Tragedy in the Sky: SHU Reacts

By Amy Toohey
Staff Reporter

Saturday morning's overcast sky seemed to mirror the emotional sadness experienced due to the national tragedy that we awoke to. The Columbia, a space shuttle with seven astronauts aboard, had exploded into bits and pieces minutes before their landing was to occur in Florida.

"Our nation, now at the brink of war, is tragically becoming accustomed to devastation. I view astronauts to be amongst the bravest, most intelligent and honorable human beings. We have lost seven heroes that had great potential to expand our knowledge through their space travel," said Lauren Hendrin, a senior from Stratford.

Just 39 miles above earth, and 16 minutes before the astronauts were to greet their proud family members awaiting their return, the remains of the shuttle showered over Texas. Columbia's remains were scattered in many areas and residents were advised to contact authorities rather than handling the highly toxic, possibly dangerous evidence.

Once NASA officials had concluded that the worse case scenario had occurred, teams were assembled to investigate the disaster. Crews will consist of Air Force and Navy members to Transportation Department and NASA officials alike. Fear of terrorism forced many citizens to speculate that it may have been a factor in the explosion.

"I must admit, my initial reaction to the news did lean towards the eerie feeling I felt on September 11th, but shortly thereafter the news reports convinced me that terrorism was highly unlikely," stated Stephanie Jelacic, a senior from Shelton.

A tragedy of this proportion has not taken place since the explosion of the Challenger 17 years earlier.

"Even though I was only four-years-old, I can remember asking my parents questions about the Challenger explosion. That unimaginably tragic event left an imprint in my mind that was difficult to forget," added Hendrin.

Space travel is often taken for granted, but the reality of space discovery and exploration is extremely dangerous, especially because astronauts are constantly working through experimentation.

"One can only pray that we will learn from this mistake or glitch in the system and move forward in NASA exploration. The countless hours of dedication and perseverance displayed by the lost Columbia crew should be the motivating force that guides those responsible for correcting the problem that took the lives of seven promising individuals," stated Christina Domenech, a senior from Bronx, NY.

"It is shocking, almost a wake-up call for our nation. We have come a long way in space travel, but this setback will force the people who are responsible to take a look at every procedure set in place to launch a safe mission into the unknown. I believe inspections at every level will ensure safety for the future of the space program," said Michael Parniawski, a junior from Stratford.

The contributions and sacrifices that the seven astronauts made to better our nation will forever be a symbol of courage to those who preserve their names. The images of falling debris looked like shooting stars falling from the sky and that is exactly what they were.

The latest details of the investigation, as of Tuesday early evening, involve examining "a piece of debris that was dislodged during the launch of the space shuttle Columbia may have struck a seam on a landing gear door," according to CNN.

Also MSNBC cited that NASA has expanded the search area to include Arizona.

The latest piece of debris found was the nose cone of the shuttle that is almost completely intact in Texas near the Louisiana border.

President Bush and first lady Laura Bush attended a memorial service for the shuttle crew on Tuesday in Houston.

Thousands of people gathered outside to mourn and honor those the nation lost in this tragedy.

"The grief is heavy, our nation shares in your sorrow and in your pride," the president said speaking to relatives of the seven astronauts. "And today we remember not only one moment of tragedy but seven lives of great purpose and achievement," according to MSNBC.
Public Safety Reports

January 31st:
3:42 p.m. - A Taft Commons resident’s TV and PlayStation were stolen from her apt. Bridgeport Police Department was called.
4:00 p.m. - A Res. Life staff member search a West Hall room and found drug paraphernalia. The items were confiscated.

February 1st:
2:38 p.m. - A visitor backed her vehicle into a parked vehicle in the Tennis Courts Lot. A note was left for the owner of the hit vehicle and was later located and informed of the accident. Fairfield PD was called.

February 2nd:
1:21 a.m. - An officer observed a hole in a South Hall wall. B&G was notified.
2:10 a.m. - A South Hall resident was bleeding from his nose from being punched in the face. The victim refused to tell who assaulted him. Later, a friend of the victim went to the West Hall room of the possible assailant and assaulted. Fairfield PD was called but all parties involved declined to press charges.
9:11 a.m. - A visitor’s vehicle door lock was removed and his stereo system and CD’s were stolen on Geduldig St. Bridgeport PD was called.
2:23 p.m. - A Main Bldg. alarm was activated due to burnt popcorn.

PreMed Advisement Provides Guidance

By Marisa Ierardi Staff Reporter

The PreMed Program presented, “The Hexagon: Six Steps for Successful Admission” workshop instructed by Dr. Marian Calabrese and Dr. Carol Schoffield on Wednesday, Jan. 29. Premed is not a major here at Sacred Heart University, yet it is a strong and unique program for graduate work in medical, dental, veterinary and optometry schools.

The workshop consisted of providing the students in this program with an in-depth understanding of what they will need to do in order to prepare for entry into medical schools and what exactly medical schools are expecting.

The professors informed the students of courses they should take during their undergraduate studies to make them as competitive as possible such as General Biology, Chemistry, Physics, Calculus and English. Handouts with current statistics were given to the students who attended, along with journals. The journals allow the students to keep track of their thoughts, their struggles and experiences through their education.

We are trying to get everything that we think can help you outside of courses and more courses,” stated Dr. Calabrese.

This program not only presents the students with strong academic preparation but it also gives students the opportunity to participate in activities that take the students outside of the classroom. Visits to museums, theaters and exhibitions are just some of the examples in which this program allows their students to participate in. The program also brings in doctors and patients to come and speak to the students about their personal experiences.

“I am a little scared after today’s workshop, but I have always wanted to be doctor and the PreMed program helps you get rid of all your fears by giving you every option to succeed,” commented Andrea Xenophon, a freshman from Massapequa, NY.

This program also holds mock interviews for the students as part of their on going preparation and there will also be a whole workshop devoted to the interviewing process later in the semester.

“We’ve found in the past that many premed students are in love with the romance and finance part of it and we want to give them a true reality check,” added Dr. Calabrese.

The premed program holds a minimum of four workshops a semester to ensure their students are properly prepared for what they will encounter. The next workshop will be held on Feb. 12 and a workshop on how to choose a medical school will be held on Feb. 26.

“Based on other friends I have talked to, I believe this school prepares you the best because the premed advisors are so passionate about what they do and give constant support,” remarked Melissa Hernandez, a freshman from Port Chester, NY.

Black History Month Opens With Successful Ceremony

By Mark Stanczak Staff Reporter

At approximately 2:10 p.m. last Wednesday, a nearly full University Commons observed the opening ceremonies of Black History Month. Black History Month, observed every February, is dedicated to celebrating and increasing the awareness of African American heritage and culture.

In an opening remark, Nakisha Grant, a junior and sister of Delta Phi Kappa, invited people of all backgrounds to participate in this celebration of diversity.

“Seeing doesn’t matter what color your skin is,” said Grant. “It only matters how you conduct yourself."

Fr. Gustavo of campus ministry then led the assembly in an opening prayer, quoting a passage from the book of Genesis and giving “thanks for the many expressions of faith from people of all backgrounds.”

Cassandra Ragland, recently voted SHU Idol, sang the “Negro National” followed by a prayer reading by graduate student Brandon Graham.

Graham, after briefly pluging the Sacred Heart Prayer Book now available in the bookstore, read “A Time for Prayer” and went on to discuss issues concerning Black Americans such as education, spirituality, economics, and reparations.

Graham called for reparations not only in the financial sense but also asked the community “to repair, to renew, bringing cultural differences to the table.”

“Black History Month is a celebration of the achievements of many… [and] an integral part of the American experience,” said Kivette Parker, a junior, during her speech on the importance of this event. “Black history is my history. Black history is your history. Black history is America’s History.”

Afterwards, Grant and part-

ner Michelle Everet put on a brief step-dance performance before a steadily growing crowd. David Carlor then read his untitled poem as the audience continued to grow. “Why did you make me black?” Grant asked of God in a later poem. “Why did you make me someone the world wants to hold back?"

Everett answered: “I made you Black because my filings were never right in the world and memories with me.”

At the close of the afternoon’s events, Bridgeport’s Central High School Choir sang before the gathered spectators. The students’ energetic performance, accompanied by two keyboards and drums, began to draw a crowd of curious onlookers at the door. Several people in the audience rose and clapped during the final number, and everyone got to their feet for a standing ovation.

President of UMOJA senior Ikem Morah from New Orleans, Louisiana is hopeful about this year’s Black History Month events.

“I hope everybody will turn out at a few of the events because that’s what going to college is all about - experiencing and learning about different cultures,” said Morah.

Morah stresses the following words to the Sacred Heart community as Black History Month begins: “I’d like to see more total campus participation in the events.”
Israel in the 21st Century Lecture at SHU

One "Spectrum" reporter had the rare chance to interview Mr. Liptz to discover some of his thoughts he did not discuss in his lecture.

By Sarah Keller
Staff Reporter

On Thursday afternoon guest speaker Paul Liptz gave a lecture on Israel in the University Commons. Liptz is a social historian who lectures in the Department of Middle Eastern and African History at Tel Aviv University and Hebrew Union College in Jerusalem. During the last three decades Liptz has worked with the Melton Center for Jewish Education in the Diaspora and the Diaspora Museum in Tel Aviv. Liptz has traveled widely and lectured and conducted workshops in over a dozen countries. His main fields of interest are Middle Eastern, Israeli and European history and sociology, where he deals with both Jewish and non-Jewish aspects.

The country of Israel has been continuously in the news headlines of the United States and has become a major topic of interest for many US citizens. This main interest lies in the Israel/Palestinian conflict. After the lecture Liptz was able to give his own perspective on some topics pertaining to this conflict.

"We need to solve the conflict with the Palestinians soon and the only way to accomplish that is through territorial compromise," he explained.

Although there are many Israelis that want to hold on to all of the land, Liptz, according to Liptz, many Israelis would gladly compromise land for peace. If Israel was forced into full warfare with the Palestinians, Liptz has no doubt that Israel would win. However, this is not what Israel wants.

