New Freshman Class Raises the Bar at SHU

By Jill Tomasz
Staff Reporter

With approximately 4,640 applications for this year’s freshman class and 70 percent accepted, Sacred Heart University’s popularity and standards are rising. According to the Dean of Undergraduate Admissions, Karen Gustavie, out of the 805 incoming freshman mainly from New York, Connecticut, New Jersey and Massachusetts, six are international students from Tanzania, England, and Canada. Roughly 15 percent of the freshmen were ranked in the top 10 percent of their graduating class. With an average GPA of 3.2 and SAT scores averaging 1075, you can see the academic requirements are mounting as well.

“The class of 2006 is an energetic group,” according to Dean of Freshman, Michael Boozene. He has an “optimistic outlook” on student-teacher relationships saying that this group is “vocal in the sense of speaking out, and very quick to participate.” Dr. Anthony Cernera, president of the university adds, “My hope is that each of them will become active and engaged learners, taking the fullest advantage of opportunities for learning that the university offers. In addition, I hope that each of them will be actively engaged in the social and spiritual life of the University community.”

Many freshmen were having difficulties with adjusting to the new lifestyle, missing their families, and being separated from the friends that have always been there for them. The hardest part for freshman Danielle Cush, from Staten Island, is “being away from the friends that have always been there for me.”

Adjusting to being away from home is not the only difficulty freshmen face. Stephanie Filamari, a freshman from Valley Stream, Long Island, commented that the food on campus is “not like Mom’s home cooking, but I’ll adjust.” Several freshmen are also already overwhelmed with the amount of reading and independent work that needs to be completed.

Finally, Dr. Cernera adds, “I look forward to the Freshmen Convocation on September 18th when the first year students will be fully matriculated into the University.”

Despite these hardships, the freshmen class has started to bond together and unite as one in their new environment. Congratulations class of 2006 and Welcome so Sacred Heart University.

On Monday and Tuesday afternoon freshmen students were given the opportunity to discover the various clubs and organizations at Sacred Heart during the annual Activities Fair, pictured below. Being involved in any of the diverse clubs on campus enhances your college experience and allows you to meet new people.

Senior Shara Secondo from Enfield, CT. states, “There should be a group on campus for students to learn about other religions and understand them. I feel this way because not everyone on campus is of Catholic descent and people need to be more diverse.”

When asked about the newly formed Religious Diversity group, Tom Ferguson, senior from Manchester, CT stated, “I think it is a really good idea to start a religious diversity group because some people may feel left out because they are of a different faith than Catholic. The Catholic faith is what Sacred Heart University is based upon. I encourage all Catholic students to become involved in this group. I think that one of the reasons is that it is important to have Catholic students in this club because religious diversity includes all religions and excludes none.”

The religious diversity group hopes to provide an opportunity for religious celebrations as well as organize trips to a variety of religious services. There will be an informational meeting to be announced at a later date, and global emails sent out to all students about the new group. If you have any questions or would like more information about the Religious Diversity group, you can email Sarah Keller at SKeller@sacredheart.edu or visit Campus Ministry.

The Religious Diversity group is new this year and is hopeful that the Sacred Heart University community will welcome the club and students on campus will want to partake in this educational and social activity group.

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September 11th: One Year Later

By Kara Brady
Staff Reporter

Keeping Social Life in Perspective

While most of us were nestled away in our moderately cozy dorms here at Sacred Heart University, a tragedy struck our nation's soul of the likes that have never been seen before. Guaranteed there is not one person you speak to within our humble hallways that does not remember exactly what it was that they were doing on that terrible morning. A year has passed since those heinous attacks were carried out in New York, Washington, and Pennsylvania, and thankfully those live images of chaos and disaster are gone, but still they are tremendously unforgettable. As September 11, 2001 lingers perennially in our thoughts, September 11, 2002 is upon us and a wide array of questions still remain.

Is there uncertainty among students here at Sacred Heart, of our nation's capacity to prevent this sort of thing from happening again? Do students feel that the nation has gone to great lengths to provide better security surrounding our airports? Is America still unchanged from that abysmal day?

While the government seems to discount possibility for future attacks on our country, a report on CNN.com addresses that they must still focus their attention towards our vulnerabilities as a nation. Junior Matthew Albertson, has since September 11, traveled by plane from his home in Westbury, New York, to St. Louis, Missouri. Albertson agrees that airport security has been beefed up since the attacks but also acknowledges, "they have gone to great lengths to make everyone feel better, but in reality no matter how much you heighten security there is always the risk that someone will find a way around it."

However, on the same token, another student offers a more optimistic opinion. "I feel that the government has done a very good job of ensuring that we keep our freedoms intact; with the lengths they have gone to provide that for us, it makes another attack somewhat inconceivable," says Senior Katie Bowens, from Hudson, Massachusetts.

Speaking more directly, the topic of airport security is undeniably the greater concern for those as people board their respective flights. Most airports have resorted to military police at airport terminals and the FAA has even entertained the idea of holstering their pilots with a firearm. Another student, Junior Matthew Albertson, has since September 11, traveled by plane from his home in Westbury, New York, to St. Louis, Missouri. Albertson agrees that airport security has been beefed up since the attacks but also acknowledges, "they have gone to great lengths to make everyone feel better, but in reality no matter how much you heighten security there is always the risk that someone will find a way around it."

A great realization is that no matter what extent cities go to prepare for a future attack "which is not by any stretch imminent" there is always that feeling of uncertainty. In truth this country is challenged by many variables outside its control, however, it should be taken into consideration that our government is working around the clock to secure our safety.

So, in these days of solemnity, we should not live in fear, but instead focus our energies toward remembrance for those who were unjustly and already taken from us, as well as give thanks for the opportunity we have to promote freedom and justice in the world.

