Construction on new South Wing addition begins

By Matt Duda  
Staff Writer

The southwest portion of the Sacred Heart University campus may look like a warzone to the casual observer, but it is just the beginning of the newest addition to the ever-growing physical plant.

Last Thursday, the old mailroom was disassembled and carted away on trucks, making way for an 11,000 square foot addition to the South Wing.

According to Mike Giaquinto, director of Facilities, Management and Construction, the $2.6 million expansion will provide Sacred Heart with 10 new classrooms and an office suite for the Dean of the College of Arts and Sciences. Peter Francini and Company Construction, the same contractor that built South and West Hall, will do the work.

"We plan on having the construction completed August 15," said Giaquinto.

Due to a lack of space in the area, a small parcel of land next to West Hall will be evacuated and used for storing construction materials. "It is kind of ironic that we are using that space," said Giaquinto.

"We used it for the construction of South and West Halls, we used it for the Pitt Center, and here we are using it again." The construction will force a change in the traffic pattern around campus. In order to access the Pitt Center and the residence halls, vehicles must turn left when entering from Park Ave. The roadblocks by South and West Halls will be removed to allow traffic.

Pub proposal going in front of cabinet Monday

Student Government hoping approval will allow old gym to become pub

By Wayne Kosminoff  
Associate Editor

The fate of a Student Government proposal to convert the old gym into a 35,000 square-foot pub, dining facility and programing area will be determined Monday.

The President's Cabinet, which includes the President, Vice President and other top administrators, will decide if Student Government's $624,000 project should be approved.

"We used the $504,000 in the University's general fund-rais- ing ability," he added.

The area, if implemented, would utilize 25 percent of the old gym, 75 percent of the area would be utilized for student programing.

By Elizabeth Hyer  
Co-news Editor

The men's rugby team got more than they bargained for in their three-match tour of Ireland over spring break.

The X-Men, who lost all three matches, spent an unnecessary extra two days in Ireland. After competing against three distinguished teams and spending their free time exploring their surroundings, the X-Men were ready to come back to the states, but soon found they were unable to do so.

The men were to fly out of Ireland on Sunday, but could not because one of the airlines was on strike and Aer Lingus, the airline they were flying with, would not cross the picket lines. The extra delay caused some trouble because most of the men were left with no money or food, but were allowed to return to the hostel they were staying at.

"We couldn't get out on Monday because they were so overbooked," said Denise Suphin, advisor for the men's rugby club and director of Student Life. "The airline put us up in a hotel on Monday, but there is no word if we will be compensated for our losses from Sunday night," she said.

Although they were left with no money and were eager to get home, the men made the best of the situation.

"For as bad as it was in the end, it was a great experience," said junior Ryan Marion. "It brought us closer together as a team."
University College looking towards the future

By Terrel P. Scott
Contributing Writer

The University College is looking to make a name for itself in the SHU community.

"The biggest challenge is getting people to stop thinking of us as "Continuing Education," said an official of the University College.

"Continuing Education is certainly a part of the University College, but this is not all that the University College is about," said Dr. Stephen Brown, dean of the University College.

"University College works with corporations in providing employees opportunity structures by marketing its services and providing in-house corporation education programs to our businesses," said Brown.

Developing, marketing and delivering innovative non-credit, continuing education, certificate and degree programs is an integral aspect of University College's mission.

Satellite campuses in Derby, Shelton, Danbury and Stamford are an important and central part of the make up of the college. Currently, over 3,000 part-time students study at SHU through University College.

The University College started in July 1997 after the faculty was reorganized. It works with part-time students, cooperations and conducts experiments in teaching delivery.

The University College does not look like the other colleges in the University, said Brown, so we need to "define and communicate in such a way that people know."

"It is responsive to the education of adult learners, training needs and degree programs," said Brown. A major objective for University College is to maintain and expand its position as the regional leader in providing learning opportunities to adult students, according to Brown.

Planning for adult students focuses on "strengthening teaching, student service, and responsiveness to emerging educational and private sectors," said Brown.

"Technology will be utilized in the content and delivery of instruction and the college will develop innovative models of adult learning and program delivery," he added.

Regarding the new college, Brown said, "It provides access to higher education, is an experimental type where new phases of doing things are located."

"It will also become the University's center for innovation in delivery and pedagogy," added Brown. "Technological advances, for example, and distance learning are examined and incorporated by the University College. Growth envisioned in distance learning surrounds the idea of video teleconferencing. This facilitates conducting classes from remote locations and enables teacher/student participation in a manner similar to classroom learning. Currently, the University College does not offer a degree, but will be offering its first degree in September 1998," said Brown.

This program will be based on emerging theories of adult learning. "It will find new ways of delivering the degrees that the University offers," added Brown.

Habitat continues hard work

Matt Flood, Mark Ungeheuer and Habitat for Humanity president Sean Otterspoor work on a building site in Baltimore, Md. over Spring Break. Habitat for Humanity was in Baltimore from March 1-7, painting and working on several houses with the Sandtown Habitat for Humanity.

University College looking towards the future

By Terrel P. Scott
Contributing Writer

The University College is looking to make a name for itself in the SHU community.

"The biggest challenge is getting people to stop thinking of us as "Continuing Education," said an official of the University College.

"Continuing Education is certainly a part of the University College, but this is not all that the University College is about," said Dr. Stephen Brown, dean of the University College.

"University College works with corporations in providing employees opportunity structures by marketing its services and providing in-house corporation education programs to our businesses," said Brown.

Developing, marketing and delivering innovative non-credit, continuing education, certificate and degree programs is an integral aspect of University College's mission.

Satellite campuses in Derby, Shelton, Danbury and Stamford are an important and central part of the make up of the college. Currently, over 3,000 part-time students study at SHU through University College.

The University College started in July 1997 after the faculty was reorganized. It works with part-time students, cooperations and conducts experiments in teaching delivery.

The University College does not look like the other colleges in the University, said Brown, so we need to "define and communicate in such a way that people know."

"It is responsive to the education of adult learners, training needs and degree programs," said Brown. A major objective for University College is to maintain and expand its position as the regional leader in providing learning opportunities to adult students, according to Brown.

Planning for adult students focuses on "strengthening teaching, student service, and responsiveness to emerging educational and private sectors," said Brown.

"Technology will be utilized in the content and delivery of instruction and the college will develop innovative models of adult learning and program delivery," he added.