"The Oslo peace process was a genuine attempt" he went on to explain. He believes most Israelis want to compromise and help set up a Palestinian state.

Another reason Israel has been in the press recently is due in its close proximity to Iraq. With the impending US/Iraq war Israel is preparing for the worst.

"The US/Iraq conflict does not directly involve Israel," said Liptz. "I am more frightened that Israel will be the object of attack if the US leaves Iraq." He went on to explain that although he does not think that Hussein will bomb Israel with the US there, "it is still a possibility and we are getting prepared for such an attack.

It is difficult to get the Israeli perspective in the US. The media coverage is limited. When asked where US citizen could find more information on Israel and its conflict Liptz recommended two Israeli papers printed in English that can be found on the Internet: "The Jerusalem Post" and "Ha'aretz." He suggested that its readers keep the following in mind: "Although both these papers are good one must remember that "The Jerusalem Post" is decidedly rightist and "Ha'aretz" is more liberal and to the left."

Liptz suggested that any American wanting to understand what is happening in Israel should take an active interest.

Paul Liptz visits Sacred Heart's campus to enlighten students about a country that many may not know too much about. Students and staff have a positive reaction to the guest.

By Maureen Daley
Staff Reporter

Social historian Paul Liptz held Sacred Heart University staff and students captive last Thursday in the University Commons with his lecture on Israel in the 21st century. Liptz, informed listeners about Israel's changing atmosphere. The lecture focused on the influx of immigration to Israel, Israeli politics and religiosity.

Israel's population is 80% Jewish, with over 102 countries represented. Each new immigrant adds another culture to the already clashing pile. Liptz shared how this diversity creates constant social dilemmas, and how the Israeli people often focus on arguments within their society before focusing on external conflicts.

"I liked the lecture," states Sophomore Erika Schneider of Manhattan, NY. "He made it very personable," Schneider adds.

Liptz discussed Israel's political system as a democracy on the verge of anarchy. In Israel it is easy to form a political party, leading to parties like Men's Rights, and Cab Driver's Party. Mr. Liptz revealed that in Israel's most recent election there were 27 parties involved.

Although Israel's official religion is Judaism there are large Muslim and Christian sects in the country which causes tension. The people of Israel constantly try to find a common area of understanding between the religions and the areas of marriage, education and the Sabbath are continually disagreed upon.

"It was interesting when he talked about how people who didn't want to get married religiously sneak off to Cyprus to get married," says Sophomore Mara Mirabella of Bayonne, NJ.

Mr. Liptz has lectured in over a dozen countries, and Sacred Heart University was fortunate enough to have him speak on campus.

"It is through Rabbi Greene from Congregation B'nai Israel in Bridgeport that Paul Liptz's visit to the local area was brought to the attention of Campus Ministry. Because Campus Ministry and Congregation B'nai Israel have collaborated so successfully on a number of events, Rabbi Greene thought that we might be interested in taking advantage of this wonderful opportunity," states Campus Minister, Noelle D'Angostino.

Sacred Heart faculty and students who attended Paul Liptz's lecture gained insight into a complex country. Brian Stilner, Assistant Professor of Religious Studies, and Director of the Horsher Institute for Applied Ethics states, "Israel is a pivotal country in the middle east, a democracy and a U.S. ally, that is embroiled in many tense political relationships and controversial policies. What most of us know about Israel from the news is only about those controversies. Mr. Liptz's lecture will be important for helping us understand Israel a little better from the inside. After all, understanding is the only sure path to lasting peace."

Second Annual Etiquette Dinner Will Teach Valuable Life Lessons

By Eileen Golan
Staff Reporter

Attention Juniors, Seniors, and Graduate students!!! After a success last year the second Annual Etiquette Dinner is back by popular demand. This event will be held on Tuesday, February 18th from 5:00-7:45 pm in the University Commons and will give you pointers on professional etiquette.

Eienne Davin, of Career Development stated, "it will be a lot of fun and informative."

The evening will be broken up into key ways for landing that job and then a hands on dinner. From 5:00 to 6:00 pm you will learn how to make a powerful first impression, how to dress, the importance of follow up, the art of business correspondence, interviewing tips, how to stay motivated and how to mingle in style.

Davin also stated "you can learn key ways to impress your clients." After you learn the key ways for landing that job you will sit down from 6:10-7:45 for the hands-on dinner.

Just think you can get all of this valuable information and a great dinner for only $6.00.

The payment can be paid with cash or if you want to you can put it on your flikr card for your convenience. Spots are limited so make sure you sign up by Friday February 14th at the Office of Career Development (215 Curtis Hall) and submit the application. Please bring your friends when you sign up so you can all sit together. We look forward to seeing you there, and make sure you are dressed to impress.

Learning complicated place settings and how to eat tricky foods are some of the lessons students will learn at the 2nd Annual Etiquette Dinner.
Winter Guard Pushes Toward Nationals

By Keri Nastri
Staff Reporter

"Is the color guard ready?" asks the announcer. Then a single girl on the floor nods her head in agreement, and he continues with, "You may take the floor in competition.

"These are the words that are spoken to every winter guard team before they begin their show. These are the exact words that were spoken to Sacred Heart University's winter guard, "Terpsichore," Saturday night at Shelton High School.

Winterguard is known as the

Sport of the Arts according to

the Winter Guard International website.

The sport consists of dancing, music, colorful flags, silver sabers, and wooden rifles.

Each piece of equipment is tossed and spun by the performers while they are simultaneously dancing. The execution of a good show depends on how well the team can stay in sync and keep in time with the music.

This year's team has chosen a musical selection titled, "The Concerto," a classical piece from Barak. They have five flag changes, which add to the use of vivid colors in their show. The team consists of 18 performers and a large staff. Director Darren Delaney and designer Brian Murphy head the staff. The full staff consists of 11 men and women from Massachusetts and Connecticut.

The captains are Trisha LaBella, a senior from Port Chester, NY; Stephanie Lubrano, alumna of Sacred Heart from Stratford, and Jessica Kerpen, a senior from Branford.

"These girls are extremely dedicated and hard working. Their maturity and focus make them a pleasure to work with," said flag technician Cathy Kraus of Naugatuck.

"These girls are definitely headed to the World Championships in Dayton, Ohio this coming April. As of now, they are ranked second in the Independent A, competition class," added Delaney.

The current practice sessions for the girls are described by the staff to be rigorous. They practice on Friday nights until 12 midnight. Saturday consists of practice from 10 a.m. until 4 p.m., however their day is not over yet.

After six hours of practice they pack up and head to their next competition, which lasts until about 10 p.m. The girls then wake up and go to practice on Sundays for a long practice session.

President Bush to Boost NASA Budget

By Samantha DeVita
Editor-in-Chief

Starting Monday, the proposed budget increase from President George W. Bush will go into effect. Bush announced that he would like to boost NASA funding by almost a half billion dollars.

According to CNN, this would mean that the current NASA budget of $500 million, would dramatically jump to $547 billion dollars. As reported by an administration official, the reasoning behind the massive increase to the space agency is due to the "right shuttle fleet" and to "develop a new space plane."

Although this budget falls right on the heels of the disintegration of the space shuttle Columbia on Saturday, White House officials claim that even though the NASA budget has undergone cutbacks in the past, the lack of money has nothing to do with the crash.

In addition to this, Bush's new budget will foster reduction in taxes, and help to bring money to the homefront and overseas, as America prepares itself for possible war.

The other part of this three fold increase is that the new budget estimates the deficit for the year 2003 at $301 billion dollars, according to Reuters, and will help to provide continuous relief over the next five years. These figures, however, do not include the cost of possibly waging war on Iraq, which according to officials could possibly exceed $61 billion dollars, which as they later addressed, was the amount of money spent on the Gulf War in 1991.

The White House and Republicans claim the reasoning behind the large deficit, which was predicted to be $109 billion dollars, is due largely in effect to the terrorist attacks on September 11, 2001, and the war waged on terrorism since then.

On the other side of the debate, the Democrats argue that Bush's persistence of what was quoted as "reckless tax cuts" dramatically increased the debt of the U.S., becoming the catalyst for the rapid decline in our long-term fiscal position.

In response to the Democratic statement made by Conrad, the White House still believes the deficit to be manageable, and has informed Congress to reduce spending in non-defense spending from 3 to 4 percent.

In addition to this problem with Bush's budget, Democrats also believe that the new plan will strongly truncade many vital social programs that are under funded to begin with. To combat this, White House spokesman of the Office of Management, Trent Duffy, stated that "by growing the economy and holding growing government spending in family paychecks," the reduction of deficits is quite necessary.

CNN reports that "Bush has proposed a $670 billion 10-year tax cut that would slash investors' dividend taxes and accelerate scheduled income tax cuts. Bush will also propose setting aside nearly $400 billion over ten years to modernize Medicare and provide prescription drug benefits to the elderly."

While some of this might not be assured, the homeland security is a definite budget plan that will be put into effect. REUTERs reports that of the $41.3 billion dollars set aside for defense of the nation, Bush's new plan, beginning on October 1, 2003, this aid will allow $36.2 billion dollars to go directly to the newly formed "Department of Homeland Security."

Then end result of this spending proposal will "leave the military budget as high as $484 billion dollars in 2009," according to CNN.

As reported by REUTERS, some other provisions that are essential to Bush's 2004 budget include: granting states $12.7 billion dollars over seven years, which includes giving $3.25 billion to the Medicaid health insurance program for the poor, and increasing the Securities and Exchange Commission funding to $842 million. Also, the budget will allow for $1 billion dollars to be spent on education of underprivileged students, and $16 billion to be spent on combating the spread of AIDS in the country. Overseas, Bush plans to advise Congress to aid Haiti and Africa in their attack on AIDS, by bringing their funding up to $15 billion over the next five years.

