credit cards.

"For me, credit cards are a negative thing. Many students fail to realize the responsibility that comes with a credit card," said Danielle Brown, a junior from Long Island.

"There are monthly payments to be paid and interest rates. I've stopped charging so that I can finish paying all my bills," said Brown.

Recruitment by credit card representatives offering freebies like T-shirts and phone cards as sign-up incentives, are a commonplace sight for Sacred Heart University students.

Aggressive marketing, according to an article by Halimah Abdullah in the *New York Times*, has increasingly encouraged students to subsidize their college life with credit cards.

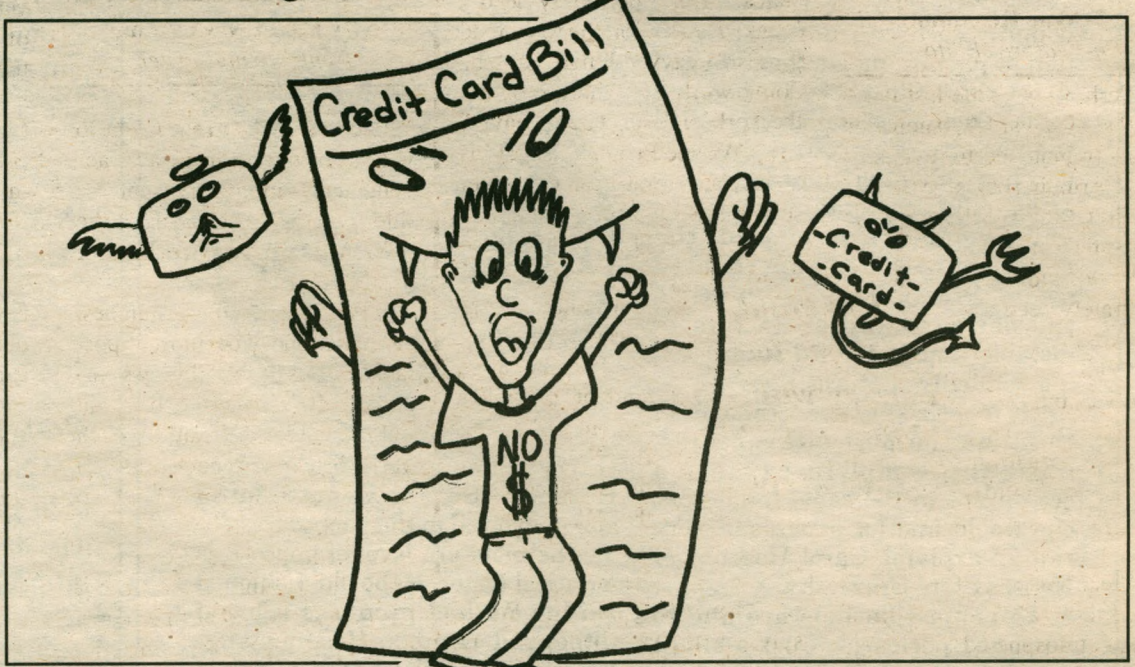
"Credit cards can be both positive and negative," said Mitch Elgarico, a junior from Stamford. "Positive, because it offers an opportunity to establish credit history. Negative, because students can carelessly abuse the privilege."

The *Times* article points out that freshmen and students strapped for cash are particularly at risk for credit card marketing.

Debbie Conrad, manager of community education at the Michigan division of Credit Counseling Service, a non-profit organization that advises people with debt problems, is quoted by Abdulah as saying, "We're running into students who feel they had neither the income nor the maturity to handle a credit card."

"For me, credit cards are a positive thing. I have four credit cards, however, I am unique because my mother helps to pay the bills," said Shaena Doherty, a resident assistant in South Hall. "I also try to charge very little."

Although, "if students know their limits and manage



Artwork by Cami Chisholm

their money accordingly, credit cards can be helpful," said Doherty.

According to the *Times* article, a growing number of young people are graduating with large debts and ruined credit ratings because of credit cards.

Robert McKinley of RAM Research Group, a credit card

industry research company in Frederick, Md., observes in the *Times* article that many students struggle under a burden of missed payments, high interest rates and default accounts.

According to McKinley, students learn too late that using credit card like cash, rather than treating them as high-interest loans, poses problems.

"College students shouldn't have the illusion they will make tons of money on graduation and solve credit card debt," said Cathy Raynis, director of Residential Life and Housing Services. "Credit and finance charges accumulate debt before graduation."

"Above all, students should try not to live beyond their means," said Raynis.

*Are you looking for some extra cash? We're looking for an early riser to deliver our papers on Thursday mornings. Night owls need not apply. For more information call 371-7963.*

## PHYSICS IN OUR LIVES

FACTS FROM THE AMERICAN INSTITUTE OF PHYSICS

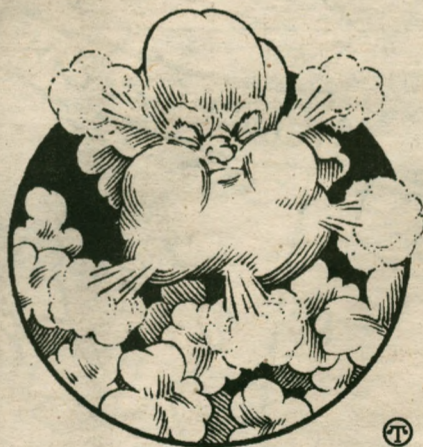
### Physics Of Popcorn

(NAPS)—The cheerful sound of popping corn is a national tradition at parties, movie theaters and snack time. Corn used for popping comes from a special strain called the pericarp. The corn is stronger and has a more airtight outer covering. All corn contains moisture and as popcorn is heated, the moisture becomes superheated steam. Pressure builds up inside the pericarp and at an unpredictable time this hard outer coating suddenly ruptures.

