Sacred Heart rolls out red carpet for Dole

By Matt Duda
Co-Editor-in-Chief

Sacred Heart University will bask in the national limelight this afternoon when Elizabeth Dole speaks in the Maloney Room.

Dole's arrival,壮观地 for 3:45 this afternoon, may attract over 1,000 students and media personnel to campus.

"I'm very pleased for the university," said Sacred Heart President Dr. Anthony Cemerna. "As a university dedicated to preparing its students for leadership, having an opportunity to hear from her will be a valuable opportunity."

Dole rose to fame when President Ronald Reagan appointed her secretary of transportation, serving in that capacity from 1983 to 1987. She later served as secretary of labor under President George Bush.

In 1990, The American Red Cross elected Dole to its presidency, marking the first time a woman held that position since Clara Barton in the 1880's.

Last year, Dole declared her candidacy for the Republican presidential nomination. She quit the race several months later and currently supports George W. Bush's campaign.

Dole's speech will center around women's leadership and is likely to include a plug for the Texas governor.

Approximately 200 invited guests and media members will first be allowed into the Maloney Room, leaving space for 250 spectators on a first-come, first-served basis.

Closed-circuit audio and video will be set up in the theater to accommodate an additional 800 people. Doors to both venues open at 3 p.m.

Director of Public Safety Bill O'Connell recommends that attendees arrive on campus as early as possible.

"We're going to reserve the faculty and staff lots and the visitors lot, so obviously people who can't park in those lots are going to have to go somewhere else," O'Connell said.

In the likely event that the North Lot fills up, additional parking will be made available at the commuter lot on Jefferson St., Notre Dame High School and North Park Baptist Church. Shuttles will transport people to and from campus.

Should Mrs. Dole elect to answer questions from the SHU community, it's likely she won't have any problem finding one to respond to.

That's assuming she asks the right person.

"I haven't really thought about it," said Dr. Cemerna about what he would ask America's potential future vice-president.

See Dole, Page 3

Sacred Heart University

AIDS Awareness Week starting Monday

By Jilly Caruso
Staff Writer

Sacred Heart University students will have the opportunity to learn more about AIDS as AIDS Awareness Week will hit the SHU campus beginning Monday.

The event will run from Feb. 21 to 25 with events including a trip to see the play Rent in New York on Feb. 20, a healing mass on Feb. 20 in the chapel and a presentation entitled, "The Inner Circle: Changing Times," on Feb. 23 in the Theater. Several other events are being planned and will be posted in the AIDS Awareness Week brochure.

900,000 Americans have been infected with AIDS, over 15,000 being children. Between 1981 and 1998, 416,872 AIDS victims have died and 700,979 were diagnosed in the same years. In Connecticut over 10,000 people are living with AIDS.

According to an Internet source, more than one third of condoms made overseas are unsafe. Using a condom during sexual intercourse doesn't automatically prevent you from getting AIDS. Dr. Michael Trul Fok-Son of the Consumer

See AIDS, Page 3

Cypher 5 works his magic on the turntables Friday in the theater. See story, page 8.

Contributed Photo

Former presidential candidate Elizabeth Dole will speak at 4 p.m. today at Sacred Heart University.

Contributed Photo

Cypher 5 makes his mark...
Alumni Scholarship applications due
The Sacred Heart University Alumni Executive Council will be awarding its fourth annual Alumni Executive Council Scholarship for the academic year 2000-2001. The $1,000 scholarship will be awarded to a student who has excelled academically, has financial need, and has contributed to the University and/or the community.
Completed applications must be received no later than March 10, 2000. Applications should be returned to the Office of Alumni Relations, Scholarship Committee, c/o Rob Cottele, Sacred Heart University, 5151 Park Avenue, Fairfield, CT 06432-1000. Incomplete or late applications will not be considered.

Investment game starting next week
The Finance and Economics Club will be sponsoring an investment game which will run from Feb. 21 to May 5. Any interested students may participate by entering as individuals or in groups. Entrants have $50,000 to invest in stocks and ADRs listed on the New York, American or Nasdaq exchanges. A minimum of three stocks and a maximum of six stocks must be selected. Entry forms are due at noon on Feb. 21 in HC 208. Winners will be determined based on closing prices on May 5.

REAPS sponsoring spiritual dinner retreat
Attempting to bridge the gap between the work world and the spiritual world, Sacred Heart University’s Institute for Religious Education and Pastoral Studies will sponsor its fourth annual Workplace Spirituality Dinner Retreat on April 19. The event will take place from 6:30 to 9:15 p.m. in the Mahogany Room.
This year’s program will feature Pulitzer Prize winner and presidential speech writer Anthony R. Dolan, who will speak on “Ethics in Business and Politics: Soul Based or Poll-Based?”
“Bridging the gap between the world of work and the world of the spirit is not accomplished easily. It takes resolve and a vision of life consistent with belief,” said Gregory M. Smith, REAPS’ director.
The fee is $75, including dinner. Program information may be obtained by contacting REAPS at 371-7867.

50% OFF
CRAVING SAVINGS?!
The SHU MARKET-XPRESS is now conveniently open until 9:30 PM MONDAY through THURSDAY.
First 20 customers receive discount on purchase of $10.00 or greater. Must present this ad at time of purchase.

UMOJA and the Spectrum Present...
Changing Faces Calendar Photography Contest
* Contest dates: January 27 to February 24.
* Students may submit an action photo with negatives that shows the essence of Sacred Heart which the student feels truly depicts SHU.
* Clubs may submit photos with negatives they feel exhibit the essence of SHU.
* Photos may be color or black and white. All photos will be returned.
* Please include a brief description of the photo Submitted photos must be accompanied with name of photographer, name of submitter, names of individuals in photo (where applicable), student ID number, grade, address and phone number.
* There is no limit to the number to submissions per individual or club, but any individual or club may only win once.
* Winning photos will be published in the 2000-2001 Changing Faces Calendar. Winners will also receive a free copy of the calendar.
* Photos may not be discriminatory against race, religion, sex or sexual orientation.
* Judging panel will consist of selected UMOJA members, Spectrum staff, SHU faculty/staff and professional photographers.
* Submit all photos to: Changing Faces Calendar Contest Sacred Heart University MC 1749 5151 Park Ave. Fairfield, CT 06432
* Photos must be received by February 18.

