Elizabeth Fish
News Editor

In the wake of December's unusually high level of snowfall, Sacred Heart University's campus, as well as the surrounding community, remains inundated with snow. While some students might like the sight of a winter wonderland, others fear the complications it presents to daily routines.

The campus operations department has been working with the department of public safety to keep the campus safe, doing everything from putting salt on the roads to plowing and shoveling the snow.

Jack Fernandez, the director of public safety, spoke about the measures that Sacred Heart's staff has been taking to ensure that faculty and students are kept out of harm's way during this cold and snowy weather.

"The campus operations department and the public safety department teamed up and conducted safety checks of the entire campus," said Fernandez.

More recently, the crew of campus operations was snow off of me sidewalks on Campus, wdei-

"Public safety had the parking spaces blocked off in North lot," said senior Spenser Modica. "There is way too much snow."

Other students have experienced some problems concerning the large amount of snow on and around the school's campus.

Senior Caitlin Cofell said, "The paths on campus are really narrow and when the plow went by, it pushed the snow back onto the paths so you couldn't really walk on them."

However, only minor problems have been reported to the school so far.

"We received calls about sidewalks that needed more attention because the wind blew snow back onto the side­walk," said Fernandez.

Some drivers have experienced difficulties on local roads surrounding Sacred Heart due to large piles of snow

See WEATHER on page 3...

Elizabeth Fish
News Editor

New York Times best-selling author Jodi Picoult took the stage of Sacred Heart University's Edgerton Center, Monday, Jan. 24, as part of this year's Student Affairs Lecture Series.

Picoult opened her talk, "The Fact Behind Fiction" by reflecting on her time she spent as an undergradate student, studying writing at Princeton University.

"They told me to write about what I know," said Picoult. "It didn't take me long to realize that I knew absolutely nothing."

In the talk, the author discussed three of her novels and the extensive research she had to complete before she wrote each one.

"I sometimes spend more time doing research than actually writing the fiction," she said.

The first book Picoult discussed was "Second Glance," her tenth book published in 2003. For this book, she described to the audience the amount of time she spent researching everything from the Vermont Eugenics Project to ghost hunting in order make the book accurate and realistic.

"I got in touch with the ghost hunters in Rhode Island long before they were famous," said Picoult. "They decided to take me out ghost hunting."

The second book that Picoult brought up was "Nine­teen Minutes," her first book to hit number one on the New York Times bestseller list after its publication in 2007. The novel's content is based on bullying and inspired by school shootings that have taken place around the country.

Picoult first began researching the Columbine shooting that took place in Littleton, Colo, in 1999.

"I began doing research with the police of Littleton. They put me in touch with the grief counselors," she said.

"Almost exactly one month after I published 'Nineteen Minutes,' there was another school shooting in Virginia Tech."

Picoult began to offer advice that stemmed from the multiple school shootings and the overall concept of bullying.

"The way to stop these things from happening is to stop believing that they can't happen to you," said Picoult. "I feel badly for the parents who have their heads in the sand and won't talk to their children about these things."

She then moved on to talk about a third book, "House Rules," which required her to explore autism. One of the characters in the book has Asperger's syndrome, which is a high-functioning form of autism, according to the website Aspergers.com "I wanted to write this book because I have a cousin who's adopted, who's profoundly autistic," said Picoult.

"She spends as much time researching facts as she does writing the book. I like how she took a risk to bring up the Autism/Vaccine debate. I thought she had a
New grad programs in the new year
TESOL, ESAM programs among additions

Frank Morrone
Assistant Copy Editor

There might be incentive for seniors graduating this May to stay at Sacred Heart University, or for new students to matriculate.

The graduate catalogue for 2011-2012 is expanding, and will include a part-time certificate program in adult education for TESOL (teachers of English to speakers of other languages), as well as a full-time ESAM (environmental systems and management) master’s degree program. The inaugural TESOL course began this January, while the ESAM course is scheduled to begin the following fall semester.

Enrollment in the TESOL program does not require previous experience with foreign languages, and a bachelor’s degree from any subject area qualifies. The program consists of four three-credit courses divided into two semesters. The curriculum focuses on educating adult students about linguistic theory, teaching methodology, learning evaluation, and education for the student who may have a learning disability.

“The teaching method taught to absolute beginning ESL (English as a second language) student is called Total Physical Response (TPR),” said Madelaine Monaghan, director of the English Language Institute at Sacred Heart.

“It includes active engagement, role play, and demonstrative teaching” that is effective for secondary language acquisition.

A benefit to this program is that several ESL courses are taught at both the Sacred Heart Stamford and Fairfield campus. This resource will work in partnership with the TESOL program in order for students to complete mandated classroom observations and teaching practicum.

About 30 percent of students have a learning disability,” said Monaghan, who spoke of the importance of the program’s course that addresses adult learners with disabilities. It will cover an area she said, “is under-researched and under-documented;” and will help student teachers distinguish between the difficulties of learning a second language and the signs of a learning disability.

According to the Bureau of Labor Statistics, “significant employment” of ESL teachers is anticipated for TESOL teachers. Adult instruction of ESL typically means teachers will encounter less behavioral and motivational problems from more mature students as they are highly engaged and motivated to learn.

“Even though I’m not planning for a career in teaching ESL,” said sophomore Christop Connelly, “it’s good to know I can complete the required course work in less than a year if I had a change of mind.”

As for turnover rate, Monaghan said, “In twenty years, I have never seen an ESL teacher leave the career.”

For those students more inclined towards careers in science, the biology department is offering the two-year ESAM, which will extensively cover case studies and problem solving concerning environmental sustainability and pollution prevention. Director of the program and department chair of biology, Dr. Kirk Bartholomew said the program is “hands-on,” and not intended to be training for lab technicians.

“The program is designed for students to go out into environmental situations and understand what is happening,” said Bartholomew.

The course work requires students to take an inter-disciplinary approach, spanning the breadth of natural sciences to understand ecological issues, as well an awareness of the human influences that affect them. The nearby Housotonic River will be a work site for the program that will provide a vast resource to study the relationship between the populations that affect the watershed, and the subsequent environmental impact.

“The environmental field is in a transitional phase, from remediation, to not messing up things in the first place,” said Bartholomew, referencing the infamous General Electric Company’s (GE) discharge of polychlorinated biphenyls (PCBs) that contaminated the Hudson River with harmful pollutants.

Students of ESAM will poise themselves for careers in environmental consulting, private industry, and government agencies, in a career field that is projected to grow, according to Bartholomew.

Further questions about TESOL can be directed to Monaghan at (203) 365-7528 or by e-mail at monaghan@sacredheart.edu. Questions concerning ESAM can be directed to Bartholomew at (203) 371-7740 or by e-mail at bartholomew@sacredheart.edu.

New programs added for 2011

* Master’s in Communication
* Master’s in Psychology
* TESOL (Teachers of English to Speakers of Other Languages) - part-time certificate program
* Master’s in ESAM (Environmental Systems and Management)
Weather poses mobility problems for campus community

...CONTINUED from page 1.

on street corners that sometimes prevent the drivers from seeing oncoming traffic. Fortunately, no car accidents have been reported on campus.

Most of the snow is from a large storm that occurred on January 12. According to the National Weather Service, the largest storm of the season, the storm was the largest one to hit the greater Hartford area since 2006, accumulating over 20 inches in some areas.

Snowy weather caused the University to close twice during the winter break. "The University closed at 3:00 p.m. on Friday, Jan. 7, 2011 and then closed for the second snow storm on Wednesday, Jan. 12, 2011. However, the University re-opened on time on Thursday, Jan., 13, 2011," said Fernandez.

Whether or not more snow will hit the Bridgeport and Fairfield area before the end of winter, staff members will be working together to keep the campus cleared and safe with what snow the school already has.

"I want to thank the campus operations, snow team managers and the snow team members for the excellent work they did with both snow storms. The team worked long hours to make sure that the campus was safe and ready for the university community," said Fernandez.

