Goo Goo Dolls bring ‘Something for the Rest of Us’ to see in return to campus

Therese O'Shea
Editor-in-Chief

Typically filled with athletes and coaches, the William H. Pitt Center welcomed several hundred fans on Thursday, Oct. 28, as they gathered to cheer on something a little different than a sporting event. Chart-topping rock band The Goo Goo Dolls returned to Sacred Heart University to perform for students and fans. The show was part of their current tour “Something For the Rest of Us,” named after their recent album, "Something for the Rest of Us." The show sold out, and the crowd was filled with a variety of fans, ranging from members of the local community who have been following the band since the early 90s, to students who have become part of a new generation of fans.

The band previously came to campus for the 2007 concert series. "We had a sold out show then, we had a lot of people that came," said Amy Ricci, director of student life. "I think that they're one of those classic groups, so they will always have a fan base that will come." The crowd was filled with a variety of fans, ranging from members of the local community who have been following the band since the early 90s, to students who have become part of a new generation of fans.

They're one of my favorite bands," said junior Courtney Shropshire. "I like 90s alternative, and I know almost all their songs, so it's really exciting for me to be here and finally see them." Ricci said that not only were ticket sales great, but the Pitt Center was packed with a crowd of about 2,500 attendees.

"When you walked in there, it [was] just an overwhelming amount of our own students," said Ricci. "Everyone just seemed so excited and eager to attend the show.

Even those who attended to simply take advantage of the $12 student ticket price were pleased with the show they received for their money. "I don't really like the Goo Goo Dolls, but they really made me like their music," said freshman Danny Guar. "I thought it was really awesome." On top of the Goo Goo Dolls’ return to Sacred Heart, the opening act ended up being a widespread crowd-pleaser. Up and coming alternative rock band The Spill Canvas opened the show, and while many students might have not gathered specifically to see the opening act, several enjoyed their performance.

"Their songs are really interesting," said Shropshire. "It really got us dancing." Ricci was pleased with the crowd that Canvas brought in. She mentioned that many people bought tickets just to see their performance preceding the Goo Goo Dolls.

"We were lucky to have such a good opening act because it catered to a lot of people, even if people were just there for the opening act, we sold a lot of tickets just because of their name," she said. Some students got the opportunity to see things from a different angle than most, as they worked behind the scenes to help set up and break down the show. Junior Ryan Menge was among the crew of students who brought equipment off the trucks, set up the stage, and worked during the actual show.

"All in all, it was fun working the concert," said Menge. "I actually got to shake their hands, so that was cool. They were really nice." The time and effort that went into making the show successful did not go unnoticed. Ricci said that she is very grateful for everything students and staff did to help, as there is a lot of work that goes in to these shows.

"On the day of, we honestly couldn't have done it without all of the help of our students who were in setting up the stage and hospitality, and all of the staff that came that evening to volunteer and help," she said. "With their help, we were able to make the show a success."
Goo Goo Dolls

and

the Spill Canvas

Thursday, October 28th, 2010
Kindles make their way into classroom

Electronic books receive mixed reviews from faculty and staff

Melissa Carmelliano
Staff Reporter

Within the past year, several Sacred Heart University professors were given Kindles, e-readers made by Amazon.com, to try out in the classroom setting. The reviews were mixed.

Professor Jeffrey Cain, head of the English department, was given a Kindle, and said that he likes the idea, but had trouble with the device.

"It was great because you could download texts and it would also be lighter for students," said Cain. "But the problem with Kindle for school is that they were really slow."

For some students, carrying heavy textbooks is an occupational hazard. A recent study shows the average textbook weighs between 2.8 and 4.8 pounds. With students taking several classes, carting books around can become troublesome.

"I definitely think having a light-weight Kindle would be convenient for students to have all their textbooks downloaded onto," said junior Carly Bergin.

"Books as physical objects have cultural significance. They have this mythic connotation of wisdom. We're going to have books so we can perform bookness in the same way we perform wilderness by building a campfire."

-- Dr. Jeffrey Cain, English department chair

"What's great about it is that the Kindle can hyperlink words and take student to the definition of a word," said Cain. "But it does it slowly. The students used it and thought it was slow."

However, there are some good aspects about the Kindle too.

"It will hopefully cut down the cost of books, and hypertexts are super for reading," said Cain.

The Kindle may be representative of other changes that could occur in schools.

"I think the future of textbooks is electronic. I would like to use e-books in a classroom setting, but the old Kindle isn't an accurate delivery vehicle," said Cain.

Professor Danowski also mentioned the possible switch to digital scholastic reading.

"They have this mythic connotation of wisdom. We're going to have books so we can perform bookness in the same way we perform wilderness by building a campfire."

"With the sales of e-books increasing, we can expect a complete switchover from physical to electronic books?" according to Cain, while schoolsbooks and textbooks might become a thing of the past.

Professor Danowski said that there are some differences between digital and electronic devices.

"With e-books, we lose the feel and texture of paper, and also in the case of antique books, the craftsmanship lost when it's converted to electronic format."

According to Cain, books are a symbol in our society.

"Books as physical objects have cultural significance," said Cain. "They have this mythic connotation of wisdom. We're going to have books so we can perform bookness in the same way we perform wilderness by building a campfire."

Do you foresee this turning into a permanent position?

"That's one question I can't answer. The appointment of a new president is based on the decision of the Board of Trustees.

How are you adjusting to the role of interim president?

"I am adjusting very well. I have assumed leadership positions before, and there is always a period of acclimation when you get to know your people and develop a strong working relationship with them. This is the time when we start to do what I call the "aggressive pursuit of collegiality" - all of us working together. It is the hallmark of all great institutions, from corporations to colleges.

Will this new responsibility change your standing as dean of the business department?

"Yes, for the time being, I need to decide how that void will be filled while I am in this interim position."

Since Dr. Cernera's resignation was unexpected, will you be able to have a separate opportunity to meet with and address the students.

"I was not part of Dr. Cernera's discussions with the Board of Trustees. From what I've been told, he had been thinking about this for a while and he told the Board of his decision. At the Community Meeting for faculty and staff, I think I can answer most of the immediate questions they will have. But I think we are really going to address this issue together - along with my vision for the future of Sacred Heart. I hope to have a separate opportunity to meet with the students."

Students give turkeys for community outreach

Jacqueline Duda
Staff Reporter

For many households, Thanksgiving is a holiday that brings families together. However, some families are not fortunate enough to share in this experience. This is where the Sacred Heart Turkey Drive comes into play, providing Bridgeport families with Thanksgiving dinners.

The Turkey Drive is being held by the coordinator of Community Outreach, Dawn Doucette, in collaboration with student government. The goal for the program this year is to raise $500 turkeys for families in need.

"We have three different Thanksgiving drives going on. One is for monetary donations for Turkeys," said Doucette. "The other is a food drive so we can have a box of food for a family along with their turkey, and then the final drive is a cold weather drive - coats, hats, mittens, etc."

Although the Sacred Heart Turkey Drive offers many different types of programs that lend a helping hand to the Bridgeport community, this outreach service grants students a unique opportunity around the holidays.

"With all the different things students can help out with at Sacred Heart, from the Read Alouds to the Soup Kitchens, I like the Turkey Drive," said junior Tyler Kethro. "Especially around this time with Thanksgiving and Christmas, it offers people the opportunity to have a real holiday experience."

The food that is gathered through donations is distributed to different places around Bridgeport who are in need of a Thanksgiving meal to share with their family or friends.

"The food and turkeys go to different places - St. Charles Food Pantry, Bridgeport Rescue Mission, and Daughters of Charity," said Doucette.

The Turkey Drive is one program at Sacred Heart that allows the students and faculty to get involved. It also makes it possible for people to give back to the Bridgeport community.

Students can donate online for turkeys on the Sacred Heart website.

