Student Government Reaches New Heights

By Lauren Testa
Staff Reporter

This year's Student Government theme is “To make an impact, not just an impression.” As the umbrella organization to all clubs and organizations on campus, student government's main goal is to focus on the positive image of Sacred Heart and to address the students' concerns. Student Government President, Tom Pesce, a Senior from Ridgefield, CT, says that this year's Executive Board is passionate about making students see why Sacred Heart is such a great place and they want to share their enthusiasm for their school with others.

"So many students have approached me over the past few years, so just to complain about something," says Pesce. "Now students come up to me to actually tell me about how much they like something. That means that we are doing our job and slowly changing the culture around here.”

In addition to changing students perception on campus, Tom and the Executive Board are making new strides to provide an increased level of communication between the Student Government Executive Board, the students, and the administration. They are also focused on strengthening the respect and tradition for the community of Sacred Heart at large. This year's Executive Board has created a fresh outlook about the Sacred Heart community and it has already accomplished many tasks. One of the first projects that student government has completed was the freshman elections this week. For the first time is SHU history, freshmen were able to vote for their class officers online, thanks to help from the Information Technology department. In addition, Hawley Lounge, the only student center on campus, is being re-furnished by the Student Government with new couches, plush chairs, and a new paint job. The flags that hung in Hawley are now clean due to the efforts of Student Senate, a division of student government, will be holding a “Meet Your Senators Day” from 4pm-6pm, on October 3. This day will be held on the Flik patio and there will be free food (either a BBQ or pizza). The purpose of this day is to have the students meet their Senators, ask them questions, and voice their concerns.

"A big goal of Senator Pesce this year is to have more student involvement,” said Jen Hradec (VP for Senate), junior, Westchester NY. One way Senate is strengthening student involvement is through student committees such as public safety, dining service (Flik), Spirit & Tradition, and Residential life, just to name a few. Senate would like to see students come to meetings and join the committees. If students have concerns about Sacred Heart they are welcomed and encouraged by Senator Pesce to email the senators at StudentSenate@shucedu.

"I think that this is going to be Senate's best year ever," Hradec said. "I am very excited to be apart of it.” The student government's mission statement states that it is dedicated to providing a forum for all students to get involved with the SHU community and to set governing policies that promote student advocacy. "We truly believe that the student body is Sacred Heart's richest resource," says Pesce.

"There is so much talent on this campus. We just try to tap it and bring it to others. Student Government works for the students because we care about our school and we enjoy what we do.” As the semester continues on, Student Government will be working on many more projects to facilitate a stronger student voice on SHU's campus. Tom Pesce believes that by staying dedicated to a cause, we can all truly make an IMPACT, not just an impression on our school. Less than a month into the new school year, Student Government already has.

New Mac Computers A Surprise

By Rich Suarino
Staff Reporter

A Media Studies student can now sit at his computer to edit his production project. At one time one would have had to wait for an opening in the editing room. For Media Studies majors the Macintosh computers is a chance to bring your work home with you and do your editing from your dorm room. The new computers mean no more sitting for hours in the Media Lab, (previously known as the "Editing Room") all day and night-uncomfortably. Over the summer, incoming juniors who major in Media Studies or Graphic Design received a surprise letter from Sacred Heart University stating that they would be receiving new Macintosh computers in the fall. The Macintosh computers would be replacing the IBM think pads as part of the schools two-year lease program. Juniors in other majors and this year’s freshman class received the new Dell laptop computers.

Previously students who graduated Sacred Heart with a degree in Media Studies were not being exposed to the newest and latest tech-
New Macs

continued from page 1

technology the industry had to offer. According to Andrew Miller, a Media Studies professor, the main reason for the switch is "to have our students work with the computer platform that they are most likely to find in the fields of advertising, publishing, and entertainment industries." However who are not familiar with the Mac have been finding it a little stressful. The University required all students with the new Mac to attend a two-hour mandatory training session when they arrived the first weekend back at school. The training session was helpful in covering most of the basics on the computer but it did not help students familiarize them with new programs and how to use them.

The IT department understands where the students are coming from, frustrated and not familiar with the new computer. Robert Tulang, who works as the Acting Director of Academic Computing stated, "It's a learning curve if you're not familiar with the Mac. But it's a curve you can get by." He also stated the IT department is planning to setup an online community for the Mac users so they can get feedback from the students.

Rafael Santella, a computer student from Norwalk is a Graphic Design major and received a new Mac this fall. Familiar with all Macintosh computers already but having stated this Mac does not help him with his major. "I have had no problems but it would have been better if programs I needed for Graphic Design were on the computer," said Santella. In the past all Sacred Heart students received IBM Thinkpads as part of the University's laptop program. Last year the University sent out bids to different companies for new computers to lease. The school chose to sign a contract with Dell. Currently only the senior and sophomore classes have the IBM Thinkpads. By next fall all students will have the new computers. Now that the Art Department and Graphic Design Majors received Macs, students deciding by their junior year as major in one of these areas will receive a new Mac, and until then they will have a Dell. Two Macintosh computers will also be added to the computer labs for students to use and become familiar with.

Is Taft Really Safe for You?

By Jill Tumasz
Staff Reporter

Located in the heart of Bridgeport and next to Bridgeport Central High School, Taft, a Sacred Heart University Residential Hall is home to other dorms. According to Kristen Cooper, a resident of Taft, a junior from Westchester, NY, "I hear gun shots every once in awhile, but I don't necessarily worry about it." Are students safe there? With 20 apartments and five to six students living in each, this building always is full of activity. "Taft is a good time" according to Rich Saurino a junior from Rye, NY, "You have the freedom and experience of living on your own." Saurino added.

A cording to Junior Kristen Cooper, a resident of Taft, "It's bigger and safer than Park Royale and Park Ridge." The one exception is its location. "One thing that frightens me is the sliding glass doors on the first floor," stated Cooper. Students should not have to worry about keeping their windows or sliding glass doors open at night. They should feel secure and worry free. But the sound of gunshots may alter their decision. Saurino stated, "No lie, you hear gun shots, loud gun shots." Is this what Sacred Heart students should be subject to? Taft students pay $8,430 for room and board, the same as other SHU students with the exception of those who live at Avon. Derek Bailey a senior from Bow, New Hampshire who was a resident of Taft last year stated, "I heard gun shots every once in awhile, but it didn't bother me."

