SHU shuts down, Hurricane Irene to blame

Jacqueline Duda
Asst. News Editor

Hurricane Irene caused chaos as it tore through the East Coast with massive amounts of rain and rapid winds that caused power outages and evacuations. Sacred Heart University was among the many institutions that felt the effects of the storm.

"The main issue that the school faced was the loss of power," said Public Safety Director Jack Fernandez.

"The main campus buildings and the SHU Bridgeport residential facilities lost power on Sunday, Aug. 28 at 7 a.m. and the power was restored on Tuesday, Aug. 30 at 5:45 p.m.," said Fernandez. "The university was closed for two days due to the power outage."

Fernandez also said that the largest obstacle in regards to the aftermath of the storm was the uncertainty of when the power would be restored to campus.

Students involved with sports teams, clubs, and other organizations were living on campus in the dorms, which caused a greater need to deal with the situation.

According to Fernandez, there were several pre-planning meetings with key university officials and administrators from Chartwells, Campus Operations, Residential Life, Information Technology and Public Safety.

"Public Safety administrative officials also attended meetings with the Fairfield and Bridgeport Offices of Emergency Management," said Fernandez. "These planning meetings were an important part of the preparation process."

Their organization and precautions made it possible for the students on campus to have meals and stay on campus. Portable generators were placed throughout the campus which allowed students to charge electronic devices such as their cell phones and laptops.

Sacred Heart students were not the only concern within the community. The University of Bridgeport, which is located right...
Sacred Heart
doesn’t forget
Students share memories, impressions of 9/11

...CONTINUED from page 1.

Ten years later, students still have vivid memories of the uncertainty they faced on 9/11.

"I was in fifth grade," said junior Kelsey Dul. "My teacher was crying hysterically, and everyone's parents were trying to pick them up."

Ryan was unaware of the specifics of the situation, but she recalls having a sense that something was amiss.

"Our teachers didn't tell us what was going on," she said. "They just told us to stop working and start praying."

According to the Sacred Heart website, the top four states of residence for undergraduate students are N.Y., Conn., N.J., and Mass. As a result, it is common for students to know people whose lives were directly impacted by the events of Sept. 11.

"I think my great-uncle had a heart attack that day, because he didn't know if his son would make it out alive."

— Joshua Del Fiore-Flores, junior

"I live in New York," said freshman Rich Stewart. "My dad had to report to the scene as a police officer, so I was scared and upset."

The impact that the attacks had on the lives and attitudes of students varies greatly. For Feola, the threat of another major terrorist attack still looms.

"Ever since the attacks, you wonder if it's going to come back every year on 9/11," she said. "You never know when something that big is going to happen again."

Dul is concerned about the possibility of another air attack.

"My dad flies internationally pretty often," she said. "You think about it all the time, and it weighs on your mind."

Sophomore Brian Wadsworth looks at the impact the attacks had on U.S. foreign policy.

"We've been at war for [over] 10 years, which has had a lasting effect," he said.

While the events of that day left a lasting impact on many Americans, some feel it united the country.

"It's made me more patriotic and pro-American," said Stewart.

Senior Elizabeth Donofrio reiterated this sentiment, as well as recognized the global impact the attacks had.

"People came together and helped each other out," she said. "The attacks opened a lot of eyes about the world."

Above: Students mourn the victims of the 9/11 attacks at Sacred Heart’s candlelight vigil. Below: Mourners light candles for each other.

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STUDENT COMMONS NEARS COMPLETION

Sofia Carolan
Staff Reporter

Sacred Heart University is getting ready for a new Student Commons building, located in the heart of the university's campus. The Student Commons will be a crossroad between the chapel and the Pitt Center, with dining facilities for 250, and a new university bookstore.

Designed by the internationally renowned Sasaki architects, the design is in a V-shape, which welcomes the students.

"The idea was that these would be two arms embracing people into the heart of the building," said Dr. David Coppola, the Vice President for Strategic Planning and Administration.

On Thursday, May 6, 2010, Sacred Heart began the project to improve and expand the university. The Student Commons will be a one-of-a-kind chapel, located in the university quad, inspired the idea of expanding the campus.

Administrators hope that the Student Commons will unite students on a new level to ensure an exciting and fulfilling college experience.

The Student Commons will consist of four levels and take up 46,000 square feet. The glass walls will allow natural light to run through the building to give students a sense of calmness and openness.

The lower level will feature a pub for various student and campus activities, encouraging students to gather together and have a good time. The first floor will include a presentation room along with the university's bookstore. Student services such as Career Services will be located on the top floor, which will also include two separate dining areas and a state-of-the-art kitchen.

"It is intended to dine together, to meet together, to study together," said Coppola. "In connection with the library that we just renovated, now there are a number of spaces where students can meet."

The Student Commons will cost $17 million and is planned to be completed in Feb. 2012. Not only will it join students together, it will expand Sacred Heart's student community.

"We have needed this for years. We will feel as if we are all in this together," said Dr. Coppola. "It is hoped that the Student Commons will be an immeasurable addition to Sacred Heart University, both uniting and improving the lives of students for years to come."
SHU partners with Higher One for refund

Kelley Bligh
Managing Editor

You’ve completed your loan process and financial aid packets. Your tuition is paid and now all you need to worry about is receiving your refund. Don’t look for that check in the mail anymore, though.

Sacred Heart University has gone completely electronic with its new refund process, and now offers students an option when it comes to receiving that money.

Newly partnered with Higher One, a financial services company, the university has implemented a new system through which students can receive their refund via direct deposit into a checking account of their choice. It’s giving the students an option where there wasn’t one before,” said Laura Perry, Higher One’s Campus Relations Coordinator.

Students now have the option of either depositing their refund money directly into an existing checking account or opening a OneAccount with Higher One to have the money deposited into.

Plus, students benefit from a completely electronic approach. Eliminating “snail mail” adds to the convenience for students, Perry added.

“It think it has a lot to do with the college generation right now, which is very high-tech, very electronic. That had a lot to do with it for the university,” said Perry. “It’s giving students an option, number one. And number two, they’re going all electronic, they’re going green, and that’s what students are about,” she said.

Higher One now handles the disbursement of refund money to Sacred Heart students, which saves the university time, energy, and money, enabling the staff to dedicate their time and resources to more pertinent matters.

“As far as [university] staff actually disbursing and distributing the refund money, that is actually offloaded to Higher One,” Perry said. “Higher One receives a wire of money from the university and then we disburse it. In that sense, we’re just a third party. We have nothing to do with how much a student gets or when they get their money.”

The main benefit of choosing the OneAccount over a checking account with another bank has to do with how soon the money is available to the students. Since the OneAccount is directly through Higher One, the money is available that same day. With another bank, there is typically a two- or three-day wait.

“Some students really rely on that money. Some students may use their books with it. So if you’re getting a refund at the beginning of the semester, it can be an issue of timeliness,” Perry said. “And I think that’s the number one benefit of choosing the OneAccount.”

The OneAccount might be the only realistic option, at least initially for students who don’t already have a checking account.

“A lot of students come in and don’t already have a checking account. This could be their first banking experience,” said Sheba Lemoine, Media Relations Manager of Higher One.

Students can, however, change their preference from a Higher One account to another bank’s checking account at any time they want and for no cost.

Perry noted that many students don’t think they need to activate the card if they are not recipients of financial aid. However, she urged everyone to activate their card and hold onto it because you never know what’s going to happen in the future.

