Physically disabled students lack accessibility

By Brian Corasaniti
Co-News Editor

Handicap access on campus is a growing concern for physically disabled students at Sacred Heart. Some feel their needs are not being met by the school.

"I really think that these administrators, Dean (Michael) Botzone and others say they are looking into things and however very little has been done in making the campus friendly for physically disabled students," said Brian Polovoy, a physically disabled first-year student from Brooklyn, N.Y.

"Do we need to improve? Yes. We have been working on this since last summer, and it is something we need to do," said Jill Angotta, director of Special Services.

Chris LaFlamme and Matt Sauer help Nuala Hetzler out of a door that many think should be accessible for all physically disabled students throughout Sacred Heart University campus.

Old gym, new pub?

By Brian Corasaniti
Co-News Editor

A preliminary proposal is in the works to convert part of the old gym into a new pub for students.

The new pub would cost around $624,000 with furnishings, and $504,000 without.

$60,000 of that would come from Student Government’s capital expenditures and then they would request another $60,000 to be matched by the school.

The final $554,000 would be funded from a tuition raise of $25 per student.

These ideas are still preliminary and nothing has been firmly decided yet.

Inside...

AIDS Awareness happens year round...see page 3

Save yourself from an eating disorder...see columns, pages 4 & 6

Alpha exhibit teams up with SHU...see page 9

Jeff Schietzel and Kevin O’Malley stand proud even though they are currently under suspension.

AIDS Awareness happens year round...see page 3

Save yourself from an eating disorder...see columns, pages 4 & 6

Alpha exhibit teams up with SHU...see page 9
NEWS BRIEFS

CPA Society announces eighth essay contest

The Connecticut Society of Certified Public Accountants (CSCPA) has announced its eighth annual College Essay Competition. The contest, which has a March 31 deadline, offers a $500 cash prize.

The competition is open to juniors and seniors majoring in business and currently enrolled in at least one accounting course are eligible.

The essay must be on the following topics: the Internet and its effects on research; "over-the-counter" tax software and its effect on the profession; marketing on the Internet; or promoting CPA firm services on the Internet.

For more information, call Ms. Lugo at (860) 525-1153.

Media Studies Symposium coming to SHU

Author Todd Gitlin will be speaking at the 4th Annual SHU Media Studies Symposium on March 15. He will speaking about "The Age of Entertainment Overload."

Gitlin’s books include The Twilight of Common Dreams: Why America Is Wracked by Culture Wars, The Sixties: Years of Hope, Days of Rage, Inside Prime Time and The Whole World.

He was a professor of sociology and director of the mass communications program at the University of Berkeley for 16 years. He is currently a professor in the departments of culture and communication, journalism and sociology at New York University.

The event is sponsored by a lecture studies dedicated to the memory of Max Dickstein, Daniel Friedman Gottlieb and Ned Gottlieb.

The Symposium will be at 7:30 p.m. in the Schine Auditorium. Admission is free and refreshments will be provided.

For more information, call 371-7810.

ATTENTION SHU: Any on-campus department or organization that has news for this section, please send it to the Spectrum office by Monday of the week you would like your news published.

Compiled by Brian Corasaniti

USE A LITTLE RESTRAINT WITH YOUR KIDS.

Sometimes you just gloss just hate to be alone. And when you're on the road, that problem is headlines in their own way. And, of course, the kids will be more than ready for the long road ahead of them.

YOU COULD LEARN A LOT FROM A STRANGE ROCKY! ROCKY'S SAFETY BELL

Continued from page 1

Building: plans for brand new construction underway

School. She believes that by adding the additional space, it would alleviate that kind of problem. Other concerns Madonna has are the needs of safety and the handicapped accessibility.

Madonna said he is looking into every possible place to make sure its handicapped accessible.

“As for security purposes, the specific design items would be decided as the architects design plans for the building.”

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An Entertainment/Event Planning Company is looking for talented people.

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PARTY DESIGN SPECIALISTS

An Entertainment/Event Planning Company is looking for talented people.
AIDS awareness is year round

By Kristen Jelormine
Contribution Writer

For the first time in its 16-year history, the number of AIDS cases diagnosed has dropped. "...Experts called the downturn yet another encouraging sign that, at least in the United States, the epidemic might at last be turning a corner," said Sheryl Gay Stolberg in the New York Times.

