Thousands pack gym for McCain

By Matt Duda
Co-Editor-In-Chief

More than 2,500 people filled Sacred Heart's old gym March 3 to rally for Republican Presidential candidate Senator John McCain.

McCain arrived over an hour late to the 6:30 scheduled start, but that did little to ease the crowd's excitement.

McCain was introduced by Sacred Heart President Dr. Anthony Cemera and was given a sweatshirt from Student Government President Jason Stattery and SHU College

SHU moves ‘Beyond February’

By Emily M. Houlihan
Staff Writer

The International and Multicultural Center is making diversity and cultural awareness part of everyday life with their new program, Beyond February. Beyond February is designed to expose all cultures making the student body more aware and alert about cultural differences.

"We wanted to promote cultural diversity on a year round basis. It should not be limited to just one month," said Grace Linn, director of International and Multicultural

New professor brings energy to media studies

By Terry Heyhal
Contributing Writer

Before class begins, James Castonguay enters the media studies room wearing a button down shirt layered with a sweater.

Castonguay immediately begins discussing media issues with students to help them with their papers.

During class, Castonguay energetically paces back and forth in front of the classroom impacting media knowledge to his students. Then he quickly moves to the black board to jot down important information.

James Castonguay

Castonguay, assistant professor of media studies, helps students produce opinions. But, he also influences the media world outside the classroom through the internet.

I thought that I could be somebody to bring a lot of voices together through web boards," said Castonguay. "The motivation was to create a more democratic media culture."

According to one of his colleagues, Castonguay impacts the media studies faculty.

"He's very energetic, very enthusiastic, and as the coordinator chair of the media studies program, he's always willing to listen to us and take action on what we need," said Debbie Danowski, assistant professor of media studies.

Diversity is a topic that

SHU mourns the loss of student who died last week

Brian Wilderman, a first year student from New Canaan, died on March 6. A Mass of Christian Burial was held at St. Aloysius Church in New Canaan at 10:00 AM on March 10.

Wilderman was a member of the wrestling team who transferred to SHU this year from the University of Maryland. He was also a state champion wrestler for New Canaan High School.
News Briefs

Humorist coming to SHU at end of month

The Council of Graduate Students is sponsoring an evening with Sr. Anne Bryan Smollin, Humorist, for the entire Sacred Heart Community, graduates, undergraduates and faculty on March 31. The event will be held at 7:30 in the Mahogany Room. Her topic will be "Joy and Laughter-Gifts to Ourselves and Others."

First Alumni-Corporate Award given out

American Skandia President and CEO Jan Crenti received the first ever Alumni-Corporate Recognition Award from Sacred Heart University on March 9.

The event was held at a special luncheon at American Skandia's headquarters in Shelton. The award included a photo of University alumni and student employees of American Skandia and came with a pledge of even closer ties between the university and the corporation.

In February, 1999, Crenti received an honorary Doctorate of Human Letters from SHU. Such a degree is the highest accolade an institution of higher learning can bestow, according to Anthony Cemera, SHU president.

Tale of Two Cities starting next Wednesday

The Sacred Heart Student Theater will be presenting Charles Dicken's "A Tale of Two Cities" beginning next Wednesday and running through Sunday.

The Wednesday performance at 8 p.m. is Student Appreciation Night and will be free to all SHU students. The Thursday through Saturday performances are at 8 p.m. and the Sunday performance is at p.m. Tickets are $5 for students and seniors and $10 general admission.

Compiled by Brian Corasaniti

Campus activism growing

By Andrea Robinson
Knight-Ridder Tribune

After decades of dormancy, a breeze of black student activism is stirring on college campuses -- strengthened and sharply focused by a series of emotional civil rights disputes.

The evidence includes mass protests, but also subtle shifts -- for example, more serious talk and less play during February's Black History Month, and a national sprinkling of eight new campus NAACP chapters. The activity has impressed college professors and elder activists, surprised by fresh recruits.

"I've been excited about the students," said Marvin Dawkins, director of the Black Studies program at the University of Miami. "I see a generation that appears to be moving away from the "me-ness."

Black students have assigned themselves a major role in the protest sparked by Gov. Jeb Bush's One Florida Initiative, which is culminating in a march on Tallahassee Tuesday led by the Rev. Jesse Jackson.

Almost 2,000 Florida A&M University students marched from campus to the Capitol last month in a spontaneous One Florida protest. During a One Florida hearing in Tampa, students from Hillsborough Community College and the University of South Florida attended in droves. And black female law students at the University of Florida have teamed with the National Organization for Women to spread information about One Florida.

There have been other triggers: concern over a referendum campaign brought to Florida by California businessman Ward Connerly to end affirmative action, a state school-voucher plan and vacuuming students complaints of bias in Daytona Beach and a hotel there.

"This generation grew up without having to do active struggle," said Professor Carole Boyce Davies, director of the African/New World studies program at Florida International University. "They feel shocked that some things they see as normal are being taken away."

That notion of imperiled rights inspired students Lisa Dunn and classmate Willie Smith to restart a long-dormant NAACP campus chapter at Florida Memorial College in northwest Miami-Dade. A chapter also is being organized at FIU, and other inquiries have come from Miami-Dade Community College and UM.

Less than 10 years ago, the national NAACP was fighting just to survive.

A former president had been fired for allegedly mishandling funds to settle a sexual harassment complaint. At the same time, the organization faced a $4.9 million deficit, and a power struggle divided board members.

Those old troubles mean little, however, to students like Dunn, a 24-year-old freshman psychology major, who says American civil rights were not even a part of her upbringing, nor a part of her Jamaican parent's background.

Dunn and Smith spend most mornings hitting freshman classes at Florida Memorial, passing out literature about the NAACP, affirmative action and the One Florida Initiative. So far, about 10 students have signed up for the new chapter.

Until recently, students weren't buying it. "This generation hasn't been participating in the political process," says Shirley Johnson, an educator who works with young NAACP members locally. "During the civil rights movement, everything was about action."