As the White House stands behind the proposed budget by President Bush, which fully goes into effect early in 2004, the political foundation being laid is one that will set the ball rolling for the political jargon battle over taxes and spending in the upcoming 2004 election. Also, this bill will help to cushion Bush from the Democrats that claim "he was too soft on corporate fraud after the wave of boardroom scandals."

"Although this budget falls right on the heels of the disintegration of the space shuttle Columbia on Saturday, White House officials claim that even though the NASA budget has undergone cutbacks in the past, the lack of money has nothing to do with the crash."
WANT TO DO WELL ON A JOB INTERVIEW THAT INVOLVES EATING A MEAL?

or...

NEED SOME EXTRA TIPS ON HOW TO LAND THAT GREAT JOB OR INTERNSHIP?

If you said "YES" to either of these questions (and if you didn't, you must not plan on being employed during the course of your life), then come to the

Etiquette dinner!

WHEN: Tuesday, February 18\textsuperscript{th}, 2003 5:00-7:45pm
LOCATION: University Commons/Old Gym
HOW TO SIGN UP: 215 Curtis Hall, Deadline: Fri. 2/14
WHAT TO WEAR: Professional Attire! (a.k.a. look nice)

Bring your friends to sign up and sit together: $6/person
Pay by Cash, Check, or FliK points upon Sign-up

---

**HEY SENIORS!**

*WE WANT YOU TO MAKE A SUCCESSFUL TRANSITION FROM SHU TO THE "REAL WORLD"
*(AND I DON'T MEAN THAT RIDICULOUS MTV SHOW)*

**Come to the "Backpack to Briefcase" Sessions:**

**Wednesday, February 19\textsuperscript{th} at 12:30pm**
How to Budget and Effectively Manage Your Finances

**Thursday, February 20\textsuperscript{th} at 12:30pm**
The Successful Transition from Student to Professional

**Friday, February 21\textsuperscript{st} at 12:30pm**
Negotiating Job Offers and Understanding Your Benefits Package

Sign up on the eRecruiting Calendar today, or email careerdev@sacredheart.edu

All locations will be in 215 Curtis Hall unless otherwise specified after sign-up!
As America Mourns, War Looms on the Horizon

As the nation mourns the loss of the seven astronauts on the Columbia this past Saturday, there is only one thing that came to mind when I thought about it. Here are these poor people, going home to their families, and their lives were so shortly ended in a horrific accident that left the nation in tears. While thinking about this, I also thought about the idea of the U.S. possibly going to war with Iraq. Although my thoughts on the possibility of war waiver a little, I feel it is truly necessary to go to war with Iraq, mainly because the disintegration of the Columbia should show the people of the United States that we are not invincible, and that we are not as powerful as we believe ourselves to be. As the attacks on September 11, 2001, and this latest tragedy have shown us, we are not as powerful and invincible as we think we are. Yet, the idea of serving and to what extent your country was an inevitable thought that arose while watching the unfolding of events Saturday morning. As we have seen by past traumatic national events (September 11, 2001 for instance) patriotism and unity were fostered, an ideal America had long forgotten until that day.

Here in the U.S. I believe that we take for granted our freedom as individuals. For God’s sake, Barbie was just introduced to Iraq, and the women there are going crazy because she is so unlike them—she is free, able to dress in whatever clothes you feel you want to dress her in...something to be fought for. While, here in the U.S., women try and run around and get Botox and liposuction to look like Barbie! It is absolutely amazing what we, as Americans take for granted. Here, NASA is mourning the loss of their astronauts, yet in Iraq, there is no space program, nor do the people there even dream of having one. In keeping with this, Hussein, like Stalin, kills his own people, and leaves the people of Iraq in constant fear. There is something fundamentally and morally wrong in the idea that we should not help. While I understand that there are many problems here in the U.S. that I believe we should be addressing, this is an immediate problem.

If we know that Hussein has weapons of mass destruction, there is no reason that we should sit and wait to see what happens. Waiting will only give him more time to grow stronger and attain/develop stronger weapons. While diplomatic solutions to our problem with Hussein would be wonderful in a perfect world, the reality is that he is still not cooperating fully, thus causing more tension and problems. While we have to keep in mind that basic human rights are involved here, the question of the nuclear bomb North Korea has, also entered my mind. I do believe that we should be taking a more stern approach towards them, yet there is a big difference in the two countries: North Korea has a nuclear bomb, but Iraq has thousands of nuclear weapons pointed right in the direction of the United States. While I admit, I would probably want to take every male I care about to Canada if we were to go to war, I believe that it is our duty to our government and ourselves to “serve and protect.” Our country was based on men and women who fought to protect us, and although war and weapons are drastically different, the foundation on which this country was built is not. Instead, this patriotic duty and feeling has definitely left some of the materialistically greedy and freedom-spoiled people who live in America. We need to come together and fight for what is right to preserve our freedom and the freedom of others, as well as our safety.

By Samantha DeVita
Editor-in-Chief

Professor Advises: “Look Before You Leap”

Dear Editor,

From time to time, Letters to the Editor appear in the Spectrum complaining that SHU does not teach enough courses on Roman Catholicism or provide a Catholic environment for its students. While I am sure that the letter-writers are well intentioned, they are also frighteningly uninformed.

First, there is a whole host of courses on Roman Catholicism taught by Religious Studies faculty. Obviously, a course such as the “Gospel of John” is of great relevance to the Catholic tradition. But even when we limit the discussion to courses that deal specifically with the strictly doctrinal or theological component of Catholicism, I count thirteen courses for one to do a whole major in Religious Studies without ever taking courses unrelated to the Roman Catholic doctrinal tradition!

“It should also be emphasized that the University is not restign on its laurels in pursuing Catholic identity.”

That might not be the best way to understand Catholicism and its relation to the larger world, of course, but it would technically be possible. And every one of those thirteen courses is open to non-majors and can be used to satisfy the requirement for a second philosophy or religion course. Everyone can also be taken as an elective.

There are other avenues on campus for students to pursue an in-depth study of Catholicism. For example, we have the Catholic Social Scholars Program, which involves a thorough investigation of the social justice and moral teachings of the Church. And there is the program in Church Leadership that is run through Campus Ministry and provides Religious Studies credit. It should also be emphasized that the University is not resting on its laurels in pursuing Catholic identity. There is currently underway a study of the feasibility of setting up a program in Catholic Studies. Rather than being confined to Religious Studies, this program would offer students the chance to investigate Catholicism through a whole range of disciplines, from Literature to Sociology. In addition, the proposed new core curriculum for the University, which future generations of students would be expected to take, is built around the theme of Catholic intellectual tradition. At its heart are four courses in which all students would enroll and which explore that tradition from various angles, culminating in a study, specifically, of the challenge of the moral life.

In short, those tempted to jump to the conclusion that Sacred Heart University does not take its Catholic identity seriously, and especially those inclined to voice such a conclusion publicly, would do well to regard the old adage: “Look before you leap.”

Richard Grigg
Professor of Religious Studies

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Samantha DeVita
Editor-in-Chief

Richard Grigg
Professor of Religious Studies
Letters/Op-Ed

What About Me? Health Services Lends a Hand

Do you feel uncomfortable stating your opinion in class? Are you reticent to put your needs first? Do you allow the woman at CVS to step in front of you while in line to check out? Are you afraid to confront your professor when you believe your paper was graded unfairly? If you answered "yes" to any of these questions, you may be lacking assertiveness skills. You should not have to put your needs, opinions, wishes or desires second to others unless you choose to do so.

Assertiveness is the ability to communicate, both verbally and non-verbally, your thoughts and feelings honestly and appropriately. To express yourself assertively is to know yourself and what it is that you want. It means showing yourself the same respect and kindness that you show others. Since the people you deal with everyday cannot read your mind, and therefore, cannot discern what you are thinking or feeling, their assumptions have a 50% chance of being correct. Unless you want to be understood only half the time, you may want to hone your assertiveness skills.

One may misconstrue assertiveness for other, less adaptive and effective behaviors such as aggression and manipulation. To be assertive does not mean being aggressive or manipulative. It means being direct and not evasive, respectful not intimidating, honest and calm not hostile.

So how can you become more assertive? Here are a few steps that will help your fine-tune your assertiveness skills.

1. Determine exactly what you want or need and determine if the goals are realistic and negotiable.
2. Consider a way to communicate your thoughts, needs, etc. without acting passively or using manipulation or aggression.
3. Prepare for an assertive confrontation by standing tall with shoulders squared. Look the person in the eye and maintain a calm, yet firm, tone of voice. Maintain a personal space that implies openness. (For example, do not cross your arms or legs.) Do not back up or move back and forth. Stand firm.
4. Deliver your message as briefly and directly as possible without being sarcastic, condescending, or judgmental.
5. Keep your request or assertion simple. Be specific about what you want or need.
6. Use "I" statements. "I want...I need..." as opposed to "You should..." You don't!".
7. Object to behaviors...not personalities.
8. Be respectful of the other person and allow him/her time to respond.
9. Don't apologize for your request.
10. If the person becomes defensive, validate his/her feelings and make her/him feel understood.
11. Do not participate in emotionality, debates, or arguing. Continue to stand firm and reassert your message calmly without being derailed.
12. Focus on the solution with consideration for the other person. Consider a compromise as a means toward resolution.
13. End a positive conversation with gratitude for the other's understanding.

The SHU Voices -Compiled by Susan Magnano

If you could change or add something to the Spectrum, what would it be?

Ingrid Olsson
Stockholm, Sweden Sophomore

"More sports, especially soccer and some track."

Chad Clark
Syracuse, N.Y. Freshman

"A lot of people would benefit from a classified section."

Chris Trimarchi
Northpond, N.Y. Freshman

"I would add an opinion column for school issues."

Editorial Policy

The editorial pages are an open forum. Letters to the editor are encouraged. All submissions are subject to editing for spelling, punctuation, grammar, clarity and length. The Spectrum does not assume copyright for any published material.