Three women, students here at Sacred Heart, attended a speech by Mr. Duval, a phenomenal speaker who visits Sacred Heart every year to share his story. A former student athlete who had serious problems with drugs and alcohol, Duval talks about his risky behavior and experiences, and the tragedy that filled his life as a result. He was a man of excess, who was never satisfied, and reached different states of life. He was a man of extremes, who thoroughly enjoyed partying and reaching different states of mind. It was a situation where no one could stop him or change his mind; he was addicted and showed no signs of slowing down. It took a serious accident and loss of a family member for Mr. Duval to realize the lifestyle he was in, and that he was desperate for a change.

This was the case for a man named Dan Duval, a phenomenal speaker who visits Sacred Heart every year to share his story. A former student athlete who had serious problems with drugs and alcohol, Duval talks about his risky behavior and experiences, and the tragedy that filled his life as a result. He was a man of excess, who thoroughly enjoyed partying and reaching different states of mind. It was a situation where no one could stop him or change his mind; he was addicted and showed no signs of slowing down. It took a serious accident and loss of a family member for Mr. Duval to realize the lifestyle he was in, and that he was desperate for a change.

Mr. Duval is such an energetic and truly enjoyable speaker. Melissa Bensch, a junior from South Hadley, Massachusetts, attended his speech as a freshman two years ago. She says, "I was speechless with tears in my eyes. He really makes you stop and think long and hard." Mr. Duval had the entire audience in silence at times, which was incredible. It is not an easy task to get and keep the attention of an auditorium filled with college students.

On Tuesday September 4, a gas leak was found at Parkridge Townhouse NO. 5. At approximately 7:00 p.m. residents began to make dinner when they realized the stove pilot was not lit. There had been a bizarre smell throughout the apartment all day, but not concluded until then that there may be a gas leak. A resident, Robin Smith, a senior from Palsades Park, New Jersey, immediately called Public Safety. "I told them that our pilot weren’t lighting and that we thought there might be a leak but they seemed unconcerned," said Smith.

Dispatcher Blackwell tried to give instructions to the girls, over the phone on how to light the pilot. Since Dispatcher Blackwell was unable to comment on the situation, William O’Connell, director of public safety, stated, “He informed her that this was not an uncommon occurrence, that we have responded to this type of call at the Townhouses before, and the problem was more than likely the stove pilot light.” Irritated and nervous that she had not been told someone was sent to her apartment, Smith became impatient. Public Safety dispatcher Blackwell told Robin to call back when she could explain the situation calmly and proceeded to hang up on her. Smith called back and once again asked the dispatcher to send someone to check out the apartment. Soon after the initial call was made, Public Safety arrived at the townhouse. The officers themselves tried to light the pilot and when unsuccessful acknowledged that there was a leak. With this evaluation, the officers stopped trying to light the pilot to avoid an explosion and called Buildings and Grounds to come and turn off the main gas line.

Several minutes past before Buildings and Grounds got to the apartment to investigate the situation. They turned off the main gas line because at the time they were unsure where the leak actually was. While this was happening, concerns about the dangerously high Carbon Monoxide levels were brought up. "I know a lot about CO levels from my dad’s work and I was worried that the level might be too high inside the apartment," said Christina Navaretta a senior from Syosset, NY.

Christina called the Bridgeport Fire department to come and test the CO levels because she had not been reassured that tests would be done by Public Safety or Buildings and Grounds.

On scene, the firemen evacuated all students from the townhouse. The test came back with an insignificant reading of .20 LEO; however, without opening windows and the fan on, the test would have had a much higher more dangerous reading. Luckily no one was affected by the leak and on September 6th the apartment received a new stove.

Whether you party every night or not at all, it is truly a great experience to listen to him.

If you are interested in attending, Mr. Duval will be in the auditorium on Tuesday, October 22nd at 7 pm. "If you are interested in attending, Mr. Duval will be in the auditorium on Tuesday, October 22nd at 7 pm."
Let's face it - that plastic card in your pocket with your face on the front works only in one place, Flik. Sacred Heart University's dining service since 1994 has had a facelift over the past year. With a new look, new variety, new management, and new prices, students must learn to make the most of their dining dollars.

Many returning students on campus think that Flik's prices are increasing dramatically from year to year. Nick Sobanski, a junior from Preston, CT, states, "Being a transfer student, I've had the opportunity to experience more of a food and snack window service. Flik does have good quality food, but the pricing system tends to be very inconsistent and expensive."

Steve Martinez, a senior from Port Chester, NY, has a similar view. He states, "I think that they (Flik) should provide the same type of food quality but they need to be more consistent. There needs to be a more professional environment even though we are students."

Incoming freshman, Amy Nardone, from Long Island, NY, feels that "it is way too over priced for what we pay to come here."

"Really the only increase in price on this year's menu is the dinner bargain meal," says Paul Sabio, the new Food Services Director of Flik, who joined the SHU dining service's family last July. This increase, from $4.75 to $6.00 for the dinner bargain meal, is due to the increase in food and labor costs. The lunch bargain meal remains at $4.00. To have a meal priced at the bargain cost, a student must choose one of two entrees, two sides, a 16-ounce beverage, and a dessert. Any variation in this, including leaving out an item, will cause all foods to be charged separately and therefore, resulting in the high price. Signs describing the daily meal at this cost are located in the cafeteria. Salad and fruit may also seem different in price in that it is now weighed because of past inconsistencies. It is a standard 28 cents per ounce, which is far below the price of supermarkets or other salad bar prices.

When asked how to get the most from the Flik meal card points, Paul Sabio explains, "Spend the majority of your money in the cafeteria, not the SHU Marketplace. That will drain your points. Stick to the bargain meals and stay away from the retail items." He admits that the Marketplace prices are higher than other stores but it is the convenience of having the store directly on campus.

As the new manager, Mr. Sabio has been looking into realigning prices at the SHU Marketplace by exploring six or seven competitor's prices and making adjustments accordingly. In addition, September 23, 2002 will be the grand opening of a food and snack window called Pioneer Bistro, located in the main dining area on campus. They will be serving pizza, sandwiches, ice cream, and coffee drinks from 8 p.m.-12 a.m., Monday through Thursday. This will be convenient for all those who take late classes during the week, which overlap with dinner and the 7:30 p.m. closing of the cafeteria. The popularity of the snack bar will determine the variety of foods and hours of operation.