Then, on Jan. 17, two young black legislators, Sen. Kendrick Meek, who works with young NAACP members locally. "During the civil rights movement, everything was about action."

Afterward, hundreds of students called the Miami-Dade and Fort Lauderdale branches for membership information.

"Young people are finding activism is a thing to do," said former state NAACP President Leon Russell of Tampa.
Senate approves student loan tax benefits, President Clinton likely to veto the bill

TMS Campus

The Senate approved a $43 billion spending package that includes tax benefits for people paying back student loans, parents saving money for college and workers who take graduate-level courses paid by their employers.

Before approving the bill with a 61-37 vote, senators also adopted an amendment allowing AmeriCorps participants to exempt from their taxable income any education awards received from the national service program.

Though many higher education proponents support the bill, President Clinton is likely to veto it for reasons unrelated to the higher-education tax breaks. Clinton opposes the legislation because it also includes a controversial provision on education savings accounts. Education Secretary Richard Riley said last month would offer "little or no practical benefit" to students in public schools.

The proposed benefits would raise the annual limit on how much a family can contribute to education savings accounts. They also would eliminate taxes on all interest earned on money in state-sponsored savings or pre-paid tuition programs and abolish a 60-month limit on how long interest on student loans can be deducted from taxable income.

Continued from page 1

"Diversity in itself implies understanding and promoting cultural programs help this," said Brian Stiltner, assistant professor of cultural studies.

He added that understanding is not a goal you arrive at, rather it is accepting diversity, thinking, talking, and celebrating each other's cultures and cultures program helps grow.

"Beyond February will create a focus," said Lim. She pointed out that just as Martin Luther King Jr. believed that understanding and promoting diversity: New series going year round Castonguay: Energizes media studies dept.

Continued from page 1

"I was very involved with not really telling students how to think and try to get them to engage and come up with their own opinions," said Castonguay.

The internet can bring ideas and groups together differently than other media, said Castonguay.

"I really an ethically, politically, spiritually committed to trying to use a mass medium for other cultures brings about knowledge and awareness. This focus of Beyond February will make SHU stand out as not just an educational institution but also as a cultural center of diversity, added Lim.

As the year continues, Beyond February will enable students, faculty, and staff the opportunity to celebrate cultures, art, music, and the understanding of community.

"Piece by piece we are working very hard to make cultural awareness a day by day program," said Lim. "Our students need to get this opportunity.

Lim continued to say that the potential is definitely there to make our community culturally aware of the differences each person on this campus fields.

The challenges for any program, Lim said, is that it is hard to bring students out especially if they are not familiar with a different culture.

People make presumptions, "Some are afraid of saying the wrong thing to someone of a different culture. All students should be able to connect with all different nationalities and cultures," said Stiltner.

The SHU celebration of different cultures, religions and art are a heritage of putting the student body, Stiltner added.

Beyond February's next program will be the International Festival on March 16.

Public Safety Releases

Incident report from Feb. 10 to Feb. 18

Feb. 10: 8:27 a.m.- Staff member reported the theft of her wallet from her unsecured office in the Administration Building. Fairfield Police were called and responded.

2:07 p.m.- East Hall resident reported she has been receiving harassing telephone calls at her home and school residence. Public Safety responded and investigated.

6:10 p.m.- Public Safety Officer reported the mailroom doors were broken. The Public Safety officer secured the area. Further medical attention was declined.

7:50 p.m.- Pint Center member reported the theft of money from his wallet while working out in the Fitness Center. The wallet was later recovered in a locker. Public Safety responded and investigated.

Feb. 11: 1:43 a.m.- South Hall Residential Life staff member reported there was a fight on the fifth floor. Public Safety and Residential Life staff members responded and investigated.

1:57 a.m.- West Hall, fourth floor fire alarm; activated by discharged extinguishers.

4:40 a.m.- East Hall resident became ill, Public Safety responded and investigated. Further medical attention was declined.

8:08 a.m.- Staff Member reported he had been verbally harassed by an ex-staff member. Fairfield Police were called and responded.

11:04 p.m.- Public Safety Officer observed several Parkridge residents drinking large amounts of alcoholic beverages in their hands. Public Safety and Residential Life staff members investigated. Form completed and sent to the Dean and Residential Life.

Feb. 12: 10:36 a.m.- Public Safety Officer reported a cheerleader competing in an outside cheerleading competition fell and hit her head. 911 was called and responded. The cheerleader was transported to the hospital via ambulance.

Feb. 13: 5:05 a.m.- South Hall resident reported her boyfriend became ill. Public Safety responded and investigated. A friend transported him to the hospital.

6:13 p.m.- East Hall resident reported the theft of his laptop computer from his room. Bridgeport Police were called and responded.

11:01 p.m.- Land and Sea monitoring systems called and reported they received an alarm activation for the Park Avenue House. Fairfield Police were called and responded.

11:31 p.m.- West Hall Residential Life staff member reported a resident became ill. Public Safety responded and investigated. Further medical assistance was declined.

Feb. 14: 9:56 a.m.- Staff member reported there was a strong gas odor in the Main Academic Building. 911 called and responded. A Buildings and Grounds employee was working in the maintenance garage causing the fumes to flow through the vent system.

3:37 p.m.- Public Safety Officer reported a minor motor vehicle accident had occurred in the North Parking Lot; no injuries. Fairfield Police were called and responded.

Feb. 15: 2:27 a.m.- West Hall, sixth floor fire alarm; no problems found.

12:07 p.m.- Staff member reported he backed into a light pole with a Buildings and Grounds truck, while sanding the sidewalk near the Main Academic Building and the Quad area. Public Safety responded and investigated.

Feb. 16: 4:00 a.m.- South Hall resident reported someone placed a water filled trash can against his door causing a flood in his room. Public Safety responded and investigated. Buildings and Grounds notified to clean the room.

Feb. 17: 3:13 p.m.- West Hall Residential Life staff member reported a student was consuming alcohol in her room. Public Safety responded and investigated. Form completed and sent to the Dean and Residential Life.

