Round of applause for Mr. SHU

With the clock ticking and the crowd roaring, students anticipated the revealing of Mr. SHU 2012 Friday, April 27. As seven contestants stood on stage, the judges calculated their final decisions.

Senior Brian Beatty, freshman Ryan Cotrupi, senior C.J. Heck, senior Eddie Kennedy, sophomore Allen Tedaldi, junior Rob Reichenbach, and junior Sherrod Williamson anticipated the eliminations round in front of the packed Edgerton Theatre.

"And the winner of Mr. SHU 2012 is, Eddie Kennedy," announced Mike Guardino, the Class of 2013 president. Applause echoed throughout the theatre as Kennedy was crowned Mr. SHU.

After a great deal of effort practicing for the night, Kennedy said it all became worth it in the end.

"I felt like I would be letting myself down if I lost, [as well as] Natasha Sousa. Natasha helped us learn the talent and because of her we were flawless," he said. "I had so many friends there that I wanted to win it for them because they were cheering so much for me that it really motivated me during the event."

Kennedy and his friends, Brian Harrison, Bryan Carmel, and Joe Banco performed a spoof on the video "Here We Go" by OKGo, dancing on treadmills.

"It was new and unexpected and it showed that so much hard work was put into practicing and getting ready," said senior Brian Harrison. "Transporting treadmills himself shows a higher level of dedication."

Though many thought Kennedy's act to be creative, sophomore Kate Gallagher said it was the running sneakers that pulled the ensemble together, as the men danced around in suit jackets and dress pants.

Prior to the event, many students said they were hyped up for the talent portion of the night.

"I'm looking forward to my peers show off their different dynamics and see them in a new aspect that you don't normally see," said sophomore Samantha Novack.

As a new comer to the event and first time judge, Assistant Coordinator of Volunteer Programs, Maura Cook said she had no idea what to expect for the evening.

"I've been hearing a lot of hype about Eddie Kennedy so I'm looking forward to seeing it in action," said Cook.

See MR. SHU on page 2.

Honors students showcase talents

Julianne O'Hara
Staff Reporter

During the week beginning Sunday, April 22, the seniors at Sacred Heart University’s Thomas More Honors Program delivered their senior presentations to show their dedication and hard work over the last four years.

Through the presentations, graduating seniors showcased the many dedicated hours that they have spent on a capstone project or senior thesis. These projects are required for the Honors minor, and all of their majors.

"The Thomas More Honors Program is very proud of our students' talents and achievements, and we are truly grateful for their intellectual contributions, service, and leadership while at SHU," said Dr. Suzanne Deschenes.

There are many benefits from being a part of the Thomas More Honors Program.

According to the Sacred Heart website, Honors courses are more student-directed. Thesis students have greater access to academic resources to enhance their studies. The teaching and learning is also more active and experience-based.

Honors students also have a great diversity of personal goals and extracurricular interests. And students in the program are members of a strong and dynamic learning community.

"Looking around at all the different presentations was so interesting. The seniors seemed really interested in wanting to talk to you all about their projects," said sophomore Shauna Rafferty.

The students set up in the University Commons, and displayed posters with information and research on their topic.

Each student also answered questions that onlookers had about their projects.

The presentations concerned a wide variety of topics. These included science, art, and areas ranging from research on caregivers to the increased risk of skin cancer associated with tanning.

Some students even went on to present their work at regional conferences in their disciplines. Others have been presenting their work at other events on campus.

Students understood that their projects were merely the beginning of their careers.

"We sincerely wish them well on the next phases of their life journeys," Deschenes said.

See MR. SHU on page 2.
CLLA recognizes standout students and faculty

Kerry Browne
Staff Reporter

On Thursday, Feb. 26 Edgerton Theater was near its capacity as Sacred Heart University’s students, faculty, and staff were honored at the Campus Life Leadership Awards.

The event recognizes the achievements of students from Greek Life, volunteer organizations, club sports and academic clubs, as well faculty and staff members.

Junior Alexa Wrinn, who is one of the nominees, gave her thoughts on what it means to be nominated.

“It shows that someone thought you went above and beyond as a student, and you should be recognized,” she said.

Wrinn is involved with the community service committee for Student Government, the sorority Chi Omega, Sunshine Kids, and Habitat for Humanity.

However, the nomination information is very private.

“They don’t tell you what you’ve been nominated for or why. You find out [if you were nominated for a Pioneer award] when you receive the program. All you are told is that you were nominated for an award.”

Denise Tiberio is a member of the student-life committee that selected the winners. She explained the process from their perspective.

“Every student and staff member receives a notification that they could nominate based on a link,” she said. “They could nominate anyone for the six awards: the four Pioneer Awards, the Doug Bohn Unsung Hero Award, or the John Croffy Outstanding Leader Award. “

From there the student would be sent and return an application that would go back to the selection committee. There were 290 nominations submitted, and eight members for the committee. From there, each member selected their top five nominees, and the remaining 40 were debated among the group.

The winning nominees for the Pioneer awards are, in ascending class standing order: Connor Frizzell, Kate Gallagher, Ariel David, and Brian Harrison.

The Doug Bohn Unsung Hero went to senior Samantha Fasanello, and the John Croffy Outstanding Leader Award, went to senior William Haug.

Kennedy wins “Mr. SHU”

...CONTINUED from page 1.

Sitting among the crowd was former Mr. SHU 2011, senior Zack Johnson.

As a friend of contestant Brian Beattie, Johnson said it’s going to be different hanging behind the scenes this year.

“I can’t wait to see the entire shows from a new perspective,” he said.

Throughout the night, seven contestants performed a group dance, talent, bathing suit competition, ending with formal wear accompanied by a female escort.

Even though it was a competition, some of the contestants felt that it was not about winning, but rather enjoying the experience.

“I’m rooting for the other contestants as well because I love all of them and I loved getting to know some of them,” said contestant Allen Tedaldi. “I’m rooting for everybody. It’s been a pleasure getting to know new guys and it’s awesome how we’re all in the same situation with all of the work involved.”

The seven contestants spent late evenings learning a group dance performed in ballerina skirts, as well as recording an introduction video to the event. After practicing for about two months, the contestants had the opportunity to interact with some new faces around campus.

“I think the competition was awesome. All the contestants got to know each other really well and we all became friends,” said Kennedy. “During the event itself, the whole time was such an adrenaline rush with everyone making so much noise. Without a doubt one of the best things I have ever done at SHU, and one of the top memories I will have.”
Media students take creativity to the ‘MAX’

Jennifer Biagiotti
Staff Reporter

On Saturday, April 28, Sacred Heart University’s communication and media studies department invited all students and faculty to its biannual display and screening presentation, the Media Arts Exhibition (MAX).

Students in the CMS program, as well as the MACOMM graduate program, submitted the works in the exhibition.

The submissions were a collection of still images, digital moving images, and any type of work that students have created in their classes.

“The MAX is open to the public. We encourage all students to come mingle for the displays and food, and stick around to watch the video and photo screening,” said Prof. Gregory Golda, faculty advisor to the Media Studies Association.

