By Lauren Testa
Staff Reporter

On Monday, November 18, the fifth annual State of the University Address was held in the theater. The evening opened with Student Government President Tom Pesce reciting a prayer in which he thanked God for the gift of the Sacred Heart family and asked God for a productive evening.

Pesce continued his address by stating that each year there is more to be grateful for because of the changes that have been possible with the addition of Student Government and cooperative work of Student Government. He said that last year he stood before the university and said it was the best time to be a student at Sacred Heart and was unsure if he was going to be able to say the same thing again this year. He said with confidence this year, "That NOW is the best time to be a student at Sacred Heart University!"

Pesce supported his stance by explaining that the students at Sacred Heart University are a true testament of what it means to be Pioneers, never settling for where we are but constantly striving to be better. Pesce also said, "Nowhere else in the world, has the same students with the gifts and talents that Sacred Heart students posses. That is what makes us so great and that is something that no one can ever take away from us.

Pesce believes that every student matters and everyone can be leaders. He said, "Leadership is helping other people. Quite simply put, leadership is our love."

Pesce then went on to discuss the many accomplishments that Student Government did, citing such events as online voting and the mock accident. He said, "It's bridging those gaps and making those connections that make our job so special." Pesce reaffirmed his belief that the future of Student Government and of Sacred Heart is only going to improve.

He declared, "Tonight, let us all take responsibility for making Sacred Heart a family of leaders where learning is the highest gain and love the ultimate goal." At the completion of his address, Pesce received a standing ovation from the audience. Returning to the podium, Dr. Rose introduced Dr. Cemera.

Cemera addressed the audience from the floor of the theater and discussed the development of the strategic plan. He also talked about how the most important thing in life is to be engaged learners and to grow and develop into people who are rooted deep in their heart and faith.

Cemera related the message that the most important thing on our campus is space. He said the order of importance of space, the kind of space and where the space is located is what the university's focus is on for this upcoming year.

Cemera recognized that the accreditation process happens every ten years and said that in March the university is going to go under its fourth accreditation process. He stated that our university has grown immensely since accreditation has increased enrollment of students considerably. Cemera concluded his speech by saying "If we become actively engaged the world will be better for you, for your children and for your children's children."

Over the course of the night, Cemera was the recipient of many of questions directed to the panelists. The cabinet on stage included Dr. Thomas Forget, Jim Barquinero, Dr. Paul Madonna, Sr. Donna Dodge, Mary Young, and Dr. Babu George representing the faculty. Other administration, faculty and staff members were on hand ready to answer questions from the students.

Many of the questions that were asked related to the issues of parking and space. One student, a member of SHU Players read a statement that requested that SHU improve find practice and performing space for the productions put on by the students.

Another student questioned what Sacred Heart was looking into building or acquiring over the next 10 years. Cemera answered that question by saying, "Sacred Heart is located on 56 acres of land and of those acres we own 3 of them."

Cemera also stated that the university has interest in parcels land located on the corner of Jefferson and Park Avenue and concluded with the reassurance that people are working on a resolution to the problem of space.

An additional student whom directed his question to Bill O'Connell, Director of Public Safety, brought up the issue of parking. O'Connell saying that the parking committee, which has been in place since mid July, is working on finding additional spaces for students to park as well as a system which will attempt to reduce the number of cars on campus.

Pesce ended by quoting the book, Harry Potter and the Chamber of Secrets by saying, "Professor Dumbledore tells Harry, 'It is our choices, Harry, that show what we truly are, far more than our ability.'" Pesce added that everyone has the ability to be great leaders, yet people must choose to use the ability to help and serve others.

Tom Pesce leads SOUTA and reports on student government's accomplishments

Koestner Touches Audience With Emotional Story

By Lauren Testa
Staff Reporter

On November 14th at 6 p.m. in the Pit Center, Katie Koestner, a victim of date rape spoke to students about her personal experience. Sacred Heart students, athletes, Resident Assistants, Greeks and administration crowded on the first few rows of the bleachers to listen to Koestner tell her story.

Koestner told the audience, without using a microphone, that her voice was not made for public speaking and asked if everyone could be as quiet while she spoke. Koestner also received national attention for speaking out against date rape. Katie went public with her story after being assaulted by a fellow student at the College of William and Mary.

Koestner has been featured on the cover of TIME magazine's date rape issue and she has told her story on the Oprah Winfrey Show, Good Morning America, NBC Nightly News, CNBC Talk Live, The Jane Whitney Show, MTV, Larry King Live, Entertainment Tonight, and many more news programs to increase awareness of date rape.

Koestner's goal is to reach as many students and her message as possible, while she is still young enough for students to be able to relate to her as a peer.

Koestner founded Campus Outreach Services, Inc., and she has dedicated the organization to fighting sexual assault every way she can.

Koestner told the audience that she was really naive and sheltered in high school. Koestner never dated much, yet when a guy would come over to pick her up for a date, her father (who was in the FBI) would say "If you want to live after tonight you will have my daughter home by 12."

As Katie Koestner said, "If my father came to college with me then things would have been really different."

Koestner then said that the guy, Peter, that had raped her had been the person that she had a crush on since orientation in May and she really liked him. She told the audience that Pete looked like a model and he was popular and funny.

Koestner went on to report that eighty-five percent of rape victims know their assailants, that eighty-five percent of rape victims can recognize their attacker right away, and that most rapists are ordinary males with no history of mental illness. She also gave statistics that sixty-eight percent of rapes happen at parties, thirty-two percent happen in a dorm room and twenty-nine percent happen in an apartment.

The director of counseling at Sacred Heart, May Jo Mason believed that Koestner was a powerful presence. She said, "Ms. Koestner is extremely knowledgeable on the topic of date rape. She freely shared her experience and also provided helpful information during her speech for the students and administrators."