New Macs

continued from page 1

Alcohol Awareness Week Poster Contest

$100 will be awarded to the winner of the Alcohol Awareness Week Poster Contest. Posters should be no larger than 3 feet in the Schine. On Monday and Tuesday, interviews will be conducted for all rushers. And finally, on Wednesday, there will be a Rush Party in Flik.

Hit & Run Leaves Damage

By Andrew Oshan
Staff Reporter

Have you ever come out of a long day of classes only to find that your car has been scratched up and dented, and no one is around to take responsibility? If you answer yes then you have been one of the lucky students. "I now keep a camera in my car to see that the bumper was hanging off," Trindell added. She continued to explain that the officer, who was unable to be contacted, told her that many cars were broken into or damaged. Cars broken into, personal property vandalized, as well the sound of gunshots, is what Taft residents have come to expect as normal behavior. Approximately 115 students live at Taft. According Bailey, "I never felt threatened. I felt pretty safe." With one security guard working the building, public safety monitors the parking lot, a specialized swipe key to enter the building, and another card to enter their apartment, it must give students a sense of security. But some students that live in Taft say otherwise. One student that asks to remain anonymous admits to saying that the "security guard doesn't even stay awake sometimes." Also, Public Safety monitors Taft, closely. From 11pm to 5am, there is a guard posted in the parking lot to oversee all nightly actions. Students do say, "makes you feel safer walking from your car to the building at night knowing they are there." Among these students that live at Taft, there are many that have mixed feelings. The living arrangement gives students a sense of freedom, independence, and leniency since it is not located on the main campus. The main flaw is the location, and the incidents that take place around this area. "This area is not safe," stated, "It's not that bad, until something really bad happens."
Circle K Lends a Helping Hand

By Stephain Jelacie
Staff Reporter

Circle K is a community service organization that can be found right here on campus. Performing a variety of services for the area, such as working with the homeless and elderly, the group’s primary focus is with children. At the Collegiate level nationwide, there are over 11,000 members and counting.

Circle K is devoted to the community by working on several projects throughout the year, taking trips, and attending conferences every other month as a way to meet new people and other colleges and universities within the organization. The director of Circle K at Sacred Heart, Mary Delorenzo, believes that “this is a great way to develop leadership skills while helping others at the same time.”

Throughout this school year, Sacred Heart’s major project will be working at the Alpha Home, which is a transitional housing facility for homeless families. Volunteers will tutor and play with children while their parents are at work or taking classes. Mary feels that “it is such a rewarding experience to work with these kids. Some of them are not used to having attention and it makes them feel really special.”

October seventh through the 11th is B.E.L.T.S. week, which will be another opportunity to volunteer. B.E.L.T.S. stands for, “Because Everybody Loves To Be Safe” and will teach seatbelt safety to second graders within the area. There will also be a convention October 18 through the 20 in the state of Maine, and is primarily for new members to have fun, meet new people, and discuss other service activities and programs. For those who are interested, Circle K holds weekly meetings in the Mahogany room at 8 p.m. every Wednesday. There are also small service projects within the meetings that usually consist of making cards for terminally ill children at the Kiwanis Pediatric Institute in Massachusetts, as well as for other hospitals.

Finally, Mary Delorenzo adds, “Everybody is welcome to the meetings, and we always need new people to come join in and share their new great ideas.”

Congrats to the SHU-VIVOR

After a long and tiring weekend of competing in SHU-VIVOR 2002: “In the Outback... Year,” Freshman Josh Sedlock from Naugatuck, CT has prevailed as the $2002 winner. The runner-up of the competition was junior Jillian Weissman from Setauket, NY. Congratulations to all the participants for taking part in such a tense, yet exciting event at Sacred Heart University.

Special People Receive Special Awards

By Dennis Fleischman
Staff Reporter

At the Freshman Convocation on Wednesday six Sacred Heart faculty/staff members were honored with special service awards. Four different types of awards were given. Dr. Linda Strong, Assistant Professor of Nursing, received the Joseph Grua Action for Justice Award. Dr. Lucjan Orkowski, who is a Professor of Economics and the Chair of Economics and Finance, received the Faculty Scholarship Award. Debbie Samilenko, Manager of Administrative Information Technology, received the John XXIII Award for Campus Leadership. Beverly Boehmke, Assistant to the Chair, Department of Language, Literature and Media Studies, Jocelyn Novella Assistant Director Counseling Center, and Gloria Pazamandi, Administrative Secretary University College each received Outstanding Service Awards.

When asked how she felt about receiving the award Beverly Boehmke said, “It’s nice to know your work is appreciated. Being appreciated by the people you work with is conducive to a positive atmosphere, and it is something that everyone hopes to have at their place of employment.”

Gloria Pazamandi, a 14 year veteran of Sacred Heart said, “…it feels good to be receiving this award and that Sacred Heart is a wonderful place to work.” Jocelyn Novella, who is a seven year veteran of Sacred Heart, was surprised to be receiving the award. “This place has changed a lot over the last seven years, and the wonderful staff is one of the reasons I stay.”

Each of the recipients makes a great contribution to Sacred Heart in their own unique way. These staff members contribute by teaching and helping students. Without these people Sacred Heart would not be the same place it is now. Every contribution to the school is important no matter how big or small it may be. The ceremony last Wednesday was both to welcome the incoming freshman class of 2006 and to honor the recipients of the special service awards.

Memorial Walk to be Held in Honor of SHU Student’s Sister

By Keri Wilson
Staff Reporter

On Saturday, September 28, 2002 a 5k fund-raising road race and a kids half-mile “Fun Run” in memory of Kylene Carroll will be held in north Milford. Kylene was a 16-year-old Foran High School senior who died last April from a short illness.

The road race will take place at the recreation complex of Boys & Girls Village. All race proceeds will benefit the programs and services of the agency. Boys & Girls Village is marking its sixtieth year of existence as an organization who assists troubled and at risk youths of Connecticut. Kylene was the sister of a current Sacred Heart University undergraduate, Katie Carroll, an English and Pre-Physical Therapy major. “My sister was an incredible person and never in my life-time could I find words to adequately describe her,” said Katie Carroll a junior from Milford.