Tuition hikes in question
By Tony Pugh
Knight-Ridder Tribune
Flush with money from smart investments, administrators at Williams College last month did the unthinkable — they froze the school’s annual tuition for the first time in more than 40 years — albeit at $31,520.
That was a rarity among prestigious private schools. Officials at the college in Williamstown, Mass., hope the price freeze will engender good will and attract more top-notch sons and daughters of money-conscious parents.
But experts say that’s unlikely, mainly because of an attitude prevalent among the wealthy, which holds that a school charging less than its competitors must not be as good. So the Harvards and Princetons of the world continue to hike tuition each year, with little adverse impact on their ability to attract superior students.
At the State of the University Address last semester, Sacred Heart University President Anthony Cerna said SHU tuition will most likely increase next year as well.
Average tuition for a full-time resident undergraduate student rose 44 percent from 1990 to 1996, according to the General Accounting Office. In the same period, the cost of living, as measured by the consumer price index, rose only 15.4 percent, and median household income rose a mere 13.8 percent.
One result of skyrocketing tuition is that college has become all but unaffordable for most low-income families and many middle-class ones, forcing both to borrow heavily and, often,靠着Ivins students with debt for decades.
No one is quite sure why education costs have grown so much faster than inflation.
The National Commission on the Cost of Higher Education essentially threw up its hands with its final report in 1998, noting that colleges and universities have made little effort to explain their finances. “As a result, there is no readily available information about college costs and prices — nor is there a common national reporting standard for either,” the commission report said.
But academia’s veil of secrecy may be lifting slowly under growing pressure for accountability.
The Senate Government Affairs Committee examined the trend of rising college costs at hearings last Wednesday and Thursday. College administration, professors and other education experts acknowledged their failure to justify tuition hikes, and some recommended steps to take, but no one had a definitive answer on why college costs keep rising so fast.
Costs per student soared 57 percent at four-year public institutions from 1987 to 1996, and 69 percent at private schools, Trout said.
Meanwhile, a uniform system for reporting an institution’s costs, prices and subsidies is being developed by the National Association of College and University Business Officers. A task force of experts has been working longer than a year to devise a standard disclosure format, said Gregory Fusco, the consultant heading the project.
Many tuition-paying parents voice frustration and confusion over a related phenomenon: Why, they wonder, does tuition keep going up even as federal student financial aid tops $41 billion a year?
“We appear to be pouring more money into the system only to have it mapped up by tuition increases,” said Sen. Susan Collins, R-Maine.
Editor’s Note: Brian Corasaniti, Co-Editor-in-Chief, contributed to this report.
I "guess I should probably think of something," he said with a chuckle.

If he doesn't, SHU's other president would be glad to pinch-hit for him.

"I'm going to ask her what she thinks about the chances of women getting more of a role in politics," said Student Government President Jason said. Slattery played a pivotal role in planning Dole's visit.

Slattery, who endorses Bush's presidential candidacy, says Dole is a major asset to the GOP.

"People say Republicans are mostly males but, hey, here's a leading candidate for the vice-presidency who's a woman. I don't see that on the other side," said Slattery.

SHU spokesman Jeff Kimball said that University Relations is still pursuing major candidates with hope that at least one will come to Fairfield.

"We're negotiating, but nothing's definite," Kimball said. "Part of the problem is that they don't give us much lead time." Dole's visit was not finalized until just last Friday, Kimball said.

Dr. Gary Rose, chair of the political science department, said that Dole's coming to Fairfield and Bush may persuade the Texas governor's rivals to jump on the SHU bandwagon.

"I wouldn't be surprised at all if Dole's arrive here brought others in the future," Rose said. "She's here for Bush, so a McCain or Gore may not want to pass us up."

SHU Republicans and Democrats alike are eagerly anticipating Dole's appearance.

Continued from page 1

The Mahogany Room seating arrangement for Dole's speech.

I'm thrilled and honored to have here, she's an exemplary example, of how a woman can step out of the shadow of a man and become respected for politi- tics," said Alexis Harrison, Chairperson of SHU's College Republicans club.

Curtis Geib, a Democrat and freshman from East Brunswick, N.J., looks forward to Dole's speech.

"She's going to promote George Bush, but she's going to talk about women's leadership too," Geib said. "I'm going to be there, definitely, and everyone else should be too."

Dole is the latest addition to a list of major political figures who have stepped onto SHU's campus.

The last appearance at SHU by a notable political icon was a 1994 visit by Republican presidential candidate Steve Forbes.

Other visitors include George McGovern, the Democratic Party's 1972 presidential candidate, who visited in 1989, Jesse Jackson in 1984 and then Vice-President George Bush in 1981.

I really think that Residential Life is a great program and I hope to build upon the programs that they already have," said Coakley.

Many of Sacred Heart's Residence Hall Directors and Resident Assistants also said they are pleased to have a new director and even more pleased that it's Coakley.

"I think it's great, I didn't want her to leave in the first place," said Tammy Hilliard-Thompson, residence hall director at Avalon Gates.

Continued from page 1

work we do this year," overall, Coakley said she is happy to be back at SHU and is also proud of Residential Life.

AIDS: Awareness week coming this month

Continued from page 1

Council said, "Some products still fail to fully protect people from pregnancy and sexually transmitted diseases."

Symptoms of AIDS include fever, rash, swollen lymph nodes, fatigue, weight loss and other diseases and infections, aside from the initial HIV infection itself. Some of the infections include, pneumonia, which is the filling of fluid in the lungs; tuberculosis which is a bacterial infection of the lungs and lymph nodes; toxoplasmosis is caused by a parasite which infects brain cells, and leads to seizures and weakness; Kaposi's sarcoma is an unusual cancer of the blood cells; cervical cancer, which eventually spreads to nearby tissues in the body.

These diseases as men- tioned are called opportunistic infections because they have the opportunity to occur only because the immune system of an AIDS patient is severely weakened.

There is no effective vac- cine to prevent AIDS, which means this epidemic will carry on until one is found. Vaccines are made by weakening a disease causing agent) so that it will not cause the disease when it enters the body. An immune response will occur causing both the production of antibodies by B cells and the stimulation of cytotoxic T cells. A statistic states, "Combination drug therapy has met with encouraging successes against and HIV infection. Immuno- therapy and the possibility of a vaccine are also being pursued."

Jazmin Parra, a senior from Franklin Square, N.Y., said, "Everyone thinks it isn't going to happen to them. It is because AIDS is ignored that one mistake or action can affect you for the rest of your life." She added, "There is too little awareness and too much promiscuity."

Public Safety Releases

Incident report from Jan. 20 to Jan. 28

Jan. 20: 7:05 p.m.- Public Safety Officer reported there was a minor motor vehicle accident at Jefferson Hill between two resi- dents; no injuries. Both parties declined Fairfield Police notification.

7:25 p.m.- Public Safety Officer cited an East Hall resident for an alcohol violation; form completed and sent to the Dean and Residential Life.

Jan. 21: 11:17 a.m.- Parkridge Resident reported the theft of his car from the JCC Lot. Public Safety responded and investigated. Resident notified the Bridgeport Police.

12:58 p.m.- South Hall Resident reported someone hit his vehicle causing damage while parked in the South Parking Lot. Fairfield Police were called and responded.

5:11 p.m.- East Hall Resident reported someone broke his reader handle on his bedroom door. Public Safety responded and investigated.

10:26 p.m.- Public Safety Officer reported two West Hall Residents released a bag of marijuana to their R-A. The Dean and Residential Life staff were notified.

11:22 p.m.- South Hall, sixth floor fire alarm; no problem found.

Jan. 22: 1:40 a.m.- Contracted Security Officer for South Hall reported a visitor became verbally abusive towards him. Public Safety responded and investigated.

2:51 p.m.- Two volleyball athletes became ill; 911 was called and responded. AMR Ambulance transported one of the athletes; the other refused further medical assistance.

3:00 p.m.- South Hall, fourth floor fire alarm; activated by steam coming from the sink in the janitor closet.

Jan. 23: 1:49 a.m.- West Hall Residential Life staff member reported an unreported resident became ill. Public Safety responded and investigated; further medical assistance declined.

9:09 a.m.- Parent of South Hall Resident reported her daughter became ill from alcohol and drugs. 911 was called and responded. AMR Ambulance transported the resident to the hospital.