Stolberg reports that powerful drugs are helping stunt the growth from HIV to AIDS.

But medical advances are just part of what is helping to decrease the number of diagnosed AIDS cases.

"I hope that AIDS awareness is helping this drop," said Dr. Marian Calabrese, an associate professor of English at Sacred Heart University.

Calabrese was part of Sacred Heart’s AIDS Awareness Week, which was held Feb. 16-19.

AIDS Awareness Week is observed once a year. Events this year were sponsored by Campus Ministry, L.I.F.E., Phi Omega Tau, Residential Life and Housing Services, Student Life and the Counseling Center. Events included a mass in the chapel, a speaker infected with HIV and a mock quilt.

The AIDS Quilting Project takes place all year, contributing to the standards awareness on campus. The group makes "comfort quilts" for people infected with the disease. The quilts are personally delivered by students involved in the project.

"I really believe in what we do," said Emily Roselli, a student coordinator of the quilting project. Roselli shares her position with fellow senior Tracy Wilson.

The group never meets the people who get the quilts, but the Wells, who the infected people know that someone cares, said Roselli.

The group serves a purpose in not only contributing to AIDS Awareness Week but working all year to educate students and help people infected with the disease.

The group meets every Tuesday in residence halls on- and off campus.

The Warrens raise chilling goosebumps

Continued from Page 1

In a meeting with Denise Supthin, director of Student Life, following the influx of replies from students sent to Wieck regarding his e-mail, she made a specific demand to them.

She requested that O’Malley and Schietzel send out their own global e-mail, explaining to the students that Deja Vu is not a campus-sponsored event and why Dean Wieck feels it is wrong for students to attend this event.

"I made the deadline for the e-mail very clear; they did not reply," said Supthin. "If they did what I asked, then I never would have sent the case to the Dean, and all of this would have been over before the break," said Supthin.

According to O’Malley, he made a couple of attempts at setting up a meeting with Supthin, but he could not get a hold of her. Supthin replied to that comment, saying she is very often on campus and is not hard to find.

Both students will be on probation for the remainder of the semester. Both are also not allowed to go into the residence halls or the William H. Pitt Health and Recreation Center until after Spring Break.

Probation: Suspended for rest of semester

O’Malley was also given an athletic suspension, which ended Feb. 6. “During my suspension, I missed three practices and two games, one of the games was against Southampton, and this is always a big game for us,” O’Malley added.

Schietzel said, "I go to the gym all the time, because of this sanction I had to join World Gym for two weeks. He adds, “My girlfriend lives in West Hall. I cannot even go to see her.”

Both students think that the sanction handed down doesn’t totally fit the crime.

“I do see their point, that they had to do something, but I think the penalties imposed were a little bit harsh,” said O’Malley.

Disabled: Access throughout SHU unsuitable

Continued from Page 1

also said so many people entering and leaving the building would wear out the automatic door buttons quickly.

Another problem is the accessibility of the William H. Pitt Health and Recreation Center. According to Sutphin, the building has a problem for physically disabled persons. She also said that many physically challenged people need transportation to get up to the Pitt Center.

"We currently do not have vans that are wheelchair accessible," she added.

"I really think they should put something in place and start doing things. They should hire an outsider to come to the University and survey what needs to be done to be a fully accessible university and to meet the standards of other universities such as SUNY Stony Brook and Hofstra," said Polovoy.

"We are definitely aware of what is going on. I have brought it up on several occasions. It is just going to take time," said Angosta.

Contributing Writer

Kristen Jelormine

PUBLIC SAFETY RELEASES

Public Safety Releases from Feb. 15 - Feb. 21

Feb. 15: 3:38 a.m.- West Hall resident reported a visitor was being disruptive. Officers responded; the visitor left campus.

Feb. 16: 12:15 a.m.- Officers assisted Res. Life staff with a drug violation at Parkridge; small amount of marijuana was confiscated.

Feb. 17: 1:52 p.m.- West Hall fire alarm received; no smoke or fire.

Feb. 18:15 a.m.- West Hall resident reported the theft of cash and credit cards from their room. Public Safety and Fairfield Police investigating.

7:50 a.m.- A laptop computer, which was left in one of the shuttle vans, was returned to the student owner.

9:54 a.m.- Staff member fell and injured his foot; treatment provided at St. Vincent’s Immediate Health Care.