"It takes a very short time, from the time the pericarp ruptures, until the complete expansion occurs. It's in the same range that one would find for explosions, very rapid," explains Carol Hosenev of Kansas State University.

Unpopped kernels are due to damaged pericarps. Just a slight scratch or other imperfection allows the heated moisture to gradually escape, rather than build up. Another reason for unpopped corn is too little moisture in the kernels. Excessive moisture results in tough, rather than crunchy, popcorn. The white ball of well-popped corn is made up of mostly protein and starch granules.

"Starch itself is rather dense and after the popping, we get maybe a



thirty times expansion," states Hosenev. "So, you've got a lot of space involved in the popped corn."

The moisture level of popcorn is a critical factor. If the old-fashioned skillet method produces a lot of unpopped kernels, Hosenev suggests putting the batch inside a refrigerator for a few days so moisture levels can rise. Microwave popcorn is in sealed bags which usually avert moisture loss.

Here's a tip for skillet poppers: superheated steam inside a kernel can gradually escape from microscopic holes. So when popping corn on the stove top, do it as quickly as possible to maintain that explosive pressure which results in fluffy white popcorn.

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## CAMPUS HAPPENINGS

### Accounting Club News

The Accounting Club will hold its Fall Academic Year Party and last meeting on Dec. 3 at 2 p.m. All are welcome. For more info, contact Andrea at 365-0929.

### Career Development

Attend a prep for success interview workshop, on any of the following dates:

Nov. 20 at 10 a.m.  
Nov. 24 at 11 a.m.  
Dec. 3 at 1 p.m.  
Dec. 4 at 5 p.m.

The following are dates for the resume writing workshops:

Nov. 24 at 3 p.m.  
Dec. 2 at 3 p.m.

### Irish Coffeehouse

Tonight at 8 p.m. in the Faculty lounge, the Irish coffeehouse will take place. The coffeehouse will feature the band Highland Rover, Irish coffee, and other Irish foods.

### Diversity Dinner

Tonight from 5 to 7 p.m. in the cafeteria, a dinner will be held for Diversity Week.

### Dance-a-thon

On Nov. 21 in the outpost from 9 p.m. to 1 a.m., a dance-a-thon sponsored by the Ballroom Dance Club will take place. The dance-a-thon will also include a bake sale. For additional information contact Irene McDonald at 381-0756

### Overseas Press Club Scholarship

The OPC is offering scholarships for any graduate and undergraduate full-time students who aspire to careers as foreign correspondents. Seven scholarships of \$1,000 each will be awarded. Applicants should submit a 500 word essay describing international issues. For more information or entry form, call (212) 983-4655. Entries must be received by Dec. 18.

-Compiled by Wayne Kosminoff and Carmela Chisholm

## Off-campus residents find alternates to Flik food

By Frank Todaro  
Contributing Writer

How do residents of apartment-style housing eat? Students living in South and West Halls have a cafeteria across the road. Those without such easy access to Flik sometimes find other means of feeding themselves.

The inhabitants of off-campus housing, as well as Jefferson Hill, are more independent in their eating habits.

"I cook all the time," said Vanessa Filonow, a senior media studies major from Cumberland, R.I. Filonow lives in an Avalon Gates apartment. "A ton of pasta and frozen pizza. That's basically what everyone in my apartment lives on," said Filonow.

"I cook...if you consider Ramen noodles and macaroni and cheese cooking," said Beth Gaffney, a sophomore psychology major from Long Island. Beth lives at Jefferson Hill.

The most popular foods among apartment dwellers are usually the easiest to prepare. These are usually foods with little,

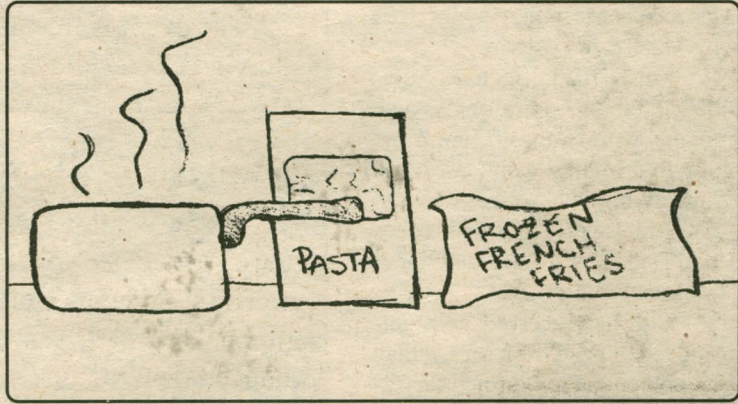


Illustration by Stephanie Smith

if any, nutritious value.

"We don't eat healthy," said Filonow. "Whatever is easiest to cook."

The less preparation, the better, said Gaffney. "I usually cook whatever is easy to heat up, such as canned stew, soup and pasta."

"We live on macaroni and cheese, and pasta," said Melinda Gulyas, a sophomore pre-occupational therapy major from Monroe.

Students also order food to be delivered.

What they order is usually pizza, which is not the healthiest of foods. Chinese food is healthy,

depending on what is ordered.

"I eat at Flik," said William Diaz, a junior computer science major from Queens, N.Y. "I rarely cook but when I do, I use the microwave I brought from home."

Some students claim that the reason for cooking in their apartments rather than eating at the cafeteria or Marketplace is monetary. It is cheaper in many cases to cook at home.

"I cook because the Marketplace is outrageously expensive," said Kevin Horgan, a senior psychology major from Brooklyn, N.Y. "I eat anything I can afford, mostly cheeseburgers and sloppy

joes."

More students eat at home because it is easier than going back to the academic building.

"Dinner is usually in the house, but lunch is usually at Flik. There is no breakfast," said Kate Mackesey, a junior psychology major from Long Island. "Dinner for me consists of chicken patties and fries, or pasta."

