Polling Institute Results Revealed

By Lauren Testa & Stephanie Jelacic
Staff Reporters

Jerry C. Lindsey, director of the Sacred Heart University polling institute announced on Wednesday the results from the Matter of Trust poll. Some of the areas among investigation that were discussed included, Public trust in politics, views on Iraq and military intervention, and health care issues of concern today. Lindsey states that this is one of the few polls concerning trust and was suprised with some of the results that were found. The Center for Research and Public Policy at Sacred Heart University is a national research organization that works within three distinct disciplines: market, public policy and Direct Democracy Research. The center publishes approximately one research study weekly for private institutions to be released to the media and public; topics range from public support for the re-introduction of wolves to a regular Behavior Risk Factor Surveillance Survey for the U.S. Centers for Disease Control. Michael Vigeant, a member of the research center says that "we try to take organizations, businesses and planning groups and try to help them improve productivity, awareness and satisfaction among clients.”

Sacred Heart University and the Center for Research and Public Policy benefits from a strong affiliation with one another. The center guides, manages, and directs the development and release of the Sacred Heart University Poll - a regular, prominent poll for the University. The Sacred Heart University Polling Institute is housed at 101 Oakview Drive, one of Sacred Heart campus buildings, while also allowing the institute access to resources, facilities and a capable student workforce.

The most recent study the Polling Institute conducted is titled: “A Matter of Trust: American Attitudes on Politics, Health Care and Business,” and was designed to provide public input on current issues, trust in politics, business and health care, support for action against Iraq, quality of life and economic outlook. The research study included a comprehensive telephone survey and interviews with 1001 residents nationwide, which are proportional to population contribution for all 50 states. The Institute uses a "super-random digit sample" that derived a working telephone sample of both listed and unlisted numbers; this eliminated any bias toward only listed phone numbers. This process allows randomization of numbers, which equalizes the probability of telephone households being included in the sampling frame. Lindsey says that "we are aware that 3% of Americans do not have phones. It is a factor we look at to make sure demographics are consistent." Each household within the United States had an equal chance of participating in the study. The questions that were asked of the randomly selected households and those interviewed concerned questions of trust.

SEE POLLING... ON PAGE 3

Community Service Brings Students to the Beach

By Ryan Farmsworth
Associate Editor

Last Saturday, October 19, Sacred Heart University students assisted in a community project at the Sandcastle Playground at Jennings Beach in Fairfield. The volunteers worked together in hopes to preserve the playground.

The Sandcastle Playground Maintenance Project began six years ago in cooperation with Sacred Heart University. It was built by Fairfield Park and Recreation and assisted by Bigelow Tea Corporation along with volunteers from the surrounding community. The Playground was built in 1996 with the aid of over 100 SHU students.

"Sacred Heart's dedication to assist in the building of the playground was marked as a precedent for future classes and students to continue with the community this year. Past members of the group suggested that the project be continued annually. Its members wanted to take part in the enjoyable and rewarding experience of helping the community that they live in during the school year." said Frank Schembani, a junior from Montrose, NY, and the President of Jefferson Hill Council.

"It was a lot of fun working for a cause with my friends. It will be nice to come back and see the children." said Ryan Farmsworth, a junior from Groton.

The Sandcastle Playground is a reminder to us all that volunteering is an integral part of our community. Students are encouraged to take part in community service activities to benefit not only themselves but also the community that surrounds them. There are many opportunities and many ways to get involved in activities similar to the playground project at Sacred Heart University.

For more information involving community service at Sacred Heart University and our surrounding towns, contact Phyllis Machetta in the Service Learning Center, adjacent to the Faculty Lounge.
Sacred Heart Families Unite for a “Madrigal Affair”

By Jill Tomasz & Eileen Gulian
Staff Reporters

October 24, 2002

Phony Fire Alarms Are No Joke

By Ryan Farnsworth
Associate Editor

It's 2:30 a.m. and you awaken to the fire alarm clanging throughout the halls of your dormitory. You are tired and unaware of what is going on. The thought runs through your head about staying in bed. In reality, you and all, the other fire alarms have been a student prank.

Fire alarm pranks are a very serious issue, which can end up deadly. "There may someday be a real fire and students could be lulled into a false sense of security," says Bill O'Connell, director of Public Safety.

Many students feel no need to leave their rooms because of the many false alarms in the past. People should be aware of the seriousness of this crime.

"The dorms are the homes of many students. They can't allow these things to happen for the safety of themselves and others," O'Connell said.

According to the beginning of this semester, according to Public Safety reports, there have been 23 fire alarms here at Sacred Heart University. Nine at South Hall, six at West Hall, four at East Hall, three at Jefferson Hill, and one at Taft Commons. Eleven of these 23 have been full building alarms. In these cases, each building is evacuated, the local fire department is called, and the building is searched for any residents. Two fire engines, one ladder truck and one rescue truck are called to the scene for initial response. The alarm will continue to sound until the fire department says that Public Safety can reset it.

"The fire department is legally in charge of any scene," said O'Connell. "They will not let residents back into the building until they feel it is fully searched and safe."

Public safety and the fire department obtain all information possible at the scene of the incident. "If we have enough information to support an arrest of a suspect, then we will call the police," says Bill O'Connell.

"We all do what we can to prosecute the individual for the seriousness of their actions." Many times, public safety and the fire department are not successful in finding the responsible individual.

"Students could have more success than we would if they exerted more peer pressure on the offenders to admit their actions," says O'Connell.

On September 17, 2002, there was an arrest on campus for an alarm incident. According to O'Connell and public safety records, a student in a freshmen dorm discharged a fire extinguisher triggering more than one detector. This, therefore, sent the building into full alarm. The student admitted to the actions and was issued a citation, criminal mischief in the fourth degree.

Public Safety stresses that this issue must not be taken lightly. Pranks of this sort not only affect the residents on campus but also divert the resources of the fire department in case of a real fire in a different area.

There have been many deaths in colleges dealing with this issue. Everyone is responsible for safety of everyone else residing around him or her. "Assume that every time there is a fire alarm that it is real," says O'Connell. "Even if it is just burnt popcorn."

Congratulations to Lambda Sigma Phi for winning the 2002 Greek Olympics. The sisters of Phi Omega Tau finished as the runner-up in the competition.

Reminder For All Class of 2003 Members

Be sure your senior picture is included in the yearbook. The second session of portraits as well as retakes begins November 11th.

Log on to DaVor's 24-hour Scheduling Site.
www.ouryear.com or call 1-800-OUR-YEAR during normal business hours. Sacred Heart University's school code is 328.

Failure to be photographed will mean failure to appear in the section of the yearbook that formally presents the Class of 2003.

Vote on Your Favorite Poster

Students can vote for their favorite Alcohol Awareness Week poster tomorrow in Flik From 11am-2pm

Editor's Note: A misprint in the Freshmen Elections article stated that Kaitlyn Galvin is the Secretary for the Class of 2006. The actual elected Class Secretary is Amy Nardone.
Special Invite For
SHU’s Two Choirs

By Keri Wilson
Staff Reporter

Sacred Heart’s Show Choir and University Choir have been invited to perform at the President’s Society Dinner. President Cemera hosts dinner party for the University’s major donors. The dinner will take place at the Darien Country Club on November 9. Both University Choir and Show choir were invited “It makes you feel real special,” says sophomore Kate Rizzo. “It’s an honor to be asked,” says Leanne Gissas, a junior from Southington. P r o f e s s i o n a l entertainers are normally hired to perform at the dinner, but this year’s performance the students of both choirs have been asked to perform once again. “The Show Choir and the University Choir are wonderful and enrich the life of the University. I am very proud of what each has accomplished. I invited them to perform several pieces last year at the dinner I host for our major donors. Everyone was very impressed,” says Dr. Cernera. “It’s wonderful exposure for Show Choir and a great opportunity to represent Sacred Heart University,” states graduate student, Angela Pauline from Waterbury.