Mr. Sabio further explains that customer and student comments are always welcome. Comment boxes will be established within the next week, as well as customer surveys. There are also weekly dining committee meetings that students can be a part of. If anyone is interested in attending, see Denise in Residential Life. So speak up if you have any problems or concerns. In the meantime, stick to those bargain meals, just make sure that you don't leave out that dessert.

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Welcome Back From the S.G. President!

Dear Students,

Welcome back to SHU! And to the Class of 2006, just plain welcome! My name is Tom Pesce and I am so excited to be serving as your Student Body President, again this year. Last year was certainly one to remember for all of us with both wonderful achievements and tragic losses. However, our university has continued to show its unparalleled character and faith, even through some of its most difficult times.

We, the students, are the ones who breathe life into our hallways, playing fields, and residence halls every day. It is us who continue to reach out and help those in need through our countless hours of community service each week. Freshmen, you are entering into one of the greatest universities in this country. Not just because of the skills you will learn here for a job someday, but because of the skills that you will take with you for the most important job of all—Life.

In my opinion, any university can establish accredited academic programs. Many universities can achieve Division I athletic status, as well as other great programs and services such as ours. But what no other university can ever duplicate is the unquestionable spirit, faith, and love that exists within Sacred Heart University's walls and extends out onto our local and global communities. Whenever helping other people becomes an essential part of a curriculum, true leadership will always take place and the best form of learning will occur.

So is Sacred Heart University perfect? Yeah, right! I can tell you we are far from it. But what university is perfect? Just like anything else, our school is only as good as we make it. The opportunity for you to share your talents and passions with others begins now. We have almost any club and organization that you can think of to get involved in. And if we don’t have it, YOU can start it.

We have a faculty that is willing to help you persevere through your weaknesses and who will promote your strengths. Use them. Student Government is also your mouthpiece to being heard on campus.

Come to us with your ideas, suggestions, and talents. We will work with you on any topic that is important to you. Throughout this year I hope that you will take advantage of the many opportunities that are provided to you. Remember that your time at Sacred Heart is only what you make of it, so why not make it a great one? Good luck to you this year and I look forward to seeing you soon!

With SHU pride,
Tom Pesce
Student Government President

Have something on your mind that you want the rest of the SHU community to hear?

What do you have to say about the school?

Give us your thoughts on Sacred Heart University. Let your voice be heard!!

Macintosh Falls Short of Expectations

Dear SHU,

It seems to me that the goal of a university would be to give each of its students the same abilities to achieve in their educational career, but apparently not at Sacred Heart University. I am a media studies major, and like many other media studies majors, I returned to school to discover that our laptops are no longer the same as the majority of the people in ourfield. The media studies faculty, and what seem like the majority of the media studies majors all have new Apple Macintoshbook laptops. The reason for the switch is valid in that the Macintosh laptops do not crash as much and can perform digital editing of films, which is a crucial part of the production classes offered at the university.

I myself am in a video production class this semester and I’m the only student in the class who does not have a Macintosh laptop, I have an IBM ThinkPad. I found out that I am not alone. My video production teacher told me that in an advanced video production class he teaches, there are some juniors and seniors who still have the ThinkPad. So why have the majority of media studies majors received Macintosh laptops and a few of us are left in the dust?

I asked this question of my video production teacher and he told me that since I received my ThinkPad at the beginning of last year and have not had it required two years before I can turn it in, I would not be receiving a Macintosh laptop. Now due to the fact that I did not receive my laptop during a certain time period I am at disadvantage as compared to my peers in the major.

For the rest of the semester I have to pair up with someone to participate in my video production class because the Macintosh laptops are to be brought to every class, and the textbook used in the class is on i-movie, a program that edits digital video and only runs on a Macintosh.

In my case, I am also a commuter. I live thirty minutes from campus and work about thirty hours a week to pay full-time tuition. To edit the projects for my production class I have to use the media studies editing room on campus. So I have to find time in my already tight schedule to go to campus when the majority of those who received the Macintosh laptops are students who live on campus not more than five minutes from the editing room.

What angers me the most about the situation is that I will have to pay the seven hundred dollar technology fee added to tuition this semester for a laptop that is useless in my major classes. It seems very unfair to me to exclude a group of people and not expose them to the same educational advances offered to everyone else.

Everyone in the media studies major, especially those of us in production courses should all have received the Macintosh laptops. Something needs to be done so that those of us who will not have to spend the rest of our time here getting our production education by watching someone else. Everyone media studies major should experience the same educational advances that the department has to offer.

It’s ironic that a university whose biggest selling point to prospective students is it’s mobile computing program, yet all of the technology and advances of that program are not available to all of its students.

Mike Renzulli
I am not quite sure where to begin. Never have I been more capable to convey my views and emotions this effectively on paper. Upon the horrendous attacks on the World Trade Center, the Pentagon, and thousands of innocent civilians, I cannot begin to clarify the sickening nauseous feeling that overcome me. The sheer terror of the situation that the victims were placed in is unfathomable. But with the continuous news coverage and horrid replays of the twin towers being decimated and people being forced by escalating flames to leap from the buildings to their deaths, we all felt some of the horror the victims were experiencing. As with a majority of Americans, the nausea remains with us until this very day but watching the scenes played out on television feed a growing rage within.

"Why?" The most common question asked after any tragedy is "why?" Why did so many innocent lives come tumbling down on September 11, 2001? Why are we never easily answered! But truth be told, this day affected everyone from the Marylands shores to the balsy coast of Hawaii. And for each person in that span of land, there is a why, a wonder, a sorrow and a million tears.

