Winter Comedian Pete Davidson

On Feb.24, Pete Davidson performed a comedy show at the Edgerton Center at Sacred Heart University.

"We have a few new agreements we will be working on with Public Safety and Bridgeport Police to respond to the incident," said President Dr. David S. Agee, who noted that they are currently investigating the matter. "Our priority is the safety and well-being of our students and campus community.

The show was well-received by the audience, with many glowing reviews. "It was a great show," said one attendee. "I felt like I was part of the act.""

For more information, please visit the university's website or contact the Office of Student Activities.

Law & Order: Oakwood

BY EVAN DENNY
News Editor

William Plate is a sophomore who currently lives at the Oakwood Gardens Apartments, one of Sacred Heart University’s off-campus housing options. He awoke on Tuesday, Feb. 12, to discover that his silver Mazda hatchback was missing from the Oakwood parking lot. Empty seats were seen in the auditorium.

"It was really funny, and I enjoyed how there was 3 different people with different sensibilities, said junior Kayla Williams.

"I do not feel safe at Oakwood," said Plate. "This is mainly because Public Safety continues to prove that they do not do their job. They were not present for the burglary of my car, nor were they present for the multitude of other incidences of criminal activity at Oakwood since 2018."

Plate’s car was found totaled at a scrapyard last week after it had gotten into an accident and was ditched on the side of the road. He visited it last Wednesday to collect his belongings.

"My car was entered around 4:30 a.m. and I found it around 9:30 a.m. with the glove box hanging open and my center console lock broken open," said sophomore Christopher Agor, another Oakwood resident. "I did not find anything as he stolen from my vehicle. I didn’t really have anything in there of value."

Agor usually leaves his car unlocked because the locks get stuck when the temperature gets really cold. He only parks a few spots down from where the Public Safety officer is supposed to sit overnight.

"I contacted Public Safety and they came and inspected to write a report of the incident. I told Bridgeport Police of the incident but have heard nothing further," said Agor.

Jack Fernandez, Director of Public Safety, recommends that students take precautions to prevent incidents like this from occurring in the future. These precautions include making sure to always lock your vehicle, don’t leave valuable items visible in your vehicle, don’t leave a spare key in the vehicle, and immediately report suspicious activity to Public Safety.

Public Safety is changing their security detail at the Oakwood apartments in response to this incident.

"Public Safety has increased its presence at both facilities. Overnight security will patrol both Oakwood and Pioneer Gardens during the overnight hours, 7-days per week," said Fernandez. "This security funnel will conduct patrols in a marked Public Safety vehicle and maintain a visible presence."

"What scares me the most is that even if Public Safety was present on that night, what could they have done?" said Plate. "Public Safety is completely unarmed and has no ability to fend off a criminal who could potentially have a weapon, let alone four criminals."

Oakwood had another incident at the end of the Fall 2018 semester. On Dec. 13, 2018, two Sacred Heart students were approached by a man driving a BMW. The man stole one of the student’s cell phones and displayed a weapon when the student tried to get it back.

No injuries were reported from the incident and it is still under investigation by Bridgeport Police.

"We are working with Bridgeport Police to have more of a police presence as well as increased Public Safety patrols for Oakwood Apartments and Pioneer Gardens. Public Safety regularly conducts crime prevention programs and will [be] conducting programs for Oakwood and Pioneer Gardens residents in the near future," said Fernandez.

"It makes me feel as if I live in the most unsafe dorm area on campus, compared to those of Bergoglio Hall and North (Christian Witness Communities)," said Agor. "I want to be sure to have all my doors locked and would advise any students not to leave anything of high value in their cars overnight."

"Oakwood students should not be concerned with living at the Oakwood Apartments," said Fernandez. The Public Safety Emergency Number is 203-371-7911.
Amazon Pulls Out of New York Headquarters

BY PATRICK MOORE
Staff Reporter

New York City lost a potential deal that would have landed an Amazon Headquarters. The plan was to place the headquarters in Long Island City, located in Queens, but was abruptly cancelled because the backlash Amazon received.

The original plan would have Amazon build a $2.5 billion headquarters and created around 25,000 jobs for NY. This deal would give Amazon close to $2.8 billion in tax breaks, which angered the public.

In pulling out, Amazon said they looking for a replacement location “at this time.” Amazon officials said they plan to spread the technology jobs that were slated for New York to other offices around the U.S. and Canada, including Chicago, Toronto and Austin, Texas. It will also expand its existing New York offices, which already have about 5,000 employees.

The list of grievances against the project grew as the months wore on, with critics complaining about Amazon’s stance on unions and some Long Island City residents fretting that the company’s arrival would drive up rents and other costs.

Even though I feel Amazon is a great company, I truly do not think Amazon is ready to take on New York. I have lived on Long Island my whole life and I feel that if Amazon moved in, it would hurt our lifestyle,” said Brian McGovern, a marketing major. “Amazon would end up hurting the Long Island culture.”

While some people thought the deal was flawed, others could see both sides.

“I’m personally torn on this because on one hand if Amazon were to have went ahead with their plans and created HQ2 in New York, then they would have added an immense amount of jobs, opportunities, and diversification to the area,” said Junior Mike Bamych.

