**Annual Clery Report: Crime on Campus**

**BY MAYTE FIGUEROA-CAMILLO**  
Staff Reporter

Sacred Heart University’s Annual Campus Crime and Fire Safety Report was made available online on the University’s website on Monday, Oct. 1 as mandated by the Clery Act of 1990. According to clerycenter.org, colleges and universities that receive federal aid are required to publicly provide an annual security report to students and employees by the first of October.

“This report is a factual document for the University Community to review crime statistics for the campus, public areas immediately adjacent to (or running through) the campus and residence facilities,” said the Director of Public Safety, Jack Fernandez. According to everbridge.com, the Crime Awareness and Campus Security Act was enacted in 1990 in response to the rape and murder of Jeanne Clery that occurred on Lehigh University’s campus in 1986.

It was later renamed the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act, often read as the Clery Act, in 1998 in honor of her memory. According to Sacred Heart’s Annual Campus Crime and Fire Safety Report, the purpose of this report is to provide a valuable resource to the University’s faculty and students regarding campus crimes and security policies.

“I was unaware of the act,” said one student. “I didn’t know that crime reports were made public. I thought they were kept only in the school, not for public knowledge,” said sophomore Taylor Drumwright.

Per clerycenter.org, the annual security report must include the following: policy statements concerning campus facility security and access, law enforcement authority, incidences of alcohol and drug use, and response to incidences of sexual assault, dating violence, and stalking.

“I think that’s a great act. It ensures that everyone is informed, and that everyone has the correct information,” said sophomore Kyle Sciclone.

Sacred Heart’s Department of Public Safety is responsible for the accuracy and truthfulness of the report. “We are responsible for compiling the information contained within this report and distributing this report to the University Community,” said Fernandez.

According to judicial referrals of 2017, Sacred Heart’s Annual Campus Crime and Fire Safety Report included 578 liquor law violations, 147 drug law violations, and 2 illegal weapon violation all of which occurred in on-campus residential facilities. In regard to arrests from liquor, drug, and illegal weapon violations, there are no reported cases from 2015 to 2017 on Sacred Heart’s Fairfield campus.

On the Fairfield campus, Sacred Heart’s annual security report also had no records of criminal homicide, and no hate crime incidents recorded over the last three years. As for sex offenses, the report shows an increase in rape incidents from four in 2016 to seven in 2017. There were also two forcible fondling incidents reported in 2015, but zero incidences have been reported in the past two years.

Sacred Heart’s dating violence reports also show an increase from 2015 to 2017 with a total of four incidents on the Fairfield campus. Stalking incidents have decreased from one in 2015 to no incidents reported in 2017.

In comparison with another Connecticut university, the University of Hartford’s Annual Security and Fire Safety Report included 149 liquor policy violation referrals, 156 referrals for drug policy violation, and 1 referral for weapons policy violation for 2017 on the Bloomfield main campus.

According to Hartford’s Violence Against Women Act (VAWA) crimes, domestic violence incidents have decreased from a total of 16 cases in 2016 to five in 2017 on their main campus.

According to Sacred Heart’s website, any Sacred Heart student, employee, or visitor who have been victims of criminal activities should report incidents to Public Safety by calling 203-371-7911 or in person at the Public Safety Office in the lower level of the WSHU Broadcast Center.

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**SHU Choir Sings Out Against Bullying**

**BY ABIGAIL FRISOLI**  
Assistant Photo Editor

"Find them, you can use them. Say them, you can hear them. Write them, you can read them. Love them, fear them." Those are the lyrics to the song "Words," by Anders Edenroth. The SHU Choir Sings Out! with this song on Saturday, Oct. 20, in the University Community Center. It's about self-awareness, knowing who you are and knowing that during those rough times you may have," said junior Kevin Gillotti, who performed "Sing Out!" with this song on Saturday, Oct. 20, in the University Community Center. It's about self-awareness, knowing who you are and knowing that during those rough times you may have," said junior Kevin Gillotti, who performed "Sing Out!" with this song on Saturday, Oct. 20, in the University Community Center. It's about self-awareness, knowing who you are and knowing that during those rough times you may have," said junior Kevin Gillotti, who performed "Sing Out!" with this song on Saturday, Oct. 20, in the University Community Center. It's about self-awareness, knowing who you are and knowing that during those rough times you may have." It's also about how to work with bullying and how it has led to people hurting themselves and even suicide.

Between 4 Heart Harmony and SHUpermen, the all-male choir which was also featured in the concert, 17 songs were performed, including solo and duet pieces. There was a large emphasis on the students as individuals throughout the night, as many of them came forward to tell their own experiences or communicate their feelings through song.

This gave the students some freedom with their song selections. There were various styles of music performed throughout the course of this concert. These included some Broadway pieces from shows such as "Carrie," "Fame," and "Next to Normal." There were also country pieces like "Invisible," by Hunter Hayes, and pop songs such as "Stronger (What Doesn't Kill You)," by Kelly Clarkson, alongside more traditional choir pieces.

One song that Cuffari was particularly interested in was "Carefully Taught." "The song is finally being turned into an old standard," said Cuffari. Freshman Olivia Sheppard performed the song, which is from the 1949 musical "South Pacific," which was rearranged into an R&B piece by performer and actor Billy Porter. Prior to this song, Sheppard gave the audience background information about the history of "Carefully Taught" and how original writers Rodgers and Hammerstein received backlash at the time because of this song’s support of interracial relationships.