“If, for example, you’re not a student who receives financial aid, so you don’t get that refund money, any time that the university owes a student money, it’s going to come in whichever form you’ve chosen in the beginning,” Perry said.

For example, if you drop a class, changed housing, or changed meal plans, all of which you’ve already paid for, the university owes you money. That money will be returned to you in the same way as the financial aid refund through Higher One.

“You don’t know if you’re going to drop a class or if your schedule’s going to change. And that’s why I like to tell people that even if you’re not a recipient of financial aid at all, you could still, in the course of your X number of years, be owed money by the university,” Perry said.

“That money will then go to whichever preference you chose when you activated the card.”

The account in general has no fees and requires no minimum balance. It was designed with students in mind since college students founded Higher One back in 2000.

“The founders wanted to give something to students that hadn’t really been offered before in terms of features and benefits. They really wanted to get into the student mindset when it comes to money management and things like that,” said Perry.

Jacqueline Duda
Asst. News Editor

Sacred Heart University has recently undergone renovations.

Along with the construction and development of the new student center, this past summer the school has been hard at work giving the Ryan Matura Library a head-to-toe makeover.

With the addition of all-new décor and a Starbucks coffee bar, this study hotspot has been completely transformed. The new coffee bar will offer a place for students to not only grab a cup of Starbucks coffee but also a quick bite to eat between studies.

“I think the coffee bar will really help during late-night study sessions around midterms and finals,” said senior Adam Andexler. “It’ll be nice to get a pick-me-up without having to go out to Chartwells or somewhere else off campus with limited options for me.”

After being offered the opportunity to grab a beverage or something to eat, students now have access to a new seating area.

It provides a place where students can sit down, chat, and take a break from a long day of studying or classes.

“It’s kind of like being in the library rather than waiting in the long lines at Outtakes before class,” said senior Mike Sanna.

Even Sacred Heart librarian Beverly Lysoby agrees that it gives students a place to have meetings and social time.

The Spectrum/Sean Elliott

Higher One’s OneAccount machines give students instant access to refund money.

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“I think it’ll be great for the library rather than waiting in the long lines at Outtakes before class,” said senior Mike Sanna.

Even Sacred Heart librarian Beverly Lysoby agrees that it gives students a place to have meetings and social time.

“Besides Outtakes, there isn’t really anywhere on campus to just grab a cup of coffee or a quick bit to eat,” said senior Caroline Campo. “The library opens up the options as well as providing a good place to study. It’s all the new seating rather than having to find a spot in the Mahogany Room.”

Lysoby agreed that the new décor, as well as available seating and study areas, has made the library a more comfortable and appealing place to study.

The library’s new wood and stone finish give it a more modern and welcoming look. Students now have an impressive backdrop for their studies.

“It was old-fashioned, drab and depressing before,” said Lysoby. "Now it’s fresh, new, and on the same level as the rest of the university. I think it will be an asset in bringing new students to the school.”

Some students feel that the new amenities add to their overall college experience.

No longer will students have to walk to different parts of campus when they want the full studying experience.

Some students, like senior Breeanna McLaughlin, now feel the library can truly be the focal point of Sacred Heart students’ academic lives.

“The new library is great,” said McLaughlin. “I like the Starbucks and couches because it’s a more comfortable place to do homework rather than in the Mahogany Room. Also, the additions of the Macs are very useful.”

Above: Renovations have given the Ryan Matura Library a fresh new look. Below: Students complete homework in the redesigned first floor.
ESL BREAKS DOWN BARRIERS
Students in program represent over 20 countries internationally

Andrea Coronis
Staff Reporter

The English Language Institute, a blossoming program that was introduced to Sacred Heart University a few years ago, is changing the way students learn and provides them with new opportunities.

The program, which is directed by Madeleine Monaghan, who runs all of the ESL (English as a Second Language) classes for students who are not native speakers.

According to the Sacred Heart website, students must take an English proficiency test, which will allow the instructors to understand their level of English proficiency.

"Any student who does not have English as their first language will always struggle with studying in their second language," said Monaghan. "We can assist them with developing their basic English language proficiency, but also instructing them on how to perfect their academic English."

With this new knowledge, these students will understand the rules of academic writing, grammar, and plagiarism.

The program currently enrolls students from 22 different countries internationally.

"This allows the students of Sacred Heart to meet international students. It broadens the diversity and different cultures that we have here on campus," said Monaghan.

According to the university's website, "the diverse student body includes working people, immigrants, visitors, young professionals, and college students."

According to Monaghan, when these students return to their different homes all over the world, "they become ambassadors for Sacred Heart University and talk about how wonderful the program is."

Since the start of the program, the curriculum has been altered, the hours have been increased, and the classes run all year instead of just for a few weeks. These changes have seen an increase in enrollment.

According to Sacred Heart's website, all teachers have Masters degrees in their areas of teaching and have many years of teaching experience with ESL students.

"The program currently has six semesters throughout the year, so students can start studying at any point during the year, which is great," said Monaghan.

ESL programs have been developing more and more over the years at Sacred Heart. The English Language Institute provides a unique opportunity for students who do not have English as their first language to become more educated with the language, and also provides Sacred Heart with the chance to meet students from all over the world.

SHU loses power, reaches out to Univ. of Bridgeport

against the Long Island Sound, was a cause for concern about a heightened risk of flooding.

"Sacred Heart University's William H. Pitt Health and Recreational Center was an evacuation site for 300 University of Bridgeport students who were evacuated from their campus," said Fernandez.

Everyone worked as a team to ensure the safety of our university community," said Fernandez.

"All systems were restored and the university resumed normal operations on Wednesday, Aug. 31."

Above: A pier closed due to the strength of Hurricane Irene. Below: A lifeguard tower knocked over by the volatile winds of the storm.

Open Your Heart
Giving back to the community

Erin Burke
Contributing Writer

Sacred Heart University has always been known for having a long-standing relationship with the Bridgeport community. Its students have been serving beside locals for years, helping them in many different ways.

Coming into Sacred Heart as a freshman, students are made aware of this mission; however, it can be overwhelming trying to decide when you want to make your impact.

Here are just a few of the options that Sacred Heart offers.

Habitat for Humanity: Sacred Heart has had a Habitat for Humanity chapter since 1994 and since its creation, it has been placed as one of the Top 5 Chapters in the entire country. In addition to offering 4-5 alternative spring break trips every year, Sacred Heart Habitat also hosts a sleep-out to raise awareness about homelessness, the construction of a gingerbread house around the holidays and at least two work days every month in which students can go on a Saturday and help at one of the local Habitat Houses being built.

This club does not require an application to be a general member, and new members are always welcome.

Sunshine Kids: Sunshine Kids is a mentoring program in which Sacred Heart Students meet with local kids once a week for two hours. Together, mentors and their children work on their homework, play on computers outside and then have dinner in the dinning hall. This program requires an application, so keep an eye out in your email for this opportunity.

ONE Campaign: The ONE campaign is a fairly new group on campus, having only been created within the last 10 years. The mission of the ONE campaign is to raise awareness and advocate for the elimination of extreme poverty and preventable diseases, particularly in Africa. As a collegiate organization, they focus on raising awareness on campus, tabling, having students make calls to local representatives and signing petitions. Since its creation, Sacred Heart ONE has been one of the top 20 chapters in the country and has had representation at the national conference every year. This organization also does not require an application for general membership.

Volunteer Programs: Students also have opportunities to volunteer weekly at local homeless shelters, soup kitchens, and read-alouds at schools in the area; as well as the opportunity to "adopt" families around the holidays, either individually or with a group or team. Their office is located right next to the bookstore in the Faculty Lounge if you have any additional questions.

