Most people that attempt suicide have tried to tell someone about their situation. Sometimes people have a bad day and talk about killing themselves sarcastically. What is the best thing to do if you can’t distinguish between your friend’s sarcasm and a serious threat? How can you find out for certain?

Senioritis hitting hard

Walking up to a group of seniors, and asking them questions about their future is clearly not the way to make friends nowadays. Instead of receiving many different answers as to what their hopes and dreams might be, they respond almost in unison, “we would rather be sitting at home and vegging out.” This desire for a “psychic vacation” as Director of Counseling Sister Anne-Louise Nadeau calls it, stems from the fact that most seniors at this time in the semester are suffering from senioritis. Senioritis in laymen’s terms means, “burnt out.” For seniors meeting to discuss their stresses in a support group, this feeling of fatigue is a common sentiment. They feel that “four years of college in the classroom is too long. Why not have some on-the-job training interspersed into those four years, so that we can apply the knowledge as we go,” asked one student. These seniors all agree that “life itself is a learning process.”

See Senioritis, page 3

By Allison Keck
Staff Writer

If you get tired of studying for final exams this weekend, take a study break and get involved with Greek Weekend. Greek Weekend starts tomorrow, Friday, May 4th and runs through Sunday, May 6th. All of the events are sponsored by Greek Life.

There are nine Greek organizations that are involved with the events including five sororities and four fraternities. The five sororities involved with the events include Beta Delta Phi, Kappa Phi Nu Epsilon Omega, Phi Omega Tau and Delta Phi Kappa. The four fraternities also involved with the events include Alpha Sigma Psi, Omega Phi Kappa, Lambda Sigma Phi and Sigma Delta Chi. This year’s theme to Greek Weekend is based on New York, “The Campus That Never Sleeps.”

On Friday, May 4th is the King/Queen Competition, which starts at 7:00 p.m., is then followed up by the Skits in the theatre. Nine Greek organizations and one other club (men’s rugby) will be performing. The title for Friday night is “Way off Broadway.” Kelly Fitzgerald, graduate assistant in student activities and advisor to Greek life, said that “There will be free give-a-ways throughout the night and a DJ.” Each Club and organization can participate in the King/Queen Competition and Skits. Fitzgerald states that “We have over 56 Kings and Queens participating this year.” On May 5th is the Spring Semi-Formal in the Pitt Center. The title for this year Spring Semi-Formal is “Countdown to the Crown.” This is where the new King and Queen will be announced when the clock strikes midnight. 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SIFE team wins competition

Special to the Spectrum

Sacred Heart University's Students In Free Enterprise (SIFE) team will compete in the national competition in St. Louis, Missouri, after winning first place in the regional competition on April 12th in Hartford.

SIFE is a non-profit organization that gives students experience with real world situations, while also allowing them to apply what they're learning in the classroom for the benefit of their communities.

"The Sacred Heart University SIFE team is really excited to have won the regional championship and is looking forward to having the chance to compete in the national competition in May," said Eric Penney (class of 2001), co-founder and vice president of the Sacred Heart University SIFE team. "Besides working really hard to implement these programs in our community for the past year, we practiced our presentation for the competition for many weeks—I am really proud of what we have accomplished in our rookie year."

During this year’s SIFE regional championships there were 20 teams from the Northeast, including Quinnipiac University, University of Hartford and Manhattan College. During this competition each college or university gave live presentations on their community outreach programs to leading business executives and entrepreneurs.

This was the first year Sacred Heart University's 32-member SIFE team participated in the regional competition. "I am very pleased at the way our SIFE team carried out their projects in the greater Bridgeport community as well as how they presented themselves at the competition," said Bridget Lyons, D.P.S., professor in the Economics and Finance department at Sacred Heart University and a Sam Walton Fellow. "The Sacred Heart University SIFE team worked very hard to prepare for their first competition. I think it shows how exemplary our students are to win the regional competition as well as rookie of the year."

Sacred Heart University's SIFE team spent 2500 hours executing five different projects in the Greater Bridgeport area during the last year, including:

Ad Competition 2001-a project where SIFE team members worked with Bassick High School, Central High School and Harding High School to learn about the basic fundamentals of advertising and create advertisements for the Discovery Museum, Downtown Cabaret Theater and the Barnum Museum.

Start Your Future Today-a project that helps high school students that are entering the work force learn how to interview for a job, fill out applications, and write a resume.

Credit Crusade-a project that educates college students on fundamental principles of financial discipline, purely from a credit standpoint.

Seaview Avenue-a project that was designed to review a proposal to build a road parallel to Seaview Avenue in Bridgeport to cut down the traffic in the area. SIFE students worked with members of the Bridgeport Regional Business Council (BRBC), the Maguire Group, Trashbusters, and the Friends of Remington Woods to find out the effects the proposed road would have on economic development, community, health, environment and economic justice.

John Winthrop Soccer Program—a program that taught a soccer team from the John Winthrop School to fund raise for the costs of uniforms, equipment, tournament fees and a training facility as well as how to balance a budget. This program received donations from Pinney Bowes and Konner Kicks in Stratford.

Sacred Heart University SIFE Web Site Program—a program that was designed to create a web site for the University’s SIFE organization so that they can gain more visibility.

Globalizing Sports Business University at Sacred Heart University- Sports Business University (SBU) is a web-site dedicated to providing an online sport business education to anyone with access to the Internet.