Golda is the main coordinator of the event. A select number of students involved with ShuBox, the Sacred Heart multimedia network, also help to organize the event.

Many people on campus are unaware of the work that students put in to prepare for the exhibition.

“Not enough people know about the MAX,” said senior Jessica Orser. “The students who contribute to the show work hard on their projects throughout the semester, and being able to get credit for it pushes you to work even harder.”

The submissions were collected and organized into two parts that made up the presentation. At 1 p.m. the displays were shown, followed by the screening at 2 p.m.

The submissions in the MAX encompassed a wide variety of content. According to Golda, this includes photography, print works, interactive DVDs, narrative video, and documentaries. Creative and critical writings, radio production, magazines, and posters and advertisements are also submitted.

The winners of the best pieces were chosen at the end of the event. “The audience votes for ‘best in fest’ by popular vote, as well as for the best male and female actors,” said Golda.

The MAX provides a platform for students to share the work that they have done throughout the semester.

Not only recognizes students, but also promotes their participation in the media studies department.

“I really looked forward to the MAX this year,” said junior Tiffani Lynch. “I know there are a lot of talented students, and I was excited to see the work.”

For Orser, getting to see the quality of other students’ work was very enjoyable.

“Seeing the work of your fellow classmates is the best part for me, because a lot of the time I am surprised by how amazing everyone’s work turns out to be,” she said.

It also gives you a feeling of accomplishment to know that you’re working amongst a number of talented people.”

Explore a different street this summer!

Summer Wall Street Program
July 23-August 16, 2012

- Meet guest speakers from all areas of the financial services industry.
- Daily field trips to securities firms, the New York Stock Exchange, the Securities & Exchange Commission and other commodity exchanges.
- Earn 8 credits in 4 weeks through this immersion program in financial markets.

Staff Reporter

Jennifer Biagiotti

May 2, 2012

News 3

Giving back

Erin Burke
Columnist

“We have so much in our hearts to share with you. We are energized through each other; we are energized through all of you and your interest in a third world country. You’re able to see the opportunity for change is inspirational. Never lose that vision”

These wise words were spoken by Sister Elena in Tierra Blanca, El Salvador to me and 20 other Sacred Heart students on my mission trip during spring break in 2011.

They have stuck with me for the remainder of my time here at Sacred Heart University and inspired me to give my time to the community.

Even though this is drawn from an experience in a third world country, it’s relevance pertains to our work here in Connecticut as well.

The people in Bridgeport that we, as students, are assisting when we give our time at soup kitchens, canned food drives, cleaning up neighbor hoods and the children that we tutor and read to and mentor through our multiple programs like Sunshine Kids, Project Learn and Dunbar Tutoring — they are all inspired by us and our work and dedication. They are motivated to improve their own lives, to strive to do more, and to influence others the way we influence them.

People who arise of de-motivates to better a community have a unique vision of the world. They don’t just see empty lots covered with trash, they see an available spot for a habitat house. They don’t see a thugs on the bus, they see a kid taking a bus home from his extra credit work with a teacher after school. They see the opportunity for change and improvement and influence everywhere and I encourage, no I challenge every one of you to develop their vision and to adopt their passion.

As I prepare to graduate in the next two weeks I have been able to take this time to reflect on the person that I have become as well as the person I am striving to be in my future.

I have realized that much of the person that I have become, many of the goals that I have developed for my future, all stem from my desire to help others, something that has been nurtured during my time here at Sacred Heart.

Sacred Heart University is one of the top community service schools in the state. It gives its students an amazing opportunity to get involved in service in any aspect they could possibly imagine.

I encourage every student here at Sacred Heart to take advantage of that opportunity. Try some sort of service before you graduate. Tutor a child, work at a soup kitchen, go on a habitat spring break. It doesn’t matter how you get involved because I can guarantee that once you do, the stimulation you get from helping someone is addicting and you wont be able to get enough.

Volunteering has so many more additional benefits than just helping someone.

It teaches you more about the type of person you are and the type of person you want to be. You become a role model without even realizing and you unknowingly embrace the chance to change a life. It is my sincerest suggestion that you all take a chance to volunteer sometime to a community that is going to change the person that you are throughout your college years. I can promise it will not be a regret.

Best of luck and remember, “be the change you wish to see in the world” — Ghandi.

Many Sacred Heart students have taken advantage of the number volunteer opportunities that the school offers its students.

Photo Courtesy of Erin Burke
Summer Sessions 2012
Late Spring: May 14 - June 1
Summer 1: June 4 - July 14
Summer 2: July 16 - August 25

Late Spring
Online
BI 030 THE HUMAN BODY
CH 020 CHEMISTRY OF NUTRITION
CS 016 CRIMINAL COURTS & DISCRETION
CM 010 INTRO TO MEDIA CULTURE
CS 056 INTRO TO INFO TECH/BUSINESS
ENG 050 ADVANCED COMPOSITION
EX 010 INTRO TO HEALTH & FITNESS
HICC 101 HUMAN JOUR HIST PATHS OF CIV *
MTH 010 INFORMATION LITERACY
PH 212 PSYCHO SOC/HUMAN COMMUNITY *
PS 010 INTRODUCTION TO PSYCHOLOGY
PS 025 PSYCH DEVELOPMENT/PSYCH
PS 295 PSYCHOLOGY
PS 301 NON EXPERIMENTAL RESEARCH
RI 101 INTRO TO STUDY OF RELIGION
TH 101 INTRODUCTION TO THEOLOGY

Late Spring
Fairfield Campus
CM 200 SP TOPICS IN COMM & HUM
CM 300 SP TOPICS IN MULTIMEDIA PROD
PH 101 INTRO TO PROBLEMS OF PHILOSOPHY
PS 295 PSYCHOLOGICAL RESEARCH
PS 218 CULTS, SECTS & NEW MOVEMENT

Summer 1
Online
AR 101 ART IN THE WESTERN WORLD
CH 020 DRUGS & THEIR IMPLICATIONS
CH 030 CHEMISTRY OF NUTRITION
CJ 101 INTRO TO CRIMINAL JUSTICE
CJ 200 CONSTITUTIONAL LAW
CI 216 JUVENILE JUSTICE SYSTEM
CM 101 INTRO TO MEDIA CULTURE
CS 100 INTRO TO INFO TECHNOLOGY
ENG 110 ACADEMIC WRITING
ENG 115 EXPOSITORY WRITING
HI 222 US HISTORY TO 1865
IL 101 INFORMATION LITERACY
MA 333 STATISTICS FOR DECISION MAKING
MK 215 MARKETING RESEARCH
PH 101 PROBLEMS OF PHILOSOPHY
PH 211 PHILOSOPHY OF KNOWLEDGE
PO 121 INTRO TO AMERICAN GOVERNMENT
PO 298 DEMOCRACY
PS 032 AMERICAN POLICY
PS 212 ABNORMAL PSYCHOLOGY
PS 241 PSYCHOLOGY OF PERSONALITY
PS 335 HUMAN & ANIMAL LEARNING
PS 101 INTRO TO STUDY OF RELIGION
PS 299A THEOLOGY & THE HUMAN PERSON
PS 299B THEOLOGY OF SCIENCE
SM 200 SPOTLIGHT ON BUSINESS
SM 203 THE SPORTING GOODS INDUSTRY
SO 110 SOCIOLOGICAL IMAGINATION