Greek Life: It would be a mistake, in an article about volunteering, not to mention Greek Life. Each of the six sororities and four fraternities on campus has its own philanthropy. The process of pledging is a bit more involved than simply applying to be a mentor or just going to a weekly meeting; however, the groups offer much more than just the chance to do good for a particular cause, they offer brotherhood and sisterhood and a sense of pride and unity. Fall Recruitment has officially started so if interested, watch out for emails and speak to a member of Student Life.
Students experience campus before move-in rush

Erin MacDonald
Perspectives Editor

As senior Johanna Acosta walks into her apartment at Park Ridge on move-in day, she is relieved to see all of her belongings settled as other students around her move in.

Acosta, like many Sacred Heart students, moved into school prior to the scheduled move-in day. While Acosta was here for cross-country preseason, other students moved in early for volunteer programs, various clubs, special freshman programs or simply because they wanted to avoid the rush.

"It was so much easier to move in without a lot of people being here and feeling rushed."

-- Margaret O'Connor, Junior

"My roommates and I moved in a couple of days early so that we could get settled in," said junior Margaret O'Connor. "We live in a triple and wanted to make sure that we would have enough time to figure out the room setup."

Sophomore Anthony Pascarella moved in early so that he could begin the preparation for kicking off the Heart Attack club, which promotes school spirit.

"The campus wasn't as quiet as I expected," he said. "With a lot of my buddies on the D1 teams hard at work, it almost gave the campus a mid-semester feel."

Acosta also noted the busy campus but after three full years at the university, wasn't surprised by the amount of students anymore.

"Since I'm a senior, I'm used to how the campus is now during preseason with all of the athletes and other students there early."

Although moving in early may alleviate some stress for students, it also means giving up part of their summer.

"I've stayed in contact with many of the producers, and interning for FNC was a great way to get my foot in the door," he said.

Senior marketing major Alison Elvinen, reiterated Acosta's point about the valuable experience obtained.

"This summer I interned for the second time at Constant Contact, an email marketing company that also specializes in social media and event marketing for small businesses," she said.

In her role with the website team, Evers describes feeling like her contributions were crucial to operations.

"I really felt like my work was valuable to the team and they really appreciated everything I did for them. I learned more than I ever thought I would," she said.

While internships can be interactive educational experiences, they offer more than just the skills expected after transitioning into the workforce. A key factor is the foresight students gain into potential positions.

Senior Erin Burke, a history and English double major, described her internships with Granite Telecommunications and Liberty Mutual as, "nine to five, business attire, in a cubical and at a computer all day."

According to Burke, these positions helped her to define what she would and would not like to do with her future.

"I am grateful for these internships because they have taught me that those types of jobs are not what I want to do," she said.

Burke continued to talk about the benefits of her job this past summer as a counselor at Camp Carfree, a New Hampshire summer camp for children with diabetes.

"This was an amazing experience. Not only did I get to spend my summer like a 12 year old, but it solidified my thought that I want to work with kids in the future," Burke said.

This article was contributed to by Julia Baumgart, Staff Reporter.
The Student Commons building is on its way to its anticipated completion in Spring 2012. Almost-completed Student Commons has SHU talking Students anticipate how new building will change campus life

Keistan R. Giffen
Staff Reporter

There is an elephant in the room but it’s actually the new Student Commons building.

As upperclassmen bite their nails and hope that it will be open before they graduate, the student body awaits its completion with high expectations.

If anything, for those trudging up the hill to the Pitt Center, it will be an example of a building working its way toward a LEED (Leadership in Energy and Environmental Design) Silver Certification, crafted by the same company that designed and executed the Student Commons has SHU talking

Kevin Burokas, senior

At the ceremonial ground-breaking, Jim Morly, vice chairman of the Board of Trustees said, “I hope that you will see in this building a similar affirmation of human possibility and our belief that the future of this University is secure, and filled with hope.”

Kevin Burokas

Unless you live in Merton or Seton Hall or have a class in the Humanities wing, you probably haven’t heard much noise from the stealthy construction workers. Students have reported that the construction has been pretty quiet except on some occasions in the morning.

Freshman Edward Garrity has seen the progress the building has made since his orientation.

“Before, it's kind of cool watching it — it’s a cool progression,” he said.

For now though, there is a general excitement towards the building. Even staff members share in the excitement, feeling that the Student Commons will bring “a freshness” that will improve the campus.

As the completion approaches, students anxiously await its grand opening and try to imagine what campus life will be like with the new building.

Based on all the excitement, some like junior Stephen Marchetti just think, “People will migrate there.”

The construction is creating quite a buzz among the student body.

You’ve probably heard snippets of information about what the building is going to include. Student Commons will include a lounge, additional dining rooms, conference and presentation rooms, and an outdoor patio. Some of Sacred Heart University’s favorite spots on campus will also find their new home in this building such as the bookstore and the Faculty Hall.

The Student Commons building will be able to hold 250 students in the dining area and have more options for students with certain dietary needs.

Students are very delighted at the idea of having more alternative choices other than the main dining hall. As a vegetarian, I’m just looking forward to the new dining options,” said senior Kevin Burokas.

Due to the presence of the arts center, it is quite likely that the building will bring “a freshness” that will improve the campus.

Summer love comes and goes as it pleases. No one can stop it from beginning, nor can anyone control its demise. However, the beauty about summer love is that in some cases there does not need to be an ending. This is no longer the 50s where girls needed to write letters, doused in perfume, to keep in touch with their summer lovers who would never write them back anyway. We can text, email, and, if you are old-fashioned, call but who knows if that bond that you shared under the sun can ever again be the same when summer is over? It’s done — there are only a few summer romances that can stand the test of time. I hate to break it to you, but this is not the movie “Grease.”

Here’s a little bit about me: I am a senior, so summers spent at home preceded by moving and heading back to school are becoming second nature for me. This summer started out as every summer since freshman year has — dating the same girl since sophomore year and mostly four years wishing that I was still in high school, and knowing I was in dire need of a change. Not to go into too much detail about my past relationship, but I was in love. She was my high school sweetheart and I never thought in a million years that we wouldn’t be talking to her as I wrote this article. Yet here I am, now a single guy...

Summer for me did not start until August when I started to get to know a girl I had met junior year. It was strictly platonic and I didn’t think anything of our friendship at first. I told her about my relationship and how it was fading and she told me all about her life. We clicked really well as friends and made a promise to maintain the friendship. We started getting lunch together, sun tanning while exchanging life stories, even enjoying some True Blood on HBO – of course after my mom made steaks on the barbeque in the summer sun.

It was great to be alone with her — I could say anything I was feeling at the time and she could do the same. We would laugh about everything and actually cared about what each other had to say. She taught me that in many ways to just be myself that I don’t need another person in my life for me to be me. I taught myself that a significant other is only as significant as you make them. I still regret my past and I miss my ex-girlfriend like crazy some time.

My summer relationship has taught me that I no longer have to be in love with a girl to feel complete. There were times that my relationship with my friend was romantic and I will never forget it, but the things that I have learned from her supercede just romance.

She has taught me life lessons and that a summer love I will never forget this summer or the things I’ve learned. I’m also trying my best to touch in touch with her throughout the school year because who knows what lies ahead next summer.

Happy Hunting Fellas.

Joseph Buquichio

He said

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Happy Hunting Fellas.