Some older than us remember hearing the news when Kennedy was shot, or FDR died or when the war was won. And now our generation will never forget where we were on Sept. 11. Here in Connecticut I was just getting up and preparing myself for what I thought would be a normal day of school, thinking that I would be approaching a new day one that would soon be newer than I liked. Kids were sent off to school and later on that night parents concerned about the nightmares they might have. And then we watched, the same scenes, the same terror, the same planes, crashing into the Twin Towers over and over again like a bad scene in a movie. Still we watch, as if waiting for something to change. If New York's twin towers were a symbol of sorts, marking our economic prowess, then their destruction coincided with exposure of the darker side of capitalism.

Now when I visit New York I think, this is where it all happened. This is where we lost our innocence and freedom, where we realized the world was a scary place and it stopped being fun. And even if none of the scenarios played out, no nuclear devices in Puget sound or crop dusters spewing chemical weapons, the other shoe had been dropped anyway, leaving us anxious, one eye focused on Pennsylvania, when the plane headed for the White House was forced down by passengers who decided to fight back. It was lost when legions of firefighters rushed into burning buildings. It was lost with the last-minute e-mails and whispered good byes into cell phones. I love you. Remember me. Never give up hope. It was vanished for them at the start, for those who crave death in the name of glory will never defeat those who cherish life and liberty, and that is the essence of who we always have been. We just need a reminder every now and then. We are young enough to remember what our symbols stand for. We will sing our national anthem this September. We are bred with hope, born optimists, a country that was founded on promise and the premise that pursuing happiness was a God-given right.

The catastrophe of September 11th has not only rapidly changed the way Americans look at our government and the world, but also how we Americans relate to each other. Since the attacks, there has been an overwhelming sense of community, a unifying feeling, as every American felt the disbelief, sorrow, anger and then patriotism and a call for justice and/or revenge. The strong sense of individualism yielded to a sense that we all shared the pain and cared about each other.

Out of the tragedy perhaps there will come a more permanent sense of community. Nine-Eleven clearly demonstrated that Americans have the compassion and inner strength to make change happen and happen very quickly.

"Out of the tragedy perhaps there will come a more permanent sense of community."

Thus, we should now use this same compassion, inner strength and deep sense of community to see to it that every American on this day, a year later, takes the time to realize what truly matters in our lives. While September 11th will always be remembered as a day of unspeakable tragedy, pain on top of pain, also a day that will live in infamy.
As another school year begins, so does another year at the Counseling Center. The Counseling Center, located in the Park Ave House, has a new director this year, Mary Jo Mason, Ph.D., Dr. Mason has worked at Fairfield University for two years as a visiting professor and counselor in the past. When asked about her first few weeks here at SHU, Dr. Mason said she has been very impressed with her colleagues. She feels that the counselors truly care about each other and the students here at SHU.

Another new asset to the Counseling Center is the addition of staff. This year there are two more full-time counselors, one alcohol and other drugs counselor, plus two interns who will provide Sacred Heart students with more availability to counselors.

Numerous groups have been held in the past, A.L.I. L.V. E., is for survivors of abuse, incest, sexual assault, and rape. Body & Soul is for those struggling with anorexia, bulimia or body image problems.

Smoke Stoppers, is a service currently offered through St. Vincent's Health and Wellness Center. Also a Transition Group, for homesick freshmen, and Seniors, for seniors preparing for the transition of graduation into the "real world."

"We are going to offer the same quality service that SHU students have come to expect from the Counseling Center. We also would like to participate in more outreach programs and would invite the opportunity to participate in more training and teaching," Dr. Mason stated.

The Counseling Center provides free, confidential, individual and group counseling to students, faculty, and staff of the Sacred Heart University community. Counselors are available and appropriately trained for emergency and crisis intervention.

"It's nice to come here and to work with such an experienced staff; they have made this a seamless transition. Our goal for this upcoming year is to do even more than we did last year."

"We are going to offer the same quality service that SHU students have come to expect from the Counseling Center."

"We sit here as a part of the University, but we are a refuge from the hustle and bustle of the University" Dr. Mason

The Counseling Center provides one-on-one counseling, alcohol and other drug screening programs and counseling, as well as group counseling. Numerous groups have been held in the past. A.L.I. L.V. E., is for survivors of abuse, incest, sexual assault, and rape. Body & Soul is for those struggling with anorexia, bulimia or body image problems.

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I think with the new management of Buildings and Grounds, Bob Martin will see to it that we get more recycling bins at Taft, said Taft Residence Hall Director, Cinnamon Green of Queens, NY.

"Don't forget about us!" Green said, because of Taft's location a few miles away from campus. Everyone seems so eager to help, but without adequate amounts of receptacles, recycling is a struggle. Dr. Christel Manning, professor of religious studies at SHU, headed a recycling committee at SHU for two years. While in charge she contacted people from Buildings and Grounds to Dr. Anthony Cenere about the club's plight to have more recycling bins purchased for the academic buildings.

On September 25, 2000, the University Recycling Committee, with Dr. Manning as an advisor, sent a letter to Dr. Cenere outlining the problems the club had encountered since April of 1999, when no recycling receptacles were installed. Ed Dobransky and Larry Williams of Buildings and Grounds estimated, and told the University Recycling Committee, that it would cost around $12,000 to implement a system of receptacles all around the academic buildings.

These buildings would include Curtis Hall, the Pitt Center, the Library, the main academic building, and the administration building. Receptacles for the dormitories were not included in this $12,000 figure. Maintenance was not provided with the $12,000 and told the University Recycling Committee that it could not be responsible for separating garbage and recyclables.

The money would need to spend one time from the University's budget, to purchase the necessary receptacles, and then a smaller budget would be needed for the upkeep and carting off of the recyclables.

"A start has been made and that's positive, but there have to be enough receptacles, on every floor, so it's easy for people," said Dr. Manning.

Since the Recycling Committee's initial plea, recycling bins for bottles and paper have been placed around campus. But Dr. Manning and others still feel more can be done.

"More effort needs to be put into two areas. Color coated bins need to be more widely available to people. Also the janitorial staff needs training on how to dispose of recyclables and staff and students need to learn how to use them properly," Dr. Manning stated.