SIFE members sought to promote the SBU’s online learning experience by targeting a much wider scope of international students, and drive traffic to the web-site through strategic emails and marketing materials.

For more information about Sacred Heart University’s SIFE Team visit www.shusife.com.
Suicide: Week concludes with speaker

Continued from page 1

Many times, the elderly feel they have no reason to live after a loved one dies, according to experts. A person in this situation, or someone close to them, could call 211 and receive information on how to cope.

If your friend starts to talk about writing a will, or suddenly gives you her most prized possession, question them about it.

Another thing to look out for is a sudden change in appearance.

Like if a person always dresses in skirts for class and now just wears all black sweatshirts or if she drops out of activities she loves.

Greek: Weekend loaded with fun and games

Continued from page 1

To get all dressed up and dance the night away.

On May 6th is the Carnival in South Lot and on the patio. The title for the Carnival is “Coney Island.” Fitzgerald said that “There is going to be rides, food, a DJ, a band, a beer garden, and free give-a-aways. Many of the clubs are sponsoring booths including the Outing Club who is sponsoring the Rock Wall and Commuter Council who is sponsoring the Dunk Tank.” Clubs and organizations can also participate in the Carnival. Fitzgerald explains that “The goal for this year’s Greek Weekend is to get everyone on campus involved. The Greek Weekend Committee, which has been meeting weekly with me for 2 months, wants all students (especially non-Greek) to take part in all of the events.”

“We received an increased budget this year so everything is going to be top notch. This year’s Carnival is going to be the best yet with 3 major rides, inflatable slides, tons of free food and give-a-aways, music, a bar-becue, and a performance by the band Renata (They performed during a Senior Pub Night earlier this year). This is the only weekend Greeks have that they can share with all students that is planned exclusive­ly by Greeks. It is really going to be a great time and a terrific way to end the school year,” added Fitzgerald.

Not sure What You are Doing after Graduation?

These are just some of the ways we can help:

1. Come to the Office of Career Development, 2nd Floor, Curtis Hall for assistance!

2. Log onto http://sacredheart.jobdirect.com and view the over 750 job opportunities for Sacred Heart students only!

3. Attend a job search techniques seminar to learn how to find opportunities all over the country in your specific field of interest!

4. Still haven’t a clue?, make an appointment with a career counselor!

Office of Career Development, 371-7975

Senioritis: Common problem that plagues students

Continued from page 1

These same students appreciate a liberal arts education. “It gives you different points of view,” said one. Trying to balance planning a wedding with schoolwork is quite a task for anyone to take on, much less a gradu­ating senior.

The seniors in the support group feel that parents can be another overwhelming pressure. Most parents according to Nadeau, are “just trying to help because they want their child to achieve, and make it so badly. They are supportive and proud as they can be at graduation. They realize that their child has a heavy load. For this reason, they encourage them to try and relax or take it easy.”

Money is weighing heavily on both the minds of seniors and their parents. Some of the seniors I spoke to will be pay­ing back student loans upon graduation. This makes them go into a terrible change such as a heavy load’ For this reason, they encourage them to try and relax or take it easy.

For these seniors, it is important to ask their parents to back off. Their parents need to understand that it is okay for them to make a mistake. They can also learn to accept that their children can make deci­sions as independent citizens. After all, the average person goes through six different career changes throughout their life.

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Editorials

A focus on major courses required

Ask a graduating senior how many major courses they took in an average semester over their four years here, and we doubt any would say they were a majority. Of course, towards the last semesters, electives tend to pile up and non-major courses tend to fall by the wayside. But the way we see it, that should have happened before that.

Professors we have talked to at SHU that have taught at other schools have said that SHU requires significantly more non-major classes than other universities. The bottom line is that a media studies major, for example, winds up taking a great deal more core classes than media studies classes during their first three years at Sacred Heart.

The school really needs to look at what our students are learning. If a media studies major from SHU and one from another school are working at the same job and the SHU student isn’t as prepared for his work because he had to take 2 religious studies classes instead of an extra production class because his major required it.

Hopefully our new core curriculum will address these issues and if it doesn’t, students coming into this school who haven’t declared their major yet should let those in power know their concerns.

Take advantage of Senior Week if you can

Although we criticized the cost of senior week several issues ago, we feel the need to encourage those graduating in May or August or graduated in December to check out the festivities.

It’s pricey and not all of us can afford it, but if you can scrape the money together, it’ll be a good time.

The school is planning what looks to be a lot of fun activities for all of us who are heading into the great unknown this summer.

Hopefully South Hall won’t become a police state and we are given room to have fun. Past problems from seniors have ruined the fun for the many, but that shouldn’t be counted against this year’s seniors. In fact if the school comes down harder on us, that would just anger the seniors and give them added incentive to trash South Hall all over again. Hopefully the school realized that when they planned the week.

The end of one trip and the start of a new one

After nearly four years as a SHU student, all of them spent as an editor at the Spectrum in one form or another, I am done. This publication has been a significant part of my extracurricular life for the past four years and it’s with mixed emotions that I leave.

I’m very excited to graduate and start a new career. The idea of coming home with a regular paycheck and not having to worry about schoolwork will be very welcome.

But with that excitement comes the problems of the real world. 40+ hour work weeks, rent to pay and the list goes on.