Arielle Mangiaracina

She said
Editorials

For the students, by the students

Ryan Hannable
Editor-in-Chief

Labor Day has passed, and the summer is unofficially over. With that comes a new school year, and a new year for Spectrum. There are many new additions to the staff, and we are very excited for the new year. Also, with all the new developments on campus from the new Student Commons, exciting concerts, remodeling of the library, and all the sports on campus there is plenty of interesting stories to be featured in Spectrum.

Our goal this year is to get more feedback from our readers so that you can read what you want in Spectrum every week. There are a few ways for readers to reach us. The Spectrum has its own email, Spectrum@shu.sacredheart.edu. We also have a Twitter, @SHU_Spectrum, and finally we are on Facebook, Spectrum Newspaper. Also, visit our website at www.sacredheartspectrum.com.

We urge you, the readers, to reach out to us and let us know what we are doing right or wrong and anything else you think we should know about. We love hearing from our readers. The staff has worked extremely hard over the summer to put everything in place so you should get to read things that you want to read about.

After all, this paper is for the students, so you should get to read things that you want to. One change this year is the paper will come out on Wednesday’s instead of Thursday’s. We did this to make the stories you read more timely and relevant. We also hope to make additions to our website throughout the year by updating news as it happens, instead of waiting a whole week. We are all looking forward to making this year one of the best year’s Spectrum has ever had, so please don’t hesitate to get in touch with us.

JAMES KEARNS, 2011
Position: PR and Circulation Manager
My best experience of the summer was: A week-long trip with my best friend.

ANNA JEWELL, 2014
Position: Advertising Manager
My best experience of the summer was: Going to Montreal.

SEAN ELLIOTT, 2013
Position: Photography Editor
My best experience of the summer was: Watching tennis in Newport RI.

PAIGE REETH, 2013
Position: Web and Social Media Manager
My best experience of the summer was: Meeting one of my favorite musical artists.

JESSICA GERAGHTY, 2012
Position: Asst. Features Editor
My best experience of the summer was: Going to Jamaica.

LIZA MANENTE, 2012
Position: A&E Editor
My best experience of the summer was: Spending weekends on Cape Cod.

LINDSAY CAIATI, 2012
Position: Asst. Editor
My best experience of the summer was: Working for Fox52.

MORGAN MIERKESI, 2011
Position: Asst. Sports Editor
My best experience of the summer was: Going to Bermuda.

JACQUELINE DUDA, 2012
Position: Asst. News Editor
My best experience of the summer was: Going to Ireland for three weeks with my friends.

BLAKE CAMPBELL, 2012
Position: Sports Editor
My best experience of the summer was: Going to a concert.

JAMIE AYRES, 2011
Position: Managing Editor
My best experience of the summer was: Going to Fire Island and camping up state.

EGAN PUHONES, 2013
Position: Asst. Photography Editor
My best experience of the summer was: Going to Italy and meeting my Italian relatives.

KELLEY BLIGH, 2012
Position: Managing Editor
My best experience of the summer was: Zip lining.

Megan Puhone, 2013
Position: Asst. Photography Editor
My best experience of the summer was: Going to Ireland.

VAN SORBIGNAMATH, 2012
Position: Asst. A&E Editor
My best experience of the summer was: Attending my buddy’s wedding.

SEAN ELLIOTT, 2013
Position: Photography Editor
My best experience of the summer was: Meeting one of my favorite musical artists.

MORGAN MIERKESI, 2011
Position: Asst. Sports Editor
My best experience of the summer was: Going to Bermuda.

JACQUELINE DUDA, 2012
Position: Asst. News Editor
My best experience of the summer was: Going to Ireland for three weeks with my friends.

BLAKE CAMPBELL, 2012
Position: Sports Editor
My best experience of the summer was: Going to a concert.

LINDSAY CAIATI, 2012
Position: Asst. Editor
My best experience of the summer was: Working for Fox52.

MORGAN MIERKESI, 2011
Position: Asst. Sports Editor
My best experience of the summer was: Going to Bermuda.
PAULY D GETS CROWD BUMPING AND FISTS PUMPING IN PITTCENTER

Students filled the Pitt Center at Sacred Heart University on Friday, Sept. 9, for the “dance party of the year” with “Jersey Shore” cast member DJ Pauly D.

Performances in previous years included The Black Eyed Peas, Maroon 5, and 50 Cent. This time Pauly D kept the energy level high, spinning house music and hits such as Britney Spears’ “I Wanna Go.”

“It was a blast in a glass,” said junior Kayla Fonseca, quoting a popular line from the hit MTV show. “I can’t believe Pauly D was actually at our school. He’s so funny on the show and to see him perform here was a lot of fun.”

Before beginning his performance, the reality star gave Sacred Heart some love as he tweeted, “Bout To Go HAM In CT !!!! #SHU Letssss Goo !!! #DJPaulyDSwagg.

The Pitt Center was almost unrecognizable, decorated as a nightclub with flashing lights, a smoky atmosphere, and music blasting from large speakers. Students couldn’t help but dance and fist pump along to the beat.

“The party was really cool,” said freshman Keeshadas Spence. “Me and my boys had a good time, even though it wasn’t my favorite type of music.”

Opening up for the disc jockey, was Sacred Heart Alumni, Ali Kaba. He spun some old school hip-hop songs to house music beats.

Harry and friends continue to make magic online

From an insider: behind the scenes of Pottermore

Be ready to brew your own potions and compete against other gamers in wizard duels.

House assignments are given after a user is evaluated based on a series of Potter related questions.

New character descriptions and stories will be revealed.
Stars don't align for reality TV

Ryan Farrar  
Staff Reporter

They may have started countless trends and memorable catchphrases, but the casts of reality television shows will not be seeing their names immortalized any time soon.

California's Hollywood Walk of Fame is lined with star plaques honoring the achievements of the world's greatest entertainers in the fields of motion pictures, television, music, radio, and theatre.

However, reality television is one entertainment genre that has been omitted from this prestigious list.

Ana Martinez, Vice President for media relations and producer for the Walk of Fame, took to Facebook to answer questions as to why Snooki, and the Kardashians have been excluded from the famous sidewalk.

"Someone asked if we give reality show characters stars? Hell to the No!"

-- Ana Martinez, Vice President and producer of the Hollywood Walk of Fame

"Someone asked if we give reality show characters stars? Hell to the No!," said Martinez.

While some may think dominating ratings and magazine covers is reason enough to earn a star, others, like Martinez, do not.

"Thank God they don't allow those of idiots' names to litter that street," said senior Zach Biondi.

"What kind of talents does Snooki have except getting wasted and falling over?" he said.

Even if their ratings are high, the standards for induction onto the Walk of Fame are higher, and Martinez doesn't believe reality stars are up to par.

She told Latinheat.com, "criteria is awards and honors in entertainment, philanthropic work, longevity in the field and the willingness to agree to the ceremony and pay $30,000 for the star's installation and upkeep on the street."

Famous animals and humans alike have been etched into the concrete side by side but senior Michael Leboff doesn't think that reality stars hold any comparisons to the entertainment legends who have been immortalized.

"If they allow reality stars to be included on the Walk of Fame, that is saying that Kim Kardashian is on par with Johnny Depp and that's absurd," he said.

It may take some convincing for Martinez to give Kim a star next to Johnny, but senior Andrew Soltish doesn't think the possibility should be eliminated entirely.

"These reality stars are the hottest things in entertainment weather we like it or not," Soltish said. "They are making millions and are just as famous, if not more, than the President of the United States. Why shouldn't they be allowed onto the walk? They have viewers and that's all that counts."

