Registration process causes difficulties for many

By Bruce Carlson
Co-News Editor

Many students are having difficulties with the registration process due to existing and unknown financial balances in Student Accounts.

The problems begin when students receive incorrect billing amounts or when they do not receive a bill at all.

"I never got a bill even though my meal plan was charged to my account on Sept. 1," explained Erin Dynek, a senior biology major from Housatonic, Mass. "I don't understand why they don't want the money in September or October, but come November, they want it all," she added.

Dynek is not alone with her reasoning. Other students feel they should receive a bill showing a clear and accurate balance on time.

"Students should not be burdened with billing problems when Student Accounts is responsible for keeping us in tune with our current financial whereabouts," said Nicole Bishop, a junior media studies major from Kings Park, N.Y.

The Credit and Collection Manager of Student Accounts, Keith L. Tucker, responded by saying, "even if a bill was incorrect, students are still responsible to make a payment."

Another problem occurring is that students are still responsible to make a payment.

See Accounts, page 3

Students and faculty

By Gina Norelli
Editor-In-Chief

As the first snowfall blanketed the ground Friday night, the International Club's Third Annual Fashion Show "City Elements" was catching attention indoors. The audience in the Mahogany Room "oohed" and "ahhed" and had a fun evening, saying, "it was fun and exciting."

It was fun and exciting.

Callahan agreed that modeling and swimwear to wedding gowns and tuxedos was modeled. Everything from casual clothing and swimwear to wedding gowns and tuxedos was modeled. Even the Sacred Heart Bookstore clothing was included in the show.

Callahan said this was the first year that the International Club has donated a portion of their proceeds to charity.

"It was a wonderful opportunity," said Susan Pelletier, Campus Ministry secretary, who modeled bookstore clothing with her children Daniel, 9, and Sarah Brittan, 10. "My children enjoyed interacting with the students, who were great role models for them."

Callahan agreed that modeling SHU bookstore clothing was a success and that it shows people how the bookstore has a lot of interesting clothes. "It was also a way for students to see professors, staff and faculty in the show, since they were the ones to model the bookstore clothes."

Shena Doherty, a junior from Hernando, Fla., who modeled in the show, said, "it was my first time in the fashion show. Although it was nerve-racking, I'd do it again. I met a lot of people.

See Fashion, page 2

L.I.F.E. sponsors Diversity Week

By Elizabeth Hyer
Staff Writer

Throughout the week, L.I.F.E. (Lifestyle Issues For Everyone) has sponsored various programs in honor of Diversity Week. Their main goal has been to make the Sacred Heart community aware of the many differences that exist among us.

L.I.F.E. is a chapter of the nationwide Student Action Team. They emphasize diversity in our community as well as other aspects of life that effect our community.

Diversity Week started on Monday and ends today with a diversity dinner in the dining hall. Some of the events included a screening of "Higher Learning", a candle light vigil and the diversity flame as a symbol of extinguishing and then extinguishing the flame. Their main goal has been to make the Sacred Heart community aware of the many differences that exist among us.

According to L.I.F.E. secretary Peggy Schimmel, a sophomore from East Northport, N.Y., "the theme of Wednesday's vigil was to light a flame to celebrate our diversity and then extinguish the flame as a symbol of extinguishing all these student leaders be aware of the many differences that exist among us.

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See Fashion, page 2

Panel urges peace

By Brad Wilson
Associate Editor

A military training facility in Fort Benning, Ga., was the central topic probed in a panel discussion concerning the possibilities of global peace and justice. It was held Tuesday evening in the old gymnasium.

School of the Americas (SOA), an institution which trains officer core from Latin America was the recent site of a protest in which 600 demonstrators were arrested, including a group of Yale and Fairfield University students. It's funded by the U.S. Department of Defense and has been blamed for molding some of the most vicious terrorists in Latin America.

"I was shocked to find out that the U.S. spends money on the SOA when the country has so many important issues," said Ashley Alimetti, a senior from Waterford.

The discussion, "Peace, Disarmament, Human Rights and a Just World Order," was arranged in conjunction with Sacred Heart's Campus Ministry and Sister Margaret Palliser's course; Religion, War and Peace.

"It was a wonderful opportunity to engage in serious discussion attempting to find an alternative to war," said Sister Margaret, director of Campus Ministry.

Four distinguished panelists expressed their discontent of the SOA and attempted to find ways for the U.S. to better appropriate its budget. They were Tom Cornell, editor of The Catholic Worker; Eileen Gianno, program director for Global Education Associates; Joyce McClure, assistant professor of Religious Studies at SHU and Clayton Ramey, peace and justice program coordinator for Fellowship of Reconciliation.

According to Ramey in an article for Fellowship, the U.S. military budget is $263 billion for the 1997 fiscal year.

"If we could cut military spending by 50%, we could improve employment rates, health care, housing and education," said Ramey. "The U.S. spends $20 billion more than it needs for the SOA, even if we got rid of SOA, the SOA system is just there to train these people to kill people."

"It was a very intense conversation, but I think everyone learned something," said Cornell.

See Panel, Page 4

Inside...

Shuttle service not up to par...see page 3

Tragic suicide occurs near campus...see page 4

What is the meaning of the Advent season? See page 8

Barbie dolls are still a favorite...see page 11
News Briefs

2nd Annual Alumni Association Scholarship

On Dec. 15, application forms for the Second Annual Alumni Association Scholarship will be made available to Sacred Heart University students. The $1,000.00 scholarship is made possible through a special fund created by the Alumni Executive Council of the Alumni Association. The scholarship is awarded on the basis of academic performance, University and community leadership and service, and financial need.

The scholarship applications will be available in the Alumni Relations Office, Campus Ministry, Financial Aid Office, and Student Life Office. The application form must be completed and turned in by the deadline date of Feb. 27. For additional information call Carol Way at 365-4801.

Women in Academia seminar to begin Tuesday

A Women’s Studies professional development seminar on Women in Academia will be held Dec. 25 at 4 p.m. in the Park Avenue House.

Dean Walker and Dean Paolino will be talking about their journeys through higher education. They will be using the book, Composing a Life, by Mary Catherine Bateson as a back drop.

Those interested must RSVP with Nina Clark at 365-7528.

Graduate Open House being held for students

Sacred Heart University will be holding a Graduate Open House for students to learn about the different degree programs available at SHU, Graduate Open House being held for students.

Graduate Open House is scheduled for the second annual alumni association scholarship, the event is $25 per person. for additional information call Carol Way at 365-4801.

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Business leaders to speak at Sacred Heart

A group of business leaders will be discussing the topic of turning new ideas into products at the fourth Business Leaders Breakfast Forums at Sacred Heart.

John Lenhard, Kenneth Kelly and Gad Selig will be the three speakers. The event is $25 per person. For more information, call 371-7861.

Compiled from page 1

...people and it was fun... In addition to fundraising, the fashion show also benefited international students, explained Christina Carvalho, a 1996 graduate of Sacred Heart who began the show three years ago and helped organize “City Elements.” “It helps international students get adjusted and meet new friends. It’s also an opportunity for the school to come together,” said Carvalho. In between segments of the fashion show, the Sacred Heart Dance Team performed on the runway for the crowd.

Kaori Noguchi, a junior from Yokohama, Japan, said, “I enjoyed the fashion show very much. I especially liked the swimwear.”

Grace Lim, assistant director of Student Life for International Programs, said, “A lot of hours and a lot of hard work went into the show. It looked beautiful. We made our goal, but the best part was that all of the students had a good time.”

The next big event for the International Club is the International Festival planned for April.

Happy Thanksgiving from the Spectrum Staff!

There will be no Spectrum issue next week.
Students fuming over shuttle

By Brian Corasaniti
Assistant News Editor

Several complaints about the shuttle service at Sacred Heart have been lodged this year. Students are concerned about the reliability and quality of the service.

"Overall, it is very poorly run, but it could get better with more staff," said Andrew Erhart, a first-year student from Massapequa, N.Y.

Erhart added that, "I was at the Stop and Shop and for two and a half hours waiting for the shuttle, and eventually got a ride from someone else. The shuttle came by after an hour, but it just passed by me." Students have brought complaints like that to the attention of the Student Union, which runs the shuttle service.