"Student Government has been my partner this year with the Turkey Drive and I partner with many different clubs, organizations, offices, and departments to collect the food," said Doucette. "Usually a team, club or office puts a box together with the food items needed and brings the box to the Interfaith Service in the Chapel of the Holiday Spirit at 12:20 p.m. on November 17."

All different types of food items are needed - not only turkeys.

"Rice (1/2 lbs), pasta, noodles, crackers, stuffing, corn (cornflakes, oatmeal), bagged or canned sweet and/or white potatoes, yams, bagged onions, beans, red kidney beans, black beans, green beans, lima beans, check peas, canned vegetables: corn, peas, carrots, mushrooms, spaghetti sauce, any type of canned tomatoes, canned or sweetened condensed milk, cake mix, bread mix, cookie mix, frozen, pudding mixed, pie dough, jello, mixed peanut, jelly, flour, sugar, salt, ice-cube: apple, tomato, cranberry," said Doucette.

There will be a table outside of Chartwells from Nov. 9 to Nov. 11. Students can donate money in the form of cash, check or the Sacred Heart swipe card to help raise money for the goal of 500 turkeys.
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Internet helps students with work and play

Students share which websites they find to be the most beneficial

Henry Crocker
Staff Reporter

It is 3 a.m. You are in the Mahogany Room and have just finished writing your exhausting seven-page paper. Mentally you are spent, but you have yet to finish the editing and revising process for your essay. None of your friends are awake right now and there is not enough time before class tomorrow to meet up with anyone. Isn't there any way to avoid turning in an unreviewed, shoddy paper?

With today's expansive list of Internet resources, even this tricky situation can be remedied.

"I use OWL whenever I write a paper," said sophomore Stephanie Tagliante. "It's a free service for students where they can send in their finished papers and people edit and return it to you the next day." Even a part of the creative process usually considered dependent on other people has now been replaced with a virtual exchange.

"It's really just like having somebody with you to peer review with," Tagliante said. There is a website for every situation—days even free revision and editing. As far as research, and pretty much anything else goes, the Internet offers pretty much anything you could ever need.

Even if you all need entertainment wise is to kill five minutes, the Internet can help. Games like "kitten cannon" and "text twist" are common sights on students' computer screens when observing a class from the back. There is a plethora of online search engines such as Google, Bing, and Yahoo that all offer easy access to thousands of sites and images. But everyone has assignments that mandate at least one non-Internet source. So what can you do about that? Look them up on the Internet.

Sacred Heart's Ryan Matura Library offers an expansive online database of journals, magazines, and books. You can search for them on-line and read them in their entirety online. As most Sacred Heart students know this database is EBSCO Host—the only reference a librarian will ever want to give you.

"I'm about to use it right now for one of my classes; it's required," said senior Harry Rabishaw, who needed it for articles of a behavioral class. "Even with a topic that broad I'm not worried. Every time I've used EBSCO before, its searches gave me good results."

Beyond broad searches and databases students have discovered that sites have developed based on their majors.

"For biology majors I would recommend animaltechnology.com," said freshman Nancy Edison. "For first year students you can find your text-book on the website and it then offers you practice chapter quizzes and tests. It even helps you study the material correctly."

Entertainment is also always a click away.

"With sites like Pandora and, obviously, YouTube, I can find almost any song or show whenever I want," said Perricone.

Pandora is a legal music website where you sign up for free and listen to commercial-free music stations. There are multiple sites that offer free streaming media. Megavideo and Side- rereal are just a couple of commonly used video sites.

Students are even replacing newspapers with the online sources.

"The New York Times" website provides readers with educated articles about an army of social, political and economic issues," said junior Amy Montaruli.

"I prefer reading all of the articles in the newspaper," said a student. "As a student I don't want to pay for papers to be delivered. I just want to be able to read which articles I want while I'm on the go between classes and such."

Montaruli is not the only one who finds news easier to access on an online source.

"I get all of my news from aol.com," said junior Donna Perricone. "Whenever I sign in to check my e-mail news snippets pop up, so I don't have to look for stories on my own."

"I really need my own news site."

More sites you should check out:

Woot.com - find a different deal each day
HopStop.com - train and bus directions around any city
EyesLipsFace.com - make up for only $1
UrbanSpoon.com - guide to everything about dining
HuffingtonPost.com/college - get quick news related to being a college student

Secrets, secrets are no fun when you share gossip with everyone

Andrew Orlandi
Staff Reporter

With the recent attacks on the gay community, bullying through the Internet, known as "cyber bullying," has driven some of the affected students to do the unthinkable.

Recently, Rutgers University freshman Tyler Clemens took his own life after a video of himself with another male was posted on the Internet. The Internet is making it easier and easier for students to be attacked, bullied, and harassed by others. Now, websites like College ACR, a site designed for campus gossip, give people the ability to voice their opinions of fellow students on a campus-wide level. These sites are not monitored by anyone so anything is acceptable to post on this site whether it be explicit language or graphic language.

"I believe anonymous Internet gossip sites tend to be a stumbling ground for cyber bullying. From what I know, there are sites all over the Internet that take personal information and directly post the personal information and personal photographs of the students."

"I would rather not have anything about myself in the public eye."

"Bullying has been in the spotlight of media attention. Bullying through the Internet, known as "cyber bullying," has driven some of the affected students to do the unthinkable."

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Most of the stuff on the website is really immature but that's what gossip is, and with everyone attached to their iPhone or BlackBerry it only makes sense that gossip was taken to this level because of its mass circulation, much more conversations on a wide scale rather than word of mouth. What could be a joke between friends can devastatingly hurt someone in a matter of minutes, like that of the resulting of the "delete me" page.

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Senior Janies Longhren uses some free time to draw and relieve stress.

Staff Reporter Erin MacDonald

Key for students to find something they enjoy doing that they are not graded or evaluated on, said Sacred Heart University wellness counseling center intern Melissa McMinn.

While some students turn to music, others prefer a more imaginative approach that allows them to express their anger in inappropriate ways.

"The best outlet for him is driving his car. He is not worried about her. However, I was frightened. The mother, whom I met on the first date, was very sweet and I was not worried about her. However, I was informed that the father, Klaus from Germany, was big and German. However, she gave me the kind and reassuring words of "he's not that bad."

This is up. Big Papa will be laying the hammer down. Their son or daughter having a significant other, who just never seem to take a liking to their son or daughter having a significant other, no matter what they do or how hard they try ("Meet the Parents," "That 70's Show," "Tazman, just to name a few). For the most part, they will do or say anything to please them as far away as possible.

Then when it comes to reality, we have the expectation going in that the parents are not going to like you which is not exactly how real life works.

The most important thing to remember is to be confident. Don't go into the situation thinking that they are not going to like you. Dazzle them.

I have only met the parents of one girlfriend and, to be honest, I went in a bit frightened of my future mother, whom I met on the first date, was very sweet and I was not worried about her. However, I was informed that the father, Klaus from Germany, was big and German. However, she gave me the kind and reassuring words of "he's not that bad."

McMinn stressed how essential an outside approach that allows them to express their anger, crumble it up and put it away.

Senior Devon Clark said that she uses exercise as her outlet for stress.

"I run on the treadmill because it gets my mind off everything," Clark said. "The endorphins help clear my head.

The best outlet for me is writing for pleasure, listening to music, starting a hobby or taking a non-school lesion class."

Senior Devon Clark said that she uses exercise as her outlet for stress.

"I run on the treadmill because it gets my mind off everything," Clark said. "The endorphins help clear my head." McMinn emphasized the importance of finding an outlet rather than expressing anger in inappropriate ways.

"First and foremost, everyone feels angry. It is the mind's way of telling us that something was said or done that is not with the individual," McMinn said. "However, managing that anger is often the tough part. Engaging in physical activity can often alleviate that tension, because it is allowing the body to use energy, even that negative energy one might feel with anger.