Regarding the new college, Brown said, "It provides access to higher education, is an experimental type where new phases of doing things are located."

"It will also become the University's center for innovation in delivery and pedagogy," added Brown. "Technological advances, for example, and distance learning are examined and incorporated by the University College. Growth envisioned in distance learning surrounds the idea of video teleconferencing. This facilitates conducting classes from remote locations and enables teacher/student participation in a manner similar to classroom learning. Currently, the University College does not offer a degree, but will be offering its first degree in September 1998," said Brown.

This program will be based on emerging theories of adult learning. "It will find new ways of delivering the degrees that the University offers," added Brown.

? a) Depression is a bunch of symptoms exhibited by weak people.

b) Depression is an unbearable suppression of brain activity that can strike anyone.

Straightening out all the misconceptions, the correct answer is 'b'. It's a concept we should all understand and remember; and here's why. Depression strikes millions of young adults, but only 1 out of 5 ever seeks treatment for it. Too many just drag themselves along or eventually seek relief through suicide. Why not treatment? Partly lack of awareness. Partly the unwarranted negative stigma. This is what needs fixing. This is where we need you to change your attitudes. It's an illness, not a weakness. And it's readily treatable.

Spreading the word and making this common knowledge is everybody's assignment.

Public Service message from SAIVE (Suicide Awareness Voices of Education)

http://www.save.org

#1 Cause of Suicide

UNTREATED DEPRESSION
Looking for employment?

By Gina Norelli
Editor-In-Chief

All day tomorrow, seniors will have the opportunity to peruse the top floor of the library in search of a job.

No, they will not be looking through books. They will be meeting with businesses at Recruitment Day, sponsored by Career Services, in hopes of finding a job. Over 480 interviews are expected to take place tomorrow.

According to Deanna Fiorentino, assistant director of Career Development, there will be representatives from 40 different companies in the library, interviewing candidates all day.

"Any senior who has been registered with our office should stop by," said Fiorentino. She said that even if seniors do not have specific interviews set up, they are invited to attend the event.

"There are several companies that have left all day or half the day open for interviews. We're trying to make sure that students know that companies are happening with companies," she added.

Those who attend Recruitment Day are asked to bring a few extra copies of their resumes and dress in business attire. "The crucial thing to remember," said Fiorentino, "is to research the companies ahead of time.

Fiorentino said that this Recruitment Day will differ from last semester's in that it will hold interviews for several full-time jobs, rather than internships or part-time work.

"It's a good way to meet someone," said Fiorentino. For more information about Recruitment Day, call the Career Development office at X7975 or stop by.

Debate Society continues to excel

By Brian Carasentni
Co-News Editor

The Sacred Heart Debate Society is continuing its tradition of success. The Society, which is celebrating its 15th anniversary this year, recently competed at the Rhode Island College Parliamentary Debate Tournament.

Although they had to forfeit the first round due to a traffic jam on the way there, the Sacred Heart A-team of seniors George Oldroyd and Nathan Prusi won the tenth place team prize against such teams as Harvard, Yale, Brown and NYU.

"Inspite of that, we placed fourth," said Prusi, of Plainville, who is also the team's captain.

First year student Bill Tarinelli and Junior Liz Sarlo also placed team prize against such teams as Princeton, Dartmouth, and NYU.

The A-team finished the tournament with a three and two record, losing one on a technicality.

Success is nothing new to the Debate Society. Founded in 1983 by Dr. Gary Rose, a political science professor at Sacred Heart and former president Dr. Thomas Melady, the Society has defeated many prestigious schools in the past.

Prusi and Oldroyd both have 10 years of debating experience and have been working against the Harvard and Yale debate teams plus a 500 record against Princeton.

The Society is also a member of the American Parliamentary Debate Association (ADPA) and recently competed in the VIII World Universities Debate Championships in Athens, Greece over the summer.

This year, the Debate Society is also under a new advisor, Professor Matthew Reale, a founding member, past president of the SHU Debate Society and current adjunct instructor of Business at the University.

He replaces Dr. Katherine Kidd, former director of Global Studies, who left the University this year.

"It has been a smooth transition from Dr. Kidd to Professor Reale," said Prusi.

The Debate Society is currently considering co-sponsorship of an ADPA sanctioned tournament next winter with Trinity College.

They also have upcoming tournaments at Fairfield University, Yale and the ADPA National Championship at George Washington University.

Prusi said the Society is also looking for new members to join the team. Those interested are encouraged to contact Professor Reale at 924-4300.

Construction: Work on addition continues

Continued from page 1

through that area. The access road from Construction Building to West Hall will also be closed.

The South Wing entrance between the old mailroom and the Bookstore will be closed, however the doors at the end of the South Wing to West Hall will not be affected.

Giaquinto said that the disturbance to classes and to resident students should be slight. "Work will take place between 7:30 a.m. and 3:30 p.m.," he said.

"There is going to be noise and dust, but it is a short term inconvenience for a long term gain. We also wrote into the contract that there cannot be any noisy work done during exam week," Giaquinto added.

The next building project for Sacred Heart will be the construction of East Hall, which is currently on hold by the courts.

The ten-story complex will be affected.

Giaquinto said that the disturbance to classes and to resident students should be slight. "Work will take place between 7:30 a.m. and 3:30 p.m.," he said.

Pub: Student Government hoping to convert the old gym into a new student pub

Continued from page 1

The two other options she explained were taking out a loan or branding. Branding would allow a company such as TGIFriday's to build the facility and run it.

"We want it to be like a restaurant, a place where people want to go, have sports teams give jerseys, and have a good time. It is not going to be white-walled," said Vacek.

SOME COMPANIES THAT WILL BE RECRUITING:

PUBLIC SAFETY RELEASSE

Public Safety Releases from Mar. 8 to Mar. 14

Mar. 8: 12:40 a.m. - License plates were reported stolen from a vehicle parked in the Faculty/Staff lot.

11:19 p.m. - Parkridge Officer found a townhouse door was unlocked; door was locked.

Mar. 9: 12:45 a.m. - The drivers of two vehicles involved in an accident were arguing in the Parkridge parking lot; Bridgeport Police were called and responded.

7:40 a.m. - Fire alarm in the Academic Bldg. in the dining hall caused by a cooking fire.

