Mock Accident Pronounces One "Dead"

By Lauren Testa
Staff Reporter

Last Wednesday at 2 PM in front of South and West Halls, the Student Government Executive Board performed a "Mock Accident" against drunk driving as part of Alcohol Awareness Week. Students gathered in front of the residence halls to witness, firsthand, the realities of drunk driving and the consequences that come with it. During the mock accident, Executive Board members were cast in roles that students and faculty agree is one that is offered over a seven-and-a-half week period. Each class meets once a week. Sounds good right? Well here's the catch; each class is about four-and-a-half hours long.

"They are still a great option for those who need to take these classes, especially those who need to graduate on time and other responsibilities the unique opportunity to complete a degree in half the time." 

An AHEAD class is one that is offered over a seven-and-a-half week period. Each class meets once a week. Sounds good right? Well here's the catch; each class is about four-and-a-half hours long.

"They are still a great opportunity to catch up on lost credits," says Chris Fite, a junior from Wethersfield, CT. These classes are long in class time but extremely short in weeks and as many students and faculty agree is a great way to catch up on credits.

However, there is one more catch; you can only take these classes if you are a part-time student. No full-time students are permitted. At least that's what it says in the Registrar's booklet, "I start my first AHEAD class on Monday" says Christy Ferdenzi, junior of Northport, NY. How then can this junior who is a full-time student be taking a class that is strictly for part-time students, as stated in the booklet? A secretary in the University College who asked to remain anonymous stated, "AHEAD classes are basically for adults going to school at night." She also explained that, "there are exceptions for full-time students who need to speak to their advisors and get permission to take these classes," usually this only happens when a student is far behind in credits.

So basically if you have fallen behind in credits and need to graduate on time then these classes, normally only offered to part-time students are opened to all those full-time students in a special situation. For more information on the AHEAD program, and to find out whether you are eligible to enroll in a class, contact University College, in Curtis Hall.

Who Can Get AHEAD?

By Andrew Oshan
Staff Reporter

AHEAD classes are something everyone at Sacred Heart University knows about. These classes are hidden in the back of the registration booklets, so it becomes difficult for one to find and notice the listing. AHEAD, which stands for Adults in Higher Education working for Accelerated Degrees, offers a shorter semester of classes which covers the same amount of material.

According to the Undergraduate Catalog, "This special program provides working adults who have family and other responsibilities the unique opportunity to complete a degree in half the time."

An AHEAD class is one that is offered over a seven-and-a-half week period. Each class meets once a week. Sounds good right? Well here's the catch; each class is about four-and-a-half hours long. "They are still a great opportunity to catch up on lost credits," says Chris Fite, a junior from Wethersfield, CT. These classes are long in class time but extremely short in weeks and as many students and faculty agree is a great way to catch up on credits.

New Sushi Bar in Flik

By Stephanie Jelacic
Staff Reporter

Every week, four sushi chefs will come in from New York City to prepare fresh sushi and sashimi, which include some raw fish such as tuna, salmon, whitefish and eel. There are also some vegetarian items that will be available as well like seaweed salad, and California rolls made with imitation crabmeat.

Samuel Y. Han, who is the supervisor, and also a partner in running two Japanese restaurants in New York City states, "I am very happy with the students and customers, and we would also appreciate some feedback on our items, or if there is anything more that we can do for them." Many students have already tried some of the new items and seem to like the idea of its addition to Flik. Keri Nasiri, a senior from Oceanside, New York who thinks that "it is a great way for us to explore new kinds of food."

Meghan Eaton, a junior from Colorado Springs, Colorado says, "It's a good option to have from the fried food," and Melissa Mezzina, a senior from Hoboken, New Jersey finally adds that, "it definitely brings a much needed change to Flik instead of the same stuff that we're used to having everyday."

ignoring his friends' warning, the driver of the "drunk" car "crashed" into another car that was filled with more Sacred Heart Students who had just left a movie and who had not been drinking.

As the tarp was uncovered, reveling the aftermath of the "accident" to the audience, a girl, Amy Ricci VP of Council of Clubs and Organizations, laid motionless on top of the hood of one of the cars. Passengers of both cars were severely injured and could be seen in "pain" as they struggled to free themselves from the wreckage.

While the students were singing and laughing to the music that was playing in the car, a pre-recorded audio tape played, allowing the audience to hear some of them shout to the driver that up ahead was a red light.

Mock Accident Pronounces One "Dead"
Alternative Spring Breaks: A Life Changing Experience

By Jill Tomasz
Staff Reporter

Spring break is just around the corner. Many students are making plans to live on the beaches of an exotic island, or spend time with family and friends. Sacred Heart University is offering alternative spring break trips. It is a chance for students, faculty and staff to have fun, travel, and help communities in need.

“We never grow unless you challenge yourselves” says the Director of Service Learning and Volunteer Programs, Phyllis Machledt. Alternative spring breaks are programs offered and encouraged by the university to participate in. “It offers people to explore what is going on over seas, as well here” according to Machledt. This year’s spring trips are planned to El Salvador, Haiti and North Carolina. Each trip has a main focus designed to enable students to become active participants in the setting they are put in. Each program is arranged by different organizations at Sacred Heart University. Campus Ministry is offering a trip to Usulutan, El Salvador. The main area of focus is in the community of Tierra Blanca. Students will work diligently a few hours a day on projects in the community, as well become familiar with the social, economic and political aspects of surrounding communities. The estimated cost is between $500-$575, not including an individual’s airfare or passport. Students will be supplied with housing in the community as well as meals. This trip will be held from Feb. 27 to March 8. From March 1 to 8, Habitat for Humanity offers students to work together on Habitat houses in Wilmington, North Carolina. It will be all labor work, fixing and building Habitat houses.

Most outside scholarships have specific eligibility criteria that can seem very odd. For instance, there are scholarships open to students with a certain GPA and a resident of a certain state, or for students that have high academic achievement and have goat farming experience. “The outside scholarships have been steadily increasing in importance,” states Sylvie Hangen, Director of Student Financial Assistance Systems. “In the 1996-97 academic year, a total amount of $54,549 was awarded to students compared to the 2001-02 academic year where the total amount awarded as an outside scholarship was $531,710. This represents a 103% increase in a six year span,” explains Hangen.

The Financial Aid office explains that these scholarships given by outside sources are to benefit students who have a common interest as the source giving it. Students who went through high school and got a 4.0 all four years have no problem getting scholarships. However, students with a 3.0 in high school have a much harder time finding scholarship money unless they have done something to set them apart from others. Most outside scholarships have specific eligibility criteria that can seem very odd. For instance, there are scholarships open to students with a certain GPA and a resident of a certain state, or for students that have high academic achievement and have goat farming experience. “The outside scholarships have been steadily increasing in importance,” states Sylvie Hangen, Director of Student Financial Assistance Systems. “In the 1996-97 academic year, a total amount of $54,549 was awarded to students compared to the 2001-02 academic year where the total amount awarded as an outside scholarship was $531,710. This represents a 103% increase in a six year span,” explains Hangen.