“I even though I feel Amazon is a great company, I truly do not think Amazon is ready to take on New York. I have lived on Long Island my whole life and I feel that if Amazon moved in, it would hurt our lifestyle,” said Brian McGovern, a marketing major. “Amazon would end up hurting the Long Island culture.”

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“I was flabbergasted,” Mayor Bill De Blasio said. “Why on earth after all of the effort we all put in would you simply walk away?”

The Associated Press contributed to this article.
Cardi B has won the hearts of people. It may not be as much for her rap skills, but for her personality and honesty. She is not one to hide anything from her fans and literally keeps it real 100 percent of the time. This is why I feel that people can't stand the fact that she has a huge following with loyal fans.

However, the argument of whether who is better: Nicki Minaj or Cardi B, is an old argument to me. I feel that now we are in the days were being entertaining and likable is more important than the initial talent you have. Which is something I feel that Minaj lacks and has only become apparent with the rise of Cardi.

Before Minaj got involved with rap beefs with other female rappers such as Remy Ma, and Lil Kim, she was always the one to come out on top because the former rappers where pretty much "has-beens." Minaj was able to comfortable sit on her thrown as being the top, and basically only, female rapper for most of her career until Cardi came up around 2017.

Initially, I felt that Minaj didn't see anybody that listens to her and will keep her relevant as time goes on.

As Cardi continues and other rappers continue to grow, she has shown that she is apart of the Young Money label. In her early rise, she bumped with girls who were apart of her Barbie dream.

She's no cookie-cutter rapper; her raps are grown up with Nicki Minaj, watching her evolve her brand as "THE pink Barbie." She launched a national community of fans that she has grown exponentially, and other artists have minimal talent that they freestyles and grills other artists. She's a smart and talented woman, which is evident since she is apart of the Young Money label. Let's not forget the anthem "Bedrock," which we would innocently sing in the car: "I love your sushi roll hotter than wasabi" or "I love your Barbie dream. It's not being the case, but still.

Meanwhile, Cardi is thriving! Her music is doing well, and her relationship appears to be too (though we know this ends up not being the case, but still).

The Nicki Minaj and Cardi B debate sparked due to the two females in the same rap industry group, fighting dirty and playing dangerously. I come to you, the reader, to address the profound career Nicki Minaj has built which should be incomparable. Regardless of Cardi B and other female rappers, Nicki has climbed the music ladder earning her the queen title. As college kids, we are witnessing the rise of Cardi B's career. Whereas, we have grown up with Nicki Minaj, watching her career flourish.

As a middle-schooler, I would bump the song "Super Bass" and "Moment 4 Life." During the early 2010s, we witnessed Nicki evolve her brand as "THE pink Barbie." She launched a national community of girls who were a part of her Barbie dream. In her early rise, she bumped with rhythm, bars, and fire lines. She's a smart and talented woman, which is evident since she is apart of the Young Money label. Let's not forget the anthem "Bedrock," which we would innocently sing in the car: "I love your sushi roll hotter than wasabi" or "I love your Barbie dream. It's not being the case, but still.

This song was a hit in our middle school time. After debuting with Young Money, Nicki went through phases of different wigs and characters, encouraging self-representation. She branded herself with Pink Friday. Everything was pink. Her fan base grew exponentially, and other artists wanted to collaborate with her. Such as Beyoncé; if Beyoncé wants to collaborate with you, then you’ve basically made it.

Focusing on Nicki's self-made success, she writes her own rap. Her latest album Queen features the song "Barbie Dreams," where she freestyles and grills other artists. She later is on The Late Night Show with Stephen Colbert, where she is given the challenge to freestyle. Stephen provides one line, and Nicki creates her verse.

She's no cookie-cutter rapper; her raps are creative and bold. Regardless of who her competition is, she is not backing down nor losing listeners. She calls the shots in her own success making her the rightful queen of rap music.
How Do You Earn Your Extra Bucks?

BY NIKKI ZINER
Staff Reporter

It's a Monday afternoon. You've had classes all day and maybe an athletic practice or extracurricular meeting on top of that. Do you rush to your work shift in an hour, or do you go home and begin working on your never-ending homework assignments? You go home and begin working on your never-ending homework assignments?

National Basketball League Hall-Of-Famer, Kareem Abdul-Jabbar, relayed his thoughts to the mall. "I think it's a win for Colin," said Abdul-Jabbar. "I think he wants to go back and start doing what he's a quarterback and I think he should be working."

"It has definitely been a hard adjustment," said Zevzavadijan. "First, you come to college and have to do this whole transition. Then to balance a job, extracurricular activities, and all of the work load from classes seems impossible."

Many students find that the best way to earn extra money is by having work study jobs on campus. The bi-weekly pay helps students pay for their books, rent, or shopping sprees to the mall.

Sophomore Shanya Finocchiaro earns her paycheck working on campus. "I work in Human Resources for SHU. I help with filing, copying, and work with confidential documents. The best part about being an RA is that I live and work in the same building. I like assisting the freshman in their transition and everything that the job entails. Many of my residents are great kids and I always look forward to seeing them every day," said Rappoccio.