10:21 a.m.- Jefferson Hill, Building two fire alarm; no problem found.

7:48 p.m.- Jefferson Hill Resident reported her boyfriend (Parkridge resident) swallowed his tongue ring. 911 was called and responded. AMR Ambulance transported the resident to the hospital.

10:52 p.m.- West Hall Residential Life staff member reported a burnt odor coming from one of the hallways. Public Safety responded and investigated.


10:30 a.m.- Staff member reported she fell in the South Parking Lot. Medical assistance was declined.

12:40 p.m.- Staff member reported the theft of a VCR from Hawley Lounge in the Main Academic Building. Public Safety responded and investigated.

6:40 p.m.- East Hall, fifth floor fire alarm; caused by a resident burning a candle. Simplex monitoring system notified the Bridgeport Fire Department and they responded.

Jan. 25: 10:42 a.m.- East Hall Resident reported the theft of her laptop computer from his room. Public Safety responded and investigated. Resident notified the Bridgeport Police.

Jan. 26: 2:19 p.m.- South Hall Resident reported another resident has her arm stuck in between the door and door handle to her room. Public Safety responded and investigated. The locksmith disassembled the lock and door handle to free her arm. Medical assistance was declined.

4:56 p.m.- South Hall, sixth floor fire alarm caused by resident burning candles.

Jan. 27: 3:04 a.m.- East Hall Resident reported a cut on his nose was bleeding. AMR Ambulance was called and responded.

5:08 a.m.- Staff member reported the theft of a network card from a Jefferson Hill mechanical room. Fairfield Police were called and responded.

6:43 p.m.- Public Safety Officer reported a vehicle was hit while parked in the Faculty/Staff Parking Lot by another vehicle. The Public Safety Officer obtained information from the driver and left a note for the owner of the vehicle that was hit.

6:24 p.m.- Staff member reported someone broke his vehicle while it was parked in the East Hall Parking Lot. The Technician notified the Bridgeport Police.

Jan. 28: 2:15 a.m.- Jefferson Hill Residential Life staff member reported someone discharged a fire extinguisher in Building one. Public Safety responded and investigated.
Editorials

AIDS still around, so let’s do something

Although we’ve shoved it down you’re throats so far it’s probably hard to breathe, there’s actually more happening on this campus than Elizabeth Dole’s visit. SHU is gearing up for AIDS Awareness Week starting Monday and we should take notice.

AIDS is an epidemic that has killed far too many good men and women in this country and around the world. And although more publicity has been given to it than many other diseases, it still kills at an alarming rate.

While it’s hard to believe that college-educated people are unaware of the risks associated with the AIDS virus, there is still a need to educate the members of the University community about the polio of the 90’s.

If it sounds like we’re getting on your butt to be involved in a SHU campus event yet again, you damn right we are. We’re going to be like your nagging mothers until there is a noticeable change in participation for events like AIDS Awareness Week. The fight against AIDS is a fight more noble than almost any other you can imagine and will be won if we want it to be.

Cypher 5’s poor turnout another shame

While we’re on the subject of event attendance, let’s address the Cypher 5 multimedia show that was held last Friday on campus. The show was moved to the theater and all were invited to attend. But who turned out for it?

The students from Greg Golda’s classes, a few other media studies majors and some faculty that’s who. We could have fit the number of people who care in the Friggin’ Spectrum office. The low attendance certainly had nothing to do with the show, it was a provocative and fascinating display that was well done and thoroughly enjoyable.

Now maybe because we’re mostly Media Studies majors on staff we’re getting a little too excited about this. But there’s a distinct urban feel to the sounds he uses and judging by the musical taste of the student body here we wonder why there wasn’t more of a turnout from the average SHU student.

Although this is more intellectual than the average rave, it would have been well worth your time to check it out. Don’t miss an opportunity like this again.

Get ready to welcome a great leader

Put down the video game controllers, turn off the hip-hop music, and cancel your plans to go to the package store.

The small bubble that Sacred Heart students live in is about to burst.

Making her way from the real world to the SHU world at 3:30 p.m. today is the most admiral woman in America. Elizabeth Dole has seen a great light coming from the hallowed halls of this great university and will grace us with her presence.

She is more towering than East Hall, more talked about than the computer help desk, and can absorb punches better than Hurricane Carter.

Dole is the biggest thing to happen to this campus in years and we are all a part of it. We can tell our grandchildren that between Flik food and this invaluable education, Elizabeth Dole came to our college.

Her resume is almost as impressive as last year’s commencement speaker. Dole grew up in a small town in North Carolina. She got her undergrad at Duke and studied in Europe.

Dole received her masters degree in education and government from Harvard. She was one of the first few women to graduate from Harvard Law School.

In addition to serving under six presidential administrations, Dole received numerous awards and is consistently ranked in the top 10 of most influential women in the world.

Her popularity and experience led her to explore a presidential bid earlier this election year but was thwarted by a lack of funds.

Her critics have called her scripted, obsessed with preparation and unauthentic, her smile an eerie facial expression of peculiar Southern congeniality. However most would attribute her faults in public to being a political novice.

Dole did remain strong and drew in many new voters who had never participated in the political process to her campaign.

She will speak to the campus and the media today about women’s issues but will mainly stump for Republican candidate George W. Bush.

After a devastating loss in New Hampshire and John McCain’s national insurgence, the Bush campaign will be taking dramatic change in strategy.

The new Bush approach is risky yet bold. He feels that by having Elizabeth Dole stump for him at Sacred Heart University he may just be able to turn his campaign around.

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Media pundits have dubbed the tattle “SHU’se or LOSE.” He figures that by tapping into Dole’s popularity and having her speak at SHU, this school will rally to Bush’s side and the nation will be far behind America is counting on us.

By Claire Widman

The SHU Voices

How much is Elizabeth Dole’s visit impacting your life?

Ryan Riley Freshman
North Attoboro, Mass.

“It effects me in no way whatsoever.”

Antonella McElton Senior
Bridgeport

“Not much really, because I’m a Bill Bradley fan.”

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“I didn’t really know that she was coming.”

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By Brian P. Merwin

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Dear Editor,

Last week's article, "Women in rough sports: Should they or shouldn't they?" was a disgrace to female athletes. It was appalling enough that such a sexist article was written, but the fact that a female actually wrote the article made it even more outrageous.

So you do not believe that a woman should be going up against a man in the same sport? Sure, men are naturally stronger and more powerful, but why should that mean women cannot compete with them in certain cases? I have competed on many all-male sports teams, including at the college level. It was not to prove a point, but rather because in most cases I had no alternatives.

Curfews unnecessary for college students

Dear Editor,

I think it is ridiculous to have to be off other floors by 1 a.m. on weekdays, and 2 a.m. on weekends.

This is a college and I feel as if we are being treated like we are in elementary school. Many students are up late hours of the night and they are unable to study or hang out with somebody of the opposite sex. I do not think that it should be the school's concern of which floor you choose to be on. This is a coed college yet they try to keep us so separated. The R.A.'s spend so much time playing police and trying to keep everybody on their floors when there are many more important issues to deal with.

College is a time when you are supposed to be able to make your own decisions. I think they are limiting our freedom by setting a curfew.

I feel that it should be up to the student where he or she chooses to be as long as they act in a responsible manner and have consideration for their peers. I think that this rule should be taken into serious consideration to be terminated.

