SHU alumna hosts protest, speaks out against hazing

Kelley Bligh
Perspectives Editor

For most of the Sacred Heart University community, Sept. 7 marked the beginning of classes and a new school year. For one alumna, it meant the beginning of something else much greater.

Back in October, Jasmine Vega, a recent Sacred Heart graduate of the class of 2010, came forward claiming she had been hazed by several members of the Delta Phi Kappa sorority during pledging. Reports were filed with the Bridgeport police and with the University. Both parties pursued separate investigations.

However, the Vega family is saying this is not enough.

On the afternoon of Sept. 7, Jasmine Vega stood with family members, local political leaders, and other supporters in the parking lot of North Park Baptist Church, which is directly across from the Fairfield campus, to rally for what she calls “justice.” The group attracted passersby’s attention to their cause by holding signs along Park Avenue, which read, “Justice for Jasmine,” and “End hazing at Sacred Heart University.”

State Representative for the 95th Assembly District in New Haven, Juan Candelaria was among the supporters present.

Candelaria called hazing and bullying an “issue not just for Sacred Heart, but for the nation.” He also promised that he will be looking at state laws and funding so that some kind of legislation “can ensure the safety and well-being of every student in the state.”

Vega claimed she was beat up by the same students who hazed her, which was made visible to onlookers by a sling on her right arm and medical boot on her left foot.

“I don’t want anybody to go through this—to go through the torture and the torment and the physical abuse I had to undergo,” she said.

Her mother, Jackie Vega, explained she was there to get justice.

“The school has to shut down or get their act together,” Jackie Vega said.

She complained of the school’s actions when they said the young women responsible for hazing would be suspended. She claimed neither the individual students, nor the sorority was suspended, which, in her opinion, is “the very least of what should have happened.”

“The school has to shut down or get their act together,” Jackie Vega said.

According to the report, the sorority was suspended on Oct. 7, the day before classes began. Reports were filed with the Bridgeport police and with the University. Both parties pursued separate investigations.

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The report made by the university said otherwise.

According to their report, the sorority was suspended on Oct. 4, 2009.

Larry Wielk, the dean of students, said, “On Oct. 7, the women who the allegations were made against were suspend­ed from the university pending the completion of the final in­vestigation.”

Once all the statements were reviewed by the university, the accused were allowed to return to classes and received a non-academic suspension, which limited them to attending classes and going nowhere but the library or chapel. They were no longer considered part of Greek Life or any other organization.

See ADMINISTRATION on page 3...

Food Network drives into Merritt Canteen

Michele Tymann
Assistant News Editor

Food Network’s show “Diners, Drive-Ins and Dives” filmed an episode at Bridgeport’s Merritt Canteen on Sept. 7. The diner is a local hotspot for Sacred Heart University students.

“Merritt Canteen has a great social atmosphere for college students,” said senior Chris Daly. “Every time I go there, I always see somebody I know.”

Merritt Canteen first opened as a hot dog stand in 1942 by Lorraine Kohn. In 1980 Jehu Rodriguez Sr. took over, and in 2001 his son Jehu (Jay) Rodriguez Jr. became the owner when his father retired.

The menu has changed a lot since the original hot dog stand and now offers a variety of items, including New England clam chowder, chilli dogs, onion rings, and the owner’s favorite, bison burgers.

“I like the bison burger. I brought it on and everyone criticized me for it, but it really took off,” said Rodriguez. “It has since evolved to a bacon and egg bison burger.”

Diners, Drive-Ins, and Dives is an hour-long show in which the host, Guy Fieri, visits classic “greasy spoon” locations, ranging from roadside shacks to Las Vegas sports bars, according to the Food Network website. Each episode usually consists of 3 to 5 stops, and a plethora of food.

Some Sacred Heart students find an appeal to the variety of cuisines featured on the show.

“I like Diners, Drive-Ins and Dives because I enjoy seeing unique and funky foods that restaurants come up with to bring customers in,” said senior Kevin Bussell. “Most notable to me is the Elvis Sandwich which consists of peanut butter, jelly, a grilled banana, and American cheese on Texas toast.”

The mouth-watering dishes aren’t the only appeal to the show.

“Many diners and drive-ins are within the area,” said Bussell. “I’ve seen many episodes and since I have been at Sacred Heart I’ve gone to two diners that have appeared on the show, Super Duper Weenie and Black Duck Cafe.”

The diner was given six weeks notice before the show came to film, but Merritt Canteen has been on the show’s radar since 2008, according to Rodriguez. The show has received thousands of e-mails requesting that the diner be featured on the show.

“It fits the show because it holds history from when it was a drive-in diner in the 1960s to now,” said senior Jackie Comandini. “Merritt Canteen is a local, one-of-a-kind landmark that is a unique landmark of Bridgeport.

Chris Bogannan, a local resident from Trumbull, Conn, took part in getting Merritt Canteen on the radar.

“My girlfriend and I watch the show and go to Merritt Canteen all the time,” said Bogannan. “So I took the time to figure out how to get it on the show and started a Facebook fan page to get support.”

Many Sacred Heart students visit the hangout for various reasons.

“I like going to the Merritt Canteen due to the fact that it is a pig-out spot,” said Bussell.

Other students have been longtime visitors to the diner.

“I grew up down the street from the Merritt and always loved their food and friendly atmosphere,” said Comandini.

Though their reasons for being loyal customers may vary, many students continue to visit the local diner.

“Merritt is just one of those places you’d rather go to instead of fast food places like Burger King or McDonald’s,” said Daly.

Owner Jay Rodriguez, Jr., and his father and former owner, Jay Rodriguez, Sr. with his car.

The Spectrum/Michele Tymann
New school year brings campus changes

Frank Morrone
Staff Reporter

There are a few changes that may un-
expectedly affect the daily routine of re-
est on Sacred Heart University's campus is
expected to better accommodate students.

Mark Tamone, senior director of
dining services, said the new dining pro-
ting students this fall. One of the chang-
eges around a pay per entry dining option.
That payment will allow students to eat and
drink all they want from the cafeteria dur-
certain meal times as long as they do not leave the designated dining area. This
will be the policy for the breakfast hours of
7:30 a.m. until 10:30 a.m. and dinner hours of
4:30 p.m. until 8:00 p.m. on weekdays.
The policy for weekend meals in the
main cafeteria will only be the pay per en-
dining option. Weekend meals will be
designated as brunch from 8:00 a.m. till
3:30 p.m. and dinner from 4:30 p.m. till
8:00 p.m.
Students will only be permitted at cer-
tain times in dining areas adjacent to the
main cafeteria, including the cafeteria it-
self, if they don't elect to pay as they enter.
The Mahogany Room will continue to be
available for anytime student access, ex-
cept for the dinner hours during weekdays,
unless a student is willing to purchase the
dinner time dining option.

During the weekdays, lunch will re-
main a la carte, allowing students to pur-
chase individual items from 11:00 a.m.
until 3:30 p.m. Other dining areas includ-
Outtakes, Coyote Jacks and Mondo Subs.
They will remain similar to the way they have been in the past and items will be paid
for individually. Coyote Jacks and Mondo
Subs will offer a new "late night trade"
option that will accept pay per meal swipes for a certain food and drink bundle.

In regards to the change, sophomore
Alyssa Zadrzinski said not being able to
finish work in the Mahogany Room with-
out paying for a meal might sometimes be
an "inconvenience," but admitted the re-
stricted hours of the dining periods would
probably not affect her too much. Zadro-
zinski said the completion of the Student
Commons will make it easier to bring new
dining equipment, and she would hope that
help solve that problem.

There are two locations on campus
that began construction near the end of last
spring semester. One area is an outdoor
space nearby the Mahogany Room, and
includes the bordering corridor of the Uni-
versity Commons (UC). According to proj-
ect engineer Dan Schneider, the outdoor
area is a new Courtyard Commons and will
include a fountain and seating walls.
The corridor of the UC was renovated
with new furniture, television, and has an
expanded size. Schneider says both the
corridor and courtyard are expected to be
completed by early October.

The other location is by the hill near
Currie Hall and will be the site of the Stu-
dents Commons building. According to the
contractors, the new place and responsibility is going to
be a great addition to our campus.
This building is designed with the students' greatest needs in mind and it will become
the new social center of the campus.

There are also new changes affecting
the William H. Pitt Health and Recreation
Center. Students will now use their student
ID in order to gain access. In addition, the
hours of the gym have been extended to 12 a.m. from Mondays to Thursdays.

Karen Navarre
Staff Reporter

With the current state of the economy in its post-educational lending has been in a
transitional period, causing a change in the way student financial assistance is handled and
dispensed to Sacred Heart University students.

As of July 1, 2010, private lenders have been removed from educational lend-
ing based on a newly instituted federal
mandate. According to Julie Savino, dean of student financial assistance, this transi-
tion has created a ripple effect that has ex-
anded to encompass Sacred Heart.