"Me, anti-bullying means that people care for you and want to show their support for you and let you know that you are not alone during those rough times you may have," said junior Kevin Gillotti, who performed "Sing Out!" with this song on Saturday, Oct. 20, in the University Community Center. It's about self-awareness, knowing who you are and knowing that during those rough times you may have," said junior Kevin Gillotti, who performed "Sing Out!" with this song on Saturday, Oct. 20, in the University Community Center. It's about self-awareness, knowing who you are and knowing that during those rough times you may have." It's also about how to work with bullying and how it has led to people hurting themselves and even suicide.

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Death of Saudi Journalist Jamal Khashoggi

BY EVAN DENNY
News Editor

On Oct. 2, Jamal Khashoggi, a Saudi Arabian columnist for the Washington Post, was last seen entering the Saudi Consulate in Istanbul, Turkey. Turkish officials have said they fear a Saudi hit team killed and dismembered Khashoggi, who wrote critically of Saudi Crown Prince Mohammed bin Salman.

As of Oct. 19, Saudi state-run media is reporting that prosecutors in the kingdom believe Saudi writer Jamal Khashoggi was killed in the Saudi Consulate in Istanbul in a quarrel.

"After weeks of denying any knowledge of what happened to Mr. Khashoggi, Saudi authorities say that the Saudi journalist has died in the Saudi consulate in Istanbul, Turkey, after a 'fist fight' with Saudi officials," said Dr. Isil Akbulut-Gok, professor in the Department of Government who specializes in Middle Eastern politics.

"After weeks of denying any knowledge of what happened to Mr. Khashoggi, Saudi authorities say that the Saudi journalist has died in the Saudi consulate in Istanbul, Turkey, after a 'fist fight' with Saudi officials," said Dr. Isil Akbulut-Gok, professor in the Department of Government who specializes in Middle Eastern politics.

President Donald Trump said the oil-rich kingdom deserves "severe punishment" if it is proven that Khashoggi was killed. The Washington Post published Khashoggi's final column on Oct. 17. The following excerpts are from the article:

"As a result, Arab governments have been given free rein to continue silencing the media at an increasing rate. There was a time when journalists believed the Internet would liberate information from the censorship and control associated with print media," said Khashoggi.

"The Arab world needs a modern version of the old transnational media so citizens can be informed about global events. More important, we need to provide a platform for Arab voices. We suffer from poverty, mismanagement and poor education. Through the creation of an independent international forum, isolated from the influence of nationalist governments spreading hate through propaganda, ordinary people in the Arab world would be able to address the structural problems their societies face," said Khashoggi.

The Associated Press contributed to this article.
I love Christmas. Don't get it twisted. But Christmas decorations before Halloween? That's just disrespectful. I'm not the biggest fan of Halloween, I'll be the first to admit that. But that holiday has so much to offer in terms of decorations. Ghosts, skeletons, witches, pumpkins and more. If you love Halloween, you'll have no issues finding decorations to celebrate the holiday. So with that being said, I see no reason to whip out the light up reindeer before December. Yes, I said December.

The worst part about Christmas lights being displayed too early is the lack of respect given to Thanksgiving, which is an AMAZING holiday.

Thanksgiving food is heavenly. There is no other way to accurately describe it. Turkey, mashed potatoes, gravy, fresh vegetables, and pumpkin pie? I'll trade any night of running around in a costume seeking unwrapped frozen candy for a feast like that.

I just don't get it. Are you trying to flex on your neighbors? Are you trying to suggest that you celebrate Christmas harder than them? Are you that big of a fan of reindeer and elves? Are you insane about the decorations you have for your lawn the rest of the calendar year so much that you have to create a sea of red and green for the entirety fourth quarter of the fiscal year to make up for it?

I genuinely want answers to these questions. Those kinds of people confuse me to no end. Maybe I'm going a bit hard on the holiday bride. Maybe they don't deserve the questioning and the hatred.

Maybe they are justified in their weird obsession for a fat man in a red suit and his allegiance of three-foot minions with pointy ears. Maybe I'm the weird one in the end. Or maybe these people just need to be institutionalized until they let go of this incredibly irrational obsession with seasonal lawn decorations that causes them to think they are in a higher class of society than the rest of us. Just my take.

People really should remember the twelfth day of Christmas so they can get their drums rumbling. The way our society has it now, we only get the parade in a pear tree.

The stores policies are trickling into families' lives too. People used to wait to get their Christmas tree until right before the holiday. Now December 1 comes and people are completely decked out. Now I totally agree with getting in the Christmas spirit but don't tear down any notion of Christmas the second the official holiday is over. It's called the holiday season for a reason.

While I understand people don't wait to do Christmas shopping till December 23 like I do, shopping for it before Thanksgiving or any earlier is just ridiculous. Don't go through all year thinking about the holiday season. Live your lives and enjoy the tulips blooming in the spring. Enjoy the sweltering summer heat.

In my family nothing Christmas like happens until the day after Thanksgiving. Since that is when the Christmas season starts I you want to put a date on it.

My dad always makes us wait to get our Christmas tree until the week of or before Christmas depending on when it falls during the week because he loves the holiday as much as I do and we leave our tree up until almost New Years.

I love Christmas. Cheesy Hallmark movies, old Christmas music, combined with snow and Christmas Tree shaped Reises, it doesn't get much better. However, the Christmas season starts for us after Thanksgiving and should not start a day before.

I respect the other holiday seasons enough to make Christmas wait its turn. I will be breaking out all my Christmas music this year on November 25, the official start of the season. Or as our capitalist society has termed it, Black Friday.

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**Pink Out With Flowers!**

October is Breast Cancer Awareness Month, and Hansen's Flower Shop is helping turn Fairfield PINK! Order any arrangement from our #pinkpledge collection and we will donate a portion of sales to our friends at the Norma Pfriem Breast Center.