Summer 1
Fairfield Campus
AC 101 FINANCIAL ACCTG & REPORTING
AC 201 INTERMEDIATE ACCOUNTING I
AR 201 STUDIES IN MODERN ART
BI 040 COASTAL ECOLOGY
BI 110 PRIVATE BEHAVIOR & CONSERVATION
BI 111 CONCEPTS IN BIOLOGY I
BI 131 HUMAN ANATOMY/PHYSIOLOGY I
BI 133 HUMAN ANATOMY/PHYSIOLOGY II
BI 161 INTO MICROBIOLOGY
BI 201 INTO MICROBIOLOGY
BI 207 MGT. OF HUMAN RESOURCES
BI 231 BUSINESS LAW I
BI 237 BUSINESS ETHICS
BI 275 OPERATIONS MANAGEMENT
CH 151 GENERAL CHEMISTRY I
CH 153 GENERAL CHEMISTRY I & LAB
CH 221 ORGANIC CHEMISTRY I
CH 223 ORGANIC CHEMISTRY I & LAB
CS 111 INTRO STRUCTURED PROGRAMMING
EC 202 PRINCIPLES-MACOECONOMICS
EN 111 EFFECTIVE SPEAKING
EN 359 SPECIAL TOPICS IN WRITING
FN 215 FINANCIAL MANAGEMENT
MK 251 CORPORATE FINANCE
HS 351 LEGALEGAL ASPECTS OF HC
MA 101 MODERN COLLEGE MATHEMATICS I
MA 109 MATH FOR DECISION MAKING
MA 211 GEOMETRY FOR EDUCATORS
MA 241 PRINCIPLES OF MARKETING
MK 240 FASHION MARKETING
MU 102 HISTORY OF JAZZ
MU 144 MUSIC IN LATIN AMERICA & CARIB
PH 221 HISTORICAL SURVEY OF PHI I
PS 020 EXPERIMENTAL RESEARCH
PS 398 PSYCH CAPSTONE: PRACTICUM
PY 100 ELEMENTS OF PHYSICS
PY 111 GENERAL PHYSICS I
PY 113 GENERAL PHYSICS II
RS 101 INTRO TO STUDY OF RELIGION
RS 299 SURPRISING STORIES FROM BIBLE
SP 101 BEGINNING SPANISH I
WS 101 INTRO WOMEN'S STUDIES & GENDER

Summer 2
Fairfield Campus
AC 202 INTERMEDIATE ACCOUNTING II
AR 201 STUDIES IN MODERN ART
AR 203 STUDIES IN MODERN ART
BI 112 CONCEPTS IN BIOLOGY I
BI 132 HUMAN ANATOMY/PHYSIOLOGY II
BI 134 HUMAN ANATOMY/PHYSIOLOGY II & LAB
BI 202 ORGANIZATIONAL BEHAVIOR
BI 232 BUSINESS LAW II
BI 276 PRINCIPLES INTERNATIONAL BUS
BI 301 BUSINESS POLICY
CH 152 GENERAL CHEMISTRY II
CH 154 GENERAL CHEMISTRY II & LAB
CH 222 ORGANIC CHEMISTRY II
CH 224 ORGANIC CHEMISTRY II & LAB
CS 100 INTRO TO INFO TECHNOLOGY
CS 112 DATA STRUCTURES
CS 200 PRINCIPLES-MACOECONOMICS
EC 302 GLOBAL FINANCIAL MKTS & INST.
FN 318 INTERNATIONAL FINANCIAL MGMT
Hi 300 THE VIETNAM WAR/1945-1975
MA 110 CALCULUS FOR DECISION MAKING
MK 220 CONSUMER BEHAVIOR
PS 382 SYSTEMS & THEORIES: PSYCHOLOGY
PY 043 PHYSICAL GEOLOGY
PY 050 SCIENCE & THE BIBLE
PY 112 GENERAL PHYSICS I
PY 114 GENERAL PHYSICS I & LAB
RS 101 INTRO TO STUDY OF RELIGION
RS 278 RELIGION IN AMERICA
SS 299 HOLOCAUST: GENOCIDE & RELIGION
SP 102 BEGINNING SPANISH II

Summer 2
Online
AN 110 HUMAN CULTURAL DIVERSITY
AR 101 ART IN THE WESTERN WORLD
CH 020 DRUGS & THEIR IMPLICATIONS
CH 030 CHEMISTRY OF NUTRITION
CH 120 CRIME & CRIMINAL BEHAVIOR
CM 101 INTRO TO MEDIA CULTURE
CM 203 VISUAL CULTURE
ENCC 102 LIT EXPRESSION OF HUMAN JOUR
ENG 110 ACADEMIC WRITING
Hi 223 US HISTORY SINCE 1865
HS 100 HEALTH MGT. INFO SYSTEMS
IL 101 INFORMATION LITERACY
RS 272 DYNAMICS OF INFO TECHNOLOGY
MA 133 ELEM STATS WITH BUSINESS APPL
MK 299 CONSUMER BEHAVIOR & FASHION
PH 101 INTRO-PROBLEMS OF PHILOSOPHY
PH 298 PHILISOPHY OF SCIENCE
PH 300 PHILOSOPHY OF SCIENCE
PH 399 B PHILOSOPHY OF GENDER
PHMC 104 HUMAN SEARCH: TRUTH, JUSTICE &
PO318/PS224 POLITICAL PSYCHOLOGY
PS 111 CRITICAL THINKING & ARGUMENT
PS 299 CAREER BUILDING THROUGH SELF
RS 101 INTRO TO STUDY OF RELIGION
RS 244 CHRISTIAN-JEWISH UNDERSTANDING
SM 235 SPORT LAW
SM 265 SPORT MARKETING
SO 110 SOCIOLOGICAL IMAGINATION

**July 9 - August 24**

Give us your break. We’ll make it count.
Perspectives

You’re off to great places, you’re off and away

Erin Marley
Staff Reporter

Currently, senior nursing major Shannon Carli is looking for a job so she can start working right after graduation. “I am hoping to get a job right away,” said Carli. “I am currently interviewing for jobs but I am hoping to start working as a registered nurse as soon as possible. I don’t know what hospital yet though.”

The decision of what to do after graduation can be a daunting task for some seniors. The class of 2012 from Sacred Heart University is taking advantage of the wide variety of alternatives.

“I can’t decide if I want to go to law school, or if I should go for my Ph.D to become a historian,” said senior Kelsey Prashad. “I am hoping to get a job right away,” said senior Justin Britton. “I got a summer job with one of my professors and a summer internship that will hopefully turn into a part-time job during the fall, so I can work and take grad classes at the same time,” she said.

While some plan to continue their education, other seniors are ready to move onto the real world.