"Everyone has to find where their new
place and responsibility is going to be," said Savino. "This applies to parents and
students, how they are responsible for
making payments is very different from
five years ago and there is not the credit
available." 

The change was first anticipated in
Jan. 2008, when the university became aware that they might not receive pay-
ments from private lenders. At that time,
Savino began looking into direct lending.

"Sacred Heart University has made a
concerted effort to keep costs as low as possible." - Julie Savino

Dean of student financial assistance

better known as federal lending, and by the
spring of 2010 students were made aware of
the switch.
Not only is the source of money af-
fected, but there is also an impact on how
money is distributed. Because aid now
comes from the government, the financial
market, budget cuts, and changes in federal
government regulations now play a larger
role in the amount of money given to a par-
ticular family.

And since some are losing aid while
others are gaining, it is leaving some stu-
dents confused. "This year I lost financial
aid," said senior Emily Gray. "It doesn't
make sense because my grades are better
than ever, if anything I should be reward-
ed." 

In lieu of this, "Sacred Heart Univer-
sity has made a concerted effort to keep
costs as low as possible," said Savino. The
tuition increase for this year was 3 percent.

Other issues that now arise stem from the
need for additional paperwork. Stu-
dents and parents are now required to sub-
mit a new promissory note with the federal
government, regardless of any previously
signed.

Overal my experiences when deal-
ing with financial aid have been good," said senior Tara Rotondo. "It's a stressful
place and there are bound to be issues but
I've always been dealt with as efficiently
as possible." 

The office of financial assistance
oversees that the 80 percent of students who receive financial aid stay current with
paperwork, and informed about the new lend-
ing situation.

"Sometimes I think families look at
us and think that we are unorganized," said Savino. "There have been so many chang-
es, new points to cover and requirements
that were never in place. It's easy for a stu-
dent who is accustomed to the old system
to slip up."

But Savino commends the university
for the way in which the situation has been handled. "I'm proud of the way our staff
and students have responded and come
through this whole thing.

For any questions or concerns with fi-
nancial assistance, visit Curtis Hall, office
101.

Administration responds to alleged hazing situation

...CONTINUED from page 1.

organization, and the use of recreational facilities including the Pitt Center was prohib-
ited.

The disciplinary hearings against the students found them all responsible for three
counts in violation of university's student code of conduct.

"They were given sanctions that included probation, through the end of the last aca-
demic year, the banning of wearing their letters, which is still in place, and were banned
from any Greek Life activity through the end of this term," said Wielk.

Despite appeals, the conclusion of the hearing was upheld.

In the spring of 2009 the remaining members of Delta Phi Kappa were notified by Sa-
cred Heart and told that the school will no longer recognize them as an organization on campus.

"We still continue not to recognize them and have no plans to recognize them in the
future," said Wielk.

The Vega family was requesting more action to be taken against the students, assum-
ing that these women did not receive harsh enough punishment.

Jackie Vega explained further that justice would mean the arrest of the students who
hazed and beat her daughter.

"The girls who graduated should lose their degree," said Vega. "They were given sanctions that included probation, through the end of this term," said Wielk.

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Former student wins Emmy Award for his part in Tony Awards

Nicolle Mastroni
Staff Reporter

And the Emmy goes to...Sacred Heart?! Well, sort of.

On Sept. 6, Former Sacred Heart student David Boone, or Dave Boone as he is professionally known, scooped up an Emmy for his screenwriting during the 2010 Tony Awards telecast. "Well, I had a short window," said Boone. "It's no coincidence that I have already had commercial success as a lead writer in the industry, but now marks a milestone in his already successful writing career."

"He has been the lead writer or writer for no fewer than seven Academy Award shows," said Don Harrison reporter for the Weekly Fairfield Press. "There's no red carpet experience quite as personal as being involved by Billy Crystal, two by Whoopi Goldberg and one each by Steve Martin and Ellen DeGeneres."

Aside from putting on memorable award shows and rubbing elbows with famous faces, from the likes of a former "American Idol" judge, and seasoned comedians Crystal, Goldberg and Martin, the devotion Boone had for the entertainment world, as well as his studies, left an impressionable mark on those who knew him personally.

"As a very substantive and thoughtful individual with a keen sense of humor," said Gary Rose, professor and the department chair of government and politics at Sacred Heart. "He was always a passion for learning and had an amazing wealth of knowledge for regarding the entertainment world."

Since graduating from Sacred Heart in 1987, Boone "has written for seven Tony Awards, spent six years, two as head writer, of 'Hollywood Squares,' and has been a part of 'Dancing with the Stars' since its 2005 premiere," according to the Fairfield Patch Web site.

Although Boone is a successful and busy Hollywood writer, he still finds time to enjoy his favorite entertainment.

"While working on 'Dancing with the Stars,' David might be doing something on a Monday, would take a red-eye, see a couple of plays, then be back for a meeting on Friday night with Harrison."

His hard work has since paid off, as his talent for writing has translated into Hollywood or Emmy award winning gold. However, in light of his triumphs in the industry, Boone still remains the same.

"The David Boone I met 12 years ago was a funny, energetic guy who seemed to be enjoying life," said Harrison. "The Boone I spoke with last week was pretty much the same, just older and more successful."

Besides writing memorable one-liners for various award shows and charismatique dialogue for reality television, Boone has managed to make his writing more versatile, particularly carrying over to the world of politics. "As a student and alumnus, I have written for both the current and past presidents."

I did Obama's inauguration special and the Clinton Christmas in the White House," said Boone in a recent article on the Fairfield Patch's Web site. Boone was also responsible for writing George W. Bush's"s basal variety special." Theneight things are written for both the current and past presidents.

"I give Gary Rose a lot of credit," said Boone in regard to his turn as a political writer. "He sparked my interest in politics."

As Boone's career continues to prosper, Boone offers a bit of advice to anyone looking to launch a writing career in the industry when he said, "If you can do it, you can do it."

BP oil spill continues to affect the U.S.
New evidence surfaces from within Gulf of Mexico

Thomas O'Hanlon
Staff Reporter

Attention was drawn back to the Gulf Coast as a 300-ton blowout preventer was extracted from the Gulf of Mexico Saturday, Sept. 4. For the first time, investigators will have the ability to see and understand why the preventer failed to prevent the flow of oil at the beginning of the spill.

The massive oil leak, the largest in history, began when an explosion and fire occurred on the Deepwater Horizon oil rig in April. The explosion is estimated at spilling up to 53,000 barrels into the Gulf of Mexico per day. While BP has claimed complete responsibility for the cleanup, picking up the check for this job isn’t going to come easily.

According to the Associated Press, a U.S. and BP-led team spent six billion dollars as of Sept. 6, in the recovery effort of the colossal Deepwater Horizon spill. This number is just a small portion of the cleanup’s cost, which is projected to come to a 32.2 billion dollar total.

"It’s frightening to think about all of the financial aspects," said Junior Zach Biondi, "The money necessary for this cleanup is hard to comprehend. That explosion has caused quite a sticky financial situation if you consider the losses BP has faced not only from investors but from the spill itself."

The company recently faced its worst second quarter loss, listed at almost 17 billion dollars. The company, however, has plans to sell 30 billion dollars in assets in the near future. BP is hoping these will be able to fund the reparations needed.

As of Sept. 8, BP’s "static kill" will be on schedule to be sealed permanently by the middle of the month of September. These plans came after the success of a multipurpose cap that placed in July. The cap serves to temporarily seal the flow of oil into the gulf.

The "static kill" operation of August has also been reported to work in cleaning the Gulf, leaving only 25 percent still affected. According to Adam Gambat of Guardian News and Media, "The static kill involved slowly pumping the mud from a ship into the Gulf of Mexico."

Boats sprayed the oil and gas platform that exploded in the Gulf of Mexico.

into the top of the ruptured well a mile below." Gambat also wrote, "BP said it had reached a significant milestone overnight when mud forced down the Gulf of Mexico well — the static kill operation — held back the flow of crude."

In late July, it was revealed that the alarms on the Deepwater Horizon had been shut off at the time of the explosion in order to let the workers sleep undisturbed. While this is being formally blamed on the contracted companies BP hired to do their drilling, this still looks poor for BP. British Petroleum recently admitted using Photoshop on an image showing the monitoring of the spill. The image was of BP’s Houston monitoring center and depicted a wall of screens with video images. The image shows a bank of ten screens watching the leak, when in reality several of the screens had no image on them. BP released a statement apologizing and claiming the photographer was simply practicing his Photoshop skills. BP and other officials are working to place a final cap on the well this month.

COLLEGE OF ARTS AND SCIENCES HOSTS NEW DEAN

Dr. Scarnus Carey was recently named dean of the College of Arts and Sciences at Sacred Heart University on July 1 of this year, according to the Sacred Heart website. Carey has accepted this new position at Sacred Heart with high hopes for students.