Koestner told the group that the night that she was raped, Peter took her out to dinner to a French restaurant, and ordered dinner for her and champagne in French. She told Peter that she didn’t drink and he said that he only ordered champagne for special people and that it would hurt him if she did not have some.

She told the audience that there were signs that night that told Peter that she was weak and that she would give in to him. According to statistics, rapists choose their victims for their vulnerability and accessibility, without regard to physical appearance or reputation.

Koestner gave to and drank some champagne, and she told the crowd that her drinking the champagne was the first sign for Peter that she would give in to him.

According to the statistics Koestner reported, a woman is most likely to experience an assault during their first two months of college. See "Date Rape," page 2
**Flik:** **continuing to Increase the Value of Your Dollar**

By Amy Toohey  
Staff Reporter

Upon entering Flik, it is not unusual to see the facial expression of surprise when a student's meal total has been tallied. "I consistently spend over $10 dollars on those lunches and dinners that I purchase. I, along with many of my friends, am concerned with the steep food prices at SHU. I have visited all of my siblings' campuses and their cafeteria's prices seem to be much lower than ours," said Lauren Hendrin, a junior from Stratford.

Students wish to obtain the most value for their dollar as possible. "There are many offerings that avail the students to eat well-balanced meals at an affordable price. Students just have to look into the options that we provide for them in order to save as much money as possible," stated Paul Sabio, Food Service Director. The 2001-2002 Meal Plan is a program that was designed for students who primarily eat all of their meals on campus. A student may choose one hot entrée of the day, two side items, a fountain beverage and dessert. The price for the Bargain Bundle Meal is $4.00 for lunch and $6.00 for dinner. The price for dinner was increased from $5.50 last year.

Keeping the lighter eater in mind, the Mini Bundle Meal was created. A hot entrée, one side item and a fountain beverage can be purchased for $3.25 at lunch, or $5.25 at dinner. Also appealing, is the option to substitute a 12oz salad, from the salad bar, for any of the side items in both meal plans.

At the pizza and deli stations, affordable meal combos are available to satisfy one's appetite. The Pizza Combo includes two slices of pizza, a bag of chips and a fountain beverage. The Deli Combo includes, a sandwich, a choice of a dessert and a fountain beverage. Inquiring students should know that meals do not include refills on the fountain beverages.

The student body at SHU can also look forward to new programs and incentives that Flik has introduced, and will continue to add, over the next few semesters. "Each food station will celebrate Customer Appreciation Week. This entitles the customer to a free fountain beverage. 22oz or less, when they buy a program that was designed for them in order to save as much money as possible," stated Paul Sabio, Food Service Director. Student complaints about prices, most recently regarding the sushi, are ridiculous. They should know that eating sushi in a restaurant or buying it at a supermarket is much more expensive. Our prices seem competitive," said Emily Quinn, a sophomore from Stratford.

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**Show Choir Performance This Weekend**

The Sacred Heart Show Choir will be performing their fall program "From Stage to Screen" this Friday and Saturday at 7:30 p.m. in the Theater. Admission is $3 with a SHU ID.

**Dance Team/Football Service Auction**

Would you like a home-cooked meal or do you need your apartment cleaned? If so, come bid on your favorite Dance Team or Football member on Wednesday, December 4th at 10:10 p.m. in the Outpost.

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**Date Rape Speaker at SHU**

Continued from page 1

The second sign that told in to him was when Peter brought up the topic of sex. Koestner had already told her that she was going to wait until she was married and that it was up to her to tell him when she was ready. When Peter brought up the topic of sex she had just laughed off the comment instead of confronting it. During her speech, Koestner became emotional and began to cry. "I've never felt quite so alone," Koestner said, "I wish we weren't in a gym and that you could hear me. Quite frankly I'm not even your friend and this is clearly my issue and I'm doing this for myself but I also don't want this to happen to you, your friends, your daughter or your mother." Students were deeply affected by Koestner's speech and her honesty. Taryn Mahoney, a senior from Long Island, New York said, "To sit and listen to her speak was very powerful. It was a great opportunity to learn about issues on such a touchy subject."

Koestner proceeded to tell the audience that after dinner Peter asked her to go to a fraternity party and she said that she didn't want to do that and that she would rather go to her room and dance instead. They both proceeded to her room and during the night progressed, Koestner said that Peter took her signals the wrong way and thought that he could have his way with her. Koestner told the audience how she was raped that night and that Peter said, "Waiting until your married? Maybe your God will forgive us just this one time. You don't want to have sex with me? I'm very good and nobody has ever complained." Koestner ended her talk by saying, "People should do the right thing. Men and women, you should stand up for yourselves because it is your right and choice. I'm not going anywhere right after the speech. I'll be down in front if you want to talk," Koestner received a standing ovation from the audience that lasted for five minutes. Some students then formed a line in front of Koestner, and gave her a hug. "I think that she was very effective and she reached a lot of people," said Michele Walker, senior from Paramus, New Jersey. "I want to give her a hug right now."
Lecture Takes An In-Depth Look Into Islam

By Stephanie Jelacic
Staff Reporter

The nation's current "war on terrorism," has not only changed the structure of security in America, or convinced many to lock their doors at night, but has stirred a desire for inquisition as to what motivations lie within the minds of those responsible for September 11th.

On Thursday, November 14, a discussion entitled, "Is Islam Really a Religion of Peace?" was held in the University Commons with guest speaker Jonathan Brockopp a Religion professor at Bard College, who specializes in Jewish thought, and has an extensive background in the study of Islamic faith.

"Christianity, Judaism and Islam all come from a common beginning, and we have to realize that Islam is a religion of peace," said Brockopp.

According to Brockopp, Osama bin Laden, who has taken credit for the September 11th attacks, is seen as a extremist by the majority of Muslims. He clearly reverses the distinction between individual and collective duties within Islam.

"By the words of the Qur'an, God's way of Jihad is meant as a communal duty for spreading God's way of Jihad is meant as a communal duty for spreading monotheism, which bin Laden wants to do," said Brockopp.

