Seniors gettin’ busy

By Julie Ann Nevero
Editor-in-Chief

Sacred Heart University will graduate its largest group ever at the 33rd Commencement ceremony at 1 p.m. on May 23 at the campus field. According to Douglas Irvin, assistant vice president of Academic Affairs, the University is prepared to award 1,184 degrees, the largest number to date.

May 19 kicks off SHU’s annual Senior week, which has been themed, “Where the Wild Things Are,” and “Let the Wild Rumpus Start.” At 1 p.m. at Shenanigan’s Transportation will be provided and is mandatory, as it will be for the entire week. The event will feature food, an open bar and dancing to the band, “Pete Moss and the Fertilizers.”

On May 20, “It’s a Jungle Out There,” at 2 p.m. at the Holiday Inn. Senior Week will kick off after finals.

Cross to talk at graduation

Special to the Spectrum

Sacred Heart University will welcome Dolors E. Cross as its 33rd Commencement speaker on May 23, and will bestow on her a Doctor of Humane Letters degree, honoris causa. Cross is the first female president of Morris Brown College in Atlanta.

SHU will also present honorary degrees to Sister Alice Gallin, a longtime educator and former administrative leader at Northeastern University; Claremount Graduate School, and the City University of New York where she served as president of the New York State Board of Trustees.

The event will provide a DJ, dancing, boating and sporting events. Evening events include being entertained by a comedian. May 21 will be the “Please Don’t Go, We Love You So,” champagne brunch at 11 a.m. in the Mahogany Room. A yearbook dedication speech will be offered and the video yearbook will be viewed.

Also on May 21 at 8 p.m. is the “Wild Masquerade” Commencement Ball at Saint’s Mant. Dinner and dancing are on the agenda and there will be an open bar.

The Hooding/Academic Awards Ceremony at 2 p.m. in campus field will start the events for May 22. This ceremony will immediately be followed by the Graduation Mass at 4 p.m.

Also on May 22, “Our Return Home,” the parent/family dinner and the video yearbook will be viewed.

Patricia Connolly, a retired manufacturing and banking executive, Cross received a bachelor’s degree in elementary education from Seton Hall University and a master’s from Hofstra University. She earned her Ph.D. in education from the University of Michigan. From mid-70’s until 1990, she was a senior academic and administrative leader at Northeastern University, Claremount Graduate School, and the City University of New York where she served as vice chancellor. She was also president of the New York State Board of Trustees.

See Address, Page 2

Virus strikes SHU system

By Matt Duda
Sports Editor

Dozens of Sacred Heart University students were attacked by a virus on Monday, April 26, shortly after turning on their laptop computers. Before their computers could boot up, the screen filled with gibberish and rendered the machines useless.

Over 70 machines were turned in to the Comp USA help desk after falling victim to the Chernobyl or CIH virus. The virus, the creation of a Taiwan programmer, activates itself on infected computers every April 26. The date commemorates the anniversary of the nuclear disaster at the Chernobyl nuclear power plant in the Ukraine.

While the virus mostly damaged computers in Asia, several American universities other than Sacred Heart were affected. Over 190 students at Boston College and Princeton lost whole semesters of work after turning on their computers.

According to Joe Catasso, technical support center administrator, the virus was devastating. On the laptops, it reformatted the operating system.

See Virus, Page 2

Student leaders shine

By Brian Corestultii
News Editor

The Seventh Annual Campus Life Leadership Awards ceremony was held last Thursday in the William H. Pitt Health and Recreation Center.

The event honors outstanding seniors from clubs and organizations and outstanding leaders in their various clubs and organizations.

The event began with an opening prayer by Caitlin Hurley and the keynote address by Ann-Louise Nadeau, director of the Personal Counseling Center. Nadeau read a rhyming fable that she wrote about leadership.

“Leadership is an honor, but only when you lead with passion and conviction,” said Nadeau. “...their title makes them the best and first.”

After that, Myra Pierce, Editor-in-Chief of the Prologue and Director of Personal Counseling Center, addressed the audience.

“I’m extraordinarily proud...instead of me being the teacher, they’re the senior class,” said Bozzone.

From there, the clubs and organizations were honored with plaques and various individual awards.

After the club and organization awards, “The Final Four,” awards for faculty and staff were awarded.

Marialzeta Cardo, Class of 99 president, announced the yearbook dedication for this year’s yearbook. The dedication for the 1999-2000 yearbook will be going to Michael Bozzone, dean of freshmen.

Pierce, speaking on behalf of the senior class, said that the Prologue is dedicated to Bozzone because of the "cure and concern he has shown the senior class at Sacred Heart University.”

“I’m extraordinarily proud...instead of me being the teacher, they’re the senior class,” said Bozzone.

From there, the clubs and organizations recognized their departing and outstanding leaders with plaques and various individual awards.

After the club and organization awards, “The Final Four,” awards for faculty and staff were awarded.

See Awards, Page 2

Photo by Kerrie Darress
SHU becoming suitcase school

Wielk worried about class scheduling

By Tim Wheeler
Contributing Writer

Some Sacred Heart University officials are concerned that SHU is becoming "a suitcase school," where students are on campus for the academic week and then leave for the weekend, said Larry Wielk, dean of students.

"Out of all the full-time undergraduates, 144 students have no classes on Monday, 134 have no classes on Tuesday, 250 have no classes on Wednesday, and 216 have no classes on Thursday," said Wielk.

"But that's not the problem, these are students who do not have class on Friday.

"I believe we are becoming a suitcase school," said Wielk. "Because students are finding it hard to connect to the University and their fellow classmates when a huge amount are going home for the long weekends," said Wielk.

"It hurts our programming efforts as well as our activities and the attendance at games here at SHU.

"Of the 909 students off on Friday, 607 are residents," said Wielk.

"This means that these students can get party and maybe make poor decisions knowing they can sleep in the next day," said Wielk.

Most of the machines affected were the IBM 380 Thinkspeak used by the freshmen class. Cassaffo said that most of the machines were turned into the help desk the day after it erupted, and that they were repaired within two days.

Cassaffo recommends that all students take an active approach to preventing further outbreaks.

Address: Cross speaking to graduating seniors at 1999 commencement address

Continued from Page 1

Virus: Chernobyl hits the SHU computers

Continued from Page 1

Larry Wielk

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Address: Cross speaking to graduating seniors at 1999 commencement address

Continued from Page 1

High education Services Corp., a state cabinet-level position, and associate provost and associate vice president of academic affairs at the University of Minnesota.

Under her leadership as president of Chicago State University from 1990 to 1997, CSU became the fastest-growing and most cost-effective university in Illinois. The number of degrees granted increased by 30 percent, and the university completed more than $133 million in new construction.

Further, a three-point model for student success before, during, and after college was inaugurated, and more than 90 pre-college initiatives were initiated.

In 1997, Cross served as president of the GE Fund, based in Fairfield, before becoming the GE Fund's Distinguished Professor in Leadership and Diversity at The City University Graduate School and University Center in New York. An avid mahjong player, she completed at that time an autobiographical manuscript on lead­ ership titled "Breaking the Wall."

Cross was named president of Morris Brown, a college founded in 1881 as a historically black institution by former slaves, in 1999.

The recipient of eight honorary degrees, she also received the 2000 Top University Professor Award in the category of International Business, International Business, International Business, and at St. Benedict College in Atchison, Kan.

In addition to his teaching duties, Roberts has directed the choir, the chamber orchestra, and the ethnic and classical mu­ sic ensembles. He has chaired the faculty of humanities-studies and the arts and humanities. He will retire in June.

