

SHU Loses a Legend

By Lauren Testa
Staff Reporter

Sacred Heart University's Director of Bands, Marvin McNeill is leaving from Sacred Heart on Saturday, September 21, 2002 to advance his career in the field of music. In July of 1997, Marvin McNeill took over the position of coordinating the bands program, and in his time at Sacred Heart, he has increased the Marching Band from 16 members to over 70 band members, developed the Pioneer Pep Band, founded the Winter Guard, as well as gathered a strong showing for the Jazz Band, and the Concert Band.

"In my opinion, what Marvin did for the music program was always secondary to what he did for his students," said Paul Wryonski, senior, Hamden, Conn. "He's the type of guy who would do anything to help anyone. If you had a problem, whether it was with classes, your roommates, or something going on at home, Marvin was always there to listen and do his best to help you. When he told us, the band, he was leaving, I think Matt Dwy (drummer) summed up everyone's feelings when he said that most people weren't in the band just to play an instrument or receive a grant. They were a part of the program because of Marvin."

Throughout McNeill's career at Sacred Heart University Marvin was not only highly regarded by the Marvins. We will all miss the Marvins. He has been such



Photo by Rob Trepske

he increased the number of members in the Pioneer Band and put Sacred Heart in the public eye by participating in many events. Under McNeill, Sacred Heart hosted the MAC Winter Guard Championships at the William H. Pitt Center in April 2002, while in the same month Sacred Heart traveled to Dayton, OH for the 2002 Winter Guard International World Championships. Marvin has also created a Band Council at Sacred Heart and started the tradition of the annual Pioneer Bands Banquet.

members of the Pioneer Band but faculty and staff at Sacred Heart University respected him as well.

"When Marvin joined Sacred Heart University in the fall of 1997, Marvin turned a floundering band program into the elite program that it is today," said Denise Tiberio, Associate Dean of Students. "Marvin will be joining UConn band program as Associate Director of Bands/Music faculty. UConn's gain is our loss. It is with great pride and sadness that we say farewell

an integral part of student life on campus and somehow words just don't express how much we will miss him."

Although Marvin is leaving Sacred Heart University to be the Assistant Director of Bands at UConn he will never be forgotten. "Marvin brought the music program to a new level with professionalism, dedication to students and generated an excitement across campus," said Larry Wielk, Dean of Students. "When Marvin arrived we had a band and now

we have a band program. He will never be forgotten because it is Marvin who wrote our fight song, so everytime we hear our fight song we will think of him," added Wielk.

"Inspirational people are hard to come by and even harder to lose," said Adrienne Stoddard, a senior from Syracuse NY. "Marvin was the reason that I stayed at Sacred Heart because he convinced me that I could be an integral part of campus life if I became more involved. I'm glad that I was able to get to know Marvin the way that I did because he truly enhanced my life. I only wish that more people had the opportunity to be influenced by Marvin the way that the members of the band did. We will miss him and we wish him the best of luck at his new school."

The band members know Marvin as someone who always looks at life with a positive attitude and inspires those that he comes across to do the same.

The Sacred Heart University Pioneer Band currently does not have a replacement for McNeill but the Assistant Director of Bands, Charles Bennedum and Adrienne Stoddard (Drum Major) will be leading the band through the rest of the season, while Student Life searches for a replacement. Marvin was an attribute to campus life and will be missed by the Sacred Heart Community.

Land Negotiations Still Under Way

By Rich Guarino & Kristin Cooper
Staff Reporters

Sacred Heart University is in prolonged negotiations with the city of Bridgeport over possibly acquiring all or parts of the Fairchild Wheeler Golf Course located on Park Ave, adjacent to the campus. The University is considering the golf course as a site for a new dormitory.

Last year Sacred Heart University purchased the land at 5252 Park Ave and proposed building a 10-story dorm on the site. Sacred Heart has been working with the North End Neighborhood Association in Bridgeport about the need for university housing. According to an August 22 Connecticut Post article, Bridgeport's North End is strongly opposed to a dorm on Park Ave. Katie Smith, a resident for 21 years, who lives directly across from the entrance

of Sacred Heart, is strongly opposed to the proposed dorm. However, she would be in favor of having the dorm be built on a portion of the golf course land.

According to Bridgeport Mayor Joseph P. Ganim's Spokesperson Joe Gresko, it is not in the city's best interest to sell the 36-hole golf course, but it is not out of the question. According to the Connecticut

See "Land Negotiations" page 3

SHU-VIVOR 2002 Begins

By Michael Burns
Staff Reporter

Possibly even more exciting though, is that immediately following that first episode, 23 hopefuls

Tonight, the hit series Survivor premieres at eight o'clock on CBS; this year venturing to the country of Thailand.



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Fall Sports Pep Rally

This Friday, September 20th, there will be a Pep Rally in the Pitt Center at 7PM honoring all Fall sports. The Dance Team, Cheerleaders, and Pioneer Band will be performing. There will also be a ring ceremony for the Football and Womens' Soccer teams. Come out and support SHU athletics.

MSA Meeting and Elections

This afternoon at 4:30PM in the Media Studies Studio, the Media Students Association will hold elections for the Fall 2002 officers at their weekly meeting. All Media Studies majors are encouraged to attend. For more information, contact MSA Advisor, Greg Golda.

Senior Portraits Begin Sept. 30th

Reminder to all seniors: Senior Portraits will begin on September 30th. For more information and to make an appointment, log onto www.ouryear.com or call 1-800-OUR-YEAR. The school ID number is 328. All graduates will receive a free copy of the Prologue in the Fall of 2003.

Omega Phi Kappa Book Campaign

The members of Omega Phi Kappa are sponsoring the "9 to 11 Back to School With Books Campaign." Your donations will be used to provide textbooks on a lending basis to underprivileged children in Haiti. For more information contact Paul Herman or Greg Maurice at 365-4349.

SHU Student Busted for Pot

Freshman Anthony Manera, of Bridgeton, NJ was arrested on drug charges last Thursday at 12:28 a.m. after 60 grams of marijuana was found in his South Hall dorm room. Manera is charged with possession of marijuana and possession of drug paraphernalia. He was released on a written promise to appear in Bridgeport Superior Court later this month.

Rumors About Paying for Printing Cleared Up

By Andrew Oshan
Staff Reporter

"This is ridiculous, I don't even know how to work it," says junior Chris Fote, from Wethersfield C.T. His dilemma is with the new swipe card readers in the computer lab. "Students are in an uproar about these machines," says Fote.

Junior Christy Ferdenzi from Northport N.Y. wonders, "Do we have to pay every time we swipe our cards?"

According to Art Gerckens, Manager of the Mail Center, "there are many rumors going around about this situation, but there is a good explanation."

Gerckens went on to explain that the I.T. department bought the swipe card readers for all the copy machines, so that all students would have access to every single copy machine

on campus. He then explained that because of manpower and budget problems they could not be installed. Gerckens also explained that Robert Turlong of the I.T. department came to the understanding that these readers were not being used. Gerckens said, "he asked

why Turlong wanted the new gadgets so badly. According to Gerckens, apparently Turlong spend thousands of dollars on wasted paper last year. This year, with the help of the new swipe card readers, the I.T. department is going to evaluate how much paper each student is using.

"The main reason for these readers are to monitor paper usage, but also to make it a chore to have to print, so that people will only go in and use the printers when it is necessary. Hopefully no more horsing around and printing 300 pages from the Internet for something someone doesn't even need," says Gerckens.

So no, for now students do not have to pay to print anything from the computer lab. However, in order to print anything, whether it is a paper in Word or an article off the Internet, a valid Sacred Heart ID is definitely required.



Photo by Susan Magnano

me if I could use these readers in the computer lab and I said that's fine with me." Turlong wasn't available for questioning so Gerckens continued to explain

SHU-VIVOR 2002: In the Outback... Yard

Continued from page 1

will gather in the Mahogany room to participate for a pot of \$2002 and the bragging rights of becoming the second SHU-VIVOR. The event is back after a one-year hiatus and it is shaping up to be even bigger than the first game.

SHU-VIVOR: In the Outback... Yard, as it is so appropriately named, will see its 23 eager contestants be narrowed down to just 16 this evening. 16 contestants is much fewer than SHU-VIVOR's inaugural season, where the game saw 29 participants get voted off the quad until one remained. Each contestant will attempt to Outwit, Outplay, and Outlast their opponents, and there are challenges divided up evenly amongst these categories.

The first season of SHU-VIVOR was ultimately a success seeing then Freshman Will Figueroa, from New Milford, CT take home the \$1000 purse. This year however, the rules have been altered, along with the extra \$1002 tacked onto the winnings. The basic rules are as such, the 16 challengers will meet at six o'clock Friday night and the SHU-VIVOR staff members will separate them into two teams, or tribes. The tribes will then set up their respective camps at an undisclosed area around campus and prepare for the Opening Ceremonies, which begin at eight o'clock. There are also the ever-

popular immunity challenges. Contestants will compete in the immunity challenges to prevent themselves from getting voted off. The first eight challenges will pit each tribe against one another, to determine which tribe has the unduly task of voting out one of their own. Following the eighth challenge, the two tribes will combine and the challenges will preserve just one individual. After each immunity challenge is complete, as preceded by the show, the Tribal Council will meet to determine who has overstayed their welcome.

There is just one prize which is the \$2002 for the winner, which makes the game that more interesting. However, the other 15 contestants will walk away with a lovely SHU-VIVOR T-shirt for their troubles, along with the self satisfaction of knowing they competed in SHU-VIVOR 2002: In the Outback... Yard.

One of this years contestants, Senior Matthew Snyder from Gibbsboro, New Jersey, does not feel that there needed to be any sort of preparation for the event and proclaims that there is no real strategy to making it to the top. However he proposes one way to tackle the field by saying, "I guess you don't want to be the weakest, but you also don't want to be the strongest, because they are always the first to get booted off. Be good but not too good."

Coordinating the event were members of the SHU-VIVOR Committee Jacinda

Felix, Jen Winter, Melissa Gagnon, Melissa Christy, and Tom Wuestkamp. The team has been working diligently since last March setting up this event and they feel that it will turn out to be a success, and hopefully a lasting tradition at the university. When approached with the question of whether the event would be broadcasted to the school, Committee Member Tom Wuestkamp, responded accordingly: "We are still in the process of seeing how far technology will take us. We can guarantee that we will update the Display Case and Channel 6 throughout the event. We cannot say what the events will be before they take place, but we will post a schedule of the times, so that spectators can come to watch," he said.