Kristine Brackenridge
Freshman

Did you see Elizabeth Dole speak at Sacred Heart today?

Well if you did, we want to know what you thought. Did she knock your GOP socks off or stink up the joint all the way to Bush headquarters? Write a letter to the editor and let your voice be heard. Chances are it'll go in (We're not exactly being overwhelmed with them if you couldn't tell).

Dear Editor,

I'm sure you got news for you. James was a great person and for all of us that knew him, we are in the love that James had in his eyes. His love for animals, love for school, his love for people. We can't define the pain and shock that his family and friends felt upon learning of James' death. As Christians, we are to comfort in the smile on his face in eternal happiness. James will guide us through our journey in life and make sure that we are on the right path. He will still be there to listen to us, still there to make us laugh, most of all, he will be there as our friend telling us to be strong so that nothing can disturb your peace of mind, to look at the sunny side of everything and make your optimism come true, to think only of the best, work only for the best, and expect only the best. There comes a time in your life when you realize that if you stand still, you will remain at this point forever. You realize that if you fall and stay down, life will pass you by. Life's circumstances are not always what you might wish them to be. Rather than wondering about or questioning the direction your life has taken, accept the fact that there is a path before you now.

Walk your path one step at a time. Keep your head up, and cast your dreams to the stars for Jimmy is there to answer them for you. Keep belief in yourself and walk into your new journey. You will find it magnificent, spectacular, and beyond your wildest imagination.

Thank you JimmyManz for the great times we had and the great times we will have in the future. You will always be in our hearts and in our minds. We love you. Rest in Peace JimmyManz.

Lauren Wiggins
Senior

Female athletes deserve chance to compete

Many of my teammates, including myself, would not be competing at the collegiate level if we had not played on male sports teams.

Who gives you the right to tell females that we can't compete with the guys? I've got news for you: females can compete with men and they have proven it!

Luckily, times are changing, and more and more females are getting the opportunity to play in leagues of their own.

How many youth or high schools do you know of that offer women's football, wrestling, or ice hockey? Yes there may be some, but they are not in abundance yet.

Just because women are not as strong does not mean we should simply throw in the towel and watch from the sidelines. If girls did not cross over into male-dominated sports on male teams, there would be no female teams or leagues, and many females would miss out on playing at the college and possibly even at the national level.

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I feel that it should be up to the student where he or she chooses to be as long as they act in a responsible manner and have consideration for their peers. I think that this rule should be taken into serious consideration to be terminated.

Kristine Brackenridge
Freshman

Every day we go through our lives just wondering what may happen. Why is it that we never think of what could happen to us? We, as the community of Sacred Heart University, are deeply saddened by the death of one of our friends and former student, James Manzolillo.

James passed away on February 6, 2000 at the age of 21.

James was the type of guy that would do anything to help anyone out. He was the type of guy that didn't care what the circumstances were, he was there for us. When you were down, he made you laugh. When you needed someone to listen to you whine about life, he was there for you.

James was a great person and for all of us that knew him, we saw the love that James had in his eyes. His love for animals, love for school, his love for people.

We can't define the pain and shock that his family and friends felt upon learning of James' death. As Christians, we are to comfort in the smile on his face in eternal happiness. James will guide us through our journey in life and make sure that we are on the right path.

He will still be there to listen to us, still there to make us laugh, most of all, he will be there as our friend telling us to be strong so that nothing can disturb your peace of mind, to look at the sunny side of everything and make your optimism come true, to think only of the best, work only for the best, and expect only the best. There comes a time in your life when you realize that if you stand still, you will remain at this point forever. You realize that if you fall and stay down, life will pass you by. Life's circumstances are not always what you might wish them to be. Rather than wondering about or questioning the direction your life has taken, accept the fact that there is a path before you now.

Walk your path one step at a time. Keep your head up, and cast your dreams to the stars for Jimmy is there to answer them for you. Keep belief in yourself and walk into your new journey. You will find it magnificent, spectacular, and beyond your wildest imagination.

Thank you JimmyManz for the great times we had and the great times we will have in the future. You will always be in our hearts and in our minds. We love you. Rest in Peace JimmyManz.

Lauren Wiggins
Senior
However, the median credit card debt for 1999 is $1,288 which is up from $1,222 recorded in late 1998. A recent study done by Robert Manning, a sociologist at Georgetown University, showed that in 1998, 81 percent of students had received a first credit card by the end of their Freshmen year, compared to a 66 percent in 1994. Manning attributes this to colleges and universities across America not only permitting aggressive credit card debt marketing, but actually benefiting from it. "This is due to some credit card issuers paying institutions for sponsorship of school programs, support of student activities, and rental of on-campus solicitation tables," said Manning.

"Students here are wiser when it comes to that," said Connelly. "These companies don't get as big a turn-over when they come to Sacred Heart."

Connelly said that the companies that SHU deals with, which include Discover, Mastercard, and Visa, have decreased in reservations over the past year. Connelly attributes this to Sacred Heart's strict policy for selling vendors. "Companies cannot walk around and 'hawk' students," said Connelly. "They have to stay at the table for the designated amount of time."

Sacred Heart charges $40 a day for a 15 day period with credit card companies. All of the money the University makes gets turned back into student programs. Apparently, credit card debt is not just burning holes in the pockets of the younger, inexperienced students. The 1999 credit card data also showed that debt for graduate students applying for private loans from Nellie Mae is $3,175, up slightly from $3,925 in 1998.

According to O'Toole, this type of debt can turn out to be a burden on students well after their college years. "Many students using credit cards are already carrying high student loan debt," said O'Toole. "This can affect their ability to repay student loans and access other credit after graduation, such as car loans or a mortgage."

Some students feel that the use of a credit card is not necessary and it comes with a handful of unwanted obligations and costs. "I don't feel as if I need a credit card at this particular point in my life," said Michael Palmer, a senior from Stamford. "I don't need the responsibility that comes along with having one."

Credit card purchasers, mainly college students, have increased over the last two years.

"When you go home after being away at school for a few months, what is the first thing that you notice about your friends? Probably that they had gained a few pounds. Most likely the first thing you ask them is if you had put on some weight yourself."

Freshman year is synonymous with gaining weight. "The commonly added 15 pounds is so popular it has its own name. But, there are ways to avoid gaining the dreaded 'freshman 15' without dangerous diets, or wiring your jaw shut."

According to Susan Swimmer, a writer for the magazine "Cosmopolitan College," adjusting to the freedom of eating whatever we want and whenever we want can be difficult. To do this we need self-motivation, common sense and a few health tips.

"You are when you eat," said Lisa Sasson, a registered diettitian on the Faculty of Nutrition and Food Studies at New York University. "You are not on your parent's eating plan anymore, so a lot of food is consumed late at night."

"There are six sins when it comes to snacking," said Swimmer. "Eat a baked potato, plain pizza, low fat yogurt or low fat salsa and tortilla chips instead of the traditional chicken wings and ice cream."

"Some health conscious students head straight to the salad bar upon entering the Dining Hall, but salad dressings alone can add as much as 500 calories and 25 grams of fat per ladle. All of those toppings like bacon bits, cheese, and nut mix can be equivalent to a chocolate éclair."

"For many students, a meal is not complete until it is topped off with a chocolate cookie the size of a Frisbee," said Swimmer. "Try and avoid anything that is oversized."