According to Dr. Patricia Smith, the music department has grown from 173 students to over 1150 students in the past few years. The music department includes activities such as voice lessons, music classes, University Choir and Show Choir.

Show Choir performances are produced by Dr. Patricia Smith, directed by Regina Zona and choreographed by Kathy Hellriegel. The group practices year round, preparing for two performances each take place at the end of the fall and spring semesters. The fall show runs about 75 minutes but the spring show (2 1/2 hours) will be as long as a full length play. “My aspirations for Show Choir would be that we become a powerful force in music education along the eastern seaboard,” says Dr. Patricia Smith. In addition to this, Dr. Smith would like to see Show Choir perform for the state educators of Connecticut and tour along the western seaboard. “To tour would be a great experience for all of us and it would definitely bring our performances to a higher level,” says Andrew Brodnitzki a senior from Norfolk.

The first Show Choir production will be November 22 and 23. The show consists of songs from “Footloose,” “Fiddler on the Roof,” “Godspell,” “The Wiz” and many more. For more information contact Dr. Smith at SmithP@sacredheart.edu.

Cruise the Sound with Women's Basketball

By Patrick McMahon
Staff Reporter

With the festivities of Family Weekend as well as an added bonus from the women’s basketball team, no one will be able to say that they are bored this weekend. At 10 a.m. on Saturday, October 26 the women’s basketball team have a red and white scrimmage.

“It’s going to be good game because our team is looking extremely strong this year,” says junior Rachel Andrews from Hanover, PA.

Then relax at night with a cruise on the Long Island Sound sponsored by the women’s basketball team.

According to head coach Ed Swanson, “the cruise is to highlight family weekend, and

the red and white scrimmage.”

There will be food, a DJ and plenty of dancing as they cruise the Sound. The cruise “is a public relations tool to get fans excited for the upcoming games and to kick off the start of the season,” says Swanson. It is open to parents, students and all fans alike as a thank you for supporting the team by attending their games.

Events like the cruise and a possible spring golf outing not only raise money for the team but also “help with networking the players with fans for possible employment after graduation,” says Swanson.

The money raised is very helpful to the team as well. The NCAA allows a team to take a trip overseas every four years if they raise enough money. Two summers ago, the women’s basketball team went to Ireland for 10 days.

“The trip was very beneficial to our team on and off the court," says junior, Shannon Quinlin from Albany, NY. "We got a chance to play a different type of basketball and got a jumpstart on our season." We are always keeping eye on another opportunity like that,” says Swanson.

All are welcome to enjoy the cruise on Saturday night. Tickets can be purchased by contacting assistant coach Mary Randall through email at randalm@sacredheart.edu or $30 by Friday afternoon, Oct. 25. Transportation to the ferry is self­provided. Follow Park Ave. to State St. and make a left. Follow signs to the Bridgeport/Port Jefferson ferry. The boat leaves at 7:30 p.m. but it is advised to try and get there by 7 p.m.

Poll Results Revealed at Press Conference

CONTINUED FROM PAGE 1

in politics, health care and business. A sample question from the Polling Institute asked: “Please think for a moment and tell me two or three problems or issues that are most important to you.” The inspired asked 48 questions for the survey, and some highlights of their study found the quality of life among Americans is unchanged since February 2002. The institute also found that 66% of Americans named terrorism, war, Iraq, and homeland security as the issues they are most concerned about. Nearly one­third, 30.01% named the economy. Finding of the Institute showed that President Bush’s favorable rating of 49% dropped from 56% in February 2002, yet 45.9% of all Americans suggested they have great or some trust that President Bush is accurately describing the threat posed by Iraq. Another 30.9% say they have little or no trust and 5.4% believe Saddam when he states that he has no weapons of mass destruction. The institute asked a series of questions relating to trust about personal health care physicians, insurance companies, the local and national governmental agencies; the findings found that Americans trusted their primary care physicians 80.0%, the trust in the government’s ability to prevent a bio­terrorism attack was 20.0% and the trust in the health care insurance companies was 52.2%. When asked what result was most surprising, Lindsay was "amazed that out of 45 issues the Washington D.C. sniper was 6th on the list for issues of concern.”

In addition to the Sacred Heart University Polling Institute researching topics that relate to national issues, there are career opportunities for SHU students. Survey/polling research is a part of a $4.0 billion dollar U.S. survey research industry. Industry careers include those in statistics, public policy, social sciences, computer systems, computer programming, elections and campaign polling and issue research. If students are interested in employment opportunities they can contact the Sacred Heart University Center for Research and Public Policy at 203­374­5059.

ACS Given Special Award

Andrew Oshan
Staff Reporter

Sacred Heart’s American Chemical Society was recently given an award that that the entire department is proud of. "The award is in recognition of the Student Affiliate Chapter of the American Chemical Society," says Linda Farber of the Chemistry department.

There are over 90 chapters in the country. Every chapter is invited to send an end of the year report on the club’s activities. Farber explained that the club’s activities are peer reviewed and are reviewed by the National American Chemical Society. "Our chemistry club is elated," said Farber. Some of the recipients of the award include junior Vice President Andrea J. Minei from New Rochelle, NY and junior President Katherine E. Haskell, whom both were unable to comment. The entire Chemistry department is very supportive of the club and its activities. Students who are involved with the chemistry department are very impressed with the teaching and progress of the whole science department, chemistry in particular. "I have never had such an enjoyable time," says Andrew Oshan from Seldon N.Y., about chemistry teacher Dr. Babu Goerge.

According the CCO handbook, the ACS's aim is to "bring Sacred Heart closer to the chemical community."
Public Safety Officer Out of Line

By Erica Sullivan

Just the other day I was congratulating myself on being a perfect student. Last Thursday, however, that streak ended. I arrived at the Pitt Center and as I parked my car, a Public Safety vehicle pulled up directly behind me. I stepped out of the car and the officer abruptly asked if I had a student ID card. I handed it to him and he then began his tirade of all my wrong doings. I ran two stop signs, OK, fair enough. Of course one of them is going up the Pitt Center hill, where traffic (and there wasn't any) would only be oncoming in their own lane and in one direction. The other was at the top of the hill where again, traffic is again only oncoming from other lots, all of which are visible. I learned in Driver's Ed. that a roll through stop does not count, but in a parking lot where no other moving cars are in the vicinity? He then informed me that I was speeding; how fast can one person go in a parking lot full of parked cars and speed bumps? If I dropped a penny, can you tell me how fast it fell? I would like to ask this officer, how could a person go in a parking lot full of parked cars and speed bumps?

All complaining aside, there is nothing I can say to rid myself of this ticket. I have accepted this. However, is it necessary for a Public Safety Officer to be so rude? I have never been treated the way I was treated that day in the parking lot! The officer told me not to bother appealing the ticket, he was in charge of appeals and he would not execute it. Well I had never mentioned taking any such action. He informed me that my car would be removed from campus with one more violation; I was a hurry, rude and out of line. His "partner in crime" a woman dressed in black leather (I have no idea whether she belongs to the office of Public Safety or not) tried to come to his defense. Of course now it is two against one and since he is sitting in his passenger seat, she clearly sided with this officer on a power trip.