SHU-VIVOR 2002: In the Outback... Yard will begin officially on Friday, September 20, and will come to a close on Sunday, September 22, at noon, when the second ever SHU-VIVOR will be named.

The first SHU-VIVOR saw 29 contestants fall short of becoming number one. One of those contestants, Junior Michael Maziarz from Wilbraham, Mass. extends his feelings on his experience. "It was a blast, and it was surprising how cunning and cut throat people were when it came to voting people off," he said. Maziarz also leaves this year's hopefuls with a bit of disconcerting advice: "Don't Trust ANYONE."

Career Development to the Rescue

By Jill Tomasz
Staff Reporter

Have you declared a major? Are you certain that your major is for you? Choosing a major can be a complicated process. It is a procedure that will impact the rest of your life.

According to Trish Klauser, Associate Director Counselor in the Career Development office, there is a certain process in which students should follow in choosing their majors. "Research has shown that if students go through a series of structured programs, they can make a more informed decision," said Klauser.

Career Development offers many programs for students, such as self-assessment tests, workshops (resume writing, interviewing skills), internship searches, as well as job and career fairs.

Deciding what you want to do after graduation is a frightening thought, but with some help from Career Development, you may find that it might not be so difficult after all.

Last April, Katie Hudson a sophomore from Centerport, N.Y. took a visit to Career Development. She was undecided about her major, and did not know where to start. During her visit she took surveys, talked about her personal interests, and took an online assessment test. "The assessment test helped a lot!" said Hudson. The test asks many

different types of questions, from your personal interests, background information, and future thoughts. When given the results to the test, it narrows down jobs that would best fit your interests and personality. "I got a lot of ideas from the results," added Hudson.

Another Sacred Heart student, Francesca Bonaiuto a sophomore from Rye, New York, said that her experience with Career Development "was very informational and helpful." She also said, "they helped with classes that would be beneficial to my major."

One of the main features of the Career Development is the brand new career management system. It is a program that offers to help students find full or part time jobs, and internships. According to Klauser, "it is something all students should register into." All the jobs and internships that are listed on the website are for students interested.

Internships are what every student is looking for. Career Development cannot go out and find you an internship but they can help. "Our job is to prepare students to be ready," according to Klauser. With the programs offered you could increase your interviewing and resume writing skills. They are also offering an Internship Fair, on November 13, 2002.

Career Development is located on the second floor in Curtis hall and the contact number is (203) 371-7975.

Land Negotiations Continue at SHU

Continued from page 1 Post article, the land is believed to be worth approximately \$20 million to \$40 million.

Gresko said that, "A land sale to Sacred Heart is in the mix of ideas. . . There is a desire to avoid a dorm on Park Ave." Gresko said there is a "potential to put the proposed 10 story North Hall on the golf course instead of at 5252 Park Ave."

Neighbors might be more in favor of having the proposed North Hall dorm on the golf course instead of in their backyards. However, residents of Park Ave. were more opposed than others to the idea of North Hall being built on Park Ave.

Dr. David Grogan, a resident for 25 years, lives at 4950 Park Ave. His house is located directly next to East Hall. Dr. Grogan was opposed to East Hall being built, but has since said that East Hall has been "good neighbors" and there has never been any problems. With the University being so close, Dr. Grogan feels the University, "brings life to the

neighborhood with kids around." He does feel that personally he would not be bothered as much as the residents closer to where the proposed site is, but does understand the situation

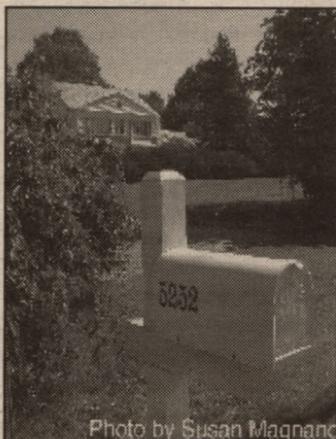


Photo by Susan Magnano

they are being faced with.

First Selectman of the Town of Fairfield, Kenneth Flatto, said, " My major concern is to avoid a large dormitory. We would like to work out a reasonable solution for the neighborhood."

Sacred Heart's freshman class numbers have been steadily rising over the past few years. This fall the University has

approximately 2100 residents. The residents are scattered in dorms located in three towns. According to the Dean of students Larry Wielk, the University is looking to enclose the campus further. With the new North Hall the campus would have the option of eliminating some of the off campus sites such as Taft, Park Royal and Avalon.

Wielk added that if Sacred Heart builds another dorm on Park Ave, the University will have to look into building a pedestrian bridge where students can cross safely to the campus.

Students are in favor of building another dormitory, and feel it should be a priority. They would like to see more parking built with the new dormitory.

Emily Keeney, a Junior from Elmira, New York said, "The people living around East Hall already have bad feelings toward Sacred Heart. We don't need to cause any more problems if it's not necessary, but a new dorm is a priority for this school."

Mayor Ganim has set up

a task force to give him options on the golf course. City Council President John Fabrizi has stated that the majority of the council is not in favor of selling the land to Sacred Heart or any other firm. The city is possibly looking to turn over the golf course to a private company to run or selling the land to the Town of Fairfield. Last year the city took over the golf course from a private firm. The deal between the city and

week sent out proposals to possibly privatize the golf course again. Fabrizi said that selling a portion of the golf course to Sacred Heart is a possible idea. It is unclear though what section could be sold to the university.

The Town of Fairfield has gained interest in the land as well and is looking to possibly have a role in managing or acquiring the 300 acres of golf course

land, according to Flatto. If Fairfield were to acquire the land they would like to possibly reduce the course from 36 holes to 27 holes. This, according to Flatto, would help Fairfield manage the course better. Flatto would like to see the remaining nine holes as parkland for playing fields or possibly a park.

Besides Dean Wielk, other Sacred Heart officials could not be reached for further comments.



Photo by Susan Magnano

that private company went sour when each side blamed the other for breaking parts of the contract. Mayor Ganim last

Meet the SHU Greeks

By Keri Wilson
Staff Reporter

Ever think of joining a Sorority or Fraternity? Well if that is the case, now is the time to go for it. RUSH is a process where students can meet all the Greek organizations and decide if they want to join. The organizations hold events such as ice cream socials and movie nights so that a possible RUSHEE can mingle and meet the brothers and sisters.

"It is a lot of fun, but it takes a lot of thinking because in the end you have to choose [a sorority/fraternity]," said sophomore, Patty Casey from Wrentham, Massachusetts.

Rush officially starts on Sunday, with Skit Night. All the Greek organizations perform skits to tell what they

are all about. A RUSHEE would be looking and learning about all the organizations.

"When I went to skit night it really clicked for me. I could picture myself hanging out and being friends with these girls," said Jill Hoffman a sophomore from East Fishkill, New York.

After skit night each RUSHEE must pick their two favorite organizations. The next two nights are "Meet the Greeks." This gives

students a chance to get a closer more intimate look at the organizations they have narrowed their decision down to. On Sunday September 29, there is a mandatory hazing meeting for all the RUSHEES, where the hazing laws of the state of Connecticut are discussed. The last step for the RUSHEE is to choose an organization that they wish to be a part of.

"Joining Alpha Sigma Psi was the best decision I ever made," said Dan McNamara a sophomore from Worcester, Massachusetts.

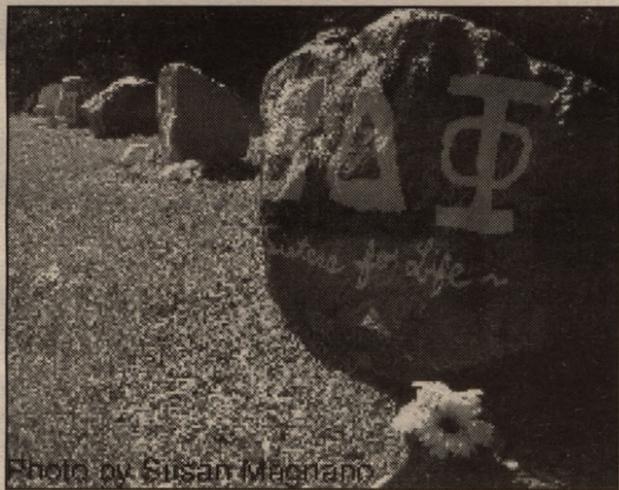


Photo by Susan Magnano

When the final decision is made, the RUSHEE then signs up for an interview, which each group holds in their own style. If the RUSHEE receives a "bid" (an invitation to pledge) from that organization, they must attend a RUSH dance. After this, the RUSH process is over and pledging begins.

Going to RUSH and learning about Greek life does not mean that all RUSHEES definitely have to pledge. RUSH just gives the opportunity to check things out.

"As a freshman I rushed just hoping to make some friends, but when I crossed I realized it is so much more than that. By going Greek, you make personal bonds with people who will become your sisters/brothers while you are away from home, and for life," said Siobhan Oâ™ Hagan, a junior from Jr. Pearl River, New York.

"No matter the letter, we are all Greek together" is this year's Greek Life motto. Sororities along with what cause they stand for include Nu Epsilon Omega, which fosters

aid to women and children of the Bridgeport community. Phi Omega Tau educates about AIDS awareness. Kappa Phi helps the less fortunate and hungry in the greater Bridgeport area. Beta Delta Phi Educates about breast cancer awareness. Delta Phi Kappa assists the young and elderly of the Bridgeport community.

Fraternities on this campus include Alpha Sigma Psi, which works on improving the domestic conditions of inner city Bridgeport, by tackling such issues as child abuse and poverty. Omega Phi Kappa works to increase exposure and awareness of diversity at Sacred Heart. Sigma Delta Chi helps preserve natural surroundings and resources. Lambda Sigma Phi educates Sacred Heart about the abuse of women.

Collection of Prayers Makes a Special Gift

By Stephanie Jelacic
Staff Reporter

As part of the freshman convocation on Wednesday the class of 2006 received prayer books as a welcome



Photo by Susan Magnano

gift from the University titled, "Prayers From the Heart." The 220-page collection offers a variety of prayers and excerpts submitted by students, parents, faculty, alumni and some well known authors and philosophers such as Kierkegaard and Jane Austen. Contributors were asked to either create a prayer, or submit previous works of their own. The prayer book is divided into chapters where all reflections concerning different matters will be available by categories such as "Prayers For a Better World," "Rising From University Life," and "For Every Day."