“I’m going to graduate school for two years,” said senior Katie Mazin. “I plan on staying in school so I can higher my education and give myself a more advanced educational opportunity,” said senior Justin Britton.

Although graduate school may be a smart or necessary option for some, it may not be in the best economic interest for others. “I have a lot of loans taken out, so I will be keeping a couple of part-time jobs in order to begin paying them off, but I am waiting to hear back for grad school,” said senior Jane Hanna. “My long term career goal of the FBI is very competitive so I’m hoping an extensive education background will help me achieve that goal.”

For some, plans for next year are already figured out. “I’m going to graduate school for two years,” said senior Katie Mazin. “I got a summer job with one of my professors and a summer internship that will hopefully turn into a part-time job during the fall, so I can work and take grad classes at the same time,” she said.

Some students have different options upon graduating school including taking a summer job to make money, or attending graduate school.

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“I think physical appearances are important when initially meeting someone because that’s usually what draws you to them. Once in the relationship, it’s not so much about appearances — it’s more personality that really matters,” said Krouse.

According to Dr. Diller, couples in relationships tend to think less about their significant others’ appearances after around the seven year mark of the relationship. “It seems that as marriage progresses, physical attraction may be increasingly influenced by other emotional factors — like good communication and shared interests,” Diller said.

Although many students said they have never experienced a relationship of such length, they have high hopes that the survey is right.

“I’ve never been in a relationship for anywhere near as long as seven years, but I can definitely see why that makes sense,” said junior Ashley Prashad. “As long as you can get along with someone, and you enjoy their company, it will always be a good bonus to the relationship.”
There is plenty of junk food to be had at Outtakes, located in the heart of the Sacred Heart campus.

Caitlin McLaughlin
Staff Reporter

When it comes to dieting, studies have shown that it makes more sense not to cut out, but rather to “crowd out” the junk food.

“Crowding out” is a term used to describe how to eat in a healthy way, so that you never have the chance to feel hungry. “When I decide to eat healthier or diet, I usually eat less altogether, while also cutting out specific foods with high carbs such as pasta,” said senior Eddie Kennedy.

According to the Huffington Post, “the second is the obvious comfort and ability to quell minor issues that you actually like. If you weren’t compromise and maturity.”

It is important to understand that moving in is WHY you are moving in. Are you moving in with each other for the right reasons? I am sure you want to spend every day with your significant other. The most important factor to consider before moving in with your significant other is “crowding out” junk food grows in popularity.

Apples and oranges instead of Bistro

“When should you move in with your significant other?”

Andrew Cresci
He said

He said

You never know someone until you live with him or her. I have found out who my true friends are through housing. You will probably not like someone very much, but then you’ll see a lot of fun. I know that housing is always a concern. How, then, do you apply the “roommate” situation to a relationship?

You actually have to be in a relationship with the person you are planning on living with. If you are starting a new relationship with someone, and are already discussing living with each other, you need to hop off of the “crazy train” for just a second. Living with someone is serious and calls for a serious relationship.

Moving in with your significant other is generally discussed due to a desire to spend more time together. Of course, it would make more sense financially to have one living space as opposed to two, but how do you decide if it’s time to move in together?

There are a few things you need to consider before moving in with your significant other. The most important factor to consider is: do you actually like each other? The best relationships are fueled off of friendship, but this also goes for roommates. You have your roommate’s back. Is he or she the one that you actually like. If you weren’t in a relationship with this person, would you consider him or her to be a friend?

When you live with someone, you see that person in a whole new light. The privacy door is completely closed. When you are apart, you don’t have to talk or be intimate when you don’t want to. You have the option of going home to your separate home. Are you two actually compatible? You are going to learn a lot about your partner when you live together.

Another factor is independence. Are you ready to sacrifice your independence to move in with someone? You have been doing things your own way for this long without making sacrifices for someone else. Maybe you have someone else calls for extreme compromising. Are you mature enough to consider someone else’s living arrangements? Are you mature enough to understand that you are going to have to constantly tell your partner why you are leaving and when you will be back?

I think another major aspect of moving in is WHY you are moving in. Are you moving in with each other for the right reasons? I am sure you want to spend every day with your significant other, but that should not be the only reason you want to move in together.

Constant presence can actually diminish a relationship. You have to understand that you will probably get into more tiny arguments because you are going to constantly be with each other. There has to be a true companionship and friendship present in the relationship fueling the desire to move in together.

It is important to understand that moving in with each other is a big decision. If you are in a serious relationship, it is inevitable. However, there are many considerations that need to be had about the matter.

Moving in together should not be a spur of the moment decision. It requires compromise and maturity.
Three years I'll never forget...

Ryan Hannable
Editor-in-Chief

Unlike most seniors my college career did not begin at Sacred Heart. I went to St. Michael's College in Colchester, Vermont, just outside of Burlington for my freshman year. Columbus Day weekend I knew that Vermont wasn't for me and I wanted to transfer, but my parents made me stick out the year. I decided to transfer to Sacred Heart, and I can definitively say that it was one of the best decisions I have ever made...

Part of transferring to Sacred Heart was switching my major from journalism to sport management, because of print journalism becoming obsolete and giving myself something different, but also something I still love.

My sophomore year I applied to be a contributing writer for the sports section of Spectrum. I wrote a few articles throughout the year, and then applied to be the assistant sports editor for my junior year.

I got the position, and quickly realized that I could not escape my passion for sports writing, and wanted to make a career of it. That summer I interned at Comcast Sportsnet in Boston, and once again my passion for sports journalism was reaffirmed.

Junior year being the assistant sports editor I covered numerous Sacred Heart games and helped edit and put together the sports section each and every week. I loved every minute of it. It was then time to apply for positions for senior year, and a lot of the board members encouraged me to apply for the editor-in-chief position.

Upon entering Sacred Heart, never in a million years did I expect to be the editor-in-chief of Sacred Heart's student-run newspaper.

A shy, 21-year-old was now in charge of a newspaper that is read across Sacred Heart's campus of more than 4,000 under-grads and also online by many more.

Being a sports writer, and now editor-in-chief has forced me to come out of my shell, so to speak. I am now not afraid to go up to strangers and interview them, I am not horrified by speaking in front of a large group, and I am not afraid of leading a staff of over 20 people.

Spectrum has made me grow as a person, and forced me to do things that I never thought I could. I have also had so many memorable experiences because of Spectrum, from covering the outdoor hockey game at Rentschler Field last winter, developing life-long friendships with staff members and administrators, to even getting to fly to North Carolina on a charter plane with the women's basketball team for the NCAA Tournament. All because of Spectrum.

Leaving Sacred Heart is bittersweet, I will miss everything about being here, but know that it is time. Sacred Heart has prepared me well.

Applying for jobs has been scary, and seemingly daunting task, especially in the sports writing field, but I know that with all my experience with Spectrum, I am doing the one thing that I love and have no regrets.

If the SHU fits...

Kelley Bligh
Managing Editor

This year, I took a photography course, and while it was a great learning experience and got me outside of my comfort zone, it also helped me see what I should be doing with my life.