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The Driving Force Of The SHU Players

By Jennifer Jenson
Assistant Sports Editor

The words “responsibility,” “effort,” “academics” and “leadership” equate the acronym, REAL. Senior Lisa Schneider of White Plains, NY, exemplifies a “real” person living a life of hard work and dedication to whatever she sets her mind and heart upon here at Sacred Heart.

Schneider has been a student here at Sacred Heart since 1999, when she entered as a freshman. As an active member of the theater and many other activities in her high school, Schneider knew that she wanted to stay just as involved when she came to SHU. Staying involved is what Schneider did, to say the least.

At Valhalla High School in New York, Schneider’s list of activities included class secretary, freshman, through junior year. Her dedication paid off when members of her high school class nominated her for president her senior year. She was a member of the drama club and volleyball team for four years and two out of those four years she was captain of that team. Schneider was also a respected member of the SADD (Students Against Drunk Driving) program. She participated on the soccer team for two years, was part of the vocal ensemble for four years, attended youth leadership conferences and was recognized in “Who’s Who Among American Students.”

When college came around, Schneider did not have any problem keeping up a steady schedule of extra curricular activities while balancing a social work major with a theater minor.

Combining her two main interests, social work and theater, she joined the SHU Players, the drama club, her freshman year, and stayed involved with the Student Social Work organization for two years, becoming president of both clubs.

With not much free time and a busy academic schedule, she still manages to add Advisement Council and volunteer work to her already impressive resume. Currently she is also interning at Central High School. In the back of her mind, Schneider’s passion was acting. Joining SHU Players was a dream for Schneider could keep acting in her life. “Becoming involved with theater and the arts not only has the immediate benefit of allowing one to meet and make friends, it also gives one the gift of learning more about themselves, understanding who they are as well as who they would like to be,” said Schneider.

“Lisa is one of the most kind and intelligent people I have ever worked with. She gives her heart and soul toward everything she does. She has especially been truly dedicated to the SHU Players since her freshmen year at SHU, and I feel as though the club would be nowhere without her,” secretary of the SHU Players, senior Kate Wollenberg of Bristol stated.

Rick McKinnon, advisor to the SHU Players commented that, “Lisa has been the driving force for the past three years behind the SHU Players club.” Also, McKinnon did not want to forget to mention that Schneider has been his right arm the last three years as his work-study student.

“She has been our SHU Player of the Year award and was nominated for a second shot at that award. She is our sanity in the insane theatrical world and is a steadying influence in our club. She is the voice of reason that keeps them in line,” McKinnon said.

Her list of theatrical performances here on Sacred Heart’s own stage include, “Everyman,” “Robin Hood,” “How SHU Stole Christmas,” “Critical Mass,” a variety of Awareness Plays, and “Steel Magnolias.” She has even directed a play and the list keeps going. Currently, Schneider is rehearsing along with other dedicated SHU Players for “Bald Soprano,” which will hit the SHU theater in late March.

“I’ve never known anyone who puts as much heart as she does into everything that she does. She is a truly caring person. I feel lucky to be her friend and roommate. I have known Lisa since the first day of freshman year when she walked into my dorm room and introduced herself. From that point on, Lisa has opened up so much. She has grown so much over four years. She is a trusted friend and the best listener. I know. She is always willing to help in any way that she can.”

Photo by Susan Magnano

Lisa Schneider takes a moment to relax from a SHU Player rehearsal.

Searching For A Future

By Jamie Pasculli
Staff Reporter

With three months left in the semester, another year is coming to an end and another class will leave Sacred Heart. The job search is something that seniors deal with every year. Whether students put their foot in the door with an internship or go on countless interviews, the job search is not an easy ordeal.

Sacred Heart’s Career Development office gives students many opportunities to make the job search a little easier. They also post internships for underclassmen that would like to gain experience in the work force. Resumes and cover letters are key to finding a job. Companies

One senior, Melissa Mezzina of Hoboken, NJ, is currently searching for a job. She is a Business Administration major with a concentration in Marketing and Management. Her goal is to become a Financial Advisor, which is basically someone who works for a company, planning peoples’ futures; they help set up their client’s retirement and planning for their children to attend college.

During her job search, Mezzina has gone on six interviews for companies like American Express, Met Life, and Raymond James Financial.

“The interviews that I have been on have been a great way for me to become familiar with each company and to find out if that is the right fit for me. In a way, by going on these interviews, I have learned more about each company and I got a chance to find out if I could see myself working there in the future,” Mezzina said.

Interviews are an important part of the job search process. Mezzina offered some advice to anyone who may also be going through the process.

“If you want to prepare for an interview, you should start by researching the company and trying to become familiar with the person who will be interviewing you. Always look professional for the interview so the employer will know that you are serious about wanting to work with their company, and always be on time for your interview,” Mezzina said.

One of the main factors is to remember before entering the interview “Be calm, be yourself and put your best foot forward.”

Career oriented magazines can be found in the career development office.

She added one thing to remember before entering the interview: “Be calm, be yourself and put your best foot forward.”
Inside Israel: Keller Explores the Holy Land

By Diana Lumani
Staff Reporter

College is a time of exploration and discovery. Campus life will present students with a whirlwind of choices and challenges. Through these experiences, students will begin to discover who they are and what they believe.

For Sarah Keller, a senior media studies major from Westport, CT, the decision to go to Israel was an important part of her learning experience.

She had the advantage of traveling to Israel for the first time. For Keller the purpose of the journey was spiritual, academic and entertaining. The main reason that influenced Keller to go was her Jewish background.

"As a Jew, Israel has always felt like a safe haven for me and with all conflicts there I felt my safe place was being threatened. I did a lot of research on the country and I never felt like I was getting the whole story from the American media, so I decided to go there for myself and fill those holes," Keller explained.

This was Keller's first time in Israel.

"I had no family or friends there, so basically the only people I knew were the ones I met on my tour group and people I met throughout my journey," she said.

The differences between the American and Israeli lifestyles are significant.

"In Israel, when men and women turn 18 they have to serve mandatory military service. Men serve for 3 years and women serve for 9 months. There are no exceptions to this rule. People my age are graduating college in the U.S. while these kids are just getting out of the army," Keller said.

"Another major difference I noticed was that most of the food in the U.S. is imported. There everything is grown on the Kibbutz, which is a small farming community. So everything at the market is fresh. If we don't have it in season then it's not available."

"A further difference is that there is a mix between the technologically advanced western society and the old traditional lifestyle ties seeped with history," Keller explained in-depth.

"Another thing I found amazing was how you could go to a local mall and see a kosher McDonald's, a Synagoge and right across from a hot new fashion store there are places where people hand out gas masks, all within feet of each other. That is the reality of it all; there is a constant fear of being bombed. You never get used to it, but people live on with their lives. They do not hide, the Jewish people come out and live normally. People there do not take anything or anyone for granted because it can all be gone tomorrow," Keller said.

People in Israel are more openly affectionate than most people here in America, from Keller's observations.

Sarah Keller explores Israel over the winter break and discovered a lot about Israel's culture.

The people are very genuine, blunt but the flip side is that they really truly care about people; they don't hide their compassion. They constantly tell one another they love each other, giving kisses and hugs. They even invite strangers into their homes. Trust is very big with them because there is almost no crime," Keller explained.

Keller also cleared other misconceptions about Israel.

"People think of Israel as a desert, but Tel Aviv is just like New York City with so much to offer, from night clubs to malls, movies, and theater," she said.

The security is very tight even at places people travel to every day.

"One thing that shocked me was that everywhere I went I had to have my bag checked. This happened at schools, malls, airports, even restaurants," stated Keller.

Visiting Israel was also an academic journey for Keller.

"We had lectures everyday about the Israeli-Palestinian conflict and Israeli politics in general.

One lecture was with Professor Bahram from Haifa University, an expert on the Middle East specializing on Iraq, who spoke about how Israel fits in with the U.S.-Iraq war," Keller explained.

The Israeli-Palestinian conflict is very complex. Keller takes some time to heart.

"There is a saying 'Two Israeli's, four minds.' There are so many different perspectives and people feel there is no 'one' right answer. To understand the history and conflict takes much research, study and also to have spent time in the country," she said.

"When the Oslo peace accord took place, Israel wanted to compromise but Palestine refused the offer. So until both parties are willing to negotiate, and unfortunately since the crumbling of the Oslo accord, I don't know if anyone will compromise again," Keller said.

Israel is home to three of the world's major religions. "Jewish, Muslim and Christians should go to Israel if they have a spiritual connection. It is the spiritual center for all, but especially for Jews," Keller said.

Who Is That Lady?

By Lindsey Gerkoff and Katie Fanning
Staff Reporters

She glares relentlessly as students hurry down the stairs near the ATM.

"She looks pretty damn mean, like a principal making sure we're good," says senior Andrew Mikulski from Terryville, CT.

Her name is Bernice and she has a story not all that strange after all.

Some students believe she was once involved with the university, a professor, administrator or even an alumnus.

"She looked like my old math teacher, but she really looks mean. I've always wondered who she is," explains Kim Marcantonio a junior from Portsmouth, Rhode Island.

"I thought she was someone from the University, but I just thought she was a really bad painting, it bothers me," said Christine Mandracchia a junior from Manhasset, New York.

Other students are just confused and irritated by her eerily unexplained presence.

"Whoever she is, she's definitely scary, there should be a painting of me up there instead," says Carlos Silva, a sophomore from East Haven.

However, not all of the reactions are negative.

"When I first saw her it was startling, she looked real, but I like it. I see her as a severe person but not unkind," said David Cascaron a junior from Dudley, Massachusetts.

The mystery woman's identity is not very complicated.

Professor Lisa Bolin's Art in the Western World classes in the 2002 fall term were assigned to study and analyze the infamously painting and some of the mystery was ultimately lifted.

Bernice is not a dean, an alumni, a Spanish teacher, or a dictator of any kind. She was an art gallery owner from Florida who commissioned a portrait of herself for her own personal collection.

She was known for the use of her bright and deep colors, as well as for her oversized art.