For at least a decade, editor, Patricia Leonard Pasley, has been wanting to create this project not only for the freshman class, but for the entire Sacred Heart community. Patricia hopes this prayer book, which has taken an entire year

to complete, "is going to be a book that people can really use. These prayers really spoke to me, and I hope they will speak to Sacred Heart as well; they are all from the heart, the way that people really talk."

Sister Margaret Palliser of Sacred Heart University has contributed some of her time as well in making this project a success. "We wanted to put together a collection that will be useful and inspiring," she says, "It's wonderful and I'm really excited about it." "Prayers From

"These prayers really spoke to me, and I hope they will speak to Sacred Heart as well; they are all from the heart, the way that people really talk."

- Patricia Leonard Pasley

The Heart" will also be available in the University book store for \$14.95, and "would definitely make a great gift" says Sister Margaret.

A Message From the Editor...

By: Sami DeVita

I sat last night trying to wrack my brain thinking of something to write for an editorial. Although I know that the Editorial section is meant to be a forum for students to vent their frustration at something on campus, I have gone the opposite direction with this one. With Sacred Heart's Open House coming up this weekend, I started thinking about the reasons I came here, and what the school means to me. I started thinking about the "Real World" that I would be cast out into in less than 8 months, and...I realized... I am not quite ready to leave here, just yet! But, I don't think I will let my parents in on that one. I remember the first day I came to an Open House here at SHU. I remember everyone being so friendly and holding the doors open for you. I kept saying, "Um...do they have their own air here or something? Why is everyone so smiley?"

I recall laughing at the Student Ambassador standing at the front gate, acting like the little Welcome Mouseketeer. Little did I know, those silly little observations of a nervous transfer were the major factors in my decision to come here. I sat through only the English and Education department's information sessions, and then left. No tour, no information session one on one, no luncheon, no football game, none of that.

I sat there in the Pitt Center, listened to the heads of the departments talk and then walked out during one of the breaks. By the time I had walked from the Pitt Center to North Lot, I had already called my father and told him to send the check. This was my new home.

Coming from a small, single sex, Catholic school, with a graduating class size of 26, going to a huge state University was not only a huge social shock. There were no teachers saying hello, or people holding the doors open, and you were lucky if you saw anyone you knew more than once a day, unless otherwise arranged.

I wanted a little more out of the school. I wanted the small class sizes I had so innocently emerged from, the dorms where everyone had their doors propped open with the expectation that a certain someone would stick their head in and relinquish them from studying for Astronomy!

Well...I found that here, in an almost sickening way! It has been a non-stop amazing time since I first arrived. I moved into East Hall in January of 2001, after a horrendous ordeal to get here, and 6 days in CCU, but I was here, and I was happy. Within the first night I knew that I was going to be happy here always.

Shy, unsure of my surroundings and seduced by more pain medication that you can imagine, I closed my door (to which I had a single room in East...could it have gotten any better?) and preceded to try and unpack what little things I could.

All of a sudden a knock fell on my door, and all of the girls in my suite hallway had decided that they needed to come over, introduce themselves, and meet the "New Transfer", as I was referred to. Well...not only did they help me feel a little at ease, one girl got me a map of campus so that I could find my classes (since I had had no tour) and the rest helped me arrange my room, because I could not move the furniture on my own.

Within days, I was meeting more and more awesome people, loving my classes and I never even thought about going home on the weekend, for fear I might miss something fun. I can say, without a doubt, that spring semester sophomore

I am not trying to say that everyone here should love Sacred Heart, or that the Editorials and letters should always be positive. I understand full well that there are problems that every University faces, but I am also acknowledging the fact that there is something to be said about having your professor's home phone number, that you can walk down the hall at any given time of day and see at least ten or more people that you know...and see them yet again ten minutes later heading in the same direction they were coming from before!

Remember the nights hanging out of the dorms with your friends, leaving notes on people's cars, the Luaus, Fairfield Beach, The Sports Page, the games, the parties, the nights you stayed up all night talking to a girlfriend, or studying for that exam you aced.

There is something comforting in the fact that you can feel safe walking across campus late at night, that the Dean knows your name and smiles when you walk by...and that you know when you walk down that isle during graduation, you will stand on the podium, accept your diploma, and a part of you will cry...because all those faces that you grew tired of over your four years here...are the ones that you will miss the most when you leave.

With the two-year anniversary of my arrival here to Sacred Heart University steadily approaching...

I can proudly say that I am only of those "Happy-Peppy-People" you met on your tour of SHU, in the cute little red shirts.

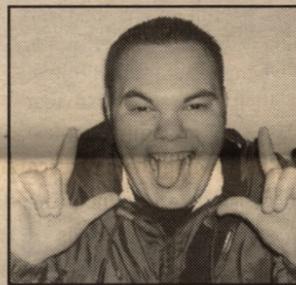
One of my very best friends was a the girl I referred to as the Mouseketeer at the front gate of school! I smile at (almost) everyone I walk past in the hall, and I have been able to make the kind of friendships where my roommates now, will be at my holiday parties twenty years from now, and spoiling my litter of children!

I know there are a lot of aggravating issues that are popping up this year, as they were last year...like parking... and as I make that long walk from the farthest parking spot in North Lot and arrive late for class ten minutes late and I am getting ripped for it...I'll just smile and remember that somewhere in East Hall, there is someone that is going to "stop down" and pop in on someone, and possibly make their day.

The SHU Voices

What's your solution to the parking situation on campus?

-Compiled by Susan Magnano



Stefano DiSorbo

Hamden, C.T.

Senior

"Make the faculty and staff park in an off campus lot and be shuttled to the school."



Krista DePrimo

Romkonkoma, N.Y.

Junior

"Put a garage in North Lot."



Anna DeSantis

New York, N.Y.

Junior

"Let the J-Hill residents park in the tennis court lot."

Career Development is Most Useless Department

By: Meghan Johnson

I have spent the past three years here preparing for graduation. Taking the required classes, doing the internships and building up my resume as much as possible, while working the dumpy summer jobs college students are required to work. Therefore, I figured why not get a jump on the job search by sending my resume to career development the week before school starts. I figured they would not be too swamped yet, seeing as students were not running up there trying to get internships for the semester, so why not take advantage and get my resume set up early. Come to find out career development is one of the most useless depart-

ments on campus. I called them and asked to fax my resume which I did after we got off the phone with promises from the director to review it and call me back later that day. They did not call me back, and I did not hear from them for three weeks. This caused me to have to call them back and I was told yes they had received it, but did not know where it was so could I please e-mail them a copy and someone would get back to me that afternoon. Once again, I waited patiently to hear from them and I was forced to have to call them back up again. Only to be told that, yeah, they did look at it, and could I please come up there. I find this department a complete waste of time and I feel I would have been better off asking almost anyone else on campus to review my resume rather than go through that again. As a senior, having a well-written working resume is highly important as jobs start opening up in January. I can only imagine how long they will take for people who happen to wait until the end of September or October to submit their resumes. Maybe you will not hear from career development for two months! I am flabbergasted that an office whose sole purpose is to review a resume and get back to the student cannot even accomplish that simple task. Maybe they are understaffed or busy but a quick phone call or e-mail only takes five minutes and would be greatly appreciated by those of us who are going to be thrown out into the working world in eight months.

Editorial Policy

The editorial pages are an open forum. Letters to the editor are encouraged.

All submissions are subject to editing for spelling, punctuation, grammar, clarity and length. The Spectrum does not assume copyright for any published material.

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All mail should be sent to the Spectrum, Sacred Heart University, 5151 Park Ave., Fairfield, CT, 06432-1000. Our phone number is 203-371-7963 and fax is 203-371-7828.

Letters/Op-Ed

Please submit your letters to the Spectrum office on Mondays between the hours of 10 a.m. and 6 p.m. or slip them under the office door. Letters must be typewritten and signed and may be edited. Please indicate title or class and telephone number.

What Make Occupational Therapy Different From Physical Therapy?

By: Kelly Chamberlain

As an occupational therapy graduate student at Sacred Heart University, I have frequently been asked to define how my profession differs from physical therapy. People often ask, "Oh, you're like a physical therapist right?" This drives me nuts! There is a big difference between occupational therapy and physical therapy professions. It's true that physical therapists and occupational therapists often work together on interventions with a client, but each profession focuses on different aspects of the interventions. Hopefully, by writing this article, I can educate others about the difference between these two health care professions.

An occupational therapist's first task is to evaluate what areas the client is having difficulties with. They evaluate the client's physical abilities, cognitive status, and address any psychosocial difficulties they might be experiencing. Then the OT examines the client's previous level of function with daily activities, physical abilities, cognitive status, psychosocial ability, and leisure activities that they liked to participate in.

All of these factors will play a part in the occupational therapist's intervention plan. Occupational therapist's main goal is to help a person to their daily activities, including home, work and leisure. Occupational therapists focus on helping the client regain much functional ability as possible. This can be accomplished through remediation or compensatory techniques. A remedial technique can involve teaching the client a new sequence of performing the task.

On the other hand, compensatory techniques use assistive devices to help the client become independent again in their environment. In contrast, a physical therapist mainly focuses

on the person's physical abilities. They concentrate on muscle tone, endurance, strength, trunk control, and all other physical aspects. Factors such as cognitive status and psychological deficits, may affect their therapy plan, but the occupational therapist is the qualified professional to evaluate these factors. Often physical therapists and occupational therapists co-treat a client together.

In this case, the physical therapist would focus on the client's physical abilities and the occupational therapist would focus on helping the client return to their activities of daily living. For example, if an occupational therapist and a physical therapist were co-treating with a client that had suffered a stroke and had weakness on the left side of their body, the physical therapist would focus on rebuilding the muscle strength, tone, and increasing the client's ability to reuse those muscles.

The occupational therapist focuses on helping the client re-learn how to dress themselves, make a meal and eat, and many other daily activities that the client needed to participate in. The occupational therapist's intervention is based on helping the client regain their life back by working on activities that they perform every day. Occupational therapy is a very rewarding profession, not only do we help the client regain their physical ability to return to daily activities, we are trained to address the cognitive needs and psychological needs of the client as well.

