Mock Accident Pronounces One “Dead”

By Lauren Testa
Staff Reporter

Last Wednesday at 2 PM in front of South and West Halls, the Student Government Executive Board performed a “Mock Accident” against drunk driving as part of Alcohol Awareness Week. Students gathered in front of the residence halls to witness, firsthand, the realities of drunk driving and the consequences that come with it. During the mock accident, Executive Board members were cast in roles that students and faculty are affected by the event.

Students watch the realistic scene at the Mock Accident.

The mock accident began with students acting out a scene from a “typical college party night” where students left a bar intoxicated and unable to drive. The students that were drinking then proceeded to get into the car, which was covered underneath tarps, and began to drive. The students were singing and laughing to the music that was playing in the car, a pre-recorded audio tape allowed the audience to hear some of them shout to the driver that up ahead was a red light. Ignoring his friends’ warning, the driver of the “drunk driving car” “crashed” into another car that was filled with more Sacred Heart Students who had just left a movie and who had not been drinking.

As the tarps were uncovered, revealing the aftermath of the “accident” to the audience, a girl, Amy Ricci VP of Council of Clubs and Organizations, laid motionless on top of the hood of one of the cars. Passengers of both cars were severely injured and could be seen in “pain” as they struggled to free themselves from the wreckage. Another car then pulled up, and Tom Pesce, VP of Council of Clubs and Organizations, laid motionless on top of the hood of one of the cars. Passengers of both cars were severely injured and could be seen in “pain” as they struggled to free themselves from the wreckage.

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Who Can Get AHEAD?

By Andrew Oshan
Staff Reporter

AHEAD classes are something everyone at Sacred Heart University knows about. These classes are hidden in the back of the registration booklets, so it becomes difficult for one to find and notice the listing. AHEAD, which stands for Adults in Higher Education working for Accelerated Degrees, offers a shorter semester of classes which covers the same amount of material.

According to the Undergraduate Catalog, “This special program provides working adults who have family and other responsibilities the unique opportunity to complete a degree in half the time.”

An AHEAD class is one that is offered over a seven-and-a-half week period. Each class meets once a week. Sounds good right? Well here is the catch; each class is about four-and-a-half hours long.

“They are still a great opportunity to catch up on lost credits,” says Chris Fote, a junior from Wethersfield, CT. These classes are long in class time but extremely short in weeks and as many students and faculty agree is a great way to catch up on credits.

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Spring break is just around the corner. Many students are making plans to live on the beaches of an exotic island, or spend time with family and friends. Sacred Heart University is offering alternative spring break trips. It is a chance for students, faculty and staff to have fun, travel, and help communities in need.

"We never grow unless you challenge ourselves" says the Director of Service Learning and Volunteer Programs, Phyllis Machledt. Alternative spring breaks are programs offered and encouraged by the university to participate in. It offers people to explore what is going on over seas, as well here" according to Machledt. This year's spring trips are planned to El Salvador, Haiti and North Carolina. Each trip has a main focus designed to enable students to become active participants in setting the thing they are putting into. Each program is arranged by different organizations at Sacred Heart University.

Winter Break 2002-2003

If students are willing to do a little work, there are many scholarships given by all kinds of groups such as ethnic groups, alumni groups, businesses and more. For instance, the American Society of Woman Accountants gives scholarships to women looking to get into the accounting field, and Police Corps, give scholarships to students who are criminal justice majors. The Financial Aid office explains that these scholarships given by outside sources are to benefit students who have a common interest as the source giving it. Students who were through high school and got a 4.0 all four years have no problem getting scholarships. However, students with a 3.0 in high school have a much harder time finding scholarship money unless they have done something to set them apart from others.

Most outside scholarships have specific eligibility criteria that can seem very odd. For instance, there are scholarships open to students with a certain GPA and a resident of a certain state, or for students that have high academic achievement and have goat farming experience. "The outside scholarships have been steadily increasing in importance," states Sylvie Hangen, Director of Student Financial Assistance Information Systems. "In the 1996-97 academic year, a total amount of $54,549 was awarded to students compared to the 2001-02 academic year where the total amount awarded as an outside scholarship was $531,710. This represents a 103% increase in a six year span," explains Hangen. The Financial Aid office advises and lists many available scholarships. Students are encouraged to go to the Financial Aid office for help finding a scholarship, but it is up to the student to apply for it. "We want to heighten the awareness of students that there are scholarships out there, if they are willing to do the work of finding out the information on them and applying for them," explains Marx. New scholarship information comes into the Financial Aid office every week or so. Around December the majority of information on scholarships for the next academic year comes in. Most of these outside scholarships are available to all undergraduate students and last for one academic year before having to be reapplied for. "Most of the information students need about the scholarships they can get on the web," says Marx. Fastweb.com is a large customized scholarship search website. They offer reliable tips on finding information on and applying for scholarships. "It's annoying because there's so many people who don't go to school due to financial problems, yet there is money out there," stated freshman, Kerin Felizam from Sayville, NY. "People should take advantage of the opportunities and if they don't they're missing out," said Anthony DeBari, a sophomore from Secaucus, NJ. "To get any more information, the employees in the financial aid office are always willing to help. The financial aid office is located on the first floor of Curtis Hall, or you can call Gail Marx at 371-7980.

News Briefs

Spring '03 Express Registration, Nov., 6-19

In order to participate, all undergraduate students are required to take their Registration Cards to Student Accounts for financial clearance on the day indicated on your card. Payment in full for all balances is due by November 1st, including student tuition account and parking tickets. Be sure to review with the responsible party which payment plan you will be signing when you fill out the Registration/Payment Option Form at Spring 2003 Registration.

Reminder for All Seniors

Your portrait is worth 1000 words and the 2003 Prologue Yearbook will not be complete without you! The second session as well as retakes begins November 11th. Log on to DaVor's 24-hour scheduling site, www.ouryear.com or call 1-800-OUR-YEAR during normal business hours. Sacred Heart's school id number is 328. Failure to be photographed will mean failure to appear in the section of the yearbook that formally presents the Class of 2003.

Dance Team Tryouts

There will be Dance Team tryouts for Basketball season 2003 on this Sunday, November 3rd at 11am in the Pitt Center Aerobics Room. Be sure to wear comfortable clothes and dance shoes/sneakers. You will learn a short dance and be asked to show various technical skills. To see what the Dance Team is all about, visit one of their practices, Sunday 4:30-6:30, Wednesday 7:30-9:30, and Friday 4:30-6:30. Tryouts are open to all students.