1:51 p.m.- West Hall fire alarm activated by student accidentally hitting a smoke detector.

Feb. 19: 12:35 a.m.- South Hall fire alarm received; smoke from cooking activated a smoke detector. While in the room, the Officer confirmed a prohibited weapon from the student.

1:48 a.m.- South Hall resident reported receiving harassing telephone calls.

9:00 a.m.- Parkridge Officer found a vehicle trunk open on Geduldig St.; it was closed.

7:56 a.m.- Academic Bldg. fire alarm caused by smoke from cooking in the dining hall.

8:51 a.m.- Staff member reported a window in the Campus Center had been vandalized.

5:50 p.m.- Ill South Hall resident was driven to the hospital by a friend.

Feb. 20: 8:01 a.m.- Cash and product was taken from vending machines in South and West Halls and Jefferson Hill Apts.

10:43 a.m.- Student reported their motor vehicle was vandalized while parked at Jefferson Hill.

15:37 p.m.- South Hall residents reported the theft of a computer from their room.

Feb. 21: 2:17 a.m.- South Hall NESS Officer reported a student vandalized a window screen.

2:39 a.m.- Officer found a discharged fire extinguisher in South Hall.

4:14 a.m.- West Hall NESS Officer reported two females attempting to gain entry to the Bldg.: Officers responded, at which time the females ran into the golf course.

8:23 a.m.- West Hall fire alarm received; appeared to be a malfunction.

8:55 p.m.- South Hall resident injured his wrist. Officers responded to assist; student was transported via ambulance to the hospital.

9:43 p.m.- Student reported the Mahogany Room door was vandalized.

10:06 p.m.- Ill student was transported by a friend to the hospital.

Lady Killer

Among many young women, smoking is viewed as stylish. It is not. Smoking is deadly.

If you smoke, please consider stopping. For help, information and support, please contact your local American Cancer Society.
EDITORIALS

What ever happened to priorities?

Why, in the name of all that is holy, has Sacred Heart proposed the building of a pub that will cost as much as $624,000 and seat 160 people? Whether you fund it through a loan and raise student fees or allocate some money to go towards paying for it, we believe that it isn't a good idea, because:

Earth to Administrators. Earth to Administrators. This is a Catholic University that has to hold Sunday Mass in the Old Gymnasium. This is a University that accords others its religious newspaper of encouraging binge drinking. This is a University that has chopped down most of its Arts Department. This is a University whose Public Safety is dangerously understaffed. This is a University whose students pay $20,000 a year and cannot expect to find even one modern book in the Library.

We hope that the reasoning of those in charge hasn't fallen out of whack and they haven't lost the ability to prioritize.

We believe that if this plan is approved, it is sure to anger many departments at Sacred Heart. Now is the time for those who are being constantly neglected to protest this asinine proposal and demand that any money that might go towards a pub will instead go towards more worthwhile endeavors.

Enjoy your Spring Break

Sacred Heart University students are approaching Spring Break. If you can, forget about school for awhile and enjoy your time off.

The Spectrum believes that Spring Break is a time for relaxation and time to do things that you normally do not have time for. You may go on vacation or earn some extra cash at a job. You may watch hours of TV at home or enjoy the nice weather outdoors. It can be a time when schoolwork and papers are far from thought, or it can be a time to finally catch up on work that you are falling behind on.

Enjoy being out of school, and perhaps even, away from home.

Make sure to be safe whatever it is that you decide to do. You want to be in optimal health and power of their own; they can overpower a person's logic and will. Be compassionate toward the individual suffering. Try to see the person underneath the symptoms. She is in pain and cannot articulate that pain other than through her body.

3. Admit your anger, frustration and helplessness. Talk about it with others in similar circumstances. Look for a support group for family and friends of those with eating disorders, or consider Al-Anon, which may be more available to you.

4. Consider getting help for yourself from a therapist who is familiar with eating disorders. This will show your loved one that depending on others for help is acceptable and often necessary. Furthermore, this may help the person overcome his or her own resistance to seeking help.

5. Guilt and blame are common emotions for family and friends. Both, however, paralyze the process. Eating disorders are very complicated, multi-determined issues. Even if you are singular factors the cause. So, accept responsibility for any problems.