SEARCH COMMITTEE AIMS TO SELECT PRESIDENT BY FALL 2011

Erin Murtagh
Assistant News Editor

As the new year is under way, so is the search for Sacred Heart University's new president. Since Dr. Anthony Cerenza's sudden resignation at the end of October, Dr. John Petillo has been temporarily serving in his stead.

"My experience so far has been outstanding," said Petillo, when asked whether or not he plans to enter his name to the University-based presidential search committee. "And that is what makes my decision to enter the process even more deliberative."

Previously the Dean of the John F. Welch College of Business, Petillo must make a decision within the next few weeks in order to be considered by the committee.

University Trustee, James Morley, chairs the 15-member search committee, and according to him, things are going according to plan. With a completed job description in place, interviews are set to begin in March and end at the beginning of the summer.

"The search process should be completed by the end of June," said Morley. "Our plan is to have SHU’s new president in place by September."

According to Morley, the University has solicited the efforts of Isaacson, Miller to work in conjunction with the committee. The national executive recruitment firm was used during the selection of Sacred Heart’s last two academic deans.

"Isaacson, Miller has launched a national ad campaign, and nominations from members of the SHU community will also be considered," said Morley, who assures the decision will involve the full spectrum of the school community.

"Representatives of the faculty, staff and student body will have an opportunity to interview the final candidates sometime in April."

As for the time being, Morley commends Petillo for his efforts in the interim. "Under his skillful leadership, the work of the president's office and the University is continuing uninterrupted."

Who would you choose for the next president of Sacred Heart?

"Chelsea Handler"
- Michelle Aptekin, sophomore

"Arnold Schwarzenegger"
- Mike De Nicola, senior

"Ghandi"
- Kassy Martin, junior

New program offers college credit for work and military experience

Brittany Foy
Assistant News Editor

For those returning to school after either military or workplace experience, earning college credits can sometimes be time-consuming and expensive. Sacred Heart University recently entered a select number of universities who provide students with a way to further their education through skills they may already have.

With the expanding job market becoming more competitive over recent years, it has been projected that more than half of available careers will require some degree of higher education. This means that in order for the United States to compete with such a workforce, not only will students need to be trained more efficiently, but adults too.

The Council for Adult and Experiential Learning offers one of the solutions of the National Pilot for Prior Learning Assessment. The goal of the curriculum is simply to allow adults who have not received a college or other degree to earn college credits of what they have already learned from work experiences.

"With a life of work experience, it is an opportunity to earn college level credit," said Dean of University College Mary Lou DeRosa.

According to the Learning Counts website, earning college credit for prior life skills is an easy process through one of three ways. Students can write about, film their work experience. The selection is then presented to a college professor to be evaluated for content and relevance to the subject involved. The site also provides information regarding how to compile a portfolio for review.

"Some examples [of work] would be students who have served in the military, have worked in technology, marketing, [or] computer science," said DeRosa, "and never completed their degrees."

Since students are earning credit for knowledge they have previously acquired, skills learned outside of the classroom are being brought in.

"A recent study on Prior Learning Assessment (PLA) showed that adult students with PLA credit had higher graduation rates, showed greater persistence, and needed less time to earn their degree," according to Learning Counts.

The Council for Adult and Experiential Learning Web site promotes that those who have served in the military or in governmental agency may have college credentials without realizing.

"The American on Education (ACE) evaluates training offered by the military, employers, and professional associations to see if it is at a college level," said the web site. "ACE also evaluates registered apprenticeships, professional certifications and exams."

Sacred Heart's Stamford campus also hosts a testing site for applicants completing exams to be gauged for college credits. The university currently offers approximately 45 majors and all are eligible to participate in the Prior Learning Assessment pilot.

The Prior Learning Assessment pilot is a program hosted by one hundred schools nationally. Sacred Heart is the only university in Connecticut selected to participate in the program.

According to DeRosa, "Once the pilot is complete, we will have faculty prepared to review portfolios in a standardized format and a system for helping students to create portfolios of their work."

For more information about the Prior Learning Assessment pilot, visit Learningcounts.org.
What you missed in national news over the winter break...

-- New Congress was sworn in on Jan. 5.

-- Shooting in Tuscon: Jared Loughner shoots 19 people in attempt to kill a U.S. Representative.

-- Jan. 12: Snowstorm hits New England, depositing over 20 inches of snow in some areas.

-- Australia has a deadly flood crisis from rains that began in November.

-- Obama's State of the Union on Tuesday, Jan. 25 called for a five-year freeze on all discretionary government spending outside of national security.

(Source: Associated Press)

---CONTINUED from page 1---

powerful message about bullying in the school system,” said graduate student Lisa Mariani. “I loved how honest she is and her sense of humor.” The talk ended with a question and answer session and a book signing. Students left the presentation holding the author in high esteem. “She [Picoult] was fantastic,” said freshman Alexandra Redder.

Other students had similar reactions. “She was amazing and really funny,” said freshman Samantha Purnell. “She was also very relatable, and you got the feeling that you could be friends with her.”

Picoult offered some final words of advice when a reader asked about the personalities of the characters in her novels and her relationships with them. “There’s a very fine line between schizophrenia and a published writer,” said Picoult. “The difference is that a published writer gets paid.”

Picoult’s Works

How many have you read?

-- Songs of the Humpback Whale (1992)
-- Harvesting the Heart (1994)
-- Picture Perfect (1995)
-- Mercy (1996)
-- The Pact (1998)
-- Keeping Faith (1999)
-- Plain Truth (2000)
-- Salem Falls (2001)

-- Perfect Match (2002)
-- My Sister’s Keeper (2004)
-- Vanishing Acts (2005)
-- The Tenth Circle (2006)
-- Nineteen Minutes (2007)
-- Change of Heart (2008)
-- Handle With Care (2009)

Source: JodiPicoult.com

FREE ENTREE
BUY ONE ENTREE GET ONE FREE
WITH THE PURCHASE OF TWO LARGE DRINKS.

MOE'S CATERING FOR EVERY OCCASION!
PERFECT FOR THE BIG GAME PARTIES, FACULTY MEETINGS, SPORTS BANQUETS, YOU NAME IT!
CHECK OUT OUR FACEBOOK PAGE FOR THE BIG GAME CATERING PACKAGES
What were the best Sacred Heart moments of 2010?

Brittany Calvanese
Asst. Perspectives Editor

A new year, a new you and same old plans? Or, did you choose an extravagant affair to help ring in the New Year? And believe that the night has too much money and bars and other vendors take advantage of that.

"New Years Eve is overrated," said senior Caitlin Cusano. "Everyone makes it to the New Year. Many students perceive the hype that goes along with the holiday as annoying and believe that the night has too much money and bars and other vendors take advantage of that."

However, not everyone believes that New Years Eve is overrated, and some embrace the extravagant traditions. Some students believe that it is the one night of the year when you should take advantage of being able to go over the top with celebrations.

"I went to Las Vegas for New Years Eve with my family and friends. I think pre-planned parties, restaurants, bars, etc. are a good idea but to me, it's not always worth it," said junior Maile Hetherington. "I had such a great time spending the night with my close friends and family and just went where the night took us. To me it's all about spending it with good people, being spontaneous and having fun," she added.

Every year bars, restaurants and event halls offer special New Years Eve parties that sound ideal to many, especially to those of college students. However, what do those college students that are not of legal age to drink do instead as most places require all to be of age?

"Even though I'm not 21 yet, I was still able to do everything I wanted in Las Vegas. It was an unforgettable New Years Eve and I'll have the rest of my life to be 21 and over," said Hetherington.

Freshman David Devlin was also able to find entertainment for the night. "I went to one of the pre-planned events for a New Years party with kids from my neighborhood from the ages of 17 to 21," said Devlin.

Sacred Heart University is conveniently located in the between New York City and Boston, so many students utilized the cities as they have what seem to be endless amounts of opportunities for the evening.

"I spent my New Years Eve first going to the Celtics vs. Hornets game in Boston, followed by going out to a planned party at a bar in the city. I do feel like they are overpriced, but it is what it is. It's one night a year, and I had a lot of fun," said senior Mike Orenberger. Even though many students think that holiday is too hyped up, there were little to none that boycotted the evening altogether.