"Our main question for concern is 'even though all terrorists are not Muslim, why are we so afraid of them? We need further information sooner or later,'" said Brockopp.

"Whatever interpretations arise for a religion, we may go along with the evidence of its history. Bin Laden doesn't." Brockopp said.

Mer. Dr. John F. Kitchens, a Political Science professor at Sacred Heart University has a history with undergraduates serving the community but we wanted to promote continuing that service after graduation.

The fair takes place every year volunteering their services.

"It gives them the opportunity to work hands on in the field that they want to work full-time. It will expose them to a life-changing experience," says D'Agostino.

"It's a deep faith. Whatever interpretations arise for a religion, we may go along with the evidence of its history. Bin Laden doesn't. Interpretations do not happen in a vacuum, but by the discussion of a community," Brockopp said.

D'Agostino states, "We went along with the evidence of its history. Bin Laden doesn't. Interpretations do not happen in a vacuum, but by the discussion of a community." Brockopp said.

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"By the words of the Qur'an, God's way of Jihad is meant as a communal duty for spreading monotheism, which bin Laden wants to do," said Brockopp.

"He believes that the killing of Americans is an individual duty, yet suicide and murder is prohibited within the holy scriptures. Whatever interpretations arise for a religion, we may go along with the evidence of its history. Bin Laden doesn't. Interpretations do not happen in a vacuum, but by the discussion of a community," Brockopp said.

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"Whatever interpretations arise for a religion, we may go along with the evidence of its history. Bin Laden doesn't. Interpretations do not happen in a vacuum, but by the discussion of a community," Brockopp said.
Dear Editor,

Did you ever think that a Jewish, Atheist, Muslim, Buddhist, Taist, Catholic, and Pagan students, who come to SHU, come to educate themselves? In case you did not notice, this is a university, not a church. Open your mind and realize that having a production such as "Stop Kiss" is all about educating the population. Education is about liberating the mind, not restricting, dictating, and banning our understanding of self.

In your editorial, you mentioned that you want more teachers to "teach Catholicism." Don't you know about your religion? Incorporating other religions into class is not "diluting"; it is informing. Expanding your knowledge about other religions builds understanding and acceptance; restricting alternative religious education fosters assumption, skepticism, and hatred. Finally, why write an editorial about how you are prejudice, want restrictions, and then try to discount it at the end? Write what you mean. You are an example of the unfortunate stereotype that links Roman Catholics to ignorance and prejudice.

"Expanding your knowledge about other religions builds understanding and acceptance."

This world is not full of people who went to Roman Catholic middle schools and Roman Catholic single sex High Schools. It is full of a variety of beautiful individuals and you should wake up and learn to be prepared for it; which is what that university around you is trying to do. Come and break the stereotype, open your eyes.

Michelle Caruso
Monroe, C.T.

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Student Questions

SHU's Catholic Tradition

I don't know about anyone else, but to me anyway, it seems that Sacred Heart has forsaken everything that has made it one of the most recognized Catholic Colleges around. It has continued to promote a gay-rights agenda since the beginning of the school year, and it is finally starting to get to me and I KNOW a number of other people, whom I have talked to. How many of you are E-mails or how should we attend the "Safe Zone" meetings? Because it's obviously not it? We MUST fight Homophobia! I mean we can't simply be against homosexual-ity, it's a fact that we MUST be afraid of it. Not only that, but the school endorses plays like "Stop Kiss," a production that is trying to be "new-age, and up-to-date," simply for the heck of it. While many people are far from being devoutly religious or "Holier than thou" Christians, the fact of the matter remains that many people did choose Sacred Heart based on its supposed strong Catholic tradition. That has become almost non-existent here. The school seems to have forsaken all that made it unique and original. It has given in to the politically correct left and begun to promote a life-style that not only do the majority of people disagree with, but that the Catholic religion itself clearly speaks against.

Sacred Heart has become the laughing stock of all religious institutions in the country. It has become clear that Sacred Heart is not special in any way. Many of the reasons why people chose to come here have been thrown out the window. One can clearly see this simply from taking of a poll of freshmen. How many people do you know that are thinking of transferring? I know myself. One of my student advisors from my Freshmen seminar even spoke out on this topic. As a junior, he said that the level of enthusiasm from the incoming class was among the lowest he had seen. He noted, "just look at the number of students thinking of leaving next year...there isn't even going to be anyone left for a Sophomore class." The facts remain that without a drastic improvement in the way it carries itself, Sacred Heart will continue to garner distaste from students who are displeased with its P.C. agenda. This school needs to get back to what made it recognized as a premier school, and quit promoting the "alternative lifestyle" that everyone HAS to accept. If it does not change its ways, Sacred Heart will become a failure in the Catholic tradition, and a disgrace to colleges everywhere.

Steve Bierfeldt
Junior

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The SHU Voices

Who is your IDOL and why?

Brett Wallace
Mystic, C.T.
Senior

Kristin Soder
Coventry, C.T.
Freshman

Anthony Mowaco
Seaford, N.Y.
Freshman

"My dad & my uncle because they always make me do better."

"Molly Shannon because she is a SUPER STAR!!"

"Frank Sinatra because he is the greatest singer."

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Take It or Leave It

Having read the Spectrum last week, I felt a need to amend a comment I made. I failed to recognize a few courses on Catholicism that will be offered next semester. Kudos to SHU for bringing these!

On a different note, I would like to commend the SHU Players for performing "Stop, Kiss." While I disagree with the message of the play (I believe it does, indeed, promote the homosexual lifestyle), and do not believe that it should have been performed on campus, it took courage for them to perform it, and, as I understand, they met with much opposition. Being performed in the context of "Fear No People Week" was wise. It is important to try to understand the difficulties many people face. Still, we cannot forget that while we must tolerate people who hold different beliefs, we are not required to agree that their beliefs or actions are correct.