Wheeler, a Southport resi­ dent, will receive the Doctor of Laws degree, honors causa. A decorated Army veteran with ser­ vice in Europe during World War II, he is a 1945 graduate of Yale University and did postgraduate studies at New York University. Wheeler has affiliated with Ameri­ can Chain & Cable in New York City for 25 years, serving as chair­ man and chief executive officer from 1974-76. He later held the same position at Dollar Savings Bank.

Wheeler is chairman of the Jeffell Corp., and he sits on the boards of the William Morris Foundation, the Willard Wheeler Foundation and Ohio Fabricators. He has served on the boards of at least 15 companies and ag­ encies, including American Mutual Liability Insurance, Bridgeport Hospital, Bristol Co. of Canada, Cablex Americas of Mexico, FATA, 50a of Italy, Hershey Products, People’s Bank, and Peo­ pe’s Bank of Spain.
Vandalism strikes art

By Tara S. Deenihan
Associate Editor

A painting vandalized in the Humanities Center last week has been restored, according to Gal­lery Director Sophia Gevas. The 84" by 48" portrait, en­titled "Bernice," by artist Grice Gration-Paillard is valued at $10,000 and was slashed last week in it's position on the staircase outside the bookstore.

The nine and a half inch slash was discovered Wednesday morn­ing by faculty whose offices are near the staircase, and was re­ported to the Gallery. After sev­eral phone calls and a day spent with the restorer, the painting was salvaged. Restoration costs were covered by the gallery budget.

"It's very distressing to me that this kind of vandalism would occur here," said Gevas. She added, "These works are ours as a community, and we need to be aware of them, appreciate them and protect them."

It is unknown who slashed the painting. However, it is not believed to have been an accident.

Gevas said that while many students may not have liked the painting, her intention in placing artwork throughout campus is to challenge students, and to stimu­late intellectual discussion of art.

"While there were some people who felt very negatively about the impact of that piece, there were some people who felt very positive about it," she said.

Bill O'Connell, director of Public Safety, is concerned with the safety and insurance of high-valued artwork.

He said, "We asked the Gal­lery not to put up such expensive artwork. We can't continue to insure things like that at that value."

Gevas believes that The Col­lection, the Gallery's series of works displayed throughout cam­pus, offers students, faculty and staff an opportunity to view art everyday.

"I don't want to pull back from putting things out," she said.

The subject of the portrait is Bernice Steinbaum, a friend of the Gevas' for eight years. Steinbaum, an art dealer, has donated works to The Collection, helped the Gal­lery to book shows and has influ­enced other dealers to donate works. The next show on the gallery schedule is by an artist she represents.

Gevas says that because the subject of the portrait is so friendly with the Gallery, the vandalism of the piece has affected her on a personal level. She intends, how­ever, to continue to build The Collection.

"I still believe that the major­ity of people are very respectful of artwork. We can't continue to build The Gallery not to put up such expensive artworks like this that are made available to them," she said.

Damage hitting the halls

The painting in the South Wing was not the only victim of damage at Sacred Heart recently. Damage throughout the resi­dence halls ran particularly high last week.

From Friday evening to Monday morning in South Hall, a door on the fourth floor was damaged and the room suffered overturned bunkbeds, dresser drawers pulled out and knocked over, a light fixture was pulled out of the elevator cab for the third time this year.

A second elevator ceiling grid was pulled down and mangled as to cause extensive damage to the ceiling system. All elevator ceiling in the halls have been completely destroyed. A third floor bedroom outer pane was smashed on Sunday.

In West Hall on the second floor, two students got into a fight so bad that Buildings and Grounds had to hire a professional cleaners, Crystal Restoration, to clean up the blood on the walls and carpeting after their fight. According to Director of Public Safety William O'Connell, the students had been hitting each other with fire extinguishers. Two window panes were also smashed on the second floor on the third floor.

Three bolt sized holes were also kicked into the first floor wall in the Jefferson Hill building.

"It's a shame that the students aren't more mature than this," said O'Connell.

-Brian Corasaniti

Photo by Brian Corasaniti

Anthony Cernera, the president of Sacred Heart University, presents plaques to William Brenner, a SHU Public Safety Officer and Edward Greene, Jr., of the Fairfield Police Department while William O'Connell, director of Public Safety, Republican Senator John McKinley of the 28th district of Connecticut and Democratic First Selectman of Fairfield Kenneth Plato watch on. Brenner and Greene were honored in a ceremony held in the South Hall stairwell.

Senior Week: SHU grads ready to party

Continued from Page 1
to four tickets for the event in their Senior week packages and can purchase up to three additional tickets for $25 per person.

All preceding events lead up to the final event of the week, Commencement. The University is asking graduates to arrive at the Pitt Center by 11:45 a.m. dressed in their caps and gowns. Procession will begin at 12:30 p.m.

Tickets are required for guests to be admitted.

Tickets for commencement can be picked up at the Registrar's office the day before the event. Monday through Thursday from 8:30 a.m. to 8 p.m. and Friday from 8:30 a.m. to 4 p.m.

Class of 1999 President Marianne Cardo said all events are on schedule and is expect­ing things to go well.

"We're ready to trouble," said Cardo. "All we need now is se­niors who are ready to have a good time."

For more information regarding Senior Week call 371-7846 and for commencement information call the Registrar's office at 371-7980.

Public Safety Releases

Incident Reports from April 22 to May 2

April 26: 1:10 a.m.- South Hall resident reported receiving a threatening phone call.

2:01 a.m.- West Hall fire alarm received; no problem found.

12:40 p.m.- Parkridge resident reported their vehicle was stolen while parked in the Jewish Community Center lot.

7:54 p.m.- South Hall resident reported to be ill; Officers dispatched. Student declined an ambulance, and had a friend drive them to the hospital.

8:22 p.m.- Health Services called to report they had a student who needed to be transported to the hospital, non­emergency. AMR Ambulance notified, responded, and trans­ported the student to the hospital.

8:52 p.m.- South Hall resident reported another resident student was harassing her. Officer responded to investigate.

April 27: 9:46 a.m.- Staff member reported falling and injuring her knee and hand in front of the main building. Medical assistance declined.

5:50 p.m.- Vendor by the faculty lounge, who reported a theft last month, reported seeing the person responsible. Officer responded to investigate.

7:25 p.m.- South Hall Residential Life and Housing Services staff reported a window in the lobby of South Hall had been smashed; Buildings and Grounds notified.

8:05 p.m.- West Hall fire alarm received; no problem found.

April 28: 11:19 a.m.- Staff member reported vandalism to a wall painting in the Academic Building near the Education Department.

2:35 p.m.- South Hall resident reported the South Hall mailroom window fell on her, injuring her arm. Public Safety provided medical assistance; no further assistance was re­quested.

11:20 p.m.- South Hall resident reported his laptop com­puter was vandalized while in his room overnight.

April 29: 7:28 p.m.- Minor motor vehicle accident reported involving parking lot.

10:04 p.m.- South Hall fire alarm received; no problem found.

April 30: 1:09 a.m.- Resident student reported being as­saulted by another resident student off-campus; incident under investigation.

2:40 a.m.- South Hall resident reported vandalism to their room door lock.

12:35 p.m.- Faculty member reported an ill student in the Humanities Center wing; Officer transported student to Health Services.

1:56 p.m.- Commuter student reports the theft of his laptop computer while left unattended in the Hawley Lounge for an hour.