For unknown reasons she was forced to sell off part of her collection and several pieces were donated to various universities, giving "Bernice" a home at Sacred Heart University.

According to the Merriam Webster Collegiate Dictionary, "art" implies a personal, diverse creativity and power.

"She definitely looks like she has power," says junior Rebecca Jadarst from Simsbury, CT. "Every time I walk up and down the stairs, I feel like she's watching me! She seems like she'd be an important authority figure, or a dictator."

According to art professor Jack DeGrafenried, "It is perfectly normal that students might feel intimidated by her.

"If the artist's intent was to make the audience feel uncomfort- able by its severity he/she successfully accomplished that goal."

DeGrafenried also mentions that, "The painting is technically very well executed. The artist successfully used a dark palette that lends itself to the intensity of the piece."

The painting is definitely intense and said to be frightening. Jadarst agrees.

A second intense as the painting maybe, it will remain as a noteworthy piece of University property.

Hopefully it will be a bit of relief for students to learn that Bernice is not a member of Sacred Heart's faculty and they will never meet with her face to face.

And fortunately students can take some comfort in knowing that Bernice's deeming expression is too unyielding for them.
Music staff Hits High Note

By Ryan Broadbin
Staff Writer

The recital "A Knight and Heroine of the Opera" will feature the vocal talents of two Sacred Heart music instructors, Baritone Christopher Mooney and Soprano Regina Zona on February 7 at 7:30 in the Edgerton Center for the Performing Arts.
"A Knight and Heroine of the Opera" is the first ninety-minute recital in the Faculty First Recital Series. The recital will include operatic and musical theater selections from the following composers: Monteverdi, Puccini, Donizetti, Ravel, Verdi, J. Strauss, Gerhwin, Rodgers and Hammerstein, and Willern and Sondheim. Mooney asserted that the performances in "A Knight and Heroine of the Opera" will inspire students to think critically about their own musical talents. "We can give our students some inspiration, an example of a goal to work toward in their own voice studies."
"This is the first professional voice recital at the college that gives faculty and students an idea of the caliber of performing teachers we have," said Mooney. "It'll be a fun evening of light opera and musical theatre and should be accessible and comfortable for both fans of opera and people new to the music."
Zona added "A Knight and Heroine of the Opera" is an opportunity for students and faculty to appreciate and experience opera for the first time. "I hope that the audience experiences something different. I think students and faculty will have a chance to experience operatic selections, perhaps never experienced outside of the college."
"We are having the recital because our (faculty) department is growing, and has wonderful resumes and backgrounds, it's time to show them off," said Zona.

"Butterfly" Brings Hope in Survival

By Colleen Mitrano
Staff Writer

On Friday February 14, and Saturday February 15, at 8 p.m., the SHU Players will put on the play "I Never Saw Another Butterfly" in the university theater.
The play, written by Celeste Raspani and directed by junior Charity Ferris is based on the poems and drawings that were found buried in a 1940's Czechoslovakian Jewish ghetto named Terezin. After the poems, drawings, and paintings were discovered they were compiled into a book that shares the same title as the play.
The play is set in Terezin and it's concept was taken from the first line of one of the poems collected, which started with "I never saw another butterfly."
It's focus is on Jewish children in a horrible period of the world's history, where discrimination and racism led to the mass genocide of tens of thousands of people throughout Europe.
Even though this play is fictional it is based on the truth. The main character Raja Englanderova, played by junior Sarah Hendrie, was actually one of the only survivors of Terezin.
The main plot of the play is that a teacher in Terezin named Irena Synkova played by junior Leanne Gissas. Synkova aids Raja through this troubling time in her life.
"My character, Irena Synkova, is a school teacher who cares very much about the children in the concentration camp and is a mother to them. Irena interested me because she motivates Raja to survive and live each day as if it was her last, which is so important," said Gissas when asked about her involvement in the play. Throughout the play Raja also develops a close relationship with a boy, Hona Kosek played by freshman Mike Johnson.
"What attracted most about this production is how much emotion was found in such a short show. Usually one act plays are very concise and to the point. I really feel everyone who comes to see this is going to walk away with something special," Johnson said when asked about why he decided to become a part of the play.
According to director Charity Ferris, "This play is a good interpretation of life in the ghetto, where themes of both desperation and hope are prevalent. I wanted to do this play because Judaism and Christianity are so intertwined, they were established outside of one of the same beliefs. In a Catholic University, it is important to be exposed to all different types of religions, whether they have similar beliefs or different beliefs." stated Ferris when asked what compelled her most to become involved with the play.
Although not the most typical idea for a Valentine's Day activity, the play has a lot to offer. If you are still looking for something to do on that special day, keep this play in mind...you could walk away feeling as though you experienced something meaningful.

The Lovely Bones:

A Message from Beyond

By Amanda Kenworthy
Staff Writer

The Lovely Bones, a novel by Alice Sebold, is rapidly gaining notoriety amongst college students, as well as the rest of the American public. "The Lovely Bones" has been ranked #1 on the "New York Times" Best Seller List for the past 29 weeks, last week ranking in at the No. 1 position, and this week holding strong at No. 2. Just recently Kim Marcusanto from Portsmouth, Rhode Island doesn't have much time to read books aside from school assignments in textbooks, "I don't have time to read for pleasure. Reading for my classes takes the fun out of reading," she says. "But lately I've been hearing about The Lovely Bones from some friends, and that it's a good book."
The "Lovely Bones" takes a unique look at the afterlife in heaven after the death of 14-year-old Susie Salmon, which may seem unrealistic and gaudy to some. Yet right from the start, in the first passage, "The Lovely Bones" grabs the reader's attention. "My name was Salmon, like the fish; first name Susie. I was 14 when I was murdered on December 6, 1973," begins the novel. "In newspaper photos of missing girls from the 70's, most looked like me: white girls with mousey brown hair. This was before kids of all races and genders started appearing on milk cartons or in the daily mail. It was still back when people believed things like that didn't happen."
Susie is the narrator throughout the book, rewinding and fast-forwarding through time to relay the story of her life, including the effect of her unsolved disappearance on her family, her peers and her community. She watches over them, their lives like a soap opera. Susie watches her parents grow apart, and how her siblings cope with the loss of their older sister. She sees the lives of her best friend, a girl she hardly knew, and her first love. Yet most intriguingly, she watches over her murderer, who got away with raping and murdering a 14 year-old girl, as well as others before and after Susie. The audience also takes a glimpse at Susie's heaven, which consists of sunny days, a high school, a duplex, and dogs everywhere. Through her "counselor," readers learn the ropes of heaven right along-side Susie. No two heavens are alike, yet some overlap each other in similarities. "The Lovely Bones" is a thought-provoking and intriguing look at the inevitable event we will all someday face.
Sebold's writing is thorough and descriptive. When she reveals the events of Susie's rape and murder, it is intense and even perhaps gruesome. But the harsh reality of what happened to Susie is essential to the plot. At times, The Lovely Bones provides an in-depth, personal look into the live and death of a young girl.

Lovely Bones: is comical, and at others it is deeply saddening. Yet through it all, we watch alongside Susie. Readers watch as she "grows older" and lives the life she never had through her sister, who grows up, falls in love, and does all of the things Susie never had the chance to do. Readers yearn alongside her as she clings to life on Earth as a spirit in heaven.

"The Chicago Tribune" refers to "The Lovely Bones" as "delicately insightful...sustains a mood that lingers after you've put down this," "["The Lovely Bones"] promises to become one of the books of the year," The Denver Post claims. The Los Angeles Times Book Review maintains a similar opinion, stating that "The Lovely Bones" "boldly steps into an unimaginable territory...painfully fine and accomplished." Will her murderer ever be caught? Will her family unite once again after Susie's death tore them apart? Will she ever be able to forget the life she never had the opportunity to live and move-on for eternity? These are the questions that are answered, most unexpectedly, in this wonderfully funny and touching novel about family, grief, love, memories, and healing.
"Trade Spaces" with your Friends

By Erin Demchak
Staff Writer

O
n February 15th, two lucky residents will get to have their rooms completely redecorated on "Trading Spaces" courtesy of SHU. Inter-Residence Hall Council, IRC, is sponsoring the event inspired by the hit TLC show."Trading Spaces" picks two friends or neighbors in the same town who want an ordinary, boring room in their house transformed into a stylish, more modern room. The designers do whatever they want to the rooms with the help of the homeowner's friends.

The two lucky students picked will have their dorm rooms redecorated on Saturday, February 15th. The two teams will each have a budget of $300 to buy them new bedspreads, lamps, posters, curtains, and furniture at Linens and Things. The "designers" who will lead the teams will be members of the Executive Board of the IRC.

Colleen McCormick, IRC president, reassures students that the change in the dorm rooms will not be permanent if they are not liked. "There will be no ruining of participant's things. So, if they don't like the makeover they can change it back to the way they had it," McCormick adds, "hopeful

ly if the first time is successful we would like to redo a pair of rooms in every residential hall!"

The MSA will be tape
ing the event, and making it into a 15 minute clip that will air on Channel 6. Get ready to trade spaces on February 15th and see two dull rooms here at SHU get transformed into trendy masterpieces.

"The Guru" Charms Audiences

By Donna Palumbo
Staff Writer

The new film "The Guru" opened last Friday to 60 select theaters nationwide. Directed by Daisy von Schierer Mayor, the film centers around Ramu Gupta, played by Jimmy Mistry, an Indian dance instructor from Delhi who moves to America in search of fame and fortune.

From watching the previews, the audience knows Mistry's character tries to become a movie star, but only acquires his status when he poses as a guru. What the previews do not clue the audience in on, is the very unorthodox way in which he finds success in America.

The naïve Raamu gets cast in a pornographic film with -including: Naked it until he gets to the set. While there, he meets Sharonna, played by Heather Graham, who is a regular actress in these films. She tries to give him advice on how to get through acting in the film, however Raamu cannot go through with it. After being mistaken for a spiritual guru by guests at a party, he continues to take her advice and use it to make money and a name for himself as "The Guru of Sex."