Wanted: Scholarship Applicants

By Patrick McMahon

There is money out there for students, but they are not taking advantage of it, according to Gail Marx, Assistant to the Dean of Student Financial Assistance. If students are willing to do a little work, there are many scholarships given by all kinds of groups such as ethnic groups, alumni groups, businesses and more. For instance, the American Society of Woman Accountants gives scholarships to women looking to get into the accounting field, and Police Corps, give scholarships to students who are criminal justice majors. The Financial Aid office explains that these scholarships given by outside sources are to benefit students who have a common interest as the source giving it. Students who were through high school and got a 4.0 all four years have no problem getting scholarships. However, students with a 3.0 in high school have a much harder time finding scholarship money unless they have done something to set them apart from others.

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Alternative Spring Breaks: A Life-Changing Experience

By Jill Tomasz

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Latino Heritage Month
Guest Speaker at SHU

By Michael Burns
Staff Reporter

As Latino Heritage Month comes to an end, Sacred Heart University was visited last Thursday by guest speaker Dr. Richard A. Nuccio, who spoke on the challenges of Latinos in American society. Nuccio is the Director of the Pell Center for International Relations and Public Policy at Salve Regina University in Newport, Rhode Island. Dr. Nuccio served in many senior foreign policy positions in the United States Government, including time with the Clinton Administration of the 90's.

Dr. Nuccio came to SHU expressing his concern of the discriminatory nature that Latino-Americans are treated with within the United States. He spoke of a redistricting decision that takes place here in America and gave specific examples from the state of Rhode Island. He told the intimate crowd of how about a decade ago Rhode Island had to redistrict its political planks and limit their State Legislature, which would force incumbents to run against one another.

Nuccio showed his disapproval about the fact that the redistricting pitted the few minority legislatures that R.I. had against each other. “What’s going on in Rhode Island does mirror what is going on in the United States,” said Nuccio. “Rhode Island is a just a microcosm or a laboratory for this behavior because it is so tiny and insular that we can see this sort of activity,” he added. Junior CJ Pinkney, from Ringwood, New Jersey was on hand for the lecture and added his feelings on Nuccio’s talk. “It’s really sad to see this type of discrimination in the world today. [Nuccio] shed a lot of light on what needs to be taken into consideration within the U.S. government. Dr. Nuccio gave some examples of the things that need to be taken into consideration, that he also raises within his classroom sessions at Salve Regina.

Nuccio inquired, “If the United States will inevitably attract more immigrants, which should the government favor in foreign policies?” He also asked the question, “Are there alternatives to immigration?” and if so, how much would the United States be willing to spend on foreign assistance? Though the questions he proposed were rhetorical in nature, he urged the group to think about them in retrospect even after he left.

Dr. Nuccio wrapped up his talk with the Sacred Heart community with this statement, “There are no right or wrong answers to these questions, however I do feel that as a nation of immigrants ourselves, Americans need to think more responsibly about the answers than in the past.”

Student Government Performs Mock Accident

Continued from page 1

Student Government President, called 911, and a fire truck, police cars and a hearse pulled up to the scene of the crime.

The firemen proceeded to take the Jaws of Life and cut open one of the cars to get the injured person out of the back. Fr. Gustavo Falla, a priest at Sacred Heart gave Amy Ricci, Student Government President, another close friend. J.P. died in an accident when he was driving drunk coming out of a nightclub as Jessica was. Losing anyone is a tough experience, especially when someone close to you. My friend J.P. really helped me get through the death of a close friend, yet two months later he did the unimaginable, and crashed his car drunk.

Aggie Koc, a freshman from Brooklyn NY said, “The Mock Accident was the case regarding the Mock Accident. “As a leader there is no greater feeling than knowing that you may have effected someone’s life in a positive way,” added Pesce. Larry Wiel, Dean of Students, said, “As always Student Government did an outstanding job preparing for it. I also feel that it was a great idea to have Tom open from Quinnipiac speak.”

When approached, Student Government President, Thomas Pesce was overwhelmed by the student response about the mock accident. “I think that if student government can make one person think about driving drunk, we not only improved other people’s lives but possibly save someone’s life.”

“And as a leader there is no greater feeling than knowing that you may have effected someone’s life in a positive way,” added Pesce. Larry Wiel, Dean of Students, said, “As always Student Government did an outstanding job in providing a dramatic visualization of the consequences of destruction decisions. If each event held during Alcohol Awareness Week can become a life changing event for one person than we have succeeded. I would hope that this was the case regarding the Mock Accident.”
Terror vs. Terrorism

I doubt many of you saw the Wall Street Journal this past weekend, but there was a particular comic that caught my attention as I flipped through the pages recounting the War raging on, the sniper being caught, and the hundreds killed in the Chechen hostage situation over this past weekend. There, in the middle of the page, like a shoe ad for MACY's was a sketch that really struck something in me.

There was a family, having what looked like a nice afternoon in their backyard; Dad was grilling, Mom was sunning herself on a lounge chair, and their 2.5 kids were playing a nice game of catch in the front yard along side them. There were sporadic trees placed about, and the house, a one-story ranch, was nicely drawn as well. Looked kind of like the "All American" type family. Makes you feel all warm and cozy all over huh?

Then there was the title of the comic, which was chillingly scribbled at the bottom reading "Terror vs. Terrorism." I left that out until now, along with the other images that were drawn in around the house. There, while the family seemed to be enjoying their nice afternoon out side, were the guard dogs, tied top posts in front of the sand bags that lined the yard. The conversation bubbles that said, "Bark!" led your eyes up to the sniper hidden in a watch tower in the front corner of the yard. There were floodlights posted every few feet, and the entire property line was shrouded with 6 ft. stockade chain link fences with barbed wire, and stone walls, to give the look of almost a prison like environment.

In elementary school, one of my clearest memories was being filed into the hallway and huddling against the wall, face first with a boy standing over us, covering us. It was a bomb drill. I remember thinking then, "Why are we learning this? We are never going to need to know this." I now find myself wondering if my brother and sister have learned that, because they should know it.

Brutal honestly...I hate the fact that I am so scared that something could happen to my family, my loved ones, and my friends. I hate that I was terrified this past week and hardly slept because father was flying back and forth to London. I hate that there are armed guards on the George Washington Bridge and every day there is some other person who has blown themselves and innocent people up.

I remember sitting there in my kitchen with my coffee, looking around wondering if that was the way my kids would have to live one day. Jesus, we don't even have an alarm system at my house, the kids stand at the bus stop every morning playing tag. Flashes of the sniper that was just caught flooded my mind. If our siblings aren't even safe in school anymore, will our homes be next?

Samantha DeVita
Editor-in-Chief

Brutal honestly...I hate the fact that I am so scared that something could happen to my family, my loved ones, and my friends...I hate that there are armed guards on the George Washington Bridge and every day there is some other person who has blown themselves and innocent people up.

The SHU Voices

What was your craziest Halloween costume?