MTV’s ‘The Real World’ reaches television milestone

Lisa Manente  
A&E Editor

With this month’s premiere of MTV’s “The Real World,” the show will become the longest running reality television series, according to MSNBC.com.

Five different countries, and 23 cities across the United States have played host to the cast and crew of MTV’s hit show. This season will be its 26th, and the next two have already been confirmed.

Jonathan Murray, co-creator, believes he knows the key to its success. He told MSNBC.com, "We just thought it was something edgy and a way to give the MTV audience something that they couldn't get elsewhere. I'd say the show mirrors society and sometimes leads society."

While viewers continue to tune in, not everyone is happy with "The Real World’s" success.

In an interview with Fox News, an anonymous soap opera actor was quoted as saying, "If you're not an over-tannedGuido who gets drunk and punches someone in the face, where do you fit into television anymore?"

The actor's remark comes after the cancellation of two soap opera giants: "All My Children" and "General Hospital."

According to the LA Times, the series have been airing since 1970 and 1963 respectively.

Senior Marissa Gagliardi is not pleased with the recent changes.

"I am very upset that soap operas seem to be dying out," she said. "They are shows that require actors actually having to act. I watched them, my mom watched them and my grandmother watched them."

Wile MTV leans toward drama and edgy plot lines, some students believe good writing and wholesome family entertainment is another reason for television longevity.

Sophomore Danielle Corday is a fan of the show "Friends," which aired for a decade.

"The cast just had great chemistry. It also had a really well written script and I think that many people who are young adults and living in the city could really relate to it," she said.

Similarly, the family-friendly sitcom, "Full House," lasted 192 episodes over the course of nine years.

"I could really relate to the young girls in the show," said sophomore Christa Cappelli. "When I was younger they were good role models for me, and my parents liked that too."

Contributed by Jaclyn Guilliano, staff reporter

2011 VMA’s SET THE STAGE FOR YEAR IN MUSIC

Lisa Panzarino  
Staff Reporter

MTV kicked off the 27th annual Video Music Awards on Sunday, Aug. 28. With star-studded performances by artists Chris Brown, Adele, and Lil’ Wayne, this year’s show was nothing short of entertaining.

The VMAs opened up with a surprising performance by anonymous soap opera actor, dressed in each one of her signature costumes took to the stage in a performance to pay tribute to the pop icon.

"Britney is one of my favorite female artists," said senior Stephanie Oliveira. "I thought all of the dancers were so cute, all dressed up in outfits from her music videos. I thought the tribute should’ve been a little longer but I’m so glad she won that award."

Another tribute was made that night, to the late Amy Winehouse. Tony Bennett and Russell Brand reminisced about her life and her talents. Then, Bruno Mars sang his interpretation of Winehouse’s "Valerie." By the end of the performance, most of the crowd was already on their feet.

According to MSNBC.com, this year’s award show had an estimated 12.4 million viewers, a number that has not been reached by the awards show in 18 years.

Contributed by Venithda Sourignamath, Asst. A&E Editor
**STUDENT PROFILE: NICOLE BETHAVAS**

"Above all else I figured out how to find happiness and simplicity."

Kelly Taylor

Staff Reporter

While many students were planning their summer vacations on a beach in the sun, senior Nicole Bethavas chose a different route as she left Sacred Heart University last semester. She and a friend planned a trip across the world to Kenya.

This is not Bethavas’ first trip to a developing country. She started traveling last year when she was given the opportunity to attend the university’s annual mission trip to El Salvador. She credits that experience as her motivation for traveling to other places.

“El Salvador made me realize that I want to help people around the globe,” said Bethavas. “When I was there, the living conditions were horrendous, but they had such an appreciation for life, even though they had almost nothing.”

Bethavas explained how she has always wanted to do something in the field of social work, however she could never pinpoint her calling. After her trip, she realized her passion for international social work.

With this, she and a friend began planning their two-month journey to an orphanage deep in the town of Makuyu, Kenya.

The orphanage that she would soon call home was named Watoto Wa Baraka: in translation, “Children of Blessing.” Watoto Wa Baraka Orphanage housed, fed, and schooled 35 to 40 Kenyan orphans.

The owner of the orphanage, Geoffrey Ndungu, is a Kenyan native who lives in the capital city Nairobi. He started the orphanage with five children living in a home he built himself.

Ndungu has helped to grow and improve the orphanage over the past seven years. Although the founder no longer lives inside the compound, his brother is the current manager of the orphanage and resides inside the facility.

The compound was composed of about seven buildings. Two of the buildings house young boys or girls, while another three buildings house staff members and volunteers. The orphanage also consists of a one building learning center, and a dining hall.

Bethavas described each of the buildings, emphasizing how incomparable they are to the homes of the western world. She described them as small clay rooms that were connected and lined up against one another.

“All of the children had a bed to sleep in but some children had no choice but to share,” said Bethavas.

Throughout the trip, Bethavas was faced with countless obstacles. However, she recounts a moment that made it all worth it.

“One day the staff and volunteers rented two buses for the children to go to a water park near the capital city,” she said. “The children were singing and smiling and dancing the whole bus ride there. Then as we arrived, their faces lit up.”

She explained how the children did not know what a water park was prior to that experience.

“They were so shocked and scared, but they were so excited,” said Bethavas. “Seeing their faces with smiles made my journey so worth it.”

She explained how throughout the trip, she realized the importance of appreciation, and just how imperative it is to experience different cultures.

Bethavas said she has learned to be grateful for her family and friends much more than she had been before. Bethavas learned to appreciate the small things, such as a glass of clean water or indoor plumbing.

She associated her journey with culture shock, as she needed to adapt to a completely different way of life. However, she believes the experience has changed her for the better.

“Above all else I figured out how to find happiness and simplicity and how to just have the minimal necessities to survive, and still remain happy,” said Bethavas.

Senior Nicole Bethavas enjoys her time visiting a local family in the village of Makuyu.

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**Features**

**GRAB HOT MEALS OR COLD DRINKS AT THESE OFF-CAMPUS HOT SPOTS**

**Alyssa Amoroso**

Staff Reporter

When Chartwells, Coyote Jacks, and Mondo Subs are not hitting the spot, many Sacred Heart University students can be found downtown Fairfield or at the Trumbull Mall, grabbing a bite to eat.

Often, students take advantage of these off-campus amenities offered to them.

Many upperclassmen use cars to access Fairfield’s great facilities. However, if hitching a ride with a friend is not an option, students can always take the shuttles that Sacred Heart provides. Not only do the shuttles bring students to off-campus housing, but they make frequent stops to many other locations as well.

“I often took the shuttle my freshman year,” said junior Kristina Gliberto. “On weekends, I would take it to downtown Fairfield. During the week, I would head to the mall with my friends to grab something to eat when we got sick of the meal plan. It was great to get off campus for a little.”

If students are willing to go a little farther for great food, venturing into downtown Fairfield is a great spot to hit. Besides great shopping, students can find numerous delis, frozen yogurt and smoothie shops, and gourmet restaurants.

Trademark chain Pinkberry attracts many Sacred Heart students in the warmer months. Students load their “fro-yo” filled cups with fruity toppings or sweets for the perfect refreshing snack. You can pick from a variety of freshly cut frozen fruit, chocolate fudge toppings, gummies, and waffle cone pieces.

“I’ve been going to Pinkberry for years and was thrilled when I found out Fairfield was opening up my favorite frozen yogurt place,” said junior Lisa Scerbino. “My friends and I go in between classes or on the weekends.”