"More times than not, it is misinformation and them not understanding the schedule," said Kim Timpany, operations assistant at the Student Union.

"I have received a lot of calls from students waiting for the shuttle. The shuttle ends at 11 p.m., but the last run goes out at 10 p.m.," added Timpany.

"There are some times that they are late taking us to the mall, sometimes they cannot locate the drivers and that puts a hindrance on our schedule," said Emily Hoilshian, a sophomore from Manhattan.

"We are always open to suggestions and people should be directing them to us, not Public Safety. Right now, we are under the assumption that they are running smoothly," said Timpany.

Complaints about the efficiency of the Service Route, which brings students to the Trumbull Mall and the Stop and Shop grocery store, are common.

Michael Moylan, operations assistant at the Student Union, says that the Service Route gets cancelled or combined with the Avalon Gates Route when drivers are unavailable so that students who live off campus will be able to make it to the campus for classes.

"The most important thing is to monitor the drivers if they are not doing their job. Every driver understands that they are there for the students," added Timpany.

Anyone with concerns or suggestions about the shuttle service are encouraged to go to the Student Union Office in Hawley Lounge.

Students depend on the shuttle service as they prepare to head home after a long day on campus.

SHU chapter improves local conditions

By Justin M. Venech
Contributing Writer

In the spring of 1995, Sacred Heart University became the first Campus Chapter of Habitat for Humanity in Fairfield County. It’s basic goal was to "provide active assistance toward the improvement of living conditions in our community of Bridgeport."

More than two years later, the Sacred Heart University Campus Chapter is continuing to make Bridgeport a better place. "The involvement by campus organizations and individuals is growing, we have, in addition to our own Habitat volunteers, members of community connections, graduate students, staff, faculty, as well as many other campus organizations who have all volunteered work, the Sacred Heart chapter established the reputation of being "hard workers" by the Habitat for Humanity of Greater Bridgeport. "We have dedicated 24 hours so far and will be dedicating two or three in the next two improvements," said Machledt.

"As a university we are committed to the improvement of Bridgeport in many ways through our many different service learning and volunteer opportunities," Machledt added.

"It's a great sense of empowerment to see the immediate results of your work," said Debra Ventunelli, a sophomore from Long Island, N.Y. If you are interested in working or want more information about Habitat for Humanity, phone 365-7916 or 371-7741.

Public Safety Releases

Public Safety incidents from Nov. 10 to Nov. 16

Nov. 10: 12:17 p.m. - Administration Bldg. fire alarm caused by cooking.

5:45 p.m. - Parkridge student was treated for a burn; further medical treatment and/or transportation declined.

10:53 p.m. - Public Safety Officer escorted an intoxicated student off campus.

Nov. 11: 3:21 a.m. - South Hall resident reported five males were wandering the halls of the bldg. Public Safety responded and stopped them; no alarm.

Fairfield Police responded; non-students were given a trespass warning and escorted off campus.

12:02 p.m. - Minor motor vehicle accident reported in the loading area behind the kitchen.

4:55 p.m. - Minor motor vehicle accident reported on the Campus Center road; bicyclist hit a motor vehicle, damaging the bicycle's mirror.

Nov. 12: 12:38 a.m. - Public Safety assisted the Res. Life staff at South Hall with residents having a disagreement.

1:02 a.m. - Officer found a discharged fire extinguisher, first floor laundry room, South Hall.

7:28 p.m. - West Hall fire alarm, fourth floor, caused by cooking.

8:34 p.m. - Student in the South Wing fainted; student felt better and declined further assistance.

Nov. 13: 12:41 a.m. - South Hall student reported being harassed by another South Hall student.

12:50 a.m. - South Hall resident reported two males driving a golf cart, which the caller believed to be stolen from the golf course. The males (later identified as South Hall residents) were observed driving up and down the hill and then fleeing. Fairfield Police and Public Safety Officers chased the males into the woods. At 1:39 a.m., two South Hall residents were arrested for larceny of the golf cart, which was stolen from the golf course.

7:52 a.m. - Public Safety Officer reported being injured while in pursuit of above students.

1:34 p.m. - Laptop computer parts reported being stolen from Academic Bldg.

2:04 a.m. - West Hall fire alarm, fourth floor, smoke detector activated.

7:24 p.m. - Received report of an activated intrusion alarm at the bookstore. Fairfield Police and Public Safety responded; no property taken.

Nov. 14: 1:14 a.m. - Officer reported several fire extinguishers were missing from South Hall kitchens and laundry rooms.

2:47 a.m. - Jefferson Hill resident reported people dressed in black with hoods running around the building; they were students being recruited by a fraternity.

9:27 a.m. - South Hall fire alarm caused by student hitting a detector.

9:33 a.m. - West Hall student reported being assaulted by his roommate; victim requested Fairfield Police be called to press charges. Upon the arrival of the police, the victim declined to press criminal charges.

11:53 a.m. - Minor motor vehicle accident reported in the Parkridge parking lot.

12:41 p.m. - West Hall fire alarm caused by cooking in kitchenette.

11:57 p.m. - South Hall resident reported receiving harassing phone calls.

Nov. 15: 2:09 a.m. - Jefferson Hill resident reported being harassed.

2:30 a.m. - Officer observed vandalism in the Academic Bldg.

3:27 a.m. - Officer observed an alcohol violation in West Hall.

5:09 a.m. - Officer observed vandalism in the Academic Bldg.

Nov. 16: 21:29 a.m. - Academic Bldg., North wing, fire alarm received; Fairfield Fire Dept. responded; no problem found.

2:38 a.m. - Taft apartment fire alarm pull station was activated; the alarm was not sounding. Bridgeport Fire Dept. responded to investigate.

3:24 a.m. - A light fixture outside the Pitt Center was accidentally broken by students playing sports.

9:23 p.m. - Resident student reported receiving harassing telephone calls.

Write for News!!!
Call Bruce or Wendi at 7966-7963

Accounts: Billing process upsets students

Continued from page 1

with Student Accounts is the student loan check. Upon arrival, students are to be notified from someone in the office that their check has arrived and a signature of the student is required, explained Tucker.

When Joanne Puglia, the former manager of student financial aid, left the University, the position of contacting students was left unattended to. According to Tucker, "we are trying to fill her position." The check is not sent to Financial Assistance because of federal regulations, explained Mark E. French, associate director of Student Financial Assistance.

This semester, 274 students were required to get authorization from Financial Assistance before being able to register. This number was less than last years, according to French.

About 1,400 students were required to get authorization from Student Accounts before registration, according to Michelle Kasny, bursar in Student Accounts. These included anything from tuition and computer fees to telephone and parking fees.

Tucker added, "we are trying our best to get it improved and we are in constant communication with the computer center."
Students should take note of who they are calling and use their own discretion."

Students were concerned that they wouldn't be allowed to register for the next semester because they couldn't afford to pay their phone bills.

"We are not taking the privileges away from them, like registration or receiving their grades at the end of the semester," said Gray.

"I am glad that telecommunications has given us the time to pay off our phone bill and allowing us to register on time," stated Lisa Milos, a first-year student from Melville, N.Y.

The program is now up and running and they will be cutting the students phone bills off at the $100 limit. If a student’s bill is currently beyond the limit, the phones are cut off for calling long distance.

Panel: SOA molds terrorists

Continued from page 1

million on the SOA, which is a small portion of the overall military budget. But, the issue is why do taxpayers aid in the training of terrorists and dictators?”

Jim Stackpole, a part-time student from West Haven, feels that although the SOA has produced war criminals, it is a justifiable institution. "The purpose of the school is not to train these men to murder, but to teach them to defend their country," said Stackpole, who took part in the U.S. invasion of Grenada in 1983.

A bill proposed by Congresswoman Joseph Kennedy seeking the termination of the SOA has been denied twice.

"Now we have a majority voting to keep the SOA because they know little about the crimes involving its graduates," said Gannon.

McClure indicates that lack of media coverage may be partly to blame for the bill not being passed. "It's surprising that the media hasn't made much of an attempt to cover this issue," said McClure. "We as a country are gambling the security of the world with the SOA.”