While some students enjoy using physical activity to alleviate their stress, others such as sophomore Christopher O'Connell partake in more restful activities.

"If I'm really angry at something or someone, I usually can't do anything so I take a nap," O'Connell said.

Junior Daniel Chefetz said that the best outlet for him is driving his car.

"I enjoy driving to relieve stress," Chefetz said. "The combination of driving and music just lets you disappear and go wherever you want." Whatever each individual student uses as an outlet, McMinn encourages all students to find some type of source that lets them vent and alleviates stress.

"Students often feel so bogged down by school assignments, club meetings, work, family life, etc. that finding time for themselves to do something enjoyable may fall to the wayside," McMinn said.

"I have often heard students say something as simple as walking away and allowing to music is enough to let go of the angry emotions and better commu­nicate their needs."

As the night progressed and I slowly was able to grasp the thick German accent, he went on to tell me of how his favorite movie was "Tarzan" and how at the first base­ball game he ever went to in America, he wondered why everyone chanted the president's name in between innings (when the crowd is "charging" he thought that's what it was) and then when it came to but at a big German guy hands you a slice of pizza, you probably need to be respectful and abide by their wishes, no matter what the parents are like.

I think the best way to deal with people that are overbearing is to be open with person you are dating. Explain to him or her what may make you feel uncomfortable about their relationship with you or their son then you should be golden. But the minute you break their trust, their parents are more likely to not like you. A perfect example of this kind of situation is Scott Disick, boyfriend/baby's daddy to Court­ney Kardashian. His wild, disrespectful ways caused the whole Kardashian-Jenner clan to protest their relationship. No one wants to be a Scott or have their daughter date one.

Learn from the overbearing parents and try not to make that mistake yourself. Parents don't like when people limit their child, so if this is you, you may want to think twice about the parents from not liking you. Controlling boyfriends and girl­friends are hard to deal with, and from my experience will end a relationship.

Sometimes though, it's not even your fault. Some parents know before they meet each other that they won't like you. They probably are just the type that wouldn't like anyone that is dating their child. Not that I have experience being a parent, but when my brother dates someone now it takes me some time to adjust, mainly because I feel that no one is good enough for him, but eventually I come around. So don't wor­ry, if you persist, and prove that you are a good person then I'm sure they will come around too.

Hopefully you won't run into this problem. Don't worry most parents just need to be shown that you are a good person and you can make a good candidate for their child to date. If the person is worth it then the parents won't matter and eventually they will see how perfect you are for each other.

I think we have all seen that epi­sode of every sitcom or the classic come­dic movie that displays the dreaded and hanging interactions with the "in-laws" who just never seem to take a liking to their son or daughter having a significant other, no matter what they do or how hard they try ("Meet the Parents," "That 70's Show," "Tazman, just to name a few). For the most part, they will do or say anything to please them as far away as possible.

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"I'm not actually just my mom is overbearing. She once told me of prom that I wouldn't be allowed to go with him unless he shaved his beard, and he did. It was embarrassing, but in the end it worked out nicely.

I can empathize with those who have overbearing parents, and sympathize with those trying to date someone with them. If you are trying to date or are dating someone overbearing parents your best bet is to just accept it, at least for the beginning; especially if this is someone you are really interested in.

Hopefully you have time to develop the relationship before you meet these parents so that you can adequately judge whether or not it's worth pursuing. If you're dating someone you are really inter­ested in it shouldn't matter what the par­ents are like.

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MAY THE ROAD RISE UP TO MEET YOU
Therese O'Shea
Editor-in-Chief

On the evening of Monday, Nov. 1, students, faculty, staff, and family members of senior Matthew Dalling gathered in the Chapel of the Holy Spirit to not just mourn the loss of a beloved friend and son, but to celebrate his life and the impact he had on those he touched.

The Connecticut Post reported that 24-year-old Dalling died after his car struck a tree and burst into flames around 5 a.m. on Sunday, Oct. 31. While the incident still remains under investigation, the article mentioned that it was among seven reported fatalities on Connecticut roads this past weekend.

Senior Shannon Swift, one of Dalling’s friends and classmates, spoke at Monday night's ceremony. "He was genuine, caring, enthusiastic, and on many occasions, too big for his own body," she said. "His dreams, drive, and determination will live on in all of us as we fulfill our dreams."

Among the hundreds of students who attended the memorial service were Matt's brothers from Kappa Sigma fraternity. Several of the brothers spoke in his honor, reflecting stories of their past few years together at Sacred Heart.

"He was always outgoing," said Matt's fraternity brother and fellow founding father of the chapter, senior Mike Obergander. "He would always be there to brighten the day up, give you a joke, just make you feel good about yourself. It's great to see how many people are here to show how much they loved him, and really got to know him, even if it was for five seconds."

A lot of people learn this concept early on in their lives, but do they remember to carry it over into adulthood?

The reason I ask is because so many people let materialistic things take over their lives. For example, before I came to Sacred Heart, I've never seen anyone wear what may now be considered the typical Sacred Heart get-up: Uggs boots, Northface jackets, and Coach bags.

"He was always outgoing," said Matt's fraternity brother and fellow founding father of the chapter, senior Mike Obergander. "He would always be there to brighten the day up, give you a joke, just make you feel good about yourself. It's great to see how many people are here to show how much they loved him, and really got to know him, even if it was for five seconds."

Weeding out the ‘wanting’ from ‘needing’

Think back to elementary school. Did you ever learn the difference between the words ‘want’ and ‘need’?

Maybe not every kid does this, but I remember getting an assignment in the second grade where my classmates and I had to make lists of the things we needed and the things we wanted. Under the ‘need’ category, I remember writing things like ‘food,’ ‘water,’ and ‘family,’ while under the ‘want’ category, I wrote things like ‘toys,’ ‘TV,’ and ‘candy.’ Typical kid stuff.

Not at all. They're free to wear whatever makes them happy. My point is that the difference between ‘need’ and ‘want’ seems to get lost along the way as we get older. We see something and we think we need it.

By no means am I excluding myself from being materialistic at times. I don’t think there’s a single person on this planet who can honestly say that they’ve never been materialistic at least once in their lives. We can zero in on the female population on this subject: the dozens of pairs of shoes, the “going out clothes,” the “casual clothes,” the makeup, the jewelry, the six different purses in the closet, the eight kinds of facial wash. Do we need all of this? Not at all. But that’s not to say it’s not fun to have this stuff anyway.

All I’m saying is that the holiday season is sneaking up on us very quickly, and we should keep in mind what’s really important. It’s easy to get wrapped up in all the little, unimportant things on a daily basis, not to mention around this time of year. We hear that family and togetherness is the most important idea during the holiday season, but does it actually sink in? I’d like to think so.

So the next time you find yourself gawking at those beautiful Italian leather boots, just remember: Do you need them or do you want them? And if you end up getting them anyway, feel free to buy me a pair, too.

Elizabeth Fish
News Editor

http://sacredheart spectrum.com

The editorial pages are an open forum. Letters to the editor are encouraged and are due by Monday at noon for consideration for each Thursday’s issue. All submissions are subject to editing for spelling, punctuation, and length. Letters to the editor should not exceed 400 words and should be e-mailed to spectrum@sacredheart.edu.

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Spectrum... Favorite photos taken by your Spectrum staff
Over the years, YouTube has managed to create Internet superstars out of short, yet silly home videos. From "Charlie Bit my Finger," to "Evolution of Dance," these videos created buzz among viewers and recently, another video is making waves on the World Wide Web.

Atomic Tom, a Brooklyn based quartet, posted a video on YouTube giving viewers front row seats to their Oct. 14 performance of their single "Take Me Out," aboard a New York City subway. Since going viral, the video garnered a million hits in three days and now after two weeks the video has been viewed almost 3.5 million times according to the CBS news website. But what is it about a band playing instruments on their Apple iPhones that has created such a stir?

