SHU student wrestler too

By Brian Corasaniti
Editor-in-Chief

When the average SHU student is playing WWF Smackdown on playstation in his spare time, John Roselli is wrestling for real as his alter ego, Johnny Heartbreaker.

The junior from White Plains, N.Y. is an aspiring professional wrestler who has been training for the past 11 months with the goal of hitting the big time in the World Wrestling Federation or World Championship Wrestling.

He has already wrestled in approximately 15 matches for independent federations and competed last Friday in New Haven along with well known superstars Justin Credible, the Fabulous Moolah, Mae Young and others.

Roselli said he has always been a fan of professional wrestling and wanted to try it.

Learning how to serve

By Danny Luciano
Contributing Writer

Under the lead of Director of Service Learning and Volunteer programs, Phyllis Machledt, Sacred Heart University has become heavily involved in service projects throughout the area over the years and so it is fitting that this year the third annual Campus Compact Conference will be at SHU.

The conference, being held from 8:30 a.m. to 5:30 p.m. on Oct. 13, will consist of workshops and keynote addresses as well as faculty forums on service learning.

The purpose of the conference is to promote service learning as a useful tool in learning.

Some of the speakers include Eugene Rice, director of the Forum on Faculty Roles and Rewards at the American Association of Higher Education, Bruce Hensberg of Bentley College, Daniel Monti of Boston University, as well as SHU's own Mindy Miserendino, Lauren Rosenberg, Jane Gangi and Machledt.

The keynote speakers will be discussing such topics as how to exchange ideas on the different aspects of service learning.

State of Connecticut as well as some neighboring states to
**News Briefs**

**ID cards needed to attend school events**

The Department of Student Life has sent out a notice to all SHU students that they must have their SHU ID with them whenever they attend a school sponsored event.

**Career Development posting online resumes**

SHU’s Office of Career Development is currently posting student’s resumes online on its Internet site, http://sacredheart.jobdirect.com.

To post your resume online, open a Microsoft word document and set the margins to .5 on all sides and font to 11 or 12 points.

Create a table, two columns and one row.

Then type your resume or cut and paste, run spell check.

Go to format, Borders and Shading and choose “no borders” to erase lines.

The access the website, log on and choose a service.

Complete the basic info and hit “Upload Resume.”

The Resume deadline is Oct. 27.

**Hatch wins freshmen presidency**

Sean Hatch won the presidency for the class of 2004 last week in the freshmen class elections. Hatch will serve with Vice President Chad Bauer, Secretary Gillian Weisman and Senators Carrin David, Adam Croce and Jen Hradec.

**Pacelli working hard to make the most of her time at Sacred Heart**

Kristy Pacelli

By Gwetano Marra Jr. Contributing Writer

Being continually active in a college community is something that most college students find a tough time doing. For Sacred Heart University junior Kristy Pacelli, it is a way of life. Pacelli takes pride in not only being involved with the happenings of the Sacred Heart community, but in being a main contributor of these happenings.

The Public Science and English major from Plainville feels she is soaking up SHU for every penny it is worth.

Pacelli recently finished her first year as Orientation Leader Chair. The orientation program itself is designed to welcome the incoming freshman class and give students the chance to meet with their peers.

Pacelli was selected among a pool of candidates for this job in the spring of last semester.

Her experience as an orientation leader the previous year helped her a lot in attaining this job.

However it was her overall hard work ethic and dedication to the university that shined among all the other applicants. It was her guidance, along with the help of Co-Chair Tom Wuestkamp that made this past orientation such a success.

Pacelli still has another year of eligibility to hold the chair position, and nothing she gave to the orientation program went unnoticed.

Pacelli places her orientation involvement as her most enjoyable.

“Most of the responsibilities have a time frame in which they must be completed. I due to the fact that people are working around these deadlines and the orientation can not last beyond three days, it tends to be rushed. It is nice to look over the entire weekend and keep the focus on the end goal was accomplished,” Pacelli said.

Her duties require representing SHU at career fairs throughout the area, as well as the Public Relations office.

Pacelli also works in the Registrar’s office, where she helps students track their academic progress and serves as a resource for current SHU students.

Pacelli recently started an internship with the United Way.

She said this internship is a way she can give back to the community while furthering her education.

Pacelli also has worked with the Office of Admissions and is a member of the new Chapel, Public Safety, Buildings and Grounds.

“Pacelli is a leader that takes pride in her work here at SHU. She always does her very best and goes above and beyond in her role as Orientation Leader Chair. The selection process was extremely difficult task. It was one that involved not only administrator’s perspectives, but also an active student. Pacelli was working side by side with the heads of the school throughout the entire process.

Pacelli recently started an internship in Bridgeport with The United Way. This a non-profit organization that raises money for charities and other various organizations in the area. Pacelli’s main responsibility is putting together presentations for schools and companies, and letting them know that their contributions can make a difference. "I really enjoy doing this, not just because it helps me in my field of study, but because I know I am doing something good for the community," she said. Pacelli is using her experience in the organization to help her for her college community, and the local areas surrounding her.

While her free time runs low, her anxiety to help others keeps rising.

All this volunteer work is without a doubt a wonderful thing, and it doesn’t stop there. She is also a representative for the School Food committee, as well as the Public Relations office. But how does a student so involved in her community make it and survive in such a high demanding economic world?

Pacelli works part time at Pizzaria Uno’s in Fairfield. She enjoys it because she can stay active among people, and still earn some spending money for those big Friday nights on campus. "I don’t want to sit behind a desk my entire life and not interact with people. I am a people person, and if I lose them, I lose something in myself as well,” said Pacelli.