The Financial Aid office also maintains many available scholarships. Students are encouraged to go to the Financial Aid office for help finding a scholarship, but it is up to the students to apply for it. “We want to heighten the awareness of students that there are scholarships out there, if they are willing to do the work of finding out the information on them and applying for them,” explains Marx. New scholarship information comes into the Financial Aid office every week or so. Around December the majority of information on scholarships for the next academic year comes in. Most of these outside scholarships are available to all undergraduate students and last for one academic year before having to be reapplied for.

Machledt said when traveling, it “brings into question how we live our lives and what’s important.” She added, “the most important is not to forget the experience but to bring it back and go out to local communities and remember them last well.” Not all of the trips are over spring break. There are chances to travel later in the second semester as well. There are trips offered to the Heifer Project International at the Overlook Farm in Rutland, MA (March 2-7), Kanatsiohareke Mohawk Community in Fonda, New York (March 1-6), Habitat for Humanity in Albuquerque, New Mexico (May, after commencement) and Home Workers Organized for More Employment (H.O.M.E.) in Orland, Maine (May, after commencement).

This is a chance not only to build relationships with the community setting you are put into, but a chance to learn about yourself. “It is very challenging working under conditions you are put in” says Machledt, but “you learn about your own personal strengths and weaknesses.” Remember, those exotic beaches are not always needed to have a good time. So ask yourself, is it time to help others in need, and learn more about myself? Don’t pass up the chance for a life changing experience, take initiative and get involved.

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To get any more information, the employees in the financial aid office are always willing to help. The financial aid office is located on the first floor of Curtis Hall, or you can call Gail Marx at 371-7980.

Wanted: Scholarship Applicants

By Patrick McMahon
Staff Reporter

There is money out there for students, but they are not taking advantage of it, according to Gail Marx, Assistant to the Dean of Student Financial Assistance. If students are willing to do a little work, there are many scholarships given by all kinds of groups such as ethnic groups, alumni groups, businesses, and more.

For instance, the American Society of Woman Accountants gives scholarships to women looking to get into the accounting field, and Police Corps. give scholarships to students who are criminal justice majors. The Financial Aid office explains that these scholarships given by outside sources are to benefit students who have a common interest as the source giving it. Students who went through high school and got a 4.0 all four years have no problem getting scholarships. However, students with a 3.0 in high school have a much harder time finding scholarship money unless they have done something to set them apart from others.

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News Briefs

Spring ’03 Express Registration, Nov., 6-19

In order to participate, all undergraduate students are required to take their Registration Cards to Student Accounts for financial clearance on the day indicated on your card. Payment in full for all balances is due by November 1st, including student tuition account and parking tickets. Be sure to review with the responsible party which payment plan you will be signing when you fill out the Registration/Payment Option Form at Spring 2003 Registration.

Reminder for All Seniors

Your portrait is worth 1000 words and the 2003 Prologue Yearbook will not be complete without you! The second session as well as retakes begins November 11th. Log on to DaVor’s 24-hour scheduling site, www.ouryear.com or call 1-800-OUR-YEAR during normal business hours. Sacred Heart’s school id number is 328. Failure to be photographed will mean failure to appear in the section of the yearbook that formally presents the Class of 2003.

Dance Team Tryouts

There will be Dance Team tryouts for Basketball season 2003 on this Sunday, November 3rd at 11am in the Pitt Center Aerobics Room. Be sure to wear comfortable clothes and dance shoes/sneakers. You will learn a short dance and be asked to show various technical skills. To see what the Dance Team is all about, visit one of their practices, Sunday 4:30-6:30, Wednesday 7:30-9:30, and Friday 4:30-6:30. Tryouts are open to all students.
By Michael Burns
Staff Reporter

As Latino Heritage Month comes to an end, Sacred Heart University was visited last Thursday by guest speaker Dr. Richard A. Nuccio, who spoke on the challenges of Latinos in American society. Nuccio is the Director of the Pell Center for International Relations and Public Policy at Salve Regina University in Newport, Rhode Island. Dr. Nuccio served in many senior foreign policy positions in the United States Government, including time with the Clinton Administration of the 90's.

Dr. Nuccio came to SHU expressing his concern of the discriminatory nature that Latino-Americans are treated with within the United States. He spoke of how the redistricting that takes place here in America and gave specific examples from the state of Rhode Island. He told the intimate crowd of how about a decade ago Rhode Island had to redistrict its political districts and that and their State Legislature, which would force immigrants to run against one another. Nuccio showed his displeasure of the fact that the redistricting

Student Government Performs Mock Accident

Continued from page 1

Student Government President called 911, and a fire truck, passengers in the car were called 911, and a fire truck, pulled up to the scene

Dr. Nuccio wrapped up his talk with the Sacred Heart community with this statement, "There are no right or wrong answers to these questions, however I do feel that as a nation of immigrants, Americans need to think more responsibly about the answers than in the past."

Dr. Nuccio speaking last Thursday about Latino immigration.

Photo by Susan Muggiano

You Can Be The SHU Idol

By Keri Wilson
Staff Reporter

For the Sacred Heart students who dream of being an idol, their big chance has come. Sacred Heart University is holding a competition called "SHU Idol," co-sponsored by J-Hill Hall council and the Class of 2004. The competition will be set up like the one that aired on Fox this summer.

Nuccio's talk. "It is really sad to see that our government can make one mistake. I would hope that this can become a life changing event for one person than we have succeeded."

PHOTOGRAPHY credit goes to Gretta Petrechi and Tom Pesce, a freshman from Brooklyn, NY.

The competition

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Terror vs. Terrorism

I doubt many of you saw the Wall Street Journal this past weekend, but there was a particular comic that caught my attention as I flipped through the pages recounting the War raging on, the sniper being caught, and the hundreds killed in the Chechen hostage situation over this past weekend. There, in the middle of the page, like a shoe ad for MACY’s was a sketch that really struck something in me.

There was a family, having what looked like a nice afternoon in their backyard. Dad was grilling. Mom was sunning herself on a lounge chair, and the house, a one-story ranch, was nicely drawn as well. Looked kind of like the “All American” type family. Makes you feel all warm and cozy all over huh?

Then there was the title of the comic, which was chillingly scribbled at the bottom reading “Terror vs. Terrorism.” I left that out up until now, along with the other images that were drawn in around the house. There, while the family seemed to be enjoying their nice afternoon out side, were the guard dogs, tied top posts in front of the sand bags that lined the yard. The conversation bubbles that said, “Bark” led your eyes up to the sniper hidden in a watch tower in the front corner of the yard. There were floodlights posted every few feet, and the entire property line was shrouded with 6 ft. stockade chain link fences with barbed wire, and stonewalls, to give the look of almost a prison like environment.