Being tolerant is reaching out with love and charity, but does not necessarily mean condoning actions.

"We promote tolerance of everything else, but will we tolerate Catholicism?"

We chose a Catholic University – take it or leave it. We are thus entitled to a Catholic education.

In response to the front page article about "Stop, Kiss," Having a Gay-Straight Alliance, Fear No People Week, etc. are fine. The Catholic Church promotes tolerance. I believe Mary Beth Kochig of Stratford is right to question SHU for allowing a play that appears to promote something in conflict with Church teachings. Having read her letter, it is clear, that she was being facetious when she claimed not to understand tolerance or political correctness. We don’t have to be politically correct.

We must be tolerant, but we must also be Catholic. It is closed minded for us to disregard what the Church teaches! We promote tolerance of everything else, but will we tolerate Catholicism? Catholicism is not fearful of homosexuality, but seeks to help those who are homosexual and not to discriminate against them.

To Samantha DeVita, I must respectfully disagree. Non-Catholic students should be welcomed here. However, they should not for one moment expect anything less than a Catholic school. The same goes for Catholic students. We choose to attend a Catholic school and are entitled to a Catholic education. We should be offered courses on Catholicism that will help us grow in our faith. Non-Catholics should be encouraged to practice their faith. They can’t, though, be offended by something Catholic done at the school. We chose a Catholic University – take it or leave it.

We are thus entitled to a Catholic education, one that will not be watered down because the world disagrees and one that is not motivated by a “spirit of dissent” or desire to prove the faith wrong. We are entitled to the true teachings of the Church, fully explained, and taught in union with the Magisterium. Let’s be more Catholic!

Warren G. Prior
Contributing Writer

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-Compiled by Susan Magnano

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-Compiled by Susan Magnano

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-Compiled by Susan Magnano

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Nearly impossible because of their blatant lack of respect. I was always taught that respect was earned and that you only get back the respect that you deserve. Based on what I saw last Thursday evening I have little if any respect for the many of athletes of Sacred Heart University. In one evening they proved that they do not deserve my support in what they do if they cannot show consideration for what others are trying to do on this campus.

"I thought that the athletes on this campus were more mature than that... I have little if any respect for the many of the athletes of Sacred Heart University."

In the end, I would like to offer my apology on behalf of those artists who had the audacity to disrespect a woman who opened up and shared her most intimate and personal experiences with us, to the entire Sacred Heart Community who should be appalled by their actions.

Stephen J. Brine Jr. 
Brother of 
Lambda Sigma Phi 
Class of 2004

Why Vacations are Wonderful!

According to The Chronicle of Higher Education, Dr. Anthony Cenera, president of our university, made over $383,000 in the year 2000. Now, this confused me a bit. The president of the United States of America makes $400,000 and he's supporting a war, a country and a coke bottle. How is it that this university has a salary that compares to the leader of the free world's? Then, I remembered that the president is a public servant, and therefore, must be underpaid. After a bit of research, things start to come together. It all made sense now; the achievement of the University reflects how the president is rewarded. Each school has some sort of advantage over the other, and the president's salary was based on that. So, our school obviously had something that those schools did not. I mean... it only made sense. If our school offers similar salaries to our president, then our school must also offer similar benefits to the students. Right?

In an attempt to figure out what Sacred Heart's advantage is, I looked at the details of each school. I would speak of Quinnipiac, but you've probably heard its praises from most of our adjunct professors, or from your old hockey coach. Sacred Heart University has seven different schools of education; including a school of divinity and a school for preforming arts. Sacred Heart University has a nice closet-like chapel, and our theater has professional actors, so who needs students? Long Island University's president has a well-funded college pharmacy; not to mention an incredibly large student body to attend it. Well, Sacred Heart has a lot of drugs too. As you can see, Sacred Heart University matches up to these schools in almost every aspect. Now, after this research, I feel I can say that the state of our university certainly merits our president's salary. Thank you for your time. Sacred Heart's proud sons and daughters; keep praising her glory.

Jeremy Gordon 
Class of 2004

Student Stacks Up Cenera's Salary

Letter to the editor are encouraged. All submissions are subject to editing for spelling, punctuation, grammar, clarity and length. The Spectrum does not allow material that has been submitted to the editor of any other publication. All mail should be sent to the Spectrum, Sacred Heart University, 5151 Park Ave., Fairfield, CT 06432-1000. Our phone number is 203-371-7963 and fax is 203-371-7828.
Azpiri juggles Academics and Clubs

By Kara Brady
Staff Reporter

Azpiri juggles homework, working at a restaurant in Bridgeport, rugby practice, and planning meetings and events for La Hispanidad as the club's President and you will get a taste of what daily life is like for Naira Azpiri.

Azpiri is a senior from the Basque Country, Spain, has gone beyond what is expected during her time here at Sacred Heart. After coming to the United States as a high school senior, Azpiri has continued to put much effort into her schoolwork, while getting involved in many different activities. Azpiri is from the Basque Country, the region between Spain and France. This region is governed through Spain, but is currently looking to gain independence. She speaks Spanish and Basque, the latter being an ancient language older than any other Hindu or European Language. It is unknown where the uncommon language came from due to its age and history. Azpiri came to the U.S. in 1998, and spent senior year at Hamden High School, which is about a half hour from Sacred Heart. She heard about the school through her sister, who lives in Hamden and works in the school district. With the desire to learn better English and visit the U.S. for a year, which was her original plan, Azpiri attended Hamden H.S. and played volleyball, which she had played for seven years in Spain. Her experience at first was a little tough. "Some people would stare or treat me differently for it," Azpiri said. But because she took English all through middle school and high school in Spain her adjustment was quick. After taking advice from her high school friends, teachers and volleyball coach, Azpiri applied to Sacred Heart and was accepted. She received a volleyball joint scholarship. "I didn't get a scholarship for grades, because when they were transferred from Spain, the school thought they were bad but they really weren't. It's because the grading system is different there," Azpiri explained. Azpiri is an International Business major here at Sacred Heart, and is graduating in the spring. She's known since she was little that business was for her, and the international aspect was perfect since she has lived in different countries and knows different languages. A few challenges she has encountered at SHU include language, especially in classes. Also adjusting to so many different cultures has been difficult for her at times. In Spain, she was used to every person being just like her culturally.