Mary Beth Morrissey
Cape Cod, MA Junior

Rob Russo
Staten Island, NY Senior

Pat Sullivan
Groton, CT Junior

"Gene Simmons, the lead singer from KISS."

"Frodo Baggins, because we look like brothers."

"I was one of the Olsen twins with my roommate."

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Letters/Op-Ed

SHU Policy Should Be Marked Absent

Upon entering college, most students are under the impression that they will be given an extensive amount of freedom to allow them to develop into mature and responsible adults. Being a commuter student, I still live with my parents. Although I must respect their house rules, they hold me accountable for my own academic success. Unlike when I was attending high school, they no longer ask me if my homework has been completed, and they certainly don’t know if, and when, I miss a class unexpectedly. Therefore, I really do not understand why an absence policy is necessary for students at Sacred Heart University.

Attending SHU is a choice, not mandatory. I personally believe that each student should be graded upon their knowledge of topics and information given on examinations, papers, and projects given throughout each given semester. I certainly am aware of the benefits of attending a small school, such as SHU. Personal attention from educators is a very nice advantage to the alternative of becoming a social security number at a larger university or college. Yet, I feel that it is unfair to penalize students from successful grades due to the fact that they have missed a certain number of classes. If I do not attend a class, whether it is due to an illness or personal business, I must attend to, I always make sure I obtain all the notes and information given in that particular class to ensure that I am fully prepared for any upcoming work assigned. Last week, prior to the mid-term posting of all grades, I was outraged because a professor of mine told me my class that he had factored all of our assignments, projects and papers into his calculations of our mid-term grade, but he had not yet had the opportunity to factor in my individual absences.

So I am to understand that my A- could potentially be lowered because I missed the class twice since the beginning of the fall semester? I feel that this rule is babying the young adults that attend this university. Growing up and joining "the real world" should not mean having our hands held by the faculty of SHU. Had I chosen to attend UCONN, I would be 100 percent in control of my own academic success. I feel that the students at this university deserve the same respect in our process of maturation into adulthood. Employers are not going to roam around checking cubicles to make sure that each employee has arrived to work that day. You are either there, or not. If you choose to skip work, you are likely to be fired and truly hold your own accountable for your own actions.

Class participation should only factor into a student’s final grade if they are struggling in a given course, or on the borderline of a grade margin. A student who is dedicated to attending class and answering pertinent questions about the material should be assisted in this area if he or she has trouble understanding or expressing ideas through writing. A professor can, undoubtedly, point out a student who is performing below their potential on examinations, but seems to have mastered the material through class discussion.

Although the advantage of personally knowing professors and interacting with them in a small setting will allow this fact to occur, I still stand firmly on my grounds that attendance should not apply to those who are able to master the assignments given in class. I feel that it is a waste of class time to sit through an attendance roster. It is very elementary to degrade a student’s age by marking them present to class on a daily basis. Besides, each professor at this university seems to have a different opinion or rule regarding his or her own policies. Some are not really concerned with the actual policy that the school would like them to partake in, and some feel that more than two absences can result in failure from the class. It truly differs in each class and department.

This fact is very frustrating and unfair to students. With the assistance of my parents, I am paying a great deal of money to attend SHU. I work twenty hours a week, besides being a full-time student, in order to make ends meet and attend SHU. I would appreciate if SHU would recognize that I am aware of the importance of being a dedicated student, present in my classes. I am entitled to make my own decisions regarding attendance. I wish to succeed, just as the other students do, otherwise, why would I be here?

Amy Toohy, Senior, Staff Writer

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Senate connects with A.V.P. of Technology

In their second administrative forum this year the Student Government Senate met with Assistant Vice President of Technology Michael Trimble and his staff this past week. This forum focused on the current situations and the future of technology here at SHU. Some of the issues discussed were the inconsistencies of wireless Internet at some residential halls and the new cable services Sacred Heart has provided students with this year. As to the wireless Internet in residential halls, Parking seems to be the only major area of concern at the current moment. The problem the technology department is experiencing, according to Michael Trimble, is that the signals are having a hard time passing through the solid walls. Right now there are Wireless Access Points (Wireless Satellites) and to fix this problem five more will be going up. Also, the router is crashing and need to be replaced by SNET, the company that provides the wireless Internet connection. The technology department is working constantly with SNET to resolve the problems and hopefully wireless Internet will be up and running again by November. For now students should be patient and use their notebook accounts and if they do not have one they can have one set up for them.

Senate would like students to be aware that they do not deserve the same respect in the technology department installing the wireless Internet connection at Park Ridge and Taft. Last year, when Senators asked Mike Trimble to have wireless Internet installed in the two off campus residential dorms, they were told that it was impossible because the funding was not there. Over the summer the department figured out a way to reallocate there budget and installed the wireless connection. Another issue discussed was the cable situation for on campus housing. The new system installed this summer has given students more channels and better reception then ever before. The cable bill is now included into tuition and students do not have to pay any extra money for the cable services, as was in previous years. Overall, the new cable services should be an improvement and positive, except that students are complaining that they do not have HBO. Because of it’s popularity, HBO has become extremely expensive. To receive HBO students will have to give up possibly 1/4 of their other current channels. Students will have to possibly give up other current movie channels and popular channels all for HBO. The technology department is considering establishing a point system for next semester so students will have more choices in choosing channels, although this is still in the conceptual stage. It is possible but uncertain if HBO can be incorporated into the package next semester or next year but the decision will ultimately be the students choice on which they would like to give up.

Senate would like to thank the technology department for their devotion and hard work in helping students with their technological concerns. Future concerns or questions should be addressed to Senators by e-mailing your inquires to Student Senate@Sacredheart.edu or stop by our meetings which are on Wednesdays at 8:00 in HC 203.
Chris Vachon, a nineteen-year-old junior here at Sacred Heart University, majoring in Biology and is part of the Pre-med program, as well as the Honors Program. This summer he became involved with Kil Climb for a Cure 2002 (KICC 2002). KICC 2002 was a fund-raising program for hikers, trekkers, climbers, and concerned volunteers to benefit the Myositis Association of America. The purpose of KICC 2002 is to honor the individuals whose lives have been altered by myositis, to raise money for research, and to bring increased awareness of a disease that affects an underestimated 30,000 children and adults in the United States alone by climbing the 19,340 foot Mt. Kilimanjaro in Tanzania.

Myositis is a type of inflammatory myopathy, which causes muscle weakness. This debilitating disease is caused by inflammation and degeneration of the skeletal muscle fibers. Men and women of any age can contract the disease and there is still no known cure. For many years, individuals with inflammatory myopathies and the medical community that works with them have depended on the Myositis Association of America for support and resources, patient advocacy, and more recently, promotion of research into the causes and treatments of the disease.