Life: Making students aware

Continued from page 1

guiding our hate."

Along with their programming, L.I.F.E. has been giving out diversity ribbons. They have also been asking students to sign their names to figures which will be hung up around the Dining Hall as a sign of the uniqueness among all of us.

"Diversity Week is a really good idea," said Dana Westing, a junior from Nashua, N.H. "It helps to open people's eyes to their surroundings."

According to Schimmel, the theme of tonight's diversity dinner, which will be hung up around the Dining Hall as a sign of the uniqueness among all of us.

"The diversity dinner should be informative," said Michelle Papagni, a junior from Worcester, Mass. "It will be interesting to see what information they post and how people respond."

"If anyone is interested in joining L.I.F.E., meetings are held on Sundays at 8 p.m. Any additional information can be found in the Student Activities Office.
Commentary

BILLING PROBLEMS USET REGISTERATION

This week, students have been registering for next semester's classes. Besides the fact that the variety of classes to choose from has dwindled as the Administration skimps on the budget, there is another problem—the stress-provoking trial of getting one's account cleared with Student Accounts and Financial Assistance before obtaining permission to register.

When is this University going to get its act together and make that process easier for parents and students? When will the departments that need to communicate, start communicating? With all of the technological advancements that have made billing processes easy and accurate in the business world, why this problem here?

We believe that when a student goes to get their card signed, they should not have to hear that their student loan check wasn't approved yet, or that a bill they know nothing about wasn't paid.

If it is necessary to get a bill paid before registration, then bills should be sent well in advance, and with accuracy. Often times, bills are incorrect. Sometimes they are vague. Sometimes they are never sent. Yet when students wait in line at Student Accounts, they are hit with high bills, and just days to come up with the money before registration. When will billing improve? We're still waiting...

SHUTTLES CAUSE CIRCULATION OF COMPLAINTS

Several complaints have been circulating around the Shu campus regarding the shuttle service. All are supposed to run on a timely, regular schedule. "Supposed to" are the operative words.

Between drivers calling in sick at the eleventh hour, mechanical problems and route changes, it is a miracle that the vans even leave the circle outside.

Public Safety.

Wheel alignment problems, breakdowns and other dysfunctions have plagued the vehicles. Some vans have doors that swing into the front passenger seat door. The doors also knock the side view mirrors parallel to the vans. Some handles are falling off the doors.

Stop discrepancies have also been a problem. Passengers for Parkridge must travel five miles before finally making the stop at Parkridge, located less than a mile away from the school. If we wanted a trip to the moon we'd be riding the Space Shuttle and studying at Space Camp.

We believe changes and improvements need to be made for the safety and time management conscious students.

Always remember to leave room in your schedule for toys

Fun is not a prominent word in a student's vocabulary, but it should be.

Either our school work is too demanding or sometimes we are wrapped up in finishing our homework, even helping out our friends, we can delay us from having a good time. For whatever the reason, we tend to lack quality playtime. Time is just not on our side.

As children we felt young and carefree. Childhood was a time when having little to worry about was breathtaking. So now we need to borrow from our childhood, break some of our boring habits. For a start, I suggest opting for a few well chosen toys.

Soon, when winter roles around, break out your skis or snowboard or take a Sunday drive in your car. Turn on the radio and blast the music of your favorite time. If a car does not spark your interest, play a video game, or watch a new movie you just bought with your friends.

I'm not advocating not finishing your homework and dropping out of school, but why waste a chance to experience a good time? Take a few hours out of a busy schedule and chill out. Let you hair down. Get away from your everyday lifestyle. Play with your favorite toys.

One of my friend's toys here at school is his car stereo system. Upgrading it is a hobby, at this point it's more like an obsession.

His philosophy is, "I want to have enough base to be able to move my car, without using any gas."

So what is the big deal about having toys? Do we really need them? Is there a psychology or philosophy behind them? Of course there is. People need toys. It's what keeps them young at heart. Toys give people the chance to express themselves. They can do things that they were never able to do as a child; play with really neat stuff.

A toy allows people to open up their minds and enjoy every thing that is around them. Playing with them permits us to try new things. While you're doing that, pretend you're on an adventure. They are the perfect escape from the reality of our everyday lives.

But like I said earlier, we are adults now. It's important and necessary for us to have fun, just like children. Since we have so much responsibility and so little time, what will it hurt to take a few minutes and have fun?

Take those ten or fifteen minutes out of a busy schedule that we never seem to have time for, and get a grip. Before you get ready to go head to class, or even after you fix those pesky items you broke in the dorm, some toys and wisp away some of your anxieties.

If you pride yourself on being articulate or very creative play with a "Rubik's Cube" or whatever toys you may have buried in your closet beneath all your clothes. The important thing is, we can find time to play with toys. The question is, are you going to make the time?
What does Thanksgiving mean to you?

Compiled by Kerrie Darress

Joe Hague
sophomore
Oakland, ME
"Thanksgiving means a break from SHU for a little R&R."

Trishia Boone
first-year student
Bradford, ME
"Spending time with my family."

Chris Laflamme
junior
Putnam, CT
"Food, family and fun."

Nicole Haggerty
sophomore
Cortland, N.Y.
"Time for a vacation."
SHU Community Needs to Acknowledge and Fight Our Alcohol Problem

To the Editor:

Last week, SHU students participated in Greek Awareness Week. The alcohol problem at SHU is nearly out of control and is an epidemic that currently faces our students.

A bit extreme? If we honestly consider our lives and those of our peers, we can see the answer is no. One of the most painful experiences is to know and care about a friend whose social life revolves around alcohol.

The beliefs that alcohol is the first prerequisite to having fun, and that the success or failure of SHU events can be determined by the number of participants, are tragic.

Many claim SHU activities are not successful. Why is a film screening, a soccer game discussion, game of bingo, or play—each of which may only draw thirty students or less—considered unsuccessful? When a concert may draw 500 students, the majority of whom are intoxicated?

Isn’t the fact that our residence halls have been the sites of an increasing number of alcohol-related emergency medical incidents, and that excess alcohol consumption on and off campus has reached an all-time high evidence of a serious problem? Perhaps we’re concerned that if we openly and honestly attack our problem, we’ll “scare away” prospective students. It is only by being truly honest to our Catholic heritage and mission that we can address this problem.

Spectrum has had with the Council of Clubs and Organizations (CCO). It is the greatest challenge to address regarding the article “Edu­

Student Joins the ‘Rare Breed’ of Non-drinkers, and Still has Fun

To the editor,

Although Alcohol Awareness Week is now over, it is important that we remember alcoholism. It affects us all, whether we witnessed the mock accident on Monday, don’t forget it! As a student and a member of the Student Government, I think it is important to have some understanding of the function of Student Government. Unless you are interested in promoting some cause that is important to you, unless you are interested in becoming a career in journalism. This is not only does the Spectrum fail to do this, but because they are considering the Spectrum as a public relations campaign. I can tell you that I have seen people who have shared our serious accidents, some fatal, many as a result of alcohol.

In only four years of being in the fire dept., our outlook on drinking, and drinking and driving has become very serious. As a result I have decided to pursue a life of refraining completely from alcohol. This has been difficult, but rewarding. I don’t drink at all.

Of course my social life is difficult because it is difficult for me to fit in, but there are others like me. We non-drinkers are a rare breed, but I am proud of the lifestyle I have chosen. I have found that it is far better to refrain than to drink. I can go out, have a good time, and meet people without drinking. I can be myself.

Ryan Aleet
senior

Former Editor Addresses the Yearly Battle Between Spectrum and CCO

To the Former Editor

I am writing in response to the letter to the editor titled “Edu­cation Sports Teams Need to Be Carried Over to Sports Teams.” As I read this, all I could think about was the concept that education is tradition to welcome and have some fun with new players.

Yes, it may be a pain if you’re the one being initiated, but in the end, you have a good time.

I don’t understand why the sports teams do for initiation are wrong, yet things done for Greek Life initiation are fine.