"SHU has helped me nurture my leadership abilities, and I am very grateful for that," Pacelli said.

**Old Gym getting new look**

**By Danielle DeName Staff Writer**

The rapid transformation and expansion of the Sacred Heart University campus continues. Ever since the erection of the William H. Pitt Health and Recreation Center, there has been an ongoing metamorphosis of the old gymnasium. It was at first abandoned, and then prospected as the new Chapel, with Masses and services were held temporarily. For the last year or so plans have been made to utilize the space to benefit the students.

According to Larry Weik, Dean of Students, the new area will be the single location for the student services offices, to eliminate the confusion of finding all over the campus.

Weik says that this addition will be a big help.

Mike Giaguito, Director of Facilities Management and Construction is the point man on this project. Giaguito says that what is referred to as the old gym will house many offices. The University College which is currently located in the Administration Building will be one of the offices.

The other offices will include: Registrar, Student Accounts, Advisement, Public Safety, Buildings and Grounds.

"The other offices will be a big help. We will be able to approach the areas in a logical way. We are trying to make it as efficient and useful as possible," Giaguito added.

With the Registrar’s office.

**Construction on the new wing should be done by next fall.**

In addition to these large offices, Transfer Admissions, some Financial Assistance offices, Student Activities and finally a small lounge for intramural games that are already up and running, there have been no complaints,” Pacelli said.

Pacelli also works in the University Relations Office. Her duties require representing the school and coming up with solutions to situations that might regard people other than SHU. Her biggest challenge on this job was dealing with the neighbors when East Hall was being built.

SHU was in the news just about every day. This was an extremely difficult task. It was one that involved not only assistant’s perspectives, but also an active student. Pacelli was working side by side with the heads of the school throughout the entire process.

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"SHU has helped me nurture my leadership abilities, and I am very grateful for that," Pacelli said.
Heartbreaker: SHU’s own a pro wrestler

Continued from page 1

works out at SHU at the gym and he got me hooked up with a trainer," said Roselli.

The trainer Roselli got hooked up with was Kevin Landry, who trains wrestlers in Chicopee, Mass., and has a development contract with the WWF. Twice a week Roselli drives up and trains with Landry and other wrestlers.

A normal training session consists of stretching, repetition of basic moves, learning one or two new moves and occasional-ly running through a practice match with another wrestler. "You gotta get the basics down... it's all repetition," said Roselli.

Roselli trains with approximately five other wrestlers but is, "the youngest one by far."

Approximately once a month, Roselli competes in matches that are run by the local independent promotions, like North East Wrestling, which promoted last Friday's event.

When Roselli arrives, he tries to find the locker room, look at the ring and let the promoter know he has arrived. "He's always one of the first people I try to find," said Roselli. From there it's a quick work out if he has time to get pumped up and then he mental-ly prepares for the match at hand.

"You always try to think one move ahead," said Roselli.

After the match, Roselli says it is all, but hopefully unjured. "Pretty much every single wrestler's goal is to walk out by themselves with no injuries."

Roselli says the biggest misconceptions about professional wrestling is that it is fake shows we can learn best by doing. Service learning intro-duces students to a whole new world full of diversity."

"The best way to elevate service learning is when stu-dents approach me and say how much they've learned from this experience," said Machledt.

Machledt said it is an honor for Sacred Heart University to host this event, as this will be the first time the conference will be held in New England.

Machledt added that serv-ice learning is, "a chance for students to explore some career options and research and that it does not hurt.

In his short time as a pro-fessional wrestler, Roselli has had to deal with a dislocated shoulder and bone spur in his foot that still bother him occa-sionally.

But Roselli wrestles through the occasional pain and hopes to become a wrestling star on television.

"I know it's a long shot, but it's my dream and I'm gonna chase it down. I truly believe that if you want something bad enough you will get it, and I know I will make my dream come true one day, just look how far I've come already," Roselli said.

Until then, he will continue on the independent circuit.

Plans are already in place for Johnny Heartbreaker to make his debut at Sacred Heart University for a possible show in the spring.

Conference: Learning how to serve others

Continued from page 1

engage students in service learning, getting started in service learning programs, cities and civic engagement in relationship to universities and linking service learning to classroom advocacy.

Public Safety Releases

Incident report from Sept. 17 to Sept. 21

Sept. 24: 9:04 p.m.- Burglary Alarm-The Public Safety Office received a burglary alarm. Public Safety responded. Alarm was activated by accident. 10:00 p.m.- Threatening-The Public Safety Office received a report that a woman was threatened while on campus. Public Safety is investigating.

Sept. 25: 8:10 a.m.- Vandalism-The Public Safety Office received a report that a couple of officer's were vandalized. Public Safety responded and filed a report. Public Safety is investigating.

11:06 a.m.- Motor Vehicle Accident-The Public Safety Office received a report of a motor vehicle accident. Public Safety responded and filed a report. Fairfield Police also responded and filed a report. No injuries occurred.

1:30 p.m.- An athletic coach became irate with a Public Safety Officer because she did not want to move her vehicle. Athletic coach moved her vehicle.

5:11 p.m.- Disorderly Conduct-The Public Safety Office received a complaint of a student acting disorderly in class. Student was informed not to return to campus until the morning.

7:53 p.m.- The Public Safety Office received a complaint that a resident was being threatened. Fairfield Police were called. Public Safety Officers and Fairfield Police filed a report. Fairfield Police are investigating.

8:12 p.m.- The Public Safety Office received a report that a person injured their wrist. 911 was called. Public Safety Officers, Fairfield Police and Fire responded. Fairfield Police and Fire responded. Fairfield Police filed a report. Fairfield Police are investigating.