I'm a writer through and through and Sacred Heart has enabled me to become the best writer I could be. While learning to take photos, I also learned I am already doing what I should be.

Aside from finding my intellectual niche, I owe Sacred Heart all the credit for finding some of the most important people in my life, being able to break out of my shell, and making life-long friendships. I'm sure I would have fared just fine at any other university, but I'm glad I didn't. I'm sure there are many other schools with a magazine I could have joined, a study abroad program I could have taken, and mentoring programs I could have volunteered for. But it just wouldn't have been the same because the people I've met, taken classes with, and befriended wouldn't have been there.

As I prepare for graduation in a week and a half, I just wanted to say, thank you, Sacred Heart.
Arts & Entertainment

Wiz Khalifa performs at SHU

Johanna Ovsyenek
Staff Reporter

Hundreds of fans piled into the William H. Pitt Center on Sunday, April 29 to watch hip-hop artist Wiz Khalifa perform.

The 24-year-old from Pittsburgh is touring college campuses promoting his upcoming album “O.N.I.F.C.,” which is set to be released this August.

The show was opened by the DJ group Super Mash Bros., a Los Angeles duo featuring Dick Fink and Nick Fenmore. The pair got the crowd pumped up with dance remixes and mashups.

“They brought a lot of energy to the crowd,” said freshman Jeff Cohen. “Everyone was dancing and singing, they were really fun.”

After an hour wait, Khalifa took over, along side guest rapper Chevy Woods. Wearing a studded jean vest and fedora hat, the rapper performed some of his most popular hits, “Young, Wild and Free,” “Black and Yellow,” and “On My Level.”

The crowd sang along to almost every song and at times he pointed his microphone out to the audience to finish the lyrics.

Khalifa also performed some of his newer songs off his new mixtape “Taylor Allderdice,” that was released on March 13.

Although he was recently arrested on drug related charges, nothing stopped Khalifa from putting on a great show.

“He had to much energy, and worked the whole crowd,” said graduate student Billy Richards. “That had to be the best concert at SHU so far.”

Sacred Heart has put on concerts similar to this one in the past, with rapper Kid Cudi visiting last spring and band The Fray and Maroon 5 in 2009. This year’s show got audiences just as excited.

“It was amazing, it’s obvious he cares about his music and putting on a great show,” said Richards.

Wiz Khalifa performed in the William H. Pitt Center last Sunday night.

One of the highlights of the concert was when Khalifa knelt down to sing to his fiancee, Amber Rose, who watched the whole concert from the side of the stage.

Khalifa popped the question at the beginning of March after only a year of dating. He immediately broke the news to millions of fans on Twitter by tweeting, “She said yes!!” with a picture of Rose wearing an oval-cut diamond ring.

Since his proposal, Khalifa has been focusing on his music and his fans. He just released the first single off his new album “O.N.I.F.C.” called “Work Hard Play Hard,” which is calling it “A Symphony of Sound.”

In a recent interview with MTV News about his new album, Khalifa said, “It’s going to be amazing. People should look for the complete package, so I don’t wish to separate anything from anything.”

He has already secured guest spots from Chris Brown, Cam’ron, Pharrell and members of his Taylor Gang crew.

In a surprising match-up, Khalifa was featured on Maroon 5’s latest song “Payphone” that recently broke the record in digital sales.

Sacred Heart students are now having to hit the books for finals week, but are glad they got to see Khalifa perform as one of the final festivities of the year.

“All of his songs are so good and fun to party to,” said senior Matthew Ferrito. “I’m so happy SHU brought him here, it was the best way to end the school year.”

Summer 2012 will be full of games

Olympics to be held in London, England this July

Jeff Daley
Staff Reporter

After four years of preparation, the Summer 2012 Olympics will kick off Friday, July 27 in London, England.

While it has been years in the making, producers are approaching crunch time, as the days until the opening ceremony are counting down.

According to the Olympics’ website, British Filmmaker, Danny Boyle and his team of directors and producers are in charge of the opening ceremony this year.

Currently, in East London, rehearsals are running under a huge tent guarded closely by police officers and security guards.

According to The Independent, the budget for the opening and closing ceremonies has doubled this year, from $40 million to $80 million, allotting for much more entertainment.

Twelve thousand dancers, drummers, skateboarders, acrobats and lookalikes of British historical figures will be spending the rest of the spring rehearsing for the opening ceremony under the tent.

Although many of the details have been kept under wraps, Boyle has revealed the theme of the show.

Based off of Shakespeare’s ‘The Tempest,” the theme will be The Isles of Wonder.

It has also been revealed that actor Mark Rylance, the first artistic director of the Globe, will read the following lines for the ceremony, “Be not afeard; the isle is full of noises, sounds, and sweet airs, that give delight and hurt not.”

Boyle is looking to bring a bunch of British history into the opening ceremony, with plans that include Emily Davison lookalikes, a woman suffragette who ran in front of the King’s horse.

Not only does Boyle want to awe audiences with the opening, he has big plans for the closing ceremony as well, which will take place on August 12.

He is calling it “A Symphony of British Music” and it will feature British music from “Elgar to Adele,” according to the ceremony’s director, Kim Gavin, in an interview with The Independent.

Viewers will also see performances by Adele, Sir Paul McCartney, Elton John, the Rolling Stones and the 90’s girl group, the Spice Girls.

The ceremonies are not the only thing getting buzz. According to The Washington Post, Ryan Seacrest will not replace Matt Lauer on the ‘Today Show,” as rumored, but will join the primetime team for the Olympics.

That primetime team will consist of Bob Costas, Al Michaels, and Dan Patrick.

In addition to the primetime team, John McEnroe, Bela Karolyi and Mary Carillo will be the Olympic correspondents.

Sacred Heart University students seem to be anxious to see eyes upon the games.

Sophomore Rob Viki plans on watching the Olympics from his home in Mootens, Pennsylvania.

“I will be focusing on basketball, track and field, and swimming. I want to see how Phelps does in the swimming competition, and see if the drug scandal affected him mentally. I also want to see if he can do better,” he said.

Junior athlete Femi Akinpetide won’t be able to cheer on his country’s athletes from his home in Sydney, Australia, but he still plans to watch.

“I love watching the Olympics. Seeing all the different countries competing in one arena is cool. It’s pretty much the only place where you see all of the countries in one place together, each representing their country,” he said.

Sophomore Enzo Mackenzie will be home in Rio de Janeiro this summer, and he said he will be watching the Olympics. He is rooting for Brazil in every sport.

“I believe Brazil will win the gold in men’s beach volleyball, and will be one of the top three for volleyball, judo and swimming,” said Mackenzie.

Other summer games will be archery, gymnastics, diving, fencing and sailing.
S.H.U. L.O.V.E brings summer heat

Kayley O'Brien
Staff Reporter

Summer is getting closer by the day, and the Sacred Heart University Ladies Only Vocal Ensemble (L.O.V.E) added to the excitement on Monday, April 23.

The third annual Pops concert took place in the Edgeron Center for the Performing Arts, and this year’s summer themed show was titled, “Life’s a Beach Boys.”