Each climber participated in honor of someone who has a form of myositis. Climbing Mt. Kilimanjaro was a celebration of the human spirit, the gift of physical ability, and mental determination. Summiting Mt. Kilimanjaro is a visible tribute to the courage of myositis patients everywhere and endorses awareness of the need for continued research to find a cure for the disease. At times the search for a cure seems like an uphill battle, but both the mountain and myositis will be conquered, one step at a time.

Once Vachon found the group he immediately volunteered in the fund-raising. Between the group, $70,000 was raised. Through Vachon's valuable experience he has evidently said that: "We call can help people through fund raising. I did something that I enjoyed and at the same time I helped a lot of people in need." Vachon shares that, "Anyone can do this, it is not hard at all. You just need to have the will and desire for it." Mt. Kilimanjaro is the tallest mountain in Africa. It belongs to a collection of mountains called the Seven Summits. The Seven Summits are the tallest mountains on each continent.

"I want to be the youngest ever to climb the seven summits," Vachon explained. Fortunately for Vachon, Mt. Kilimanjaro wasn't the first of his Seven. Vachon already tackled Mt. Aconcagua (22,841 feet) in Argentina during his senior year of high school. The record for the youngest person to climb the Seven Summits is 22 years 9 days. This feat was finished by the Japanese record holder this past May. Vachon is hoping to travel to Europe's Mt. Elbrus this coming July. "Mt. Aconcagua in Argentina, is harder than Mt. Kilimanjaro. Mt. Everest will be the hardest," Vachon believes. "I probably won't climb Everest for another two years, but I do want to complete all seven mountains by my 21st birthday." Vachon is looking for sponsors that will fund his climbs in exchange for publicity among other things. Vachon will then continue to raise money for the Myositis Association of America through the remaining five climbs. He is looking forward to his climbs in Europe, Asia, Antarctica, Alaska, and Indonesia.

Vachon has a wants to go to medical school to obtain an M.D. and a Ph.D in Physiology. Vachon would like to specialize in high altitude research. He conducted a research project on Mount Kilimanjaro for Sacred Heart. During his project, Vachon studied human subjects to determine what effect altitude would have on people as they travel to higher altitudes. He is still working on the analysis of his data. The project should be completed by the spring semester. Vachon hopes to get his work published in the near future and to conduct a similar project this coming summer.

For more information on Vachon's Climbs, visit his website at www.shootingsevens.com to see breath-taking photographs, and read more about where he is looking to climb in the future.

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**Livin' La Noche Tropical**

By Casey Reynolds  
Staff Reporter

How does dancing the night away to a great band with good friends and food sound? If you are a member of the oldest student run club on campus you would have been planning this event for the past couple of months.

La Hispanidad has been working diligently putting togeth-er "Noche Tropical," their dinner dance to be held November 2 in the Mahogany Room. This is a time where people from surrounding schools have a chance to get together with SHU students and enjoy a night of celebration by celebrating the comple­tion of Latino Heritage Month.

"This dance is a way to meet people from other schools and to network with them. A celebration of the end of the month," President of the club, Naiara Azpíri who is from Basque Country, Spain, states.

Tickets can be purchased from any member of La Hispanidad or in the International office. The ticket prices are $6 for SHU students, $8 for non-SHU, and $10 at the door.

This is not the only event that La Hispanidad is involved in, they have also co-spon­sored every event this past month that has coincided with Latino Heritage month.

Some events they sponsor are Salsa lessons at Tafí, to Shades of Poetry at the Acoustic Café. They are also planning a trip to Spanish Harlem November 10 to visit the Dela Vega art shop. La Hispanidad is also very involved in the community. Last year they volunteered time at an elderly home and are planning to raise money for El Salvador. Some of the fund-raising they have done in past is fan sales, along with cooking traditional dishes from their respective countries.

The success of La Hispanidad is contributed to its president, its executive board, and dedicated members.

"We not only spread Latino culture around campus but we teach each other and we have fun doing it," said Azpíri.

Lourdes Negron, sophomore, Bridgeport, CT, mem­ber of La Hispanidad, "This club is really enjoyable. It is a different group of people who work together, united.

"It is a way to spread the culture of Latin pop and dance to everyone," added Fortin.

"It is a friendly inter­active group were you can meet people without feeling any preju­dice at all," according to Sue Pawlishen, a junior from South Hadley, MA, and co-president of the GSA. "You could call us the open minded group. Just like any other campus organization, the GSA is setting up events for the coming year. In addition to numerous social events they are sponsor­izing an upcoming play with the SHU Players and the Mr. & Mrs. North Hall Cross Dressing Pageant, co-sponsored by Greek Life and NRHH according to Fortin.

"I think this year we are really trying to do more activities for the students," said Pawlishen. "We are a club like any other activity, students should want to go and have fun." The co-presidents of the GSA believe that it is not only other activities that are keep­ing prospective members away.

"I would say a lot of students are kind of scared of the GSA because gay is the first word in the title of our club. I want people to know that the Gay/Straight Alliance is not everybody on campus, gay, lesbian, bisexual, and straight, it doesn't matter. We're open minded and except­ing of everyone on campus," said Fortin.

"We're not all about being angry and hurting people for what they think, it's just the opposite. People are afraid of us because of our title and that is one thing we are trying to change. We want to build a support group for everyone," said Pawlishen.

The co-presidents are looking for members so that the GSA can flourish and spread "their message of compassion for diversity to the entire cam­pus. The GSA meets every Wednesday in the faculty lounge at 9:00P.M., and all who are inter­ested are encouraged to attend. Pawlishen best sums up the main goal of the GSA by saying: "Our job as a club is to create and support a safe and healthy environment for all of the stu­dents here at Sacred Heart."
A Special Girl with a Special Gift

By Kristen Cooper
Staff Reporter

Talking with Katy Haigh is a very special experience. Katy, 26, who has autism, is in her sixth year at Sacred Heart University. Katy has autism, but she is one very special and talented girl. Katy is conquering her fears and disabilities, and achieving her goals and striving towards her dreams.

According to the Autism Society of America, "Autism is the result of a neurological disorder that affects the normal functioning of the brain that typically appears during the first 3 years of life."

When Katy, an only child, was born, her parents were told she was profoundly retarded, as well as possibly blind and deaf. At 22 months, Katy was declared autistic. She does have motor problems and developmental delays, but she has many accomplishments to her name. Katy has always been gifted in playing the piano and having the ability to play her song. She was invited by the captain of Hartford to play the piano on October 8, was the opening act for several people with handicaps. The event took place at the Legislative Office Building. Katy played five songs, which included show tunes such as "Memory," "The Rose," "Somewhere Over the Rainbow," and "When You Wish Upon a Star.