The 5k race will kick off at 8:30 a.m., and the kids run will begin at 9:15. The 5k route will wind through scenic north Milford. Volunteers from the agency will be there to monitor the route. Reverend Ken Fellenbaum, CEO of Boys & Girls Village, noted that Kylene Carroll, the daughter of Boys & Girls Village Development Director, Chris Carroll and sister of The Village Day School’s special education teacher Kelly Carroll, was a volunteer at Boys & Girls Village. “Kylene was very active in her community and school, and we think it is fitting that since she was a track, soccer and basketball player in high school, we would honor her name with a memorial road race,” Fellenbaum said.

Race entry forms can be picked up at Foran High School, the Milford Bank, Stonebridge Restaurant, Creative Health & Fitness, Milford Library, the Milford Recreation Department, the Boys & Girls Village Offices, or by calling 877-0000, extension 131. They are also available on the agency’s website. http://www.boysvill.org. There is a $15.00 fee for the 5k race and a $10 fee for the kids run. Refreshments will be served for participants.

Fellenbaum states, “We are welcoming all members of the greater community to visit and tour our main campus and to talk to our staff as we celebrate our sixtieth anniversary and remember Kylene.

“My sister was an incredible person and never in my lifetime could I find words to adequately describe her.”

-Katie Carroll, Milford
Editorials

Way Back When

By: Samantha E. DeVita

When I was young, I remember waiting until I was a "big girl." I could not wait to do all those glorified little idiosyncrasies that I believed made up the "big girl" image I had so carefully constructed in my little innocent mind. Now, that I am a "big girl" I am so badly wishing for the days when everything seemed oh so perfect.

What happened to Strawberry Shortcake and Barbie? Or when someone asked you what you wanted to be when you grew up...your answer was "A teacher" or "A Doctor!" I wondered at what light before Christmas, as you glorified little idiosyncrasies that I believed made up the "big girl" I wanted to be, really isn't all I dreamed of. I realized that I have gotten so wrapped up in the "daily grind" of life, I forgot...this isn't a dress rehearsal! I thought of a stolen youth where the imaginative, free flowing, innocent little girl disappeared into the night, with out me ever realizing it. I still don't know what I want to be when I grow up! Being so consumed in the chaos that I call my life, I lost sight of the things that really make me smile...those little things that you do when you are alone, and you think no one is looking...that is your true self and inner child peeking through. You know, when you are singing in the car, and for some reason you lose your grip on reality and think that no one can see you? Yeah...I've done it too...and then the people look at you like you are out of your mind? Next time, just try smiling or singing back at them.

Trust me, if they thought you were crazy before, you just wait! I think tomorrow, I may sit in my pajamas all day, and watch reruns of "Who's the Boss" and "Tom and Jerry." I may even have a bowl of ice cream for breakfast. Or dance around my room in an old prom dress. The next time it rains, I may walk around in the puddles barefoot and catch raindrops in my mouth, and not worry about the acidity in the water, getting my feet wet, or my hair frizzing. And when the ripples in the water cease, there, I will find that little girl starring back up at me.

Parking Still A Problem

Dear Editor,

As a part-time student I'm writing to express my growing concern over the lack of adequate parking on campus. Like other part-time students, I work a full-time job, and do not have the luxury of taking my time to circulate around campus searching for a vacant parking spot prior to attending class. Instead, I end up making a mad dash just to arrive to class on time.

There are many consequences to insufficient parking facilities. For example, I have noticed that many people park illegally on campus, which makes it more difficult to navigate within the designated parking areas. Cars are parked next to medians rather than in the appropriate parking spots. This causes a chain reaction with other people justifying their illegal parking because "everyone does it." Another problem that arises from the lack of adequate parking facilities is that drivers become frustrated. This can result in safety issues on campus such as sudden stops and fender benders.

A suggestion to improve the parking situation on campus would be to build a better parking facility. I understand that the campus is located in an area where real estate is at a premium. Therefore, I suggest building a multi-level subterranean parking facility.

With increased enrollment and the continued growth of the University, I can only foresee this problem continuing to mount. I hope that the University administrators carefully consider this issue.

Dan Maloney
SHU Student

The SHU Voices

What wouldn't you do for $2002.00?

Ken Harris
Stratford, N.J.

Marjan Kalijaj
Montego ,Yugoslavia

Ikem Morah
New Orleans, L.A.

Senior

Senior

Senior

"I wouldn't jeopardize my integrity."

"I wouldn't be a stripper."

"I wouldn't make out with Dr. Cernera."

Fraternity Helps SHU Females

With all the talk these days about rape and women being attacked, I wonder what our school is doing to make female students feel safer. Sacred Heart is a small campus, but it can seem large when I am walking from J-Hill to East Hall at 2:00a.m. While I am a female walking by myself, I wonder what the people in the passing cars think as they see me? Some drivers are kind enough to Wave to me; some of course make the ridiculous comments. I lost sight of the things that really make me smile...those little things that you do when you are alone, and you think no one is looking...that is your true self and inner child peeking through. You know, when you are singing in the car, and for some reason you lose your grip on reality and think that no one can see you? Yeah...I've done it too...and then the people look at you like you are out of your mind? Next time, just try smiling or singing back at them.

Trust me, if they thought you were crazy before, you just wait! I think tomorrow, I may sit in my pajamas all day, and watch reruns of "Who's the Boss" and "Tom and Jerry." I may even have a bowl of ice cream for breakfast. Or dance around my room in an old prom dress. The next time it rains, I may walk around in the puddles barefoot and catch raindrops in my mouth, and not worry about the acidity in the water, getting my feet wet, or my hair frizzing. And when the ripples in the water cease, there, I will find that little girl staring back up at me.

One alternative that our students have come up with is Lambda Sigma Phi's "Safe Walk." It is the perfect solution to a long night's walk. Personally, it makes me feel much safer to walk with another person, and time goes by much quicker when there is someone to talk to. One simply calls the number and both a male and female student will come to meet you. I give praise to the brothers of Lambda Sigma Phi for their commendable service. It is reassuring to know at least someone on this campus is aware of the problems and fears facing females today.

I give praise to the brothers of Lambda Sigma Phi for their commendable service.
Letters/Op-Ed

Career Development: An Investment in Your Future

By Tom Pese
Student Government President

I am writing in response to last week's article by Meghan Johnson, concerning the Career Development department. In her article, Meghan referred to Career Development as "useless," while she described one of her experiences in dealing with the department. Whatever Meghan's personal experience may have been is one thing. However, I believe that students would be at a major disadvantage if they were to take her article as being a literal interpretation of what their own experience may be like if they were to go to Career Development looking for help.