In elementary school, one of my clearest memories was being filed into the hallway and huddling against the wall, face first with a boy standing over us, covering us. It was a bomb drill. I remember thinking then, “Why are we learning this? We are never going to need to know this.” I now find myself wondering if my brother and sister have learned that, because they should know it.

Brutal honestly... I hate the fact that I am so scared that something could happen to my family, my loved ones, and my friends. I hate that I was terrified this past week and hardly slept because father was flying back and forth to London. I hate that there are armed guards on the George Washington Bridge and every day there is some other person who has blown themselves and innocent people up.

I remember sitting there in my kitchen with my coffee, looking around wondering if that was the way my kids would have to live one day. Jesus, we don’t even have an alarm system at my house, the kids stand at the bus stop every morning playing tag. Flashes of the sniper that was just caught flooded my mind. If our siblings aren’t even safe in school anymore, will our homes be next?

Samatha DeVita
Editor-in-Chief

Brutal honestly... I hate the fact that I am so scared that something could happen to my family, my loved ones, and my friends... I hate that there are armed guards on the George Washington Bridge and every day there is some other person who has blown themselves and innocent people up.

Mary Beth Morrissey
Cape Cod, MA Junior

“Gene Simmons, the lead singer from KISS.”

Rob Russo
Statan Island, NY Senior

“Frodo Baggins, because we look like brothers.”

Pat Sullivan
Groton, CT Junior

“I was one of the Olsen twins with my roommate.”

What was your craziest Halloween costume?

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Letters/Op-Ed

SHU Policy Should Be Marked Absent

Upon entering college, most students are under the impression that they will be given an extensive amount of freedom to allow them to develop into mature and responsible adults. Being a commuter student, I still live with my parents. Although I must respect their house rules, they hold me accountable for my own academic success. Unlike when I was attending high school, they no longer ask me if my homework has been completed, and they certainly don’t know if and when I miss a class unexpectedly. Therefore, I really do not understand why an absence policy is necessary for students at Sacred Heart University.

Attending SHU is a choice, not mandatory. Personally, I believe that each student should be graded upon their knowledge of topics and information given on examinations, papers and projects given throughout each given semester. I certainly am aware of the benefits of attending a small school, such as SHU. Personal attention from educators is a very nice advantage to the alternative of becoming a social security number at a larger university or college.

Yet, I feel that it is unfair to penalize students from successful grades due to the fact that they have missed a certain number of classes. If I do not attend a class, whether it is due to an illness or personal business, I must attend to. I always make sure I obtain all the notes and information given in that particular class to ensure that I am fully prepared for any upcoming work assigned. Last week, prior to the mid-term posting of all grades, I was asked to provide my grounds that attendance should not apply to those who are able to master the assignments given in class. I feel that it is a waste of class time to sit through an attendance roster. It is very elementary to degrade a student’s grade by marking them present to class on a daily basis. Besides, each professor at this university seems to have a different opinion or rule regarding his or her own policies.

Some are not really concerned with the actual policy that the school would like them to partake in, and some feel that more than two absences can result in failure from the class. It truly differs in each class and department. This fact is very frustrating and unfair to students. With the assistance of my parents, I am paying a great deal of money to attend SHU. I work twenty hours a week, besides being a full-time student, in order to make ends meet and attend SHU. I would appreciate it if SHU would recognize that I am aware of the importance of being a dedicated student, present in my classes. I am entitled to make my own decisions regarding attendance. I wish to understand just the other students do, otherwise, why would I be here?

Amy Toohey,
Senior, Staff Writer

I feel that this rule is babying the young adults that attend this university. Growing up and joining “the real world” should not mean having our hands held by the faculty of SHU.

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Senate connects with A.V.P. of Technology

By Gary Turco

In their second administrative forum this year the Student Government Senate met with Assistant Vice President of Technology Michael Trimble and his staff this past week. This forum focused on the current situations and the future of technology here at SHU. Some of the issues discussed were the inconsistencies of wireless Internet at some residential halls and the new cable services Sacred Heart has provided students with this year. As to the wireless Internet in residential halls, Parkridge seems to be the only major area of concern at the current moment. The problem the technology department is experiencing, according to Michael Trimble, is that the signals are having a hard time passing through the solid walls. Right now there are five Access Points (Wireless Satellites) and to fix this problem five more will be going up. Also, the routers are crashing and need to be replaced by SNET, the company that provides the wireless Internet connection. The technology department is working constantly with SNET to resolve the problems and hopefully wireless Internet will be up and running again by November. For now students should be patient and use their discovernet accounts and if they do not have one they can have one set up for them.

Senate would like students to be aware that they should be appreciative of the technology department’s efforts to provide wireless Internet connection at Park Ridge and Taft. Last year, when Senators asked Mike Trimble to have wireless Internet installed in the two off campus residential dorms, they were told that it was impossible...
**SHU Junior Climbing For a Cure**

By Diana Lamuni
Staff Reporter

Chris Vachon, a nineteen-year-old junior here at Sacred Heart University, majoring in Biology and is part of the Pre-med program, as well as the Honors Program. This summer he became involved with Kili Climb Honors Program. This summer he became involved with Kili Climb Honors Program. This summer he became involved with Kili Climb Honors Program. This summer he became involved with Kili Climb Honors Program. This summer he became involved with Kili Climb Honors Program. This summer he became involved with Kili Climb Honors Program. This summer he became involved with Kili Climb Honors Program.

Vachon is a type of inflammatory myopathy, which causes muscle weakness. This debilitating disease is caused by inflammation and degeneration of the skeletal muscle fibers. Men and women of any age can contract the disease and there is still no known cure. For many years, individuals with inflammatory myopathies and the medical community that works with them have depended on the Myositis Association of America. The purpose of KICC 2002 is to honor the individuals whose lives have been altered by myositis, to raise money for research, and to help people through fund raising.

Each climber participated in honor of someone who has a form of myositis. Climbing Mt. Kilimanjaro was a celebration of the human spirit, the gift of physical ability, and mental determination.

Summiting Mt. Kilimanjaro is a visible tribute to the courage of myositis victims everywhere, and endorses awareness of the need for continued research to find a cure for the disease. At times the search for a cure seems like an uphill battle, but both the mountain and myositis will be conquered, one step at a time.

Once Vachon found the group he immediately volunteered in the fund-raising. Between the group, $70,000 was raised.