"The holiday is an excuse to get together with those you care most about and have a lot of fun regardless if you care about the occasion or not," said junior Whitney Hughes.

With all the recent snowfall, students must find alternative ways to entertain themselves.

Battling blizzard blues just got easier

Arielle Mangiaracina
Contributing Writer

The cold weather is here and now you're left wondering what to do with all those snow days. The snow may seem limiting, but don't let the snowfall get you down.

While you can't swim or tan in the winter like you may want to, there is still plenty to do in the snow to keep you entertained.

For some, snow days take them back to their childhood days.

"As soon as it's snowing I grab my sled and run outside to the biggest hill I can find. I think no matter how old you are, you can't help but to get excited when it snows," said sophomore Sarah Burkart.

Some, like Burkart, find snow days relaxing.

"For that day, we can forget about the stress of school, all the work that needs to be done, and just go outside and have a blast," she said.

However, for those who do not wish to spend a snowy day frolicking outside, there are still plenty of ways to relax.

"Personally, there is nothing I love more than snow. However, if people want to stay inside they could play board games or video games, read, or have a movie marathon," Burkart said.

For the snow and outdoor enthusiast there are always activities like skiing, snowboarding, and tubing.

"Winter is my favorite because I love to ski," said senior Allyson Colacino. "I went three times over break. It was so much fun." Don't like to ski, snowboard or sled? Get a group of friends together and build a snowman or have a snowball fight.

"Snowy days are a perfect time to have a great time with friends," said sophomore Michaela Pierson. "I love to go outside because I like to go sledding."

The spectrum/Zack Lane

AP Photo

With all the recent snowfall, students must find alternative ways to entertain themselves.

This winter, it seems to be snowing every other day. "To avoid going stir crazy, my roommates and I play Just Dance 2. It keeps us entertained for hours," said Burkart.
Hey, did you hear? Mary and Bob are Facebook official! With news like that, a girl's night of boredom just went to a full night of stalking all of Mary and Bob's pictures together, longing over their friendship page and looking for status updates.

Fast forward to three days later, "Mary and Bob are now longer listed as in a relationship" on Facebook. Now another night of boredom has turned you into an online stalker on Facebook trying to figure out who Bob broke up with. Who broke up with whom? Did Bob cheat on Mary with Amanda the girl he recently tagged in a picture with where she was sitting on his lap? So many questions rush through my mind. As sad as it sounds, it is true.

We can’t deny our addiction to Facebook and the relationship drama it feeds. There are the quick Facebook official relationships, such as Mary and Bob, then the non-Facebook official relationships, such as one day they are in a relationship, the next day broken up, only to find that the next day they are back together again.

Regardless of what you decide to do in your relationship when it comes to Facebook, it is important to remember that relationships are private. I strongly believe that Facebook devalues many relationships out there, mainly for inaccurate reasons. Things are misjudged on Facebook, rumors spread, and what was once a happy relationship can be turned into one without trust because of one wall post or picture. There are ways around the Facebook fiery though and keeping your relationship healthy.

One example, if you’re going to the movies with your boyfriend, don’t have to make your status, “movies with the boyfriend<3.” It gives girls a reason to talk and say how obsessed you are and a reason for the bros to come out of their shell and call your boyfriend one of their favorite words, “whipped.”

By simply not posting your every location with your boyfriend on Facebook, it gives you privacy. The same goes for the million mobile uploads of the two of you kissing. A few are good enough. Even if you do decide not to admit it, guys don’t like to appear all mushy, especially in front of their wolf pack of guy friends. Don’t put them in the situation to get mocked. Keep the pictures on your phone to look at when you’re missing him.

It’s easy to go on all day about the problems Facebook brings, but the most important thing to remember is that it is misleading. Girls who are in a relationship, you should know your boyfriend and trust him. Don’t listen to other people say about how what a certain girl wrote on his wall is sketchy; it may only be putting unnecessary worrying in your head. This is not to judge others, it’s to point out that, a girl’s night of boredom just went to a full night of stalking all of Mary and Bob's pictures together, longing over their friendship page and looking for status updates.

In this generation, most of us are aware of the phrase, "Facebook official." The increasing dependence on the Internet has made social networking websites, such as Facebook, nothing less than relevant.

Let’s face it, most of us have had that moment of logging onto Facebook and seeing "Jonny and Jackie are now in a relationship." The actions vary, but frequently sound something like, "OMG! How? "No she didn’t!" However, there is protocol when it comes to Facebook dating.

Now for the rules. The relationship is not official unless it is Facebook official: fact. I have heard that couples often give each other their passwords, but anyone can access a comment or a dirty inbox message, and my question is: where is the element of trust in that?

If you have to check your boyfriend out of his inbox or text messages then you don’t really know the person you are dating, and you know deep down past all the people who are dating someone, that will most likely cheat on you. But you say, "she’s so hot" or "he is so cute!" Real talk: look yourself in the mirror, and ask yourself if you have the characteristics that you would rather not answer truthfully.

Another simple bit of advice is to be honest. Don’t tell your girlfriend that you are staying in because you’re tired, and then the next morning you get tagged in 25 pictures with your arm around another girl. Sure, maybe she’s just a friend, and you didn’t do anything wrong, but you lied, plain and simple.

Think of how you would feel if you saw your girlfriend in pictures sitting on another guy’s laps, and you thought she was home. It’s always different when you put yourself in the shoes of whatever is being treated. Treat them the way you would want to be treated, and I promise you will have a clear conscience, and the relationship will be better overall.

Now that we’ve addressed the couples, it’s time to talk about post breakup rules (as it pertains to Facebook). If you have just been dumped and your ex of five minutes is already in another relationship on Facebook, or has deleted every picture of you, and has you in his friend list, I think it’s about time you change your profile picture. No, I don’t mean another picture of you and your ex. Move on!

And after you break up with someone, and you are hurt, which is understandable, don’t put up statuses of break-up poetry or music lyrics that are obviously about your ex.

If you feel that strongly about the person just grow a backbone and tell them how you feel.

If you don’t wish to go that route, then put it in a journal or open a word document where you can express yourself, and keep it locked up. Guys, the boyfriends of our generation find it easy, keeping a journal isn’t soft. Living to the fullest is the best way to express your true feelings.

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Editorials

Turning frustration into creation

Making your electives work for you

My time at Sacred Heart has been eventful to say the least. In my time here, I've found love, only to experience heartbreak. I have found excitement and joy, only to be left with frustration and stress. The funny part is that the frustration I have come to know and not love is mainly in part due to SHU. Shocking? Probably not.

It’s the second semester of my senior year and whether I would like to admit it or not my time as an undergrad is soon to be over. The white light at the end of the tunnel is zoning in and it would seem as if the breaks in my car have given out. There will be no stopping the impending ‘doom’. So while the apocalypse that is graduation may be upon me I figured I would go out in style.

With the exception of my senior project I have completed all the required materials for my major. All that’s left is what I like to call the “BS” electives because lets be real they don’t mean anything. Yet here is the cause for my frustration, Sacred Heart is lacking in the elective department.

My older brother attended Marist College, a school that is similar to our own. However, during his senior year the elective options for my brother were endless. Boxing, swimming, fitness classes, hell even a course on basketball coaching. Basketball coaching, I kid you not. And what are my choices for electives? Well I’ve taken art in the western world and then I shook it up by taking art in the eastern world. Man can I say the excitement I experienced was endless.

Now as I need a minimum of 12 credits to remain a full-time student that means a need nine credits of electives, or three courses. To fulfill the first I registered for a photo course, which I am very excited for because I have a strong interest in photography. Yet the other two have left me looking elsewhere. I debated about taking a drawing course or perhaps another boring intro course but I just couldn’t convince myself to do it yet again.

Instead I am forced to create my own courses, the first as an individual study in which I will be teaching myself the art of computer generated animation. I have a great interest in the art of CGI animation, these are things like Toy Story and Monsters Inc. I have always been skilled in the ability to self teach myself. I think I even prefer to self-teach rather than to have a professor teach me. Instead of being instructed, I would like to seek the help of a professor as needed. Today the field of CGI has been growing at an incredible rate, and with the combination of my self-teaching abilities the possibilities are endless.