I’m just realizing what an insulated bubble college students live in. For the most part, we don’t have to worry about rent, utilities, food. It’s all taken care of. And I doubt I’ll be able to sleep until noon three to four days a week after May.

These are the last words I’ll ever write in the Spectrum, so I want them to count. But instead of a groundbreaking editorial piece worthy of a Pulitzer, I’m feeling sentimental, so I will end with a list of thank you’s instead.

I want to start off by thanking Bruce Carlson and Wendy Young and Joe Nagy, the two most recent Spectrum advisors, who were great assets as well. My best wishes also go out to Debbie Danowski, next year’s advisor. The advisor is a more crucial job here than many think and I’m sure our tradition of excellent advisors will continue.

To my current staff, many of whom are also good friends of mine, I wish you luck. You’re gonna need it. This is a very time consuming job, especially with classes and your social life on top of everything else. But it is also what you make of it.

My best advice is to enjoy the moment and not let the stress of the job get to you. The Spectrum isn’t the New York Times and it isn’t meant to be. Take the serious stories seriously and the light hearted stories light heartedly and you’ll remain stress free for the most part.

My roommates and I have said that it’ll never get any better than this, but who knows. I’m still just beginning in my journey and a new chapter of it is about to be written.

My life has gotten better every year progressively since I’ve come to college, and I hope that it will only continue. Thanks to everyone who helped make it that way.

It’s been a great ride.

The SHU Voices

-Compiled by Jennifer Simonidis

What should the average SHU student do this summer?

Jen Acuti
Harrison, N.Y.
Freshman

Pietro Barberi
Bayonne, N.J.
Freshman

Jay Bowsza
East Windsor
Freshman

“Work.”

“Go on a long vacation.”

“Have as much fun as possible.”

The editorial pages are an open forum. Letters to the editor are encouraged. All submissions are subject to editing for spelling, punctuation, grammar, clarity and length. The Spectrum does not assume copyright for any published material.

The Spectrum is a student-run newspaper of Sacred Heart University, published every Thursday during the academic year. All mail should be sent to the Spectrum, Sacred Heart University, 5151 Park Ave., Fairfield, CT, 06432-1000. Our phone number is 203-371-7963 and fax is 203-371-7828.

By Jeff Murray

Since this is the last cartoon…….. I’ll see you at Senior Week!

The SHU Spectrum

www.shuspectrum.com
Dear Editor,

I write to you in response to the recent editorial published in the April 26th edition of the Spectrum by Sal Maimore in reference to the Gay-Straight Alliance.

I found this letter to be one of the most disrespectful, poorly researched and offensive editorials that I have ever read.

Although everyone is entitled to their opinion, editorials such as the one published do nothing but foster an environment of intolerance, discrimination and hatred.

To begin, homosexuality is not a lifestyle; it is a life. No one ever chooses to be gay. Just like no one chooses to be heterosexual either.

Being gay is not a choice. People are born gay through the grace of God. Why would anyone ever choose to be gay? So that they can be discriminated against, attacked or denied their basic human dignity? I think not.

The only choice a gay person makes is to be honest and accepting of themselves and lead the life that was given to them.

Making the statement that people choose to be gay is also making the claim that at some point homoerosexuals choose to be straight and like someone of the opposite sex. We all know that this doesn’t happen and that people are born either straight or gay.

In the editorial, the bible was quoted several times. Leviticus 19:22 was quoted as saying that homosexuality is an abomination. Did you also know that in Leviticus it states that it is an abomination to eat shrimp, oysters, pork or a rare steak?

When was the last time you ate pork chops? If you read further you will find that this is more concerned with idiocy and fruitless practices and very little to do with sexual orientation. When quoting the bible one needs to take a look at the historical context in which the text was written.

It is fine to have an opinion on issues such as this one and to believe in what your religion may teach you. It is, however, unacceptable to use religion to hurt others and call them an abomination.

Victor M. Pustenski, Jr.

A critical analysis of word nigga and its relationship to development

Dear Editor,

I wonder a great deal why Black comedians can use the word “nigga” so nonchalantly? Through the evolution of the word nigga, we can become conscious of the relationship between language and psychological thought. This article will present a critical analysis of the word nigga and its relationship with our psychological thought development.

Language is a common system of words and combination of words used by a particular group or community. Languages hold specific dialects that still contain the same underlying, fundamental structure of the laws of language, but may contain different connotations. One of the major steps of the development of psychological thought is the formation of our language.

If language can influence thought; then words of language are the tools that can socialize, mold public opinion and psychological thought. Language can create social power and control certain behavior. Our psychological thought can stem from numerous perspectives. Not one of these approaches is the single most fundamental explanation of psychological thought. Therefore, I will explain the vital component of this thought has on psychological thought in my opinion. I believed that psychological thought development has an underlying unconscious part in reference to the cognitive approach, psychological development is the result of our processing information from the outside environment. As a result, our psychological thought contains formed principles that allow us to understand the differences between cultures.

Cornel West, author and professor of Afro-American studies and Philosophy of Religion at Harvard noted that the word nigga was a genealogical material of racism and racist thought. Psychological thought is the mental influences that revolve around the basic foundation of American English language that deemed, devalued, and degrade Black Americans to a lower social and humanity status by contextualizing them with the word nigger.