10:39 a.m. - Three B&G workers became ill when they responded to a spill in the first floor women's room in the Science Wing. Public Safety Officers responding to the call also became ill. The Fairfield Fire Department was notified and responded. AMR Ambulance, Fairfield Fire Hazmat and Police Departments units also responded. The Academic Bldg. was evacuated. Nine individuals who were on the floor were questioned. Decontaminated donors protective clothes and were transported to the hospital.

7:45 p.m. - West Hall resident reported the theft of a wallet, CD player and clothes from his room.

10:15 p.m. - Parkridge Officer observed open rear townhouse doors; they were secured.

Mar. 10: 12:52 a.m. - Student was told to stop dancing golf balls from the rear of West Hall.

Mar. 11: 10:33 a.m. - Staff member reported the theft of University property from the Schine Auditorium.

5:15 p.m. - Parkridge resident reported their room was vandalized.

6:46 p.m. - South Hall resident reported their vehicle was vandalized while parked in the South Lot.

11:45 p.m. - South Hall fire alarm caused by cooking.

11:52 p.m. - Jefferson Hill resident reported a suspicious male driving in the area; Officers responded and determined it was a student.

Mar. 12: 11:01 a.m. - Avalon Gates resident reported receiving harassing phone calls.

1:47 a.m. - Officer observed a vandalized car in South Lot.

Mar. 13: 1:44 a.m. - South Hall fire alarm received; no smoke or fire.

8:37 a.m. - Staff member left a lit match in a cup in his vehicle in the Campus Center lot, resulting in a fire which burned the console. Fire was extinguished with a fire extinguisher.

2:11 p.m. - South Hall resident reported the theft of mail from their mailbox.

3:00 p.m. - Vehicle parked at Jefferson Hill was leaking fuel. Fairfield Fire Dept. was called to hose down the gasoline; the vehicle was towed off campus.

10:43 p.m. - Parkridge Res. Life staff requested assistance with an alcohol violation in the apartments; alcohol was confiscated.

10:58 p.m. - Parkridge Res. Life staff requested assistance with an alcohol violation in the apartments; alcohol was confiscated.

Mar. 14: 8:54 p.m. - Visitor attending the concert in the old gym cut her foot. Public Safety Officer provided treatment.

11:05 p.m. - Public Safety Officer assisted Parkridge Res. Life staff with an alcohol violation.

ATTENTION ALL COLLEGE STUDENTS

Part-Time Mailroom Position Available

INTERTEK has an immediate, on-going, part-time opportunity (evening hours) in Milford for a Mailgram Monitor. We will train a dependable person to operate PCs, printers and mail shop equipment - involves two trips to post office nightly. Pay is $6.00/ hour. For an immediate interview call Dave Polant at INTERTEK (800) 908-9336 x3921, M/F/D/V, EOE.

INTERTEK

Looking for employment?
EDITORIALS

Does bigger mean better?

Picture this: It’s seven years from now at Sacred Heart University. The University has grown to a size in which the close-knit community it once had is long forgotten. Buildings take up every speck of land. The school is barely Catholic, because it kept putting off building a church so Catholic students became reluctant to come here. There are too many students here for the school to handle. Everyone has become just a number. Some are forced to live in downtown Bridgeport because the school will not rent out safer locations due to overspending. They keep telling the students to be patient—it’s just growing pains they are experiencing. But wasn’t this also told to the students who were here seven years prior? The Media Studies major has been reduced to a quarter of the building that it now has. It will cost $30,000 to go here. The Library is still stuck in 1980, and has 25 years of catching up to do. There is a fantastic bar right on campus. The few students who still attempt to major in art experience back problems from laying on the floor all day. They are still neglected. Where exactly is this University headed? And is it really in the right direction?

Why hoops in El Salvador?

Recently, some Sacred Heart students traveled to El Salvador. Their intentions were good. El Salvador is an extremely poor country and many of its programs that will put food on people’s tables.

One may assume the SHU group intended to do something to benefit a community in which most of the individuals (and young children) are homeless or starving tremendously. The group was to build a basketball hoop for poor, starving children, many of whom may never have seen a basketball. Unless these children possess dynamic skills on the court, and accidentally get discovered by Pat Riley, the hoop will not help them in the teaching environment they deserve. I find this to be a disgrace.

If my tuition dollars failed us, I would guess few of us have ever seen a fig tree much less know much about them. The fig tree is a beautiful shade tree, whose leaves were said to have covered Adam and Eve’s nakedness in the Garden of Eden. For this reason it is often associated with paradise. It’s fruit, which is pear-shaped and sweet, can be dried and stored for long periods of time. Its leaves were applied to wounds because it was thought they had a healing power.

For a desert people where extra heat and flame were commonplace, this tree could be life saving. In Jesus’ time the fig tree’s fruitlessness and shade quality made it a perfect symbol for the Kingdom of God.

But we wouldn’t have known any of this without doing a little fig research. (which not all of us have the time to do). And I must admit it would be hard to first get drawn into the story of this tree or the strange men battling over its fruit. Will it bite, will it be chopped down, will it ever bear fruit? It’s a fig tree.

It’s a harmless thing not producing anything, but certainly not hurting anyone. Just sitting there in the middle of some garden...how do we relate to that? Is just sitting here in the middle of Lent, maybe not bearing much in the way of spiritual fruit but certainly not bothering anyone.

Maybe standing still, stuck in some middle path, not doing the things we shouldn’t do, but may not be doing the things we should. Not in trouble, but not feeling too deeply about much at all? Already having slapped off from our Lenten practices just a bit, perhaps. And here is the strange caretaker who doesn’t seem to have much else to do but fuss and worry and love it. Who sees a strong life-filled tree instead of the puny naked twig sticking out of the ground that it really is...

Who sees ripe, heavy, beautiful fruit and thick, lush leaves before they are there. Who loves it, watches over it, and prunes it (for him bear fruit, give shade) but because it is simply...It is he, his care for it, he grows it, he knows it, it is his.

And because he doesn’t see it the way we see it, he doesn’t act the way we would act.

He is willing to stand by it and wait, and water and care for it and common sense says chop it down.

A tree is known by its fruit just like people are known by their actions. And Lent is a time for action, for reckoning and we would be white-washing this story if we denied the fact that it comes with a warning.

If our spiritual life is lifeless, it’s time to take some action.

Even the kindhearted caretaker said he wouldn’t wait forever, he would wait a year, he would do what he could, but at some point the tree will respond or it won’t.

We are in a season ripe for change and change of heart.

We belong to a God crazy and generous and imaginative enough to use us as what we can be and not as we may be a this moment.