According to Annette Hastings, a registered dietitian, exercising a few times a week will help the situation. A power walk or rollerblading can knock off 180 calories every 15 minutes. "The most important thing to do is to stay active," said Hastings. "Do some kind of physical activity everyday, even if it's just walking around campus."

"There are six sins when it comes to snacking," said Swimmer. "Bad food choices happen when you allow yourself to become really hungry," said Sasson.
Search for your stars in this week’s horoscope section

By Linda Black
TMS Campus

Aries (March 21-April 19). On Monday, be prepared for a quality control inspection. On Tuesday and Wednesday, you focus on another person and how to get along. If you need a partner, find one then. On Thursday and Friday, you may feel agitated. Don’t be critical; others will be easily upset. On Saturday and Sunday, complications could arise while traveling.

Taurus (April 20-May 20). You should be in a good mood Monday. Love looks good, but a package you’re expecting could be delayed. On Tuesday and Wednesday, pay attention to details. Work with a partner on Thursday and Friday, you can’t do it all by yourself. Over the weekend, watch out for a risky proposition. If it looks too good to be true, it is.

Gemini (May 21-June 21). This week you’re focusing on your career. A great opportunity is coming on Monday. Tuesday and Wednesday should be good for romance, but don’t go far from home. Thursday and Friday could be intense workdays.

Cancer (June 22-July 22). On Monday, a neighbor can help with a difficult assignment. On Tuesday and Wednesday, whip your place into shape with the splash of a new color. You should be in a romantic mood by Thursday or Friday. Travel should be OK late Friday, but don’t stay away long. You’ll want to get a household project finished this weekend.

Leo (July 23-Aug. 22). Money might come in on Monday. Catch up on your reading on Tuesday and Wednesday. Stay home and snuggle as much as possible on Thursday and Friday. Romance and travel could both go well over the weekend.

Virgo (Aug. 23-Sept. 22). Clean up old misunderstandings with a partner. Financial issues may be a top priority from Monday through Wednesday. Make a few phone calls and get what’s owed to you. Study on Thursday and Friday.

Libra (Sept. 23-Oct. 23). Finish old business on Monday so you can launch a new enterprise on Tuesday or Wednesday. Completion’s OK this week; innovation’s risky. Look for ways to make more money on Thursday and Friday. This weekend could be hectic.

Scorpio (Oct. 24-Nov. 21). Connect with friends on Monday but save some time for yourself, too. Answer all those old messages on Tuesday and Wednesday and bring yourself up-to-date. You’re powerful and attractive on Thursday and Friday. You’ll get most of what you want. Get out there and find the bargains over the weekend.

Sagittarius (Nov. 22-Dec. 21). You’re concerned with home and family matters this week. Misunderstandings could come to the surface on Monday. Have friends over on Tuesday and Wednesday. You may be pressed to make some decisions on Thursday and Friday. Expect complications if you travel this weekend. Stay home with a favorite person instead.

Capricorn (Dec. 22-Jan. 19). Review what you already know and upgrade your skills. Travel could help you achieve your goals on Monday. Bake in the money on Tuesday and Wednesday by taking on more responsibility. Play with friends on Thursday and Friday. Finish up an old project over the weekend and drop a bad habit.

Aquarius (Jan. 20-Feb. 18). Gather up your money on Monday so you can make a down payment on a trip on Tuesday or Wednesday. Don’t be dismayed by a setback on Thursday or Friday. Try not to spend too much with friends over the weekend - even for a really good reason.

Pisces (Feb. 19-March 20). Monday’s good for planning with a partner. Get what you need on Tuesday and Wednesday. Travel looks good on Thursday and Friday. Just, go for it.

Campus Happenings

Afro-Caribbean Night Saturday

From 6 to 10 p.m. this Saturday night in the Mahogany Room there will be a night of food, fun, and culture with a special emphasis on the diversity of the African and Caribbean contributions to the larger American melting pot.

The event is sponsored by the West Indian-American Association of Greater Bridgeport (WIAAGB), The Caribbean Club, and the International/Multicultural Center.

Contact the WIAAGB at 380-8234 for tickets and for information. General admission is $5 and free for SHU students with ID.

Faculty-Student conversation on diversity

From 4 to 5:30 p.m. on Feb. 22 in the Faculty Lounge there will be an open moderated discussion on the issues of diversity at SHU.

All are welcome to attend to enjoy the challenges and opportunities that await.

This program is a part of a semester-long series of student forums on diversity. Sponsored by the Hershey Institute for Applied Ethics and the Diversity Committee of the Student Senate.

UMOJA Coffeehouse scheduled

On Feb. 24 at 7:30 p.m. in the Mahogany Room, the African dance troop “Practicing UMOJA” will present a one-hour show. Drop by to learn traditional dance steps, interact with the performers, and enjoy the special performance.

The event is sponsored by UMOJA of SHU. Call the International/Multicultural Center for location at 365-7614.

Admission is free for all SHU students with ID and $8 general admission.

-The compiled by Emily Houlihan
Weekly Spotlight

Mass media artist Cypher 5 comes to theater

By Brian Corasaniti
Co-Editor-in-Chief

Media Studies students and faculty were treated to a dynamic multimedia experience when sound and video performance artist Cypher 5, also known as Ryan Schoelerman, came to the Sacred Heart University theater last Friday.

Schoelerman was a former government operative who joined the Marine Corps when he was 18. He had a knack for deciphering audio signals and worked in that field during his time in the government.

"When you're fields like that, you're an American paid terrorist," said Schoelerman.

After leaving the Marines, he got into the DJ scene and continued his work with audio and video signals in his presentations. "I started mixing, plugging into mixing boards. That just fell into place. It just progressed along," said Schoelerman.

Schoelerman used scanners and antenna signals as samples for his show, at one point turning on the scanner and picking up communication from the Bridgeport Police Department. "A lot of it is just seeking the information that's already out there... You can literally make the airwaves speak and have a message," said Schoelerman.

The event was sponsored by Greg Golda's Democratic Technologies class and the Media Studies faculty. It was designed to stimulate and challenge the viewers.

"It was a lot of hands-on experience to be had in the logistical preparations and the actual execution of the show," said Golda.

"The show provided a learning experience for all of us too, not just the students. We experimented with some powerful images at the Cypher show, most of which we left up to luck. We were hoping for some juxtapositions that seemed surreal and would push the viewer to some kind of reflection," said Golda.

During the presentation, Schoelerman used his DJ equipment while a video display ran next to him.

Democratic Technologies student Keith Zdrojowy, wearing an all black outfit and a gas video recorded Schoelerman as he was operating the equipment, footage of which was also put on the video display.

Along with the live footage of Schoelerman, images of downtown Buffalo, N.Y., both Schoelerman and Golda's hometown, were shown.

Several television clips were also prominently featured, many of which were commercial.

"You'll have noticed the insertion of many images of commercials and print ads in the show accompanied by text messages. This was the height of our artistic collaboration," said Golda.

"I admire the work of artists like Barbara Kruger and Jenny Holzer and the Guerrilla Girls, so by appropriating their forms, which was appropriated from Madison Avenue advertising styles, I created a text component to the show that I hope was striking and thought-provoking," added Golda.