"I recommend Tyson Southern Fried Chicken Strips because they're real chicken," said Mackesey. "They go great with Ore-Ida Zesty Twirls (french fries)."

"I've cooked macaroni and cheese at my friend John's apartment once," said Phil Tartaglia, a resident assistant in West Hall. "I have prepared a ten-course meal in the kitchen for my entire floor."

Not all students cook only quick convenient foods. Some actually take time to cook well-rounded, healthy, multi-course meals.

"From time to time in my apartment, there is one roommate who actually cooks," said Filonow.

"My boyfriend always cooks for me," said Akiko Suemoto, a sophomore computer science major from Okayama, Japan. "We try to eat healthy when possible."

"My roommate Joe cooks all the time and doesn't make me any," said John Morris, a junior psychology major from Long Island. "What a selfish fool."

"After the short amount of time it takes to prepare your own meals, you are much more satisfied than any trip to Flik," said Joe Morrone, a junior from Wallingford. "Home cooking is much more healthy as well."

A danger involved in cooking at home, and also having food in your apartment is apartment-mates.

When you come home after a long day of classes, and go to find a certain item for food you have been thinking about, it may not exist anymore.

"One time I had this beautiful apple pie," said Jeremy Staub, a junior art major from Mechanicsburg, Penn.

"My roommates Rob and Seth ripped it in two and devoured it."

## Barbie doll is the number one children's toy

By Stephanie Smith  
A&E Editor

The holiday season will soon be here and children everywhere have one thing in mind: Toys.

Last year's Tickle Me Elmo has faded away. Star Wars toys have always been classics.

But there is one phenomenon that has been sweeping the world for nearly 40 years.

Since 1959, girls have been playing with them and boys have been hiding them in order to terrorize their sisters.

Mattel's Barbie dolls have survived the ages and become one of the number one selling toys worldwide. The count is near one billion.

This year, Barbie gets a face-lift. "She looks more youthful and contemporary," said Lisa McKendall, Mattel's director of

marketing communication, in a *New York Times* article.

The new Barbie has a more refined nose and softer, straighter hair. Barbie will also have a smaller bust-line, a thicker waist and smaller hips.

"She hasn't been updated for a while and I know the Barbie franchise is critical to Mattel, so keeping it vital is important, said Chris Byrne, an analyst with Playthings Market Watch, in the *Times* article.

According to a survey conducted by the Toy Manufacturers of America, Barbie and her related accessories are at the top of children's wish lists this year.

Sales reports from September show Holiday Barbie as the number-one-selling toy.

The Barbie Sun Jammer 4x4, a child-sized play car, was fifth on the list and Dentist Barbie was sixth.

Barbie with Goldie the dog was eleventh on the list.

Criticism from feminists and child advocates surrounds Barbie. Critics argue that her body shape is unrealistic and encourages the wrong ideals for girls.

"Is Barbie going to have a negative impact on people's images? I suppose so," said Kelly Brownell, a psychology professor at Yale. "But is it better in the new form? Probably."

Another expert argues that Barbie does not have a great affect on self-image.

"The fact is, the way a five-year-old plays with a doll like that is as a vehicle for imaginative play," said Dr. Robert Schacter, a New York psychiatrist who has studied toys and children's play.

"They create all kinds of scenarios that really don't have anything to do with her looks."



This holiday season Sesame Street toys are popular but Barbie doll tops kids' lists.

## Movie in the Schine this weekend

By Tara S. Deenihan  
Asst. A&E Editor

"Air Force One," starring Harrison Ford and Gary Oldman, will be appearing this weekend in the Schine Auditorium.

"One" is an action flick with a brain about the hijacking of the presidential jet by Russian terrorists.

Ford plays the President, who after taking a strong stance against terrorism at a Russian summit, finds himself forced to decide whether to enact his own policy at the risk of his safety and that of his family.

The Vice President, played by Glenn Close, also faces a dilemma: she is asked to declare the President incapable of serv-

ing and take over in his stead.

Gary Oldman plays the leader of the terrorist group, who are admitted on the plane, believed to be a Russian press team.

With great acting jobs by the entire cast and an original plot for an action film, "Air Force One" delivers suspense and thrills.

Ford is as much fun to watch as ever as he schemes and fights

to save his nation and his family, and Oldman plays off him well, seeming at first the picture of evil, and later a tortured soul.

The stunts and special effects expected of any action film also contribute to the powerful punch.

Fight scenes on the edge of an open airplane ramp and high flying chases make the movie fun

for viewers.

"Air Force One" will be showing in the Schine Auditorium on Saturday at 5 p.m. and 7 p.m., Sunday at 2 p.m. and 4 p.m., and Monday at 9 p.m.

The event is sponsored by the Students Events Team. Admission is free.

# MacLean captures 'silence'

## The Canadian singer/songwriter enchants

By Tara S. Deenihan  
Asst. A&E Editor

Canadian singer/songwriter Tara MacLean is just beginning to appear on the American music scene with her debut album "Silence."

MacLean's musical and lyrical style is reminiscent of other

female singers like Sarah McLachlan and Paula Cole.

"Silence" is an eleven track chronicle of emotion best appreciated by listeners in despair. MacLean's songs are mostly slow and sad, and at first glance appear whiny and repetitive. Her sorrow grows on you, though.

Despite her seemingly infinite melancholy, MacLean pos-

sesses an engaging musical ability. Her music and lyrics together create a mood within the listener of solitude and contemplation.

The title track is led in by jaded electric guitar, contrasted by MacLean's soft voice.

Other tracks include "Evidence," about finding one's voice in the world, and "More," the album's highest point — it's a high-flying love song.

MacLean cites influences like Dead Can Dance and Sarah McLachlan.

She has received help getting recognized from McLachlan and other already influential Canadian artists.

She currently records under Nettwerk, McLachlan's record label, and appeared for selected dates at last summer's Lilith Fair. McLachlan's husband, Ash Sood, plays drums on "Silence" as well.