The article had plenty to say about sports teams “getting away with” making numbers do various things and “everyone laughs it off.” What it fails to mention is that the things sports teams do are very similar to what Greek Life does. Sports teams make members carry equipment while Greek Life makes members carry notebooks or lunch boxes. Sports teams make their members wear items such as bibs, while Greek Life makes their members wear items such as crowns or hip packs. Sports teams have initiation meetings. If a club or organization does not comply with this rule, it will be turned into an inactive and ineligible for funding.

I do agree with Matt Fortney’s suggestion of forming a Communication Advisory Board (CAB) for the Spectrum, the newspaper, and organization.

However, I worry about the purpose it will serve, especially after Mr. Fortney suggests that it will make the “righter reign on the Spectrum.”

I know quite well of the beliefs that alcohol is the first prerequisite to having fun, and the success or failure of SHU events can be determined by the number of participants, are tragic. As a student and a member of the Student Government, I think it is important to have some understanding of the function of Student Government. Unless you are interested in promoting some cause that is important to you, unless you are interested in becoming a career in journalism. This is not only does the Spectrum fail to do this, but because they are considering the Spectrum as a public relations campaign. I can tell you that I have seen people who have shared our serious accidents, some fatal, many as a result of alcohol.

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Ryan Aleet
senior

Student Responds to Nov. 6 Letter on Educating Sports Teams about Hazing

To the Editor:

The article had plenty to say about sports teams “getting away with” making numbers do various things and “everyone laughs it off.” What it fails to mention is that the things sports teams do are very similar to what Greek Life does. Sports teams make members carry equipment while Greek Life makes members carry notebooks or lunch boxes. Sports teams make their members wear items such as bibs, while Greek Life makes their members wear items such as crowns or hip packs. Sports teams have initiation development as a truly Catholic university. How long do we really believe our school can continue along the path we are traveling before a tragic accident occurs? We can scare away some faculty, staff and administrators may be well aware of how serious our alcohol problem has become, and speak in favor of making decisions in accordance with those of a Catholic university, unless students join them in their programs, they messages will continue to fall of dead ears.

David.Collum
sophomore

FORMER EDITOR ADDRESSES THE YEARLY BATTLE BETWEEN SPECTRUM AND CCO

To the Editor,

I am writing in response to the letter to the editor titled “Edu­cation Sports Teams Need to Be Carried Over to Sports Teams.” As I read this, all I could think about was the concept that education is tradition to welcome and have some fun with new players. Yes, it may be a pain if you’re the one being initiated, but in the end, you have a good time.

I don’t understand why the sports teams do for initiation are wrong, yet things done for Greek Life initiation are fine.

The article had plenty to say about sports teams “getting away with” making numbers do various things and “everyone laughs it off.” What it fails to mention is that the things sports teams do are very similar to what Greek Life does. Sports teams make members carry equipment while Greek Life makes members carry notebooks or lunch boxes. Sports teams make their members wear items such as bibs, while Greek Life makes their members wear items such as crowns or hip packs. Sports teams have initiation development as a truly Catholic university. How long do we really believe our school can continue along the path we are traveling before a tragic accident occurs? We can scare away some faculty, staff and administrators may be well aware of how serious our alcohol problem has become, and speak in favor of making decisions in accordance with those of a Catholic university, unless students join them in their programs, they messages will continue to fall of dead ears.

David.Collum
sophomore

Student Responds to Nov. 6 Letter on Educating Sports Teams about Hazing

To the Editor:

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David.Collum
sophomore

Victim of Art Vandalism Speaks Out

To the Editor:

Here are some questions for the person or persons who vandalized my sculpture on campus:

Did you think about how the sculpture was made or how long it took to do?
Did you dislike the way it looked?
Did you wonder why anyone would spend time doing that?
Did you feel that I should have made an image of an ideal?
How would you make an image of an ideal?
Do you think it was art?
Do you think you are an artist?
Do you know anything about art?
Would you be happier if there was no art?
Did it matter what it was that you were damaging?
Was it just that my sculpture was convenient?
Were you thinking about what you were doing?
Are you thinking about what kind of person you are?
Are you proud of what you did?
Are you sorry?
Does it matter at all?

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Vacation's almost here

By Carmela Chisholm
Co-Features Editor

As she walks down the hallway, it's easy to notice the stares and double takes of those walking around her. But it's not because she dresses funny or because her hair is some strange color, it's because she's only four feet tall.

Elaina Papachristos is a normal sophomore social work major, who enjoys most of the other things that a typical college student does. The only thing that is different about her is the fact that she has a disorder known as achondroplasia. This is a genetic disorder that is caused by two recessive genes. It affects the growth of cartilage and the formation of enchondral bones, which results in dwarfism.

However, despite her disorder, Elaina never lets any obstacle get in her way. She has even overcome her doctor's predictions.

"I reached my goal for height," she commented with a laugh. "They said I was only going to be three-six!" So to what does she credit her endurance and strength? Her parents brought her up with a sense of humor to help her deal with it. They taught her that everyone is different and that nothing can stop her from achieving her goals.

Coming to college is not an easy experience for most people. It's a time of freedom and difficult transition. But when there are other circumstances that complicate that transition, it becomes even more difficult.

"I came to Sacred Heart mainly because I liked the campus. Also, I wanted to come here because it was a challenge," she continued. "All my friends in high school were people who I grew up with and who accepted me. Now I had to meet all new people. And I have met a lot of great people. My roommates especially, made me feel very comfortable."

"The friends that I have here were not very uncomfortable at first, as most people are. They're afraid to say the wrong thing or make a joke that offends me. But after a week they realized that nothing they said offended me. Now every other sentence is a joke. Sometimes my friends even play practical jokes on me. They trick things that I use all the time and put them up out of my reach."

Many people may wonder about the difficulties of achondroplasia and how a person can deal with such a challenging situation. Elaina copes by not being overly open about her condition, but by taking things with a sense of humor and a grain of salt.

I guess I have a lot of advantages with this. When I was younger it was always easier for me to play hide and seek and to find better hiding places. I'm one of the only people that can lie on the couch and be comfortable and I never have to worry about taking a bath and having my legs sticking out."

"People stare of course, but I am not like other people. I know a lot of my friends even play practical jokes on me. They'll take things that I use all the time and put them up out of my reach."

Elaina is one of the most important personalities in our student body. She proves that everyone is different and that no one can stop her from achieving her goals.

"I'm going home to Pennsylvania to hang out with my family."
Lookout SHU, here comes the flu season

By J. Maxwell Cook
Contributing writer

November 20, 1997

Achooooooo!! It seems that here at SHU, it’s the season to be sneezin’.

There are monthly pay­

By Patricia Clarke
Contributing Writer

By J. Maxwell Cook
Contributing writer

Everyone has heard of the flu and almost everyone has ex­perienced the miserable conse­quences of catching it. There is no way to stop the flu virus from invading our schools, offices, and homes. However, there are many things you can do to alleviate the symptoms and to avoid infection completely.
The infectious virus usually arrives about the same time that people are beginning to cut their bodies inside away from the cold. Al­though the season changes slightly every year, its peak time usually runs from the end of October until the end of January.

According to Fairfield phys­ician David F. Garrel, M.D., when trying to avoid the flu “there is really no great answer unless you want to be a hermit.”

Garrel says it is very difficult to avoid the flu because we are confined, where the virus can propagate rapidly. The most ef­fective way to avoid the flu is by staying away from people who have it.

Unfortunately, it is impos­sible for many of us to elude the virus. The flu spreads through mainstream society, disabling employees and students. One way to stay healthy around people who are contagious is by getting a vaccine. The influenza vaccination shots are readily available and can keep you immune to the virus for a season.

Garrel suggests that you should get vaccinated if you are over sixty-five or if you have chronic conditions such as asthma, dia­betes, heart disease, or other life threatening illnesses.

Heidi Kuhn, the staff her­b­alist at Sweet Water in Fairfield, recommends taking supplements to avoid the flu. Kuhn says the best herb you can take to avoid getting colds and the flu is called “Astragalus.”

Astragalus is a Chinese herb from the pea family. The root of the Astragalus acts as a deep immune tonic herb which if taken over a period of time builds up the immune system. Kuhn recommends taking the herb a month before the weather starts becoming cold and the virus be­gins taking form. Astragalus should be used for a period be­tween three and nine months.