Katy Haigh, an autistic student at SHU, who excels in the piano and poetry.

Katy's mom says that Katy Haigh, an autistic student at SHU, has contributed photo

Dan Duval Sends Strong Message

By Kara Brady
Staff Reporter

Laughter, horrified gasps, and silence came from the audience Tuesday night, Oct. 22, as Dan Duval reached all corners of the SHU Theater with his strong voice. Back to Sacred Heart for his fifth year on tour, Duval shared the stories of his life, in which he battled with extensive drug use and alcoholism. "Storytelling is a voice, reality." Speaking to an almost filled room, Duval told stories not only about his life, but also about individuals we know. Telling one of his family's stories, Duval started crying. Duval's dad was a police officer, and the endless list of arrests, accidents, tragedies and drunk driving incidents didn't seem to have an end. Duval was having the time of his life, or so he thought then. He does not remember most of it. He would get caught, serve his punishment, and still amount to less than Duval. He was out of control, with no signs of slowing down. Not even the disappointment from family and friends made a mark on him.

Duval really made a point about family in his talk. He didn't notice his support during his years of problems, but once he cleaned himself up, Duval understood that family was one of the most important things in life. "As you become older, you will become the parent, and your parents will become the child," Duval said.

It took Duval years to finally realize how amazing his parents were, and got to a point where he could enjoy helping them out for a change.

"My sister needed a brother, her kids needed an uncle, and I needed drugs" Dan Duval

Duval recalled many problems shared on the accounts with the students. Some included getting kicked out of his parents' and Aunt's houses, and stealing cars and driving intoxicated, going drunk to the funeral of his nephew, attempting suicide, living on the street, and much more. One instance of drunk driving included getting kicked out of college, finding he had two sisters, his sixteen-year-old had Sudden Infant Death Syndrome that spring.

"I had a state trooper following me, shining his light on me. He said, 'Son, you're drunk.' I said, 'No shit, I bled a 2.8.' I didn't even remember getting behind the wheel of a car," Duval said.

Duval was fined $3,000 for DWI, had his license taken away, and got thrown in jail for three days. When he was released, his friend was waiting for him with a case of beer and an eight ball of coke. "I wasn't done yet," Duval said.

All of these stories helped to change his life, and made him realize what was important. "Drugs take away the four Fs: family, friends, freedom and feelings," said Duval. He says he lost all emotions, most important was his heart. He did everything because of drugs, even if it hurt his family and friends. In an attempt to break into his parents' house to steal his mother's medicine, Duval found his sister and two of her kids. Her nine-month-old had died from Sudden Infant Death Syndrome that morning.

"My sister needed a brother, her kids needed an uncle, and I needed drugs," Duval said. After looking in the mirror, finally seeing himself, and wanting to get out of his dead-end situation, Duval was finally on his way to a sober life. "All my life, I wanted to be someone other than myself. I finally figured out who I wanted to be - I want to be me," Duval said.

Going from an All-American football and basketball star, to an alcoholic living in the streets, Duval can now say that he is clean and sober. In 1982, Dan Duval walked out of the detox center and said, "It's been nothing but positive things since then.

He concluded his powerful speech by stating his name, address and phone number. "If any of you need people, you call me. You bet your ass I'll get back to you as soon as possible."

Right before the applause, Duval left the audience with one last thought: "The bottom line is, not every one gets a second chance."
State of the Art

By Colleen Mitrano
Staff Writer

The Sacred Heart University’s Art Department has re-designed its website to truly show-off Sacred Heart students and professors artistic talents. Established back in 1999 by Jack DeGraffenried and his wife Judith, the art department website consisted of illustrative artwork from Sacred Heart students and professors. Along with the artwork the original site also included the national achievements Sacred Heart students received for their work. Although the new website will continue to showcase Sacred Heart students’ artistic abilities, it will have many new aspects as well. The art department is currently gathering artwork and graphic design work from students who formerly attended Sacred Heart. This artwork will be added to the plethora of amazing art pieces already on the site.

The new website was designed by DeGraffenried and Mike Denysenko. Denysenko is a former student who is currently the MAC technician and an adjunct professor in the computer design basics department. “I want the artwork to carry the website,” stated DeGraffenried who decided to change the bold colors originally on the site’s homepage with softer tones. These new images of artwork will be highlighted on the site to emphasize the work of the students.

“I want the art work to carry the website,” stated Jack DeGraffenried, Art Professor and the new website’s co-creator.

Along with the website’s new layout design, the website will feature many new links. Previously, the website mainly featured the illustration section of the department. The new site will include all art department sections. There will also be a link that will include the full-time professors of the art department’s biographies and artwork. There could also be hyperlinks to the professor’s personal art websites if they choose to allow the links to be available.

Another link that will be included is community service. Through the community service program, Sacred Heart faculty and students worked with high school students on their artwork. This link will feature the artwork that was a result of the community service efforts. Although the new website is still under construction DeGraffenried is hoping the site will be complete by the end of the semester.

However, if you want to check out some outstanding artwork created by the Sacred Heart art students, just log onto www.artdesign.sacredheart.edu.

Breaking Down The Doors

By Katie Trindall
Staff Writer

Two years ago 3 Doors Down graced the stage at a concert held in the PItt Center. The gym was packed with fans waiting to hear the smash single that made the band a household name throughout the world. In 2000, “Kryptonite” hit the airwaves, and these unknown superstars became instant superstars. The gym was packed with fans waiting to hear the smash single that made the band a household name.

The members of the band knew that they could put something together that would stand up to the success of their last album. The “supermen” of 3 Doors Down decided to spend their days jamming away until they had enough material to put out a new album. Twelve tracks later they were finished and satisfied with the work they had completed.

Rick Parashar who has produced albums for Alice in Chains, Pearl Jam, and Blind Melon, produced the group’s album. The album includes a DVD of four music videos by the group.

3 Doors Down is very excited about the release of this new album. They put a lot of time and thought into all of the aspects of it. They believe that their music “has grown to a higher level.”

The boys are back and ready to take the world by storm for a second time. Fans can pre-order the album and look up touring information online at the band’s official website.
Students Idle at “American Idol 2” Auditions

By Julie Fuhrman
Staff Writer

This year’s big hit “American Idol” has inspired many talented singers to reach for their dreams. Three Sacred Heart students, Jeff Aldana, Shannon Kinney and Jenny Graham knew that American Idol could possibly be the ticket to making their dreams of becoming singers true.

All three have been singing since they were very young. They decided to head to New York City for the auditions of “American Idol 2.” When they arrived they discovered that their dreams were to come to a sudden halt.