Feb. 18: 11:01 a.m.- West Hall, fourth floor fire alarm; no problems found.

11:58 a.m.- West Hall resident reported she fell outside of West Hall due to inclement weather. Public Safety responded and investigated. Further medical assistance was declined.

12:06 p.m.- South Hall resident reported he gave another resident his tennis rackets to repair and the resident lost them.
Editorials

Midterm grades a poor representation of work

Along with Spring Break, this time of year also signifies the arrival of midterm grades for all students. After weeks of classes, the midterms are designed to give us an idea of how we're doing at this point in the semester so we have an idea of our progress so far.

The problem is they are a poor representation of the amount of work given to the students. Many classes have only a couple quizzes and maybe a midterm to judge grades, with several semester-long projects that won't be graded until the end of the semester.

Most faculty we talked to said SHU is the only college they've taught at that gives all students midterm grades. Some said other schools give midterms to freshmen only, but that's pretty much it and many said other colleges don't do midterms at all.

Our solution: Get rid of midterm grades. It will save busy work for the faculty, registrar and mail room who have to deal with processing the grades. If students are curious about their grades, they can see their professors personally and ask them.

Spring Break good time no matter what done

Well, hopefully our fellow students had a restful week off and are ready to get back to the grind for the latter half of the semester. Whether you went home, stayed here or went south of the border, the week off is a good time in the semester to catch up on sleep, catch up on work and to regain (or lose) your sanity after two months of work here at SHU.

While some might complain that the break seemed too short, keep in mind that we have another coming up in less than six weeks. That may seem like a long time, but at least we have another week together our thoughts before the end of the semester.

Many universities don't offer an Easter break and those that do only give long weekends to students for the most part. But we have the luxury of another week off to spend time with our family and to get away from the rigors of an SHU education for a second time during the semester.

We should take these breaks as opportunities to take a break from our weekly duties as academians and perhaps as opportunities to get ahead with some of the work the pursuit of higher education provides us. The opportunity to have a week of no classes at the tail end of the semester is one any student at a public university would kill for and we should take advantage of it.

John McCain the moral leader that Clinton is not

This deep down disgust loomed over the 2000 presidential primary process and produced an insurgent campaign that almost took down the establishment.

Two Friday's ago, straight talking Senator John, McCain visited this campus and delivered a speech to a crowd of well over 1,500 people in the old gym. He spoke about giving government back to the people and championing campaign finance as a pivotal issue. However, his campaign success had more to do with the man than the message.

McCain voters yearned for an executive with strong moral fiber to lead the country. If they traditionally leaned Republican they ignored his clearly conservative voting record in the Senate. If they traditionally leaned Democratic they ignored his campaign finance agenda and his tax plan. Issues for the most part were thrown out of the equation.

This phenomenon directly related to actions of the current occupant of the White House. In 1992 Bill Clinton ran a campaign with the single theme of, "It's the Economy, Stupid!" and has enjoyed high performance ratings related to the 1990's economic boom.

However if it were only the economy and issues related, that mattered to voters, then Al Gore would have no problem becoming the next president. The biography rallied voters to the side of "The Maverick" and came close to landing him a nomination. In 1992 and 1996 we have followed the Constitutional requirement of electing a president. Independent voters asked, "But when was the last time we had a leader."

When Clinton was smoking up in Moscow blasting our military involvement with Vietnam, McCain was getting his legs broken and face smashed by the Viet Cong. When Clinton artfully dodged his place in the draft, McCain, after spending five years in a brutal POW camp, refused early release. In a true national crisis who would you rather have leading you?

McCain will not be serving as our next president. His campaign was doomed because he shunned the conservative coalition of the Republican Party. And in the end he was running to be a rent occupant of the White House. In 1992 Bill Clinton was running to lead the country. If they mattered to voters, then Al Gore would have no problem becoming the next president.

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Lent, a 40-day period, when Catholics sacrifice indulgences or bad habits to the Lord, is in full swing.

Sounds like a perfect opportunity for Sacred Heart University to finally kick the asinine dry campus policy to the proverbial curb. I'm questioning the university's prohibition policy against legal adults.

Sacred Heart, when alcohol is not a student possession and consumption of alcohol in campus housing, doesn't mean I want to drink there. Imagine if our own beloved dean of students Larry Wielk arrived home late one night after a hectic day of meetings and felt like enjoying a cold one while watching SportsCenter. He walks into the kitchen while loosening his tie, opens the fridge and... hey... no beer!

But there's Mrs. Wielk, standing in the doorway with her arms folded. "There won't be any drinking in this house, Mister," she says. "And don't bother taking a bus to the bar, that kind of transportation isn't welcome here."

"Oh, and your friend's house party you hoped to go to next week? Sorry buster, you're not allowed."

"But Honey," the Dean might respond, "I just want to relax a bit. It's safer for me to have a nip or two in the house rather than drive to the Page."

But his arguing gets him nowhere.

It is time for the school to loosen its tie, open the doors and welcome beer lovers. Anyone who has been to Hawley Lounge, which is everyone I am sure, knows it is not well and good, but as far as student centers go, this is a joke. Hawley Lounge is not an adequate facility, and something needs to be done.

Imagine what it would be like for a moment if the Student Center were to be expanded the way I have it pictured.

The third area would be the lounge, with couches and a TV. The last would be the bookstore. This would open the old book store area for other purposes.

The second floor would be ringsed with offices along all four walls. There would be a catwalk along the front of all the offices and you would be able to look down on the first floor.

These offices would be reserved for student groups and clubs, providing an area for the meeting and organization of the clubs.

This may be a lofty idea, but one that should be addressed seriously. This would be good for the school, and I think the students would appreciate it.

Andrew Williams

Freshman

New campus student center needed

Anyone who has been to Hawley Lounge, which is everyone I am sure, knows it is not well and good, but as far as student centers go, this is a joke. Hawley Lounge is not an adequate facility, and something needs to be done.

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Freshman

The next day, the Dean's briefcase looks a bit heavier and making clinking noises when he walks.