"You would never know just by listening to them that they were playing the instruments on an iPhone. It sounds just as if they were playing real ones," said junior Amanda Smith. "I couldn't even tell the difference until the video shows them tapping on their phones. Its just amazing."

Atomic Tom, made up of guitarist Eric Espirim, singer Luke Wright, bassist Phillip Galitzine and drummer Tobias Smith officially began in 2009. Despite launching on the music scene just a year ago, lead singer Wright has been writing demo since 2006, along with the band's bassist, according to the band's Facebook fan page. Slowly but surely, Atomic Tom was formed.

The quartet began performing around the New York area and eventually captured the attention of fans, leading Atomic Tom to record their first album, "The Moment."

With YouTube success already under their belt, the band is not oblivious to the buzz and support that they have created for themselves.

"The support has been incredible though. The people are not just watching the video and then moving on-they're actually going to iTunes to buy the whole record," said bassist Phil Galitzine in an interview with the Christian Science Monitor. "I'm sure we'll always be linked to the video in people's minds," said Galitzine. "But aren't you trying to become an 'iPhone band'?

The video stemmed from the mind of Benjamin Espirim, a friend of the band, who thought of playing a song on an iPhone. After keeping the idea quiet for four months, Atomic Tom finally hopped on the B train to Brooklyn with the cameras rolling, according to New York Daily News.

With each member using a different phone or "instrument" application, the band managed to capture all the footage they needed in only three takes.

"We're all Apple fans. In our minds, they were the first in the industry to understand that form and how a gadget or computer 'feels' matters as much as function," said Galitzine according to the Christian Science Monitor. "Some people online think our video was an Apple stunt. It definitely wasn't thought; we're they're surprised as we are about the outcome."

One outcome the band may not have expected was an appearance on "Jimmy Kimmel Live!" on Thursday Oct. 28, as well as being listed in the top 10 albums on iTunes, according to CBS news' website. Apart from their YouTube video, which currently lists over 3.2 million hits, as seen on YouTube's website.

"Technology has advanced so much these days, it is so remarkable," said junior Michelle Simons. "The fact that we were able to reproduce their song with iPhones is incredible."

**Gamers, your 'Call of Duty' awaits Latest installment of the video game franchise set to hit stores**

Nicole Mastroni

Staff Reporter

Imagine yourself as a soldier in combat behind enemy lines, constantly on guard, fighting for survival without an "escape" button. However, there is no acknowledgment for this sacrifice as you are on a covert mission.

On Nov. 9, the seventh installment of the franchise, "Call of Duty: Black Ops" hit store shelves, ensuring those who play the game that they will "use every means necessary to stop the wars that are hidden from the world," as narrated in the game's trailer.

"The 'Call of Duty' franchise has turned out some of gaming's biggest releases for nearly a decade," according to ABC Action News. "The game's developer, Treyarch, is looking to push the envelope further to create an unrivaled, multi-player experience."

Though players may already be intrigued by secretive missions from previous editions in the "Call of Duty" series, it seems that the latest game in the franchise has still managed to capture the attention of its audience as hundreds of copies have been preordered by fans of all ages.

"GameStop in Bridgeport currently has close to 800 reserved copies of this game to be sold," said alumni and former GameStop employee Gregory Chase. "That's a combined total of three versions of the game, costing $60, $80 and $150."

Self-proclaimed "game nerd" and "Call of Duty" enthusiast, senior Anthony McMahon, is just one of the many Sacred Heart students eagerly awaiting its release. "What makes Black Ops a highly anticipated title is the fact that it is rooted in a precedent of quality set by the preceding games in the series," said McMahon. "Such as Modern Warfare, which received outstanding reviews and feedback from players because of its ingenuity. Its game's sequel, 'Modern Warfare 2,' did not have the criteria of the first game. It went platinum, selling millions of copies in days because of the impression left by the first game."

According to Professor Robert McCloud, the instructor of the Advanced Flash Gaming course, he finds that there "are a lot of reasons for popularity: adventure, escape, testing your skill against others, matching wits with the game itself, being one of the first to try a new, popular game, excellent graphics, peer awareness."

Despite the positive buzz, the violent nature of the game has led to hesitation among potential consumers.

"Well, I would say that my 11-year-old cousin shouldn't play it. It is far too vulgar and violent for kids in middle school," said junior Antonio Carelia. "It produces violent behavior, as well as dis­ respect toward authority, and violent be­ havior toward others."

For the older crowd, the issue of vio­ lence is less of a worry. "There is nothing inherently wrong with killing a pinnacle enemy despite how real it looks," said McMahon. Professor McCloud also agrees. "I don't think that the violence itself onscreen has been shown to be harmful," said McCloud. "I have not seen anything conclusive to say that players equate di­ gnal reality with physical reality."

"Call of Duty: Black Ops" will be available for purchase at video game stores and other retail locations nationwide starting at midnight on Nov. 9.

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**Conan's back on late night**

Dave Gallo

Staff Reporter

Americans have seen numerous battles over the years. Roe versus Wade, the Union versus the Confederacy and earlier this year, Jay Leno versus Conan O'Brien. Despite being television-silent for the past few months, O'Brien is set to grace late night TV once again. "Conan," is set to debut on Nov. 8 at 11 p.m., going head-to-head against late night adversary Leno.

With the show's premiere just a few days away O'Brien is creating buzz by re-releasing a slew of promos including a spoof Paris Hilton's infamous Carl's Jr. commercial.

"I'm extremely excited for Conan's new show. He's hysterical and just all around awesome," said senior Denise Oldhoff. "His new show is going to be one hour of pure amazing. NBC is going to be feeling pretty low come November."

After years of hosting NBC's "Late Night," O'Brien finally took "The Tonight Show" reins from Leno, leaving fellow comedian Jimmy Fallon to inherit O'Brien's old stomping grounds, and giving Leno his own shot at primetime.

Though the peacock network might have thought they had the perfect recipe for a late night line-up, poor ratings led to dramatic schedule changes and as a result, O'Brien left NBC for good.

"Walking away from "The Tonight Show" was the best thing I have ever had to do," said O'Brien during the final episode of his "Tonight Show" on Jan. 2. "Making this choice has been enormously difficult. This is the best job in the world, I absolutely love doing it.

O'Brien's abrupt departure and Leno's return to "The Tonight Show" did not sit well with fans, leading to formation of a protest against the change in the show's line-up. "We're not trying to become an 'iPhone band.'"
What's so funny about ‘Funny Story’?

Valentina Szlasha
Staff Reporter

The humor in “It’s Kind of a Funny Story” is drier and much more thought-provoking. The film isn’t an uproarious, laugh-out-loud storm of comedy, it is much subtler, cute, and heartwarming.

Unfortunately, the majority of the humor in the film is geared toward a more sophisticated audience as opposed to the average American moviegoer, so it tends to be overlooked and underappreciated.

But one of the aspects of the film I personally found intriguing and innovative not only visually, but also thematically as well was the brief flashes into the protagonists’ mind. As if being narrated from the first-person perspective isn’t intimate enough, these dramatic scenes and glimpses of the main character’s interpretation of innermost thoughts, dreams, feelings, and memories, give a new spin on a story that obviously revolves around some heavy issues.

Overall, the movie is definitely a new take on what can oftentimes become some cliché themes. For anyone who is sick of cheesy vampire dramas, Nicholas Sparks tearjerkers, or singing and dancing tweens and miss the days of well-written, quality films, then search no further.

Get Reel gives It’s Kind of a Funny Story ★★★★☆

Sacred Heart welcomes Celtic singer to campus

Jamie Miller
Staff Reporter

Different cultures have different ways of saying goodbye to summer and welcoming the cold long winter.

The Celtic Festival of Samhain does just this and Sacred Heart University will welcome such a festival on Nov. 7 featuring “Riverdance” singer Fionauala Gill as well as many other Celtic and Irish performers.