"Silence," by Tara MacLean is currently available at local stores.



Tara MacLean



## A & E BRIEFS

### Deans speak on higher education

On Nov. 25 at 4 p.m., the Women's Studies Program and SHU is sponsoring "Women in Academia," a professional development seminar.

Two of the University's new deans, Patricia W. Walker, Ed.D. and Claire J. Paolini, Ph.D., will discuss their journey through higher education using the book "Composing a Life" by Mary Catherine Bateson.

The event is free, but reservations are required. Call Nina Clark, Ph.D., director of women's studies at 365-7528 for information.

### "Printer's" on display in Gallery

A new exhibit opens at The Gallery of Contemporary Art on Dec. 7. "Printer's Choice," an exhibit curated by Francine Halvorsen, focuses on the collaboration between artists and twelve master printers who produced their visions.

The public is invited to the opening reception on Dec. 7 from 1 to 4 p.m. The event is free and refreshments will be served.

The exhibit runs through Jan. 22. Gallery hours are Sunday from noon to 4 p.m. and Monday through Thursday from noon to 7:30 p.m. The Gallery is closed Fridays and Saturdays; Dec. 19 through Jan. 4; and Martin Luther King Day, Jan. 19.

### The holiday season approaches

Tomorrow is the last day the Art Club will be selling holiday ornaments. The sale takes place outside the Faculty Lounge. Proceeds benefit the Art Club.

### Check out the fun

The Media Club meets Tuesday nights at 9:30 in the Mahogany Room. Being a media major is not necessary to join.

### Toad's Place is hopping

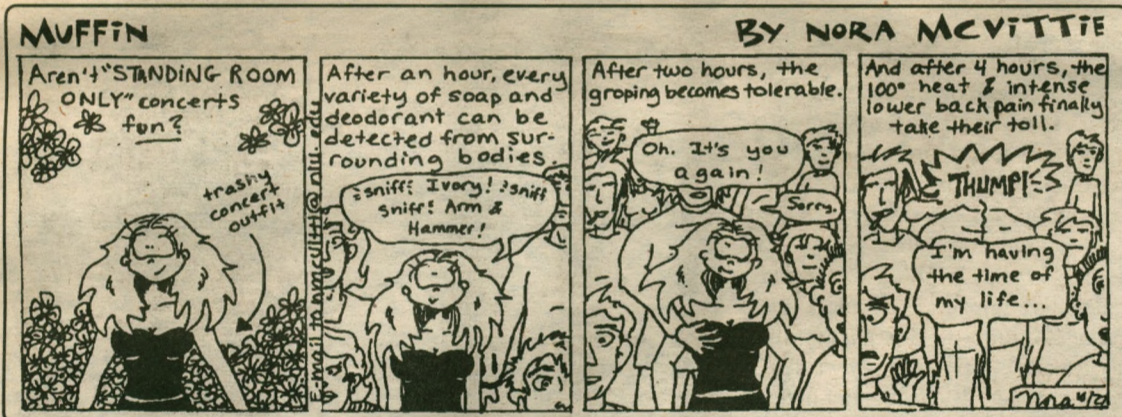
Tonight Toad's presents Alternative Rock night for all ages. Tickets are \$8 at the door.

Monday brings Reggae Sensation featuring Buju Banton, Jahmali and DJ Bojan. The show costs \$20.

Paula Cole performs Sunday, Nov. 30 with opener Jen Trynin. The show is all ages.

For information call 624-TOAD.

Compiled by Stephanie Smith



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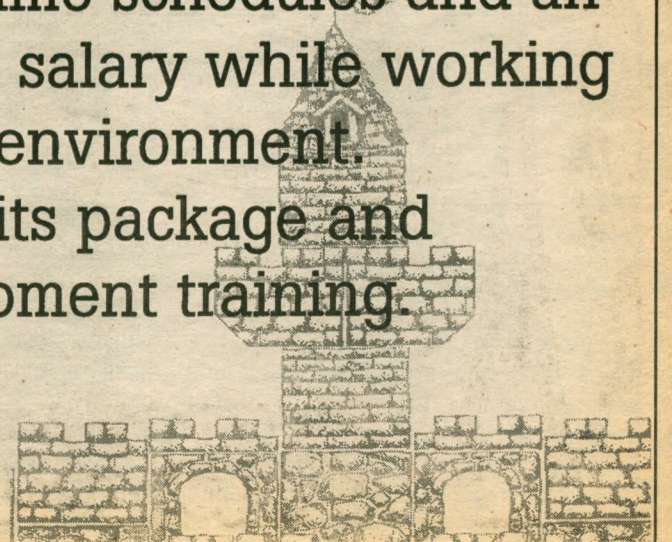


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# Jennifer Love Hewitt tells it like it is

*The 'Party of Five' star has several up-coming movies and even a few albums under her belt*

By Ian Spelling  
College Press Service

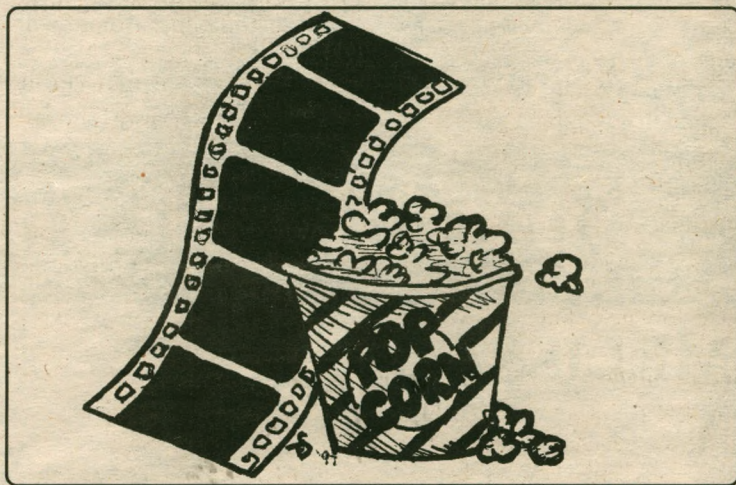
Jennifer Love Hewitt knows what she wants to be when she grows up.