"Working on campus is extremely convenient, it saves me money on gas as well as time. I can now walk from my dorm and riot have to worry about traffic," said Finocchiaro.

For others, students work throughout summer and winter break where they can have easier transportation and more time to earn their extra money.

"I hope to get internship over the summer, and then possibly a job next year, as my funds seem to be going down the drain," said Zevzavadijan.

"I will definitely miss the kids I babysit for when I go home over the summer," said Lynch. "At the end of the day, I think all college students need the little bit of extra cash. It is better knowing that you do not have to worry about your card declining everywhere you go. Working in college is definitely one of the best decisions I've ever made."

Kaepernick and NFL Agreement

BY BRETT MALONEY
Staff Reporter

The National Football League (NFL) agreed on a settlement with former professional quarterback Colin Kaepernick, and safety Eric Reid, to come up with a solution to ongoing grievances between the players and the league. According to the Associated Press, "it remains unclear if the NFL admitted wrongdoing or how much money Reid, Kaepernick, or others may have received."

Sophomore Ted Yerardi believes that the settlement was a good decision by the legal system. "I don't think he'll fit into any system." Both Kaepernick and Reid filed collusion grievances against the league, saying they were blacklisted because of protests during the national anthem at games. Kaepernick has not played in the league since 2016, while Reid missed three games last season before signing with the Carolina Panthers.

"I personally don't think he's going to go to any team. A team has to be willing to go to an organization is more than just football," said sophomore Michael Zawadzki. "I hope to get internship over the summer, and then possibly a job next year, as my funds seem to be going down the drain," said Zevzavadijan.

Sophomore Shayna Finocchiaro earns her paycheck working on campus. "I help with filing, copying, and work with confidential documents. The best part about being an RA is that I live and work in the same building. I like assisting the freshman in their transition and everything that the job entails. Many of my residents are great kids and I always look forward to seeing them every day," said Rappoccio.

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The Associated Press contributed to this article.

THE NFL HAS AGREED ON A SETTLEMENT WITH COLIN KAEPERNICK AND ERIC REID, ALTHOUGH IT IS UNCLEAR WHAT THE DETAILS OF THIS SETTLEMENT ARE.
Kuch vs. Kaner: MVP

GRAHAM O'DWYER
NEWS EDITOR

It took me about 20 years to realize that I wanted to write, specifically about sports. Some knew what they want to do so from when they were kids, others figure it out somewhere along the way. Hockey is one of my favorite sports, so I figured why not write another hockey article? Here it is:

The Hart Memorial Trophy is awarded to the league’s MVP. Here are the top two Hart Trophy candidates for the 2018-2019 season:

1. Nikita Kucherov — Tampa Bay Lightning

Tampa Bay have quite the team this year. The Lightning currently sit atop the NHL standings with 98 points, well clear of Western Conference opponents St. Louis and basically everyone else. One of the reasons why Tampa Bay is as good as they are is because of the play of Nikita Kucherov.

The sixth-year winger from Russia is playing the best hockey of his career. Kucherov leads the NHL with 100 points in 62 games; and an average of 1.61 points per game. Boasting a league high 70 assists on the season, Kucherov’s ability to create is arguably the best in the league. He leads the NHL in goals created, goals created per game, and total goals on-ice for. He also leads the league in assists per game, at 1.13 per game, the only player averaging over one assist per game this season.

An argument against Kucherov’s most valuable player status is that he plays on the best team in the National Hockey League. Over the past few seasons, Tampa Bay has built a powerful roster and have constantly been contenders, even favorites, in a competitive Eastern Conference.

The “they play on the best team” argument usually isn’t the strongest. Kucherov has been consistently impressive throughout his six career years with Tampa Bay. His point totals each season have increased and is currently in the midst of his best season yet. Yes, Tampa Bay theoretically would still be a playoff team without him, but taking Kucherov off the Lightning roster is an easy way to become a more even playing field.

2. Patrick Kane — Chicago Blackhawks

The Chicago Blackhawks, a team that includes the likes of multiple Stanley Cup winners like Jonathan Toews, Duncan Keith, Brent Seabrook, Corey Crawford, and of course, Patrick Kane, were in dead last in the NHL. The Blackhawks had a playoff percentage as low as 0.05, following a 7-3 loss to the San Jose Sharks on Dec. 21 in the 0-17 ChicagoStubs.com game. However, Kane has won ten of thirteen and won seven in a row during that stretch. Currently, Chicago sits three points back of the Minnesota Wild for the final Wild Card spot in the West. The West has been a bit of a disappointment in terms of the quality of teams within the conference, as even sub-500 Vancouver are only three points back of that final spot as well.

Despite allowing a league high 232 goals at this point, Chicago has relied heavily on outstanding opponents as of late. Patrick Kane is a big reason why the Blackhawks have come back to life. "Showtime" Kane is riding a 20-game point streak and showing no signs of slowing down just yet.