I'd like to challenge our Student Government leaders to confront the administration on this policy. As elected representatives of the student body, it is their job to relay our opinions and demands to the administration.

Perhaps Student Government could offer a compromise. For example, the University of Massachusetts allows students to keep up to 24 individual beer containers in their living quarters.

That sounds like an acceptable trade-off. It would give students some freedom while keeping the campus alcohol flow under control.

Am I the only one who feels this way? Maybe, but the Spectrum is holding a contest to find out.

Are you a SHU student or faculty member age 21 or older that disagrees with the university's current alcohol policy? Prove it. Tell us in 200 words or less why you think this policy needs to change.

One lucky writer could win two free tickets to the May 9 taping of WWF SmackDown at the New Haven Coliseum.

No joke.

The top letters will be published in the Spectrum and the best of the bunch will earn the writer a chance to see The Rock and Triple H in person.

Make sure to sign your name, age, grade, phone number and address.

Feel free to submit letters to the Spectrum office or via electronic mail to dudam(at)sacred-heart.edu.

The contest runs between now and April 10.

March 16, 2000

www.shuspectrum.com

SHU Spectrum 5

Lay the SmackDown on SHU's dry campus

By Matt Duda

Dear the editor,

Long story short, a new campus student center is needed. And it needs to be big, it needs to be loud and it needs to be... dry.

Sacred Heart students and campus housing is in dire need of a new campus student center that would be the perfect oppor-

tunity for SHU to find out what it would be like to have a student center that was open 24 hours a day.

At the present time, Hawley Lounge, which is every student I am sure, knows it is not well and good, but as far as student centers go, this is a joke. Hawley Lounge is not an adequate facility, and something needs to be done.

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SG President, VP for Student Affairs, Class of 2001, 2002, 2003 president, vp, treasurer and secretary and senators:

Election packets available on March 15 in Hawley Lounge.

*Packets are due at 5 p.m. on March 29 in Hawley Lounge.

Voting will be on April 13 and 13.

*Any ?, stop by SG offices in Hawley Lounge.
In the middle of the night, you roll over and check your clock. The digits read 3:30 a.m. Hoping to get at least five hours of decent sleep, you nestle yourself into a comfortable position and fall back asleep. In what seems like hours, you wake up again and glance at the clock. It reads 3:35 a.m.

Seem like a familiar scenario?

A shortage of sleep is common among college students.

The days never seem to end and the nights seem as though they end as soon as your head grazes the pillow.

Sleep time is the most valuable time to the body. When the body is at rest it is only then that it can completely replenish itself.

At Sacred Heart, sleep deprivation is a major issue. All too often many students roll into class dressed in pajamas, sweat clothes and sometimes the clothes they fell asleep in. Students seem ill prepared for life's schedule. Unfortunately, they tend to leave out what is most needed; sleep.

Samuel Dunkell wrote in his book "Goodbye Insomnia, Hello Sleep" that "loss of sleep can be the result of either one, two, or a combination of three types of insomnia." These types include falling asleep, remaining asleep or waking too early in the morning.

"Determining the origin of sleep disorder will be the ultimate factor on how to treat the case," said Dunkell. According to Dunkell, to treat any case of insomnia you must first decide which of the three types are affecting you.

"I would be concerned whether the difficulty is falling asleep remaining asleep, or waking too early in the morning," said Dunkell.

"Insomnia is a daytime as well as a nighttime illness," said Dunkell. "I would check for any daytime fatigue, sleepiness, poor concentration, performance jitter, and whether such ancillary effects of chronic insomnia are irritability, moodiness and depression, headaches, or muscle aches are present."

Greg Cassano, a junior from Norwalk, said that often times he cannot sleep due to stress.

"I lay in my bed staring at the ceiling and I try to fall asleep, it just doesn't work," he said.

Peter Hauri researched and found that, "insomnia treatment is a custom made product, identifying the particular pattern of insomnia, its roots, and determining the specific ways to overcome it."

According to Hauri, there are several general techniques to help solve insomnia. Three basic concepts that every person should follow include reducing caffeine intake, limit alcohol consumption, and reduce the use of cigarettes.

"Typically, those who have a lot of caffeine in their diets have a nine percent higher metabolic rate both when awake and sleeping than the average person," said Michael Bonnet, a researcher with Dayton Hospital in Ohio. "The body is hyped up from the caffeine prohibiting the body from sleeping while the body is at rest."

Dennis Conway catches some shut eye for all to see in East Hall.

"In my introductory media studies classes we do a survey where the students write down how many hours they watch television," said Danowski. "Most students say they watch between one and three hours a day."

According to Danowski, students watch television in different ways.

"When TV is used as a relaxation, that is a very passive thing," says Danowski. "But, if it's a way the student can relate to, there is a lot of processing going on inside the student."

Labalme says although some television programs could be beneficial to learning, most shows are used as a form of entertainment and can pose no benefits to people who are viewing.

"Good programs do exist, but it's just that all TV watching is passive, sedentary and non-sexual," said Labalme.

Researchers say that violence in television has a particularly strong affect on society. Brian Bentekoe who teaches media literacy at the Kingston Collegiate and Vocational Institute said that there are an average of 25 to 27 acts of violence per hour on television.

"We can learn from shows that are violent with the consequences of acting that way," said Danowski.

According to a study done at Tulane University, most students feel that television is too superficial and serves no main purpose intellectually.

"Television culture is the scourge of our nation because nobody reads anymore," said Alex Wood, a sophomore. "You don't have to think to watch TV and most of the shows on TV don't make you think."
March 16, 2000

Search for your stars in this week’s horoscopes

By Linda Rock

TMS Campus

Aries (March 21-April 19)
The sun is in your sign now, so you’re looking better than ever! You can afford to compromise on Monday and Tuesday, and that makes you even more attractive. Be careful with money on Wednesday and Thursday, and you could make a shrewd deal. Around Friday, you should start thinking about sports and travel. If you’re going on a limb this weekend, take safety precautions.