For instance, many clients that are recovering from illness, or an accident become depressed or frustrated. The occupational therapist is qualified to address these issues within the intervention plan.

In effect the occupational therapist is able to address several aspects of the client's therapy and incorporate them. In conclusion, this article was not designed to put the physical therapy profession in a negative view, only to differentiate between occupational therapy and physical therapy. Hopefully, this article has clarified the difference between these two professions, and the next time someone asks me about my profession and I tell them I am an occupational therapy student, they won't say "Oh, you are like a physical therapist, right?"

People often ask, "Oh, you're like a physical therapist right?" This drives me nuts.

The Spectrum

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Features Article on Recycling at SHU

Congratulations to the Spectrum and to Kerry Freel for the Features article on Recycling at SHU (September 13, 2002: page 6). There's a lot that can be done for the environment right here at SHU.

Imagine SHU as a shining example of responsibility for life in all of its forms on this planet. Sacred Heart University is large enough to make a difference in the region and clearly capable of setting a standard of environmental responsibility that others will emulate.

Reusing and recycling

reduce the need to extract raw materials from the planet, materials which are taken by mining, stripping, cutting, pumping, hauling, detonating, and other destructive processes. Reusing and recycling reduce the extent of manufacturing processes for refining raw materials.

Reusing and recycling thereby reduce the volume of fuels burned to produce energy for production and transportation. Reusing and recycling reduce the volume of waste materials buried in the land, dumped into the waters, and burned into the atmosphere. Sacred Heart University can make a meaningful difference!

Grant Walker
Associate Professor
of Sociology



Features

SHU Students to Study Abroad in Rome

By Christina Domenech
Staff Reporter

Imagine being able to receive credits and explore Italy with fellow SHU students. Students can earn credits in many different fields of study and experience Italy's art, architecture and atmosphere through SHU's study abroad program at the American University of Rome.

"Our students can go [during the] Fall, Spring, or Summer semesters. We hope to send the first group this [coming] Spring to launch the program," explained Dean Claire J. Paolini, Ph.D.

According to Dean Paolini, Rome is a wonderfully historical and cultural location, perfect for any student interested in studying abroad. The program offers an excellent mix for students. Not only do they intermingle with other study abroad students, but they also

have contact with the American University of Rome student body, which is comprised of students from all over Europe.

The program at the American University of Rome



not only offers courses in liberal arts, but also in professional disciplines such as media studies, business, international relations and English literature. There are more than thirty course offerings per semester taught by their international faculty.

Dr. Paolini explained that the American University of Rome is located on the highest hill known as Janiculum Hill, which overlooks the "beautiful" historic center. She also said that their campus is not like SHU's campus. The main building

of the American University of Rome is actually an old villa.

Dr. Paolini explained that universities in other countries are comprised of buildings in the city, which means that they are not enclosed in fence like many American universities, such as SHU. In other words, the city of Rome would be the college campus.

Despite this difference, however, Dr. Paolini strongly emphasized that the structure of the American University of Rome combines the structure of a traditional American university with all of the "niceties" of a European university, which makes the whole experience "appealing."

The American University of Rome offers everything American students are used to such as full student affairs support and academic support. "There is a counseling center and they offer field trips and housing," Dr. Paolini said.

The type of housing offered in Rome is apartment-style housing, which means that the university pre-selects specific large apartment buildings, and then rents approximately one to

three of their apartments for their students. This means that for the most part, students are scattered about the city, but they get a chance to come in contact with those who actually live in Rome.

The apartments come furnished with all amenities, some even have their own washing facilities. "It's a beautiful location. The students live quite comfortably," stated Dr. Paolini. And because Rome is a big, major city there is good, reliable transportation.

The costs involved with this specific study abroad program are the same Sacred Heart tuition with an added \$1,000 study abroad fee.

SHU financial aid does apply. The student, however, is responsible for his own travel expenses such as his plane ticket. The housing fee is paid directly to the American University of Rome since they are the ones who arrange it.

Applications are now available and the deadline for the Spring 2003 semester is on October 15, 2002. Professor Charlotte Gradie, the coordinator of the program, hopes that all stu-

dents interested in going to Italy take advantage of the program.

"I'd like to emphasize that [students of] all majors that meet the academic requirements may participate," Gradie stated, "I encourage all students to think [about it] and at least come to the office and talk to me."

Dr. Paolini wants to make sure that every student is aware of this program and wants them all to know that, "SHU has arranged with the American University of Rome an exciting and stimulating study abroad program, which combines rigorous classroom instruction and experiential out of classroom activities. [This] will give students a once in a lifetime opportunity to grow culturally [as well] as global citizens."

Any interested student may contact her via E-mail at gradiec@sacredheart.edu, or they can call her directly at 396-8022. The study abroad office is located at SC124. There will be an informational meeting at 10 a.m. on lay, Sept. 20 in the Pitt Center Boardroom.

The Little Man Behind the Big Wheel

By Christopher Giarrusso
Staff Reporter

You're standing outside Public Safety and the shuttle that takes you down Park Ave. has just pulled up to the stop in front of Public Safety and when you open the shuttle door you are greeted by a friendly smile and "hello" by George A. Ligouri, a 78-year-old man standing only 5'1" tall with salt and pepper hair with blue eyes and glasses.

"He was interested in knowing about what I was doing and seemed to care...he's nice and talks to you and doesn't just stare at the road," says Andy Vaccaro of Larchmont, NY a SHU freshman, after getting off the shuttle. But what you don't know is that this "little man behind the big wheel" is more than just your typical Sacred Heart Shuttle driver.

George was born and raised on Anton Street here in Bridgeport but now lives with his wife of 52 years in Trumbull. George was the middle of 13 children. He has eight brothers and four sisters. His father was a carpenter and his mother stayed home to tend to the children. George stopped going to school after the eighth grade since his family couldn't afford to buy boots and coats for going to school in the winter.

Just 10 days after his 18th birthday he was drafted to the United States Army infantry for World War II for three years. He was shipped to the Soloman Islands in the South Pacific where he was awarded the Purple Heart after being shot in the thigh by a Japanese

sniper. He then went on to the Philippines where since there were so many losses that the army combined divisions to form the only division with out a number called the Americal Division. He was awarded the Purple Heart Cluster after taking shrapnel in the back from a mortar explosion, and the Bronze Star medal for discovering where the enemy snipers were shooting from and being the first to return fire on there position.

"When the war was over," George said "I didn't have time to think. If it wasn't the Japanese or the Jungle with the Jungle rot and Malaria it was another thing."

Once the war was over, George returned home safe along with his three older brothers, two in the Army and one in the Navy. George was the only brother to return with those medals. He then took a year to relax and find a job after he returned from war.

He went to the police and fire station to get a job and when they handed him the applications to fill out the first line read you have to be at least 5'8" tall.

George said with a slight chuckle, "I took one look at that and since I'm only 5'1" I handed the papers straight back."

But then he got a job with the US Postal Office in Bridgeport with the help of a friend that was already working there. His job was driving a five-ton truck and picking up and dropping off bulk packages. During his 31 years with the post office he also ran his own business driving a meal truck from 1973-1990 with the help form his wife and daughters.

After retiring from the post office he got some part time jobs but one day when at the Trumbull Mall he

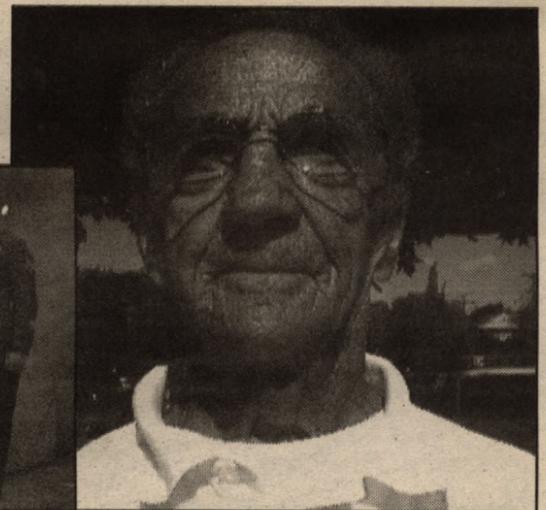
talked to a Sacred Heart Shuttle Driver and ended up applying and getting the job in 1998. George works from 7am to 3pm during the week and doesn't hesitate to fill in on the weekends.

On Monday, Wednesday and Friday he drives the Service Shuttle Route which goes to the Trumbull Mall and the Brookside Plaza. Also on Tuesday he drives the shuttle to and from Avalon Gates and Oakview Drive and on Thursday he does the Park Avenue route.

When Mike Moylan, the Director of Student Union, and George's Manager was asked what he thinks about George's work ethic.

"He is a hard working, personable guy that has a smile on his face all day long and enjoys working with the students...he tries to get to know you as a person and make connections," Moylan said.

Frank Sardo, who is a fellow Shuttle driver and has worked with George for the past three years, said, "I have lot of respect for George and he gets along great with the kids, he enjoys and respects it because with out the kids we wouldn't have a job. I'm humbled to work with the guy he comes in early, is very prepared and he is a nice old



George Ligouri, one of the SHU Shuttle Drivers, is a freindly face for students.

guy that goes out of his way to help."

In 2000 George received the Shuttle Driver of the Year Award. When talking to students the two most common words that describe this man have been "cute" and "friendly." He takes the utmost pride in his job at Sacred Heart and acts as a great role model for the students and staff. I've often heard students refer to him as the "Little Man Behind the Big Wheel."

George says that he has a lot of "pride and respect" in his job and he treats all of the students that he drives "as one of my children." He also said, "they're all nice students and he has never had a problem." He also said that he would "take the shirt off his back" to help someone out.

Stress Researcher Finds Home at SHU

By Mike Renzulli
Staff Reporter

physiological psychology," Dr. Bowman explained. Based on the first few days of the semester she is very happy in her decision to come to Sacred Heart.

"I won't be diagnosing anyone," jokes Dr. Rachel Bowman, Ph.D. "I'm a research psychologist not a clinical psychologist."

Dr. Bowman is the newest member of the psychology department. As a research psychologist she says, "My interest is stress research. I'm examining how chronic stress can affect memory and learning."

Dr. Bowman also conducts research on how stress is mediated by hormone levels, specifically estrogen. "I look at the stress response in individuals with high levels of Estrogen," Dr. Bowman explains.