To learn more about all Fairfield is doing in the fight against Breast Cancer, visit #pinkpledge.org

**Off Campus Housing:** Are you looking for off campus housing? I have been a SHU landlord for 20 years. We have the most modern, up to date, houses in great neighborhoods with all the amenities that you need. Our houses range in size from 3 to 11 bedrooms. We can accommodate small to large groups. Please call Joe Iannelli or text 407-301-3940. DON'T WAIT -- CALL EARLY TO RESERVE A GREAT SPOT!!!
Kanye West Meets With Donald Trump

By Hannah Jones

On Thurs. Oct. 11, rapper Kanye West visited President Donald Trump in Washington D.C. during his visit to the White House the two discussed workforce training programs, sentencing reforms, and African-American employment. Part of the meeting was televised live.

"I feel that the media is playing this up too much," said junior Delaney Lynch. "Kanye’s rant was meaningless and I don’t think people should pay attention."

"People typically watch these videos on their phones. According to Social Media Today, teens use their phones up to nine hours a day browsing through their social media," said Lynch.

"I always find myself watching these videos because it is an easy way to kill time. Sometimes I zone out while watching them and don’t even realize that I have gone through multiple videos in one sitting," said junior Nikil Ziner.

According to Live Science, people watch these types of videos to view perfection which could please many people’s emotions.

"Some odd and satisfying things that people watch are things like people cutting colorful sand or pouring paint into a box with equal amounts of paint in them," said junior Courtney Charboneau. "I think people are interested in these things because the videos always turn out perfect and it’s satisfying."

The explore page on Snapchat features these videos frequently. It shows shorter clips of what people think are oddly satisfying to them so they can share it with other people following the page.

"My favorite is to watch videos of people cutting soap that’s in little squares. The worst thing is when I go through Snapchat’s oddly satisfying page because once I start watching there’s no turning back for me," said junior Laura Green.

"I like to watch soap cutting videos on Twitter because they’re mesmerizing and I can watch them over and over again, but they don’t make me think," said junior Ana Wolkenstein. "I think these videos are popular enough where people run accounts on social media. However, not a lot of my friends watch them."

"I like to watch soap cutting videos on Twitter because they’re mesmerizing," said junior David Gautieri. "I don’t think he should be criticized for supporting someone who has the support of millions of others, that alienates half of the country."

"I do not think that Kanye should be ashamed of wearing a hat in support of Trump," said senior Anastasia Maynos. "Everyone is told to fight for what they believe in. He is speaking for the way he feels, there should be nothing wrong with that."

"We are lucky to live in a country that allows us to have free speech and our own beliefs," said Maynos. "I don’t think he should be criticized for supporting someone who has the support of millions of others, that alienates half of the country."

Students feel that different media outlets portray West and Trump’s encounter differently. "The media is completely against Trump," said Garrett. "On networks such as MSNBC and CNN, Trump and Kanye are portrayed negatively. However, if you watched Fox News, they are portrayed positively."

"His views are important and it’s beneficial to invite him to the White House. I viewed the visit as constructive," said Rose.

Reference:
- The Sacred Heart Spectrum. October 24, 2018
- Live Science
- Social Media Today
- YouTube
Your Civic Duty

EVAN DENNY
NEWS EDITOR

One thing that bothers me most about politics is how taboo talking about it has become. Like religion and your annual salary, you really aren’t supposed to talk about it with your friends, your coworkers, or even your family.

This is something I despise. I’ve always enjoyed discussing controversial issues and disagreeing with others, my friends and family included. Discussing political issues with people gives me new perspectives on these issues and helps me to understand the views of the friends that I discuss them with.

Issues like abortion, taxes, infrastructure, immigration, healthcare, gun control, and more all interest me because, at their core, they are about how we can make society better.

And while it’s fun for me to discuss these issues, in order to actually enact change in society we have to contribute to the legislative process by voting. However, the problem I see is that people just don’t vote. Voter turnout is extremely low for one of the largest countries on the planet.

Voter turnout is at its lowest for younger generations in particular. Yet, these issues will impact them more than they think. Recently, Brett Kavanaugh was appointed to the Supreme Court where he will make decisions that could last for your lifetime, whether you agree with them or not.

There are also tons of other matters that will affect your life. Healthcare is a complex issue, but it is literally your lifeline. There are also tons of other matters that will affect your life. Whether you’re the single issue or the straight ticket voter, in order to actually make your voice heard, you need to vote.

For me, climate change is the biggest issue facing our future. Rising sea levels and disasters like hurricanes and tsunamis will only become worse. Even if your home is fine, the influx of refugees and lack of certain resources will affect you; it’s only a matter of time. This is the biggest issue for me and determines my vote.

For me, climate change will impact all of us, whether directly or indirectly. Whether you’re the single issue or the straight ticket voter, in order to actually make your voice heard, you need to vote.

For me, climate change is the biggest issue facing our future. Rising sea levels and disasters like hurricanes and tsunamis will only become worse. Even if your home is fine, the influx of refugees and lack of certain resources will affect you; it’s only a matter of time. This is the biggest issue for me and determines my vote.

For those of you who don’t vote: quit that. Look up who’s on the ballot and decide who you want to vote for because your future depends on it.
The Green SHUs promote environmental awareness by bringing in speakers and showing films educating members about environmental issues. "Club members participate in projects outside of Sacred Heart with local organizations," said Vice President, Kimberly Durando.

"Our goal for this club is to provide more sustainability on campus, as well as sustainable food sources," said President of the Green SHUs, Courtney Paccione. "A person that is really helping us achieve these goals is Keith Gallinelli [the club's new advisor]," said Durando.