The last course I need to fulfill my requirements is an internship to increase my knowledge and skill of journalism. I will do a few in-depth sports articles that I will both write and film. Next I plan to improve the relations of Spectrum sports and the athletic department. Finally I hope to create a network of past editors and writers who are now working in the world of sports. By doing all of this, I will increase my ability with face-to-face professional interactions and networking.

However in the back of my head I wish I had the freedom to take a boxing, basketball coaching, or even a basket weaving course. The freedom of choice is all the students are looking for when it comes to electives. Why must I create my own courses to take interesting and fun electives?

Editor’s Choice

Favorite photos taken by your Spectrum staff

Zack Lane
Photography Editor

I went to Mexico over winter break and captured dozens of great pictures. It felt like I was in paradise every day. With the help of my girlfriend’s flip flops, I was able to turn a regular picture of a beach into something a little more intriguing.
RICKY GERVAIS HAS LAST LAUGH AT GLOBES

British comedian’s comments overshadow A-list crowd, ‘Social Network’ and ‘King’s Speech’ among winners

Nicole Mastroni
Contributing Writer

And the Golden Globe goes to...controversy? On Sunday, Jan. 16, the annual 68th Golden Globe Awards took place in Los Angeles, and it wasn’t just questionable fashion choices or surprising winners that had the A-List crowd up and arms.

Returning host and British import Ricky Gervais stole the show from the moment he stepped on stage, as the former star of television show “Extras” wasted no time taking jabs at Hollywood’s elite.

“I thought the Golden Globes were good this year and I thought Ricky Gervais did a fantastic job,” said junior Kathleen Blaha. “His humor was rather candid, but it was all in good fun and I think the audience found him amusing and not offensive.”

Although some viewers and the stars themselves may have been wondering if Gervais crossed the line of being crude or funny, it seems the seasoned comedian had even the Hollywood Foreign Press (HFPA) laughing.

“We loved the show. It was a lot of fun and obviously has a lot of people talking,” said the HFPA in a statement to Entertainment Weekly. “When you hire a comedian like Ricky Gervais, one expects in your face, sometimes outrageous material. The HFPA would never condone some of his personal remarks, however, the show was among the best we’ve ever had and we were pleased.”

However, Sacred Heart students who tuned into the ceremony had mixed feelings on Gervais’s second round at the Globes.

“I didn’t particularly find Ricky Gervais’s humor that amusing, but he definitely crossed the line at many points during the show,” said senior Stephanie Ene, while junior Avantika Mukherjee disagrees.

“I was not really bothered by Ricky Gervais’s comments because I feel as though every year at award shows the host does joke in the same way he did,” said Mukherjee. “He did take it far at times, but it just made watching the show more interesting.”

Though Gervais’s comments had the nation buzzing the following morning, the real show stoppers were this year’s celebrated winners and nominees across the film and television spectrum.

Director David Fincher’s "The Social Network" nabbed the awards for best picture, best screenplay, as well as best original score after receiving a total of six nominations.

“I thought that some of the winners were surprising, like ‘The Social Network’ winning best film and such, but all in all I was happy with the results,” said junior Mukherjee. “I think the awards went to the actors and actresses that truly deserved it.”

Though the Facebook inspired flick racked up a number of golden globes, Colin Firth won the award for best actor in a drama for “The King’s Speech,” while newly engaged and mommy-to-be Natalie Portman scooped up best actress in a drama, for her portrayal as a twisted ballerina in “Black Swan.”

Despite some predictable winners and shocking ups sets, whether in the film or television categories, students were torn over the outcomes.

“I never really agree with the winners at any awards show. I think the wrong people usually win,” said senior Jessica Calvuci. “For example, ‘The Social Network’ should not have won.”

With Oscar nominations just released this past week and the actual ceremony exactly one month away, the nominees and winners selected by the HFPA tend to hint to who will take home an Academy Award.

“I wasn’t very surprised by the winners. I figured that ‘The Social Network’ would win the more important awards,” Ene said. “I thought the movie was brilliant!”

For a full list of winners, as well as this year’s nominees, log onto the Golden Globes’ official website, GoldenGlobes.org.

A&E says good-bye to 2010...

Emma Levine and Jaclyn Hendricks
Arts and Entertainment Editors

In a year that came and went in a blink of an eye, and with the first issue of Spectrum for the new year, we bid goodbye to 2010 and wave hello to 2011. In a year where things got steamy on the “Jersey Shore,” Taylor Swift belted her heart out on another platinum disk, and movies from “Toy Story 3” to “Inception” led the box office, some questions still remain. Who was hot and who was not, and who and what is going to be hot in the coming year? Though 2011 is just getting started, there is already plenty to look forward to.

From the royal wedding of the century, to new albums from the reigning queens of pop, i.e. Lady Gaga and Britney Spears, to a much hyped about Grammy awards set to heat up the winter blues, along with a superhero summer that’s set to take cinemas by storm, and even the possibility of DJ Pauly D’s newest reality venture outside the borders of Seaside Heights. With all of this upcoming entertainment news, The Spectrum is ready for this year to kick start into high gear.

2010’s Top 5 Grossing Films

1. Toy Story 3
2. Alice in Wonderland
3. The Hangover Part II
4. The Twilight Saga: Eclipse
5. Inception

Source: Box Office Mojo

The “Jersey Shore” cast took over 2010 with their crazy antics. It was the story of eight no-named strangers picked to live together and have their summer escapades taped for the world to see. Little did they know that appearing on the reality show would result in endorsements, book deals and infamy by 2010’s end.

Most Anticipated Shows of 2011:

1. Falling Skies
2. Game of Thrones
3. The Cape
4. Spartacus: Gods of the Arena
5. Fairly Legal

Source: PDB

Eminem is nominated for Record of the Year.

With the Grammy’s around the corner, nominees include Eminem, Cee Lo Green, Bruno Mars and Lady Antebellum.

Source: www.grammy.com

2010’s Most Searched...

Website: Facebook
Topic: Facebook
Personality: Kim Kardashian
Movie Title: Star Wars

Source: www.searchingforMtk.com

The royal couple arm in arm. The royal wedding bells are ringing for Prince William and Kate Middleton who will tie the knot this April!

Sacred Heart's art gallery gives new life to Souvenirs'

Emma Levine
Arts and Entertainment Editor

What is a souvenir? Is it just a memento from some exotic destination like Aruba, the Bahamas, France or Spain? Or does this token item hold a stronger value? This question may be brought into play as the new semester and in the entertainment world. It's time's most successful talk shows would end with viewers hanging by a thread.

January 1, 2011 marks the start of a new year, a new semester and in the entertainment world. It's January 1, 2011 marks the start of a new year, a new semester and in the entertainment world. It's.

Sacred Heart's art gallery gives new life to Souvenirs'

Valentina Szlashta
Contributing Writer

"I wanted to take the ideals of great television that we've established on the "Oprah" show and bring them to you through a variety of new shows 24/7," said Winfrey in an article published by the Huffington Post. "The curators Laura Einstein had an idea for an exhibit, and we elaborated on it and expanded it together," said gallery director Sophia Gevas. "The Gallery always works to bring exhibits that feature not only wonderful, quality works of art, but those that will have a connection to some contemporary social issues." The curators Laura Einstein had an idea for an exhibit, and we elaborated on it and expanded it together," said gallery director Sophia Gevas. "The Gallery always works to bring exhibits that feature not only wonderful, quality works of art, but those that will have a connection to some contemporary social issues.

Contemporary issues that range from conserving the environment to being aware of the many issues that affect the local community are explored in many of the pieces in the exhibit. For example, the piece "Plastic Floats Forever" by Constantine Olle is made entirely of plastic bags, ribbon, Easter grass, paper, and fabric. They are woven together to make patterns and to spell out the title of the piece. This piece in particular is referencing the "Great Garbage Patch," which accumulates in the Pacific Ocean and shows how many materials we take into our homes and are then discarded without a second thought. "I think it's a really cool concept," said junior Cheri Atenbach. "It's very alarming and gets the point across well." Paul Villinski is an artist who takes forgotten objects like old records or beer cans, and transforms them into his own masterpieces. In his piece "Diapora," which means move-ment or migration, Villinski cut different species of birds out of old records and strategically places them in different positions that mimic migrating birds. "I like the idea of it," said senior Nicole Eastman. "I think it's really creative and I like how it takes completely different things and puts them together." Almost every piece of artwork in the "Contemporary Souvenirs" exhibit in the art gallery is made of old, discarded materials. "I think it's important that we can take installation art unique is the fact that because it must be "installed" at every exhibit the overall piece of the look can be different each time's set up.