The audition information stated that interested candidates wanting to try out for American Idol 2 would have to be at a hotel on Wall Street at 8:00 a.m. on Thursday, October 24, 2002. Aldana, Kinney and Graham all wanted to get there early and arrived to the site around 5:30 a.m. However, when they got there they discovered they were not early enough.

“Tents were set up where people had been staying for two or three days,” Kinney stated, a sophomore from Port Jefferson Station, Long Island.

All three waited in the long lines, despite the fact that there were over five thousand people waiting right along with them. Around 8:30 a.m. they were informed that 1,900 wristbands were handed out and that if you didn’t have one, you were to go home. “It was false advertisement because they never said anything about wristbands or that only a certain amount of people would get to audition,” said Aldana, a sophomore from Port Chester, NY.

While it may seem that waiting in the dark and cold was a waste of time, all three students did gain something from the experience. “During their wait on line, they were very loud and bubbly for the cameras, and it didn’t go unnoticed.”

They were offered free tickets to the Ricki Lake Show, and took up the offer and went to the show. While there, all three got to meet the creator of “American Idol 2.” Aldana did not let his opportunity slip by and sang to the creator. “He liked my singing a lot. He said he couldn’t help me get into the competition because it would not be fair. However, he gave me incentive to try out for the next one,” Aldana commented.

All three have not given up hope of fulfilling their dreams. “When I win the next one, I’m gonna rub it in there faces,” Aldana commented. Expect to see Aldana, Kinney and Graham on “American Idol 3.”

“Sun” Bathing

By Melissa Munoz
Staff Writer

Ever have one of those days when you just need to get away from everyone and everything? You just got to get out of that rut of the same night life every weekend? Then, you realize school responsibilities put a damper on your plans to go away and visit some old friends, or maybe just going home.

Well there is a place that you can go that is not too far away, providing you are 21 or older, that will surely be one of the best times of your life. Just off of I-95 is the nightlife that gives you all the perks of a fancy hotel atmosphere, without all the distance to Atlantic City or even Las Vegas.

Now with Mohegan Sun only about an hour and a half away it adds a little flavor on what to do on the weekends, rather than the same old bar scene that could be growing stale.

Senior Christina Navaretta from Syosset, NY, was very impressed with the casino. “I really liked Mohegan Sun because it is so new and exciting. The planetarium sky inside was beautiful. It’s convenient since it’s so close, and it attracts a really fun crowd.”

Although Mohegan Sun is known primarily for its casinos, it has a little something for everybody. If all little rest and relaxation is what you’re looking for, Mohegan Sun provides a spectacular spa to ease quick get away and we your ten’s.

If hit it big and want to treat yourself to something nice with your earnings, there is a mall type atmosphere in between the casinos and restaurants, which fulfill every shopping need.

“This place is exactly what I needed, although next time I’m going to make sure I bring more money because I just went through my wallet like it was nothing, but it is so worth it” says senior Kristen Idol from Brick, NJ. When hunger strikes, there are no worries because there is a variety of restaurants from Italian, to Chinese

had the time of our lives. Our room was amazing, spacious enough for four girls.

Then we decided to eat at an Italian restaurant and that was beyond amazing. I did some gambling, but nothing big. I stuck with the slots but some of my friends were able to win money at the blackjack table. It was just such a good time!” says senior Heather Marchand from Charlton MA.

Mohegan Sun is a great place to spend with your friends, especially for the seniors to just have one more year to pack with memories of your friends from Sacred Heart. Why not go all out and live it up one last time?

The Senior Class is sponsoring a trip to Mohegan Sun on Thursday, November 7. They will be selling tickets outside the cafeteria all week. The ticket price is $15 and includes bus fare, a T-shirt, $10

Good “Deeds”

By Patrick Scalisi
Contributing Writer

Adam Sandler is truly the man of the hour. With his new theatrical release “Punch-Drunk Love” the actor is finally receiving recognition as a serious com­edian; it has even earned some Oscar buzz. That being said, however, it is nice to know that Sandler holds steadfast to his goofy roots that found him success on both Saturday Night Live and in various films since the mid-90’s.

This success continues in the equally humorous, though not necessarily Oscar-worthy “Mr. Deeds.” A remake of the 1936 Frank Capra film, “Mr. Deeds Goes to Town;” the film holds a special honor for Connecticut residents. It is one among a list of few that was filmed at least partially in the otherwise overlooked New England state.

As film crews and celebrities descended upon the New Milford area to shoot the title character, Long Island Deeds played by Adam Sandler, hometown, a certain excitement arose as casting calls for extras went out around the state.

That same kind of excitement marks Deeds’ life as he comes to find out that he has just inherited $40 billion dollars from a long lost uncle. Hilarious antics ensue as Deeds is taken to New York and begins to acclimate himself with his newly affluent lifestyle.

Of course, where Sandler is concerned, such acclimation includes sliding down spiral staircases and singing with the maid and butlers, lacking performance, but she is nonetheless an adequate foil to Sandler’s fish-out-of-water.

A more worthy counterpart is Deeds’ personal butler, Emilio Lopez, played as an over-the-top stereotype by John Turturro. He is responsible for many of the best laughs in the film, and sometimes even upstages Sandler as the head jester. Although Turturro sneaks (no pun intended) walks in the background for an opportune moment to slip in some laughs.

Despite its sometimes-predictable storyline, “Mr. Deeds” is still good for a laugh or two. Although he seems to be breaking the mold now, Sandler’s Deeds is the template character that he’s played ever since his days as The Wedding Singer.

It appears as though he’s ready to grow into new roles, but not before getting one last tick in.

That final blow is “Mr. Deeds.” It is available for rental on October 22nd.
Going the Distance: “Heart and Determination”

Sara Tasber breaks records but remains un-complacent.

By Jennifer Jensen
Sports Writer

One your mark, get set, go! Run, Throw, Jump! Ever take a moment to consider whether track and field is really a creditable sport. Not to say anyone is claiming it is not, but here’s the scoop. Lately, you might have seen many track and field articles in the “Spectrum.” Granted that is true, but Sacred Heart University’s Track and Field is really coming together.

Running is a backbone for most sports that have their teams condition by running. Running is part of basically all sports. Now imagine just running and running and running. Today’s athlete of the week makes running look like a dream. Running is one of the most sports that have their teams in the top five at the NEC’s but we did it. We, as a team are proving just running and running. Today’s athlete of the week is Sara Tasber (Henrietta, NY) commented. “This year we have three new assistant coaches plus our returning two coaches. Each event on track and field now has a specific coach to set goals and really focus on that event and the athletes competing in that event. This shows that our program is taking a step up and is ready to show what we have to reach our potential,” added Sara. She is a member of both Women’s cross-country and Track and Field.