I have never received a speeding ticket, but I have been the passenger in a car that has, and I have never seen any officer, state or local, treat an offender in the manner in which I was treated. I understand that according to this officer I violated Sacred Heart rules and I understand that as a student, the right to revoke my driving privileges does belong to the University. I did not know that it was appropriate to treat a perfectly compliant student with such discourtesy and insolence. I have talked to public safety officers on numerous occasions, dealing with lottery numbers, parking permits, lost keys, transport at night and much more. I have never had an officer behave the way this particular one did. Public Safety in general can be quite helpful, this is not a criticism of the entire establishment, unfortunately the disrespect and impoliteness of one man can create a sentiment towards the collective group of officers. I suppose I should be glad that I was treated this way and not someone interested in donating money or even a prospective student and their family, because the 28 grand I pay a year does not warrant me any respect and courtesy.

Since When is This the Norm?

I am writing this editorial in accordance with the letter sent in by Erica Sullivan, whom has had a similar problem, with authority here at school. I am not sure if everyone is a little tense this year or what, but I have noticed, as well as some other students, that there has been a complete breakdown in the amount of respect between students and certain authoritative members of the staff here at Sacred Heart. My main focus in this editorial is to raise a question, not start an editorial riot.

I myself have encountered this problem a number of times this year with particular faculty members, and honestly I am truly sick of it. I am always polite and respectful of my teachers, yet I still get the "I'm the teacher, sit down and shut up," kind of attitude that so many of my other peers are also getting. Since when is it OK for a teacher to degrade a student in front of an entire class, or make comments about student's clothing, or lack there of? You know if I had made a comment like that I would have been thrown out of the room! The thing that irks me the most is when teachers decide that they are going take points off your grade because you have missed class and demand a reason for why you were not there. As one of my friends said about this issue "We pay their salary, they get paid if I come to class or not, so what is the big deal?" I have to admit, I agree completely. One teacher went as far as to say that if we miss more than one class, we need proof of absence...her example if we had to attended a funeral, she wanted the mass card from it! When did this become the norm, and why are the respectful and polite students being treated like this?

The SHU Voices

"The amount of money left in my checking account."

Lisa Von Brecht
Cumberland, M.E.
Freshman

"I would hide my alcohol."

Christine Carlucci
Port Chester, N.Y.
Sophomore

"My liquor, women, and the soccer team's record."

Kevin Johnson-Azuara
Queens, N.Y.
Sophomore

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Letters/Op-Ed

Telegraphing With the Enemy

I read with interest Diana Lumani’s article on the OpEd page of the Spectrum, dated October 10, 2002, Iraq: Proving a Real Danger? While I don’t agree with the basic premise of what she authored—it would appear she doesn’t advocate attacking Iraq as the next target in this country’s war on terrorism—she did make points, which I believe to be correct and to which I subscribe. Namely, I believe she was correct in saying we must be careful, evil exists throughout the world, and further, that we should not be telegraphing our battle plans to potential foes. That last part seems rather obvious, and yet, still we do it.

Giving the “enemy” this type of information along with the impression that our President is receiving fractured support for his campaign against terrorism, unfortunately works against our overall efforts. It emboldens our foe and gives him a false sense of invincibility. Physiologically it is possible to defeat almost opposing force, without even going to war, if they think the battle is a hopeless cause from the start. Even after war as commenced, the objective remains the same (at least to the soldiers on the ground). We fight to convince the enemy that further fighting is futile and that it is in his best interest to give up. The fact that soldiers and civilians die, and that equipment, buildings, and cities are destroyed, is merely a by-product of that effort, not the objective itself.

Notice that I said almost anyone.

For clarification, my impression of current world stability, in an era in which friends and foes alike have a nuclear capability, rests on MAD (Mutual Assured Destruction). In other words, you cannot use your nuclear weapons against us and we will use our nuclear weapons against you, and we all die. Clearly this is pointless, and as a result weapons of this nature have only been used twice, at a time when this country was the only one to possess them. And think of the parallels to that particular situation. We faced a determined enemy, superbly trained and well armed, who they had been taught to that capitate would bring dishonor and personal disgrace on themselves and their country. So unlike most, they fought to the death. They never surrendered, opting for suicide as the only other option. The calculated toll of death to defeat an enemy like this, one who does not fear death, one who is promised a reward in the “after-life” for an honorable death in this life, was too high a price for this country to pay. History records well our final response. Whether or not it was a correct response is of course debatable when we cite it here as an analogous reference.

Once again we face an enemy who fears not death. Our enemy is promised rich rewards in heaven, for his death in Jihad. That he believes this, is well documented in the ashes of the World Trade Towers, and in the all too frequent murders—attributed to suicide bombings—taking place in and around Israel. What assurance do we have if Weapons of Mass Destruction fall into the hands of these people? Well our leaders (who are sworn to provide for our common defense) don’t think we will have any assurance. There appears to be a consensus among many of our leaders that Mr. Hussein has enough good sense not to use WMD against us, despite the fact that he has already used one form of WMDs against his own people. The larger concern is that he might see the benefit in passing these weapons to a faceless, country-less, unseen terrorist, thereby using the terrorist to further his own cause with little if at all any repercussions. Who would we attack as a result? What would we defend ourselves against?

We might not fully understand a campaign with Iraq at this juncture. Similarities exist though. The Torch Landings of Africa in World War II were one. The objectives were not immediate clear (Why did America’s involvement in the European part of WWll have to start in Africa?). Looking back, Torch is more accurately seen in its context as a stepping-stone to other parts of the overall war effort. That it was a correct response is true in our handling of Iraq. In every situation where a country such as our own is attacked in an act tantamount to war, the attack is followed by a consolidation phase in which the attacked (America) must stop the enemy’s advance, regroup and gain a measure of control over the situation before they can “take it to the enemy”. What did we do in that situation? What our leaders want to do in Iraq is part of that consolidation phase of this war. There will be much more to follow, and our President has clearly stated that we are in this fight for the long haul.

To conclude, our leaders, past and present, have indicated a clear and certain knowledge that Mr. Hussein is making a concerted attempt to obtain the materials required to develop several different types of WMDs, of which nuclear is one. The data that we do have indicates that if our enemy gets his hands on one of these weapons he will use them. The ONLY way to prevent this is to keep these weapons out of his hands. It would be impossible to predict where, when, or even the proximate cause behind an attack with WMD. It is for this reason that we have “telegraphed” our intent of war with Iraq. The fact that time is quickly running out, makes a bold and decisive move on our part all the more imperative.

By Ekim el Bmr

We face an enemy who fears not death. Our enemy is promised rich rewards in heaven, for his death in Jihad. That he believes this, is well documented in the ashes of the World Trade Towers.

Stressed Out? Read This!!!

Okay, midterms are rearing their ugly heads. You suddenly awaken at 3:00 am screaming in the nightmare. You know. The one where you have an exam and neglected to go to class? For some, it’s a nightmare, for others a reality. But in these lines, I hope to offer some information on stress and some tips for managing it.