As a member of the class of 2003, who is currently preparing for my own future, I can tell you that Career Development has not only been a huge help to me, personally, but it is also an extremely useful resource for every student on SHU's campus.

Just last week, I approached Christine, who works in Career Development, to simply set up an appointment so that I could sit down with her to go over my resume. Not only did she take me in right then and there, but she spent the entire afternoon with me, dissecting, shaping, and refining my resume, until all of my questions were answered and until we were both satisfied with how it looked. Christine also provided me with invaluable information on how to find out about companies who are looking to hire, where to post my resume, and how to write an effective cover letter. Perhaps, if Meghan had made an attempt to go to Career Development, herself, she could have cleared up some of the communication problems she was having. Let's be honest with ourselves for a minute. E-mails and faxes and phone calls are all great ways to communicate with each other and they make our lives a lot easier. However, nothing beats personal contact.

If you can come to an interview to get accepted into Sacred Heart, come to an open house with your parents, and walk or drive to class for four years, wouldn't something that determines the rest of your life warrant some of that same effort, if not, more? After all, what we get out college, as well as life, is in direct proportion to what we put into it.

Will Career Development come into your bedroom, sit down at your computer, write an outstanding resume for you, and give you the career of your dreams? No. That is your job. And I highly doubt that any company is going to be hunting you down either, begging you to work for them. But will Career Development lead you in the right direction, show you how to write a resume, and work with the skills and credentials that you have so that you can apply yourself to getting the career of your dreams? Yes. That is their job. And if you can apply yourself to achieving what you truly want in college, you will probably find yourself equally successful in finding what you truly want out of life. More importantly, you will know how to get it.

In looking down the road at the return investment of the thousands of dollars spent on a college education, I think that a quick trip up to the Career Development office could prove itself to be worth the hassle. After all, the future is truly what you make of it, so why not make it a great one?

———

Cell Hell for SHU Student

Don't let them wake you up. They'll rope you in, and then start calling at 7:30 a.m. on your day off. They'll cut your service before mailing out the bill, leave you on hold for hours, and when you do finally get through, they just want more money. The "Clear Alternative to Cellular" is clearly insane.

Let me tell you about Sprint PCS. When my boyfriend and I moved, we needed a new phone. We mistakenly thought that a cell phone would cost less. Dave, at Sprint, gave us a great deal on a phone and set us up with a $59.99 monthly plan, which included Sprint's wonderful 24-Hour Customer Care. "Just press *2," Dave said, "and you'll be connected at no extra charge." Dave lied. I dialed *2 on my Sprint PCS phone, and the only free connection I made was to "Claire." My virtual service assistant. Claire is a little slow at times, and sometimes forgets misunderstandings and other times she just hangs up. My ungodly need to speak with an underpaid justifiably bitter Sprint operator, was only satisfied after paying an additional $3.00 Service fee.

I spent $15.00 trying to settle my bill discrepancy over the phone before I finally decided to waste some gas and drive three towns over to the nearest Sprint store.

I waited in line with other disgruntled customers for over twenty minutes. Then she called. "Next." Finally. "I'd like to see an itemized list of my bill," "I can't do that ma'am." The customer service "ma'am" really had me eyeing the pin on Judy's name tag. "Cash or check use the machines to the left." "All I have is my credit card." "Well that's fine, but that'll be an additional $5.00." (That pin's sharp enough to break skin right?)

Let me tell you how to avoid fantasizing about using name tags as weapons. Make sure to ask specific questions when committing to a cell plan. Ask if you can speak with oxygen breathing service agent at no additional charge. Ask if you can pay bills on location, at no additional cost. Most importantly, ask about the cancellation process. My contract requires me to pay $150.00 to cancel my cell plan, but it is never said that the only way to complete this transaction was over the phone. Yesterday Sprint sent me a flyer in the mail. They told me I was such a responsible customer that I deserved another phone. No one deserves another Sprint phone, no one!

Amanda Veautour
Senior

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The Vital
Responsibility
To Vote...

Over the years that I have taught here, I have sadly realized that a majority of students are not aware that they cannot register to vote, or vote, here in Bridgeport, Connecticut. I believe it is a vital responsibility of the Spectrum to inform their readership that voter registration must take place at home, wherever one's permanent residence is. Those who live close enough to home can vote there, but the others can arrange for an absentee ballot with their town Registrar of Voters. A break is coming up in mid-October...which means an opportunity for voter registration and absentee ballot application. I encourage you all to participate in this great process...every voice matters.

C. Ginolfi
SHU Professor
By Kara Brady and Patrick McMahon
Staff Reporters

Not many Sacred Heart students can say that they have taken a course with friends and fellow SHU students across an ocean at a historical college campus. Fifteen each summer, to be exact.

Each year for two weeks of the summer, fifteen students travel to Dublin, Ireland, to take a three-credit religion course through Sacred Heart. They study at the prestigious Trinity College, which is located in the heart of downtown Dublin.

Dr. Walter Brooks, head of Religious Studies at SHU, is in charge of the program and also teaches the course. Celtic Religious Traditions is a class designed to educate students not only about the beliefs, myths, and traditions of the ancient Celts, but also reflects upon past and present Irish culture. In this class, Dr. Brooks gives the students the unique experience of learning about a foreign history and having it available to them just outside the window.

Dr. Brooks has thought about teaching the class here at Sacred Heart, but he said, "teaching it in Dublin is more effective because you get the outside class experience." Having dual citizenship, Dr. Brooks travels to Ireland three or four times a year, including for the summer program.

"Teaching the class allows me to do something I love in a place I love to be," said Brooks. From the students' perspective, the feeling is mutual on the importance of the full experience. Corinne McDermott, a junior from Bedford Hills, NY, enjoyed "being taught about historical sites and then traveling to the countryside to see and explore them first hand." Dublin has many cultural sights. Its National Art Gallery, Museum, and Library, just to name a few, provide people with historical information at their fingertips.

The infamous post office, traveling to the countryside to see and explore them first hand." Dublin has many cultural sights. Its National Art Gallery, Museum, and Library, just to name a few, provide people with historical information at their fingertips. Not many Sacred Heart students can say that they have traveled to Ireland three or four times a year, including for the summer program.

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The infamous post office,
How Safe is Your Computer?