Kane is enjoying possibly the best season of his career. Considering Kane finished with 106 points and won the Hart Memorial Trophy, Sullivan Award, Art Ross Trophy, and Ted Lindsay Award during his 2015-16 campaign, having a better season seems tough. As of Jan. 23, Kane is second in points with 93, behind only Nikita Kucherov, second in goals with 39, fourth in assists with 54, and also leads the NHL in goals created, goals created per game, and even strength goals. Kane is on pace for 52 goals, 72 assists and 124 points, according to NBC Sports. Those would all be career highs for Kane.

The case for Kane is similar to last year’s Hart winner, Taylor Hall of the New Jersey Devils. Hall basically carried the Devils on his back throughout the year, leading the East in points, and unfortunately for New Jersey, that meant they had to face Tampa Bay in the first round. They lost that series four games to one.

More than likely, Kane’s career right now is on winning and continuing his hot play. If Kane can keep up with Kucherov and, more importantly, lead the Blackhawks to a playoff berth, his MVP case becomes much stronger.
Agape Latte - Annie Wendel

On Feb. 21 at 8 p.m., Campus Ministry hosted guest speaker Annie Wendel, Assistant Director of Volunteer Programs & Service Learning, for the first Agape Latte event of the semester.

Wendel presented her talk, “Rooted in Faith,” in Linda’s at Sacred Heart University. She then discussed the challenges she faced during different phases in her life. Some of her big life transitions included adapting to Providence College and learning to ground herself in the fast-paced environment of a college.

“One thing she presented to us was the perspective he gave her on living in the moment and experiencing life as it happens,” said Wendel.

Students at Sacred Heart University who seek counseling also report feeling stressed. Students identified a variety of stressors they felt at Sacred Heart. One sophomore said the biggest one was the pressure to be perfect, while another said she struggled with homesickness.

According to the American Psychological Association, 61% of college students who report feeling stressed.

Wendel also touched on her experience abroad in Australia where she taught at a local school. She then discussed the challenges she faced during different phases in her life. Some of her big life transitions included adapting to Providence College and learning to ground herself in the fast-paced environment of a college.

“On a college campus that offers nearly every opportunity to get involved, at that point it also leaves less time for leisure, time for yourself, time for reflection and time to just be,” said Wendel.

Agape Latte is a coffeehouse-style speaker series through Campus Ministry. They hold events twice a semester.

“Live music is provided by someone from the SHU community, along with free coffee and cookies, and trivia and prizes,” said Devon McCormick, Campus Minister. “It is an incredible night that provides a welcoming atmosphere for people from all walks of life to come together for a night of fun and conversation surrounding faith of all types.”

At this specific event, Mike Fritz provided live music the first half hour, while students and faculty socialized, drank coffee, and ate baked goods provided by the university.

The audience then participated in the trivia game that took place just before Wendel started speaking. Students were asked questions relating to Wendel, such as where she went to graduate school, which service-learning program she is going to this week, and her monthly and year she started working at the University.

“The speaker impacted me by informing me that there are different ways to connect to myself besides acute events. The accumulation of events in my life all come together to change me progressively despite never having a defining moment, just like Annie was discussing in her speech,” said Morris.

According to McCormick, people can get involved by becoming a member of the Agape Latte Student Board, which is the group that selects the speakers, organizes the event, and runs the whole show.

The next Agape Latte event this semester April 11. The guest speaker’s name has not yet been released.

For certain students who are unavailable or uncomfortable meeting with a counselor in person, there is a virtual center for women available on the Wellness Center website that provides aid and support for those struggling with sexual assault, education and empowerment, and sexual and gender based violence.

The Maureen Hamilton Wellness Center offers counseling, health services, alcohol and drug services, and S.W.E.E.T. peer educators. S.W.E.E.T. stands for student wellness education and empowerment team.

“I advocate for better lifestyle habits and am someone on campus that you can always rely on; may be to talk, or ask some questions about healthy lifestyle practices, I am truly here to support my fellow students in any way I can,” said freshman Jennifer Rodrigues, a S.W.E.E.T. Peer Educator.

In addition to being educators, S.W.E.E.T. holds events for students during the semester to relax and destress from academics.

“The peer education program (S.W.E.E.T.) provides a variety of programming for students including therapy dogs twice a month. There is a colloquium-two coming up next week about opiate awareness. S.W.E.E.T. also provides programming in residence halls about alcohol, stress, sleep, relationships and various other topics,” said Mary Jo Mason, the Director of Student Wellness Services.

For some students, other positive choices can help with stress whether or not they also seek counseling.

“The best advice for dealing with stress is to find a hobby, like exercise or watching a tv show, speaking with a friend or family member, or participating in a fun event that can help release stress hormones and improve overall happiness,” said Rodrigues.

One sophomore, who asked not to be named for privacy, said the counseling center was very effective and gave great advice when it came to time management and self care.

“When we compare the improvement of students coming to our Counseling Center to those going to centers nationwide, our students improve at a significantly higher rate than at other schools, especially in the area of depression and anxiety,” said Flanagan.

However, two sophomores students, who also requested anonymity, said they wanted to see the same counselor more often, not a different professional for every session, as to avoid the need for an introductory meeting at each visit.

According to the Center for Collegiate Mental Health, “between the fall of 2009 and spring of 2015, the number of students who visited campus counseling centers increased by more than 30 percent, while college enrollment climbed just 5 percent.”