First, the socialization of the word nigger from one generation to another provide an understanding unconsciousness that the word was used for a Black American in reference to their inferiority to White America. Lastly, the word nigger gave White Americans a common frame of reference to establish friendships and self-actualization of their social power. For example, the KKK and segregation laws provided self-actualization of social power through their common goal to keep white supremacy. As a result, the word nigger was a psychological means that fortified the socialized self-identity of White Americans to assimilate and accommodate to white society.

At the same time, the word nigger was becoming a nulling aspect of Black American life. During time of slavery to the beginning of the Civil Rights Movement, Black Americans in the ideology dialect of White American have internalized the word nigger. Also, the word nigger took on a more political friendly nature when it evolved again to the word “colored.” Through out history, Black Americans struggle to gain new social status, but was still considered inferior.

As Black Americans cultivated and integrated the socialized power structure, a new Black self-identity and psychological thought was formed. The common dialect reflected this course. Even though the majority of White America viewed and perceived Black America in the same psychological thought, Black Americans described their self-image and self-identity to social status of equality among White Americans.

As a result, the word nigger evolved to the linguistic words of “Afro-American, African-American, and Negro.” Thus, it devalued the white social dialect stereotype context of Black Americans, and gave Black Americans a frame of reference of their own social and self-identity that reflected African origins and not inferiority.

Marvin Royal, Senior
SHU students have a voice in University Librarian interviews

By Keysha Whitaker
Features Editor

Sacred Heart University is in search of a new University Librarian. According to Dr. Claire J. Paolini, dean of the College of Arts and Sciences, the search for a new librarian began in the fall of 2000 and will soon be coming to a close.

Paolini has taken an innovative approach to the search for a University Librarian. A global email invited students to participate in the hiring process by listening to presentations by the candidates and completing evaluation forms. Students will also be allowed to ask the candidates questions.

Paolini, who has held her position since August 1997, answered the Spectrum’s questions concerning the new University Librarian.

Q: How long has the position of University Librarian been open and who held it prior to the vacancy?
A: Dorothy Kijanka, held the position and retired in January 1999. Mary Rogers then served as interim Librarian. Currently, Susan Broadstone serves as interim Librarian. The search for the position began late in the Fall 2000 semester.

Q: Is this the first time interviews have been opened to the student body?
A: I am not sure about how often interviews in the past have been open to the student body. The Library Search Committee invited a group of students to give their views on what is needed to improve the current library. We had a very lively discussion and learned a great deal about the student point of view.

Q: What important decisions loom in the future for the library that the new librarian would be facing?
A: Perhaps the best answer is included in the information we placed in the ad that ran in the Chronicle of Higher Education about the position. "The University is committed to a major expansion of library space, technology, and services within the next five years. We seek a leader with the vision to design, articulate, and implement the transformation of the Library while also effectively managing and improving current library services."

Q: When will a decision be made?
A: If we find an appropriate candidate, we hope that the position will be filled before classes begin in September 2001.

Q: How will heavily will administrators weigh student evaluations of the candidates?
A: In making the final decision, the administration will consider all opinions. The new University Librarian will be responsible for tackling an array of issues, and Paolini indicates that the ad for the position in the Chronicle of Higher Education best details the responsibilities. The ad notes that a qualified candidate must have a strong commitment to excellence in providing library services to students, faculty, and the greater community.

The ability to collaborate and negotiate with the broader campus constituencies
3) Successful budgetary management skills and commitment to development of private support.

A keen knowledge of trends and changes in education, scholarship, and other aspects of library sciences.

According the ad the correct candidate will be ALA-accredited MLS degree; second master’s degree preferred; minimum of five years experience with a record on increasing administrative responsibility and success in an academic institution or library system. Paolini is urging students to attend the interview sessions for the position.

Interviews for four candidates will be held at 1:45 to 3:00 on each date at the following locations: Monday, May 7, Faculty Lounge: Mr. David Pinto, Friday, May 11, Pitt Board Room: Mr. Dennis Benamati, Monday, May 14, Faculty Lounge: Ms. Susan Broadstone, Friday, May 18, Pitt Board Room: Dr. Lisa Beinhoff.

Copies of the resumes of the candidates are available in Paolini’s office in SC 124.

Features

portrait of a brown girl
(on a dream landscape)

by Brandon M. Graham

and there were two resting
on a dream landscape
they both were caught
in the entanglement
of late night conversation
where they would laugh
and exchange thoughts
and discussed
individual futures
and he had hoped
that one day
their paths would cross
and somehow entwine themselves
in blue ribbon and white boxes
and present themselves
in some form of a gift;
in some form of the present
this would be a safe haven
where they would share
allegoric hugs and figurative kisses
in the comfort of verbal intimacy

like a congested congregation
that ushered in pronoun
and mis pronoun ication
not to mention
the semi-colons and conjunctions
that never ever really served
their standard english functions
and i was under the assumption
that she had planted
a seed inside of me
producing a garden of language
unspoken in proper syntax

II.

she though
she was beautiful
in every way [pause] imaginable
she was born with a honey tinge
brown like Arab sands; cinnamon tinted
island-girl scented
she possessed the fragrance of elegance
and i would stare as she would prance
and she would tease
and offer a momentary glance
which left me staggering
in a deep trance
and all in a moments time
i would become undone like worn,
decay ed seams
on old hand-me-down jeans
one must understand

that this was all
so very new to me
and i couldn’t decipher
whether or not i was finally
walking in the beauty
of my own reality
or if i were walking barefoot
on soft-en-green blades of grass
which were surgically implanted
on a dream landscapes
to give the illusion
which often time
leaving me in a state of confusion
and this is where we had met
that one fine day
where with her smile
she had warmed me
like benign sun rays
that reflecting the pride of gays
in oceanic waves of pacific bays
in the open streets of san francisco

she was
the most beautiful portrait
of a brown girl
i’ve ever seen
or
the most beautiful portrait of a brown girl
i’ve ever dreamed...
i’ve ever dreamed...