Stress is a part of day-to-day living. As a college student (or the Dean of Students), you experience stress in many ways: socially, academically, emotionally, and psychologically. Mild forms of stress can be motivating. However, if your stress levels are too intense, mental and physical problems can result. Symptoms of too much stress include feelings such as anxiety, fear, irritability or frequent mood swings. Worry, low self esteem, fear of failure, and irritability can combine to accentuate your mind. You may begin sweating, crying frequently, and sleeping too much or too little. Eventually, then the physiological symptoms set in: perspiration, increased heart rate, nervous tics, fatigue, cotton mouth, frequent urination, digestive distress, appetite changes, headaches, body aches, and suppressed immune response. How attractive! Many stressors can be changed, eliminated, or minimized. Here are some things you can do to reduce your level of stress. Become aware of your own reactions to stress. If you are to conquer it, you need to acknowledge it. Instead of worrying about your weakness, consider your strengths! Recognize you are a human being with talents and faults. Eat right, get some sleep, and exercise. Good self care is essential for emotional well being.

Avoid unnecessary competition. Become asser­tive as opposed to oppositional. Talk to friends or your counselor (I know you all have one.) about your stress and concerns.

This is a key one. Learn how to manage your time. Spend one week monitoring where every minute of everyday goes. Keep a calendar and plan out your day, your week, your month. Don’t forget to build in fun, hang out time and your appointment with your favorite counselor. Then prioritize and set realistic goals.

Plan ahead. Study your class syllabi (That’s why professors give them to you!) and determine what weeks of the semester will be the most difficult. Plan around those weeks. It’s not geeky to get work done ahead of time. It is actually quite responsible! Consider your study skills and look for ways to improve them. Everyone studies and learns in a different way.

Practice healthy (note the word “healthy”) relaxation techniques such as working out, deep breathing, yoga, meditation, driving, pinball, or the wonderful primal scream.

The sooner you learn to tame the wild beast, the better! Counselors at the Counseling Center can help you to deal with your stress, so give us a call at 371-7955 or check out our website at w w w . counseling.sacredheart.edu.

By June Meyer

Personal Counselor
SHU Counseling Center
"I think we are at our best when we dream," he said.

Everyone experiences extraordinary days in life, and everyone has dreams. Some people win spelling bees, others get married, and some dream of fortune, or a high-profile job. But there is a man who has had more extraordinary days and lived more dreams than most. He is a man who never thought he would be on the path he now follows.

He wakes up in the morning. He gets dressed. He makes sure his kids eat breakfast and then drives his two boys, ages 11 and 14, to school. People pass him in their cars, never suspecting he won a Pulitzer in 1995 for feature writing, never suspecting he taught advanced journalism at Harvard University. Ron Suskind's mornings are the only typical part of his life.

A lot of Suskind's days are spent in a studio located behind his house where he works on articles and essays for the Wall Street Journal, The NY Times, and Esquire. Some days Suskind works on documentaries for television stations such as PBS.

"I do work late at night when everyone's asleep," Suskind explained. "My best work seems to come, "between 1 and 5 a.m., late at night when I push through fatigue."

Besides articles and essays, Suskind also spends his days writing books. "Books are never finished, they're abandoned!" Suskind said.

On other days, Suskind can be found at an interview for a radio show, giving a lecture at a law convention, or addressing college students and signing books as he did on October 16 at Sacred Heart in the University Theater.

Suskind explained that signing books is like, "an exchange program. I try to change what I write most of the time. It's a pure joy to sign books."

Suskind never dreamed he would spend some of his early days as a reporter for the Wall Street Journal. "A Hope in the Unseen: An American Odyssey from the Inner City to the Ivy League," which has been required reading for the incoming freshmen at SHU for the past two years, was inspired by the Ballou High School in the Washington, D.C. area where Suskind was on assignment. There, Suskind dreamed of spotlighting the honors students who succeeded despite their harsh surroundings. But along the way Suskind met Cedric Jennings.

After meeting Jennings, most of Suskind's days were spent talking with this young man and observing his surroundings. Suskind's notes and interactions with Jennings and his mother, who dreamed that her son would go far in life with a good education, turned into two articles, which later evolved into his book.

Giving advice to aspiring journalists is another way Suskind sometimes spends his day.

"Get a liberal education and training, real training, in journalism. It's not a trick in writing, it should be about thinking," Suskind said.

After graduating college, giving people tips on journalistic writing and winning a Pulitzer were far from Suskind's mind. His energies were focused on John Downey who was at the time campaigning for the democratic primary in 1982. Suskind has his work on that campaign to thank for his current career.

Suskind had planned, he explained, on spending his graduate days in law school and wrote an admissions essay, printed it out, and left it on his desk at the Downey's campaign office. One of the press secretaries for the campaign picked up his essay with the other paperwork, read it, and told him upon his return, "It doesn't sound like you want to go to law school."

Suskind listened as the secretary complimented his writing skills and suggested he apply to a journalism graduate school. "It had no clips," Suskind remembers. Despite others' dreams for him to attend law school, Suskind became a student at the Columbia School of Journalism where he roomed with a man who later won a Pulitzer the same year as Suskind in a different category. The secretairy, who first planted the seed of journalism in Suskind's head, is named Cornelius, the person "A Hope In The Unseen" is dedicated to.

Another important day in Suskind's life was a day America had been dreaming of for many years, the day Neil Armstrong walked on the moon. Suskind had not thought about that memory in quite a while he said, but he felt the "light" metaphor was an appropriate one to work with in his novel and in his lectures because, "We all know what the light is."

Suskind's favorite part of the novel is when Cedrick takes off his hat.

"He sees the different flavors and hears the sounds. You can almost feel him emerging," Suskind explained. Suskind's days are currently being spent working on a book for Simon & Schuster about an island north of the Philippine mainland that "misses the 19th and 20th centuries. The island is hidden by currents and you can't land a boat on it," Suskind explains. Suskind continues to live his dreams through the endeavor of writing his upcoming book.

Why Piano Labs Cost More Than Bio Labs

By Matt Norris
Staff Reporter

Lab fees are a part of college life. They cover everything from independent use of school facilities to lab supplies. That much is given. The highest lab fee at the University, however, isn't a biology course, or even within the science department. It is for piano lessons.

Lab fees average $70-$130 per course. Private music lessons however, carry a $205 lab fee for a 30 minute lesson once a week, or a whopping $410 for a weekly hour lesson.

So who decided that piano lessons required a lab fee on top of the standard course cost as part of a full-time student schedule? "I really don't like the idea that most of the money isn't even going to the people giving the lessons," Rebecca Leurck, a senior from Ramsey, NJ.

"Lab fees are generated at the Registrar's Office. They reflect the final decision of the Cabinet," said Alice Marie Avery, the University Bursar.

"The Department heads submit their proposed budgets to that Cabinet, including lab fees. The Cabinet votes on all financial decisions, and pass the results on to the Registrar," she continued, explaining the life cycle of a lab fee.

In the music department, to a background of operatic voice training, Music Director Patricia E. Smith puts $405 in perspective.

"Teachers for private instrument lessons and voice lessons aren't regular employees of the University. Hired Music Teachers are paid through the lab fees only. Some of them perform in Carnegie Hall. These are professionals that are used to making $70 - $100 per hour teaching privately but make only $20 per hour here."

"It's a tremendous service they're doing us, especially since most of these teachers are driving here from New York to teach a lesson," Smith explained.

Smith was not aware that the lessons are paid for like any other course in a full-time line-up. That was sure of was that that money - the cost of a full semester course - does not go back to the teachers, or even to the music program at all.

"I don't like paying a $40 lab fee for a course I've already paid for just to get an hour long piano lesson every week, but I really don't like the idea that most of the money isn't even going to the people giving the lesson," said piano lesson recipient Rebecca Leurck, a senior from Ramsey, NJ.