SHU L.O.V.E. was organized in the fall of 2009 and is one of the newest choral organizations in the university’s expanding Choral Program. Under the direction of Dr. John Michniwicz, the choir currently consists of about 60 alto and soprano singers.

“I've watched Dick Clark on New Years every year since I was ten.”

Dick Clark hosted the $10,000 Pyramid,” he said. “Of course I know who DC is. I have been watching re-runs since I was ten.”

On Wednesday, April 18, news spread quickly throughout social media sites and the news that Clark had passed away.

Clark was 82 and had never fully recovered from a stroke he suffered eight years ago. However, it was a heart attack that caused his death.

“Dick Clark was 82 and had never fully recovered from the stroke he suffered eight years ago. However, it was a heart attack that caused his death.”

While senior Joe Misenerdino didn’t grow up with Clark, he realizes the impact he has had on today’s entertainment world.

“The entertainment business has lost a hero. I know my parents and older cousins were big fans,” he said.

Another big fan of Clark is Ryan Seacrest, who shares a very similar career.

“I am deeply saddened by the loss of my dear friend Dick Clark,” Seacrest tweeted. “He has truly been one of the greatest influences in my life.”

The two began co-hosting “New Year’s Rockin’ Eve” together in 2006.

May 2, 2012 A&E9

‘Five Year Engagement’ flops

Maryanne McGoorty
Staff Reporter

Boys meets girl at a party, they fall in love, have a rough patch, and then live happily ever after. This is a typical plot line when it comes to romantic comedies, and “The Five-Year Engagement” did not steer away from this cliché.

The film, starring “How I Met Your Mother” actor Jason Segel, and “The Devil Wears Prada” actress Emily Blunt, follows a couple named Tom and Violet through the journey of their engagement.

In the opening scene of the movie, the couple gets engaged and live happily in San Francisco. Then, like any other romantic comedy, they face a challenge that questions their relationship. The are forced to move to Michigan, because of a job opportunity for Violet, forcing Tom to leave his dream job in San Fran as part of the compromise.

This event not only tests their relationship but also pushes back their wedding. The best thing about the movie was not the story line, because let’s be honest, it has been done quite a few times, but the characters.

Chris Pratt, known for his role as Andy on “Parks and Recreation,” plays Tom’s best man, partnered up with Alison Brie, who plays his wife and Violet’s sister, they make a brilliant comedic duo. The two individually are funny, but their characters together are even better. Although, the story line could’ve been better, the entire ensemble was great, mixing their unique personalities into random and quirky humor.

As a nice surprise, the funniest scenes of the movie were kept for audience members, and not revealed in the trailers, which was a refreshing surprise.

The movie was funny but it was a little too long, and the drama was overdone. The bickering couple was repetitive and dragged out, and made me anxious for it to stop.

Being a fan of the actors of this film I was disappointed because I expected the movie to be funnier and do something different then the typical rom-com. Unfortunately, it was the same old thing, and the great comedy I expected wasn’t all there.

Get Reel gives ‘Five Year Engagement’
Dinnocenti makes positivity a priority

Dana Maltese
Staff Reporter

Being happy. It sounds easy, right?
For graduate professor Susan Dinnocenti, she's got it down to a science.
Many students view attending a colloquia series as a chore, but that will not be the case with Dinnocenti's presentation.
Her "10 Ways to Flourish" offers advice for any college student who is on the pursuit of happiness.
Raised just outside Philadelphia, Dinnocenti started her college career as a business major working managing information systems.
However, after working in business for six years, she decided she wanted a future in education.
She attended Chestnut Hill College and received her masters in education.
With this interest the Sacred Heart University community welcomed her in 2007 as a graduate professor.
Dinnocenti then began the positive psychology class at Sacred Heart.
"It's a lecture class that is based off the colloquia many students attend," Dinnocenti said.
"Many of the colloquia's are about depressing topics like death and dying. But, with the 'being happy' colloquia, students embrace the strategies."
Dinnocenti has held her colloquia three times while at Sacred Heart, and attendance is typically very high.
While attending colloquia's is not always a well-received assignment by Sacred Heart students, Dinnocenti hears positive feedback from students that attend her colloquia.
She tells the students to ask themselves every night, "what went well, and why?"
"It is an important way to start and end each day," Dinnocenti said.
Dinnocenti also teaches education in a seminar class on positive psychology.
"Positive psychology premises itself on what is right in your life," she said.
"What do people who are thriving in your life do differently that we as a community should model?"
The meaning and purpose of life is addressed in Dinnocenti's colloquia.
"PERMA, meaning pleasure, engagement, relationships, meaning and purpose, and accomplishments, is the basis of what I teach in the colloquia," said Dinnocenti.
By thinking positively, Dinnocenti says it only helps to amplify and highlight a person's strengths.
"I really believe that thinking positively makes change happen," she said.
"The biggest claim to achieving success is knowing what is right in your life."
She expresses that positive psychology is found by forgiving someone, writing a letter of gratitude, or doing a kind deed.
"I believe in everyone's potential," Dinnocenti said. "I believe we have music to sing and we need a platform to sing it."
"Passion makes people find their potential," she said. "And hopefully my passion ignites some potential in my students."
So long seniors!

Dana Lombardo
Staff Reporter

May 2, 2012

Features 11

How do you do Senior Week?

The countdown has begun. Senior Week has almost every soon-to-be graduate at the edge of their seats.

But how should you do your senior week?

Alumni are offering advice on how this won’t’s class should spend their final week.

Graduate student and alumna, Amanda Francini, says to spend as much time with your friends as you can.

“Never going to be another time in your life where you are completely carefree and sharing memories with the people who became your family over the last four years,” she said.

It also was always important for Francini to make herself part of the Sacred Heart community.

“Make your last memories at Sacred Heart count. Participate in as many events as you can,” she said. “The commencement ball and the family dinner dance were my two favorites. There is no better way to go out with your family and friends.”

Alumni Billy Crowe also shares his memories and favorite times during Senior Week, describing his experience as, “an absolute blast.”

The first night you go out in Milford, where you get the chance to enjoy your company of your friends, eat great food, and dance. Take this night as an opportunity to ease your way into the whole week, and enjoy it,” he said.

Day two: Mohegan Sun. Crowe took the time to offer some wardrobe advice.

“Mohegan is a time where you get the opportunity to branch off with friends, gamble, and then have private access to the club, Ultra 88. Guys would wear more business attire, while girls have a little more leeway of getting into the club,” he said.

Day three is Commencement Ball, an event that had both Francini and Crowe dancing the night away.

“Friday night, which is the commencement ball, is usually everyone’s favorite time of the week. It is an absolute blast and the whole night is full of dancing and fun,” said Crowe.

Not only are students involved in Senior Week, but the family dinner dance is also a popular night.

“The family dinner dance is a good time for your family and friends to get to know one another, as being major parts of your lives your whole life, or at least for the past four years at Sacred Heart. It is also a time to spend reflecting on the past four years,” said Crowe.

For each night, Crowe stresses the importance of dressing for the occasion.