The Irish and Celtic culture seems to be a growing presence on the Sacred Heart University campus. With the Center for Irish Cultural Studies to the study abroad program, as well as the student-run Celtic Club, which organizes and sponsors many of the Celtic events on campus.

With the booming interest the different groups have arranged Irish singer and harpist, Gill, an uilleann piper Jerry O’Sullivan, singers Kathleen Deignan and Robbi McMillen and others to perform at Chapel of the Holy Spirit, according to the Sacred Heart website.

“I’m very excited for the event,” said senior Sean Brown. “I think it will be a good representation of the Celtic vulture through music and will be entertaining.”

Along with students, the clubs themselves are thrilled to welcome the singer and friends to Sacred Heart.

“All three organizations are very pleased to invite Fionauala Gill to campus with her many friends who will offer a wonderful Sunday afternoon of music, song, meditation, and dance that demonstrate the richness of the Celtic tradition in Ireland,” said Professor John Roney.

The performances will come to celebrate the Celtic Festival of Samhain, which honors the changing of the seasons and the remembrance of the dead, according to the Sacred Heart website.

“I think it is wonderful to see the celebration of the ancient Celtic festival of Samhain here on campus,” said senior Patrick Mahoney, who serves as the president of Sacred Heart’s Celtic Club. “To my knowledge, the festival in more modern times has been linked to the Christian holiday of All Saint’s Day so the location of the event in Sacred Heart University’s new Chapel of the Holy Spirit should make for a wonderful experience.”

Gill, a well-known Irish singer, achieved success early on after winning “her first vocal prize at age eight,” according to her official website, FionaualaGill.com.

As Gill went on to Trinity College Dublin to complete her degree in psychology, then to the Royal Scottish Academy of Music and Drama in Glasgow, where she received her masters degree in Vocal Performance, according to Gill’s website.

Apart from performing with the internationally acclaimed group “Secret Garden” across the globe, in 2008, Gill managed to release her first solo album, “Whispers of Love.”

The album transcends all categories, incorporating the depth of beauty of ancient Irish song and Fionauala’s years of experience in the classical realm,” according to Gill’s official website. “It has been warmly received, with great accolades from international critics, along with regular airplay in North America and Ireland.”

The performers will give the university a chance to encounter a new and unique culture.

However, not all Sacred Heart students have heard about the upcoming event, yet still seem intrigued and open-minded about checking it out.

“I haven’t heard of the Festival of Samhain or the event,” said senior Dan Galanto. “It sounds like it would be an excellent experience though.”

Emma & Jaclyn’s Top TV Picks for the Night

1. The Vampire Diaries - 8 p.m. on the CW
2. Community - 8 p.m. on NBC
3. Real Housewives of Beverly Hills - 10 p.m. on Bravo
Figure Skating glides to Las Vegas nationals

Danielle Vuotto
Staff Reporter

Earlier this month, Sacred Heart University’s intercollegiate figure skating club took first place at the International Skating University (ISU) Adult National Championship held in Las Vegas, Nev. In addition to breaking a ten-year winning streak held by the Tampa Bay Skating Academy, the girls received the Erika Amundsen Adult Champs award for scoring the most overall team points, making the competition what she considers to be a dream come true.

“Taking first place was incredible,” said sophomore Monica Malcomson, the team’s co-vice president and artistic director. “A collegiate team has never won this specific title in the history of the competition itself. This win was extremely important.”

In the United States, figure skating can be competitive or recreational. Competitive skaters are required to complete the U.S. testing structure to qualify for competitions. Recreational skaters who like to challenge their abilities may also participate in the testing.

One program for the sport is the United States Figure Skating Association (USFSA). Their “Learn to Skate Program” is where skaters prove their abilities to the associations appointed judges. The USFSA has over 700 clubs in the U.S in the Eastern, Midwestern, and Pacific coasts. Sacred Heart’s club is a member of both USFSA and the ISI. Tests are evaluated on a pass or retry basis consisting of several levels. Some of those levels include moves in the field, free skate, pairs, compulsory dance, and free dance, to name a few. Competitive skating levels are not determined by age, however in some competitions, there are age requirements.

There are currently 15 members in the university’s club of various skating backgrounds and levels. Malcomson, for example, skated professionally with “Disney On Ice” in their “Ice Tour of High School Musical.”

Other members of the team have competed on a national level while some, having rediscovered their love for the sport, are returning to the ice. There are even some members who are just learning to skate. But despite their varying talents, the team strives to encourage one another.

“We support each other and learn from each other no matter our background or skill level,” said Malcomson. “I believe that this is what makes our team stand out in relation to other collegiate teams,” she said.

Part of the club mission statement, found on the university’s website says the club, “hopes to enrich the lives of students through competitive and recreational figure skating.”

The girls prepared for the competition by putting extra hours of practice in, mostly before dawn, causing coach Lisa Fedick to be concerned about the possibility of overuse, injuries, and exhaustion.

“But they did it,” Fedick said. “They maintained their class work, stayed healthy, trained hard, and got it done.”

The girls attribute much of their success to having a dedicated coach.

“She does so much for us, and whenever something needs to be done or ice time is needed, she always come through,” said senior SaraBeth Carbonaro. “I am lucky to have her as a coach.”

There are high hopes to put Sacred Heart on the map for being a great collegiate figure skating team.

“This year we really pulled it together as a team and as a club sport,” Malcomson said. “We are active athletes of the SHU club family and our newest title of ISI Adult National Champions is only the first of many titles to come.”

With the support of one another and the school community, members are certain that this isn’t the last of their achievements. “We will never let the ice melt beneath our feet,” Malcomson said. “SHU will definitely be hearing a lot more from this team.”

With any well deserved victory comes a list of people needing to be thanked.

“I have never been so proud to be a part of anything in my life, as I was in this victory,” Fedick said. “And I have to add a thank you to Ray Mencio in SHU Club Sports and our club advisor, Karen Gusatelle, for believing in all of us and giving the team the opportunities to achieve our goals.”

Anyone interested in joining the club or learning how to skate may attend the free-skate events held at Wonderland Ice, located in Bridgeport. Dates and times are announced via email.

A HINT OF CHINA IN THE HEART OF FAIRFIELD

The Spectrum Staff reviews SHU card merchant Beijing Restaurant over a quiet meal

Maile Hetherington
Staff Reporter

Finding good Chinese food takeout can sometimes be quite a challenge. Fortunately, Sacred Heart University in close proximity to a variety of great restaurants, including one to satisfy your craving for quick and easy Asian cuisine.

Just 10 minutes away from campus is Beijing, a small but tasty Chinese takeout restaurant.

Located on Tunxis Hill Road, Beijing offers a variety of Chinese dishes for dine in, takeaway, or delivery. The best part is that nothing on the menu is over $15. It is a great place for anyone looking for a quick and inexpensive meal with an Asian flare.

“I loved the fried rice and sesame chicken and the lunch special is so cheap,” said freshman Shannon Bruno. “It sucks because I don’t have a car to drive to restaurants so it’s cool because I can have Beijing deliver to the dorms.”

Beijing offers 20 lunch specials from $4 to $6. You can order beef and broccoli with pork-fried rice or the vegetarian delight with brown rice. Their sesame chicken was a definite favorite among the group that I was with and the fried rice was unanimously delicious.

The menu offers a wide range of appetizers like egg rolls, shrimp toast, and even

French fries. Don’t feel bad about ordering a starter because the prices are very affordable. Enjoy any appetizer for less than $6.

Choose from a medley of chicken, meat, and seafood dishes all for under $10. Beijing offers 14 tasty chef specials like the “Kung Pao Four Flavor,” which includes a combination of shrimp, pork, chicken, scallops cooked with an authentic mixture of garden vegetable in a spicy Kung Pao sauce.