For instance, Villinski's birds are arranged differently at each exhibit depending on the given space of different art galleries. These pieces will look different in different spaces because they can be organized in ways to take advantage of the site," said Gevas. "If there is additional space, an artist may choose to place those elements in a way that takes advantage of that space." Another piece that looks different depending on space is June Ahren's piece "Passage," which is made up of long strings of cracked beer bottles strategically hung from the wall. "This exhibit is not only about conservation, 'being green' and reusing materials that are already out there, but also about creativity," said Gevas. "These pieces will look different in different spaces because they can be organized in ways to take advantage of the site," said Gevas. "If there is additional space, an artist may choose to place those elements in a way that takes advantage of that space."

"Contemporary Souvenirs" will run through March 3, 2011. This exhibit is not only about conservation, 'being green' and reusing materials that are already out there, but also about creativity." said Gevas. These pieces will look different in different spaces because they can be organized in ways to take advantage of the site, said Gevas. If there is additional space, an artist may choose to place those elements in a way that takes advantage of that space."

"I like the idea of it," said senior Nicole Eastman. "I think it's really creative and I like how it takes completely different things and puts them together."

Oprah one step closer to 'OWN'ing TV

Talk show queen premieres self-titled network earlier this month

Valentina Szlashta
Contributing Writer

January 1, 2011 marks the start of a new year, a new semester and in the entertainment world. It's.

Oprah Winfrey is the talk show queen who has captured the hearts of millions. She has a unique ability to connect with her audience and make them feel like they are a part of her world. Her personal resume, will catch the eye of the "Oprah" fanatics, the tme credit is due to the laugh out loud funny ensemble of BFFs and roommates. Shira, played by Mindy Kaling ("The Office") and Greta Gerwig's character Patrice, bring humor to the Oil's sleeves moments of the film and add a comedic zing when most needed. Adam also has his manholes, Wallace (Chris "Ladac- rix's Bridges") and Eli (Jake M. Johnson) who are necessary to the story line, but rather lack luster in performance.

However, I think it's safe to say that Lake Bell (What Happens in Vegas) as Lucy, Adam's dry humorized, potty-mouthed producer, silently steals the show. Her awkward rambling and quick quips are funny and brilliantly played. However pleasing this movie is, it lacks in the romance department, which is disappointing considering its romantic comedy genre. This film is more aptly a sex comedy and should be reserved to see with your girlfriends, and not your mother. As its R rating implies, there is an onslaught of nudity, sexual dialogue, and even some tears...those are strings, Pinocchio.

While Kutcher and Portman deliver sweet comedic performances, the true credit is due to the laugh out loud funny ensemble of BFFs and roommates. Shira, played by Mindy Kaling ("The Office") and Greta Gerwig's character Patrice, bring humor to the Oil's sleeves moments of the film and add a comedic zing when most needed. Adam also has his manholes, Wallace (Chris "Ladac- rix's Bridges") and Eli (Jake M. Johnson) who are necessary to the story line, but rather lack luster in performance. However, I think it's safe to say that Lake Bell (What Happens in Vegas) as Lucy, Adam's dry humorized, potty-mouthed producer, silently steals the show. Her awkward rambling and quick quips are funny and brilliantly played. However pleasing this movie is, it lacks in the romance department, which is disappointing considering its romantic comedy genre. This film is more aptly a sex comedy and should be reserved to see with your girlfriends, and not your mother. As its R rating implies, there is an onslaught of nudity, sexual dialogue, and even some tears...those are strings, Pinocchio.

While "No Strings Attached" is predictable in every sense of the word, it will still bring a big dopey grin to your face and an ab-working laugh to your belly. So if you're unsure about spending $10.50, I say do it. You'll leave satisfied, and most likely coveting a bouquet of carrots.

Natalie Portman and Ashton Kutcher walk the line between friends and dating in "No Strings Attached.""No Strings Attached" chronicles the budding relationship of TV production assistant Adam (Ashton Kutcher), and medical in­tern with a self diagnosed allergy to commitment Emma (Natalie Portman).

We first see Adam and Emma when they meet at summer camp when they are 14, and then we're taken on their happen­ing/stage of friendship all the way to steamy friends with benefits arrangement.

It's kind of a long story, but after Adam finds out that his fa­ther is sleeping with his ex-girlfriend, he drunkenly stumbles back in to Emma's life, and soon finds himself in bed with his blast from the past.

After a few casual romps, the two vow to use each other for sex, and only sex. No cuddling, no flowers, no jealousy, and most importantly no strings.

But you and I weren't born yesterday, and know that some­thing like this could never work, even in the movie world. It won't take long to notice plenty of cuddling, moments of severe jealous­ity, and even some tears...those are strings, Pinocchio.

"Oprah one step closer to 'OWN'ing TV" Talk show queen premieres self-titled network earlier this month

Valentina Szlashta
Contributing Writer

"We won't just watch 'OWN', we will gaze upon it with awe and affection, and marvel at the stroke of music's foundation," said Seitz. Does 'No Strings Attached' leave viewers hanging by a thread?

Lindsay Caiati
Chief Copy Editor

Romantic comedies come in all shapes and sizes. From the mindless and mundane, to the heart wrenching and hysteric - there is something for everyone, and Ivan Reitman's latest flick is sure to please.

"No Strings Attached" chronicles the budding relationship of TV production assistant Adam (Ashton Kutcher), and medical intern with a self diagnosed allergy to commitment Emma (Natalie Portman).

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"No Strings Attached" leaves viewers hanging by a thread.
ALUMNI PROFILE: GENEVIEVE MANNA
How Sacred Heart helped prepare her for the real world

Marisa Granata
Features Editor

From the halls of Sacred Heart University to behind the scenes of fashion's most well-known publications, alumni Genevieve Manna has been through more than the average 22-year-old. After graduating just last spring, Manna has already had three successful jobs, all of which were located in New York City.

As current employee of Conde Nast Publications, she's working hard to make a name for herself in the magazine industry. But how did her time at Sacred Heart prepare her to move on to the next chapter in life?

How has life after college been?
Life after college has been all about facing change for me. It's fun in a sense that it's more about happy hours and less about Saturday nights, but it's not as fun being considered an "adult." Life after college includes paying my own credit card bill, monthly college loan payments - and dream-apartment hunting.

I used to get scared when I spoke to graduated students because everything seemed to be so boring and stressful. Yes there are a lot of stresses after college, but it's only because we want the best life we can get for ourselves.

Is it hard to make the transition from SHU to the real world?
It is most definitely a challenging transition from SHU to the real world! It feels completely different, because you're not returning in the fall to see all your friends, professors, and to work out at the Pitt. Life after college is where a lot of changes take place and you enter a whole new realm. Relationships need more tending, friendships need more than just Facebook posts, and you need to work more for things you want. It's a whirlwind of emotions, but you learn so much about yourself and your determination.

Tell us about your first job out of college.
My first job out of college was a temp position at Estee Lauder's sub-brand, Bumble & Bumble. For those of you who are unaware, Bumble & Bumble is an extensive high fashion hair care brand that is always changing the industry.

I took the first thing I could get, and I heard word a couple weeks after graduation. I was a Booking Coordinator; my role was very simple, not challenging and it was something that I wanted to do. But unfortunately, that's how it works sometimes and I needed a steady paycheck.

Your first job may be your dream job, but for most it's a position where you settle for the time being to get money in the bank and occupy yourself. I've always been one with high expectations for myself but I knew if I just stayed unemployed and didn't take anything right away that would only hurt me in the long run.