"I definitely want to go to college and study creative writing so I can write children's stories," she says. "Shel Silverstein was the big children's author I read. His books are not just for kids and I love how he's not condescending towards children. Even if a kid doesn't get it right away, that kid will want to read it again, and he or she will get it eventually."

While Hewitt says she'd love to go to Boston, UCLA or Pepperdine in a year or two, for now she will have to content herself by being not just a regular on television's beloved "Party of Five," but the star of America's No. 1 movie for two straight weeks, the horror flick "I Know What You Did Last Summer."

Hewitt plays the sensible Julie, one of four friends — Sarah Michelle Gellar, Ryan Phillippe and Freddie Prinze, Jr. play the other pals — who are terrorized by a killer a year after their car hit a man whose not-quite-dead body they tossed in a lake.

Funny thing that Hewitt should turn up in "Last Summer," for she's a scaredy-cat and had never seen a horror movie until a few days before "Last Summer" commenced filming.



"Oh, please!" shouts the friendly, chatty actress during a conversation at Sony Pictures' Manhattan offices.

"The day after I saw the film, I had an interview with a journalist who sat in front of me at a screening. When he saw me, he said, 'I went home with such a headache because you were screaming the whole way through.' It was so funny, because I knew exactly what was going to happen, but was still absolutely terrified."

When the makers of "Last Summer" first approached Hewitt, they wanted her to tackle the part eventually played by Gellar, but Hewitt explained that she'd rather read for Julie. Had the producers insisted she play Gellar's role, Hewitt would have passed on the project.

"Julie really grew throughout and I thought she'd be the bigger challenge for me as an

actress," Hewitt notes.

"She goes through like 20 different personalities. In each scene, she was somebody different. She went from being loving, happy and sweet to being scared and vulnerable and having no idea what to do."

"Then she feels this complete hatred for her friends for not listening to her on the night of the accident."

"She comes back from college completely demolished, waif-like and ghostly."

"She then has to become strong again, find her friends and fight to survive."

"It was exciting to play that, because for these 20 different personalities there were 20 different ways I could've played them."

On the heels of "Last Summer" comes "Telling You," which the 18-year-old actress describes as "Mystic Pizza" with guys.

"I'm the Long Island Lolita

who's super-perky and bouncing off the walls," she says, laughing. "I basically stalked this one guy back in high school and now I come back to town and annoy everyone. It's a small role."

Right now, Hewitt's shooting "The Party," in which she's the dream girl of the lead (Ethan Embry).

"It's a romantic comedy with a lot of romance and comedy, but it's also an 'American Graffiti' kind of thing," she says. "It's about what happens to all these high school kids who are just about to graduate."

As for "Party of Five," the show is going stronger than ever and, even though Bailey (Scott Wolf) and Sarah (Hewitt) broke up, Sarah remains an integral character.

"They're roommates now," Hewitt says. "They're both going to have romances coming up, which will create some tension."

You'll never be quite sure if we're jealous of each other or happy for each other.

"Also, something's going to happen to Charlie that'll have an effect on Sarah and Bailey."

"People who love to grab tissues and cry during 'Party of Five' will definitely get their chance."

Hewitt has come mighty far mighty fast. Beyond her acting exploits — which also include the TV shows "The Byrds of Paradise" and "McKenna," as well as the film "Sister Act" — she's got three albums to her credit.

Fortunately, she seems to have a good head on her shoulders. "My mom's a big part of my keeping my feet on the ground," she notes.

"I'm incredibly lucky and don't ever want to take for granted all the opportunities I get."

"I know that for every job I get at least 50 girls could've done it as well or better, or just might have been more right."

"Every actor should know that."

Hewitt says she compares her job to a toy.

"I know it sounds weird but it makes sense," she says. "When you're a kid you really, really want this one toy."

"You get it, stomp on it and throw it against the wall. You don't treat it with respect. If you treat it that way for too long, it gets taken away and you never get it back, or it breaks and you never get it back."

Instead, Hewitt says she plans on treasuring the opportunities she's been given, just as she would a favorite doll or game from her childhood.

"If you treat it gently and caress it, you get to keep this precious thing you've always wanted."

"That's how I look at what I do, and I want to treat it really well and hold on to it for as long as possible."

"Party of Five" is on Wednesday nights on Fox at 9 p.m.

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# Strikers score high

By Corinne A. Waldheim  
Sports Editor

Placing second and third in its respective divisions, the Sacred Heart men's teams competed at the Eastern Inter-collegiate Bowling Conference in Syosset, N.J.

"The team is showing a more positive attitude than I have seen in the past. Everyone supported each other," said junior Jim White. "I think it will continue."

Leading the third place men in the Classic Division was freshman Curtis Thompson (Windsor), averaging 222. His highs include a game of 267 and a 698 series.

Thompson, the teams anchor, was followed by senior Marc Kozak (Albany, N.Y.). Kozak averaged 208.

"It wasn't a bad start," said sophomore Tony Lopes.

St. John's, ranked second nationally by the Bowling Writer's Association of America, led the Classic Division with thirty-five points. William Patterson University (35 points) snagged the second slot just four pins behind the St. John's Red Storm.

Teams earn points for both individual performance and team score. Against St. John's, the men lost by just two sticks (pins) in 1025-1023 match. Total points in the Classic division were based on seven games, while in Metro teams only bowled six.

## MEN'S BOWLING

Against WPU, SHU dominated. The five-man team threw a big series of 1210. Including freshman Jay Navaco's 257, White's 235, Kozak's 267 and Thompson's 266.