"He sees the different flavors and hears the sounds. You can almost feel him emerging," Ron Suskind

"Dad is calm. Knuckles on the wheel," Suskind described. The car travels for quite some time and then, "we see the beginning of a light." The Suskinds knock on the door of a house that, although it housed people with unfamiliar faces, was a house strikingly like their own. The time is about 10:30 p.m., according to Suskind's memory, and all the woman who answers the door says is, "Hurry, hurry!"

Her house was full of people who all watched eagerly as Armstrong stepped on the moon. Suskind had not thought about that memory in quite a while he said, but he felt the "light" metaphor was an appropriate one to work with in his novel and in his lectures because, "we all know what the light is."

Suskind's favorite part of the novel is when Cedrick takes off his hat.

"He sees the different flavors and hears the sounds. You can almost feel him emerging," Suskind explained. Suskind's days are currently being spent working on a book for Simon & Schuster about an island north of the Philippine mainland that "misses the 19th and 20th centuries. The island is hidden by currents and you can't land a boat on it," Suskind explains. Suskind continues to live his dreams through the endeavor of writing his upcoming book.
**Alcohol: Causing Problems at Colleges**

By Rich Suarino
Staff Reporter

In the spring of 2002, Harrison High School, not far from Sacred Heart University, in New York State was dismissed early because of a power failure. Soon after, word spread quickly of a house party taking place. At the party, two football players got into a quarrel, which led to pushing, and then escalated into a fist fight. The result was a student, a senior, two months from graduating left dead. At 18 years old a student's life was cut short because that afternoon he and his friends decided to drink and an argument led to tragedy.

Fourteen hundred college students die each year because of college drinking according to a Nations Health Magazine article. On the weekends, many students are drinking. It might be in their dorms or might be out at the bars and clubs.

Experts say parents and the communities need to do more. According to the Nations Health magazine article, 500,000 injuries and 70,000 cases of sexual assault are reported each year from college students. Alcohol was mentioned in playing a role in these incidents.

"Binge drinking is the number one college health problem," states Janice Kessler who is the coordinator for alcohol and other drug programs at Sacred Heart University. "It's a problem here just like all college campuses."

Binge drinking is defined as having five or more drinks at one sitting. Last year Kessler saw 80 students for alcohol counseling. A high number considering that in a semester there are only 15 weeks according to Kessler. This year so far she has seen 12 students for counseling, five of which came in on their own. Statistics vary but about 40%-70% of students binge drink.

"The number one problem here at Sacred Heart is alcohol, followed by marijuana and ecstasy use," says Kessler. "Most students come in already having a problem with binge drinking."

A third of the students Kessler sees in counseling are not experienced drinkers; many of the students have been freshman and sophomores. According to Kessler, "students seem to be looking out for one another based on the amount of alcohol transports to the hospital."

Records to set up personal training programs for many of their up and coming actors. Despite the fact that he has not worked with anybody famous directly yet, he was fortunate enough to create a program for R & B superstar Brandy.

"And I do the same with my acting classes. I want to see a few small-time models right here in this school," Royal said. Royal also sets up programs for the models affiliated with Sidney Agency Fitness/Modeling.

Royal is very satisfied with the path he has taken for his life and his ultimate goal is to own his very own country club that offers all of these services and hosts the PGA and LPGA tours.

"I want my business to attain the heights I envision. A lot of people say this may not happen but with God first in my life and the necessary [hard work] it takes to create a strong foundation, anything is possible," Royal said.

Royal also foresees himself on the cover of magazines such as Black Enterprise, GQ, and Fortune 500.

"I want to be awarded the sexiest man of 2008. All the ladies here are going to say, 'I knew him. I should've married him'" Marvin Royal

"I personified that name mostly with a cartoon character that was a business scientist with a powerful iron suit who fights crime. He's a Marvel Comics superhero. I basically applied that [character model] to life," Royal said.

Royal is, of course, CEO of Ironman Associates and he provides services such as personal training, sports clinic, and athletic apparel.

"We're also just getting our hands in the music business and the modeling industry, which we just added this year," said Royal.

Royal is contracted with Rodney Jenkins of Dark Child Records to set up personal training programs for many of their up and coming artists. Despite the fact that he has not worked with anybody famous directly yet, he was fortunate enough to create a program for R & B superstar Brandy.

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Inside

By Julie Fuhrman
Staff Reporter

Imagine a job where you get to meet celebrities, wear comfortable clothes, joke around all the time as well as gain a valuable experience.

This is the opportunity I have been given as an intern for the radio station Z100 and their morning show, called "Elvis Duran and the Z Morning Zoo."

Danielle Monaro is the talent coordinator and I work as her assistant. One of the many benefits of being an intern is getting first hand knowledge of the entertainment industry as well as being able to work on interesting topics, such as an artist's new CD release.

Most recently I have written bios on artists such as Jennifer Love Hewitt, Jackie Chan, James Van Der Beek and many more, in which DJ's use for a new CD release.

One of the most important things I have learned at Z100 is that celebrities are just ordinary people.

"- Julie Fuhrman

Ratdog Tour: Quick Fix
for "Dead Heads"

By Justin Liberman
Contributing Writer

There is something about the energy that Bob Weir brings to the stage. His familiar rifts combined with his hearty gray beard produces a comfortable feel that stretches through the theater and unifies the sold out crowd in perfect rhythmic harmony. Bob Weir and his band Ratdog took the Webster Theater by familiar surprise and produced one of the year's best shows.

Even while in his first band, The Grateful Dead, Weir was an extraordinary talent. Bob Wasserman has worked with a variety of other talented artists such as Van Morrison, Neil Young, and, of course, Jerry Garcia. As Weir and Wasserman's collaboration began to grow, they reached out to more musicians, and Ratdog was born. They are currently touring the Northeast. Bringing an arsenal of familiar Dead tunes, Ratdog provided the freedom that was once found braided in the entire Grateful Dead legacy.

With a satisfying first set, Ratdog performed a jamming "Tennessee Jed," along with a stellar "Going Down the Road Feeling Bad." The real energy didn't pick up however until the second set was started with a lovely "Desolation Row." After the intimate Dylan tune was over, Weir and the guys were ready to do what they do best, rock and roll. After a majestic jam that included "The Wheel," and "The Other One," and Ratdog delivered its most pinnacle work with "China Cat Sunflower."

The enthused sold out crowd valued the essential elements of live music that Ratdog executed. The underlying idea behind any epic band that lives and breathes music is the fact that they love to play music. Like a thespian, Weir seems to be most satisfied in front of the crowd orchestrating a night filled with familiar vibes and enriched spirit.

Bob Weir and the remaining members of the Grateful Dead took the stage in Connecticut on November 21 when the newly formed band, "The Other Ones" take the Hartford Civic Center stage.

Daniawson's Creek is extremely conscious of his forehead and he does not like to be interviewed.

Local "Haunts"

With Halloween approaching, it's time to get into the festivities. Along with dressing up, trick or treating, and having a good time, there are many places which offer haunted houses to give us a real scare.

Though seemingly terrifying torture for this witch child, some fright here in Connecticut. "Draculas Castle" is located in Salem Massachusetts. Though quite a distance from Sacred Heart University, the house is worth seeing. Interestingly enough it is the oldest Halloween house attraction in Salem. The authentic atmosphere gives an eerie feel to this haunted attraction. "Necowollah" (Halloween spelled backwards) is also located in Massachusetts. It is in Charlton, MA, about an hour and a forty-five minutes from Fairfield. 