A "temp" job is really risky. What made you decide to take the position even though you knew it would only last a short amount of time? Would you do it again?
I decided to take the position because, plain and simple, I needed something to do. As my end date approached I was getting very anxious but I was looking for other jobs the whole time while temping. The beauty of a temp job is that it's only temporary, and sometimes there is a possibility to be hired.

No matter how hard you work, and how much you do for the company - it's always up to corporate whether or not they can budget you in as a full time employee.

You're currently working at W Magazine. How is that going? Tell us about your job position.
It's going wonderfully! I'm a Sales Assistant to the Beauty and Luxury Directors of the magazine. My position allows me to be somewhat of a backbone like figure and right hand to my bosses and the publication.

Aside from preparing my reps for calls with major clients (such as Christian Dior, Lancome, La Mer for Beauty and AMEX, Infiniti, David Yurman, Rolex for Luxury), I do a lot of research in regards to updating brands and seeing what magazines with in our competitive set they are running in, and prospecting of brands we'd like to have in our pages as well. It may be a sales role, but I'm very much involved in event planning, marketing and brand development techniques/brand storming.

Is working at a magazine as glamorous as it's cracked up to be?
If you have any interest in fashion, it is most definitely glamorous! The racks of Valentino in the hallways and flash bulbs going off in the studio room are more than a thrill that gets you by each day. The people that make up the magazine live a lifestyle of always being ahead of the game, and that's what I admire most. Everyone's passion to be the face of "what's now" and determination to steadily hold a title that the magazine delivers is just so exiting!

How did you land such an amazing job?
Luck. I must have applied to over 100 jobs. I've always had a dream of working for Conde Nast Publications and when I received a phone call to come in for an interview I thought it was too good to be true!

How do you think SHU prepare you for the real world?
I think the MSDC (Media Studies and Digital Culture department) did an amazing job of preparing me for the real world. As far as finding jobs, I think that Sacred Heart can do a bit more for the students that graduate each year. We all worked so hard to get our diplomas, and it would be nice to see that we could get some help while stepping out into the real world.

I felt that there was nothing available on the Career site for MS majors that were realistic. By realistic I mean I wish they had more options based in NYC that didn't include packing up and moving away to the middle of nowhere with the already limited funds graduated college student have.

Maybe [it would help to have] more of a solidified connection-based application that could help set up seniors or alumni with whichever needed and submit a resume or be in contact whenever a position opened up.

Out of all four years, what year do you think helped you develop most? Why?
This is a tough one! As far as developing goes, it's impossible for me to choose one year. Each year was filled with a different lesson. Whether it be a social lesson, academic lesson, or self lesson — all four years helped me learn a lot about myself and other people.

It may be safe to say that my junior year I really started to develop academically and planned what I wanted to get out of Sacred Heart. With my track injury, it gave me the opportunity to really focus on classes. I was already a declared Media Studies major; but I really started to fall in love with the classes and what MSDC had to offer.

What advice do you have for current seniors who are about to enter the real world?
No matter what, stay positive. It's an overwhelming transition, but as long as you have your friends and family around you, it will go by. Having dreams and goals is one thing, but keep in mind in order for those dreams to come true you have to start from the bottom and work your way up. The real world isn't the easiest place to walk into, but if you enter it with a confident mind and positive attitude, you will be just fine!

Update: After this interview, Manna was contacted by Vogue Magazine, and she is now their Retail Fashion Coordinator.

Genevieve Manna poses with pride with the Media Studies sign after a successful graduation day.
Assistant Features Editor

Spring marks competition season for the Sacred Heart University dance team’s “white team,” better known as the competition team. It also marks the beginning of a long road of hard work, and the coaching staff does not want the girls to lose what they had already accomplished the prior semester.

To maintain the team’s tip top physical condition, coach Deidre Eller decided to try something new and put the girls on a new workout regimen, consisting of Jillian Michael’s “30-Day Shred” instructional DVD. Each member was required to purchase the DVD and perform it five days a week throughout the duration of break to keep in shape.

While some may see fitness tapes as an ineffective way to exercise, the girls would have to disagree.

“Dancing for two minutes may seem really effortless, yet performing a competitive routine requires a lot of endurance,” said senior co-captain Caitlin Muso. "Jillian Michael’s workout is perfect because it is concise yet strenuous, just like our dances.

Aside from the effective routines, the at-home style made this an efficient and, especially because of the unpredictable winter weather. This video was a very beneficial way to keep in shape over break, especially because the winter weather interferes with workouts that you typically can do in the summer months," said sophomore Lexi Miller.

Initially, not everyone was certain that this was the right route to take.

“The thought of it at first seemed a little silly,” said junior co-captain Ashley Rodriguez. “But it was only 20 minutes, and doing it five days a week is a lot less time consuming than it would spending hours at the gym.”

The short time requirement was unanimously stated as one of the workout’s best qualities.

“I would say the best aspect of the workout is the short amount of time it takes to complete the whole thing,” Miller said.

“I only had to set aside a half an hour each day I followed the video, yet still had an effective exercise session.”

Muso said that keeping up with the workout was easy because it was quick and she never had to leave home.

“Although the video is not very time consuming, the team feels it has prepared them for the competition season ahead.

“It kept me in relatively good shape over break, so I feel that it gives us a head start,” said senior Michele Borrelli. “Instead of coming back to school and beginning to get in shape, we all came back on track.”

Some found that simply performing the same workout was an advantage in itself.

“Choreography weekend is one of the most physically demanding times of the year, and in order to be choreographed, we must be in great shape,” Miller said. “We have never done it together as a group in about a month. By performing the same workout, we are on a similar level of fitness, which adds us in gaining confidence as a team.”

Others found that there were many technical benefits in the fitness program.

“As dancers, you only use so many muscles and in doing this video, you really worked on all areas of the body,” Rodriguez said. “It was most beneficial with working the core, because it’s important that a dancer has a strong core.”

Despite the fact that the girls worked out independently throughout winter break, the team’s presence was always there.

“Sometimes it was difficult to actually get up and turn it on, but most days it was relatively easy,” Borrelli said. “I knew that all my teammates were also doing it, so that was good motivation.”

As a result, a positive change was seen in the team from the moment they started practicing this semester.

“The first Friday back from break we all did it as a team and you were just able to see that it was just a work out but a team working for one goal,” said Rodriguez.

FROM COMMUTER STUDENTS TO COMMUNITY OF STUDENTS

Therese O'Shea
Editor-in-Chief

Imagine a university with no dorms. No football team, no marching band; and definitely very few, if any, students left on campus during the weekend. It sounds like any typical commuter school. Only 21 years ago, this was the scene at Sacred Heart University, before the school went through some drastic changes that would lead to the university that we see today.

Back in 1985, Denise Tiberio, who is currently the director of student activities, was a freshman from Milford, Conn considering attending Sacred Heart. At the time, she said, the entire school was composed of commuter students.

“A lot of our students were temporary,” she said.

“This was definitely a school that you went to and tried to get a living while you were at school. The focus was on academics and getting along,” Tiberio said.

But Tiberio ended up finding more than just classes to fill her time while at Sacred Heart.

“It was a smaller community, but I fell in love with the community that was here. I got involved with student activities, and went on to be president of my class. I got involved in all the fun stuff and ended up staying,” she said.

According to Tiberio, there was a core group of students who arranged and encouraged others to attend events. One of the most popular things to do was such at-tended year-round: the Midnight Mass. Students who attended the Midnight Mass of Christmas Day, which was followed by a full day on campus, sometimes at the expense of their classes, were considered to be ‘in Fairfield,'” said Tiberio.

“At the time, the campus claimed a Bridgeport location; so Sacred Heart’s mailing address fell under the city of Bridgeport.

"But about the same time that we were going residential and we knew we were going to be getting a lot more mail, we checked with the Fairfield post office, and they said they could now handle our mail," said Barquinero.

"With just the change of a name — "Bridgeport" to "Fairfield" — Sacred Heart was able to attain a whole new reputation.

“The town of Fairfield was really prospering, so there was an advantage to be able to say that we were calling ourselves ‘in Fairfield,'” said Barquinero.