"I would hope that students learn to believe in themselves and allow themselves the liberty to engage new ideas. Trust that the pay-off for working hard is worth the effort," said Carey.

The former Manhattan College faculty member has spent much of his career invested in student life. Before coming to Sacred Heart, Carey served as chairman of Philosophy at Manhattan College, during which time the number of students enrolled as philosophy majors grew from two to 50.

"Our faculty had great chemistry. We were passionate about what we did and had fun doing it. Philosophy is something everyone wants if it’s presented in the right way. Students acknowledged that they wanted something more serious, with more purpose."

Our courses offered them the opportunity and the challenge to think seriously about what they wanted to do with their lives, given the short time we have on earth. We challenged our students to do more than they were used to doing and the more they did, the more they seemed to like it."

Besides having an extensive background as an educator teaching classes from Business Ethics to Existentialism, Carey is also an author of several books on parenting. His book "Growing Up With Your Children: 7 Turning Points in the Lives of Parents" was published just this year.

Carey has invested a lot of time into his philosophies about parenthood, and spoke of his personal philosophies for parenting and duties as the college’s new dean intersect.

"The audience is different. The tasks are different," said Carey. "But the basic principles by which I try to live and work, I try to understand situations well before acting on them. Understanding well requires good listening," said Carey.

In his new position, Carey said of his family, "Before coming to Sacred Heart, I had a more flexible schedule and a lot of time with my children. That is different now, but I think my family is prepared for the change."

It certainly may be a change for Carey, who is now overseeing 2,000 students enrolled in the college of Arts and Sciences and working with over 100 faculty members, according to the

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March 18, 2010

Boats spray the oil and gas platform that exploded in the Gulf of Mexico.

 Sacred Heart website.

Media Studies professor and author Dr. Sidney Gottlieb said he is happy to have a dean with Carey’s kind of philosophy. "I am very excited about working with an administrator who has made it clear that he has a lot of respect for the Sacred Heart faculty and thinks of himself as an ally and a facilitator rather than a watchdog. For me, that’s a dream come true — and I hope that the dream lasts."

The Dean himself seems to share Gottlieb’s positive attitude.

"We have an outstanding faculty here at Sacred Heart. Students have a privileged opportunity to get a great education. When people are honest and trust each other, they can get a lot done."
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**Editorials**

**Out with the old, in with the new**

Therese O'Shea  
Editor-in-Chief

Another summer passed in what seems like the blink of an eye, bringing on another fall, another semester in college, and a brand new year for The Spectrum.

Besides coming to terms with the fact that I'm a senior and that I will soon have to begin life as a "real person" as I like to call it, I'm overwhelmed with enthusiasm for the beginning of the year with Spectrum as Editor-in-Chief.

Taking on this position was a big step up for me, as I was Arts & Entertainment section editor last year, and a writer just the semester before that. But as an aspiring journalist (and Sacred Heart aficionado), I have to say that I am incredibly eager to get the year rolling and to get the newspaper out to you, readers, ever week.

Above all, I want to stress how important you, yes YOU, are important to us here at Sacred Heart, and make it even better so that it's a vital part of your week. As you can see, we've already made some changes, but we can't continue to make ourselves better if we don't hear from you.

So speak up. Sacred Heart! Let's hear what you have to say. Our goal this year is to take what has made the paper such a success in its 27 years and make it even better.

**Therese O'Shea, 2011**  
Position: Editor-in-Chief  
When I'm not working for Spectrum, I'm trying to find some time to breathe and nap between The Pulse, Pioneer Magazine, ZTA, and spending time with all of the people I love.

**LINDSAY GAJATI, 2011**  
Position: Copy Editor  
When I'm not working for Spectrum, I'm: trying to find some time to breathe and nap between The Pulse, Pioneer Magazine, ZTA, and spending time with all of the people I love.

**ALYSSA SCOTT, 2011**  
Position: Managing Editor  
When I'm not working for Spectrum, I'm: Editor-in-Chief of Pioneer Magazine.

**ERIN MURTAGH, 2012**  
Position: Asst. News Editor  
When I'm not working for Spectrum, I'm: Djing for WHRT, hanging out with my friends.

**Michele Tymann, 2010**  
Position: Asst. Features Editor  
When I'm not working for Spectrum, I'm: taking photos and interning for Teen Vogue.

**Alex Atkinson, 2011**  
Position: Asst. Perspectives Editor  
When I'm not working for Spectrum, I'm: working for Daughters of Charity.

**Ashley Monaco, 2011**  
Position: Asst. Features Editor  
When I'm not working for Spectrum, I'm: working for Pioneer Magazine.

**Jaclyn Hendrick, 2011**  
Position: Photography Editor  
When I'm not working for Spectrum, I'm: either shopping or checking Perez Hilton religiously.

**Ryan Hannable, 2012**  
Position: Asst. Sports Editor  
When I'm not working for Spectrum, I'm: watching the Boston sports teams.

**Zack Lane, 2011**  
Position: Photography Editor  
When I'm not working for Spectrum, I'm: working as a photographer for the NY Jets.

**JACLYN KENNEDY, 2012**  
Position: Asst. Photography Editor  
When I'm not working for Spectrum, I'm: studying and hanging out with friends.

**Nicole Caravano, 2011**  
Position: Advertising Manager  
When I'm not working for Spectrum, I'm: interning with the WWE marketing department.

**Janelle Cracco, 2012**  
Position: Asst. Advertising Manager  
When I'm not working for Spectrum, I'm: shopping and hanging out with friends.

**Sean Elliott, 2013**  
Position: Asst. Photography Editor  
When I'm not working for Spectrum, I'm: playing tennis.

**Megan Conklin, 2011**  
Position: Graphic Designer  
When I'm not working for Spectrum, I'm: going to the beach.

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When I'm not working for Spectrum, I'm: breaking concrete in the Martial Arts chib.

When I'm not working for Spectrum, I'm: interning with the WWE marketing department.

When I'm not working for Spectrum, I'm: shopping and hanging out with friends.

When I'm not working for Spectrum, I'm: dancing with the SHU Dance team and working on Pioneer Magazine.

When I'm not working for Spectrum, I'm: slowin over senior project.

When I'm not working for Spectrum, I'm: running track and hanging out with friends.

When I'm not working for Spectrum, I'm: trying to find some time to breathe and nap between The Pulse, Pioneer Magazine, ZTA, and spending time with all of the people I love.

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When I'm not working for Spectrum, I'm: taking photos and interning for Teen Vogue.

When I'm not working for Spectrum, I'm: working for Daughters of Charity.

When I'm not working for Spectrum, I'm: either shopping or checking Perez Hilton religiously.

When I'm not working for Spectrum, I'm: watching the Boston sports teams.

When I'm not working for Spectrum, I'm: working as a photographer for the NY Jets.

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Advertising Line 203-371-7828  
Fax Line 203-371-7828  
http://shuspectrum.wordpress.com
WSHU rocks the air gaining student support

Station ranks #18 on Princeton Review's "Best College Radio Station" list

WSHU NPR station, located on campus, gains national recognition.

Andrew Orlandi
Staff Reporter

On May 6, workers began to break ground near the Pin Center for what will be a new state-of-the-art student commons area. The new student commons area, designed by Sasaki Architects, will include a brand new kitchen and dining area, seating 250 comfortably, the bookstore, and the IT Factory.

But is all this construction really worth it? As freshmen and sophomores near, students are both excited and skeptical in regards to the end product.

"I don't mind it at all. It really doesn't get in the way of anything and I think the student center is going to be a really nice addition to the campus," said freshman Abby O'Keefe.

The general consensus from freshmen seems to be overwhelmingly positive, despite the ongoing construction near their dorm buildings.

"I really don't mind the construction, it doesn't affect my daily routine," said freshman Erica Townes.

Although there are no strangers to seeing construction around campus, having seen the progress of the chapel over the course of three years.

"I don't like the campus look sloppy, but the end result will be good for the school. It's a shame I'll be graduated when it's finished," said senior Sean O'Brien.

Senior Sean Barrett agrees with O'Brien, disappointed that it will not be finished before the senior graduate.

Not everyone has resoned with enthusiasm for campus construction.

"I don't really appreciate it that much. Campus looks really sloppy because it's always under construction," said senior Erin McPherson.

Some students feel as though the construction is disturbing life in the classroom.

"It's distracting to the students in class. With all the noise, it's hard to pay attention. Sometimes I can't hear my professors," said senior Katie Brown.

Students are also concerned about what the construction could mean for high school students taking tours of the university.

"I think that it could hurt admissions to the school. The way the campus looks could turn off potential undergraduates," said senior Kayla Jerome.

Some students are also saddened by the loss of space outdoors caused by the construction. There is a shared importance of fall approaching there will not be many places to get outside with friends to play Wiffle ball or throw the Frisbee around.