Editor’s Note: The portrait is by Gilbert Young and is titled Miz Lela’s Baby
sappy goodbyes

By Keysha Whitaker
Features Editor

I sort of don’t like me too...
Yet somehow, I find you touching me
Weaving a web that excludes me and
Does that I may see
So that I may like me too
Then...I’d see what glues you to me
I’d see.
Chocolate tinted skin smelling faintly
of white musk...
And the color of night clinging
to the iris of my eye as dawn awakens
I’d hear.

Hear my voice crawling silently
into your dream
as the water crawling...
crashing onto the sands
Then...I’d sort of like me too
Like me for a beauty
that Revlon can never define
and cannot dare defy
And Madeline cannot
deem me a covered girl
Like me for a beauty
that Madiez/Teem cannot contain
For a beauty that speaks
without Victoria Secrets
Tucking...squeezing...
lifting...pushing...the flesh
That is my breast
My hips, my curves, my Body
Then, I’d like me, as
you love me
I can’t see why he loves me
while I...I only like me

After eating Fik for the first time
after a long vacation.
But seriously, for those stu-
dents who are hating Sacred
Heart I will urge you to get
involved. Make your voice
heard. Take chances to make
change.

Don’t let hatred and bigotry
tear the campus apart. Don’t
try to live in the one-
dimensional sheltered world that
you were you were raised in.
I say this, because I am sin-
cerely worried about the chaos
that could erupt on this campus
with the recent attention brought
by the Task Force Against
Homophobia.
WLL, I’m not sure if I’ve
said much in this column, and if
you haven’t gotten anything out
of it so far, let me add this last
tidbit of my wisdom...

You only have one life to
die, don’t spend it hating people
you really know nothing about.

By S. Auguste

Blissfully Vacant

My shadow bleeds down my back
and leaks into the night
My shadow escapes me...my shadow...
I sort of wish
that I too leaked
with it into the never-ending night
You don’t like me
and that is your right.
(Whisper: "I have a secret")

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Does that I may see
So that I may like me too
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No more dorms

Senior Week is last chance for class gathering

By S. Auguste

May 3, 2001
www.shuspectrum.com
SHU Spectrum 7

Senior Week is last chance for class gathering

Melissa Greenhalgh
Staff Writer

No more dorms, Thursday nights at the Page, or RA's to restrict our fun!

As seniors, we are on our way into the real world, but before we go of course, there are those last minute presentations and finals we have to take care of before graduation day.

To help the seniors relax and enjoy their final days at Sacred Heart University, our class President Tom Wuestkamp, and the other Senior Class Officers have planned a week of fun and entertainment for all seniors, known as Senior Week.

Each year Senior Week provides seniors with a week in the South Hall freshmen dorm complex, which is a time to relive freshman year - especially with the friends that everyone has made here at SHU. I sort of wish

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You only have one life to

Summer films ready to hit theaters

**By Erik Hanson**
**Contributing Writer**

**Commentary**

As May approaches, so do the variety of films. 124 films will be released by the end of the summer to be exact. We will have a series of sequels, blockbusters, remakes and films that may become sleeper hits.

The summer usually involves profit driven flocks that all want to hit the elusive $100 million gross. On the other hand, studios will likely make a push with smaller films against action extravaganzas in the mere possibility of sellouts. It is a wise technique that also offers a variety of genres to choose from. This appears to be the summer of the sequel; Sequels to be released are:

- The Mummy Returns, with Brendan Fraser back to battle the Scorpion King this time played by pro wrestler The Rock.
- "Jurassic Park," with Sam Neill back from the first film, as he crashes his plane on a mysterious island of dinosaurs.
- "American Pie 2" has the whole cast back a year after their fresh man year at college. Promises to be loaded with shocking scenes of male hijinks.
- "Rush Hour 2," has Chris Tucker headed East with Jackie Chan to solve a conspiracy.
- "Scary Movie 2," has the Wayans brothers back again, this time trapped in a haunted house.
- "Pearl Harbor," stars David Duchovny and Orlando Jones as they battle a new species of alien. Sounds like a cross between "Ghostbusters" and "Men in Black.
- "Meet the Parents," starring John Cusack and Catherine Zeta-Jones struggling with their marriage as her sister Julia Roberts has an eye on Cusack.
- "The Score," has DeNiro, Norton, and Brando. Sounds like a sure bet. Who knows?
- "Evolution," stars David Duchovny and Orlando Jones as they battle a new species of alien. Seems like a cross between "Ghostbusters" and "Men in Black."

While there are so many choices to choose when summer comes around, it will be interesting to see what prevails. It would be nice to see a film like "Memento." A monumental film with a star-making turn by Guy Pearce, to expand into larger markets.