After completing her Ph.D. work at Hunter College in Manhattan, where she also served as an adjunct professor of psychology, Dr. Bowman now joins the Sacred Heart community. This full-time tenure tract professor holds both undergraduate and masters degrees in Psychology, and her Ph.D. is in Biopsychology.

In addition to her research Dr. Bowman is also involved in other activities at SHU.

"This semester I'm teaching two sections of statistics [for behavioral science] one section of research design & analysis, and one section of



Dr. Bowman, a new addition to SHU faculty.

She was pleased to say, "The students I've encountered so far have been very nice and seem ready to learn."

The two main reasons that Dr. Bowman chose to join the Sacred Heart faculty are the proximity to her home, and most importantly the similar educational interests that she shares with the rest of the educators in the psychology department.

"All of the faculty have been very nice and very helpful, I look forward to working with them. I'm excited to be here and I'm looking forward to a good year," Dr. Bowman said.

Based on her educational background, and her research interests, Dr. Bowman brings a new perspective and knowledge to not only the psychology department but also the university as a whole.

Faith Filled Songbird

By Katie Trindall
Staff Reporter

Music is used as a tool to soothe the soul in times of hardship. Perhaps you were one of the many people who attended the September 11 mass and heard a special voice. Her voice climbed high above the heavy hearts and tears while she was singing "Alleluia Give the Glory" with the choir during the Mass.

"When she hit that high note it sent chills through my body," said Nicole Andrezza.

Regina Dempsey, a junior from Pearl River, NY, came to Sacred Heart University because of the friendly nature of the people and because they made her feel at home. She didn't know that Sacred Heart is where she was about to grow and find about the person that she is and will become.

Her freshman year she decided to join a few clubs, like most freshmen do, but she is now more than just a familiar face around campus. Dempsey is a member of the Show Choir, University Choir, Music Ministry, and the Director for the Encounter with Christ Movement. She is also on the Residential Life Staff.

When Dempsey has any spare time she finds herself doing community service projects in the Bridgeport area.

Dempsey started singing in the third grade with her church choir. She also sang throughout elementary and high school. She was in the New York Archdiocesan Children's Choir. While in that group Dempsey performed at both St. Patrick's Cathedral and the Papal Mass in Central Park in New York City.

"Music is an outlet to me so that I can let out my emotions,"



Pictured above is Regina Dempsey who is involved in many SHU activities.

said Dempsey, "and if I can touch one person through my music than that is just amazing to me."

Dempsey came to SHU and joined the Music Ministry, which is the small group of singers and instrumentalists who perform the music at the weekend Masses, as well as the other choirs.

"My most memorable experience in my singing career would have to be my freshman year here at SHU," says Dempsey.

"I had a solo in a Show Choir production. It was important to me because growing up I was always in the ensemble.

"I never had a solo. In a musical my senior year I played the part of a tree. Then I came here and I was the only person to have a solo in the show!" Dempsey exclaimed.

Through Music Ministry and Community Connections, Dempsey found her calling and her newly grown faith. Community Connections takes place a week before the fall semester begins that allows the freshmen to live out in the community of Bridgeport and help with Habitat

for Humanity projects, work in the local soup kitchen, as well as many other community service projects.

She became involved with Campus Ministry and now she is part of the Faith and Living community in the freshmen dorms as an RA. She became an RA because she enjoys helping people and listening when someone needs to talk.

"I really wanted to work with freshmen because it is the first time they have experienced college life," Dempsey said.

Faith and Living was proposed by the Campus Ministry and Residential Life to form a community on campus where students can share their faith with others and know that they have something in common.

"It isn't just for freshmen already involved in their faith, but also for those who want to come and explore it," says Dempsey. There are weekly meetings held every Wednesday night at 7:30.

Dempsey tries to set an example for other students through her own faith.

"I choose to live my faith here at school, because I never had the opportunity at home" Dempsey says.

"The college life presents us with so many opportunities that we can't get at home. Even after we leave here we won't have the opportunities we have available to us here. I feel that people our age are scared to explore and show their faith and beliefs. They don't think that others will accept them. I just try to show people that it doesn't matter what others think. We shouldn't have to wear a mask."

Information about Faith and Living can be obtained by contacting Dempsey by e-mail at r-dempsey@sacredheart.edu.

New Management Puts Heart into WHRT

By Casey Reynolds
Staff Reporter

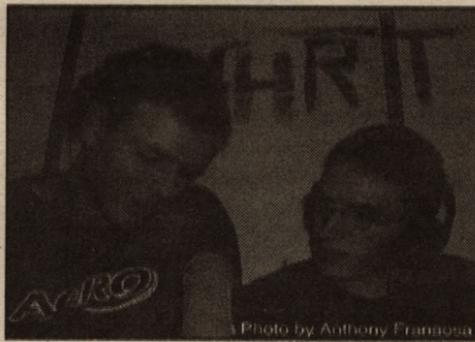
side," with his friend Joe Finis. Because Fogle spent so much time in the station, he landed the role of program manager for WHRT and Giunta

is the station manager. Fogle is currently in charge of scheduling shows, monitoring show content, making sure people do not miss their show times, and e-mailing all relevant details to DJs.

"We are looking forward to a great year at WHRT. The managers put in a lot of hard work over the summer and in the first few weeks of school and we plan on this being the best year for WHRT yet," Fogle said.

The interest this year has left Fogle and Giunta amazed. "The interest in WHRT this year is incredible. Last year

we practically had to beg people to come to meeting and sign up for shows. This year, I alone had well over 30 e-mails from people wanting radio shows.



Program Manager Bryan Fogle and Station Manager Steve Giunta have high hopes for this year with WHRT.

We had to open up additional time slots for shows and we even had to go as far as cutting the hours of weekend shows just so everyone could have a show."

Tom Etense, senior Bellport, Long Island comment-

ed that each there has been a good amount of interest, "this year there was standing room only."

The new semester brings new goals for WHRT.

"We have a lot of new things that we are doing this year. First off, we are now capable of DJing outside of the booth. We will be DJing many various school events as well as our normal on-air programming," Fogle said.

A very reachable goal for this year is live broadcasting from event on and off SHU campus.

"We would like to eventually be capable of broadcasting outside sporting events such as hockey at Milford Ice Pavilion or even on-location radio broadcasts," stated Fogle.

Last year WHRT had some problems with transmissions since the transmitter got

struck by lightning. Etense also commented on the possibility of trying to put together some more independent concerts for SHU students.

Jordan Walton, a senior from Nashua NH, who has had a show on WHRT for the past three years with Etense, and Jon Wojcio of Clark, NJ. This year their show, "Sex, Beer and Rock and Roll," runs on Tuesdays from 3 to 5 p.m.

Walton commented on his excitement for the possibility of having a live web cast of his show, "I've had a show for four years now and now my family can hear my show."

"Our present goal is to try and fix that up and still be 91.5 on the dial. The long range goal which we are very proud of announcing is getting an AM frequency that would have a larger transmission range than the tower we presently have is capable of doing," Fogle said.

It's time again to start tuning into Channel 6. DJ's have started to fill the radio booth at WHRT SHU's student run radio station.

Each year SHU students run WHRT, from administration to DJing.

WHRT is a free-format station under FCC and Sacred Heart regulations. In school, WHRT is on the air on Channel 6 and in the hallways, as well as 91.5 on the radio.

WHRT is strictly student run with all managers being DJs. This year Bryan Fogle and Steve Giunta have taken the reigns and pulled WHRT together. Fogle got involved with WHRT last year by hearing it in the hallways of SHU. He started his show last year, "Egoistic Sui-



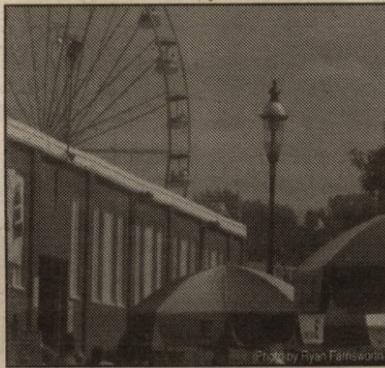
Fun at New England's Fall Festival

By Ryan Farnsworth
Associate Editor

The Big E festival is back this year to celebrate the beginning of the fall season. The eighth largest fair in North America, the Big E opened Friday, September 13 and continues until Saturday, September 29. Every day of the festival is packed with events and activities that give students a chance to get away from the stresses and responsibilities of college and enjoy a day off for art and entertainment.

Located in West Springfield, MA, the all-around splendor of autumn in New England's weather, activities, foods, and fun is captivated in a day at The Big E. These events include music and comedy per-

formances with such acts and stars as Regis Philbin, Journey, Charlie Daniels, City High, B2K, and Shaggy to name a few. There are buildings featuring exhibits and demonstrations of clothing, decorations, and other various gadgets to build-



ings of farm animals where one can see baby chicks hatching. Circus and stunt shows, crafts,

amusement rides, and parades also highlight the daily events.

From petting zoos and shopping, to fried dough, French fries, and caramel apples, there is something for everyone to enjoy on a trip to the fair. Chad Worthley from Amherst, MA, states: "I've been going for years and there is always something new for me to do or see. It's a refreshing trip, with the start of school and everything else I have to do.

The year-round Eastern States Exposition, at the outskirts of The Big E on the Avenue of States, highlights New England's history and agriculture. Each of the six state buildings

includes exhibits, tourism information, souvenir shops, and the ever-popular food samples.

They serve foods associated to the states like Vermont ice cream, Massachusetts's maple syrup, and Maine baked pota-



toes. Each provides an interesting and unique environment for information about the six New England states where students can learn outside of the classroom in a fun and delicious way.

The Big E has become a tradition for many Sacred Heart University students.

Lana Barnes, a junior from Naugatuck, CT, states: "The Big E lets me experience all that New England has to offer, like the variety of foods and entertainment. It gives me a chance to spend time with my family and friends." Whether they go yearly with their families or are part of a school-sponsored trip, students are sure to have a good time. Rob Trenske, a junior from Naugatuck, CT, explains: "I really enjoy experiencing the local foods and traditions of each New England state."