If you prefer something a little milder, try the golden chicken surrounded by fan-tail shrimps and served on a bed of mixed pork, beef, scallops and vegetables.

There is also an array of noodle dishes such as chicken lo mein or vegetable chow mein ordered at the restaurant for the maximum of $8.

Those searching for a healthier alternative to fried wontons and fried rice can order from the weight watchers section on the menu.

I visited Beijing Restaurant on a Thursday afternoon with several friends. However, the restaurant was clearly not suited for a party over even three people.

The orders came quickly but were made fresh and still steaming as we sat down with our order. Portions are healthy, not overwhelming and any hungry student could easily polish off their order.

Beijing offers a variety of delicious meals for extremely reasonable prices.

But, it is not the best option if you’re looking to sit down and relax.

There are no waiters to tip, but it also means there is no one to refill your drink or clean up your plates when you finish.

The restaurant is a “hole in the wall,” business best suited for takeout or delivery. Sacred Heart students should definitely check out Beijing restaurant because the food is flavorful, they offer healthy options, and they deliver until 11 p.m. every night.

“It was good but it was more of a take-out place. I probably wouldn’t come back but I would order it for takeout,” said sophomore Nicole Morales.

“It didn’t taste like cheap Chinese food and was one of those quick and easy go-to restaurants.”
Dr. Rose’s latest book recommended to students on national list of essential college reading

Andrea Gorkofsky
Staff Reporter

Gary Rose, a professor and chair of government and politics at Sacred Heart University, is a profound author with nine books published.

His latest accomplishment is that his newest book, “Shaping a Nation: Twenty-Five Supreme Court Cases that Changed the United States,” recently made the list of National Association of Scholars’ recommendations.

The NAS is a list of books that are recommended to universities to be used in classrooms for reading. Although he has been writing for a long time, Rose was not expecting to hear one of his books made the NAS.

“I was very surprised, honored and truly grateful to the NAS for recognizing this book,” he said.

“Shaping a Nation,” meant a lot to Rose even before receiving recognition on the list.

“This is a very dear book to me in light of my appreciation for the Supreme Court and the importance of Constitutional law,” he said.

“I want my students to see how the decisions of the supreme court justices impact in one form or another American society, politics and the economy.”

“Shaping a Nation” took Rose a full two years to complete, during which he was busy devoting his time to his students who see him as more than just their favorite professor.

“Professor Rose in my opinion is the best professor I have ever had,” said junior Nicholas Kapoor.

“His classes make you want to learn, which in itself is rare, and then to have a great person, professor and writer in Dr. Rose is such a great bonus.”

Dr. Rose’s students are required to use “Shaping a Nation” in two classes of constitutional law.

“His students typically cannot help but to participate,” said senior Sarah Burke.

“His book definitely makes it easier to understand the cases which contribute to great discussions in class.”

A large portion of his time is spent earning respect from his students, while the other is spent dedicated to his writing.

“I try my best to compartmentalize my time,” Rose said.

“I write in the morning before classes and sometimes at night, but the winter break and summer months are definitely the best time to meet my writing goals.”

It even goes as far as to involve his students while he is in the middle of writing one of his books.

“I normally have one or two students that I hire each year to serve as my personal research assistant,” Rose said.

With the praise that Rose gets from his students, allowing them to be apart of his talent is another reason why he is so appreciated amongst the university.

Junior Andrew Alemain admires his professor’s writing.

“Professor Rose is not a great professor at SHU, he is the greatest. His presence is one aspect that makes Sacred Heart,” said junior Andrew Alemain.

“As a writer, he uses precise perfection in his writing skills to convey such a message as if he is actually talking to you.”

Students at Sacred Heart have developed a passion for “Shaping a Nation” and it is only a matter of time before it is used in other university classrooms around the country.

Rose is also in the middle of working on another book, which is sure to be a success based on his previous writings.

“I’m currently working on a case study of Connecticut’s fourth congressional district that I hope will someday be published in the form of a small formative book,” he said.

With other recognition, such as being featured on NBC’s nightly news, there is no doubt that Rose will continue to find success.

“I’m not surprised that Dr. Rose made it on the National Association of Scholars’ book list,” Kapoor said. “I’m sure it’ll be on some more best book lists in some time.”

Dr. Gary Rose’s book, Shaping a Nation, was recently recommended by the National Association of Society to be read in college classrooms.

Putting some ‘S.P.I.C.E.S.’ into making transition to college

Jessica Colucci
Staff Reporter

Freshmen at Sacred Heart University have been provided with a exclusive set of “spices” to enhance their college years. None of which can be found in a kitchen.

S.P.I.C.E.S., which stands for spiritual, professional, intellectual, cultural, educational, and social, is a process set up especially for freshmen by the student life staff.

The activities and organizations at Sacred Heart have a mix of these six things to offer students.

Although many students have found their process, they agree with what it stands for.

“SHU definitely has so many things to offer students,” said senior Nicole Eastman.

“There’s always some sort of event every week or some way students can become involved,” she said.

These sentiments resonate with underclassmen as well.

“SHU offers a wide variety of things for students,” said freshman Katelyn Leveille.

“There are multiple things that people can get involved with and one can get involved by paying attention to flyers that are constantly being posted and by socializing out of your group of friends.”

No one will ever be left out of the loop when it comes to campus happenings.

“There’s always emails informing students to I think everyone has an idea of what’s going on,” said freshman Sabrina Zottola.

With a wide variety of things to do, everyone has a chance to get involved.

“From what I know, there’s a lot of clubs and activities like Greek life, habitat for humanity, sunshine kids, and things like that,” said freshman Karina Rossi.

“It seems like there’s a lot to do for everyone.”

Balancing work with play can be difficult for students. However, the activities provided prove to be appealing.

“I personally have only participated in bingo one time because of my workload but if I had time I would go to shows and go to bingo every time SHU provides it,” Leveille said.

It appears that finding time is a common issue when it comes to getting involved.

“I’m on the dance team but that’s it for now,” Rossi said.

“I want to get involved with sunshine kids and habitat if I can eventually find time.”

Some students have had more time to participate in things on campus. Eastman has dipped her toes in various opportunities provided by Sacred Heart.

“Well, I try my best to get involved with the social and cultural aspects of it,” Eastman said.

“For the educational/professional, I’m a CLA (classroom learning assistant) and I go to the career fairs when they’re offered.”

“Culturally, I participated in a study abroad in Costa Rica,” she said.

“That was a fun experience, learning a different culture and another language at the same time.”

There are many perks that come with getting involved.

“I absolutely love dance team,” Rossi said. “It helped me make a lot of friends early on that I probably wouldn’t have made and it helps me with time management because I got my work done early so I can go to practice and not have to worry.”

It can also positively affect a student’s college experience.

“I think it’s easier to make friends with those opportunities because you find people with the same interests as you,” said Zottola. “It’s easier to enjoy college when you have a stable set of friends.”

Some admit it has provided them with personal growth.

“It has helped me go out of my comfort zone and make more friends here, which in the long run helps me in my classes because it provides a bigger opportunity for study groups,” Leveille said.

While others find that it has helped them academically.

“I definitely learned a lot from the people I’ve met here,” Eastman said. Becoming a CLA feel more confident in my ability to teach others as well as in my major itself.”

Interested in contacting the Student Life staff?
Here are the names you need to know.

Pam Barnum: Student Life Office Manager
barnump@sacredheart.edu

Ray Mencio: Director of Club Sports
mencior@sacredheart.edu

Amy Ricci: Director of Student Activities
riccia@sacredheart.edu

Denise Tiberio: Associate Dean of Students
tiberiod@sacredheart.edu
The Sacred Heart women's volleyball team gathered together for a pre-match cheer.