At first, I thought I was supposed to be in a certain group, like only hang out with foreign students or something like that. But I've learned that I could make friends with anyone," Azpiri said.

Her achievements go far beyond what is expected. Beyond academics, she has been on the Dean's List every semester since she's been here, a member of Delta Epsilon Sigma National Honors Society, which requires a GPA of 3.5 or higher.

Azpiri has held the position of President of La Hispanidad for two years, and was captain of the rugby team this past season. Azpiri stopped volleyball after first semester freshman year, and took up rugby. Besides these activities, Naira is also part of the multicultural council, which she's been involved in since freshman year. She's into her second year as a junior mentor, is a part of the William Pitt Scholars, which looks for grades and involvement, a GE Scholar, and a Community Scholar, which requires 100 hours of service a year. Every year, Azpiri participates in the Fashion Show Benefit, which picks a different organization each year. This year its aim is to raise money for international student scholarships.

Her plans after graduation include traveling to Italy for the first part of the summer to study Italian, then return home to Spain for July and August. Her goal is to find an American business in Spain, such as General Electric, and if that fails through plans on working here in the states for a year then attending graduate school. By keeping a 3.7 GPA and juggling all her activities, Azpiri has proved to be an exceptional and outgoing student.

A Love For Someone Should Never Change

By Jill Tomasz
Staff Reporter

For some it is a risk, others a relief, but coming to terms with your family about your sexuality can be a very daunting subject. For some families it can be a huge deal, for others it may not be because every family handles situations differently.

On Nov. 13, a group session was held for students on "Coming Out to your Family." At this meeting students discussed personal experiences about revealing to their family their sexual orientation and experiences of others close to them.

One participant stated, "I was lucky. I had it easy." But this may not be the same for others. "It depends on your family and your situation," confirmed another participant.

One of the main obstacles that an individual will encounter is deciding whom they are going to tell, if anyone. Such questions asked were, is it their business? How do I know they will still accept me? It is a very sensitive subject, and usually comes down to the relationship and trust that one has with that certain individual.

When a person is first considering about talking to family members about their sexuality, many thoughts and worries run through their mind. According to PFLAG Philadelphia (Parents, Families and Friends of Gay and Lesbians), there are stages in which an individual will go through when coming to terms with their sexuality: shock, denial, guilt, expression of feelings, personal decision-making and true acceptance.

"At first it can be a sensitive subject," stated a participant.

"If I loved them before, than why not after," another participant replied. Shock usually is the initial feeling of parents at first, if the topic has never been mentioned before. Although it may take some families longer in time they will come to terms with it.

There should be no regret for telling family members about your sexuality though because whether they accept it, you are being honest not only with them but also yourself.

Sexuality is not something to be ashamed of; therefore individuals should not be ashamed of coming out. At the counseling center here at Sacred Heart University there are always counselors available for individuals who are interested in talking one on one. Also, the Gay-Straight Alliance that is open to all students.

A "Haven" For Sports Management Majors

By Rich Sturino
Staff Reporter

The Sports Management Club, under President Stephen Sgritta, is only about a year old but already the organization has made significant progress in getting their name out to students.

"The purpose of the organization is to inform students what sports management is and to help provide hands-on activities. This semester we helped out at the football games," according to Sgritta. The organization helps breakdown events and helps with tickets sales. "We do have guest speakers. Last year we had Lyn Carlado of the Bridgeport Sound Tigers come and speak. We also had Joe MacDonnel who has worked with NJ Nets and the NY/NJ Metro Stars," stated Sgritta.

The majority of the students in the club are sports management majors, a major that is only three years old here at SHU. Junior Mike Peluso of Glen Cove, NY is the current President and was able to come to the club after he saw an email about the meetings. He is looking to build connections for when he graduates by getting a job or internship. "Hopefully I will work Offense/Defense Football Camp in event management," Peluso said. Jackie Turro a student from Rutland, V. T. and Vice President of the organization said the club is looking to expand and would like to attract more students.

"Our goal is to get more funding so we can have more campus wide events and more guest speakers," Turro said.

Turro also explained that the organization is a good way to build connections with others and to meet new people. "Joining the club is a good way to network with other people to find internships," Turro stated.

Mike Rozicka, of North Hampton, PA added that having the club is a benefit because "it’s a haven for sports management majors. A resume builder." Under Advisor James Santomier, the sports management club is an organization with approximately 10 students who attend meetings on Wednesday nights at 8pm. The meetings are open to students in any major.

"Our goal is to get more funding so we can have more campus-wide events and more guest speakers" Jackie Turro
SHU Students Research Cancer-Causing Hormone

By Casey Reynolds
Staff Reporter

Have you had a glass of milk or a bowl of cereal recently? You should start looking carefully at what you milk is used for. Sacred Heart University study group has discovered that the milk served in FLIK, the food service used here, contains milk that is being used to cause numerous health risks, including cancer. When these students looked into what kind of milk was used by FLIK, they discovered the half-gallons of milk they have been drinking contain the harmful BGH.

The product mentioned above goes by many names, but is most commonly referred to as BGH, or Growth Hormone. BGH is genetically engineered and simulates the natural growth hormone produced by cows. It is manufactured by the Monsanto Jewelry and used by dairy farmers under the name Posilac. Cows injected with this product increase in their milk production about 10 percent.