"Another individual that is a viable resource to The Green SHU's is Scott Thompson," said Paccione. Scott Thompson is a resident of Fairfield and is the Chairman of the Sustainable Fairfield Task Force.

"Gallinelli and Paccione are responsible for the solar panels that are being put up on West Campus," said Durando.

Another movement at Sacred Heart that The Green SHUs are doing involves incorporating more sustainable food options. "Overall, there will just be healthier options for people in the dining halls, even if you are not a vegan or vegetarian," said Durando.

According to Sacred Heart University, "the Green Sacred Heart University Students or 'Green SHUs' work to raise awareness and work to improve various environmental issues, including pollution, conservation and recycling efforts."

For example, The Green SHUs worked with the student government to make reusable tumbler cups. "Last year, we worked with the student government and the class of 2020 to make reusable tumbler cups and gave them out in the hallway of 63's," said Durando.

One of the ways that The Green SHUs collaborate with organizations is through clean ups. "We do a lot of clean ups at Veteran's Park in Fairfield as well as Jennings Beach," said Durando.

On Oct. 20, The Green SHUs participated in a beach cleanup at Jennings Beach in Fairfield. "For clean ups, we usually bring bags to the beach and work as a team to collect trash that accumulated on the beach," said Durando.

"If you are interested in coming to the events, it is really easy to join us," said Paccione. "We always provide transportation to these events as well. We meet in the University Commons and commute together to the project," said Paccione. "If you are looking to get involved in our team, please feel free to join our Facebook page."

"You can also get in contact with Keith Gallinelli if you have any questions regarding the club," said Paccione. "Our next meeting is Nov. 7 at 9 p.m. in the University Commons," said Durando. "We would love for you to join us."

The page can be found by searching for "The Green SHUs" on Facebook. The club posts everything from events to meetings to times for events on the page.

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The Green SHUs BEACH CLEAN-UP

Founded in 2011, Green SHU works towards improving the environment through awareness and clean up projects.

Ridgefield International Film Festival

The Ridgefield International Film Festival was held in Ridgefield, CT to present a variety of events including a showing of "Say Her Name: The Life and Death of Sandra Bland" and "Riffing" with actress Allison Williams.
On Wednesday, October 17, 2018, Sacred Heart University welcomed guest speaker Stephen Pope, Ph.D., a Professor of Theology at Boston College, to speak about the different types of love and how they affect our everyday happiness.

Pope spoke about 4 types of love and how each of them contribute to an individual's overall happy life or miserable mindset. He also made points about relationships and how there are instabilities through being in love.

"Although love can make you feel great, it can also hurt," said Pope.

Students learning about being in love and how there are different factors that feed into a love story, happy relationship and life in general.

"I think it was amazing hearing the differences of love and happiness from an expert because, personally, I know a handful of girls that struggle with the same concept who just do not understand what to do," said sophomore Sarah Tedesco.

This colloquia was a good topic for students who are college aged because that is when they typically first start to struggle with relationships and the idea of love.

"I have always wondered about what brings true happiness," said sophomore Ava Fursaro. She explained that there were so many different points in Professor Pope's lecture that ultimately helped her understand that there is so much more in between love and happiness.

"Sometimes romantic love brings rise to more long lasting intimacy," said Pope. He emphasized the factors that can lead to pursuing a life of love and happiness.

"Professor Pope, really shed light on relationships, especially college relationships. He explained the difference between a good love and a bad love," said Tedesco.

Pope said there is more of a grey area between love and happiness in many situations. "I really enjoyed the speaker and I thought he did a great job supporting his thesis. I also agreed with a lot of what he said. Professor Pope really emphasized that love brings happiness if it is healthy and stable, but it can also make one miserable," said sophomore Brittany Coyne.

The students who attended the colloquia gained a new perspective on love and what it means to be loved.

"I have never thought about this before the colloquia because I always assumed that love and happiness went both hand in hand," said sophomore Alyssa Zarcone.

Since coming out, what has been your favorite moment that stands out in your mind? What was it like to be the youngest person ever inducted into the Mississippi Music Hall of Fame?

Q: What was being in "NSYNC like? Are you still in touch with the guys?
A: "NSYNC was basically my college years. I started when I was 16, and I had never really left home. It was my introduction to the world, getting to live in different countries and really growing up fast. I had my four best friends that were bad influences on me. We still talk daily because we started a clothing line together last April, so now our group chat went from making fun of each other and sharing horrible old memes of ourselves, to now we’re fashion designers. We’re constantly approving and designing things and we’re much more adult now.

Q: What was it like to be the youngest person ever inducted into the Mississippi Music Hall of Fame?
A: It was quite the honor, for sure. Growing up in that state, I was very proud to say I was from Mississippi and we’re a proud bunch down there, although we can be very backwards, but the people are good at heart. You know the people might be confused and ignorant about a lot of things, but they have a great heart. I was never embarrassed to say that I was from Mississippi. It came with a little slap afterward because I did come out of the closet after that. So they were very supportive before that but then once I came out, they basically erased me from all Mississippi history, which you know, sucked.

Q: When did you realize that you were gay and what was it like telling your family and friends? Were they supportive or were they negative?
A: The scariest thing is of course coming out because you don’t know what your friends and family are going to think of it. You don’t want to be disappointed. You know that they ‘ll most likely love you still, but you don’t want any disappointment and surprises like ‘Oh! wait, my sister really is against me’? So that I think is the scariest part about coming out. I knew I was gay when I was five years old and one of the first memories I have is being in kindergarten and having a little crush on this little boy. So I knew then I liked boys, but I also knew then that I had to hide it because it was wrong, because that’s what I kept being told. It’s very confusing when you’re that aware so young and know that you’re going to hide it the rest of your life.