In the Metro Division, the B team placed second. Chris Middleton led the squad with a 199 six-game average. Middleton shot a high game of 243 and series of 661.

SHU's high team game was 1037 in the six-game competition.

During the Thanksgiving break, the men travel to St. Louis, Mo. The National Collegiate Match Games will be competing in the blue squad at 4 p.m. on the 28th and 12 p.m. on the 29th.

On Saturday, the Pioneers travel to Bellevue, N.J. for the second of five E.I.B.C. meets, beginning at 12 p.m.

# Volleyball: Sacred Heart lady spikers end season at 18-20 overall, 8-6 in NECC

Continued from page 16

ing seniors Melissa Amore and Tricia Arnini who were co-captains of the team this season.

"We're losing two great leaders and that is going to affect me

personally because they have been the liaison between the team and I," said Carter.

Carter is looking for a setter to fill the hole that Amore will leave.

"We need a setter who is going to pick up where she left

off," said Carter. "Someone who can automatically come in and run our offense."

"If we combine our physical attributes with better mental preparation," said Carter. "You'll see an amazing increase in our game next year."

## Spotlight on Volleyball

**MELISSA AMORE**

**Name:** Melissa Amore  
**Age:** 20  
**Hometown:** Clinton, CT  
**Position:** Setter  
**Hero:** My mother  
**Favorite Song:** "Endless Love"  
**Favorite Movie:** "I Know What you did Last Summer"  
**Favorite Book:** "Green

**Eggs and Ham"**  
**Quote:** "Believe and Achieve"  
**Why did you come to SHU?:** Small school with a nice atmosphere  
**Major:** Psychology  
**Future Plans:** Elementary school teacher  
**Pet Peeves:** People with no common sense



**Name:** Stephanie Chell  
**Age:** 17  
**Hometown:** Annapolis, Md.  
**Position:** Outside Hitter  
**Heroes:** Parents  
**Favorite Song:** "Get It Together" by The Beastie Boys

**Favorite Movie:** "Casablanca"  
**Favorite Book:** "Chicken Soup for the Soul"  
**Why did you come to SHU?:** I liked the atmosphere  
**Major:** Undecided  
**Future Plans:** Travel  
**Pet Peeves:** Not talking on the court



**Name:** Trisha Moore  
**Age:** 19  
**Hometown:** Lindenhurst, NY  
**Position:** Middle Hitter  
**Hero:** Gabrielle Reece  
**Favorite Song:** "How do I live"  
**Favorite Movies:** "Mallrats" and "Friday"  
**Favorite Book:** "Chicken

**Soup for the Soul"**  
**Quote:** "What time are we going to the party?"  
**Hobbies:** Volleyball, partying  
**Why did you come to SHU?:** Volleyball  
**Major:** Psychology  
**Future Plans:** To be an AVP Pro-volleyball player  
**Pet Peeves:** People who gossip

## Sports in brief

### Ice hockey begins season on the road

The Sacred Heart women's ice hockey team began its first season under new coach Trina Bourget last Saturday and Sunday at the University of Maine and the University of Vermont, respectively.

### Nine-ball tournament in Hawley Lounge

Sign up now for a 9-ball tournament in the Hawley Game Room on Saturday at 11 a.m. The tournament is sponsored by Billiard Digest and Boston Billiards.

--Compiled by Corinne A. Waldheim

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# The Waldheim Report

## Sacred Heart is a David among Goliaths

Alright, I have written about how women's teams outnumber men's teams at Sacred Heart. I have covered the violence that exists in sports. This week I came to a road block.



By Corinne A. Waldheim

"What should I write?" I asked myself. But then, as if a bulb had illuminated the block that dwelled in my brain,

Storm's field. This final chance to

"I'll write about the over flow of teams we have at SHU."

All year I wrote about the fumbles of the Sacred Heart football team. They have suffered through eight losses and a lone win as they look to the locally televised exchange of balls and brawn that will occur on Thanksgiving Day at the Red

redeem themselves--wait, why does this team need redemption? Shouldn't they be congratulated for just stepping out on the 100-yard slab of astroturf? Going out every day and busting their butts on that impressive \$17.5 million field.

I think they should. Football is a big investment, but it isn't attracting the talent it should or the spectators, at least not at Sacred Heart. Can we really expect the record scales to tilt in the Pioneers favor if the big Division I schools can "pay" their

pig skin carriers with grants and scholarships.

At Sacred Heart we have 29 teams. Fifteen women's and fourteen men's, make up the robust athletic program. Do you know that our Athletic Department oversees almost the same amount of varsity teams as Penn State (29 teams; population 40,000), Ohio State (31; 49,500) or the University of Connecticut (21; 15,700)? All have established powerhouses within their programs.

Don't get me wrong, Sacred Heart has taken strides, but the

only thing 29 teams represents is a leap. The teams that are competitive, struggle each year to find the money to travel.

Then the question arises, what teams could possibly be cut. I couldn't even fathom it. But shouldn't we at least help the teams we have become more competitive before we begin new athletic endeavors?

When you look at the comparisons between colleges you have to wonder why a school with ten times the population has the same amount of sports teams.

## Laursen and Anania score in Syosset EIBC

By Corinne A. Waldheim  
Sports Editor

A crowd of approximately 100 looked on as their siblings, children and former teammates competed at the Eastern Intercollegiate Bowling Conference.

The Sacred Heart women's bowling team competed in both the Classic and Metro Divisions.

### WOMEN'S BOWLING

The women approached the lanes with a new goal this year. This competition would be their first in the upper-level average division. They competed with men's teams including St. John's from New York, ranked second by the Bowling

Writer's Association of America, William Patterson University of New Jersey, the 1992 Intercollegiate Bowling Champions and the

SHU men's team, ranked 20th.

The Lady Pioneers have competed with male counterparts before, but never of this caliber.