With an R rating, the film does not go too far or cover topics that average moviegoers have not witnessed dozens of times before, but the risqué content the film takes away from the interesting points that the film attempts to make, particularly how the idea of the "American dream" means different things to different people.

It is unclear why Universal Pictures did not advertise "The Guru" in a more truthful light.

Some of the film's dialogue and the several spoofs on the musical movie "Grease," make the film come across as cheesy at times. Also, the dance number in which the cast dances to "You're The One That I Want" from "Grease" while dressed in authentic Indian garb seems to serve no purpose to the film's plot. However, the sheer absurdity of the dance sequence does succeed comically.

For moviegoers who consider themselves tough critics, "The Guru" may be a film to watch after it comes out on video. But for those who aren't afraid of trying something new, this oftentimes romantic comedy can be a good cure for the average movie.

Grammy Awards: A Battle of the Sexes

By Jessica Gruszkiewicz
Staff Writer

It's a tie this year for the nominees of the 45th annual Grammy Awards, which were announced on Tuesday, January 1st. The award show will be broadcast live on CBS on February 13.

Eight artists, Bruce Springsteen, Eminem, Sheryl Crow, Ashanti, Norah Jones, Nelly, Raphael Sadiq, and Ashanti, are all tied for nomination leads with five nods each. Of the 104 and categories this year, Eminem and Norah Jones are both up for "Best Album of the Year" and "Best Record of the Year."

The other contenders for album of the year integrate the likes of The Dixie Chicks country- like "Home," Eminem's scandalous rap-album "The Eminem Show," Nelly's upbeat mix-tape, and Bruce Springsteen's 9/11 inspired album "The Rising."

"For album of the year my pick has to be "The Eminem Show" (Eminem) for the sheer reason that he's a product of his environment which is indicative in his songs," says Ricky Roman, a senior from Harlem, NY, "he has so much to say about his past, that's what forged him to become what he is today," Eminem isn't the only one who's a favorite this year; Norah Jones who's up for many awards as well as a pick among students. Erin Lavelle, a senior from Yonkers, NY says, "My pick would have to be Eminem or Norah Jones, Eminem because he has a great CD which he worked really hard for, with Norah Jones, she's newer and you can listen to every song on her CD, don't think she'll be just a one-hit wonder."

Even some of the male artists enjoy Norah Jones' easy listening. "I'll go with Norah Jones because she's the prettiest and has a such a soothing voice," said Chris Durnall, a junior from Groton, CT.

Single of the Year is another popular category and for this year's line-up it includes: Nicki Minaj's "Your Money," Nelly and Kelly Rowland's collabora- tion "Dilemma," Vanessa Carlton's radio-played "A Thousand Miles," Norah Jones' bluesy "Don't Know Why," and Eminem's controversial "Without Me."

"The Grammys introduced several new categories this year, including "Best Contemporary R&B Album" and "Best Urban Alternative Performance,"" said the Best New Artist" award should make for quite a competition with the popular likes of Ashanti, Michelle Branch, Norah Jones, Avril Lavigne, and John Mayer.

Album of the year seems to be what's on everyone's mind this year, with Eminem being the top choice. "Eminem definitely should win because the Dixie Chicks aren't worthy, Nelly isn't as mainstream and deep as him, Bruce could win too," said Olija Yelner, a sophomore from Trumbull, CT, "but Eminem is so prolific and he raps about social issues and personal struggle...people like that!"

And the winners are? Well, we'll all have to wait until we watch the live broadcast from Madison Square Garden in New York City on Feb. 23.

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St. Francis Gains Edge Over Sacred Heart

Continued From Page 16

February 1st, 2003, the Sacred Heart Pioneers Women's Basketball Double Header took place up at the William H. Pitt Center. The Sacred Heart Women's Basketball team was defeated once again of a win against conference leaders St. Francis (PA) by a heart-wrenching three points (66-63).

The Pioneers were down by 19 points with about 16 minutes left to play in the second half. The Pioneers shot back with full force in taking the lead with three minutes left to play when Freshman Nicole Rubino (Port Jefferson Station, NY) sunk two free throws with 3:25, giving SHU their first lead since the first half.

The Pioneers and The Red Flash duties duit it out shot after shot with a tied score of 57. With 36 seconds left to play, Brooke Kelly (Medford, NJ) hit two free throws giving SHU a two-point lead (59-57). SHU finally surrendered when St. Francis closed in with the win as Charles Chesick shot lay up after lay up leaving SHU three behind in the final seconds.

Brooke Kelly led Sacred Heart with a team high of 19 points. “Our game against St. Francis had a lot of character. It was wonderful how we were able to be down in the first quarter and catch up to almost having the win by the end of the game.”

The players had excellent team effort, a real turn around from last weeks game against St Francis,” said Head Coach Ed Swanson.

“There were many contributions from the team on Thursday night's game but Kohl really had a great game for us.” said Head Coach Ed Swanson.

Going into the double header, the women's basketball team was ranked (10-6) overall and 4-3 NEC. After being defeated against conference leaders St. Francis (PA) 7-0, they currently rank (10-7) overall and (4-4) in NEC.

We can see the Sacred Heart Women's basketball team in action once again at 7pm on Wednesday February 5th at Wagner.

Rebound to Win

Continued From Page 15

room at halftime. Twenty-four second half points by St. Francis freshman guard Darshay Luckey would spoil that lead and eventually cause the downfall of the Pioneers.

Despite their lead with five minutes left in the game, the Pioneers found Luckey too much to contend with and dropped their third straight, 66-62. SHU was led in scoring by Maurice Bailey, who finished the game with 17. Junior center Zach Spivey (Lubbock, TX) and sophomore guard Justin James (Uniondale, NY) both finished the game in double figures.

“We didn’t give up when we were down at the half. Coach woke us up at halftime and challenged us to pull it out,” said senior guard Jannik Tuffel.

This past Monday, the Pioneers came from behind to beat Robert Morris at home 74-66. The comeback was fueled by Maurice Bailey's high game 20 points in the second half, his total for the contest.

“We didn’t give up when we were down at the half. Coach woke us up at halftime and challenged us to pull it out,” said senior guard Jannik Tuffel (Luxembourg, Europe). “They were talking trash and we shut them up with our skills and our late comeback,” he added.

Wolfgang hit a key three with 1:25 left in the game to put SHU ahead, and they never looked back.

Four Pioneers finished the game in double figures, including James Samuelis, who finished the game with 16 points and nine rebounds. Wolfgang finished the game with 11 points and freshman guard Mike Parker (Windsor, CT) added 10.

The victory against Robert Morris ended the Pioneers four-game losing streak and brings their overall record to 5-15 overall and 3-6 in the Northeast Conference.

“The next games are important for our playoff race. Each game, which are all Northeast Conference matchups, has a meaning,” said Tuffel.

The men’s basketball team is back in action Thursday at Monmouth at 7 pm.

Women’s Bowling

Continued From Page 13

Erin Gore from Woodbridge, VA, and Carolyn Rich from Little Falls, NY were the main contributors in team play on Saturday both rolling out individual averages of 191; team play consists of five individual games added together for one official team tally.

Sunday, was a different style of team bowling called Baker style matches, where five people bowl two frames and the total counts for one game. On this day there were twenty-four Baker style matches, and the Pioneer bowling squad shuffled together a great late showing and was able to post a score of 245, a final tally that was enough to jump a higher ranked team in Arizona State University and take seventh place.

Although the team is not often recognized for it's annual success, the young women on the team remain optimistic about their sport.

"Though our team is not the most popular of all the sports teams here, we put in just as much effort as the others do. Not many people consider bowling a competitive sport, but we take it very seriously. I can honestly say that college bowling has been, and will continue to be quite rewarding for me on many different levels," says Sophomore Nicole Peloquin from Enfield, CT. Also adding some strong thoughts was Carolyn Rich, "We are a strong and competitive group of young women that know how to have fun both on and off the lanes, however I believe that we are occasionally held back by our own school."

However, amidst all the adversity of being held back by the obscurity of their sport, Katie Atkins believes there is one true element to their success, "I think our team is so successful because we are tight knit and get along well. There is a lot of traveling in our sport, we have been to St. Louis, Penn State, and Las Vegas thus far and we are going to Indiana in a couple weeks. All this time together bonds the team, and bowling is as much a team sport as the big time sports, even more so at times," says Atkins.

According to Atkins the team element is all the Pioneers need to remain a success, stating that there is no one person that can carry a team, "Everyone is a contributor to this team. The talent level of this group of girls is amazing. When someone is off the others are there to pick them up."

WRESTLING

"I felt pretty good, I didn’t know him, but I recognize that Army has a respectable program," said Reynolds. "Every match you wrestle is a tough match, you can lose in ten seconds, so you always have to be prepared and ready."

"With each passing match, it's apparent that Coach Seras knows how to get his athletes motivated." said C. Donald Cook, Director of Athletics

According to Seras, "Intensity is way up and it's fun to do well in these dual meets, but what I want is NCAA qualifiers, which comes from the CAA conference meet in March.

"With each passing match, it's apparent that Coach Seras knows how to get his athletes motivated," said C. Donald Cook, Director of Athletics at SHU, who observed the match.

"He's building into them the intensity and discipline that they'll need for the CAA."
ARMS Drops SHU

Despite an intense performance on behalf of the SHU Pioneers, Sacred Heart fell to ARMS 22-15.

By John Antignani
Sports Writer

On Wednesday night, Jan 29, the Sacred Heart Wrestling team played host to Army in a non-conference match. Sacred Heart was very impressive, but came up a little short, with Army pulling out a 22-15 victory. Senior Jason Cucolo (Milford, CT) led off the night, with a decision at 133 over Bernard Giaquinto.