By Patrick McMahon
Staff Reporter

"It was horrible," says junior Chris Skelton of Westerly, RI. "I was given no warning from the computer, it just froze up and would not respond to anything." Skelton lost everything of importance on his computer including class assignments, documents and songs. He says it was because of his laziness.

"I just never felt like updating the virus stuff. It only took two minutes to do, but that was too long for me to wait. I learned my lesson the hard way," Skelton said.

Sacred Heart is at constant risk of falling prey to computer viruses because almost every student and practically every classroom has at least one computer.

On the Sacred Heart website, it is outlined that the school has adopted the help of a program called Norton Anti Virus to protect the computers. Norton Anti Virus has been installed on every computer used by the school, including the ones given to the students. Norton Anti Virus provides virus definitions so the computer can recognize a virus and stop it from affecting it or it quarantines the virus if the computer has already been affected. However, those definitions are just provided, they are not given to the computer automatically.

"The students must have an academic need for the support for 13 years, teaches the high school students academic and physical programs, which services Bridgeport and Stratford," says Carylanne Rice-Ehalt, director of Upward Bound.

"Ninety percent of the students that participate in Upward Bound which has been here at Sacred Heart since its freshmen year and continued in the program for four years. Then they went on to the University of Connecticut where he graduated in Civil Engineering. He now teaches computer courses at Sacred Heart," according to Emma Caldeon student counselor for Upward Bound.

Upward Bound is a federally funded college preparatory program, which services Bridgeport as well as Sacred Heart high school students. The funding for this program comes from the United States Department of Education.

The government gave the Upward Bound program a $257,390 budget for the 2002-03 academic year. The money is used for helping over 50 students that are made up of 2/3 low income and first generation students, and the other 1/3 are made up of either low income or first generation students that are in ninth through 12th grade. Eighty percent of the students that participate in Upward Bound at Sacred Heart continue on to a four year college," says Carylann Rice-Ehalt, director of Upward Bound.

Upward Bound which has been here at Sacred Heart for 13 years, teaches the high school students academic and future plans for college and career. This made them committed to tutoring sessions, asking questions, and also asking me about my own high school and college experiences," Crounse said. Crounse tutors students primarily in English, as that is her major.

I help kids with essays they write, analyzing literature they are reading, and grammar. I have also help some students with history.

Upward Bound also helps high school students prepare for SAT's, in training in problem-solving, self-esteem, communication, assertiveness and time management. Also during the year the students go on cultural enrichment trips such as "Broadway plays like the one in October to see Mama Mia," says Carylann Rice-Ehalt, director of Upward Bound at Sacred Heart, As well as individual tailored workshops. The Upward Bound office is located next to the elevator on the second floor of the HC wing.
MTV’s “Real World” Season 12: Las Vegas’ Lucky 7

By Danielle Pesce
Staff Reporter

Sacred Heart students seem to be immersed in this season’s “The Real World” which has started airing its twelfth season in Las Vegas. The show includes four girls, three guys, “too” much temptation and one luxurious hotel room among the muck.

Living in the Palms hotel the seven includes Arissa from Boston, MA, Bryan from Portland Oregon, Steven from San Marcos Texas, Alton from San Diego Ca., Frank from Lewisburg, Pa., Inulan, The Bronx N., and Trishelle from Cutoff, La.

Previous “Real Worlders” were placed in houses all over the U.S. including New York, Chicago, and New Orleans, however no season has been placed in a situation quite like this one. “Home” for these seven includes access to a pool, spa, casino and bar. Senior Angela Defilippis (Stamford) said “Putting the cast in a situation like this seems to be a good way to spice up this seasons show.”

It’s 7:59 on Thursday night. There is a rush to get everyone settled in time. 8:00 p.m. ticks on the clock. Faces are being stuffed with snacks and friends gather around as eyes are fixed on the tube. The main campus event has begun. “Friends” is on.

“Friends,” the super bowl of the comedy series, has been “there for you” since September of 1994. It begins its own friends. In some ways I feel connected to these six people that I tune to. I can relate to these characters as my friends do. I can relate to the situations they are in.

“Putting the cast in a situation like this seems to be a good way to spice up this seasons show.”

Charity Ferris, a junior from Ashland, NH, states: “Friends just drags you in. My friends and I find parallels in the show and relate it to parts of everyday life.”

“Friends” is on. “Putting the cast in a situation like this seems to be a good way to spice up this seasons show.”

The first episode was an hour long and gave cast members an opportunity to introduce themselves to one another as well as to viewers. Those who watched learned that Bryan is somewhat of a “bad girl.” Junior Marisa Kines from Glen Head, NY, said “I didn’t really like Bryn but and it seems like her argument with Steven shown in scenes from this season bring some drama to the show, and I will definitely be watching.”

Irlan and Arissa seem to be hitting it off after some gambling in the hotel casino and as for the rest, all’s fair in love and war as Steven and Trishelle display their obvious attraction to one another, despite Frank’s immutable feelings for the Louisiana temptress. Alton seems pretty laidback at this point and tries to mediate the situation hoping to help Frank and Steven with their argument over Trishelle.

Look inside “The Real World” come see Mike and Coral from Season 10 speak at 10:10 p.m. Monday September 30 at the Sacred Heart Pitt Center.

Fanatical About Friends

By Ryan Farnsworth
Associate Editor

It’s 7:59 on Thursday night. There is a rush to get everyone settled in time. 8:00 p.m. ticks on the clock. Faces are being stuffed with snacks and friends gather around as eyes are fixed on the tube. The main campus event has begun. “Friends” is on.

“Friends,” the super bowl of the comedy series, has been “there for you” since September of 1994. It begins its ninth and final season tonight on NBC. The Emmy award winning show has created a following and weekly ritual surrounding it among the younger generation.

“It is the thing to do,” says Pat Sullivan, a junior from Groton, CT. “My suite mates get me into the show last year when they all gathered to watch it every week. Now I join them.” Having never watched Friends before, Pat found himself drawn to the weekly college ritual. He’ll be watching tonight’s season premier in anticipation with his friends at J-Hill.