Taurus (April 20-May 20)
This week, you’re liable to be contemplative and interested in finishing old business. Make your top priority on Monday and Tuesday.

Give your attention to a partner on Wednesday and Thursday, and you’ll most likely make a winning argument. Review your notes about a big purchase on Friday and get it over the weekend.

Gemini (May 21-June 21)
Monday and Tuesday should be a lot of fun. So many great invitations, so little time! Schedule some private time to contemplate your future on Wednesday, Thursday and Friday could be tough, but you should have most of the problems solved by this weekend.

Go ahead and fall in love again, then.

Cancer (June 22-July 22)
This week, push yourself to use your talents. On Monday and Tuesday, you have too much to do. Delegate. You’ll be more decisive on Wednesday and Thursday.

You may have help by then, too, which is good.

Paperwork dominates on Friday and Saturday. Get rid of accumulated junk this weekend by recycling as much as possible, of course.

Leo (July 23-Aug. 22)
You want to go someplace and have fun this week, but Monday’s not your best day to start. You may even have a breakdown on Tuesday and Wednesday.

Fix it on Thursday and Friday so you can get out of town as early as possible on Friday. Some-thing romantic would be perfect.

Virgo (Aug. 23-Sept. 22)
Money is important this week, especially on Monday and Tuesday. Look for ways to legally transform other people’s money into your own. Wednesday and Thursday are good days to study, so learn a new way to get rich. Somebody’s got to do it, might as well be you.

Finish up business on Friday and hide out at home for a low-key weekend.

Libra (Sept. 23-Oct. 23)
Partnerships are important to you this week, and you’re important to someone else too. You’re looking good on Monday, especially. On Tuesday and Wednesday, you’ll think more about practical matters, like how to get the money you want.

Creative work pays well on Thursday and Friday, so maybe you can afford an interesting excursion this weekend.

Scorpio (Oct. 24-Nov. 21)
You’ll work harder this week, so take care. You could get nervous on Monday, due to a perceived lack of control. Take care of paperwork on Tuesday, and you’ll feel much better.

You’ll come on strong Wednesday and Thursday.

much to your inner delight.

The money should come in on Friday, and that condition could extend through the weekend. So, if you can get overtime, take it!

Sagittarius (Nov. 22-Dec. 21)
You’re entering a fun four-week phase. Congratulations. You may have to pick and choose between engagements on Monday and Tuesday.

There are simply not enough hours in those days. Consider the bottom line on Wednesday and Thursday before you make some tough decisions on Friday. Over the weekend, get out and play where you have never gone before.

Capricorn (Dec. 22-Jan. 19)
You may decide to take on a big household project soon. Work requires your attention on Monday and Tuesday, though. Enroll a team for support on Wednesday and Thursday. You’re getting lock-er in romance around Friday.

Plan and prepare this weekend so you’re ready in launch early next week.

Aquarius (Jan. 20-Feb. 18)
This should be a good week for you to study. On Monday and Tuesday, your communication skills could be excellent. How about going back for another degree or credential?

From Wednesday through Friday, you may wish you already had it. Go out and see friends or study with friends this weekend. A team-style sport activity could be especially relaxing.

Pisces (Feb. 19-March 20)
Your confidence should be in good shape by now. So, go out and make a bunch of money.

On Monday and Tuesday, learn how to invest wisely.

You might have mechanical difficulties on Wednesday or Thursday, so watch out. By Friday, you should be able to win. Listen to an older person over the weekend, and you may find out how to win at a game you’ve been losing.

If you’re having birthday this week...

March 20: Focus on a partner or legal matter this week. What it’s done right, you’ll be more secure.

March 21: A partner brings you new ideas and friends, and you do the same for your partner. Use them to be a loner, now you’re a social butterfly.

March 22: Careful planning leads to shrewd moves this year. Curtail your spontaneity in favor of thorough research.

March 23: The pressure’s on this year. If you’re up to the challenge, security is your new best friend.

March 24: If you save up this year, you might be able to take your vacation. It means sticking to a budget.

March 25: You’re in for a transformation this year. Who do you want to be become? Where do you want to end up? A dream could help you decide.

March 26: Whatever you do this year, you may find the treasure you seek. It’s more likely wisdom than gold, but one could lead to the other.

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Lowest prices in the area. We will match any competitor’s prices!

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For our March

30 pack specials!

Must be 21 with a valid ID

Countryside Happenings

Australian Coffeeshouse tonight

Come and experience the finest in Australian cul­
ture tonight at 7:30 p.m. in the Faculty Lounge. Paul Taylor, an Australian storyteller, musician and traveler has worked with the Aboriginal people in Austra­lia’s far north. His concert, “Matilda and the Dreamtime” takes a look at the many faces of the Australian char­acter. The event also features the music of the Aboriginal didjeridoo instrument. Free for all SHU students with ID and $8 general admission.

International Festival 2000 tonight

The largest cultural exhibition at SHU will be from 1 to 7 p.m tonight from in the Old Gym. Travel around the world and experience different types of foreign culture. The event is sponsored by the International/Multicultural Center. For more information, call Tina Shah at 365-7614.

Professional Swing Dance performance

Come watch the Swing Professionals dance the night away tonight at 8:30 p.m. in the Pitt Center. The performance is free to all. Sponsored by the Ballroom Dance Club.

Free Swing Dance lessons

If you want to learn how to swing dance, there will be free lessons in the Pitt Center from March 23 to April 27. The lessons are sponsored by the Ballroom Dance Club. Call Kayleen for more details at 396-6164.

Ski and Snowboard club trip

This Sunday, the Ski and Snowboard Club is spon­soring a trip to Stratton. It is $25 for SHU students and $30 for all non-students. See Kerri Casella in Hawley Lounge.

Compiled by Mike Kuchar
Douglas’ Wonderful film

By Frances Moore
A&E Editor

Those who saw the preview for “Wonder Boys,” starring two-time Oscar-winner Michael Douglas, Toby Maguire, and Katie Holmes, probably assumed it was another version of the Oscar-winning “As Good as it Gets.”