"The hill hill leading up to the Pin Center was a place for students to hang out. Now we don't have that anymore," said senior Kayla Hann.

The constant construction is making some like senior Kelsey Lorraine feel as if they are missing out on a vital part of what the college experience should be.

"I feel that it disrupts the campus feel of the university, especially since there has been construction going on since we were freshmen, starting first with the chapel," she said. "It's really important for universities to have the green space on their campus for students to hang out, toss a football, study, or just be available for them to use, and the ongoing construction for the past three years has tainted that experience for us."
Forgiveness. But as a gesture from our entire honorable society if we were to let the think we would be viewed as being a very ourselves on diversity and acceptance. 1

 Freedoms of expression and religion super­ tinct differences in Islam.

 As a gesture from our entire honorable society if we were to let the think we would be viewed as being a very ourselves on diversity and acceptance. The perfect summer romance is one that requires an equal understanding from both parties; when the school year comes, you will both go your separate ways.

 However, these flings so often warp into yet another stressful situation in life due to the only flaw in the summer ro­ mance game of poker: getting attached. For the most part, most college students view romance thinking nothing seri­ ous is going to come of it, but you begin to question yourself and the other party. Is she falling for me? Am I even falling for her? What’s going to happen after we leave? Are we going to ever talk again? Will we ever see each other again? Relax. Believe it or not the other per­ son is asking the exact same thing.

 I myself had a somewhat of a fling this past summer. We met at work—Cold­ stone Creamery in fact—and we instantly took an interest in one another. We went on a few dates, and I will not get into all the details, but we had a lot of fun together. At one point, those very questions popped into my head. I became uncertain as to what would become of us. We were not in an official relationship but we liked each other very much.

 However, these questions were put to ease when I realized that we go to diff­ erent schools and neither of us would be happening to see each other often. To go on building a fresh relationship so far away would add only more stress onto the college life. Maybe our paths will cross sometime in the future, but for now I’m not too worried about it.

 In my humble opinion, live in the moment. Do not over think it. Who cares if it doesn’t go anywhere? Have fun while it lasts. We are young and should enjoy ourselves while life permits us. This is what I consider to be a true summer romance. Maybe it’s the heat that makes summer the best season for love. Heat does inadvertently cause our pher­ mones to release and attract others. Or maybe it’s the increasing heat, decreasing clothing, and more skin showing that is to blame for our desire to have a summer ro­ mance. Either way, I feel like spring into summer is the prime time to find some summer lovin’. Who doesn’t want a little romance during summer break? Especially if attracted to the relationship then please extend your summer romance into a long­ term affair. But if either party is unclear of the expectations of the other or unsure of what to expect when the season ends, the two part ways to go back to their respective schools, a goodbye can result in heartbreak.

 Couples should be clear and upfront from the very beginning about what they consider the romance to be and their ex­ pectations for the future. They should agree about how things will end, and end on amicable terms. You don’t want to end things badly because then all those fun and incredible memories you have would have had, will be ruined by him thinking you’re crazy, or you thinking he’s an un­ grateful you-know-what. Too often this happens to my friends, and it makes going back to school, which can already be a dif­ ficult process, much harder than it needs to be. Especially when they are blaming themselves for their failed summer re­ mance when, little did they know, it was destined to end from the very beginning.

 Summer romances are fun, exciting, and can make for one of the most memorable years of your life. You should not blame yourself, especially when you have everyone has experienced the frisky­ fun, butterfly feeling, but took it for what it was worth and didn’t end up heartbrea­ ken or, for those few lucky ones, their summer romance turned into something more—something worth betting on. No matter how your summer romance ended, the bad memories you have are memories of those summer nights.

 The quintessential summer romance is summarized best in “Summer Nights,” sung by Sandy and Danny in “Grease.” They bowled in the arcade, they strolled and drove college students since no class on Fridays.

 While college can be the best time of year even better with a little something to pass the time? The summer romance might just be the best recreation thought of college students sins ce no class on Fridays.

 SHU WEIGHS IN ON DEBATE OVER MOSQUE AT GROUND ZERO

 Henry Crocker, Staff Reporter

 Ever since the attacks on The World Trade Center towers on Sept. 11, 2001, the Muslim community has been taking numerous courses of action designed to counter-balance the reputation given to them by Al Qaeda. Imam Feisal Abdul Rauf — imam being the title of a Muslim religious leader who leads places of worship — has been making visits all over the world to promote interfaith peace and understanding.

 Recently Rauf has made the very controversial decision to open both a mosque and a Muslim community center two blocks north of Ground Zero in New York City.

 According to The New York Times (NYT), Rauf maintains that the mosque’s only intended connection with the attacks of 9/11, if any, is to promote awareness of Islamic culture and to distance themselves from extremists such as Al Qaeda.

 He has written multiple books on the subject, his most popular being “What’s Right with Islam: A New Vision for Mus­ lims in the West,” a discussion on the distinct differences in Islam.

 “I do not think they should build it there. Regardless of freedom of religion, they should know better and show a bit more respect,” said Jamri.

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 “There are two equally potent and dras­ tically different forces of patriotism seem­ ing to split the opinions of America, which seems to be the reason this is such a comp­licated issue. One force being that according to the right of freedom of expression, and free­ dom of religion, the mosque has every right of freedom. But the other party is saying that the freedom of expression and religion super­ sedes all other considerations. I think that we, as Americans, pride ourselves on diversity and acceptance. We think we would be viewed as being a very honorable society if we were to let the mosque be built there,” said junior Lauren Candela.

 “Not as a gesture of acceptance or forgiveness, but as a gesture from our entire country that we can overcome,” she said.

 This debate, however, is not two­ sided, but incorporates multiple varying viewpoints.

 In reality a lot of the controversy stems from a basic misunderstanding of Islam and its many forms.

 President Barack Obama is quoted by NYT as saying, “Al Qaeda’s cause is not Islam — it is a gross distortion of Islam. In fact, Al Qaeda has killed more Muslims than people of any religion, and that list in­ cludes innocent Muslims who were killed on 9/11.”

 Al Jamri, editor of the Arabic news­ paper Alwasats, is also quoted by The New York Times, stressing the importance of the mosque victory.

 “If the Mosque project fails, it will be a big victory for [Muslim] extremists who say that America is only liberal when it’s convenient,” said Jamri.

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 One force being that according to the right of freedom of expression, and free­ dom of religion, the mosque has every right to be there. However, disregard this as be­ ing irrelevant to the situation. This is in show of support for those who risked and lost their lives in the attack.

 Groups such as radical evangelical Christian preachers, who endorse the burn­ ing of the sacred Islamic text: the Quran, and people such as Mayor Rudy Giuliani, continue to make efforts in opposition of the mosque.

 There are a number of protests, coun­ ter-protests, and formal meetings planned in order to negotiate a compromise in re­ gard to the mosque.

 It remains to be seen whether or not the mosque victory.

 “There’s no reason for any arguments about this. I mean, if Islam and Al Qaeda are separate, then why are we raising a reli­ gion into question that never attacked us?” said junior Vincent Fumaluro.

 “Even as a New Yorker, I don’t think there’s really anything to discuss.”
Fall concert revealed

Three years later, The Goo Goo Dolls return to SHU

Jamie Miller
Staff Reporter

The start of a new semester means organizing schedules, seeing old and new friends, and awaiting anxiously to find out which band will be coming to Sacred Heart University for the annual concert series.

Just before the year began, students opened their e-mails to reveal that the Goo Goo Dolls would be coming Sacred Heart on Oct. 28.

"It's great that they're coming," said senior Christine Gray. "They're a really talented band and I can't wait to see them."

This will be the Goo Goo Dolls' second performance at Sacred Heart. The last time they played the university was in the spring of 2007, according to Amy Ricci, the director of student activities.

Over the years, the university has hosted many concerts, perfunctorily using a uniform procedure for selection.

Ricci said every year when the time comes around, a band sends in a bid for the fall concert, she contacts different artists' agents to see who artists are available to perform on college campuses.

When she finds an artist who draws the interest of students, they place a bid.

If the bid is accepted, they then go ahead and start planning the event.

"The Goo Goo Dolls put on one of the best concerts Sacred Heart has ever seen," said Ricci. "So, when we were presented with the opportunity to bring them back to campus, it was something that we could not pass up."

The Goo Goo Dolls have been together for 24 years. They have over 25 singles and they just released a new album Aug. 27 called "Something for the Rest of Us," which is their ninth studio album. According to the Rolling Stone website, this is their first album in four years. They have received four Grammy nominations, 13 consecutive top 10 songs, and over 10 million albums sold, according to the band's Web site.

"The Goo Goo Dolls remind me of my youth," said junior Chris Hindenach. "Even now that I'm in college I still listen to them and fans know every lyric of every one of their songs."