Located next to the freshman dorm, Angelo Roncalli Hall, The Wellness Center is open 9 a.m. to 5 p.m. on weekdays. Appointments can be scheduled online through the counseling center website, or by contacting the Wellness Center at 203-371-7955.

For certain students who are unavailable or uncomfortable meeting with a counselor in person, there is a virtual center for women available on the Wellness Center website that provides aid and support for those struggling with sexual assault, education and empowerment, and sexual and gender based violence.
Features

SNA Bone Marrow Drive

BY DEASHA BENT
Staff Reporter

On Feb. 22, between 10 a.m. and 3 p.m. in the University of Commons, The Student Nurses Association hosted a Bone Marrow Drive. The goal of the SNA, overall, is all about helping others. SNA is an organization of Sacred Heart University student nurses who enjoy their time being a member while helping out others, like sophomore Michaela Viera.

"It’s a lot of fun. It’s very rewarding because we have a lot of opportunities such as the bone marrow drive and we are able to help out," said Viera.

In 2018, the SNA hosted a bone marrow drive and successfully found a match for a fellow Sacred Heart alumnus, Michael Lomosat’s father.

"Last year, we were approached by one of our alumni, who was a bone marrow participant. That’s how it really became important to us," said Dr. Eileen Yost, Clinical Assistant Professor in the College of Nursing.

Volunteer chair sophomore Courtney Ebert said that getting the word out and advertising was going to be the greatest challenge.

"I knew that the event would take place, but I didn’t know what it was all about. So, having to advertise for the event was kind of a challenge for me," said Ebert.

Last year, the SNA was able to collect swabs from 200 people and was able to find a donor that matched DNA with Lomosat’s father.

Since then, the organization decided to work closely with the Deutsche Knochenmarkspenderdatei company or DKMS, which is a German donor program according to www.dkms.de/en/about-dkms.

According to the president of SNA, junior Erika Borras, this company created an opportunity for SNA that was helpful to the cause.

"Through this company, we were able to allow an alumnus of Sacred Heart to receive bone marrow," said Borras.

While in 2018, the idea of the drive was to help an alumnus’s father, SNA decided to take the initiative and help more people listed in the bone marrow registry from DKMS.

"If you match with someone who is on the bone marrow recipient list, then that is who gets the bone marrow," said Yost.

According to Borras, it is nothing like drawing blood. To find if you are a match, the procedure requires three swabs from the mouth, which are collected.

"You can just stop by for five minutes to come, just to swab your mouth. So, to donate bone marrow it’s a little different than donating blood. You’re not actually getting pricked or anything like that, it’s just a simple swab of the mouth," said Borras. "They [SNA] take that mouth swab, you fill out information about yourself on a little iPad, and then your swab gets sent to the bone marrow registry."

To learn if you are a match, the company will contact you via email or call.

"Later on, if they need you and if they find that your DNA is a match for somebody who needs a bone marrow, you’ll go through a procedure to donate," said Borras.

A couple of students at the drive, like sophomore Julia Antonucci, have already registered to donate and are waiting to learn if they are a match for a person in need.

"I registered to donate because I think that it’s a really good cause and being personally touched by cancer and other blood cancers and disorders, it’s just important to be available to do it," said Antonucci.

The Student Nurses Association association held a bone marrow drive to expand the donor registry. Pictured above: Trisha Biunonelli ‘20, sophomore and left, Lindsey Rodgers, sophomore.

Education of Service

BY LOUIS FREY
Asst. Features Editor

On Wednesday Feb. 20, Sacred Heart University held the Education of Service colloquium. The upperclassmen of the Education of Service presentation was brought about by Professor Marie Hulme.

"This event came about after I had Professor Hulme last semester as a teacher. She saw the contribution that three of the veterans were making in her CIT class and asked me if I had any ideas for a colloquium. That’s how the Education of Service was born," said Jake Nazza, a senior Sacred Heart student and Air Force veteran.

Other speakers at the colloquium, along with Nazza, were Navy veteran Skrimantas Gomez, and Marine veteran Cody Puricello. They each spoke about important life lessons they learned during their time of service.

The colloquium began with the veterans speaking about their experiences with leadership and discipline. Nazza wanted students to learn the benefits of having veterans on campus. He needed help getting that message across.

"Skrimantas and Cody were both great guys who I believe have better stories than I do since they have had to overcome so much. They also came from different branches of the military which is extremely important to me," said Nazza.

Gomez said he decided to speak for this event because he likes to represent his veterans and to make sure that the community is aware of veteran issues and things they go through on a daily basis. This way they can have a more rounded knowledge of what veterans go through on a daily basis.

"I strongly urge those of you who shy away from being a leader in certain situations to really just give it a shot. You’re not only helping yourself, but you’re helping out people underneath you when you’re a good leader," said Puricello.

Gomez taught the lesson of the importance of mental health and looking out for others who may be struggling. He said for those who are showing signs of poor mental health to pay attention to them; even if they’re pushing you away.

"If you have anybody like that, contact them, say hi to them. Regardless of how many times they shut you down because I guarantee you, they are the ones that need the most help," said Gomez.

The veterans also spoke on the importance of going abroad and learning about other cultures.