9:34 p.m.- The Public Safety Office received a complaint from a resident that somebody is tampering with their computer account. Public Safety responded and is investigating.

11:03 p.m.- The Public Safety Office received a complaint of broken glass in the hallway. Public Safety Officer responded and is investigating.

Sept. 26: 9:13 a.m.- The Public Safety Office received a fire alarm. Public Safety responded. Alarm was activated by accident.

6:47 p.m.- The Public Safety Office received a report that a resident injured herself. Public Safety responded. Resident was driven to health services.

10:32 p.m.- The Public Safety Office received a report that some computers were vandalized. Public Safety responded and is investigating.

Sept. 28: 12:24 p.m.- A resident made a complaint to Public Safety about harassing phone calls. Public Safety Officer responded and is investigating.

3:08 p.m.- The Public Safety Office received a report of a vis­itor not feeling well. Visitor was transported to St. Vincent's Medical Hospital.

8:25 p.m.- The Public Safety Office received a report that a res­ident hurt her elbow. 911 was called. Public Safety, Fairfield Police and Fire responded. Resident was transported to St. Vincent's Medical Hospital.

9:22 p.m.- A student made a complaint to the Public Safety office that he slipped and fell. Public Safety Officer filed a report. Student denied any medical attention.

Sept. 29: 1:00 a.m.- The Public Safety Office received a fire alarm. Public Safety responded. Alarm was activated by accident.

11:11 a.m.- The Public Safety Office received a report that a res­ident's eye was swollen. Public Safety responded. No medical attention was needed. Resident will go to health services in the morning.

1:28 p.m.- A Public Safety Office observed the fence to the softball field was vandalized. Public Safety is investigating.

8:12 a.m.- The Public Safety Office received a report that the grass near west hall was vandalized. Public Safety Officer filed a report and is investigating.

2:03 p.m.- The Public Safety Office received a complaint that a car was hit while parked. Public Safety responded. Fairfield police were called. Fairfield police filed a report.

3:50 p.m.- The Public Safety Office received a complaint that a car was hit while parked. Public Safety responded. Fairfield police were called. Fairfield police filed a report.

6:51 p.m.- The Public Safety Office received a report of an ele­vator getting vandalized. Public Safety Officers responded. Milar elevators responded. Public Safety is investigating.

Sept. 30: 12:03 a.m.- The Public Safety Office received a report of a resident acting disorderly. Fairfield Police were called. AMR was called. Public Safety Officers responded. Resident was transported to St. Vincent's Hospital.

10:21 a.m.- The Public Safety Office received a fire alarm. Alarm was activated by a malfunction.
Editorials

Everyone has a story, it just needs to be told

How many of you, the SHU student body, knew that we had a fellow classmate who moonlights as a professional wrestler? Or how about a student who sang in a band that played at CBGB’s, one of New York’s legendary punk clubs?

Well, those are just two of the students walking our halls as we speak. At a school so small, we see the same faces day in and day out and 90 percent of the time most of us don’t give them a second thought. Although popular among their friends, many students do extraordinary things that a great deal of the people at Sacred Heart will never know about.

That’s where we come in. One of the top laws of journalism is that everyone has a story. Whether it be the president of the school or the captain of the tip cups team in your apartment. This year we want to profile the average student on a regular basis and show the school some of extraordinary things that SHU students do on a regular basis that we never hear about.

So if you know someone who is a SHU student that is doing something interesting in his or her life, drop us a line and let us know about it. We might have the next olympic gold medalist or CEO in our school and we may never know it.

Wasn’t the gym supposed to be a pub?

It looks like the old gym is finally getting the reconstruction that has been on the drawing board for years now. When the seniors here were freshmen, there were about a million different rumors floating around as to what would happen to the old gym.

A student lounge was a big rumor that caught on like wildfire for a while.

At one point three years ago, the Spectrum ran a front page story claiming that that was indeed what the old gym was going to become. Unfortunately for our credibility, that was about as far off the mark as we could have gotten.

Times like this remind us of one universal law of the price of parking permits is through the roof. Iconic too because just like gold or precious stones that are hard to come buy so are those darn parking spots you all paid over a hundred dollars for.

We got a whole new bunch of public safety officers fresh out of boot camp or wherever they bred them. I do not know if the wider selection of stripping young men in uniform has really helped. I got hit in the head the other night when my window in my “really safe on campus apartment” fell out and landed on my head, it took public safety over an hour to come.

When the doctor informed me that I received a concussion from the blow, hence the reason I was up puking all night I thanked the school for all the help.

You know I moved into my “really safe on campus apartment” which I do not even want to know how much I pay for and it was a disaster from the start.

To begin with it was flooded, oh yeah my roommates foot drowned the moment she walked through the door. Then the mildew that had covered the whole place forced the school to put new floors in and clean the rugs.

They took their time to and did a good job because we have these nice bubbles in the floor in the bathroom, they are like little roller coasters for the ants we house. The window was falling apart also but they did not get around to fixing that, well until I got the concussion of course. I do not know much about the law, but everyone says I should be going to school for free after that. I will not even mention how our door does not always lock or how the tub acts like a swimming pool when you are showering.

The best part about all this “stuff” happening and making my senior year a living “heck,” is the fact that no one on this campus takes me seriously. I call building and grounds, apparently neither does SHU...amazingly enough after one-call-things were getting fixed, our toilet, the two sinks, the kitchen floor, the cacher in the tub, we got bug spray, the window got fixed, and the lights in the parking lot got fixed.