It is one of the most profound versions of film noir in recent years, and leaves the viewer to ponder over the plot for days.

Unfortunately, summer blockbusters take special effects to new heights, but unlike a thriller like "Memento," the viewer fails to grow from the experience.

Meet the Parents

**By John Ruggiero**
**Staff Writer**

**Commentary**

I thought long and hard what to do with my final article for the 2000-01 school year while writing entertainment reviews for the Spectrum.

So I came to writing something that I wasn’t at all that thrilled to see until I saw it first hand, Meet the Parents. This film came out in the late Summer, early Fall, time range and was an immediate sleeper hit in the box office and continuing on with its current release to home video or DVD for either rent or sale, the film has increasingly more and more popularity.

When viewing the film I asked this, why is it so popular? I came up with three conclusions. One being, everybody loves DeNiro, no matter what film you saw him in, you have to carry a favorite. Robert DeNiro is truly the man in Hollywood. For most of his film career, DeNiro has done serious roles, until lately by showing his versatility as an actor by touching on the comedic side of films.

Meet the Parents, co-starring with Ben Stiller.

Which gives me to my second point of why this film was so popular, the duo of DeNiro with Stiller. And even though Mystery Men was an entire flop, Stiller is a growing superstar in Hollywood, dating back to three years ago with the hit There’s Something About Mary, which co-starred one of Charlie’s Angels, Cameron Diaz. In Meet the Parents, Stiller is DeNiro’s eldest daughter’s future fiance. An on a weekend getaway to the coincidentally meet the parents, Stiller finds himself getting into trouble and not making a so-wonderful first impression with DeNiro and Blythe Danner (Gwyneth Paltrow’s Mom).

It’s Stiller’s bumbling mistakes and lies, lies that ruin his weekend with girlfriend Pam (Teri Polo) at her parents house. I cannot give out what actually happens because it would kind of ruin it for you, but it is absolutely hilarious. Trust me, you can take my word for it.

Stiller and DeNiro are a true couple of eccentric chemistry that work together in a movie as good as anyone, and in the toughest possible genre, the comedy.

But one thing about DeNiro, he always seems to work well with his on-screen partner. Such proof can come from, as I said before analyze This, and with Ed Burns in his most recent film 15 Minutes.

I for one did not think Meet the Parents was going to be as "good as anyone, and in the toughest possible genre, the comedy."
Journey continues
and the program grows

Continued from page 1

He is working on ways to allow students more freedom in the areas of design and con­struction.

As a short-range goal, Rick told me that he would like to see the theater in Curtis Hall, formerly known as the Bowley-Newman, become a permanent space for Student Theater.

As a whole, Rick would like to see a more in depth drama program here at Sacred Heart University giving the stu­dent written plays a place to be produced.

He also feels that open communication between the theater and the music depart­ment and mutual event schedul­ing will enable the students to have a wider range of opportuni­ties in their theater experi­ence.

Finally, he told me that Student Theater is starting to become what he originally had envisioned, and he hopes that it continues to go in such a positive direction.

Parents: Funny comic romp

Continued from page 1

good as everyone, one made it out to be, but now I must confess that it truly is a very successful comedy.

N o n s t o p
laughs from beginning to end and a great cast that Jay Roach directed very well. Roach is Known for directing Austin Powers, so his credentials are very impressive in comedy.

The last thing I would like to touch on is the third point on why this film was so successful, and that was because sometimes some of us go through exactly what Stiller went through in actually meeting the parents of someone that you are dating.

And if it is not you, then you know someone, that at one time made a complete fool out of him or herself when meeting the "In­Laws".

Have a good summer, go out and enjoy yourself and go to the movies.

\[image\]

media

studies

exhibit on

\[image\]

May 3, 2001
www.shuspectrum.com

Journey continues

and the program grows

Comments, Question or Response:
c-e-mail Brandon M. Graham
at 0510469@sacredheart.edu

(a special thanks goes to my guidance counselor)

two roads diverged
i took the one less traveled by,
and that has made all the difference [pause] in me
for my journey
has made me indifferent,
bitter, and hateful of self
more so than i had ever anticipated
and though i grow weary
i must re member
that i’ve promise to keep,
and miles to go before i sleep

it’s very distressing to re member
my uncle smoking 4 packs
of marlboros a day
and then dying of some type of inoperable lung cancer [pause]
he’s been dead for some time now; 126,215,120 seconds…and counting
i became dazed with memories

he’s cheated me out so much of our future
he’s cheated me out so much happiness

it’s very painful to re member
feeling intellectually inferior
every time i raised my hand
in a classroom [pause]
some say that it may be
my own in securities
that they had broken into

and had somehow stolen
my confidential records
on how to be self confident [pause]

but it has always felt
as if the board of education
has actually grown bored
with education of my people;
our children are being mentally molested
and culturally raped
in these schools that are named
after these grand old presidents
who were nothing more
than racist pedophiles, self-absorbed
slaveholding individuals
but i can certainly understand
if you do not wish to re member
those parts of america’s history
cause even i at times
don’t want to re member
i don’t want to re member
living in poverty
i don’t want to re member
going hungry or being cold
i don’t want to re member
sounds of gunshoots
i don’t want to re member
sneakers hanging from power lines
i don’t want to re member
the smell of alcohol
i don’t want to re member
doo-rags, timberland boots,
air Jordans, starter jackets, and gold chains
i don’t want to re member
being told i was too dark
i don’t want to re member
words like nigger
i don’t want to re member
[looooooong pause] black
i don’t want to re member
this has been
a brief moment
in black history

Parents:

what Stiller went through in actually meeting the parents of someone that you are dating.