“It is important to dress appropriately for each event. Each night requires you to dress a little differently, so it is important to keep that in mind. For example, the commencement ball is more of formal attire,” he added.

Crowe believes that taking advantage of the whole experience at Senior Week is important.

“Take advantage of everything you possibly can, from hanging out with your friends during the day, to the events at night.”

A year after graduation, Francini has friends near and far. But no matter where they are, all of them remember Senior Week and the great time they shared.

“Even though all my friends are across the country and the world, we are constantly sending each other pictures from Senior Week for laughs and memories of the place that made us the people we are today.”

The alumni look back on Senior Week and wish this year’s class a great experience.

“Senior week is really a once in a lifetime experience to share some great memories with friends you may never see again, so enjoy it and take full advantage of everything that senior week has to offer,” said Crowe.

This article was contributed to by features assistant editor, Sofia Carolan

What SHU wish you did

Konstantine Dekanias
Staff Reporter

To some, the prospect of a four-year college education may seem lengthy.

However, it is realized that those four years fly by. As summer 2012 is fast approaching, many graduates have plans to leave Sacred Heart University, and start a new adventure.

There are many questions that seniors may ask themselves once they walk across that stage to receive their diplomas.

What is the next move? Did you take advantage of your college years?

Senior Alex Falt will be heading back home to Canada, but returning in the fall to start graduate school.

Although he is excited to return, he wishes he had done more while at Sacred Heart.

“I wish I had taken advantage of the great connections in the business department earlier in my college career rather than waiting until my senior year to try to figure things out,” said Falt.

However, as graduation quickly approaches, he is planning for what’s to come.

“As a whole, I am personally happy with my time here, so much that I plan to do grad school here in the fall.”

Another soon to be alumni, Eddie Kennedy also wishes he had taken advantage of more things while at Sacred Heart.

“It’s a very stressful, exciting, and nerve-wracking time, especially for a nursing student. Most of us have been applying for jobs since March,” said senior Crystal Rogers.

Senior Dan Nicinski poured countless hours into classes and believes that he may have taken it all a little too seriously.

“The only thing I may regret is sometimes being too serious instead of just messing around and having fun with my friends,” said Nicinski.

While seniors prepare for the future after graduating from Sacred Heart, many wonder how their time abruptly came to an end.

“Although I am graduating, I have realized that I have to prepare for my future, not focus on the ‘what ifs’ times at Sacred Heart,” said Falt.
Keenan made a great save, but allowed a Kelly Keenan. At one point in the game, the pressure on freshman goalie for a second time.

It was the Mountaineers who came out on top for a second time.

"It was a disappointing way to finish," said senior attacker Katie Rochler.

"We came back from being the fifth seed, or the fifth pick in the conference, and we ended up getting the first seed.

There were a lot of ups and downs in the season, but you know we finished off the regular season great and it's really disappointing to lose like this," Rochler said.

Earlier in the season, the Pioneers fell short in a game against the Mountaineers by a score of 11-6.

They were hoping to change that, but it was the Mountaineers who came out on top for a second time.

To start the game, the Mountaineers were playing slow, but taking control in the first few minutes of the game.

The Mountaineers were really applying the pressure on freshman goalie Kelly Keenan. At one point in the game, Keenan made a great save, but allowed a Mountaineer player the chance to score off the rebound.

Keenan was able to correct her mistake before Mount St. Mary's could capitalize on the play.

A few minutes later, senior attacker Jen Semler finally got one past Keenan, giving Mount St. Mary's the first goal of the game.

At 21:44, the Mountaineers would strike again when freshman attacker/midfielder Erin Seipp scored, giving her team a 2-0 lead over the Pioneers.

The Pioneers began to take control, but weren't able to score.

In the first 15 minutes of the first half, there was a lot of slow play between both teams. When one team was dominating offensively, they were slow in passing it between players.

The Mountaineers were then penalized for a pushing call, giving the Pioneers a chance to score.

When the whistle blew, the Pioneers began advancing the ball but it was the Mountaineers who cleared it preventing Sacred Heart from scoring.

At 12:24, Semler scored her second goal of the game, bringing the score to 3-0 Mountaineers.

At this point, the Pioneers called a timeout in order to gain the momentum they needed to get back into the game.

The timeout gave the Pioneers a chance to score off the rebound.

Jen Semler finally got one past Keenan, giving Mount St. Mary's the first goal of the game.

The speed of the game began to pick up, as did the physicality. Both teams earned free shots, but neither could capitalize.

With 5:10 left in the first half, senior midfielder Esther Rufolo scored again for the Mountaineers, and the half would end at 5-0.

With just 10 seconds left in the first half, it looked as if junior attacker Emily Pepe was going to put the Pioneers on the board. She was awarded a free shot from center field with the Mountaineer goalie out of the net.

As soon as the whistle blew though, the goalie was able to run back, and Pepe was unable to score.

The second half was when the Pioneers began to make their comeback. Just 45 seconds in, Rochler scored the first Pioneer goal of the game, making it 5-1.

Senior midfielder Kate Kmiotek got the assist.

Lindsay Diaz scored another Mountaineer goal, making it a 4-0 lead. Semler got the assist giving herself another point in the game.

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"I shot my first two high and we had talked about how the goalie really wasn't that great, and I guess we ended up just faking and I put one in," said Rochler.

About a minute later, Seipp got her second goal of the game giving the Mountaineers a 6-1 lead.

After the Mountaineers scored the Pioneers began to put tremendous pressure on the Mountaineers goalie, but weren't able to score.

At 16:13, junior attacker Kaitlyn Larrimore added another Mountaineer goal, making it 7-1.

At this point, the Pioneers took another timeout to try and get them back into the game.

At 13:20 freshman attacker Taylor Babin passed it to senior attacker Katie Gerhard who scored the second goal for the Pioneers.

The Pioneers struck again with about nine minutes left in the game when Pepe put one past the goalie to bring the score to 7-3.

The Pioneers kept pressing, and with 5:42 left in the game, sophomore midfielder Kelsey Russo added another Pioneer goal, cutting Mount St. Mary's lead to three.

"I got the feed from Kate and I just buried it," said Russo.

The Pioneers continued to fight back, but it was the Mountaineers who took control of the game by holding onto the ball for the last few minutes. The game ended with a score of 7-4 in favor of the Mountaineers.

The team graduates six seniors this year, but return several key players. They finished the season with a record of 8-9, but went 7-2 in the Northeast Conference, which gave them the No. 1 overall seed.
Ryan Hannable  
Editor-in-Chief

Going into this weekend's four-game series with in-state rival Quinnipiac, the Sacred Heart University baseball team needed a successful showing to remain in contention for the Northeast Conference Tournament. The Pioneers took three-of-four from the Bobcats in an action-packed, drama-filled series.

"We got out of here with three wins, this weekend, which is pretty good," said Sacred Heart head coach Nick Giaquinto. "We're still in real good position conference wise."