Then I got a message, I was supposed to call a certain head of a certain department at this school. So I did and this gentleman proceeded to tell me there is NO need to get my mother involved in the future, if I have a problem I can report it myself. HAAHAH, nice try but I’ve been there. Thanks Mom.

The SHU Voices

Are you happy that you chose Sacred Heart?

Emily Marks
New Milford
Freshman

“Yeah, because it’s a nice social scene.”

Erin Roche
North Rockland, N.Y.
Freshman

“Yeah, because I met some really cool people.”

Eric Busher
Montville
Freshman

“Yeah, because there’s lots of good looking girls.”

Some problems at Sacred Heart just never seem to go away

By Kelly Smith

So what’s new at SHU this year. Well they paved the parking lots in gold so of course the price of parking permits is through the roof. Iconic too because just like gold or precious stones that are hard to come buy so are those darn parking spots you all paid over a hundred dollars for.

We got a whole new bunch of public safety officers fresh out of boot camp or wherever they bred them. I do not know if the wider selection of stripping young men in uniform has really helped. I got hit in the head the other night when my window in my “really safe on campus apartment” fell out and
Letters/Op-Ed

Rugby team should be respected

As a member of the SHU men's rugby team, I must say that I was disgusted by the way we were treated on Sept. 16. I arrived optimistic that we might get some possible recruits for next year's team. As I walked around the Pitt Center looking for our table, I was quite surprised that there was none. When I brought this to the attention of Admissions, I was told that they had lost our sign and that we should go stand next to the women's rugby team. We did this and the marital Arts Team was kind enough to move over as much as they could, giving us about a foot of space.

We had to make our own overhead sign out of blue highlighter and a sheet of looseleaf paper, which although done very well, did not come close to the computer made ones that surrounded us. Even with our homemade sign, not one person came to express interest in us. Possibly because no one could read the sign we had made.

If our organization did not attend this man datory event, we would have been fine. But then I thought that maybe paying the fine would have been easier than all of the frustration that the event caused us. It has been said before that the men's rugby team is a bad representation of Sacred Heart University, because of what we do and how we act, and I'm sure that this will be said again about us.

We repeatedly turn in winning seasons and year after year have one of the better records on campus, yet are ignored by many.

We are treated like a second rate team because we are not a NCAA varsity sport. The only place in this country that rugby is a varsity sport under the supervision of the NCAA is on the West Coast, in schools such as UCLA. I have a proposition for all of our critics; give us the recognition we deserve and we will give you the respect you want.

Steve McCabe

Mail Room staff needs to adjust their business hours and their attitude to better serve students

Dear Editor,

I have been very frustrated with the SHU Mail Room this semester, and I know I am not the only one.

First off, SHU really ought to think about opening the Mail Room at all times, and only keeping hours for the window. The hours now are awful—you can't even get in until 10:30, and it closes by 6:00 everyday, except Friday (4:00) and Saturday (1:00). The hours are very inconvenient for many people. If your schedule conflicts and you are 5 minutes late before they close, it could potentially be days, if not longer before you can get something you may need from your mailbox.

When it comes to packages and bills, we should have access to this at all times. Public Safety is right around the corner, and I sincerely doubt that there would be a security problem with people's mailboxes at SHU.

As well, they are rarely open on time. On three occasions last week alone, I stood outside with 5 or 6 other people waiting at least ten minutes for them to open the door.

Second, the (non-student) staff needs an attitude adjustment. Never a smile, a "Hello," something like this under the carpet.

Lastly, the procedures are crazy! You can only buy a certain number of stamps, which is a very small amount. Let's say there is the limit for argument sake.

You go in needing four, and they cannot sell you four, but you could stand at the window waiting for some service. One could be waiting there for awhile before they acknowledge your existence, and you feel like you're dealing with the Mail Nazis or something.

I understand it's not exciting in the Mail Room, but do something to slap a smile on your face!

Steve McCabe

Campus assaults should be dealt with thoroughly

Dear Editor,

I have come to my attention that there is an issue of campus security at Sacred Heart University. I am an alumna of this fine institution and I prefer not to see it get cheapened by the threat of abuse.

This past weekend, I discovered a senior male decided to get drunk and then went on a rampage of assaulting female students in their own dorm room.

This travesty occurred Friday night at Jefferson Hill. The assailant was heavily intoxicated, as he had ingested a whole bottle of tequila.

After assaulting a woman in her own apartment, he then prepared to attack the cops who came to arrest him. The police took him to the hospital to get his stomach pumped because he was so drunk.

This person now has an appointment with the Dean of Students to discuss his appointment.

I am urging the authorities of this fine institution to recommend expulsion from the University. We cannot allow such a monster to be living on campus, threatening the female population. I believe that he should be used as an example to the rest of the population who wants to get loaded and thinks that that is a viable excuse for committing wrong doing.

The offender is 21 years old. He was not involved with underage drinking.

As a 21-year-old adult, he should be forced to deal with the consequences of his action and not be able to possibly incur the same offense with the justification that he cannot remember a single thing that occurred on that evening.

I am making a plea for stronger security on the campus so that incidences like this can not be expected to happen again. Please take the time to really understand the magnitude of the problems that have transpired and reach a healthy alternative to allowing such misconduct to occur again.

Way, we can take a negative and turn it into something positive. We cannot undermine the safety of many to justify the second chance of one.

I realize that this institution does not want to effect attracting prospective students from coming here by making this an issue, but it is an issue that should be examined thoroughly.

Things like this happen at any university in America. However, Sacred Heart should be more concerned with the safety of its student population above anything else.

Accidents and mistakes happen, but it is how the University deals with travesties such as this that should be reflected upon the school.

Shoving important incidences like this under the carpet and trying to ignore it is not a good way to handle it.