And if it is not you, then you know someone, that at one time made a complete fool out of him or herself when meeting the "In­Laws".

Have a good summer, go out and enjoy yourself and go to the movies.
Unsung Hero: Stockton in the right lane and on the right track

By Gaetano Marra Jr. Staff Writer

Profile

Say what you will about athletes in sports today and which are the most well-conditioned. Few will argue against the fact that Cross-Country and Track and Field athletes are probably the most fit of all, not just physically, but also mentally.

It takes time, dedication, great ability, and a lot of heart for an athlete in these sports to succeed.

For Sacred Heart University senior Heather Stockton, running is a way of life. The senior from Clifton Park, N.Y. has been impressing her teammates and opponents for 4 years now.

Setting school records with astounding times, she displays all the model characteristics necessary for a runner to be successful. For her efforts, she is recognized as this week’s Athletic Unsung Hero Award Winner.

Stockton’s versatility and ability to run a number of races is what makes her so valuable to the team.

Whether it be the steeplechase, the mile, the 3000m, the 1500m, or the Distance Medley Relay, Stockton’s contributions to the team are seen even beyond her impressive times. She is always willing to do whatever event will benefit the team most.

In 1998, Stockton was awarded Sacred Heart University Rookie of the Year. The award is given to an athlete in her first year at the university who has made significant contributions to the school and their sport.

It was then that Stockton came onto the running scene as one of New England’s best, and she has been impressing all ever since.

Even with all the success, Stockton admits that it isn’t always that easy.

“Balancing academics with weekend-long meets is hard,” she said. “Sometimes I lose my entire weekend to track, and there is no chance to get schoolwork done. I usually plan my work a month ahead so I don’t fall behind.”

Stockton credits her teammates as being her driving force, and credits them for much of her individual success. “The team gets me through everything,” she said.

“If I am having a bad race, they give me their cheers.

“They give me my self-esteem. When I am having success, they are there with me to celebrate.”

“Kim, Sara, Diane, Mandy, and Patty have been the girls I’ve become closest to.

“Unsung Hero: Sakowich makes impressive impact on track and field record books

By Edgar Palacios

Controlling Writer

Profile

There are many people that go unnoticed because their contributions to the world are not based on talent or skill, but based on their dedication and hard work.

There are few individuals who embody Leadership. Leaders are generally considered those individuals who stand as superior above others because of a superficial society and God given talents.

A true leader is one who takes whatever talents and abilities they may have and pushes forward, to improve themselves, the community, and the people around them.

There is one person that truly embodies a leader, Jon Sakowich.

This individual has been on the track team since his freshman year. He has worked and dedicated himself to improving himself as an athlete, a student, and a person for his third consecutive year, and next year will be no different.

Although not a captain, he is the leader of the team both on and off the track.

Sak, as he is called, currently holds 3 individual school records (1200 m, 2000m, and 4x400m) and has been an integral part of 5 other relay records. These records were still being measured in yardsticks Sakowich could possibly double his impact on the SHU Track and Field records book.

Sakowich has the potential of breaking his own school records and owning several others that he hasn’t gotten yet.

In less than a week Sak has broken the school record in the 200m (twice), 400m, and also helped break the 4x400m at the Penn Relays Carnival at the University of Pennsylvania.

At the Collegiate Track Conference (C T C ) Championship Sakowich was our busiest and most productive athlete.

He began the day on the 4x100m relay that placed second in the meet and just missed a school record (one). He then broke the 200m record in the 200m trials (two).

He went onto the 200m Finals, where he broke his own school record (three) and finished 4th at the meet.

He then, won the 400m dash and established a new school record (fourth).

In his fifth and final race of the day, he anchored the 4x400m relay. In this race, he settled behind the leaders just within striking position.

As they rounded the final turn, Sak turned it up.

As the race came closer and closer to the finish line his stride increased as he closed in on the leaders. The crowd roared with excitement as Sak past the other competitors and won.

No one can deny that Sakowich is an exceptional athlete, but his best contribution to the team has been off the track. Those little pep talks to other athletes, that little push that has helped make this a better team. This is a team.

Sakowich could not have done what he has done by himself. This team has supported him and depended on each other all year long in order to become the best track team Sacred Heart has ever had, with even better years to come.

Come support us as we continue to break records and impress spectators.

Stockton has dedicated her life to running, and is using her God-given ability to the best way she knows how.

She asked to leave some advice to her teammates and all future runners who follow in her footsteps. “Just keep a positive mental attitude,” she says, and everything will be just fine. “Feel light, fast and confident.

“Today is a great day to race,” she insists, and “kick some nasty butt.”

Heather Stockton is a positive role model for all who succeed her, with a future just as bright and promising as her past. There is no question that her contributions to the SHU track will always be respected.

Look for Stockton to make a few final marks and run some successful races as she concludes her collegiate running career, and reads herself for an even more successful future.

Health Competition: Run to prevent arthritis

Special to Spectrum

For millions of people, completing a marathon represents the ultimate fitness goal.