5:21 p.m.- West Hall resident reported their room had been burglarized while the room was unattended for 30 minutes.

10:15 p.m.- Report of an injured dancer in the theatre; Officer treated the dancer with ice. Further treatment de­clined.

10:20 p.m.- South Hall resident reported the theft of two computers from their room; Fairfield Police notified and responded.

11:12 p.m.- Parkridge Residential Life and Housing Services staff requested Public Safety assistance for a room search for fireworks.

May 1: 12:07 a.m.- Parkridge Residential Life staff reported a roommate dispute resulted in damage to the apartment; Officer investigated.

2:45 a.m.- South Hall Residential Life staff reported elevator one was vandalized.

3:01 a.m.- West Hall resident reported a fight at West Hall. Officers responded and found two students with head injuries; nine called. Fairfield Police and AMR Ambulance responded. AMR Ambulance transported both students to the hospital. Fairfield Police issued both students misdemeanor summons for disorderly conduct, to appear in court on May 12th.

11:40 a.m.- Student at the Pitt Center injured their finger; ice applied.

10:12 p.m.- Ill student reported to the Pitt Center; student brought to their residence at South Hall, to be assisted by a friend.

May 2: 1:48 a.m.- Window was reported broken in West Hall stairwell.

2:33 a.m.- Officer found a discharged fire extinguisher in South Hall.

10:30 p.m.- South Hall resident reported the theft of cash from their room.
Editorials

Stop the violence, start the peace

Recent events occurring around the globe have caused Americans and others alike to question the future of our world. Fifteen dead at Columbine High School in Littleton, Colo., bombs being dropped on Kosovo almost daily, bomb threats turning up in schools all over the country. Where is it all coming from? When did the world get so violent?

To act violently, one need not use a gun. Slash- ing a $10,000 painting is acting violently. Fighting in a bathroom in a college dorm is acting violently. Using profane language in the hallways is acting violently. Though none these exhibits of violent behavior are on the same scale as that exhibited at Columbine, they are still violent nonetheless.

So where does it end? How many more tragedies to we have to read about in the newspaper or see on the evening news? How long will it take for people to realize that no problem is solved when violence is the answer?

Our University President has issued a challenge to the entire SHU community: Live peaceably. Think before you act. If someone makes you angry, be a bigger person and walk away. The way the world is going now, your life just might depend on it.

Automatic door buttons are not toys

Many lazy people feel that it is necessary for them to use the handicap buttons, which are provided at many entrances and exits for handicapped persons, so they do not have to open the door themselves. However, an accumulation of all the bangs and bumps has resulted in the malfunction of several of these doors. Buttons are broken, they only work if they hit in a certain way or they may not work at all. For people who actually need to use the handicap entrances, this poses a serious problem.

If you are an abuser of these facilities, cut it out! If you see someone else hitting that button, and you know they are perfectly capable of opening it themselves, give them a dirty look, or even say something.

Some day you might need some help opening a door, and wouldn’t it be too bad if it didn’t work for you.

Make the most of the time you spend at Sacred Heart

There is something so important about doing things for the last time. No matter what the task, it must be perfect, the best you will ever do. The last time. That’s a phrase I have been using in abundance lately. “This is the last time I will compete in a Sacred Heart uniform.” This is the last time my roommates and I will all be together. “This is the last time something of mine will be read in the Spectrum.”

It wasn’t so long ago that I was experiencing these for the first time. When I began my college journey four years ago, I remember thinking in terms of doing things for the first time. “This is the first time I have lived away from home.” “This is the first time I have written for a newspaper.” I remember wondering what it would be like, if I would have friends and if I would be successful?

I have been said that where one road ends, another begins. Well, that’s where I find myself now, about to embark on a new journey: life after college. I have many roads ahead of me and I am standing at the fork. I’m time to test the skills that have acquired and apply them to the real world.

I wrote in the beginning of the year about some changes I stated that we shouldn’t dwell on it and accept it and I’m not about to go back on this statement now.

Most come to college thinking they aren’t going to change anything about themselves. They’re going to do the same things, act in the same way, and have the same kind of friends. Well, at the risk of sounding parental, grow up.

The world is constantly changing and we are changing with it. Among the many things that college offers is diversity. The chance to meet different people and become a better person in the process.

I know fully well that I have changed. I’m not the same young lady I was when I arrived here four years ago, I am a completely different person. I have matured and I have Sacred Heart to thank for it.

It has been said that absence makes the heart grow stronger. I have to believe this to be true. I don’t want to even think about how hard it’s going to be to leave all of this behind. I will miss so much. It’s not so much the big things I will miss either, it’s the little things. Things like two-on-two junior hoop shot basketball in my Avalon Gates apartment, track team gatherings and road trips, and Mondays in the Spectrum office.

When most of us began our college journeys, we questioned whether or not we made the right choice. Is Sacred Heart the right place for me? Do I belong here? I’ll admit: shared this same uncertainty.

Now that my journey has ended, I often wonder if things would have been different had I attended another school. Would I have the same great friends? Would I have the same relationship with administrators and professors? Would I have been as successful academically? The answer to all of these questions has to be that I don’t know. What I do know now, however, is that I have no regrets and that I was meant to be here.

Looking back, I can honestly say that I made the most of my time here. I took full advantage of what was made available to me. Sacred Heart gave me the opportunity to be a leader, to develop good relationships with not only friends and roommates, but professors and administrators as well, to be part of a team both as an athlete and as Editor and to be someone that people will remember. Although I will be sore, I think I will be remembered.

I thank my staff and advise for their hard work and dedication, my roommates and friends for creating memories I will never forget, my family for their support, and Sacred Heart for preparing me for the next chapter of my life.

The SHU Voices

What is on your agenda this summer?

Marshall Mathers
First-year student
Detroit, Mich.

“I plan on working with my father and keeping my beverages up with my friends.”

Buztta Bee
First-year stinger
Avalon Gates

“Flying high and making honey with my Avalon Gates resi­dents.”

“Gus” Tsirakidis
Grad Student
Norwalk

“Looking for a job, going out and spending time with my friends and hopefully getting a date.”

EDITORIAL POLICY:
The editorial pages are an open forum. Letters to the editor are encouraged. All submissions are subject to editing for spelling, punctuation, grammar, clarity and length. The Spectrum does not assume copyright for any published material. All submissions are reviewed by the Editorial Board. The Spectrum is a student-run newspaper of Sacred Heart University, published every Thursday during the academic year. All mail should be sent to Sacred Heart University, 5151 Park Ave., Fairfield, CT 06432-1000. The advertising deadline is 7 days prior to publication. Office phone numbers are (203) 371-7965 or 7966. Fax number is (203) 371-8141.
We apologize for the absence of The Weather Corner
Look for your local weather forecast online at: www.theweatherchannel.com

Letters/Op-Ed

TO WEIGH OR NOT TO WEIGH?
Letter to the Editor:

Last Thursday, (4/22/1) I went into the Dining Hall to eat from the salad bar. I was very pleased at the new items that they have available. I chose some items including a little potato salad and cottage cheese. I put the dressing on since there were no little cups to put it in.

I proceeded to the cashier where I was told, “I have to weigh your salad.” I placed my salad on the scale and she told me “$8.75 please.” I was shocked and asked myself, $8.75 for a salad? Being that I had already had a plate and would have felt bad to leave it, I paid the $8.75 and left shocked. The whole day I was apalled that I paid that much and the next day, I was going to speak to Chip Kennedy. That day, I spoke to Chip who was not available and to no avail she simply said that, “potato salad is heavy.” Well, I know that, but weighing salad is ridiculous. I told her that there should be one flat fee like $3 for the salad bar. She told me that Chip would not go for that.