Amber C. Schaper

The Spectrum

The Weather Corner

Friday

Partly Sunny

Hi 60 Lo 49

Saturday

Partly Cloudy

Hi 61 Lo 52

Sunday

Sunny

Hi 65 Lo 50
Phase One of the construction is due for completion on October 26. The walk will open on October 28. Above, Marie Sekelsky stands in front of the blueprints for the Pioneer for Life Alumni Walk.

Alumni make permanent marks on SHU campus

University sells bricks to make money for Scholarship Fund

By Keysha Whitaker
Features Editor

Many students may have noticed the construction at the bottom of the hill to the William H. Pitt Center.

But they may not have noticed the proud white sign erected in front of the site.

The sign reads: “Caution, tradition building in progress!”

The sign is introducing the new Pioneer for Life Alumni Walk to the Sacred Heart community.

The Pioneer for Life Alumni Walk is a massive undertaking directed by Marie Sekelsky, Director of the Scholarship Fund at Sacred Heart University.

The Alumni Walk may be like SHU’s very own “yellow brick road.” Except the bricks won’t be yellow.

But they will be engraved with the names of SHU graduates.

“The bricks can be engraved with anything, as long it is within certain guidelines that exclude profanity,” said Sekelsky. “There are 3 lines that have 14 characters on each line. The brick and engraving has a lifetime guarantee, it will never wear down.”

All SHU alumni have the opportunity to purchase an engravable brick at the price of $150.

All proceeds will go to the Scholarship Fund.

An email by Luke Doyle, Vice President for Institutional Advancement, announced the transformation of the Annual Fund into the Sacred Heart University Scholarship Fund.

According to Sekelsky, money from the annual fund was used in a more general manner for the university.

With the change, the money will go directly to the students.

“Students will benefit from a general scholarship. Any student that receives financial aid or scholarships will receive some of the money,” Sekelsky explained.

“This is so students can achieve their educational goals. We want to help the junior go on to their senior year. We want to help the senior get their diploma.”

“The walk will be a smooth finish because of the way the bricks are made, so wheelchairs will have no problem,” Sekelsky said.

Construction of phase one is due to be completed on October 26.

The sidewalk will be completed first with non-engraved bricks, and then as bricks are sold, they will be laid down in shifts of 100.

“The first one hundred bricks will be laid down at the dedication ceremony.

As the orders come in, the bricks will be laid down and cemented in shifts of 100, replacing the blank bricks,” Sekelsky said.

“The walk builds tradition for alumni, and future graduates to have their name engraved on the walk, and it benefits the students of SHU now by the donation to the University’s Scholarship Fund.”

At 10 a.m. on Oct. 28 there will be an official dedication ceremony for the walk with ribbon cutting.
Lambda Sigma Phi strives to make SHU campus safe

By Gaetano Marra Jr.  Contributing Writer

The brothers of Lambda Sigma Phi, a fraternity at Sacred Heart, recently proposed a program to their president, Gill Lefort III.

The program is called Safe-Walk. It has been designed to provide escort services for students walking around the SHU campus at night.

"Safe-Walk Programs are used at campuses across the nation, and a campus this small can be very close to fully protected when an organization like ours watches over it," said Brad Carson, Judicial Board Representative for Lambda Sigma Phi.

The fraternity's philanthropy is the prevention of date rape and sexual abuse awareness. Safe-Walk has been designed to make students feel comfortable while strolling around Sacred Heart's constant-ly expanding campus.

The Safe-Walk Program may be thought of as quite simple.

Various brothers of the fraternity will gather on Thursday, Friday, and Saturday nights, from 8 p.m. until 2 a.m.

"...a campus this small can be very close to fully protected when an organization like ours watches over it," Brad Carson

They will have walkie-talkies, and will serve as escorts to SHU students.

No brother will work more than one night in a week, unless they volunteer to do so.

The brothers of Lambda Sigma Phi strive this program will impact the University, and once approved by their president, should have no difficulty getting passed by SHU administration.

In the past, the fraternity may have been categorized as the elite at SHU, winning "Best Greek Organization of the Year" in 1998 and 1999.

In direct cooperation with the brothers of Lambda Sigma Phi, is Student Union Operations Assistant Kerri Casella.

Casella will oversee the group, making sure the proposal is given a fair trial at the Greek Judicial Board.

"It isn't a sacrifice for us to do this because it is something that we have a strong passion for," said Carson.

The service would also be open to SHU students who wish to become involved in the program.

However, if we as Sacred Heart family want to accomplish true diversity and a campus of social and academic progress; we must be able to unite and interact between each other without any fear or doubt.

Plato describes philosophy as a process to a domain of true knowledge.

Furthermore, he explains knowledge as experiences, which are the conquerors of ignorance.

As members of this University, we need to attend ourselves to Plato's words of logic, because college is a process of gaining new knowledge and awareness of life and the real world.

Our experiences contribute towards our actions and perspectives of the world and those who live in it.

Therefore, let us not paint our perspectives with assumptions, such as thinking that UMOJA is only an African American club, but let us gain knowledge and understanding of others.

UMOJA strongly suggests and recommends that every student begin the UMOJA Hello Principle of introducing yourself to a new person every week.

UMOJA also encourages everyone to participate in the activities in honor of Latino Heritage Month, to attend an UMOJA meeting and speak and hear the concerns and ideals for the Sacred Heart University campus.

Believe it or not, we may be different in some ways, but we are the same in many ways.

Editor's note: UMOJA's Korner is a commentary submitted by Marvin Royal, president of UMOJA.
Last spring when Liberman was approached by media studies professor, James Castonguay and Greg Golda, about having a media studies club. The idea was soon approved and the first meeting of the newly named MSA took place in early September. “Overall I’d like to thank university for their support and donation so this major can really take off,” said Liberman.