The flu is caused by a virus called influenza type A. The virus spreads from person to person by direct contact or by air borne germs. Once in­fected, it takes approximately forty-eight hours before the vi­rus replicates enough to cause an immune response.

“The symptoms come on rapidly and are characterized by a high fever, chills, and full body aches. Soon after, the virus affects the forest, lungs, and the mucous membranes. A cough some­times accompanies the symp­toms and can become severe. If you are unable to avoid the flu this season, there are medications that can be effective if taken within twenty-four to forty-eight hours of infec­tion. One drug is called ramapitine, an anti-viral medi­cine that can make the flu symp­toms more tolerable.”

Garrel says, “Ramanpitine can calm the effects and shorten the duration of the illness, but it will not cure it.”

Kuhn suggests another herb called “Echinacea” which has been used in Europe for the virus and want relief from its symptoms. According to Kuhn, Echinacea initiates immune re­sponse and increases the pro­duction of white blood cells in the body.

According to Kuhn, Echinacea should be taken at the first signs of infection and taken in large dosages.

Kuhn also recommends consuming the herb in the liquid extract form and taking up to thirty drops a day. If the Echinacea does not completely ward off the flu, Kuhn says that it will decrease the duration and sever­ity of the symptoms.

A local pharmacist recom­mends various over-the-counter medicines to help flu victims to relieve their symptoms. For aches and pains, Tylenol or Advil are popular choices. The nasal congestion can be reduced with Sudafed or Afrin, and a cough can be reduced with Robitussin DM.

While millions of people use these over-the-counter rem­edies, Kuhn believes that the drugs are actually repressing the body’s natural defenses against the virus. Kuhn explains that when your body is reacting to an infection it will naturally ache and a fever will naturally come on.

Kuhn believes that medi­cines sold in drugstores for the flu repress the body’s natural way of fighting the virus.

“By taking these medicines, you are driving the virus deeper into your body’s system,” says Kuhn, and therefore, you will have the virus for a longer pe­riod of time.

In the very old, very young, or individuals with lung disease, the flu can be fatal. On average, 20,000 people die every year from the virus. If infected, fre­quent hand washing and staying away from others can reduce the spread of the virus.

While it is not easy to go through winter without getting the flu, it is possible. If herbs or medicines don’t do the trick, there’s always chicken soup. Al­though it hasn’t been proven in labs, the salt reduces swelling in the throat, the warmth increases circulation, and the broth can nourish and hydrate you back to health.

Are credit cards financially always the answer?

By Patricia Clarke
Contributing Writer

One student’s relationship with credit cards began with a Stern’s department store cus­tomer card. A couple of years and seven credit cards later, she is now wary of the appeal of credit cards.

“For me, credit cards are a negative thing. Many students fail to realize the responsibility that comes with a credit card,” said Danielle Brown, a junior from Long Island.

“Then they are monthly pay­ments to be paid and interest rates. I’ve stopped charging so that I’m not paying all my bills,” said Brown.

Recruitment by credit card representatives, with letters like T-shirts and phones as sign-up incentives, are a com­monplace sighting for Sacred Heart University students.

Aggressive marketing, ac­cording to an article by Halimah Abdallah in the New York Times, has increasingly encouraged stu­dents to subsidize their college life with credit cards.

“Credit cards can be both positive and negative,” said Mitch Elgarico, a junior from Stamford.

“Positive, because it offers an opportunity to estab­lish credit history. Negative, because students can carelessly abuse the privilege.”

The Times article points out that freshmen and students strapped for cash are particu­larly at risk for credit card mar­keting.

Debbie Conrad, manager of community education at the Michigan division of Credit Counseling Service, a non­profit organization that advises people with debt problems, is quoted by Abdulah as saying, “We’re running into students who feel they had neither the income nor the maturity to handle a credit card.”

“Many students are not interested loans, poses problems.

“Credit and finance charges ac­cumulate debt before graduation.”

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Are you looking for some extra cash? We're looking for an early riser to deliver our papers on Thursday mornings. Night owls need not apply. For more information call 371-7963.

Physics In Our Lives

Physics Of Popcorn

(NAPS)—The cheerful sound of popping corn is a national tradition at parties, movie theaters and snack time. Corn used for popping comes from a special strain called the pericarp. The corn is stronger and has a more airtight outer covering. All corn contains moisture and as popcorn is heated, the moisture becomes superheated steam. Pressure builds up inside the pericarp and at an unpredictable time this hard outer coating suddenly ruptures.

"It takes a very short time, from the time the pericarp ruptures, until the completion of the expansion occurs. It's in the same range that one would find for explosions, very rapid," explains Carol Hoseney of Kansas State University.

Unpopped kernels are due to damaged pericarps. Just a slight scratch or other imperfection allows the heated moisture to gradually escape, rather than build up. Another reason for unpopped corn is too little moisture in the kernels. Excessive moisture results in tough, rather than crunchy, popcorn. The white ball of well-popped corn is made up of mostly protein and starch granules.

"Starch itself is rather dense and after the popping, we get maybe a thirty times expansion," states Hoseney. "So, you've got a lot of space involved in the popped corn."

The moisture level of popcorn is a critical factor. If the old-fashioned skillet method produces a lot of unpopped kernels, Hoseney suggests putting the batch inside a refrigerator for a few days so moisture levels can rise. Microwave popcorn is in sealed bags which usually avert moisture loss.

"Here's a tip for skillet poppers: superheated steam inside a kernel can gradually escape from microscopic holes. So when popping corn on the stove top, do it as quickly as possible to maintain that explosive pressure which results in fluffy white popcorn.

Campus Happenings

Accounting Club News
The Accounting Club will hold its Fall Academic Year Party and last meeting on Dec. 3 at 2 p.m. All are welcome. For more info, contact Andrea at 365-0929.

Career Development
Attend a prep for success interview workshop, on any of the following dates:
- Nov. 20 at 10 a.m.
- Nov. 24 at 11 a.m.
- Dec. 3 at 1 p.m.
- Dec. 4 at 5 p.m.

The following are dates for the resume writing workshops:
- Nov. 24 at 3 p.m.
- Dec. 2 at 3 p.m.

Irish Coffeehouse
Tonight at 8 p.m. in the Faculty lounge, the Irish coffeehouse will take place. The coffeehouse will feature the band Highland Rover, Irish coffee, and other Irish foods.

Diversity Dinner
Tonight from 5 to 7 p.m. in the cafeteria, a dinner will be held for Diversity Week.

Dance-a-thon
On Nov. 21 in the outpost from 9 p.m. to 1 a.m., a dance-a-thon sponsored by the Ballroom Dance Club will take place. The dance-a-thon will also include a bake sale. For additional information contact Irene McDonald at 381-0756.

Overseas Press Club Scholarship
The OPC is offering scholarships for any graduate and undergraduate full-time students who aspire to careers as foreign correspondents. Seven scholarships of $1,000 each will be awarded. Applicants should submit a 500 word essay describing international issues. For more information or entry form, call (212) 983-4655. Entries must be received by Dec. 18.

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 Artículo: Toys

How do residents of apartment-style housing eat? Students living in South and West Halls have micro-wave ovens. Those without such easy access to Flik sometimes find other means of feeding themselves. The inhabitants of off-campus housing, as well as Jefferson Hill, are more independent in their eating habits.


"I cook... if you consider Ramen noodles and macaroni and cheese cooking," said Beth Gaffney, a sophomore psychology major from Long Island. Both live at Jefferson Hill.

The most popular foods among apartment dwellers are usually the easiest to prepare. These are usually foods with little preparation depending on what is ordered.

"We don't eat healthy," said Filonow. "Whatever is easiest to cook.

The less preparation, the better," said Gaffney. "I usually cook whatever is easy to heat up, such as canned stew, soup and pasta.

"We live on macaroni and cheese, and pasta," said Melinda Gulyas, a sophomore pre-occupational therapy major from Monroeville. Students also order food to be delivered.

What they order is usually pizza, which is not the healthiest of foods. Chinese food is healthy, depending on what is ordered.

"I eat at Flik," said William Diaz, a junior computer science major from Queens, N.Y. "I rarely cook but when I do, I use the microwave brought from home."