Continued on page 7
Dan Duval Spreads Message of the Dangers of Drugs

By Kara Brady Staff Reporter

Every person who has attended a college or university, from past generations until present time, knows that the life of a college student does not completely revolve around his or her studies. Aside from all the hard work, gaining experience for the real world, and participating in athletics and various clubs, the social aspect of college is a huge part of the experience.

Dan Duval, a phenom­

enaal speaker visits Sacred Heart every year to share his story. A former student ath­

lete who had serious problems with drugs and alcohol, Duval talks about his risky behavior and experiences, and the trag­

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It was a situation where no one could stop him or change his mind - he was addicted and showed no signs of slowing down. It took a series of accidents and a fall from a roof to get a family member for Duval to realize the lifestyle he was in, and that he was desperate for a change.

“I was speechless with tears in my eyes” Melissa Bernash

Being students at a Uni­

versity and understanding how most young adults operate today, most of us all know that people are sometimes not as responsible as they should be, and their behaviors most likely won’t change until something big happens as a result of their actions.

Mr. Duval is such an energetic and truly enjoyable speaker. Melissa Bernash, a junior from South Hadley, Mas­

sachusetts, attended his speech as a freshman two years ago. “I was speechless

Research shows that this new plan is only beneficial to East Hall students and in fact more expensive for the rest of campus. This new cable plan has provid­

ed students with a much wider selection of channels than in previous years. Chan­

nels have been added such as five Show­

time channels, Comedy Central, VH1, Discovery Channel, The Weather Chan­

nel, more news channels and many more. All good things come with a downfall however. The major downfall is that there is no HBO included. But, with the wish list of channels you would not think this is a big problem, but students are understandably upset about it. “The Sopranos and ‘Sex in the City’ are two shows that air on HBO and are a huge hit with students. “I remember back in freshman year we would all pack into someone’s room and watch the ‘The Sopranos’ together. Now that we don’t have HBO we have to figure out where we can watch it every Sunday Night. It’s just a hassle,” said junior Matthew Richards, of Westfield.

The fact that the old cable system provided HBO and the new one does not, means many students are upset that they have no where to watch the much awaited fourth season of “The Sopranos” which starts September 15.

Members of J-Hill RA staff are discussing the possibility of getting HBO on a common room TV. This would appease some student’s demands and also create social gatherings on big TV nights. So ask yourself, this does not have to pay for cable out of your own pocket worth not having HBO and possibly paying more for cable than in previous years?

She sits in the chair. She looks out one window, then the other. One she sees the past in, the other what she desires in the future.

She takes the complete package of a relationship of love, honesty, and

amazing life of sensuality. She looks out the window at her past and then lets go of it, closes the window, locks it and shuts the shade on it. She looks to the future and sees the man of her dreams. He has a sweet, caring and honest face and he has a young boy in tow.

But that does not scare her.

But what scares her is the thought of letting him in on how she feels for complete fear of rejection.

She secretly desires to be with him, and be the woman he needs in every aspect of his life.

She realizes that she has seen her in the window. She shys away from the window and awaits his re­

sponse.

But secretly she craves a caring hug and kiss from him.

By Junior Danielle McGroh

Is the Cable REALLY Free?

By Patrick McMahon Staff Reporter

Free cable! Or is that what it seems. In reality the cable bill for students at Sacred Heart is now included in the cost of housing.

This seems good to the stu­

dents because they are no longer pay­

ing cash our of their pockets and hav­
ing to wait for the cable to be hooked up. It also seems beneficial to them because more channels are being added but some of the favorites, mainly HBO, are missing from the new list.

According to Sacred Heart University’s website students are paying more per student per semes­
ter for cable this year than last year.

The cable change has af­
fected all of campus and East Hall.

Last year students in the freshman dorms and J-Hill were charged $80 per cable jack. This was usually split between roommates and could be as low as $10 per student living in J-Hill. In previous years, East Hall was provided with digi­
tail cable. Each hook up was $100 for the box and an additional $60-$80 per month.

With the new cable system each student’s tuition is increased $50 per semester no matter if you have a TV in your room or not. This is convenient for students at J-Hill apartments because they can have a TV in their room and not have to worry about paying out of their pockets, or more likely splicing the cable to numerous jacks. "The freshmen enjoy the new cable plan because they do not really know the difference. However, students in East Hall are relieved they do not have to pay the outrageous prices that students were charged in previous years.

Recycling Receptacles Needed at SHU

Continued from page 6

Dr. Manning pointed out that when the recyclable and East Hall and resi­
denced people to recycle plain white paper.

“People were so happy to cooperate, Walker said. “How they could actually do something, how willing every­

one was to do some part they just needed to be shown a way to do it.”

Dr. Walker and his class gath­
ered the recycled paper at the end of the semester and be in their to a recy­
cing center where they were given over

$107 in exchange for the recyclables.

Dr. Manning also suggested that after a comprehensive recycling program is implemented at SHU, it should be dis­
cussed in the beginning of the school year at the meeting with all the staff and fac­
ulty, and at orientation for the freshmen.

Last year, Dr. Grant Walker, professor of sociology, and his class decided to take action into their own hands. They distributed boxes to all the offices in the Academic Building, Curtis Hall, and East Hall and encour­aged people to recycle plain white paper.

“People were so happy to cooperate, Walker said. “How they could actually do something, how willing every­

one was to do some part— they just needed to be shown a way to do it.”

Dr. Walker and his class gath­
ered the recycled paper at the end of the semester and be in their to a recy­
cing center where they were given over
Mike and Coral from The Real World: Season 10 will be speaking here at Sacred Heart University on September 5 at 10:10 p.m. in the Pitt Center. All students will be able to listen to them speak on issues such as diversity, relationships and their own personal experiences.

This event is free for all Sacred Heart students who present their student id. There is a charge of $5.00 for non-Sacred Heart students. Melissa Christy, Student Government Vice President for SET in charge of this event said, "I'm really looking forward to meeting Mike and Coral in person because I watch the show all the time. I put a lot of work into this because I feel that the event will go over very well with the students."