According to Larry Weik, dean of students, Barquinero was hired as part of the university’s plans to move in a more positive direction.

“His vision was to build the university and promote development, Barquinero said that many of the students at the time were hesitant toward the changes.

“The transition to residential was very emotional for the students at that time, who were 100 percent commuters,” said Barquinero.

“Commuters ran the show,” he said. “They believed that if the school went residential, they would lose their influence. And part of their concern was legitimate.

Despite student dissatisfaction with the changes, the administration knew they had to move forward with the transition.

“At the beginning [other schools] didn’t take us seriously," said Barquinero. "There were a lot of colleges that really didn’t think that Sacred Heart was capable of being as good as them. And the challenge back then was to prove to them ‘you just wait and see.'"

With over 6,000 students in attendance, 210 full-time faculty members, and accreditations such as The Princeton Review’s Best 373 Colleges, it seems that the university has made great strides since it has gone residential.

"Today, we go out there and recruit and talk to prospective students, and we all know that we’re as good as those schools. But back then, that was part of the challenge. And if you worked at Sacred Heart, you had to embrace that challenge," said Barquinero.

Above all, Tiberio feels that a sense of community is something that has really prospered.

"While I think other people would find a community at other schools they went to, I think we have a strong community here. I think we care about each other," said Tiberio, "and I think that’s important."
Women lose heartbreaker at Wagner

Bounce back to defeat Mount St. Mary’s

Ryan Hannable
Asst. Sports Editor

There are many ways to lose a basketball game, some being harsher than others. The Sacred Heart Pioneers lost in the most heart breaking fashion this past Saturday to the Wagner Seahawks, 66-65.

The Pioneers went into the game with an overall record of 10-8 while being 4-3 in conference play. The Seahawks entered as an underdog with an overall record of 9-9 and a conference record of 2-5.

Seahawk center Kelly Clark hit a desperation three pointer at the buzzer, which in the end sunk the Pioneers ship.

Taylor was quick to point out what she could improve on. "After a loss you always tend to think about everything you did wrong and the negatives, but that will only hopefully make me play better next game," said Taylor. "I can always have less turnovers and improve my defense."

Freshman guard Erika Norman and senior guard Maggie Congrove each played every minute but one in the loss, and both played well.

Norman had a solid overall game with nine points, seven assists, six rebounds and three steals. While Congrove scored 15 points on the afternoon, including three three-pointers. Sophomore guard Kiley Evans added 11 points and seven rebounds over the course of the game.

The Pioneers returned to the hardwood Monday night as they traveled to Maryland to take on Mount St. Mary’s. They averaged their tough loss on Saturday with a well-earned 55-46 victory.

Evans led the team with a season high 17 points. Taylor also had another solid game as she recorded another double-double with 14 points and 13 rebounds. She also added five assists.

The Pioneers improved upon their poor foul shooting from Saturday. They were 8-10, good for an 80 percent clip. This was coming off of a poor 50 percent performance in the game versus Wagner.

Mount St. Mary’s came out strong to start the game, and quickly jumped out to an eight point lead. The Pioneers responded quickly and regained the lead and went into the half leading 28-25.

This was a lead that Sacred Heart would never give up. The closest the Mount came was two points, but that was two minutes into the second half.

"It was definitely good to get a win before our next two tough games at home, our last two close losses were definitely motivation," said Taylor.

Sacred Heart sits in fourth place in the Northeast conference. They are currently tied with Monmouth. The Pioneers are 5-3 in the conference, and 11-8 overall.

"Every game is important and after Saturday’s loss I think we are going to be a different team from here on out. The game definitely put more fire in us," said Taylor.

The next two games on the schedule will be good indication of where the Pioneers stack up against the top tear of the conference. They take on conference leading St. Francis Pa. and Robert Morris in their next two games.

The good news for the Pioneers is these two games are at home, where the Pioneers have been dominant. Going into the season the Pioneers had .821 winning percentage at home.

"I don’t think our record is an accurate depiction, we have had some close tough losses," said Taylor. "We are still in a good position however, we just need to start getting the job done so we can create separation from other teams in the conference and make our way back to the top."

The Pit Center is sure to be packed this Saturday when the girls take on St. Francis Pa. at 1 p.m. followed by the men’s who take on Robert Morris at 3:30 p.m.

Stats courtesy of Sacred Heart Athletic Communications

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Scoreboard
Friday, January 21
M. Ice Hockey
Niagara - 4
SHU - 2
Saturday, January 22
M. Ice Hockey
Niagara - 6
SHU - 2
W. Basketball
Wagner - 66
SHU - 65
M. Basketball
SHU - 79
Wagner - 76
M. Volleyball
GMI - 3
SHU - 0
Wrestling
BU - 41
SHU - 3
AIC - 39
SHU - 6
Davidson - 26
SHU - 15

On Deck
Today
M. Basketball vs. St. Francis (PA)
7:00 p.m.

Tomorrow
M. Ice Hockey vs. AIC
7:05 p.m.
M. Track and Field at Harvard
University Multi-events
All-day
W. Track and Field at Terriers
Invitational
2:00 p.m.
M. Volleyball vs. IPFW
8:00 p.m.
W. Bowling at Kutztown
Invitational
All-day
Wrestling at Millersville
8:00 p.m.

Saturday, January 29
Men’s Fencing at Yale
1:00 p.m.
Men’s Tennis at NJIT
4:00 p.m.

Women lose heartbreaker at Wagner

Bounce back to defeat Mount St. Mary’s

Ryan Hannable
Asst. Sports Editor

There are many ways to lose a basketball game, some being harsher than others. The Sacred Heart Pioneers lost in the most heart breaking fashion this past Saturday to the Wagner Seahawks, 66-65.

The Pioneers went into the game with an overall record of 10-8 while being 4-3 in conference play. The Seahawks entered as an underdog with an overall record of 9-9 and a conference record of 2-5.

Seahawk center Kelly Clark hit a desperation three pointer at the buzzer, which in the end sunk the Pioneers ship.

Taylor was quick to point out what she could improve on. "After a loss you always tend to think about everything you did wrong and the negatives, but that will only hopefully make me play better next game," said Taylor. "I can always have less turnovers and improve my defense."

Freshman guard Erika Norman and senior guard Maggie Congrove each played every minute but one in the loss, and both played well.

Norman had a solid overall game with nine points, seven assists, six rebounds and three steals. While Congrove scored 15 points on the afternoon, including three three-pointers. Sophomore guard Kiley Evans added 11 points and seven rebounds over the course of the game.

The Pioneers returned to the hardwood Monday night as they traveled to Maryland to take on Mount St. Mary’s. They averaged their tough loss on Saturday with a well-earned 55-46 victory.

Evans led the team with a season high 17 points. Taylor also had another solid game as she recorded another double-double with 14 points and 13 rebounds. She also added five assists.

The Pioneers improved upon their poor foul shooting from Saturday. They were 8-10, good for an 80 percent clip. This was coming off of a poor 50 percent performance in the game versus Wagner.

Mount St. Mary’s came out strong to start the game, and quickly jumped out to an eight point lead. The Pioneers responded quickly and regained the lead and went into the half leading 28-25.

This was a lead that Sacred Heart would never give up. The closest the Mount came was two points, but that was two minutes into the second half.

"It was definitely good to get a win before our next two tough games at home, our last two close losses were definitely motivation," said Taylor.

Sacred Heart sits in fourth place in the Northeast conference. They are currently tied with Monmouth. The Pioneers are 5-3 in the conference, and 11-8 overall.

"Every game is important and after Saturday’s loss I think we are going to be a different team from here on out. The game definitely put more fire in us," said Taylor.

The next two games on the schedule will be good indication of where the Pioneers stack up against the top tear of the conference. They take on conference leading St. Francis Pa. and Robert Morris in their next two games.

The good news for the Pioneers is these two games are at home, where the Pioneers have been dominant. Going into the season the Pioneers had .821 winning percentage at home.

"I don’t think our record is an accurate depiction, we have had some close tough losses," said Taylor. "We are still in a good position however, we just need to start getting the job done so we can create separation from other teams in the conference and make our way back to the top."