6. Stereotypes create walls of isolation that need breaking. You may have a close friend, family member or a mate who is, or it's probably having a profound effect on you as well. It isn't easy to watch someone you love hurting themselves in this way. The following ten steps were developed by Dr. Margo Maine at the Institute of Living as ways to help both your loved one and yourself.

1. Recognize how powerful an eating disorder is. Your loved one is suffering from anorexia, bulimia, or binge eating. This problem is not simply being stubborn or resistant, nor is it or she trying to hurt you. These disorders have a life and power of their own; they can overpower a person's logic and will.

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If the SHU Fits
by Jeremy Staub

They can take our money but they can never take our freedom.

ANSWERS:

Tennis 9
Deduct 10
Decay 11
Cuff 11
Singer Guthrie 12
Fortune-teller 13
Japanese 14
Steam 21
Bit and 23
Carcass 23
Mineral springs 27
Mountains 28
Charities 29
Functions 30
Treasure 32
Wooden shoe 33
Bra 34
Inhabit 36
Draw a picture 37
Open wide 38
Foamed 44
Young felines 45
Math branch 46
Money 48
Oranges 50
Layered rock 52

54 George Bernard
55 Male recordings
56 Fruitless
57 Spread to dry

10 Friendly
11 Cuff au
12 Singer Guthrie
13 Fortune-teller
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The SHU Voices

What are you going to do for Spring Break?

Darby Getzewitch
junior
Uncasville, Conn.
"I'm going to Cancun with my roommates."

Brian Rauenbush
junior
Shagin, Penn.
"I'm going to Ireland to play Rugby and drink with the team."

Dana Scinto
senior
Milford
"I'm going to have the most outrageous and fabulous time in the Bahamas."

Bob Kipp
junior
Verona, N.Y.
"I'm going to Georgia to play baseball."

Compiled by Kerrie Darress
The hidden side of eating disorders: One woman's struggle

BY DEBBIE DANOWSKI

I am writing this letter to the Dean of Students, Larry Wielk, for the "If the SHU Fits" cartoon that appeared in last week's paper. I hope it may have crossed the sometimes thin line between satire and offensive humor and perhaps I have thought more carefully before I published it. I am sorry for any pain or humiliation that it may have caused you, Dean Wielk.

I can assure you that the cartoon was not meant to be defaming you or anyone else.

I myself didn't realize the possible offensive connotation of the cartoon until it was pointed out to me the day after publication, and I do not believe the cartoonist even realized it or intended any connotation to be derived from it.

Since I hired Jeremy, I have given him the freedom to depict current events on campus in his cartoons as an alcoholic is to alcohol, life is a dangerous addiction. I also believe that to remain sober, I need to abstain from those foods that trigger me to eat more.

But, with sincere regret for not exercising what some administrators believe to be proper editorial scrutiny (that unfortunately was your expense), I hope that you will accept this apology.

Sincerely,

Gina Norelli
Editor-In-Chief

On behalf of the Spectrum staff, myself included, I would like to apologize to the Sacred Heart community, and especially to the Dean of Student Affairs, Larry Wielk.

Last week's issue of the Spectrum contained a political cartoon that some offended individuals considered to be a harmless joke which public figures usually handle well.

Again, Dean Wielk, I hope you accept my personal apology and disregard the cartoon that appeared in the February 19 issue of the Spectrum. Many issues have arisen over the cartoon that appeared in last week's paper.

I am writing this letter to the editor.
Eating disorders plague youth

By Keyshia Whitaker
Co-Features Editor

Food is an important part of life. Eating is also an important aspect of socializing. It is not uncommon to invite someone, or be invited to share lunch or dinner.

Unfortunately, for people with eating disorders, sitting down to a meal is not an easy task.

Many students feel differently about eating disorders. Junior Shaw Dougherty, a criminal justice major from Rochester, N.Y., said, "I have never known anyone with an eating disorder. I think it’s stupid." February 23 - 27, 1998, is Eating Disorders Week.

There are two eating disorders which plague young adults, men and women - anorexia nervosa, and bulimia.

Anorexia nervosa (commonly known as anorexia) is a mental illness that leads an individual to ignore hunger, and restricting food intake to a dangerous point where starvation and death are real possibilities. The physical symptoms of anorexia are dry, cracked skin, the sensation of extreme cold, dull hair, loss of body fat, diziness, amnesia, heart and kidney failure, and in women, the cessation of menstruation.