Many Sacred Heart students are expected to attend the event due to the popularity of The Real World. "I'm interested in seeing Mike and Coral and hearing what they have to say. I'm definitely excited about attending this event," said freshman Stephanie Recupero from Farmingdale, NY. Who wouldn't like the opportunity to meet one of the cast of the hit series The Real World? SET will be doing a raffle in which the lucky winner will attend dinner with Mike and Coral. The raffle tickets will be on sale starting Friday September 13.

For eleven seasons now, MTV's The Real World, has captivated audiences everywhere. Viewers are taken into the lives of "seven strangers who are picked to live in a house and have their lives taped." Each season, audiences get to glimpse into the private lives of these seven people. Viewers witness how these seven strangers try to live with each other, all from different backgrounds with different personalities. In The Real World: Season 10 in New York City, the cast members were so different from each other that the audience witnessed many fights over every day issues. Fans of Season 10 should be thrilled to have Mike and Coral coming to SHU. Of all the cast members of Season 10, Mike and Coral probably had the most interesting and complex relationship. The complex relationship because as the season progressed, Mike and Coral became open minded and realized that while they may have differences, those differences helped them to become open-minded and the best of friends. Senior Lisa Schneider commented, "I'm curious to see Mike and Coral's current relationship because they disagreed on so many cultural topics, yet in the end they seemed to develop a great friendship." After filming their season, Mike and Coral became teammates on The Real World/Road Rules Battle of the Seasons. Having Mike and Coral from The Real World: Season 10 is a major event at Sacred Heart University that students definitely wouldn't want to miss.

NFL Raises NYC Spirit

"The Real World" Cast Members to Speak at SHU

By Julie Fuhrman
Staff Writer

Mike and Coral from "The Real World" Season 10

Many Sacred Heart students gathered around their television sets to watch the NFL kickoff on Thursday, September 5. This was a big week for football as the University's NEC football champs played their first game on Saturday September 7.

Those watching, however, were not just viewing the first game of the season, they were joining in on a broadcast that successfully combined sports with music in order to bring people together.

Bon Jovi, Enrique Iglesias, Alicia Keys, and Eva played a concert in the crossroads of Manhattan to celebrate the kickoff of the NFL season. The show aired on CBS at 7PM.

With September 11 approaching this show brought some much-needed spirit back into the city of New York. The live performance showcased Bon Jovi, who started things off. He played his classic song "Livin' On A Prayer." 

"We're doing it for the free beer and the police escort," said Jon Bon Jovi, joking about his performance.

The crowd, full of smiling faces, sang along with Bon Jovi. Latin singer Enrique Iglesias made an his hit song "Hero" again very much appropriate for this event. Senior Michelle Bruckner from Carle Place, NY, said "Though not a major football fan, my roommates and I tuned in to watch the show. It was nice to see such a positive energy in New York."

The "countdown to kickoff" event will end when a giant football is lowered into Times Square in the same place where the ball descends every New Year's Eve.

After their Times Square performance, Bon Jovi was flown by helicopter to Giants Stadium in East Rutherford, New Jersey, to play the halftime show. San Francisco beat the Giants to a final score of 16-13. It was the first season-opening game played on a Thursday, according to the NFL.

The day also included recognition and support of the city's September 11 memorial events.
Gallery Exhibit: Tribute to Tragedy

By Kathleen Haughey
A&E Editor

On Monday, September 8, the Sacred Heart University Gallery of Contemporary Art opened their current season. Their new exhibit is titled "What Survives." The exhibit is part of the University's tribute to the memory of the tragic events of September 11, 2001. It consists of six works of art created directly on-site in the Gallery.

The artists' works of art were made rather unconventionally; painted directly on the walls of the Gallery. Each artist was given wall space in the Gallery in which they could display their artistic vision.

Currently on display are the works of Vincent Baldassano of South Salem, NY, Michael Cipriano of New Britian, Judith Corrigan of Trumbull, Renee Kahn of Stamford, Anne Seelbach of New London, and Jeffrey Smith of Windsor, Maine. Each of the artists faced the challenge of creating art that by the end of the exhibit would become obsolete. After the works are created and viewed, they will live on only in the memory of those who passed through the Gallery.

Therefore these works will be valued for their very existence, which will end when the Gallery is renewed to its original condition after the exhibit closes.

“When the focus of this exhibit was being developed, we were aware of the risk involved in allowing disparate artists to simply create works in the available space,” said Sophia Gevas, the Gallery of Contemporary Art Director. “It is a given that, much like the responses to the events of September 11, it is impossible to anticipate or govern the reactions that the artists have from outside stimuli.”

The exhibit opened September 8 and will continue until October 9, 2002. The Gallery is open Monday through Thursday from noon to 7PM.

Shallow Plot Makes “Swimfan” Sink

By Melissa Munoz
Staff Writer

“Fatal Attraction” meets the 21st century with the teenage flick “Swimfan.”

Although not quite as risqué as the actual “Fatal Attraction”, it is a teen movie and there is only so much sex and gore a teenage girl can do. This moderate movie is well paced up to about two thirds of the way through. After a while you start saying to yourself, “Alright how many bad things can this girl really do?”

There is, however, a hint of reality in this outlandish film. Boys do in fact cheat on their girlfriends. Although some girls may react a little differently when they find out their boyfriend has slept with someone else. As far as the realities of psycho girls go, that would be the opinion of each individual viewer.

“Swimfan” stars Jesse Bradford as Ben Cronin, the high school swim star whose life is all too perfect. Little does he know that his life is about to drastically change after meeting the new girl in school. Erika Christensen plays Madison, the sly seductress, who has her eyes set on Ben. She gets between Ben and his girlfriend Amy; in turn includes telling his sweet girlfriend about their little affair.