It is my opinion that if you are going to weigh the salad, put the price per ounce where students and staff can see it. In regards to the potato salad, maybe that can be weighed separately. Also, little cups should be available for people to put their dressing in. If you like blue cheese dressing, it could cost you $2.

Lastly, I think the best solution is to charge on flat fee for the salad bar, especially if that is your lunch.

Beth Paris
Inter-library Loan Librarian

A plee for peace from our University President

On May 23, the University community will gather in academic convocation to award degrees to students. Gathered for the thirty-third commencement exercises of the University, this year’s ceremonies come at the end of the twenty-first century.

This fact has led me to reflect on this idea and on what we may be called to do in light of these events. It is a time for us to review the work of the past and then to set challenges for the new century.

What an extraordinary century it has been. So much has been accomplished. While the 20th century has also been a century of violence and mass killings. Perhaps more than one hundred million people have died in wars, genocide and the Holocaust. This is to say nothing of the millions of people who have died of hunger in a world that has the ability to feed all of its people.

In this probability, this year’s graduating class will be awarded its degrees while bombs are still dropping on Kosovo and certainly with the reality of the recent massacre at Columbine high school on all our minds. So much of our life as a society has come to be marked by violence, a violence that destroys and also degrades human life.

I want to invite the members of the University community to join me in reflecting on this reality of violence in our world and on the ways that Sacred Heart University as a community and each of us in individual can foster peace. What are the roots of this violence and how might we create a community more deeply committed to creating peace, peace in our world, peace on our campus and peaceful ways of dealing with one another?

May I suggest that a point of beginning would be for us to remember that the foundation of peace is justice. Where there is justice, peace has the chance to flourish. But justice abounds when we live by the truth that each and every human being is created in the image and likeness of God and, as such, has dignity and worth. Each of us is loved unconditionally and equally by God. Each one of us has a sacred heart that is the dwelling place of God’s Spirit.

Do we believe that about ourselves? Do we encounter one another in the light of that truth about each of us? Rather than treating one another as objects and things that are there for our own use or purposes, imagine what the campus would be like if we respected each other and treated each other as we really are, God’s beloved children and sons.

I am inviting members of the University community to come together on Tuesday, May 11, at 10 a.m. in the Administration Building dining room to think about ways that we can understand the violence in our world and ways that we can create a community more deeply committed to embodying the justice and peace that God wills for the world.

If you cannot make that meeting, perhaps you can write me or ask questions.

Like you, your thoughts have inestimable value, and I look forward to hearing from you.

By Dean A. Hinnen

Adviser’s Note

Kerrie Darress: Worth more than a thousand words

At last week’s Student Leadership Awards ceremony, three seniors on the spectrum staff - Editor-in-Chief Julie Ann Nevero, Associate Editor Tara S. Deenihan, and Circulation Coordinator Mike Powers - received richly deserved awards for their contributions to the success of the Spectrum. Unfortunately, due to an irrevocable error on my part, an equally deserving fourth senior staff member was not presented her award during that event.

Kerrie Darress, Spectrum photography editor, has been a dependable and delightful member of the Spectrum staff for the past two years. Despite countless hours working in the sometimes-toot, sometimes-too-cold darkroom in the rear of the Spectrum office, Kerrie never complains and never misses a deadline. As photography editor, Kerrie is responsible for taking most of the photos in the Spectrum and for processing and making prints of her photos and those of other staff members and contributing photographers. She must meet the demands of four section editors, each of whom wants his or her photos to have top priority.

Through a combination of diplomacy and efficiency, Kerrie manages to keep them all satisfied.

Kerrie Darress has made a tremendous contribution to the Spectrum and to Sacred Heart University. This note is a small concession for her not receiving her award and the applause of the hundreds of Sacred Heart community members at last week’s event. But hundreds of individual “congratulations” from Spectrum readers could remind her that she and her photos both are highly regarded and widely appreciated.

Tom McCabe

Former SG President offers gratitude to faculty, staff, administrators and students

I just wanted to take a minute to write a couple of things before I graduate in less than 3 weeks. I would first like to thank all of the professors, staff, and administrators at SHU. Over the past four years, I have seen this University grow and become more important, the people have remained the same. Always welcoming and doing their best, these people have allowed us to experience lessons and morals that we will carry with us for the rest of our lives. Without their teachers, our learning would have been nothing more than reading a book. You have inspired me and the rest of the students at SHU to be the best we can, and in life, there is no greater lesson.

The friends I have made here are so precious to me that there are not enough words to express my gratitude, so to them I say “Live for today, dream for tomorrow, your memories will never fade and your passions will never die.” Through it all, there was one person who encouraged me to dream and realize that I can do whatever I want with my life. Again, words are not enough so I will just say “thanks Kelly.”

I am so thankful for the memories Sacred Heart University has given me and we never really decide to open our eyes until it is almost too late to see what we have been missing. Always wondering what tomorrow is going to bring, when that paper is due, what food Flik is going to be serving (or in some cases, not serving). We need to take a step back sometimes, even if only an minute to realize that this "home" of ours will not always be the safe-haven we know it as. Everything changes and turns in this world and we are just part of that.

I would encourage the students of SHU to look inside themselves and open their eyes to something they have missed, before it is gone.

Walid Raad Emerson once said, "Our chief want in life is somebody who will make us do what we can." If I have learned anything, it is that we all possess that somebody within ourselves. Let him or her out.

Good luck to everyone next year. Treat Sacred Heart University as your home because there are not many places in this world where you can go and realize that you have truly learned something about yourself.

Yes, the Library may not be current, Flik may be serving the same pasta again tomorrow, or there might be some new weird piece of artwork on campus, but just think about how much you will miss it when it is gone. I thank you all for your open minds and pray that you will all find your direction in life. It is out there, you just have to go get it. Thanks for the memories Sacred Heart, they will be with me always.

Tom McCabe was Student Government President during the 1998-99 academic year

The Spectrum

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By Tom McCabe

By Dean A. Hinnen

By Anthony J. Cernera

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Please submit your letters to the Spectrum office on Mondays between the hours of 10 a.m. and 6 p.m. or slip them under the office door. Letters must be typewritten and signed and may be edited. Please include title or class number.

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As photography editor, I have been a tremendous contributor to the Spectrum and to Sacred Heart University. This note is a small concession for her not receiving her award and the applause of the hundreds of Sacred Heart community members at last week’s event. But hundreds of individual “congratulations” from Spectrum readers could remind her that she and her photos both are highly regarded and widely appreciated.

Kerrie Darress

Photography Editor
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Byline: Tara S. Deenihan

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Kerrie Darress

Photography Editor
Kerrie Darress

Students and faculty join in search of a healthier, happier lifestyle

By Carl Sturino
Contributing Writer

This past year, Sacred Heart University students proved that they are not only interested in improving their bodies, but dedicated to improving their bodies as well. The William Pitt Center has been in business for close to two years and has attracted many students and faculty. The multi-million dollar addition allows students to give their bodies a workout and relieve some stress.

"With my workload as a Physical Therapy major, the gym gives me the time that I need to unwind," stated Owen Reilly, a senior from the Bronx. Whether it be lifting weights, jogging on the treadmill, or throwing punches in Tae Bo classes, the Pitt Center is the "place to be" this year. Crowds form in the morning and stay constant throughout the day.