Q: Since coming out, what has been your favorite moment that stands out in your mind and makes you think and feel "wow! I’m really making a difference?"
A: There’s several things like that! And I think one of the first times I realized that people were looking at me and listening to me was when I did Broadway and that was right after I came out, so around 2009. I remember being at the stage door, you know at the end we go and sign autographs and there was a kid that was probably 11 or 12 years old and he said “I came out because of you!” I was like OH MY GOD! How I would have dream to have been able to be that aware and comfortable with myself at 11 years old. I was so happy because I remember thinking “your high school is going to be so much better than mine! You’re so lucky?” So that I had any kind of influence on someone becoming themselves at an earlier age, they can start living their life!”

Q: How do you think your show, “Finding Prince Charming”, will affect LGBTQ youth? What would it have meant to you, growing up to see a show like this on TV?
A: It would have meant everything because I would have had something to relate to. I think one of the downsides of being a part of the LGBTQ community growing up as a kid, you had no representation at all to look at so you always felt like there was something wrong with you and of course society was always telling you something was wrong with you, especially growing up in southern Baptist Mississippi. So, I think if I was a kid just being able to see something like that on TV, I would have known that there wasn’t anything wrong with me and there are people just like me.

Throughout the interview for ‘Spectrum’, Bass was smiling and laughing, with his warm southern accent, while recalling all the memories he discussed. After the interview, Bass joined moderator, Gregory Golda, Professor in the School of Communication, Media, and the Arts, on stage in the Edgerton Theatre for a formal discussion.

"Lance is a unique, gem of a man," said Golda. "He’s fascinating on every level. He’s motivated like no one I’ve ever met. He’s vitally important in our cultural debate over equality. That was really inspiring and I hope that’s what the students took away from this evening.

Bass was met with love and cheers from the crowd.

“My friends and I didn’t realize how young he is and he’s accomplished so much. It was amazing because my older sister who grew up with *NSYNC and Backstreet Boys said it’s so amazing that a new generation knows him for a different reason,” said junior Victoria Oliva.

"I never thought about all the different types and kinds of love we have in our lives until going to this colloquium. We are surrounded by various types of love that brings us to different types of happiness for each individual" said Tedesco.

Pope said to end his lecture, “Love can lead to abiding and deep happiness when it is good, virtuous, and mature, but it can make people miserable when it is not.”

\[Image of NSYNC Band Member, Lance Bass spoke at Sacred Heart as part of the lecture series.\]
Disney Movies Come to Life

Disney Studios has recently begun releasing live action versions of their classic cartoon animated movies.

Public opinion is split between favoring the animated original versions and the live action remakes, now coming to the big screen.

“I think I will always prefer the original animated movies from my childhood, but it’s interesting to see these movies I grew up watching come to life,” said sophomore communications major, Kaitlin Katzenback. “I’m really excited to see all the new films being released.”

In order to create these up-and-coming live action films, Disney takes a film out of their catalogue of old movies and uses famous actors and actresses, special effects and clever writing to appeal to a new audience of all ages.

“Personally, I’m a big fan of the animation. I’ll always have a special place in my heart for the classics,” said sophomore communications major, Lindsey McCarthy.

People often have the misconception that animation is for children. Fans argue if Disney keeps making live action films, people will become uninterested.

“I honestly feel like the live action remakes are ruining the classics, some classics shouldn’t be turned into live actions at all,” said junior business management major, Kevin Gillotti. “Only some should be remade and only released once every other year, so the anticipation for the live action movies are still high.”

Disney recently announced that “Aladdin,” “Dumbo,” “The Lion King,” and more are currently in the works. But Disney has recreated older films like Cinderella, Beauty and the Beast, and The Jungle Book.

“Having my favorite classic come to life was surreal, especially the ballroom scene took my breath away” said Katzenback, about the infamous ballroom scene from Beauty and the Beast.

Children today will know and remember movies like “Coco” and “Moana” as their childhood Disney movies, but the live action films appeal to all ages, including adults who grew up watching the classics.

“The originals will always be a favorite, but the recreation of the live action films will keep the classics alive. Although, Disney has to be precise in how they recreate these movies because they are so iconic and if they’re not done right, they’ll only disappoint Disney fans” said sophomore psychology major, Corinne Blanchette.

The Costume Institute’s “Heavenly Bodies: Fashion and the Catholic Imagination” exhibit became the theme for The Costume Institute Benefit, also known as The Met Gala in May. Singer Ariana Grande wore a gown designed by Vera Wang, and model Gigi Hadid wore a gown designed by Gianni Versace.

Designer Maison Margiela designed an entire ensemble after the traditional garments of the Catholic Pope for singer Rihanna to wear to the Gala.

“I believe this outfit is one of a kind, iconic, and blessed. Only Rihanna could pull off an outfit like that with such grace and class, while keeping it fierce at the same time,” said sophomore Brandon Ricketts.

The Costume Institute’s benefit theme, “Heavenly Bodies: Fashion and the Catholic Imagination” became the museum’s most controversial theme to date, with some Catholics stating it was offensive to their faith.

The “Heavenly Bodies: Fashion and the Catholic Imagination” exhibition was open from May 10, before closing this fall on Oct. 8.
“Guitar Fest” Gets Groovy

BY ABRAHAM SEABROOK
Staff Reporter

On Oct. 16 and 17 Sacred Heart University’s Academic Music Program hosted its musical event, “Guitar Fest” in the WSHU Broadcast Center’s Sone Family Assembly Hall. They hosted two concerts by Terry Pazmifio of Ecuador and “The Joe Carter Trio.”