Through Vachon's valuable experience he has already said that: "We can call help people through fund raising. I did something that I enjoyed and at the same time I helped a lot of people in need." Vachon shares that, "Anyone can do this, it is not hard at all. You just need to have the will and desire for it."

Mt. Kilimanjaro is the tallest mountain in Africa. It belongs to a collection of mountains called the Seven Summits. The Seven Summits are the tallest mountains on each continent.

"I want to be the youngest ever to climb the seven summits," Vachon explained. Fortunately for Vachon, Mt. Kilimanjaro wasn't the first of his Seven. Vachon already tackled Mt. Aconcagua (22,841 feet) in Argentina during his senior year of high school.

The record for the youngest person to climb the Seven Summits is 23 years 9 days. This feat was finished by the Japanese record holder this past May. Vachon is hoping to travel to Europe's Mt. Elbrus this coming July.

"Mt. Aconcagua, in Argentina, is harder than Mt. Kilimanjaro. Mt. Everest will be the hardest," Vachon believes. "I probably won't climb Everest for another two years, but I do want to complete all seven mountains by my 21st birthday."

"Vachon is looking for sponsors that will fund his climbs in exchange for publicity among other things. Vachon will then continue to raise money for the Myositis Association of America through the remaining five climbs. He is looking forward to his climbs in Europe, Asia, Antarctica, Alaska, and Indonesia.

Vachon has a want to go to medical school to obtain an M.D. and a Ph.D in Physiology. Vachon would like to specialize in high altitude research. He conducted a research project on Mount Kilimanjaro for Sacred Heart.

During his project, Vachon studied human subjects to determine how people react when people travel to higher altitudes. He is still working on the analysis of his data. The project should be completed by the spring semester. Vachon hopes to get his work published in the near future and to conduct a similar project this coming summer. For more information on Vachon's Climbs, visit his website at www.shootingsevens.com to see breath-taking photographs, and read more about where he is looking to climb in the future.

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**Historias**

By Casey Reynolds
Staff Reporter

How does dancing the night away to a great band with good friends and food sound? If you are a member of the oldest student run club on campus you would have been planning this event for the past couple of months.

La Hispanidad has been working diligently putting together "Noche Tropical," their dinner dance to be held November 2 in the Mahogany Room. This is a time when people from surrounding schools have a chance to get together with SHU students and enjoy a night of celebration by celebrating the completion of Latino Heritage Month.

"This dance is a way to meet people from other schools and to network with them. A celebration of the end of the month," President of the club, Naiara Azpiri who is from Basque Country, Spain, states.

Tickets can be purchased from any member of La Hispanidad or in the International office. The ticket prices are $5 for SHU students, $8 for non-SHU, and $10 at the door.

"We are trying to get our name out there, so people know that we exist," said Jessica Fortin, a sophomore from Pawtucket, RI, and co-president of the GSA.

"At the first meeting we had a lot of people which we were really excited about, but with classes, organizations, sports, and other on campus activities membership has declined," Fortin said.

The club was started on campus two years ago, and has had consistently low numbers in membership.

"It is a friendly interactive group were you can meet people without feeling any prejudice," according to Sue Pawlison, a junior from South Hadley, MA, and co-president of the GSA. "You could call us the open minded group."

"Just like any other on campus organization, the GSA is setting up events for the coming year. In addition to numerous social events they are sponsoring an upcoming play with the SHU Players and the Mr. & Mrs. North Hall Dressing Pageant, co-sponsored by Greek Life and NRHH according to Fortune. "I think this year we are really trying to do more activities for the students," said Pawlison. "We are a club like any other activity, students should want to go and have fun."

The co-presidents of the GSA believe that it is not only other activities that are keeping prospective members away.

"I would say a lot of students are kind of scared of the GSA because gay is the first word in the title of our club. I want people to know that the Gay/Straight Alliance is for everybody on campus, gay, lesbian, bisexual, and straight, it doesn't matter. We're open minded and accepting of everyone on campus," said Fortin.

"We're not all about being angry and hurting people for what they think, it's just the opposite. People are afraid of us because of our title and that is one thing we really want to break down. We want to build a support group for everyone," said Pawlison.

The co-presidents are looking for members so that the GSA can flourish and spread it's message of compassion for diversity to the entire campus.

The GSA meets every Wednesday in the faculty lounge at 9:00P.M., and all who are interested are encouraged to attend. Pawlison best sums up the main goal of the GSA by saying, "Our job as a club is to create and support a safe and healthy environment for all of the students here at Sacred Heart."
A Special Girl with a Special Gift

By Kristen Cooper
Staff Reporter

Talking with Katy Haigh is a very special experience. Katy is 26 years old, and is in her sixth year at Sacred Heart University. Katy has autism, but she is one very special and talented girl. Katy is conquering her fears and disabilities, and achieving her goals and striving towards her dreams.

According to the Autism Society of America, "Autism is the result of a neurological disorder that affects the normal functioning of the brain that typically appears during the first 3 years of life."

When Katy, an only child, was born, her parents were told she was profoundly retarded, as well as mildly blind and deaf. At 22 months, Katy was declared autistic. She does have motor problems and developmental delays and disabilities, but she has many accomplishments to her name.

Katy has always been gifted in playing the piano and has been doing so since she was 5. She was invited by the captain of Hartford to play the piano on October 8, was the opening night of an art display of people with handicaps. The event took place at the Legislative Office Building. Katy played five songs, which included show tunes such as "Memory," "The Rose," "Somewhere Over the Rainbow," and "When You Wish Upon A Star." The highlight of the night came when Katy played "God Bless America." The jam-packed room gave her a standing ovation and sang along.

Katy enjoyed her experience playing the piano at the capitol. She said she "loved being noticed with admiration." She said she was nervous but, collected herself. Playing the piano is just one special gift Katy possesses. She also has a beautiful voice. She can always be heard humming along to songs in the hallway at school.

Katy graduated from Norwalk High School in 1995, and is currently a sophomore at Sacred Heart University. "I have a major in special education, because my biggest accomplishment has been teaching teachers. There are educational classes of special needs, and Katy teaches classes here at Sacred Heart. She says she "loves the respect and interest people show when they see me from inside out." Her most difficult accomplishment has been "what is happening right now when my constant attention from my mother is being weaned from me as she works at being a social worker for others." Katy's mom says that in 10 years, she wants to have her daughter really comfortable with who she is. She would like Katy to "take hold (of life) and fly with who she is because she is a phenomenal young woman." Katy has a very positive attitude about her life, and an optimistic outlook towards the future. She sometimes is crushing for her in bouts of depression and anxiety, but despite those limitations she still finds the joy in life and all of her accomplishments. She also enjoys watching and listening to other students.