“Right now the MSA is short in club gears, but I believe when students recognize the work we can do many more will join. One thing is for certain; this club will be seen, we are going to make some noise, and an impact,” added Liberman.

As a huge fan of the silver screen, Liberman considers Star Wars, Easy Rider and In The Name of the Father, as just a few of his favorites. As well as Steven Spielberg, Michael Mann, and Quentin Alfred Hitchcock— the director he idolizes most. “I admire their work a great deal. They are pioneers in their field and their work is historic. And as a filmmaker, I strive to have just one ounce of what they accomplished in their careers,” added Liberman.

Liberman is not only a huge fan of film, a class room learning assistant, president of MSA and he also pitches for Sacred Heart men’s baseball team in the spring. “Baseball is my first love. I enjoy watching it and playing the game everyday,” Liberman also adds that the definitely won’t play in the pros, but he will make the most of his opportunity while he still can, and while he is still young enough.

Liberman plans on making films for a living, but for now he has embarked on a newly fond project. Finishing his second script and the film entitled, “America,” which, according to Justin is about stretching your personal limits.

By John Ruggiero
Contribution Writer

With just two years remaining, Justin Liberman has already established himself as a force in the media field. Just last spring he finished a short twelve minute film entitled, “Revelation,” that opened up some eyes as to the kind of work that can be achieved by the students at Sacred Heart University.

“Revelation came from a dream I had one night. It’s about a boy that leaves a gray world and travels to New York City to find beauty,” said Liberman. What’s funny is that the short film consisting of twelve minutes cost Liberman months of shooting and an entire week in the editing room and many nights away from his bed in East Hall. “It was definitely tough work, but it was well worth it. When I watched it for the first time at the SHU Production Festival last spring and I saw the end credits, I was truly proud of it,” adds Liberman.

For media studies at Sacred Heart there wasn’t much offered in the past as far as extra activities were concerned. The radio station was one of the main forms of being heard and making the most of your future in the media. But just this past summer with funds from the school to create a growing communications department, SHU media studies majors now have the opportunity to be among the first to create and being notice through the media.

That’s where Justin Liberman comes in, a junior at SHU and the first president of the newly formed Media Studies Association. In it’s first year in the media field. “We’re an organization who loves what we do and are ego to get there and be seen and heard,” said Liberman.

The MSA came into form media studies majors, but also an entire university, the opportunity to excel in the media field. “We’re an organization who loves what we do and are ego to get there and be seen and heard,” said Liberman.

By Melissa Greenhalgh
Commentary

R ig ht now both new and old styles are taking charge in the fashion biz for both men and women. Check out the fall line for dressing casual or when on your way to work.

Also, check out how the 80’s look is back from the past and having a storm among society. The most important idea to remember when planning what to wear is think class and simple because one will always look their best when using these rules.

Here are the best ways to dress for your type of character for men and women this fall.

For a Flashdance, Foxy chic look, try a chenille bracelet, mohair sweater, and ankle boots with jeans. Other items include bleached denim and studded jeans. No outfit is complete without accessories, which include bangle bracelets and big hoop earrings. Preppy is in, so try those long plaid skirts and turtlenecks in pastel colors. For that night out on the town, try wild animal prints and luscious leathers.

For a glorious autumn day try adding fuchsia and magenta to your daily wardrobe.

Satin is a huge hit with fab colors including red and baby blue button down shirts.

Shoes are another big part of a woman’s outfit. Suede knee boots are a big success along with ankle boots and strappy sandals from black to metallic.

The style of a woman’s hair changes with every season, so start now with long, soft, curly or wavy tresses, which are great for long or short hair. Satin is a huge hit with fab colors including red and baby blue button down shirts.

Try a scarf for that extra chic look, preferably with a checked pattern.

Don’t think that you have to run out and buy a whole new wardrobe because mixing old clothes with some new threads always look good.

Guy get ready for fall with these new sophisticated and office looks this season. Though men would rather see a turtleneck on their girlfriend’s, well guess again.

Turtlenecks and mock turtlenecks are coming back with a vengeance.

For a breazzy fall day turtlenecks or v-neck sweaters are perfect for that comfy yet business-type look. If you are not used to wearing turtlenecks try a mock one.

For that comfortable look try pants with bungee cords, which are great with a t-shirt. Also fleece or wool pants work great for casual business days or the early morning class.

Other fall fashion greats include washed out denim jeans. Khaki, green, red, maroon, purple, and black are the best colors to mix right now.

Check out a blast from the past, 80’s look including trench coats, skinny ties, denim jackets and black leather. Yes, men wear accessories and the most desirable is the classic watch, which is the single most important item to wear with any look.

Necklaces look good with either a medium-sized silver chain or beaded necklace with wooden or plain metal beads. Simplicity is better.

Get into the fall fashion, but again remember don’t change your whole wardrobe and chose what you like best.

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Get into the fall fashion, but again remember don’t change your whole wardrobe and chose what you like best.
Jazz band under new leadership

By Ed Bourget
Staff Writer

Marvin McNeill has been helping the Sacred Heart University music program to grow since his arrival in 1997. He continued to improve the program by naming a new jazz band director. Mark Small will lead the 2000-01 jazz band as it soars to new heights.

McNeill was in desperate need of some help because of the time demands that he faced in his daily schedule. He has been the instructor of the jazz band for three years, but felt that it was time to find some assistance.