“My brother was in control the whole time,” this is the first time I’ve seen him wrestle since I was in the Marines overseas” said Rich Cucolo. Junior Rob Belville (Chagrin Hills, OH) brought the Pro-SHU crowd to its feet with a masterful display of wrestling over the Black and Gold’s Jeremy Connor, which resulted in a 10-5 decision in his favor in the 157-pound weight division. “I thought it was incredible, how Rob Belville dominated a nationally ranked wrestler,” said SHU head coach Andy Seras. “Definitely our feature match of the night.”

“Intensity is way up and it’s fun to do well in these dual meets,” Coach Andy Seras

Junior Derek Vente (Ludlow, Mass.) shook off an injury timeout to win his match at 184 pounds. Senior Anthony Reynolds (Farmington, CT) nationally ranked at 197 pounds won his match over John Paxton S-1. Reynolds scored his first two points using a move called an arm drag.

See “Wrestling” Page 12

Sin City Bowlers

The Pioneer women’s bowling team placed 7th out of twenty teams in Las Vegas this past weekend.

By Michael Burns
Sports Writer

Amidst Sacred Heart’s athletic teams there is a certain group of young women that are often overlooked, the Women’s Bowling team. The Pioneers are usually regarded in the upper echelon of intercollegiate bowling in the nation, and have been consistently ranked in the top fifteen teams, since the programs inception in 1993.

Partially through their 2002-2003 season, the team has emulated their precedent success, with recent accolades including an impressive showing at an Eastern Intercollegiate Bowling Conference match in North Brunswick, NJ just last week.

Here, the Pioneers went undefeated as a team where they bowled over Fairleigh Dickinson, St. Peter’s, Bryant, New Jersey City A & B, and SHU’s own B team. Junior Katie Atkinson from Fairleigh Hills, Pa, and Senior Adrienne Stoddard from Minoa, NY shined accumulating averages of 207 and 201 respectively. This past weekend, the Pioneers traveled out west to the Sin City of Las Vegas, NV for the Brunswick Coca-Cola Invitational. The team, which was one of twenty, finished in seventh place. Sophomores

See “Bowling” Page 12

An Optimistic Approach

Continued From Page 14

Jodi Janda (Sterling, MA) has been training for over three years now and winning a lot more than people think.

Moroney commented. These aspirations that he has set have also helped him in his everyday life. “Track has made my life very good oriented. It also makes it like a competition, if you say I am about to do something, ill try and do it until I can’t do it. I want to be the best at everything I do”, Moroney finished off his interview by stating.

“I think we have a really hardworking group of athletes. This is probably the best throwing group the track team has had. Each day we work together to strive for our goal.”

Spending hours a day , five days or more a week practicing and competing on the weekends have allowed the athletes to really gel together and they welcome all athletes willing to try the sport. Freshman, Jennifer Britner (Vernon, CT) commented that when she first came to throw here she was intimidated by the other throwers and learned pretty quickly that all the athletes are more than willing to help you. “That’s what makes us a team. Everyone wants to help each other and to cheer for each other.” This is a sport that in order to do well you have to love it because it demands dedication. Track here is fun because I am with a great group of people doing something I love to do,” she added.

Junior, Kristin Eckert also attributes her success to her teammates and her coach and she believes the rest of the team will agree. “We try to motivate one another even if we are having a bad day. Our goal at each meet is to increase from our performance the week before. Coach Santoli always talks to us and motivates all of us to work hard before a meet. He always says that each meet is for us to “show off.” We worked hard during the week and it is time to show everyone what we have been working so hard on,” Eckert commented.

Junior, Jodi Janda who has been a part of the team since her freshman year along with Eckert thinks very highly of her teammates and has no preconceived notions about any athlete. “No matter how well you throw, whether you are a big point scorer or not, the throwers have respect for all abilities.

Whether you are the top thrower on the team or someone that just enjoys the satisfaction of achieving a new personal best we are all there for each other. A personal best is celebrated in the same manner no matter how far it goes,” Janda stated.

The throwers take pride in being friends and are not afraid to acknowledge that they have come a long way with one another to create unity. They are constantly there for one another on and off the track. That, they feel makes their performance stronger and more personal together as a team.

“I think we have a really hardworking group of athletes. This is probably the best throwing group the track team has had. Each day we work together to strive for our goal. At every practice we push each other whether we are lifting, running or throwing. We push each other to lift heavier weights, run faster and throw farther. We are all really close and want each other to succeed. We all get excited when one of us hits a personal best or reaches a goal,” Eckert commented.

Sophomore, Halie Kennie (Standish, ME) came from Maine to join the dedicated group of throwers after she visited as a recruit. “Coming from Maine, where the competition hasn’t been too tough in the throwing events, especially from my high school, I’m used to the same level of competition in my event. In the weight and hammer I now compete against all levels and I have learned so much from my teammates. They are pushing me to try to be one of the best in my area of throwing,” Kennie commented. She also agrees that the sport has kept her on track with academics.

“I have done track since 8th grade, I do not know what it would be like not doing it. One thing I have noticed with doing a sport is that it has helped me stay in focus for school. I have also learned how to push myself,” she added. She finally ended her interview by stating, “We have a number of athletes who are having sea- son and personal bests. We are building each week and that is our goal.”

For the team they constantly contribute their success to their teammates and the amount of effort they put into each practice. “Throwing gives me a sense of achievement. I may not be the best at it, but when I get a personal best it is not my own achievement but the achieve- ment of all the throwers. I would not have reached my goal if it weren’t for the practices that my teammates had pushed me to. I want to give it all my during our sprinting workout. Or pushed me to increase the weight that I was lifting. Or had corrected a flaw in my throwing technique. When one person achieves a personal best it is truly the whole team that achieves it we each look to each other to push ourselves to the limits to climb one step closer to achieving our personal and team goals. I know if I weren’t for my fellow throwers I would not be at the point I am today,” Janda stated.

“No matter how well you throw, whether you are a big point scorer or not, the throwers have respect for all abilities.” Jodi Janda

The throwers encourage all athletes and students to take a moment or two to come down and see truly how much effort our track team puts into accomplishing their goals for the standings for track and field at Sacred Heart.

They appreciate all who come and cheer them on when they compete close to Sacred Heart and appreciate the friend- ships, the lessons and the expe- riences that track and field have offered them during their col- lege career.
Positive individual efforts help to propel the SHU Women's Swim team in the right direction.

By Christopher Giarruso

The women's swimming team traveled to Central Connecticut for a Northeast Conference dual meet on Sat. Feb. 1. The Pioneers fell to Central with a score of 120-113. Head Swimming Coach Daniel Maloney in his first season with the women, is also the director of the Wheeler Recreation Center at the University of Bridgeport.

Coach Maloney said, "I think that we can swim pound for pound with any other team out there just that we don't have the numbers." He also said, "We are doing some heavy recruiting and we are looking to win the NEC in the next 2 years and bring us from the bottom of the pack right to the top."

The Pioneers were led by junior Captain Christine DePierro (Cromwell, CT) picking up two first-place finishes on the day. DePierro placed first in the 1000-yard freestyle with a time of 11:08.78, this was a seasonal record for her. She also finished first in the 100-yard freestyle with another seasonal best time of 57.00 seconds.

"I think that we have made a lot of progress this year. We have a lot of good freshmen and despite our numbers we swim against some teams that have 20 more girls on the team then us but we still do good," said DePierro.

"Coach is very enthusiastic he really cares for every individual person on the team we are almost like the daughters he never had," she added.

Coach Maloney said, Christine is a strong captain, she is our best swimmer, she is a workhorse, and she just puts her head down and goes. She is also very good at keeping the team together and focused.

The women's team pose for a photo prior to a recent practice.

The Pioneers had another first place finish by senior Erin Lavelle (Yonkers, NY) with a time of 1:03.02 to grab top spots in the 100-yard backstroke.

Lavelle said, "We defiantly gave them a run for their money and a lot of people had great performances."

The Sacred Heart 400-yard medley relay team of Lavelle with the backstroke, sophomore Lauren Wheeler (Southborough, MA) breaststroke and Marissa Uhlmer (Staten Island, NY) butterfly and senior Lauren Testa (Hastings-on-the-Hudson, NY) anchor with the freestyle, took home first place with a time of 4:39.11.

Coach Maloney said, "Overall the team swam really well, we had 12 season best times, but came up a little short in the end."

Senior co-captain Carey Crum (West Springfield, MA), who is graduating at the end of this year said, "I think over the next coming years this team is going to get very good." The Pioneers will return to action on Saturday, February 8 when they host Providence College at 1 pm. It is also senior day for the women where the four current seniors get recognized by their fellow swimmers.

"I think that we have made a lot of progress this year. We have a lot of good freshmen and despite our numbers we swim against some teams that have 20 more girls on the team then us but we still do good," said DePierro.

This is the last meet before the NEC Championships on February 14. Crum is already looking ahead to the NEC when she said, "For the NEC's I want to score points and beat the personal times that I have in my head since it might be the last time I swim in competition."

I also look forward to the NEC meet this year," I want to place in the finals for the Backstroke and break some of my personal records."

The Pioneers worked hard during a practice to help prepare for their up-coming meets.

Track: Throwing the Distance

Track and Field is prepared for the outdoor season and soars in with high expectations.

By Jennifer Jensen

Sports Writer

Thirteen members and counting, one thrower circle and determined athletes equate the Sacred Heart University Track and Field team who are aiming high and breaking their personal and school records. The Throwers at SHU are gearing up for tough competition, endless hours of practice and lifting to better ready themselves for the outdoor season. The team attributes much of their success to one another and the amount of effort each athlete contributes to pushing the other to the top. There is no limit for the throwers and they aim to go beyond what is expected. Success is written in the future for the throwers.

Freshman, Martin Moroney (Mountainside, NJ) attributes his success from the whole of the team. "I think we all just feed off of each other and love seeing one another push each other and seeing each other progress. Everyone is a team player amongst our group. Everyone has their eyes set on the NEC's and peaking there for the winter, just to continue to get better and better and put SHU track and field on the map."