"My fears are lessened as I am welcomed and enjoyed. This happens mostly with friendly girls. Few boys really know how to talk to me in a way that friendship could develop," Katy said. When I asked Katy where she would like to see herself in 10 years, she said she "wants to be happy wherever I am." She has said she has accepted her differences with humble pride in who she is and how to talk more easily and have friends who need her, because she completes them and takes joy in their accomplishments. She also wishes for independence of body from her caretakers. Katy would love to be stopped and talked to in the halls because she truly loves meeting new people.

Katy Haigh, an autistic student at SHU, who excels in the piano and poetry.

Katy Duval Sends Strong Message

By Kara Brady
Staff Reporter

Laughter, horrified gasps, and silence came from the audience Tuesday night, Oct. 22, as Dan Duval reached all corners of the SHU Theater with his strong voice. Back to Sacred Heart for his last three years, Dan has shared the stories of his life, in which he battled with extensive drug use and alcoholism.

"Stories told from the heart," reality he told.

Speaking to an almost filled room, Duval told stories not only about his life, but also about individuals we know. Touching on stories of rehabilitation, Duval could relate to, such as sports and music, Duval shared the fatal stories of basketball star Len Bias, rock legend Janis Joplin, and many others. He also spoke of a friend and fellow speaker, who drove drunk with his two kids in the car, crashed it and ended up killing his 5-year-old son, who was not wearing a seat belt. After that hit hard with the audience, Duval was ready to share more.

He told the story of his home, and the endless list of arrests, accidents, tragedies and drunk driving incidents didn't seem to have an end. Duval was having the time of his life, or so he thought then. He does not remember most of it. He would get caught, serve his punishment, and start all over again.

Duval was out of control, with no signs of slowing down. Not even the disappointment from family and friends could turn him.

Duval really made a point about family in his talk. He didn't notice their support during his years of problems, but once he cleaned himself up, Duval understood that family was one of the most important things in life.

"As you become older, you have to become the parent, and your parents will become the child," Duval said.

It took Duval years to finally realize how amazing his parents were, and got to a point where he could enjoy helping them out for a change.

"My sister needed a brother, her kids needed an uncle, and I needed drugs" Dan Duval

Duval recalled many problematic accounts and shared them with the students. Some included getting kicked out of his parents' and Aunt's houses, being in and out of jail, stealing cars and driving intoxicated, going drunk to the funeral of his nephew, attempting suicide, living on the street, and much more. One instance of drunk driving even made him feel as if he was going to die.

"I had a state trooper following me, shining his light on me. He said, 'Son, you're drunk.' I said, 'no shit, I blew a 2.8. I didn't even remember getting behind the wheel of a car,'" Duval said.

Duval was fined $3,000 for DWI, with his license taken away, and got thrown in jail for three days. When he was released, his friend was waiting for him with a case of beer and an eight ball of coke. "I wasn't done yet," Duval said. After looking in the mirror, finally realizing himself, and wanting to get out of his dead-end situation, Duval was finally on his way to a sober life.

"All my life, I wanted to be someone other than myself. I finally figured out who I wanted to be - I want to be me," Duval said.

Going from an All-American in high school to an influential football and basketball coach, to alcoholic living in the street, Duval can now say that he is clean and sober. In 1982, Dan Duval walked out of the du - de center and said, "It's been nothing but positive things since then." He concluded his powerful story by stating his name, address and phone number. "If any of you people need me, you call me. You bet your ass I'll get back on the phone as possible." 

Right before the applause, Dan left the audience with one last thought: "The bottom line is, not everyone gets a second chance."
State of the Art

By Colleen Mitranо
Staff Writer

The Sacred Heart University's Art Department has re-designed its website to truly show-off Sacred Heart students and professors artistic talents. Established back in 1999 by Jack DeGraffenried and his wife Judith, the art department website consisted of illustrative artwork from Sacred Heart students and professors. Although the original site only included the national achievements Sacred Heart students received for their work. The new website will continue to showcase Sacred Heart students' artistic abilities, it will have many new aspects as well. The art department is currently gathering artwork and graphic design work from students who formerly attended Sacred Heart. This artwork will be added to the plethora of amazing art pieces already on the site.

The new website was designed by DeGraffenried and Mike Denysenko. Denysenko is a former student who is currently the MAC technician and an adjunct professor in the computer design basics department. “I want the artwork to carry the website,” stated DeGraffenried who decided to change the bold colors originally on the site's homepage with softer tones. These new images of artwork will be highlighted on the site to emphasize the work of the students.

“I want the art work to carry the website,” stated Jack DeGraffenried, Art Professor and the new website’s co-creator.

Along with the websites new layout design, the website will feature many new links. Previously, the website mainly featured the illustration section of the department. The new site will include all art department sections. There will also be a link that will include the full-time professors of the art department’s biographies and artwork. There could also be hyperlinks to the professor's personal art websites if they choose to allow the links to be available.

Another link that will be included is the community service. Through the community service program, Sacred Heart faculty and students worked with high school students on their artwork. This link will feature the artwork that was a result of the community service efforts.

Although the new website is still under construction DeGraffenried is hoping the site will be complete by the end of the semester. However, if you want to check out some outstanding artwork created by the Sacred Heart art students, just log onto www.artdesign.sacredheart.edu.

Breaking Down The Doors

By Katie Windall
Staff Writer

Two years ago 3 Doors Down graced the stage at a concert held in the Pitt Center. The gym was packed with fans waiting to hear the smash single that made the band a household name throughout the world. In 2000, “Kryptonite” hit the airwaves, and these unknown group became instant superstars. Every artist knows that making the right music at the right time is key to any successful career. The “supermen” of 3 Doors Down knew that they could put something together that would stand up to the success of their last album.

Brad Arnold, the lead singer, said, “I came home and didn’t listen to any music at all. I had to let my head stop spinning.” It seems that the only thing that is going to be spinning soon is their new album entitled “Away From The Sun” is due out November 12, and the first single from the new album is called “When I’m Gone.” It is already being played on the radio around the country.

Every artist knows that there is always the potential of hitting that slump with the sophomore album. The pressure was really laid on thick after “The Better Life” sold more than six million copies. Twelve tracks later they were finished and satisfied with the work they had completed.

The “supermen” of 3 Doors Down have also produced albums for Alice in Chains, Pearl Jam, and Blind Melon, produced the group’s album. The album includes a DVD of four music videos by the group.

Released in 1999, their first CD, “The Better Life” was a breakthrough success. The album produced four number-one singles and two world tours. Then they disappeared from the public eye.

In reality, they returned home to Escatawpa, Mississippi for a well-deserved break from the busy schedule of living their dream. Brad Arnold, the lead singer, said, “I came home and didn’t listen to any music at all. I had to let my head stop spinning.”

The members of the band weren’t worried about being sucked into that slump. They added a new drummer, Daniel Adair hailing from Vancouver.