Sophomore pitcher Nick Leinningen stole the show in Friday's Game 1 by pitching his sixth complete game of the year, leading the Pioneers to a 3-2 win. Quinnipiac scored twice in the top half of the ninth inning, and had the tying run in scoring position, but Leinningen bore down and shut the door, preventing the tying run from scoring.

The southpaw allowed two runs, on six hits, and struck out only two to earn the win. Phillips continued his torrid series against Wagner, and I think we're really close our season with a four-game series against Wagner Seahawks, and then the team will close their season with a four-game series home against Monmouth May 10-12.

"Next weekend is obviously big for us," Giaquinto said. "That has kind of been the way the season has been unfolding for us as we just aren't getting that hit to separate us from the opposition." Sacred Heart is now 18-26 overall, but 14-10 in the NEC, which is currently good for fourth place, with the top four teams qualifying for the NEC Tournament. "Quinnipiac is not a bad team although they are struggling a little bit this year," Giaquinto said. "When they play well they can play with anybody. I feel we might have taken them for granted a little bit and let them stick around when we shouldn't have."

The Pioneers are technically in third place, as Bryant is not post-season eligible until next season.

Sacred Heart has two four-game series' to wrap up the 2012 campaign. This weekend the Pioneers will travel to Staten Island, N.Y. to take on the Wagner Seahawks, and then the team will close their season with a four-game series against Monmouth May 10-12.

"Next weekend is obviously big against Wagner, and I think we're really starting to play our best ball of the year right now," Giaquinto said. Sacred Heart hopes to get back to the NEC Tournament, which they won last year, with the ultimate goal of getting back to the NCAA Tournament.

This article was contributed to by assistant sports editor Dan Ozel.
"One of my early accomplishments as SHU Sports Information Director was getting the Pioneers' inaugural football team on national TV!"  

"I have seen all different perspectives and points of view about the place. I think more than anything else, he's got the historical mindset to help all of us understand from where we came."

"I was probably in the right place at the right time when I started," said Harrison, who grew up in East Haven.

"Putting Sacred Heart on top 4-3 was huge before the end of the quarter."

"Crisafi is one of the coaches Harrison profiles and shares stories and articles about in the book, his third as Sacred Heart University's own, Dan Bike."

"As is Sacred Heart University's own, Dan Bike."

"Bike's squad that season, along with the 1975-76 UConn team, the 1977-78 Fairfield team, the 1954-55, Roger Ludlowe High School (Fairfield) team, the 1971-72 Wilbur Cross team, and the 1988-89 Bassick team are featured in the book."

"There is a strong Sacred Heart flavor throughout the book," said Harrison.

"As the fourth quarter approached, Sacred Heart's offense took off with 15 minutes remaining, scoring seven goals in the final frame."

"Pioneers defeat Quinnipiac on Senior Night"  

Annemarie A'hearn  
Staff Reporter

The Pioneers took the field for their last game of the season knowing losing was not an option. They faced Quinnipiac, a conference rival, and brought everything they had for their season finale.

The Bobcats outscored the Pioneers 7-2. Sophomore Mike Mawdsley took advantage of Sacred Heart's manpower advantage to increase their lead, however Quinnipiac responded with back-to-back goals less than two minutes apart.

Quinnipiac scored in a mere goal before sophomore Matt Gannon passed the ball to Mawdsley who scored just 14 seconds later as the clock to tie it at 2-2.

As the fourth quarter approached, Sacred Heart's offense took off with 15 minutes remaining, scoring seven goals in the final frame. Four of those goals came with only four minutes remaining in the game.

Mawdsley and Gannon teamed up to start the Pioneers on a three-goal run. But this win did not come easy. Just as Sacred Heart brought the score up to 9-6, Quinnipiac put in their last effort scoring back-to-back goals putting the game just within reach.

The Pioneers quickly retaliated with three goals to put the Bobcats away 13-9.

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"I ended up following her home to her condo and we just sat up talking about 6 a.m. We made a date and six months later we were married." Because of the sentiment and that it was Fairfield's first of three trips to the NIT, that 1973 tourney ranks among the top of a tireless list of games Harrison has covered.

But, through all the games in his expansive career, Harrison's attention in this book returns to his childhood game. And, in Connecticut, that game has been defined by its talent, which is highlighted in Harrison's book.

"I've been lucky," Harrison concludes with a grin. "Really, I've been lucky."
Corder, and an RBI single from Amy Weinberg. The Pioneers came close to cutting the deficit in the bottom of the fifth, with the bases loaded. Singles from Nikki Surkes, Nicole Sidor, and Jade Bowins set Sacred Heart up, but they were unable to score again.

Bryant got the win 3-1, despite leaving seven runners on base.

"I think that we came out with a lot of intensity and were pretty defensively sound," said Rudloff. "However, we left to many runners stranded on base and were not getting hits together to bring in the runs."

At the beginning of Game 2, starting pitcher Tsipouras found herself in trouble as the bases were loaded with only one out. Sacred Heart stepped up and stopped the Bulldogs, as a ground ball cut down a runner at the plate and a strike out ended the inning. The Pioneers and Bulldogs would remain scoreless until the top of the sixth inning.

Bryant got onto the board with two runs in the top half of the sixth. Sacred Heart responded in the bottom half, started by a Bowins' double to right center field.

Rudloff came through with a clutch two-out RBI single, which left the Pioneers down by only one at 2-1.

"The other team would make awesome plays on our great hits and we struggled putting hits together to push in the runs," said Rudloff. "It was not the way any of us planned to end the season, especially because what a talented group of girls we had."

After setting up a tying run in the seventh inning, Bowins' line-out, ground-out, and sac fly took away their chance at tying the game.

The Pioneer’s last two games of the 2012 season are scheduled for today, in a non-conference double header against Hartford at Pioneer Park.

Kloeckener named new Field Hockey coach

Ryan Hannable
Editor-in-Chief

After long-time field hockey head coach Chris Blais stepped down a few months ago, Sacred Heart needed a new leader of the team. Blais stepped down following the birth of her second child earlier in the spring.

Following a nationwide search, the Sacred Heart administration didn’t go far, as four year assistant coach Katie Kloeckener was recently named the new head coach.

“I want to thank Don Cook and the administration for their support and the opportunity to lead the Pioneer field hockey program,” Kloeckener said in a press release. “I am extremely thrilled about the chance to continue to work with an amazing group of young women who comprise the current program and look forward to building future success in the NEC with them.”

Having served as the team’s interim head coach in 2010 when Blais was on maternity leave, Kloeckener has prior experience leading the team.

Kloeckener came to Sacred Heart in 2008 following four-years of playing at Ball State University.

She was named to the MAC All-American Team and also to the National Field Hockey Coaches’ Association Team four straight years from 2004-07.

"[Kloeckener] has been enthusiastic and passionate about field hockey and this team ever since she got here," said red-shirt junior Kate Boyd.

The members of the team are very excited to have Kloeckener as their coach for next season, and the seasons to come.

"She loves the game and is willing to have all of her student-athletes grow not only as athletes, but also as people," said Boyd.
Sacred Heart shortstop John Morphy attempts to make a play in last weekend's series against Quinnipiac. Sacred Heart took three of the four games.