Bulimia, a disease which is accompanied by binge-purge behavior. The bulimic will binge, consume large amounts of food at time, then purge, get rid of it by vomiting or the abuse of laxatives.

Physical symptoms of bulimia are difficulty swallowing and retaining food, swollen, infected salivary glands, damage to the esophagus, burned eye blood vessels, excessive tooth decay, and loss of tooth enamel.

Some of the time, anorexia nervosa and bulimia are intertwined. The binge-purge syndrome is determined by written responses to various sights that are "selected for their impact and diffrerences," Corrigan explained.

"Students in my class are invited to share, if they want to. I always go first," Corrigan stated. "My job is to create a supportive atmosphere."

In the book, "At a Journal Workshop," Procoprov wrote, "The Intensive Journal is specifically designed to provide an instrument and techniques by which persons can discover within themselves the resources they did not know they possessed."

"A journal shows how much you've grown," said Kelly Libby, a junior psychology major from Monroe.

"Eating is also an important part of my life," said Jen Taillon, a first-year social work major from New Jersey. "When I got to high school, it became more meaningful, a journal," added Taillon.

"At least it got you started," said Antonella McClennon, a sophomore English major from Monroe.

"When you're little, a diary is more than a diary," said Furthermore, the prevention of eating disorders because although the individual may have had symptoms in high school, they tend to be more pronounced in college.

In Food's A Fear, by Nancy J. Kolodny, it says there is an "logical logic" to eating disorders. Eating disorders may be a way of coping with problems that can't be openly discussed.

Victims may feel insecure about themselves because of the comments of others.

"It's really disturbing to see people obsessed about eating and their weight," Berkus added. Everyone can take a part in the prevention of eating disorders.

Every individual should think before they speak. If individuals cease ignorant comments, that will play a big role in the prevention of anorexia nervosa and bulimia.
Lungs: no smoke required

By Bridget Flynn
Contributing Writer

Everyday, more teenagers and young adults are getting hooked on nicotine. According to a recent New York Times article by Barry Meier, federal data shows that 33 percent of high school students smoke. That is up from 25 percent in 1991.

Smoking was once socially acceptable in our society. No more. Smoking has been banned in most public buildings, at work sites and on public transportation and has become increasingly unacceptable in restaurants, private homes and cars, writes June Brody in the New York Times.

"My grandma would tell me stories about how people were allowed to smoke cigarettes in movie theaters and office buildings without any problem," said Wendi Plescia, a senior from Emerson, N.J.

"Although I am a smoker, I agree with the current day standards because otherwise I would be smoking all the time," Plescia added.

Nicotine is an addictive drug, which makes it difficult for people to quit smoking. "For smokers who have become dependent on nicotine, each dose, each cigarette, sets up a craving for the next one," said Brody.

"I feel like I want to quit but I can't", said Lynn Obrancaik, a sophomore from Long Island, N.Y. "I have tried to quit before and it just doesn't work."

Many products are currently on the market to help nicotine addicts put a stop to their habit. Gums and patches supplies doses of nicotine so smokers can taper off gradually, according to Brody.

"Chewing gum or using a patch can be safer than smoking because these products are free of the cancer causing and lung damaging substances in tobacco smoke," said Brody.

"I was able to quit cold-turkey," said Gail-Sue Capone a sophomore from Sefford, N.Y. "I decided to quit five months ago and I haven't smoked since. Not every smoker will be able to quit on the first try."

"Those who relapse have failed really. They have tried as many times as they need to," said Karen Monaco of the American Lung Association. Though it may seem hard to quit smoking, it is definitely a wise investment. Having lungs will always be in style.

AIDS awareness comes to SHU

By Adiola McCalmon
Contributing Writer

Ps. Did you know that last week was AIDS awareness week at Sacred Heart University and at every other college and university in America? It is arguable that information on AIDS Awareness week has not been promoted enough, or even that it is the fault of the "innovation" that the vast majority of the student body are not aware that last week was a week to further acknowledge the epidemic that continues to sweep through the world.

First year student, Julie Bellisto, said, "No, I had no idea it was AIDS Awareness week."

However, there are countless posters, pamphlets, and other literature around SHU about the importance of knowing how to prevent oneself from becoming infected.

These pamphlets also discuss affects them at a college institution.