"Necowollah" is slightly different in that it is a haunted forest set with a tour and a walk through of a barn. After the "Blair Witch Project" a haunted forest seems like a good way to give anyone a Halloween scare. "Trail of Terror" which is located in Wallingford, CT is an outdoor fright fest, set with haunting scenes and houses. It is currently being run, and is approximately 45 minutes away from Fairfield.

With all these different types of attractions there is sure to be something for everyone to go. Checking out one of these places is a good way to get into the Halloween spirit.
Making Their Own "Rules"

He uses many elements of film such as true long shot and the rewinding effect throughout the film. His use of extreme close up shots makes the audience feel bonded by the characters' actions. He creates a huge sense of disconnect between the audience and the characters because of such shots. Avary has been getting some pretty horrible reviews from some film critics claiming that there is no way for the audience to feel any connection with the characters. However, it could be possible that Avary is purposely making the audience uncomfortable with the characters in the film, because the characters were really uncomfortable with themselves.

The film seemed to be something a lot different than what many people are used to in the theatres. It's about time that we get to see something different and a little more from Hollywood. It's a great story about how people can easily mistake lust for love and get themselves caught up in their wild emotions. If you like bizarre films this is a must see!

Avary's next film is called "Mexicali" and there has not been a set release date for this film. "The Rules of Attraction" is now being shown in theaters.

New to DVD: "Windtalkers"

By Patrick Scalisi  
Contributing Writer

Of late, Nicholas Cage seems to be building his career by playing soldiers. This trend began in the lukewarm war romance, "Captain Corelli's Mandolin," and continues in the World War II actioner "Windtalkers."

"Windtalkers" is the true story of the Navajo code-talkers that aided American victories in the Pacific. Cage, who plays cyrine marine Joe Enders, is however, not the true star of this beautifully filmed epic. That right belongs to Adam Beach, the relatively unknown actor who plays Ben Yahzee.

Yahzee is the Navajo "wind-talker" this is placed into Joe's care as their unit attempts to take the Japanese-held island of Saipan, a major strategic location for the American forces. As the mission scenario can also find out, such a task will not be an easy one.

"Windtalkers" is a surprising film in many ways. Directed by John Woo, a man most commonly known for serving up excessive amounts of violence in his martial arts films, "Windtalkers"

some scenes to get an R rating. Avary seems to be known by film critics for his abstract shots and directing style. "The Rules of Attraction" shows just how abstract Avary can be.

MSA Movie Night  
Wednesday October 30 9:00PM  
Media Studies Studio  

"Donnie Darko"

Featuring: Jake Gyllenhaal, Jena Malone, Drew Barrymore, Patrick Swayze, and Noah Wyle

Set in October 1998, teenager Donnie is struggling with schizophrenia and begins seeing visions of a gruesome man-sized rabbit that tells him when the world will end. The story counts down the days, hours and minutes for this prophecy to come true, while Donnie begins committing acts of destruction and violence on behalf of the rabbit's orders.

"Abandon"...meant to Scare

By Melissa Munoz  
Staff Reporter

"Abandon" is the kind of movie that speaks for its title. The title says it all, it's as though the director has abandoned any attempt at an inventive plot. The movie comes off as a thriller, but strip away the helpless victims and predictable outcomes, it's little more than things that go bump in the night. Although it has good timing for the late October debut, for most people it will take a lot more than visions and creepy noises to get them at the edge of their seats.

Poor Katie Burke, played by Katie Holmes, has been living with the fact that her boyfriend, Embry, played by Charlie Hunnam has been missing for the past two years; no goodbye, no explanation, nothing. So as a way to move on she has been putting her head in her books and trying to achieve what every other college senior wants after graduation, a job. A few sightings of Embry sidetrack her goals and as she starts to suspect he could be following her, she begins to fall apart.

Detective Wade Handler (Benjamin Bratt) comes into play when he gets assigned to solve Embry's disappearance due to the fact that another student is missing.

It's obvious that Embry's disappearance is connected to Katie, but is she connected with this new one too? Everything seems to be revolving around Katie but, the question is, where is Embry? Is he alive and after Katie for revenge? Or, could it just be her mind playing tricks on her? As Detective Handler continues his investigation, he comes up with some suspects, both who are involved with Katie.

The movie could have been rescued had the director kept to one possible ending, instead of trying all the "what ifs". The film is also weakened by Katie Holmes who falls slightly short. It seems that no matter how hard she tries, she just can't escape her "Creek" image.
A Winning Attitude

Continued from page 12

Mitchell knew that it would be a tedious recovery after his surgeries but he still kept himself positive despite his setbacks.

When the recovery period was over and Odain was ready to get back onto the field he knew that he had, "...taken a step back from where the other guys on the team were at. While I was recuperating they also were practicing for the game. I knew that not only did I have to get where they had reached during practices, I had to take a step above that," Odain commented. "My teammates were working while I was rehabilitating. They were very supportive when I returned. My teammates and coaches helped me get back onto the field as soon as possible."

Last week, Mitchell received something he thought he could only dream of. He was named a College Sporting News I-AA National All-Star Player after the game last Saturday against Robert Morris University.

Mitchell, who was also named NEC Defensive Player of the Week, recorded one of the most dominant individual defensive efforts in league history against RMU. Competing nine tackles (six solo), including six tackles for losses totaling 20 yards. He set a Sacred Heart Division I record with four sacks, one of which was for a safety in the first quarter. To top things off, Mitchell forced one fumble and recovered another which he appeared to return for a touchdown, but was questionable ruled out of bounds.

"This recognition is something that you see happen to other people and never imagine it could happen to you. I mean it's something I've dreamed of, but never thought it would actually happen."

As I continued to ask him about his achievements, he had a large smile but never lost sight that he was being boastful about his well-deserved honor. "This recognition is something that you see happen to other people and never imagine it could happen to you. I mean it's something I've dreamed of, but never thought it would actually happen," Mitchell commented. "I still can not believe that happened," Mitchell added.

I went on to ask him what he has been doing since he received his national recognition. "After

that you get back onto the field and do the same amount of work that all your teammates are doing, and that you have been doing. You are a team. You're team attributes so much to you as a player."

Along the way of his adventurous football career, Odain thanks his family and older brothers for all their support and encouragement. Some friends might always dish out positive comments to another friend leaving out the negative because they fear of hurting your feelings. For Mitchell though, he took the constructive criticism from his older brother who was his biggest fan as well as his biggest critic.

For Odain, that was a very positive quality of their friendship. "My brother not only gave me positive comments to tell me when I should really work on something," Mitchell commented. "Everybody needs to improve on something. I got better as I went along with the help of my friends, family and my brother," Mitchell added.

With his senior year coming to an adventurous conclusion, Odain will continue-on knowing that the things he has learned in the classroom and on the field have given him a better understanding of the situations one might face on and off the field. Good Luck Odain Mitchell and keep spreading that winning smile.

By Jennifer Jensen
Sports Writer

As of Monday, September 30th the men and women of Track and Field will have entered its fourth season as a Division I team since the switch took place during the fall of 1999 from a Division II level.

For the Spring 2002 Season, the team ranked very well in the finals, compared to the preseason poll expectations. The women reached their highest ranking at seventh place last season. At ninth out of twelve teams, the men maintained their same ranking position.

"Both of the teams have become very competitive at the Division I level, allowing them to prove to others that they can accomplish whatever they really set their goal for. I am optimistic and confident that we can move up to a higher finishing rank. Our goal is to win the NECs within the next two to three years."