The four rented a house and decided to spend their days jamming away until they had enough material to put out a new album.
Students Idle at “American Idol 2” Auditions

By Julie Fuhrman
Staff Writer

This year’s big hit “American Idol” has inspired many talented singers to reach for their dreams. Three Sacred Heart students, Jeff Aldana, Shannon Kinney and Jenny Graham knew that American Idol could possibly be the ticket to making their dreams of becoming singers true.

All three have been singing since they were very young. They decided to head to New York City for the auditions of “American Idol 2.” When they arrived their hopes and dreams came to a sudden halt. The audition information stated that interested candidates wanting to try out for American Idol 2 would have to be at a hotel on Wall Street at 8:00 a.m. on Thursday, October 24, 2002. Aldana, Kinney and Graham all wanted to get there early and arrived to the site around 5:30 a.m. However, when they got there they discovered they were not early enough.

“There were lines wrapped around so many of the streets that were set up where people had been staying for two or three days,” Kinney stated, a sophomore from Port Jefferson Station, Long Island.

All three waited in the long lines, despite the fact that there were over five thousand people waiting right along with them. Around 8:30 a.m. they were informed that 1,900 wristbands were handed out and that if you didn’t have one, you were to go home. “It was false advertisement because they never said anything about wristbands or that only a certain amount of people would get to audition,” said Aldana, a sophomore from Port Chester, NY.

While it may seem that waiting in the dark and cold was a waste of time, all three students did gain something from the experience. During their wait on line, they were very loud and bubbly for the cameras, and it didn’t go unnoticed.

They were offered free tickets to the Ricki Lake Show, and took up the offer and went to the show. While there, all three got to meet the creator of “American Idol 2.” Aldana did not let his opportunity slip by and sang to the creator. “He liked my singing a lot. He said he couldn’t help me get into the competition because it would not be fair, but he gave me incentive to try out for the next one,” Aldana commented.

All three have not given up hope of fulfilling their dreams. “When I win the next one, I’m gonna rub it in there faces,” Aldana commented. Expect to see Aldana, Kinney and Graham on “American Idol 3.”

“Sun” Bathing

By Melissa Munoz
Staff Writer

Ever have one of those days when you just need to get away from everyone and everything? You just got to get out of that rut of the same night-life every weekend? Then, you realize school responsibilities put a damper on your plans to go away and visit some old friends, or maybe just going home. Well there is a place that you can go that is not too far away, providing you are 21 or older, that will surely be one of the best times of your life. Just off of I-95 is the nightlife hot spot that could be away it adds a little excitement to the otherwise over-the-top stereotype by John Turturro. As Sandler’s fish-out-of-water character, Longfellow Deeds’ played by Adam Sandler, hometown, a certain excitement arose as casting calls for extras went out across the state. That same kind of excitement marks Deeds’ life as he comes to find out that he has just inherited $40 billion dollars from a long-lost uncle. Hilarious antics ensue as Deeds is taken to New York and begins to acclimate himself with his newly affluent lifestyle.

This success continues in the equally humorous, though not necessarily Oscar-worthy “Mr. Deeds.” A remake of the 1936 Frank Capra film, “Mr. Deeds Goes to Town,” the film holds a special honor for Connecticut residents. It is one among a few that was filmed at least partially in the otherwise overlooked New England state. As film crews and celebrities descended upon the New Milford area to shoot the title character, Longfellow Deeds’ played by Adam Sandler, hometown, a certain excitement arose as casting calls for extras went out across the state. That same kind of excitement marks Deeds’ life as he comes to find out that he has just inherited $40 billion dollars from a long-lost uncle. Hilarious antics ensue as Deeds is taken to New York and begins to acclimate himself with his newly affluent lifestyle. Similar to Sandler’s fish-out-of-water character, Longfellow Deeds’ played by Adam Sandler, hometown, a certain excitement arose as casting calls for extras went out across the state.
Going the Distance: “Heart and Determination”

Sara Tasber breaks records but remains un-complacent.

By Jennifer Jensen

Sports Writer

One your mark, get set, go! Run, Throw, Jump! Ever take a moment to consider whether track and field is really a creditable sport. Not to say anyone is claiming it is not, but here’s the scoop. Lately, you might have seen many track and field articles in the “Spectrum.” Granted that is true, but Sacred Heart University’s Track and Field is really coming together.

Running is a backbone for most sports that have their teams condition by running. Running is part of basically all sports. Now imagine just running and running and running. Today’s athlete of the week makes running look so easy.

"Last year our team came in seventh in the NEC’s. That was unexpected by pre-season polls but we did it. We, as a team are improving and I really believe we will be capable to finish somewhere in the top five at the NEC’s this year. We will take what we learn during the indoor season and apply it to our outdoor season that we are now in, and go into the outdoor season headstrong,” junior, Sara Tasber (Henrietta, NY) commented.

"This year we have three new assistant coaches plus our returning two coaches. Each event on track and field now has a specific coach to set goals and really focus on that event and the athletes competing in that event. This shows that our program is taking a step up and is ready to show what we have to reach our potential," added Sara. She is a member of both Women’s cross-country and Track and Field.

Sara has broken many of the school records in Track and Field. The ones she has broken can be found on her sophomore and freshman year. She holds the school best for the 400m indoor and outdoors, 500m indoor, 600m indoor and outdoor. Her list of broken records continues on with the Individual relay records (baton carry) 400m indoor and outdoor, 200m outdoor, 800m outdoors and 1200m indoor. Think the list stops there? Nope. For relay records Sara has broken the 4x200m indoor, 4x400m indoor and outdoors, 4x800m indoor and outdoors, Sprint Medley Relay indoor and outdoor and last but not least Distance Medley Relay indoor and outdoor.

She is determined and willing to do what is necessary to excel at all she does. Sarah is a track and field athlete but utilizes her position on the cross-country team to condition and practice for the track and field season. Her goal for this year without being modest ‘is to go all the way and take first place at the NEC’s,” Tasber commented.

Sara credits her elementary school teacher for sparking her interest in running. Her teacher hinted to her parents that she saw something special in Sara’s ability to run. She also gave Sara’s parents a permission on running events that were local in her town.

Sara wound up in front of all the races, but is very modest about that. She really was interested in running so she continued to compete in all the events that her parents and teacher could locate.

Sara is now a junior here at Sacred Heart and is very confident in her running abilities, but most of all the confidence she has in her team. For some of the cross-country girls that Sara trains with, the sport has brought them closer together. Sara joined forces with fellow teammates and become a tight knit group of girls that know their friendships will last even after their college career has ended.

Junior, Erin Roche (Rockland County), Suzanne Neglia (Andover, NJ), Katie Wrinkle (Medford NY) and Sara Tasber (Henrietta, NY) are just a few who live in an eight-person apartment they obtained through campus housing together. They have proven that although these girls spend hours on the track they can still live together 24/7.