BGH has been linked to many health problems such as mastitis, and other infections, in cows. Due to the infections, the milk produced by these cows is contaminated with pus from the infection, as well as bovine antibiotics used to treat the infection. Fear of the hormone also contains high levels of a natural growth factor called IGF-1. IGF-1 is known to stimulate the growth of both normal and cancerous cells; these cancerous cells may contribute to prostate and breast cancers.

Most milk and dairy products on the market contain BGH, but the FDA does not require companies to label their containers stating this. "I had no idea that milk, treat milk consumers are unaware that they are buying contaminated milk. There are milk and dairy companies on the market that refuse use of BGH, and their products are labeled as such," said an area that uses BGH is Garelick; this is the milk company used by FLIK. FLIK offers no other alternative to Garelick milk. They do not offer another brand of milk, nor do they offer alternatives to milk such as soy milk or rice milk.

The girls involved with the BGH research projects off show their milk moustaches.

Photo by Susan Magnano

"It scares me to think that the milk I drink can actually contain products that give me cancer," Nicole Governale

Photo by Susan Magnano

"I can't believe the FDA would approve something like this," exclaimed Nicole Governale. "It scares me to think that the milk I drink can actually contain products that can give me cancer." Erin Demchak has even considered altering her dairy products. "I don't like the idea of having to drink milk from cows being injected with BGH," said Demchak.

Kevin Harding, a senior from White Plains, NY who was not involved with the study, but is concerned about the milk served at SHU, stated, "I feel that FLIK should stop serving the milk or offer an alternative.

Party, Have Fun, And Still Stay Safe

By Kristen Cooper
Staff Reporter

It is a Friday night and you and all of your friends are getting ready to go out to a bar, but no one wants to drive. There may now be a solution to eliminate the arguing and yelling that stems from choosing a sober driver. Sacred Heart University's Alcohol Peer Education Group, which started this Fall, is looking to start a Safe Rides program for students. The Peer Group is for students who don't feel comfortable talking to a counselor at the Counseling Center to talk about any problems they are experiencing with drugs or alcohol. The group is students helping students. Some students may not want to talk to their parents or relatives.

The Peer Group is run by Janice Kessler. She oversees things along with the facilitator, Courtney Trahan. There are currently three students involved, and they are Junior Rich Suarino of Rye, New York, Sophomore John Cotter, also from Rye, and Regina Dempsey, a Junior from Pearl River, New York. Together, they are trying to figure out ways to be the safe way to help students, in the community, Cotter says.

Both Suarino and Cotter attended Rye high school, and are volunteer firefighters. They have seen their fair share of accidents, and even have personal reasons as to why they became involved. Suarino's cousin went off to college, had a car, drunk and killed a young man up crashing his car. He is now paralyzed from the neck down. "Every time I see him like that, it is a constant reminder," Suarino said.

Suarino, Cotter, and Regina Dempsey. You can also contact Courtney Trahan or Janice Kessler at the Counseling Center at extension 7955.
By Colleen Mitranco  
Staff Writer

Despite the controversy, the SHU Players Production of "Stop Kiss" proved to be a success. "Stop Kiss," is a play written by Diana Son and directed by Jessica Rose Hamilia, a Sacred Heart alumna. It chronicles a love story no different than any other, except instead it's about the love of a same sex couple.

The play follows the story of two women; Cali and Sara who slowly realize their friendship might be turning into love. The play shows the hardships the two women had to face while trying to admit to themselves and each other that they where falling in love. Yet, when they finally share a first kiss, an act of violence is provoked and they are attacked for being in love. Thus, their lives are changed in ways no one thought possible.

When asked what compelled them the most to become a part of "Stop Kiss" the actors responded with nothing but complete admiration for the play and what it stood for. "Even with the simplicity of the play, the message still came across. Being a part of it was a deep, amazing experience. Every time we performed it, something more would come out of it," stated June Krumholz a senior from New York who played the part of Sara. Katherine Ariano a sophomore from Chestnut Ridge, New York portrayed the part of Cali also expressed her enthusiasm for the show. "It's an amazing show. It's so touching and it gives a totally different take on a love story. It was an amazing chance to reveal the struggles people have when they admit they might be homosexual. The play also sexual love stories, "Stop Kiss" showed people that these women where normal. There was nothing different about them that made them stand out from anyone else. The play showed the two women had the same awkward moments as a heterosexual love story no different than any other, except instead it's about the love of a same sex couple."

"Harry Potter must not go back to Hogwarts. Harry has taken a year off has been kind to these three who have aged quite a bit. The new year brings new faces as well. We meet Ginny, Ron's younger sister played by Bonnie Wright, who, while attending her first year at Hogwarts is also nursing a crush on young Harry. A new, concealed Professor of the Dark Arts comes to Hogwarts, Professor Lockhart, brought to life by Oscar nomi-  

nated actor Kenneth Branagh like no one else could have. Branagh embraced the role of the self-obsessed teacher and lifted his character straight from the imagination of the children (and adults) everywhere and on the screen with a fervor and spirit perhaps no other actor could have brought to the role.

Just Beyond Your Imagination  
By Kathleen Haughey  
A & E Editor

"Harry Potter and the Chamber of Secrets," the film, much like the book, set a more intense tone to the whole series. Draco Malfoy, played by Tom Felton, takes on a larger role in the film, adding more stress to the life of Harry. Harry has to face off against Malfoy on both the quidditch field and the classroom. Malfoy has the assistance of his biggest fan (Harry's nemesis) Professor Snape, played by wretched excellence by Alan Rickman. The second year finds Harry hearing strange voices in the halls of Hogwarts. A stronger, braver Harry once again steps up to uncover the truth behind the "Chamber of Secrets." Along with the loyalty of Ron, who would, quite literally, follow Harry to the depths of the earth, and Hermione, who outwits virtually everything that crosses his path, Harry can be brave in the face of any obstacle in his path.

SHU Players Un"Stop"pable  
A & E Editor

The books by JK Rowling have been brought to life by Director Chris Columbus.