Sara has broken many of the school records in Track and Field. The ones she has broken have come from both her Sophomore and freshman year. She holds the school best for the 400m indoor and outdoors, 500m indoor, 600m indoor and outdoor. Her list of broken records continues on with the Individual relay records (baton carry) 400m indoor and outdoor, 200m outdoors, 800m outdoors and 1200m indoor. Think the list stops there? Nope. For relay records Sara has broken the 4x200m indoor, 4x400m indoor and outdoors, 4x800m indoor and outdoors, Sprint Medley Relay indoor and outdoor and last but not least Distance Medley Relay indoor and outdoor.

She is determined and willing to do what is necessary to excel at all she does. Sara is a track and field athlete but utilizes her position on the cross-country team to condition and practice for the track and field season. Her goal for this year without being modest “is to get all the team members to take first place at the NEC’s.”

Sara credits her elementary school teacher for sparking her interest in running. Her teacher hinted to her parents that she saw something special in Sara’s ability to run. She also gave Sara’s parents permission to sign her up for running events that were local in her town.

Sara wound up out of front in all the races, but is very modest about that. She really was interested in running so she continued to compete in all the events that her parents and teacher could locate.

Sara is now a junior here at Sacred Heart and is very confident in her running abilities, but most of all the confidence she has is in her team. For some of the cross country girls that Sara trains with, the sport has brought them closer together. Sara just knows with fellow teammates to become a tight knit group of girls that know their friendships will last even after their college careers have ended.

Juniors, Erin Roche (Rockland County), Suzanne Neglia (Andover, NJ) Katie Winkler (Medford NY) and Sara Tasber (Henrietta, NY) are just a few who live in an eight-person apartment they obtained through campus housing together. They have proven that although these girls are miles apart they spend hours on the track they can still live together 24/7.

As members on the team the girls along with fellow teammates have planned “team bonding” events that help bring a positive attitude to the team and break all the initial introductions when a freshman or transfer students joins a team that has a college level for the first time.

Team bonding consists of pint night where teammates bring ice cream and condiments for an ice cream social gathering. Another idea is a pasta night where the girls come together for team bonding over an Italian specialty meal.

The team also managers to stay very connected through the sometimes hour long coaches meetings. These meetings are a way to create a communal atmosphere and remain informed on how each individual on the team is doing, as well as the team as a whole.

Sara is a solid, strong athlete here on Sacred Heart’s Track and Cross-Country Team. She has taken the sport of running and never questioned her ability to excel at it. For Sara, she will keep running and never look back on the choice she has made to become a runner.

SHU Spectrum 10
http://spectrum.sacredheart.edu
October 31, 2002

Sent from my T-Mobile Pocket PC Phone

Pioneers up Season Record to 4-3

The Pioneers Defense battered CCSU to lead SHU to a 17-3 victory.

By Katie Atkins
Sports Writer

On a crisp autumn Saturday afternoon in the midst of Sacred Heart’s Family Weekend activities, the SHU Pioneers football team took advantage of six Central Connecticut turnovers to lead when junior quarterback Joe Kroells (Burbank, CA) ran a 41-yard pass for the Sacred Heart 25 followed by a 41-yard field goal by senior Derek Pearson (West Caldwell, NJ) which upped their lead to 17-3.

But so would begin the demise of the Blue Devils’ offense and they would not score again for the rest of the contest.

“IT was a hard-fought game. It was a win and this point we’ll take them as we get them,” - senior linebacker Craig Capurso (Bristol, CT).

Joe Mahaffey’s (Somerville, NJ) recovery on freshman running back Ed Pricolo’s (Johnston, RI) fumble at the Sacred Heart 25 followed by a 24-yard pass on the first play after the turnover. Two plays later, senior running back/wide receiver Eric Hernandez (White Plains, NY) ran 14 yards for SHU’s lone offensive touchdown on the day. The score was set up when senior defensive lineman Odan Mitchell (Bridgeport, CT) intercepted a pass by Central’s Scott Dolch (Finksburg, MD) on the Blue Devils 43 and ran it to the 38. The ball was tipped into Mitchell’s hands by junior defensive tackle Mike Burbridge (Randolph, NJ).

On the next Central possession, Dolch was once again picked off, this time by junior transfer Briton Krel (Franklin, MA), who ran it to the CCSU 25. When SHU couldn’t get anything going offensively, they settled for a 39-yard field goal by senior kicker Tim Redican (Meriden, CT), which upped their lead to 10-3. Redican only needs two more field goals to become the Northeast Conferences all-time career leader in that category. Redican also moved up to fourth place all-time in the Northeast Conference for scoring following Saturday’s showing which added another five points to his career total.

Just before the half, CCSU had a chance to even the score when Chris Blackshear (Fort Pierce, FL) intercepted Joe Mahaffey’s pass and returned it 41 yards to the Sacred Heart 24. Blue Devil Nick Dresko (Southington, CT) ran a reverse on the following play away and CCSU to the Sacred Heart 13. On the next play, Central Connecticut quarterback Dolch was sacked by Mike Burbridge for a loss of eight yards. Two more attempts at the end zone by Dolch fell incomplete and the Blue Devils failed to score before the end of the first 1st.

“Our defense really stepped it up, took care of another victory for us and bailed out the offense again,” said senior punter Mike Kraft (Arlington, NJ).

With 7:44 left in the 3rd quarter, Sacred Heart now 4-3 overall and 4-2 in the Northeast Conference, would get their final points of the game. Junior Pioneer Brian Pawlowski (Branchburg, NJ) blocked a Pearson field goal attempt, but the ball bounced right back to Pearson who following a brief possession was hammered and coughed up the ball again. Neri then scooped up the ball at the Sacred Heart 30 and flew 70 yards in the opposite direction for a touchdown.

Senior linebacker Kayode Mayowa (Providence, RI), who had eight tackles and a pair of sacks in the game, led the SHU defense, which held CCSU to just 137 total yards. The Pioneers sacked just eight of 32 passes for 99 yards, was sacked seven times, and threw four interceptions, as the Pioneer defensive front seven battered him from kickoff until the end.
Positive Attitude

Continued from Page 12

Students React to Close Series

where the Giants had a three
games to two World Series lead.
Led by first baseman Scott
Spezio’s three-run homerun in
the bottom of the seventh, the
Angels were able to come back
gainst the Giants to eventu­
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games apiece.
A solo homerrun by Darin
Erdast off of Felix Rodriguez,
and a double by Glaus off of star
closer Rob Nen in the bottom of
the eighth put the Angels ahead to
stay as closer Percival came in for
the ninth inning and nailed down
his second save of the World
Series.