"Understanding other cultures makes you appreciate your life a lot more. It makes you appreciate the finer things in life," said Mazza.

Puricello said he hoped students take a positive message from the colloquium.

Students that attended did just that. An important aspect sophomore Greg Lynch learned from the colloquium was to “keep pushing. You’ll always get success if you keep trying and working at it.”

Sophomore Bailey Devaney said what she took away from the speakers was how they talked about reaching out to people. Other students learned from the colloquium that mistakes are a part of learning.

"You never make a mistake in life. You just learn from an experience," said Poli.
By Christopher Dolan

Staff Reporter

Sidney Choothesa Captures the Beauty of Dance

The event had friends who praised Choothesa for her hard work.

"I am really proud of my friend Sidney who created this whole art display. It is crazy how she can capture so much beauty and put it in a single photo; as well as express her own opinions and what goes in her mind through photos," said sophomore Jenna Brabazon.

Choothesa is in Digital Photography, which is an introductory class for photography students. The class is taught by Professor Richard Falco, Coordinator of Multimedia Journalism and Communications.

Falco has been teaching for thirty years, with a total of ten years at Sacred Heart. He had many different students to choose for the exhibition, but Choothesa stood out.

"If you look at Sidney's work, the work of dancers. It is a beautiful view into the life of a dancer and what they do. The images she has created are so beautiful. They are really well composed, well thought-out. This is her first photo class which amazed me," said Falco.

Falco was impressed with the advancement that Choothesa has made in a short amount of time. "I always see a progression. When they come in with uncertainty, the ability to overcome the technical things and then move it to a level of aesthetics where it's about vision and she arrived at that unbelievably quick."

Choothesa chose to focus on what she was passionate about, which was dancing. The photographs captured the dancers' lives.

"I chose to photograph dancers because that is my life and I can comprehend it very well. I know what to say to my models and how to manipulate them to make the movement look a certain way when captured. I wanted to capture beautiful lines as well as movement and beautiful shapes," said Choothesa.

When she is not photographing dancers, Choothesa becomes involved in dance in other ways.

This includes participating in dance herself as well as teaching it at the Connecticut Dance Conservatory in Stamford, Connecticut. She is also part of the Dance Community at the university.

At the event close to come, people still came by to give their praise to Choothesa.

"I came to this exhibition and it one of the most beautiful exhibitions I've seen. Sidney is one of my closest friends and it is something very creative and I honestly believe that she has a lot of talent and she will go places," said freshman Francisco Viera.

Are you ready for a new true crime series to binge watch instead of homework or chores? Well, the true crime series "The Act," premieres on Hulu on March 20.

The show will feature the true story of Gypsy Blanchard, a 24-year-old woman who brutally murdered her mother on June 14, 2015.

According to Hulu, the motives behind the murder was a toxic relationship stemming from the abuse and control of Gypsy Blanchard, played by Joey King, by her mother Dee Dee Blanchard played by Patricia Arquette.

Dee Dee suffered from Munchausen syndrome which causes a parent to create fictitious illnesses and ailments for their child.

"To think that a mental condition like that exists is scary and eye opening that some people are basically slaves to the mental condition of a figurehead in their lives," said junior Thomas Dooner.

"The Act," has been marketing the star power of Arquette and King in this true crime series.

In the 42 second teaser posted on YouTube, that has gotten over 4 million views on Hulu's official channel, Arquette is seen tying King to the bed as well as grinding up medicines to pump into King to help aid with her fictitious ailments.

"After watching the trailer, the show did appeal to me because I love true crime shows, especially based on true stories," said sophomore Jessica Teixeira. "I actually prefer it on Hulu better, but I have all of the video streaming services."

For those who are unfamiliar with the two stars, Arquette, who made her film debut as Christy Yamada in the film "Stigmata," along with her guest appearance in the series "Ghost Whisperer," is best known for her lead role in the 2010 film "Ramona and Beezus." She also starred in movies such as "Stigmata," and "Boyhood."

King has also done voice-over work for "Horton Hears a Who!" "Ice Age: Dawn of the Dinosaurs," and "Reign Over Me," with Adam Sandler. King also stars in the television pilot "Hulu's Frame By Frame," along with her guest appearance in the series "Ghost Whisperer."

Netflix original series "The Ted Bundy Tapes," was released in Jan. 24. Hulu releases "The Act" as a Hulu original which draws speculation of competition between the two releases.

"I saw all the marketing for "The Ted Bundy Tapes," and it excited me for the show, I had never been informed of "The Act," until today," said Dooner. "I immediately felt like Hulu was trying to fire back and keep up with Netflix."

With the release of the "The Act" slowly approaching, the questions that may be asked are, will this series cause a rise in subscriptions for Hulu and build its popularity, will this truly rival Netflix original "The Ted Bundy Tapes," or will it be of no comparison?

"True crime series are my favorite "I have yet to watch the Netflix original, but I will surely watch both in order to form a fair opinion on the both of them," said junior Aliyah Muhammad.

"The Act" is based off the true story of a woman who murdered her mother in 2015 and will be airing on Hulu in March.