The Sacred Heart University Show Choir Presents:  
"From Stage to Silver"  
Friday November 22 and Saturday November 23  
7:30PM in the University Theater  
Featuring Performances from  
Godspell, Footloose, The Wiz,  
Bye Bye Birdie, and Fiddler on the Roof
“No Strings Attached”

By Danielle Pesce
Staff Writer

Justin Timberlake became a household name just a few years ago as one fifth of the hugely successful band, N'Sync. The past few months, Timberlake has become increasingly successful as a result of his detachment from the group and his new single titled “Like I Love You”. His new CD seemed bound for success.

However, besides the one hit “Justified” is lacking...to say the least. The one major problem hard to get past is the difficulty in finding a favorite song with the exception of the single that launched the debut of the solo album, it is hard to find another song that has it’s own sound. Timberlake’s “Like I Love You” contains a unique beat and features the sounds of other artists whom work well with Timberlake. This seems to be a lot for the other songs to live up to.

When listening to the CD for the first time, all the songs sound the same. It’s hard to remember what track you’re listening to, and more importantly if you’ve listened to it already. There are a total of 13 tracks on the CD. Their beat is similar making it hard to differentiate one from the other.

While Timberlake has definitely gotten away from N'Sync type sounding music, he now has some high expectations to live up to. With a number one single its hard to visualize which song if any on “Justified” will reach the success that “Like I Love You” has.

Which is why, while it’s worth it to buy the single...you might not want to run out and buy the whole CD.

By Patrick Scalisi
Staff Writer

There is an interesting juxtaposition created between Chris Rock and Anthony Hopkins in the CIA actioner “Bad Company.” One of the actors in an outspoken comedian, as well known for his obnoxious stand-up as he is for his films, and television career; the other is an aging Oscar winner, classically educated in the art of acting and best known for playing the diabolical Hanibal Lecter in the film made famous by Thomas Harris novels.

When placed together, they create a film that is two parts “Mission: Impossible II” and the sequel to “Men in Black.” “As Bad Company” is easily a highly enjoyable blend of action and comedy. Rock, in the lead role of Harvard-educated CIA agent Jake Hayes and his twin brother, street-smart scalper Kevin Pope, put on a performance that is hard to get past. Burrell is accused of stealing objects, and it’s time to move on. “When they were on them, I still don’t,” Burrell stated. Many felt Burrell was a liar and a thief. Therefore he was going to hold onto some of Diana’s belongings for safety. With this new evidence, the judge found Burrell not guilty. This is where the controversy really begins. Why didn’t the Queen come forward with this story earlier? Did she feel that if she were alive she would have to tell the world some of the secrets she promised to safe hands. “When they were on them, I still don’t.”

The film is lost “the people’s Princess.”, which is why, while it’s worth it to buy the single...you might not want to run out and buy the whole CD. It’s hard to remember what track you’re listening to, and more importantly if you’ve listened to it already. There are a total of 13 tracks on the CD. Their beat is similar making it hard to differentiate one from the other.

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Between a Rock and a Hopkins

Burrell also tells of a secret tape, which is of a victim's account of rape by one of Prince Charles aids. Did this rape really occur or is Burrell making this up?

No one knows the answer.

Did Burrell tell all?

Burrell stated, “I am not telling all her secrets. There is so much more that will never be said. Enough has been said and it’s time to move on.”

The Royal family supports Burrell and is delighted an innocent man did not go to prison. While some of his secrets have been revealed, no one will ever know the real life Princess Diana led.
FOOTBALL

Continued from page 12

The season looks to keep men competitive this year.

By Patrick McMahon
Sports Writer

Volleyball is a sport that requires concentration, stamina, and lightning quick reflexes. Serving, setting, bumping, and spiking the ball with blistering speed are talents that Sacred Heart's men's volleyball team are proud to boast. Finishing last season with an overall record of 3-23, the team is getting ready to work towards a successful season.

The main goal for the whole team this year is to win the Eastern Intercollegiate Volleyball Association (EIVA) Hay Division. "Last season was our first in the Hay Division and we came in fourth out of seven teams," says Head Coach Craig Pinkney. The men's volleyball team meshes in a way that makes other teams jealous. "The best thing about our team is that we are all great friends and we all get along," explains junior outside hitter Doug Soviero of Framingham, MA who had 181 kills.

"It was fun getting to see the women's and men's basketball teams for the first time this season, I think this positive experience will give the SHU students hope that our programs are on the rise," stated senior Dave Appleton (Framingham, MA).

"The hardest part of starting a new season is adapting with the new freshmen and keeping together the unity we already have," stated Chris Skelton.

The captains are backed by two other key players libero Mike Maziarz of Wilbraham, MA who finished the season seventh in the nation in digs with 197 (2.32 per game) and outside hitter Doug Soviero of Huntington, NY who had 181 kills. The loss of Quinn and Swan would seem to be a disadvantage for the team to some. However, "their graduation gives people like myself, junior Chris Skelton (Westery, RI) and sophomore Chris MacNeill (Medfield, MA) a chance to show what we can really do," says Burns.

"The hardest part of starting a new season is adapting with the new freshmen and keeping together the unity we already have," explains Skelton. "Since our team is already so strong and the new members are meshing Continued from page 12

MADNESS CONTINUES

Midday Madness included many prizes such as T-shirts, money and free tickets to see the SHU basketball teams perform.

The 2002-2003 SHU Men and Women's basketball season has officially begun.

According to Nicholas Giuliano, manager of the men's team, "Last year we had a group of freshman and sophomores, a young and inexperienced team. We're a year older this year and the guys have gotten a lot better, every coach in the NEC thinks that our team is going to be one of the better ones in the conference. I agree with him. This team is going to win a lot of games."

Both the men's and women's teams boast experienced returning squads who are banking on talent to lead them to the top of both their conferences and hopefully to a conference championship.
Pioneers Drop Huskies

The Sacred Heart men's hockey team crushed UConn 6-3 at first ever MAAC Hockey Challenge.