The A team came out fighting against Rutgers. They captured seven of eight possible points with a team the day's high game of 1053. Sophomore Lisa Laursen (Staten Island, N.Y.) shot 278.

Laursen wasn't done as she blinded the competition with a two-game plethora of strikes (20).

One impressed bystander who had never seen Laursen bowl, asked, "Does she always bowl like that?"

Laursen completed the 740 series with a 259 and a 203.

"I was having a good day," said a humble Laursen, who was second on the team averaging 212.

Chrissy Anania led the Lady Pioneers (213), and began the day slow but accelerated after being moved from lead-off to anchor. She shot 673 for her second set.

Junior Adrienne Oshman (Yorktown Heights, N.Y.) averaged 183.8, followed by sophomore Kristy Newman (Point Pleasant, N.J.), averaging 183.1.

Against the SHU men's team, the women took six points. The Lady Pioneers shot 933 to the Pioneers 893.

Junior Wendy Scheer (Epsom, N.H.) was moved up top the

Classic Division in the final frame of game five. She shot 201 in her 1997 Classic debut.

"We have a lot of fun together and with the other schools," said Sheer.

Andrea Gardner (Troy, N.Y.) led the Metro team.

Next Thursday, the women take off for St. Louis, Mo. to compete in the National Collegiate Match Games at Strike & Spare Lanes. Last year they placed fifth in the contest.

The Sacred Heart women travel to Belleview, N.J. on Saturday. Competition for both divisions begins at 12 noon.



Photo by Corinne A. Waldheim

Freshman Jackie Olszewski on the approach at Syosset Lanes

## Sports Schedule

Nov. 20 - Dec. 3

Thursday	(W) Basketball at Monmouth College, 3 p.m.	Tuesday
(W) Ice Hockey vs. Rochester Institute of Technology, 8:15 p.m.	(M) Basketball at Constitutional Classic, 2:30 p.m.	(W) Basketball at LIU, 7:30 p.m.
Friday	(M) Ice Hockey at Scranton, 5:15 p.m.	Saturday
(M) Basketball at Constitution Classic, 12:30 p.m.	(W) Ice Hockey vs. Southern Maine, 1:15 p.m.	(W) Basketball at Fairleigh Dickinson, 2 p.m.
Saturday	Monday	Tuesday
(W & M) Bowling at EIBC in Belleview, N.J., 10 a.m.	(M) Basketball vs. C.W. Post, 8 p.m.	(W) Basketball at Univ. of New Haven, 5:30 p.m.
		(M) Basketball at Univ. of New Haven, 7:30 p.m.

## Men's Basketball: Bentley bests SHU

Continued from page 16

the locker room trailing, 42-38. The Falcons exploded onto the court in the second half, outscoring the Pioneers 30-9 in the first eleven and a half minutes of play.

"When we got out to the 10-0 start I thought, geez, this is how good we can be," said Coach Dave Bike. "I thought we were ready to play. But as the game went on, we did too many negative things."

Among them were 21 turnovers committed by the Pioneers. Even though Sacred Heart edged Bentley in rebounds, 54-53, the defense that Bike thought would carry his team didn't.

"We got outplayed," said

Bike. "Ninety-two is too many to give up for the type of game it was."

There were some bright spots for Sacred Heart offensively.

Senior guard Travis Frye led the team with 18 points and seven rebounds. Andrew Hunter and John Randazzo came off the bench to score 15 and 11 points respectively. Hunter was a perfect 3-3 from three point range. Kurt Reis tallied nine points on 3-9 shooting to go with eight assists and five steals against three turnovers.

Sacred Heart played its first Division I opponent in 17 years on Tuesday when they squared off against Long Island Univer-

sity. LIU, the defending Northeast Conference champion, is the first of four Division I teams that the Pioneers will face this season as the transition to Division I begins.

Sacred Heart will become a member of Division I in 1999.

Tomorrow Sacred Heart will face New Hampshire College in the Constitution Classic in New Haven. On Saturday, they'll play American International.

A new era of Pioneer basketball opens when the men face C.W. Post on Nov. 24 in the first intercollegiate basketball game in the William H. Pitt Health and Recreation Center. Admission for the 8 p.m. contest is free to all SHU students with an ID.

## Write for Sports!

### Ice Hockey: Pioneers beat the opposition home, away

Continued from page 16

Demetriades explained, "I believe we had team unity and this was a factor. We had a lot of depth."

Left wing Paul Adimando added, "The more we play together, the better we will get."

Against Iona, there were some outstanding defensive performances.

Freshman goalie Alexi Binet shined in the net. Binet compared Iona to Alabama-Huntsville, "You can't compare the two. They're on two different levels."

The Pioneers return to the road when they face Scranton on Saturday.

"It's a road game, we have to get back to basics. I think we will do really well and be successful."

Men's Bowling places second and third in EIBC, see page 14

Sacred Heart University Pioneers

# SPORTS

Anania and Laursen lead bowlers in weekend tourney, see page 15

## SHU begins with loss to Bucknell



Photo by Corinne A. Waldheim

Sophomore Dora Clark tries to drive past junior Jessica Bresnahan

By Julie Nevero  
Assistant Sports Editor

The Sacred Heart women's basketball team opened its season with a 64-53 loss this past weekend at Bucknell.

Bucknell was the first in a long line of away games against Division I institutions.

"I think they played hard and that's a good first step," said Coach Ed Swanson. "We need to execute better. We didn't shoot or rebound as well as we could have."

Senior captain Chrissie Perkins, junior captain Jessica Bresnahan, juniors Shannon Walsh and Jen Rimkus and freshman Heather Coonradt started the game for the Lady Pioneers.

Rimkus, a guard, led the team in scoring with 16 points.

"Jen played very well for us," said Swanson. "She attacked the glass well and got the job done."

According to Swanson, lack of rebounds was the key factor in the loss.