True, it is about an aging man trying to find happiness in life, but the similarities end there.

Instead, “Wonder Boys,” which is based on a novel by Michael Chabon, is a wonderfully funny, witty and inspirational story of a successful writer who is attempting to finish his eagerly-awaited second novel.

Grady Tripp, played by Douglas, teaches at a prominent university in Philadelphia. His students adore him, but he is unsatisfied with the present condition of his life.

One student in particular, latches on to him, James Leer, played by Maguire.

Grady’s problems only start there. One night he attends a party, hosted by his chancello, Sara Gaskell, played by McDormand. The problem is that Grady, whose wife has left him just that morning, is having an affair with Sara, who is now pregnant.

Unfortunately for Grady, Sara is also married to the head of Grady’s department. Though the husband is not on to them, the couple’s blind dog is, and has a violent reaction whenever Grady is present.

During the party, Grady sneaks out to take a joint of marijuana, which he does throughout the majority of the movie, and runs into James. From that point, the film takes off.

So many events take place in this film it would be impossible to list them all.

I’ll just tell you that within the first night, the dog gets shot, Mr. Gaskell’s most prized memorabilia gets stolen and James has to be carried out of a bar.

With all of this going on in his life, Grady is moping around unshaven and looking down-trodden.

He is trying to end his second novel, which runs some 2,000 pages, and trying to establish a relationship with Sara, whom he loves.

Maguire plays the part of the misguided, dark and brooding writer, who is just starting out, but has already written a couple of novels. Together with Grady, they encounter all kinds of misadventures.

Others who star in the film are Robert Downey, Jr., who plays Grady’s sexually fluctuant editor, and Holmes, whose character is also a student of Grady’s, and who rents a room in Grady’s house. She is completely infatuated with him, and makes her move once the wife is out of the picture.

Rip Torn plays the part of “Q,” an amusingly pompous writer and friend of Grady’s.

The film is extremely well written, enormously funny and insightful.

Commentary


By Joseph J. Brigante
Contributing Writer

The two have a daughter named Helena.

One night, while the pair were high on marijuana, Alice tells her husband that she felt like giving up her husband, child and future for one night with a military officer whom she found engaging.

By the look on Bill’s face, we can see that he is not happy with the scenario. A moment later, however, Bill gets an emergency call from a patient and has to leave.

As he drives to the patient’s house, he cannot get the image of his wife and the officer out of his mind. He is aggravated and disgusted.

Instead of going to his patient’s house, Bill spends the remainder of the night roaming the streets of New York.

The dark streets, however, offer Bill other options to take his mind off his wife.

He encounters one of his patients, who makes a pass at him. The two almost engage in sexual intercourse, but it turns out that she is an HIV-positive prostitute. Bill escapes as she goes into a “private party.”

It seems as though every chance Bill got to take revenge on his wife, something was there to stop him.

Bill never had sex at any point in the film, despite the numerous times he was offered. He remained a loyal husband, father and doctor.

He was not meant to get involved in the cold, dark sexual world.

Kubrick is known for his use of sound and chilling scores, and this film delivers a simple, wonderful, yet chilling, score to add to the atmosphere of the film.

And he deserves a bonus for making London look like New York City.

Cruise and Kidman are outstanding, and hopefully Cruise will earn an Academy Award for his work.

A&E Briefs

Student Art Exhibit opens Sunday

The annual Student Art Exhibit will open at 1 p.m. this Sunday in the University’s Gallery of Contemporary Art. Student painters, illustrators and graphic designers will present their work in hopes of winning a Charles Plonin Art Scholarship. The Scholarships will be presented at 2 p.m., during the opening reception. For more information, contact Sophia Gevas or Jeffrey Smith at 365-7650.

Third Chemistry Seminar Tomorrow

The third Chemistry Seminar in a series will be held at 3 p.m. tomorrow in SC 203. The Sacred Heart Chemistry Department Faculty will present "Undergraduate Research Opportunities" for chemistry students who attend. The event is sponsored by the Department of Chemistry and the SHU Student Affiliate Chapter of the American Chemical Society.

Comedian and Academy Award winner Steven Wright takes the stage in Stamford.

To many, Wright is a prototype that many funny-men/women try to emulate. He is certainly one of the hottest acts to catch today. Area audiences will have an opportunity to catch Wright at Stamford’s Palace theater.

The evening, which is sponsored by the Guinness Bass Import Company, also includes a showing of his new short-film, “One Soldier.” The event will take place at 8 p.m. Saturday night.

Wright has expanded his comedy career to include comedy albums, film and television. He has been nominated for Grammys, but he won the Academy-Award for Best Short Film, for his “Appointments with Dennis Jennings.”

Tickets for this event are $28. For more information, contact the box office at 325-4466.

Compiled by Frances Moore

New to video and DVD: Stanley Kubrick’s ‘Eyes Wide Shut’

Director Stanley Kubrick’s final contribution to film world stars husband and wife team Nicole Kidman and Tom Cruise.
THE FINAL FOUR

Campus Life Leadership Awards 2000

Sacred Heart University

We are looking for nominations in each category from faculty, staff, administrators, and students. Four nominees will be chosen in each category by a selection committee chaired by AJ Persico, Director of Student Activities. The four nominees will be featured with their picture in the final issue of The Student Life. The winning nominees will be announced during the official Student Government elections on April 12 & 13, 2000. Please note that the last two years' recipients are ineligible for nomination.

Dr. Marian Calabro Outstanding Faculty Award
Named for Dr. Marian Calabro, who received this prestigious award for two consecutive years, it honors faculty who go above and beyond the call of duty. Although we have extremely dedicated faculty, the Outstanding Faculty Award was designed to honor one individual for his/her positive attitude and creative teaching style.

Last two years' recipients:
Joe Matti, Mathematics Professor & Tom Hicks, Psychology Professor

Outstanding Administrator Award

Because students will tell you that a large portion of their college experience occurs outside of the classroom, students choose our administrator from the university who has impacted their lives and whom they feel is particularly memorable. This award is designed to spotlight our administrator who has demonstrated excellence in their respective area of expertise, while being genuinely concerned for students.