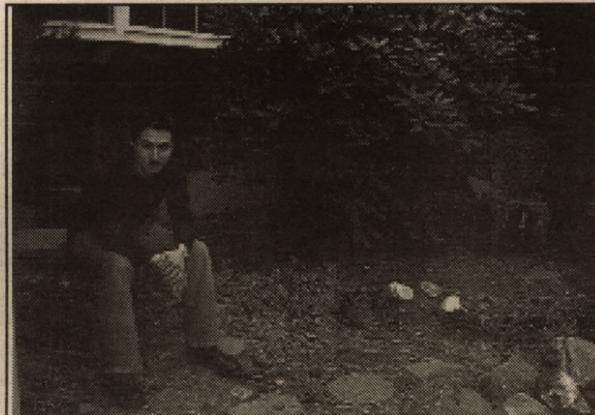
The Big E gates are open daily, September 13-29, 2002, at 8 a.m. Exhibits and state buildings are open from 10 a.m. to 10 p.m. Admission price for adults is \$12.00; seniors, \$11.00 and children, \$9.00. The Big E is approximately one and a half hours from Sacred Heart University.

Joe Beleznyay: Much More than Ordinary

By Kathleen Haughey
A&E Editor

He claims to be "more ordinary than you," yet, at only 25 years old, he has already lived an extraordinary life. By the tender age of 9, he was practically a world traveler. At 17, he was in a band with a classmate who would become one of the most promising recording artists to hit the scene in the past few years. Currently, he is an extremely talented musician who is trying to find a place to call his own in the mixed up, image driven world of the music industry. No simple task, especially when your day job consists of dealing with the scheduling problems of hundreds of SHU students. His name is Joe Beleznyay, and while his name might not necessarily sound familiar, his face probably is. He has most likely crossed the path of almost every SHU student at least once. Joe works right here in the Sacred Heart University Registrar's office. Joe, who currently lives in Fairfield, has lived all over the world. Since his father is in the Air Force, Joe found himself moving around a lot as a child.

Some of the places he called home include New Hampshire, California, Maine,



Utah, Amsterdam, and Crete. He settled back in Connecticut when he was 9 years old. His interest in music started when he was about 14 years old when he began to take music lessons. At 18, Joe started a short-lived band with some friends called Villanova Junction. During this time, in a high school class, he came across an eager musician who wanted to be in the band as well. This musician's name is John Mayer. Although Villanova Junction didn't last, John and Joe went on to work together for a few months after the band's breakup. The two recorded music together, but didn't release anything publicly. However, the two would part ways when John went on to Boston to go to college. Joe kept up with his music for a short time more, but at 20, he

decided to take a break from music. While he had been very influenced by the music he had made with John, Joe longed to create music that would express his own talent. Recently, Joe became inspired and the result can be heard on the homemade album Joe recorded, titled "Gotta Start Somewhere." This 5 track EP gives the listener an inside look into the heart and soul of Joe, which he pours into it without hesitation. Joe manufactures all of the CDs himself and gives them to anyone who is interested at no cost. "I'll go broke for people just to make them happy," Joe said. While ultimately Joe hopes to make a living writing and performing his music, he isn't in it for the money. His main

goal is to reach people with his music. "In a society so image driven, I'd like to attract the people who aren't determined to be picture perfect. I'd like to take the kid sitting in the corner and give him something to sing along to." He plans on releasing a full length CD soon, tentatively titled, "More Ordinary Than You." While Joe does have an extraordinary talent, he feels that deep down, he's no different than anyone else. "I'm the guy who wants to be the center of attention until everyone starts looking," Joe commented. Well, we are looking, looking behind the desk of our very own Registrar's office and seeing someone who could very well go on to become famous one day. Well, he's "Gotta Start Somewhere," why not at SHU? To learn more about Joe, visit his newly redesigned website, www.joebeleznyay.com.



Pioneer to Poetry

By Julie Fuhrman
Staff Writer

Some people are very lucky to discover their talent and passion in life at a young age. Brandon M. Graham from Waterbury, CT discovered his passion and ability to write poetry at the age of eight. He began to seriously write poetry at the age of sixteen and hasn't stopped since. Graham's book, "A Love Supreme: Amputated Feelings and Prosthetic Apologies" is currently being published. His book consists of seventy-two original poems.

Graham's poems deal with a wide range of topics such as relationships, family, social issues, diversity, the black community, and love. Poetry 360° Inc., a company that Graham co-founded with Marvin Royal, is publishing the first two thousand copies. "Poetry 360° Inc. is a literature based company aimed towards the elevation of social consciousness," commented Graham. He is also working with a book publishing company called Moore Black Press in New York City.

Distributors of his book are companies from all over the country such as RJ Communications, Matah Networks, and Barnes and Noble. While "A Love Supreme: Amputated Feelings and Prosthetic Apologies" is being distributed to many places, Graham commented, "I am more concerned with moving the people, then about moving the prod-

uct. If I'm not moving the people then there is no reason for me to write."

"A Love Supreme: Amputated Feelings and Prosthetic Apologies" is expected to be released before Christmas vacation and will be available at the Sacred Heart Bookstore, Matah.com, and Barnes and Nobles.

Graham, who graduated from Sacred Heart University last year, is currently in the MBA program and working at the Career Development Center here on campus. He began performing poetry his sophomore year in college at Sacred Heart in addition to well-known places such as the Nuyfrican Poetic Café in New York City, The Lama Lounge in New Jersey and Barnun in Washington, DC.

Graham also co-founded "Shades of Poetry" with Royal. The event has taken place seven times at Sacred Heart and is expected return at least twice more this year. "Shades of Poetry" is an

open mic poetry show where people from all over the state of Connecticut come to share their poems or just listen to others.

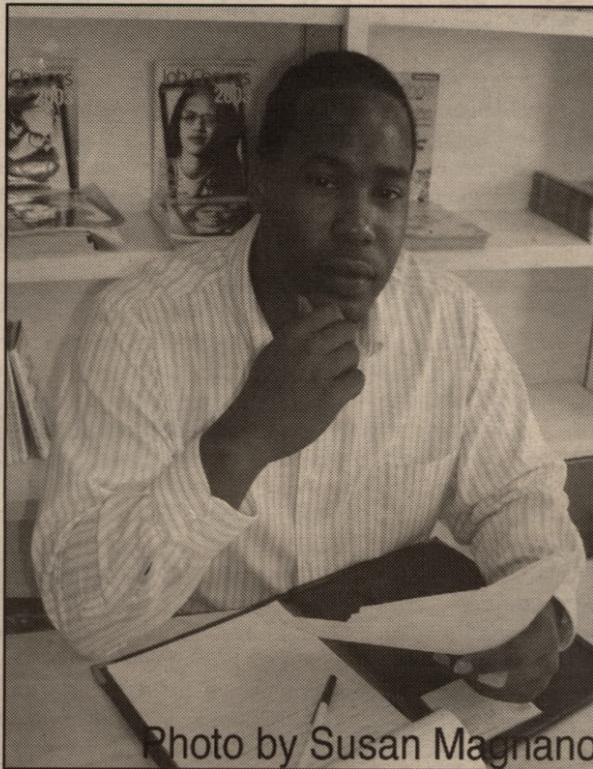


Photo by Susan Magnano

Besides poetry performances, Graham also speaks about the issues addressed in his poems at colleges in Connecticut such as the University of Connecticut, Southern Connecticut and Wesley. He will begin a book tour next spring going to 24 universities. Graham

is very excited to begin the tour because he wants to "elevate everyone's social consciousness and help the heart of America. I feel this book is doing that by dealing with a lot of social problems. I wanted to expose a lot of issues but not leave the reader hanging without are solution. I feel the ultimate answer that comes out in my poetry is love."

Graham has come a long way with his passion for poetry. "Getting inspired, being prepared, meeting the right people and a little luck has enabled me to have my poems published," Graham commented. Graham's three inspirations for his passion of poetry come from poets Robert Frost, Nicki Giovanni and Saul Williams. Saul Williams helped Graham get into the right circle of contacts, putting him a step closer to where he is today. "With poetry you want to network, it is crucial who you know and the contacts you make. However, after that it's your work that has to stand on it's own," Graham stated.

Besides working on his poems, Graham is also working on a poetry web site, www.poetry360.com, where people can post their own poetry, look up a publishing distributor, and much more. Some of Graham's own poetry will also be available to read. His web site will be accessible on December 1 and he is planning a book release party open to students, faculty, the board of trustees and the board of regents.

"Sopranos" New Season Starts with a Bang

By Danielle Pesce
Staff Writer

The HBO series "The Sopranos" started its much-anticipated fourth season on Sunday, September 15. It has seemed like an eternity since we have been inside the Soprano's life. This is because the writers have given us a year and a half break from the show.

Any Soprano fan can be happy in saying that Tony, played by James Gandolfini, as well as the rest of the cast, is just as gripping as they were when we left off. Well, Tony is finally back...and it has been well worth the wait.

In this first episode of the season, Uncle Jr., Dominic Chianese, will be going to trial. He and Tony have suspicion that the friendly nurse from the doctor's office, is really an FBI agent. In hoping to create a level of trust between himself and Christopher, played by Michael Imperioli; Tony decides to stir up trouble. Tony brings Christopher to who he says is his fathers murderer, a police officer who is celebrating his retirement.



The made men of "The Sopranos" outside the "family" owned butcher shop.

Whether or not this really was the man who killed Christopher's father is uncertain. However, after murdering him, Christopher has created a bond of sorts between himself and Tony. This leads us to Tony's session with his therapist Dr. Melifi, Lorraine Bracco. In his session, Tony reflects upon the issue of trust in relation to his family. He then mentions his nephew, leading us to believe that he lied to Christopher.

We are lead to believe that he lied about the police officer's involvement with his father's death only to see whether or not his nephew was trustworthy enough.

Carmella, played by Edie Falco, is concerned with the fate of herself and her children. Tony seems to be hiding something. We soon learn that along with everything else, Tony is concealing money from his wife.

With many unanswered ques-

tions in this hour premiere the hit series has started off well, leaving a great amount of anticipation for next week's episode as well as the rest of season four. A lot has taken place in only this first week and we mustn't forget that Adrianna, Drea De Matteo, is steadily becoming closer to an undercover FBI agent. Meadow, played by Jamie-Lynn Sigler, is still trying to cope with Jackie Jr's death. And of course we are left up in the air

with the answer to the very much talked about question: who will be killed next? After this first hour of the season, though unsure of what is in store for the following weeks, it is safe to say that regular viewers won't want to miss what awaits Tony and the rest of "The Sopranos" cast.