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Drake Celebrates 10 Year of “So Far Gone”

BY JOSEPH BRAUN
Staff Reporter

On Feb. 13, rapper Drake announced via Instagram that he would be re-releasing his mixtape “So Far Gone,” to streaming services and released it on Feb. 15. This was to commemorate the ten-year anniversary of the original release from 2009. Fans of the rapper recalled popular songs that they liked when it first released.

"‘Best I Ever Had’ was the first Drake song that I fell in love with,” said freshman Nick D'Amato. “The mixtape ‘So Far Gone,’ was a defining one for me, it really made me a fan of Drake’s work. Due to it being available on streaming services like Apple Music and Spotify, fans had instant access to the mixtape upon the release, in addition to those that couldn’t listen to it originally.

"Re-releasing the mixtape was the right move in my opinion," said freshman Phil Ferranola. “It was a smart move because now more people can listen to it and enjoy it. It had great music on it, which needs to re-discover by a younger audience." The mixtape features songs with Trey Songz in “Successful,” Lil Wayne in “Uptown,” and Santigold in “Unstoppable.” These songs were enjoyed by fans who had the opportunity to listen to the mixtape again after ten years.

"It was cool to see just how far Drake has come as an artist," said junior Ryan Wilkens. "I remember when this mixtape came out ten years ago. I can still hear some of the similarities that is in his music.” Some feel that it was a risk to re-release old music but due to the loyalty of fans, it would only be positive reactions.

"I think there is always a risk when it comes to re-releasing old music, what if your fans don’t care about you and your music anymore?” said junior Kevin Kopf. “With Drake though, it’s different. He has been on top of the rap game for more than 7 years now. Whatever he puts out, I’m confident that his fans will receive it with open arms. "So Far Gone," is in the top 10 of the Billboard 200 charts and marks the tenth top 10 album for him.

Oscars Recap

BY KRISTIN BURNELL
A&E Editor

On Sunday, Feb. 24, the Academy of Motion Picture Arts and Sciences presented the 91st Annual Academy Awards. The awards ceremony was broadcasted on ABC from the Dolby Theatre in Los Angeles. This year marked the first time in 30 years that the ceremony featured no host. Former American Idol singer, Adam Lambert, and Queen opened the show with a rendition of “We Will Rock You” and “We are the Champions.” The performance was honoring “Best Picture” nominee “Bohemian Rhapsody” as well as the life of the late Freddie Mercury.


As the award ceremony continued, history was made in numerous categories. Ruth Carter became the first African-American female to for “Costume Design” in her work for “Black Panther.” The film was also the first Marvel comics movie to be up for nominations at the Oscars. Lady Gaga also took home her first Oscar for “Best Original Song.” She won alongside Mark Ronson, Anthony Rossomando and Andrew Wyatt for their song, “Shallow” which is featured in “A Star Is Born.” Gaga and co-star Bradley Cooper performed the hit song later on in the night, which was praised by audience members with large applause. Both Cooper and Gaga were nominated for their work in “A Star Is Born” for “Best Actor” and “Best Actress,” respectively.


Malek’s win wasn’t the only award that “Bohemian Rhapsody” won this year. The movie also was awarded three Oscars for “Film Editing,” “Sound Mixing,” and “Sound Editing.” This marks the most wins for a single movie for the year.

"Roma” also had three big wins for “Best Director,” “Best Foreign Language Film,” and “Cinematography.” The final and most monumental award of the night was “Best Picture.” The category had some big competition with nominees such as: “Black Panther,” “BlackKklansman,” “Bohemian Rhapsody,” “The Favourite,” as well as “Greenbook,” “Roma,” “A Star is Born,” and “Vice.”

Actress Julia Roberts announced the winner for “Best Picture” awarding it to the film, “Greenbook.” This outcome did bring up controversy to some people in Hollywood.

Drake Pictured Here From The Grammy's, Recently Announced He Is Re-Releasing His Mixtape "So Far Gone"

"BlackKklansman" also had three big wins for “Best Director,” “Best Adapted Screenplay” and “Best Costume Design.” Spike Lee, winner for “Best Adapted Screenplay” in “BlackKklansman,” made his opinion clear when asked about “Greenbook” winning Best Picture.

"I remember backstage at the show to reporters that he was on his sixth glass of champagne mentioning “you know why.” In regards to “Greenbook’s” win he commented that he ‘loses “every time somebody’s driving somebody’. This is in reference to the films plot line. When he was asked about the movie winning the award Lee said, “Next Question”. Despite some controversy, the show proved quite historic but did have a decline in viewers. Nearly 26.5 million people tuned in to Hollywood’s biggest night, this is about 6 million less than last years 26.5 million viewers.

The Associated Press contributed to this article.
SENIOR THROWER CHRISTIAN TURNER THREW A PERSONAL BEST AT SHOT PUT, REACHING 16.51 METERS, according to Turner. "Instead of being able to run through your sprint workout, you are following near the end and you’re not going as fast as you could." Along with the level of performance being reduced, Turner also said that when battling injuries, he loses his momentum in terms of consistent training and workouts.

"It’s a nice feeling to win, but it gets you ready for the next big meet. It’s ‘That’s cool, great accomplishment, what’s next?’,” said Turner. "IC4A’s is next, and I am really trying to make the top eight.”