"No matter what time of day I go, it's always packed," said Scott Cameron, a graduate student from Middletown. "There used to be the crowd who would show up to fulfill New Year's resolutions or to get big for Spring Break, but this year the crowd was pretty consistent."

Erinn O'Neill and Abby Crotty take advantage of rare Pitt Center off hours and lift weights.

"This is something that we assure ourselves a spot in the classes ahead of time to participants to the Pitt Center four days a week. Tae Bo incorporates aerobics, karate, and boxing, and was developed by karate expert Billy Blanks. The new exercise craze drew such a large following, participants were forced to sign up for the classes ahead of time to assure themselves a spot in the crowded aerobics room.

Instructor Cam Ferrar said, "You Are Special" is a mentorship program developed by Phyllis Machledt, director of Service Learning Program, and matches up one student mentor with one third grader who spend a part of the day together.

The program was started last January and for one hour a week a SHU student participates in "Learning and Lunch" which consists of reading and talking to the child.

According to Machledt, the program has been very effective. "This is something that we hope could give confidence to some saw the crowded facility in a hindrance, but others viewed it as a positive experience.

"It’s good to have a lot of people around to give me a spot when I need it," said Chris Solodyna, a senior from Canton, Mass.

The Pitt Center, which went under construction in the fall of 1996 and was completed the following summer, offers high quality free weights, top-of-the-line Cyber system weight machines and an increased number of cardiovascular machines including treadmills, bikes, cross trainers, EPX stepping machines, and a variety of Ivancio free weights.

However, this year’s hottest trend had nothing to do with machines or dumbbells. It was the combination of kick boxing and aerobics that drew hundreds of participants to the Pitt Center four days a week. Tae Bo incorporates aerobics, karate, and boxing, and was developed by karate expert Billy Blanks. The new exercise craze drew such a large following, participants were forced to sign up for the classes ahead of time to assure themselves a spot in the crowded aerobics room.

Instructor Cam Ferrar and Lisa Grassi were astonished at the amount of students and administrators who turned out for the one hour sessions. Some students were left out in the cold when it came to sign up times.

"I never got to try Tae Bo because every time I went there was a line out the door," said Jen Ciccione, a student from West Beverly, Mass.

Faculty members also find the time to head to the gym in order to work up a sweat.

"I find it to be a good stress reliever," said Carmine Caruso, assistant football coach. "It keeps me motivated to work harder."

The Pitt Center has helped many students and faculty create a healthier and happier lifestyle, one that they will only benefit from for the rest of their lives.

Contributed Photo

Some students that are part of the mentorship program at the Columbus School pose with children.

Student mentors play “big brother” to Bridgeport kids

New Service Learning Program has SHU giving back to community

By Mike Kuchar
Features Editor

Remember third grade? A time in our lives where everything was so simple. It seemed we knew right from wrong and good from bad. Everything was so easy then, and our main priority was having fun.

Several Sacred Heart students get the chance to revert back to the mentality of a third grader every week at the Columbus Elementary School in downtown Bridgeport.

"You Are Special" is a mentorship program developed by Phyllis Machledt, director of Service Learning Program, and matches up one student mentor with one third grader who spend a part of the day together.

The program was started last January and for one hour a week a SHU student participates in "Learning and Lunch" which consists of reading and talking to the child.

According to Machledt, the program has been very effective. "This is something that we hope could give confidence to these young boys and girls," said Machledt.

There are currently 41 SHU mentors matched up with 41 Bridgeport school kids. Machledt says the one-on-one contact helps kids to learn a lot easier and takes a great deal of dedication from the mentors. "These students are very committed to what they are doing," said Machledt. "It's amazing to see how much these kids look up to our mentors," she added.

Patricia Clarke, an AmeriCorps volunteer helped get the program started and said that since it began the program has "taken off."

"We have been very successful in reaching out to these kids," said Clarke. "It gives them something special to look forward to."

Machledt said that she is looking to expand the program by moving the first group up to fourth graders and start another group to help with the incoming third graders.

"We don't want this just to look good for the Sacred Heart community," said Machledt. "Our overall purpose is to help these children."

A final field day is scheduled for Saturday May 8 from 11 a.m. to 1:00 p.m. at the Columbus School playground. This will be the last opportunity for mentors to spend time with their mentees for the semester. There will be a barbecue, games, and other fun activities.

Machledt asks that all students interested in becoming a mentor for next semester call Patricia Clarke at 365-7622 or stop by the Service Learning Office across from the Registrars. The program requires mentors to maintain weekly contact with a commitment of about 2 hours a week. Transportation to the school and training materials will be provided.
It's hard to believe that yet another year has gone by. I look back on the past year and am proud to say that Greek Life has had one of its most productive and exciting years. I firmly believe in Greek Life and its positive role on its members and the rest of the SHU community.

I have always said that pledging my sorority and being part of the Greek Life family has made me a better person. It was one of the best decisions I ever made here at Sacred Heart University and I’m sure in my life. I believe Greek Life is certainly don’t think I’d be as active on campus either. I have learned to work with people, problem solve, take an active role in my University, and become a leader.

Fraternities and sororities do provide viable options for leadership development and extracurricular involvement. I look at my sisters and the other members of Greek Life and know that each and every one of them has something great inside them. I also know that some of that greatness comes from being Greek, from the values as people within their organizations.

If you look at the statistics you will definitely see a trend. Greeks tend to be leaders not only at their colleges but in life. The majority of the people listed in “Who’s Who in America” are members of sororities or fraternities.

Eighty-five percent of Supreme Court justices since 1910 have been Greek. Studies also show that fraternity and sorority members are more likely to receive the benefits of final exam season.

Greek Weekend consisted of the King and Queen competition, Trunk Night, Semi Formal and Carnival. All of the events went as well as the Semi. Greek Life looks forward to coordinating the weekend again next year.

The Carnival ended a very eventful year. Greek Life also happily entertained over 4000 kids on Halloween, last semester.

Last but certainly not least is the newest addition to the Sacred Heart University Campus, Greek Corner. There is absolutely no way that you can miss it. It is located right outside the HC wing. Each fraternity and sorority has its own rock and painted it on their own. My window looks right onto Greek Corner. I can’t tell you what an immense sense of pride I have when I look at them and realize how hard people worked to make them perfect.

I guess I’d just like to close by wishing everyone good luck on their finals and hoping that your summer is fun, safe, and relaxing. A special thanks goes out to Wayne Kruger who scoured the internet for all the statistics used in this article. To all those in Greek Life thanks for your hard work, commitment, time, energy, and determination. It is appreciated and won’t be forgotten. I really do believe that you are all on the path to greatness.

By Vimala George

main in college and receive a degree than non-fraternity members.

Many of America’s most important leaders have been Greek: Martin Luther King Jr., George Bush, Jessie Jackson, Harry Truman etc. Entertainers such as Kirstie Alley, Bill Cosby, Kevin Costner, James Dean, Harrison Ford, David Letterman, Brad Pitt, Elvis Presley, Robert Redford, and John Wayne were all Greeks too.

Greeks to Greatness was kind of the inspiration behind the Greek Weekend.

The dates are marked on every published University calendar, students are starting to dread studying even more, and professors are diligently attempting to complete their outlined syllabi. Final examinations are here again.

Final week is one aspect of college life that all students have to bear. It does not matter if a student has been rigorously preparing for finals throughout the year or if a student has skipped a countless number of classes, final week is looked upon with dismay.

From the first day of the semester to May 11 through the 18 have made all students cringe and most professors panic wondering if there was a class cancellation.