Team Mentoring Program implemented for athletes

Continued from page 12

produced on the field. "The softball team does very well academically. They are required to attend all of their classes unless they have a game. The athletic department has a form that is distributed to the faculty to alert their professors of missed classes due to scheduled games. The professor signs the form and gives it back to the student-athlete for our records," stated Elizabeth Luckie (Head Coach of the Women's Softball Team).

"Being part of a team forces students to customize schedules for themselves and manage their time as efficiently as possible," mentioned Bill Lacey (Head Coach of the Pioneer's Football Team). "It is very difficult for our players to balance the world of academia and football. We require 20 hours a week of the player's time," Lacey added. The 20 hours are broken down as follows: 12 hours of practice, 2 hours of lifting, 3 hours of meetings, and 3 hours for the game.

The Men's Hockey Team is also aware of

the necessary sacrifice expected of them so that they may continue towards their self and team oriented goals. "The team is in the rink Monday through Thursday for a total of 6 hours per week." Head Coach Shaun Hannah remarked. "They commute from Fairfield to Milford in order to attend these practices, they also lift for approximately 4 hours per week. Because academic work is of utmost importance to me and our team, we follow-up, with the cooperation of the registrar's office, on their grades at the mid-term and prior to taking their final examinations," Hannah continued.

Many coaches require their athletes to attend study hall sessions, especially the incoming freshmen, so that they have adequate time to incorporate the dueling tasks that compete for so much of their time each day. "To help balance their class work with all we demand with football, we require 8 hours a week of monitored study hall for all players under a 2.5 GPA and all first year players," Lacey said.

Coach Hannah has also implemented a

study hall program for the Ice Hockey Team, "Every freshman is expected to attend study hall and all upperclassmen that fall below a 2.2 GPA will have to join them. Creating expectations allows students to clearly understand their purpose, and that is to be a student first and then an athlete."

With such a significant amount of students participating in Sacred Heart athletics, 32% or 809 individuals, this population undoubtedly effects Sacred Heart's reputation as an academic institution. "Last season the Women's Basketball Team ranked 15th in academics out of 316 Division 1 teams," said Head Coach Ed Swanson. Also notable, the Wrestling Team finished with a first place national ranking academically with a cumulative GPA of 3.17.

Students, Coaches and Faculty should be aware that Sacred Heart University has recently implemented a Faculty/Student-Athlete Mentoring Program to benefit the special needs of student-athletes. The program, which has gained the support of 18

volunteers, has a specific mission. "The mission of the Student-Athlete Mentoring Program is to foster positive, re-affirming relationships between the academic community and the athletic department. Increased open and direct communications will help the faculty more fully understand the realities associated with balancing academic and athletic obligations. Student-Athletes will benefit by gaining insight and understanding as to how they might more effectively achieve their academic and career goals while interacting with caring faculty role models."

Friday, September 13th, a breakfast was held in President Anthony Cernera's Dining Room. The event gave the faculty volunteers the opportunity to meet and greet the coach of the athletic team they plan to mentor. "We want the students to be athletes and be students. Having athletics and academics working towards the same objective is very good. Growth and development is always good," said Dr. Cernera.

The breakfast gave the

faculty the opportunity to offer specific services to their team, while coaches were able to address their frequent concerns regarding academics. "I have many years of experience in teaching study, writing and time management skills. I would also be open to a number of possibilities," said Michelle Loris, Football Team Mentor.

Coaches were frustrated with the times that required classes were offered and with the registration process. "Pre-registration is a major issue. The registrar is attempting to accommodate schedules coinciding with games and practices," said Don Cook (Director of Athletics).

Being a pilot program, the success of the mentoring is up to the cooperation of the participants. Lucy Cox, and Dr. Gary Rose (Faculty Liaison for Athletics), were instrumental in organizing this program which promotes both academic and athletic success. Their ultimate goal is to gain as much support as possible from the faculty at SHU.

X-MEN topple highly touted Marist 20-9

By Eileen Gulian
Staff Writer

Many ask themselves how can these men get onto a field with nothing other than a mouth guard and play an all out contact sport with no fear or concern for their physical



The X-MEN in a scrum against rivals Marist College

safety. There is something unique that brings the Sacred Heart men's rugby team the X-Men together, and it is heart.

On Sunday September 15, at 1p.m, the X-Men

rugby team competed in their opening game of the season against Marist College of White Plains New York. The X-Men defeated their rivals despite losing to them in a close battle last season.

In the first half, Junior Eric Brown (Bridgewater, NJ) set the tone for the game by completing his first

Later on in the half SHU Senior, No. 9 Guitano Onorio (Gloucester, MA) scored the match's 1st try by diving into the try zone after a 30 meter run. Eric Brown added to the score by converting his kick upping the score to X-Men 10, Marist 3.

With nothing but a few seconds left before the end of the 1st half, senior captain Kevin Walsh (Brooklyn, NY) advanced the ball to the 1 meter line and Senior John Nolan (Cormel, NY) broke through Marist's unsuspecting defense to score an amazing try. Brown's kick was incomplete keeping the score 15-3 in Sacred Heart's favor.

"We were ready because alot of the younger players stepped it up,"

During the 2nd half, Marist attempted to make a come back while scoring two 3-point field goals, making the score 15-9. The final points that put SHU over the top and kept them there were scored by sophomore John Nickerson (Cranston, RI) after he ran an amazing 40 meter stretch for SHU's

third try of the game. This upped the score to 20-9 with the X-Men on top.

When asked if the team was ready for this match, senior captain Kevin Walsh was certainly convinced. "We were ready because a lot of the younger players stepped up, including scrum half Matt Walmsley (Philadelphia, PA)," Walsh remarked. Walsh feels for the next match the team must work on conditioning and their general flow of the game.

At the start of the game, Coach Valera felt the team was ready, but questioned how crisp their passes would be. Valera stated that he wasn't expecting to see a win or loss, but instead was expecting to see a solid battle between the teams.

After the game, Valera felt that the team's win was carried by the experience and skills of John Nickerson, Guitano Onorio and Kevin Walsh. "They must work on rucking and driving strongly over the rucks to clean things up," Valera stated. "They also need to keep working together as a team," He continued.

The game referee felt that both teams worked hard and played well. "There was silly penalties, but

overall both teams didn't play dirty," He added.

Besides the usual bumps and bruises, SHU and Marist didn't have any serious injuries.

SHU
SPORTS

A new approach

Continued from page 12

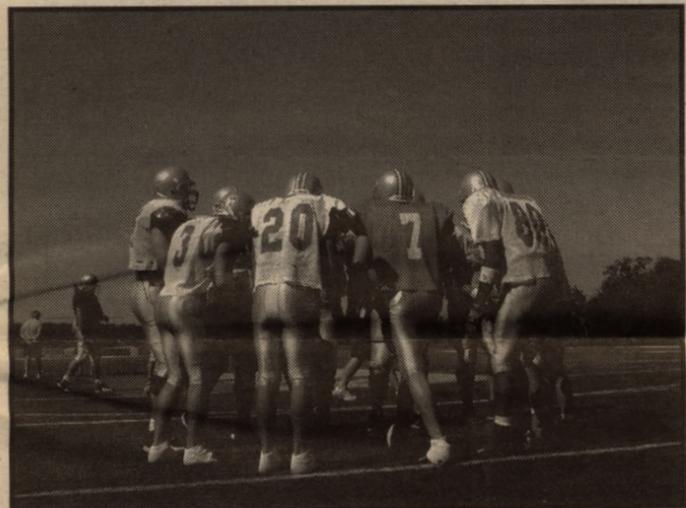
second half, the Pioneers capped off a six-play drive with a 48-yard touchdown pass from junior quarterback Joe Krolls (Burbank, C.A.) to senior receiver Doug Geoffrey (Meriden, C.T.) From what looked to be a bad snap, which would lead to a missed extra point, the Pioneers turned it into a successful two-point conversion when senior holder Andy Gonzalez (Willimantic, C.T.) picked up the loose ball, rolled to the right and found a wide open Mike Peshler, a sophomore tight end from Hopkington, M.A., to give SHU an 18-10 lead.

A Sacred Heart fumble on the next possession gave the Hawks good field position with the ball at the Pioneer 45,

deal for Sacred Heart's first victory of the season.

"We had four freshman step up in this game. Xavier Sanchez (Bridgeport, C.T.) stepped in at right guard, Bryan Shalvoy (Southbury, C.T.) at full back, Dave Kaloyanides (Reading, M.A.) at strong safety and Craig Kohan at linebacker. Senior Pete Athans played a great game intercepting a pass and running it back for a touchdown, which turned out to be the turning point of the game. Junior Jason Bonadies rushed for 107 yards. Senior Mike Kraft averaged 35 yards punting with a long of 49 yards and a rushing first down on a broken play on the punt team." Senior Kayode Mayowa (Providence R.I.) pounded Monmouth with nine tackles in the game.

In speaking about the differences between last



The Pioneer's offense huddles during their Tuesday practice in preparation for Albany.

but solid defense by SHU held Monmouth to just a field goal. With a good kickoff return by Athans, a 10-yard pass was set up to senior tight end Sean Macauley (Clinton, C.T.) and what appeared to be an easy touchdown run for junior tailback Jason Bonadies (Southbridge, M.A.). Bonadies reached the Monmouth 15-yard line when the ball came loose and trickled into the end zone.

When junior receiver Marlon Ward (Revere, M.A.) noticed the loose ball, he fell on it to score another Pioneer touchdown, which in retrospect put the game out of reach. Midway through the fourth quarter, Sacred Heart would increase their lead with an intercepted pass by freshman linebacker from Craig Kohan (Hillsdale, N.J.) which was returned to the Monmouth 21 yard line. The Pioneers then ran a five-play drive that ended up sealing the

year's team, which included stars Justin Holtfreter, Marvin Royal, and NFL 6th round pick DeVeren Johnson, all of whom graduated in May, and this year's team, which includes top returnees senior Kayode Mayowa, of Providence, R.I., a two-time NEC Defensive Player of the Year, senior linebacker Craig Capurso, of (Bristol, CT), defensive lineman Shaun Hubbard (Neptune, NJ) and defensive back Blake Neri, a senior from Dover, N.H. Lacey said, "Offensively we are starting eight players who have never started for us before. It is going to take some time to get everyone use to one another and hitting on all cylinders."

When questioned on which teams will be the toughest to beat, Lacey replied, "As we learned from the Marist game, every team is going to be a tough opponent, but we still have our sights set on the NEC championship, and an ECAC Bowl berth."