According to the Centers for Disease Control and Prevention (CDCP), and the American College Health Association, it is estimated that one in every five hundred college students is infected with the HIV (Human Immunodeficiency Virus), the disease that causes AIDS (Acquired Immune Deficiency Syndrome).

HIV/AIDS is the sixth leading cause of death among people 15-24 years of age in the United States.

With these staggering statistics, it is incumbent that all of SHU's students not only become aware, but become active in preventing themselves and their peers from this life expiring disease.

Knowledge concerning how to prevent HIV/AIDS is the most important step to be taken in protecting oneself.

Yet, the CDCP has produced reports indicating that increased knowledge of HIV/AIDS does not always result in a positive behavioral change.

This report, when taken into account, is quite alarming when paired with the findings from the American College Health Association, which states that the HIV epidemic is not slowing down on college campuses.

Two important reasons that HIV/AIDS is not ceasing on college campuses even with programs designed to educate students, include drugs and unprotected sex.

Alcohol or any other drugs, when mixed with sexual activity, does impair ones judgement and may lead one to engage in unsafe sexual practices.

Unfortunately, many young people think that this disease can not happen to them.

In reality, AIDS can happen to all kinds of people from all walks of life.

Bellisto said, "People who are at a higher risk of getting AIDS are probably gays, lesbians, and drug users.

There are almost 1.2 million people in the United States infected with HIV. It is impossible to discern who they are based on appearance.

This makes it imperative to all college students and others to guard themselves against HIV/AIDS.

Remember that unprotected sex is not alright, for in 1998 we still have no cure for AIDS.

Yet, when a few students were asked about their fear of acquiring this disease, many individuals insisted that it does not apply to them, because they do not fall into any of the necessary categories.

But we all do. In order to be able to get the HIV/AIDS virus, you only have to be human.
SHU and Alpha Home team up for exhibit

By Tara S. Deenihan
A&E Editor

Sunday marked the first in what may become an annual art exhibition sponsored by Sacred Heart University and Alpha Home of Bridgeport. The two collaborated this year to create "A Portrait of the Homeless," a show using artwork by Sacred Heart students to raise money for Alpha Home.

Present and former SHU students contributed 30 pieces for the show, held in the Mahogany Room. Six pieces were sold, raising approximately $2,000 for Alpha Home. Other donations are still being received from the event.

"I thought it was terrific," said Kathy Hunter, chair of the Event Board at Alpha Home. "It really created an awareness of what's going on out there." Works sold included Bonnie Glovaski's "Homeless," which was sold by silent auction, "The Hayground," by Micheline Munrow, "In God We Trust," by Carlin Guarnieri, "Homeless," by Janexie Cordero, "Self-Storage" by Linda Nemergut, and "Our Dogs, They Don't Drink," by Terra Wilcoxson, a Trumbull High School student who attended a class at Sacred Heart last semester.

Former students Joe Bender and Chris Korkora also contributed to the show. Most of the pieces were created in Illustration classes taught by Jack DeGraffenried. DeGraffenried said of the event, "It planted the seed of something very good for the University, Alpha Home and the community in general."

He continued, "Part of the mission of the University is working with Bridgeport...this is a way of us reaching into the community."

In its 10 years, Alpha Home has helped over 140 families get back on their feet.

"(It's) a program for families to help them become self-sufficient," says Jack Hickey-Williams, Vice Chair of the Event Board. "What separates Alpha Home from the other facilities is that it looks at the whole needs of the family."

Both Sacred Heart and Alpha Home hope to make the exhibition an annual event.

"We expect it to be bigger and better each year," said Hunter. "It's always beneficial for us to be able to work with the University," said Hickey-Williams, citing the "creative energy of the students."

Aquabats swim into Outpost

By Matt Flood
Contributing Writer

For all of you who missed the Scagnetti/Jifer show, you missed a crazy night filled with dancing, and the Outpost getting completely buried in toilet paper and silly string.

About 400 people showed up, and we collected a couple of boxes of canned goods for St. Charles food pantry in Bridgeport...and now onto the next concert at SHU.

March 9 — Spring Break's over. Classes start again. Get back into the rat race with a relaxing night of insanity in the Outpost. The Pub opens Monday night to welcome everyone back. Along with the Pub staff and the SET Band Committee, the night's entertainment will be the Aquabats, all the way from California.

The band is using their day off of the Sono-core festival to play at Sacred Heart.