As members on the team the girls along with fellow teammates have planned “team bonding” events to bring a positive attitude to the team and break all the initial introductions when a freshman or transfer student joins to a team college level for the first time.

Team bonding consists of pint night where teammates bring ice cream and condiments for an ice cream social gathering. Another idea is a pasta night where the girls come together for team bonding over an Italian specialty meal.

The team also manages to stay very connected through the sometimes long hours coach meetings these meetings are a way to create a communal atmosphere and remain informed on how each individual on the team is doing, as well as the team as a whole.

Sara is a solid, strong athlete here on Sacred Heart’s Track and Cross-Country Team. She has taken the sport of running and never questioned her ability to excel at it. For Sara, she will keep running and never look back on the choice she has made to become a runner.

Pioneers up Season Record to 4-3

The Pioneers Defense battered CCSU to lead SHU to a 17-3 victory.

By Katie Atkins

Sports Writer

On a crisp autumn Saturday afternoon in the midst of Sacred Heart’s Family Weekend activities, the SHU Pioneers football team took advantage of six Central Connecticut turnovers to beat the Blue Devils 17-3. The turning point in the game came midway through the third quarter when Sacred Heart senior free safety Blake Neri (Dover, NH) returned a fumble 70 yards after a blocked field goal kick for a touchdown.

“It was a hard-fought game. It was a win and this point we’ll take them as we get them,” senior linebacker Craig Capurso (Bristol, CT).

Joe Maffiairy’s (Somerville, NJ) recovery on freshman running back Ed Prioccolo’s (Johnston, RI) fumble at the Sacred Heart 25 followed by a 41-yard field goal by freshman Derek Pearson (West Caldwell, NJ) put Central Connecticut on the board first.

Just before the half, the Pioneers took a 7-3 lead when junior quarterback Joe Kroells (Burbank, CA) hit senior wide receiver Doug Geoffrey (White Plains, NY) on a 24-yard pass on the first play after the turnover. Two plays later, senior running back/wide receiver Eric Hernandez (White Plains, NY) ran 14 yards for SHU’s lone offensive touchdown on the day. The score was set up when senior defensive lineman Odain Mitchell (Bridgeport, CT) intercepted a pass by Central’s Scott Dolch (Finksburg, MD) on the Blue Devils 43 and ran it to the 38. The ball was tipped into Mitchell’s hands by junior defensive tackle Mike Burbidge (Randolph, NJ).

On the next Central possession, Dolch was once again picked off, this time by junior transfer Briton Krell (Franklin, MA), who ran it to the CCSU 25. When SHU couldn’t get anything going offensively, they settled for a 39-yard field goal by senior kicker Tim Redican (Meriden, CT), which upped their lead to 10-3. Redican only needs two more field goals to become the Northeast Conference all-time career leader in that category. Redican also moved up to fourth place all-time in the Northeast Conference for scoring following Saturday’s showing which added another five points to his career total.

Just before the half, CCSU had a chance to even the score when Chris Blackshear (Fort Pierce, FL) intercepted a Kroells’ pass and returned it 41 yards to the Sacred Heart 24. Blue Devil Nick Dresko (Southington, CT) ran a reverse on the following play play to get CCSU to the Sacred Heart 13. On the next play, Central Connecticut quarterback Dolch was sacked by Mike Burbidge for a loss of eight yards. Two more attempts at the end zone by Dolch fell incomplete and the Blue Devils failed to score before the end of the first l.t.

“Our defense really stepped it up today, one time in the second quarter we had three sacks and another for a safety,” senior linebacker Mike Kroells (Arlington, VA).

With 7:44 left in the 3rd quarter, the Pioneers took a 10-3 lead when junior linebacker Joe Kroells (Burbank, CA) hit senior wide receiver Doug Geoffrey (White Plains, NY) on a 24-yard pass on the first play after the turnover. Two plays later, senior running back/wide receiver Eric Hernandez (White Plains, NY) ran 14 yards for SHU’s lone offensive touchdown on the day. The score was set up when senior defensive lineman Odain Mitchell (Bridgeport, CT) intercepted a pass by Central’s Scott Dolch (Finksburg, MD) on the Blue Devils 43 and ran it to the 38. The ball was tipped into Mitchell’s hands by junior defensive tackle Mike Burbidge (Randolph, NJ).

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“Our defense really stepped it up today, one time in the second quarter we had three sacks and another for a safety,” senior linebacker Mike Kroells (Arlington, VA).
Positive Attitude

Continued from Page 12

discipline we learn at wrestling carries over to the classroom," Cucolo commented.

Entering this season, Andy Seras, new head coach here at SHU has replaced Brian Reardon former head coach. Seras is replacing Brian Reardon, after he stepped down from three seasons of coaching here at SHU. Seras, is a former Olympian on the United States Olympic Team for wrestling as a full-time athlete. Seras has many more on his resume as a wrestling athlete.

Also joining the force is Pat Popolizio as a new assistant coach. "This team is already solid. Our coaching staff is aiming to make this team a top-notch program. "I have learned so much from the upperclassmen already in the past three weeks that I have been here," freshman, Carl Higbie (Greenwich, CT) stated.

Captain Anthony Reynolds along with the whole wrestling team truly hopes that spectators will come and cheer them on in support of all the expectations that they will know come to fruition. "Sometimes people might underestimate what we do. We support so many other teams and know the hard work and dedication that they put in. We are always at other games and matches supporting their teams. We might be individual athletes on a team competing in separate events, but we are a team as a whole, always there for one another," Reynolds and freshman Kyle McCarthy (Duxbury, Mass.) both agreed on.

Students React to Close Series

Continued from Page 12

where the Giants had a three games to two World Series lead. Led by first baseman Scott Spezio's three-run homerun in the bottom of the seventh, the Angels were able to come back against the Giants to eventually tie the World Series at three games apiece.

A solo homerun by Darin Erstad off of Felix Rodriguez, and a double by Glaus off of star closer Robb Nen in the bottom of the eighth put the Angels ahead to stay as closer Percival came in for the ninth inning and nailed down his second save of the World Series.

"It was nice to see a World Series without the damn Yankees," said senior Jon Wojcic (Clark, NJ). Sophomore John Cologna (Bridgeport) disagreed, saying that he, "wished the Yankees were in it, but at least it was exciting, because it was a close Series." "I like the underdogs," said senior Ricky Roman, (Bronx, NY) "the Patriots and Angels."

"It was nice to see a World Series without the damn Yankees," senior Jon Wojcic

In the losing effort, Giants left fielder Barry Bonds had this to say. "You want the results to be different," Bonds said. "They outplayed us, they deserve it. They beat us. They're world champions." His manager Dusty Baker added this, "The turning point was basically when they came back last night.