"My schedule is too tight with me running back and forth from Marching Band to Jazz Band," said McNeill. "The needs of the Marching Band, Jazz Band, and the present time is working in collaboration with McNeill, in the efforts to begin the program.

The Jazz Band is one of many groups on campus growing.

The Schine keeps on shining

Cassandra Johnson
Staff Writer

With last weekend's showing of the movie "Road Trip," the Student Events Team reports there is still room for more.

With about forty people showing up for the nightly screening, the turnout is good, although surprising. Movies in the Schine, presented by SET, are shown one weekend a month at 7 p.m. on Fridays and Saturdays and 2 p.m. on Sundays.

It's shocking to see some empty seats in the Schine on nights they are interested in making a donation contact Nancy Monaco at extension 4199.

After mass, on Oct. 29, Beta Delta Phi will host a vigil in honor of breast cancer awareness month. All are welcomed. On Oct. 30, "Knowledge is Power." Learn all you can about breast cancer, to help prevent yourself from becoming another statistic.

Lastly be sure to check the breast cancer awareness display outside the cafe. The display has all the names of people who contributed to the cause. If you are interested in making a donation contact Nancy Monaco at extension 4199.

Check out the next issue for more breast cancer awareness activities going on through out the month of October.

Let's Celebrate!

From Oct. 4 through Nov. 6, Sacred Heart will be celebrating Lation Heritage Month. On Oct. 12 there will be a lecture on "Encouraging Cultural Literacy", in the faculty lounge. Also La Hispanidad's service project will be to help Habitat for Humanity build a home in Bridgeport. To register call 203-365-7622.

At 8:30 on Oct. 19, La Hispanidad will host their annual semi-formal. $7 with a SHU ID and $10. For more information contact the International/Multicultural Center at 203-365-7614.

A&E Briefs

Celebrations 2000
The Discovery Museum presents Celebrations 2000. At 1 and 3 p.m. on Oct. 15 Paul Winter will be performing in concert. Tickets are $20.
At 7:30 p.m. on Nov. 9, 10 and 11, there is a performance by Continuum Marvels Multimedia. Tickets for this performance are $15.

Ticket Packages for both shows are $30. For more information call 203-372-3521.

Anyone for Mochachino?
The International Coffeehouse Series is up and running. Sponsored by the International/Multicultural Center, admission is $8, faculty and staff donation $5, children under 12 $4, students free.

The Chinese Coffeehouse at 7:30 p.m. on Oct. 18 in the Mahogany Room, and Rainforest Coffeehouse, 12:30 p.m. on Oct. 26 in the Faculty Lounge.

Breast Cancer Awareness Month
Kicking off Breast Cancer Awareness Month, Beta Delta Phi sorority will sponsor numerous events on campus. Today they will sponsor National Denim Day, all faculty that donated money can wear jeans.

The money will go to breast cancer research.
At 2 p.m. on Oct. 11 in the faculty lounge, the Sisters of Beta Delta Phi will be hosting a survivor of breast cancer, who will discuss her experience.

This event is open to all students, faculty and staff.

Also, at 8 a.m. on Oct. 15, outside of public safety, Beta Delta Phi will meet all interested in attending a breast cancer walk. All interested contact Nancy Monaco at extension 4199.

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Do you like scary movies?
There will be a showing of "Scary Movie," sponsored by S.E.T. The comedic movie starring Marlon and Sean Waynes makes fun of all those scary movies you saw in high school and then-some.

It will be showing at 7 p.m. on Oct.27 and 28, and at 2 p.m. on Oct. 29. Admission is free with a SHU ID.

-Compiled by Megan Flood
Women’s XC finished first place at the Fairfield Invitational.

By Keri Blair
Sports Editor

The Sacred Heart team is continuing its Cinderella season as they defeated Monmouth University last Saturday by a score of 13-7.

The score vs. Monmouth remained 0-0 till freshman Will Figueroa with a time of 27:41, placed 12 in the meet, which was six places ahead of Fairfield’s third man. First year student Andrew Renna managed to run a time of 28:18 while followed close by junior Brian Wrinkle with a time of 28:39. Running sixth and seventh for the men were first year student Matt Uzenski (28:53) and senior co-captain Ed Njai (28:56).

The teams will be participating in the New England Cross Country Championships in Franklin Park, Boston, on Friday. Their season records are as follows: women 29-12-1, men 15-23.

Ed Bourget Staff Writer

The men’s ice hockey team officially started their season last Saturday night with the annual Red-White scrimmage.

Every year the team is divided into two squads at the end of training camp and players battle for positions on the varsity squad.

This year the White squad was victorious thanks to sophomore Les Hrapchak. Hrapchak buried the game-winner with 45 seconds remaining in the game to give his team the 5-4 victory.

The game was fast paced and the players displayed their talents for the coaches and the crowd. The Pioneers are looking for another solid season after last year’s 4th place finish in the Metro Atlantic Athletic Conference.

"It was an exciting and close game," said head coach Shaun Hanna. "I saw many good things and it appears that the guys are in good shape."

The game was a see-saw battle as the lead changed hands a few times.

The red team’s goals were scored by Bryan Reilly, Chris Mokos, and Mike Reagan (2).

Lloyd Tennant, Paul Sposito, Mike Forisland (2), and Les Hrapchak led the offensive charge for the white team. Alexis Jutras-Binet and Eddy Fehri were solid between the pipes for their respective teams.

The Pioneers will play an exhibition game tomorrow night at 7:15 against St. Nick’s at the Milford Ice Pavilion.

By Kerry Frell
Contributing Writer

Women’s soccer can home with two scoreless ties to Quinnipiac and FDU this past week.

Konsig came in three games age when senior goalkeeper Carlin Guaneri left the field with a shoulder injury.