Who loves us here and now, not because of what we can do for Him, but because we are His, He loves us, He knows us, we belong to Him.

But the decision to grow in that love or stand still is always our own.

May our Lenten season be one of growth.

Tricia Leonard-Pasley is a Campus Minister at Sacred Heart University. This article refers to Luke 13:1-9.

PERSPECTIVE

for overtime and more staff.

In my three years at this institution I have found that some things are not always perfect, but it seems to me that things are not just getting worse.

When my major field of study becomes a hardship, I have to wonder if this school was ever worth it.

I commend the media studies faculty for all of their hard work and dedication, because if I were in their shoes, I do not know how I would have dealt with such limitations.

They are one of the main reasons why I have continued to stay at this school, because they have made Sacred Heart worth it for me, especially since I, along with many others, feel that some of the other departments on campus have failed us.

As a freshman my third year here, and wait patiently for next year to come and go, I know that despite some of my feelings toward the University, some part of me will be glad that I stayed.

Like everything else in life, nothing is completely problem free, you just have to learn to make the best of a situation and in my case, be thankful for the wonderful guidance I have received from a great department that seems to get overlooked.

EDITORIAL POLICY:

The editorial pages are an open forum. Letters to the editor are encouraged. All submissions are subject to editing for spelling, punctuation, grammar and clarity. The Spectrum does not assume copyright for any published material. All submissions are reviewed by the Editorial Board. The Spectrum is a student-written newspaper of Sacred Heart University, published every Thursday during the academic year. All mail should be sent to Spectrum, Sacred Heart University 5151 Park Avenue, Fairfield, CT 06430-1000. The advertising deadline is 7 days prior to publication. Office phone numbers are (203) 371-7966 or 796-1300. Fax number is (203) 371-7828.
If the SHU Fits

by Jeremy Staub

DATING IN THE "90's"

LIVE AT THE PAGE!
SIMPLE SIM.
EVERY NIGHT THROUGH MAY!

HEY, I DON'T HAVE A GIRLFRIEND,
YOU DON'T HAVE A GIRLFRIEND...

The SHU Voices

How can Sacred Heart solve a current problem?

Sue Ostapow
Setauket, NY
sophomore
"The school needs to focus on keeping the students who are here."

Mitch Elgarico
Stamford
junior
"By improving their channels of communication."

Kate Mackesy
West Islip, NY
sophomore
"I would like to see more space at Parkridge for parking."

Tim Lullo
Oakdale, NY
sophomore
"Higher qualified workers at the computer help desk."

Compiled by Kerrie Darress
The challenges of being a young, single mother

By Donna Serpe

Three years ago, I decided to make a choice that would forever change my life. I was a freshman at the University of Massachusetts and I was pregnant. I was 19 years old.

That was a tough thing to grasp. Suddenly I could no longer do the things that I had liked to do. I had to give up all that I had known and especially my freedom.

Instead of doing things for myself, I had to do them because of someone else. My life was going to drastically change.

I was brought up in a very Catholic family and breaking the news to everyone was going to be difficult. In the end, they took it surprisingly well.

There were plenty of times that my parents and I had discussions about my options.

We had talked about abortion, but those were always brief. I was against it.

I knew that I had to take responsibility for my actions, my parents supported me for that.

We discussed adoption. My parents were against that.

They kept saying that they would adopt the baby. There was no way they were going to give their grandchild away to someone they didn’t know.

We finally reached a decision. I was going to keep the baby. I knew everything was going to change. I knew I could no longer attend the school that I loved.

I had to leave behind my freedom as a college student away from home and make the transition to living home again.

The first step I took was getting back to school. I enrolled at Southern and took a few part-time classes.

That was difficult because I would be in class and morning sickness would set in.

At the end of the spring semester, I decided to take time off from school for the rest of my pregnancy.

I was beginning to show and didn’t want to walk around campus. I was a little embarrassed.

Going out in public was one of the hardest things for me to do. I would get constant stares from people. That also took a lot of getting used to.

Eventually, my self-esteem rose and I was proud to be pregnant. My family and friends kept assuring me that there were worse things that I could have done.

On September 28, 1995, Nicholas was born. The nine months of preparing and getting fat were over. I now had bigger concerns.

The adjustment period was long and rough. There were a few times that my mom would come home from work and find me crying. I had postpartum blues and I had them bad.

When I was ready, I went back to school. I came here to Sacred Heart. The first semester was difficult.

I had to take night classes so I could be home with Nicky during the day. I wasn’t getting much sleep and I wasn’t eating properly.

Then it hit me. I had no social life. I found myself sitting home most of the time depressed.

Just when things were beginning to look better for me and Nick, they got worse.

Nicholas’ father got himself into some trouble with the law. We broke up and he distanced himself from Nick and I.

I tried to volunteer at my old high school to talk with the parenting and sex education classes. I wanted to tell my story to younger people. I felt that if I talked to young people, I could possibly help make a difference.

Unfortunately, the school never let me speak.

They kept brushing me off. I was never given the opportunity. I was disappointed with them.

To me it seemed as though they were avoiding an important issue.

Nicholas is now two and a half years old. We are still living with my parents.

Everyone in my family has been very supportive and loving. Nicholas has a relationship again with his father and I would never deny him of that.

I’m a sophomore and though I am slowly making up for lost time, I am going to graduate in the future. It has taken a lot of strength and time for me to get where I am.

To all of the single parents that read this, I want to say congratulations. It is a major step to take. You need a lot perseverance and a lot of strength.

I am very proud of myself and the decisions that I have made. I became a better person out of this experience.

I have grown up and I value life more now than I ever did before.

---

Planning on Working for an Organization after Graduation?

Then you might benefit from

Business and Management in the New Millenium

Personal and Organizational Learning for the 21st Century

Management and Business Tools for Personal and Organizational Success and Growth

- Evolution of management and organizations
  -- where we were, where we are, and where we are going

- Business and work in an information rich environment

- The five disciplines of organizational learning: systems thinking, mental models, personal mastery, shared vision, and team learning

- Managing knowledge as capital in the global environment

An interactive lecture previously presented to students in the classes of

- Chris Argyris, Harvard Business School, and
- Peter Senge, Sloan School of Management, MIT

by

Edward Harper, Vice President, Strategic Planning, Phoenix Systems Integration, and

George Lieb, Vice President, Investor Relations GTE

Friday, March 20, 12:30-3:30, Schine Auditorium, SHU Library

Free

---

Letter

Student Concerned about New Detour

To the Editor:

I am very concerned about the students who live off campus at Parkridge and Taft Commons because the route that they always drive through is detoured. It is for those who have or don't have a car that I am also concerned about.