Another Sacred Heart favorite spot is Robeks. Located on Post Road, the smoothie chain serves fresh smoothies made with real fruit. They also offer special “boosts” including additional energy or vitamin. Students may also come across great burger, wing, and pizza joints such as Flipside Burgers & Bar, Archie Moore’s, and Colony Grill. All are popular gathering spots for 21+ students who are looking to watch a game and hang with friends. They offer large bar areas with seating as well.

But the one place that never fails to please for junior Brittany Crowe is Firehouse. They offer indoor and outdoor dining, as well as a take-out option.

“I go to Firehouse almost every weekend with my friends. The food is amazing,” said Crowe.

The menu offers a fresh salad bar, over the counter deli sandwiches, gourmet specials, and hot food items. Some students take advantage of the takeout menu and love to take their lunch to the beach.

Sacred Heart students especially love the fact that SHU Cards are widely accepted among the array of shops and restaurants.

"It’s also just so easy that I can grab my SHU card and go without bringing anything else with me," said Crowe.

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S. G. President, Mia James talks plans for upcoming year

Heather Yarson
Staff Reporter

The summer months are behind us, and the 2011-2012 school year has begun. According to Mia James, Sacred Heart University Student Body President, Student Government has been working hard to make this year a great one.

“Student Government is an organization that is here to serve the students,” she said. “We have a Student Events Team (SET), that plans amazing events almost every day of the year.”

“Our organization as a whole plans events like Senior Week, Semi Formal, SHU Hoops Madness, Dancing with Heart, BINGO, Mr. SHU, Fall and Spring Fest, and many more.”

This year is predicted to be different for students, with many changes being made for the Sacred Heart community.

“In May when we were elected, the Executive Board sat down and set goals for what we planned to work on in this year,” said James.

“I plan to make sure that students know what Student Government is and that they utilize us. Ideally our organization should be driven not only by the leaders elected into office, but also by the constant input from our peers.”

– Mia James, Student Body President

She also expressed her desire to gear many programs towards new students on campus.

“Every year our Vice President of Clubs, Councils and Organizations (CCO) plans a club and organizations fair,” James said. “At the fair there are representatives from all clubs and organizations on campus. This year we also have planned a SET event to take place during the fair to entice freshmen and any other students to come out and get involved.”

James also encourages students to make their wants and needs known.

“As an organization we have always conducted Student Outreach,” said James. “We have worked to help make changes.”

As your Student Body President, James expressed her desire and readiness give back to students to make this 2011-2012 year successful.

“A new leader of any organization is going to bring their own style to the position,” said James. “I am not going to fix things that are not broken, but I am going to make sure that I build my own relationship with administration to make sure that our students’ needs are always present, discussed, and worked on.”

James also had some words of encouragement for the new class of 2015.

“Get involved; it is the best way to make yourself a part of Sacred Heart. The beginning of freshman year is overwhelming, but once you get the hang of your class schedule and how to navigate the lines in Chartwells, you’ll want to make sure you’re a part of something on campus,” she said.

James has many aspirations as a leader for Sacred Heart.

Her goals and plans while holding the position of Student Body President are centered on her desire to accommodate the Sacred Heart community as a whole.

“I plan to make sure that students know what Student Government is and that they utilize us. Ideally our organization should be driven not only by the leaders elected into office, but also by the constant input from our peers.”

Freshmen unpack and meet new people as they begin their first year at Sacred Heart University.

ADJUSTING TO LIFE AT COLLEGE, MADE EASY

Mia Selvaggio
Staff Reporter

Starting at a new school with unfamiliar faces may seem a little nerve-racking at first. However, what many freshmen and transfer students may not realize is that there are many different events and places on campus to make the transition a little bit easier.

There are countless students and faculty members on campus who are willing to reach out to new students because they recognize the difficulties these new students often face.

“A smile, supportive word, or a caring attitude can’t be faked, but will be remembered forever,” said psychology professor, Ruth Grant.

According to freshman Steven Gentile, transitioning into the new school year is a cause of stress.

“I’m most scared about how difficult the classes will be, and if I will like my professors,” he said. “Having a ‘campus GPS’ to direct me around campus would help make life a lot easier.”

Other new students have similar concerns. To help, Sacred Heart assigns students Academic Advisors and Resident Assistants to help them with any problems they may face. Although some would love to have a “campus GPS,” there are plenty of students, teachers, and public safety officers to help guide and give directions to new students.

Every floor has a Resident Assistant (RA), who is willing to help students meet people by organizing different meetings and games. Although all the icebreaker games and ice cream socials may seem a little corny, they provide an opportunity to socialize and get to know the people who you are living with.

“When I was a freshman I found it helpful to take part in campus activities, such as sporting events, clubs, and floor activities,” said senior Alex Anacreonte. “Had I not gone, I would not know any of the best friends I have today.”

Sacred Heart offers students opportunities to meet people by hosting different events such as movie nights, free massage night, bingo night, hypnotist night, and many more.

According to Grant, participation in these events will ensure an enjoyable first year.

“Encourage them to go to sports events to support others, and be sure to attend their sports events if they have them,” Grant said.

For those students who are not members of Sacred Heart athletic teams, there are dozens of different club sports and intramural options.

In this environment, students can experience the camaraderie of being part of a team.

Participating in a club is a great way to meet new people.

Almost anyone can find a club that meets his or her interests, and if for some reason you cannot find one, there is always the option of starting one yourself.

Greek Life is just another one of the many ways of which to meet new people. There are six sororities and four fraternities to choose from. Each one of the organizations is based on the principles of leadership, scholarship, service, and sisterhood or brotherhood.

I still remember a ‘big sister’ who was assigned to me who lived in another dorm. She made me a paper-mache piggy bank that I kept for many years. We were not close friends due to the distance but I still remember her caring,” said Grant.

The Spectrum/Samantha Purnell

September 14, 2011

Features 11
# Marist Spoils Pioneer Season Opener

## Second Half Shutout Secures Red Fox Victory

Leah Salindong  
**Staff Reporter**

The Sacred Heart University football team fell 20-7 Saturday, Sept. 10 against Marist College. The Pioneers were unable to score within the first quarter with a touchdown made by the redshirt sophomore quarterback, Tim Little. This was Little’s first collegiate touchdown.

“Scoring was a great feeling. There’s nothing like it. I’m glad I got my first one out of the way in the opener. I’ve dreamed of scoring a touchdown in college for awhile,” said Little.

### Red Foxes - 20  
Pioneers - 7

The Pioneers were unable to score for the remainder of the game against Marist. "Our Offense didn’t execute well, especially in the second half. This clearly reinforced the fact that seemingly minor mistakes can turn into major, game-changing events," said Assistant Coach Kevin Bolis.

The Marist Red Foxes evened their record with the Pioneers in the second half. Marist scored their first touchdown and field goal in the third quarter. Jason Meyers then completed a pass from Chuckie Looney to score a touchdown at the 13:45 minute mark of the third quarter. Jason Meyers then completed a

### The Spectrum/Samantha Purnell

**Freshman running back Keshandu Spressor (225) races down the sideline vs. Marist.**

“With having an extra week of preparation for the Bryant game, Coach Gorham has done an excellent job of conveying the importance of attention to detail, and the team is working hard to fix their mistakes.”

The entire team and coaching staff will be working together for the next week in order to take down the Bryant Bulldogs.

“We realize one game isn’t going to make or break a season, so were staying together.”

The bye week this week was a blessing to get our minds right and stay focused on what we work all year round for," said Little.