Although this is not the first time the band has visited Sacred Heart, concertgoers are assured an enjoyable evening from the high-profile band.

"This concert is sure to be a success, as all of our concerts are," said Ricci. "Knowing what type of show the Goo Goo Dolls put on, the students will be entertained from start to finish."

The Goo Goo Dolls will perform Oct. 28 at 8 p.m. in the William H. Pitt Center. Tickets go on sale Oct.13 at 10 a.m. in Hawley Lounge and are $22.

Fall premiere is finally here

Venithda Sourignmath
Staff Reporter

With the start of the new semester comes a new season of television. Returning hits and series premieres look to secure their place in the primetime lineup and secure a steady audience.

As beloved shows like "Glee" and "Survivor" gear up for their season premieres, fresh young shows such as NBC's "The Event" and the "Undercovers," the network's spin on the CW starting Sept. 13.

"He was amazing," said senior Megan Kalus. "He really is one of the best rappers, and Rihanna was great too."

Taking over hosting duties from Russell Brand this year was comediene Chelsea Handler of E! talk show "Chelsea Late ly." At one point, Handler even appeared on stage in a Lady Gaga-esque get-up.

As Handler made her entrance, she seemed proud to mention that she was the first female host since 1994.

"I thought she was pretty funny," said freshman Aleka Amo. "But sometimes she sounded a bit offensive."

Other student viewers disagreed.

"I thought that she was funny. And if she were completely appropriate, it would not have been funny," said Borriello.

Although Handler was the host with the most, the real standout stars of the night were the winners and the performances.

Teen sensation Justin Bieber picked up his first moon man for Best New Artist, while Eminem scooped up two awards for his video "Not Afraid." The biggest winner of the night was the little monster leader herself, Lady Gaga, who took home eight awards, including the coveted Video of the Year award.

Despite the night being all about the music videos, it was the live performances that had students talking.

"The collaboration of Drake and Mary J. Blige was awesome," said senior Brittany Brown. "I think they all mesh really well together on stage."

Country sweetheart Taylor Swift took the show in a different direction, debuting her newest ballad that was a soulful reflection on her infamous stage interruption by Kanye West last year.

"I think Taylor took a chance," said senior Nicole Morell. "But sometimes it's the unexpected performance was a nice change of pace in the show."

Even though the 2010 VMAs might have lacked over-the-top outbursts from superstars, it was the crazy antics that made the 2009 show unforgettable.

The show was entertaining," said Kalus. "But sometimes it's the unexpected drama which makes a show that much more memorable."

"It's that time of year; the start of a new semester means the start of the year begins," said senior Marissa Mehler. "It's great that they're coming," said senior Christine Gray. "They're a really talented band and I can't wait to see them."

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It's that time of year; the start of a new semester means the start of the award season. The 2010 VMAs were all about shocking winners and surprise performances.

On Sunday, Sept. 12 the 27th annual Video Music Awards aired on MTV live from Los Angeles, and everyone who is anyone on Hollywood's A-List, whether actor or reality star, was in attendance.

"I was excited to see Nicki Minaj," said senior Michele Borriello. "I also loved Eminem's performance as well."

Opening the big show, Eminem performed his smash single "Not Afraid," but changed his time mid-song. Not even three minutes into the performance, Eminem brought out his special guest, pop princess Rihanna, to finish the duet of their hit "Love the Way You Lie."

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Taking over hosting duties from Russell Brand this year was comedian Chelsea Handler of E!' talk show "Chelsea Late ly."

Even before their debut, some Sacred Heart students seemed willing to give these shows a chance.

"I don't watch much TV, but every time I see the preview for 'The Event,' I get more and more intrigued," said junior Blake Campbell. "especially when 'Monday Night Football' is going to be on."

"The Event" is not the only series facing a similar audience dilemma.

ABC's highly-anticipated average Joe-turned-superhero show 'No Ordinary Family' centers on a seemingly innocent married couple who own a catering business in L.A.

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"I don't watch much TV, but every time I see the preview for 'The Event,' I get more and more intrigued," said junior Blake Campbell. "I just want to know what the event is."

Critics are just as anxious to piece together the stimulating puzzle of what the TV Guide website calls, "The second most anticipated fall show," which premiers on Monday Sept. 20.

Supernatural and conspiracy enthusiasts that are looking for a new drama with a mix of mystery and intrigue may have found their saving grace.

"I loved the movie 'Mr. & Mrs. Smith,' and 'Undercovers' looks like it will be just like the movie," said Santini.

Rated "medium-high, on a required emotional commitment scale," according to the Esquire Magazine's website, "Undercovers" centers on a seemingly innocent married couple who own a catering business in L.A.

However, once called upon by their former employer, the CIA, this husband-and-wife team jumps back into the action while trying to keep themselves and passionate marriage alive.

"It will definitely be in my line-up of TV shows to watch for the night," said Santini.

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Exclusive interview with SHU alumnus Kevin Nealon
Former SNL star talks to Spectrum about his time at Sacred Heart, his career, and upcoming show on campus

Emma Levine
A&E Editor

When I saw a slight chance of getting to interview Kevin Nealon I jumped at it. Fortunately for Spectrum (and myself), I got the chance to talk to the comedian, actor and Bridgeport native about his time at Sacred Heart, his upcoming performance at the Edgerton, and some of his upcoming projects.

I know you were a marketing major at Sacred Heart, what year did you graduate and what made you want to go into marketing?

I graduated in 1975, with a degree in marketing. I thought business would be a good background because I didn’t really know what I wanted to do, and I wanted to be a comedian, but it didn’t seem that logical at the time to pursue that. I mean in hindsight I should have gone to NYU and studied film or something like that but you know it all worked out for the right reasons.

I’m not sure if you have been keeping up to date with Sacred Heart news, but the university has drastically changed over the years. If you have been keeping up, what do you think of the changes?

Well, I went by there a couple years ago and I was astounded by how much it’s changed. I mean I hardly recognized it. I recognized the original building which was all there really was when I was there. The library looked new when I started going there. And I remember I used to sit out by the parking lot of the library before a mixer at Sacred Heart and I would listen to my 8-track tape in the parking lot and listen to you know like Crosby, Stills and Nash, and then I would go into the mixer.

I heard you played football here, did Sacred Heart have their own football team back then?

No, no they had a soccer team. I was on the soccer team for three years, and then I managed well, I think it was called managing, the baseball team for a year. I did that to get some money off of my tuition and basically what I did was I washed their jock straps and their towels. (Laughs) Also, I was heavily involved in table tennis at Sacred Heart. I don’t know if they have it anymore but we used to play schools like Yale and other schools of that caliber, and we had really FORGOOD players on the team. It was an intramural thing and we used to play forever outside the gym.

Aside from those memories, do you have a memory of something crazy or funny that sticks out in your head that you remember from Sacred Heart?

One thing I always remember about Sacred Heart is that I would always go to the coffee houses they had in the lounge. I spent many, many nights just playing with companies, just listening to different performers and it was there where I saw one of my first stand-up acts. I saw Ace Holleran, from Blackrock, and he got up and did about 10 minutes or so in the corner and I thought that was really interesting, and at the time I was also going into New York to check out stand up comedy clubs. But I do remember going to those lounges a lot because I wanted to be a musician but I never had the nerve to get on stage, it seemed too intimate for me. You know? Comedy seemed like a better deal. (Laughs)

Can you tell me why you decided to do this performance for St. Joseph’s and why you chose Sacred Heart as the venue?

Well, by the way, next year I’m going to do a fund raiser for Sacred Heart at St. Joe’s High School. (Laughs) No, I’m doing it because I wanted to give back to the school in a way that would be special... someone reached out to me and asked me if I’d be interested in doing a fundraiser and I thought, “Yeah I would.” And I would ultimately want to do one for Sacred Heart too.

What can we expect on the 19th? Can you give us a little preview?

Well, it’s funny because a lot of people don’t know that I do stand up comedy although it was really my forte and it was my passion when I started when I moved from Bridgeport to Los Angeles in 1978, and I’ve never stopped doing it since then. I’m at a point in my stand up career where I think I’ve never been sharper with my material you know and I’m just really on top of it... I had a stand up special last year on Showtime and the DVD’s out now it’s called “Hear Me Out.” So, now I’m working on new stand up material and I hope to do another special soon. Basically, though, my material is leaning more towards truth now about myself but also exaggerated.

Kevin Nealon will be performing at Sacred Heart on Sept. 19 in the Edgerton Theater.

Kevin Nealon will be performing on Sunday, Sept. 19 at 7:30 p.m. in the Edgerton Center for the Performing Arts.

For tickets, call (203) 371-7908 or visit the box office, located in the lobby of the Edgerton Center.