Some who have cars have a hard time finding a parking space. Others who don't have a car have to wait for the shuttle to drive through Madison Avenue to pick up or drop off students.

I feel that those who don't have a car have to wait for the shuttle to take the route to school is unfair because of the roads are being closed and have to go through downtown Fairfield to get to SHU.

I hope that the people that drive the shuttles can help the students make it to school on time.

Nicholas Pascucci
Positive thinking guarantees success in life

By Keysha Whitaker
Co-Features Editor

"Even so the tongue is a little fire, the tongue is a little fire kindleth," James 3:5.

James, the author of a New Testament book in the Bible, recognized the power that lies in our tongues.

Today, many people take for granted the power which lies in their words.

They may let bad moods and negative attitudes and words influence lives.

I'm sure everyone has spoken negatively, but when you realize you are speaking that way, you should try to do something that will turn that attitude around." stated senior Samuel Santiago Jr., a media studies major from Bridgeport.

"It's a matter of feeling sorry for yourself. I try not to let myself feel that way," he added.

It is a proven fact that speaking and thinking positively yields positive results.

"I'm in a great mood today," said senior Michael Galluzzo, a criminal justice major from Weymouth, Mass.

"I'm positive and I feel that way," he said.

Optimism is defined as a disposition to look on the bright side; a doctrine that good must prevail in the end.

Some people may argue that it is impossible to keep a cheery outlook at all times, but the effort may be well worth it.

Perhaps optimism and pessimism are traits that are totally out of the control of the individual. However, knowing only through the weather, and then proceed to

The Power of Optimism by Alan McGinnis combats that theory.

McGinnis recounts the story of a woman traveling grew up in the midst of bitterness and backbiting.

"Despite all this, she describes herself as "one of the most cheerful, enthusiastic persons" he knows.

McGinnis also proposes the theory that we can speak ourselves into sickness.

He describes how most people will wake up feeling under the weather, and then proceed to

Throughout the day, this individual will use every opportunity to proclaim their present state.

McGinnis states the more we talk about how we feel, the sicker we get.

Most of the trouble with people today may be that they are too obsessed with their failures.

McGinnis recounts the story of a aspiring lawyer who took the bar exam twice and failed.

The man felt as if he had nothing left to live for, but that wasn't true.

Anybody who gave up their spring break to help the poorest obtain a better life for themselves.

The trip was absolutely wonderful," said Murray.

But McGinnis states the more we think positively, the more we have in our control.

Within this control, the greatest perseverance is required.

Optimistic people seem to make the best out of any situation.

With a little help, he realized that even though he had failed the test, he still had a wife, and a mother who loved him, a strong belief in God and his ambitions.

"He encouraged the man and he took the bar exam a third time. He failed, but on the fifth time, he passed." said Murray.

This story may encourage college students. Often times, students find themselves frustrated with their academic performance.

It is easy for a student to begin to think negatively.

For example a student might say, "This class is too hard, there is no way I can pass." Once this is said, the mind begins to believe it, and subconsciously the student stops trying to excel. If the student studies with a negative attitude, it is hard for them to receive any positive results.

When grades are low in a certain class, it is easy to slack off, but it is at this moment that the greatest perseverance is required.

Extra study time and a new, positive approach to the subject matter can do wonders.

Remember, if you think you can, you will; if you think you can't, you won't.

Surgery in a third world

By Joseph McGuigan
Contributing Writer

Many students spent their spring breaks partying in Cancun, Florida, or the Bahamas, but what about Sinan Hilario, El Salvador? Dr. Orellana a sophomore from Westfield, Mass. She gave up her spring break to help the poorest obtain a better life for themselves.

"The trip was absolutely wonderful," said Hensley.

Melissa Hensley does not regret the decision she made in going to El Salvador, this may be hard to understand considering mid-way through her vacation her appendix nearly ruptured.

"I was so scared for Melissa. She threw up three times and she was just in so much pain," said Liz Lento, a sophomore from Ocean City, N.J., and also roommate of Melissa Hensley.

Dr. Edward Murray, the faculty advisor for the trip, told the Spectrum that the health care in El Salvador is almost non-existent.

He mentions in the public hospitals, if a person goes for treatment, and does not have the money up front, they will under no circumstances treat that person, even if it is a matter of life or death.

How was knowing only Hensley's first and last name, Dr. Orellana agreed to do the surgery trusting that when Hensley returned to the United States she would send the $2,500 for the procedure.

"They treated Melissa as if she was one of the visiting Dignitaries," said Murray.

Melissa was taken to a private hospital in Usulutan. She saw the top physician, Dr. Nelson Orellana. He is also roommate to Melissa Hensley.

He mentioned in the public hospitals, if a person goes for treatment, and does not have the money up front, they will under no circumstances treat that person, even if it is a matter of life or death.

Home life and background are traits that are totally out of your control. No matter how they make decisions when they mature," said senior Michael McGinnis.

McGinnis states the more we think positively, the more we have in our control.

Within this control, the greatest perseverance is required.

Many students spent their spring breaks partying in Cancun, Florida, or the Bahamas, but what about Sinan Hilario, El Salvador? Dr. Orellana a sophomore from Westfield, Mass. She gave up her spring break to help the poorest obtain a better life for themselves.

"The trip was absolutely wonderful," said Hensley.

Melissa Hensley does not regret the decision she made in going to El Salvador, this may be hard to understand considering mid-way through her vacation her appendix nearly ruptured.

"I was so scared for Melissa. She threw up three times and she was just in so much pain," said Liz Lento, a sophomore from Ocean City, N.J., and also roommate of Melissa Hensley.

"I told her to come on," said Murray.

"She was extremely brave," said Murray. "It was also comforting to know that she was so fluent in the language, I had to ask her what she was saying."

Dr. Orellana allowed her to use his private phone to call her parents prior to the surgery.

"I did not know Melissa prior to the trip, but after an experience like this, we became very close," said Murray, who spent twenty four straight hours with Hensley while she was in the hospital.

"Everybody was great. My roommate Liz, never left my side and I always had a faculty member there to help me," said Hensley.

Although it was a trying experience for Hensley, she plans to return next year.