Over the years, Rachel, Monica, Phoebe, Joey, Ross, and Chandler have been at our side and will, after this year, exist only in syndication. But for tonight, get that comfortable chair, the remote, popcorn and all of your friends. By tomorrow, everyone will know what happened with Rachel and Joey, don’t be left out.
"American Idol": The Journey to a Dream

By Kristen Cooper
Staff Writer

If you haven’t heard about “American Idol”, you must have been living under a rock this past summer. It was one of the most watched shows of all time. It premiered on June 11 and its ending on place September 4th. The final show attracted a series high of 22.5 million viewers. It was the show’s largest audience ever.

“Idol” is a musical reality series where 10,000 people, ages 16-24, auditioned to win one of the 120 coveted spots to a second audition in Hollywood. In 2002, there were hosts Brian Dunkleman and Ryan Seacrest. Each had their fifteen minutes of fame during the 3 months that “Idol” aired. There were three celebrity judges who assisted the viewers in their choice of performers. The judges: Paula Abdul, a popular 1980’s singer, Randy Jackson and Simon Cowell, who have both been very successful in the music industry for over 20 years. After each contestant sang, the judges would weigh in on all of the winners and the losers performances. The final show took place at Hollywood’s Kodak theatre. Kelly Clarkson, a 20-year-old native of Burleson, Texas, took home the title of America’s Idol while Justin Guarini, 23, of Doylestown, Pennsylvania finished short as the runner-up. Many fans, despite thinking that Kelly Clarkson deserved the title of America’s Idol, were disappointed when powerhouse singer, Tamyra Gray, was voted off the show. Being that many critics and viewers predicted the top three performances for the title would be Kelly Clarkson, Justin Guarini, and Tamyra Gray.

As Randy Jackson said, Kelly was clearly the best singer left in the whole thing, and that’s what it’s all about. Little Orelana, a junior from the Bronx, New York, says “the show was very good, but it became disappointing when the most talented person in the show, Tamyra Gray, was voted off. She was my personal favorite.” Throughout the entire show’s season, Kelly was considered the underdog. But she poured out her heart in each and every performance. Justin was always the frontrunner during most of the competition. Truth be told, since only one singer could win in the end, most fans believe that Kelly deserved it.

When the competition reached its final two, Kelly was known for her voice that amazed the judges week by week. She consistently out-performed her competitors from the time of her first audition aired until the final episode. Her voice just sends shivers throughout your body. And Justin had the ability to melt the hearts of teenage girls every time he got up on stage. This was a competition, and only one could win. But each contestant walked away with not only getting their name known, but also some close friends in the business, which is hard to come by. The top ten performers shared a mansion in Hollywood, California together, and basically lived and breathed every waking second together. During the final episode of the show, Kelly and Justin performed 3 songs each, and the top ten performers also sang 2 songs together. Their chemistry onstage was amazing.

Viewers and fans of the show can walk away from the show and take with them the knowledge that they had a part in making someone’s dreams come true. Liz Dumas, a junior from Watertown, Connecticut says, “Watching American Idol makes you feel as if you’re a part of the contestants lives and you want to watch every week because you wanted to see the fate of your favorite contestant.”

Kelly’s first single, “A Moment Like This”, along with “Before Your Love” is currently in stores now. Her debut album has a tentative spring 2003 release date. Sales are expected to reach high numbers. The album’s date was pushed back because of Kelly’s commitment to the American Idol tour.

The top ten finalists begin a 28-city tour starts October 8th in San Diego, and ends in Seattle on November 20th. There is also an “American Idol” compilation CD due out October 1st, which features the top ten “Idol” finalists.

“American Idol 2” is set to premiere in February 2003. Auditions begin in November and are coming to the cities of Atlanta, Austin, Detroit, Los Angeles, Miami, Nashville, and New York. Is it “Bye, Bye, Bye” for N’SYNC?

By Melissa Munoz
Staff Writer

By now everyone has heard that N’SYNC is going their own ways for now, but how long will it be till they come back as a group? With each member of the group off doing their own thing, some of them may be more successful than others and may want to keep their solo status. This apparently much-needed break has proved to be very beneficial for all of the N’SYNC members. Justin Timberlake has a new CD, “Justified” due to drop in early November, and his single, “Like I Love You” is already burning up the charts.. Lance Bass is training to be sent into space. Joey Fatone opened to rave reviews starring in the hit Broadway show, “Rent.” Chris Kirkpatrick launched his own clothing line. JC Chasez has been keeping a low profile, but word on the internet is that JC is coming out with his own solo album as well.

All of the members of the boy band are supporting each other and have stated that this time off is what they all need. “I think the worst thing we could have done is put out another ‘N Sync record this year. You run the risk of burning out, you know. Now it’s about reinvention. I wrote so much music, and I felt the timing was right to do this [solo record].” N’SYNC has been the biggest part of my life, but even before ‘N Sync formed, I was me and I had aspirations to do things musically. Now I’m at a place where I feel like the timing is right,” said Timberlake. Of the potential break up, Fatone said, “I don’t see it. We like each other too much. I don’t think we’ll ever break up.” It has been reported that the group will get back together and start recording their new album in the beginning of 2003. Heathert Marchand, a senior from Charleston, MA says, “When a group like N’SYNC has as much success as they do, I think it’s good for them to take a break, everyone needs a break some times. Just because they are taking a break does not mean that they will never get back together, and if they do, great, but if they don’t then they should be proud of what they have accomplished.”

If a group is lucky enough to reach ultimate “Pop” status they may feel that they have it all and may break up for a bit, or permanently. N’SYNC has had more than a handful of great hits, but their reign as the kings of POP may be over. One big fan, Tania Masselli, a Senior, from Johnston, RI said, “I guess after being together for so long it’s about time for them to take a break.”

It’s kinda sad that they are not performing together but it’s good to see that they are all being successful at what they are doing now and I’m sure that they’ll be back together soon.” But is this in the best interest of the fans? Sure, it’s understandable that to want to explore other options, but are they tearing up the hearts of their fans? So is this band “gone?” only time will tell.
SHU athletics look to be even the conference tournament.

dents, administrators, faculty and finished fifth in the conference, conference tournaments. The

d-1A GOOD 01-02 season as a "complete

top ten in the nation and the women's bowling team has advanced to their respective

ience title, but also the Division for Sacred Heart Athletics. The

shame in being Division II, games like that become a reality.

01-02 was a banner year for Sacred Heart Athletics. The football team went a perfect 11-0 winning not only the confer­ence title, but also the Division 1-AA Mid-Major National Championship. Women's soccer captured the NEC conference tournament, the women's and men's basketball teams both advanced to their respective conference tournaments. The women's bowling team has been consistently ranked in the top ten in the nation and the baseball and softball teams both finished fifth in the conference, a spot away from qualifying for the conference tournament.