The event on Oct. 16 included Latin music by Pazmifio. On Oct. 17 a combination of Jazz and Brazilian music, also known as Bossa Nova, by “The Joe Carter Trio” took place to a standing room only. After a ten-minute intermission, Zabbai returned on guitar, as well as Bassist Harvie Swartz and Drummer Graciliano Zambonin.

“We all freelance and have played with each other in different situations, but this time is the first time for this trio,” said Carter.

The trio played six songs that has influenced Carter’s musical career and helped him through life experiences. These songs are not composed by the trio but are covered by them for the first time using their musical experience.

“I play songs that are important to me,” said Carter. Carter has performed all over the world from New York City, to Germany, India, and Brazil. In these places he has been influenced by new musicians and different types of jazz.

Swartz is an American Jazz bassist, educator, composer, arranger and producer. He is a Jazz Ambassador for the United States and toured all over Europe and Southeast Asia.

“I knew this is the person I wanted to record with, he doesn’t play any unnecessary notes and plays what he is supposed to,” said Carter. Zambonin is a drummer from Brazil that has been studying music theory since he was 11. He taught himself how to play the drums and began playing professionally at age 18.

Jazz has allowed Carter to be able to communicate with other musicians from different places all over the world by playing music.

“Playing without actually talking, that’s the beauty of Jazz,” said Carter when talking about playing with musicians in different countries.

Some students thought that the two genres worked well together, as it showed a different side to both of them.

“I never heard a combination of Brazilian and Jazz but I really liked it. It felt so soothing to hear them play something I had never heard before,” said junior Ashley Engele.

THE SACRED HEART ACADEMIC MUSIC PROGRAM HOSTED THE JOE CARTER TRIO. LEFT TO RIGHT: GRACILIANO ZAMBONIN, HARVIE SWARTZ, JOE CARTER.

Into the Depths with Zabbai

BY ALEXANDRA LOUKERIS
Staff Reporter

On Friday Oct. 18, the Edgerton Center at Sacred Heart University hosted Gospel singer Zabbai. He stopped at Sacred Heart in the midst of his tour, into the Depths.

Zabbai is a 25-year-old gospel singer from Stamford, CT. He started writing music in high school and wrote over 100 songs during those years. He was originally signed as a hip-hop artist until he stopped at Sacred Heart in the midst of his tour. Into the Depths, which he describes as talking about his life story.

After they performed, Lee came back out to share a performance and Christian beliefs and values I share definitely make me much more interested in the style of rap music, compared to more generic pop culture rappers.

While not many students were in attendance, those that were created energy throughout the show and reciprocated the energy that Zabbai portrayed on stage.

“I liked how the performers included the audience and got them involved. I like how the theme of the entire night was that you are loved by God and He has created a specific purpose for you,” said Tobin.

Just like he did with ‘Pot of Gold’, Zabbai brought up a couple friends to perform with him in different songs.

“I am always reminded the power of the arts in connecting and transforming people,” said Calabrese. “It doesn’t always have to be a huge realization, however helping someone recognize who they are or remind themselves of their true nature, especially as a child of God, is made possible through means of communication like music.”

Zabbai then introduced Kenny Sullivan, a friend and mentor of his, to join him for his next song ‘Into the Depths’, which he describes as talking about his life story. He then went into his set, playing songs like “Mount Up”, “Power Movez”, “Kingdom Ryez” and “Purpose”.

“My favorite song was ‘Purpose’,” said Tobin. “This song has three different perspectives, first from a man, then a woman, and then God. It shows us that wherever we are, God will always be there and love us.”

Students even found the music to be a source of relaxation during this time in the semester.

“I found it very entertaining and it gave me the ability to find a bit of relaxation during a tiring midterm week. I enjoyed listening to “Beatrice” by Sam Rivers, I felt the most relaxed and comfortable as they played,” said senior Sarah Evans. “It was a great event that shows another side to jazz music that most people haven’t heard.”

THE SACRED HEART CAMPUS MINISTRY TEAM BROUGHT ZABBAI, A GOSPEL SINGER, TO PERFORM IN THE EDGERTON THEATRE ON OCT. 18.

THE SACRED HEART CAMPUS MINISTRY TEAM BROUGHT ZABBAI, A GOSPEL SINGER, TO PERFORM IN THE EDGERTON THEATRE ON OCT. 18.

ASHLEY ENGELE/ SPECTRUM
13 Cross-Country Runners Set Personal Records

BY JOSEF SAMILENKO

Sacred Heart University’s men’s and women’s cross-country teams, set personal record times at the Vermont Fall Foliage on Oct. 13.

The men’s team ran an 8k race, while the women’s team ran a 5k race. There were eight runners on the men’s side who set personal records. These runners were senior captain Dave Kechesav, junior Gavin Thirlow, sophomore Ryan Corbett, Sean Murray and Christopher Gillis, and freshmen Aidan Tucker, Michael Kelle, and Corey Picard.

Kechesav led Sacred Heart, running a 26:09.00 time in the 8k race. His efforts earned him 12th place out of 53 competitors. He was the fourth Sacred Heart runner to finish.

“Last year I had no ‘set’ preparation before race day. Now I have a routine to make use out of these fall tournaments,” said Kattman.

The women’s team placed 2nd out of 37 teams, including Central Connecticut State University (CCSU), Northeastern University, and Bryant University, while falling just short of the success I had in the previous race,” said Kattman.

Sacred Heart runner to finish.

“My confidence was at an all-time high going into that race because of the success I had in the previous race,” said Corbett. “I felt very strong and was determined to run as hard as I possibly could.”

The men’s team placed 2nd out of 3 teams. They placed ahead of conference opponent Bryant University, while falling to Vermont.