Some students claim that the reason for cooking in their apartments rather than eating at the cafeteria or Marketplace is monetary. It is cheaper in many cases to cook at home.

"I cook because the Marketplace is outrageously expensive," said Kevin Horgan, a senior psychology major from Brooklyn, N.Y. "I eat at a Russian deli, mostly cheeseburgers and sloppy joes."

More students eat at home because it is easier than going back to the academic building.

"Dinner is usually in the house, but lunch is usually at Flik. There is no breakfast," said Kate Mackesy, a junior psychology major from Long Island. "Dinner for me consists of chicken patties and fries, or pasta."

"I recommend Tyson Southern Fried Chicken Strips because they're real chicken," said Mackesy. "They go great with Ore-Ida Zesty Twirls (french fries)."

"I've cooked macaroni and cheese at my friend John's apartment once," said Phil Tartaglia, a resident assistant in West Hall. "I have prepared a ten-course meal in the kitchen for my entire floor."

Not all students cook only quick convenient foods. Some actually take time to cook well-rounded, healthy, multi-course meals.

"From time to time in my apartment, there is one roommate who actually cooks," said Filonow.

Barbie doll is the number one children's toy

By Stephanie Smith

Barbie with Goldie the dog was eleventh on the list. Criticism from feminists and child advocates surrounds Barbie. Critics argue that her body shape is unrealistic and encourages the wrong ideals for girls.

"Is Barbie going to have a negative impact on people's images? I suppose so," said Kelly Diaz, a junior psychology major from Long Island. "But is it better in the new form? Probably."

Another expert argues that Barbie does not have a great effect on self-image.

"The fact is, the way a five-year-old plays with a doll like that is as a vehicle for imaginative play," said Dr. Robert Schacter, a New York psychiatrist who has studied toys and children's play.

"They create all kinds of scenarios that really don't have anything to do with her looks.

Barbie doll and Goldie the dog were among the top selling toys this year. The iconic Barbie doll has seen changes in her body shape, clothing and accessories over the years. She has evolved from a princess to a more realistic figure to a more athletic and versatile woman. The new Barbie has a more realistic body shape, with more curves and a fuller figure. She also has more diverse clothing options and accessories to reflect the diversity of modern girls and women.

Marketing, communication, and the impact of media on children is of great concern to educators and child advocates. The American Psychological Association recommends that parents and caregivers encourage children to explore a wide range of interests and hobbies, not just those related to traditional gender roles. They also advise that parents limit screen time and encourage outdoor play and other activities that promote physical activity and social interaction.

Yet, despite the criticism, Barbie remains a beloved and popular toy among girls and women of all ages. She continues to inspire and empower young girls and serves as a role model for many. Whether the changes to Barbie's appearance are seen as positive or negative, they reflect ongoing discussions about gender roles, body image, and how we represent and value women in society.

Movie in the Schine this weekend

By Tara S. Deenihan

"Air Force One," starring Harrison Ford and Gary Oldman, will be appearing this weekend in the Schine Auditorium. "One" is an action flick with a brain about the hijacking of the presidential jet by Russian terrorists.

Ford plays the President, who after taking a strong stance against terrorism at a Russian summit, finds himself forced to decide whether to enact his own policy at the risk of his safety and that of his family.

The Vice President, played by Glenn Close, also faces a dilemma: she is asked to declare the President incapable of serving and take over in his stead.

Gary Oldman plays the leader of the terrorist group, who are admitted on the plane, believing to be a Russian press agent. With great acting jobs by the entire cast and an original plot for an action film, "Air Force One" delivers suspense and thrills.

Ford is as much fun to watch as ever as he schemes and fights to save his nation and his family, and Oldman plays off him well, seeming at first the picture of evil, and later a tortured soul. The stunts and special effects expected of any action film also contribute to the powerful punch.

Flight scenes on the edge of an open airplane ramp and high flying chases make the movie fun for viewers.

"Air Force One" will be showing in the Schine Auditorium on Saturday at 5 p.m. and 7 p.m., Sunday at 4 p.m. and Monday at 9 p.m.

The event is sponsored by the Student Events Team. Admission is free.
MacLean captures 'silence'
The Canadian singer/songwriter enchants

By Tara S. Deenihan
Asst. A&E Editor

Canadian singer/songwriter Tara MacLean is just beginning to appear on the American music scene with her debut album "Silence."

MacLean's musical and lyrical style is reminiscent of other female singers like Sarah McLachlan and Paula Cole. "Silence" is an eleven track chronicle of emotion best appreciated by listeners in despair. MacLean's songs are mostly slow and sad, and at first glance appear whiny and repetitive. Her sorrow grows on you, though.

Despite her seemingly infinite melancholy, MacLean possesses an engaging musical ability. Her music and lyrics together create a mood within the listener of solitude and contemplation.

The title track is led in by jaded electric guitar, contrasted by MacLean's soft voice. Other tracks include "Evidence," about finding one's voice in the world, and "More," the album's highest point — it's a high-flying love song.

MacLean cites influences like Dead Can Dance and Sarah McLachlan. She has received help getting recognized from McLachlan and other already influential Canadian artists.

She currently records under Nettwerk, McLachlan's record label, and appeared for selected dates at last summer's Lilith Fair. McLachlan's husband, Ash Sood, plays drums on "Silence" as well. "Silence," by Tara MacLean is currently available at local stores.
Jennifer Love Hewitt tells it like it is

The 'Party of Five' star has several up-coming movies and even a few albums under her belt.

By Ian Spelling
College Press Service

Jennifer Love Hewitt knows what she wants to be when she grows up.

"I definitely want to go to college and study creative writing so I can write children's stories," she says. "Shel Silverstein was the big children's author I read. His books are not just for kids and I love how he's not condescending towards children. Even if a kid doesn't get it right away, that kid will want to read it again; and he or she will get it eventually."

While Hewitt says she'd love to go to Boston, UCLA or Pepperdine in a year or two, for now she will have to content herself by not just a regular on television's beloved "Party of Five," but the star of America's No. 1 movie for two straight weeks, the horror flick "I Know What You Did Last Summer."

Hewitt plays the sensible Julie, one of four friends — Sarah Michelle Gellar, Ryan Philippe and Freddie Prinze, Jr. play the other pals — who are terrorized by a killer a year after their car hit and killed a man whose not-quite-dead body they tossed in a lake.

Funny thing that Hewitt should turn up in "Last Summer," in which she's the big children's author I am reading. Hewitt had never seen a horror movie until a few days before "Last Summer" commenced filming.

"Oh, please!" shouts the friendly, chatty actress during a conversation at Sony Pictures' Manhattan offices.

"The day after I saw the film, I had an interview with a journalist who sat in front of me at a screening. When he saw me, he said, 'I went home with such a headache because you were screaming the whole way through.' It was so funny, because I knew exactly what was going to happen, but was still absolutely terrified.

When the makers of "Last Summer" first approached Hewitt, they wanted her to tackle the part eventually played by Gellar, but Hewitt explained that she'd rather read for Julie. Had the producers insisted she play the part eventually played by Gellar, they wanted her to tackle the part eventually played by Gellar, but Hewitt explained that she'd rather read for Julie. Had the producers insisted she play Gellar's role, Hewitt would have passed on the project.

"Julie really grew throughout and I thought she'd be the bigger challenge for me as an actress," Hewitt notes.

"She goes through like twenty different personalities. In each scene, she was somebody different. She went from being loving, happy and sweet to being scared and vulnerable and having no idea what to do."

"Then she feels this complete hatred for her friends for not listening to her on the night of the accident."

"She comes back from college completely demolished, wisecracking and ghastly."

"And she then has to become strong again, find her friends and fight to survive."

"It was exciting to play that, because for these 20 different personalities there were 20 different ways I could've played them."

"On the heels of "Last Summer" comes "Telling You," which the 18-year-old actress describes as "Mystic Pizza" with guys."

"I'm the Long Island Lolita who's super-perky and bouncing off the walls," she says, laughing. "I basically stalked this one guy back in high school and now I come back to town and annoy everyone. It's a real role."

Right now, Hewitt's shooting "The Party," in which she's the dream girl of the lead (Ethan Embry).