Last two years' recipients:
Physio Meurath, Director of Service Learning & Shonnie Tiberia, Assistant Dean of Students

Outstanding Staff Award

Staff members at Sacred Heart University are often unrecognized for their contributions efforts throughout the year. A committee shared in all of our staff positions at the university to the membership and defense they put into their positions. They efficiently help students with their concerns, and often have smiles on their faces and feeling good about themselves.

Last two years' recipients:
Pam Barone, Student Life Administrative Asst. & Marie Melito, PLT Clerk

Outstanding Graduate Assistant Award

Graduate Assistants play an instrumental role in teaching or advising students, as well as sharing some of the duties and challenges associated with our campus. Long hours, dedication, and their presence to learn often go without mention. Yet their passion for the job is individually recognized by the students whose lives are touched by their presence. This award was established to applaud a graduate assistant's efforts in advising or teaching and helping to establish community.

Last two years' recipients:
Derek Beening, Residential Life & Henry Parkinson, Student Activities

Important Information
Nominations forms will be available from March 5-29, 2000 in the Student Life Office in Harkrader Lounge. Forms are due by March 29, and should be returned to the Student Life Department. The winner of each award will be announced on May 4, 2000, at the Campus Life Leadership Awards. For more information, stop by the Student Life Office, or call 371-7945.

Nomination Form

Please list your nominee(s) and your reasons for the nomination:

Outstanding Faculty Award Nominee:
Reason(s) for nomination:

Outstanding Administrator Award Nominee:
Reason(s) for nomination:

Outstanding Staff Award Nominee:
Reason(s) for nomination:

Outstanding Graduate Assistant Award Nominee:
Reason(s) for nomination:

Signature *must be present for nomination to be valid.
Print Name

Please return this form to the Student Life Department by March 29, 2000 at 5pm.
Take some time out to nominate someone you think deserves recognition.

The Six Campus Life Leadership Awards for 1999-00 are . . .

The Outstanding Senior Involvement Award: to be given to a Class of '00 student who, through his/her participation in SHU activities has shown leadership which has enhanced student life.

The Outstanding Junior Involvement Award: to be given to a Class of '01 student who, through his/her participation in SHU activities has shown leadership which has enhanced student life.

The Outstanding Sophomore Involvement Award: to be given to a Class of '02 student who, through his/her participation in SHU activities has shown leadership which has enhanced student life.

The Outstanding First Year Involvement Award: to be given to a Class of '03 student who, through his/her participation in SHU activities has shown leadership which has enhanced student life.

*Note: For each of the above awards, nominees must be full-time, undergraduate students and have maintained a cumulative average of 2.50 during their tenure at SHU.

The Doug Bohn Award: an "unsung hero" award to be given to a student who has been a consistent, positive force behind the scenes in various areas of student life. Named for Doug Bohn who has served as the SHU Registrar since 1963. Over his 30 years here, Mr. Bohn has been extremely active in all aspects of University life and has been a constant force behind the scenes for betterment of the campus.

The John Croffy Award: the main leadership award to be given to a student who, through his/her participation and involvement in student life has displayed outstanding leadership. Named for John Croffy who served as the SHU Dean of Students from 1963 to 1986. Dean Croffy was committed to empowering students towards leadership positions and making the SHU experience enjoyable for all.

*Note: The Croffy/Bohn Award nominees must be full-time undergraduate students with junior or senior standing and must have maintained a cumulative average of 2.75 during their tenure at SHU.

Deadline for nominations is March 31, 2000
Please return nomination forms to the Student Life Office.

Join us on May 4, 2000
Campus Life Leadership Awards

Campus Life Leadership Award Nomination

Nominee:_________________________ Local Phone:_________________________
Local Address:__________________________________________________________

Please circle one:

Outstanding Involvement by a First Year Student
Outstanding Involvement by a Sophomore
Outstanding Involvement by a Junior
Outstanding Involvement by a Senior
The Doug Bohn "Unsung Hero" Award
The John Croffy Outstanding Leader Award

Briefly explain why you feel that the student is deserving of this award:

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Nominate

Deadline Date: Friday, March 31, 2000. Please submit to the Student Life Office in Hawley Lounge.
Sports Schedule
March 16-22

TODAY
Softball vs. Yale (DH), 2 p.m.

SATURDAY
Baseball vs. George Mason, Noon.

TUESDAY
Softball vs. Rhode Island, 2 p.m.

WEDNESDAY
Baseball vs. Marist, 3 p.m.

SUNDAY
Baseball vs. George Mason, Noon.

Women's lacrosse vs. Manhattan College, 2:30 p.m.

Women's lacrosse vs. Niagara, Noon.

Women's lacrosse vs. Wagner College March 26.

### Hurricane inspires crowd

**By Brian Corasaniti  Co-Editor-in-Chief**

Sacred Heart University and the surrounding community packed the theater on March 1 to hear Rubin "Hurricane" Carter speak. Carter was a world champion boxer who spent 19 years in prison for a triple murder that was later overturned.

"I work with people who were wrongfully convicted," said Carter. "People are basically decent people if you give them a chance."

"People are basically decent people if you give them a chance."

-Rubin "Hurricane" Carter

February series aimed at expanding diversity events throughout the school year. During his talk, he addressed various social issues including racism and his career after he left prison.

"I will say this, this movie and the book itself...have created big possibilities. I feel like Johnny Appleseed," said Carter. "We are expecting change, change can come from us...I am glad to have the opportunity to be Johnny Appleseed."

Carter emphasized the options and opportunities that are available in this country to everyone. "We live in a universe of possibilities. I am a miracle standing in front of you today."

Since his release, Carter has joined the board of the Southern Center for Human Rights in Atlanta, the Alliance for Prison Justice in Boston and the Association in Defense of the Wrongfully Convicted in Toronto.