### Women's volleyball wins 19 straight

**Defeat Army, Saint Francis, Quinnipiac over weekend**

Jessica Orser
Staff Reporter

The Sacred Heart University women's volleyball team had yet another dominant weekend. They defeated Army and Saint Francis (NY) in straight sets to set up a showdown with conference rival Quinnipiac on Sunday.

Frank Janish had 13 kills and a .400 hitting percentage, and Elise Sage had a strong performance with 13 kills and swinging at a .600 percentage. The Pioneers picked up their seventh straight win.

Sacred Heart had two set points at 24-22 but a ball handling error coupled with a service ace tied the frame at 24-24. The Terriers battled back, but a kill from Ovensek gave the Pioneers a 30-28 victory in the first set.

"As the season goes on, we get more comfortable with each other and along with our back row and our setters, even our hitters. We just have a lot of chemistry," said Ovensek.

St. Francis (NY) held on through the opening stages in the middle stanza with a 10-7 lead. Sacred Heart rallied back with five straight kills on Bauch serves who also provided a kill to cap off the run and force a Terrier timeout.

The set was indeed a nail biter, when the Terriers evened the score at 21-21 on a Pioneer miscue.

The Pioneers again had no problem working under pressure and responded with a kill from Sage and forced a pair of Terrier errors to make the score 24-21. Sage smacked down another two kills to help lead the Pioneers to a 25-24 win.

Frustration built for the Bobcats tried to answer back but it wasn't enough as the Pioneers won it 25-19.

The Pioneers were able to take the third set, and gained the lead 14-8, ultimately winning 25-17.

The Northeast Conference leader in hitting percentage, Elise Sage, had another strong performance with 13 kills and swinging at .600. The Pioneers again had no problem working under pressure and responded with a kill from Sage and forced a pair of Terrier errors to make the score 24-21. Sage smacked down another two kills to help lead the Pioneers to a 25-24 win.

"As the season goes on, we get more comfortable with each other and along with our back row and our setters, even our hitters. We just have a lot of chemistry," said Ovensek.

With another great weekend of volleyball underneath their belts, the Pioneers travel to Pittsburgh as they attempt to conquer Robert Morris this Saturday and St. Francis (PA) on Sunday.

The Sacred Heart women's volleyball team gathers together for a pre-match cheer.

### Scores

- **Friday, October 29**
  - W. Soccer
    - Quinnipiac: 1
    - SHU: 0
  - W. Volleyball
    - Army: 0
    - SHU: 3
  - Field Hockey
    - SHU: 3
    - St. Francis: 0
- **Saturday, October 30**
  - Football
    - SHU: 26
    - Monmouth: 25
  - W. Volleyball
    - Saint Francis (NY): 0
    - SHU: 26
  - Field Hockey
    - SHU: 3
    - Siena: 0
- **Sunday, October 31**
  - W. Volleyball
    - Quinnipiac: 0
    - SHU: 3
  - Field Hockey
    - SHU: 2
    - Bryant: 3
  - M. Soccer
    - SHU: 2
    - Bryant: 0

### On Deck

**Tomorrow**

- W. Bowling @ NJ Jamboree
  - All Day
- **Saturday, November 6**
  - Football vs Albany
    - 1:00 p.m.
  - M. Fencing @ Big One Collegiate Individual
    - All Day
  - M. Ice Hockey vs Air Force
    - 3:30 p.m.
  - M. Soccer @ FDU
    - 7:00 p.m.
  - W. Ice Hockey @ Brown
    - 7:00 p.m.
  - W. Volleyball @ RMU
    - 3:00 p.m.
  - W. Swimming @ C.W. Post
    - All Day
  - W. Bowling @ NJ Jamboree
    - All Day

### Post-Season Schedule

11/10 at Central Connecticut State
11/14 Home vs. Long Island

### Remaining Regular Season Schedule

11/6 at Robert Morris
11/7 at Saint Francis PA
11/11 at Monmouth
11/14 Home vs. Long Island

**NEC Semi-Finals**
11/21 Home vs. TBA (NEC Championship)
Saturday, November 6th - Sacred Heart Pioneers & Bridgeport Sound Tigers Ice Hockey Doubleheader. Tickets are FREE and are for both games. Students with a valid Sacred Heart ID can pick up their free ticket at the Student Life Office (9 a.m. - 5 p.m.) or at the SHU Athletic Ticket Office in the William H. Pitt Center. The Pioneers go head to head against the AIC Yellow Jackets at 3:30 p.m. Immediately followed by the Bridgeport Sound Tigers vs. Hartford Wolfpack at 7:00 p.m.
SPORTS

MEN’S ICE HOCKEY SEASON PREVIEW

Ryan Hannable
Asst. Sports Editor

The leaves are falling, the days are getting shorter, and there is a chill in the air. This only means one thing—it is hockey season.

“We are a young team, we lost nine seniors. We are just focusing on getting better every day. Hopefully by January the fromm anenfreshman anymore and we can be ready to make a deep run,” said second year head coach C.J. Marottolo. Marottolo’s mindset has set in with the players as well.

“Our goal is always to win a championship, but that’s a long way off. Right now we’re focused on putting together complete game efforts and getting in good habits on the ice,” said assistant captain, sophomore Eric DeLong.

The captain for the 2010-2011 squad is senior Pat Knowlton, and the assistant captains are Delong as well as senior Chip Maida. With such a young team, the leadership from the captains is very critical to the team’s success this season.

“The captains are doing a good job with the younger guys. They are working hard with them, and molding a good locker room,” said DeLong.

Knowlton has liked what he has seen from the younger players, and feels they’ve played well so far. He is able to see them improving as the season continues.

“Their impact has been immediate. I think they have done a good job so far, and will continue to do so. As the season goes on I’m positive they will step up to be key contributors to our success as a team, and I am excited to see how they respond,” said Knowlton.

Goaltending is always important with any hockey team at any level. Sacred Heart returns their number one goaltender from last season, Steven Legatto. This is a special year for Pioneer hockey. They recently formed a partnership with the Bridgeport Sound Tigers, of the New York Islanders. Sacred Heart and the Sound Tigers will play five doubleheaders over the course of the season at the Arena at Harbor Yard in downtown Bridgeport.

The Pioneers will play the first game in an Atlantic Hockey Association match-up, and the Sound Tigers will follow with a game of their own in the American Hockey League (AHL).

Marottolo is thrilled for the agreement.

“It is an unbelievable opportunity, and we are very thankful for the support that we have received,” said Marottolo. Not only is it an AHL arena, it is also a site for this year’s NCAA Regionals. This is a venue to aspire to play in, and get the program on a national stage.”

Sacred Heart will participate in another special game this year when they travel to Rentschler Field in East Hartford to take on the University of Connecticut, in the “Whalers Hockey Fest,” on February 13.

“This outdoor game will be a great experience for everyone involved, especially the players.

“It is going to be very unique. I played hockey outside when I was a kid, and I am sure many of our younger guys have never been to an outdoor rink. It will bring our guys back to their roots and we are very excited to be apart of it,” said Marottolo.

The success the team had last season should give some confidence to this year’s team as well. The hope is the younger guys will catch on.

“Last season was definitely a huge confidence boost for the team. Getting to the finals is something that we learned a lot from, and hopefully we can pass some of that on to the new players. We know hard it is to get to, and I’m sure that will pay off this year,” said DeLong.

While the team knows not to look too far ahead, there is still the bitter taste in their mouths from last season, with a loss in the finals of the Atlantic Hockey Tournament.

“We don’t want to do what we did not achieve last year and that is win the Atlantic Hockey Championship. It would be an amazing achievement for us and the school, so we want to bring the first hockey championship to Sacred Heart,” said Legatto.

See Page 13 for a full page of hockey photos.

Men’s soccer clinches NEC playoff birth with victory

Erin Burke
Staff Reporter

Sacred Heart University men’s soccer broke this week with a loss on Wednesday followed by a redeeming win on Sunday.