“I’m fine once I get there and actually take the test, it’s all the stuff on the leads up final to that cause the stress,” said Lewis DeLegan, a senior from Waterford.

DeLegan says the combination between having to register for class next semester and preparing all the paperwork for the following year could become rather stressful.

“It starts to weigh on you,” said DeLegan.

According to some students, people attend a university because they realize the value of a higher education. But achieving a higher education can place financial burdens on these students families.

“A lot of the pressure I feel around finals is put on by myself,” said Michael Powers, a senior from White Plains, N.J. “I realize the sacrifice my family is making and I don’t want to let them down.”

Senior Psychology student in particular feel this kind of pressure. Many have jobs waiting for them after graduation. A poor performance on final exams can not only jeopardize their graduation, but cause them to lose important job opportunities.

“Have a guaranteed job providing I graduate on time,” said Garfield Thomas, a senior from Hartford. “I just have to buckle down for one more set of finals and my hard work will pay off.”

The majority of professors give traditional final examinations. However, others assign papers and give more tests throughout the semester and negate the final exam.

“I do not have a final. I have weekly paper assignments and tests throughout the course,” said Dr. Jane Gangi, professor of education.

“I think it all depends on the subject and course. My students work hard and learn the material. I am able to assess their grades without a final exam,” she added.

Students should remember while stressing about finals everybody is in the same situation. So, if it feels different walking around campus during the week of finals, there is a reason for it. For better or for worse, finals are part of the University’s life.

Campus Happenings

Aging successfully? Courses can help

SHU is offering “How to Age Successfully,” a new LifeLong Learning non-credit course in its Summer session. The course begins Tuesday, June 8 and runs for five consecutive Tuesdays through July 6, from 6:30-8:30 p.m.

The courses are taught by Beatrice Berger, a licensed professional counselor and will cover the myths and facts about aging and the aging process as well as what people can do to enhance their mental and physical well-being for successful aging. For further information contact Dorothy Sayers at (203) 371-7834.

Learn Polish for credits

First year Polish course is available to SHU students and students from other universities as well as high school juniors and seniors. PL 011 will be offered in the Fall of 1999 and will earn high school students three college credits per course. For further information call 377-4580.

—Compiled by Mike Kuchar
Portrait of a woman: new artist in The Gallery

By Frances Moore
A&E Editor

Hung Liu's father was imprisoned for two years when she was only six months old. Born during China's civil war, and under the leadership of Chiang Kai-Shek, Liu grew up amidst famine and turmoil. She witnessed the Red Guard raid households, destroying anything that held bourgeois or Western value, such as books, paintings and photographs.

She was denied a college education because Chairman Mao demanded that young people become educated by the ruling working class. Though Liu was at the top of her class in boarding school, she was forced to work in rice and wheat fields every day for four years instead of studying her true passion: art.

Despite these horrific conditions, Liu has managed to rise to a level of artistic excellence and become admired throughout the world. Her work will be displayed in Sacred Heart's Gallery of Contemporary Art from May 9 to June 3. Her art reflects both the conditions in which she spent her childhood, and her later Western influences.

In 1972, schools in China began to reopen, and as they did, Liu entered and graduated from a temporary Art from May 9 to June 6. Her work will be exhibited in their 43rd Biennial Exhibition of Contemporary American Painting.

Currently, Liu's work is traveling to five sites across the United States. She combines realistic images from her Chinese training with Western elements. Liu plans her artwork so carefully that even the slightest stylistic changes are never incidental.

A little night music

By Frances Moore
A&E Editor

The Sacred Heart University chorus will pull from a variety of resources to put together a lively and entertaining concert this Sunday at 8 p.m. in the Mahogany Room. With songs ranging from Handel to Rock and Roll, their program is a sure-fire hit; from Baroque flute composition to the songwriting of The Allman Brothers Band, Their compositions include “Charlie Brown,” “Yabba-Yuk” and “Kansas City.”

Finally, the chorus will wrap things up with songs by another songwriting team: Frederick Lerner and Alan Lowe.

Lerner and Lowe are responsible for the songs from “My Fair Lady,” “Cinderella” and “Paint Your Wagon,” among many others. The chorus is comprised of both students and faculty. Both Roberts and McKinnon encourage students to support their peers. “I think it'll sound good,” said McKinnon. “There's something about performance that really brings out the best in everyone.”

The show begins at 3 p.m., and is free and open to the public. For more information, contact Leland Roberts at 371-7735.

Students get good vibes about festival

By Rob Loud
Contributing Writer

The fourth annual Gathering of the Vibes music festival will be held in Bridgeport's Seaside Park this summer from June 18-21. The festival will feature a variety of music, ranging from folk to alternative. Appearing will be bands such as moe., Deep Banana Blackout, Government Mule (featuring Warren Haynes, member of The Allman Brothers Band), Percy Hill and Strangefolk.

Some Sacred Heart students are excited about the Woodstock-like festival.

Elena Rosero, a sophomore from East Meadow, N.Y., said, “I've heard about the festival before and it always sounds like so much fun. I definitely want to go.”

She felt that the type of music offered would attract a large audience. “I've seen Deep Banana Blackout before, and it was a great time,” she said.

Sophomore Corrie Smith, from Bellows Falls, Vt., was also attracted by the different bands. She said, “I think I will check out this year's festival. I enjoyed Strangefolk when they played here at Sacred Heart last year.”

To accommodate those from outside the area, campground will be available. The campgrounds will be on-site within a wooded area of the park, and will be able to accommodate over 7,500 campers in tents.

Area vendors will also be on the grounds selling food and drink to concert-goers.

Tickets are available by calling 1-800-677-8650. Anyone who purchases tickets by June 1 will be entered to win a trip to Grateful Dead & Breakfast in Puerto Rico. The trip includes airfare, food and accommodations for two.

Young shows no signs of aging

Special to the Spectrum

The Stamford Center for the Arts brings one of the sixties most prolific songwriters to the Rich Forum on June 26 at 8 p.m.

Jesse Colin Young opens his heart to the world with each new song he writes and performs. An extraordinary singer and songwriter, his album, "Swept Away," is a return to his acoustic music roots.

Jesse started as a folk-singer in the early sixties, with his album "The Soul of a City." During this time, Jesse was a part of the burgeoning East Coast folk scene that was producing talents like Bob Dylan, Tim Hardin and Simon & Garfunkel (who were childhood classmates of Jesse's). He met folk singer Jerry Corbitt, with whom he formed The Youngbloods, and together they became pioneers of the East Coast folk-rock sound.

During the "Summer of Love" and the hippie movement, The Youngbloods discovered a strong following in San Francisco thanks to the fact that their song "Get Together," the anthem for peace, was a regional hit.

Years later, Jesse returned to being a solo artist, and wrote the title tune for "Good Times." His music has been embraced by young listeners in the nineties thanks to its use in films, in "1969," and television shows (in an episode of "Beverly Hills 90210," that was directed by Jason Priestley, he specifically asked to use Jesse's music).

Music from his new album is mainly singing and acoustic guitar. He sees it as a return to the type of music he made when he was first starting out.

Tickets range from $20-$25. To purchase tickets, or for more information, contact the box office at (203) 325-4466.
Center ‘Wraps’ up its season

Special to the Spectrum

"It’s a Wrap," a musical journey through the most memorable movies of the twentieth century, will be presented from May 14 through May 23 at Sacred Heart's Center for the Performing Arts.

"It’s a Wrap" will feature music and memorable scenes from the earliest days of film, up through the tap dancing Busby Berkeley films of the '30's, into the inspirational war films of the 1940's and up to the present.