“I had confidence in myself because of my dedication in training and successful workouts at practice. I had confidence that I could put together a good performance,” said Corbett. “But I know that I can do even better. Being so close to my goal will give me even more motivation to improve myself further.”

On the women’s side, junior Bianca De Lucia, sophomore Bonnis Wilder and Brenna Thibodeau, redshirt freshman Gaelyn Kattman, and freshman Angela Kaiser, set personal records.

Kattman’s 19:02.3 time placed her 14th out of 53 competitors. She was the fourth Sacred Heart runner to finish.

“It has been a long time since I have gotten a new record, and I was satisfied with my performance as a whole,” said Kattman.

For the fourth consecutive week, Kattman earned the Northeast Conference (NEC) Roadie of the Week Award. Despite this, she is looking for more improvement.

“I had a goal of breaking 19 minutes in the 5k because I was so close to breaking this mark,” said Kattman. “I could have been happier with my time.”

The NEC Championships are nearing for both teams. The event will take place on Oct. 27, at Bryant University. Wilder, who ran a personal best 19:15.8 and placed 17th overall, is looking ahead to the event.

“I’ve PR’d three times this season and hope to PR at NECs,” said Wilder. Wilder has notched a new personal record, having set multiple personal records.

“Last year I had no ‘set’ preparation before race day. Now I have a superstition that eating a Linda’s hamburger with fries helps give me extra energy, and every time I’ve eaten that the night before a race, I’ve beaten my prior personal record,” said Wilder.

Her personal record has been broken in the past three races she has participated in. From 19:49.1 on Sept. 8, to 19:37.6 on Oct. 6, to her current personal record, Wilder has seen herself improve steadily.

“I am now more confident with myself,” said Wilder. “By doing everything right and going down on the course, I’m now Top-3 on a good day.”

The women’s team will be looking to repeat as NEC Champions, as they will race against nine other teams in their NEC race.

In order for the men to win their NEC Championship, they will have to defeat seven other teams, including Central Connecticut State University (CCSU), who have won the title for the past nine years in a row.

Women’s Bowling Team Begins Season

BY KENNETH EKERT

Sacred Heart University women’s bowling team entered their 2018-19 season as the 2nd-ranked team in the Northeast Conference (NEC) Preseason Coaches’ Poll. They were also ranked 12th in the National Team Coaches Association (NTCA) preseason polls.

According to its website, the NTCA promotes NCAA (National Collegiate Athletic Association) women’s bowling.

“I think that we are ranked accordingly for the talent that we have this year,” said senior captain Rebecca Armand.

The team began their season with their SHU Bowl for the Cure event, which took place on Saturday, Oct. 20, in East Haven, Conn.

“The SHU Bowl for the Cure is where we raise money to benefit the Breast Cancer Research Foundation,” said head coach Becky Kregling.

The event is intended to raise breast cancer awareness and to help those on the team who have been affected by the cancer.

“I think most people on the team have some connection to the disease," said Armand.

Adelphi University of Long Island, ended up winning the Bowl for the Cure event for the second year in a row. According to the Adelphi athletics website, the team had four wins in five matches.

Despite the loss, Kregling and the team look to make use out of these fall tournaments in order to develop and enhance the bowlers’ playing abilities. They also use these events as momentum builders to ensure that they have a successful season.

“We have to get the new team dynamic down before we head into the spring and gain as much experience as possible," said Kregling.

Armand and other members of the team share the same philosophy as Kregling does.

“We have been working so hard in practice to get each of us to a point where we can contribute and hopefully win matches against top ranked teams,” said Armand.

“I am just excited to be able to experience this last year with this group of girls, and hopefully also have a great season record while we are at it.”

This year, the team has lost some key members from past seasons due to graduation, such as Amanda Nardiello. Nardiello was a Second Team All-American bowler.

Despite these losses, the mindset for this season hasn’t changed and the team doesn’t let it affect their chemistry.

“Without her (Nardiello), everyone knows that they have to work a little harder and contribute a little more to make up for the loss of Nardiello,” said Armand. “We have the talent to do it.”

The team’s next competition will be in Rockaway, N.J., from Oct. 26 to Oct. 28, for the Caldwell University Cougar Classic Bowling Tournament. Following that, they will head down to Glen Allen, Va, from Nov. 2 to Nov. 4, for the Virginia Union Invitational.
Swimming and Diving Season Begins with a Splash

BY COLIN CANNATA
Staff Reporter

On Saturday, Oct. 6, the Sacred Heart University swimming and diving team opened their season with record breaking performances at their annual Pentathlon event.

Freshman Nicole Tingley won the Pentathlon Championship, freshman Taylor Eck broke a Pentathlon record in the 100-meter breaststroke, and sophomore Fiona Maxwell finished in the Top-3 for the second year in a row.

Additional records were broken by junior Julia Puosker in the 100-yard breaststroke, and junior Lauren Somers in the 100-yard freestyle.

"The Pentathlon was a really exciting meet for the team. Every year, numerous records get broken which shows how the team is getting faster season after season," said Tingley. "Winning the Pentathlon was very motivating for me. It pushes me to work hard every day so I can see what I'm capable of by the end of the year."

The team then opened up their regular season a week later on Oct. 13, in record-setting fashion. They defeated both LIU Post and Central Connecticut State University (CCSU). It was the first time in the program's history that this feat was accomplished.

"It was a great way to start the season," said diving coach Adam Vance.

In addition to the team's victories, junior Lauren Somers was named NEC Swimmer of the Week for her performances at the meet. According to the Northeast Conference (NEC) website, Somers was the winner in the 50, 100 and 200 freestyle events. It was the fifth time that Somers won the award in her career.