The game this Friday night versus Bryant will be the Pioneers’ first and only televised game this season. The game will be aired on MSG Plus Network (HD).

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**Tim Little, Quarterback**

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### IRENE TACKLES SHU ATHLETICS

William Romanelli  
**Staff Reporter**

Two hockey sticks stood taped to a stand in the center of the Pioneer locker room. At the top was a flashlight fastened with tape. This was the only source of light the football team had in preparation for their game against Marist College in the dark.

"Hurricane Irene tried to throw our preparation off course but we as a team were able to withstand it and found a way to continue to get better." —Sean Kessler, Wide Receiver

"We were forced to rely on our peers at Quinnipiac University to supply us with 600 gallons of ice," said Batchelder. This became a concern when trying to get athletes ready for their future competition.

"We had to set up a satellite in the student athlete study room because it was the only place that had a generator," said Batchelder.

"The power outage affected not only me but my whole team because all of our practice times got changed because there were no lights on the field," said senior soccer player Maggie O’Callaghan.

This was not their only problem as the laundry system also depended on the electricity.

"We could not clean our uniform so our coach had to send them out to an outside service. Also, we had to take cold showers which was horrible," said O’Callaghan.

Sacred Heart students and faculty managed to persevere through Hurricane Irene’s wrath while keeping a normal schedule as best they could.

"Hurricane Irene tried to throw our preparation off course but we as a team were able to withstand it and found a way to continue to get better," said senior wide receiver Sean Kessler.
A dream come true: My summer getting to cover the teams and athletes that I grew up admiring

Ryan Hannable
Editor-in-Chief

Going into this past summer athletes like David Ortiz, Dustin Pedroia and Tom Brady were people that I looked up to and admired. This summer they became the people that I worked with and spoke to almost everyday.

This summer I interned with WEEI.com, a Boston sports radio station's website. I worked an average of 20-25 hours a week writing for the site. Normal days I would do highlights from interviews on the station as well as short posts about national sports news.

On top of that I would get to cover events in person. Over the course of the summer I covered about ten Red Sox games at Fenway, the Major League Baseball draft from a Red Sox perspective, the Deutsche Bank Championship, a few Patriots off-season events and final pre season game, as well as various features on Red Sox prospects in the minor leagues.

I can remember Wednesday morning in June that my boss, site editor and Red Sox beat writer, Rob Bradford and I drove into Boston to Fenway Park from our hometown 30 minutes north of Boston. I was both nervous and excited, but Rob relaxed me and told me everything that I would need to know — where things were, what locker room protocol is, proper reporting etiquette when dealing with players, and just everything the average fan wouldn't know.

As I was quickly thrown right into things as it was the day of the Stanley Cup where the Bruins were facing the Canucks and it was my job to get a few predictions from members of the Red Sox.

As soon as we entered the locker room introduced me to David Ortiz, and before I knew it I was interviewing one of the players that I looked up to as a kid.

This was my dream ever since I was a kid, to be a sports journalist and I was now living my dream.

Quickly I had to change my whole mindset from star-struck fan to a sports journalist doing my job. Those situations were now part of my job and I would need to interview them on a daily basis.

In all I covered about 10 Red Sox games and did about three articles for each game — a pregame article about what manager Terry Francona said in his press conference, a summary of the game and then a postgame article after compiling quotes from the Red Sox clubhouse.

Also, I got to work with sports journalists that I grew up reading and still read on a daily basis. Some of them started saying hello to me and we would engage in small talk. Even this was surreal to me — people I used to read in newspapers or online and see on television were now the people I was working with.

The one disappointing thing from my internship was that the NFL lockout extended well into the summer and I couldn't cover as many Patriots things I would have liked. Football and the Patriots are my true passion, which was covering the final pre season game against the Giants was my best experience of the summer.

From watching the game from the press box and charting plays, to interviewing Giants rookie linebacker and cancer survivor Mark Herzlich in the Giants locker room, to interviewing various Patriots players in the Patriots locker room and even being acknowledged by Patriots owner Robert Kraft in the hallway following the game, I couldn't have asked for a better experience.

I had been to Gillette Stadium plenty of times before for Patriots games as a fan, but never to cover a game. Being inside the tunnels and hallways that the players walk in before and after the game was definitely a surreal feeling for me, but I couldn't really be thinking about that. I was working and needed to make sure I had the story I was working on covered as well as making sure I gathered as many quotes from players as possible.

Another memorable moment for me was not from meeting an athlete or covering a game, but when long-time Boston Herald columnist Steve Buckley came up to me at a golf tournament and told me what a good article I did on his Old Time Baseball Game he runs each summer. It meant a lot to me that someone as well known as he is would take the time to read something that I wrote, and even remember who I am to say something.

Heading into the summer I wasn't 100 percent sure that I wanted to be a sports journalist, but now there is no doubt in my mind that this is what I want to be my career following graduation this May. I also proved to myself that I can be successful in the field that is my true passion.

This internship will hopefully be the first stage of my career as a sports journalist, but regardless, it taught me that I can have a dream and work my way to one day reaching it.

Dan Otzel
Asst. Sports Editor

It's a simple question — in many ways unique to America, yet still evolving passion and excitement throughout the rest of the world:

Are you ready for some football? Well, in late July of this year, National Football League owners and players answered a mind-numbing "Yes!" as they successfully joined hands to snip the padlock on the lockout threatening the start of the NFL season.

The 130-day owner-induced lockout, which primarily featured the players seeking long-term healthcare through the rest of their careers and retirement, ended with a new 10-year collective bargaining agreement (CBA) which ends after the 2021 season.

For some, the dispute left a lingering resentment. For many others, including Sacred Heart University students, they're just glad the nation's favorite sport has returned.

"I believe that everyone is just happy to have football back on Sunday," said senior Fritz Odenbach, expecting the same hard-nosed football the NFL-brand has offered in the past. "I don't think that the length of the lockout will play a very big role in the attitudes or gameplay of the athletes."

Sacred Heart sophomore quarterback, Luke Wischnewski - no stranger to the gridiron himself - echoes those sentiments.

"I do not think the lockout will play a big role in the level of performance by NFL players. Most guys worked-out and trained just as much as they would have had there not been a lockout and, honestly, I think a little more time off could benefit some of the veterans," said Wischnewski.

Some of those veterans, including Naasdi Asoomghia (Philadelphia Eagles) and Sidney Rice (Seattle Seahawks), will don new jerseys this season, as just a small part of the busy free agent period that took place after the ratification of the new CBA.

Also new to the 2011-2012 NFL season will be some rule changes, the most noteworthy of which will take place on kickoffs. To cut back on head injuries, kickoffs will be moved up five yards, from the 30-yard line to the 35-yard line. Shorter kicks mean more touchbacks, limiting what has become commonplace in the last few years, of a player running full speed downhill and leading into a tackle with his head.

"I actually think the new kickoff rule is beneficial to the game," said Wischnewski. "As science progresses, we are learning more about the effects of concussions and how dangerous football really is. Even though kickoffs provide a lot of excitement, the health and safety of the players should come first."

If the health and safety of the players comes first, winning most certainly comes second.

Last year's Super Bowl champion, Green Bay Packers, led by Super Bowl XLV MVP Aaron Rodgers, are looking to be the first team to repeat since the New England Patriots seven seasons ago.