The chemistry between each character is strong; you feel the intensity between Bradford and Christensen when the two interact in a scene. This is offset by sweetness portrayed between Bradford and on screen girlfriend Appleby. You feel sorry for Appleby’s character Amy, particularly when Madison tries to fool her into believing their really friends. While you really know all along that Madison has her own personal agenda; one that has not a bit of consideration for Amy’s feelings.

Bottom line, through out the film’s teeny bop situations and predictable outcome, “Swimfan” is one movie to see six months from now... when it comes out on VHS.
Behind the Lines of P-SQUAD

By Katie Trindall
Staff Writer

Last season the Sacred Heart Pioneer football team came out on top with an undefeated season record (11-0) and a 1-AA Mid-Major championship ring to show for it. But what most of the Pioneer fans don't realize is what takes place behind the scenes of the "P-Squad." There are 10 people, nine of them being students who take care of everything that the players and the coaches can not. These are the equipment managers. Most of us know them as the people who run up and down the sideline at games holding wires for the coaches or bringing water to the tired players. These ten people work together as their own team to set up practices everyday before the players get there, load equipment trucks before games, set up locker rooms at other schools, sometimes as early as 6:00 am. They make sure all the players are ready for game time and that everything goes off without a hitch. After games they return to the equipment room to clean up, do laundry, and get the tapes of the game ready for the players and coaches to view.

Senior Football Team Manager Steve Hinrichs

Steve Hinrichs, a senior Sports Management major from Hopewell Junction, New York, who interned for the NFL Carolina Panthers team, calls the equipment room his "home away from home." Greg Morgenthaler, Head Equipment Coordinator says that, "most times after a game we don't go home until about 2:00 in the morning." Steve has been a student equipment manager for the Sacred Heart Pioneers for four years. "I help get all of the pads set up for agile drills, filmed practices and games for three years. I help run drills and clean up after practice. I hand out towels, do laundry, and fix equipment for the next day." He puts in many hours working with the team, but he still finds the time to attend all of his classes before and after practice and maintains a 3.0 GPA. Mr. Morgenthaler, better known as "G" to the players, started out as a student equipment manager at the University of Kansas. He then worked as an Assistant Equipment Manager at the University of Virginia and the University of Oklahoma. He took the position of Head Equipment Manager with the San Antonio Matadors for a spring session before arriving here at Sacred Heart for the 2000 season as the Head Equipment Coordinator for all 32 varsity sports.

Mike Kraft, a senior punter for the Pioneers from North Arlington, New Jersey, states that, "It feels like a real Division One program when we walk into a locker room and its all set up for us. Before we would think it was a disgrace when scouts came in and saw our locker room. It went from a high school program to a Division One College program with the snap of a finger."

The equipment managers make sure that the players have everything they need when it comes to game time, such as fruit, apparel, cleats, towels, and repaired equipment. "Everything gets taken care of as soon as we ask," said Mike.

So the next time you're at a football game and see the people standing in the tower filming, and the people on the sidelines running back and forth carrying anything from Suit to towels, remember that the game would have probably never been possible without the help of these behind the scene superheroes of the Sacred Heart Pioneers.

FOOTBALL

Marist College Red Foxes, the Pioneers still remain very much in the conference and bowl game title hunt. The Pioneers hope to prove they're still in contention for both titles as they travel Saturday to take on last year conference contenders Monmouth University, in what will inevitably be a battle of the defenses.

"We did not show up ready to play. Our team came in over confident and did not take Marist seriously."

Senior starting defensive tackle Butch Ruta (West Redding, CT) although upset by the loss, believes it was just what the Pioneers needed. "We did not show up ready to play. Our team came in over confident and did not take Marist seriously, but that loss was the wake up call that we needed. It was a reality check and now we know we can not take any opponent lightly."

SPORTS SCHEDULE

FRIDAY
No Games

SATURDAY
- Football vs. Monmouth 1 p.m.
- Women's soccer Tournament @ Albany 1 p.m.
- Field Hockey vs. UMBC @ Campus Field 1 p.m.

SUNDAY
- Field Hockey vs. St. Francis @ Campus Field 12 p.m.
- Women's Soccer @ Albany 3 p.m.
- Men's Tennis @ Fairfield U. 8 p.m.
Bowling Anonymously Among Elite

By Katie Atkins
Staff Writer

Allison Leed, a freshman from Hopewell Junction, N.Y., who has been bowling for twelve years and bowled competitively throughout high school. Since its inception, the women's team has qualified for the Intercollegiate Bowling Championships eight straight years from 1995-2002. Each season, which extends from September, when practices begin, until April, when the championships are held, the team competes in ten selected tournaments, as well as four local conference tournaments. For most team members, the summers are spent training, practicing and competing in junior national and local tournaments - there is no summer break. Although many members of the student body, as well as the faculty, are not aware that a bowling team even exists, it has been around since 1993 when the woman's team was formed. In fact, many team members came to Sacred Heart University on the basis that it has a competitive women's bowling squad.

"Sacred Heart was one of my top college choices but it was only after I found out the achievements of the bowling team that I made my absolute decision to come here," said senior from Miller Place, N.Y., Becki Kregling, of Stratford, C.T., who is entering her second season as head coach of the Sacred Heart women's bowling team. Assistant coach Adrienne Oshman, originally from Yorktown Heights, N.Y., is a 1998 graduate of SHU and was also a bowling team member from 1995-1998. Coach Kregling's knowledge of the sport, coupled with the determination and great chemistry of the team almost ensure that this team will go even further before.

The conference is competitive, and only six teams will prevail and compete at the NEC's at the end of the season. However, the NEC's are anyone's game, according to Coach McGreevy. Sacred Heart has a strong shot at making the tournament than last year simply because they are returning a mature team with commitment, desire, and a drive to win. With a unified team commitment for mental aggressiveness and as Coach McGreevy put it, "all out guts on the court," this team is sure to have a season that students will not want to miss. And you won't have to wait long to see all the action. Their first home match is on September 17th against Holy Cross at 7pm in the Pit Center.