The original show was created by Maureen Hamill, who not only appears in the show, but directs as well. It is the final production in The Center's theater season.

"We’ll be exploring the entire century of films, performing Academy Award winning music, and music from musicals, written specifically for films," said Hamill. The cast includes Robert S. Fallon, Mary Richards, Michelle Marceau, David Cannizzaro and Carl Schumacher, who are no strangers to The Center, or to Hamill's musical revues.

Musical direction of "It's a Wrap" is by David Harris. Sets are by William Stark, and lighting is by Frank Veres.

Performances will be on Fridays and Saturdays at 8 p.m., and Sundays at 3 p.m. Ticket prices range from $15 to $18. For more information, call 374-2777.

—Compiled by Frances Moore

A&E Briefs

Gallery hosts fund-raiser

Chinese art will be the theme of The Gallery of Contemporary Art’s annual fund-raising dinner this year. The dinner will take place on Friday, May 14, cocktails begin at 6:30 p.m. Bernice Steinbaum, curator, juror and owner of the Steinbau Krauss Gallery in New York City will give a lecture entitled, "Looking at Contemporary Art from a Chinese Perspective." The lecture is in conjunction with Hung Liu’s exhibit in The Gallery. For reservations or dinner prices, contact Sophia Gevas or Jeffery Smith at 365-7650.

Stepping out with the Greeks

Join some of Sacred Heart’s Greek Life organizations as they put their best foot forward tomorrow night in the Great Northeastern Greek Stepshow Competition. Beginning at 6 p.m., the show will be held on campus, and hosted by Hot 97’s Steph Lover. Following the show, Billy Busch, also from Hot 97, will be spinning the best of Hip Hop, R&B, Reggae and Old School. For more information, call 396-8177.

Last movie in the Schine

This weekend the Schine will be showing "Enemy of the State," the box office thriller, which stars Will Smith and Gene Hackman. Showtimes are Friday and Saturday at 7 p.m. and Sunday at 3 and 7 p.m.

—Compiled by Frances Moore

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SELF STORAGE AMERICA

1404 Barnum Avenue
Bridgeport, CT 06610
By Adam P. Lagnese
Staff Writer

Many college athletes believe that taking performance-enhancing drugs will help them achieve higher athletic goals. A new favorite among athletes is Androstenedione (Andro), a testosterone-boosting drug taken by the St. Louis Cardinals' Mark McGwire.

Some athletes, like McGwire's teammate, senior Kevin Anderson, feel the tests should be done to even things out among competitors.

"Drug testing," said Anderson, "should take place in collegiate athletics to ensure a level playing field."

The games should be won on the field without the help of performance-enhancing drugs, and they should be decided by the talent and work ethic of the individual players themselves," added Anderson. Sacred Heart head football coach Tom Radulski is in favor of drug testing, and believes that if an athlete fails a drug test, he or she should suffer the consequences. "Drug testing," said Radulski, "Believe every athlete is subject to it. People want an equal playing field. If an unequal one is created, then a player and his team have an unfair advantage."

The Olympics, NBA, NFL, NHL, all have to crack down on drugs," he added. Radulski went on to say that he has his own team rules on the issue, and that he and his coaches have expectations of his players not just as athletes, but as students too. An athlete who tests positive for an NCAA drug test, then he or she, the guide says, "will lose a season of competition for all sports if that season has not yet started. If the season has started, then the athlete is suspended one full season."

Sacred Heart's Director of Athletics, Don Cook, feels that the four major sports do nothing to help keep college athletes off drugs. "What the pro sports provide is a modeling system," said Cook, "which suggests to college athletes that they can do drugs."

Cook added that the process is very structured and carefully done, and Sacred Heart complies with NCAA's requirements. The Sacred Heart men's head lacrosse Coach, Tom Mariano, says that all athletes in scholarship sports should be tested, and if any school is serious about their athletics, then drug tests should take place by the NCAA and the school. "A lot of my decision and reaction would have to do with what drug it was," said Mariano. "If it were a steroid, he'd be suspended. I would then discuss with him a justifiable punishment and the athlete would undergo mandatory drug counseling. But there is no reason to have any near you. There is no need for drugs."

Mariano made a strong case for his point when he said, "Anything powerful enough to create a drastic change in your body has to have some sort of side effects."

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Track: SHU teams finish eventful year with wins

Continued from page 12

her own school record with a throw of 1287.7 GUARNERI is already top-ranked in New England. Junior Jen McGovern ran her personal best in the 800 meters and finished second in the event and the triple jump. Shawah placed second in both of these events. and the triple jump. Shawah is also automatically qualified in the 100 meter hurdles at the Division I level, the taking of performance-enhancing drugs has to be looked at.

According to the NCAA Guide for the College-Bound Student-Athlete, "If you attend an NCAA school, you will be subject to regulations prohibiting drug use."

Every academic year, in Division I and II sports, the NCAA conducts year-round drug testing. An athlete must sign a drug-testing consent form when reporting to practice or before the Monday of the fourth week of class, or whichever occurs first.

Two Sacred Heart football players failed drug tests will have to sit out next season. Currently, Division I and II football and track and field programs are tested every year.

In all other Division I and II sports, and in Division III, an athlete must sign a drug-testing consent before they compete. In football and track and field, drug-testing occurs randomly on a year-round basis. These tests are also carried out at NCAA championships and all football bowl games.

"Because of our transition to Division I," said Ray Gogarty, a senior lacrosse player from Medford, N.Y. "I believe that every Sacred Heart team should be tested."

Some athletes, like Gogarty's teammate, senior Kevin Anderson, feel the tests should be done to even things out among competitors.

"Drug testing," said Anderson, "should take place in collegiate athletics to ensure a level playing field."

The games should be won on the field without the help of performance-enhancing drugs, and they should be decided by the talent and work ethic of the individual players themselves," added Anderson. Sacred Heart head football coach Tom Radulski is in favor of drug testing, and believes that if an athlete fails a drug test, he or she should suffer the consequences. "From the Olympics to all professional athletes," said Radulski, "Believe every athlete is subject to it. People want an equal playing field. If an unequal one is created, then a player and his team have an unfair advantage. The Olympics, NBA, NFL, NHL, all have to crack down on drugs," he added.

Radulski went on to say that he has his own team rules on the issue, and that he and his coaches have expectations of his players not just as athletes, but as students too. An athlete who tests positive for an NCAA drug test, then he or she, the guide says, "will lose a season of competition for all sports if that season has not yet started. If the season has started, then the athlete is suspended one full season." Sacred Heart's Director of Athletics, Don Cook, feels that the four major sports do nothing to help keep college athletes off drugs. "What the pro sports provide is a modeling system," said Cook, "which suggests to college athletes that they can do drugs."

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Mariano made a strong case for his point when he said, "Anything powerful enough to create a drastic change in your body has to have some sort of side effects."
Cook receives major award

Special to the Spectrum

Don Cook, director of athletics at Sacred Heart University, received a Gold Key award from the Connecticut Sports Writers’ Alliance at the group’s 58th annual banquet on April 25 in Southington.

Cook, 58, was recognized for 40 years of achievement as an athletic administrator, baseball coach and student-athlete—all at the collegiate level in Connecticut.

The award was the second for Cook this academic year. Last fall, he was honored as the Jostens-ACAC Men’s Administrator of the Year at the Easter College Athletic Conference’s annual convention.