Morrison commented. "I am confident that we can do that." Track and field will be welcoming three new assistant coaches this season as well as returning assistant coaches Brian Hirschkorn (Hamden), James Hurdles coach, and Steven Santoli, assistant coach for throwers. Morrison commented. "I am confident that can do that." Track and field will be welcoming three new assistant coaches this season as well as returning assistant coaches Brian Hirschkorn (Hamden), James Hurdles coach, and Steven Santoli, assistant coach for throwers. Track and Field Springs into Action With New Assistants.

"This is clearly the best coaching staff ever. I feel we will make great strides this year in all different event areas," - Head Coach Morrison

"This is clearly the best coaching staff ever. I feel we will make great strides this year in all different event areas," Morrison added. Joining the staff are Heather Crosby who will coach the Mid-Distance and Distance runners, Todd Linder coaching the sprinters, decathlons and heptathlon and Jennifer Rice, coaching the jumpers.

Each of the assistant coaches will train and develop the athletes to excel in their specific event area. Heather Crosby is a graduate and standout distance runner from Bryant College. She was the recipient of the 1995 NCAA Women-of-the-Year award for the state of Rhode Island.

Todd Linder obtained his BS from Appalachian State and his MS from North Carolina A&T. He has been recognized with several coaching honors on the high school level in North Carolina. He is currently a technology teacher at Bunnell High School.

Jennifer Rice will also join SHU Track and field after coaching for four years at Wagner and Manhattan College. She has won numerous Patriot League individual titles in the jumping events during her undergraduate years at Bucknell. She then obtained her MHA from Wagner College.

"Individually there are so many athletes," said Heather Crosby. This is the first time I have coached for such a large amount of athletes on a track and field team. I am confident that each member will contribute something so great to the team."

"I am very optimistic. I will soon have the chance to see how things shape up when the season begins. All things will come to fruition and I feel the team will blossom in the spring. I am truly grateful to have become part of such a great program here at Sacred Heart University."

Along the way of his adventurous football career, Odain was led by first place finishes by seniors Jessica Gehrlein (Warwick, NY) and Kristine Brackearidge (Brookeville, NY). This past Sunday at the Nassau Community College Intercollegiate Horse Show in Garden City, NY, the Pioneers placed fourth out of 11 teams.

The next show for the equine team is the Stony Brook Intercollegiate Horse Show October 27.

Track Jumps into Season with High Hopes

EQUESTRIAN

Mr. Ed. Silver. Black Beauty. Cigar. What do these have in common? They are all famous horses. What do horses have to do with Sacred Heart sports? Simple. The university's equestrian team rides them.

"I think the team is on track for one of our strongest seasons yet," Head Coach Alyssa Cantatelev, has been pleased that a number of experienced riders returned, and this gives the team an added layer of depth. On Sunday, October 13, the women's team took part in the St. Joseph's Intercollegiate Horse Show, in Yaphank, NY. Sacred Heart finished tied for sixth in the competition with the Yale University Bulldogs at 17 points. The C.W. Post Pioneers won the show with 32 points.

At the show, Sacred Heart was led by first place finishes by seniors Jessica Gehrlein (Warwick, NY) and Kristine Brackearidge (Brookeville, NY). This past Sunday at the Nassau Community College Intercollegiate Horse Show in Garden City, NY, the Pioneers placed fourth out of 11 teams.

The team will also bring many positive contributions to the track and field team, here at Sacred Heart University. Morrison also highlighted athletes such as junior Matt Urenzki (Oceanside, NY) distance runner, sophomore Gregurry Curley (EastWareham, Mass.) participating in decathlon and freshman Evan Lasher (Pleasant Valley, NY) as a strong shot putter.

"Evan Lasher is probably the best male recruit for track and field ever at Sacred Heart University. We have recruited some amazing athletes at our school but overall this is a solid gain, as Evan was also named the NY State Champion," commented Coach Morrison.

This will be senior Erica Sullivan's last year as an undergraduate here at Sacred Heart University. We have recruited some amazing athletes at our school but overall this is a solid gain, as Evan was also named the NY State Champion," commented Coach Morrison.

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Reaching New Heights

Track coach sets new Amateur Highland Games record.

By Christopher Giarrusso
Contributing Writer

Steven J. Santoli from Hempstead, N.Y. has returned for his second year as the Sacred Heart University Track and Field throwing coach with a little something extra to his name. Coach Santoli, who is also the Assistant Director of Graduate Admissions of the Education Programs, is now the current amateur record holder in the Scottish Highland Games’ Stone Throw category for his second year as the Sacred Heart Track and Field Coach Santoli prepares to launch his record breaking toss.

Games for the Weight Toss. Santoli is 25 years old and stands six feet six inches tall and weighs around 345 pounds. Santoli, learned about the games when he was at the University of Connecticut where he was a former Big East Champion and All-American in the 35-lbs. weight throw in 1998. Also earning All-Big East, All-East, and All-New England honors in shot put, weight, discuss, and hammer throws throughout his college career.

The Highland Games go back to contests of strength held among the clans in ancient times. It was a way for the chiefs and kings to choose the strongest men to serve as their warriors.

Chuck Metcalfe, Mike Reagan and Marc-Andre Fourmiier (St. Nicholas, QC). Also helping out up front will be returning sophomore Garrett Larson (Riverhead, AB) and Barclay Folk (Wesbank, BC). “Its just a matter of time now until the team gels”, stated Reagan, “we will be a tough team to beat no matter what league we’re playing.”

However, when the team opened up this past weekend with two games at Bemidji State, defense was the story behind the team’s two big games against the Beavers, who had previously never lost to a MAAC team. On Friday night, senior goalkeeper Eddy Ferhi (Charenton, France) recorded 43 saves. “Eddy came up big in the net, he really kept us in the game,” stated Sophomore netminder Kevin Lapointe (Quebec City, QC). Senior assistant captain Les Harpachuk (Wakaw, SK) scored the only Pioneer goal, assisted by Marc Fourmiier, with four minutes left in regulation to tie the game and send it into overtime. The game ended in a tie. According to Metcalfe, “we were missing passes and our timing was off. We didn’t execute as well as we could have offensively.”

Ferhi was voted MAAC preseason player of the year and Harpachuk voted to the preseason All-MAAC second team for the second straight year. They will lead a tough defense that returns complete from last season. “The defense is stronger than last year,” explained Lapointe, “they have a lot more experience and have really become the backbone of the team.”

Helping out behind the blue line will be seniors Koen Hawkes (Watrous, SK) and Nick Nuccher (Hamden, CT), and sophomore Noel Honck (Long Beach, NY). Also, backing up Ferhi and helping out in net will be sophomore Kevin Lapointe.

Lapointe mimicked Ferhi’s performance on Saturday night netting 30 saves en route to tying Bemidji State again. Chuck Metcalfe scored early in the second only to have the Beavers tie the score with less than six minutes remaining in the period. Garrett Larson added another goal within the next minute to put the Pioneers up 2-1. However, with less than two minutes in the period, BMU scored again to tie the game.

“We were a lot sharper,” stated Metcalfe, “we created a lot more offensive opportunities, and executed better.” The score remained 2-2 and the Pioneers left Minnesota with two ties under their belts. “The goalies were real sharp this weekend,” stated Reagan, “they kept us in both games and gave us a chance to win.”