"For me the NEC Weekly Honors is motivation to keep working hard to reach my goals," said Somers. "The honor also reminds me that I should be confident in my swimming as meet season continues because I am capable of being one of the top girls in the Conference."

Somers and Tingley both kept it going in the team's next contest against Saint Francis Brooklyn and Wagner at Iona College on Oct. 20.

According to the Sacred Heart athletics website, Somers again won both the 50 and 100 freestyle events. She also set a new school record in the 100 freestyle by finishing in 51.91 seconds. Tingley on the other hand, captured her first collegiate victory in the 200 butterfly event.

Coming into this season, the team was ranked 6th in the NEC Preseason rankings. However, they have since made it their mission to prove that the ranking is too low for them.

"I think that we use this ranking to help motivate us in a realistic way by working towards getting one step higher in the rankings," said junior Nikole Rudis. "We're trying to improve as a team from how we were ranked in previous years."

The swimming head coach, John Spadafina, has supported this mindset as well.

"Our team has set goals this year to improve in the rankings; our goal is to continue to move up," said Spadafina. According to team members, a lot of training and preparation will be required in order to achieve said goals.

"Due to the nature of swimming, you have to commit to training year-round in order to be successful," said Somers. "I trained all summer long and really focused on trying to break bad habits that I tend to fall into during my races. Here at school, we train nearly every day and have a lift program that we follow."

On Oct. 27, the swimming team will take on LIU Brooklyn and Stony Brook at LIU's swimming facility. The diving team on the other hand, will compete at Fairfield University.

Equestrian Fall Season Underway

BY CHRISTIAN RODRIGUEZ
Senior Staff Writer

The Sacred Heart University equestrian team began their season on Oct. 13, with a Western Doubleheader at their home barn in Southbury, Conn. They won seven events and were the High Point team in both competitions.

"The first show we won by 7 points and the second one by 8," said senior team captain Carissa Johnson. "This set the Western team 15 points ahead from all other schools in our region."

The next day on Oct. 14, the team finished their weekend with a second straight High Point title in a Hunt Seat competition at Trinity College.

According to the Sacred Heart athletics website, the team swept two fences sections. This propelled them to capturing both the Show Open Fences sections and the Intermediate Fences section. Six Pioneers also took first place in individual awards.

Johnson stood out placing first in the Show Class 1 Open Fences Section A and in the Class 9 Open Flat Section B. This earned her the High Point rider and team MVP.

"Going into the competition, we focused on going in with confidence so that the judge would have a good impression," said Johnson. "We also focused on paying attention to detail. We wanted to know the basics well so that we can focus on perfecting our performances."

Another first place rider at the Hunt Seat competition was junior rider Gabriella Sorrentino, who finished first in the Show Class 2 Open Fences Section B.

"We hit the ground running and began by sweeping the first two divisions of the day winning four 1st place ribbons," said Sorrentino. "Carissa and I in the Open Over Fences, Lauren and Carly in the Intermediate Open Fences."

With the equestrian season running all the way until May, there are certain goals and expectations for the riders in this season.

"I hope we continue our focus, consistency, and teamwork throughout the season. I believe these three things will lead to our team's success for the rest of the year," said Sorrentino. "Our Hunt Team has just missed qualifying for National Finals the past couple of years and I would love to see us finally do it this year. I think we have a great group of riders and are capable of making it all the way."

It's normal for the riders to switch horses along with course work during practices, because the Intercollegiate Horse Show Association (IHSA) doesn't allow warm-ups before competitions.

"We are always riding new horses, so I think we have to be confident in ourselves and our abilities when we get on any horse," said sophomore rider Devon Cavaielle.

It's important for the riders to get to know the horses in preparation for the competitions, but the chemistry in the team seems to be noticeable.

"Our team is so close and we all get along so well that we call ourselves a family. We take pride in our character and team culture and we're always trying to be the best version of ourselves in order to make the team better," said Johnson. "We all have a huge passion for equestrian and that passion brings us closer together."

After a competition at Connecticut College on Oct. 20, Hunt Seat looks ahead to a home matchup on Saturday, Oct. 27.
Men's Ice Hockey Ties #5 in the Nation, Providence

By Ryan Touhey
Sports Editor

On Oct. 20, the Sacred Heart men's ice hockey team tied Providence College at Webster Bank Arena in Bridgeport in overtime, 2-2. Providence is ranked 5th in the nation and have nine players who have been selected in the National Hockey League (NHL) Draft.

"Going into the game, we watched a lot of video on them (Providence) and we knew they were going to work hard," said senior co-captain Liam Clare. "Our mentality was to play our game, not make things too difficult, and we'd see what would happen."

Providence got on the board early in the first period, as they scored on their first shot of the game at the 4:07 mark. They scored again seven minutes later, to make it 2-0. Sacred Heart however kept up with Providence's fast pace, and eventually broke through in the second period on a goal from redshirt junior forward Jason Cotton. That made the score 2-1 Providence, and it stayed that way for the rest of the second period.

During the second intermission, Clare and the rest of the team were told by the coaching staff to, "not let their feet off the gas pedal," and to continue to stay with Providence.

In the third period, Sacred Heart continued to prevent Providence from scoring again. However, they couldn't seem to get the puck past Providence's sophomore goalie, Gabe Mollot-Hill, again. Time was running out in regulation, but with 2:46 remaining in the game, Sacred Heart's junior forward Austin McIlmurray, scored the tying goal, which nodded things up at 2.

The game wound up going into a 5-minute overtime, where neither team could score the game-winning goal. Thus, the result was a 2-2 draw. Senior goaltender Brett Magnus, had 31 saves on the evening.

"It was a great tie but obviously we weren't satisfied," said Clare. "We don't want to refer to this game as being the highlight of our season."