SHU students visit El Salvador

By Brooks Parmelee and Dr. Lauren Kempton

This year, a 12 member student delegation travelled to El Salvador.

The group leaders were Dr. Lauren Kempton and Dr. Ed Murray, of the Education department at SHU. Assisting them were two university staff members, Henry Rondon and Henry Parkinson.

The delegation consisted of seven undergraduates: Michelle Day, Melissa Hensley, Kelly Lague, Elizabeth Lento, Kelly Libby, Christine Mauersky, Brian Merwin, and one graduation education student, Brooks Parmelee.

They arrived in El Salvador in the heat of the afternoon, just as the Great Solar Eclipse of 1998 was ending.

They were greeted by Sister Elena and a small community delegation from our destination, El Barrio de San Hilario en el departamento de Usulutan (the village of Saint Hillary in the state of Usulutan), in eastern Salvador.

After traveling over roads that progressively worsened and eventually became little more than a rutted dirt track, the group reached Sister Elena’s parish in the small town of Tierra Blanca, then our village five miles south.

The groups first stop was to drop off luggage, then a walk to the community center and pavilion where SHU’s last delegation had worked.

They were welcomed by the community center and pavilion where SHU’s last delegation had worked.

Contributed photo

Students in El Salvador putting up the basketball hoop.

By Brooks Parmelee and Dr. Lauren Kempton

This year, a 12 member student delegation travelled to El Salvador.

The group leaders were Dr. Lauren Kempton and Dr. Ed Murray, of the Education department at SHU. Assisting them were two university staff members, Henry Rondon and Henry Parkinson.

The delegation consisted of seven undergraduates: Michelle Day, Melissa Hensley, Kelly Lague, Elizabeth Lento, Kelly Libby, Christine Mauersky, Brian Merwin, and one graduation education student, Brooks Parmelee.

They arrived in El Salvador in the heat of the afternoon, just as the Great Solar Eclipse of 1998 was ending.

They were greeted by Sister Elena and a small community delegation from our destination, El Barrio de San Hilario en el departamento de Usulutan (the village of Saint Hillary in the state of Usulutan), in eastern Salvador.

After traveling over roads that progressively worsened and eventually became little more than a rutted dirt track, the group reached Sister Elena’s parish in the small town of Tierra Blanca, then our village five miles south.

The groups first stop was to drop off luggage, then a walk to the community center and pavilion where SHU’s last delegation had worked.

They were welcomed by members of the community, local children practiced pronouncing their names.

After a quick tour of the work site, the group had a light dinner, and retired early after being awake for 36 hours. Friday morning, work began.

The basketball court they would build would be bordered by the community center, a day care facility, and the village school.

After meeting with their project leader, the group concluded that it would make better sense to build a half-court.

The day was spent shoveling dirt fill into the walled area on which the court would be built.

They were welcomed by members of the community, local children practiced pronouncing their names.

After a quick tour of the work site, the group had a light dinner, and retired early after being awake for 36 hours. Friday morning, work began.

The basketball court they would build would be bordered by the community center, a day care facility, and the village school.

After meeting with their project leader, the group concluded that it would make better sense to build a half-court.

The day was spent shoveling dirt fill into the walled area on which the court would be built.

Contributed photo

They were welcomed by members of the community, local children practiced pronouncing their names.

After a quick tour of the work site, the group had a light dinner, and retired early after being awake for 36 hours. Friday morning, work began.

The basketball court they would build would be bordered by the community center, a day care facility, and the village school.

After meeting with their project leader, the group concluded that it would make better sense to build a half-court.

The day was spent shoveling dirt fill into the walled area on which the court would be built.
Student Exhibit opens in SHU Art Gallery

By Tara S. Deenihan
A&E Editor

The annual Student Exhibit in the Gallery of Contemporary Art at Sacred Heart University will open on Sunday with a reception hosted by the Gallery and the Art Club. This year’s exhibit includes 56 student works including design, drawing, illustration and watercolor painting. Students were permitted to submit six pieces each, out of which a maximum of four could be accepted. Professional judges from varied artistic disciplines juried the entries and narrowed the over 150 submitted works down to the 56 which will hang in the Gallery until April 20.

“All the students shows have a similar theme, but this represents a good breadth of the student body,” said Jeffrey Smith, assistant director of the Gallery.

Smith and others have expressed disappointment over the lack of oil paintings in this year’s show. Several works from the painting classes were submitted, but none were accepted.

This year’s show differs in the overall representation of disciplines. Design works are making a stronger showing in the upcoming exhibit than in past years. Watercolor studies from master paintings are abundant as well.

Another significant absence is sports illustration, usually a popular portion of the exhibit. This year, no sports illustrations are included.

John Cesario, a junior biology major from Staten Island, N.Y., feels that more works could be represented if student shows were more frequent. He said, “I think they should exhibit student work all the time, not just once a year.”

“I am always impressed with the work produced by this department,” said Kathrine Hippeli, Art Club president. “I would like to thank everyone who helped put the show together.”

Smith feels the Student Exhibit is a good opportunity to follow the progress of SHU art students. He said, “I can see the development in some students — some of the people I know, I’ve seen them improve.”

Nancy Chow, vice president of the Art Club, said, “After all, our hard work, hopefully a lot of people will come.”

The opening reception for the Student Exhibit will take place on Sunday, from 1-4 p.m. in the Gallery of Contemporary Art. The Charles Pohl Scholarship Awards will be presented at 2 p.m.

Check out these cool bands!

New (and not so new) bands on college radio

By Matt Flood
Contributing Writer

The Habitat’s benefit’s over, and the smashed computers finally cleaned up along with other unfortunate casualties of the show. We did however raise over $700 for Habitat (woohoo!) and I’d like to thank everyone who worked or just hung out for that extremely long 15 hour haul...and now with lack of subject to discuss...

Bands to look out for!
The Pilfers — A mix of hardcore, ska, punk and reggae led to discuss...(i.e. for their self-titled first release).

Joey Cape of the Anti-Nowhere League is after all an action film, and keeps entertaining and surprising, throughout. Although the stunts get a bit ridiculous, “The Jackal” is after all an action film, and plays well as such.

Showtimes for “The Jackal” are Friday and Saturday at 7 p.m., Sunday at 2 p.m. and Monday at 9 p.m.

"The Jackal" in Schine Auditorium. This action-packed film is a fun (if bloody) chase across the clock and a seemingly invincible villain.

Bruce Willis plays the main nicknamed the Jackal for his unique killing ability. His real identity is unknown, a select few know him.