After two tough ties against a formidable opponent on the road, the Pioneers remain confident entering the rest of their long season and conference play starting this weekend. “It was a battle against a good team and we came out with two points on the road, which is never easy,” stated Lapointe after the weekend. Metcalfe added, “we now know what we can do and what we need to do.”

The team has a tough upcoming schedule with two games at Colgate on Friday and Saturday, and another game at conference foe Canisius on Sunday before returning home to Milford Ice Pavilion to battle Army on Friday, Nov. 8th.

SPORTS SCHEDULE
Friday, Oct 25
Women’s Soccer at Fairleigh Dickinson
Field Hockey at Holy Cross
Men’s Ice Hockey vs Colgate

Saturday, Oct 26
Football vs CCSU
Women’s Cross Country at CTC Champ
Women’s Rowing at Fish Regatta
Men’s Cross Country at CTC Champs
Women’s Swimming at St Peter’s
Men’s Ice Hockey at Colgate

Sunday, Oct 27
Women’s Equestrian vs vs Stony Brook Inv
Women’s Soccer at Monmouth
Women’s Volleyball at LIU
Field Hockey at Yale
Men’s Soccer vs Quinnipiac

Men’s Hockey team begins season with pair of ties.

By Greg Tonzo
Sports Writer

They come from all over North America and beyond, but when they are here at Sacred Heart, they are one team. And after inching closer and closer to a championship the past few seasons, this is hopefully their year. If ever the Men’s Ice Hockey team had a chance at success, this 2002-03 season is the one.

Returning the core of last year’s squad, which finished 16-14-4, the Pioneers are picked to finish third in the MAAC Conference. However, hoping to improve their critics, the team has its sights set at the top of their conference. “We’re using the rankings as motivation,” stated Junior Mike Reagan (Flin Flon, MB), “we’re better than a third place team and we’re going to surprise some people.”

Led by senior Captain Rich Naumann (Boerne, TX) and assistant captain Martin Paquer (St. Catherine, QC), who was voted the prestigious MAAC monkey for the year, the offensive looks to improve on the team’s best record to date last season. “We’ve got aggressive, balanced lines. All four lines can score some goals,” stated Junior Forward Chuck Metcalfe (Edmonton, AB).

A big help in the offensive department will be a number of seasoned veterans including seniors Lloyd Tennant (Billings, MT) and Michael Forland (Anchorage, AK) and juniors
Unlikely DUO Make Series

The Anaheim Angels and the San Francisco Giants square off for World Series.

By Craig Joly
Sports Writer

On Saturday October 19th, the World Series kicked off with the Anaheim Angels hosting the San Francisco Giants. That’s right, the Anaheim Angels, in their first ever World Series and the San Francisco Giants in their seventeenth World Series and second since moving to San Francisco.

The Angels reached the World Series for the first time in their 42 year history and most, if not all, of the Angels were unknown to most baseball fans prior to the postseason starting. Now these same baseball fans know the names of veterans such as Tim Salmon, Troy Percival, and Garret Anderson, as well as rookie sensation Francisco Rodriguez who after Game 2 of the World Series is 5-0 in the playoffs.

The Giants, on the other hand are in the World Series for the first time in 13 years and they reached it thanks to well-known stars such Jeff Kent, Robb Nen, Kenny Lofton and some guy by The name of Barry Bonds whose name might ring a bell to a few people.

The first two games of the World Series took place at Edison International Field of Anaheim, home of the Angels.

In Game One, The Giants’ Jason Schmidt took on Jarrod Washburn of the Angels. The Giants led by a pair of home runs by Barry Bonds, Reggie Sanders, and the game winning two-run shot from J.T. Snow, defeated the Angels with a final score of 4-3.

Anheim’s Troy Glaus countered with two homeruns of his own. Adam Kennedy drove in Anaheim’s third run, when he drove in Brad Fullmer with a single.

Another piece of history that took place in this game was when Toshiyuki Shinjo became the first Japanese player to actually play in the World Series.

Game two of the World Series was more of a slug-fest then game one was with 21 total runs scored.

The Angels were able to tie the series up despite a monster home run from Barry Bonds late in the game, which almost failed to rest in the stands. Bonds’ blast brought the Giants within one, but was not enough as the Angels edged them out by a lone run for a final score of 11-10.

Francisco Rodriguez continued his postseason dominance for the Angels, as he pitched three perfect innings of relief to pick up his fifth win of the postseason.

Tim Salmon hit two homeruns to lead the scoring in the Angels’ 11-10 victory. Both starting pitchers in this, Russ Ortiz for the Giants, and Kevin Appier of the Angels, got knocked out of the game early.

Games Three, Four, and Five are in San Francisco, at Pacific Bell Park, from October 22-24. All games are shown on FOX.

Mitchell Has Successful Combination

Hard work on and off the field for Football Senior Defensive End pays off.

By Jennifer Jensen
Sports Writer

Responsibility, leadership and cooperation are often taught in the classroom. Power, becoming a team player and physical contact are all aspects of a football game taught on the field. The interesting thing that one team player has done, is he has combined both and used them to help him get where he is today—an athlete who places academics and the game of football on the same level, utilizing them both on and off the field.

“I’ve learned things in the classroom that I utilize on the football field,” Mitchell stated. Looking on as a spectator one can clearly see that learning how to cooperate in the classroom with other students, combined with becoming a team player has allowed Mitchell to excel as an athlete and respected teammate.

We met on Friday October 18th in the Pitt Center Front Lobby. Everyone who walked by made it a point to say hello to this charismatic individual. They seemed to know Odain Mitchell as the well-known football player, waving and calling his name as they walked by. The handshakes and the waving quickly became an important part of our interview because it enabled me to find out who Odain really was, a friendly neighbor to all student athletes.

Mitchell began his football career in the ninth grade. He has since become a Sacred Heart University Defensive End, and a good one at that.

“Football seemed like something different. I loved the physical contact of the sport,” Mitchell commented. “Football motivated me. I studied and tried my hardest to be able to obtain good grades. I knew that if my grades dropped I would not be able to participate in football anymore. Sometimes I thought football became a clutch for me. Maybe if I wasn’t excelling as a student I would have liked to in the academic area, football would help me to become motivated to try harder to do the best I can,” Mitchell added.

Odain has put many hours into each day of practice to become a better teammate and student of the game. Along with balancing practice and academics, he also had undergone many long hours of recovery following an unfortunate series of knee injuries and surgeries.

Going into his senior year of high school the second to last game before the season ended, he tore his left ACL. Fortunately for Mitchell during the time he tore his ACL, the season had ended and Mitchell had the off-season to recuperate.

When he came to SHU his freshman year, he was sadly injured again the last game of a season here at Sacred Heart, and once again he tore ACL, but this time on the right side. He then had to undergo another operation that kept him unable to participate in spring ball.

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SHU Gives Back

Women’s lacrosse team holds fundraiser clinic.

By Sarah Keller
Sports Writer

Saturday, October 19 the Sacred Heart University Women’s Lacrosse team hosted a clinic for up and coming women lacrosse players. The team and their coaches invited high school women’s lacrosse players from the area to come and train with them. The clinic ran for three hours and was held on SHU campus at the university field.

“It helped a lot, it taught me a lot about the fundamentals of the game.”

The women’s lacrosse team holds a few of these clinics every fall as fund-raisers for their spring break trip. The team and the coaches train the girls attending the clinic themselves. They coach them in basic skills and the girls get the experience of playing with college level players.

Amy Lavoie (Nashua, NH), a junior on the SHU women’s lacrosse team thinks the attend