"It's a romantic comedy with a lot of romance and comedy, but it's also an 'American Graffiti' kind of thing," she says. "It's about what happens to all these high school kids who are just about to graduate."

As for "Party of Five," the show is going stronger than ever and, even though Bailey (Scott Wolf) and Sarah (Hewitt) broke up, Sarah remains an integral character.

"They're roommates now," Hewitt says. "They're both going to have romances coming up, which will create some tension."

"You'll never be quite sure if we're jealous of each other or happy for each other."

"Also, something's going to happen to Charlie that'll have an effect on Sarah and Bailey."

"People who love to grab tiss­ues and cry during "Party of Five" will definitely get their chance."

"Hewitt has come mighty far, mighty fast. Beyond her acting exploits, which include the TV shows "The Byrds of Paradise" and "McKenna," as well as the film "Sister Act" — she's got three albums to her credit.

Fortunately, she seems to have a good head on her shoulders. "My mom's a big part of my keeping my feet on the ground," she notes.

"I'm incredibly lucky and don't ever want to take for granted all the opportunities I get."

"I know that for every job I get at least 50 girls could've done it as well or better, or just might have been more right."

"Every actor should know that."

"Hewitt says she compares her job to a toy.

"I know it sounds weird but it makes sense," she says. "When you're a kid you really, really want this one toy.

"You get it, stomp on it and throw it against the wall. You don't treat it with respect. If you treat it that way for too long, it gets taken away and you never get it back, or it breaks and you never get it back."

"Instead, Hewitt says she plans on treasuring the opportu­nities she's been given, just as she would a favorite doll or game from her childhood.

"If you treat it gently and care for it, you get to keep this precious thing you've always wanted."

"That's how I look at what I do, and I want to treat it really well and hold on to it for as long as possible."

"Party of Five" is on Wednes­day nights on Fox at 9 p.m.

Jennifer Love Hewitt tells it like it is

The 'Party of Five' star has several up-coming movies and even a few albums under her belt.

By Ian Spelling
College Press Service

Jennifer Love Hewitt knows what she wants to be when she grows up.

"I definitely want to go to college and study creative writing so I can write children's stories," she says. "Shel Silverstein was the big children's author I read. His books are not just for kids and I love how he's not condescending towards children. Even if a kid doesn't get it right away, that kid will want to read it again; and he or she will get it eventually."

While Hewitt says she'd love to go to Boston, UCLA or Pepperdine in a year or two, for now she will have to content herself by not just a regular on television's beloved "Party of Five," but the star of America's No. 1 movie for two straight weeks, the horror flick "I Know What You Did Last Summer."

Hewitt plays the sensible Julie, one of four friends — Sarah Michelle Gellar, Ryan Philippe and Freddie Prinze, Jr. play the other pals — who are terrorized by a killer a year after their car hit and killed a man whose not-quite-dead body they tossed in a lake.

Funny thing that Hewitt should turn up in "Last Summer," in which she's the big children's author I am reading. Hewitt had never seen a horror movie until a few days before "Last Summer" commenced filming.

"Oh, please!" shouts the friendly, chatty actress during a conversation at Sony Pictures' Manhattan offices.

"The day after I saw the film, I had an interview with a journalist who sat in front of me at a screening. When he saw me, he said, 'I went home with such a headache because you were screaming the whole way through.' It was so funny, because I knew exactly what was going to happen, but was still absolutely terrified.

When the makers of "Last Summer" first approached Hewitt, they wanted her to tackle the part eventually played by Gellar, but Hewitt explained that she'd rather read for Julie. Had the producers insisted she play Gellar's role, Hewitt would have passed on the project.

"Julie really grew throughout and I thought she'd be the bigger challenge for me as an actress," Hewitt notes.

"She goes through like twenty different personalities. In each scene, she was somebody different. She went from being loving, happy and sweet to being scared and vulnerable and having no idea what to do."

"Then she feels this complete hatred for her friends for not listening to her on the night of the accident."

"She comes back from college completely demolished, wisecracking and ghastly."

"And she then has to become strong again, find her friends and fight to survive."

"It was exciting to play that, because for these 20 different personalities there were 20 different ways I could've played them."

"On the heels of "Last Summer" comes "Telling You," which the 18-year-old actress describes as "Mystic Pizza" with guys."

"I'm the Long Island Lolita who's super-perky and bouncing off the walls," she says, laughing. "I basically stalked this one guy back in high school and now I come back to town and annoy everyone. It's a real role."

Right now, Hewitt's shooting "The Party," in which she's the dream girl of the lead (Ethan Embry).

"It's a romantic comedy with a lot of romance and comedy, but it's also an 'American Graffiti' kind of thing," she says. "It's about what happens to all these high school kids who are just about to graduate."

As for "Party of Five," the show is going stronger than ever and, even though Bailey (Scott Wolf) and Sarah (Hewitt) broke up, Sarah remains an integral character.

"They're roommates now," Hewitt says. "They're both going to have romances coming up, which will create some tension."

"You'll never be quite sure if we're jealous of each other or happy for each other."

"Also, something's going to happen to Charlie that'll have an effect on Sarah and Bailey."

"People who love to grab tiss­ues and cry during "Party of Five" will definitely get their chance."

"Hewitt has come mighty far, mighty fast. Beyond her acting exploits, which include the TV shows "The Byrds of Paradise" and "McKenna," as well as the film "Sister Act" — she's got three albums to her credit.

Fortunately, she seems to have a good head on her shoulders. "My mom's a big part of my keeping my feet on the ground," she notes.

"I'm incredibly lucky and don't ever want to take for granted all the opportunities I get."

"I know that for every job I get at least 50 girls could've done it as well or better, or just might have been more right."

"Every actor should know that."

"Hewitt says she compares her job to a toy.

"I know it sounds weird but it makes sense," she says. "When you're a kid you really, really want this one toy.

"You get it, stomp on it and throw it against the wall. You don't treat it with respect. If you treat it that way for too long, it gets taken away and you never get it back, or it breaks and you never get it back."

"Instead, Hewitt says she plans on treasuring the opportu­nities she's been given, just as she would a favorite doll or game from her childhood.

"If you treat it gently and care for it, you get to keep this precious thing you've always wanted."

"That's how I look at what I do, and I want to treat it really well and hold on to it for as long as possible."

"Party of Five" is on Wednes­day nights on Fox at 9 p.m.
**Sports in brief**

**Ice hockey begins season on the road**

The Sacred Heart women’s ice hockey team began its first season under new coach Trina Bourget last Saturday and Sunday at the University of Maine and the University of Vermont, respectively.

**Nine-ball tournament in Hawley Lounge**

Sign up now for a 9-ball tournament in the Hawley Game Room on Saturday at 11 a.m. The tournament is sponsored by Billiard Digest and Boston Billiards.

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**Strikers score high**

By Corinne A. Waldheim  
Sports Editor

Placing second and third in its respective divisions, the Sacred Heart men’s teams competed at the Eastern Inter-collegiate Bowling Conference in Syosset, N.J.

"The teams showing a more positive attitude than I have seen in the past. Everyone supported each other," said junior Jim White. "I think it will continue.

Leading the third place men in the Classic Division was freshman Curtis Thompson (Windsor), averaging 222. His highs include a game of 267 and a 698 series.

Thompson, the teams anchor, was followed by senior Marc Kozak (Albany, N.Y.). Kozak averaged 208.

"It wasn’t a bad start," said sophomore Tony Lopez.

St. John’s, ranked second nationally by the Bowling Writer’s Association of America, led the Classic Division with thirty-five points. William Patterson University (35 points) snagged the second slot just four pins behind St. John’s Blue Storm.

Teams earn points for both individual performance and team score. Against St. John’s, the men lost by just two sticks (pins) in a 205-203 match. Total points in the Classic Division were based on seven games, while in Metro teams only bowled six.

**MEN’S BOWLING**

**Teams**

Against WPU, SHU dominated. The five-man team threw a big series of 1210. Including freshman Jason Ayavaco’s 257, White’s 235, Kozak’s 267 and Thompson’s 266.

In the Metro-Division, the B team placed second. Chris Middleton led the squad with a 196-six-game average. Middleton shot a high game of 243 and series of 661.