Cook referred to the 01-02 season as a "complete validation" of SHU's Division I status. And with all coaches, stu­dents, administrators, faculty and staff board, the next four years of SHU athletics look to be even more successful than the first.

The Sacred Heart Men's Tennis team is in full swing for the Fall 2002 season. The tennis team, who returned six veteran players and four fresh­men, participated at Fairfield University's first-ever Doubles Invitational two weekends ago.

"I thought it was a good start to a season for the guys, especially for those who did not get a lot of playing time last season." Mike Guastelle, the team's head coach stated. "Take for example Jeff Bowers, who was an all NEC singles player last year. He is a solid doubles player but did not get much playing time, so for him and those few others, this was a great experience." This was the first time the team participated in tournament competition solely consisting of doubles.

At this same invitational, juniors Ryan Darragh (Bayport, NY) and Steven George (Lymfield, MA) played second doubles making it to the finals. The duo defeated Quinnipiac and Queens College moving on to defeat a tandem from Fordham in the semi-finals. Al­though they did not win in the finals against a team from Hartford, their performance at this invitational earned them the title of NEC players for the week of September 17, 2002.

Juniors Jeff Bowers (Naugatuck, CT) and Peter George (Lymfield, MA) were combined with sophomore Alex Kantaressis (Worcester, MA) reaching the finals of the third doubles flight. Junior, Pat Darragh (Bayport, NY) and senior Marjan Kaljaj from (Bronx, NY) played in the first doubles flight where they posted a record of 2-3.

The freshman portion of the team consists of Peter George (Lymfield, MA), Kevin Teague (Yonkers, NY), Kevin Wheeler (Meriden, CT) and Josh Rizzitano from Lindenhurst, NY. Team member Jeff Bowers commented, "At this invitational we did good over all because some people did not expect us to go far. We are strong this year. We lost one starter from last years team but gained some decent freshman." Guastelle feels that the team has come very far and has high expectations for this year and the years to continue noting that, "he was fortunate for having these guys on the team."

According to Guastelle, "The team, with six veterans and four freshmen, are giving a hundred percent of their time and dedication at practice. All five of the returning veterans have had significant playing time and practiced hard during their freshman and sophomore years that they have become very experienced. This has earned them the starting line up spots. Sometimes when you are focusing on playing to earn a starting line up spot, one might forget the basic skills and playing techniques focusing on just obtaining a starting spot. Now that they are positioned as starters we are beginning to focus on getting better as individual players and as a team."

The SHU men's Tennis team competed against Iona College last Friday. The Men with four, five and six singles players helping the team to a 5-2 win over Iona.

Senior, Marjan Kaljaj, playing number one singles, won his match in straight sets. Junior, Ryan Darragh, lost his first set 9-7 at number four singles, but won the next two sets 6-3 and 6-4. Freshman, Peter George playing number six singles, lost the first set 6-3. He won the second set 7-6, winning the tiebreaker 7-1. He then pulled away in the third and deciding set, to win 6-1. Junior, Jeff Bowers, made it look easy at number five, winning in straight sets 6-2, 6-4.

The Pioneers also man­aged to take the doubles points by winning two of the three matches. Iona's number one doubles squad of Cesar Andreo and Taigo Figueroa defeated Pioneer juniors, Ryan Darragh and Steven George, 9-7. Senior, Marjan Kaljaj and Junior, Pat Darragh won at number two, 8-2, while Bowers and Alex Kantaressis won at number three, 9-7. This match was the first for both teams.

“Our chances of getting better depends on the guys playing one another at practice and by helping out one another during the practices,” Coach Guastelle commented. He hopes that the SHU men’s Tennis team does prove that they have what it takes to make it to the top this year.
Girls Crew Shows Heart

Craig Joly
Staff Writer

"Stroke, stroke, stroke" the sound of oars hitting the water as the coxswain calls out to keep the rowers on pace. Did you know that there is a women's crew team here at Sacred Heart University? According to sophomore Dane Kline (Center Harbor, NH) "Not many people seem to know we have a crew team." On October 6, the Sacred Heart University women's crew team competes in their first race of the season, the Riverfront Regatta in Hartford.

In order to prepare for their challenging season, the members of the crew team practice every week-day beginning at 5:30 a.m. and sacrifice much of the sleep that many of their team mates have. As dedicated as these rowers are to their sport, they don't feel that they get the support of the school. "It is tuff being on our team because we are not really supported by the school. We have to buy everything ourselves including our uniforms and warm up suits," Lyons explained.

"The team will do well," freshman Casey Lyth (Glastonbury, CT) stated when asked about her team outlook for the season. "Our freshman boat is quickly learning how to row so we will definitely be ready for our first race in October," she continued.

Sacred Heart opens the regular season with a pair of games at home on October 1st against Connecticut College and visitors from Springfield College. The Pioneers open the home portion of their schedule Friday, November 8th, when they play host to conference foe Army at the Milford Ice Pavilion.

Football Drops Second

Continued From Page 12

62-yard drive highlighted by a seven-yard pass to receiver Andy Gonzalez (Williamstown, CT), Freshman tailback Ed Pricolo (Johnson, RI) set up the score with a 47-yard dash to the Albany 10-yard line.

At the tail end of an 11-play, 58-yard drive, the Great Danes got a 22-yard field goal from Stan Zylinski on their first play of the second half. A nine-yard run by quarterback Ryan Roeder on an option play with 2:52 left in the third quarter enabled Albany to tie the game at 17.

"We didn't make plays and Albany did. The players played hard and never gave up but when we capitalized on plays, we didn't." McGuigan also believes that their rough start will not hamper the goal for the team this season. McGuigan plans on playing as many as 15 players regularly throughout the course of a game. His main guss off the bench will be junior midfielder Carlos Silva (East Haven, CT) and sophomore Allen Tomczykowski (Bedford, MA). Both have already logged significant minutes in all five games so far in this season. Silva echoed his coach's feelings of depth knowing that the team will need everyone to contribute. The depth of the team also makes for a high level of competition in practice, which only pushes players harder in game-time situations. Christianon likewise stated, "With all the new guys on the field, it's tough to adjust. We need to all get together and play as a team." McGuigan added, "Another must in the Pioneer game plan is performing locked through the first few minutes of the fourth quarter until Albany's running back Jones broke free for a 64-yard run for a touchdown to give the Great Danes a 24-17 lead.