Soccer Remains Grounded Despite Success

By Jennifer Jensen
Staff Writer

The Sacred Heart University Women's Soccer Team is at it again. Preseason, which started August 17th, has come to an end, and the Pioneers are prepared to defend their 2001 Conference Title. During their preseason the Women practiced 2-3 times a day and worked out intensively. Their routine consisted of a regimen, one-third fitness, one-third technical skill, and usually ending the last third of practice with a scrimmage. The Women's Head Soccer Coach, Joe Barroso, who was voted the "2001 Northeast Conference Coach of the Year" is very proud to be coaching here at Sacred Heart, with such a dedicated group of Woman. He remains focused and optimistic about his teams upcoming season after he led the Women last year to their very first NCAA Tournament and a game against nationally ranked University of Connecticut. Barroso stated he was very proud of the girls and all they had done. "UConn was a power house and one of the top schools," Barroso commented.

The team started last season off 8th out of 11 during preseason. That all turned around though when the Pioneers defeated Quinnipiac in the semifinals and UMIBC in the finals to clinch SHU's very first conference title since they made the switch to division I in 1999.

"After that we lost against UCONN, but we kept it respectable," said Coach Barroso. This year last season displayed a terrific performance, showing that it is possible to beat the odds. Once the women have earned every right to still be celebrating their exceptional achievements, they remain grounded and focused on taking games one at a time this season.

Although the odds are highly against a repeat performance by the Pioneers, don't expect the SHU team to lay down, as they have already proven last year that they are not a team to care what anyone else thinks.

The Sports Section is always looking for article contributions for various sports. If you are interested in possessively writing for the spectrum, or helping in any other ways please contact us by email the e. "for or stop bye our meetings held every Thursday at 11:15 a.m. in room HC 107".

email: st.george-k@sacredheart.edu
SHU Football’s 11-0 National Championship
Season a Tough Act to Follow

By Craig Joly
Staff Writer

Northeast Conference Champions. 2001 ECAC Bowl Champions. 2001 Division I-AA Mid-Major National Champions. What does a college team do for an encore? If you are the Sacred Heart University Pioneers’ football team, you try and defend your National Title. Can it be done? The Pioneers will have to defend their title with out star players Justin Hoffman, Marvin Royal, and NYT 6th round pick DeVeren Johnson, who all graduated last season. The Pioneers will also be without the 2001 “Northeast Conference’s and the AFCA Region I Division I-AA Coach of the Year” Jim Fleming, who left after the season to take a defensive backs and special teams coaching position at the University of North Carolina.

Attempting to fill the shoes of the departed Fleming, will be former offensive coordinator Bill Lacey, who had already been doing a great job in his former role before being named head coach. The addition of new defensive Pioneer coaches Pete Ewald (Defensive Line) who was a captain and starter for Syracuse University along with Josh Nowacki (Defensive Cornerbacks) during the offseason will inevitably help to solidify an already impressive SHU defense. Despite the key losses taken by last years graduation Sacred Heart has many productive players returning, including two-time NEC Defensive Player of the Year Kayode Mayowa (Providence, RI), fellow senior linebacker Craig Capurso (Bristol, CT), defensive lineman Shaun Hubbard (Neptune, NJ), and defensive backs Blake Neri

Cross Country off to a Flying Start

By John P. Morash
Staff Writer

The Sacred Heart University Men’s and Women’s Cross Country teams kicked off their season last Saturday, September 7, 2002, at the Fordham Cross Country Invitational Meet at Van Cortlandt Park in New York City. Despite unusually hot weather conditions, both men’s and women’s teams had solid results, and there were also some unexpected finishes that point toward a possible breakout season for the school’s Cross Country runners.

Leading the Women’s Cross Country team was Junior Katharine Wrinkle, who finished third in the overall field with a time of 21:00:30 and 21:00:84 respectively. Coach Christian Morrison commented that, “The women’s team has a lot of depth, and it was good to see Katharine finish in the top seven. Katharine Wrinkle had a great race, and Suzanne Neglia’s finish among our top three runners was a tremendous effort.” Coach Christian Morrison also commented on the encouraging results from the freshman runners, in particular Freshman Erin Kulazewski, who finished 17th overall with a time of 21:10. Other runners who scored for Sacred Heart included Kristina Plourde (21:50), Cheryl Beaulieu (21:35), and Kristin Koziara (21:10). Before the season, Coach Christian Morrison explained that both the Men’s and the Women’s Cross Country teams are trying very hard to improve, to stay focused for the big meets of the season, and he feels both teams are in good position right now for a strong season. With the addition of experienced veteran runners and extremely promising freshmen, it appears that Sacred Heart University’s Cross Country teams have the potential for an eye-opening season this year in the NEC.

Volleyball Shows Grit

By Caitlin Azbderian
Staff Writer

Some people have called them crazy. They cannot understand why they would throw themselves at a hardwood floor just to keep a ball in play. For them the answer is simple, They love the game. They love everything about the game. From the pain and bruises to the feeling of exhaustion and pure joy they get after winning a trying five game match. They love volleyball. Sophomore Stacey Geyer from Amityville, New York put it this way, “I love the feeling that comes over my body when I play, it’s just this intense feeling, this drive that makes you want to play your heart out every time you step on the court.”

With the core of the team returning this year, head coach Elizabeth McGreevy looks forward to an exciting turn around season. Last year the team went a dismal 1-8. In addition Sacred Heart is returning four of their six starters this year, which gives them an advantage among their competitors. Coach McGreevy is looking towards key players, Caitlin Azbderian (Junior, CA), Meghan Eaton (Junior, CO), Lauren Lamb (Junior, MI), and Christina Nagel (Senior, NY) “to step it up and be a presence within the conference.”

The team’s biggest challenge will be maintaining a constant focus both on the court during practice and then transferring that focus during games. to the feeling of exhaustion and pure joy they get after winning a trying five game match. They love volleyball. Sophomore Stacey Geyer from Amityville, New York put it this way, “I love the feeling that comes over my body when I play, it’s just this intense feeling, this drive that makes you want to play your heart out every time you step on the court.”