GET REEL: MOVIE REVIEW OF THE WEEK

Movie-goers unsure whether ‘Going the Distance’ really goes the extra mile

Chris O’Connell
Contributing Writer

Romantic comedies tend to be the movie genre I try to avoid the most, outside of indie horror flicks and anything involving Miley Cyrus. So, “Going The Distance” wasn’t very high on my must-watch list. In many ways, it really is just another chick flick meant to make you feel good and make you cry. In another sense, it delves a little deeper into the core of relationships and demonstrates true love.

“Going The Distance” is the story of Garrett (Justin Long) and Erin (Drew Barrymore). Garrett is a moderately successful music producer while Erin is a lowly intern at the New York Sentinel, a failing newspaper. Garrett is an intramural footballer and we used to play schools like Yale and other schools of that caliber, and we had really FORGOOD players on the team. It was an intramural thing and we used to play forever outside the gym.

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For tickets, call (203) 371-7908 or visit the box office, located in the lobby of the Edgerton Center.

You play Doug Wilson the accountant, councilman, and drug dealer on the Showtime series, “Weeds.” Can you tell fans what to expect from your character and the show this season?

I really admire the writers because they really get themselves into a pickle each year and they really have to write themselves out. The show is kind of renewed each year because it’s a whole different ball game and so this year we’re on the run and it’s always been a story about survival. I think he’s (Doug Wilson) learning more and more about himself but he hasn’t really digested it yet.

I know you’re working on the Nickel at Nite series “Glenn Martin DDS,” how do you like that and are you working on any upcoming projects?

Well, I’m doing it because I wanted to give back to the university and I thought, “Yeah I would.” And I would ultimately want to do one for Sacred Heart too.

What can we expect on the 19th? Can you give us a little preview?

Well, it’s funny because a lot of people don’t know that I do stand up comedy although it was really my forte and it was my passion when I started when I moved from Bridgeport to Los Angeles in 1978, and I’ve never stopped doing it since then. I’m at a point in my stand up career where I think I’ve never been sharper with my material you know and I’m just really on top of it... I had a stand up special last year on Showtime and the DVD’s out now it’s called “Hear Me Out.” So, now I’m working on new stand up material and I hope to do another special soon. Basically, though, my material is leaning more towards truth now about myself but also exaggerated.

Get Reel gives Going the Distance:

★ ★ ★ ☆☆
Recent graduate Mike Fazzino continues to push advocacy for poor in Rwanda

Andrea Gorkofsky
Staff Reporter

ONE Campaign, ONE Rwanda, ONE Mike Fazzino

As a recent graduate of Sacred Heart University, Mike Fazzino has had a hand in many on campus organizations, but the ONE campaign is by far his most revered accomplishment.

The ONE campaign was first introduced to Sacred Heart by Fazzino in 2007 and three years later the organization is still going strong. Through all of his hard work and dedication, Fazzino was chosen to travel to Rwanda, a landlocked third world country in Africa. "I was actually selected along with four other students around the country to visit Rwanda with ONE staffers based upon our effective advocacy for the world's poor," said Fazzino.

While Fazzino's trip enabled him to experience the good being done, it was difficult for him to witness the reality of the living conditions. Even though he was surrounded by poverty, Fazzino believed in looking for the beauty and individuality in the country.

"The weather was incredible because Rwanda is at such a high elevation, it was never scorching hot," said Fazzino. "When we were up in the mountains, it got so cold that we were wearing sweatshirts and had to keep a fire going all night in our rooms.

Despite such harsh circumstances, Fazzino was surprised to find that everyone was not only welcoming, but completely content.

"Everyone in the country was extremely friendly and eager to share his or her stories with us," he said. "When we met with genocide survivors, they were able to tell us, at times tearfully, the tragedies that they've seen."

Because of Fazzino's commitment and work ethic, he was given the opportunity to meet important country officials, such as the Rwandan president. "We even had the chance to meet with President Paul Kagame, who has done much to revitalize the country and bring it back from the dismal state it was after 1994," he said.

Despite its tragic past of genocide Fazzino is optimistic about the country's future. "Things certainly are looking up in Rwanda," said Fazzino. "We're seeing infrastructure like roads and pipelines being constructed and trade routes being utilized."

"Schools and clinics are heavily attended in many areas, and they're finally taking preventive measures to stop the spread of HIV/AIDS, combat tuberculosis, and malaria," he said.

Fazzino looks back on his journey with nostalgia. "I would go back in a heartbeat and I was so lucky to have been selected to travel with ONE," said Fazzino. "I experienced so much, and it was affirming to see how effective our work is."

"When you advocate for the world's poorest people, you're literally giving them a new lease on life," he said.

Senior Leah Richards, a member of the ONE campaign, had encouraging words to say about Fazzino. "When I first heard that he was going to Rwanda for ONE I was so proud and amazed but not surprised, because that is the giving type of person Mike is."

Fazzino hopes his passion towards the campaign will inspire others to continue the work he started.

"I love working with ONE because not only is it an organization filled with motivated and intelligent activists, but you really get the feeling that you're changing the world."

For more information on the ONE campaign, visit www.one.org.

Mike Fazzino, president of the ONE campaign, shakes hands with President Paul Kagame of Rwanda.

PHOTO CONTRIBUTED BY MIKE FAZZINO

Features

SHU alum makes charity his ONE priority

FALL FASHION: BRING THE RUNWAY TO THE HALLWAY

Jessica Colucci
Staff Reporter

Magazine pages and fashion shows are constantly keeping the public up-to-date on the season's new trends, but how can these trends translate from designer runway to college hallway?

Style and comfort are not easily found in one outfit, but fashion club board member, senior Ashley Carlino gives some easy tips to keep your wardrobe exciting during the changing seasons.

"For fall, oversized silk blouses with ruffles or stripes add a little something extra to an outfit while making you look tailored and put together."

Transitioning your look between seasons is hard enough, but according to fashion club co-president, senior Nicole Morelli, it doesn't have to be an obstacle.

"Try wearing shorts with a fun tank and lightweight cardigan," she said.

Although the weather outside may be warm, the climate inside Sacred Heart classrooms could coincide with your outdoor look.

"The air conditioning can get chilly, especially in the UC classrooms," said Morelli.

Senior Kelly Piner also agrees that classroom temperatures can influence student style.

"I recently wore jeans and khaki shorts with a t-shirt and I usually bring a cardigan with me just in case it's cold," she said.

I wear gym shorts a lot too since I have labs that require physical activity," said Piner.

Comfort is also key for freshman Alyssa Varum, who previously attended a private high school with a strict dress code.

"On dress down days, I wore sweats and a sweatshirt," she said. "In college I either wear my yoga pants or comfy jeans to class. I prefer to be comfortable."

But what can college students expect to see in this fall's fashion magazines?

"I've heard that lace and velvet are going to be in this fall," said Piner. "Military influenced jackets, heels, and boots are also going to be big."

Some seem to think that this year is going to have a more relaxed feel.

"This season's biggest trend is a modern, on the go vibe, which is perfect for college students," said Carlino.

So how can Sacred Heart students take these trends into the classroom?

"Of course, it would be difficult to wear a look straight off the runway to class, but instead it is fun to take parts of the look, like the color palette, or the silhouette and create your own outfits inspired from runway," said Morelli.

When getting dressed for class, or any situation for that matter, fashion club members advise that it is most important to keep individuality and self-expression in mind.

"It is all about expressing yourself in your own way," said Carlino. "Lucky for us this fall's fashion is very wearable for college students."
GRADS GETTING MORE THAN JUST A MASTERS

Danielle Vuotto
Staff Reporter

Picture this: One day you’re behind a desk taking notes and waiting for class to end. Next thing you know, you have a job, a desk, and a title with the same university you graduated from. This is exactly what happened to three of Sacred Heart University’s 2010 graduates.

Amanda Rowe, Chris Carr, and Josh Morgan were all offered Graduate Assistant (GA) positions shortly after graduation day this past May.

“So far it has been a smooth transition,” said Chris Carr. Carr started working as the club sports graduate assistant only days after he received his diploma.

Though many seem to think it is a difficult task, the transition from student to staff member came naturally to the recent graduates.

“It was a quick transition,” said Amanda Rowe, student life graduate assistant. “But I have an awesome staff to work with that helped make the transition easy.”

For Joshua Morgan, student activities GA, this opportunity came as a big surprise and was something he didn’t expect to possess just three months ago.

“I did not anticipate going back to school or even accepting a Graduate Assistantship,” he said. “But I am here now with a group of people that I truly do enjoy working with.”

“These past few weeks have already exceeded my expectations and I am looking forward to the next two years that I will be here,” said Morgan.

Some of Morgan’s duties include attending various council events throughout the year, organizing and planning an end of year dinner dance, and publishing a numerous news letters.

Rowe’s responsibilities, however, are much different.

“I have office hours every day upstairs in Hawley Lounge,” said Rowe. “I work on the orientation program, welcome the seniors, family weekend and advise the freshmen and sophomore student government boards.”