SHU’s high team game was 1037 in the six-game competition.

During the Thanksgiving break, the men traveled to St. Louis, Mo. The National Collegiate Match Games will be competing in the blue squad at 4 p.m. on the 26th and 12 p.m. on the 27th.

On Saturday, the Pioneers travel to Bellevue, N.J. for the second of five E.I.R.C. meets, beginning at 12 p.m.

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**Spotlight on Volleyball**

**MELISSA A. MORE**

Name: Melissa Amore  
Age: 20  
Hometown: Clinton, CT  
Position: Setter  
Hero: My mother  
Favorite Song: "Endless Love"  
Favorite Movie: "I Know What you did Last Summer"  
Favorite Book: "Green Eggs and Ham"  
Quote: "Believe and Achieve"  

Why did you come to SHU? Small school with a nice atmosphere  
Major: Psychology  
Future Plans: Elementary school teacher  
Pet Peeves: People with no common sense

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**SPORTS**

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**Volleyball: Sacred Heart lady spikers end season at 18-20 overall, 8-6 in NECC**

**Continued from page 16**

"We’re losing two great leaders and that is going to affect me personally because they have been the liaison between the team and I," said Carter. Carter is looking for a setter to fill the hole that Amore will leave.

"We need a setter who is going to pick up where she left off," said Carter. "Someone who can automatically come in and run our offense."

"If we combine our physical attributes with better mental preparation," said Carter. "You’ll see an amazing increase in our game next year."
Laursen and Anania score in Syosset EIBC

By Corinne A. Waldheim

A crowd of approximately 100 looked on as their siblings, children and former teammates competed at the Eastern Intercollegiate Bowling Conference. The Sacred Heart women's bowling team competed in both the Classic and Metro Divisions.

The women approached the lanes with a new goal this year. This competition would be their first in the upper-level average division. They competed with men's teams including St. John's from New York, ranked second by the Bowling Writers' Association of America, William Patterson University of New Jersey, the 1992 Intercollegiate Bowling Champions and the SHU men's team, ranked 20th.

The Lady Pioneers have competed with male counterparts before, but never of this caliber. The A team came out fighting against Rutgers. They captured seven of eight possible points with Laursen earning the team's high game of 1053. Sophomore Lisa Laursen (Staten Island, N.Y.) shot 278. Laursen wasn't done as she blazed the competition with a two-game plerethor of strikes (20). One impressed bystander who had never seen Laursen bowl asked, "Does she always bowl like that?"

Laursen completed the 740 series with a 259 and a 203.

WOMEN'S BOWLING

Freshman Jackie Olszewski on the approach at Syosset Lanes

"I was having a good day," said a humble Laursen, who was second on the team averaging 212. Chrysity Anania led the Lady Pioneers (213), and began the day slow but accelerated after being moved from lead-off to anchor. She shot 673 for her second set. Junior Adrienne Oshman (Yorktown Heights, N.Y.) averaged 183, followed by sophomore Kristen Newman (Point Pleasant, N.J.), averaging 183. Against the SHU men's team, the women took six points. The Lady Pioneers shot 933 to the Pioneers 893.

Most impressive was the victory over Rutgers. They captured seven of eight possible points with Laursen earning the team's high game of 1053. Sophomore Lisa Laursen (Staten Island, N.Y.) shot 278. Laursen wasn't done as she blazed the competition with a two-game plerethor of strikes (20). One impressed bystander who had never seen Laursen bowl asked, "Does she always bowl like that?"

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Men's Basketball: bests SHU

Continued from page 16

the locker room trailing, 42-38. The Falcons exploded onto the court in the second half, outscoring the Pioneers 30-9 in the first eleven and a half minutes.

"When we got out to the 10-0 start I thought, geez, this is how we do it," said Coach Dave Bike. "I thought we were ready to play. But as the game went on, we did many negative things." Among them were 21 turnovers committed by the Pioneers. Even though Sacred Heart edged Bentley in rebounds, 54-53, the defense that Bike thought would carry their team didn't.

"We got outplayed," said Bike. "Ninety-two is too many to give up for the type of game it was." There were some bright spots for Sacred Heart offensively. Senior guard Travis Frye led the team with 18 points and seven rebounds. Andrew Hunter and John Randazzo came off the bench to score 15 and 11 points respectively. Hunter was a perfect 3-3 from three point range. Kurt Reis tallied nine points on 3-9 shooting to go with eight assists and five steals against three turnovers.

Sacred Heart played its first Division I opponent in 17 years on Tuesday when they squared off against Long Island University. The A team came out fighting against Rutgers. They captured seven of eight possible points with Laursen earning the team's high game of 1053. Sophomore Lisa Laursen (Staten Island, N.Y.) shot 278. Laursen wasn't done as she blazed the competition with a two-game plerethor of strikes (20). One impressed bystander who had never seen Laursen bowl asked, "Does she always bowl like that?"

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Write for Sports!

Ice Hockey: Pioneers beat the opposition home, away

Continued from page 16

Demetriades explained, "I believe we had team unity and this was a factor. We had a lot of depth." Left wing Paul Adimando added, "The more we play together, the better we will get. Against Iona, there were some outstanding defensive performances."
SHU begins with loss to Bucknell

The Sacred Heart women's volleyball team lost to Bucknell with a 64-53 loss this past weekend at Bucknell. Bucknell was the first in a long line of away games against Division I institutions. "I think they played hard and that's a good first step," said Coach Ed Swanson. "We need to execute better. We didn't shoot or rebound as well as we could have."

Senior captain Chrissie Perkins, junior captain Jessica Bresnahan, junior Shannon Walsh and Jen Rinkus and freshman Heather Coonradt started the game for the Lady Pioneers. Rinkus, a guard, led the team in scoring with 16 points. "Jen played very well for us," said Swanson. "She attacked the glass well and got the job done."

According to Swanson, lack of rebounds was the key factor in the loss. We need to rebound better on the defensive end and offensively as well, in order to score more frequently," said Swanson.

Sophomore Katie Toole led in rebounds with four, three of which were defensive. SHU had a total of 25 rebounds in the game versus Bucknell's 47.

Other leaders included sophomore Heather Yahalka with eight points, Perkins had seven, Toole and junior captain Angela Perkins each had five, Bresnahan and freshman Erin O’Neill each had four, freshman Abby Crotty had three and Coonradt had one.

"I don't think Bucknell is all that much better than us," said Bresnahan. "We did some good things, but we were lacking in others. It was a good first game because it gave us an idea of what we're up against this season."

"It was our first game and we're still working things out, but I'm sure it's all going to come together," Bresnahan added.

The team will travel to New Jersey this Saturday for a game against Monmouth University. Game time is 3 p.m.

MEN'S ICE HOCKEY

The Sacred Heart ice hockey team faces off with Iona at home.

See Ice Hockey, page 15

Bentley dominates

See Men's Basketball, page 15

WOMEN'S HOOPS

The Sacred Heart women's basketball team opened its season with a 64-53 loss this past weekend at Bucknell. Bucknell was the first in a long line of away games against Division I institutions. "I think they played hard and that's a good first step," said Coach Ed Swanson. "We need to execute better. We didn't shoot or rebound as well as we could have."

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MEN'S HOOPS

The Sacred Heart men's basketball team lost to Bucknell with a 10-0 lead in its season opener against Bentley, but quickly saw it dissipate. The Falcons answered with a 20-4 run and came away with a 92-68 win last Sunday in Waltham, Mass. Sacred Heart shot just 33 percent from the field and was outscored by 20 points in the second half. The Pioneer defense was ripped by Bentley scoring ace Jamie Baker, who scored a game high 30 points in just 27 minutes of play. Baker was 12-17 from the field, including 6-10 from behind the three-point line.

Sacred Heart finished the first half with an 8-1 run and went into the locker room trailing by 41-31. The Sacred Heart shot just 33 percent from the field and was outscored by 20 points in the second half. The Pioneer defense was ripped by Bentley scoring ace Jamie Baker, who scored a game high 30 points in just 27 minutes of play. Baker was 12-17 from the field, including 6-10 from behind the three-point line.

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