SHU Players' Weekly Spotlight

By Keith Zdrojowy
Staff Writer

In less than a week, you will be able to see the SHU Players' first production of the semester. Next week the SHU Players present "The Inner Circle; Changing Times."

The play is a part of AIDS Awareness Week, and, like most of the other events taking place next week, it is designed to inform and educate students about AIDS and its effect on everybody.

That's right, everybody. Most of us have been filled to the breaking point about what AIDS does to the body, how it attacks the immune system, leaving its victims weak and sick.

Instead, "The Inner Circle" focuses on the effects of AIDS not only on the people who are diagnosed with it, but also on the people in their lives.

Rather than focusing on the individual, the play deals with the group around the individual.

The play features a group of four friends in their senior year of high school, ready to make the jump into college. As a group, they vow that they will return from college every year for a reunion.

At the time, the plan sounds great, but what about when something goes wrong? For this group of four, the world around them crumbled when one of them becomes HIV positive.

As each of her friends finds out, we see how they handle it. One of them runs, another stays close, while the third is scared.

In comparison with last year's AIDS play, Lee-Ann Gali said, "This one is a lot more realistic, unlike last year's, which was more of an after-school special."

Many SHU Players agreed, saying, "Last year's play was a rats sheet, just telling you the facts," and "This year's play is something that could really happen."

Showtimes for the play are 3:30 p.m. on Monday, Feb. 21, 9:30 a.m. on Tuesday and during the convocation hour (2:00 p.m.) and again at 8 p.m. on Wednesday.

I hope to see you there, but whether you go or not, just ask yourself this question: What would you do if your best friend got AIDS?

Commentary

"Stab 3" just for laughs

By Frances Moore
A&E Editor

Perhaps the biggest surprise about Wes Craven's latest film, "Scream 3," is that it's actually entertaining.

Now, if you are looking for a heart-pounding thriller, much like the first two films, you will be disappointed. Instead, "Scream 3" calls attention to itself as a trilogy, as a spectacle and as a film. It is not meant to be taken seriously. The film constantly makes fun of itself, and of films of its kind.

Courtney Cox-Arquette, Neve Campbell and David Arquette all return, and added to them is a cast of characters who play Cox-Arquette's, Campbell's and Arquette's characters in the film within the film. Here's the basic plot: Sidney (Campbell), haunted by the traumatic events in her life, is living as a recluse somewhere in the forests of California. For a time, only two people know of her whereabouts: her dad and her friend Dewey (Scoot Foley, Liev Schreiber and Parker Posey, and there are tons of cameo appearances by other stars.

In terms of horror, the film fails miserably. But I do not think that it was Craven's intention to produce a scary film.

Had he attempted to do that, he would have had to compete with the success of his own original "Scream."

Instead, he chose to change the genre of the film, and produce a work that contains a few jumps and surprises, a little blood, but is an innovative approach to making the third film into a series.

The main weakness in Craven's film is the ending. It is far less surprising than the endings of the first two, but entertaining nonetheless. You will be disappointed if you are looking for a thriller, and if you take the film seriously, you will hate it.

If, however, you choose to recognize the films as a creative, self-reflective farce, you will find yourself laughing right along with Craven and his cast.

It is not easy to make each part of a trilogy a box-office success. By changing the focus and aim of his film, Craven has succeeded in doing just that.

And though this has been touted as the "final act" of the "Scream" films, the end of the film leaves the door open, literally, for yet another sequel.
Enrique Iglesias is no longer living in the shadow of his famous father, Latin legend Julio Iglesias. Enrique is on his way to becoming a household name, with the success of his single "Bailamos," which was featured in the 1999 Will Smith film, "Wild Wild West." In this, his self-titled fourth album, "Enrique," he is part of a growing number of Latin artists being lured into a cross-market, with Jennifer Lopez, Ricky Martin and Marc Anthony leading the way.

Laurie Russo, a writer from "La Ritmo"—Latin American Rhythm Magazine, explained that "Enrique" is an eclectic mix of dance tunes, romantic ballads and, of course, a pop album staple "Could I Have This Kiss Forever," the duet with diva Whitney Houston.

Of all of these qualities "make this album a hit," said Russo. As of February 24, has recorded three albums in only three years, which have, to-date, sold more than 13 million copies worldwide.

Russo continued to explain that "I Have Always Loved You" did not have an effective without that desperate, heart-spark that makes his voice famous, and makes him a magnet for screaming girls. Enrique's bilingual exploration of the music scene brings together a wonderful mix of two worlds.

Gabrielle Schaefer, a writer for Rolling Stone Magazine, explains that Enrique was reluctant to record entirely in English.

In his interview with Schaefer, Enrique said, "I must remember something...what got me here was Spanish." Enrique need not worry about losing his Latin accent.

"Mas Sin Ti." "Mas Es Amar" and "No Puedo Ver" in Spanish ("Ritmo Total," "Mas Es Amar" and "No Puedo Ver" in Spanish). Enrique's bilingual exploration of the music scene brings together a wonderful mix of two worlds. Although he is famous, he is a great deal of resentment about his father's abandonment, and a great deal of guilt about her. His rhythms just make me want to dance. His voice can ignite every flame of passion within you.

Enrique Iglesias' latest album, "Enrique," please critics and fans alike.

Enrique is traveling in circles, he knows of romance, dance and pure fantasy. His emotion and words will make you lose yourself in his music.

Another fan from Sacred Heart, Maria Agado, a sophomore from Meriden, Conn., said, "His rhythms just make me want to dance. He is so much better than Ricky Martin."

Enrique's latest album "Enrique" is an album that would bring passion back into anyone's life, whether it be around Valentine's day, or maybe just that spring feeling. His voice can ignite every flame of passion within you.

Commentary

Through Irish connections, he is able to get a job cleaning hotel rooms, working on the docks and other laborious jobs, all the while dreaming of going to college and getting an education.

McCourt openly shares his embarrassment, his insecurity and his emotions with the reader. One cannot help but feel empathetic toward McCourt.

After serving the United States in the Air Force, he finds a way to attend college, despite the lack of a high school education.

He overcomes the odds, defies his peers and, more significantly, his mother, becomes a teacher and marries a protestant girl from Rhode Island.

He learned how to play classical music by reading and he learned how to play jazz by listening.

Throughout his career, Onaje has made dazzlingly beautiful music as a composer, arranger, producer and keyboardist with his awe-inspiring array of talent.

His resume bulges with contributions to works by artists as diverse as Phyllis Hyman, Kevin Eubanks, Wynton Marsalis, "The Boys' Choir of Harlem, Angela Bofill and T.S. Monk. A musician's musician, Onaje has worked much of his magic in the shadows.

Among his critically acclaimed albums are "Onaje," "That Special Part Of Me," "Dare To Dream" and "Remember Their Innocence." Onaje is truly a gentle giant of defiance who thoroughly represents a level of artistry too long absent from radio air waves that reach the general public...a populace sadly and swiftly forgetting the sound of a fully nourished song.

Tickets for this event are $30, which includes a full evening of jazz, plus a three-course buffet.

For more information, contact the box office at 325-4466.

Comedian tonight at the Outpost

The Center for the Performing Arts at Sacred Heart will present the Duquesne University "Tamburitzans," a world-acclaimed performing troupe. They will be presenting music and dances from Eastern Europe at 3 p.m. on Sunday, Feb. 20. Tickets range from $18-20. For more information, contact the theater box office at 374-2777.