Though the job might seem daunting to some, the

Public Safety make the switch Ford Fusion Hybrids to go green.

Hybrid cars join Public Safety’s fleet of vehicles

Maile Heatherington
Staff Reporter

As the times are changing so is Sacred Heart, and to the university’s Public Safety department going green is the right way to move forward.

Earlier this year, university officials gave authorization to the department of Public Safety to purchase new environmentally friendly vehicles.

According to Officer Jack Fernandez, the reason for purchasing four new Ford Fusion hybrids is to cut down on fuel costs, and to help keep the campus environment healthy.

Although investing in a hybrid car can be pricey, Fernandez explains how it can actually benefit the university.

“For $1500 a savings the university thousands of dollars per year on fuel and maintenance, and we are contributing to a green environment at the same time,” he said.

As students and members on campus support the university’s efforts towards fuel efficiency, “I think the move to hybrid vehicles is an important step for SHU,” said English professor Dr. Richard Magee.

“Ideas of stewardship and caring for the environment are important parts of the Catholic intellectual tradition, especially in more recent additions to the tradition,” he said. “I think it’s important for us to show some concrete sign of commitment to these ideals.”

Although some are happy with the switch some students think the money could have been spent in a more effective way.

Junior Jessica Colberg believes that the money used for the purchased hybrid cars should have gone towards a more practical project.

“While I do think it’s important to take care of the environment, I feel like we have so many unfinished projects on campus that require a lot of time, money, and attention,” she said.

“I would have preferred the money to go towards fixing up the dorms or building another dining hall,” she said.

Others on campus, like sophomore Garrett Minyard believe this resolution was inevitable, and the sooner the transition, the sooner the University would reap the benefits.

“When administrators make the tough decisions, the beginning is always a bit rocky but usually means it is worth it,” he said.

how things run on and off the campus, as well as behind the scenes.”

During his years at Sacred Heart, Morgan was president and vice president of the men’s rugby team as well as an active member of student life. Through these experiences, he was able to build good relationships within each department.

“I feel I can use my SHU experience to benefit my position and everyone in the SHU community,” he said.

Though these students were fortunate enough to land a job quickly after graduating, they are certain the education process has not ceased.

“I have learned that there is still much for me to learn,” said Rowe. “It still hasn’t quite hit me that I am not a student anymore, because I still am just in a different way.”

Graduating soon?
Interested in applying for a GA position?
C.O.G.S meets once a month in the evening. If you wish to join or attend a meeting, please contact the council:
COGS@sacredheart.edu

Back to School Special

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$20 off Monthly Package*

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Pioneers lose home opener to RMU
Poor Fourth Quarter, proves costly

The Pioneers opened the second half strong and marched 59 yards down the field on their opening drive. Fink found junior wide receiver Rich Rossi in the end zone to give the Pioneers a 21-14 lead.

Later in the third quarter graduate student Jasper Fredriksson booted a 47-yard field goal. It was the first of his career and also the second longest field goal in school history. Giving the Pioneers a 24-14 lead.

This set up the dramatic fourth quarter in which the Pioneers gave up another double-digit lead and twenty-one points including 14 points in a three minute span to start the quarter.

Senior running back Myles Russ scored his own touchdown. It was also King's third touchdown of the game. Late in the fourth quarter the Pioneers were trailing 28-24 and senior quarterback Dale Fink found wide open sophomore wide receiver Sean Kessler for a 47 yard touchdown giving the Pioneers a 31-28 lead with 47 seconds remaining.

"Scoring the touchdown was a surreal feeling. It was awesome to be blessed with the opportunity to step up for my team at a crucial point in the game and give us the lead late in the fourth quarter," said Kessler following the defeat.

The Colonials were led by Russ who rushed for 124 yards on 24 carries and had two touchdowns. The Pioneers defense was unable to stop Sinclar who rushed the ball 37 yards and threw for 250 yards and 3 touchdowns.

On defense the Colonials were led by senior linebacker Elias Navarro who recorded 13 tackles and also added two sacks. Senior cornerback Rolf Bathold had a strong game as he tallied five tackles and had an interception.

It was a game of missed opportunities by the Pioneers. Penalties were crucial as they committed seven which totaled for 75 yards. The Pioneers offensive line struggled with the Colonials defense as Fink was sacked a whopping five times in the loss.

"I think as a team we fought hard and played pretty well. Coach Gorham said it best that the offense had missed opportunities as well as the defense, and when it's all said and done the team that wins makes more plays and that is exactly what Robert Morris did, they made more plays as a team than we did," said Archer following the defeat.

The Pioneers will look to improve by playing a full 60 minute game in their upcoming games.

"As a team I think the biggest thing we need to work on is finishing," he added.

Sacred Heart will return to action this Saturday when they travel to Saint Francis (PA) with a 12 noon kickoff in a Northeast Conference match up which will also be televised on the NEC Television Network, Fox College Sports and the Connecticut Sports Network.

Stats courtesy of the Sacred Heart University athletic department

Ryan Hannable
Asst. Sports Editor

The Sacred Heart University Pioneers gave up two double-digit leads and twenty-one fourth quarter points in falling to the Robert Morris Colonials 35-31 in a back and forth thriller Saturday afternoon at Campus Field.

Colonial quarterback Jeff Sinclar hooked up with tight end Shadrae King with 17 seconds remaining in the game for the winning touchdown. It was also King's third touchdown of the season. In addition to his late fourth quarter touchdown reception, Kessler finished the day with 3 receptions totaling 61 yards.

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Stats courtesy of the Sacred Heart University athletic department
A day in the life: Sacred Heart Cross Country runner

Liam Roecklein
Asst. Sports Editor

Fatigue. Pain. Extreme Concentration. Glory. These are just a few of the many stages a Cross Country runner most go through every day while running at Sacred Heart University.

Cross Country Runners are a rare breed of athlete. They train incessantly, sleep and eat excessively, and they have the mental capacity of a Buddhist monk.

Christian Morrison, the Head Coach for both the Men and Women's Cross Country teams, believes that his athletes are quite unique to the Sacred Heart Athletic Department.

Morrison explains how his athletes, "Rely on dedication to get it done... They are self-motivated individuals who are very driven, and every runner must 'Get up' for each practice and race."

Cross Country runners, along with many other Track and Field athletes are often misunderstood, and in order to fully understand the rigor of the sport one must try to spend a day in their well-treaded shoes.

"I always get up really early because I go to sleep very early," explains Kim DeLoreto a senior Cross Country runner going on her fourth year running for the Pioneers.

"I usually run between 90-100 miles a week, which is an average of 13 plus miles a day. I'm feeling really good, I'll bump up the workload to 16 miles a day!" DeLoreto's workload is much "lighter" due to a series of nagging injuries, but that does not mean she does not run an ungodly amount of miles compared to the mere mortals of the Sacred Heart University student body.

"My weekly mileage is between 30-40 miles but I continuously supplement my running with cross training activities," said Junior Rich Marcello.

DeLoreto describes how three times a week she undergoes training that she believes helps her come race day.

"Every Monday I go to the pool and swim, on Wednesday's I train on the elliptical machine and lift with the team and on Fridays I do a three mile university run around campus finishing by the Jesus statue on the track where I say a prayer for a good run the next day."

Although many people believe that running and cross country are individual activities let alone sports, DeLoreto begs to differ.

"The main thing about being a cross country runner is that it's not an individual sport...its all about team," said DeLoreto. "I want to cross the line with a teammate in front of me or behind me so we can celebrate together."

However, this does not mean that individual commitment and hard work is not necessary in order to be successful, and many Cross Country runners take everything that they have learned on the track to help them in life.

"Running is a metaphor for life," said DeLoreto. "There's going to be days when you not going to feel your best, some runs are going to be more challenging than others like some days are going to be more challenging than others. There's going to be people pulling you ahead and people who are leaving you behind but the most important thing is that if you give that little extra effort you're going to come through."

For their final game of the tournament Sacred Heart was lined up against the host team, UMBC. Sacred Heart won this game in four sets with outstanding performances from Kidd-Kalubek and Colberg, in particular Kidd-Kalubek tallied 58 assists while Colberg earned 24 digs, which was a match high for the Pioneers.

The fourth and final match was decided with a match changing error committed by UMBC to give Sacred Heart the point and win the second match, tying the game at 1-1.

In the third set both teams fought back and fourth but Sacred Heart was able to come out victorious, 29-28.

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Sacred Heart had a very successful weekend with great performances by Kidd-Kalubek, Mercado and Colberg.

"We had a lot of good competition but we rose to the challenge," said junior Captain Maile Hetherington.

The freshman in particular had an incredibly strong presence and it appears as though Sacred Heart volleyball has a bright future ahead of them for the remainder of the season.