Guaneri has been a big part of the team and will be out recovering for at least two weeks, however, the Pioneers have no fear.

Receiving the honorable Northeast Conference women’s soccer “Rookie of The Week” title for the week of Oct. 2, Konsig is really making a name for herself.

Head coach Joe Barosso commented that “the team has been playing well defensively.

“As a whole they are a great group that stays together through tough times,” added Barosso.

Senior captain Corrie Smith, has been a strong defensive player while junior Kristen Walker has a record of twenty shots.

The lady Pioneers compete on home turf today at 3:50 p.m. against St. Francis.
Sports Briefs

Women's volleyball won one and tied two
Women's volleyball competed at the Hill Field House in Maryland this past week to compete against Morgan State, Robert Morris and UMES. Thursday the lady Pioneers beat UMES in three sets. "Amanda Ayres had a good game. She was passing and hitting extremely well," said junior co-captain Kate Sammon. The Pioneers played Friday and lost their next two matches in three sets. The women take the home court tomorrow, times have yet to be announced.

Intramurals starting up
Co-ed volleyball starts in October. Rosters can be picked up in the Pitt Center and are due no later than Oct. 18. There must be five players on the floor with a minimum of two females or males. For more information contact Jenn Hoffmann, director of intramurals, at 396-8129.

Fencing team signup
Men and women's Division I competition begins in November and continues through February. Practices are 8 a.m.-9 a.m. Monday, Wednesday, Thursday and Friday in the lower level of the Pitt Center. Also, a team manager and armor are needed. For further information contact coach Ciccareone at (203) 778-0808.

Unsung Hero's

Keri Blair
Sports Editor

Identifying one as an "Unsung Hero" is to refer to an athlete who exhibits the nature of a hero yet continually remains unnoticed. The Unsung Hero is found on the field long before anyone else, and remains after all others have gone. It is this athlete which the coach relies on to play nearly every position and the person the other layers know they can count on: somebody to play when they can not.

Nominate an Athletic Unsung Hero

I am looking to recognize the athletic "Unsung Hero's" which grace our campus. Above I have defined an "Unsung Hero" and in the upcoming weeks of the Spectrum there will be a special section in the sports pages that will be designed to report a profile on those athletes. Anyone can nominate an athlete who they feel is an "Unsung Hero." Nominees forms can be picked up in the Spectrum office or at the front desk of the Pitt Center.

SHU Athlete of the Week

Konsig holds Quinnipiac and FDU scoreless to give women's soccer two ties this week

Freshman goal-keeper Leslie Konsig from Millburn, N.J. is the bright spot for the 2-3-4 Pioneers. Konsig replaced senior goal-keeper Carlin Giarneri, (West Haven) early in SHU's tie with UMES last weekend and has been stellar in the net for the Pioneers ever since.

This past weekend Konsig held Quinnipiac and FDU scoreless for 240 minutes in total and recorded 15 saves in SHU's two scoreless ties this week.

You Be The Coach

Want to try your hand drawing up the X's and O's? Think you've got a sure-fire play to stump opposing defenses and get the Pioneers in the end zone? Prove it.

Draw up your own play and submit it to the Spectrum or the football office. Each week, we'll select one winner, who may see J.J. Holtfreter call the play from the huddle during a game.

Open Recreation

Court 1
Pitt Center
10/6 6 a.m.-10 p.m.
10/7 9 a.m.-5 p.m.
10/8 9 a.m.-5 p.m.
10/9 6 a.m-10 p.m.
10/10 6 a.m.-10 p.m.
10/11 6 a.m.-10 p.m.
10/12 6 a.m.-10 p.m.
10/13 6 a.m.-2:30 p.m.

Sports Schedule for Oct. 6 - Oct. 13

Friday
Women's Soccer vs. St. Francis, 3:30 p.m.
Men's Soccer vs. Robert Morris, 1 p.m.

Saturday
Men's Ice Hockey vs. St. Nick's, @ Milford Ice Pavilion 7:15 p.m.

Sunday
Women's Soccer vs. Robert Morris, 11 a.m.
Women's Field Hockey @ Rider, 1 p.m.
Men's Soccer vs. St. Francis, 2 p.m.

Pioneer Classifieds

Instructor/ Entertainer
Mad Science is looking for energetic, enthusiastic people to join our Interactive Science Company. Part-time positions. Must be available 2-5 p.m. weekdays. Weekend positions also available. Applicants should have experience with children and reliable transportation. Complete training provided. Excellent pay. 381-9754.

Make Your Own Hours
Sell Spring Break 2001 Trips. Highest commissions - Lowest prices. No cost to you. Travel FREE including food, drink & non-stop parties!!! World Class Vacations. 2000 Student Travel Planners "Top Producer" & MTV's Choice. (Spring Break Cancun Party Program) 1-800-
Women’s hot streak continues

By Emily Greenough
Staff Writer

The Sacred Heart cross country teams pulled in some super-strong finishes at the Fairfield University Invitational last Saturday.

Junior Chris Ciparelli led the men to their first victory ever over long-time rival Fairfield with a time of 27:13 on the five-mile course.

Senior Chris Eaton finished only a second behind Ciparelli with a time of 27:13. These two times were the fastest times ever for Sacred Heart men on the Fairfield course.

The men managed to finish third overall in the meet.

Leading the way for the women were first year students Christina Mendoza in second place with a time of 19:27 and Katie Wrinkle in 26 points—far distance from second place Quinnipiac’s 74 points. “The men had a strong race and the women completely dominated the opposition,” said head coach Christian Morrison. “I was pleased,” added Morrison.

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