Sacred Heart started the two game series with a game Wednesday night against Army. In the game, Army came out strong, scoring very early in the first half.

The remaining minutes of the first half were neck and neck, with Sacred Heart coming close to tying the score at the 38 minute mark. However, the Warriors shot missed the net by inches, yet the next shot, moments into the second half, would find the back of the net. The goal occurred when sophomore Justin Brewer was fed the ball from fellow sophomore Edwin Victor, which tied the game.

Sacred Heart would change their goaltenders for the second half, replacing sophomore Daniel Nicinski with senior Tyler Locatell. Less than 10 minutes into the second half Locatell made a spectacular save for the first goal of the season.

Sixty minutes into the half, Army would score the leading goal, with a header from sophomore Trent Bown. Just under two minutes later Army would score the final goal of the game off a penalty kick.

Although it was a loss, Sacred Heart’s record, at 10-5-1 was on its way to setting a program record for wins. However, the Pioneers clinched this record with a win on Sunday against Bryant, improving their overall record to 11-5-1.

Sunday’s game was more than just Halloween for the Sacred Heart men’s soccer team. It was the senior day and it was their last regular season game. Sacred Heart has a large senior class this year, graduating nine seniors.

“Our senior day went very well and we couldn’t have asked for a better result,” said senior captain, Mario Millini.

Sacred Heart had a superior offensive presence from the very beginning, outshooting Bryant 13-7 and scoring both of their goals in the first half.

The Pioneers were able to beat Bryant 2-0 with much help from their senior class. Senior Lusiano Dotaio would score first for Sacred Heart off a breakaway pass form sophomore Brian Francioni. While senior Sergio Freitas would score the final goal off of a free kick from sophomore Marcello Castro.

Locatell earned his first official college shutout in his senior game, making two saves.

With the win, the Pioneers clinched a spot in the Northeast Conference playoffs. While appreciating a successful senior day, Millini and his team are focused on the future.

“We now have our eye set out to win the NEC tournament which is always our team goal for the season,” Millini said.

Sacred Heart has one final regular season game left and will face off at Fairfield Dickinson at 7 p.m. on Nov. 6.
**A day in the life: Men’s and Women’s volleyball**

Liam Roecklein
Asst. Sports Editor

When it comes to relationships, jobs, vacations, or even sports it seems that people always want what they cannot have. Here at Sacred Heart University, students prove this old adage to be true by often complaining about how badly some of the sports teams are performing while barely noticing how well others are playing.

Despite other premier teams struggling, the Sacred Heart men’s and women’s volleyball teams have had nothing but success over the past two seasons. The men’s team, who play during the spring season, finished the 2010 season with a winning record of 18-11. The women’s team is currently on a 19-game winning streak and is having one of the best seasons in school history.

“This season has been our most successful season so far,” said sophomore Nicole Morales. “We’re currently on the longest winning streak in school history and are hoping to finish our season with a NEC championship and move on to the NCAA tournament.”

Their success has propelled them through the NCAA Division 1 rankings, bringing them higher and higher with each win.

“Our current RPI (Rating Percentage Index) ranking is 113th in the nation,” said Morales. “But even that is not a testament to how amazing our team is. I’m fully confident in our team and I think that we can hang with any team in the country.”

However, the current winning streak would not have been possible if every member of the team did not give one hundred and ten percent.

“This is honestly the best team I’ve ever been on,” said sophomore Johanna Ovseneck. “A lot of the girls on our team are really selfless, and they work really hard in practice. Our B side works just as hard as our A side, and our B side pushes us so hard in practice that it becomes easy to play other teams in games.”

Besides all of the constant hard work, many of the players on the women’s team give most of the credit to their coach, Rob Machan. Coach Machan has implemented a philosophy here at Sacred Heart University that he first developed while coaching for the University of Southern California.

“When I was being recruited, I was attracted to Sacred Heart because of Coach Machan,” said Ovseneck. “He used to coach at USC, which is a big volleyball school, and after meeting with him and talking with some of the girls on the team, I knew that Sacred Heart was the program that I wanted to be a part of.”

There has been an acute kinship that has developed between the players on the women’s volleyball team, and this is evidenced by the teams’ unselfish play this year.

“I am honestly so close with all the girls on the team,” said Morales. “We tell each other everything and it’s so nice to have a big family that you know will have your back no matter what. I’ve been on a bunch of teams and none of them have gelled like this one does, which obviously shows in our successes on the court.”

Although they are out of season, the men’s volleyball team continues to work hard so that they will achieve the same styles of victories when it is their turn to compete.

“Playing here is the greatest gift I have ever been given,” said senior Will Kelleher. “Every single day I wake up at 5:15 a.m. and make my pilgrimage to the Pitt Center for practice and lifting that ends around 10:00 a.m. This may seem like a nightmare for some, but for us it is the best part of the day.”

The men’s team shares many similarities with the women’s team, and one major connection is their affinity for their coach, Rob Machan, who has guided both teams here at Sacred Heart University.

“I can speak on behalf of both teams when I say that we play as much for him as we do for ourselves,” said Kelleher. “He is the driving force behind the success of SHU volleyball. Personally I owe more to him than anyone else walking on this campus. He has taught me more lessons than any class or professor could ever dream of teaching me.”

Along with lessons learned from their coach, the men’s team continues to practice hard and await the opportunity for some of the success that the women’s team has already taken advantage of.

“The women have finally had a chance to reap the benefit of their concerted efforts with 16 straight wins this season. We are still humbly awaiting opportunity’s knock on the door. Until then we will continue to work on our skills, conditioning and most importantly our focus,” said Kelleher.

Besides from working hard on the court, both teams would like for the student body to recognize that volleyball is a sport to be reckoned with.

“I think people just need to give volleyball a chance,” said Ovseneck. “It’s a really fun sport to watch and we love the support when the fans get loud in the stands. And since we’re doing really well this year we’ve been getting bigger crowds and its awesome, and we hope this continues as the season goes on.”

**Men and Women’s Cross Country take third at NECs**

Al Malafonte
Staff Reporter

A culmination of motivation, optimism, and perseverance has guided the Pioneers’ men’s and women’s cross country teams throughout the 2010 season. It almost seems that third place finishes for both teams are a foregone thanks to their top-14 finishes on Saturday.

“‘This season has been our most successful season ever,” added Morales. “I am so lucky to be a member of my life.”

DeLoreto joined junior Jeffrey Lusignan (25:47.5), and senior Dan Koehler (26:01.7) as All- Northeast Conference honorees thanks to their top-14 finishes on Saturday.

“It feels really good to put five months of training together into one race,” said Koehler. “This was by far, the best race of my season, and I’m really happy I ran my best race at the most important race.”

Right behind Lusignan and Koehler was teammate, senior Brendan Rickert, who placed 15th out of 104 men runners.

“Wednesday, the current winning streak would not have been possible if every member of the team did not give one hundred and ten percent.

“I thought we ran great today,” said Rickert. “We ran as a team fighting hard for each spot. It was one of the best team efforts we’ve ever had at NECs.”

Rounding out the top seven runners for the Pioneers were sophomore Colin Seidl (27:44.9), senior Stephen Emsley (27:14.9), and junior Andrew Sullivan (27:21.7).

“This season has been our most successful season ever,” said Murphy. “I’m really happy to be a part of this team,” added Rickert. “Hopefully this momentum carries on for years to come with the program.”

Central Connecticut State University won the men’s title with 30 team points while Quinnipiac University finished first in the women’s race with 34 team points. The Pioneers’ men’s team finished with a team score of 75 points, while the women posted a score of 109. The Pioneers will be hard at work the next few weeks, as they are getting ready to participate in the NCAA Regional Championship.
PLAYOFF TIME

Men’s soccer clinches a playoff birth

Sophomore forward Justin Brewer (#11) moves the ball up field in this past weekend’s victory vs. Bryant University.