The team will play next in New Hampshire for three games in the Holly Young Invitational. And then will return home to face off against Fairleigh Dickinson on September 25 at 2 p.m.

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Frescoln voices new visions for club sports

Whitney Hughes
Staff Reporter

Leaving the realm of high school sports, Amanda Mencio headed to the Sacred Heart University campus prepared to take on an entirely different animal: college club sports.

"I had to be taken care of at the previous high school I worked at, the athletes did not have the best care. I made a lot of changes there and once I did I wanted a bigger challenge," said Frescoln.

Having served as the athletic trainer of club sports, Frescoln hoped to take the reins in this newly created position. Now that she has stepped up to the plate, she hopes to shape the program in an inspiring direction.

"I heard the club sports program was fantastic and a lot of schools were going to model their program after SHU," said Frescoln. "It seemed like a good opportunity to create an imprint on the program right away since the position had not been around too long."

Although the fall semester has just begun, Faloon has generated a plethora of ideas in hopes to move forward with the program.

One of Frescoln's goals for the club sports program includes bringing in impact testing to the program, which is used for concussion management for all athletes involved in contact sports. With impact testing the care of head injuries will be much more efficient.

Owen Boyle, a junior rugby player, has the desire to play but has recently been sidelined with a head injury. Boyle sustained a concussion in a preseason scrimmage, he has worked closely with Frescoln.

"She was attentive and showed interest in both me and my injury," said Boyle. "If Frescoln was available, I would have continued to play and probably been further injured. I appreciate her concern and ability to properly care for me."

Boyle is still not able to return to the rugby field but credits Frescoln with his quick recovery. It is apparent with the preseason injuries that Frescoln's goals for the club sports program are needed, as concussions are a common and extremely serious injury for not only rugby players but for every athlete.

With the incorporation of impact testing, athletes like Boyle will be able to monitor the severity of their concussive and the progress of their recovery more adequately.

In addition to the medical improvements Frescoln now envisions, she also cares immensely for the well being of her athletes.

"With the help of the athletic training staff and the faculty, I would like to shape the atmosphere for just club sports in such a way that the athletes and the club sports athletes would have better care if they had better time opportunities," said Frescoln. "The kids would also be more compliant if there were more evening hours because college kids want to socialize and do not want to be getting treatments late at night when the only available hours are... I need better hours to improve the character of the patients."

"She was attentive and showed interest in both me and my injury... I appreciate her concern and ability to properly care for me."

-- Owen Boyle

Others have already recognized Mencio's efforts. The head of club sports, Ray Mencio, has expressed his enthusiasm about her addition to the staff.

"Frescoln is the right fit with our department and students because she is accessible and able to separate herself and be an authority figure to the athletes," said Mencio. Frescoln, who is originally from Pennsylvania, received her degree in Athletic Training from Southern Connecticut State University in 2008. She began her athletic training career at a high school in Penn, where she worked for two years.

Mencio has stated that a significant reason Frescoln set herself apart from the six other candidates was her personality. Frescoln is independent and is able to manage her time and a lot of athletes all at once.

Frescoln also understands the long days and requirements of the job due to her experience within the athletic training field.

The character of the club sports and its participants is also important to Frescoln because she believes the athletes get the same out of playing the sports as they did as a youth. The desire and camaraderie is there and it is fun for her to work with patients that just want to play sports.

The club sports seasons, which have recently commenced have kept Frescoln busy with injured athletes. However, she continues to make strides towards improving the legitimacy of the club sports athletic training program to ensure the success and well being of the athletes.

Sacred Heart's Jesper Fredriksen (#28) kicks off to begin the home opener

Leo Katsetos overcomes Multiple Sclerosis to achieve greatness

Jessica Orser
Staff Reporter

You can often see Leo Katsetos around Sacred Heart University, getting high fives and smiles from almost everyone who passes. Upon first glance you would never guess someone as fit and athletic looking has seen me achieve,'" said Katsetos.

"It's very difficult to put Leo Katsetos into words. His presence is felt every day with his positive attitude and his encouraging presence for others. He is a charismatic, fair, hard working and a caring person and that is reflected in his job performance. Leo is the best athletic trainer I have worked with in my 20 years in college athletics and I appreciate every day that I work alongside him. It is an honor to have him as a co-worker and a pleasure to call him my friend."

"Not only does he have the love and support from the Sacred Heart community, he also has his family who has been along for the ride of his every step of the way. I couldn't imagine it without them."

Leo Katsetos is one of those rare individuals who if you have the honor of meeting you will never forget. He loves what he does and he isn't letting MS stop him from living his life to the fullest. He took one of the hardest times in his life and made a whole new lifestyle for himself, and for others.

Since his diagnosis in 2005 Katsetos has raised over $150,000 in search of a cure for MS.

 Sacred Heart's Jesper Fredriksen (#28) kicks off to begin the home opener

Leo Katsetos
Staff Reporter

You can often see Leo Katsetos around Sacred Heart University, getting high fives and smiles from almost everyone who passes. Upon first glance you would never guess someone as fit and athletic looking has seen me achieve,'" said Katsetos.

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Pioneers come out victorious in OT thriller

Al Malafonte
Staff Reporter

Sacred Heart University Men’s Soccer Team just adored four, as a 2-1 Overtime victory at Adelphi University, improved their record to an outstanding 4-0 in front of the fans.

The Sacred Heart Pioneers’ own Marcello Castro, who played all 95 minutes of the game, struck first by scoring unassisted on the Adelphi Panthers, with a free kick for his third goal of the season.

A game highlighted by its physical style, tensions peaked during a confrontation that broke out between the two teams in the 34th minute. The only yellow card issued in the scuffle was Adelphi sophomore Dominico Parrella, as referees were quick to neutralize the situation.

“It was heated,” said sophomore forward Justin Brewer. “Everyone was able to come together spurt the moment just to back each other up because that’s our team clock. However, it was called back due to an offensive holding penalty giving the Panthers the win.

Week one: The best and worst of the NFL

Week one of the National Football League has come and gone. With that come both great and poor performances with a few surprises mixed in.

Best Game: Washington Redskins over Dallas Cowboys

No one expected the Redskins who went 0-6 within their division last season to triumph the Cowboys. The game was a close one, Dallas though they had it in the end zone with no time left on the clock. Foster had the second-best opening weekend performance since 1933, topped only by O.J. Simpson’s 290 yards in 1973.

Worst Game: Seattle Seahawks over the San Francisco 49ers.

No one thought the Seahawks would defeat the 49ers, a team predicted to win the NFC West. The Seahawks dominated the game by scoring 31 unanswered points in the victory.

Best Player Performance: Arian Foster of the Houston Texans.

The second year running back out of Tennessee rushed the ball for 231 yards and three touchdowns in the Texans upset win over Super Bowl finalist Indianapolis Colts. Foster had the second-best opening weekend performance since 1933, topped only by O.J. Simpson’s 290 yards in 1973.

Worst Player Performance: Mark Sanchez of the New York Jets.

The Jets, a Super Bowl contender and AFC finalist from last season struggled offensively against the Baltimore Ravens. While the defense did everything in their power to shut down the Ravens, Sanchez choked earning six first downs and finishing with a mere 60 yards passing.

Biggest Upset: Kansas City Chiefs over the San Diego Chargers.

The last game of the weekend might have been the most surprising. No one expected the Chiefs who finished 4-12 last season to even put up a fight to the Chargers who finished 13-3. The Chiefs dominated the game jumping out to a 21-7 lead and holding on to win 21-14.

With week one behind us we know look towards week two with a handful of questions. Will Mark Sanchez choke against the red-hot New England Patriots? Who will be victorious when Houston travels to Washington? Will the 49ers be able to bounce back versus New Orleans on Monday Night Football? All our questions will be answered starting Sunday.

Week two of the National Football League is sure to be filled with surprises. Who will be victorious when Dallas travels to New England? Will the Super Bowl champions be able to bounce back against the Tennessee Titans?

The Pioneers remain confident, as team chemistry, and we’re all very close goal,” said Francolini. “We have great team chemistry, and we’re all very close on and off the field. That’s going to be very important down the stretch.”

The Pioneers remain confident, as the team only won seven games all of last season.

“We got a good vibe here right now. We’re playing well, walking away with wins and I don’t think there’s a team that can beat us,” said Brewer. “Even if they may be better than us, we’ll still out-work them, out-fight them.”

Brewer hopes the team can keep the good vibrations going, as the team is ready to finish a four-game road trip to Providence, Yale, and Iona.

“Our coach [Joe Barrozo] has done a good job of just worrying about our team and letting us play our game. We’re 4-0, every game is almost like a championship game. To keep winning like this, it really is addicting. You don’t want to stop.”

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Sacred Heart's Rich Rossi (#11) makes an outstanding catch in the Pioneers' heartbreaking loss to the Robert Morris 35-31 on Sept. 11.