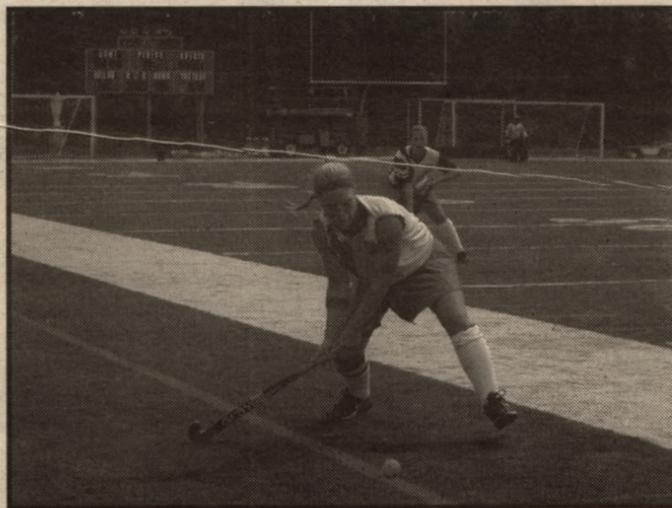
Field hockey ready for challenge

Continued from page 12

come together as a team yet. We've got a lot to look forward to," Marsden stated. After an 8-13 2001 campaign, the team was picked to finish second in a strong Northeast conference.

In her second year as head coach, Christine Blais is very optimistic about the young team she heads. "We only lost one starter and we have a strong returning squad, not to mention the ten sophomores and seven freshman," Coach Blais said. The former Penn State All-American is likewise enthusiastic about her key returning players which include Junior Forward Julie Messenger (Hinsdale, NH) who has all but carried the offense in past years netting 19 goals and 7 assists in her two years on the team. Other key returners include Senior Mid-fielder and Captain Laura Athans (Ocean, NJ), Sophomore Goaltender Robyn Breer (Montpelier, VT), and Andrea Marsden who will continue to provide important leadership on the defense.

Blais stated that despite having a very athletic team with an insurmountable amount of potential, the biggest problem the team faces is their inability to play as a unit, but rather as individuals, and a lack of intensity. "The girls are just too nice," Coach



Sacred Heart Senior Captain Courtney Alger takes a swing in recent action on Campus Field

Blais added. Despite the rocky start, Blais is distinct on pointing out that the real challenge lay in the conference games.

The challenge couldn't come soon enough as the team's conference play started last Saturday when SHU faced off against UMBC here at Campus Field.

First goals for Laura Athans and Julie Messenger on the season, along with Robyn Breers first shutout helped the Pioneer's squad blank UMBC 2-0 for the team's first win. "For the first time, we really started playing as a team, we just hope to continue building from where we've come together so far," Senior Captain Courtney Alger (Shrewsbury, MA) noted after the victory. Carrying the winning

spirit into Sunday at home, the team defeated St. Francis (PA) in a 2-1 nail-biter. Scoring again for the Pioneers were Laura Athans and Julie Messenger, both of the girls second goal for the year. Despite the two consecutive conference victories, the girls were not satisfied. "Were really excited about the wins," Alger stated, "but we really have to pick it up to win later in the week," she continued. "Our next few opponents are real tough teams," she added, "we need to put more balls in the net."

The girls will have their chance to continue their winning streak this weekend on the road Saturday and Sunday against conference foes Monmouth and Rider Universities in New Jersey.

SPORTS SCHEDULE

Friday, Sept 20

Women's Tennis at LIU
Women's Volleyball at FDU

Brooklyn, NY 3:00 PM
Lawrenceville, NJ 8:00 PM

Saturday, Sept 21

Football vs. Albany
Men's Golf at Dartmouth Invitational
Women's Tennis at Fairfield Inv
Women's Volleyball vs. Princeton
Women's Cross Country at CCSU
Field Hockey at Monmouth
Men's Cross Country at CCSU
Women's Volleyball at Rider

Fairfield, CT 1:00 PM
Hanover, NH 8:00 AM
Fairfield, CT 8:00 AM
Lawrenceville, NJ 12:00 PM
New Britain, CT 1:00PM
NJ 1:00
New Britain, CT 1:00 PM
Lawrenceville, NJ 2:00 PM

Sunday, Sept 22

Men's Golf at Dartmouth Inv
Field Hockey at Rider
Women's Soccer vs Siena
Men's Soccer at Northeastern

Hanover, NH 8:00 AM
Lawrenceville, NJ 12:00 PM
Fairfield, CT 1:00 PM
Boston, MA 3:30 PM



Sports

SHU Rebounds with FURY

SHU AVENGES LOSS AS DEFENSE DOMINATES MONMOUTH

By Katie Atkins
Sports Writer

If the Sacred Heart football team learned anything from their 38-27 loss to Marist on September 7th, it is that they can't underestimate any opponent. Last season the team went 11-0, winning the conference and Division I-AA Mid-Major National championship. Now every team on their schedule is trying to knock them off their perch.

Last Saturday, the Pioneers got back on winning track defeating Monmouth 32-13 in their first conference game.

Head coach Bill Lacey, who stepped up from his offensive coordinator job after former head coach Jim Fleming left to take a coaching position at the University of North Carolina, said there were two big factors that contributed to the loss at Marist. "First, the team was still physically beat up from camp and second, we did

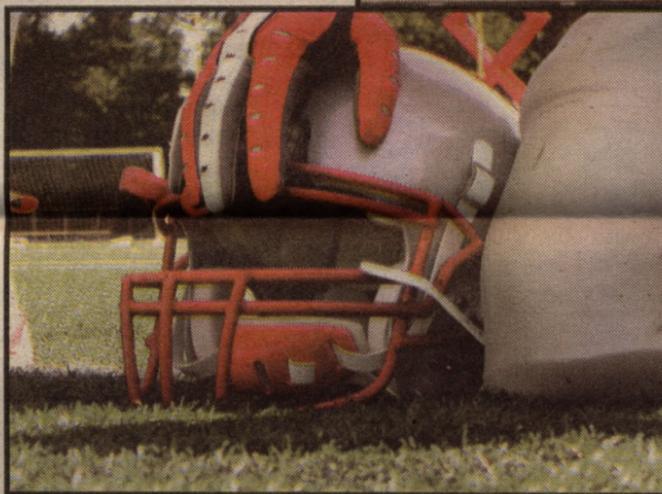
not take Marist as seriously as we should have," he said.

"To prepare for the game against Monmouth physically, I made sure the team was as well rested as possible. To prepare mentally we discussed the fact that we cannot take any team lightly," Lacey added.

"We learned that we can't come out feeling like we are invincible and we have to keep working hard. Even after our victory (over Monmouth) this weekend, we have a tough game to look forward to next week against the #1 ranked preseason team Albany," said senior quarterback/punter Mike Kraft of North Arlington, N.J.



Pioneer Head Coach Bill Lacey during a recent practice at campus field.



In Saturday's game, the Pioneers found themselves in an early hole. They were down 10-0 at the end of the first quarter, the result of a Monmouth 46-yard field goal and 43-yard touchdown pass. In the second quarter, the Pioneer's defense began to take control of the field, holding Monmouth scoreless for the remainder of the first half. With a field

goal by senior kicker Tim Redican, of Meriden, C.T., and an interception by senior cornerback Pete Athans, of Ocean, N.J., which was returned 52-yards for a touchdown, Sacred Heart saw their offense start to come alive.

With the start of the

See "New Approach"
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Field Hockey bounces back

DESPITE SLOW START, SHU FIELD HOCKEY REMAINS OPTOMISTIC

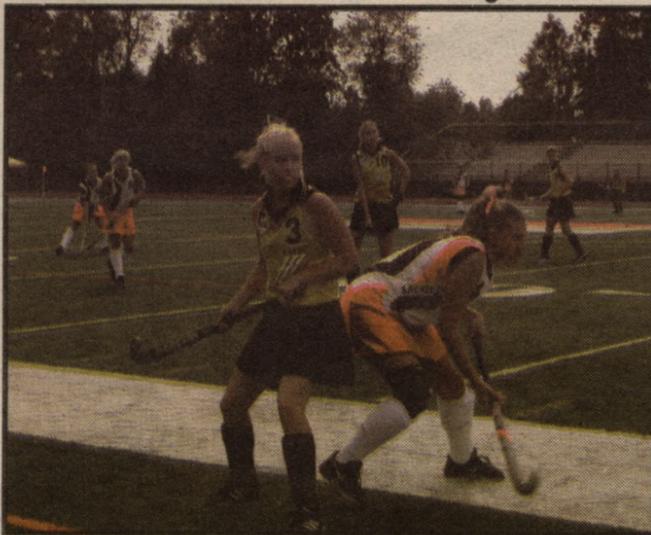
By Greg Tonzola
Sports Writer

When a team starts off a season 0-3, they must make a vital decision. The decision is whether to stumble on in mediocrity or to dig deeper, try harder, and push themselves into what they can truly be. Such was the dilemma of the 2002 Sacred Heart Field Hockey team after dropping their first three contests to Vermont (0-2), Providence College (1-4), and Hofstra (0-3), respectively.

Although scoring only one goal (by Courtney Alger) over their first three games, the squad was not disappointed, according to Junior Fullback Andrea

Marsden (Bennington, VT). "We played some good teams and we haven't

See "Field Hockey"
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SHU Senior Michelle Bruckner in action against UMBC

The Balancing act

ACADEMICS AND ATHLETICS STRUGGLE FOR HARMONY

By Amy Toohey
Sports Writer

Higher education requires diligent work, dedication and above all an abundant amount of time. A full-time student at Sacred Heart University who is taking at least twelve credits per semester understands that sacrificing personal time and on occasion missing social activities is all a part of reaching our ultimate collegiate goal of obtaining a degree. Now imagine this, but

add the pressure of daily practices, long distance traveling, and a demanding game schedule in division one college athletics. Welcome to the everyday life of a SHU student-athlete.

At Sacred Heart University academic and athletic success is of equal importance. "We are committed to our Student Athletes both in the classroom and on the field," stated Lucy Cox (Associate Director of Athletic Academic Services).

The coaching staff at SHU enforces the maintenance of academic goals and standards during their athlete's seasons. The coaches recognize that work done in the classroom takes precedence over work

See "Mentoring Program"
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