The Pit Center is sure to be packed this Saturday when the girls take on St. Francis Pa. at 1 p.m. followed by the men’s who take on Robert Morris at 3:30 p.m.

Stats courtesy of Sacred Heart Athletic Communications

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For every team in every sport, there are ‘you can’t ever have too many wins’ and ‘there are no bad losses’ but there are very few teams that will ever admit it. For the 8-11 Sacred Heart University men’s basketball team, this year looks a little different. At 9-9 for the season, the Pioneers split its past two games of a road trip versus the Mount St. Mary’s Mountaineers and the Wagner Seahawks.

Coach Bike is hopeful. It’s been very up and down with win streaks and loss streaks.

He also was voted the NECC Coach of the Year in 1985-86.

Bike. “Sometimes you can sneak out a win somehow, but it never goes to look good when you shoot that ball.”

Head coach Dave Bike (left) discusses the game plan with his team.

“I don’t know if you can ever look good shooting 3's,” said Bike. “You can’t play that way all the time.”

The Pioneers struggled on both ends of the court. Shooting poorly throughout the contest and also allowing Mount St. Mary’s senior forward Shawn Atupem to control the paint and score 20 points.

One of the main reasons for victory was the performance by Gibson who had 14 points including a 7 of 9 field goals in the game, 27 of which came in the second half.

Basketball is a game of confidence and if you practice hard and have a good mindset, that confidence will carry over to the game,” said Gibson.

Gibson was certainly feeling confident on this night, as his fellow teammates and coaches described his shots as barely touching the rim as they went through.

“Naturally you feel great when you play that well,” said Gibson. “I really couldn’t miss and I felt unbelievably confident in my game. But I’m looking forward to working hard in practice so I can play that way all the time.”

As for the Pioneers, the players believed that they can continue to build off of their recent victory to return to playing winning basketball.

Bike. “It’s a game just like any other game,” said Bike.

“Sometimes you can sneak out a win somehow, but it never goes to look good when you shoot that ball.”

Head coach Dave Bike (left) discusses the game plan with his team.

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Opinion: A reflection on the 2010 New York Jets

Dan Graziano
Sports Editor

Man, this is something. Not only was the Jets season what I predicted, but I predicted a playoff receiver Braylon Edwards. Then foot fetish videos of head coach Randy Edsall were now winning games on what was supposed to be the biggest game of the season turned out to be the ugliest. I couldn’t believe my eyes, the Jets were man-handling. The Patriots ran up and down the field and just embarrassed Rex and his boys. That is exactly how they seemed, like children going face to face with out of this world giants.

The end score? 45-3. What the Patriots did to the Jets could be considered illegal in 49 of 50 states, it was that bad. A sold-out crowd was completely silent. I didn’t even want to watch the second half. I manned up and said the least.

Next up the Jets had to travel to the world’s anus to face the scum of the earth, the Patriots. Members of the Jets, including head coach Rex Ryan mocked the Patriots. They spoke about their hatred of Tom Brady and the Patriots in general. Jets excited, we were pumped up, and we loved the trump talk.

Anyone in the New York area agrees that Boston is a nice city. Yet it is filled with the most obnoxious, loud, and unfriendly people in the world. Just talking about Boston in this light will probably put a target on my back from all the natives running around Sacred Heart.

Nonetheless the Jets traveled to Foxboro and forced Tom Brady to cry. I kid you not, the star quarterback wept on the shoulders of wide receiver Wes Welker. That is exactly how they seemed, like children going face to face with out of this world giants.

The following few weeks was a nightmare. Quarterback Mark Sanchez went from throwing zero interceptions and putting up great numbers to throwing picks and incompletions. LaDainian Tomlinson seemed to have lost his step and began coming up short on each of his runs. Luckily Santonio Holmes was as hot as ever, and wins are wins so I wasn’t really complaining.

Then came Monday Night Football between the Jets and the New England Patriots. Both teams were coming off the worst losses. The Jets had lost to the Steelers and the Chicago Bears. I wasn’t too optimistic about the Jets future with the playoffs. Yet a surprising win in Pittsburgh and an unequivocal one versus the Buffalo Bills, the Jets were back in it. They finished the season with an overall record of 11-5, the first time since the 80’s to reach a winning season and four straight bowl games, capped off with a trip to a BCS Bowl game. With the football teams success it seems like Maryland has declined in the past few years, and that is something Edsall would like to change things. Edsall was named Maryland program a new look, fresh face and a win now attitude.

For all the believers that Edsall is wrong for leaving UConn, they may want to rethink their opinions.

Edsall owes UConn nothing.

He turned the football program from a nothing to a chance that had four straight winning seasons and four straight bowl games, capped off with a trip to a BCS Bowl game. With the football teams success it seems like Maryland has declined in the past few years, and that is something Edsall would like to change things.

Maryland will give Edsall a chance to once again turn around a program and try to compete to a BCS Bowl appearance. Maryland’s attendance at home games has declined in the past few years, and that is something Edsall would like to change things.

Maryland program needs a new look, fresh face and a win now attitude.

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Opinion: 2011 will be the year of the Tiger

Ryan Hannable
Asst. Sports Editor

Tiger Woods had his worst year as a professional in 2010, struggling both on the course as well as with his personal life. Many people believe he is still going to struggle in 2011, but I firmly believe this is not the case. I think 2011 will be a great year for Tiger, and he will regain his dominance on tour.

2010 was the first time Woods failed to record a victory since 1994. He struggled with his game all year long. He played in 12 events, and only recorded two top ten's, very unlike Tiger. He also underwent some major swing changes. Him and his coach Hank Haney parted ways after their six-year relationship. Woods joined up with Sean Foley and the two have been working together since last August. They have worked together and Tiger has been working on a few tweaks in his swing.

For those who doubt Tiger in 2011, look at the way he finished in 2010. He played quite possibly his best round of 2010 on the final day of the Ryder Cup in the singles matches. He defeated Francesco Molinari 4 and 3. During the round Tiger had seven birdies and an eagle in only 15 holes.

Woods followed up that performance with a sixth place finish at the WGC-HSBC World Championships and then a fourth place finish at the JBWere Masters in Australia. In his last event of the year he lost in a playoff to 2010 US Open winner Graham McDowell in his own event, the Chevron World Championship.

Tiger hit his stride towards the end of 2010. He finally got comfortable again on the course, and he has developed a strong relationship with Foley, his new swing coach. Woods feels confident about his new swing.

Speaking on his own website he said, “I feel a lot more comfortable about the changes we have made. Hopefully my good play at the end of last year will carry over.”

The 2011 season starts today (Jan. 27) for Woods at the Farmers Insurance Open at Torrey Pines in San Diego, California. Torrey Pines is one of his favorite courses; he has not lost a tournament there since 2004, although he hasn’t played there since 2008.

Tiger is eager to start the 2011 season. “I am really looking forward to competing. I have been working really hard on my game,” said Woods on his website.

Tiger Woods looks to regain his dominance on the PGA Tour in 2011.

One thing I’ve learned from following Tiger throughout the years is you don’t want to get him upset and send him on a mission. He is on a mission this season to gain back his number one world ranking and dominance back on the PGA Tour.

The 2011 major courses also set up nicely for Tiger. He has won the Masters at Augusta National four times. He has also had a major connection with the US Open site at Congressional Country Club in Maryland. It has been the course Tiger has hosted many tournaments at. He won at his own event, the AT&T National there in 2009.

The British Open is being held at the Royal St. George’s Golf Club in England. He finished in a tie for fourth when it was held there in 2003.

It would not surprise me in the least for Tiger to win multiple tournaments, as well as at least one major and regain his number one world ranking. The FedEx Cup will also be on his radar as well. In it’s four year existence.

Even Tiger himself is very confident about his upcoming 2011 season. “I’ve been working hard on my game, it’s game time hooah!!”, said Woods in a recent tweet.

Look out PGA Tour, Tiger is back.
Sophomore forward Femi Akinpetide (#21) dribbles the ball down court in a recent game.

**LOOKING TO THE FUTURE**

Two home games on tap for Pioneers