Richard Gere plays Declan, an Irishman imprisoned for crimes related to the Irish Republican Army. Declan is one of the few people who knows the Jackal, and

Pickle's Poetry Jar

Pickle's Poetry Jar will return next week!
Sportswriter tunes beyond sports on WSHU

By Wayne Komnoff

At approximately 9:15 a.m. one day a week, Frank Deford strides into Jefferson House, a tiny solid white cape home located on Sacred Heart University’s campus — Headquarters for the 20,006-watt National Public Radio station, 91.1, WSHU-FM.

Deford, a Westport writer, greets WSHU staff member Geri Diorio with a big smile before getting ready to fill the air waves, taping a 3 to 4 minute in-depth analysis of a sports event. He describes himself and Diorio as "a team."

Since September 1991, Deford has been broadcasting his sports commentary for National Public Radio (NPR). Deford’s commentary airs on Wednesday mornings between 8:20 and 8:50 a.m.

Deford, an award-winning writer, says that when he picks a topic, he wants to really emphasize the main point and bring it to life. He approaches his commentaries as an artist would, describing each event in its entirety. Since Deford is limited to four minute broadcast he uses a combination of comedy and description make his point.

"I’ll take a topic something that is in the news, and expand upon it," said Deford.

For example, a few weeks ago Deford in describing the Florida Marlins baseball team.

The former senior writer for Sports Illustrated concentrated on the term "TEAM."

His analysis was centered on the Marlins uniting and winning a world series together, but now, the management must trade or sell off most of the high-quality players, because they can no longer afford most of them.

Deford made reference to his childhood and how the players then played for fun; now money is an issue.

"I always conscious of the fact that the people who are listening are not the same as the ones who read the paper," he says his listeners are not necessarily serious sports fans. In fact, many of his listeners are women. Deford tries to keep his topics general, yet still sports-related.

In the 1970’s, Deford began his radio broadcast career when he was approached by his Boston friend, Eddie Andelman, a prominent radio personality, who introduced him to commentary. Prior to that, Deford had never worked in anything but print journalism.

In 1980, Ketzel Levine came to Sports Illustrated and asked him if he would like to do commentary. When he agreed, Deford said, "I loved it right from the start. I was watching Deford who vaulted Deford’s radio career to the NPR level.

Today, Levine goes by the nickname The Doynenne of Dirt; she is a garden commentator for National Public Radio’s Saturday Weekend Edition, where she is heard locally on Portland, Oregon’s KORP-FM 91.5.

Levine stated that when she first met Deford, he saved the day by helping her pitch the concept of NPR sports show at Sports Illustrated.

"I could not have hoped to meet a more genteel and receptive guy," stated Levine. "He treated me with uncanny respect. Frank was brimming with ideas, and agreed to try his hand as an NPR commentator."

Levine said that Deford quickly mastered the NPR format and quickly turned what was then a vague concept into one of the most intelligent and innovative three minutes of sports coverage in the air. "Man, did Frank ever make me look good."

The man who GQ magazine pegged "The world’s greatest writer" said he waits until the weekend to pick his topics. "I look for what is on the news and use them as a springboard."

"I may use the same topics, but it’s more likely that I will just touch on them." Deford feels that over a period of time he may come across the same type of subject, yet it’s unlikely he will write about something and then use it for commentary purposes.

Deford doesn’t allow himself to become swathed in winning accolades.

"I try not to get carried away with winning awards, but I still like receiving them," he said with a smile.

Deford has written 12 books, but his favorite and most cherished has nothing to do with sports. It is "Alex, the Life of a Child." Originally published in 1983, which tells the story of the life and death of his daughter, who died in Deford’s arms at the age of eight from cystic fibrosis, an incurable lung disease. Recently, the book has been re-released in paperback.

Deford, who has been chairman of the Cystic Fibrosis Foundation for the last decade, describes his book as extraordinary. "Of all the things I wrote, this book means the most to me, since this book was personal; the others weren’t."

Before she died, Alexandra often responded to questions asked by her father, like, "What do you like to do best?" and "What do you like to wear?"

Simply said in-between giggles, "Play house, and wear long dresses." However, she also stated she wished there were a cure for her disease.

"People loved the book because it dealt with the tragedy of her life and how she rose above it," said Deford.

Deford thinks, the overall concept of the book provides an example to anyone who has a challenge in his or her life. "My daughter had to adjust her life to deal with this horrible disease. Alex took it very well; she never complained about anything." The man who is best known as an author, ("Alex," "Love and Infamy") former senior writer for Sports Illustrated, and editor-in-chief of The National, a short lived, 25 month all-sports daily newspaper, has moved into other forms of journalism.

Currently, he’s a commentator for ESPN radio, where he broadcasts three essays a week. Deford also appears on HBO’s "Real Sport" with Bryant Gumbel, and writes for Newsweek magazine.

Now, Deford is considering the possibility of working for the new magazine for NPR. Currently, he is in discussion with John Walsh and John Papenek, the editors.

One of Deford’s favorite books is titled "Cold Mountain," by Charles Frazier, which is about the history of the Civil War.

"When I’m not writing about sports, I write about history," said Deford.

Currently he is working on a 13th book, tentatively titled "The Other Adams," a psychological thriller.
D-1 jump wins mixed votes

By Adam Lagnese
Contributing Writer

In 1999, Sacred Heart University will become a member of Division I athletics and enter into the Northeast Conference (NEC). "We had the opportunity we were given based on the criteria," said Director of Athletics, Don Cook. "If the criteria to become Division I changes, then the opportunity would be lost." According to the NCAA, to get established, you must compete against 100 percent Division I teams. The easiest way to do this is to join a conference. When the opportunity to enter the NEC came about, Sacred Heart did not hesitate.

"When Marist and Rider left the NEC for the MAAC (Metro Atlantic Athletic Conference), it opened a hole for us to get into a conference," said Cook. By 1999, SHU must identify seven men’s and seven women’s sports, exclusive of football and basketball, that will go Division I. This means that football and baseball have to go Division I as well as the 14 other sports. There are sure to be expectations down the road, said Cook.

Some coaches felt the jump was good, but feel the school should have built a base at Division II.

Mike Guastelle, coordinator of athletic communications and men’s and women’s tennis coach, felt that it was a necessary move because several Division II programs are doing it. Among those teams are SUNY Albany, Stony Brook and Quinnipiac College.