"I do expect a repeat," said Odenbach. However, cheese-head fans of the Green Bay Packers hope to capture another Lombardi Trophy in 2012.
Men's Soccer bests Holy Cross, falls to Providence

Emily Cordero
Staff Reporter

On a rainy Tuesday night under the lights, the Sacred Heart Pioneers men’s soccer squad celebrated a 1-0 victory over the Holy Cross Crusaders at the Linda Johnson Smith Soccer Stadium in Worcester, Mass. Led by head coach Joseph Barroso, the team is off to a 2-2 start as they look to pick up where they left off last year.

The team’s driving force for the season comes from last year’s loss in the Northeast Conference’s semi-final game.

“I think we have potential to win NEC semi finals, if we don’t then we beat ourselves, we have the team to do it, our morals are right on point and we definitely have a good chance of winning,” junior Edwin Victor said.

Only 12 minutes and 45 seconds into the game, junior captain Marcello Castro scored the one and only goal of the game off an assist by junior Brian Francolini. For Castro, the 2010 NEC Defensive Player of the Year, it was his first goal of the season after netting a team-best five goals last season.

Senior goalkeeper Alex Fait saved all six goals attempted by the Crusaders, setting a new season-high for saves. The Canadian goalie has played every minute in goal for the Pioneers, dating back to 2009.

On Saturday, the Pioneers fell to the Providence College Friars by a final score of 1-0. Junior forwards Justin Brewer and Simon Harsen both had back-to-back shots against Providence goalkeeper Jhojan Obando that just missed the mark midway through the contest.

Obando made two saves in the shutout, besting his counterpart Fait, who stopped one shot while allowing the winner sneak by. At 59 minutes and 27 seconds into the game, Friar redshirt sophomore, Wilder Arboleda, relayed a corner kick from freshman Thomas Ballenthin off his head and past Fait. Providence lost to Ohio State in the second round of last year’s NCAA Tournament.

The loss, though, did not affect the spirit of the team.

“I'm really convinced that we are going to do well this season,” said Castro. “We have a great squad with potential, quality and especially a strong unity within the team. With the team we have this year we can compete with any other team and league in this country.”

With their 2-2 record, the Pioneers are already at the top of their division as the team with the best start. They hope the student body will rally around them, as the team has set high expectations for the rest of the year.

“I just hope that we have more people to come watch us play and support us because we are going to make it far this season. I just hope we get the Sacred Heart support,” said Victor.

I am courageous and I want to start something new.
I am a serious student and I like to have fun.
I am making a difference at SHU.
I am a loyal friend.
I am a leader.
I am real.

I am a Chi Omega.

CHI OMEGA

Join us for an information session:
Tuesday, September 20 at 12 pm
University Commons Auditorium

or

Wednesday, September 21 10:10 pm
Location to be determined

For up-to-date times and locations visit our Facebook page or email HWhittle@ChiOmega.com

Look for Chi Omega representatives on campus starting Monday, September 19!

Chi Omega at SHU
SHU finishes third in Army Soccer Classic

Army takes the tournament title on Sept. 11 10th year anniversary

Blake Campbell
Sports Editor

On an emotional evening for our nation, both teams stood united as one as the stadium joined together for a moment of silence to honor the memory of those lost during the tragic events of Sept. 11, 2001. Those emotions spilled over into the game as the Sacred Heart women’s soccer team met up with the Army Black Knights on the tenth anniversary of the attacks on America. The Black Knights hosted the first ever Army Classic at the West Point Academy this weekend. The Pioneers faced off against them in their final match of the tournament.

“Going into army we knew it was going to be a physical game,” said senior Erika Wicke. “The Army Classic is always awesome to go to. Especially since we were playing Army on 9/11.” The Black Knights came out physical, but the Pioneers were not ready to back down as they came to play as well.

"Army was really aggressive but we fought back just as hard. The game was really physical," said senior Amanda Stiles. Army had 20 shots on goal while the Pioneers had 13. Junior goalkeeper Sydney Judkins had seven saves as she pitched her first shutout of the season. Black Knights’ goalkeeper Monica Lee also pitched a shutout with six saves.

The game was tied after two overtimes leaving the Pioneers with a tournament record of 0-1-1. “Although we didn’t get the results we wanted we played well. It was a great experience overall,” said Stiles.

Lee was named the MVP of the tournament as Army took home the trophy. Although Army and St. Bonaventure had identical records for the tournament, Army won based on goal differentials.

Senior Heather Ouevillion and junior Mulvey were named to the all-tournament team for Sacred Heart. The Pioneers lost to St. Bonaventure earlier in the tournament when they let up a goal with three minutes to go in the game.

Prior to the late goal, Judkins made four saves on nine St. Bonaventure attempts on goal.

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SEPTEMBER 14, 2011

Women’s volleyball

wins Arundel Mills

Invitational

Dianis Mercado: MVP in tournament

Peter Mormino
Staff Reporter

The Sacred Heart University Women’s Volleyball team left its mark at the Arundel Mills Invitational this past weekend in Maryland. With wins against the Maryland Terrapins and Yale University’s Bulldogs, the Pioneers were named tournament champions.

The Pioneers began the tournament matched up against the Delaware Blue Hens, dropping three games to one dishing out Sacred Heart its second loss of the year. Although crushed after the loss, the Pioneers were able to bounce back posting wins against solid opponents finishing the tournament strong.

“We’ve worked really hard all pre-season to play against strong opponents, this past weekend we did some really great things but we still have a lot more work to do,” said Junior outside hitter Nicole Morales.

Showing no signs of mercy, the Pioneers would go on and knock off the Maryland Terrapins in its second match, winning three games to Maryland’s two.

The Pioneers final match of the weekend would be against in-state rival Yale University. The Bulldogs would make an attempt to come back from Sacred Heart’s commanding lead but were unable to play the Pioneers.

Maryland’s victory over Delaware left the Pioneers on top. Starting the tournament with a loss and finishing strong with back to back wins just goes to show how relentless the Pioneers are in achieving greatness.

Sophomore Dianis Mercado was consistent throughout the tournament posting a double-double in all three matches this weekend in route to earning the honors of Most Valuable Player.

Senior outside hitter Kimme Rotleder also posted a double-double in all three matches this weekend.

Defensive specialist Jessica Colberg, playing the position of the Libero, had an outstanding weekend as she made the All-Tournament team along with Mercado and Rotleder.

Megan Pulone and Alisa Mesa shared setting responsibilities in the Lady Pioneer’s 6-2 formation. In the tournament they both posted 17 and 29 assists respectively in matches against Maryland.

Coach Rob Machan is in his fifth season with the Pioneers, consistently improving the teams’ record each year. Looking to defend last year’s NEC title and first ever NCAA playoff berth, the Pioneers are off to an exceptional start this season.

“I think we have so much success” said Junior middle hitter, Johanna Ovseenek.

The ultimate goal for the Pioneers has been set to be the one seed labeling them as the best contender in the Northeast Conference (NEC).

“It’s exciting knowing that we have some strong opponents coming up in our schedule to see if we can reach our ultimate goal of becoming a top national team” said Morales.

Sacred Heart heads off to Michigan Friday September 16 for the Spartan Invitational to face several prestigious opponents such as Virginia Commonwealth, Ball State, and Michigan State.

Women’s soccer is off to a 2-2-2 this season.

The Army Classic is always awe inspiring match because of the symbolic meaning of the day and the fact that we played at Army,” said Judkins.

The Pioneers will be in action again Friday Sept. 16 at Manhattan.
Redshirt sophomore quarterback Luke Wischnowski (#7) fields a snap during the Pioneers opener against Marist. Wischnowski completed seven of 13 passes for 65 yards while splitting time with redshirt sophomore Tim Little, who went 9-for-12 for 77 yards.