The IC4A Championship is one of the oldest National Collegiate Athletic Association track and field competitions in the United States. It will run from March 1-3 in Boston.

"You don’t take anything personally," said Turner. "It’s business at the end of the day. As long as you keep the mentality that ‘I did what I could’, that’s in the past, and you move forward.”

Morrison’s plan for his athletes is to take them from where they started, or “Point A,” and develop over the course of four years, like Turner has, to reach "Point B". "Instead of being able to run through your sprint workout, you are following near the end and you’re not going as fast as you could.”

The difference between practicing and having a family member substantial. Turner battled through injuries that prevented him from practicing at his full ability and even missing significant time.

The distance between practicing and having a family member substantial. Turner battled through injuries that prevented him from performing at his full ability and even missing significant time.

The difference between practicing and playing when fully healthy, and playing where battlesining an injury is significant according to Turner.

"You are able to do the work at the end of the day, but it’s just at the level that you’re able to do it at," said Turner. "Instead of being able to run through your sprint workout, you are following near the end and you’re not going as fast as you could.”

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The Sacred Heart University men's golf team is preparing to swing into action as they head to the Lonnie Barton and BCU Gary Freeman Invitational in Daytona Beach, Fla., on March 4.

According to head coach Matthew McGreevy, the team had a productive offseason in order to build chemistry. They are focusing on their individual skill work for the spring season, as well as preparing for the change of weather in Florida.

"We are very familiar with the course we are playing on. It is our conference championship course and we have been playing there for several years now," said McGreevy. "There are certain holes that will be key in having a good round, numbers six, 11 and 18 come to mind."

According to Athletic Communications, the team finished tied for eighth out of 90 individuals at their last fall invitational. Senior Hector Gutierrez said the team’s spring season will be about staying focused and consistent.

"My favorite course to play this spring has to be our own, Great River Golf Club," said Gutierrez. "As a senior, I’ve enjoyed playing in it for the past four years and I’m definitely going to miss the challenging, yet fun layout."

The team plans out their approach to victory prior to each tournament they compete in.

"For me, it’s just seeing the shot that I want to hit and executing it," said junior Clifford Lindholm. "I try to have a short term memory when I’m on the course and I think that’s an important part to playing great golf."

Each golfer has a different point of view on how they want to mentally attack the course.

"For me personally, it’s just trying to get back into the groove because I am coming back from an injury I suffered from last fall, so it’s been a while since I’ve played competitive golf," said freshman Saptak Talwar.

"I think the hardest shot is from the tees," said Gutierrez. "Unfortunately, not every tee shot lands on the fairway, so realizing that you need to test your skills by playing a shot you don’t usually practice, makes those recovery shots challenging."

After the Pioneers return from the Lonnie Barton and BCU Gary Freeman Invitations, they will head to Grasonville, Md. for the Towson Invite from April 6-7, to continue their run for a championship.

"Our team’s expectations have remained the same since the first day of practice. We’re here to try and win a National Championship and that first starts with winning our conference," said Lindholm. "We have the talent to go all the way, it just comes down to executing it when the time comes."

BY ASIA MCCRAY
Staff Reporter

Baseball Season Underway

The Sacred Heart University baseball team opened up their 2019 season in Winston Salem, N.C., from Feb. 15-17. They faced the 20th-ranked team in the nation, Wake Forest University, Georgetown University and Illinois University.

The Pioneers went 1-2 in the weekend, with their one win coming against Georgetown, which was also in walk-off fashion. Sophomore outfielder Isiah Daubon, hit a walk-off groundout to complete a comeback victory. The team was down 5-1 going into the bottom of the seventh inning, and proceeded to score five unanswered runs to eventually win it in the bottom of the ninth.

"We showed some resiliency when we were down four runs late in the game against Georgetown," said head coach Nick Restaino. "Good teams answer late and I liked that we came back and won."

Restaino has confidence in his players that they can compete at a higher level as the season progresses.

"Offensively, I think we were able to string together a few good at bats in order to manufacture a few runs late in the game," said Markmann. "Personally, I think we have a good group of guys this year who are all pulling on the same rope."

Restaino said that the team's chemistry changes each year as players come and go. He believes that new chemistry develops and strengthens under heat and pressure.

"We’re ready to play better baseball and I hope for some good weather," said Restaino.

After the season opening series, the team traveled down to Williamsburg, Va., to take on William & Mary in a three-game series from Feb. 22-24. They won the first game, 7-3, as the pitching staff allowed one earned run through nine innings of work. The second game was initially postponed and then was eventually cancelled due to inclement weather. The series ended with Sacred Heart dropping the other game, 11-2.

Sacred Heart was supposed to play Fordham in the Bronx, N.Y., on Feb. 26, but that game also wound up getting postponed. The team has two games in DeLand, Fla., this upcoming weekend against Georgetown and Saint Louis respectively.
### Sacred Heart Sports Scores

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**Sacred Heart University**

**Pride, Vision, Character**

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**Senior Emma Cary** got her personal best time in the 5,000M event, running 17:50.85 at the 2019 NEC Indoor Championships.