Commuter Council BINGO today!

The Commuter Council is sponsoring BINGO today! The event is open to all students and will be held this afternoon in the Hawley Lounge. The event will begin at 12:30 p.m. The event provides the opportunity to meet new people, and to win certificates to Carl's Jr., Old Navy, and much more. The event is also sponsored by Tracy Luzzo.
**Sports Schedule**

**Feb. 17 to Feb. 24**

**Thursday**

Men's basketball vs. MT. St. Mary's College
7:00 p.m.

**Sunday**

Women's ice hockey vs. Mass. Institute of Technology
3:00 p.m.

**Friday**

Men's ice hockey vs. Bentley College
7:30 p.m.

**Saturday**

Women's basketball vs. UMBC
2:00 p.m.

**Men's basketball vs. UMBC**
4:00 p.m.

**Women's ice hockey vs. Amherst College**
3:00 p.m.

**Men's ice hockey @ Bentley College**
7:30 p.m.

**U.S. Women's Wrestling Association looking for a few good women**

By Kelly-Anne Franklin

Sports Editor

No, ladies and gentlemen, this is not about professional wrestling and women entering into it much more so than they are now.

No, it is not a joke either. Recently this information passed across the sports desk at the Spectrum.

The United States Women's Wrestling Association will be hosting its first annual Women's National Collegiate Wrestling Championships (Polo-style) on March 25-26 at Lake Orion High School in Lake Orion, Michigan.

There will be competition in four divisions including Elementary Age for girls in grades K-5, and the Collegiate Women's Open.

This is in conjunction with the USGWA's third annual national championships for girls. The event is open to any female wrestler who is age 18 or older.

Currently, there are only three colleges in the country that have women's varsity wrestling programs. Missouri Valley College, Minnesota Morris, and Cumberland College in Kentucky.

Elmhurst College and Knox College, both in Illinois have a female on their roster. Several other colleges and universities have or have had, or are rumored to be starting women's clubs presently or in the near future.

They are Harvard, Boston University, New York University, Messiah, Juniata, Cal-State Bakersfield.

The USWWA Director, Kent Bailo has sent a copy of a letter to every college in the country that has a men's collegiate wrestling team.

The letter reads: "This is in the hopes that he will reach any college-aged women that either want to continue to wrestle, have a desire to wrestle, or who have some type of wrestling experience on either a high school, junior high, or club level that would like to continue their wrestling career.

Nowadays, there aren't too many places a woman is able to participate on a wrestling team, unless she is willing to work with the men on their level.

Ballio feels that by getting the information out will not only help the women develop their own programs, but also improve upon and create more opportunities for the men as well.

According to the letter, in the 1970's there were over 700 collegiate men's wrestling teams in this country. Now, there are less than 300. Bailio feels that by helping women athletes they can help men's programs.

Bailo can be reached by phone at (248) 677-8006, or E-mail him at kbailo@tir.com.

The web site for the Association is www.usgwa.com.

**Streak: Women's hoops keep on fighting**

Continued from page 12

"I thought we showed a lot of character, we lost those games early in the year." - Swanson's crew came out on fire in the first half, throwing up 14 shots from behind the 3-point arc, not too characteristic of the team.

But only five of those went in, and no Pioneer reached the foul line in the opening 20 minutes. "That's not really by design," Swanson said. "We really want to try to get, you know, in the first half, we didn't get to the foul line, which is key I think when you're struggling offensively." Thankfully the second half was a much stronger showing for the women.

The team defense managed to hold Lehigh to a measly 32 percent shooting in the second half. In fact, Lehigh went through four possessions without sinking a shoting.

Plus, four Pioneer shooters went to the line to sink 7-of-11 to win the game.

Yablonski was key for the team in the final minutes. Up 61-59 with 30 seconds left in the game, Yablonski and company forced Lehigh to run the shot clock down to just two seconds left.

Pulling down a defensive rebound, a Mountain Hawk player was forced to foul Yablonski to stop the clock.

In the final seconds of the game, Yablonski sank three of her four to keep the Pioneers ahead for good.

The team will host UMBC 2:00 p.m. Saturday in the William II Pitt Center in the first half of the men's women's doubleheader. The men will also be taking on UMBC.

**Records: Men and women both bring home indoor championships for track team**

Continued from page 12

Sophomore Katie Rooney took second place in the weight throw, junior Laianne Centrella also finished in second in the 1500 meter racewalk. The distance medley relay team, consisting of freshmen Mary Rustico and Erica Sullivan, seniors Heather Heath and Michelle Weslowski also finished in second.

The men's team broke just as many school records. Sophomore John Sakowich broke his own school record in the 200 meter run (22.96) and the latter in the day assisted the 4x400 meter relay team in winning plus breaking the school record (3:25.00).

Sakowich also managed to place third in the 400 meter run, which was his personal best time and allowed him to also be automatically qualified for New England's.

"John Sakowich ran an unbelievable triple, with very little rest in between each event," Morrison said. "He's quietly becoming one of the top performers in our program this year."

The record-breaking relay team consisted of freshmen Dean Hanafia and Dan Kennedy, and sophomore Tony DiCorber. Other school records were set by sophomore Shamar Drew in the 55 meter dash (6.67) and Hanafia in the 800 meter run (2:00.76).

There were plenty of other wins earned by the men.

Sophomore Gaetano Marra won the high jump with a leap of 6'5", while senior Nick Dmytrow won the 3000 meter racewalk. The men's distance medley team also won the meet. The team consisted of senior Ed Mahoney, sophomore Tom Daly, and juniors Andy Erhardt and Chris Eaton.

Morrison was impressed with the men's superior performances.

"A lot of different guys came up with clutch performances when we needed them," Morrison said. "We were able to pull ahead in the end."

**ACL injuries too common**

Special to the Spectrum

In the past, tears of the anterior cruciate ligament, or ACL, almost always signaled the end of a career for the college or professional athlete, especially one engaged in contact and collision sports such as football and basketball.

However, recent surgical and rehabilitation techniques have given hope to athletes with this all too common injury.

The knee joint is held together with four ligaments connecting the femur to the tibia and allow the knee to flex and twist while preventing excessive front-to-back and twisting motions between the two bones.

The ACL ruptures suddenly almost always, and the tears are not the result of repeated pounding. Some occur during a collision of from a direct blow. Most often, the injury occurs when a player plants or pushes off with the knee bent or in neutral. Professional basketball players Danny Manning and Ron Harper tore their ACL's several years ago while they were going for uncontested lay-ups.

Recent advances in surgical techniques used to repair the torn ligament have now made it possible for many professional athletes to return to high level of play.

Bernard King was the first NBA player to tear his ACL and return to almost the same performance level after his 1985 surgery. Manning, Harper and the rest have successfully come back.

See Surgery, Page 11

Knee injuries like this one can be surgically mended much more effectively nowadays.
SHU Athlete of the Week

By Kelly-Ann Franklin
Sports Editor

Let's face it, today's professional athlete has got it made. I mean, c'mon, who would've thought someone would be making $10 million for the next three years? (well, some of us just have to settle for less...a lot less)

In fact, today's college athletes are tempted continuously by offers of "extra benefits." Apparently what exactly qualifies as an extra benefit is means for some confusion. And some rule infractions.