A popular subject of discussion throughout the postseason has been the Angels' rally monkey, who pops up in the latter innings of any home baseball game the Angels are losing. The Angels player's sentiments are summed up by this, "We love the monkey because of what it does for us. It's a good-luck charm," Lackey said. "But it's good not to see him because that means we're winning."

As the Angels celebrated their first ever World Series Championship, they new the late, original owner of the franchise, Gene Autry, "the singing cowboy" was looking down at them. They also new there were a lot of other people who were celebrating with them. "These fans have been waiting a long, long time for this," MVP Troy Glaus said. "And I know we're all happy to be part of the team to bring it to them."

As the Angels celebrate their title, the Giants now face off-season where they must decide if they can and want to resign manager Dusty Baker and star second baseman Jeff Kent.

SPORTS SCHEDULE

Friday, Nov 1
Men's Soccer vs CCSU

Women's Soccer vs LIU

Women's Volleyball at Colgate

Women's Ice Hockey vs F. Dickinson

Saturday, Nov 2

Football vs Wagner

Men's Bowling at Marist Inv.

Men's Cross Country at NEC Champ.

Women's Fencing at Smith Inv.

Men's Fencing at Smith Opener

Women's Cross Country at NEC Champ.

Sunday, Nov 3

Men's Bowling at Marist Inv.

Men's Equestrian at Molloy Inv.

Women's Volleyball vs Wagner

Women's Soccer vs Wagner

Men's Ice Hockey at Canisius

New Britain, CT 3:00 PM
Fairfield, CT 3:00 PM
Fairfield, CT 7:00 PM
Hamilton, NY 7:00 PM
Fairfield, CT 12:30 PM Listen
New Britain, CT TBA
New Britain, CT TBA
Holyoke, MA All Day
New Britain, CT TBA
New Britain, CT TBA
Rockville Centre, NY
Fairfield, CT 1:00 PM
Fairfield, CT 1:00 PM
Buffalo, NY 3:00 PM

WOMEN'S SWIMMING

By Kyle St. George

Sports Editor

The Shu women's swim team kicked off their 2002-2003 season this past weekend in a quad meet versus the St. Francis College Red Flashes, the St. Peters College Peacocks and the Wagner College Seahawks. The Pioneers upended St. Peters 102-85 and lost their only meet of the day against Wagner 115-59.

Leading the Pioneers were Junior Christine DePierro (Cromwell, CT) and Seniors Carrie Crum (West Springfield, MA) and Lauren Testa. DePierro placed second in the 100M Freestyle and Smith placed second in the 200IM.

The Shu women's swim team lacked off them 2002-2003 season this past weekend! in .i ijii.ul

SPORTS SCHEDULE

WOR Ly 7. George

Sports Editor

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Anaheim wins heavenly World Series

Angels surprise nation with first World Series win in team history.

By Craig Joly
Sports Writer

On Sunday, October 27, 2002 the Anaheim Angels won their first World Series Championship in 42-year history. They were led by World Series Most Valuable Player Troy Glaus, who was actually reluctant to accept the award. "It's a great honor, obviously," Glaus said after his Angels had dropped the San Francisco Giants 4-1 to win Game 7. "But we play for the big trophy with the pennants on it, not for individual awards. No one on this team has gotten us to this point, or carried us through this point. It's been a team effort all the way through... 25 guys."

How did the Angels get to the promised land? They did so by defeating the San Francisco Giants four games to three, including a 4-1 Game Seven victory. In this game, the Angels were led by pitchers John Lackey, who became the second rookie in history to win Game Seven of a World Series, as well as fellow rookies Brendan Donnelly, Francisco Rodríguez, and veteran closer Troy Percival, who described the championship as "Unbelievable for us, for our fans." Percival also said, "This team has worked as hard as any team ever. We deserve it." Garret Anderson also played a large role in the Game Seven, driving in three runs with a double in the bottom of the third inning.

The Angels could be considered lucky to have even reached Game Seven, because they trailed by five runs in the bottom of the seventh inning in Game Six.

The Angels celebrating their World Series victory over the Giants.

By Jennifer Jensen
Sports Writer

Picture the stands filled with wild and crazy cheering fans. Imagine the stands packed with red and white parapluemdia pertaining to SHU. Now imagine a determined team warming up on the mats. Take a step those concepts and you have just described what Sacred Heart University's wrestling program has been through.

Sacred Heart University's wrestling program poses prior to a practice.

Behind the guidance of former Olympian Andrew Seras, SHU wrestling program aims for the top.

Sacred Heart University's wrestling program began its season on October 14th, 2002. This year's captains, seniors, Anthony Reynolds, (Berlin, CT) and Jason Cucolo (Middletown, CT) are heading into this season with a strong freshman force behind them and new coaching staff members in front of them.

"We have taken a step up from the year before going into this year's season," Jason Cucolo commented. Last year, the season ended with the team being content on having two national qualifiers, Cucolo and Reynolds, and with junior, Rob Belville (Chargin Falls, OH) placing 4th, but this year their goal is to have as many qualify as they can.

The Qualifications for the conference are summed up as followed; the top two will attend the conference from each weight class. There are also seven wild cards that go to the athletes who the coaches feel should be at the nationals, but did not make it to the top two. These men are also dedicated, hard working individuals but unfortunately were not able at that time to make it to the top two spots in their weight class for qualifying.

The team's captains are very proud of the team as a whole. They are welcoming the new coaching staff members and are taking on the freshman athletes under their guidance along with help from the alumnus on the team.

"This year is our fifth year as a sport here at SHU but our fourth year participating at a Division I Level. We are really taking the extra steps to make this program grow. In order to get the money and recognition though, we need to beat some good schools. Until then, we are the low man on the totem pole," Reynolds commented.

The team has not only been recognized for taking a step up in the area of wrestling, but also taking a step up in the area of excelling in academics. Sacred Heart is nationally known in the area of maintaining an excellent academic GPA. They were ranked number one in the nation. The team had the highest grade point average in the nation among Division I programs.

The 2002-2003 Sacred Heart wrestling program poses prior to a practice.

The National Wrestling Coaches Association (NWCA) announced that on May 15th 2002 that the men have a cumulative GPA of 3.4.

"Our status of a high GPA was obtained by going to class and doing the right thing," Reynolds said. Last year, the team was ranked number one in the nation while also maintaining a 3.4 GPA.

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Pioneer Schedule
Sacred Heart athletics prepare for a weekend leading to championships

Athlete of the Week
Sara Tasber goes the distance for Track and X-Country

Women's Swimming
Pioneer's have their aims set high

Inside Sports
SHU's defense snaps CCSU's four game winning streak

Football
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