“It was nice to see a
World Series without
the damn Yankees,”
senior Jon Wojcic

In the losing effort, Giants
left fielder Barry Bonds had this to
tell. “You want the results to
be different,” Bonds said. “They
outplayed us, they deserve it. They
beat us. They’re world
champions.” His manager Dusty
Baker added this, “The turning
point was basically when they
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A popular subject of discus­
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Angel players’ sentiments are
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monkey because of what it does
for us. It’s a good-luck charm,”
Lacky said. “But it’s good not to
see him because that means we’re
winning.”

As the Angels celebrated
their first ever World Series
Championship, they now the late,
original owner of the franchise,
Gene Autry, “the singing cow­
boy” was looking down at them.

They also new there was
a lot of other people who were
celebrating with them. “These
fans have been waiting a long,
long time for this.” MVP Troy
Glaus said. “And I know we’re
all happy to be part of the team to
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As the Angels celebrate their
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In the losing effort, Giants
left fielder Barry Bonds had this to
tell. “You want the results to
be different,” Bonds said. “They
outplayed us, they deserve it. They
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champions.” His manager Dusty
Baker added this, “The turning
point was basically when they
came back last night.”
A popular subject of discus­
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has been the Angels’ rally mon­
key, who pops up in the later
innings of any home baseball
game the Angels are losing. The
Angel players’ sentiments are
summed up by this. “We love the
monkey because of what it does
for us. It’s a good-luck charm,”
Lacky said. “But it’s good not to
see him because that means we’re
winning.”

As the Angels celebrated
their first ever World Series
Championship, they now the late,
original owner of the franchise,
Gene Autry, “the singing cow­
boy” was looking down at them.

They also new there was
a lot of other people who were
celebrating with them. “These
fans have been waiting a long,
long time for this.” MVP Troy
Glaus said. “And I know we’re
all happy to be part of the team to
bring it to them.”

As the Angels celebrate their
title, the Giants now face off­
season where they must decide if
they can and want to resign man­
ger Dusty Baker and star second
baseman Jeff Kent.

Positive Attitude Students React to Close Series

Continued from Page 12

where the Giants had a three
games to two World Series lead.
Led by first baseman Scott
Spezio’s three-run homerun in
the bottom of the seventh, the
Angels were able to come back
gainst the Giants to eventu­
ally tie the World Series at three
games apiece.
A solo homerrun by Darin
Erdast off of Felix Rodriguez,
and a double by Glaus off of star
closer Rob Nen in the bottom of
the eighth put the Angels ahead to
stay as closer Percival came in for
the ninth inning and nailed down
his second save of the World
Series.

“It was nice to see a
World Series without
the damn Yankees,”
senior Jon Wojcic

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Anaheim wins heavenly World Series

Angels suprise nation with first World Series win in team history.

By Craig Joly
Sports Writer

On Sunday, October 27, 2002 the Anaheim Angels won their first World Series Championship in 42-year history. They were led by World Series Most Valuable Player Troy Glaus, who was actually reluctant to accept the award.

"It's a great honor, obviously," Glaus said after his Angels had dropped the San Francisco Giants 4-1 to win Game 7. "But we play for the big trophy with the pennants on it, not for (individual) awards. No one guy on this team has gotten us to this point, or carried us through this point. It's been a team effort all the way through - 25 guys."

How did the Angels get to the promised land? They did so by defeating the San Francisco Giants four games to three, including a 4-1 Game Seven victory. In this game, the Angels were led by pitchers John Lackey, who became the second rookie in history to win Game Seven of a World Series, as well as fellow rookies Brendan Donnelly, Francisco Rodriguez, and veteran closer Troy Percival, who described the championship as "Unbelievable for us, for our fans." Percival also said, "This team has worked as hard as any team ever. We deserve it." Garret Anderson also played a large role in the Game Seven, driving in three runs with a double in the bottom of the third inning.

The Angels could be considered lucky to have even reached Game Seven, because they trailed by five runs in the bottom of the seventh inning in Game Six,

The Qualifications for the conference are summed up as followed; the top two will attend the conference from each weight class. There are also seven wild cards that go to the athletes who described the championship as "Unbelievable for us, for our fans." Percival also said, "This team has worked as hard as any team ever. We deserve it." Garret Anderson also played a large role in the Game Seven, driving in three runs with a double in the bottom of the third inning.

Sacred Heart athletics are recognized for taking a step in the area of maintaining an excellent GPA. They were ranked number one in the nation. The team had the highest grade point average in the nation among Division I programs. Sacred Heart is nationally known in the area of maintaining an excellent academic GPA. They were ranked number one in the nation. The team had the highest grade point average in the nation among Division I programs. The National Wrestling Coaches Association (NWCA) announced this on May 15th 2002 that the men have a cumulative GPA of a 3.4.

"Our status of a high GPA was obtained by going to class and doing the right thing. The men have a cumulative GPA of a 3.4."

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"Our status of a high GPA was obtained by going to class and doing the right thing. The men have a cumulative GPA of a 3.4.

Behind the guidance of former Olympian Andrew Seras, SHU wrestling program aims for the top.

By Jennifer Jensen
Sports Writer

Picture the stands filled with wild and crazy cheering fans. Imagine the stands packed with red and white paraphernalia pertaining to SHU. Now imagine a determined team warming up on the mats. Take all those concepts and you have just described what Sacred Heart University's wrestling team is hoping this season will amount to.

Sacred Heart University's Wrestling team began its season on October 14th, 2002. This year's captains, seniors, Anthony Reynolds, (Berlin, CT) and Jason Cucolo (Milford, CT) are heading into this season with a strong freshman force behind them and new coaching staff members in front of them.

"We have taken a step up from the year before going into this year's season," Jason Cucolo commented. Last year, the season ended with the team being content on having two national qualifiers, Cucolo and Reynolds, and with junior, Rob Belville (Charpin Falls, OH) placing 4th, but this year their goal is to have as many qualify as they can.

The team's captains are very proud of the team as a whole. They are welcoming the new coaching staff members and are taking on the freshman athletes under their guidance along with help from the alumni's on the team.

"This year is our fifth year as a sport here at SHU but our fourth year participating at a Division I Level. We are really taking the extra steps to make this program grow. In order to get the money and recognition though, we need to beat some good schools. Until then, we are the low man on the totem pole," Reynolds commented.

The team has not only been recognized for taking a step up in the area of wrestling, but also taking a step up in the area of excelling in academics. Sacred Heart is nationally known in the area of maintaining an excellent academic GPA. They were ranked number one in the nation. The team had the highest grade point average in the nation among Division I programs. The National Wrestling Coaches Association (NWCA) announced this on May 15th 2002 that the men have a cumulative GPA of a 3.4.

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Determination and the Will Power to Prevail

The 2002-2003 Sacred Heart wrestling program poses prior to a practice.

See "Class Series" Page 11

See "Positive Attitude" Page 11