The Pioneer's offense, at a standstill since the second quarter, was forced to punt when they were unable to move the ball on their next drive. The game was broken open when Jones, who would finish the game with 199 yards on just 14 carries, ran 59 yards for his third touchdown of the game. Sacred Heart's Olaide Mitchell finished the game with ten tackles a tackle for loss and 1 1/2 sacks. He also managed to garner one of only two SHU turnovers as he stripped Albany's quarterback and recovered the ball.

As Kroells tried to unite the Pioneers to avoid defeat, Albany's Brian Eidesen intercepted his second attempt and returned it 21 yards to the Sacred Heart 27. Five plays later, the ball was one-yard plunge with 46 seconds left in the game, Eddie Unverzagt put the game out of reach for the Pioneers.

Next Saturday Sacred Heart will try to revive any hopes of repeating as Northeast Conference Champions when they travel to St. Francis (PA) to take on the Red Flash.

Strength in Depth

Continued From Page 12

NY) and sophomore Carlos Cucaros (West Haven, CT) who has already been surprising the coach by the level of his play. Jorge DeSouza (Milford, CT) will be locked to anchor the defense.

With a strong nucleus in place the Pioneers will try to use their depth as an asset in order to outlast their competition. Coach McGuigan plans on playing as many as 15 players regularly throughout the course of a game. His main guss off the bench will be junior midfielder Carlos Silva (East Haven, CT) and sophomore Allen Tomczykowski (Bedford, MA). Both have already logged significant minutes in all five games so far in this season. Silva echoed his coach's feelings of depth knowing that the team will need everyone to contribute. The depth of the team also makes for a high level of competition in practice, which only pushes players harder in game-time situations. Christianon likewise stated, "With all the new guys on the field, it's tough to adjust. We need to all get together and play as a team."

Another must in the Pioneer game plan is performingStrength in Depth
A Slow Start

MEN'S SOCCER OFF TO A SLOW START

BY Henry Gargiulo & Greg Tonzola
Staff Writers

Another game and another check in the loss column. The 2002 season is almost three weeks old and the Sacred Heart men’s soccer team is still searching for their elusive first victory. The team dropped their first five games to Providence (2-1), Buffalo (2-1), a 1-0 loss to conference rival and nationally ranked Farleigh Dickinson in double overtime, and most recently Holy Cross (3-0). However now at 0-5, the Pioneers have no place to go but up.

The Pioneers returned 23 players, including 9 starters from a disappointing 3-13-2 campaign in 2001. With the veterans and experience on the field this year along with a good group of freshman and transfers, the team’s goals are slightly higher than in seasons past and rather than looking merely for an increase in the win column, head coach Joe McGuigan and his squad have set their sights on a place in the Northeast Conference tournament.

Junior Goalkeeper Anthony Lombardo (Fairfield, NJ) explains, "The scoreboard doesn’t show the team we are. We’ve had some close games that could have gone either way.” Matt Christianson (Denville, NJ) added, “We can only get better.”

Leading the way for the Pioneers will be their duo of senior captains Matt Christianson and leading goal scorer, Franco Cartiera (New Britain, CT). Cartiera put up ten goals and six assists for the Pioneers last season earning him the Northeast Conference honor of Northeast All Conference and an All-NEC selection. Despite some injury problems in the pre-season he will still be Sacred Heart’s main guy up top.

So far this season, “The offense is really lacking,” according to Christianson, something that needs to improve to make any chance of post-season play possible. McGuigan is also looking for big efforts from junior Victor Tobar (Newburgh, NY) started the scoring with a 38-yard field goal just minutes after the first quarter, senior Victor Tobar (Newburgh, NY) started the scoring with a 38-yard field goal just minutes after the first quarter, senior Matt Christianson (Denville, NJ) added, “We can only get better.”

Sacred Heart student-athletes (who comprise approximately 28% of all full time students) boasted a collective 3.0 G.P.A. This is higher than when the University was still a Division II school. They were lead by the wrestling team, who sported a team G.P.A. of 3.17 that was highest in Division I for their respective sport. SHU also graduates 92% of its student-athletes.

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SHU’s Division Change a Success

FOUR YEARS LATER SHU’S JUMP TO DIVISION ONE A SUCCESS

BY Henry Gargiulo
Staff Writer

The fall 2002 sports season will mark Sacred Heart’s fourth full year as a NCAA Division I athletic institution. And in those four years Sacred Heart has transformed from just another Division II school that was looking to make the jump, to a successful, and at times dominant Division I university.

The man in charge of guiding SHU athletics would be the Sacred Heart University’s Athletic Director Don Cook. Cook was instrumental in convincing the university its administration and faculty that the jump would be beneficial to the school. Initial concerns were over what type of student-athlete the Division I status would bring and whether new recruits would keep their academic life on the back burner while using the school to further themselves athletically, or whether they would take their academic life seriously and participate in sports while doing so.

So far the level of athletics has risen, and alongside that the level of the student-athletes themselves has risen every semester. According to the University’s forthcoming Athletics 5 year strategic plan, as of the 2003 spring semester.

SHU LOSES HOME OPENER IN FINAL MINUTES

Katie Atkins
Staff Writer

On a muggy late summer Saturday afternoon the Campus Field, a crowd of almost 2,400 saw the Pioneers rise abruptly in the second quarter and fall equally as hard in the fourth quarter. Their opponent, the University at Albany Great Danes, picked as the Northeast Conference favorite in a preseason poll, scored 21 of their 38 points in the final seven minutes of the game.

"We didn’t make plays and we didn’t block,” said Head Coach Bill Lacey.

With a deadlock of zero after the first quarter, senior kicker Tim Redican (Meriden, CT) started the scoring with a 38-yard field goal just minutes into the second quarter. The Pioneers increased their lead to ten when junior quarterback Joe Kroells (Burbank, CA) hit junior receiver Marlon Ward (Revere, MA) with a 66-yard touchdown pass with 4:00 remaining in the first half.

During Albany’s next possession, they started at the Pioneer 48-yard line as a result of Ryan McLean’s 42-yard kick-off return. On the fifth down.

See “SHU Fall” Page 11