Some coaches felt the jump was good, but feel the school should have built a base at Division II. "I was excited until the first game," said Adam Fuller, a senior baseball player. "There is always something better to come. We’re just waiting for everything to come together."
By Matt Duda  
Staff Writer

After fighting to a 3-2 first half lead, second-ranked C.W. Post outscored Sacred Heart University, 10-5. In the second half they ran away with a 13-7 win last Saturday at Campus Field.

The loss kept Sacred Heart winless after three games.

We played well defensively. Offensively we had our moments," said senior captain Brian Micena.

Sacred Heart’s defense kept the game close in the first half, frustrating the visitor’s offense. A goal by junior midfielder Mike Sciammanni (Vestal, N.Y.) tied the game in the second quarter, but C.W. Post took the lead for good with 7.2 seconds left in the half.

Post took care of business in the third quarter, scoring eight goals to SHU’s three.

“In the first half we showed we could play with them. In the second half, we didn’t execute. We had opportunities but we didn’t finish," said junior attackman Chris Lukowski (Syracuse, N.Y.).

C.W. Post always has a good defense and a good goalie. We weren’t playing that bad, their defense was just playing well. Sometimes a good defense wins over a good offense," Micena said.

“They packed in the defense,” Lukowski said. “It’s frustrating to watch our defense play well, then come down to our end and watch us not do so well. Seven goals is not going to beat many defenses.”

By Julie Ann Nevero  
Sports Editor

The Sacred Heart men’s volleyball team had a rough couple of days at the East Stroudsburg Tournament and Harvard University last weekend. The team dropped all four of its matches in the tournament, as well as a 3-0 decision against Harvard and have fallen below the .500 mark once again at 6-4.

At the tournament, the Pioneers lost to LIU-Southampton 3-2 (15-11, 4-15, 15-12, 10-15), Queens College 3-1 (15-11, 4-15, 13-15, 16-15), St. Francis 3-0 (9-15, 7-15, 7-15) and East Stroudsburg 3-0 (5-15, 9-15, 5-15).

The LIU-Southampton win did not come easily. SHU came out hard, winning the first game easily. LIU came back to win the next two games and SHU won the fourth and forced a fifth game. LIU won a close fifth game and the match.

The team received strong play from sophomore Brian Drew. The outside hitter from Braintree, Mass., had 46 hits in four of the matches (29 total) and had a total of 165 assists in the contests including 53 against LIU and 42 against Queens. Other top performances were turned in by senior Sean Morrissey and junior Tom Czapinski, who both had 12 kills each against LIU.

The Pioneers return to the court on tonight in an away tri-match against Yeshiva and Stevens Institute of Technology at 6 p.m.

By Adam Lagnese  
Contributing Writer

In her debut as Head Coach for women’s lacrosse, Elizabeth Patterson’s first game ended on a sour note as the Lady Pioneers dropped their season opener, 12-7, in Division I Mount St. Mary’s in Maryland.

The Lady Pioneers opened the game by jumping out with 2-0 lead, but Mount St. Mary’s stormed back to take the lead 3-2.

Mount St. Mary’s carried the lead into halftime with the score 6-4.

To open the second half, Mount St. Mary’s upped the score to 9-4 and later, extended the lead to the final score of 12-7.

“We could’ve beat them," said senior All-American Deirdre Hynes. “We never gave up when they took the lead, but as we started to mount a comeback, it was too late. This game helped us realize that we can contend with Division I teams.”

The team received strong play from sophomore attack Kate Fountaine.

Fountaine, the team’s number three scorer last season, netted a hat trick in the game.

Freshman attack Laura Mack also made a contribution, scoring two goals in the losing effort.

Sophomore midfielder Jill Corrigan had the lone assist of the game.

Sacred Heart men’s volleyball player is guarded by a C.W. Post player in Saturday’s loss at Campus Field.

A Sacred Heart lacrosse player is guarded by a C.W. Post player in Saturday’s loss at Campus Field.

The Sacred Heart men’s volleyball team had a rough couple of days at the East Stroudsburg Tournament and Harvard University last weekend. The team dropped all four of its matches in the tournament, as well as a 3-0 decision against Harvard and have fallen below the .500 mark once again at 6-4.

At the tournament, the Pioneers lost to LIU-Southampton 3-2 (15-11, 4-15, 15-12, 10-15), Queens College 3-1 (15-11, 4-15, 13-15, 16-15), St. Francis 3-0 (9-15, 7-15, 7-15) and East Stroudsburg 3-0 (5-15, 9-15, 5-15).

The LIU-Southampton win did not come easily. SHU came out hard, winning the first game easily. LIU came back to win the next two games and SHU won the fourth and forced a fifth game. LIU won a close fifth game and the match.

The team received strong play from sophomore Brian Drew. The outside hitter from Braintree, Mass., had 46 hits in four of the matches (29 total) and had a total of 165 assists in the contests including 53 against LIU and 42 against Queens. Other top performances were turned in by senior Sean Morrissey and junior Tom Czapinski, who both had 12 kills each against LIU.

The Pioneers return to the court on tonight in an away tri-match against Yeshiva and Stevens Institute of Technology at 6 p.m.

By Adam Lagnese  
Contributing Writer

In her debut as Head Coach for women’s lacrosse, Elizabeth Patterson’s first game ended on a sour note as the Lady Pioneers dropped their season opener, 12-7, in Division I Mount St. Mary’s in Maryland.

The Lady Pioneers opened the game by jumping out with 2-0 lead, but Mount St. Mary’s stormed back to take the lead 3-2.

Mount St. Mary’s carried the lead into halftime with the score 6-4.

To open the second half, Mount St. Mary’s upped the score to 9-4 and later, extended the lead to the final score of 12-7.

“We could’ve beat them," said senior All-American Deirdre Hynes. “We never gave up when they took the lead, but as we started to mount a comeback, it was too late. This game helped us realize that we can contend with Division I teams.”

The team received strong play from sophomore attack Kate Fountaine.

Fountaine, the team’s number three scorer last season, netted a hat trick in the game.

Freshman attack Laura Mack also made a contribution, scoring two goals in the losing effort.

Sophomore midfielder Jill Corrigan had the lone assist of the game.

Sacred Heart men’s volleyball player is guarded by a C.W. Post player in Saturday’s loss at Campus Field.

A Sacred Heart lacrosse player is guarded by a C.W. Post player in Saturday’s loss at Campus Field.