Now if you haven't heard of the Aquabats, they're a crazy 7 (sometimes 8) piece band that claims to be superheroes from the planet Aquabania sent to save the Earth from the forces of darkness.

After touring with Gwar, an appearance on MTV's "Leeline," their hit single "SuperRad," and directing videos for Reel Big Fish, they've gained a reputation for being a crazy live show, complete with the official Aquabat costumes (matching wet suits and masks). Now they face their most fearsome opponent...THE WEST HALL COUNCIL!! Dupre vs. The Aquabat in a steel cage match! Well...not quite, but it'll be interesting nonetheless.

So come on down to the Outpost — it's free for SHU students, bring your ID if you're over 21 to drink and prepare for the Fury of the Aquabats.

Obligatory plug to make Mike Don'ton happy...Happy Birthday Damien!

Watch for info on Habitat for Humanity's Ska Fest 2!

Pickle's Poetry Jar

So Close to You

so close to you yet so far away everything I said was true but you left anyway i would never hurt you i thought you felt the same but I guess I was wrong about you because you broke my heart when you went away.

now I stand here empty-handed with my back against a wall caught between a rock and a hard place with nothing left at all all I had I gave to you and you threw it all away I guess I was wrong about you because you broke my heart when you went away.

so what am I to do now? with everything you've put me through i can't even kill myself because I know how much it would hurt you you see I would never hurt you and I thought you felt the same but I guess I was wrong about you because you broke my heart when you went away.

—by Kevin Horgan

Do you know someone or something that you'd like to see in A&E? Call Tara at x7963.
SHU students show in Fairfield

By Tara S. Deenihan
A&E Editor

Students from classes in the SHU Art Department are currently showing their talent in Fairfield’s Cafe Tazza. The show, organized by students, represents work done in watercolor and illustration classes.

Debra Mahony, a student in Judith Randall’s watercolor class as well as Jack DeGraffenried’s illustration classes, spearheaded the show to feature pieces by herself and fellow students.

Fellow student Bonnie Glovaski was also instrumental in organizing the show, which will remain at Cafe Tazza until the end of the semester.

Lara takes music to a new level

By Elizabeth Hyer
Co-News Editor

Did you ever get a song in your head that just wouldn’t get out, or been so inspired by the music that it’s all you can think about? If you haven’t, it must be because you have never experienced music by Nil Lara. Singer/songwriter Nil Lara combines experimental interwoven with a solid understanding of the global language of music. His songs embody both cross-cultural rhythms and pop music styles.

The tracks on his self-titled debut album include emotional yet unsentimental expressions of universal themes of love, longing and loss, nostalgia and biting meditations on this modern world. His rich melodic vocals slide into a rhythmic chant that will be sure to make you get up and dance.

The first track, “Money Makes the Monkey Dance,” demonstrates all of Lara’s talents. He combines Venezuelan melodies with mind-inspiring lyrics. He sings of the impact money has on society and how almost anyone will do anything for it.

Another thought-provoking song is “My First Child.” Lara sings of the love a mother has for her child and how she will do anything for it, all the while knowing that she will lose that child to another love. If anyone is interested in hearing Nil Lara perform live, he will be touring the Northeast soon. Other than that, your only chance to hear him sing is to go out and buy his CD.

Lara takes music to a new level by the music that it’s all you can think about.

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IN THE SPOTLIGHT

The freshman thrower from Old Saybrook, earned Second Team All-Conference honors at the NECC meet, finishing second in the 20 lb. weight throw with a personal best and new school record throw of 42' 1." She also placed sixth in the shot put.

The senior distance runner from Hope Valley, R.I. finished third in the 5,000 meters at the NECC, just missing conference honors. She ran a personal best time of 19:55, surpassing her old mark by over 20 seconds. She also placed sixth in the 3,000.

Fact of the Week: Three SHU women's basketball players were named to NECC teams for their performances this season. Sophomore Heather Yablonski was named to the First Team All-Conference while senior Chrissie Perkins and junior Jen Rimkus earned Second Team status.