Carter testified before the United States Congress on the need for preserving federal review of state court convictions. He has also spoken at many universities besides SHU, including Yale and Harvard's Law Schools.

"I work with people who were wrongfully convicted," said Carter. "People are basically decent people if you give them a chance.

Carter also champions the notion that racism is non-existent on this planet because there are in reality no racial divisions. "There's only one race of people on the planet, the human race." He also emphasized the need for people to work to help each other out.

"People climb the ladder of success only to find it leaning on the wrong wall," said Carter. "Hate put me into prison, but love bust me out."

Carter ended his speech with a call to start a "universal moratorium on the death penalty forever." He cited examples of people on death row he believes were wrongfully convicted, like Mumia Abu Jamal, as justifiable reason to end the death penalty.

Emily Cahill fields a grounder in a recent practice.

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Softball program back from Florida

**By Matt Duda  Co-Editor-in-Chief**

A decade ago, Elizabeth "Bippy" Luckie helped make Sacred Heart's softball team one of the nation's elite.

But in recent years, SHU softball teams haven't been so successful. But the Pioneers' program may be on the upswing, thanks to some talented young players within the program.

"I'm optimistic that we'll do well," Luckie said. "We're having problems hitting with runners in scoring position." Luckie said. "Once we start to do that we'll be ok."

SHU played Robert Morris, a NEC finalist last season, tough. The Pioneers lost 3-4.

"We're having problems hitting with runners in scoring position," Luckie said. "Once we start to do that we'll be ok."

Sacred Heart softball fans will need to wait a while to see the Pioneers play in Fairfield.

SHU takes to the diamond today at Yale, and no home dates are scheduled this month.
Connecticut ends Pioneers’ season

By Matt Duda
Co-Editor-in-Chief

Sacred Heart’s men’s ice hockey team saw its season come to a close last Saturday after losing to Connecticut 5-4 in the Metro Atlantic Athletic Conference tournament quarterfinals.

The Pioneers, who held a three-goal lead in the game, finished with a 16-15-3 record, 15-11-3 in the MAAC.

“The worst losing experience I’ve ever had in my career,” said junior Eric Drake. “We let them steal the game from us.”

UConn scored the first goal in the game’s opening minute, but the Pioneers scored three straight before the end of the period thanks to goals by Les Hrapchak, Nick Natcher and Lloyd Tennant. SHU expanded its lead to 4-1 early in the second period off Natcher’s second goal. Then things started to go the Huskies’ way.

UConn cut the lead to 4-2 in the second period and carried momentum into the third.

The Huskies, playing on their home ice, scored three goals in the final period and silenced SHU’s offense.

Sacred Heart’s hockey team may feel disappointed about bowing out of the tournament in the quarterfinals, but chances are they’ll have a chance to redeem themselves next year.

Nearly all of SHU’s key players return. Paul Adimondo, Ticho Caullker and Derek Young are the only Pioneers graduating.

Women’s lacrosse ready for season

By Matt Duda
Co-Editor-in-Chief

Last season, Sacred Heart’s women’s lacrosse team finished their season with a loss to Northeast Conference powerhouse the University of Maryland-Baltimore County in the first round of the NEC tournament.

This season, the Pioneers hope to advance farther in the postseason. Sacred Heart adds a new head coach to the roster and return some of their top talent.

Laura Korutz takes over the helm of the Pioneer women’s lacrosse program. Korutz played four years for the University of Massachusetts. SHU’s offense returns mostly intact. Top goal scorers Kerri Remington, Jill Corrigan and Julie Pandolfo hope to hit the net a lot this season.

“I think we’re going to do really well,” Pandolfo said. “We’re ready to go.”

Leading the defense is stellar goaltender Ginny Capicchioni of Oradell, N.J. Capicchioni was the top goaltender in the NEC last season.

Junior defender Morgan Futch may be the team’s top defender.

Like Pandolfo, Korutz feels good about the season.

“We’re pretty well-rounded,” she said. “Our offense looks good and with Ginny in the cage the defense should do well.”

The Pioneers lost to a tough Connecticut team 17-1 in the season opener last week. They hope to rebound Saturday when they face Niagara at noon at Campus Field.

Hilton Head trip preps tennis teams for year

By Matt Duda
Co-Editor-in-Chief

Sacred Heart’s men’s and women’s tennis teams returned from their spring break trip to Hilton Head, S.C., this week with deep tans and more knowledge about their teams.

The Pioneers embark on their first ever season in Division I as members of the Northeast Conference.

“This is the worst losing experience I ever had in my career,” said junior Jeff Bricker of Guilford. “Overall I think we’re playing well.”

Bricker leads a young men’s team that finished 3-2 in the Hilton Head trip.

Bricker played first singles and second doubles last season, but a preseason foot injury has slowed him down so far this season.

The junior is optimistic about the team’s chances this season.

“I think we’ll finish in the middle of the pack,” he said. “I’m sure we’re picked down near the bottom but that’s ok, we can sneak up on people.”

Marc Zanetto stands out as perhaps the top freshman on the team.

Zanetto, of Meriden, won the Connecticut Class L state singles championship his senior year at Meriden High School.

The all-state team member posted an impressive 53-11 record during his four-year varsity career.

He was also a four-time all-conference selection and was ranked as high as the mid-40’s in the United States Tennis Association New England 16 and under category.

Freshman Jeff Dewey is also a freshman to watch this season.

Dewey, a Plattsburgh, N.Y., native, played at Fort Lauderdale Prep last season. He trained at the Rich Macchi Tennis Academy in Fort Lauderdale the past two season.

In high school, Dewey went to the New York State Finals three years straight.

The freshman will challenge returning players Nick Asaro, Ryan Peters and Eric Rosenberger for the top singles flights.

Sacred Heart’s men’s team plays its next match Tuesday at Monmouth.

The Pioneers face Holy Cross at home on March 24.

Leading the women’s team is senior Jennifer Galizia of Staten Island, N.Y.

Galizia’s career includes playing time at third singles and first doubles.

See Tennis, page 11