Now, thanks to the Arthritis Foundation’s year-round training program, it’s possible to “go the distance” while raising funds to prevent, control and cure arthritis for the nearly 43 million children and adults with the disease.

Joint motion in a program developed by the Arthritis Foundation, with participants receiving tailor-made schedules to walk or run a marathon. Anyone can take part, training is designed to fit the individual, regardless of fitness level. Throughout the program, professional coaches monitor athletes’ progress.

The Arthritis Foundation is the only nationwide health organization helping people take greater control over their arthritis by leading efforts to prevent, control and cure arthritis and related diseases.

For more information about the Joint Motion Training Team, call toll-free 1-877-956-4687 or visit the Web site at www.arthritis.org.
**SHU Athlete of the Week**

**Sakowich breaks school records at the Penn Relays Carnival this past weekend**

In less than a week Jon Sakowich from Massachusetts has broken the school record in the 200m (twice), 400m, and also helped break the 4x400m at the Penn Relays Carnival at the University of Pennsylvania this past week.

At the Collegiate Track Conference (CTC) Championship Sakowich was SHU busiest and most productive athlete. Sakowich began the day on the 4x100m relay that placed second in the meet and just missed a school record (one). Sakowich then broke the 200m record in the 200m trials (two). Sakowich went onto the 200m Finals, where he broke his own school record (three) and finished 4th at the meet. Sakowich then, won the 400m dash and established a new school record (fourth).

In his fifth and final race of the day, he anchored the 4x400m relay. In this race, he settled behind the leaders just within striking position.

**Women’s lacrosse defeats Quinnipiac 11-6 this past weekend**

This past weekend was Senior Day for the women’s lacrosse team. They took Senior Laura Mack scored three goals and had three assists on the day. Jennifer Girouard scored four goals for the Pioneers while Christina Macchia scored three goals and had one assist. Michelle Bruckner added one goal for the Pioneers.

**Sports Schedule for May 3-13**

<table>
<thead>
<tr>
<th>Thursday</th>
<th>Sunday</th>
<th>Saturday</th>
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<tbody>
<tr>
<td>Baseball @ Univ New Haven</td>
<td>Baseball vs. UMBC</td>
<td>Softball NEC Championships @ LIU TBA</td>
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<tr>
<td>3:30 p.m.</td>
<td>12 p.m.</td>
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<tr>
<td>Friday</td>
<td>Thursday</td>
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<td>Baseball NEC Tourn TBA</td>
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<tr>
<td>Saturday</td>
<td>Friday</td>
<td>Sunday</td>
</tr>
<tr>
<td>Baseball vs. Mt. St. Mary’s</td>
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</tr>
<tr>
<td>12 p.m.</td>
<td></td>
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<tr>
<td>Men’s Lacrosse MAAC Championships @Marist College TBA</td>
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**A successful fight for the SHU Queens of heart rugby team**

On April 21 the Sacred Heart Women’s Rugby team played in the annual Beast of the East Tournament in Rhode Island.

They ended the weekend with a 1-1 record.

The Queens started off with a big rally to beat Boston University but lost to Keene State knocking them out of the next round.

The Queens played their final game of the season this past weekend against Trinity College in Hartford.

The Queens played a tough match, but lost the A-side game with a score of 25-5.

They came back strong in the B-side game and beat Trinity with a score of 5-0.

The Queens ended their season on a good note to go watch for them to be a powerhouse in the fall season.

“The season was tough but we played well as a team and had a great deal of fun. We are looking to take what we can from this past season and look to build on it for the next season,” said junior Jen Marks.

**Graduate Nurse Transition Program**

Our Graduate Nurse Transition Program is beginning on June 11 and July 30, 2001. This program will provide you, the new graduate nurse, with the opportunity to partner with a Registered Nurse Preceptor in a work and study environment. This collaboration will increase your competency and confidence in caring for adult acute care patients in a variety of specialty and med/surg settings.

This 10 week post hire orientation program includes a combination of didactic, clinical and special observation opportunities, which will develop your ability to:

- Interpret and integrate significant patient cues for clinical decision-making in select patient populations.
- Develop organizational skills in managing multiple patient care assignments.
- Increase competency in technical skills.
- Develop communication/collaboration skills as a participating member of the patient care team.
- Model characteristics of professional nurse behavior.
- Participate in self-appraisal of personal and professional growth.
- Experience the transition of a patient from the acute care setting to the home environment with services.
- Provide variety of specialty and med/surg settings.

You must have graduated from an accredited School of Nursing (BSN, AD, Diploma) and have a temporary Conn. License. We also require an official transcript and 2 letters of recommendation from your clinical instructors.

We offer a starting salary of $19.50/hour, excellent benefits including health, dental, and life insurance, LTD, 12 vacation days/year, 403b, cash balance retirement plan (paid by the hospital), free parking and access to our fitness centers. We also have market leading shift differentials of 15% for evenings, 25% for straight nights and 25% for weekends. These shift differentials are cumulative.

Please reply to John Turnberg with Ref# GN2001 at hartnurse@hartnhs.org or Hartford Hospital, 80 Seymour Street, Hartford, CT 06102.

Contact us at (860)545-2145, fax: (860)545-2351, or email; hrinfo@hartnhs.org

For a complete listing of openings go to www.hartnhs.org/hr

We are an equal opportunity employer who believes diversity brings out the best in everyone.
Sports
Heart attack