Junior, Jessica Albrecht (Samsonville, NY) agrees with Martin that the team would not be doing as well as they are doing without the constant help from one another. "We might compete as individuals but as a whole we are a group determined to succeed," and she also believes that, "we all work very hard together and we push one another. Coach Santoli pushes us harder because he knows the potential we each have. He knows that we can keep improving."

Along with team work, the track and field team has thought long and hard about the certain goals that they each as individuals and as a team would like to accomplish.

For Jodi Janda, she summed up what most of the track athletes are agreeing on for this season. "Throwers must put a lot of time into getting better. We run, we lift, and we throw," she commented.

Sophomore, Patrick Bradley (Malverne, NY) states that the team as a whole contributes to each other's success and sticking together as a team will help their individual performance. "Track made an impact because it makes me feel part of something. My goals this season are to score in Outdoor NEC in the Javelin and now to hit 40 in shot and weight," Bradley stated.

Moroney who throws javelin for the team, added that he "wants to qualify for all the big national meets as a freshman in the Spring. I think that would be awesome. New England, IC4A's, Regionals, Penn relays, especially regional which are in Virginia are ones I am hoping to qualify for, but my goal is to hit over 200 feet, that will qualify me for all those meets. We have been training since September 30th, but actually although I am only a freshman, we begin training in June. I have been training since then, so someone like Kristin Eckert (Farmingtonville, NY) or Phil 'Optimistic Approach' Page 13
Red Flash Drops SHU

Despite falling behind early in the contest, the SHU Pioneers were able to rally and defeat Robert Morris College.

By Katie Atkins
Sportswriter

Despite jumping out of the game with a 12-4 lead in last Monday’s contest against Robert Morris, the Pioneers, but managed to battle back to get within five with just over three minutes remaining.

Sacred Heart was lead in scoring by junior guard Omar Wellington (Pennsauken, NJ), who finished with a game-high 27 points. Wellington scored 19 of his points down the stretch, including a clutch 3-pointer from way downtown to put SHU within five.

James Samuels, a junior forward from Tampa, FL, who was the only other Pioneer to finish the game in double figures, finished the game with 15 points.

In Saturday’s Northeast Conference matchup against St. Francis (PA), the Pioneers carried a 36-31 lead into the locker room.

See “Rebound” Page 12

Bobcats and Pioneers Battle

Continued From Page 16

and he made no mistake in burying the puck for the 2-0 lead.

The Pioneers then looked to go up 3-0, but the crossbar would deny Larson a second goal. "The net was wide open upstairs. I shot for the top half and just hit the crossbar, but hey, that's the way it goes," Larson said.

A late first period bookkeeping penalty to Freshman Rocco Molinaro (Dearborn, MI) would set up the Bobcats' only goal of the game. Freshman Tim Morrison (Hanover, MA) and Senior Brian Herbert (Langley, BC) would set up Senior Wade Winkler (Edmonton, AB) for the power play goal. Winkler took the pass from Morrison and one timed a shot, which found a clear path past Pioneer goalie Eddy Ferhi (Senior, Charenton, France) to close the gap to 2-1.

Larson would once again have a hand in the Pioneers scoring. This time setting up line mate Peter Giatrelis (Freshman, Hammond, CT). Larson took a pass from Mike Reagan (Junior, Flin Flon, MB) and sent it over to Giatrelis on the left side of the goal crease. Giatrelis then had no problems in burying the puck past Ferhi. "My line mates, Peter Giatrelis and Mike Reagan, were playing well so we were clicking tonight," Larson said. "Tonight was just a solid effort by that whole line, they are really coming together nicely," head coach Shaun Hannah added. "That line has been getting better since we put it together five games ago."

The Pioneers final goal would come off the stick of Senior Lloyd Tennant (Billings, MT), who was playing in just his second after returning from an injury. The pass from Michael Forslund (Senior, Anchorage, AK) found its way through a pile of bodies in front to Tennant's stick, and with Eddy out of position, he made the opportunity count to put the Pioneers up 4-1. "He played like a senior tonight," Hannah said, "He made the play when he had to and was responsible with the puck. He really played his position well."

"For the seniors that have been here for four years and haven't gotten a win from Quinnipiac in their time here, it feels like there is a bit of a monkey off their back," Hannah said.

As the clock ticked down to zero the Pioneers were visibly delighted. "It just feels great," said Ferhi. "It's a good rivalry, it's what hockey is all about, and that's what we have here." he added "Tonight is a big win, but it's only one step."

The second step would not go quite as nicely as the Bobcats, behind their third period goals put an end to Sacred Heart's winning streak by the score of 5-3.

The Pioneers would once again jump on top early with two first period goals, this time by Chmiel, just 0:21 into the game, and Senior captain Richard Naumann (Boerne, TX).

Unlike the night before, the Pioneers were unable to fend off the Bobcats in the second period. A pair of power play goals from John Kelly (Freshman, Winnetka, IL) and Craig Feltie (Sophomore, Billerica, MA) just 2:53 apart leveled the score at 2-2.

Quinnipiac would then take the lead 4:39 into the third when Michael Bordieri (Freshman, Rocky Hill, CT) put the Bobcats ahead. The 3-2 advantage was fleeting as Sophomore Barclay Folke (Westbank, BC) evened up the score at 3-3 just 1:21 after falling behind.

The tie was broken at the 10:23 mark when Matt Craig (Sophomore, London, ONT) scored what turned out to be the game winner with the teams skating four on four. Ryus Morton (Junior, Hampden, MA) would go on to score an insurance goal to get Quinnipiac’s fifth and final goal.

The split keeps the Pioneers one game under the 500 mark at 8-9-6 with an 8-6-3 conference mark. Sacred Heart currently sits fourth in the MAAC, behind Quinnipiac, Mercyhurst and Bentley. Ferhi kept his record at 500 with it now at 7-7-5. He is also ranked twelfth nationally in goals against average allowing only 2.31 a game.

The Pioneers will host Mercyhurst Friday night at 7:00 PM, and Canisius Saturday.

WEEKEND SCHEDULE

Friday, Feb 7
Men's Track
Women's Track
Men's Ice Hockey
Women's Volleyball
Women's Ice Hockey

Saturday, Feb 8
Men's Basketball
Women's Basketball
Men's Bowling
Women's Bowling
Men's Track
Women's Track
Women's Swimming
Men's Volleyball
Women's Ice Hockey
Men's Ice Hockey
Wrestling

Sunday, Feb 9
Men's Bowling
Men's Track
Women's Track

at Millrose Games New York, NY 6:00 PM
at Millrose Games New York, NY 6:00 PM
vs Mercyhurst Milford, CT 7:00 PM
vs NJ Tech Fairfield, CT 7:00 PM
at MIT Cambridge, MA 7:30 PM

at FDU Teaneck, NJ 7:00 PM
at FDU Teaneck, NJ 4:30 PM
at Conference Match Fairfield, CT TBA
at Eastern Conference Meet TBA
at CTC Championship New Haven, CT 12:00
at CTC Championship New Haven, CT 12:00
vs Providence Fairfield, CT 1:00 PM
vs Southampton Fairfield, CT 2:00 PM
at MIT Cambridge, MA 3:30 PM
vs Canisius Milford, CT 5:00 PM
at Binghamton Fairfield, CT 7:00 PM

at ACU-I Champ Brattleboro, VT TBA
at CTC Championship New York, NY 2:00 PM
at CTC Championship New York, NY 2:00 PM
Kohl Shatters Record, Sinks Colonials

The Pioneers beat Robert Morris and lost to St. Francis this past week.

Loren Aversa
Sports Writer

The Sacred Heart Women’s Basketball team met at William H. Pitt Center on Thursday night, January 30, 2003 to challenge Robert Morris for the second time this season. Due to solid performances by Shannon Quinlivan (Albany, NY) with a total of 11 points, nine points from Colleen Duggan (Newington, CT) who

![Photo by Susan Magnano](image1)

Freshman guard Nicole Rubino (3) plays defense against the Robert Morris Colonials.

INSIDE SPORTS

WRESTLING
Despite a valiant effort, SHU fell to a scrappy Army team 22-15. (Page 13)

WOMEN’S SWIMMING
Despite a low budget and no campus pool, the swim team remains competitive. (Page 14)

WOMEN’S BOWLING
A trip to Sin City Las Vegas proves to be successful for the lady Pioneers. (Page 13)

MEN’S BASKETBALL
The Pioneers rally late to top the Robert Morris Colonials in action at the Pitt Center. (Page 15)

WINTER TRACK & FIELD
The Sacred Heart throwers work hard as a team to achieve goals. (Page 14)

SHU Splits Weekend Series with Quinnipiac

The Sacred Heart Men’s Hockey team beat Quinnipiac this past weekend for the first time in five years.

By Henry Gargiulo
Sports Writer

For the first time since 1997, the Sacred Heart University Men’s Ice Hockey team defeated the Quinnipiac Bobcats with a 4-1 home victory on Friday night. During the drought, Sacred Heart was a loathsome 0-13-3 versus their cross-state rivals. Quinnipiac, however, would avenge the loss in the Saturday game with a 5-3 win.

The Pioneers came into the first game riding a five game unbeaten streak, going 3-0-2 in that stretch. They would use this momentum to go up early on the conference leading Bobcats.

Freshman Bernie Chimiel (Pittsburgh, PA) took a slap shot from the blue line, which Garrett Larson (Sophomore, Rycroft, AB) deflected past Quinnipiac goalie Justin Eddy (Junior, Apple Valley, MN) to give the Pioneers a first period lead 12:57 in. It was Larson’s eighth goal of the season.

Not satisfied with one goal in the period, the Pioneers kept pressing. This time it would be Junior Marc-Andre Fourrier (St. Nicholas, QC) putting one past Eddy on the power play. The play started with Martin Paquet (Senior, Ste. Catherine, QC) who found Larson behind the net. Larson then spotted Fourrier unmarked in the slot. He put the pass right onto Fourrier’s stick.

See “Battle” Page 15

![Photo by J. Gregory Raymond](image2)

The Pioneers celebrate following a goal in recent action against the Quinnipiac Bobcats.