Cook is completing his seventh year at Sacred Heart and 38th as a senior athletic administrator at a Connecticut institution. Under his leadership, the University has ended its intercollegiate athletics program from 12 varsity sports to 33 and constructed several new facilities, notably the $17.5 million William H. Pitt Health and Recreation Center.

He is also at the forefront of the Pioneers’ move to NCAA Division I status. This fall, Sacred Heart will join fellow state institutions Central Connecticut State University and Quinnipiac College in the Northeast Conference.

The energetic, affable Cook achieved considerable success at his earlier institutions, too. As athletic director, he was instrumental in the development of the physical plants and the growth of the athletic programs at Fairfield University, his alma mater, and at the University of Hartford.

His leadership skills have also been evident as co-founder and first president of the Metro Atlantic Athletic Conference (1981-1982), as president of the ECAC (1991-92) and as a member of the NCAA Council (1996-97).

At Fairfield, the building of the Recreation Complex, the enlargement of Alumni Hall and the renovation of Alumni Field all took place under Cook. He coached the Stags’ baseball team for 19 seasons, transforming a small-college program into a respected Division I entity that produced four post-season tournaments. Fifteen of his players signed professional contracts.

During his six years as Hartford’s athletic director, Cook oversaw the building of an $11 million athletic complex and the program’s emergence in Division I. As the Hawks’ interim baseball coach, he contributed to the development of Jeff Bagwell, now among Major League Baseball’s finest hitters.

Intramural All-Stars

Name: Nicola Invernizzi
Class: Senior
Hometown: Milan, Italy
Sport: Basketball

Part-time Administrative Assistant needed for Fairfield consulting group, 15-18 hours per week. Requires a real understanding of how computers work as well as strong computer skills (MS Word, PowerPoint, Excel); pleasant, professional work style. (This is a part-time position and will continue in the 1999-00 school year.) Respond to Denise Pierce, Delta Consulting Group, 929 Kings Highway East, Fairfield, CT 06432 or fax (203) 333-3009 or e-mail delcongrp@aol.com

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Facilities: Is SHU neglecting athletes?

Continued from page 12

they did in the playoffs, recruits will still be inclined to go there. Seven out of 10 would choose UConn because of the fact that they opened a new hockey rink on campus this season." Shaun Hannah, third-year head coach of the men’s ice hockey team says the off-campus rink is not a problem yet, but may become one in the future.

Hannah said that the issue will have to be addressed as his team develops and plays outer-conference teams, and that it might be difficult to get existing Division I teams to come to Milford. He pointed out that the rink only holds 700 people.

Another team affected by the lack of facilities is Sacred Heart’s softball team. The Lady Pioneers play their home games at SHU, but their field, as indicated by some players, is in shoddy condition.

"The poor field definitely hurts our recruiting," said Lauren Schwartzberg, a junior from Farmingdale, N.Y. "We need a real outfield fence. If the ball hits hard enough, the fence will collapse." Schwartzberg also noted that the field needs to be improved, too. "The field was clay, and now there is sand and dirt and rocks mixed in with the clay."

"There are ditches in the field," she added. "Someone can turn an ankle if they catch their foot in the ditch. Also, when a player slides into a base, they slide over rocks. And I can assure you that it hurts."

Don Saladino, a senior baseball player from Cold Spring Harbor, N.Y., who’s team is affected with the lack of facilities problem, feels that recruiting is hurting. "The baseball plays most of their home games at Harbor Yard in Bridgeport, home to a minor league franchise, the Bridgeport Bluefish.

"A bunch of JUCO (junior college) recruits from Suffolk Community College come one in the future," be­gan Saladino, "and the fact we don't have a true home field changed some of their opinions." Saladino also noted the difficulties to work on some aspects of playing without the proper facilities. "We’re unable to work on flyballs while we practice inside the Pitt Center." "It is also tough to take a groundball off the grass floor, and then expect to go and field one off a dirt field. The only time we get to hit on a whole field is at a game. The same goes for the outfield. They don’t get an actual read of a flyball until a game." Don Cook, Director of Athletics at Sacred Heart says the facilities here at SHU are state of the art and highly acknowledged and respected by other athletic directors and coaches.

"The Pitt Center is significant in the ability to recruit and retain athletes," said Cook. "The perception that we’re landlocked and not spread out, gives off the idea that we have a lack of facilities. Each facility we do have we multi-purpose," he added.

Cook said that he’d like to one day get lights on the turf for night practices and avoid playing from missing classes with the added flexibility the lights would provide.

"It’d be wonderful to spread out over a larger real estate," said Cook. "But we just don’t have it at this time."

Cook expressed his likeness for the self-contained area, saying that it offered a tighter, greater environment.

"We could have tennis, lacrosse, softball and volleyball all playing games inside 300 square feet of each other."
Lacrosse fends off Crusaders rally to win 13-11

By Matt Duda  
Sports Editor

Behind two goals each by senior attacker Ray Gogarty and Chris Lukowski, Sacred Heart defeated Holy Cross 13-11 last Saturday at Campus Field. SHU raced out to a 5-1 first quarter lead and never trailed. Second half woes continued for the Pioneers, as the Crusaders crept to within one goal with 6:59 left in the game.

A goal by freshman midfielder Cliff Lorenzo with 45 seconds left put the game out of reach.

Freshman goalies Mike Kelly and Mike DiPietro recorded 10 and eight saves respectively. According to SHU’s seniors, the quality of the program has increased along with the talent level of competition during their four years.

"The caliber of lacrosse teams we played this year is something I never thought I’d see," said. "When I first got here, I was told that we’d play some bigger schools. I didn’t think it would ever happen but it did."

This season, the Pioneers played an entire Division I schedule, often facing schools several times more household. SHU squared off against Ohio State, Boston College, Villanova and Hartford.

The William H. Pitt Health and Recreation Center is Sacred Heart’s main athletic facility.

Facility availability questioned

By Adam P. Lagnese  
Staff Writer

As Sacred Heart University’s athletics move into Division I, teams will worry about the school’s lack of facilities. While this problem does not affect soccer at Sacred Heart, some will worry about the “Having our home arena off UConn over Sacred Heart, athletics move into Division I, team. emit would choose a school like Clark, N.J. “As long as we get another big recruiting year, I feel good,” he said. “We could double what we did this year.”

Senior attacker Ray Gogarty, of Deer Park, N.Y., posted the best numbers of his career. He shared the scoring lead with Lukowski by getting a team best 32 goals and distributing six assists.

Several new faces got into the act. Freshman T.J. Hutmacher, a midfielder from Pearl River, N.Y., placed third on the scoring list with 12 goals and 14 assists. Although SHU barely managed a winning season, most players are pleased. Brian Wolchok, a senior defensemen from Port Jefferson Station, N.Y., said that SHU rose to the challenge this year.

“Overall the season was a success,” Wolchok said. “We played better teams and everyone came together.”

Next season, Sacred Heart enters the Metro Atlantic Athletic Conference, where the conference champion receives an automatic berth into the 12-team NCAA tournament.

With Fairfield University, a perennially strong team, exiting the MAAC, the Pioneers hope to contend for the league title, said sophisticates attackman Mike Robel of Clark, N.J.

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“As long as we get another big recruiting year, I feel good,” he said. “We could double what we did this year.”

Ed Bourget, a sophomore hockey player from Shrewsbury, Mass., agrees with Lafo and offended an example as to why a recruit would choose a school like UConn over Sacred Heart.

“I would have a hard time,” said Bourget, “It will not matter. If UConn finished the season sixth in the conference, and we finished second, and then we went further...

SHU A.D. honored
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