American medal winners at the 1998 Olympic Winter Games

Gold
Tara Lipinski, figure skating
Picabo Street, Super-G
Women's Ice Hockey
Eric Bergeous, Men's Aerials
Jonny Moseley, Moguls
Nikki Stone, Women's Aerials

Silver
Michelle Kwan, figure skating
Men's Luge Doubles
Chris Witty, Speedskating

Bronze
Men's Luge Doubles
Ross Powers, Snowboarding
Shannon Dunn, Snowboarding
Chris Witty, Speedskating

American medal winners at the 1998 Olympic Winter Games

Lax season gets underway

By Adam Laganse
Contribution Writer

The men’s lacrosse team gets its season underway in just a few weeks. Led by second-year coach Tom Mariano and assistant coach Matt Kovachik, the season looks to be exciting and competitive.

“We expect to excel on and off the field, whether it be in games, practice or in the classrooms,” said Mariano. “I want everyone to give their best effort every game to play as hard as they possibly can. I’d rather lose all our games playing as hard as we can, than winning them all, giving a mediocre effort.”

The team is making the jump from Division II to Division I this year. During their tenure in Division II, they won the ECAC championship and were ranked nationally for the past three years. By entering into a Division I schedule they will face a greater challenge this coming year.

Among the teams they will face will be nationally ranked Hartford, Dartmouth and Boston College.

Returning seniors are midfielders T.J. Howard, captain Brian Staunton, and Brad Wilson, as well as goalies Art DeGuerante and Matt McGreevy. These five seniors will also look to add leadership.

“Our goal production needs work. We have to work on our offense. Our offense has to produce,” said Micena.

Working to improve goal production will be senior attacker Brian Dumont and junior attacker Kenny Martin and Ray Gogyart. Dumont and Martin have hard shots and are both good finishers. They will be complemented by the playmaking ability of Lukowski and Gogyart.

Sophomore midfielder Tony Sepe, a transfer from Dean College, has excellent stick skills and could potentially be a scoring threat.

“Enjoy SHU a lot more than Dean because this team has a lot of players, so the competitive edge between the players is always there,” said Sepe.

Freshmen looking to make a contribution will be Marc Diemand, Jesse Wichelhaus, Mike Robel, Jon Coffin, Craig Kelly, Terrence Lacey, Jim Kelly, Kris Tompkins and Anthony Marcella.

SHU Spectrum - 11 February 26, 1998

Andrea Klankco
Women's Track

Stephanie Smith
Women's Track

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Want to earn $50.00 for 2 hours finding that fare?
If you will be purchasing an airline ticket for Spring Break and want to earn $50 trying to book it, call L. Miller
203-705-3052 or email linda.miller@priceine.com
This opportunity will be available for 2 weeks beginning March 2nd.

PART TIME: Person needed 2-3 days a week for after-school child care. Ages 13+ must drive. Fairfield area.

APARTMENT: Graduating? Or, do you want to get out of campus housing? We are female SHU students and will be renting a beautiful apartment close to campus beginning in May. We need 1 or 2 people to join us. Your rent share will be around $225 per month each, total. We are responsible, neat and fun to be with. Please call 365-4358. Leave message.

ALASKA SUMMER EMPLOYMENT: Fishing industry. Excellent student earnings & benefits potential(up to $2,850/ mo. +Room/Board) All major employers. For employment information: 517-324-3117 ext. A50851

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SHU SCOREBOARD

* Bold scores indicate victories

Men's Hockey
SHU, 2
Armey, 5

Women's Hockey
SHU, 7
Trinity, 2

Men's Volleyball
SHU, 2
Queens, 3

Roger Williams, 3

SPORTS SCHEDULE

Feb. 27-March 8

Friday (M&W) Ice Hockey vs. Fairfield, 7:30 p.m.

Saturday (M&W) Track New Englands @ SCSU, 10 a.m.

Sunday (M&W) Track ECAC @ Lehigh, 6 p.m.

Saturday (3/7)
(M&W) Track ECAC @ Lehigh, 9 a.m.

Sunday (3/8)
The Sacred Heart men's ice hockey team suspended

By Adam Lagumne Contributing Writer

SHU men’s ice hockey team suspended
Pioneers not permitted to participate in any post-season activity

By Carl Sturino Staff Writer

Track members earn All-Conference honors

By Emily Greenough Staff Writer

Spikers down weekend competition

By Julie Ann Nevero Sports Editor

Streak up to seven

By Julie Ann Nevero Sports Editor

SPORTS

Sacred Heart University Pioneers

Icwomen up win streak to seven games

See below

Men’s lacrosse season about to get underway

See page 11