"We need to rebound better on the defensive end and offensively as well, in order to score more frequently," said Swanson.

Sophomore Katie Toole led in rebounds with four, three of which were defensive. SHU had a total 25 rebounds in the game versus Bucknell's 47.

Other leaders included sophomore Heather Yablonski with eight points, Perkins had seven, Toole and junior captain Angela Perkins each had five, Bresnahan and freshman Erinn O'Neill each had four, freshman Abby Crotty had three and

Coonradt had one.

"I don't think Bucknell is all that much better than us," said Bresnahan. "We did some good things, but we were lacking in others. It was a good first game because it gave us an idea of what we're up against this season."

"It was our first game and we're still working things out, but I'm sure it's all going to come together," Bresnahan added.

The team will travel to New Jersey this Saturday for a game against Monmouth University. Game time is 3 p.m.

### WOMEN'S HOOPS

## Stonehill iced!



Photo by Chris Reinhart

The Sacred Heart ice hockey team faces off with Iona at home

By Christian Koskorelos  
Staff Writer

On Nov. 12, the Sacred Heart University men's hockey team defeated Stonehill in a 6-4 road contest.

Junior Bill Demetriades scored two goals and also contributed an assist.

Sophomores Frank Gritz and Brent Piepenbring each had a goal and an assist in the first victory of the winter season.

Last Friday, the Pioneers dropped Iona College in a 3-1

defeat.

Things started picking up with the first goal, but with the buzzer of the second net, SHU took charge.

"After our second goal, when Eric Drake scored, it just got everyone back into the game," commented Piepenbring.

"The second period, we came alive," added forward Brian Lafo.

Gaining momentum was a key factor. SHU sealed Iona's fate with one final goal.

See Ice Hockey, page 15

### MEN'S ICE HOCKEY

## Bentley dominates

By Matt Duda  
Staff Writer

The Sacred Heart men's basketball team raced out to a 10-0 lead in its season opener against Bentley, but quickly saw it dissipate. The Falcons answered with a 20-4 run and came away with a 92-68 win last Sunday in Waltham, Mass.

Sacred Heart shot just 33 percent from the field and was

outscored by 20 points in the second half. The Pioneer defense was ripped by Bentley scoring ace Jamie Baker, who scored a game

high 30 points in just 27 minutes of play. Baker was 12-17 from the field, including 6-10 from behind the three-point line.

Sacred Heart finished the first half with an 8-1 run and went into

See Men's Basketball, page 15

### MEN'S HOOPS

## Spikers set final '97 ball

Julie Nevero  
Assistant Sports Editor

The Sacred Heart women's volleyball team went 1-2 in the New England Collegiate Conference Tournament last Friday and Saturday at the University of New Haven in their final contest of the season. The Lady Pioneers finished at 18-20 overall and 8-6 in the NECC.

Sophomore middle hitter Trisha Moore was named to the All-NECC second team for her performance in the tournament and this season.

During the two-day affair, the team faced competition from Southern Connecticut State, University of Albany and University of New Haven.

"I'm happy with the progress that we've made and with the steps we have taken this year," said coach Scott Carter. "We need to be more serious and committed to achievement."

Saturday's match against SCSU was the best of the tourney. SHU defeated SCSU in three games (15-6, 15-12, 15-11). Moore had 19 kills to lead the team. Sophomore Kelly Wehr had seven kills in the match and sophomore Jen Brown and fresh-

man Stephanie Chell led in digs, with five a piece.

Carter is looking for more "intensity and communication" for next season.

"We need a greater commitment to off-season training," said Carter. "If

the women put the time next semester during this training, we will see improvement in our game."

"This is the best team I've had since I've been here, but it's far from what I envision," Carter added.

The team will lose graduat-

See Volleyball, page 14

### Women's Volleyball

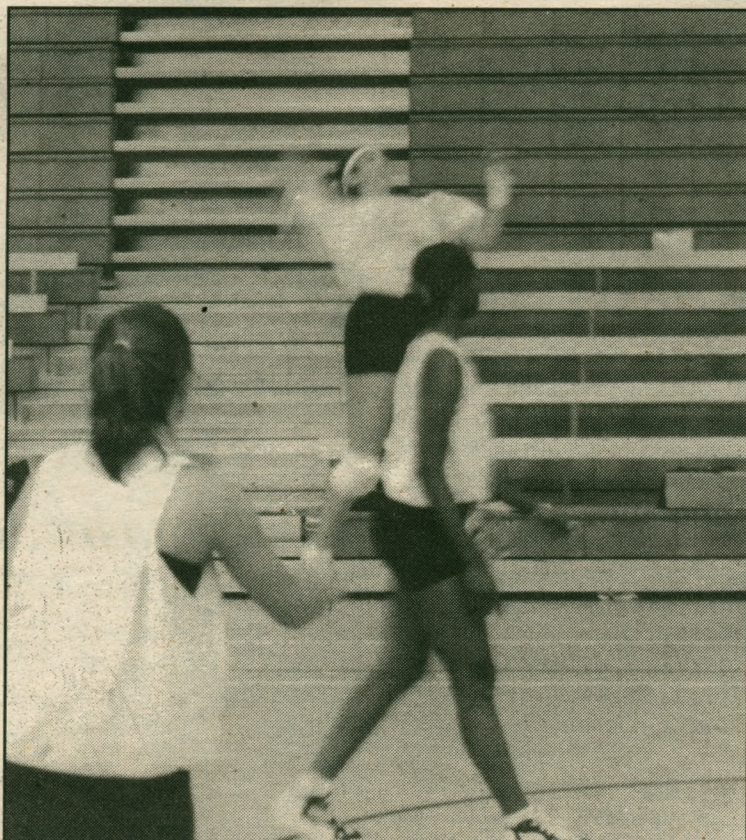


Photo by Corinne A. Waldheim

Sophomore outside hitter Kelly Wehr goes up for a kill