Student athletes must sign a waiver when they arrive on campus that says they haven't jeopardized their amateur status by receiving extra benefits before the college level. So, what gives? St. John's, Michigan, UCLA, Oklahoma State and Missouri all have last players to suspensions of various lengths due to infractions involving extra benefits.

Obviously, athletes don't have any clue about what exactly falls into the benefit category. Andre Williams of Oklahoma State was suspended for five games for having his tuition paid for by Kansas City-based benefactor Tom Grimm.

Hmmm... Does it take a physics major to figure out that one out? According to the rules, if the player's relationship with a benefactor started when the player was seven or eight years old and the benefactor provided minor assistance, like taking him to the movies or buying him ice cream, then the relationship is allowed to move successfully without interruption.

With the help of an anthroposcope and a small needle incision, the surgery helps the tendon take the place of the missing ACL and returns stability to the knee joint.

Because the composition of the patellar tendon graft is not exactly the same as the injured ligament, it is unlikely the knee will return to pre-injury strength.

Some players choose to avoid surgery, opting instead to strengthen the leg through rehabilitation exercises. Sean Elliott of the San Antonio Spurs injured his knee when he was 14 and has since competed successfully without surgery.

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SHU Athlete of the Week

By Kelly-Ann Franklin
Sports Editor

Let's face it, today's professional athlete has got it made. I mean, c'mon, who would've thought someone would be making $10 million for the next three years? (well, some of us just have to settle for less...a lot less)

In fact, today's college athletes are tempted continuously by offers of "extra benefits." Apparently what exactly qualifies as an extra benefit is means for some confusion. And some rule infractions.

Student athletes must sign a waiver when they arrive on campus that says they haven't jeopardized their amateur status by receiving extra benefits before the college level. So, what gives? St. John's, Michigan, UCLA, Oklahoma State and Missouri all have last players to suspensions of various lengths due to infractions involving extra benefits.

Obviously, athletes don't have any clue about what exactly falls into the benefit category. Andre Williams of Oklahoma State was suspended for five games for having his tuition paid for by Kansas City-based benefactor Tom Grimm.

Hmmm... Does it take a physics major to figure out that one out? According to the rules, if the player's relationship with a benefactor started when the player was seven or eight years old and the benefactor provided minor assistance, like taking him to the movies or buying him ice cream, then the relationship is allowed to move successfully without interruption.

With the help of an anthroposcope and a small needle incision, the surgery helps the tendon take the place of the missing ACL and returns stability to the knee joint.

Because the composition of the patellar tendon graft is not exactly the same as the injured ligament, it is unlikely the knee will return to pre-injury strength.

Some players choose to avoid surgery, opting instead to strengthen the leg through rehabilitation exercises. Sean Elliott of the San Antonio Spurs injured his knee when he was 14 and has since competed successfully without surgery.

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www.StudentCity.com
Robert Morris should consider itself lucky. The SHU women's basketball team committed 23 turnovers in its 58-55 loss to them over the weekend.

What's more disappointing for the SHU team is that its school-record tying six game-winning streak was stopped because of that loss.

Also with the loss, the women drop into a fourth place tie with Wagner in the Northeast Conference (NEC), just one-half game behind Monmouth. Sophomore Leslie Newhard, who has been sidelined with a knee injury, played 18 minutes against Robert Morris and scored seven points.

The loss comes after an exciting finish to a scrappy game against Lehigh University.

Following up its win over Long Island University, the women's basketball team host- ed Lehigh last weekend in what might possibly be considered as one of the ugliest this season.

Men and women's track win big at CTC indoor championships in NYC

By Emily Greenough
Staff Writer
The indoor track and field teams are at it again. Both the men's and women's teams won the Collegiate Track Conference (CTC) indoor championships last weekend.

The meet was held at the Armory Track & Field Center in New York City.

The women's team had no problem beating five other teams with a score of 129 points, which was almost double that of second place team, St. Peter's College, which had just 67 points.

The men's team also blew away its competition.

With 134 points, the team won the indoor CTC's for the second year in a row.

For the women, along with several first place individual finishes, managed to break four school records.

Junior Brandi Blevins won both the shot put (40’9”) and the weight throw (46’1/2”). Blevins is automatically qualified for the New England championships in both events.

Junior Heather Stockton broke another school record this week, this time in the 5000 meter run, with a time of 18:19. This finishing time demolished former student Carrie Demigian's record of 18:34 by 15 seconds. Stockton is now automatically qualified for New England's in the 5000 meter race.

"Heather is in the best shape of her life right now," coach Christian Morrison said. "I wouldn't be surprised to see a new school record every time she races this season."

Stockton isn't the only one in great shape. Junior co-captain Michele Shawah managed to win the triple jump, place third in the long jump, and break her own school record in the 55 meter hurdles. Shawah has met the qualifying standards for New England's in both the triple jump and 55 meter hurdles.

School records were also broken by sophomore Heidi Cheever in the 400 meter run and Kendalle Brown in the 200 meter dash.

A second place finisher was freshman Jacqueline Beaulieu in the high jump and the 500 meter run.

See Records, Page 10

By Ed Bourget
Staff Writer

Despite scoring five goals over the weekend, the SHU men's ice hockey team couldn't come up with a win, tying and losing to first place Quinnipiac.

Last Friday, the ice men skated to the 5-5 tie with the Braves, but couldn't come up with a goal on Saturday, dropping the game 2-0. Before Saturday's game, the men held an eight game unbeaten streak. Now, they are 13-11-3 in the league.

The team earned one point on the weekend, but Canisius won both of their games to move them into third place. SHU is currently fourth in the Metro Atlantic Athletic Conference, and playing its best hockey of the season.

"This weekend proved that we're right there with Quinnipiac as a league power," coach Shaun Hamah said.

Jumping out of the gates early in Friday's game, the Pioneers took a 4-0 lead after just the first period. Paul Adimondo tipped in a Les Hrapchak shot past the Braves' goaltender to open the scoring.

The team rallied to score three more that period when Chris Mokos, Lloyd Marks, and Martin Paquet all lit the lamp. Up to Lehigh and win.

Freshman center Tara Brady got things started for the Pioneers, using all of the shot clock for the first possession of the second half.

Later during that same stretch, senior Dawn Werner found Brady down under the basket where she not only hit the easy jumper in the paint, but was fouled as well.

Sacreed Heart wasn't able to take the lead until freshman Ashley Durmer got things going.

After freshman Brooke Rutnik hit a pair of buckets, Durmer took things into her own hands, launching back to bring the team within four.

With 3:32 on the clock, Durmer let loose another three, but kept the possession alive by chasing down the rebound across court and kicking it down to senior Heather Yablonski who laid it up and in.

"They (Lehigh) had 36 at the half," Swanson said. "That's too many. We can't win games if they're gonna get 36 in both halves."

See Streak, Page 10

The men's ice hockey team is in fourth place in the Metro Atlantic Athletic Conference.

Men's hockey strong in losing effort

Quinnipiac scored two goals in the second period, but the Pioneers still had the 4-2 advantage heading into the final period.

Senior captain Derek Young padded the lead 5-2 when he ripped a slapshot from behind the blue line to beat the goalie.

Quinnipiac demonstrated why they are the first place team, trying to score three goals in the final 10 minutes to tie the game. The teams then played five minutes of scoreless overtime, earning both teams one point.

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