By Henry Gargiulo

Sports Writer

"First Class" were the words head coach Shaun Hannah used to describe the building, locker rooms, ice surface and even the event staff at the first ever MAAC Hockey Challenge on Nov.15 and with a first class surrounding, the Pioneers produced a first class effort.

Behind two early goals from junior Marc-Andre Fournier (St. Catherine, QC) the Sacred Heart University Men's hockey team extended their winning streak to three games Friday night as they toppled the University of Connecticut Huskies 6-3 at the first ever MAAC Hockey Challenge at the Arena at Harbor Yard in Bridgeport.

Fournier's season started much like the Pioneers did, a little sluggish. Sacred Heart started 0-3-2 with Fournier registering only one assist. But Fournier quickly ignited the offensive fire with two first period goals, his first two of the season.

The first came just 23 seconds into the game as he intercepted a UConn pass, streaked down the right wing and blasted a shot past UConn goalie Artie Miller tied the contest in the second period when once again Fournier would help create the offense for the Pioneers, once again launching a shot from junior Chuck Metcalfe which went flying over the head of Connecticut Huskies goalie senior Nick Nutcher (Hamden, CT) and Martin Paquet's three points added to his season total of 9, leaving him just 24 from breaking Jon Yackmack's ('93-'97) school record for career points.

The Pioneers next home game is Friday night Nov. 22 at the Milford Ice Pavilion.

SPORTS SCHEDULE

Friday, Nov 22
Women's Basketball at UMass
Men's Ice Hockey vs AIC
Amherst, MA 7:00 PM
Milford, CT 7:00 PM

Saturday, Nov 23
Men's Basketball vs Southern Maine
at Stony Brook
Stony Brook, NY 2:00 PM
vs AlC
at IC4A/ECAC Champ
Van Cortlandt Park
at IC4A/ECAC Championships
Van Cortlandt
at Cornell Inv
Ithaca, NY 9:00 AM
vs Southern Maine
Milford, CT 5:00 PM
at AIC
Springfield, MA 7:00 PM

Sunday, Nov 24
Men's Fencing Women's Fencing Women's Ice Hockey
at Cornell Inv
Ithaca, NY All Day
Ithaca, NY TBB
vs Southern Maine
Milford, CT 3:30 PM

VOLLEYBALL

The win got the Pioneers back to the .500 mark at 3-3-2 with a 3-1-0 conference record. Ferhi made 22 saves in the win edging his record to 2-3-1. Paquet's three points added to his season total of 9, leaving him just 24 from breaking Jon Yackmack's ('93-'97) school record for career points.

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Kicking off with MADNESS

Sunday the men’s and women’s basketball teams celebrated the beginning of their seasons with midday madness.

By Loren Aversa
Sports Writer

Whether it be midday or midnight, the excitement of the beginning of the 2002-2003 Sacred Heart University’s Men’s and Women’s basketball season will always bring dedicated fans to the stands. At 2pm on Sunday, November 17th, Midday Madness took place at the Sacred Heart University pitt center. The crowd got rowdy as Tom Pesce, student government President, introduced both the men and women’s basketball teams. This was followed by a spectacular performance by the acrobatic SHU cheerleaders. The dance team was right behind them grooving to Missy Elliot’s, “Party People”.

This year’s Midday Madness consisted of a mini slam-dunk contest, 3 point shooting, and a regular slam-dunk contest. The mini slam-dunk contest allowed the “little” fans compete their dunking skills on the court.

Sophomore Mike Queenan, a forward for the men’s team won the three point shooting contest over Junior Ashley Kohl, a guard from the women’s team, gaining bragging rights for the entire season.

“It was fun getting to see the women’s and men’s basketball teams for the first time this season, I think this positive experience will give the SHU students hope that our programs are on the rise,” stated senior Dave Appleton (Framingham, MA).

Midday Madness came to an end with the slam-dunk contest. Junior Justin James, also a forward for the men’s team, had the crowd’s full attention while he went flying through the air landing in a jaw dropping slam dunk.

See “Madness” Page 10

The Pioneer football team ended their 2002 campaign in a fury upending IONA 30-3 to seal an impressive 7-3 record.

By Dennis Fleischmann
Sports Writer

Despite the cold and the rain at Saturday’s football game on campus field the Pioneers won their final contest against Iona by a score of 30-3. Iona scored first with a field goal in the first quarter, but SHU dominated the remainder of the game.

Junior quarterback Joe Kroells (Burbank, CA) threw for three touchdowns and led his team to victory. This win marks the end of the football season leaving Sacred Heart with a record of 7-3 and making it the third consecutive winning season for the Pioneers.

Senior kicker Tim Redican (Meriden, CT) evened up the score by kicking a 31-yard field goal with 13 seconds left in the first quarter. From that point on SHU dominated the game, taking the lead midway through the second quarter when Marlon Ward lateraled a short catch to senior wide receiver Doug Geoffrey on a hook and lateral play, who then took the ball in for the touch-down. The Pioneers extended their lead at the end of the second quarter when Kroells threw a 13 yard pass to senior tight end Sean Macanley (Clinton, CT) making the score 16-3 at halftime.

Kroells picked up his third touchdown when he found sophomore Steven Clayton (Pontiac, MI) at the right sideline resulting in a 35 yard score to make the score 22-3.

The Pioneers defense kept Iona in check for the entire game and had a school record 12 sacks.

The Pioneers defense kept Iona in check for the entire game and had a school record 12 sacks against Iona quarterback Billy Brieden. One of the sacks, by senior linebacker tackle Kayode Mayowa (LaSalle, RI) led to a fumble and subsequent recovery by senior Blake Neri (Dover, NH). Neri ran the ball ten yards for his third defensive touchdown of the season. Neri also recorded an interception on the day.

Senior defensive end O’dain Mitchell broke the NEC single